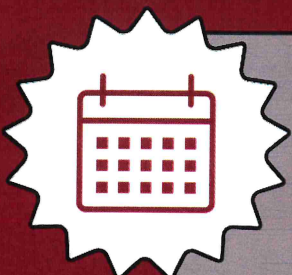


2025

GIRLS

STRENGTH & SPEED CAMP



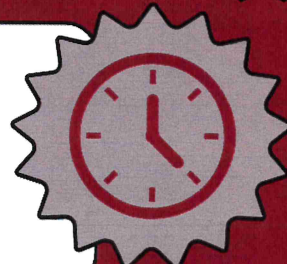
CAMP DATES @ H9

June: 2-5, 9-12, 16-19
 July: 7-10, 14-17, 21-24, 28-31



SESSION TIMES

HS (Incoming 10th-12th) 7:30 - 9:00 AM
 MS (Incoming 7th-9th) 9:15 - 10:45 AM



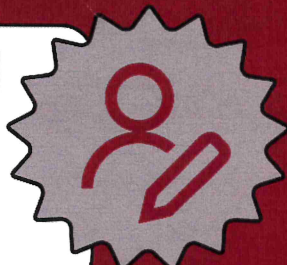
CONTACT INFORMATION

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REGISTRATION

Use the QR Code to the left or
 the link below to register!



LINK

[HTTP://BIT.LY/40QGW14](http://bit.ly/40qgw14)