

## FEBRUARY 2025 Lunch Menu

MIDDLE SCHOOL				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
03	04	05	06	07
rispy Chicken Sandwich (V) Sweet Mashed Butternut Smiley Fries	/arm Cheesy Bites (V) With Tomato Dipping Sauce Mediteranian Veggie Salad	Teriyaki Chicken Fried Rice Fortune Cookie	Pizza Party! (V)	Warm Egg, Sausage & Cheese ssant Sandwich (V) Fresh Fruit Salad
10	11	12	13	14
Kayem Lite Hot Dog On a Bun Or All Beef Hot Dog Baked Beans Honey Carrots		American Chop Suey Roasted Ranch Broccoli Breadstick	Pizza Party! (V)	French Toast (V) Sausage, Hashbrown Potatoes Warm Blueberry Compote Vermont Maple Syrup
17	18	19	20	21
No School February Vacation	No School February Vacation	No School February Vacation	No School February Vacation	No School February Vacation
24	25	26	27	28
Marvelous Mac N' Cheese with Peas (V)	Roast Turkey Mashed Sweet Potatoes, Stuffing & Gravy	heddar Bacon Ranch Chicken Sandwich Quinoa, Roasted Butternut Squash & Apple Salad	Pizza Party! (V)	Buttermilk Pancakes (V) Sausage, Vermont Maple Syrup Warm Apple Crisp

- V is or can be made vegetarian.
- · Assorted sandwiches, entrée salads and grab-and-go meals are available daily, including vegetarian options.
- All meals are offered with milk, 100% fruit juice, fresh fruit and vegetables.
- · Menu subject to change without notice.
- If you have a food allergy, please contact the Nutrition Services department before purchasing a meal.
- Each student is entitled to one free breakfast and one free lunch each school day.
- This institution is an Equal Opportunity Employer.

Comments or concerns? Contact the Nutrition Services department at 508-881-0165.

For a translated version of this menu, visit <u>ashland.k12.ma.us/Nutrition</u> or scan the QR code.

