

MARCH 2025 Lunch Menu

MIDDLE JCHOOL				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
03	04	05	06	07
Pulled BBQ Pork Honeyed Carrots acaroni Salad Cornbread	Chicken Egg Rolls (V) Sweet & Sour Sauce Fried Rice Garlicky Broccoli	heesy Baked Ziti (V) Mixed Veg Warm Breadstick	Pizza Party! (V)	Dutch Waffles (V) Sausage, Hashbrown Orange Pineapple Yogurt Smoothie
10	11	12	13	14
Hamburger, Cheeseburger, Veggie Burger (V) French Fries	Crispy Chicken Tenders Smashed Potatoes, Corn & Gravy	'Sticks & Stones" Mozzarella Sticks & Baucy Meatballs (V) Veggie Pasta Salad	Pizza Party! (V)	Egg, Cheese and Bacon On an English Muffin (V) Warm Apple Crisp
17	18	19	20	21
Saucy Lasagna Roll Ups (V) Roasted Zucchini Dinner Roll	Muchos Nachos (V) Tortilla Chips with Seasoned Beef Cheese, Lettuce & Salsa Refried Beans	Barbeque Chicken Sandwich Fhree Bean Salad Mashed Sweet Potatoes		Fish Sticks alapeno Corn Cilantro Lime Rice
24	. 25	26	27	28
Ham & Cheese Panini Morracan Carrot Salad Tomato Soup	Salsa Chicken Ranchero Beans Mexican Rice	Sloppy Joe's (V) Green Beans Potatoe Wedge Fries		Omelet (V) hbrown Fresh Fruit Salad
31				
Eid el Fitr No School				

- V is or can be made vegetarian.
- · Assorted sandwiches, entrée salads and grab-and-go meals are available daily, including vegetarian options.
- All meals are offered with milk, 100% fruit juice, fresh fruit and vegetables.
- Menu subject to change without notice.
- If you have a food allergy, please contact the Nutrition Services department before purchasing a meal.
 Each student is entitled to one free breakfast and one free lunch each school day.
- This institution is an Equal Opportunity Employer.

Comments or concerns? Contact the Nutrition Services department at 508-881-0165.

For a translated version of this menu, visit ashland.k12.ma.us/Nutrition or scan the QR code.

