



MARCH 2025

Lunch Menu

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|---|
| 03 Cheese Tortellini Or Sunny Bar Fun Lunch (V) | 04 Chicken Provencal and Rice Or Fruit and Cheese Fun Lunch (V) | 05 Cheesy Baked Ziti (V) Or Bagel Fun Lunch (V) | 06 Cheese Pizza (V) Or Hummus and Pita Fun Lunch (V) | 07 Dutch Waffles (V) Sausage and Orange Yogurt Smoothie Or Muffin Fun Lunch (V) |
| 10 Hamburger, Cheeseburger, Veggie Burger (V) French Fries Or Sunny Bar Fun Lunch (V) | 11 Crispy Chicken Tenders Or Fruit and Cheese Fun Lunch (V) | 12 "Sticks & Stones" (V) Mozzarella Sticks & Saucy Meatballs Or Bagel Fun Lunch (V) | 13 Cheese Pizza (V) Or Hummus and Pita Fun Lunch (V) | 14 Egg, Cheese and Bacon English Muffin (V) Or Muffin Fun Lunch (V) |
| 17 Saucy Lasagna Roll Ups (V) Or Sunny Bar Fun Lunch (V) | 18 Muchos Nachos (V) Or Fruit and Cheese Fun Lunch (V) | 19 Chicken Taco Or Bagel Fun Lunch (V) | 20 Cheese Pizza (V) Or Hummus and Pita Fun Lunch (V) | 21 Fish Sticks Or Muffin Fun Lunch (V) |
| 24 Ham & Cheese on a Pretzel Roll (V) Or Sunny Bar Fun Lunch (V) | 25 Teacher Conferences No Lunch | 26 Teacher Conferences No Lunch | 27 Teacher Conferences No Lunch | 28 Cheese Omelet (V) Sausage and Hashbrown Or Muffin Fun Lunch (V) |
| 31 Eid el Fitr No School | | | | |

- V is or can be made vegetarian.
- Assorted sandwiches, entrée salads and grab-and-go meals are available daily, including vegetarian options.
- All meals are offered with milk, 100% fruit juice, fresh fruit and vegetables.
- Menu subject to change without notice.
- If you have a food allergy, please contact the Nutrition Services department before purchasing a meal.
- Each student is entitled to one free breakfast and one free lunch each school day.
- This institution is an Equal Opportunity Employer.

Comments or concerns? Contact the Nutrition Services department at 508-881-0165.

For a translated version of this menu, visit ashland.k12.ma.us/Nutrition or scan the QR code.

