



FEBRUARY 2025

Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
03 Crispy Chicken Sandwich (V) Or Sunny Bar Fun Lunch (V)	04 Warm Cheesy Bites (V) Pasta Dipping Sauce Or Fruit and Cheese Fun Lunch (V)	05 Teriyaki Chicken & Fried Rice Or Bagel Fun Lunch (V)	06 Cheese Pizza (V) Or Hummus and Pita Fun Lunch (V)	07 Warm Egg, Sausage & Cheese Sandwich (V) Or Muffin Fun Lunch (V)
10 Chicken Tender and Smiley Fries Or Sunny Bar Fun Lunch (V)	11 Grilled Cheese Sandwich Pasta Soup Or Fruit and Cheese Fun Lunch (V)	12 American Chop Suey Ranch Broccoli Or Bagel Fun Lunch (V)	13 Cheese Pizza (V) Or Hummus and Pita Fun Lunch (V)	14 French Toast (V) Hashbrown Potatoes Or Muffin Fun Lunch (V)
17 No School February Vacation	18 No School February Vacation	19 No School February Vacation	20 No School February Vacation	21 No School February Vacation
24 Marvelous Mac N' Cheese Peas (V) Fun Lunch (V) Or Sunny Bar Fun Lunch (V)	25 Roast Turkey & Mashed Sweet Potatoes Or Fruit and Cheese Fun Lunch (V)	26 Chicken Cheddar Bacon Ranch Sandwich Or Bagel Fun Lunch (V)	27 Cheese Pizza (V) Or Hummus and Pita Fun Lunch (V)	28 Buttermilk Pancakes (V) Maple Syrup Or Muffin Fun Lunch (V)

- V is or can be made vegetarian.
- Assorted sandwiches, entrée salads and grab-and-go meals are available daily, including vegetarian options.
- All meals are offered with milk, 100% fruit juice, fresh fruit and vegetables.
- Menu subject to change without notice.
- If you have a food allergy, please contact the Nutrition Services department before purchasing a meal.
- Each student is entitled to one free breakfast and one free lunch each school day.
- This institution is an Equal Opportunity Employer.

Comments or concerns? Contact the Nutrition Services department at 508-881-0165.

For a translated version of this menu, visit ashland.k12.ma.us/Nutrition or scan the QR code.

