



FEBRUARY 2025

Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
03 Chicken Tikka Masala (V) Cucumber Raita Warm Naan	04 an Braised Beef & Black Beans Mashed Butternut Squash Pão de queijo	05 Teriyaki Chicken, Oven Fried Rice, Eggroll Fortune Cookie	06 Shepard's Pie Irish Soda Bread	07 on Soft Tortilla (V) Jalapeno Corn, Rice Pilaf Cheese, Lettuce & Salsa
10 Kayem Lite Hot Dog On a Bun Or All Beef Hot Dog Baked Beans Honey Carrots	11 Clocker Favorite! Buffalo Chicken Dip with (V) Veggie Sticks and Tortilla Chip	12 American Chop Suey Roasted Ranch Broccoli Breadstick	13 Pizza Party! (V)	14 French Toast (V) Sausage, Hashbrown Potatoes Warm Blueberry Compote Vermont Maple Syrup
17 No School February Vacation	18 No School February Vacation	19 No School February Vacation	20 No School February Vacation	21 No School February Vacation
24 Marvelous Mac N' Cheese with Peas (V)	25 Roast Turkey Mashed Sweet Potatoes, Stuffing & Gravy	26 cheddar Bacon Ranch Chicken Sandwich Quinoa, Roasted Butternut Squash & Apple Salad	27 Pizza Party! (V)	28 Buttermilk Pancakes (V) Sausage, Real Maple Syrup Warm Apple Crisp

- V is or can be made vegetarian.
- Assorted sandwiches, entrée salads and grab-and-go meals are available daily, including vegetarian options.
- All meals are offered with milk, 100% fruit juice, fresh fruit and vegetables.
- Menu subject to change without notice.
- If you have a food allergy, please contact the Nutrition Services department before purchasing a meal.
- Each student is entitled to one free breakfast and one free lunch each school day.
- This institution is an Equal Opportunity Employer.

Comments or concerns? Contact the Nutrition Services department at 508-881-0165.

For a translated version of this menu, visit ashland.k12.ma.us/Nutrition or scan the QR code.

