

SAFETY FIRST RESPONSE:

IF THE STUDENT IS SUSPECTED AS HAVING THOUGHTS OF SUICIDE

PROVIDE SUICIDE FIRST AID (ASIST)

When any suspected suicidal thoughts come to the attention of school staff, the concerns should be addressed immediately and students of concern should not be left alone or sent home without notifying parents/guardians.



When student is having thoughts of suicide:

If student is willing and able to create a support plan then begin to create a support plan.

- 1** Notify Administrator
- 2** Consult
- 3** Contact parents/guardians or DHS
- 4** Fill out protocol

If student is unwilling or unable to create a support plan then they will need a same day community suicide assessment.

- 1** Notify Administrator
- 2** Consult
- 3** Contact parents/guardians or DHS
- 4** Make a plan for same day community suicide assessment:
- 5** Fill out protocol
- 6** Re-entry meeting with information from assessment.

Same day suicide assessment options:

- A. Assessment by student's current therapist
- B. Warm hand off to Hawthorn Walk-in clinic through Crisis Line 503-291-9111
- C. Request for Mobile Team to assess with parent/guardian's permission
- D. Call YSO for assistance.
- E. Call 911 and request Mental Health Response Team
- F. Assessment at nearest Hospital Emergency Department

When student is not having thoughts of suicide:

- 1 Validate student
- 2 Provide Crisis Line Number 503-291-9111 or 988
- 3 Identify supports
- 4 Consult with another first aid trained staff person
- 5 Contact parents/guardians and let them know why you applied suicide first aid and the outcome. Provide any other needed interventions/resources.

Pause and reflect: are you okay?

Consider what support you need right now. Think about how you can continue to build your own resilience and process the vicarious trauma you experience.