

School Year 2023

District

Lonoke Schools

Wellness Committee Requirements Checklist – Implementation and Compliance

Federal requirements are highlighted below; Arkansas rules for nutrition and physical activity are noted by "Ark 0.00."

See Commissioner's Memo *Wellness Policies: Meeting Requirements of the Triennial Assessment* for instructions and guidance.

	Part 1									Part 2	
	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Included in Policy?
Ark 6.07.1.1.1 Include in the local Wellness Policy, goals for nutrition education, physical activity, and other school based activities that are designed to promote student wellness in a manner that the LEA determines is appropriate (may have standards in the Wellness Policy and annually updated goals in the ACSIP School Form)											
Ark 6.07.1.1.2 Include in the local Wellness Policy, nutrition guidelines selected by the LEA for all foods available (both sold and provided) on each school campus under the LEA during the school day with the objectives of promoting student health and reducing childhood obesity											
Ark 6.07.1.1.3 Include in the local Wellness Policy, guidelines for reimbursable meals, which are no less restrictive than regulations and guidance issued by USDA											
Ark 6.07.1.1.4 Include in the local Wellness Policy, a plan for measuring implementation of the local wellness policy, including designation of 1 or more persons within the LEA charged with operational responsibility for ensuring that each school fulfills the district's local wellness policy (ACSIP District Form – chair and co-chair)											
LEA's are required to inform and update the public about the content and implementation of the local wellness policy	8/22/23										

<p>LEA's must measure periodically and make available to the public an assessment of the local wellness policy including (Triennial Assessment):</p> <ul style="list-style-type: none"> • Extent to which schools are in compliance with the local wellness policy (using this checklist) • Extent to which the LEA's local wellness policy compares to model local school wellness policies (using the "Included in Policy?" checkbox on this form) • And progress made in attaining the goals of the local wellness policy (using BMI data, SHI, and ACSIP) 	8/23																		
<p>Include in the Wellness Policy, a standard for food and beverage marketing that allows marketing and advertising of only those foods and beverages that meet the Smart Snacks nutrition requirements.</p> <p>Include in the Wellness Policy, a description of public involvement, public updates, policy leadership, and evaluation plan.</p> <p>Ark 6.06.5 The Wellness Committee shall review and make written recommendations to the district's Child Nutrition Director regarding the district's school meal menus and other foods sold in the cafeteria.</p> <p>*District's Child Nutrition Program will provide the district Wellness Committee information on the requirements and standards of the National School Lunch Program (NSLP), and menus for the NSLP and other foods sold in the school cafeteria on a QUARTERLY basis.</p>																			
<p>Ark 6.02 The **school nutrition and physical activity advisory committee will help raise awareness of the importance of nutrition and physical activity and assist in the development of local policies that address issues and goals, including, but not limited to the following:</p>																			
<p>Ark 6.02.1 Assist with the implementation of nutrition and physical activity standards developed by the school nutrition and physical activity advisory committee with the approval of the Arkansas Department of Education and the State Board of Health (The Rules Governing Nutrition, Physical Activity, and BMI – updated May 2016, including Federal Smart Snack Regulations)</p>																			
<p>Ark 6.02.2 Integrate nutrition and physical activity into the overall curriculum</p>																			
<p>Ark 6.02.3 Ensure that professional development of staff includes nutrition and physical activity issues</p>																			
<p>Ark 6.02.4 Ensure that students receive nutrition education and engage in healthy levels of vigorous physical activity</p>																			

District

[illegible]

[illegible]

* Arkansas Act 2285 of 2005 "An Act to Provide Statewide Standards for School Lunch Programs; And for Other Purposes"

****Wellness Committee = School Nutrition and Physical Activity Advisory Committee**

Please refer to the *Arkansas Department of Education Rules Governing Nutrition and Physical Activity Standards and Body Mass Index for Age Assessment Protocols in Arkansas Public Schools* – May 2016, the USDA Food and Nutrition Service Smart Snack Regulations, and the USDA FNS Local School Wellness Policy Implementation Final Rule.