



## What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.

- ★ Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

- Meat or meat alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk - 1% white or fat free chocolate, vanilla or strawberry

## Daily Fruit Choices May Include:

Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, and Mandarin Oranges



**Metz**  
WEEKLY ALTERNATIVES



- ★ **BRAVO BAR OF THE WEEK**
- Cheffresh Entree of the week!
  - Fresh Salad of the week!
  - Fresh Craveable of the week!
  - PB & J EVERYDAY!!!!

## DAILY ENTREE OPTIONS MAY INCLUDE:

- Bravo Bars
- Cheffresh Salad
- Cheffresh Sandwich or Wrap
- Cheeseburger
- Hamburger
- Chicken Patty Sandwich
- Spicy Chicken Patty Sandwich
- Cheese & /or Pepperoni Pizza
- Specialty Pizza of the Week

## Lunch Prices:

Student: \$3.00

Adult: \$4.65

## General Manager:

Darlene D. Wendrock

## Phone Number:





724-376-7911 Ext. 6125

## Email:

d\_wendrock@docs.lakeview.k12.pa.us

USDA IS AN EQUAL OPPORTUNITY EMPLOYER

ALL MENU ITEMS ARE SUBJECT TO CHANGE DUE TO AVAILABILITY

Monday		Tuesday		Wednesday		Thursday		Friday					
March-17		March-18		March-19		March-20		March-21					
Salad Bar featuring Taco Salad													
Pizza Shop: Chicken Bacon Ranch Hot Options: Cheeseburger or Chicken Patty													
Chef's Salad or Club Hoagie													
Entrée General Tso served over rice		Entrée Beef Soft Tacos Rice		Entrée Chicken Bowl Meal  Dinner Roll		Entrée Grilled Cheese Sandwiches							
Featured Veggies Steamed Broccoli Baby Carrots & Grape Tomatoes Featured Fruit Choice of Milk		Featured Veggies Cheesy Refried Beans Toss Salad Featured Fruit Choice of Milk		Featured Veggies Mashed Potato w/ Gravy Yellow Corn Featured Fruit Choice of Milk		Featured Veggies Tomato Soup Sliced Cucumbers Featured Fruit Choice of Milk							
March-24		March-25		March-26		March-27				March-28			
MEXICAN BAR													
Pizza Shop: Pepperoni Hot Options: Cheeseburger or Chicken Patty													
Taco Salad or Club Hoagie													
Entrée Pasta with Meat Sauce Garlic Stick		Entrée Chicken Patty Bacon Melt		Entrée Grilled Ham & Cheese Sandwich on Texas Toast		Entrée BBQ Pulled Pork Nachos		Entrée The Pittsburger					
Featured Veggies Green Beans Tossed Salad Featured Fruit Choice of Milk		Featured Veggies Ranch Baked Potato Wedges Baby Carrots Featured Fruit Choice of Milk		Featured Veggies Tater Nuggets Red & Green Pepper Sices Featured Fruit Choice of Milk		Featured Veggies Cheesy Refried Beans Corn Featured Fruit Choice of Milk		Featured Veggies French Fries Coleslaw Featured Fruit Choice of Milk					
March-31		April-1		April-2		April-3		April-4					
Pasta Bar													
Pizza Shop: Meat Lovers Hot Options: Cheeseburger or Chicken Patty													
Chef's Salad or Club Hoagie													
Entrée Chicken Tenders		Entrée Walking Taco Brown Rice		Entrée BBQ Pork Macaroni & Cheese		Entrée Pepperoni Pizza Flat Bread		Entrée Buffalo Chicken Dip over Tortilla Chips					
Featured Veggies Mash Potatoes/Gravy Roasted Brussel Sprouts Featured Fruit Choice of Milk		Featured Veggies Cheesy Refried Beans Baby Carrots Featured Fruit Choice of Milk		Featured Veggies Glazed Carrots Cucumber Slices Featured Fruit Choice of Milk		Featured Veggies Green Beans Toss Salad Featured Fruit Choice of Milk		Featured Veggies Steamed Corn Carrot & Celery Sticks w/Dip Featured Fruit Choice of Milk					
April-7		April-8		April-9		April-10		April-11					
MACARONI & CHEESE BAR													
Pizza Shop: Buffalo Chicken Hot Options: Cheeseburger or Chicken Patty													
Taco Salad or Club Hoagie													
Entrée Bacon Cheeseburger		Entrée Beef or Chicken Nachos Grande		Entrée Rotini & Meat Sauce Garlic Stick		Entrée Pancakes & Sausage		Entrée Pulled Pork Sandwich					
Featured Veggies Tater Tots Baby Carrots & Grape Tomatoes Featured Fruit Choice of Milk		Featured Veggies Cheesy Refried Beans Yellow Corn Featured Fruit Choice of Milk		Featured Veggies Green Beans Spinach & Tomato Salad Featured Fruit Choice of Milk		Featured Veggies Hash Browns Apple Celery Salad Featured Fruit Choice of Milk		Featured Veggies French Fries Cucumber Slices Featured Fruit Choice of Milk					
April-14		April-15		April-16		April-17		April-18					
BURRITO BAR													
Pizza Shop: Chicken Bacon Ranch Hot Options: Cheeseburger or Chicken Patty													
Chef's Salad or Club Hoagie													
Entrée Chicken Parm over Pasta w/Sauce Bread Stick		Entrée Stuffed Crust Pizza		Entrée Popcorn Chicken Mashed Potato Bowl with Cheddar Cheese									
Featured Veggies Green Bean Medley Toss Salad Featured Fruit Choice of Milk		Featured Veggies Steamed Broccoli Baby Carrots & Grape Tomatoes Featured Fruit Choice of Milk		Featured Veggies Mashed Potato w/ Gravy Yellow Corn Featured Fruit Choice of Milk									
April-21		April-22		April-23						April-24		April-25	
Twice Baked Potato Bar													
Pizza Shop: Pepperoni Hot Options: Cheeseburger or Chicken Patty													
Taco Salad or Club Hoagie													
	Entrée Steak Gyro		Entrée Mexican Bowl Meal		Entrée Chicken & Waffles		Entrée State Fair Corn Dog						
	Hummus		w/Brown Rice										
	Featured Veggies Potato Wedges		Featured Veggies Cheesy Refried Beans		Featured Veggies Hash Brown Triangles		Featured Veggies French Fries						
	Red & Green Pepper Slices Featured Fruit Choice of Milk		Steamed Corn Featured Fruit Choice of Milk		Baby Carrots & Grape Tomatoes Featured Fruit Choice of Milk		Coleslaw Featured Fruit Choice of Milk						

