WEST FARGO PACKERS



2021 TRACK & FIELD

WEST FARGO PACKERS TRACK & FIELD
2021 ATHLETIC AWARDS
GIRLS

PARTICIPATION AWARD:

Sofia Franssen	9	Alli Halvorson	10	Macey Tong	10
Christiana Mehn	9	Bria Hoppe	10	Leah Tykwinski	10
Hailey Metcalfe	9	Laura Iverson	10	Jerzay Bachmeier	11
Katelyn Rott	9	Lexa Navarro	10	Serenna Gores	11
Marisa Sleath	9	Ashley Nguyen	10	McKenzie Menschel	11
Heidi Wiedeman	9	Kylie Olson	10	Kordiea Rerick	11
Kiara Zepeda	9	Kelsa Steiner	10	Dree Zeiszler	11
Megan Grove	10	Adra Sundberg	10		

FIRST YEAR LETTER:

Michelle Gee	7
Kiaya Hagen	7
Sadie Wavrin	8
Emery Aasen	9
Leah Locklear	9
Samantha Melling	9
Ella Nelson	9
Theresa Davis	12
Madde Shell	12

SECOND YEAR LETTER:

Cailey Moton	9
Makenna Braun	10
Mallory Docktor	10
Samantha Gustafson	10
Joslyn Jackson	10
Jordan Knudsvig	10
Taya Samek	10
Taylor Tang	10
Kaely Moran	11
Alexus Olson	11

THIRD YEAR LETTER:

Lindsey Anderson	10
Elvinell Fofanah	11
Emily Klaman	11
Mary Schnell	11
Brenna White	11
Raime Hoang	12

FOURTH YEAR LETTER:

Jasmine Williams	11
Paige Erbstoesser	12
Taylor Lee	12
Emma Pfaff	12
Laiken Sturn	12

FIFTH YEAR LETTER:

Kaelyn Berg	11
Clare Boldingh	12

MOST VALUABLE TRACK:
Jasmine Williams

MOST VALUABLE FIELD:
Laiken Sturn

MOST DEDICATED:
Clare Boldingh

2021 CAPTAINS:
Jasmine Willams
Paige Erbstoesser

MOST IMPROVED:
Jordan Knudsvig

RELAY AWARD:
Jasmine Williams

COACHES AWARD:
Taylor Lee

2022 CAPTAINS:
Jasmine Williams
Mary Schnell

ALL-CONFERENCE:
Kaelyn Berg
Michelle Gee
Samantha Gustafson
Emily Klaman
Jordan Knudsvig
Laiken Sturn
Brenna White
Jasmine Williams

ALL-STATE:
Taylor Lee
Laiken Sturn

WEST FARGO PACKERS TRACK & FIELD
2021 ATHLETIC AWARDS
BOYS

PARTICIPATION AWARD:

Isaac Amundson	**8**	**Jack Stuart**	**9**	**Christopher Sather**	**11**
Omer Ali	**9**	**Cedric Taylor**	**9**	**Nathaniel Schuster**	**11**
Jaxson Anderson	**9**	**Caden Willows**	**9**	**Andre Seibel**	**11**
Greg Dimmer	**9**	**Brady Wohl**	**9**	**Dorien Tarley**	**11**
Heath Eder	**9**	**Caleb Murphy**	**10**	**Samuel VonBank-Hoye**	**11**
Ahmed Falir	**9**	**John Ngafua**	**10**	**Hamza Ahmed**	**12**
Logan Heilman	**9**	**James Selberg**	**10**	**Cesar Calderon**	**12**
Alexander Jelinek	**9**	**Austin Biwer**	**11**	**Jose Franssen**	**12**
Aiden Lamb	**9**	**Logan Herring**	**11**	**Dawer Maciek**	**12**
Landis Richter	**9**	**Fabien Muhire**	**11**	**Jose Usus**	**12**

FIRST YEAR LETTER:

Ian Skari	**7**
Ahmed Al Zenad	**9**
Anthony Alonzo	**9**
Ibrahim Bangura	**9**
Chase Kjervestad	**9**
Payton McGregor	**10**
Levi Rossman	**10**
Jean Irumva	**11**
Cole Marinucci	**12**
Isaac Murphy	**12**

SECOND YEAR LETTER:

Isaac Nyenabo	**10**
Hayden Pritchard	**10**
Eli Svenby	**10**
Noah Yahnke	**10**
Carson Hegerle	**11**
Lane Dullum	**11**
Steven Edwards	**11**
Kevin Nguyen	**11**
Lincoln Retzlaff	**11**
Courage David	**12**
Axel Navarro	**12**

THIRD YEAR LETTER:

Justin Smith	**11**
Terry Carter	**12**

FOURTH YEAR LETTER:

Parker Nelson	**11**
Kc Ortiz	**12**

MOST VALUABLE TRACK:
Carson Hegerle

MOST IMPROVED:
Steven Edwards

ALL-CONFERENCE:
Carson Hegerle
Parker Nelson
KC Ortiz

MOST VALUABLE FIELD:
Kc Ortiz

RELAY AWARD:
Carson Hegerle

MOST DEDICATED:
Parker Nelson

COACHES AWARD:
Lane Dullum

2021 CAPTAINS:
Parker Nelson
Kc Ortiz

2022 CAPTAINS:
Carson Hegerle
Parker Nelson


Congratulations
CLASS OF
2021


NEVER TRUST YOUR FEARS,
THEY DON'T KNOW YOUR
STRENGTH
GTC
PACKERS
WEST FARGO FOOTBALL

ALL - STATE
2021

TRIPLE JUMP

LAIKEN STURN

ALL - STATE 2021

POLE VAULT

TAYLOR LEE


WEST FARGO
TRACK
& Field

ALL - CONFERENCE 2021

100 METER DASH

CARSON HEGERLE

ALL - CONFERENCE 2021

800 METER RUN

PARKER NELSON

ALL - CONFERENCE
2021

4 X 100 METER RELAY

LAIKEN STURN
MICHELLE GEE
SAMANTHA GUSTAFSON
JASMINE WILLIAMS

ALL - CONFERENCE 2021

LONG JUMP

LAIKEN STURN

ALL - CONFERENCE 2021

TRIPLE JUMP

LAIKEN STURN

ALL - CONFERENCE 2021

SHOT PUT

KC ORTIZ

ALL - CONFERENCE 2021

DISCUS

KC ORTIZ

TRACK & FIELD GIRLS TEAM



TRACK & FIELD BOYS TEAM



NEW RECORDS

200 METER DASH

JASMINE WILLIAMS

24.76


NORTH DAKOTA STATE TRACK MEET
8 7 6 5 4 3 2 1
BISMARCK COMMUNITY BOWL

200 METER DASH

CARSON HEGERLE

21.67


NORTH DAKOTA STATE TRACK MEET
8 7 6 5 4 3 2 1
BISMARCK COMMUNITY BOWL
PACKERS
LEGACY

TRIPLE JUMP

LAIKEN STURN

38' 9 1/2


MINOT
CENTRAL
EAGLES
MINOT
LEGACY
EAGLES
140
CENTU
PACKERS
NORTH DAKOTA STATE TRACK MEET
8 7 6 5 4 3 2 1
BISMARCK COMMUNITY BOWL

POLE VAULT

TAYLOR LEE

11' 3


LEGACY
EAGLES
PACKERS
NORTH DAKOTA STATE TRACK MEET
8 7 6 5 4 3 2 1
BISMARCK COMMUNITY BOWL


OUTDOOR
SEASON

Fargo South Earlybird (NB)

OFFICIAL RESULTS

Thursday, April 1, 2021 Fargo South HS Track & Field Complex, Fargo

Mens Results

100 Meters Varsity - Finals

1.	12	Bakarr Fullah	11.18a	PR	Fargo South
2.	12	Sibomana Enock	11.38a	PR	Fargo South
3.	10	James Gaden	11.72a	PR	Fargo South
4.	12	Austin Harmsen	11.75a	SR	Davies
5.	9	Ibrahim Bangura	11.77a	PR	West Fargo
6.	11	Nicholas Nyquist	11.85a	PR	Davies
7.	12	Courage David	11.89a	PR	West Fargo
8.	12	Terry Carter	11.93a	SR	West Fargo
9.	12	Henry Dennis	11.96a	PR	Davies
10.	9	Abubakai Trawally	12.00a	PR	Fargo South
11.	10	Isaac Nyenabo	12.05a	PR	West Fargo
12.	10	Keaton Schwab	12.07a	PR	Davies
13.	10	Payton McGregor	12.12a	PR	West Fargo
14.	11	Nathan Stegmiller	12.13a	PR	Davies
15.	9	Chase Kjervestad	12.24a	PR	West Fargo
16.	9	Isaac Schumacher	12.29a	PR	Davies
17.	9	Grant Tschosik	12.32a	PR	Davies
18.	9	Thomas Schreiner	12.32a	PR	Davies
19.	10	Caleb Murphy	12.42a	PR	West Fargo
20.	11	Mustafa Abboud	12.43a	PR	Davies
21.	11	Dylan Feldner	12.43a	PR	Davies
22.	12	Thanh Tran	12.45a	PR	Fargo South
23.	9	Luke Lorenz	12.47a	PR	Davies
24.	11	Dorien Tarley	12.47a	PR	West Fargo
25.	9	Ahmed Al Zenad	12.58a	PR	West Fargo
26.	9	Jaden Middleton	12.62a	PR	Fargo South
27.	10	Zachary Thomasson	12.68a	PR	Fargo South
28.	12	Andrew Martodam	12.68a	PR	Davies
29.	9	Alexander Jelinek	12.85a	PR	West Fargo
30.	11	Xavier Tovias	12.86a	PR	Davies
31.	12	Gabriel Gronneberg	13.12a	SR	Davies
32.	10	Emanuel Spiyee	13.29a	PR	Fargo South
33.	10	Grant Ivesdal	13.52a	PR	Davies
34.	9	Levi Biewer	13.72a	PR	Davies
35.	9	Heath Eder	13.76a	PR	West Fargo
36.	9	Aiden Wayne	13.83a	PR	Davies
37.	9	Aaron Truong	13.94a	PR	Fargo South
38.	11	Dylan Pogue	14.00a	SR	Davies
39.	9	Rune Stroh	14.42a	PR	Fargo South
40.	9	Jesse Olson	14.67a	PR	Fargo South
41.	9	Jaxson Anderson	15.11a	PR	West Fargo
42.	9	Ahmed Falir	15.25a	PR	West Fargo
	9	Mario Bindi	DNS		Fargo South
	9	Aiden Herz	DNS		Fargo South
	9	Daniel Geekor	DNS		Fargo South

200 Meters Varsity - Finals

Womens Results

100 Meters Varsity - Finals

1.	10	Cece Deebom	12.15a	PR	Davies
2.	11	Jasmine Williams	12.56a	SR	West Fargo
3.	12	Brooke Thorsness	12.79a	PR	Fargo South
4.	10	Michaela Nesius	12.82a	PR	Davies
5.	11	Nina Hage	13.50a	PR	Davies
6.	12	Ava Olson	13.66a	PR	Davies
7.	11	Vanessa Narmah	13.82a	SR	Davies
8.	9	Autumn Daniels	13.84a	PR	Davies
9.	10	Samantha Gustafson	13.91a	PR	West Fargo
10.	10	Taya Samek	13.97a	PR	West Fargo
11.	11	Brenna White	14.10a	PR	West Fargo
12.	11	Zoey Schlader	14.11a	PR	West Fargo
13.	12	Taylor Lee	14.17a	PR	West Fargo
14.	11	Ellie Moser	14.23a	PR	Davies
15.	9	Samantha Melling	14.32a	PR	West Fargo
16.	9	Emery Aasen	14.38a	PR	West Fargo
17.	11	Marthaline Monnangninon	14.46a	PR	Davies
18.	11	Mattie Boyd	14.52a	SR	Davies
19.	9	Leah Locklear	14.62a	PR	West Fargo
20.	8	Nishi Yvette	14.62a	PR	Fargo South
21.	10	Sabrina Dunbar	14.66a	PR	Davies
22.	12	Faith Clark	14.72a	PR	Davies
23.	10	Bria Hoppe	14.79a	PR	West Fargo
24.	12	Madde Shell	15.03a	PR	West Fargo
25.	10	Taylor Tang	15.04a	PR	West Fargo
26.	9	Hanna Hoff	15.09a	PR	Davies
27.	9	Carley Hoff	15.23a	PR	Davies
28.	9	Christiana Mehn	15.46a	PR	West Fargo
29.	10	Kaitlyn Czernek	15.47a	PR	Davies
30.	10	Marifte Cummings	15.50a	PR	Davies
31.	10	Sonya Dolo	15.60a	PR	Davies
32.	9	Katelyn Rott	15.62a	PR	West Fargo
33.	10	Catherine Fehr	15.65a	PR	Fargo South
34.	9	Lilly Schaffer	15.69a	PR	Davies
35.	10	Kylie Olson	15.78a	PR	West Fargo
36.	9	Chloe Pribble	16.12a	PR	Davies
	11	Ava Wild	DNS		Davies
	11	Neveah Williams	DNS		Fargo South
	12	Laiken Sturn	DNS		West Fargo
	9	Florance Mutoni	DNS		Davies
	10	Hannah Potter	DNS		West Fargo
	12	Lauren Helgeson	DNS		Davies
	10	Eunice Nyakoe	DNS		Davies
	10	Anna Clark	DNS		Davies

200 Meters Varsity - Finals

1.	11	Jasmine Williams	26.48a	SR	West Fargo

1.	12	Bakarr Fullah	23.30a	SR	Fargo South
2.	12	Peyton Kessel	24.19a	PR	Fargo South
3.	12	Courage David	24.63a	PR	West Fargo
4.	10	Isaac Nyenabo	24.86a	PR	West Fargo
5.	12	Terry Carter	25.03a	SR	West Fargo
6.	9	Abubakai Trawally	25.08a	PR	Fargo South
7.	9	Ibrahim Bangura	25.15a	PR	West Fargo
8.	12	Gadi Ntirandekura	25.24a	PR	Fargo South
9.	10	Payton McGregor	25.30a	PR	West Fargo
10.	11	Nathan Stegmiller	25.34a	PR	Davies
11.	10	Will Lacher	25.49a	PR	Fargo South
12.	10	Keaton Schwab	25.76a	PR	Davies
13.	9	Grant Tschosik	25.78a	PR	Davies
14.	9	Thomas Schreiner	25.95a	PR	Davies
15.	9	Chase Kjervestad	26.05a	PR	West Fargo
16.	11	Dorien Tarley	26.12a	PR	West Fargo
17.	11	Dylan Feldner	26.29a		Davies
18.	11	Mustafa Abboud	26.36a	SR	Davies
19.	10	Caleb Murphy	26.46a	PR	West Fargo
20.	10	Samuel Kebulu	26.58a		Fargo South
21.	9	Isaac Schumacher	26.81a	PR	Davies
22.	9	Alexander Jelinek	26.84a	PR	West Fargo
23.	12	Gabriel Gronneberg	26.87a	SR	Davies
24.	11	Xavier Tovias	27.13a	SR	Davies
24.	11	Steven Edwards	27.13a	PR	West Fargo
26.	10	Zachary Thomasson	27.64a	PR	Fargo South
27.	9	Aiden Wayne	27.88a	PR	Davies
28.	10	Grant Ivesdal	28.20a	PR	Davies
29.	9	Levi Biewer	29.07a	PR	Davies
30.	10	Omar Aly Ahmed	29.70a		Fargo South
31.	9	Amro Heshant	30.61a	PR	Davies
32.	9	Aaron Truong	31.24a		Fargo South
33.	9	Jesse Olson	31.55a		Fargo South
34.	9	Ahmed Falir	31.62a	PR	West Fargo
	9	Jaxson Anderson	DNS		West Fargo
	9	Thompson Fischer	DNS		Davies
	10	Emanuel Spiyee	DNS		Fargo South
	9	Olamide Alabi	DNS		Davies
	9	Luke Lorenz	DNS		Davies
	9	Daniel Geekor	DNS		Fargo South
	10	Jagger Wraalstad	DNS		Fargo South
	9	Mario Bindi	DNS		Fargo South
	12	Andrew Martodam	DNS		Davies
	9	Heath Eder	DNS		West Fargo

400 Meters Varsity - Finals

1.	11	Lane Dullum	57.19a	PR	West Fargo
2.	9	Jaden Middleton	1:00.04a	PR	Fargo South
3.	9	Treyton Hoffert	1:00.91a	PR	Fargo South
4.	9	Ahmed Al Zenad	1:00.93a	PR	West Fargo
5.	11	Nathan Stegmiller	1:01.09a	PR	Davies
6.	10	Omar Aly Ahmed	1:05.99a		Fargo South
7.	9	Caden Willows	1:09.24a	PR	West Fargo
8.	11	Xavier Tovias	1:10.25a	SR	Davies
9.	9	Amro Heshant	1:11.35a	PR	Davies
	9	George Hanesgard	DNS		Fargo South
	9	Mario Bindi	DNS		Fargo South
	9	Elliot Sticka	DNS		Fargo South
	12	Bakarr Fullah	DNS		Fargo South
	9	Daniel Geekor	DNS		Fargo South
	9	Luke Lorenz	DNS		Davies

2.	10	Cece Deebom	26.54a	SR	Davies
3.	8	Kate Laqua	27.21a	PR	Davies
4.	10	Michaela Nesius	27.62a	SR	Davies
5.	11	Linnea Axtman	27.72a	PR	Davies
6.	12	Brooke Thorsness	28.27a	PR	Fargo South
7.	10	Alimath Saloa	29.64a	PR	Davies
8.	10	Alli Halvorson	29.86a	PR	West Fargo
9.	10	Taya Samek	29.95a	PR	West Fargo
10.	9	Autumn Daniels	30.02a		Davies
11.	11	Brenna White	30.21a	PR	West Fargo
12.	11	Zoey Schlader	30.23a	PR	West Fargo
13.	10	Elyse Gulsvig	30.65a		Davies
14.	10	Ava Robertson	30.85a	PR	Davies
15.	9	Samantha Melling	30.90a	PR	West Fargo
16.	12	Taylor Lee	31.22a	SR	West Fargo
17.	9	Cayla Sailer	31.24a	PR	Davies
18.	9	Ava Graf	31.30a	PR	Davies
19.	9	Ella Nelson	31.40a	PR	West Fargo
20.	9	Chloe Pribble	31.46a	PR	Davies
21.	9	Leah Locklear	31.51a	PR	West Fargo
22.	12	Malama Diabate	31.95a	PR	Davies
23.	10	Taylor Tang	32.07a	PR	West Fargo
24.	9	Christina Ring	32.63a	PR	Davies
25.	9	Ella Collins	32.87a	PR	Davies
26.	10	Eunice Nyakoe	32.91a	PR	Davies
27.	12	Madde Shell	33.13a	SR	West Fargo
28.	9	Christiana Mehn	34.08a	PR	West Fargo
29.	9	Katelyn Rott	34.22a	PR	West Fargo
30.	11	Marthaline Monnangninon	34.70a	PR	Davies
31.	10	Kylie Olson	34.86a	PR	West Fargo
32.	10	Catherine Fehr	34.90a	PR	Fargo South
33.	9	Joyce Kranto	34.95a	PR	Davies
34.	10	Erut Jarso	34.99a		Davies
35.	10	Anna Clark	35.25a	PR	Davies
36.	10	Sonya Dolo	35.30a	PR	Davies
37.	9	Laurence Gisubizo	35.83a	PR	Davies
38.	10	Alexis Jamieson	35.95a	PR	Davies
39.	9	Maddie Lunak	37.44a	PR	Davies
40.	9	Angel Mochoge	38.60a	PR	Davies
41.	8	Nishi Yvette	41.08a	PR	Fargo South
	10	Marifte Cummings	DNS		Davies
	11	Neveah Williams	DNS		Fargo South
	11	Alana Schafer	DNS		West Fargo
	10	Hannah Potter	DNS		West Fargo
	10	Sabrina Dunbar	DNS		Davies
	12	Juliana Conlin	DNS		Davies
	9	Marissa Reid	DNS		Davies
	12	Faith Clark	DNS		Davies
	8	Wren James	DNS		Fargo South

400 Meters Varsity - Finals

1.	8	Kate Laqua	1:03.59a	PR	Davies
2.	9	Cadence Modin	1:11.44a	PR	Davies
3.	9	Ava Graf	1:11.99a	PR	Davies
4.	9	Ella Nelson	1:13.78a	PR	West Fargo
5.	10	Bianca Ayala	1:26.94a	PR	Davies
	10	Beth Ellis	DNS		Fargo South

800 Meters Varsity - Finals

1.	12	McKenna Lovehaug	2:34.58a	SR	Davies
2.	11	Hailey Bjerke	2:39.32a	SR	Davies

800 Meters Varsity - Finals

1.	11	Parker Nelson	2:07.66a	SR	West Fargo
2.	11	Carter Berney	2:12.71a	SR	Davies
3.	10	Eli Svenby	2:15.74a	PR	West Fargo
4.	11	Regan Bosch	2:16.39a		Davies
5.	10	Drew Rempher	2:17.30a	PR	Davies
6.	9	Jaray Touray	2:21.50a	PR	Davies
7.	10	Noah Yahnke	2:21.94a	PR	West Fargo
8.	10	Hayden Pritchard	2:22.50a	PR	West Fargo
9.	11	Bennett Hefta	2:25.49a	PR	Davies
10.	9	Adam Brachman	2:27.72a		Davies
11.	10	Lucas Menke	2:28.12a	PR	Davies
12.	10	Charley Larson	2:29.46a	PR	Fargo South
13.	9	Nate Anderson	2:29.77a	PR	Davies
14.	10	Sam Lies	2:31.80a	PR	Davies
15.	11	Wil Roberts	2:31.82a	SR	Davies
16.	12	Karter Witte	2:32.02a	SR	Davies
17.	9	Jake Coulter	2:32.77a		Davies
18.	8	Isaac Amundson	2:33.45a	PR	West Fargo
19.	12	Cole Marinucci	2:33.59a	SR	West Fargo
20.	9	Alex Hovdenes	2:33.81a		Davies
21.	12	Eli Heyer	2:34.51a	PR	Davies
22.	12	Sam Lucht	2:34.93a	PR	Davies
23.	10	Nathan Hokstad	2:35.92a	PR	Fargo South
24.	10	Omar Aly Ahmed	2:37.37a	PR	Fargo South
25.	9	Charlie Giesmann	2:41.64a	PR	Davies
26.	9	Nick Borowski	2:41.88a	PR	Davies
27.	9	Rick Peng	2:41.98a		Davies
28.	9	Patrick Shen	2:42.44a	PR	Davies
29.	9	Colin Gannon	2:42.64a	PR	Davies
30.	9	Samuel Li	2:51.88a	PR	Davies
31.	10	Parker Liedahl	2:52.30a	PR	Fargo South
32.	11	Gunnar Moody	2:53.44a	PR	Fargo South
33.	10	Andrew Watson	2:54.01a		Davies
34.	10	Matthew Propeck	2:54.52a	PR	Davies
	10	Collin Ostby	DNS		Fargo South
	12	Jack Robertson	DNS		Davies
	9	Jonah Heyer	DNS		Davies

1600 Meters Varsity - Finals

1.	11	Regan Bosch	4:55.28a	PR	Davies
2.	11	Carter Berney	4:55.73a	PR	Davies
3.	9	Jaray Touray	4:58.92a	PR	Davies
4.	10	Drew Rempher	4:59.05a	PR	Davies
5.	9	Adam Brachman	5:01.66a	PR	Davies
6.	9	Jake Coulter	5:11.47a	PR	Davies
7.	10	Levi Rossman	5:22.85a	PR	West Fargo
8.	10	Lucas Menke	5:27.58a	PR	Davies
9.	11	Lincoln Retzlaff	5:28.42a	SR	West Fargo
10.	9	Alex Hovdenes	5:28.46a		Davies
11.	10	Charley Larson	5:35.61a	PR	Fargo South
12.	12	Eli Heyer	5:35.89a	PR	Davies
13.	12	Sam Lucht	5:36.34a	PR	Davies
14.	10	Sam Lies	5:38.80a	PR	Davies
15.	10	Nathan Hokstad	5:42.77a		Fargo South
16.	12	Karter Witte	5:43.50a	SR	Davies
17.	9	Rick Peng	5:57.71a	PR	Davies
18.	9	Colin Gannon	6:01.28a	PR	Davies
19.	9	Patrick Shen	6:02.07a	PR	Davies
20.	11	Charles Eaton	6:09.46a		Davies
21.	10	Parker Liedahl	6:19.05a		Fargo South
3.	10	Bryn Donaldson	2:43.73a	PR	Davies
4.	11	Alana Schafer	2:45.75a	PR	West Fargo
5.	12	Clare Boldingh	2:45.90a	SR	West Fargo
6.	7	Kiaya Hagen	2:48.59a	PR	West Fargo
7.	10	Joslyn Jackson	2:50.32a	PR	West Fargo
8.	11	Emily Klaman	2:51.42a	SR	West Fargo
9.	10	Sarah Wieland	2:58.41a		Davies
10.	11	Paris Cronin	2:58.70a	PR	Fargo South
11.	9	Lindsey Reeder	3:02.29a	PR	Fargo South
12.	11	Jerzay Bachmeier	3:02.77a	SR	West Fargo
13.	-	Ella Roehl	3:03.47a		Fargo South
14.	8	Kathryn Sticka	3:08.46a		Fargo South
15.	10	Audra Murphy	3:17.16a	PR	Davies
16.	12	Emma Rieger	3:19.80a	SR	Fargo South
17.	10	Lauren Reeder	3:22.58a		Fargo South
18.	10	Brooke Delaney	3:22.79a	PR	Davies

1600 Meters Varsity - Finals

1.	12	McKenna Lovehaug	5:45.00a	SR	Davies
2.	12	Clare Boldingh	5:50.28a	SR	West Fargo
3.	10	Jordan Knudsvig	5:58.31a	PR	West Fargo
4.	9	Cierra Bornemann	6:01.20a	PR	Davies
5.	7	Kinley Steckler	6:02.05a	PR	Davies
6.	10	Brooke Everson	6:06.37a	SR	Davies
7.	11	Alice Bauroth	6:19.85a		Fargo South
8.	11	Keeley Eichhorn	6:23.96a	SR	Fargo South
9.	11	Trinity Kilde	6:27.00a	SR	Davies
10.	12	Paige Erbstoesser	6:29.08a	SR	West Fargo
11.	11	Morgan Reeder	6:30.20a	SR	Fargo South
12.	11	Liv Berger	6:32.85a	SR	Fargo South
13.	10	Lindsey Anderson	6:35.31a	SR	West Fargo
14.	12	Madeline Stroud	6:37.14a	PR	Davies
15.	10	Peyton Bradley	6:42.72a	PR	Davies
16.	12	Kendal Bloom	6:54.76a	PR	Davies
17.	11	Tru Skyberg	7:22.70a	SR	Davies
18.	11	Lindsey Jiskra	7:40.52a	SR	Davies
	12	Janae Phillips	DNS		Davies
	11	Molly Campbell	DNS		Davies
	10	Annika Stephens	DNS		Davies
	11	Brenna Barnick	DNS		Davies

100m Hurdles - 33" Varsity - Finals

1.	10	Cece Deebom	15.22a	PR	Davies
2.	12	Jada Bell	16.26a	PR	Davies
3.	11	Linnea Axtman	16.42a	PR	Davies
4.	9	Cayla Sailer	17.09a	PR	Davies
5.	10	Samantha Gustafson	17.87a	PR	West Fargo
6.	12	Kiernan Darling	17.90a	PR	Fargo South
7.	11	Elvinell Fofanah	17.95a	SR	West Fargo
8.	9	Marissa Reid	18.36a	PR	Davies
9.	10	Alli Halvorson	18.45a	PR	West Fargo
10.	10	Erin Sorum	18.77a	SR	Fargo South
11.	8	Wren James	18.94a	PR	Fargo South
12.	10	Elyse Gulsvig	19.02a	PR	Davies
13.	10	Sofia Ibarra	19.03a	PR	Davies
14.	12	Juliana Conlin	19.27a	SR	Davies
15.	10	Mallory Docktor	19.73a	PR	West Fargo
16.	10	Sonya Dolo	22.26a	PR	Davies
17.	10	Beth Ellis	23.88a	SR	Fargo South
18.	9	Marisa Sleath	23.92a	PR	West Fargo
	9	Angel Mochoge	DNS		Davies

22.	11	Gunnar Moody	6:22.22a PR	Fargo South
	10	Collin Ostby	DNS	Fargo South

110m Hurdles - 39" Varsity - Finals

1.	12	Courage David	17.40a PR	West Fargo
2.	11	Denver Piechowski	17.62a PR	Davies
3.	12	Terry Carter	18.88a SR	West Fargo
4.	10	Aiden Bourke	18.92a PR	Fargo South
5.	10	Will Lacher	19.66a PR	Fargo South
6.	10	Tristan Quibell	20.00a PR	Fargo South
7.	9	Anthony Alonzo	20.37a PR	West Fargo
8.	12	Ryder Schmidt	20.59a PR	Davies
9.	11	Steven Edwards	20.84a PR	West Fargo
10.	9	Thompson Fischer	22.02a PR	Davies
11.	9	Elliot Sticka	22.55a PR	Fargo South
	12	Cesar Calderon	DNS	West Fargo
	9	Omer Ali	DNS	West Fargo
	9	Olamide Alabi	DNS	Davies
	9	Reis Kessel	DNS	Fargo South

300m Hurdles - 36" Varsity - Finals

1.	10	Will Lacher	46.95a	Fargo South
2.	10	Tristan Quibell	47.31a PR	Fargo South
3.	12	Ryder Schmidt	48.41a PR	Davies
4.	11	Denver Piechowski	49.16a	Davies
5.	10	Aiden Bourke	49.66a	Fargo South
6.	9	Olamide Alabi	50.84a	Davies
7.	11	Steven Edwards	51.23a PR	West Fargo
8.	9	Thompson Fischer	53.58a PR	Davies
9.	10	Samuel Kebulu	53.60a PR	Fargo South
10.	9	Aiden Herz	54.26a PR	Fargo South
11.	9	Anthony Alonzo	54.44a PR	West Fargo
12.	12	Cesar Calderon	59.26a SR	West Fargo
13.	9	Jesse Olson	1:02.11a PR	Fargo South
14.	9	Omer Ali	1:06.30a PR	West Fargo

4x100 Relay Varsity - Finals

1.	Gadi Ntirandekura Sibomana Enock Kolby Jones Bakarr Fullah	46.59a	Fargo South
2.	Denver Piechowski Ryan Barth Nicholas Nyquist Austin Harmsen	46.87a	Davies
3.	Payton McGregor Ibrahim Bangura Courage David Terry Carter	47.36a	West Fargo
4.	Thanh Tran Emanuel Spiyee Zunekia Diamond McGill James Gaden	49.83a	Fargo South
5.	Anthony Alonzo Chase Kjervestad Caleb Murphy Dorien Tarley	50.56a	West Fargo

	9 Heidi Wiedeman	DNS	West Fargo

300m Hurdles - 30" Varsity - Finals

1.	10	Samantha Gustafson	53.42a PR	West Fargo
2.	10	Alli Halvorson	56.50a PR	West Fargo
3.	10	Erin Sorum	57.64a	Fargo South
4.	10	Sofia Ibarra	58.42a	Davies
5.	12	Juliana Conlin	59.65a SR	Davies
6.	10	Beth Ellis	1:00.69a SR	Fargo South
7.	9	Heidi Wiedeman	1:01.57a PR	West Fargo
8.	9	Marisa Sleath	1:09.49a PR	West Fargo

4x100 Relay Varsity - Finals

1.	Jada Bell Jill Engstrom Kate Laqua Alimath Saloa	52.29a	Davies
2.	Elvinell Fofanah Samantha Gustafson Brenna White Jasmine Williams	53.99a	West Fargo
3.	Ava Olson Marissa Reid Anna Wicklow Vanessa Narmah	55.79a	Davies
4.	Emery Aasen Zoey Schlader Samantha Melling Taya Samek	57.38a	West Fargo
5.	Ava Robertson Bianca Ayala Malama Diabate Erika Miller	59.24a	Davies
6.	Rachel Lampert Sabrina Dunbar Joyce Kranto Ella Collins	1:00.53a	Davies
7.	Marthaline Monnangninon Erut Jarso Christina Ring Marifte Cummings	1:01.38a	Davies
8.	Alexis Jamieson Kaitlyn Czernek Laurence Gisubizo Maddie Lunak	1:07.74a	Davies
	Nishi Yvette Erin Sorum Kiernan Darling Brooke Thorsness	DQ	Fargo South

4x200 Relay Varsity - Finals

1.	Elvinell Fofanah Taya Samek Brenna White Jasmine Williams	1:54.67a	West Fargo
2.	Michaela Nesius Jada Bell Anna Wicklow Alimath Saloa	1:54.86a	Davies

4x200 Relay Varsity - Finals

1.	Peyton Kessel James Gaden Jagger Wraalstad Sibomana Enock	1:36.14a	Fargo South
2.	Nathan Stegmiller Keaton Schwab Mustafa Abboud Luke Lorenz	1:42.18a	Davies
3.	Payton McGregor Chase Kjervestad Caleb Murphy Dorien Tarley	1:42.83a	West Fargo
4.	Ahmed Al Zenad Alexander Jelinek Heath Eder Steven Edwards	1:48.96a	West Fargo
5.	Grant Tschosik Levi Biewer Amro Heshant Aiden Wayne	1:51.82a	Davies
	Tristin Winn Nicholas Nyquist Ryan Barth Henry Dennis	DQ	Davies

4x400 Relay Varsity - Finals

1.	Hayden Pritchard Parker Nelson Eli Svenby Lane Dullum	3:48.07a	West Fargo
2.	James Gaden Tristan Quibell Zunekia Diamond McGill George Hanesgard	3:52.78a	Fargo South
3.	Carter Berney Jaray Touray Regan Bosch Wil Roberts	3:55.90a	Davies
4.	Austin Harmsen Ryder Schmidt Henry Dennis Denver Piechowski	4:13.00a	Davies
	Reis Kessel Elliot Sticka Treyton Hoffert Aiden Bourke	DNS	Fargo South

4x800 Relay Varsity - Finals

1.	Lane Dullum Lincoln Retzlaff Levi Rossman Noah Yahnke	9:18.03a	West Fargo
2.	Jack Robertson Bennett Hefta Nate Anderson Charles Eaton	9:19.88a	Davies
3.	Kiana Malecha Autumn Daniels Bria Fiebiger Jane Donat	2:01.91a	Davies
4.	Ava Robertson Bianca Ayala Malama Diabate Ella Collins	2:05.64a	Davies
5.	Neveah Williams Catherine Fehr Nishi Yvette Beth Ellis	2:26.46a	Fargo South
	Samantha Melling Bria Hoppe Ella Nelson Zoey Schlader	DQ	West Fargo

4x400 Relay Varsity - Finals

1.	Taylor Dietz Kinley Steckler Kendal Bloom Janae Phillips	4:32.74a	Davies
2.	Bryn Donaldson Hailey Bjerke Brooke Everson McKenna Lovehaug	4:48.92a	Davies
3.	Jordan Knudsvig Lindsey Anderson Joslyn Jackson Paige Erbstoesser	4:54.11a	West Fargo
4.	Alice Bauroth Keeley Eichhorn Liv Berger Morgan Reeder	5:01.96a	Fargo South
5.	Madeline Stroud Peyton Bradley Audra Murphy Brooke Delaney	5:38.74a	Davies

4x800 Relay Varsity - Finals

1.	Brenna Barnick Molly Campbell Cierra Bornemann Cadence Modin	11:00.67a	Davies
2.	Jordan Knudsvig Joslyn Jackson Emily Klaman Paige Erbstoesser	11:15.40a	West Fargo

Shot Put - 4kg Varsity - Finals

1.	11	Mary Schnell	36' 4 SR	West Fargo
2.	12	Emma Pfaff	33' 7.5 PR	West Fargo
3.	9	Cailey Moton	33' 5 PR	West Fargo
4.	12	Kaden Kerzman	33' 3	Davies
5.	11	Brooke Turnquist	32' 0 PR	Davies
6.	11	Aeryn Donovan	30' 4 PR	Fargo South
7.	12	Anna Guttormson	30' 1	Fargo South
8.	12	Raime Hoang	27' 7 SR	West Fargo
9.	10	Leah Tykwinski	27' 4 PR	West Fargo
10.	12	Sydney Quibell	27' 1	Fargo South

3.	Charley Larson Collin Ostby Nathan Hokstad Parker Liedahl	10:50.02a	Fargo South
4.	Samuel Li Matthew Propeck Andrew Watson Nick Borowski	11:03.39a	Davies

Shot Put - 12lb Varsity - Finals

1.	11	Kaleb Vliem	45' 0 PR	Davies
2.	12	Andrew Paustian	42' 10	Davies
3.	11	Brady Johnson	39' 3 PR	Davies
4.	12	Kaiden Vliem	39' 2	Davies
5.	12	Joren Palmer	37' 10	Davies
6.	10	John O'Neill	37' 1	Davies
7.	11	Nathaniel Schuster	36' 8 PR	West Fargo
8.	10	Brennan Palmer	35' 3 PR	Davies
9.	10	Eli Hayes	34' 8	Davies
10.	10	Tyler Christianson	34' 6	Fargo South
11.	11	Christian Skiple	34' 0 PR	Fargo South
12.	12	Isaac Murphy	33' 11 PR	West Fargo
13.	12	Tommy Do	32' 1	Fargo South
14.	11	David Duff	31' 9	Davies
15.	11	Logan Herring	31' 8 PR	West Fargo
16.	10	Lawson Wagner	31' 6 PR	Davies
17.	12	Benjamin Dahl	29' 4	Fargo South
18.	9	Mato Greywind	28' 9 PR	Fargo South
19.	10	Joshua Nelson	27' 10 PR	Fargo South
20.	9	Andrew Weber	27' 9 PR	Fargo South
21.	9	Jack Stuart	27' 9 PR	West Fargo
22.	11	Chris Sather	27' 4 PR	West Fargo
23.	10	Isaac Kerzman	26' 11	Davies
24.	11	Kevin Nguyen	26' 8 PR	West Fargo
25.	9	Greg Dimmer	26' 5 PR	West Fargo
26.	10	Patrick Rach	23' 11	Fargo South
27.	9	Spencer Johnson	23' 9 PR	Fargo South

Discus - 1.6kg Varsity - Finals

1.	12	Andrew Paustian	134' 9 PR	Davies
2.	12	Carson Bollinger	110' 0 PR	Davies
3.	11	Kaleb Vliem	107' 2	Davies
4.	12	Joren Palmer	106' 7 PR	Davies
5.	10	Eli Hayes	103' 7 PR	Davies
6.	11	Brady Johnson	103' 5 SR	Davies
7.	12	Kaiden Vliem	100' 3 PR	Davies
8.	11	David Duff	100' 1 PR	Davies
9.	10	Isaac Kerzman	92' 6 PR	Davies
10.	11	Nicholas Nyquist	85' 6 PR	Davies
11.	11	Taiton Axtman	84' 3 PR	Davies
12.	12	Tommy Do	81' 6 PR	Fargo South
13.	10	Brennan Palmer	81' 0	Davies
14.	12	Benjamin Dahl	79' 4 SR	Fargo South
15.	12	Isaac Murphy	79' 2 SR	West Fargo
16.	11	Nathaniel Schuster	79' 0 SR	West Fargo
17.	11	Kevin Nguyen	78' 11 PR	West Fargo
18.	11	Nick Stading	77' 2 PR	Davies
19.	10	Tyler Christianson	77' 1 PR	Fargo South
20.	10	John O'Neill	77' 0	Davies
21.	10	Patrick Rach	75' 3 PR	Fargo South
22.	11	Chris Sather	69' 7 PR	West Fargo
11.	10	Megan Grove	26' 9 PR	West Fargo
12.	10	Camille Deringer	26' 2 PR	Davies
13.	11	McKenzie Menschel	25' 10 SR	West Fargo
14.	9	Kiara Zepeda	24' 10 PR	West Fargo
15.	10	Makenna Braun	23' 11 PR	West Fargo
16.	11	Serenna Gores	23' 6 PR	West Fargo
17.	9	Heidi Wiedeman	23' 4 PR	West Fargo
18.	12	Yvonnah Marshall	21' 9	Fargo South
19.	11	Dree Zeiszler	21' 2 SR	West Fargo
20.	10	Adra Sundberg	20' 5 PR	West Fargo
21.	12	Abigail Evensen	18' 10 PR	Fargo South
22.	9	Natalie Nygord	16' 10	Davies
23.	9	Hailey Metcalfe	16' 0 PR	West Fargo

Discus - 1kg Varsity - Finals

1.	12	Kaden Kerzman	96' 6	Davies
2.	10	Maci Wheeldon	93' 5 PR	Davies
3.	11	Mary Schnell	85' 8 PR	West Fargo
4.	12	Raime Hoang	82' 9 SR	West Fargo
5.	11	Brooke Turnquist	82' 5 PR	Davies
6.	11	Aeryn Donovan	78' 0 SR	Fargo South
7.	12	Yvonnah Marshall	77' 1 SR	Fargo South
8.	9	Cailey Moton	71' 1 PR	West Fargo
9.	11	McKenzie Menschel	69' 5 SR	West Fargo
10.	10	Makenna Braun	67' 3 PR	West Fargo
11.	10	Anna Clark	63' 10 PR	Davies
12.	10	Camille Deringer	62' 0 PR	Davies
13.	10	Leah Tykwinski	60' 11 PR	West Fargo
14.	12	Emma Pfaff	59' 9 SR	West Fargo
15.	10	Megan Grove	58' 3 PR	West Fargo
16.	12	Sydney Quibell	58' 3 SR	Fargo South
17.	9	Kiara Zepeda	54' 4 PR	West Fargo
18.	12	Abuk Akech	53' 0 PR	Davies
19.	9	Heidi Wiedeman	49' 0 PR	West Fargo
20.	11	Dree Zeiszler	48' 0 SR	West Fargo
21.	12	Abigail Evensen	47' 0	Fargo South
22.	9	Natalie Nygord	41' 11 PR	Davies
23.	11	Serenna Gores	41' 4 PR	West Fargo
24.	10	Adra Sundberg	40' 9 PR	West Fargo
25.	9	Hailey Metcalfe	31' 0 PR	West Fargo
	11	Maddie Eisenlohr		Fargo South
	10	Caitlin Harmon		Davies
	10	Laura Iverson		West Fargo
	10	Macey Tong		West Fargo
	11	Kordiea Rerick		West Fargo

Javelin - 600g Varsity - Finals

1.	12	Brooklynn Koenig	132' 4 PR	Davies
2.	12	Amy Kringlie	88' 7 PR	Davies
3.	12	Abuk Akech	85' 4	Davies
4.	9	Cayla Sailer	80' 7 PR	Davies
5.	11	Aeryn Donovan	79' 2 SR	Fargo South
6.	10	Maci Wheeldon	78' 0 PR	Davies
7.	10	Elyse Gulsvig	77' 8	Davies
8.	10	Camille Deringer	66' 4 PR	Davies
9.	10	Nora Daub	63' 11	Davies
10.	12	Bria Fiebiger	60' 9	Davies
11.	12	Sydney Quibell	60' 5 SR	Fargo South
12.	10	Elise Schneider	59' 10	Davies
13.	12	Anna Guttormson	58' 0	Fargo South
14.	12	Lauren Helgeson	52' 2 PR	Davies

23.	10	Joshua Nelson	68' 7 PR	Fargo South
24.	11	Logan Herring	66' 9 PR	West Fargo
25.	9	Greg Dimmer	64' 0 PR	West Fargo
26.	9	Andrew Weber	59' 7	Fargo South
27.	11	Christian Skiple	58' 3	Fargo South
28.	9	Jack Stuart	57' 9 PR	West Fargo
29.	10	Luke Berge	54' 3	Davies
30.	9	Mato Greywind	52' 1	Fargo South
31.	10	Hunter Mccullough	49' 9	Davies
32.	10	Lawson Wagner	49' 4	Davies
33.	11	Kolby Jones	46' 7 PR	Fargo South
34.	9	Spencer Johnson	42' 0 PR	Fargo South
	11	Fabien Muhire	DNS	West Fargo

Javelin - 800g Varsity - Finals

1.	12	Andrew Paustian	135' 9	Davies
2.	12	Evan Miller	134' 6 PR	Davies
3.	10	Brennan Palmer	125' 9 PR	Davies
4.	12	Carson Bollinger	120' 11 PR	Davies
5.	11	Taiton Axtman	111' 9 PR	Davies
6.	11	Dylan Feldner	109' 3	Davies
7.	12	Joren Palmer	104' 0	Davies
8.	10	Eli Hayes	103' 5 PR	Davies
9.	10	John O'Neill	102' 2	Davies
10.	12	Benjamin Dahl	98' 8	Fargo South
11.	10	Luke Berge	95' 1	Davies
12.	11	Kolby Jones	87' 9 PR	Fargo South
13.	11	Nick Stading	84' 3 PR	Davies
14.	10	Hunter Mccullough	76' 6 PR	Davies
15.	10	Lawson Wagner	71' 9	Davies
16.	9	Mato Greywind	58' 6 PR	Fargo South
17.	9	Spencer Johnson	50' 0 PR	Fargo South
	10	Isaac Kerzman		Davies
	12	Reagan Greff		Davies

High Jump Varsity - Finals

1.	12	Peyton Kessel	5' 8	Fargo South
2.	9	Aiden Herz	5' 2 PR	Fargo South
3.	9	Treyton Hoffert	5' 2	Fargo South
	9	Reis Kessel		Fargo South
	10	Samuel Kebulu		Fargo South
	11	Zunekia Diamond McGill	NH	Fargo South
	9	Jaden Middleton	NH	Fargo South
	10	Luke Berge	NH	Davies

Pole Vault Varsity - Finals

1.	12	Andrew Martodam	10' 6 SR	Davies
2.	12	Ryan Barth	9' 6	Davies
3.	11	Taiton Axtman	9' 6	Davies
4.	10	Zachary Thomasson	8' 6	Fargo South
5.	10	Grant Ivesdal	7' 6 PR	Davies
5.	12	Gabriel Gronneberg	7' 6	Davies
5.	9	Thomas Schreiner	7' 6	Davies
8.	9	Rune Stroh	7' 6 PR	Fargo South
9.	9	Jonah Heyer	6' 6 PR	Davies
	10	Luke Berge		Davies
	12	Thanh Tran		Fargo South
	9	George Hanesgard		Fargo South
	9	Aaron Truong		Fargo South
	9	Isaac Schumacher	NH	Davies
15.	10	Anna Clark	47' 4	Davies
16.	12	Abigail Evensen	36' 8 PR	Fargo South
	12	Kaden Kerzman		Davies
	11	Maddie Eisenlohr		Fargo South
	10	Caitlin Harmon		Davies

High Jump Varsity - Finals

1.	10	Kiana Malecha	4' 9 PR	Davies
2.	8	Wren James	4' 5	Fargo South
3.	10	Maci Wheeldon	4' 3 PR	Davies
4.	10	Erin Sorum	4' 3 SR	Fargo South
5.	12	Bria Fiebiger	4' 3 SR	Davies
6.	12	Jessie Haman	4' 3	Davies
7.	10	Kaitlyn Czernek	4' 1 PR	Davies
8.	10	Camille Deringer	3' 11 PR	Davies
8.	9	Carley Hoff	3' 11	Davies
8.	9	Ava Graf	3' 11	Davies
11.	9	Erika Miller	3' 11	Davies
12.	11	Rachel Lampert	3' 9 PR	Davies
13.	9	Lilly Schaffer	3' 9	Davies
	9	Hanna Hoff	NH	Davies

Pole Vault Varsity - Finals

1.	12	Jill Engstrom	8' 3	Davies
2.	12	Taylor Lee	8' 3 SR	West Fargo
3.	11	Katelyn Barth	7' 9 PR	Davies
4.	12	Jessie Haman	7' 9	Davies
5.	10	Taylor Tang	6' 9 PR	West Fargo
6.	10	Elise Schneider	6' 9 PR	Davies
7.	9	Emery Aasen	6' 9 PR	West Fargo
8.	10	Nora Daub	6' 9 PR	Davies
9.	10	Ashley Nguyen	6' 3 PR	West Fargo
10.	12	Lauren Helgeson	5' 3	Davies
11.	9	Jane Donat	5' 3 PR	Davies
11.	10	Sofia Ibarra	5' 3	Davies
	9	Marisa Sleath	NH	West Fargo

Long Jump Varsity - Finals

1.	10	Cece Deebom	18' 6 PR	Davies
2.	12	Jill Engstrom	16' 3.5 SR	Davies
3.	11	Nina Hage	16' 2.5 PR	Davies
4.	10	Anna Wicklow	16' 0.75 PR	Davies
5.	12	Brooke Thorsness	15' 10 PR	Fargo South
6.	12	Ava Olson	15' 8.75 PR	Davies
7.	12	Kiernan Darling	14' 11.25 SR	Fargo South
8.	9	Jane Donat	14' 8.5 PR	Davies
9.	12	Amy Kringlie	14' 4.75 PR	Davies
10.	11	Ellie Moser	13' 11.75 PR	Davies
11.	12	Bria Fiebiger	13' 8.5 SR	Davies
12.	11	Katelyn Barth	13' 6.25 PR	Davies
13.	10	Elise Schneider	12' 9.75 PR	Davies
14.	9	Carley Hoff	12' 4 PR	Davies
15.	11	Vanessa Narmah	11' 7.5 PR	Davies
16.	9	Lilly Schaffer	11' 2.75 PR	Davies
	9	Erika Miller	ND	Davies
	11	Mattie Boyd	ND	Davies
	9	Chloe Pribble	ND	Davies
	9	Hanna Hoff	ND	Davies
	11	Rachel Lampert	ND	Davies

	9	Amro Heshant	NH	Davies

Long Jump Varsity - Finals

1.	12	Sibomana Enock	20' 8 SR	Fargo South
2.	9	Thomas Schreiner	19' 4	Davies
3.	9	Isaac Schumacher	18' 11.5 PR	Davies
4.	12	Austin Harmsen	18' 10	Davies
5.	12	Henry Dennis	18' 6 PR	Davies
6.	9	Grant Tschosik	18' 4.5 PR	Davies
7.	11	Mustafa Abboud	17' 5 PR	Davies
8.	10	Keaton Schwab	17' 4.5 PR	Davies
9.	9	Ansu Komara	17' 0.5	Fargo South
10.	11	Xavier Tovias	15' 8.5	Davies
11.	10	Emanuel Spiyee	15' 7 PR	Fargo South
12.	9	Aiden Herz	14' 8 PR	Fargo South
13.	9	Aiden Wayne	14' 6.75 PR	Davies
14.	9	Levi Biewer	14' 5.75 PR	Davies
15.	11	Dylan Pogue	13' 8 SR	Davies
16.	9	Jesse Olson	13' 6.5	Fargo South
	12	Gadi Ntirandekura	ND	Fargo South
	12	Tristin Winn	ND	Davies

Triple Jump Varsity - Finals

1.	12	Peyton Kessel	38' 6	Fargo South
2.	12	Gadi Ntirandekura	37' 10	Fargo South
3.	11	Zunekia Diamond McGill	34' 8.5 PR	Fargo South
4.	10	Will Lacher	33' 6 PR	Fargo South
5.	9	Treyton Hoffert	33' 4 PR	Fargo South
6.	9	Jaden Middleton	32' 10.5 PR	Fargo South
7.	11	Dylan Pogue	32' 2 PR	Davies
8.	10	Omar Aly Ahmed	28' 4.5 PR	Fargo South
	9	Reis Kessel		Fargo South

Triple Jump Varsity - Finals

1.	11	Linnea Axtman	35' 0.75	Davies
2.	9	Cayla Sailer	34' 3 PR	Davies
3.	10	Kiana Malecha	33' 2.25 PR	Davies
4.	11	Nina Hage	32' 7.25 PR	Davies
5.	8	Wren James	31' 7.5	Fargo South
6.	12	Kiernan Darling	31' 6.5	Fargo South
7.	10	Elyse Gulsvig	31' 5.25 PR	Davies
8.	12	Amy Kringlie	30' 10.25 SR	Davies
9.	11	Ellie Moser	30' 6.5	Davies
10.	10	Nora Daub	25' 11 PR	Davies
11.	11	Mattie Boyd	24' 8.5 PR	Davies

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Fargo South Earlybird (NB) HS

84 Followers Following

OFFICIAL RESULTS Thursday, April 1, 2021 Field Events: **4:00 PM** Track Events: **4:00 PM**

Fargo South HS Track & Field Complex Deadline was Wed 3/31/21 @ 09:10 PM

Mens Varsity

18 / 18 Events Completed

1.	Davies	317
2.	Fargo South	213
3.	West Fargo	125

Womens Varsity

18 / 18 Events Completed

1.	Davies	422
2.	West Fargo	168
3.	Fargo South	73

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West Fargo v West Fargo Sheyenne Outdoor Dual

OFFICIAL RESULTS

Thursday, April 8, 2021 West Fargo HS Track & Field Complex, West Fargo

Mens Results

100 Meters Varsity - Finals

1.	11	Carson Hegerle	11.44a	PR	West Fargo
2.	10	Ty Schlichting	11.66a		West Fargo Sheyenne
3.	12	Abraham Kollie	11.69a		West Fargo Sheyenne
4.	10	Ethan Raan	11.81a		West Fargo Sheyenne
5.	12	Terry Carter	11.82a	SR	West Fargo
6.	12	KJ Franklin	12.15a	PR	West Fargo Sheyenne
7.	10	Isaac Nyenabo	12.45a		West Fargo
8.	9	Trevor Anderson	12.52a		West Fargo Sheyenne
9.	9	Chase Kjervestad	12.59a		West Fargo
10.	9	Barry Kpeenu	12.63a	PR	West Fargo Sheyenne
11.	9	Ibrahim Bangura	12.67a		West Fargo
12.	11	Dorien Tarley	12.76a		West Fargo
13.	11	Tate Bauer	12.86a		West Fargo Sheyenne
14.	9	Abel Gartei	12.90a		West Fargo Sheyenne
15.	10	Caleb Murphy	12.93a		West Fargo
16.	9	Ahmed Al Zenad	13.07a		West Fargo
17.	9	Alexander Jelinek	13.21a		West Fargo
18.	9	Tucker Deibert	13.30a	PR	West Fargo Sheyenne
19.	10	Weah Cummings	13.46a		West Fargo Sheyenne
20.	9	Brandon Morton	13.68a		West Fargo Sheyenne
21.	11	Will Cummings	13.74a		West Fargo Sheyenne
22.	9	Heath Eder	13.90a		West Fargo
23.	10	Jumer Jallah	14.03a		West Fargo Sheyenne
24.	12	Matt Fischer	14.06a	PR	West Fargo Sheyenne
25.	9	Jaxson Anderson	15.15a		West Fargo
26.	9	Kaleb Donat	15.23a		West Fargo Sheyenne
27.	9	Ahmed Falir	15.30a		West Fargo
	10	Payton McGregor	DNS		West Fargo

200 Meters Varsity - Finals

1.	11	Carson Hegerle	24.26a	PR	West Fargo
2.	12	Terry Carter	25.18a		West Fargo
3.	12	Mehki Dennis	25.57a	PR	West Fargo Sheyenne
4.	10	Isaac Nyenabo	25.67a		West Fargo
5.	9	Chase Kjervestad	25.78a	PR	West Fargo
6.	9	Ibrahim Bangura	25.87a		West Fargo
7.	11	Sam Akuoko	26.33a	PR	West Fargo Sheyenne
8.	12	Courage David	26.55a		West Fargo
9.	9	Trevor Anderson	26.64a		West Fargo Sheyenne
10.	10	Weah Cummings	26.70a	PR	West Fargo Sheyenne
11.	11	Tate Bauer	26.74a	SR	West Fargo Sheyenne
12.	11	Dorien Tarley	26.78a		West Fargo
13.	9	Anthony Alonzo	26.79a	PR	West Fargo
14.	10	Caleb Murphy	26.86a		West Fargo
15.	9	Alexander Jelinek	27.14a		West Fargo

Womens Results

100 Meters Varsity - Finals

1.	11	Jasmine Williams	13.03a		West Fargo
2.	9	Avary Fitzpatrick	13.17a	PR	West Fargo Sheyenne
3.	11	Sydney Volesky	13.50a		West Fargo Sheyenne
4.	12	Madde Shell	13.67a	PR	West Fargo
5.	10	Saree Wadeson	13.79a		West Fargo Sheyenne
6.	10	Peyton Breidenbach	13.94a	PR	West Fargo Sheyenne
7.	12	Amelia Jacobs	13.99a	PR	West Fargo Sheyenne
8.	9	Unique Wea	14.08a		West Fargo Sheyenne
9.	9	Praise Daynuah	14.10a		West Fargo Sheyenne
10.	12	Noella Akech	14.40a		West Fargo Sheyenne
11.	12	Theresa Davis	14.44a	SR	West Fargo
12.	9	Micah Sanders	14.44a		West Fargo Sheyenne
13.	9	Sydney Schweyen	14.52a		West Fargo Sheyenne
14.	10	Taya Samek	14.62a		West Fargo
15.	9	Samantha Melling	14.64a		West Fargo
16.	10	Alli Halvorson	14.67a	PR	West Fargo
17.	9	Leah Locklear	14.74a		West Fargo
18.	10	Catherine Francis	14.90a		West Fargo Sheyenne
19.	10	Bria Hoppe	14.93a		West Fargo
20.	9	Emery Aasen	14.96a		West Fargo
21.	9	Ella Germundson	15.03a	PR	West Fargo Sheyenne
22.	10	Taylor Tang	15.11a		West Fargo
23.	10	Tryphena Duncan	15.37a		West Fargo Sheyenne
24.	9	Christiana Mehn	15.44a	PR	West Fargo
25.	9	Katelyn Rott	15.51a	PR	West Fargo
26.	9	Fefe Wuo	15.65a		West Fargo Sheyenne
27.	10	Jasmine Schaeffer	15.88a		West Fargo Sheyenne
28.	9	Joan Dargbeh	16.02a	PR	West Fargo Sheyenne
29.	10	Kylie Olson	16.05a		West Fargo
	10	Paige Lipetzky	DNS		West Fargo Sheyenne
	11	Aurora Floding	DNS		West Fargo Sheyenne
	9	Kelyn Gartei	DNS		West Fargo Sheyenne

200 Meters Varsity - Finals

1.	11	Erin Mueller	28.84a	PR	West Fargo Sheyenne
2.	12	Amelia Jacobs	29.05a	PR	West Fargo Sheyenne
3.	9	Unique Wea	30.54a		West Fargo Sheyenne
4.	10	Taya Samek	30.86a		West Fargo
5.	9	Praise Daynuah	31.07a	PR	West Fargo Sheyenne
6.	10	Catherine Francis	31.36a		West Fargo Sheyenne
7.	9	Samantha Melling	31.48a		West Fargo
8.	10	Bria Hoppe	32.03a	PR	West Fargo
9.	9	Leah Locklear	32.04a		West Fargo
10.	9	Fefe Wuo	32.37a		West Fargo Sheyenne
11.	10	Taylor Tang	32.38a		West Fargo

16.	9	Barry Kpeenu	27.46a PR	West Fargo Sheyenne
17.	9	Nate Shorma	27.67a PR	West Fargo Sheyenne
18.	9	Abel Gartei	27.70a PR	West Fargo Sheyenne
19.	11	Steven Edwards	28.22a	West Fargo
20.	9	Heath Eder	28.58a PR	West Fargo
21.	9	Tucker Deibert	28.95a PR	West Fargo Sheyenne
22.	11	Will Cummings	29.90a	West Fargo Sheyenne
23.	9	Kaleb Donat	30.41a PR	West Fargo Sheyenne
24.	10	Jumer Jallah	30.70a PR	West Fargo Sheyenne
25.	9	Ahmed Falir	32.88a	West Fargo

400 Meters Varsity - Finals

1.	11	Parker Nelson	54.05a SR	West Fargo
2.	10	Reece Breidenbach	55.75a PR	West Fargo Sheyenne
3.	11	Sam Akuoko	1:00.83a	West Fargo Sheyenne
4.	10	AJ Kaufman	1:08.19a	West Fargo Sheyenne
5.	12	Jaxson Mcquillan	1:10.88a SR	West Fargo Sheyenne

800 Meters Varsity - Finals

1.	12	Kamden Coles	2:14.76a SR	West Fargo Sheyenne
2.	11	Lincoln Retzlaff	2:16.36a SR	West Fargo
3.	10	Jesse Olsen	2:17.58a PR	West Fargo Sheyenne
4.	10	Soren Kaster	2:19.78a PR	West Fargo Sheyenne
5.	9	Cooper Clouse	2:22.78a PR	West Fargo Sheyenne
6.	11	Carter Ferber	2:23.64a PR	West Fargo Sheyenne
7.	9	Isaiah Robles	2:26.13a PR	West Fargo Sheyenne
8.	10	Hayden Pritchard	2:27.11a	West Fargo
9.	10	James Selberg	2:37.70a PR	West Fargo
10.	10	Dustyn Olsen	2:39.41a	West Fargo Sheyenne
11.	9	Caden Willows	2:39.68a PR	West Fargo
12.	8	Isaac Amundson	2:42.26a	West Fargo
13.	11	Oliver Dietz	2:43.59a	West Fargo Sheyenne
14.	9	Ryan Benson	2:43.77a PR	West Fargo Sheyenne
15.	9	Brody Black	2:44.12a PR	West Fargo Sheyenne
16.	12	Zach Schwengler	2:48.92a	West Fargo Sheyenne
17.	10	Bennett Lucht	2:53.29a	West Fargo Sheyenne
18.	9	Tyler Hanson	2:57.82a	West Fargo Sheyenne
19.	9	Austin Staffne	3:07.52a PR	West Fargo Sheyenne

1600 Meters Varsity - Finals

1.	12	Jacob Knodle	4:27.27a SR	West Fargo Sheyenne
2.	9	Aiden Johnson	4:33.21a PR	West Fargo Sheyenne
3.	11	Caeden Johnson	4:38.03a PR	West Fargo Sheyenne
4.	11	Lincoln Retzlaff	5:23.54a SR	West Fargo
5.	8	Isaac Amundson	5:35.39a PR	West Fargo
6.	11	Oliver Dietz	5:40.08a PR	West Fargo Sheyenne
7.	10	Dustyn Olsen	5:46.36a PR	West Fargo Sheyenne
8.	12	Cole Marinucci	6:01.90a PR	West Fargo
9.	9	Brody Black	6:02.10a PR	West Fargo Sheyenne
10.	9	Ryan Benson	6:04.78a PR	West Fargo Sheyenne
11.	9	Tyler Hanson	6:26.87a PR	West Fargo Sheyenne
12.	9	Austin Staffne	6:27.01a PR	West Fargo Sheyenne

110m Hurdles - 39" Varsity - Finals

1.	11	Issac Birnbaum	16.61a PR	West Fargo Sheyenne
2.	11	Steven Edwards	19.82a PR	West Fargo
3.	9	Anthony Alonzo	20.96a	West Fargo
4.	12	Courage David	23.48a	West Fargo
12.	11	Jacquelyn Dufner	32.49a	West Fargo Sheyenne
13.	9	Katelyn Rott	33.52a PR	West Fargo
14.	11	Paige Harry	33.57a	West Fargo Sheyenne
15.	9	Christiana Mehn	34.03a PR	West Fargo
16.	12	Madde Shell	34.36a	West Fargo
17.	10	Leziga Kpeenu	35.48a PR	West Fargo Sheyenne
18.	10	Jasmine Schaeffer	35.55a	West Fargo Sheyenne
19.	11	Aurora Floding	36.05a	West Fargo Sheyenne
20.	10	Kylie Olson	37.66a	West Fargo

400 Meters Varsity - Finals

1.	9	Avary Fitzpatrick	1:05.47a	West Fargo Sheyenne
2.	10	Erin Nowacki	1:09.60a	West Fargo Sheyenne
3.	10	Jasmine Schaeffer	1:28.70a PR	West Fargo Sheyenne
	11	JoFrandelh Fayiah	DNS	West Fargo Sheyenne
	10	Catherine Francis	DNS	West Fargo Sheyenne

800 Meters Varsity - Finals

1.	10	Lindsey Anderson	2:49.48a SR	West Fargo
2.	11	Emily Klaman	2:54.92a	West Fargo
3.	7	Kiaya Hagen	3:00.43a	West Fargo
4.	12	Paige Erbstoesser	3:02.19a SR	West Fargo
5.	11	Jerzay Bachmeier	3:05.60a	West Fargo
	10	Joslyn Jackson	DNS	West Fargo
	10	Jordan Knudsvig	DNS	West Fargo

1600 Meters Varsity - Finals

1.	10	Jordan Knudsvig	5:56.70a PR	West Fargo
2.	10	Joslyn Jackson	6:15.79a PR	West Fargo
3.	7	Kiaya Hagen	6:23.69a PR	West Fargo
4.	12	Paige Erbstoesser	6:26.56a SR	West Fargo
5.	10	Emma Benson	7:38.78a PR	West Fargo Sheyenne

3200 Meters Varsity - Finals

1.	12	Clare Boldingh	12:16.31a SR	West Fargo
2.	11	Kaelyn Berg	12:36.06a SR	West Fargo

100m Hurdles - 33" Varsity - Finals

1.	11	Elvinell Fofanah	18.24a	West Fargo
2.	10	Samantha Gustafson	18.34a	West Fargo
3.	10	Peyton Breidenbach	19.89a PR	West Fargo Sheyenne
4.	10	Alli Halvorson	20.53a	West Fargo
5.	9	Heidi Wiedeman	21.23a PR	West Fargo
6.	9	Ella Germundson	21.57a	West Fargo Sheyenne
7.	11	Kaely Moran	21.78a SR	West Fargo
8.	12	Bindu Watson	22.39a PR	West Fargo Sheyenne
	9	Joan Dargbeh	DNS	West Fargo Sheyenne

300m Hurdles - 30" Varsity - Finals

1.	10	Samantha Gustafson	51.78a PR	West Fargo
2.	11	Elvinell Fofanah	54.34a SR	West Fargo
3.	11	Alexus Olson	54.73a PR	West Fargo

300m Hurdles - 36" Varsity - Finals

1.	12	Jackson Kuznia	42.13a PR	West Fargo Sheyenne
2.	11	Issac Birnbaum	44.28a PR	West Fargo Sheyenne
3.	12	Jose Franssen	44.44a SR	West Fargo
4.	12	Courage David	46.52a PR	West Fargo
5.	10	Soren Kaster	47.01a PR	West Fargo Sheyenne
6.	11	Steven Edwards	49.31a PR	West Fargo
7.	12	Mehki Dennis	50.82a	West Fargo Sheyenne
8.	9	Anthony Alonzo	51.41a PR	West Fargo
9.	9	Nate Shorma	53.58a PR	West Fargo Sheyenne

4x100 Relay Varsity - Finals

1.	Abraham Kollie Trevor Tiongson Ethan Raan Ty Schlichting	46.72a	West Fargo Sheyenne
2.	Payton McGregor Carson Hegerle Ibrahim Bangura Terry Carter	47.85a	West Fargo
3.	Abel Gartei Barry Kpeenu Weah Cummings Trevor Anderson	50.53a	West Fargo Sheyenne

4x200 Relay Varsity - Finals

1.	Trevor Tiongson Brady Duttenheffer Jackson Kuznia Ty Schlichting	1:36.81a	West Fargo Sheyenne
2.	Chase Kjervestad Isaac Nyenabo Caleb Murphy Ahmed Al Zenad	1:43.58a	West Fargo

4x400 Relay Varsity - Finals

1.	Eli Svenby Parker Nelson Jose Franssen Lane Dullum	3:44.74a	West Fargo
2.	Brady Duttenheffer Kamden Coles Reece Breidenbach Caeden Johnson	3:45.04a	West Fargo Sheyenne
3.	Dylan Beyl Isaiah Robles Aiden Johnson Jacob Knodle	3:51.34a	West Fargo Sheyenne

4x800 Relay Varsity - Finals

1.	Noah Yahnke Lane Dullum Hayden Pritchard Eli Svenby	9:09.66a	West Fargo

4.	12	Bindu Watson	1:01.62a	West Fargo Sheyenne
5.	11	Kaely Moran	1:06.51a SR	West Fargo
	11	JoFrandelh Fayiah	DNF	West Fargo Sheyenne

4x100 Relay Varsity - Finals

1.	Elvinell Fofanah Samantha Gustafson Brenna White Jasmine Williams	54.35a	West Fargo
2.	Kelyn Gartei Erin Mueller Saree Wadeson Sydney Volesky	54.48a	West Fargo Sheyenne
3.	Emery Aasen Taylor Lee Samantha Melling Zoey Schlader	58.50a	West Fargo

4x200 Relay Varsity - Finals

1.	Amelia Jacobs Avary Fitzpatrick Saree Wadeson Sydney Volesky	1:54.67a	West Fargo Sheyenne
2.	Taya Samek Alli Halvorson Brenna White Jasmine Williams	1:57.09a	West Fargo
3.	Kelyn Gartei Peyton Breidenbach Erin Nowacki Leziga Kpeenu	1:59.69a	West Fargo Sheyenne
4.	Samantha Melling Taylor Lee Emery Aasen Zoey Schlader	2:04.33a	West Fargo

4x400 Relay Varsity - Finals

1.	Samantha Gustafson Brenna White Alana Schafer Jordan Knudsvig	4:40.71a	West Fargo
2.	Erin Nowacki Eden Smith Peyton Breidenbach Jacquelyn Dufner	4:56.25a	West Fargo Sheyenne
3.	Unique Wea Olivia Heilman Brooklyn Herrick Micah Sanders	5:07.17a	West Fargo Sheyenne
4.	Fefe Wuo Praise Daynuah Aurora Floding Catherine Francis	5:47.12a	West Fargo Sheyenne

4x800 Relay Varsity - Finals

2.	Jesse Olsen Carter Ferber Michael Toy Cooper Clouse	9:20.95a	West Fargo Sheyenne
3.	Jaxson Mcquillan AJ Kaufman Bennett Lucht Zach Schwengler	10:41.35a	West Fargo Sheyenne

1.	Jordan Knudsvig Alana Schafer Joslyn Jackson Kaelyn Berg	10:59.05a	West Fargo
2.	Eden Smith Olivia Heilman Brooklyn Herrick Ella Germundson	10:59.16a	West Fargo Sheyenne

Shot Put - 12lb Varsity - Finals

1.	12 Kc Ortiz	48' 7 SR	West Fargo
2.	12 Adam Clute	39' 0 PR	West Fargo Sheyenne
3.	11 Jacob Kirkeby	38' 6 PR	West Fargo Sheyenne
4.	11 Nathaniel Schuster	36' 5	West Fargo
5.	11 Kevin Nguyen	35' 4 PR	West Fargo
6.	10 Bryce Cain	34' 9 PR	West Fargo Sheyenne
7.	11 Jaxon Migler	34' 8 PR	West Fargo Sheyenne
8.	12 Isaac Murphy	33' 8	West Fargo
9.	11 Logan Herring	33' 1 PR	West Fargo
10.	9 Brayden Jeanotte	32' 9 PR	West Fargo Sheyenne
11.	11 Samuel VonBank-Hoye	31' 11 SR	West Fargo
12.	11 Arthur Fahnbulleh	31' 4	West Fargo Sheyenne
13.	12 Brett Whited	31' 0 PR	West Fargo Sheyenne
14.	11 Chris Sather	28' 1 PR	West Fargo
15.	9 Jack Stuart	27' 0	West Fargo
16.	12 Joseph Hodge	26' 11 PR	West Fargo Sheyenne
17.	9 Greg Dimmer	25' 2	West Fargo
18.	9 Adam Foley	24' 1 PR	West Fargo Sheyenne
19.	9 Bennet Tollefson	23' 11 PR	West Fargo Sheyenne
	11 Fabien Muhire	DNS	West Fargo

Discus - 1.6kg Varsity - Finals

1.	12 Kc Ortiz	98' 1 SR	West Fargo
2.	11 Owen Casas	96' 10	West Fargo Sheyenne
3.	12 Adam Clute	93' 4 SR	West Fargo Sheyenne
4.	11 Arthur Fahnbulleh	87' 7	West Fargo Sheyenne
5.	12 Isaac Murphy	80' 3 SR	West Fargo
6.	10 Bryce Cain	79' 1	West Fargo Sheyenne
7.	9 Connor Manske	78' 1	West Fargo Sheyenne
8.	12 Brett Whited	76' 10 PR	West Fargo Sheyenne
9.	11 Nathaniel Schuster	76' 5	West Fargo
10.	11 Samuel VonBank-Hoye	74' 7 SR	West Fargo
11.	9 Brayden Jeanotte	73' 9	West Fargo Sheyenne
12.	11 Logan Herring	68' 10 PR	West Fargo
13.	11 Kaden Strand-Koepplin	68' 10	West Fargo Sheyenne
14.	11 Dawson Galde	63' 11	West Fargo Sheyenne
15.	11 Zach Schwab	61' 11 PR	West Fargo Sheyenne
16.	11 Chris Sather	61' 2	West Fargo
17.	11 Kevin Nguyen	60' 3	West Fargo
18.	9 Jack Stuart	58' 5 PR	West Fargo
19.	11 Kellen Hoornaert	56' 6 PR	West Fargo Sheyenne
20.	10 Trevor Levin	55' 10	West Fargo Sheyenne
21.	9 Cooper Fosher	47' 1 PR	West Fargo Sheyenne
22.	9 Greg Dimmer	46' 1	West Fargo

Javelin - 800g Varsity - Finals

1.	12 Kc Ortiz	116' 3 PR	West Fargo

Shot Put - 4kg Varsity - Finals

1.	11 Mary Schnell	36' 1	West Fargo
2.	9 Cailey Moton	33' 5	West Fargo
3.	12 Emma Pfaff	30' 8	West Fargo
4.	12 Rebecca Kpor	27' 4	West Fargo Sheyenne
5.	11 Adisyn Schenck	27' 2	West Fargo Sheyenne
6.	10 Megan Grove	25' 5	West Fargo
7.	12 Raime Hoang	24' 9	West Fargo
8.	10 Makenna Braun	24' 9 PR	West Fargo
9.	11 Vivienne Heidt	24' 8 PR	West Fargo Sheyenne
10.	10 Leah Tykwinski	24' 6	West Fargo
11.	11 McKenzie Menschel	24' 5	West Fargo
12.	9 Kiara Zepeda	24' 1	West Fargo
13.	10 Laura Iverson	23' 7 PR	West Fargo
14.	11 Dree Zeiszler	23' 0 SR	West Fargo
15.	11 Serenna Gores	22' 8	West Fargo
16.	10 Evelyn Lewis	22' 6	West Fargo Sheyenne
17.	11 Kordiea Rerick	22' 1 SR	West Fargo
18.	12 Cayden Anderson	21' 5	West Fargo Sheyenne
19.	9 Heidi Wiedeman	21' 4	West Fargo
20.	11 Jillian Bearinger	21' 3	West Fargo Sheyenne
21.	10 Brianna Blixt	21' 0 PR	West Fargo Sheyenne
22.	9 Ali Thykeson	20' 3	West Fargo Sheyenne
23.	11 Moukonjae Birch	19' 9	West Fargo Sheyenne
24.	10 Autumn Trosen	19' 3	West Fargo Sheyenne
25.	10 Adra Sundberg	19' 3	West Fargo
26.	11 Mattilyn Nathan	17' 11	West Fargo Sheyenne
27.	9 Sarah Degbeh	16' 1	West Fargo Sheyenne
28.	9 Hailey Metcalfe	15' 3	West Fargo
	10 Paige Lipetzky	DNS	West Fargo Sheyenne
	9 Gracie Urey	DNS	West Fargo Sheyenne

Discus - 1kg Varsity - Finals

1.	12 Raime Hoang	86' 0 SR	West Fargo
2.	12 Rebecca Kpor	83' 0 SR	West Fargo Sheyenne
3.	11 Mary Schnell	82' 9	West Fargo
4.	10 Makenna Braun	76' 6 PR	West Fargo
5.	9 Cailey Moton	75' 6 PR	West Fargo
6.	11 Adisyn Schenck	69' 0	West Fargo Sheyenne
7.	10 Lexi Terhark	67' 10	West Fargo Sheyenne
8.	11 McKenzie Menschel	67' 6	West Fargo
9.	12 Jadyn Feist	63' 7	West Fargo Sheyenne
10.	9 Kiara Zepeda	63' 3 PR	West Fargo
11.	10 Autumn Trosen	61' 10 PR	West Fargo Sheyenne
12.	11 Vivienne Heidt	60' 8	West Fargo Sheyenne
13.	11 Jillian Bearinger	59' 11 PR	West Fargo Sheyenne
14.	12 Cayden Anderson	57' 5	West Fargo Sheyenne
15.	10 Laura Iverson	55' 8 PR	West Fargo
16.	10 Leah Tykwinski	55' 8	West Fargo
17.	11 Moukonjae Birch	54' 5	West Fargo Sheyenne
18.	12 Emma Pfaff	54' 4	West Fargo
19.	9 Sarah Degbeh	53' 6 PR	West Fargo Sheyenne

2.	12	Evin Birnbaum	113' 7 SR	West Fargo Sheyenne
3.	11	Kaden Strand-Koepplin	101' 2 PR	West Fargo Sheyenne
4.	12	Matt Fischer	100' 2 PR	West Fargo Sheyenne
5.	12	Adam Clute	97' 7 PR	West Fargo Sheyenne
6.	10	Soren Kaster	96' 10 PR	West Fargo Sheyenne
7.	11	Arthur Fahnbulleh	89' 8 PR	West Fargo Sheyenne
8.	11	Dawson Galde	86' 2 PR	West Fargo Sheyenne
9.	11	Owen Casas	84' 4	West Fargo Sheyenne
10.	11	Zach Breidenbach	83' 0	West Fargo Sheyenne
11.	10	Bryce Cain	79' 7 PR	West Fargo Sheyenne
12.	10	Trevor Levin	69' 5 PR	West Fargo Sheyenne
13.	11	Jaxon Migler	68' 8 PR	West Fargo Sheyenne
14.	12	Joseph Hodge	68' 4	West Fargo Sheyenne
15.	11	Samuel VonBank-Hoye	64' 7 SR	West Fargo
16.	9	Cooper Fosher	64' 5 PR	West Fargo Sheyenne
17.	9	Bennet Tollefson	54' 6 PR	West Fargo Sheyenne
18.	9	Adam Foley	50' 4 PR	West Fargo Sheyenne
	12	KJ Franklin	DNS	West Fargo Sheyenne

High Jump Varsity - Finals

1.	9	Cedric Taylor	5' 3 PR	West Fargo
2.	12	Yahya Hamza	5' 0 PR	West Fargo
	11	Dorien Tarley	DNS	West Fargo
	11	Jean Irumva	DNS	West Fargo
	12	Matt Fischer	DNS	West Fargo Sheyenne
	10	Dylan Beyl	DNS	West Fargo Sheyenne
	11	Michael Nhial	DNS	West Fargo Sheyenne
	12	Dawer Maciek	DNS	West Fargo
	10	Kasen Baer	DNS	West Fargo Sheyenne
	12	Hamza Ahmed	NH	West Fargo
	12	Axel Navarro	NH	West Fargo

Long Jump Varsity - Finals

1.	10	Dylan Beyl	18' 5.5 PR	West Fargo Sheyenne
2.	12	Axel Navarro	18' 3 PR	West Fargo
3.	12	Dawer Maciek	18' 2 PR	West Fargo
4.	9	Trevor Anderson	17' 11 PR	West Fargo Sheyenne
5.	10	Kasen Baer	17' 6	West Fargo Sheyenne
6.	12	KJ Franklin	17' 2	West Fargo Sheyenne
7.	12	Erik Ault	16' 8.5 PR	West Fargo Sheyenne
	10	Ty Schlichting	ND	West Fargo Sheyenne
	11	Michael Nhial	ND	West Fargo Sheyenne
	10	Payton McGregor	ND	West Fargo
20.	10	Brooke Johnson	53' 0	West Fargo Sheyenne
21.	10	Evelyn Lewis	52' 2	West Fargo Sheyenne
22.	10	Megan Grove	51' 9	West Fargo
23.	9	Ali Thykeson	49' 8	West Fargo Sheyenne
24.	10	Adra Sundberg	48' 5 PR	West Fargo
25.	10	Brianna Blixt	47' 7	West Fargo Sheyenne
26.	11	Serenna Gores	47' 5 PR	West Fargo
27.	11	Mattilyn Nathan	47' 1 PR	West Fargo Sheyenne
28.	11	Kordiea Rerick	46' 4 SR	West Fargo
29.	9	Heidi Wiedeman	45' 9	West Fargo
30.	11	Dree Zeiszler	45' 3	West Fargo
31.	9	Hailey Metcalfe	36' 0 PR	West Fargo
	10	Paige Lipetzky	DNS	West Fargo Sheyenne
	9	Gracie Urey	DNS	West Fargo Sheyenne

Javelin - 600g Varsity - Finals

1.	11	Mary Schnell	91' 5 PR	West Fargo
2.	12	Jadyn Feist	79' 9	West Fargo Sheyenne
3.	11	Adisyn Schenck	73' 0	West Fargo Sheyenne
4.	11	Vivienne Heidt	69' 1	West Fargo Sheyenne
5.	12	Emma Pfaff	67' 9 SR	West Fargo
6.	10	Lexi Terhark	67' 5	West Fargo Sheyenne
7.	12	Raime Hoang	57' 9 SR	West Fargo
8.	11	Jillian Bearinger	54' 11	West Fargo Sheyenne
9.	10	Brooke Johnson	47' 11	West Fargo Sheyenne
10.	11	McKenzie Menschel	47' 0 SR	West Fargo
11.	12	Cayden Anderson	44' 10 PR	West Fargo Sheyenne
12.	11	Dree Zeiszler	28' 3 PR	West Fargo

High Jump Varsity - Finals

1.	10	Mallory Docktor	4' 6 PR	West Fargo
2.	11	Zoey Schlader	4' 6 SR	West Fargo
3.	10	Bria Hoppe	4' 3 PR	West Fargo
3.	10	Leziga Kpeenu	4' 3	West Fargo Sheyenne
3.	9	Micah Sanders	4' 3	West Fargo Sheyenne
6.	9	Sydney Schweyen	4' 0	West Fargo Sheyenne

Long Jump Varsity - Finals

1.	12	Taylor Lee	16' 2 PR	West Fargo
2.	10	Taya Samek	14' 1 PR	West Fargo
3.	11	Erin Mueller	13' 8	West Fargo Sheyenne
4.	10	Tryphena Duncan	13' 5.5	West Fargo Sheyenne
5.	11	Paige Harry	13' 0.5	West Fargo Sheyenne
6.	9	Micah Sanders	13' 0	West Fargo Sheyenne
7.	11	Jacquelyn Dufner	12' 6	West Fargo Sheyenne
8.	12	Allison Sterling	11' 5 PR	West Fargo Sheyenne
9.	12	Angela Hoang	11' 1	West Fargo Sheyenne
10.	9	Madison Lugert	10' 8 PR	West Fargo Sheyenne
	10	Leziga Kpeenu	ND	West Fargo Sheyenne

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Update Cover Photo

West Fargo v West Fargo Sheyenne Outdoor Dual HS

71 Followers Following

OFFICIAL RESULTS Thursday, April 8, 2021 Field Events: **3:00 PM** Track Events: **3:00 PM**

West Fargo HS Track & Field Complex Deadline was Wed 4/7/21 @ 08:00 PM

Add Post-Meet Notes

Scores for dual meets, etc... Normal scores should be posted using the Uploader

Mens Varsity

16 / 16 Events Completed

1.	West Fargo Sheyenne	64
2.	West Fargo	63

Womens Varsity

17 / 17 Events Completed

1.	West Fargo	99.33
2.	West Fargo Sheyenne	36.67

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Athletic.net Team Results Management

West Fargo Sheyenne Quadrangular

OFFICIAL RESULTS

Friday, April 16, 2021 West Fargo Sheyenne HS Track & Field Meet, West Fargo

Mens Results

100 Meters Varsity - Finals

1.	11	John Gores	11.18a		Shanley
2.	10	Ty Schlichting	11.36a	PR	West Fargo Sh
3.	10	Ethan Raan	11.44a	PR	West Fargo Sh
4.	12	Carter Kochmann	11.48a	PR	Shanley
5.	12	Abraham Kollie	11.80a		West Fargo Sh
6.	12	KJ Franklin	11.88a	PR	West Fargo Sh
7.	9	Trevor Anderson	12.08a	PR	West Fargo Sh
8.	9	Abel Gartei	12.18a	PR	West Fargo Sh
9.	9	Barry Kpeenu	12.35a	PR	West Fargo Sh
10.	10	Weah Cummings	12.40a	PR	West Fargo Sh
11.	11	Tate Bauer	12.44a	PR	West Fargo Sh
12.	11	Jeremiah Eesiah	12.46a	PR	West Fargo Sh
13.	11	Sam Akuoko	12.59a	PR	West Fargo Sh
14.	10	Grayson Geigle	12.90a	PR	Shanley
15.	10	Austin Kraft	12.95a	PR	Devils Lake
16.	9	Landon Kurtz	13.01a	PR	Devils Lake
17.	10	Nathan Ziegler	13.15a		Devils Lake
18.	9	Kolby Thompson	13.20a	PR	West Fargo Sh
19.	10	Jumer Jallah	13.36a	PR	West Fargo Sh
20.	11	Will Cummings	13.38a	PR	West Fargo Sh
21.	12	Landon Allex	14.26a	PR	Shanley
22.	8	Jackson Askew	14.46a	PR	Shanley
23.	9	Kaleb Donat	14.65a	PR	West Fargo Sh
	9	Myer Daniel	DNS		West Fargo Sh
	9	Brandon Morton	DNS		West Fargo Sh
	9	Nate Shorma	DNS		West Fargo Sh
	9	Amadou Jallow	DNS		Devils Lake
	10	Luke Hollcraft	DNS		Shanley

200 Meters Varsity - Finals

1.	12	Henry Collins	23.21a	SR	Shanley
2.	11	John Gores	23.65a		Shanley
3.	11	Brady Duttenheffer	24.38a	PR	West Fargo Sh
4.	11	Brode Hillstrom	24.43a	PR	Jamestown
5.	10	Reece Breidenbach	24.81a	PR	West Fargo Sh
6.	12	Levi Korum	25.10a	PR	Jamestown
7.	9	C'Aundre Douglas	25.25a	PR	Jamestown
8.	12	Jacob Vaagen	25.38a		Devils Lake
9.	11	Sam Akuoko	25.47a	PR	West Fargo Sh
10.	11	Tate Bauer	25.50a	PR	West Fargo Sh
11.	10	Darby Olson	25.64a	PR	West Fargo Sh
12.	10	Paris Ndikum	25.99a	PR	Jamestown
13.	11	Hunter Nelson	26.02a	PR	Jamestown
14.	10	Weah Cummings	26.36a	PR	West Fargo Sh
15.	10	Austin Kraft	26.42a	PR	Devils Lake
16.	9	Joe Flaherty	26.65a		Shanley
17.	12	Mehki Dennis	26.66a		West Fargo Sh
18.	9	Asher Williams	26.91a		Jamestown

Womens Results

100 Meters Varsity - Finals

1.	11	Sydney Volesky	13.04a	PR	West Fargo She
2.	9	Avary Fitzpatrick	13.04a	PR	West Fargo She
3.	9	Paige Renschler	13.10a		Shanley
4.	10	Annika McCarthy	13.30a		Devils Lake
5.	10	Saree Wadeson	13.60a	PR	West Fargo She
6.	8	Gabby Tangedal	13.68a	PR	Devils Lake
7.	9	Kelyn Gartei	13.75a	PR	West Fargo She
8.	7	Noelle Friederichs	13.80a	PR	Shanley
9.	10	Leziga Kpeenu	14.04a	PR	West Fargo She
10.	9	Micah Sanders	14.05a	PR	West Fargo She
11.	10	Jade Anderson	14.05a	PR	West Fargo She
12.	9	Leah Meyer	14.14a		Shanley
13.	11	Isabelle Snyder	14.14a	PR	Shanley
14.	10	Paige Lipetzky	14.18a		West Fargo She
15.	9	Isabella Tangedal	14.27a	PR	Devils Lake
16.	10	Tryphena Duncan	14.32a	PR	West Fargo She
17.	8	Katelyn Ommen	14.45a	PR	Shanley
18.	9	Sydney Schweyen	14.50a		West Fargo She
19.	10	Jasmine Schaeffer	14.68a	PR	West Fargo She
20.	11	Aurora Floding	15.44a		West Fargo She
21.	9	Mahyaldah Wayson	15.45a	PR	West Fargo She
22.	9	Joan Dargbeh	15.95a	PR	West Fargo She
23.	10	Danielle Reeves	18.64a	PR	West Fargo She
	10	Keelie McCloud	DNS		Devils Lake
	9	Fefe Wuo	DNS		West Fargo She
	9	Isabelle Timmerman	DNS		West Fargo She
	9	Praise Daynuah	DNS		West Fargo She
	9	Kaydra Cavanaugh	DNS		Devils Lake

200 Meters Varsity - Finals

1.	10	Yolanda Nabwe	27.38a	PR	Jamestown
2.	10	Annika McCarthy	27.45a	SR	Devils Lake
3.	9	Paige Renschler	28.31a		Shanley
4.	7	Noelle Friederichs	28.58a	PR	Shanley
5.	12	Brooklyn Kelsch	28.61a	SR	Shanley
6.	8	Gabby Tangedal	28.61a	PR	Devils Lake
7.	9	Unique Wea	28.62a	PR	West Fargo She
8.	9	Mesiku Hakim	29.24a	PR	Shanley
9.	9	Kelyn Gartei	29.72a		West Fargo She
10.	11	Kaelyn Nygaard	29.91a	SR	Jamestown
11.	9	Isabella Tangedal	30.00a	PR	Devils Lake
12.	12	Carly Raap	30.12a	SR	Jamestown
13.	10	Jade Anderson	30.26a	PR	West Fargo She
14.	10	Leziga Kpeenu	30.38a	PR	West Fargo She
15.	10	Catherine Francis	30.52a		West Fargo She
16.	10	Sydney Fisher	30.63a	PR	Jamestown
17.	9	Sannie Yeanay	30.66a	PR	West Fargo She
18.	9	Leah Meyer	30.67a		Shanley

19.	10	Ethan Hoff	26.98a PR	Jamestown
20.	9	Abel Gartei	27.13a PR	West Fargo Sh
21.	9	Caden Michaelson	27.29a PR	Jamestown
22.	10	Grayson Geigle	27.34a PR	Shanley
23.	9	Xander Netolicky	27.39a PR	Jamestown
24.	10	Jumer Jallah	27.43a PR	West Fargo Sh
25.	11	Jacob Shomento	27.52a PR	Devils Lake
26.	9	Damien Cross	27.90a PR	Jamestown
27.	9	Nate Shorma	28.05a	West Fargo Sh
28.	9	Tucker Deibert	28.10a PR	West Fargo Sh
29.	9	Landon Kurtz	28.57a	Devils Lake
30.	8	David Hollcraft	28.77a PR	Shanley
31.	9	Ty Kapp	29.09a PR	Jamestown
32.	10	Hospidales Damon	29.37a PR	Shanley
33.	9	Brandon Morton	30.55a	West Fargo Sh
34.	9	Kaleb Donat	31.00a	West Fargo Sh
35.	8	Jackson Askew	31.42a	Shanley
36.	9	Alex Paul	34.07a PR	Shanley
37.	9	Zak Paul	35.67a	Shanley
	11	Will Cummings	DNS	West Fargo Sh
	9	Isaac Duven	DNS	Jamestown
	9	Barry Kpeenu	DNS	West Fargo Sh
	10	Luke Hollcraft	DNS	Shanley
	9	Garin Groff	DNS	Jamestown
	9	Myer Daniel	DNS	West Fargo Sh
	9	Kolby Thompson	DNS	West Fargo Sh
	9	Ray Vasquez	DNS	Jamestown
	12	Carter Burchill	DNS	Jamestown
	10	Faustin Tuyikeze	DNS	Jamestown
	10	Nathan Ziegler	DNS	Devils Lake
	9	Gavin Iverson	DNS	Jamestown
	9	Amadou Jallow	DNS	Devils Lake
	12	Christian Werner	DNS	Devils Lake
	9	Trevor Anderson	DNS	West Fargo Sh
	9	Eric Chea	DNS	Jamestown

400 Meters Varsity - Finals

1.	12	Carson Dean	55.23a SR	Shanley
2.	10	Reece Breidenbach	55.86a	West Fargo Sh
3.	12	Emmett Kenney	57.00a PR	Shanley
4.	11	Brady Duttenheffer	58.68a	West Fargo Sh
5.	11	Noah Geffre	1:00.11a PR	Shanley
6.	9	Caden Michaelson	1:03.37a PR	Jamestown
7.	9	Tucker Deibert	1:04.07a PR	West Fargo Sh
8.	11	Collin Lee	1:07.31a SR	Devils Lake
	12	Trevor Tiongson	DNS	West Fargo Sh
	10	Ethan Hoff	DNS	Jamestown
	12	Carter Burchill	DNS	Jamestown
	9	C'Aundre Douglas	DNS	Jamestown

800 Meters Varsity - Finals

1.	11	Caeden Johnson	2:07.17a PR	West Fargo Sh
2.	12	Kamden Coles	2:14.96a	West Fargo Sh
3.	9	Isaiah Robles	2:15.10a PR	West Fargo Sh
4.	12	Kade Schumacher	2:16.03a SR	Jamestown
5.	12	Micah Hoke	2:16.83a SR	Jamestown
6.	9	Cooper Clouse	2:24.06a	West Fargo Sh
7.	10	Ethan Igl	2:27.20a PR	Jamestown
8.	12	Blake Nelson	2:31.05a PR	Shanley
9.	10	Austin Andersen	2:34.34a PR	Jamestown
10.	9	Raine Job	2:35.72a PR	Jamestown
19.	10	Sarah Ostlie	30.81a SR	Shanley
20.	8	Odura Isaac	30.99a PR	Shanley
21.	9	Erica Tarr	31.04a PR	Jamestown
22.	11	Lexi Hibpshman	31.80a PR	Jamestown
23.	8	Katelyn Ommen	31.98a PR	Shanley
24.	11	Paige Harry	31.98a	West Fargo She
25.	11	Jacquelyn Dufner	32.46a	West Fargo She
26.	9	Chaylee Hewson	33.17a	Devils Lake
27.	9	Arya Mickelson	33.30a	Jamestown
28.	10	Jasmine Schaeffer	34.14a	West Fargo She
29.	10	Alexis Kirkeby	34.28a PR	Jamestown
30.	11	Aurora Floding	34.51a	West Fargo She
31.	9	Krysta Schmiedeberg	34.57a	Jamestown
32.	9	Joan Dargbeh	35.18a PR	West Fargo She
33.	10	Anabelle Cramer	35.40a PR	Jamestown
34.	9	Isabelle Timmerman	39.21a PR	West Fargo She
	9	Fefe Wuo	DNS	West Fargo She
	10	Danielle Reeves	DNS	West Fargo She
	9	Mahyaldah Wayson	DNS	West Fargo She
	8	Kiyara Dubord	DNS	Shanley
	9	Praise Daynuah	DNS	West Fargo She
	9	Sydney Schweyen	DNS	West Fargo She
	9	Kaydra Cavanaugh	DNS	Devils Lake
	10	Keelie McCloud	DNS	Devils Lake
	11	Anthonett Nabwe	DNS	Jamestown

400 Meters Varsity - Finals

1.	9	Allie Emineth	1:07.33a SR	Shanley
2.	10	Erin Nowacki	1:08.97a	West Fargo She
3.	9	Kelyn Gartei	1:10.34a	West Fargo She
4.	8	Anna Shock	1:10.53a PR	Devils Lake
5.	9	Arya Mickelson	1:12.08a PR	Jamestown
6.	11	Taylor Schneider	1:13.57a PR	Shanley
7.	10	Hallie Fritel	1:16.15a SR	Devils Lake
8.	10	Olivia Hagen	1:16.63a PR	Jamestown
9.	9	Mallory Strand	1:17.55a PR	Shanley
10.	10	Kyra Hoffer	1:18.54a PR	Jamestown
11.	9	Mahyaldah Wayson	1:24.21a PR	West Fargo She
12.	8	Kiyara Dubord	1:25.96a PR	Shanley
13.	10	Jasmine Schaeffer	1:37.58a	West Fargo She
	9	Chaylee Hewson	DNS	Devils Lake

800 Meters Varsity - Finals

1.	12	Meghan Ford	2:26.91a SR	Jamestown
2.	12	Onnica Stansbury	2:31.67a SR	West Fargo She
3.	11	Anna Bernhardt	2:32.45a SR	Shanley
4.	12	Eden Smith	2:32.53a SR	West Fargo She
5.	11	Kiya McLaurin	2:42.04a SR	Devils Lake
6.	10	Olivia Heilman	2:42.82a	West Fargo She
7.	10	Kayla Britsch	2:45.00a	Devils Lake
8.	11	Maddy Orr	2:50.47a	Jamestown
9.	7	Brooklyn Nygaard	2:55.38a PR	Jamestown
10.	8	Anna Shock	2:55.96a	Devils Lake
11.	10	Jera Truax	2:57.83a PR	Jamestown
12.	11	Kiley Craft	3:01.71a	Shanley
13.	9	Hannah Soulis	3:03.88a	Jamestown
14.	7	Lucy Grothmann	3:08.77a PR	Shanley
15.	7	Kami Dean	3:09.80a PR	Shanley
16.	8	Anna Geffre	3:29.05a PR	Shanley
17.	10	Emma Benson	3:36.96a PR	West Fargo She
	10	Hallie Fritel	DNS	Devils Lake

11.	10	AJ Kaufman	2:35.82a PR	West Fargo Sh
12.	10	Malcom Stubbe	2:36.39a PR	Devils Lake
13.	10	Dustyn Olsen	2:41.70a	West Fargo Sh
14.	11	Garrison Miller	2:42.95a	Shanley
15.	10	Bennett Lucht	2:47.12a PR	West Fargo Sh
16.	12	Zach Schwengler	2:47.92a	West Fargo Sh
17.	9	Tyler Hanson	2:53.82a	West Fargo Sh
18.	11	Collin Lee	2:54.71a	Devils Lake
19.	12	Ethan Sprague	2:56.17a SR	Jamestown
20.	9	Austin Staffne	2:58.08a PR	West Fargo Sh
	12	Michael Toy	DNS	West Fargo Sh
	11	Cullen Flieth	DNS	Jamestown
	10	Mason Haugland	DNS	Devils Lake
	9	Sam Anteau	DNS	Jamestown
	10	Carson Sturlaugson	DNS	West Fargo Sh

1600 Meters Varsity - Finals

1.	10	Brady Goss	5:02.45a	Devils Lake
2.	10	Tyler Goss	5:07.37a	Devils Lake
3.	12	Kade Schumacher	5:08.23a	Jamestown
4.	11	Cullen Flieth	5:09.34a SR	Jamestown
5.	9	Cooper Clouse	5:16.35a PR	West Fargo Sh
6.	12	Michael Toy	5:29.40a PR	West Fargo Sh
7.	10	Ethan Igl	5:37.89a PR	Jamestown
8.	12	Charlie Hapka	5:44.88a	Shanley
9.	9	Raine Job	5:46.68a PR	Jamestown
10.	10	Dustyn Olsen	5:50.55a	West Fargo Sh
11.	10	Austin Andersen	5:58.35a	Jamestown
12.	10	Malcom Stubbe	6:07.24a PR	Devils Lake
13.	11	Garrison Miller	6:12.39a SR	Shanley
14.	9	Ryan Benson	6:16.92a	West Fargo Sh
15.	12	Ethan Sprague	6:22.66a SR	Jamestown
16.	9	Tyler Hanson	6:22.80a PR	West Fargo Sh
17.	11	Collin Lee	6:26.12a	Devils Lake
18.	9	Austin Staffne	6:27.04a	West Fargo Sh
	9	Sam Anteau	DNS	Jamestown

3200 Meters Varsity - Finals

1.	12	Jacob Knodle	9:41.00a PR	West Fargo Sh
2.	12	Ben Anteau	9:42.38a	Jamestown
3.	9	Aiden Johnson	9:45.56a PR	West Fargo Sh
4.	12	Gavin Haut	10:12.66a	Jamestown
5.	12	Chandlar Rott	10:31.56a	Jamestown
6.	10	Brady Goss	10:50.24a	Devils Lake
7.	11	Carter Ferber	10:55.02a PR	West Fargo Sh
8.	10	Tyler Goss	11:16.23a	Devils Lake
9.	11	Oliver Dietz	12:13.17a PR	West Fargo Sh
10.	9	Brody Black	12:15.62a PR	West Fargo Sh

110m Hurdles - 39" Varsity - Finals

	10	Austin Kraft	DQ	Devils Lake
	11	Issac Birnbaum	DNS	West Fargo Sh

300m Hurdles - 36" Varsity - Finals

1.	11	Issac Birnbaum	44.10a PR	West Fargo Sh
2.	11	Preston Kroeber	45.34a	Jamestown
3.	11	Devin Beach	46.62a SR	Jamestown
4.	10	Mason Haugland	47.43a PR	Devils Lake
	12	Azure Ries	DNS	Shanley
	-	Brooklyn Herrick	DNS	West Fargo She

1600 Meters Varsity - Finals

1.	12	Meghan Ford	5:15.88a	Jamestown
2.	12	Onnica Stansbury	5:31.97a	West Fargo She
3.	11	Anna Bernhardt	5:39.03a	Shanley
4.	10	Olivia Heilman	5:46.29a	West Fargo She
5.	-	Brooklyn Herrick	5:54.71a	West Fargo She
6.	7	Brooklyn Nygaard	6:01.98a PR	Jamestown
7.	9	Gabrielle McLaurin	6:11.31a PR	Devils Lake
8.	11	Maddy Orr	6:25.45a	Jamestown
9.	11	Kiley Craft	6:36.73a SR	Shanley
10.	8	Anna Geffre	7:38.05a PR	Shanley
11.	10	Emma Benson	7:46.74a	West Fargo She

100m Hurdles - 33" Varsity - Finals

1.	10	Peyton Breidenbach	18.67a PR	West Fargo She
2.	9	Ella Germundson	18.78a PR	West Fargo She
3.	8	Odura Isaac	21.03a	Shanley

300m Hurdles - 30" Varsity - Finals

1.	10	Bernadette Belzer	50.62a PR	Jamestown
2.	10	Peyton Breidenbach	52.33a PR	West Fargo She
3.	10	Sarah Ostlie	52.99a PR	Shanley
4.	9	Ella Germundson	53.81a	West Fargo She
5.	11	Kaelyn Nygaard	53.82a	Jamestown
6.	10	Yolanda Nabwe	54.04a PR	Jamestown
7.	8	Odura Isaac	55.63a PR	Shanley
8.	12	Carly Raap	55.90a	Jamestown
9.	10	Olivia Hagen	58.39a PR	Jamestown
10.	10	Catherine Francis	58.92a PR	West Fargo She

4x100 Relay Varsity - Finals

1.	Erin Mueller Sydney Volesky Saree Wadeson Avary Fitzpatrick	53.61a	West Fargo She
2.	Brooklyn Kelsch Leah Meyer Allie Emineth Paige Renschler	55.21a	Shanley
3.	Micah Sanders Noella Akech Praise Daynuah Unique Wea	55.94a	West Fargo She
4.	Anabelle Cramer Arya Mickelson Erica Tarr Krysta Schmiedeberg	1:00.74a	Jamestown

4x100 Throwers Relay - Throwers Varsity

1.	Vivienne Heidt Brooke Johnson Lexi Terhark Rebecca Kpor	1:02.13a	West Fargo She

5.	10	Soren Kaster	47.83a	West Fargo Sh
6.	9	Joe Flaherty	49.06a	Shanley
7.	12	Mehki Dennis	51.06a	West Fargo Sh
8.	10	Paris Ndikum	51.19a PR	Jamestown
9.	9	Asher Williams	51.47a PR	Jamestown
10.	9	Nate Shorma	52.73a PR	West Fargo Sh
	10	Faustin Tuyikeze	DNS	Jamestown
	11	Melusi Senzanje	DNF	Jamestown

4x100 Relay Varsity - Finals

1.	Abraham Kollie Trevor Tiongson Ethan Raan Ty Schlichting	45.54a	West Fargo Sh
2.	Christian Werner Colton Schneider Sam Enget Jacob Vaagen	48.74a	Devils Lake
3.	Barry Kpeenu Abel Gartei Weah Cummings Trevor Anderson	49.74a	West Fargo Sh
4.	Grayson Geigle Joe Flaherty Jackson Askew David Hollcraft	53.04a	Shanley

4x100 Throwers Relay - Throwers Varsity

1.	James Tice Sam Enget Mason Haugland Colton Schneider	50.23a	Devils Lake
2.	Jacob Kirkeby Arthur Fahnbulleh Zach Breidenbach Owen Casas	51.22a	West Fargo Sh
3.	Landon Allex Braeden Bloch Simon Bowden Trace Olson	55.28a	Shanley
4.	Adam Clute Brett Whited Jaxon Migler Matt Fischer	57.45a	West Fargo Sh
5.	Bo Nelson Thomas Allmer Ethan Holmquist Blayke Simmers	58.07a	Jamestown

4x200 Relay Varsity - Finals

1.	John Gores Carson Dean Carter Kochmann Henry Collins	1:34.81a	Shanley
2.	Trevor Tiongson Jackson Kuznia Brady Duttenheffer Ty Schlichting	1:35.83a	West Fargo Sh
2.	Chea Baugh Liv Frohlich Kendyl Anderson Destiny Gray	1:05.05a	Jamestown
3.	Larissa Klitzke Alaina Anderson Erica Nelson Eliza Paulson	1:07.50a	Devils Lake
4.	Moriku Hakim Mesiku Hakim Claire Vetter Olivia Vetter	1:09.75a	Shanley

4x200 Relay Varsity - Finals

1.	Erin Nowacki Avary Fitzpatrick Saree Wadeson Sydney Volesky	1:53.56a	West Fargo She
2.	Erin Mueller Noella Akech Unique Wea Peyton Breidenbach	1:57.07a	West Fargo She
3.	Annika McCarthy Gabby Tangedal Isabella Tangedal Chaylee Hewson	1:58.01a	Devils Lake
4.	Isabelle Snyder Leah Meyer Allie Emineth Noelle Friederichs	1:59.61a	Shanley
5.	Taylor Williamson Lexi Hibpshman Sydney Fisher Kinley Anderson	2:08.56a	Jamestown

4x400 Relay Varsity - Finals

1.	Gabby Tangedal Annika McCarthy Isabella Tangedal Ramsey Brown	4:39.73a	Devils Lake
2.	Noella Akech Catherine Francis Sannie Yeanay Eden Smith	4:56.62a	West Fargo She
3.	Taylor Schneider Mallory Strand Lucy Grothmann Kami Dean	5:07.24a	Shanley
	Kaelyn Nygaard Carly Raap Kyra Hoffer Meghan Ford	DNS	Jamestown
	Paige Renschler Brooklyn Kelsch Azure Ries Kate Busek	DNS	Shanley
	Peyton Breidenbach Erin Nowacki Ella Germundson Avary Fitzpatrick	DNS	West Fargo She

3.	Levi Korum C'Aundre Douglas Asher Williams Brode Hillstrom	1:43.29a	Jamestown
4.	Christian Werner Colton Schneider Sam Enget Jacob Vaagen	1:44.12a	Devils Lake
5.	Melusi Senzanje Ty Kapp Eric Chea Damien Cross	1:52.41a	Jamestown
6.	Ethan Hoff Isaac Duven Caden Michaelson Xander Netolicky	1:54.87a	Jamestown

4x400 Relay Varsity - Finals

1.	Carson Dean Carter Kochmann Emmett Kenney Henry Collins	3:40.90a	Shanley
2.	Isaiah Robles Soren Kaster Ethan Raan Reece Breidenbach	3:49.80a	West Fargo Sh
3.	Paris Ndikum Preston Kroeber Hunter Nelson Devin Beach	4:00.35a	Jamestown
4.	AJ Kaufman Carson Sturlaugson Bennett Lucht Ryan Benson	4:34.26a	West Fargo Sh

4x800 Relay Varsity - Finals

1.	Caeden Johnson Aiden Johnson Kamden Coles Jacob Knodle	8:27.05a	West Fargo Sh
2.	Chandlar Rott Micah Hoke Gavin Haut Ben Anteau	8:46.72a	Jamestown
3.	Emmett Kenney Noah Geffre Charlie Hapka Blake Nelson	9:39.62a	Shanley

Shot Put - 12lb Varsity - Finals

1.	12	James Tice	45' 7	Devils Lake
2.	11	Thomas Allmer	45' 2.5	Jamestown
3.	11	Jacob Kirkeby	42' 10 PR	West Fargo Sh
4.	12	Simon Bowden	40' 10 PR	Shanley
5.	12	Braeden Bloch	40' 10 PR	Shanley
6.	12	William Gay	38' 8 PR	West Fargo Sh
7.	12	Adam Clute	37' 11	West Fargo Sh
8.	9	Nick Kuehl	37' 8	Shanley
9.	10	Hospidales Damon	37' 5 PR	Shanley
10.	10	Bryce Cain	35' 7 PR	West Fargo Sh

4x800 Relay Varsity - Finals

1.	Hallie Fritel Kayla Britsch Gabrielle McLaurin Ramsey Brown	11:02.66a	Devils Lake
2.	Kate Busek Taylor Schneider Lucy Grothmann Kami Dean	11:19.28a	Shanley
3.	Jera Truax Alexis Kirkeby Hannah Soulis Kyra Hoffer	11:49.58a	Jamestown

Shot Put - 4kg Varsity - Finals

1.	11	Anthonett Nabwe	43' 5	Jamestown
2.	12	Rebecca Kpor	34' 11 PR	West Fargo She
3.	12	Larissa Klitzke	34' 2 PR	Devils Lake
4.	12	Taylor Williamson	32' 1	Jamestown
5.	12	Moriku Hakim	32' 0 SR	Shanley
6.	11	Erica Nelson	31' 9 SR	Devils Lake
7.	11	Adisyn Schenck	30' 5 PR	West Fargo She
8.	12	Mariah Burd	29' 9	Shanley
9.	12	Alaina Anderson	29' 9 PR	Devils Lake
10.	9	Seely Stockmoe	28' 10	Shanley
11.	9	Kinley Anderson	25' 10	Jamestown
12.	11	Jillian Bearinger	24' 11 PR	West Fargo She
13.	10	Kennedy Colter	24' 7.5 PR	West Fargo She
14.	11	Allison Panchot	24' 7 PR	Jamestown
15.	10	Evelyn Lewis	23' 7.5	West Fargo She
16.	10	Brianna Blixt	23' 6.5 PR	West Fargo She
17.	11	Moukonjae Birch	23' 3 PR	West Fargo She
18.	9	Kendyl Anderson	23' 2.5	Jamestown
19.	9	Ali Thykeson	22' 9.5	West Fargo She
20.	10	Autumn Trosen	22' 5 PR	West Fargo She
21.	12	Cayden Anderson	22' 0 PR	West Fargo She
22.	10	Elia Paulson	21' 6	Devils Lake
23.	9	Destiny Gray	21' 0 PR	Jamestown
24.	9	Liv Frohlich	20' 9	Jamestown
25.	11	Mattilyn Nathan	20' 8 PR	West Fargo She
26.	9	Cammie Veldkamp	20' 7.5	Jamestown
27.	10	Talayna Alberts	19' 7	Devils Lake
28.	8	Ellery Kautzman	18' 3	Shanley
	9	Sarah Degbeh		West Fargo She
	10	Chea Baugh		Jamestown
	11	Christine Nwaigwe		West Fargo She
	9	Mesiku Hakim		Shanley
	10	Paige Lipetzky		West Fargo She
	10	Addison Gobble		Devils Lake
	10	Eliza Paulson		Devils Lake

Discus - 1kg Varsity - Finals

1.	12	Moriku Hakim	121' 6 PR	Shanley
2.	12	Taylor Williamson	107' 6 PR	Jamestown
3.	12	Mariah Burd	102' 7 PR	Shanley
4.	11	Anthonett Nabwe	101' 1 PR	Jamestown
5.	12	Larissa Klitzke	94' 9	Devils Lake
6.	11	Adisyn Schenck	93' 6 PR	West Fargo She
7.	10	Chea Baugh	88' 10 PR	Jamestown
8.	11	Erica Nelson	86' 4	Devils Lake

11.	11	Jaxon Migler	34' 9.5 PR	West Fargo Sh
12.	11	Arthur Fahnbulleh	34' 9	West Fargo Sh
13.	11	Blayke Simmers	34' 5.5 PR	Jamestown
14.	11	Trace Olson	34' 1.5 PR	Shanley
15.	10	Tanner Sumrall	33' 7 PR	Jamestown
16.	9	Brayden Jeanotte	33' 0 PR	West Fargo Sh
17.	9	Bo Nelson	32' 1 PR	Jamestown
18.	11	Ethan Holmquist	32' 1 PR	Jamestown
19.	9	Malakai Robinson	31' 0 PR	Jamestown
20.	12	Brett Whited	30' 4	West Fargo Sh
21.	9	Cameron Ahlers	29' 9 PR	Shanley
22.	10	Julius Yankton	28' 1 PR	Devils Lake
23.	12	Joseph Hodge	27' 2 PR	West Fargo Sh
24.	9	Bennet Tollefson	26' 8 PR	West Fargo Sh
25.	9	Cooper Fosher	25' 11 PR	West Fargo Sh
26.	9	Adam Foley	20' 4	West Fargo Sh
	10	Dylan Carlquist	DNS	Shanley
	11	Anthony Wanner	DNS	Shanley
	11	Dawson Galde	DNS	West Fargo Sh
	11	Owen Casas		West Fargo Sh

Discus - 1.6kg Varsity - Finals

1.	11	Thomas Allmer	152' 1 PR	Jamestown
2.	12	Simon Bowden	128' 0 PR	Shanley
3.	12	James Tice	125' 1 SR	Devils Lake
4.	12	Adam Clute	113' 8 PR	West Fargo Sh
5.	11	Arthur Fahnbulleh	110' 9 PR	West Fargo Sh
6.	12	Braeden Bloch	106' 11 PR	Shanley
7.	12	William Gay	102' 3 PR	West Fargo Sh
8.	10	Dylan Carlquist	101' 4 PR	Shanley
9.	11	Owen Casas	101' 2	West Fargo Sh
10.	11	Jacob Kirkeby	100' 5 PR	West Fargo Sh
11.	9	Nick Kuehl	99' 10 PR	Shanley
12.	9	Connor Manske	98' 1 PR	West Fargo Sh
13.	10	Bryce Cain	90' 2	West Fargo Sh
14.	12	Landon Allex	90' 0 PR	Shanley
15.	9	Bo Nelson	86' 2 PR	Jamestown
16.	12	Brett Whited	85' 10 PR	West Fargo Sh
17.	9	Brian Schaan	83' 8	Shanley
18.	11	Ethan Holmquist	79' 5 PR	Jamestown
19.	11	Blayke Simmers	79' 4	Jamestown
20.	9	Brayden Jeanotte	77' 2 PR	West Fargo Sh
21.	11	Trace Olson	76' 8 SR	Shanley
22.	10	Tanner Sumrall	76' 6 PR	Jamestown
23.	9	Cameron Ahlers	75' 0 PR	Shanley
24.	9	Bennet Tollefson	71' 8 PR	West Fargo Sh
25.	11	Zach Breidenbach	68' 7 PR	West Fargo Sh
26.	10	Julius Yankton	68' 6	Devils Lake
27.	9	Cooper Fosher	64' 1 PR	West Fargo Sh
28.	11	Zach Schwab	63' 4 PR	West Fargo Sh
	11	Kellen Hoornaert	DNS	West Fargo Sh
	11	Anthony Wanner	DNS	Shanley
	12	Tyrese Leaf	DNS	Devils Lake
	11	Dawson Galde	DNS	West Fargo Sh
	11	Kaden Strand-Koepplin	DNS	West Fargo Sh
	10	Trevor Levin	DNS	West Fargo Sh

Javelin - 800g Varsity - Finals

1.	10	Colton Schneider	155' 8 PR	Devils Lake
2.	12	James Tice	149' 11 PR	Devils Lake
3.	10	Mason Haugland	143' 8 PR	Devils Lake
9.	11	Vivienne Heidt	86' 3 PR	West Fargo She
10.	12	Rebecca Kpor	84' 8 SR	West Fargo She
11.	12	Jensen Drake	84' 3 SR	Shanley
12.	11	Olivia Vetter	81' 3 PR	Shanley
13.	10	Lexi Terhark	80' 8 PR	West Fargo She
14.	9	Kinley Anderson	78' 5	Jamestown
15.	9	Claire Vetter	76' 0	Shanley
16.	9	Seely Stockmoe	71' 6	Shanley
17.	11	Jillian Bearinger	70' 5 PR	West Fargo She
18.	12	Cayden Anderson	70' 2 PR	West Fargo She
19.	10	Elia Paulson	69' 4 PR	Devils Lake
20.	10	Brianna Blixt	68' 7 PR	West Fargo She
21.	9	Liv Frohlich	67' 5 PR	Jamestown
22.	11	Allison Panchot	66' 8 PR	Jamestown
23.	9	Mesiku Hakim	65' 10 PR	Shanley
24.	10	Evelyn Lewis	63' 7 PR	West Fargo She
25.	11	Moukonjae Birch	63' 6 PR	West Fargo She
26.	9	Kendyl Anderson	62' 0	Jamestown
27.	10	Paige Lipetzky	61' 9 PR	West Fargo She
28.	8	Ellery Kautzman	59' 5 PR	Shanley
29.	10	Talayna Alberts	58' 10 PR	Devils Lake
30.	12	Alaina Anderson	58' 9	Devils Lake
31.	10	Brooke Johnson	58' 7	West Fargo She
32.	9	Ali Thykeson	57' 5	West Fargo She
33.	9	Mara Klinicke	56' 6 PR	Shanley
34.	10	Autumn Trosen	53' 7	West Fargo She
35.	9	Cammie Veldkamp	52' 9	Jamestown
36.	11	Mattilyn Nathan	49' 2 PR	West Fargo She
37.	12	Grace Savageau	46' 5	Shanley
38.	12	CarlySue Jordahl	43' 5	Shanley
	10	Eliza Paulson	DNS	Devils Lake
	9	Sarah Degbeh	DNS	West Fargo She

Javelin - 600g Varsity - Finals

1.	12	Mariah Burd	111' 4 PR	Shanley
2.	11	Anthonett Nabwe	106' 5	Jamestown
3.	12	Jensen Drake	103' 1 SR	Shanley
4.	12	Kate Busek	101' 3 SR	Shanley
5.	11	Erica Nelson	100' 6	Devils Lake
6.	12	Taylor Williamson	90' 9	Jamestown
7.	11	Adisyn Schenck	89' 6	West Fargo She
8.	11	Olivia Vetter	87' 11 PR	Shanley
9.	10	Chea Baugh	82' 8	Jamestown
10.	9	Seely Stockmoe	82' 8	Shanley
11.	10	Lexi Terhark	82' 7	West Fargo She
12.	12	Larissa Klitzke	75' 8	Devils Lake
13.	9	Claire Vetter	72' 3	Shanley
14.	9	Ali Thykeson	71' 11 PR	West Fargo She
15.	11	Vivienne Heidt	70' 0	West Fargo She
16.	11	Jillian Bearinger	68' 5 PR	West Fargo She
17.	10	Alexis Kirkeby	66' 1 PR	Jamestown
18.	10	Kennedy Colter	61' 0 PR	West Fargo She
19.	12	Grace Savageau	60' 11	Shanley
20.	9	Destiny Gray	59' 7 PR	Jamestown
21.	10	Brooke Johnson	56' 9 PR	West Fargo She
22.	9	Mesiku Hakim	56' 7	Shanley
23.	10	Anabelle Cramer	56' 4 PR	Jamestown
24.	10	Elia Paulson	56' 0 PR	Devils Lake
25.	10	Talayna Alberts	54' 7 PR	Devils Lake
26.	12	Alaina Anderson	49' 0	Devils Lake
27.	12	Cayden Anderson	46' 4 PR	West Fargo She
28.	9	Mara Klinicke	36' 3	Shanley
	11	Allison Panchot	DNS	Jamestown

4.	12	Matt Fischer	124' 11 PR	West Fargo Sh
5.	12	Simon Bowden	124' 0 SR	Shanley
6.	11	Preston Kroeber	115' 7 PR	Jamestown
7.	12	Adam Clute	114' 10 PR	West Fargo Sh
8.	11	Devin Beach	114' 0	Jamestown
9.	10	Soren Kaster	109' 3 PR	West Fargo Sh
10.	11	Jacob Shomento	107' 0	Devils Lake
11.	12	Landon Allex	104' 4 PR	Shanley
12.	11	Arthur Fahnbulleh	103' 3 PR	West Fargo Sh
13.	10	Tanner Sumrall	99' 7 PR	Jamestown
14.	11	Zach Breidenbach	97' 9 PR	West Fargo Sh
15.	10	Bryce Cain	96' 0 PR	West Fargo Sh
16.	11	Owen Casas	91' 0	West Fargo Sh
17.	9	Cameron Ahlers	90' 8 PR	Shanley
18.	12	Braeden Bloch	89' 7 PR	Shanley
19.	11	Trace Olson	88' 0 PR	Shanley
20.	10	Sam Enget	83' 11	Devils Lake
21.	9	Brian Schaan	79' 10 PR	Shanley
22.	9	Cooper Fosher	76' 8 PR	West Fargo Sh
23.	11	Jaxon Migler	74' 5 PR	West Fargo Sh
24.	12	Joseph Hodge	71' 8	West Fargo Sh
25.	9	Malakai Robinson	70' 9 PR	Jamestown
26.	9	Bennet Tollefson	60' 0 PR	West Fargo Sh
27.	10	Julius Yankton	51' 0	Devils Lake
28.	9	Adam Foley	50' 11 PR	West Fargo Sh
	12	Blake Nelson	DNS	Shanley
	11	Dawson Galde	DNS	West Fargo Sh
	10	Hospidales Damon	DNS	Shanley
	11	Thomas Allmer	DNS	Jamestown
	10	Trevor Levin	DNS	West Fargo Sh
	12	Tyrese Leaf	DNS	Devils Lake
	11	Anthony Wanner	DNS	Shanley
	11	Brode Hillstrom	DNS	Jamestown
	11	Blayke Simmers	DNS	Jamestown
	12	Brett Whited	DNS	West Fargo Sh

High Jump Varsity - Finals

1.	11	Michael Nhial	5' 10 PR	West Fargo Sh
2.	10	Kasen Baer	5' 6 PR	West Fargo Sh
3.	10	Faustin Tuyikeze	5' 6 PR	Jamestown
4.	10	Dylan Beyl	5' 4	West Fargo Sh
5.	10	Paris Ndikum	5' 0 PR	Jamestown
5.	10	Darby Olson	5' 0 PR	West Fargo Sh
7.	10	Luke Hollcraft	5' 0 PR	Shanley
	9	C'Aundre Douglas	NH	Jamestown
	8	David Hollcraft	NH	Shanley
	12	Matt Fischer	NH	West Fargo Sh

Pole Vault Varsity - Finals

1.	12	Erik Ault	11' 0 SR	West Fargo Sh
2.	9	Connor Manske	10' 6 PR	West Fargo Sh
3.	10	Soren Kaster	10' 6	West Fargo Sh
4.	11	Zach Schwab	8' 6 PR	West Fargo Sh
5.	9	Tyler Hanson	8' 0 PR	West Fargo Sh
6.	9	Nate Angus	7' 6 PR	West Fargo Sh
6.	11	Austin Biwer	7' 6 PR	West Fargo
8.	12	Mehki Dennis	7' 6 PR	West Fargo Sh
9.	11	Ethan Birnbaum	6' 6 PR	West Fargo Sh
	11	Kellen Hoornaert	DNS	West Fargo Sh
	12	Cade Schneeberger	DNS	West Fargo Sh
	11	Bradley Bertsch	DNS	West Fargo Sh
	10	Eliza Paulson	DNS	Devils Lake
	12	Moriku Hakim	DNS	Shanley
	10	Addison Gobble	DNS	Devils Lake
	12	CarlySue Jordahl	DNS	Shanley

High Jump Varsity - Finals

1.	12	Lander Friederichs	4' 11 SR	Shanley
2.	9	Sannie Yeanay	4' 9 PR	West Fargo She
3.	12	Ramsey Brown	4' 7	Devils Lake
4.	9	Katelyn McLaurin	4' 3	Devils Lake
5.	11	Lexi Hibpshman	4' 3 PR	Jamestown
6.	9	Sydney Schweyen	4' 1	West Fargo She
6.	8	Katelyn Ommen	4' 1	Shanley
8.	9	Micah Sanders	4' 1	West Fargo She
	10	Bernadette Belzer	DNS	Jamestown
	10	Leziga Kpeenu	NH	West Fargo She

Pole Vault Varsity - Finals

1.	12	Taylor Lee	8' 9 PR	West Fargo
2.	12	Allison Sterling	8' 3 PR	West Fargo She
3.	10	Saree Wadeson	7' 9 PR	West Fargo She
4.	10	Taylor Tang	7' 3 PR	West Fargo
5.	9	Emery Aasen	7' 3 PR	West Fargo
6.	11	Erin Mueller	7' 3 PR	West Fargo She
7.	11	Isabelle Snyder	6' 9 PR	Shanley
8.	9	Emma Nelson	6' 3 PR	West Fargo She
8.	10	Ashley Nguyen	6' 3	West Fargo
10.	11	Averi Benson	5' 0 PR	West Fargo She
10.	9	Marisa Sleath	5' 0 PR	West Fargo
10.	9	Madison Lugert	5' 0	West Fargo She
	10	Jade Anderson	DNS	West Fargo She

Long Jump Varsity - Finals

1.	11	Isabelle Snyder	15' 0 PR	Shanley
2.	11	Paige Harry	14' 8 PR	West Fargo She
3.	11	Erin Mueller	14' 2 SR	West Fargo She
4.	10	Tryphena Duncan	13' 7	West Fargo She
5.	8	Katelyn Ommen	13' 6.75	Shanley
6.	9	Katelyn McLaurin	13' 3 PR	Devils Lake
7.	11	Jacquelyn Dufner	13' 1	West Fargo She
8.	10	Jade Anderson	12' 8 PR	West Fargo She
9.	9	Micah Sanders	12' 6.5	West Fargo She
10.	12	Allison Sterling	12' 4.5 PR	West Fargo She
11.	10	Keelie McCloud	12' 3	Devils Lake
12.	9	Madison Lugert	11' 3.5 PR	West Fargo She
	9	Kaydra Cavanaugh	DNS	Devils Lake
	12	Angela Hoang	ND	West Fargo She

Triple Jump Varsity - Finals

1.	12	Azure Ries	32' 5.25 SR	Shanley
2.	11	Paige Harry	30' 4 PR	West Fargo She
3.	9	Katelyn McLaurin	29' 3.25 PR	Devils Lake
	10	Tryphena Duncan	DNS	West Fargo She
	9	Madison Lugert	DNS	West Fargo She
	10	Brooke Johnson	DNS	West Fargo She
	11	Jacquelyn Dufner	DNS	West Fargo She
	12	Allison Sterling	DNS	West Fargo She
	10	Lexi Terhark	DNS	West Fargo She

9	Zak Paul	NH	Shanley	12	Angela Hoang	ND	West Fargo She
9	Alex Paul	NH	Shanley				
12	Landon Allex	NH	Shanley				

Long Jump Varsity - Finals

1.	10	Ty Schlichting	21' 7 PR	West Fargo Sh
2.	11	John Gores	20' 3 PR	Shanley
3.	12	Carter Kochmann	20' 3 SR	Shanley
4.	12	KJ Franklin	19' 9.5 PR	West Fargo Sh
5.	9	Trevor Anderson	18' 10.75 PR	West Fargo Sh
6.	12	Jacob Vaagen	18' 7.5	Devils Lake
7.	10	Kasen Baer	18' 0	West Fargo Sh
8.	10	Darby Olson	17' 6.5 PR	West Fargo Sh
9.	10	Dylan Beyl	17' 4.75	West Fargo Sh
10.	10	Nathan Ziegler	16' 8 PR	Devils Lake
11.	11	Michael Nhial	15' 8.75 PR	West Fargo Sh
12.	9	Landon Kurtz	14' 9.75 PR	Devils Lake
13.	8	David Hollcraft	14' 5	Shanley
14.	8	Jackson Askew	14' 1.5	Shanley
15.	11	Jacob Shomento	13' 0.75 PR	Devils Lake
16.	9	Zak Paul	11' 8 PR	Shanley
17.	9	Alex Paul	10' 5 PR	Shanley
18.	9	Amadou Jallow	10' 5	Devils Lake
	12	Erik Ault	DNS	West Fargo Sh
	12	Tyrese Leaf	DNS	Devils Lake
	9	Joe Flaherty	DNS	Shanley
	10	Luke Hollcraft	DNS	Shanley
	10	Grayson Geigle	ND	Shanley

Triple Jump Varsity - Finals

1.	12	KJ Franklin	41' 8.25 PR	West Fargo Sh
2.	12	Erik Ault	34' 2.5 PR	West Fargo Sh
	12	Tyrese Leaf	DNS	Devils Lake
	10	Kasen Baer	DNS	West Fargo Sh

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West Fargo v Fargo North Outdoor Dual

OFFICIAL RESULTS

Wednesday, April 21, 2021 West Fargo HS Track & Field Complex, West Fargo

Mens Results

100 Meters Varsity - Finals

1.	11	Carson Hegerle	11.33a PR	West Fargo
2.	12	Samuel Nyemah	11.60a	Fargo North
3.	12	Jacob Brosius	11.70a	Fargo North
4.	12	Terry Carter	11.72a SR	West Fargo
5.	9	Peder Haugo	11.79a	Fargo North
6.	9	Ibrahim Bangura	11.83a	West Fargo
7.	11	Calvin Alford-Hickman	11.92a	Fargo North
8.	10	Isaac Nyenabo	11.95a PR	West Fargo
9.	11	Nathaniel Fritel	12.07a	Fargo North
10.	9	Chase Kjervestad	12.32a	West Fargo
11.	11	Dallas Bachmeier	12.60a	Fargo North
12.	11	Jackson Ambuehl	12.62a PR	Fargo North
13.	10	Caleb Murphy	12.63a	West Fargo
14.	9	Ahmed Al Zenad	12.74a	West Fargo
15.	8	Aden Nojang	12.77a PR	Fargo North
16.	9	James Miller	12.85a PR	Fargo North
17.	9	Alexander Jelinek	12.93a	West Fargo
18.	9	Landis Richter	13.22a PR	West Fargo
19.	9	Jackson Schroeder	13.31a	Fargo North
20.	9	Jethro Nettum	13.34a	Fargo North
21.	9	Jordan Weston	13.58a PR	Fargo North
22.	10	Logan Hanson	13.68a	Fargo North
23.	10	Collin Beckman	13.76a PR	Fargo North
24.	7	Kenneth Johnson	13.93a PR	Fargo North
25.	10	Carl Peterson	13.98a	Fargo North
26.	7	Noah Ulmer	14.02a PR	Fargo North
27.	9	Logan Heilman	14.11a PR	West Fargo
28.	9	Jaxson Anderson	14.21a PR	West Fargo
29.	9	Heath Eder	14.22a	West Fargo
30.	9	Keaton Kiser	14.24a PR	Fargo North
31.	12	Jose Usus	14.32a PR	West Fargo
32.	9	Jarrett Steinmetz	15.44a	Fargo North
	9	Omer Ali	DNS	West Fargo
	11	Chase Novotny	DNS	Fargo North
	12	Ty Boutwell	DNS	Fargo North
	9	Kyle Kramer	DNS	Fargo North
	9	Aaron Lindberg	DNS	Fargo North

200 Meters Varsity - Finals

1.	11	Steven Edwards	24.83a PR	West Fargo
2.	11	Dallas Bachmeier	25.22a	Fargo North
3.	10	Caleb Murphy	25.90a PR	West Fargo
4.	8	Aden Nojang	26.10a PR	Fargo North
5.	9	Alexander Jelinek	26.69a PR	West Fargo
6.	10	Lucas Frieler	26.81a	Fargo North
7.	9	Landis Richter	27.18a PR	West Fargo
8.	9	Kyle Kramer	27.35a PR	Fargo North

Womens Results

100 Meters Varsity - Finals

1.	11	Jasmine Williams	13.22a	West Fargo
2.	12	Laiken Sturn	13.97a SR	West Fargo
3.	10	Taya Samek	14.06a	West Fargo
4.	9	Emery Aasen	14.10a PR	West Fargo
5.	11	Brenna White	14.18a	West Fargo
6.	9	Samantha Melling	14.19a PR	West Fargo
7.	9	Leah Locklear	14.44a PR	West Fargo
8.	9	Ella Nelson	14.72a PR	West Fargo
9.	9	Vivian Wilson	14.88a PR	Fargo North
10.	9	Christiana Mehn	15.05a PR	West Fargo
11.	9	Katelyn Rott	15.20a PR	West Fargo
12.	10	Kylie Olson	15.30a PR	West Fargo
13.	7	Savanna Van Raden	15.41a PR	Fargo North
14.	12	Madde Shell	15.46a	West Fargo
15.	10	Mayzie Jenson	15.55a PR	Fargo North
16.	8	Kiera Kalenze	15.95a PR	Fargo North
17.	10	Mya Punt	16.46a	Fargo North
18.	10	Naomi Captain	16.54a	Fargo North
19.	10	Lara Deakin	16.78a	Fargo North
	12	Taylor Lee	DNS	West Fargo

200 Meters Varsity - Finals

1.	11	Taylor Tedford	29.88a	Fargo North
2.	9	Leah Locklear	30.16a PR	West Fargo
3.	9	Vivian Wilson	30.68a PR	Fargo North
4.	10	Reagan Carlson	31.11a PR	Fargo North
5.	9	Katelyn Rott	31.51a PR	West Fargo
6.	9	Katie Deplazes	31.93a PR	Fargo North
7.	8	Addison Cerney	32.62a PR	Fargo North
8.	9	Jadyn Chakua	32.63a PR	Fargo North
9.	12	Madde Shell	32.70a SR	West Fargo
10.	9	Christiana Mehn	32.85a PR	West Fargo
11.	7	Savanna Van Raden	33.27a PR	Fargo North
12.	10	Kylie Olson	33.38a PR	West Fargo
13.	10	Samantha Christensen	33.67a	Fargo North
14.	9	Molly Hoffman	33.73a	Fargo North
15.	7	Elizabeth Johnson	34.06a PR	Fargo North
16.	8	Juliette Champagne	34.67a PR	Fargo North
17.	10	Lara Deakin	35.93a PR	Fargo North
	10	Taylor Tang	DNS	West Fargo
	10	Naomi Captain	DNS	Fargo North
	11	Jasmine Williams	DNS	West Fargo

400 Meters Varsity - Finals

1.	8	Nora Fluge	1:09.29a PR	Fargo North
2.	7	Raya Dobbs	1:10.08a PR	Fargo North

9.	11	Austin Biwer	27.52a PR	West Fargo
10.	12	Ty Boutwell	27.57a PR	Fargo North
11.	9	Jethro Nettum	27.96a	Fargo North
12.	9	Bjorn Kielty	28.42a PR	Fargo North
13.	9	Jordan Weston	28.47a PR	Fargo North
14.	9	Heath Eder	28.52a PR	West Fargo
15.	7	Kenneth Johnson	28.58a PR	Fargo North
16.	10	Collin Beckman	28.59a PR	Fargo North
17.	8	Chris Geske	28.68a PR	Fargo North
18.	10	Logan Hanson	29.05a PR	Fargo North
19.	9	Logan Heilman	29.10a PR	West Fargo
20.	10	Carl Peterson	29.40a PR	Fargo North
21.	9	Aaron Lindberg	29.53a PR	Fargo North
22.	9	Jaxson Anderson	29.76a PR	West Fargo
23.	7	Noah Ulmer	29.83a PR	Fargo North
24.	12	Jose Usus	30.34a PR	West Fargo
25.	9	Keaton Kiser	31.42a PR	Fargo North
26.	8	Owen Christensen	31.97a PR	Fargo North
27.	9	Jarrett Steinmetz	32.44a PR	Fargo North
	12	Samuel Nyemah	DNS	Fargo North
	9	Jackson Schroeder	DNS	Fargo North
	11	Dorien Tarley	DNS	West Fargo
	9	Omer Ali	DNS	West Fargo
	11	Chase Novotny	DNS	Fargo North
	10	Blake Wanner	DNS	Fargo North
	9	Ibrahim Bangura	DNS	West Fargo

400 Meters Varsity - Finals

1.	10	Hayden Pritchard	55.25a PR	West Fargo
2.	11	Jon Geske	57.42a PR	Fargo North
3.	11	Tristan Kramlich	58.14a SR	Fargo North
4.	10	Charlie Wicks	1:02.11a	Fargo North
5.	8	Chris Geske	1:05.37a PR	Fargo North
6.	11	Sam Sagvold	1:07.00a PR	Fargo North
7.	8	Owen Christensen	1:08.11a PR	Fargo North
8.	9	Joshua Koehler	1:15.89a PR	Fargo North

800 Meters Varsity - Finals

1.	11	Parker Nelson	2:00.70a SR	West Fargo
2.	11	Gabe Sagvold	2:04.54a PR	Fargo North
3.	9	Owen Sondag	2:08.98a PR	Fargo North
4.	11	Lincoln Retzlaff	2:12.25a PR	West Fargo
5.	11	Alex Flores	2:12.77a PR	Fargo North
6.	9	Jeb Gossett	2:16.15a PR	Fargo North
7.	10	Levi Rossman	2:17.47a PR	West Fargo
8.	10	Braxton Middaugh	2:19.66a PR	Fargo North
9.	12	Daniel Jones	2:19.84a SR	Fargo North
10.	11	Evan Watkin	2:20.86a PR	Fargo North
11.	10	Elijah Pederson	2:22.19a PR	Fargo North
12.	9	James Lien	2:23.02a PR	Fargo North
13.	11	Jack Thiel	2:25.19a PR	Fargo North
14.	10	Simon Pryor	2:25.59a PR	Fargo North
15.	12	Cole Marinucci	2:26.56a PR	West Fargo
16.	8	Isaac Amundson	2:26.82a PR	West Fargo
17.	9	Caden Willows	2:28.17a PR	West Fargo
18.	8	Christian Pochmara	2:32.71a PR	Fargo North
19.	9	Lucian Lavelle	2:34.94a PR	Fargo North
20.	11	Sam Sagvold	2:38.30a	Fargo North
21.	7	Isaac Cerney	2:39.51a PR	Fargo North
22.	8	Will Dorsher	2:41.46a PR	Fargo North
23.	10	Lucas Rutten	2:50.70a PR	Fargo North
3.	9	Leah Locklear	1:10.48a PR	West Fargo
4.	9	Samantha Melling	1:11.05a PR	West Fargo
5.	9	Molly Hoffman	1:11.75a PR	Fargo North
6.	8	Addison Cerney	1:12.27a PR	Fargo North
7.	9	Katelyn Rott	1:13.28a PR	West Fargo
8.	12	Carmen Degges	1:14.53a SR	Fargo North
9.	12	Madde Shell	1:15.14a PR	West Fargo
10.	7	Elizabeth Johnson	1:15.52a PR	Fargo North
11.	10	Samantha Christensen	1:15.93a PR	Fargo North
12.	7	Savanna Van Raden	1:19.15a PR	Fargo North
13.	8	Emily Murchie	1:19.52a PR	Fargo North
14.	9	Christiana Mehn	1:22.81a PR	West Fargo
	11	Alana Schafer	DNS	West Fargo

800 Meters Varsity - Finals

1.	11	Anna Lien	2:22.44a PR	Fargo North
2.	8	Grayce Anderson	2:39.48a PR	Fargo North
3.	11	Emily Klaman	2:40.62a PR	West Fargo
4.	10	Brooklyn Champagne	2:41.88a PR	Fargo North
5.	12	Hannah Johnson	2:47.49a SR	Fargo North
6.	8	Claire Bartell	2:49.14a PR	Fargo North
7.	9	Elsie Anderson	2:49.69a PR	Fargo North
8.	11	Jerzay Bachmeier	2:51.29a SR	West Fargo
9.	10	Abigail Lovelace	3:05.02a SR	Fargo North
10.	8	Emily Murchie	3:07.63a PR	Fargo North
11.	7	Morgan Keal	3:09.36a PR	Fargo North

1600 Meters Varsity - Finals

1.	11	Elle Sondag	5:23.20a PR	Fargo North
2.	10	Jordan Knudsvig	5:28.18a PR	West Fargo
3.	11	Kaelyn Berg	5:36.70a SR	West Fargo
4.	12	Clare Boldingh	5:40.52a SR	West Fargo
5.	8	Olivia Hammes	6:10.60a PR	Fargo North
6.	7	Morgan Keal	6:54.41a PR	Fargo North
	7	Aernestine Daeuber	DNS	Fargo North

100m Hurdles - 33" Varsity - Finals

1.	10	Samantha Gustafson	16.95a PR	West Fargo
2.	11	Elvinell Fofanah	17.58a SR	West Fargo
3.	11	Alexus Olson	18.79a PR	West Fargo
4.	10	Jennifer Klundt	21.68a PR	Fargo North
5.	9	Jadyn Chakua	21.84a PR	Fargo North
6.	11	Serenna Gores	22.13a SR	West Fargo
7.	9	Vivian Wilson	22.47a PR	Fargo North
8.	9	Marisa Sleath	22.62a PR	West Fargo
9.	10	Mayzie Jenson	22.70a PR	Fargo North
10.	12	Carmen Degges	22.80a PR	Fargo North
11.	8	Kiera Kalenze	23.31a PR	Fargo North
12.	8	Juliette Champagne	23.94a PR	Fargo North
13.	7	Braedyn Aubrey	27.84a PR	Fargo North
	9	Katie Deplazes	DNS	Fargo North

300m Hurdles - 30" Varsity - Finals

1.	10	Samantha Gustafson	51.65a PR	West Fargo
2.	11	Alexus Olson	53.84a PR	West Fargo
3.	11	Elvinell Fofanah	55.04a	West Fargo
4.	10	Mallory Docktor	55.48a PR	West Fargo
5.	11	Emily Klaman	56.55a SR	West Fargo

24.	7	Constant Lavelle	2:52.21a PR	Fargo North
25.	11	Isaiah Soori	2:58.68a PR	Fargo North
26.	9	Samuel Boser	3:06.18a PR	Fargo North
	10	Tyan Nordstrom	DNS	Fargo North

1600 Meters Varsity - Finals

1.	9	Owen Sondag	4:26.53a PR	Fargo North
2.	11	Gabe Sagvold	4:42.50a PR	Fargo North
3.	11	Lane Dullum	4:54.57a PR	West Fargo
4.	10	Braxton Middaugh	5:00.51a SR	Fargo North
5.	10	Noah Yahnke	5:01.30a PR	West Fargo
6.	9	Jeb Gossett	5:03.93a PR	Fargo North
7.	10	Simon Pryor	5:11.56a PR	Fargo North
8.	9	James Lien	5:12.54a PR	Fargo North
9.	11	Jack Thiel	5:13.26a PR	Fargo North
10.	10	Elijah Pederson	5:14.96a PR	Fargo North
11.	8	Christian Pochmara	5:31.47a PR	Fargo North
12.	9	Lucian Lavelle	5:35.11a PR	Fargo North
13.	11	Evan Watkin	5:38.91a SR	Fargo North
14.	7	Isaac Cerney	5:46.48a PR	Fargo North
15.	8	Will Dorsher	5:48.36a PR	Fargo North
16.	10	Lucas Rutten	5:49.73a PR	Fargo North
17.	12	Josh Beck	7:08.75a SR	Fargo North

110m Hurdles - 39" Varsity - Finals

1.	12	Courage David	16.65a PR	West Fargo
2.	11	Andre Seibel	16.67a PR	West Fargo
3.	8	Trey Knoke	17.91a PR	Fargo North
4.	11	Steven Edwards	18.58a PR	West Fargo
5.	10	Charlie Anderson	19.85a PR	Fargo North
6.	12	Daniel Jones	19.99a PR	Fargo North
7.	9	Anthony Alonzo	20.47a	West Fargo
8.	10	Blake Wanner	20.80a PR	Fargo North
9.	12	Cesar Calderon	21.56a SR	West Fargo

300m Hurdles - 36" Varsity - Finals

1.	12	Courage David	44.10a PR	West Fargo
2.	12	Daniel Jones	46.14a SR	Fargo North
3.	8	Trey Knoke	46.75a PR	Fargo North
4.	10	Charlie Anderson	48.33a PR	Fargo North
5.	11	Steven Edwards	48.66a PR	West Fargo
6.	9	Anthony Alonzo	49.04a PR	West Fargo
7.	10	Blake Wanner	49.61a PR	Fargo North
8.	10	Lucas Frieler	51.22a PR	Fargo North
9.	12	Cesar Calderon	54.28a SR	West Fargo
10.	9	Bjorn Kielty	55.40a PR	Fargo North
11.	9	Aaron Lindberg	55.98a PR	Fargo North
	10	James Weninger	DNS	Fargo North
	11	Andre Seibel	DNF	West Fargo

4x100 Relay Varsity - Finals

1.	Samuel Nyemah Jacob Brosius Nathaniel Fritel Peder Haugo	45.04a	Fargo North

6.	10	Taryn Winkler	58.35a PR	Fargo North
7.	12	Carmen Degges	1:00.48a PR	Fargo North
8.	9	Jadyn Chakua	1:01.79a PR	Fargo North
9.	8	Juliette Champagne	1:04.38a PR	Fargo North
10.	7	Braedyn Aubrey	1:05.63a PR	Fargo North
11.	8	Kiera Kalenze	1:14.76a PR	Fargo North

4x100 Relay Varsity - Finals

1.	Laiken Sturn Samantha Gustafson Brenna White Jasmine Williams	52.61a	West Fargo
2.	Taylor Tedford Nora Fluge Raya Dobbs Emily Skalicky	55.11a	Fargo North
3.	Elvinell Fofanah Taya Samek Samantha Melling Emery Aasen	55.34a	West Fargo

4x200 Relay Varsity - Finals

1.	Laiken Sturn Taya Samek Brenna White Jasmine Williams	1:52.85a	West Fargo
2.	Taylor Tedford Nora Fluge Raya Dobbs Emily Skalicky	1:58.50a	Fargo North
3.	Samantha Melling Taylor Lee Alexus Olson Ella Nelson	1:59.15a	West Fargo

4x400 Relay Varsity - Finals

1.	Emery Aasen Samantha Gustafson Brenna White Ella Nelson	4:35.24a	West Fargo
2.	Emily Skalicky Nora Fluge Addison Hammes Elle Sondag	4:35.25a	Fargo North
3.	Elsie Anderson Elizabeth Johnson Aletta Olson Abigail Lovelace	5:04.55a	Fargo North

4x800 Relay Varsity - Finals

1.	Grayce Anderson Anna Lien Addison Hammes Olivia Hammes	10:49.28a	Fargo North
2.	Joslyn Jackson Kiaya Hagen Paige Erbstoesser Lindsey Anderson	11:05.66a	West Fargo

2.	Courage David Carson Hegerle Ibrahim Bangura Terry Carter	47.06a	West Fargo
3.	Calvin Alford-Hickman James Miller Dallas Bachmeier Jackson Ambuehl	48.55a	Fargo North
4.	Ahmed Al Zenad Chase Kjervestad Caleb Murphy Landis Richter	49.92a	West Fargo
5.	Kyle Kramer Jackson Schroeder Jethro Nettum Aden Nojang	51.22a	Fargo North

4x200 Relay Varsity - Finals

1.	Samuel Nyemah Jacob Brosius Nathaniel Fritel Peder Haugo	1:34.35a	Fargo North
2.	Calvin Alford-Hickman Dallas Bachmeier Tristan Kramlich Jackson Ambuehl	1:39.31a	Fargo North
3.	Carson Hegerle Isaac Nyenabo Ibrahim Bangura Terry Carter	1:41.04a	West Fargo
4.	Lucas Frieler Finn Lynch Jethro Nettum Chase Novotny	1:47.83a	Fargo North

4x400 Relay Varsity - Finals

1.	Alex Flores Jon Geske Soren Bartell Gabe Sagvold	3:47.58a	Fargo North
2.	Ahmed Al Zenad Isaac Nyenabo Chase Kjervestad Anthony Alonzo	3:58.11a	West Fargo
3.	Charlie Wicks Logan Hanson Tyan Nordstrom Carl Peterson	4:08.78a	Fargo North
4.	Aden Nojang Dave Jerome Keaton Kiser Laquan King	4:22.24a	Fargo North

Shot Put - 12lb Varsity - Finals

1.	12	Kc Ortiz	54' 4 PR	West Fargo
2.	11	Kevin Nguyen	38' 10 PR	West Fargo
3.	11	Hunter Van Raden	38' 9 PR	Fargo North
4.	11	Nathaniel Schuster	34' 9	West Fargo
5.	9	James Miller	34' 5 PR	Fargo North
6.	12	Isaac Murphy	34' 5 PR	West Fargo

3.		Brooklyn Champagne Hannah Johnson Aletta Olson Claire Bartell	11:25.49a	Fargo North

Shot Put - 4kg Varsity - Finals

1.	9	Cailey Moton	36' 4 PR	West Fargo
2.	11	Mary Schnell	34' 7	West Fargo
3.	12	Emma Pfaff	34' 7 PR	West Fargo
4.	12	Raime Hoang	27' 5	West Fargo
5.	10	Megan Grove	27' 4 PR	West Fargo
6.	10	Laura Iverson	27' 3 PR	West Fargo
7.	10	Leah Tykwinski	27' 2	West Fargo
8.	10	Makenna Braun	27' 1 PR	West Fargo
9.	11	Serenna Gores	26' 5.5 PR	West Fargo
10.	11	McKenzie Menschel	26' 1 SR	West Fargo
11.	9	Heidi Wiedeman	25' 0 PR	West Fargo
12.	11	Kordiea Rerick	24' 5 PR	West Fargo
13.	9	Kiara Zepeda	23' 4	West Fargo
14.	12	Emma Devine	22' 8	Fargo North
15.	11	Dree Zeiszler	22' 6	West Fargo
16.	10	Delaney Johnson	22' 4 PR	Fargo North
17.	10	Adra Sundberg	20' 5	West Fargo
18.	9	Adelaid Bakken	20' 0 PR	Fargo North
19.	11	Abby Lind	19' 8	Fargo North
20.	12	Ingrid Lean	19' 8 PR	Fargo North
21.	9	Hailey Metcalfe	19' 6 PR	West Fargo
22.	10	Alisaundra Morin	18' 7	Fargo North

Discus - 1kg Varsity - Finals

1.	11	Mary Schnell	97' 7 PR	West Fargo
2.	9	Cailey Moton	96' 7 PR	West Fargo
3.	12	Raime Hoang	83' 4	West Fargo
4.	12	Emma Devine	75' 6 SR	Fargo North
5.	12	Emma Pfaff	73' 9 SR	West Fargo
6.	10	Makenna Braun	71' 11	West Fargo
7.	11	McKenzie Menschel	70' 9 SR	West Fargo
8.	9	Kiara Zepeda	66' 0 PR	West Fargo
9.	10	Megan Grove	63' 10 PR	West Fargo
10.	10	Leah Tykwinski	63' 8 PR	West Fargo
11.	10	Delaney Johnson	59' 10 PR	Fargo North
12.	10	Laura Iverson	58' 5 PR	West Fargo
13.	9	Heidi Wiedeman	57' 11 PR	West Fargo
14.	11	Kordiea Rerick	57' 7 PR	West Fargo
15.	11	Serenna Gores	55' 4 PR	West Fargo
16.	9	Adelaid Bakken	51' 3	Fargo North
17.	11	Abby Lind	48' 2	Fargo North
18.	12	Ingrid Lean	47' 5	Fargo North
19.	10	Adra Sundberg	46' 9	West Fargo
20.	9	Hailey Metcalfe	46' 3 PR	West Fargo
21.	11	Dree Zeiszler	45' 10	West Fargo
22.	10	Mya Punt	42' 10 PR	Fargo North
23.	10	Alisaundra Morin	35' 0	Fargo North

Javelin - 600g Varsity - Finals

1.	11	Mary Schnell	98' 6 PR	West Fargo
2.	11	Grace Miller	93' 1 PR	Fargo North
3.	12	Emma Pfaff	90' 10 PR	West Fargo
4.	9	Katie Deplazes	76' 6 PR	Fargo North
5.	11	McKenzie Menschel	60' 2 SR	West Fargo

7.	11	Samuel VonBank-Hoye	34' 1 SR	West Fargo
8.	11	Logan Herring	33' 4 PR	West Fargo
9.	10	Angus Shafer	32' 9 PR	Fargo North
10.	12	Ryan Kennelly	32' 4 PR	Fargo North
11.	11	Sam Ruona	32' 4 PR	West Fargo
12.	10	Evan Hardie	29' 4	Fargo North
13.	9	Xzavier Buckmiller	29' 2	Fargo North
14.	9	Jordan Zander	29' 1 PR	Fargo North
15.	11	Chris Sather	28' 7 PR	West Fargo
16.	9	Peter Davis	28' 7	Fargo North
17.	9	Greg Dimmer	28' 5 PR	West Fargo
18.	11	Jack Rose	26' 7	Fargo North
19.	9	Aiden Lamb	26' 2 PR	West Fargo
20.	9	Noah Riley	25' 7	Fargo North
21.	10	Jacob Hoff	24' 6	Fargo North
22.	10	Andrew Vanlith	23' 1	Fargo North
23.	10	Aron Pochmara	22' 10 PR	Fargo North

Discus - 1.6kg Varsity - Finals

1.	12	Kc Ortiz	143' 1 SR	West Fargo
2.	11	Hunter Van Raden	116' 4 PR	Fargo North
3.	12	Mickey Kenney	114' 4 PR	Fargo North
4.	11	Nathaniel Schuster	96' 11 PR	West Fargo
5.	9	James Miller	96' 2 PR	Fargo North
6.	11	Samuel VonBank-Hoye	95' 11 SR	West Fargo
7.	11	Logan Herring	93' 11 PR	West Fargo
8.	10	Angus Shafer	92' 6 PR	Fargo North
9.	11	Jack Rose	91' 0 PR	Fargo North
10.	11	Sam Ruona	88' 5 PR	West Fargo
11.	12	Ryan Kennelly	82' 0 PR	Fargo North
12.	10	Jacob Hoff	74' 8 PR	Fargo North
13.	11	Kevin Nguyen	72' 0	West Fargo
14.	9	Xzavier Buckmiller	69' 10	Fargo North
15.	9	Aiden Lamb	69' 0 PR	West Fargo
16.	10	Evan Hardie	68' 6	Fargo North
17.	11	Chris Sather	67' 1	West Fargo
18.	9	Jordan Zander	65' 2	Fargo North
19.	9	Greg Dimmer	64' 1 PR	West Fargo
20.	10	Aron Pochmara	60' 8 PR	Fargo North
21.	9	Peter Davis	57' 8	Fargo North
22.	10	Andrew Vanlith	55' 11	Fargo North
23.	9	Noah Riley	55' 3 PR	Fargo North
	12	Isaac Murphy	ND	West Fargo

Javelin - 800g Varsity - Finals

1.	12	Mickey Kenney	128' 0	Fargo North
2.	12	Kc Ortiz	119' 3 PR	West Fargo
3.	12	Isaac Murphy	106' 0 PR	West Fargo
4.	11	Sam Ruona	102' 10 PR	West Fargo
5.	11	Jackson Ambuehl	98' 8 PR	Fargo North
6.	11	Logan Herring	97' 0 PR	West Fargo
7.	11	Samuel VonBank-Hoye	77' 3 SR	West Fargo
8.	9	Xzavier Buckmiller	73' 7 PR	Fargo North
9.	10	Aron Pochmara	63' 10 PR	Fargo North
10.	12	Ryan Kennelly	63' 3 PR	Fargo North
11.	10	Andrew Vanlith	60' 6 PR	Fargo North
12.	10	Angus Shafer	53' 10 PR	Fargo North
	10	Grifen Schoenfeld	DNS	Fargo North

High Jump Varsity - Finals

6.	12	Ingrid Lean	49' 4 PR	Fargo North
7.	11	Abby Lind	48' 10 PR	Fargo North
8.	11	Dree Zeiszler	46' 11 PR	West Fargo
9.	12	Addison Hammes	45' 4 PR	Fargo North
10.	10	Haidyn Tollefson	43' 6 PR	Fargo North
11.	10	Delaney Johnson	42' 11 PR	Fargo North
12.	10	Mya Punt	34' 5 PR	Fargo North
13.	10	Alisaundra Morin	32' 7 PR	Fargo North
	9	Adelaid Bakken	DNS	Fargo North
	12	Raime Hoang	DNS	West Fargo

High Jump Varsity - Finals

1.	11	Grace Miller	4' 11 SR	Fargo North
2.	10	Reagan Carlson	4' 11 PR	Fargo North
3.	10	Mallory Docktor	4' 11 PR	West Fargo
4.	11	Emily Skalicky	4' 7	Fargo North
5.	10	Haidyn Tollefson	4' 5 PR	Fargo North
	11	Zoey Schlader	DNS	West Fargo
	11	Elvinell Fofanah	DNS	West Fargo
	11	Alana Schafer	DNS	West Fargo

Pole Vault Varsity - Finals

1.	12	Taylor Lee	8' 0	West Fargo
2.	9	Emery Aasen	7' 0	West Fargo
2.	9	Katie Deplazes	7' 0 PR	Fargo North
4.	10	Taylor Tang	7' 0	West Fargo
5.	10	Jennifer Klundt	7' 0 PR	Fargo North
6.	10	Ashley Nguyen	6' 0	West Fargo
7.	10	Taryn Winkler	6' 0	Fargo North
	9	Molly Hoffman	DNS	Fargo North
	10	Naomi Captain	DNS	Fargo North
	9	Elsie Anderson	NH	Fargo North
	9	Marisa Sleath	NH	West Fargo
	10	Mayzie Jenson	NH	Fargo North
	7	Braedyn Aubrey	NH	Fargo North

Long Jump Varsity - Finals

1.	12	Laiken Sturn	17' 2.5 PR	West Fargo
2.	11	Taylor Tedford	16' 7 PR	Fargo North
3.	10	Taya Samek	14' 10 PR	West Fargo
4.	10	Haidyn Tollefson	14' 5 PR	Fargo North
5.	10	Reagan Carlson	14' 4 PR	Fargo North
6.	12	Taylor Lee	13' 5	West Fargo
	8	Addison Cerney	ND	Fargo North

Triple Jump Varsity - Finals

1.	10	Haidyn Tollefson	27' 8.5	Fargo North
	10	Reagan Carlson	DNS	Fargo North

1.	9	Cedric Taylor	6' 0 PR	West Fargo
2.	8	Trey Knoke	5' 6 PR	Fargo North
3.	10	Charlie Anderson	5' 4 PR	Fargo North
4.	12	Axel Navarro	5' 4 PR	West Fargo
5.	11	Soren Bartell	5' 2 PR	Fargo North
6.	12	Ty Boutwell	5' 2 PR	Fargo North
7.	10	Tyan Nordstrom	5' 0	Fargo North
8.	9	Bjorn Kielty	5' 0	Fargo North
	12	Hamza Ahmed	DNS	West Fargo
	11	Dorien Tarley	DNS	West Fargo
	10	James Weninger	NH	Fargo North
	10	Charlie Wicks	NH	Fargo North
	11	Isaiah Enger	NH	Fargo North

Pole Vault Varsity - Finals

1.	9	Kyle Kramer	9' 6 PR	Fargo North
2.	11	Jon Geske	9' 0	Fargo North
3.	11	Chase Novotny	8' 0	Fargo North
4.	9	Jeb Gossett	8' 0 PR	Fargo North
5.	11	Austin Biwer	7' 6	West Fargo
6.	10	Lucas Rutten	7' 0	Fargo North
	10	Jacob Hoff	DNS	Fargo North

Long Jump Varsity - Finals

1.	11	Nathaniel Fritel	20' 4.5 PR	Fargo North
2.	12	Axel Navarro	17' 8	West Fargo
3.	10	James Weninger	17' 6.5 PR	Fargo North
4.	11	Soren Bartell	17' 2.5	Fargo North
5.	10	Lucas Frieler	16' 6 PR	Fargo North
6.	12	Ty Boutwell	15' 4.5 PR	Fargo North
7.	10	Blake Wanner	13' 7	Fargo North
8.	10	Logan Hanson	13' 7 PR	Fargo North
9.	10	Tyan Nordstrom	13' 6	Fargo North
	9	James Lanners	DNS	Fargo North
	10	Collin Beckman	DNS	Fargo North
	11	Tristan Kramlich	ND	Fargo North
	11	Isaiah Enger	ND	Fargo North
	11	Calvin Alford-Hickman	ND	Fargo North
	10	Charlie Anderson	ND	Fargo North

Triple Jump Varsity - Finals

	12	Axel Navarro	DNS	West Fargo

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2021 BUICK ENCORE
GX MODELS

Update Cover Photo

West Fargo v Fargo North Outdoor Dual HS

68 Followers Following

OFFICIAL RESULTS Wednesday, April 21, 2021 Field Events: **3:00 PM** Track Events: **3:00 PM**

West Fargo HS Track & Field Complex Deadline was Tue 4/20/21 @ 07:00 PM

Add Post-Meet Notes

Scores for dual meets, etc... Normal scores should be posted using the Uploader

Mens Varsity

17 / 17 Events Completed

1.	Fargo North	72
2.	West Fargo	60

Womens Varsity

18 / 18 Events Completed

1.	West Fargo	89
2.	Fargo North	53

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Eagle Relays @ Sheyenne

OFFICIAL RESULTS

Thursday, April 22, 2021 West Fargo Sheyenne HS Track & Field Complex, West Fargo

Mens Results

1600 Meters Varsity - Finals

1.	12	Jacob Knodle	4:28.95a		West
2.	11	Caeden Johnson	4:31.77a	PR	West
3.	9	Aiden Johnson	4:36.66a		West
4.	10	Matt Rongitsch	4:41.18a		Red R
5.	10	Jonah Dafoe	4:41.29a		Red R
6.	12	Mustafe Abdi	4:44.42a	SR	Red R
7.	11	Justin Smith	4:46.32a	PR	West
8.	11	Isaac Martel	4:50.54a	PR	Moor
9.	9	Adam Brachman	4:56.05a	PR	Davie
10.	9	Jake Coulter	4:57.55a	PR	Davie
11.	10	Levi Rossman	5:07.83a	PR	West
12.	9	Alex Hovdenes	5:08.49a	PR	Davie
13.	9	Curtis Sande	5:10.20a	PR	Gran
14.	10	Omar Aly Ahmed	5:13.97a	PR	Fargo
15.	12	Almo Martinez	5:19.52a		Moor
16.	-	Evan Fankhanel	5:20.94a	PR	Moor
17.	10	Charley Larson	5:21.38a		Fargo
18.	8	Isaac Amundson	5:21.73a	PR	West
19.	10	Nathan Hokstad	5:42.96a		Fargo

3200 Meters Varsity - Finals

1.	12	Jacob Knodle	9:25.95a	PR	West
2.	9	Aiden Johnson	9:31.62a	PR	West
3.	12	Evan Myran	9:42.97a	PR	Moor
4.	11	Hunter McHenry	9:47.15a	PR	Red R
5.	11	Dameon Zenawick	9:55.43a	PR	Red R
6.	10	Quinn Roehl	10:03.42a	PR	Gran
7.	11	Regan Bosch	10:04.28a	PR	Davie
8.	9	Jaray Touray	10:27.73a	PR	Davie
9.	10	Matt Evans	10:46.94a		Red R
10.	11	Carter Ferber	10:49.52a	PR	West
11.	10	Lucas Menke	11:01.39a		Davie
12.	12	Macalister Nelson	11:13.81a		Moor
13.	10	Zaine Braaten	11:18.24a	PR	Moor
14.	10	Parker Liedahl	12:47.95a	PR	Fargo
15.	11	Gunnar Moody	12:50.95a	PR	Fargo

300m Hurdles - 36" Varsity - Finals

1.	11	Carter Elde	41.24a		Gran
2.	11	Joe Williamson	42.40a	PR	Gran
3.	12	Adam Arnold	42.85a		Gran
4.	11	Issac Birnbaum	43.25a	PR	West
5.	10	Lukas Heydt	43.55a		Red R
6.	10	Carter Byron	44.40a	PR	Red R
7.	10	Will Lacher	44.82a	PR	Fargo
8.	11	Denver Piechowski	45.48a		Davie

Womens Results

1600 Meters Varsity - Finals

1.	10	Lauren Dosch	5:30.91a	PR	Red R
2.	11	Campbell Dorsey	5:40.36a		Red R
3.	10	Marie Derenne	5:45.48a	PR	Grand
4.	7	Kinley Steckler	5:45.94a	PR	Davie
5.	10	Ella (Camilla) Cole	5:46.68a	PR	Moorh
6.	9	Cierra Bornemann	5:47.81a	PR	Davie
7.	10	Anna Nelson	5:49.49a	PR	Moorh
8.	10	Emily Nelson	5:52.36a	SR	Red R
9.	11	Ella Grafstrom	5:56.00a	SR	Moorh
10.	10	Bayley Scott	6:03.27a		Davie
11.	10	Joslyn Jackson	6:04.90a	PR	West
12.	7	Kiaya Hagen	6:11.19a	PR	West
13.	12	Paige Erbstoesser	6:20.92a	SR	West
14.	-	Ella Roehl	6:28.08a	PR	Fargo
15.	8	Kathryn Sticka	6:28.48a	PR	Fargo
16.	11	Morgan Reeder	6:32.63a		Fargo

3200 Meters Varsity - Finals

1.	12	Onnica Stansbury	11:24.09a	PR	West
2.	12	Gracia Larsen-Schmidt	12:02.12a	PR	Red R
3.	-	Brooklyn Herrick	12:03.18a	PR	West
4.	12	Clare Boldingh	12:06.37a	SR	West
5.	10	Olivia Heilman	12:07.62a	PR	West
6.	11	Kaelyn Berg	12:09.85a	SR	West
7.	11	Anna Bernhardt	12:15.34a	SR	Shanl
8.	10	Jordan Knudsvig	12:17.18a	PR	West
9.	11	Alicia Maddux	13:15.09a	PR	Moorh
10.	11	Alice Bauroth	13:23.18a	SR	Fargo
11.	8	Katie Uhlir	13:23.30a	PR	Grand
12.	12	Janae Phillips	13:36.27a	PR	Davie
13.	8	Rylie Lelm	13:40.93a	PR	Red R
14.	11	Molly Campbell	13:42.68a	SR	Davie
15.	8	Brooke Dorsey	13:51.70a	PR	Red R
16.	11	Morgan Reeder	14:07.07a	PR	Fargo
17.	11	McCall (Terra) Clark	14:08.67a	PR	Moorh
18.	9	Chloe Pesek	14:12.66a	PR	Moorh
19.	11	Keeley Eichhorn	14:24.68a	PR	Fargo
	11	Trinity Kilde	DNF		Davie

300m Hurdles - 30" Varsity - Finals

1.	8	Kate Laqua	47.37a		Davie
2.	12	Shri Patel	49.94a		Red R
3.	10	Samantha Gustafson	50.52a	PR	West
4.	12	Jada Bell	51.11a		Davie
5.	9	Lauren Swanson	52.60a	PR	Red R
6.	10	Sarah Ostlie	52.67a		Shanl

9.	11	Steven Edwards	45.70a PR	West
10.	11	John Jenkins	46.21a	Moor
11.	9	Grant Hoffarth	46.30a	Red R
12.	10	Soren Kaster	46.82a PR	West
13.	12	Tanner Kainz	47.85a PR	Moor
14.	12	Gadi Ntirandekura	47.85a PR	Fargo
15.	10	Aiden Bourke	48.53a	Fargo
16.	12	Ryder Schmidt	48.67a	Davie
17.	9	Olamide Alabi	48.96a	Davie
18.	12	Jackson Gotta	49.54a PR	Moor
19.	9	Joe Flaherty	49.54a	Shan
20.	9	Anthony Alonzo	51.78a	West
21.	9	Nate Shorma	51.99a PR	West
22.	9	Omer Ali	55.36a PR	West

4x100 Relay Varsity - Finals

1.	John Gores	44.26a	Shan
	Carson Dean		
	Carter Kochmann		
	Henry Collins		
2.	Barika Kpeenu	44.60a	West
	Trevor Tiongson		
	Ethan Raan		
	Ty Schlichting		
3.	Henry Dennis	44.83a	Davie
	Austin Harmsen		
	Ryan Barth		
	Nicholas Nyquist		
4.	Sibomana Enock	45.12a	Fargo
	Trehvon Montgomery		
	James Gaden		
	Bakarr Fullah		
5.	Collin Allan	45.20a	Gran
	Jak Urlacher		
	Alex Schill		
	Carter Elde		
6.	Courage David	45.43a	West
	Carson Hegerle		
	Ibrahim Bangura		
	Isaac Nyenabo		
7.	Mason Reynolds	45.88a	Red R
	Gannon Brooks		
	Caleb Severson		
	Sam Kruger		
	Karson Wendt	DQ	Moor
	Jamal Dixon		
	Alonn Salman		
	Michael Haugo		

4x100 Relay Junior Varsity - Finals

1.	Haakon Peterson	45.91a	Moor
	Jackson Gotta		
	Caden Berg		
	Maxwell Delbrune		
2.	Keaton Schwab	46.06a	Davie
	Grant Tschosik		
	Luke Lorenz		
	Isaac Schumacher		

7.	10	Sofia Ibarra	53.40a PR	Davie
8.	9	Brynn Moen	54.41a	Grand
9.	11	Haleigh Cleem	55.12a	Moorh
10.	12	Annika Werlinger	56.03a SR	Moorh
11.	8	Odura Isaac	58.16a	Shanl
12.	9	Sydney Aberle	58.62a PR	Moorh
13.	9	Heidi Wiedeman	58.66a PR	West
14.	9	Emma Haskamp	59.05a	Grand
15.	10	Jasmine Thomas	1:01.53a	Grand
16.	11	Serenna Gores	1:03.46a SR	West
	11	Zoie Krump	DNS	Red R

4x100 Relay Varsity - Finals

1.	Kate Laqua	49.52a	Davie
	Cece Deebom		
	Ellen Donat		
	Michaela Nesius		
2.	Erin Mueller	51.82a	West
	Sydney Volesky		
	Saree Wadeson		
	Avary Fitzpatrick		
3.	Laiken Sturn	52.02a	West
	Samantha Gustafson		
	Brenna White		
	Jasmine Williams		
4.	Allie Emineth	52.08a	Shanl
	Paige Renschler		
	Brooklyn Kelsch		
	Noelle Friederichs		
5.	Beth Ellis	53.39a	Fargo
	Kiernan Darling		
	Erin Sorum		
	Brooke Thorsness		
6.	Hailey Hall	54.08a	Moorh
	Willow Carrier		
	Alexis Olderbak		
	Summer Lindquist		
7.	Jillian Riley	54.75a	Grand
	Taylar Baker		
	Brietta Mullane		
	Lauren Hillman		
8.	Lauren Swanson	54.96a	Red R
	Lauryn Rydell		
	Jocie Schiller		
	Kylie Severson		

4x100 Relay Junior Varsity - Finals

1.	Jill Engstrom	52.10a	Davie
	Nina Hage		
	Ava Olson		
	Alimath Salou		
2.	Noella Akech	54.08a	West
	Micah Sander		
	Leziga Kpeenu		
	Unique Wea		
3.	Alexa Tweeter	58.63a	Moorh
	Joyce Dinukar		
	Alyshia Carlson		
	Sam Laid		

3.	Tyler Ulrich Mikey Mallory Ted Tchomakhidze Morgan Hoefs	47.18a	Red R
4.	Ahmed Al Zenad Chase Kjervestad Caleb Murphy Austin Biwer	48.97a	West
5.	Tristan Raymond Cade Lindseth Navy Oss Haden Richards	50.55a	Gran
	Gadi Ntirandekura Ansu Komara Jagger Wraalstad George Hanesgard	DNS	Fargo

4x200 Relay Varsity - Finals

1.	John Gores Carson Dean Carter Kochmann Henry Collins	1:31.26a	Shan
2.	Trevor Tiongson Jackson Kuznia Brady Duttenheffer Ty Schlichting	1:31.50a	West
3.	Wyatt Mutzenberger Jak Urlacher Alex Schill Carter Elde	1:32.41a	Gran
4.		1:34.36a	Davie
5.	Courage David Carson Hegerle Ibrahim Bangura Isaac Nyenabo	1:35.12a	West
6.		1:35.93a	Red R
	George Nyanforth Jamal Dixon Alonn Salman Michael Haugo	DQ	Moor
	Sibomana Enock Peyton Kessel Trehvon Montgomery Bakarr Fullah	DQ	Fargo

4x200 Relay 8x200m Relay (V) - Finals

1.	Renas Salman Keanan Wendt Austin Altepeter John Jenkins	3:12.63a	Moor
2.	James Gaden Jaden Middleton Jagger Wraalstad Ansu Komara	3:19.05a	Fargo
3.	Sam Kruger Carter Stinson Gannon Brooks Mason Reynolds	3:20.30a	Red R
4.	Catherine Fehr Glenelyn Andrin Patience Toh Jordis Maxwell	1:00.79a	Fargo
5.	Brynna Young Ketevan Chomakhidze MacKenzie Abraham Elizabeth Stokke	1:03.88a	Red R

4x200 Relay Varsity - Finals

1.	Kate Laqua Linnea Axtman Michaela Nesius Cece Deebom	1:44.06a	Davie
2.	Erin Mueller Avary Fitzpatrick Saree Wadeson Sydney Volesky	1:48.20a	West
3.	Laiken Sturn Taya Samek Brenna White Jasmine Williams	1:48.92a	West
4.	Hailey Hall Liana Ulness Alexis Olderbak Summer Lindquist	1:50.70a	Moorh
5.		1:53.54a	Shanl
6.		2:00.84a	Fargo
7.	Brynna Lautt Josie Fish Ketevan Chomakhidze Zoie Krump	2:03.95a	Red R

4x200 Relay 8x200m Relay (V) - Finals

1.	Noelle Friederichs Leah Meyer Sarah Ostlie Mesiku Hakim	3:50.14a	Shanl
2.	Alimath Salou Jane Donat Jada Bell Ashley Wacha	3:53.94a	Davie
3.	Leziga Kpeenu Eden Smith Sydney Schweyen Sannie Yeanay	4:00.60a	West
4.	Sydney Aberle Katryna Hansen Ellie Feeney Joyce Dinukar	4:07.75a	Moorh
5.	Samantha Melling Leah Locklear Madde Shell Kylie Olson	4:15.58a	West
6.	Emma Boe Brynna Young Nura Kroeger MacKenzie Abraham	4:28.35a	Red R

4x200 Relay 8x200m Relay (JV) - Finals

4.	Denver Piechowski Austin Harmsen Ryan Barth Nicholas Nyquist	3:22.84a	Davie
5.	Ethan Raan Dylan Beyl Kasen Baer Michael Nhial	3:23.68a	West
6.	Tristan Raymond Wythe Rynestad Joel Tande Cade Lindseth	3:29.29a	Gran
7.	Anthony Alonzo Caleb Murphy Landis Richter Alexander Jelinek	3:41.92a	West

4x200 Relay 8x200m Relay (JV) - Finals

1.	Haakon Peterson Maxwell Delbrune Abraham Carlson Leiton Selseth	3:20.84a	Moor
2.	Canon Connolly Grant Hoffarth Ben Strand Om Panda	3:28.18a	Red R
3.	Mustafa Abboud Aiden Wayne Amro Heshmat Gabriel Gronneberg	3:32.40a	Davie
4.	Reis Kessel George Hanesgard Kolby Jones Will Lacher	3:39.14a	Fargo
	Aiden Herz Treyton Hoffert Jesse Olson Aaron Truong	DNS	Fargo
	Elliot Sticka Emanuel Spiyee Caleb Enger Zunekia Diamond McGill	DNS	Fargo

4x400 Relay Varsity - Finals

1.	Jackson Kuznia Trevor Tiongson Reece Breidenbach Caeden Johnson	3:26.60a	West
2.	Carson Dean Carter Kochmann Emmett Kenney Henry Collins	3:29.65a	Shan
3.	Wyatt Mutzenberger Adam Arnold Quinn Roehl Carter Elde	3:33.45a	Gran
4.	Carson Hegerle Parker Nelson Courage David Lane Dullum	3:35.76a	West
1.	Malama Diabate Ava Robertson Elise Schneider Lauren Sturma	4:06.56a	Davie
2.	Claire Steiner Alyshia Carlson Maggie Peters Chloe Strom	4:15.23a	Moorh

4x400 Relay Varsity - Finals

1.	Kate Laqua Hailey Bjerke Michaela Nesius Ashton Safranski	4:16.15a	Davie
2.	Shri Patel Ella Fosse Kylie Severson Jocie Schiller	4:23.06a	Red R
3.	Peyton Breidenbach Onnica Stansbury Erin Nowacki Avary Fitzpatrick	4:24.39a	West
4.	Summer Lindquist Summer Carlson Elle Fahrendorf Danielle Malone	4:28.11a	Moorh
5.	Allie Emineth Paige Renschler Azure Ries Brooklyn Kelsch	4:28.84a	Shanl
6.	Joslyn Jackson Jordan Knudsvig Leah Locklear Katelyn Rott	4:43.89a	West
	Tamsyn Nantaba Beth Ellis Wren James Brooke Thorsness	DNS	Fargo

4x400 Relay Junior Varsity - Finals

1.	Taylor Dietz Cadence Modin Bayley Scott Jane Donat	4:34.51a	Davie
2.	Ashley Wacha Kinley Steckler Madeline Stroud Ava Graf	4:37.87a	Davie
3.	Katryna Hansen Elayna Congress Claire Steiner Regan Erdmann	4:37.99a	Moorh

4x800 Relay Varsity - Finals

1.	McKenna Lovehaug Hailey Bjerke Brenna Barnick Ryleigh Wacha	10:01.86a	Davie

5.	Sibomana Enock Bakarr Fullah Zunekia Diamond McGill Tristan Quibell	3:37.01a	Fargo
6.	Tanner Schiller Dameon Zenawick Jonah Dafoe Hunter McHenry	3:40.56a	Red R
7.	Karson Wendt Blake Walthall Renas Salman Trey Feeney	3:40.65a	Moor
8.	Regan Bosch Jake Coulter Jack Robertson Jaray Touray	3:44.78a	Davie

4x400 Relay Junior Varsity - Finals

1.	Grant Lelm Grant Hoffarth Nate Christianson Matt Rongitsch	3:51.11a	Red R
2.	Jack Newcomb Caden Berg Leiton Selseth Jack Eisenzimmer	3:55.00a	Moor
3.	Karter Witte Sam Lies Ryder Schmidt Mustafa Abboud	3:55.95a	Davie
4.	Abram Hall Isaac Schall Simon Haug Abdirahman Ali	3:56.91a	Red R
5.	Ryan Prusak Dylan Narum Om Panda Ted Tchomakhidze	3:57.13a	Red R
6.	Ibrahim Suleiman Brody Andrade Matt Evans Hudson Flom	4:02.51a	Red R
7.	Joel Tande Finn Jackson Emmett Sum Anthony Lopez	4:04.36a	Gran
8.	Cade Lindseth Navy Oss Tristan Raymond Nicholas Gentile	4:05.26a	Gran
9.	Wayne Costilla Jakob Stevenson Haden Richards Nicholas Swanson	4:13.96a	Gran

4x800 Relay Varsity - Finals

1.	Noah Yahnke Parker Nelson Lincoln Retzlaff Lane Dullum	8:30.16a	West
2.	Summer Carlson Carlie Sheldon Ella Grafstrom Anna Nelson	10:09.22a	Moorh
3.	Eden Smith Erin Nowacki Ella Germundson Noella Akech	11:24.38a	West
4.	Kate Busek Taylor Schneider Mallory Strand Kiley Craft	11:30.77a	Shanl
5.	Callie Baukol Paris Cronin Liv Berger Lindsey Reeder	11:48.79a	Fargo
6.	Elizabeth Simon Narria Neubert McKenna Emineth Sophie Lachance	12:07.83a	Red R

4x800 Relay Junior Varsity - Finals

1.	Sarah Wieland Annika Stephens Brooke Everson Cadence Modin	11:28.86a	Davie

SMR 100-100-200-400m Varsity - Finals

1.	Jill Engstrom Ellen Donat Alimath Salou Ashton Safranski	1:58.46a	Davie
2.	Shri Patel Lauren Swanson Jocie Schiller Kylie Severson	2:02.65a	Red R
3.	Hailey Hall Willow Carrier Liana Ulness Elle Fahrendorf	2:03.41a	Moorh
4.	Amelia Jacobs Micah Sander Unique Wea Peyton Breidenbach	2:04.11a	West
5.	Grace Savageau Odura Isaac Elle Terstriep Azure Ries	2:10.64a	Shanl
6.	Samantha Melling Taya Samek Alexus Olson Ella Nelson	2:10.70a	West
7.	Brianna Filson Brietta Mullane Jillian Riley Taylar Baker	2:12.48a	Granc
8.	Catherine Fehr Glenelyn Andrin Patience Toh Tamsyn Nantaba	2:25.81a	Fargo

2.	Jack Robertson Drew Rempher Nate Anderson Karter Witte	8:48.78a	Davie
3.	Ryan Prusak Grant Lelm Abdirahman Ali Tanner Schiller	8:56.32a	Red R
4.	Soren Kaster Isaiah Robles Kamden Coles Jesse Olsen	8:59.29a	West
5.	Jack Newcomb Jack Eisenzimmer Almo Martinez Maxwell Stenehjem	9:14.75a	Moor
6.	Finn Jackson Emmett Sum Wayne Costilla Tucker Vasichek	9:25.90a	Gran
7.	Charley Larson Omar Aly Ahmed Nathan Hokstad Elliot Sticka	9:38.84a	Fargo
8.	Noah Geffre Charlie Hapka Blake Nelson Garrison Miller	10:03.38a	Shan

4x800 Relay Junior Varsity - Finals

1.	Kolton Doucette Trygve Rux Daima Mutumbo Clayton Hagenbeck	10:00.05a	Moor

SMR 100-100-200-400m Varsity - Finals

1.	Ethan Raan KJ Franklin Reece Breidenbach Brady Duttenheffer	1:40.78a	West
2.	George Nyanforth Jamal Dixon Michael Haugo Brady Walthall	1:41.27a	Moor
3.	James Gaden Kolby Jones Aiden Bourke Tristan Quibell	1:41.54a	Fargo
4.	Henry Dennis Austin Harmsen Ryan Barth Wil Roberts	1:42.03a	Davie
5.	Emmett Kenney Nathan Andrews Joe Flaherty John Gores	1:45.29a	Shan
6.	Collin Allan Alex Schill Adam Arnold Anthony Lopez	1:45.51a	Gran

DMR 1200-400-800-1600m - [12-4-8-1

1.	Carlie Sheldon Liana Ulness Danielle Malone Ella Cole	13:58.56a	Moorh
2.	Brenna Barnick Ryleigh Wacha Cierra Bornemann McKenna Lovehaug	14:26.47a	Davie
3.	Anna Bernhardt Kate Busek Taylor Schneider Kiley Craft	14:31.97a	Shanl
4.	Emily Klaman Kaelyn Berg Clare Boldingh Lindsey Anderson	14:49.20a	West
5.	Liv Berger Callie Baukol Paris Cronin Alice Bauroth	15:04.95a	Fargo
6.	Marie Derenne Tennasyn Henry Emily Arnold Katie Uhlir	15:24.55a	Granc
7.	Elizabeth Simon Sophie Lachance McKenna Emineth Narria Neubert	15:44.34a	Red R

4x100 Shuttle Hurdles - 33" Varsity - Finals

1.	Jada Bell Cayla Sailer Linnea Axtman Cece Deebom	1:06.08a	Davie
2.	Alexus Olson Elvinell Fofanah Samantha Gustafson Mallory Docktor	1:10.79a	West
3.	Elyse Gulsvig Juliana Conlin Sofia Ibarra Faith Clark	1:12.93a	Davie
4.	Annika Werlinger Haleigh Cleem Sydney Aberle Faith Altepeter	1:17.58a	Moorh
5.	Camille Finney Jasmine Thomas Brynn Moen Emma Haskamp	1:18.66a	Granc
6.	Wren James Beth Ellis Kiernan Darling Erin Sorum	1:19.01a	Fargo

Shot Put - 4kg Varsity - Finals

1.	11	Mary Schnell	37' 6 PR	West
2.	12	Jadyn Feist	36' 7	West
3.	12	Olivia Schindler	35' 8.25 PR	Red R

7.	Mikey Mallory Pearce Parks Nate Christianson Dylan Narum	1:48.32a	Red R
	Isaac Nyenabo Ibrahim Bangura Chase Kjervestad Ahmed Al Zenad	DQ	West

DMR 1200-400-800-1600m - [12-4-8-1

1.	Ryan Prusak Gannon Brooks Dameon Zenawick Hunter McHenry	11:03.79a	Red R
2.	Evan Myran Trey Feeney Maxwell Stenehjem Isaac Martel	11:28.27a	Moor
3.	Nate Anderson Eli Heyer Bennett Hefta Drew Rempher	11:52.03a	Davie
4.	Lincoln Retzlaff Noah Yahnke Justin Smith Hayden Pritchard	12:17.68a	West
5.	Jesse Olsen Isaiah Robles Kamden Coles Cooper Clouse	12:21.57a	West
6.	Tucker Vasichek Finn Jackson Emmett Sum Curtis Sande	12:45.62a	Gran
7.	Omar Aly Ahmed Jaden Middleton Charley Larson Nathan Hokstad	12:56.97a	Fargo
8.	Noah Geffre Blake Nelson Garrison Miller Charlie Hapka	13:10.01a	Shan

4x110 Shuttle Hurdles - 39" Varsity - Finals

1.	Joe Williamson Anthony Lopez Joel Tande Nicholas Gentile	1:10.93a	Gran
2.	Reis Kessel Will Lacher Aiden Bourke Trehvon Montgomery	1:11.86a	Fargo
3.	Isaac Schall Carter Byron Ben Strand Lukas Heydt	1:13.43a	Red R
4.	Courage David Cesar Calderon Steven Edwards Anthony Alonzo	1:15.10a	West

4.	12	Brooklynn Koenig	35' 5.5 PR	Davie
5.	9	Cailey Moton	34' 10.5	West
6.	12	Moriku Hakim	34' 8.75 SR	Shanl
7.	12	Emma Pfaff	34' 8.5 PR	West
8.	12	Kaden Kerzman	33' 8.5	Davie
9.	11	Adisyn Schenck	33' 3 PR	West
10.	12	Gabriella Feil	31' 10	Moorh
11.	12	Bailey Overbo	31' 3.5	Moorh
12.	12	Rebecca Kpor	31' 0.5	West
13.	12	Regan Erdmann	30' 9	Moorh
14.	12	Kaylee Lancaster	30' 5.5	Red R
15.	12	Alex Page	30' 4	Red R
16.	10	Kaylee Baker	30' 3.75 PR	Granc
17.	12	Jade Azure	30' 2.5	Red R
18.	11	Rosie Anderson	30' 1	Moorh
19.	12	Mariah Burd	30' 1	Shanl
20.	10	Megan Grove	29' 11.75 PR	West
21.	12	Yvonnah Marshall	29' 6 SR	Fargo
22.	9	Mesiku Hakim	29' 4	Shanl
22.	11	Vivienne Heidt	29' 4 PR	West
24.	12	Raime Hoang	29' 4 PR	West
25.	9	Seely Stockmoe	29' 3.75	Shanl
26.	12	Anna Guttormson	28' 3.5	Fargo
27.	11	Gillian Barker	28' 1.5 PR	Red R
28.	11	Cameron MacFarland	27' 5.5	Moorh
29.	11	Maddie Eisenlohr	27' 2	Fargo
30.	11	Jillian Bearinger	25' 10.5 PR	West
31.	10	Skye Boyer	22' 4	Granc
32.	9	Emma Stevenson	22' 3.25	Granc
33.	9	Jordan McLagan	22' 3	Davie
34.	10	Alyssa Berger	21' 3.75	Granc
35.	12	Abigail Evensen	19' 6.75	Fargo
36.	9	Mara Klinicke	18' 5 PR	Shanl
37.	9	Natalie Nygord	18' 4	Davie
38.	9	Audrey Lindquist	15' 2	Granc
	10	Camille Deringer	DNS	Davie
	12	Sydney Quibell	DNS	Fargo

Discus - 1kg Varsity - Finals

1.	12	Jade Azure	110' 5	Red R
2.	10	Kaylee Baker	110' 1 PR	Granc
3.	12	Moriku Hakim	110' 0	Shanl
4.	11	Mary Schnell	103' 10 PR	West
5.	12	Bailey Overbo	101' 0	Moorh
6.	11	Rosie Anderson	100' 2	Moorh
7.	12	Alex Page	97' 5	Red R
8.	12	Jadyn Feist	96' 7	West
9.	9	Cailey Moton	95' 5	West
10.	12	Olivia Schindler	94' 7	Red R
11.	12	Regan Erdmann	91' 6	Moorh
12.	10	Maci Wheeldon	91' 3	Davie
13.	12	Raime Hoang	90' 9 PR	West
14.	12	Kaden Kerzman	89' 10	Davie
15.	12	Mariah Burd	88' 4	Shanl
16.	8	Abby Baker	85' 0	Red R
17.	12	Yvonnah Marshall	84' 8	Fargo
18.	10	Anna Clark	83' 10 PR	Davie
19.	12	Rebecca Kpor	83' 9	West
20.	10	Makenna Braun	82' 8 PR	West
21.	11	Adisyn Schenck	80' 2	West
22.	12	Gabriella Feil	79' 6 PR	Moorh
23.	11	Vivienne Heidt	79' 3	West
24.	9	Claire Vetter	78' 6 PR	Shanl

5.	John Jenkins	1:18.16a	Moor
	Dawson Gerads		
	Bridger Mongeau		
	Jackson Gotta		
6.	Denver Piechowski	1:18.80a	Davie
	Ryder Schmidt		
	Olamide Alabi		
	Thompson Fischer		

Shot Put - 12lb Varsity - Finals

1.	12	Kc Ortiz	53' 2.5	West
2.	12	Simon Bowden	44' 7.75 PR	Shan
3.	12	Andrew Paustian	43' 8.5	Davie
4.	10	Elinneus Davis	43' 4 PR	Moor
5.	11	Kaleb Vliem	43' 3.5	Davie
6.	12	Sam Sather	43' 0.25	Red R
7.	12	Max Soeth	42' 7 PR	Moor
8.	11	Jacob Kirkeby	42' 0	West
9.	12	Thomas Myers	41' 7.5	Moor
10.	12	Marshal Buelow	40' 11	Red R
11.	12	Jaydon Coley	40' 2.5 PR	Moor
12.	12	Kaiden Vliem	39' 3.5	Davie
13.	10	Austin Schultz	39' 3 PR	Moor
14.	12	Benjamin Dahl	39' 1.75 PR	Fargo
15.	11	Christian Skiple	38' 11.5 PR	Fargo
16.	12	Glen Erickson	38' 11 PR	Gran
17.	10	Bryce Cain	38' 5.75 PR	West
18.	10	Hospidales Damon	38' 5 PR	Shan
19.	12	Joren Palmer	38' 1	Davie
20.	10	Tyler Christianson	38' 0 PR	Fargo
21.	12	William Gay	37' 11	West
22.	12	Adam Clute	37' 8	West
23.	12	Logan Haskamp	37' 7 PR	Gran
24.	12	Braeden Bloch	36' 11.5	Shan
25.	11	Jaxon Migler	36' 5.75 PR	West
26.	11	Brady Johnson	36' 5	Davie
27.	11	Anthony Wanner	36' 1 PR	Shan
28.	11	Kevin Nguyen	35' 1.5	West
29.	11	Nathaniel Schuster	34' 7.5	West
30.	12	Alejandro Lopez	34' 5	Gran
31.	10	Kellen LaFountain	34' 2.25	Red R
32.	11	Logan Herring	34' 1.5 PR	West
33.	12	Isaac Murphy	33' 11.5	West
34.	12	Joey Olson	33' 9.5	Gran
35.	10	Dylan Carlquist	33' 9.25	Shan
36.	10	Zac Kuznia	32' 7.75	Gran
37.	8	James Walters	31' 10	Red R
38.	10	Cooper Schweigert	31' 4	Red R
39.	12	Tommy Do	29' 2	Fargo
	11	D'Andre Watson	DNS	Fargo

Discus - 1.6kg Varsity - Finals

1.	12	Kc Ortiz	143' 0	West
2.	12	Andrew Paustian	129' 10	Davie
3.	10	Logan Arason	126' 3	Red R
4.	12	Max Soeth	124' 1 PR	Moor
5.	12	Thomas Myers	119' 7 PR	Moor
6.	10	Eli Hayes	118' 6 PR	Davie
7.	11	Brady Johnson	117' 9 SR	Davie
8.	12	Joren Palmer	113' 2	Davie
9.	12	Mahmoud Younis	112' 0 PR	Moor
25.	9	Seely Stockmoe	77' 10	Shanl
26.	12	Jensen Drake	74' 4	Shanl
27.	11	Gillian Barker	71' 11	Red R
28.	12	Emma Pfaff	71' 2	West
29.	9	Sidney Zimmerman	69' 9 PR	Moorh
30.	10	Lexi Terhark	66' 2	West
31.	12	Abuk Akech	62' 1	Davie
32.	12	Abigail Evensen	39' 11	Fargo
	11	Aeryn Donovan	DNS	Fargo
	12	Sydney Quibell	DNS	Fargo
	9	Jordan McLagan	ND	Davie

Javelin - 600g Varsity - Finals

1.	12	Brooklynn Koenig	124' 0	Davie
2.	12	Kaylee Lancaster	114' 4	Red R
3.	12	Kate Busek	112' 3 PR	Shanl
4.	12	Mariah Burd	109' 2	Shanl
5.	12	Alex Page	103' 10	Red R
6.	11	Mary Schnell	102' 0 PR	West
7.	9	Cayla Sailer	99' 2	Davie
8.	12	Olivia Schindler	95' 10	Red R
9.	12	Jensen Drake	93' 1	Shanl
10.	12	Amy Kringlie	92' 8 PR	Davie
11.	12	Abby Leininger	92' 3 PR	Shanl
12.	12	Jadyn Feist	90' 1	West
13.	12	Emma Pfaff	89' 0	West
14.	12	Jade Azure	85' 0	Red R
15.	12	Kaden Kerzman	84' 7	Davie
16.	11	Olivia Vetter	80' 7	Shanl
17.	11	Adisyn Schenck	77' 5	West
18.	11	Maddie Eisenlohr	75' 8 PR	Fargo
19.	10	Lexi Terhark	73' 0	West
20.	8	Abby Baker	69' 7	Red R
21.	11	Vivienne Heidt	64' 5	West
22.	12	Anna Guttormson	62' 5	Fargo
23.	11	McKenzie Menschel	60' 9 SR	West
24.	10	Makenna Braun	59' 3 PR	West
25.	9	Emma Stevenson	59' 2	Grand
26.	11	Jillian Bearinger	56' 7	West
27.	10	Alyssa Berger	54' 6	Grand
28.	10	Skye Boyer	47' 8 PR	Grand
29.	11	Dree Zeiszler	37' 4	West
30.	12	Abigail Evensen	34' 4	Fargo
31.	9	Audrey Lindquist	33' 7	Grand
	12	Abuk Akech	DNS	Davie
	12	Sydney Quibell	DNS	Fargo
	9	Ashtyn Auch	DNS	Grand

High Jump Varsity - Finals

1.	11	Linnea Axtman	5' 3	Davie
2.	10	Lauryn Rydell	5' 1 SR	Red R
3.	12	Lander Friederichs	4' 11	Shanl
4.	9	Sannie Yeanay	4' 11 PR	West
5.	11	Haleigh Cleem	4' 9	Moorh
6.	12	Roxy Fish	4' 9	Red R
7.	10	Maci Wheeldon	4' 9	Davie
8.	10	Mallory Docktor	4' 7	West
9.	12	Amy Kringlie	4' 5	Davie
10.	11	Ellie Moser	4' 5	Davie
11.	9	Emily Arnold	4' 3	Grand
12.	9	Mirabelle Enz	4' 3 PR	Moorh

10.	12	Glen Erickson	111' 0		Gran
11.	11	Kaleb Vliem	110' 4		Davie
12.	12	Jaydon Coley	108' 8	PR	Moor
13.	10	Elinneus Davis	105' 5	PR	Moor
14.	12	Simon Bowden	104' 5		Shan
15.	12	Sam Sather	102' 10		Red R
16.	11	Owen Casas	101' 7		West
17.	11	Jacob Kirkeby	100' 0		West
18.	9	Tatum Vanyo	99' 11		Gran
19.	12	Braeden Bloch	99' 6		Shan
20.	12	Adam Clute	98' 3		West
21.	12	Alejandro Lopez	97' 3		Gran
22.	11	Logan Herring	96' 11	PR	West
23.	12	William Gay	95' 6		West
24.	11	Nathaniel Schuster	95' 0		West
25.	9	Connor Manske	94' 10		West
26.	12	Isaac Murphy	92' 8	PR	West
27.	10	Zac Kuznia	90' 11		Gran
28.	12	Benjamin Dahl	90' 4	PR	Fargo
29.	8	James Walters	90' 1		Red R
30.	9	Brian Schaan	89' 9		Shan
31.	12	Logan Haskamp	88' 2		Gran
32.	10	Hudson Kilgore	87' 10		Red R
33.	12	Marshal Buelow	87' 6		Red R
34.	12	Tommy Do	85' 7		Fargo
35.	10	Dylan Carlquist	84' 0		Shan
36.	11	Kevin Nguyen	80' 10	PR	West
37.	10	Patrick Rach	80' 8		Fargo
38.	11	Trace Olson	77' 10	SR	Shan
39.	9	Mato Greywind	76' 10	PR	Fargo
40.	10	Tyler Christianson	74' 6		Fargo

Javelin - 800g Varsity - Finals

1.	10	Eli Hayes	152' 1	PR	Davie
2.	12	Evan Miller	144' 1	PR	Davie
3.	12	Carson Bollinger	131' 4	PR	Davie
4.	12	Kc Ortiz	128' 5	PR	West
5.	12	Matt Fischer	127' 6	PR	West
6.	12	Simon Bowden	124' 0		Shan
7.	12	Adam Clute	122' 11	PR	West
8.	12	Reagan Greff	122' 0		Davie
9.	12	Evin Birnbaum	120' 4	SR	West
10.	10	Brennan Palmer	119' 6		Davie
11.	8	James Walters	119' 6		Red R
12.	11	Dylan Feldner	116' 6		Davie
13.	12	Glen Erickson	116' 6	PR	Gran
14.	12	Andrew Paustian	116' 6		Davie
15.	10	Cooper Schweigert	114' 11		Red R
16.	8	Cameron Klefstad	113' 3		Red R
17.	10	Nathan Piseno	107' 4		Red R
18.	10	Hudson Kilgore	106' 10		Red R
19.	9	Cameron Ahlers	106' 6	PR	Shan
20.	12	Isaac Murphy	106' 3	PR	West
21.	11	Lane Stevens	102' 0	PR	Gran
22.	10	Bryce Cain	99' 1	PR	West
23.	11	Owen Casas	98' 5		West
24.	11	Sam Ruona	95' 11		West
25.	12	Landon Allex	91' 8		Shan
26.	11	Trace Olson	91' 7	PR	Shan
27.	12	Braeden Bloch	89' 3		Shan
28.	12	Benjamin Dahl	87' 5		Fargo
29.	11	Logan Herring	85' 5		West
30.	9	Mato Greywind	73' 9	PR	Fargo

13.	9	Micah Sander	4' 3		West
13.	9	Hanna Hoff	4' 3		Davie
13.	7	Josie Fish	4' 3		Red R
16.	9	Jillian Schwindt	4' 3	PR	Moorh
17.	9	Sydney Schweyen	4' 1		West
17.	9	Chaylee Krsnak	4' 1	PR	Moorh
	10	Erin Sorum	DNS		Fargo
	11	Alana Schafer	DNS		West
	8	Wren James	DNS		Fargo
	11	Zoey Schlader	DNS		West
	11	Elvinell Fofanah	DNS		West
	10	Leziga Kpeenu	NH		West
	9	Andrina Anderson	NH		Moorh
	10	Catherine Francis	NH		West

Pole Vault Varsity - Finals

1.	12	Taylor Lee	9' 9	PR	West
2.	9	Onya Kretchman	9' 3	PR	Davie
3.	9	Halle Braaflat	8' 9		Davie
4.	10	Ellie Feeney	8' 9		Moorh
5.	11	Katelyn Barth	8' 9	PR	Davie
6.	12	Jessie Haman	8' 3		Davie
7.	9	Emery Aasen	7' 9	PR	West
8.	12	Allison Sterling	7' 9		West
9.	12	Jasmine Thayer	7' 3	SR	Moorh
10.	10	Nora Daub	7' 3		Davie
11.	9	Emma Nelson	7' 3	PR	West
12.	12	Elizabeth Stokke	6' 9		Red R
12.	10	Taylor Tang	6' 9		West
12.	11	Isabelle Snyder	6' 9		Shanl
15.	9	Courtney Haberer	5' 9	PR	Moorh
15.	10	Ashley Nguyen	5' 9		West
17.	10	Camille Finney	5' 9		Granc
	11	Erin Mueller	DNS		West
	10	Saree Wadeson	DNS		West
	9	Marisa Sleath	NH		West

Long Jump Varsity - Finals

1.	12	Laiken Sturn	18' 3.5	PR	West
2.	10	Cece Deebom	17' 11.5		Davie
3.	12	Taylor Lee	16' 2.5	PR	West
4.	11	Ava Wild	15' 11.5	PR	Davie
5.	12	Ava Olson	15' 7		Davie
6.	12	Azure Ries	15' 6.5	SR	Shanl
7.	11	Nina Hage	15' 3.5		Davie
8.	11	Erin Mueller	14' 7	SR	West
9.	10	Taya Samek	14' 6		West
10.	10	Claire Steiner	14' 5	PR	Moorh
11.	12	Roxy Fish	14' 1.25		Red R
12.	10	Katryna Hansen	14' 1		Moorh
13.	11	Paige Harry	14' 1		West
14.	9	Lauren Swanson	13' 9.5		Red R
15.	11	Emma Boe	13' 9	PR	Red R
16.	11	Haleigh Cleem	13' 6.5		Moorh
17.	10	Alexa Tweeter	13' 6.5	PR	Moorh
18.	7	Josie Fish	13' 3.5		Red R
19.	10	Tryphena Duncan	13' 2.5		West
20.	12	Annika Werlinger	12' 11.5		Moorh
21.	11	Jacquelyn Dufner	12' 10.5		West
22.	11	Isabelle Snyder	12' 8		Shanl
23.	9	Micah Sander	11' 11		West

31.	9	Spencer Johnson	54' 8 PR	Fargo
	10	Zachary Thomasson	DNS	Fargo
	9	Tatum Vanyo	DNS	Gran
	11	Samuel VonBank-Hoye	DNS	West

High Jump Varsity - Finals

1.	11	Jamal Dixon	6' 0	Moor
2.	12	Peyton Kessel	6' 0 PR	Fargo
3.	9	Dylan Zimmerman	5' 10 PR	Moor
4.	10	Carter Byron	5' 10 PR	Red R
5.	11	Zunekia Diamond McGill	5' 8 PR	Fargo
6.	12	Wythe Rynestad	5' 8	Gran
7.	10	Luke Berge	5' 6 PR	Davie
8.	10	Dylan Beyl	5' 6	West
9.	10	Kasen Baer	5' 6	West
10.	12	Carter Stinson	5' 6	Red R
11.	12	Axel Navarro	5' 2	West
12.	9	Ben Strand	5' 2	Red R
12.	12	Gadi Ntirandekura	5' 2	Fargo
12.	9	Erick Paye	5' 2	Gran
15.	11	Kaden Braaflat	5' 2	Davie
	11	Dorien Tarley	DNS	West
	11	Michael Nhial	DNS	West
	9	Treyton Hoffert	DNS	Fargo
	12	Hamza Ahmed	DNS	West
	10	Jonah Dafoe	DNS	Red R
	12	Zach Mitzel	NH	Davie
	9	DJ Smith	NH	Moor
	10	Rylan Larson	NH	Moor
	10	Darby Olson	NH	West
	9	Aiden Herz	NH	Fargo
	9	Angel Lopez	NH	Gran
	9	Cedric Taylor	NH	West
	8	Pearce Parks	NH	Red R
	10	Jaden Griffin	NH	Moor
	10	Luke Hollcraft	NH	Shan

Pole Vault Varsity - Finals

1.	12	Jak Urlacher	15' 0 PR	Gran
2.	12	Erik Ault	11' 0	West
3.	12	Jakob Stevenson	11' 0 PR	Gran
3.	12	Andrew Martodam	11' 0	Davie
5.	12	Ryan Barth	11' 0	Davie
6.	9	Connor Manske	10' 6	West
6.	11	Bradley Bertsch	10' 6	West
8.	9	Thomas Schreiner	10' 0 PR	Davie
8.	12	Michael Post	10' 0 PR	Gran
10.	-	Erik Walker	10' 0 PR	Moor
10.	11	Taiton Axtman	10' 0	Davie
12.	12	Landon Allex	9' 0 PR	Shan
12.	12	Collin Allan	9' 0	Gran
14.	12	Cade Schneeberger	9' 0	West
15.	10	Zachary Thomasson	9' 0	Fargo
16.	9	Rune Stroh	8' 0 PR	Fargo
16.	9	Jacob Wood	8' 0 PR	Red R
16.	9	George Hanesgard	8' 0	Fargo
16.	11	Austin Biwer	8' 0 PR	West
16.	10	Grant Ivesdal	8' 0	Davie
21.	10	Max McCarthy	8' 0 PR	Red R
	12	Jack Cella	DNS	Moor
	-	Tyler Grabowska	DNS	Moor
24.	9	Tennasyn Henry	11' 0 PR	Grand
	11	Elvinell Fofanah	DNS	West
	12	Taylar Baker	ND	Grand
	12	Kiernan Darling	ND	Fargo
	12	Ella Fosse	ND	Red R
	12	Ellen Donat	ND	Davie

Long Jump Junior Varsity - Finals

1.	9	Onya Kretchman	15' 5.75	Davie
2.	11	Katelyn Barth	14' 11.5 PR	Davie
3.	9	Halle Braaflat	14' 6 PR	Davie
4.	9	Jane Donat	14' 3	Davie
5.	12	Bria Fiebiger	13' 10.5	Davie
6.	9	Erika Miller	13' 1	Davie
7.	12	Allison Sterling	12' 8 PR	West
8.	9	Maggie Peters	12' 6 PR	Moorh
9.	9	Carley Hoff	12' 3	Davie
10.	11	Alyshia Carlson	12' 3 SR	Moorh
11.	9	Sam Laid	11' 10.5 PR	Moorh
12.	9	Courtney Haberer	11' 8.25 PR	Moorh
	12	Chloe Strom	DNS	Moorh
	10	Ellie Feeney	DNS	Moorh
	12	Angela Hoang	ND	West

Triple Jump Varsity - Finals

1.	11	Linnea Axtman	35' 0	Davie
2.	9	Cayla Sailer	34' 11.25	Davie
3.	12	Amy Kringlie	32' 1.5 PR	Davie
4.	12	Kiernan Darling	31' 5.75	Fargo
5.	12	Ella Fosse	31' 5	Red R
6.	11	Nina Hage	31' 4.25	Davie
7.	12	Brooke Thorsness	31' 4 PR	Fargo
8.	10	Alexis Olderbak	30' 6.25 PR	Moorh
9.	11	Paige Harry	30' 2.5	West
10.	10	Jillian Riley	29' 6.5	Grand
11.	12	Brietta Mullane	26' 10.25 PR	Grand
12.	10	Tryphena Duncan	26' 2.5	West
13.	10	Ellie Feeney	25' 7.75	Moorh
14.	10	Katryna Hansen	25' 2	Moorh
15.	12	Angela Hoang	24' 6	West
	12	Taylor Lee	DNS	West
	8	Wren James	DNS	Fargo
	12	Claire Lapp	DNS	Red R
	12	Ellen Donat	ND	Davie
	11	Zoie Krump	ND	Red R
	11	Emma Boe	ND	Red R
	12	Lauren Hillman	ND	Grand
	11	Alyshia Carlson	ND	Moorh
	9	Courtney Haberer	ND	Moorh

	9	Aaron Truong	DNS	Fargo
	9	Caleb Enger	DNS	Fargo
	9	Alex Paul	NH	Shan
	10	Soren Kaster	NH	West
	9	Zak Paul	NH	Shan
	10	Hudson Flom	NH	Red F

Long Jump Varsity - Finals

1.	12	Trehvon Montgomery	21' 3.75 PR	Fargo
2.	12	Carter Kochmann	20' 6 SR	Shan
3.	12	Austin Harmsen	20' 1.25 PR	Davie
4.	11	Jean Irumva	19' 10.5 PR	West
5.	11	Simon Haug	19' 5.25 PR	Red F
6.	12	Carter Stinson	19' 2.25	Red F
7.	12	Barika Kpeenu	19' 1 SR	West
8.	12	Gadi Ntirandekura	19' 0.25	Fargo
9.	9	Thomas Schreiner	18' 11.75	Davie
10.	9	Angel Lopez	18' 11 PR	Gran
11.	12	Renas Salman	18' 9.5 PR	Moor
12.	9	Grant Tschosik	18' 7.5 PR	Davie
13.	12	Wythe Rynestad	18' 5 SR	Gran
14.	11	Joe Williamson	18' 3.5	Gran
15.	10	Kasen Baer	18' 2.75	West
16.	10	Dylan Beyl	18' 2	West
17.	12	KJ Franklin	18' 1.5	West
18.	9	Ansu Komara	17' 11.5	Fargo
19.	12	Thomas Myers	17' 9.75	Moor
20.	9	Isaac Schumacher	17' 9	Davie
21.	12	Axel Navarro	17' 8.5	West
22.	10	Karson Wendt	17' 5 PR	Moor
23.	11	Zunekia Diamond McGill	17' 1.25	Fargo
24.	10	Darby Olson	17' 0	West
25.	12	Emmanuel Bargblor	16' 2 PR	Gran
26.	-	Maxwell Stenehjem	15' 5.25 PR	Moor
	10	Canon Connolly	DNS	Red F
	12	Alex Schill	DNS	Gran
	11	Abram Hall	DNS	Red F
	9	Joe Flaherty	DNS	Shan
	9	Treyton Hoffert	DNS	Fargo
	12	George Nyanforth	DNS	Moor
	10	Luke Hollcraft	DNS	Shan
	12	Morgan Hoefs	ND	Red F
	12	Henry Dennis	ND	Davie
	11	John Gores	ND	Shan

Long Jump Junior Varsity - Finals

1.	9	Jaden Middleton	16' 8.5 PR	Fargo
2.	8	Pearce Parks	15' 0.25	Red F
3.	10	Keaton Schwab	14' 9.5	Davie
4.	10	Grayson Geigle	14' 9 PR	Shan
5.	10	Emanuel Spiyee	14' 5.5	Fargo
6.	9	Levi Biewer	13' 11	Davie
7.	9	Zak Paul	11' 4.75	Shan
8.	9	Alex Paul	9' 8	Shan
	9	Caleb Enger	DNS	Fargo
	9	Aiden Wayne	ND	Davie

Triple Jump Varsity - Finals

1.	12	Sibomana Enock	44' 11 PR	Fargo
2.	12	George Nyanforth	43' 9 SR	Moor

3.	12	Peyton Kessel	41' 0.25 PR	Fargo
4.	11	Simon Haug	40' 3.5 PR	Red F
5.	10	Lukas Heydt	40' 1.25 PR	Red F
6.	12	Sam Kruger	39' 10.75	Red F
7.	9	Erick Paye	39' 1.5	Gran
8.	10	Dylan Beyl	39' 0.25 PR	West
9.	12	KJ Franklin	38' 10	West
10.	11	Joe Williamson	38' 9.25 PR	Gran
11.	10	Carter Byron	37' 8.75	Red F
12.	10	Darby Olson	37' 3.25 PR	West
13.	9	Jaden Middleton	36' 8.75 PR	Fargo
14.	9	Treyton Hoffert	35' 6.5	Fargo
15.	10	Canon Connolly	35' 4.25	Red F
16.	12	Emmanuel Bargblor	35' 3.5 PR	Gran
17.	9	Reis Kessel	35' 3 PR	Fargo
18.	10	Kasen Baer	34' 7 PR	West
19.	11	Nicholas Swanson	34' 1.75	Gran
20.	10	Jaden Griffin	32' 11.5 PR	Moor
	11	Michael Nhial	DNS	West
	12	Wythe Rynestad	ND	Gran
	-	Michael Haugo	ND	Moor
	12	Axel Navarro	ND	West

Triple Jump Junior Varsity - Finals

1.	10	Emanuel Spiyee	33' 6 PR	Fargo
2.	9	Aiden Herz	33' 5 PR	Fargo
	11	Abram Hall	DNS	Red F

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Athletic.net Team Results Management

Shanley Invitational

OFFICIAL RESULTS

Friday, April 30, 2021 Fargo South HS Track & Field Complex, Fargo

Mens Results

100 Meters Varsity - Finals

1.	11	Carson Hegerle	10.98a	PR	West Fargo
2.	12	Bakarr Fullah	11.07a	PR	Fargo South
3.	12	Jaden Compson	11.10a	PR	Valley City
4.	11	John Gores	11.33a		Shanley
5.	10	Ethan Raan	11.36a	PR	West Fargo Sheyenne
5.	12	Samuel Nyemah	11.36a	PR	Fargo North
7.	9	Peder Haugo	11.37a	PR	Fargo North
8.	12	Jacob Brosius	11.40a	PR	Fargo North
9.	10	James Gaden	11.44a		Fargo South
10.	12	Carter Kochmann	11.47a	PR	Shanley
11.	9	Ibrahim Bangura	11.54a	PR	West Fargo
12.	11	Gannon Brooks	11.58a	PR	Red River
13.	9	George Hanesgard	11.63a	PR	Fargo South
14.	11	Evan Mielke	11.65a	PR	Valley City
15.	10	Mason Reynolds	11.68a		Red River
16.	10	Charlie Biewer	11.72a	PR	Kindred
17.	12	KJ Franklin	11.79a	PR	West Fargo Sheyenne
18.	10	Isaac Nyenabo	11.82a	PR	West Fargo
19.	10	Aiden Bourke	11.83a	PR	Fargo South
20.	11	Calvin Alford-Hickman	11.88a		Fargo North
21.	10	Caleb Severson	11.90a	PR	Red River
22.	10	Jorgen Swenson	11.92a	PR	Kindred
23.	12	Tyler Ulrich	12.02a	PR	Red River
24.	12	Terry Carter	12.05a		West Fargo
25.	10	Colton Schneider	12.12a		Devils Lake
26.	12	Jacob Vaagen	12.13a		Devils Lake
27.	10	Austin Kraft	12.31a	PR	Devils Lake
28.	10	Sam Enget	12.54a	PR	Devils Lake
29.	10	Luke Hollcraft	12.59a	PR	Shanley
30.	9	Jackson Lange	12.71a	PR	Kindred
31.	12	Luke Wendel	13.00a	SR	Valley City
32.	9	Ryaan Alshami	13.27a	PR	Grand Forks Central
33.	10	Haden Richards	13.30a		Grand Forks Central
34.	9	Andrew Schmidt	13.36a		Grand Forks Central
35.	10	Cort McDonald	13.43a	PR	Kindred
	12	Abraham Kollie	DNS		West Fargo Sheyenne
	9	Carter Borg	DNS		Valley City
	12	Wythe Rynestad	DNS		Grand Forks Central

200 Meters Varsity - Finals

1.	12	Bakarr Fullah	22.68a	PR	Fargo South
2.	11	Carson Hegerle	22.95a		West Fargo
3.	12	Trehvon Montgomery	23.28a	PR	Fargo South
4.	12	Samuel Nyemah	23.44a	PR	Fargo North
5.	11	Austin Shape	23.60a		Valley City

Womens Results

100 Meters Varsity - Finals

1.	8	Kate Laqua	12.44a	PR	Davies
2.	10	Michaela Nesius	12.45a	PR	Davies
3.	9	Paige Renschler	12.88a	PR	Shanley
4.	12	Brooke Thorsness	13.04a		Fargo South
5.	7	Michelle Gee	13.17a	PR	West Fargo
6.	8	Gabby Tangedal	13.18a	PR	Devils Lake
7.	10	Alimath Salou	13.22a	PR	Davies
8.	7	Noelle Friederichs	13.28a	PR	Shanley
9.	12	Elizabeth Schanilec	13.32a		Midway/Minto
10.	11	Nina Hage	13.41a	PR	Davies
11.	12	Kenady Slominski	13.44a	PR	Midway/Minto
12.	10	Saree Wadeson	13.48a	PR	West Fargo Sheyenne
13.	9	Jordis Maxwell	13.54a	PR	Fargo South
14.	10	Annika McCarthy	13.68a		Devils Lake
15.	10	Leziga Kpeenu	13.83a	PR	West Fargo Sheyenne
16.	9	Leah Meyer	13.89a	PR	Shanley
17.	11	Tina Freier	13.92a	PR	Kindred
18.	10	Jennifer Klundt	13.95a	PR	Fargo North
19.	11	Grace Miller	13.99a	SR	Fargo North
20.	12	Noella Akech	14.01a		West Fargo Sheyenne
21.	9	Samantha Melling	14.04a	PR	West Fargo
22.	10	Erin Sorum	14.05a	PR	Fargo South
23.	10	Catherine Francis	14.10a	PR	West Fargo Sheyenne
24.	-	Riley Giere	14.31a	PR	Fargo South
25.	9	Hadley Thoreson	14.36a	PR	Valley City
26.	11	Jenna Gerhardt	14.37a	PR	Devils Lake
27.	11	Zoey Schlader	14.38a		West Fargo
28.	9	Cassidy Murphy	14.43a		Kindred
28.	12	Theresa Davis	14.43a		West Fargo
30.	12	Brianna Filson	14.45a	SR	Grand Forks Central
31.	10	Sierra Heyd	14.49a		Grand Forks Central
32.	10	Reagan Carlson	14.50a	PR	Fargo North
33.	11	Ava Olson	14.51a	PR	Kindred
34.	7	Raya Dobbs	14.54a	PR	Fargo North
35.	11	Brynna Lautt	14.61a	PR	Red River
36.	11	Kalin Lachowitzer	14.67a		Kindred
37.	9	Hailey Clark	14.92a	PR	Grand Forks Central
38.	11	Nura Kroeger	15.07a	PR	Red River
39.	10	Terra Beardemphl	15.18a	PR	Grand Forks Central
40.	11	Morgan Jenner	15.63a	PR	Valley City
41.	10	Brynna Young	15.93a	PR	Red River
42.	9	Dana Chahal	16.04a	PR	Red River
	10	Haley Von Bank	DNS		Shanley
	11	Grace Struble	DNS		Valley City

200 Meters Varsity - Finals

1.	9	Paige Renschler	26.80a	PR	Shanley

6.	11	Evan Mielke	23.69a PR		Valley City
7.	9	Peder Haugo	23.71a PR		Fargo North
8.	11	Gannon Brooks	23.71a PR		Red River
9.	10	James Gaden	23.93a PR		Fargo South
10.	11	Brady Duttenhefer	23.96a		West Fargo Sheyenne
11.	10	Charlie Biewer	24.00a		Kindred
12.	12	Peyton Kessel	24.03a		Fargo South
13.	11	Dallas Bachmeier	24.27a PR		Fargo North
14.	10	Isaac Nyenabo	24.56a PR		West Fargo
15.	12	Eli Heinrich	24.56a PR		Kindred
16.	11	Calvin Alford-Hickman	24.68a		Fargo North
17.	10	Sam Enget	25.27a PR		Devils Lake
18.	10	Jorgen Swenson	25.68a		Kindred
19.	12	Ted Tchomakhidze	25.81a		Red River
20.	9	Cameron Schartzwalter	25.86a PR		Kindred
21.	10	Grayson Geigle	26.35a PR		Shanley
22.	9	Nathan Andrews	26.41a PR		Shanley
23.	9	Carter Borg	27.06a PR		Valley City
24.	10	Nathan Ziegler	27.06a		Devils Lake
25.	9	Evan Richard	27.25a PR		Kindred
26.	9	Andrew Schmidt	27.64a		Grand Forks Central
27.	9	Landon Kurtz	27.77a PR		Devils Lake
28.	10	Haden Richards	27.88a PR		Grand Forks Central
29.	9	Amadou Jallow	30.70a PR		Devils Lake
	10	Ethan Raan	DNS		West Fargo Sheyenne

400 Meters Varsity - Finals

1.	11	Parker Nelson	53.20a SR		West Fargo
2.	12	Carson Dean	54.29a		Shanley
3.	11	Brady Duttenhefer	54.35a PR		West Fargo Sheyenne
4.	10	Eli Svenby	54.55a PR		West Fargo
5.	11	Gannon Brooks	54.80a		Red River
6.	10	Tristan Quibell	55.39a		Fargo South
7.	11	Jon Geske	56.38a		Fargo North
8.	11	Alex Flores	56.87a		Fargo North
9.	11	Zunekia Diamond McGill	57.11a		Fargo South
10.	12	Daniel Jones	57.27a SR		Fargo North
11.	10	Sam Enget	58.07a		Devils Lake
12.	9	Grant Hoffarth	58.20a		Red River
13.	11	Tristan Kramlich	59.04a		Fargo North
14.	11	Emmett Sum	59.33a		Grand Forks Central
15.	9	Ahmed Al Zenad	59.54a PR		West Fargo
16.	9	Nathan Andrews	59.98a PR		Shanley
17.	10	Finn Jackson	1:00.09a		Grand Forks Central
18.	9	Treyton Hoffert	1:00.41a		Fargo South
19.	9	Jack Davis	1:01.19a		Kindred
20.	9	Noah Sauvageau	1:02.09a PR		Kindred
21.	12	Dylan Narum	1:02.26a		Red River
22.	11	Wayne Costilla	1:02.53a PR		Grand Forks Central
23.	12	Jacob Edgerley	1:02.65a		Kindred
24.	11	Nicholas Swanson	1:03.18a		Grand Forks Central
25.	12	Om Panda	1:03.30a		Red River
26.	9	Jackson Lange	1:04.06a PR		Kindred
27.	11	Collin Lee	1:05.70a PR		Devils Lake
	9	Chase Kjervestad	DNS		West Fargo
	11	Soren Bartell	DNS		Fargo North
	9	Nate Shorma	DNS		West Fargo Sheyenne
	9	George Hanesgard	DNS		Fargo South
	12	Brayden Gerhardt	DNS		Devils Lake

2.	10	Annika McCarthy	27.22a SR		Devils Lake
3.	12	Elizabeth Schanilec	27.26a SR		Midway/Minto
4.	12	Brooke Thorsness	27.33a		Fargo South
5.	8	Gabby Tangedal	27.38a PR		Devils Lake
6.	7	Michelle Gee	27.63a PR		West Fargo
7.	11	Erin Mueller	27.70a PR		West Fargo Sheyenne
8.	12	Kenady Slominski	27.83a		Midway/Minto
9.	7	Noelle Friederichs	27.86a PR		Shanley
10.	10	Ashley Wacha	27.95a PR		Davies
11.	10	Saree Wadeson	28.00a PR		West Fargo Sheyenne
12.	12	Brooklyn Kelsch	28.26a PR		Shanley
13.	12	Kylie Severson	28.38a PR		Red River
14.	12	Taylar Baker	28.54a SR		Grand Forks Central
15.	12	Ava Olson	28.74a PR		Davies
16.	9	Leah Meyer	28.76a PR		Shanley
17.	11	Taylor Tedford	28.84a PR		Fargo North
18.	11	Tina Freier	28.97a PR		Kindred
19.	10	Alimath Salou	28.97a		Davies
20.	10	Leziga Kpeenu	29.33a		West Fargo Sheyenne
21.	9	Jordis Maxwell	29.41a		Fargo South
22.	9	Ella Nelson	29.44a		West Fargo
23.	7	Raya Dobbs	29.46a PR		Fargo North
24.	9	Isabella Tangedal	29.72a PR		Devils Lake
25.	10	Callie Baukol	29.74a PR		Fargo South
26.	12	Noella Akech	29.91a		West Fargo Sheyenne
27.	10	Jillian Riley	29.96a SR		Grand Forks Central
28.	9	Hadley Thoreson	30.32a PR		Valley City
29.	11	Ava Olson	30.45a PR		Kindred
30.	9	Katelyn Rott	30.86a		West Fargo
31.	11	Brynna Lautt	31.25a		Red River
32.	9	Chaylee Hewson	31.40a PR		Devils Lake
33.	9	Jadyn Chakua	31.61a PR		Fargo North
34.	9	Hailey Clark	32.20a		Grand Forks Central
35.	9	Cassidy Murphy	32.46a		Kindred
36.	10	Jasmine Thomas	32.51a PR		Grand Forks Central
37.	10	Brynna Young	35.46a		Red River
	12	Ellen Donat	DNS		Davies
	11	Anna Berg	DNS		Kindred

400 Meters Varsity - Finals

1.	9	Avary Fitzpatrick	1:01.29a PR		West Fargo Sheyenne
2.	8	Greta Goven	1:03.15a PR		Valley City
3.	9	Ashton Safranski	1:03.75a PR		Davies
4.	8	Grace Thiel	1:04.07a PR		Fargo North
5.	12	Elizabeth Schanilec	1:05.07a		Midway/Minto
6.	11	Kiya McLaurin	1:05.64a PR		Devils Lake
7.	8	Nora Fluge	1:06.63a PR		Fargo North
8.	8	Grayce Anderson	1:06.70a		Fargo North
9.	9	Ava Graf	1:08.25a PR		Davies
10.	10	Callie Baukol	1:08.30a PR		Fargo South
11.	10	Sierra Heyd	1:10.95a		Grand Forks Central
12.	9	Chaylee Hewson	1:12.11a		Devils Lake
13.	9	Katelyn Rott	1:12.98a PR		West Fargo
14.	7	Josie Fish	1:14.22a PR		Red River
15.	10	Hallie Fritel	1:14.58a		Devils Lake
16.	9	Tamsyn Nantaba	1:15.33a PR		Fargo South
17.	11	Morgan Jenner	1:17.50a PR		Valley City
18.	9	Olivia Solhjem	1:19.59a		Kindred
19.	9	Emily Arnold	1:20.00a PR		Grand Forks Central
20.	9	Dana Chahal	1:20.58a		Red River
21.	10	Brynna Young	1:23.22a		Red River
22.	9	Tennasyn Henry	1:26.67a		Grand Forks Central

800 Meters Varsity - Finals

1.	12	Caaden Rath	2:04.73a	PR	Kindred
2.	11	Gabe Sagvold	2:06.20a		Fargo North
3.	9	Owen Sondag	2:06.91a		Fargo North
4.	11	Lane Dullum	2:07.02a		West Fargo
5.	12	Emmett Kenney	2:08.89a		Shanley
6.	10	Matt Rongitsch	2:10.15a	PR	Red River
7.	12	Gabriel Houle	2:10.30a	PR	Devils Lake
8.	9	Isaiah Robles	2:15.13a		West Fargo Sheyenne
9.	11	Tanner Schiller	2:17.62a		Red River
10.	10	Noah Yahnke	2:17.82a	PR	West Fargo
11.	10	Omar Aly Ahmed	2:18.09a		Fargo South
12.	10	Jeremiah Dockter	2:18.11a		Kindred
13.	9	Joe Flaherty	2:18.24a	PR	Shanley
14.	9	Curtis Sande	2:19.22a		Grand Forks Central
15.	11	Jack Olson	2:19.89a		Kindred
16.	10	Charley Larson	2:20.63a		Fargo South
17.	10	Elijah Pederson	2:21.01a		Fargo North
18.	12	Matthew Pearson	2:22.98a	PR	Kindred
19.	10	Jake Jenkins	2:24.98a	PR	Red River
20.	10	Tyler Goss	2:27.16a	PR	Devils Lake
21.	9	David Radke	2:27.26a		Red River
22.	12	Blake Nelson	2:28.68a		Shanley
23.	10	Simon Pryor	2:30.92a		Fargo North
24.	12	Cole Marinucci	2:32.88a		West Fargo
25.	9	Caden Willows	2:36.18a		West Fargo
26.	10	Gabriel Little Dog	2:36.57a		Valley City
27.	10	Dustyn Olsen	2:38.21a		West Fargo Sheyenne
28.	10	Parker Liedahl	2:38.43a	PR	Fargo South
29.	10	Malcom Stubbe	2:40.93a		Devils Lake
30.	11	Gunnar Moody	2:43.73a	PR	Fargo South
31.	11	Collin Lee	2:49.08a		Devils Lake
32.	11	Aaron Kotta	2:58.04a	PR	Valley City

1600 Meters Varsity - Finals

1.	10	Matt Rongitsch	4:41.12a		Red River
2.	10	Tyler Goss	4:58.36a		Devils Lake
3.	9	Curtis Sande	5:02.00a	PR	Grand Forks Central
4.	9	Jeb Gossett	5:02.61a		Fargo North
5.	12	Abdirahman Ali	5:03.57a		Red River
6.	10	Simon Pryor	5:04.17a	PR	Fargo North
7.	10	Noah Yahnke	5:04.21a		West Fargo
8.	10	Jesse Olsen	5:09.57a	SR	West Fargo Sheyenne
9.	10	Jake Jenkins	5:10.27a		Red River
10.	12	Cael Lorenz	5:11.20a		Grand Forks Central
11.	9	David Radke	5:18.84a	PR	Red River
12.	11	Noah Geffre	5:19.41a	PR	Shanley
13.	8	Isaac Amundson	5:21.35a	PR	West Fargo
14.	10	Elijah Pederson	5:23.23a		Fargo North
15.	11	Evan Watkin	5:31.98a		Fargo North
16.	11	Oliver Dietz	5:36.61a	PR	West Fargo Sheyenne
17.	12	Cole Marinucci	5:40.76a	PR	West Fargo
18.	10	Dustyn Olsen	5:47.65a		West Fargo Sheyenne
19.	10	Malcom Stubbe	5:49.64a		Devils Lake
20.	10	Gabriel Little Dog	5:53.71a	PR	Valley City
21.	10	Parker Liedahl	5:57.58a		Fargo South
22.	9	Jordan Haakenson	6:03.79a	PR	Kindred
23.	11	Collin Lee	6:19.08a		Devils Lake
	10	Omar Aly Ahmed	DNS		Fargo South

800 Meters Varsity - Finals

1.	11	Anna Lien	2:26.31a		Fargo North
2.	11	Anna Bernhardt	2:30.45a	SR	Shanley
3.	9	Reagan Berg	2:30.82a		Valley City
4.	8	Mya Mannausau	2:37.59a	PR	Red River
5.	12	Eden Smith	2:37.97a		West Fargo Sheyenne
6.	11	Emily Klaman	2:38.47a	PR	West Fargo
7.	12	Gracia Larsen-Schmidt	2:41.14a		Red River
8.	10	Bryn Donaldson	2:41.64a		Davies
9.	9	Cadence Modin	2:41.74a	PR	Davies
10.	7	Kinley Steckler	2:41.76a	PR	Davies
11.	9	Gabrielle McLaurin	2:42.49a		Devils Lake
12.	10	Brooke Everson	2:43.12a		Davies
13.	12	Avery Murray	2:43.22a	SR	Valley City
14.	12	Addison Hammes	2:43.31a		Fargo North
15.	11	Campbell Dorsey	2:44.14a		Red River
16.	12	Nora Berry	2:45.39a	PR	Grand Forks Central
17.	11	Liv Berger	2:47.28a		Fargo South
18.	10	Joslyn Jackson	2:49.05a	PR	West Fargo
19.	8	Rylie Lelm	2:50.44a		Red River
20.	9	Aria Kindseth	2:50.46a		Grand Forks Central
21.	9	Ellen Berry	2:52.51a	PR	Grand Forks Central
22.	9	Mallory Strand	2:53.39a	PR	Shanley
23.	12	Lauren Fitch	2:53.40a		Kindred
24.	11	Kiley Craft	2:53.63a		Shanley
25.	10	Carly Goven	2:54.18a		Valley City
26.	12	Paige Erbstoesser	2:54.29a	SR	West Fargo
27.	9	Danica Rath	2:54.40a	PR	Kindred
28.	10	Elizabeth Solhjem	2:54.63a	PR	Kindred
29.	10	Hallie Fritel	2:54.84a		Devils Lake
30.	12	Hannah Johnson	2:55.38a		Fargo North
31.	8	Claire Bartell	2:55.41a		Fargo North
32.	11	Paris Cronin	2:55.55a	PR	Fargo South
33.	11	Jerzay Bachmeier	2:55.60a		West Fargo
34.	12	Helen Nudell	2:55.64a		Kindred
35.	-	Ella Roehl	3:02.27a		Fargo South

1600 Meters Varsity - Finals

1.	12	Gracia Larsen-Schmidt	5:33.08a		Red River
2.	10	Marie Derenne	5:36.23a	PR	Grand Forks Central
3.	7	Kinley Steckler	5:42.11a	PR	Davies
4.	9	Claire Hynek	5:48.30a	SR	Grand Forks Central
5.	10	Brooke Everson	5:52.07a	SR	Davies
6.	10	Emily Nelson	5:52.37a		Red River
7.	10	Brooklyn Champagne	5:58.29a		Fargo North
8.	10	Bayley Scott	6:02.96a		Davies
9.	10	Kayla Britsch	6:05.19a		Devils Lake
10.	10	Joslyn Jackson	6:06.11a		West Fargo
11.	8	Rylie Lelm	6:09.78a		Red River
12.	12	Janae Phillips	6:13.13a		Davies
13.	11	Kiley Craft	6:16.80a		Shanley
14.	7	Lucy Grothmann	6:17.18a	PR	Shanley
15.	12	Paige Erbstoesser	6:17.79a	SR	West Fargo
16.	7	Kami Dean	6:18.27a	PR	Shanley
17.	8	Claire Bartell	6:19.00a	PR	Fargo North
18.	10	Lindsey Anderson	6:25.27a	SR	West Fargo
19.	12	Hannah Johnson	6:26.91a	SR	Fargo North
20.	8	Kathryn Sticka	6:27.63a		Fargo South

3200 Meters Varsity - Finals

1.	10	Brady Goss	10:18.08a	PR	Devils Lake
2.	11	Justin Smith	10:32.48a	SR	West Fargo
3.	11	Ethan Schaffer	10:34.69a	SR	Kindred
4.	10	Cole Campbell	10:45.25a	PR	Kindred
5.	10	Matt Evans	10:52.92a		Red River
6.	11	Carter Ferber	10:55.50a		West Fargo Sheyenne
7.	9	Micah Larsen-Schmidt	10:55.91a	PR	Red River
8.	11	Lincoln Retzlaff	11:06.71a	PR	West Fargo
9.	10	Grant Lelm	11:11.44a	PR	Red River
10.	9	Cooper Clouse	11:15.49a	PR	West Fargo Sheyenne
11.	10	Levi Rossman	11:25.46a	PR	West Fargo
12.	9	Keaton Olson	11:32.35a	PR	Kindred
13.	11	Jack Thiel	11:34.39a	PR	Fargo North
14.	7	Quinn Carroll	11:37.36a		Shanley
15.	12	Michael Toy	11:38.14a	PR	West Fargo Sheyenne
16.	9	Brody Black	12:07.41a		West Fargo Sheyenne
17.	11	Noah Geffre	12:33.22a	SR	Shanley
18.	9	Ben Miller	12:34.97a		Kindred
19.	12	Charlie Hapka	13:01.43a		Shanley
20.	11	Gunnar Moody	13:22.94a		Fargo South
	12	Abdirahman Ali	DNS		Red River
	9	Owen Sondag	DNS		Fargo North
	12	Tucker Vasichek	DNS		Grand Forks Central

110m Hurdles - 39" Varsity - Finals

1.	12	Jared Eggermont	15.27a		Valley City
2.	10	Trey Heinrich	15.85a	PR	Kindred
3.	12	Eli Heinrich	16.08a	PR	Kindred
4.	12	Courage David	16.89a		West Fargo
5.	9	Reis Kessel	16.97a		Fargo South
6.	11	Steven Edwards	17.21a	PR	West Fargo
7.	11	Caleb Klabunde	17.52a		Kindred
8.	8	Trey Knoke	17.62a		Fargo North
9.	10	Will Lacher	17.62a	PR	Fargo South
10.	11	Nicholas Gentile	18.14a	PR	Grand Forks Central
11.	10	Soren Kaster	18.88a	PR	West Fargo Sheyenne
12.	11	Isaac Schall	19.07a		Red River
13.	10	James Weninger	19.11a		Fargo North
14.	9	Anthony Alonzo	20.61a		West Fargo
15.	10	Charlie Anderson	20.79a		Fargo North
16.	10	Blake Wanner	20.80a		Fargo North

300m Hurdles - 36" Varsity - Finals

1.	12	Jared Eggermont	41.14a	PR	Valley City
2.	10	Trey Heinrich	42.29a	PR	Kindred
3.	12	Eli Heinrich	42.41a	PR	Kindred
4.	12	Trehvon Montgomery	43.13a	PR	Fargo South
5.	12	Courage David	44.05a	PR	West Fargo
6.	10	Tristan Quibell	45.02a		Fargo South
7.	10	Will Lacher	45.35a		Fargo South
8.	11	Steven Edwards	46.02a		West Fargo
9.	9	Grant Hoffarth	46.23a		Red River
10.	9	Angel Lopez	46.71a	PR	Grand Forks Central
11.	10	Finn Lynch	47.16a	PR	Fargo North
12.	8	Trey Knoke	47.58a		Fargo North
13.	9	Joe Flaherty	48.60a		Shanley
14.	11	Isaac Schall	48.81a		Red River
21.	9	Katelyn Stern	6:28.11a	PR	Grand Forks Central
22.	-	Ella Roehl	6:36.52a		Fargo South
23.	11	Sophie Lachance	6:44.49a		Red River
24.	9	Coral Heyd	6:57.71a		Grand Forks Central
25.	9	Lindsey Reeder	7:04.94a		Fargo South
	8	Olivia Hammes	DNS		Fargo North
	12	Emma Rieger	DNS		Fargo South

3200 Meters Varsity - Finals

1.	11	Elle Sondag	11:50.92a	PR	Fargo North
2.	10	Jordan Knudsvig	11:54.37a	PR	West Fargo
3.	9	Peyton Gette	12:00.68a	SR	Kindred
4.	11	Kaelyn Berg	12:04.56a	SR	West Fargo
5.	7	Brooklyn Herrick	12:07.69a		West Fargo Sheyenne
6.	9	Ally Goodmanson	12:10.06a	PR	Kindred
7.	9	Olivia Heilman	12:15.95a		West Fargo Sheyenne
8.	12	Grace Dorsher	12:43.10a		Fargo North
9.	8	Katie Uhlir	13:03.81a	PR	Grand Forks Central
10.	11	Alice Bauroth	13:06.18a	SR	Fargo South
11.	11	Molly Campbell	13:29.82a	SR	Davies
12.	11	Trinity Kilde	13:30.73a	SR	Davies
13.	8	Brooke Dorsey	13:34.54a	PR	Red River
14.	11	Morgan Reeder	13:34.77a	PR	Fargo South
15.	11	Narria Neubert	13:43.72a	PR	Red River
16.	12	Madeline Stroud	13:52.40a	PR	Davies
17.	12	Kendal Bloom	13:57.39a	PR	Davies
18.	10	Elizabeth Simon	14:30.28a	SR	Red River
	12	Clare Boldingh	DNS		West Fargo
	11	Keeley Eichhorn	DNS		Fargo South

100m Hurdles - 33" Varsity - Finals

1.	10	Samantha Gustafson	16.56a	PR	West Fargo
2.	9	Cayla Sailer	16.57a	PR	Davies
3.	10	Elyse Gulsvig	17.52a	PR	Davies
4.	12	Kiernan Darling	17.72a	PR	Fargo South
5.	11	Mackenzie Amerman	17.75a	SR	Kindred
6.	12	Shri Patel	17.84a		Red River
7.	10	Erin Sorum	17.87a		Fargo South
8.	9	Brynn Moen	18.30a	PR	Grand Forks Central
9.	8	Odura Isaac	18.43a	PR	Shanley
10.	10	Peyton Breidenbach	18.52a	PR	West Fargo Sheyenne
11.	8	Axumite James	18.61a	PR	Fargo South
12.	10	Sofia Ibarra	18.95a		Davies
13.	10	Elle Terstriep	19.16a	PR	Shanley
14.	10	Camille Finney	19.24a		Grand Forks Central
15.	12	Juliana Conlin	19.43a		Davies
16.	11	Kaely Moran	20.03a		West Fargo
17.	10	Jasmine Thomas	20.09a	PR	Grand Forks Central
18.	10	Sydnee Ingstad	20.13a	PR	Valley City
19.	9	Emma Haskamp	20.17a		Grand Forks Central
20.	9	Jadyn Chakua	20.89a		Fargo North
21.	12	Carmen Degges	21.34a		Fargo North
22.	10	Jennifer Klundt	21.39a		Fargo North
23.	11	Alexus Olson	21.82a		West Fargo
	10	Beth Ellis	DNS		Fargo South
	9	Lauren Swanson	DNS		Red River
	9	Carly Pearson	DNS		Kindred

15.	9	Anthony Alonzo	49.74a	West Fargo
16.	11	Nicholas Gentile	49.89a	Grand Forks Central
17.	10	Blake Wanner	50.07a	Fargo North
18.	9	Nate Shorma	52.20a	West Fargo Sheyenne
	10	Charlie Anderson	DNS	Fargo North
	12	Cesar Calderon	DNS	West Fargo
	10	Hudson Flom	DNS	Red River
	12	Gadi Ntirandekura	DNS	Fargo South

4x100 Relay Varsity - Finals

1.	Samuel Nyemah Jacob Brosius Nathaniel Fritel Peder Haugo	44.41a	Fargo North
2.	James Gaden Trehvon Montgomery Aiden Bourke Bakarr Fullah	44.75a	Fargo South
3.	Denver Piechowski Austin Harmsen Ryan Barth Nicholas Nyquist	44.96a	Davies
4.	Carter Borg Austin Shape Evan Mielke Jaden Compson	45.44a	Valley City
5.	Mason Reynolds Gannon Brooks Caleb Severson Sam Kruger	46.00a	Red River
6.	Isaac Nyenabo Courage David Ibrahim Bangura Carson Hegerle	46.81a	West Fargo
7.	Austin Kraft Jacob Vaagen Sam Enget Colton Schneider	48.08a	Devils Lake
8.	Cade Lindseth Navy Oss Andrew Schmidt Anthony Lopez	48.76a	Grand Forks Central
9.	Masen Allmaras Cameron Schartzwalter Owen Hoyme Jorgen Swenson	50.38a	Kindred

4x200 Relay Varsity - Finals

1.	Nathaniel Fritel Jacob Brosius Peder Haugo Samuel Nyemah	1:31.84a	Fargo North
2.	Jared Eggermont Austin Shape Evan Mielke Jaden Compson	1:32.78a	Valley City

300m Hurdles - 30" Varsity - Finals

1.	10	Samantha Gustafson	48.84a PR	West Fargo
2.	12	Shri Patel	50.44a	Red River
3.	11	Hannah Hynek	50.83a	Grand Forks Central
4.	11	Alexus Olson	52.57a PR	West Fargo
5.	10	Peyton Breidenbach	52.70a	West Fargo Sheyenne
6.	10	Sofia Ibarra	53.45a	Davies
7.	9	Brynn Moen	54.75a	Grand Forks Central
8.	9	Lauren Swanson	54.79a	Red River
9.	11	Emily Klaman	55.50a	West Fargo
10.	8	Odura Isaac	57.79a	Shanley
11.	11	Zoie Krump	57.99a PR	Red River
12.	12	Juliana Conlin	58.66a	Davies
13.	9	Emma Haskamp	59.23a	Grand Forks Central
14.	12	Carmen Degges	59.56a	Fargo North
15.	9	Emily Arnold	1:00.73a	Grand Forks Central
16.	11	Grace Struble	1:03.79a PR	Valley City
	11	Anna Berg	DNS	Kindred
	9	Jadyn Chakua	DNS	Fargo North
	9	Carly Pearson	DNS	Kindred
	9	Katie Deplazes	DNS	Fargo North
	10	Sarah Ostlie	DNS	Shanley

4x100 Relay Varsity - Finals

1.	Ellen Donat Nina Hage Ava Olson Alimath Salou	52.14a	Davies
2.	Noelle Friederichs Brooklyn Kelsch Mesiku Hakim Paige Renschler	52.84a	Shanley
3.	Micah Sander Noella Akech Leziga Kpeenu Unique Wea	53.23a	West Fargo Sheyenne
4.	Beth Ellis Jordis Maxwell Kiernan Darling Brooke Thorsness	53.78a	Fargo South
5.	Kalin Lachowitzer Tess Rohrbeck Mackenzie Amerman Tina Freier	54.00a	Kindred
6.	Laiken Sturn Samantha Gustafson Brenna White Taya Samek	54.03a	West Fargo
7.	Shri Patel Claire Lapp Ella Fosse Jocie Schiller	54.17a	Red River
8.	Jillian Riley Taylar Baker Brietta Mullane Lauren Hillman	55.04a	Grand Forks Central

3.	James Gaden Aiden Bourke Peyton Kessel Bakarr Fullah	1:33.79a	Fargo South
4.	John Gores Carson Dean Carter Kochmann Emmett Kenney	1:34.61a	Shanley
5.	Isaac Nyenabo Courage David Ibrahim Bangura Carson Hegerle	1:36.21a	West Fargo
6.	Denver Piechowski Austin Harmsen Ryan Barth Nicholas Nyquist	1:36.71a	Davies
7.	Eli Heinrich Caaden Rath Charlie Biewer Trey Heinrich	1:37.14a	Kindred
8.	Anthony Lopez Cade Lindseth Navy Oss Nicholas Gentile	1:41.73a	Grand Forks Central
9.	Tyler Ulrich Ted Tchomakhidze Dylan Narum Morgan Hoefs	1:42.41a	Red River
10.	Nathan Ziegler Austin Kraft Amadou Jallow Landon Kurtz	1:51.62a	Devils Lake

4x400 Relay Varsity - Finals

1.	Carson Dean John Gores Emmett Kenney Carter Kochmann	3:37.36a	Shanley
2.	Zunekia Diamond McGill Tristan Quibell Will Lacher George Hanesgard	3:42.60a	Fargo South
3.	Tanner Schiller Carter Stinson Morgan Hoefs Sam Kruger	3:43.78a	Red River
4.	Daniel Jones Tristan Kramlich Jon Geske Alex Flores	3:46.70a	Fargo North
5.	Colton Schneider Gabriel Houle Jacob Vaagen Brayden Gerhardt	3:54.36a	Devils Lake
6.	Chase Kjervestad Ahmed Al Zenad Anthony Alonzo Steven Edwards	4:09.18a	West Fargo
7.	Finn Jackson Navy Oss Emmett Sum Nicholas Swanson	4:09.44a	Grand Forks Central
9.	Olivia Olson Karina Olson Jocey Kriewald Madison Wendel	55.20a	Valley City
10.	Taylor Tedford Nora Fluge Raya Dobbs Emily Skalicky	56.02a	Fargo North

4x200 Relay Varsity - Finals

1.	Noelle Friederichs Paige Renschler Mesiku Hakim Brooklyn Kelsch	1:51.03a	Shanley
2.	Jade Anderson Saree Wadeson Erin Mueller Unique Wea	1:52.25a	West Fargo Sheyenne
3.	Ashley Wacha Alimath Salou Ashton Safranski Ava Olson	1:53.76a	Davies
4.	Isabella Tangedal Kiya McLaurin Gabby Tangedal Annika McCarthy	1:54.63a	Devils Lake
5.	Taylor Tedford Nora Fluge Emily Skalicky Anna Lien	1:54.68a	Fargo North
6.	Olivia Olson Karina Olson Jocey Kriewald Hadley Thoreson	1:55.98a	Valley City
7.	Laiken Sturn Samantha Melling Taya Samek Zoey Schlader	1:58.13a	West Fargo
8.	Lauren Swanson Claire Lapp Lauryn Rydell Kylie Severson	1:59.78a	Red River
9.	Ava Olson Gracie Nelson Cassidy Murphy Kaydence Streyle	2:00.92a	Kindred
10.	Beth Ellis Kiernan Darling Riley Giere Jordis Maxwell	2:01.71a	Fargo South
11.	Emma Haskamp Jasmine Thomas Sierra Heyd Brynn Moen	2:02.50a	Grand Forks Central

4x400 Relay Varsity - Finals

1.	Shri Patel Ella Fosse Lauren Dosch Jocie Schiller	4:20.78a	Red River

4x800 Relay Varsity - Finals

1.	Jack Robertson Drew Rempher Regan Bosch Jaray Touray	8:18.79a	Davies
2.	Owen Sondag Caleb Yokom Braxton Middaugh Gabe Sagvold	8:19.54a	Fargo North
3.	Justin Smith Parker Nelson Lincoln Retzlaff Lane Dullum	8:31.97a	West Fargo
4.	Brady Goss Brayden Gerhardt Tyler Goss Gabriel Houle	8:59.52a	Devils Lake
5.	Finn Jackson Emmett Sum Wayne Costilla Tucker Vasichek	9:28.17a	Grand Forks Central
6.	Isaiah Robles Jesse Olsen Sri Kotala Oliver Dietz	9:29.48a	West Fargo Sheyenne
7.	Jeremiah Dockter Wyatt Hahn Lucas Dahl Noah Sauvageau	9:40.94a	Kindred
8.	Charlie Hapka Blake Nelson Nathan Andrews Garrison Miller	9:56.30a	Shanley
9.	Omar Aly Ahmed Charley Larson Nathan Hokstad Elliot Sticka	10:01.50a	Fargo South

Shot Put - 12lb Varsity - Finals

1.	12	Kc Ortiz	53' 9.5	West Fargo
2.	10	Jack Packer	49' 0	Kindred
3.	9	Riley Sunram	47' 11 PR	Kindred
4.	10	Blake Houska	47' 5.5 PR	Kindred
5.	12	Sam Sather	46' 8	Red River
6.	12	James Tice	46' 2	Devils Lake
7.	11	Jacob Kirkeby	44' 1 PR	West Fargo Sheyenne
8.	11	Arthur Fahnbulleh	43' 10 PR	West Fargo Sheyenne
9.	12	Max Vikander	43' 2 PR	Kindred
10.	12	Simon Bowden	42' 4	Shanley
11.	12	Benjamin Dahl	39' 7 PR	Fargo South
12.	10	Bryce Cain	39' 3 PR	West Fargo Sheyenne
13.	10	Tyler Christianson	39' 2 PR	Fargo South
14.	12	Braeden Bloch	38' 4	Shanley
15.	12	Glen Erickson	38' 2	Grand Forks Central
16.	10	Damon Hospidales	38' 1	Shanley
17.	11	Samuel VonBank-Hoye	38' 1 PR	West Fargo
18.	10	Logan Arason	37' 11	Red River
19.	11	Christian Skiple	37' 3	Fargo South
20.	11	Kevin Nguyen	36' 9	West Fargo

2.	Grace Thiel Grayce Anderson Emily Skalicky Anna Lien	4:22.45a	Fargo North
3.	Gabby Tangedal Kiya McLaurin Ramsey Brown Annika McCarthy	4:23.13a	Devils Lake
4.	Unique Wea Amelia Jacobs Catherine Francis Eden Smith	4:35.25a	West Fargo Sheyenne
5.	Taya Samek Zoey Schlader Kiaya Hagen Ella Nelson	4:41.50a	West Fargo
6.	Ava Olson Kaydence Streyle Mackenzie Amerman Lauren Fitch	4:43.72a	Kindred
7.	Ashley Wacha Bryn Donaldson Ava Graf Cadence Modin	4:46.12a	Davies
8.	Aria Kindseth Ellen Berry Nora Berry Silje Kindseth	5:04.08a	Grand Forks Central
	Kate Busek Sarah Ostlie Azure Ries Leah Meyer	DNS	Shanley

4x800 Relay Varsity - Finals

1.	Jocie Schiller Campbell Dorsey Emily Nelson Lauren Dosch	10:11.89a	Red River
2.	Gabrielle McLaurin Kayla Britsch Ramsey Brown Kiya McLaurin	10:19.33a	Devils Lake
3.	Brenna White Jordan Knudsvig Kiaya Hagen Kaelyn Berg	10:22.25a	West Fargo
4.	Sydnee Ingstad Reagan Berg Avery Murray Greta Goven	10:25.11a	Valley City
5.	Grace Dorsher Brooklyn Champagne Grace Thiel Grayce Anderson	10:37.26a	Fargo North
6.	Kate Busek Azure Ries Taylor Schneider Mallory Strand	10:57.07a	Shanley

21.	12	William Gay	36' 8	West Fargo Sheyenne
22.	12	Joey Olson	36' 6 PR	Grand Forks Central
23.	10	Gunner Cadreau	36' 5	Fargo North
24.	12	Mickey Kenney	36' 2	Fargo North
25.	12	Tyler Larson	36' 0	Red River
26.	9	Nick Kuehl	35' 6	Shanley
27.	11	Anthony Wanner	35' 3	Shanley
28.	10	Arie Bratrud	35' 2	Valley City
29.	12	Alejandro Lopez	35' 2	Grand Forks Central
30.	12	Logan Haskamp	35' 2	Grand Forks Central
31.	10	Cooper Schweigert	34' 9 PR	Red River
32.	9	Xzavier Buckmiller	34' 6 PR	Fargo North
33.	10	Dylan Carlquist	33' 7	Shanley
34.	12	Isaac Murphy	33' 5	West Fargo
35.	12	Carson McGough	33' 5	Valley City
36.	12	Tommy Do	30' 11	Fargo South
37.	10	Evan Hardie	30' 10	Fargo North
38.	12	Jaytan McConnaughey	29' 10	Valley City

Discus - 1.6kg Varsity - Finals

1.	10	Logan Arason	144' 4	Red River
2.	12	Kc Ortiz	143' 10 SR	West Fargo
3.	9	Riley Sunram	137' 3 PR	Kindred
4.	12	Andrew Paustian	136' 4 PR	Davies
5.	12	Tyler Larson	123' 3	Red River
6.	12	Simon Bowden	118' 6	Shanley
7.	12	James Tice	115' 4	Devils Lake
8.	12	Max Vikander	113' 3 PR	Kindred
9.	12	Logan Haskamp	112' 0	Grand Forks Central
10.	12	Sam Sather	106' 1	Red River
11.	12	Glen Erickson	105' 8	Grand Forks Central
12.	10	Blake Houska	105' 0	Kindred
13.	11	Owen Casas	103' 11	West Fargo Sheyenne
14.	12	Alejandro Lopez	102' 11	Grand Forks Central
15.	11	Arthur Fahnbulleh	101' 10	West Fargo Sheyenne
16.	10	Patrick Rach	99' 7 PR	Fargo South
17.	12	Benjamin Dahl	99' 6 PR	Fargo South
18.	12	Mickey Kenney	98' 11	Fargo North
19.	9	Cameron Ahlers	98' 0	Shanley
20.	9	Nick Kuehl	95' 7	Shanley
21.	11	Jacob Kirkeby	94' 10	West Fargo Sheyenne
22.	10	Dylan Carlquist	93' 7	Shanley
23.	12	Kael Grebel	93' 3	Valley City
24.	12	Braeden Bloch	92' 9	Shanley
25.	11	Samuel VonBank-Hoye	91' 9	West Fargo
26.	9	Mato Greywind	91' 5	Fargo South
27.	12	Joey Olson	91' 2 PR	Grand Forks Central
28.	12	Isaac Murphy	84' 9	West Fargo
29.	12	William Gay	84' 6	West Fargo Sheyenne
30.	9	Brian Schaan	84' 5	Shanley
31.	10	Arie Bratrud	82' 7 PR	Valley City
32.	11	Christian Skiple	82' 3	Fargo South
33.	11	Nathaniel Schuster	81' 10	West Fargo
34.	9	Xzavier Buckmiller	81' 2 PR	Fargo North
35.	10	Gunner Cadreau	80' 8	Fargo North
36.	8	James Walters	76' 3	Red River
37.	9	Zachary Sykora	76' 0	Valley City
38.	12	Jaytan McConnaughey	70' 1	Valley City
39.	10	Evan Hardie	66' 9	Fargo North
	10	Jack Packer	DNS	Kindred

7.	Aria Kindseth Ellen Berry Nora Berry Silje Kindseth	11:17.30a	Grand Forks Central
8.	Callie Ressler Bayley Scott Annika Stephens Janae Phillips	11:20.00a	Davies
9.	Callie Baukol Liv Berger Alice Bauroth Paris Cronin	11:20.90a	Fargo South
10.	Elizabeth Solhjem Olivia Solhjem Lauren Fitch Helen Nudell	11:39.95a	Kindred

Shot Put - 4kg Varsity - Finals

1.	9	Seely Stockmoe	36' 11 PR	Shanley
2.	12	Jadyn Feist	36' 10	West Fargo Sheyenne
3.	11	Mary Schnell	36' 10	West Fargo
4.	11	Adisyn Schenck	35' 8	West Fargo Sheyenne
5.	9	Cailey Moton	35' 8	West Fargo
6.	12	Rebecca Kpor	35' 5 PR	West Fargo Sheyenne
7.	11	Erica Nelson	35' 1.5 PR	Devils Lake
8.	12	Moriku Hakim	34' 8	Shanley
9.	9	Mesiku Hakim	34' 3 PR	Shanley
10.	12	Olivia Schindler	34' 2	Red River
11.	12	Larissa Klitzke	33' 11	Devils Lake
12.	12	Emma Pfaff	33' 5	West Fargo
13.	12	Kaden Kerzman	33' 0	Davies
14.	11	Terryn Johnson	32' 11 PR	Kindred
15.	12	Jade Azure	32' 11	Red River
16.	12	Kaylee Lancaster	32' 8 PR	Red River
17.	12	Mariah Burd	32' 7 PR	Shanley
18.	11	Brooke Turnquist	32' 1	Davies
19.	12	Alex Page	32' 0 PR	Red River
20.	11	Ashley Ebens	31' 7	Kindred
21.	12	Yvonnah Marshall	30' 6 SR	Fargo South
22.	11	Vivienne Heidt	30' 3	West Fargo Sheyenne
23.	11	Aeryn Donovan	29' 10	Fargo South
24.	9	Cassidy Murphy	29' 2 PR	Kindred
25.	11	Andrea Hoyme	29' 0	Kindred
26.	12	Anna Guttormson	28' 0	Fargo South
27.	10	Megan Grove	27' 0	West Fargo
28.	12	Sydney Quibell	26' 0	Fargo South
29.	10	Tyana Judd	25' 8	Valley City
30.	10	Caroline Belleque	24' 6 PR	Devils Lake
31.	10	Alyssa Berger	24' 0 PR	Grand Forks Central
32.	10	Delaney Johnson	23' 10 PR	Fargo North
33.	11	Abby Lind	23' 2 PR	Fargo North
34.	10	Skye Boyer	22' 11	Grand Forks Central
35.	9	Claire Powell	22' 9 PR	Valley City
36.	9	Emma Stevenson	22' 2	Grand Forks Central
37.	12	Ingrid Lean	21' 4 PR	Fargo North
38.	12	Emma Devine	20' 2	Fargo North
39.	9	Mara Klinicke	20' 0 PR	Shanley
40.	9	Audrey Lindquist	16' 7	Grand Forks Central

Discus - 1kg Varsity - Finals

1.	12	Jade Azure	116' 4	Red River

Javelin - 800g Varsity - Finals

1.	10	Logan Arason	172' 5	Red River
2.	12	James Tice	152' 1 PR	Devils Lake
3.	12	Kael Grebel	152' 0	Valley City
4.	10	Colton Schneider	144' 5	Devils Lake
5.	9	Zachary Sykora	140' 4 PR	Valley City
6.	11	Collin Lunde	136' 7 PR	Kindred
7.	12	Kc Ortiz	134' 11 PR	West Fargo
8.	10	Blake Houska	134' 6 PR	Kindred
9.	12	Mickey Kenney	134' 3	Fargo North
10.	10	Cooper Schweigert	125' 6	Red River
11.	12	Luke Wendel	124' 11.5	Valley City
12.	12	Simon Bowden	122' 9	Shanley
13.	8	James Walters	121' 8	Red River
14.	9	Riley Sunram	119' 1	Kindred
15.	12	Evin Birnbaum	117' 6	West Fargo Sheyenne
16.	11	Kolby Jones	117' 5.5 PR	Fargo South
17.	11	Sam Ruona	117' 5 PR	West Fargo
18.	12	Glen Erickson	114' 11	Grand Forks Central
19.	8	Cameron Klefstad	114' 6	Red River
20.	11	Dawson Galde	112' 0 PR	West Fargo Sheyenne
21.	12	Benjamin Dahl	107' 11.5 PR	Fargo South
22.	12	Carson McGough	105' 1	Valley City
23.	12	Landon Allex	102' 1	Shanley
24.	12	Brayden Gerhardt	98' 2 PR	Devils Lake
25.	11	Kaden Strand-Koepplin	96' 2	West Fargo Sheyenne
26.	11	Zach Breidenbach	92' 11	West Fargo Sheyenne
27.	12	Blake Nelson	90' 4.5	Shanley
28.	9	Cameron Ahlers	83' 3	Shanley
29.	9	Xzavier Buckmiller	83' 2	Fargo North
30.	9	Mato Greywind	82' 1.5 PR	Fargo South
31.	9	Brian Schaan	81' 3	Shanley
32.	10	Aron Pochmara	78' 1.5 PR	Fargo North
33.	12	Isaac Murphy	76' 8.5	West Fargo
34.	9	Spencer Johnson	55' 11	Fargo South
	11	Logan Herring	DNS	West Fargo
	12	Braeden Bloch	DNS	Shanley
	11	Jacob Hiatt	ND	Kindred

High Jump Varsity - Finals

1.	12	Peyton Zaun	5' 10	Valley City
2.	12	Carter Stinson	5' 8	Red River
3.	11	Jean Irumva	5' 8	West Fargo
4.	10	Jorgen Swenson	5' 8 PR	Kindred
4.	12	Peyton Kessel	5' 8	Fargo South
6.	12	Wythe Rynestad	5' 6	Grand Forks Central
6.	8	Trey Knoke	5' 6	Fargo North
8.	9	Angel Lopez	5' 6	Grand Forks Central
8.	11	Zunekia Diamond McGill	5' 6	Fargo South
10.	10	Kasen Baer	5' 6	West Fargo Sheyenne
11.	11	Isaiah Enger	5' 4	Fargo North
11.	10	Darby Olson	5' 4	West Fargo Sheyenne
11.	10	Aiden Jacobson	5' 4	Valley City
11.	10	Dylan Beyl	5' 4	West Fargo Sheyenne
15.	9	Ethan Duval	5' 4 PR	Kindred
16.	10	Luke Hollcraft	5' 4 PR	Shanley
	10	Nathan Ziegler	DNS	Devils Lake
	12	Gadi Ntirandekura	DNS	Fargo South

2.	12	Moriku Hakim	116' 1	Shanley
3.	10	Maci Wheeldon	104' 2	Davies
4.	11	Mary Schnell	100' 0	West Fargo
5.	12	Olivia Schindler	98' 10	Red River
6.	11	Terryn Johnson	98' 8	Kindred
7.	12	Alex Page	98' 4	Red River
8.	12	Kaden Kerzman	95' 10	Davies
9.	11	Aeryn Donovan	92' 4 PR	Fargo South
10.	11	Erica Nelson	89' 7	Devils Lake
11.	12	Jadyn Feist	89' 5	West Fargo Sheyenne
12.	11	Adisyn Schenck	88' 5	West Fargo Sheyenne
13.	12	Mariah Burd	85' 10	Shanley
14.	9	Cailey Moton	85' 5	West Fargo
15.	11	Ashley Ebens	82' 8	Kindred
16.	12	Larissa Klitzke	80' 8	Devils Lake
17.	12	Rebecca Kpor	78' 11	West Fargo Sheyenne
18.	10	Makenna Braun	78' 1	West Fargo
19.	12	Emma Pfaff	74' 1	West Fargo
20.	9	Seely Stockmoe	73' 4	Shanley
21.	11	Vivienne Heidt	73' 3	West Fargo Sheyenne
22.	12	Emma Devine	73' 1	Fargo North
23.	11	Andrea Hoyme	72' 9	Kindred
24.	11	Olivia Vetter	71' 5	Shanley
25.	12	Jensen Drake	71' 4	Shanley
26.	9	Claire Vetter	69' 0	Shanley
27.	12	Abby Leininger	68' 4	Shanley
28.	10	Anna Clark	63' 9	Davies
29.	11	Brooke Turnquist	63' 8	Davies
30.	8	Abby Baker	63' 2	Red River
31.	12	Yvonnah Marshall	63' 1	Fargo South
32.	9	Claire Powell	62' 0	Valley City
33.	12	Sydney Quibell	61' 11	Fargo South
34.	11	Carissa Goodmanson	61' 2	Kindred
35.	10	Tyana Judd	58' 3 PR	Valley City
36.	10	Delaney Johnson	55' 8	Fargo North
37.	10	Caroline Belleque	55' 3 PR	Devils Lake
38.	12	Ingrid Lean	44' 2	Fargo North
39.	12	Abigail Evensen	41' 3	Fargo South
40.	11	Abby Lind	5' 7	Fargo North

Javelin - 600g Varsity - Finals

1.	12	Brooklynn Koenig	131' 2	Davies
2.	12	Kaylee Lancaster	123' 2	Red River
3.	12	Mariah Burd	116' 8 PR	Shanley
4.	11	Mary Schnell	108' 3 PR	West Fargo
5.	12	Kate Busek	105' 6	Shanley
6.	12	Alex Page	97' 7	Red River
7.	12	Jadyn Feist	90' 11.5	West Fargo Sheyenne
8.	12	Kaden Kerzman	90' 10 SR	Davies
9.	12	Emma Pfaff	88' 1.5	West Fargo
10.	11	Erica Nelson	87' 11	Devils Lake
11.	12	Hope Rohrbeck	84' 9	Kindred
12.	9	Katie Deplazes	84' 2.5 PR	Fargo North
13.	11	Terryn Johnson	83' 7.5	Kindred
14.	10	Leah Tykwinski	81' 1 PR	West Fargo
15.	12	Olivia Schindler	75' 11	Red River
16.	12	Abby Leininger	75' 9	Shanley
17.	10	Carly Goven	73' 10.5	Valley City
18.	11	Andrea Hoyme	73' 7.5	Kindred
19.	9	Cailey Moton	73' 5 PR	West Fargo
20.	12	Jensen Drake	73' 4	Shanley
21.	10	Reagan Carlson	72' 4 PR	Fargo North

	11	Dorien Tarley	DNS	West Fargo
	9	Erick Paye	DNS	Grand Forks Central
	10	Charlie Anderson	NH	Fargo North
	12	Axel Navarro	NH	West Fargo
	9	Quentyn Edwards	NH	Grand Forks Central
	9	Jack Davis	NH	Kindred
	10	Jack Ilvedson	NH	Kindred
	12	Ty Boutwell	NH	Fargo North
	9	Aiden Herz	NH	Fargo South

Pole Vault Varsity - Finals

1.	11	Bradley Bertsch	12' 0	West Fargo Sheyenne
2.	12	Erik Ault	12' 0 PR	West Fargo Sheyenne
3.	11	Caleb Klabunde	11' 6	Kindred
4.	12	Jakob Stevenson	11' 0	Grand Forks Central
5.	9	Connor Manske	11' 0	West Fargo Sheyenne
6.	11	Jack Olson	10' 6	Kindred
6.	10	Soren Kaster	10' 6	West Fargo Sheyenne
8.	9	Kyle Kramer	10' 6	Fargo North
9.	12	Michael Post	10' 0	Grand Forks Central
10.	10	Hudson Flom	10' 0 PR	Red River
11.	10	Zachary Thomasson	9' 0	Fargo South
12.	12	Landon Allex	9' 0	Shanley
	10	Max McCarthy	DNS	Red River
	9	George Hanesgard	NH	Fargo South
	11	Austin Biwer	NH	West Fargo
	11	Chase Novotny	NH	Fargo North
	9	Rune Stroh	NH	Fargo South
	9	Ryaan Alshami	NH	Grand Forks Central
	9	Jacob Kruger	NH	Valley City
	9	Aiden Johnson	NH	Grand Forks Central
	9	Jacob Wood	NH	Red River
	9	Aaron Truong	NH	Fargo South

Long Jump Varsity - Finals

1.	12	Trehvon Montgomery	20' 8.75	Fargo South
2.	12	Carter Kochmann	20' 5.75	Shanley
3.	12	Peyton Zaun	20' 3	Valley City
4.	10	Kasen Baer	20' 1.5 PR	West Fargo Sheyenne
5.	12	Carter Stinson	20' 0.5	Red River
6.	11	Nathaniel Fritel	19' 5	Fargo North
7.	10	Dylan Beyl	19' 5 PR	West Fargo Sheyenne
8.	12	Axel Navarro	19' 2 PR	West Fargo
9.	9	Angel Lopez	18' 11	Grand Forks Central
10.	9	Amadou Jallow	18' 9 PR	Devils Lake
11.	11	Jean Irumva	18' 7.5	West Fargo
12.	9	Trevor Anderson	18' 3	West Fargo Sheyenne
13.	9	Joe Flaherty	18' 0 PR	Shanley
14.	12	KJ Franklin	17' 10	West Fargo Sheyenne
15.	12	Dylan Narum	17' 8 PR	Red River
16.	9	Treyton Hoffert	17' 7	Fargo South
17.	10	Aiden Jacobson	17' 4.5	Valley City
18.	12	Emmanuel Bargblor	17' 4 PR	Grand Forks Central
19.	9	Ethan Duval	16' 10	Kindred
20.	9	Quentyn Edwards	16' 9 PR	Grand Forks Central
21.	10	Nathan Ziegler	16' 7	Devils Lake
22.	10	James Weninger	16' 6	Fargo North
23.	11	Tristan Kramlich	16' 1	Fargo North
24.	10	Masen Allmaras	15' 2.5	Kindred
25.	9	Landon Kurtz	14' 11 PR	Devils Lake
22.	12	Jade Azure	69' 11	Red River
23.	11	Adisyn Schenck	67' 6	West Fargo Sheyenne
24.	12	Larissa Klitzke	65' 8	Devils Lake
25.	11	Vivienne Heidt	65' 4	West Fargo Sheyenne
26.	11	Grace Miller	65' 2	Fargo North
27.	11	Aeryn Donovan	64' 11	Fargo South
28.	9	Ashtyn Auch	60' 11.5	Grand Forks Central
29.	9	Emma Stevenson	60' 6	Grand Forks Central
30.	12	Sydney Quibell	60' 5	Fargo South
31.	12	Anna Guttormson	59' 5	Fargo South
32.	10	Alyssa Berger	57' 3.5	Grand Forks Central
33.	11	Carissa Goodmanson	55' 4.5	Kindred
34.	11	Abby Lind	54' 8	Fargo North
35.	10	Skye Boyer	37' 9	Grand Forks Central
36.	10	Caroline Belleque	32' 3 PR	Devils Lake
37.	12	Abigail Evensen	26' 7	Fargo South
	11	Maddie Eisenlohr	DNS	Fargo South
	9	Cayla Sailer	DNS	Davies
	12	Amy Kringlie	ND	Davies

High Jump Varsity - Finals

1.	10	Lauryn Rydell	5' 3 PR	Red River
2.	11	Linnea Axtman	4' 11	Davies
3.	12	Roxy Fish	4' 11	Red River
4.	8	Axumite James	4' 9	Fargo South
5.	10	Reagan Carlson	4' 9	Fargo North
6.	10	Maci Wheeldon	4' 7	Davies
7.	12	Ramsey Brown	4' 7	Devils Lake
7.	12	Lander Friederichs	4' 7	Shanley
9.	11	Zoey Schlader	4' 7	West Fargo
10.	10	Gracie Nelson	4' 7 PR	Kindred
11.	10	Mallory Docktor	4' 7	West Fargo
12.	9	Katelyn McLaurin	4' 7 PR	Devils Lake
12.	9	Sannie Yeanay	4' 7	West Fargo Sheyenne
14.	9	Emily Arnold	4' 5	Grand Forks Central
14.	12	Amy Kringlie	4' 5	Davies
16.	9	Emma Haskamp	4' 5 PR	Grand Forks Central
16.	7	Josie Fish	4' 5	Red River
16.	11	Grace Miller	4' 5	Fargo North
19.	11	Emily Skalicky	4' 5	Fargo North
	9	Nicole Larson	DNS	Kindred
	10	Haidyn Tollefson	DNS	Fargo North
	12	Jessie Haman	NH	Davies
	10	Erin Sorum	NH	Fargo South
	12	Julianne McPartland	NH	Valley City
	11	Maggie Dockter	NH	Valley City
	11	Mackenzie Amerman	NH	Kindred
	11	Emily Klein	NH	Valley City

Pole Vault Varsity - Finals

1.	12	Taylor Lee	9' 9	West Fargo
2.	9	Onya Kretchman	9' 3	Davies
3.	11	Katelyn Barth	8' 9	Davies
4.	12	Olivia Olson	8' 3	Valley City
5.	10	Camille Finney	8' 3 PR	Grand Forks Central
6.	9	Emery Aasen	8' 3 PR	West Fargo
7.	12	Jessie Haman	7' 9	Davies
8.	12	Allison Sterling	7' 3	West Fargo Sheyenne
8.	10	Jennifer Klundt	7' 3	Fargo North

26.	10	Grayson Geigle	14' 10.25 PR	Shanley
27.	10	Jack Ilvedson	14' 4	Kindred
28.	10	Cort McDonald	14' 0.5	Kindred
	11	John Gores	DNS	Shanley
	11	Isaiah Enger	DNS	Fargo North
	11	Simon Haug	DNS	Red River
	12	Morgan Hoefs	DNS	Red River
	12	Gadi Ntirandekura	DNS	Fargo South
	9	Jaden Middleton	ND	Fargo South

Triple Jump Varsity - Finals

1.	12	Caaden Rath	40' 5.5 PR	Kindred
2.	12	Sam Kruger	39' 11.5	Red River
3.	11	Isaiah Enger	38' 11.5 PR	Fargo North
4.	10	Dylan Beyl	38' 10.5	West Fargo Sheyenne
5.	9	Erick Paye	38' 7.75	Grand Forks Central
6.	12	Wythe Rynestad	38' 7.5 SR	Grand Forks Central
7.	9	Reis Kessel	37' 10 PR	Fargo South
8.	10	Darby Olson	37' 8.75	West Fargo Sheyenne
9.	9	Treyton Hoffert	37' 6 PR	Fargo South
10.	12	Matthew Pearson	36' 8.5 PR	Kindred
11.	10	Masen Allmaras	36' 8.5 PR	Kindred
12.	11	Nicholas Swanson	36' 6 PR	Grand Forks Central
13.	9	Jaden Middleton	36' 4.5	Fargo South
14.	10	Emanuel Spiyee	35' 5.25	Fargo South
15.	10	Aiden Jacobson	35' 1.75	Valley City
16.	10	Finn Lynch	30' 8.5 PR	Fargo North
	12	Peyton Zaun	DNS	Valley City
	12	Axel Navarro	DNS	West Fargo
	11	Simon Haug	DNS	Red River
	12	Emmanuel Bargblor	ND	Grand Forks Central
	12	Ty Boutwell	ND	Fargo North
	12	Erik Ault	ND	West Fargo Sheyenne
	9	Owen Hoyme	ND	Kindred
	10	Kasen Baer	ND	West Fargo Sheyenne

10.	9	Emma Nelson	6' 3	West Fargo Sheyenne
10.	9	Madison Lugert	6' 3 PR	West Fargo Sheyenne
10.	11	Isabelle Snyder	6' 3	Shanley
10.	10	Taylor Tang	6' 3	West Fargo
10.	10	Ashley Nguyen	6' 3	West Fargo
15.	10	Kaydence Streyle	6' 3 PR	Kindred
15.	8	Madison Wendel	6' 3	Valley City
	9	Katie Deplazes	DNS	Fargo North
	10	Jade Anderson	DNS	West Fargo Sheyenne
	10	Nora Daub	NH	Davies
	11	Jenna Gerhardt	NH	Devils Lake

Long Jump Varsity - Finals

1.	12	Laiken Sturn	18' 0	West Fargo
2.	12	Ella Fosse	16' 4.25 SR	Red River
3.	9	Onya Kretchman	16' 3.75 PR	Davies
4.	12	Brooke Thorsness	16' 3.5	Fargo South
5.	11	Nina Hage	16' 2.5	Davies
6.	12	Taylor Lee	15' 11.25	West Fargo
7.	12	Lauren Hillman	15' 10 PR	Grand Forks Central
8.	10	Gracie Nelson	15' 8.75 PR	Kindred
9.	11	Erin Mueller	15' 6.25 SR	West Fargo Sheyenne
10.	12	Ava Olson	15' 3.25	Davies
11.	10	Lauryn Rydell	15' 2.25 PR	Red River
12.	12	Taylar Baker	15' 1 PR	Grand Forks Central
13.	10	Karina Olson	14' 10	Valley City
14.	9	Lauren Swanson	14' 9 PR	Red River
15.	9	Katelyn McLaurin	14' 8 PR	Devils Lake
16.	12	Roxy Fish	14' 6.5 PR	Red River
17.	10	Taya Samek	14' 5	West Fargo
18.	11	Emily Klein	14' 0 PR	Valley City
19.	12	Solvay Ingebrigtson	13' 11.5	Kindred
20.	11	Isabelle Snyder	13' 11	Shanley
21.	11	Taylor Tedford	13' 8.5	Fargo North
22.	10	Cassandra Christensen	13' 5.25 SR	Devils Lake
23.	9	Chaylee Hewson	11' 11 PR	Devils Lake
	10	Haley Von Bank	DNS	Shanley
	10	Haidyn Tollefson	DNS	Fargo North
	12	Jocey Kriewald	ND	Valley City
	9	Hailey Clark	ND	Grand Forks Central
	11	Tina Freier	ND	Kindred
	11	Grace Miller	ND	Fargo North
	11	Maggie Dockter	ND	Valley City
	9	Tennasyn Henry	ND	Grand Forks Central
	12	Ellen Donat	ND	Davies
	11	Kalin Lachowitzer	ND	Kindred

Triple Jump Varsity - Finals

1.	12	Jocey Kriewald	38' 3.75 PR	Valley City
2.	12	Ellen Donat	36' 3.5 PR	Davies
3.	12	Lauren Hillman	36' 3 PR	Grand Forks Central
4.	9	Cayla Sailer	34' 4.25	Davies
5.	12	Azure Ries	32' 10 SR	Shanley
6.	12	Kiernan Darling	31' 8.75 SR	Fargo South
7.	10	Jillian Riley	31' 8.25 PR	Grand Forks Central
8.	10	Gracie Nelson	31' 2.5 PR	Kindred
9.	12	Amy Kringlie	31' 0	Davies
10.	12	Claire Lapp	30' 7 PR	Red River
11.	8	Axumite James	30' 0.5	Fargo South
12.	9	Katelyn McLaurin	29' 5.75 PR	Devils Lake

13.	10	Reagan Carlson	29' 3.75	Fargo North
14.	12	Solvay Ingebrigtson	29' 2.5 PR	Kindred
15.	12	Brietta Mullane	27' 9.5 PR	Grand Forks Central
16.	10	Elle Terstriep	27' 3.5 PR	Shanley
17.	10	Cassandra Christensen	25' 9.5 SR	Devils Lake
	12	Taylor Lee	DNS	West Fargo
	10	Haidyn Tollefson	DNS	Fargo North
	11	Zoie Krump	DNS	Red River
	12	Julianne McPartland	ND	Valley City
	11	Nina Hage	ND	Davies

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Shanley Invitational HS

327 Followers Following

OFFICIAL RESULTS Friday, April 30, 2021 Field Events: **3:00 PM** Track Events: **3:00 PM**

Fargo South HS Track & Field Complex Deadline was Thu 4/29/21 @ 08:00 PM

Mens Varsity

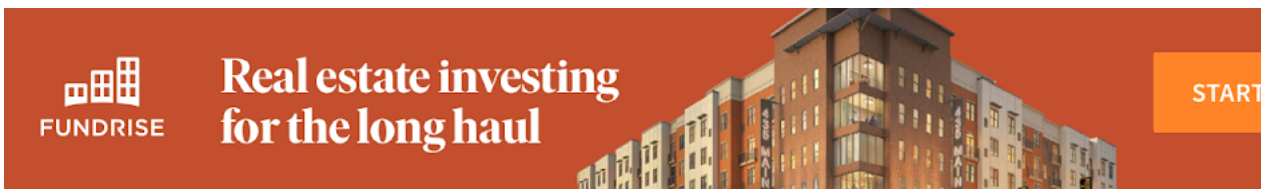
19 / 19 Events Completed

1.	Kindred	108
2.	West Fargo	105
3.	Red River	86
4.	Fargo North	85
5.	Fargo South	80
6.	Valley City	72
7.	West Fargo Sheyenne	58
8.	Devils Lake	49
9.	Shanley	44
10.	Grand Forks Central	29
11.	Davies	24

Womens Varsity

18 / 19 Events Completed

1.	Davies	142
2.	Red River	106
3.	West Fargo	99
4.	Shanley	69.5
5.	Fargo North	51.5
6.	West Fargo Sheyenne	47.5
7.	Grand Forks Central	40
8.	Devils Lake	38.5
9.	Valley City	37
10.	Fargo South	35
11.	Kindred	25
12.	Midway/Minto	11



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2021 HOWARD WOOD DAKOTA RELAYS

GIRLS 200 METER SPECIAL EVENT



CAELYN VALANDRA-PRUE
White River



ELLA HEINITZ
Dell Rapids St. Mary



MEGHAN WALKER
Brandon Valley



HOLLY DUAX
Sioux City West



ELLEN MERKLEY
Sioux Falls Lincoln



JASMINE WILLIAMS
West Fargo



NYANAS KUR
Sioux Falls Washington



CERINGTON JONES
New Underwood



CECE DEEBOM
Fargo Davies

HOWARD WOOD DakotaRelays

96TH ANNUAL HOWARD WOOD DAKOTA RELAYS

April 30 - May 1, 2021
Sioux Falls, SD



RESULTS BY EVENT.

HS GIRLS 200 METER DASH SPECIAL EVENT (FINAL RESULTS)			
NAME	SCHOOL	PLACE	TIME/DISTANCE
Duax, Holly	Sioux City West	1	25.34 NWI
Merkley, Ellen	Sioux Falls Lincoln	2	25.42 NWI
Walker, Meghan	Brandon Valley	3	25.67 NWI
Kur, Nyanas	Sioux Falls Washington	4	25.72 NWI
Valandra-Prue, Caelyn	White River	5	25.92 NWI
Williams, Jasmine	West Fargo	6	26.33 NWI
Heinitz, Ella	Dell Rapids St. Mary	7	26.35 NWI
Jones, Cerington	New Underwood	8	27.02 NWI

Joan Halland Classic

OFFICIAL RESULTS

Tuesday, May 4, 2021 Kindred HS Track & Field Complex, Kindred

Mens Results

100 Meters Varsity - Finals

1.	12	Jaden Compson	11.33a		Valley City
2.	11	John Gores	11.54a		Shanley
3.	11	Will Ellison	11.64a		Central Cass
4.	12	Jorgen Paulson	11.74a		Edgeley/Kulm
5.	12	Shea Truesdell	11.79a		Wahpeton
6.	12	Carter Kochmann	11.84a		Shanley
7.	11	Frosty Wisnewski	11.85a	PR	Central Cass
8.	12	Logan Krueger	12.03a	PR	May-Port CG
9.	11	Trevon Rodriguez	12.11a	PR	Oak Grove Lutheran
10.	10	Cruz Hernandez	12.13a		Hankinson
11.	11	Jake Deutsch	12.14a		Central Cass
12.	10	Charlie Biewer	12.15a		Kindred
13.	12	Ethan McKenney	12.15a		Kindred
14.	8	Cole Ohnstad	12.17a		Oak Grove Lutheran
15.	10	Beau Arenstein	12.18a	PR	Wahpeton
16.	9	Chase Kjervestad	12.23a		West Fargo
16.	10	Max Roller	12.23a		Thompson
18.	10	Owen Wiersma	12.26a	PR	Central Cass
19.	12	Ty Fountain	12.35a		Enderlin/Maple Valley
20.	10	Jorgen Swenson	12.48a		Kindred
20.	9	Ahmed Al Zenad	12.48a		West Fargo
22.	11	Jacob Biegler	12.49a	SR	Kidder County
22.	12	Charlie Andrys	12.49a		Edgeley/Kulm
24.	11	Nathan Worrel	12.55a		Wahpeton
25.	8	Josh Juve	12.66a	PR	Thompson
26.	10	Andrew Green	12.68a	PR	Oak Grove Lutheran
27.	12	Brady Owens	12.71a		Wahpeton
27.	8	Carter Ptacek	12.71a		Oakes
29.	10	Landon Ptacek	12.80a		Oakes
30.	9	Cameron Schartzwalter	12.81a		Kindred
31.	10	AJ Tyler	12.83a		Oak Grove Lutheran
32.	9	Tyler Brandt	12.84a		Wyndmere-Lidgerwood
33.	10	Riley Fernow	12.85a		Enderlin/Maple Valley
34.	9	Tommy Baldwin	12.86a		Wyndmere-Lidgerwood
35.	10	Riley Olsen	12.94a		Hillsboro/Central Va...
36.	10	Jared Kunze	12.96a	PR	Barnes County North
37.	9	Andrew Schenck	12.96a		Northern Cass
38.	9	Jarret Gebhardt	13.00a		Oakes
39.	9	Dylan Severson	13.01a		Wyndmere-Lidgerwood
40.	9	Alexander Jelinek	13.04a		West Fargo
41.	10	Austin Huber	13.05a		Edgeley/Kulm
42.	10	Grayson Geigle	13.10a		Shanley
43.	9	Layne Anderson	13.14a		Finley-Sharon-Hope-P...
44.	11	Gavin Mitzel	13.14a		Hillsboro/Central Va...
45.	9	Nick Wulfekuhle	13.21a	PR	Richland
46.	11	Wyatt Braswell	13.24a	PR	Thompson
47.	11	Sam Elliot	13.25a		Hankinson
48.	9	Carter Borg	13.31a		Valley City

Womens Results

100 Meters Varsity - Finals

1.	9	Elise Wisnewski	12.50a		Central Cass
2.	12	Lanie Awender	12.96a		Oakes
3.	9	Paige Renschler	13.16a		Shanley
4.	9	Ella Olson	13.24a		Oak Grove Lutheran
5.	12	Elizabeth Schanilec	13.35a		
6.	12	Olivia Olson	13.52a	SR	Valley City
7.	9	Kayla Tretter	13.56a		Northern Cass
8.	9	Mesiku Hakim	13.57a		Shanley
9.	10	Jocie Aasen	13.63a		Northern Cass
10.	7	Olivia Siverson	13.64a		Central Cass
11.	8	Ali Henke	13.94a	PR	Kindred
12.	10	Delaney Cotton	13.95a	PR	Central Cass
13.	7	Jaelyn Bertsch	13.96a		Edgeley/Kulm
14.	9	Allie Emineth	14.16a	PR	Shanley
15.	8	Kennedy Olsen	14.17a		Hillsboro/Central Va...
16.	8	Elsa Ingebrigtson	14.29a	PR	Kindred
17.	9	Leah Meyer	14.30a		Shanley
18.	9	Ellie Machayya	14.31a		Oak Grove Lutheran
19.	11	Esther Benton	14.34a		Wahpeton
20.	10	Hezikiah Wilson	14.40a	PR	Hankinson
21.	11	Molly Musland	14.40a	SR	LaMoure/Litch-Marion
22.	12	Paige Priewe	14.41a	PR	Central Cass
23.	11	Christa Habiger	14.42a	SR	Wahpeton
24.	10	Rachel Bergstad	14.51a	PR	Enderlin/Maple Valley
25.	12	Jaden Gilje	14.52a		Sargent County
26.	12	Sadie Jameson	14.58a		Enderlin/Maple Valley
27.	12	Theresa Davis	14.63a		West Fargo
28.	7	Elizabeth Kleven	14.65a	PR	Finley-Sharon-Hope-P...
29.	10	Kaydence Streyle	14.67a		Kindred
30.	9	Alana Anderson	14.74a		Sargent County
31.	9	Christiana Mehn	14.79a	PR	West Fargo
32.	11	Kalin Lachowitzer	14.80a		Kindred
33.	11	Emily Kalm	14.84a		Northern Cass
34.	11	Trinity Iverson	14.90a		Barnes County North
35.	9	Katelyn Rott	14.92a		West Fargo
36.	10	Emma Aamold	15.02a	PR	Hillsboro/Central Va...
37.	9	Amyah Max	15.07a		Wahpeton
37.	9	Isabel Viele	15.07a		Richland
39.	11	Angel Wilson	15.10a	PR	Hankinson
40.	11	Stella Benson	15.35a		Hillsboro/Central Va...
41.	10	Julia Kellerman	15.48a		Oak Grove Lutheran
42.	11	Aiyana Allard	15.59a	SR	Wahpeton
43.	11	Morgan Jenner	15.61a	PR	Valley City
44.	9	Grace Irey	15.73a		Edgeley/Kulm
45.	9	Kylin Kemmet	15.80a		Northern Cass
46.	12	Madde Shell	15.90a		West Fargo
47.	9	Elise Elliot	15.93a		Hankinson
48.	9	Hannah Lingen	15.98a		Hankinson

49.	9	Cooper Boll	13.36a		Hankinson
50.	11	Dylan Aarseth	13.40a	PR	Enderlin/Maple Valley
51.	9	Andrew Theis	13.48a		Wyndmere-Lidgerwood
52.	9	Jonah Harstad	13.54a		Barnes County North
53.	9	Brooks Braun	13.58a		Finley-Sharon-Hope-P...
54.	9	Heath Eder	13.63a	PR	West Fargo
55.	9	Talon Larson	13.66a		Valley City
56.	9	Craig Anderson	13.76a		Finley-Sharon-Hope-P...
57.	9	Boeden Allen	13.83a	PR	Hillsboro/Central Va...
58.	9	Peyton Bergh	13.84a	PR	Sargent County
59.	10	Carter Gilje	13.89a		Sargent County
60.	9	Brayden Stockert	13.89a		Richland
61.	10	Zach Bixby	14.00a		Sargent County
62.	10	John Kottke	14.47a		Sargent County
63.	9	Lawyer Judisch	14.49a		May-Port CG
64.	10	Kayden Quick	14.50a	PR	Barnes County North
65.	9	James Winterquist	14.56a		Northern Cass
66.	9	Mason Hoff	14.79a	PR	Northern Cass
67.	10	Nick LeMier	14.96a	PR	Valley City
68.	9	Hunter Holm	15.70a		Northern Cass
69.	9	Zak Paul	16.00a		Shanley
	9	Logan Falk	DNS		Hankinson

200 Meters Varsity - Finals

1.	11	John Gores	23.28a	PR	Shanley
2.	11	Austin Shape	23.39a		Valley City
3.	11	Frosty Wisnewski	23.58a	PR	Central Cass
4.	12	Payton Cauthon	23.58a		Kidder County
5.	12	Jorgen Paulson	23.86a		Edgeley/Kulm
6.	11	Evan Mielke	23.90a		Valley City
7.	10	John Kaldor	24.12a		Hillsboro/Central Va...
8.	12	Logan Krueger	24.26a	PR	May-Port CG
9.	10	Charlie Biewer	24.40a		Kindred
10.	9	Isaac Wisnewski	24.55a	PR	Central Cass
11.	12	Samuel Badger	24.65a	PR	Central Cass
12.	10	Cruz Hernandez	24.72a		Hankinson
13.	10	Jorgen Swenson	24.80a	PR	Kindred
14.	11	Blake Schafer	24.87a		Wahpeton
15.	11	Trevon Rodriguez	24.88a		Oak Grove Lutheran
16.	11	Kyreece McGaughy	24.94a		LaMoure/Litch-Marion
17.	12	John Wagner	24.99a	PR	Kidder County
18.	12	Ty Fountain	24.99a	SR	Enderlin/Maple Valley
19.	11	Riley Schmit	25.03a	PR	Wahpeton
20.	9	Chase Kjervestad	25.07a		West Fargo
21.	11	Jack Olson	25.21a	PR	Kindred
22.	12	Nathan Rage	25.22a		Hillsboro/Central Va...
23.	10	Owen Wiersma	25.23a		Central Cass
24.	9	Ahmed Al Zenad	25.51a		West Fargo
25.	12	Jacob Strand	25.53a	SR	May-Port CG
26.	12	Jacob Bartels	25.53a	SR	Wahpeton
27.	8	Owen Lesko	25.60a		LaMoure/Litch-Marion
28.	11	Doug Geier	25.63a	PR	Finley-Sharon-Hope-P...
29.	12	Brady Owens	25.68a	PR	Wahpeton
30.	10	Exander Minets	25.72a	PR	Barnes County North
31.	12	Shawn Klabo	25.94a	PR	May-Port CG
32.	9	Tyler Brandt	25.94a		Wyndmere-Lidgerwood
33.	11	Gavin Mitzel	26.01a	PR	Hillsboro/Central Va...
34.	8	Braedon Kinzler	26.15a		Edgeley/Kulm
35.	9	Cameron Schartzwalter	26.30a		Kindred
36.	9	Jarret Gebhardt	26.31a		Oakes
49.	11	Kassidy Wendt	15.99a		Enderlin/Maple Valley
50.	10	Harper Kracht	16.49a		Sargent County
51.	10	Isabella Ferderer	16.64a		Sargent County
52.	10	Cierra Pabst	17.58a		Valley City
53.	10	Ayana Richtsmeier	17.68a		Thompson
54.	9	Anna Roemmich	18.37a	PR	Barnes County North
	10	Brooklyn Groth	DNS		May-Port CG

200 Meters Varsity - Finals

1.	12	Lanie Awender	26.99a		Oakes
2.	9	Ella Olson	27.43a		Oak Grove Lutheran
3.	9	Paige Renschler	27.46a		Shanley
4.	9	Tess Rohrbeck	28.03a	PR	Kindred
5.	9	Kayla Tretter	28.04a		Northern Cass
6.	12	Elizabeth Schanilec	28.16a		
7.	10	Kathryn Bradner	28.69a		May-Port CG
8.	12	Brooklyn Kelsch	28.74a		Shanley
9.	8	Kennedy Olsen	28.88a		Hillsboro/Central Va...
10.	7	Jaelyn Bertsch	29.15a	PR	Edgeley/Kulm
11.	9	Leah Meyer	29.21a		Shanley
12.	9	Ellie Machayya	29.55a	PR	Oak Grove Lutheran
13.	9	Anicka Boruvka	29.73a		Edgeley/Kulm
14.	9	Tiahna Wald	30.07a		Edgeley/Kulm
15.	8	Jordyn Tozer	30.40a	PR	Thompson
16.	9	Cassidy Murphy	30.53a		Kindred
17.	8	Lexi Ogren	30.64a	PR	Kindred
18.	10	Reagan Wohlers	30.86a	PR	Wahpeton
19.	7	Elizabeth Kleven	31.13a	PR	Finley-Sharon-Hope-P...
20.	11	Esther Benton	31.20a	PR	Wahpeton
21.	9	Addison Roller	31.21a	PR	Thompson
22.	11	Trinity Iverson	31.33a		Barnes County North
23.	9	Christiana Mehn	31.42a	PR	West Fargo
24.	8	Victoria Sanchez	31.42a	PR	Valley City
25.	11	Tenley Evans	31.46a		Hankinson
26.	12	Sadie Jameson	31.54a		Enderlin/Maple Valley
27.	10	Rachel Bergstad	31.59a	PR	Enderlin/Maple Valley
28.	11	Emily Kalm	31.93a		Northern Cass
29.	9	Isabel Viele	31.94a	PR	Richland
30.	9	Estella Prochnow	32.15a		Hankinson
31.	10	Kiara Jangula	32.21a		Edgeley/Kulm
32.	9	Addison Gerdon	32.43a		Wahpeton
33.	11	Julianna Beaupre	32.60a	SR	Hillsboro/Central Va...
34.	10	Julia Kellerman	32.88a	PR	Oak Grove Lutheran
35.	10	Elyssa Heppner	32.94a		Hillsboro/Central Va...
36.	9	Kylin Kemmet	33.23a		Northern Cass
37.	11	Morgan Jenner	33.40a	PR	Valley City
38.	11	McKenna Breuer	33.79a	PR	Wahpeton
39.	8	Margaux Butenhoff	33.82a		Oak Grove Lutheran
40.	7	Claire Ihry	33.90a	PR	Finley-Sharon-Hope-P...
41.	9	Ava Anderson	34.22a	PR	Thompson
42.	10	Harper Kracht	34.68a		Sargent County
43.	11	Angel Wilson	34.69a	PR	Hankinson
44.	9	Elise Elliot	35.16a		Hankinson
45.	10	Lily Walth	35.92a		Sargent County
46.	10	Isabella Ferderer	37.26a		Sargent County
47.	10	Cierra Pabst	38.76a		Valley City
48.	9	Anna Roemmich	39.70a	PR	Barnes County North
	9	Katelyn Rott	DNS		West Fargo
	10	Zoey Bohnenstingl	DNS		Wyndmere-Lidgerwood

37.	12	Josh Weaver	26.38a	May-Port CG
38.	11	Sam Elliot	26.44a	Hankinson
39.	10	Riley Fernow	26.44a	Enderlin/Maple Valley
40.	9	Tommy Baldwin	26.45a	Wyndmere-Lidgerwood
41.	12	Peter Bryn	26.57a	Barnes County North
42.	10	Jake Wright	26.64a PR	Hillsboro/Central Va...
43.	10	Clay Hovelson	26.70a PR	Enderlin/Maple Valley
44.	10	Grayson Geigle	26.87a	Shanley
45.	9	Andrew Schenck	27.16a	Northern Cass
46.	8	Jack Bier	27.25a PR	Oak Grove Lutheran
47.	9	Jonah Harstad	27.36a PR	Barnes County North
48.	9	Talon Larson	27.47a	Valley City
49.	9	Heath Eder	27.70a PR	West Fargo
50.	9	Brooks Braun	27.97a PR	Finley-Sharon-Hope-P...
51.	9	Andrew Theis	28.07a	Wyndmere-Lidgerwood
52.	9	Jacob Nitschke	28.10a	Edgeley/Kulm
53.	12	Alex Kukowski	28.53a	Edgeley/Kulm
54.	10	Jared Kunze	28.69a	Barnes County North
55.	9	Brayden Stockert	28.70a	Richland
56.	9	Craig Anderson	28.82a PR	Finley-Sharon-Hope-P...
57.	10	Carter Gilje	28.97a	Sargent County
58.	9	Luke Rowan	29.45a	Thompson
59.	9	Jaxson Anderson	29.68a PR	West Fargo
60.	9	James Winterquist	29.70a	Northern Cass
61.	9	Carson Johnson	29.77a	Northern Cass
62.	9	Lawyer Judisch	29.99a	May-Port CG
63.	9	Mason Hoff	30.84a	Northern Cass
64.	10	Nick LeMier	30.92a PR	Valley City
65.	9	Alex Paul	32.69a PR	Shanley
	9	Luke Martinson	DNS	Sargent County
	9	Peyton Bergh	DNS	Sargent County

400 Meters Varsity - Finals

1.	12	Garret Meehl	52.13a PR	Oakes
2.	12	Tristin Johnson	52.84a SR	Northern Cass
3.	10	Henry Nelson	53.05a PR	Hillsboro/Central Va...
4.	11	Frosty Wisnewski	53.63a PR	Central Cass
5.	10	Isaac Johnson	54.48a PR	Northern Cass
6.	12	Logan Krueger	54.65a PR	May-Port CG
7.	12	Ty Fountain	56.16a PR	Enderlin/Maple Valley
8.	10	Joseph Heim	56.98a	Oakes
9.	9	Joe Flaherty	57.27a PR	Shanley
10.	11	Ben Rowan	57.44a	Thompson
11.	11	Doug Geier	57.54a PR	Finley-Sharon-Hope-P...
12.	11	Riley Schmit	57.82a PR	Wahpeton
13.	12	Grant Strand	57.95a PR	May-Port CG
14.	10	Exander Minets	57.96a PR	Barnes County North
15.	11	Colin Samuels	58.16a	Wahpeton
16.	10	Jacob Brend	58.62a	Thompson
17.	9	Isaac Wisnewski	58.96a	Central Cass
18.	9	Jack Davis	59.13a PR	Kindred
19.	9	Nathan Andrews	59.18a PR	Shanley
20.	10	Clay Hovelson	1:00.96a PR	Enderlin/Maple Valley
21.	11	Caeden Francis	1:01.38a PR	Central Cass
22.	12	Jack Bradner	1:01.64a	May-Port CG
23.	10	Austin Huber	1:02.08a PR	Edgeley/Kulm
24.	12	Daniel Wintch	1:02.76a PR	Valley City
25.	9	Heath Eder	1:02.85a PR	West Fargo
26.	12	Jacob Edgerley	1:03.26a	Kindred
27.	11	Connor Pfennig	1:04.92a	Valley City
28.	12	Michael Loegering	1:07.06a PR	Central Cass
29.	9	Dylan Andrys	1:09.42a	Edgeley/Kulm
	10	Elle Terstriep	DNS	Shanley
	10	Tarah Heley	DNS	Wyndmere-Lidgerwood
	10	Jozi Duffy	DNS	LaMoure/Litch-Marion
	12	Theresa Davis	DNS	West Fargo

400 Meters Varsity - Finals

1.	9	Elise Wisnewski	59.94a	Central Cass
2.	12	Elizabeth Schanilec	1:02.97a	
3.	10	Kinsey Pedersen	1:05.30a PR	Wahpeton
4.	7	Grace Lemar	1:06.95a PR	Central Cass
5.	9	Allie Emineth	1:07.23a	Shanley
6.	11	Claire Snyder	1:07.46a	Thompson
7.	9	Leah Meyer	1:07.54a PR	Shanley
8.	12	Jensyn Zink	1:08.28a	Hillsboro/Central Va...
9.	9	Leah Locklear	1:08.81a	West Fargo
10.	8	Halle Miller	1:09.24a	Wahpeton
11.	8	Joely Anderson	1:09.35a PR	Thompson
12.	12	Tiffany Springer	1:09.43a	Wyndmere-Lidgerwood
13.	8	Victoria Sanchez	1:09.84a PR	Valley City
14.	7	Izzy Thompson	1:10.24a PR	Central Cass
15.	11	Ava Olson	1:10.54a	Kindred
16.	10	Alison Hoerer	1:10.62a PR	Wahpeton
17.	9	Alana Anderson	1:11.05a PR	Sargent County
18.	8	Lexi Ogren	1:11.43a	Kindred
19.	10	Jaci Praska	1:11.79a PR	Oakes
20.	11	Julianna Beaupre	1:13.02a SR	Hillsboro/Central Va...
21.	10	Alli Stromsodt	1:13.24a PR	Finley-Sharon-Hope-P...
22.	10	Brynn Dethlefsen	1:13.45a PR	Oakes
23.	12	Madde Shell	1:15.09a PR	West Fargo
24.	11	Morgan Jenner	1:15.42a PR	Valley City
25.	11	Emily Kalm	1:15.44a SR	Northern Cass
26.	8	Sadie Gallagher	1:15.55a PR	Hillsboro/Central Va...
27.	7	Claire Ihry	1:18.14a PR	Finley-Sharon-Hope-P...
28.	11	Angela Brayton	1:18.54a PR	Northern Cass
29.	10	Jozi Duffy	1:20.45a	LaMoure/Litch-Marion
30.	10	Elyssa Heppner	1:20.56a	Hillsboro/Central Va...
31.	11	Samantha Bosch	1:25.53a	Northern Cass
	11	Madison Anderson	DNS	May-Port CG

800 Meters Varsity - Finals

1.	12	Drew Frolek	2:24.39a PR	Wyndmere-Lidgerwood
2.	11	Anna Bernhardt	2:24.94a PR	Shanley
3.	9	Reagan Berg	2:25.07a PR	Valley City
4.	11	Dreah Frolek	2:26.85a PR	Wyndmere-Lidgerwood
5.	10	Norah Entzi	2:31.04a	Edgeley/Kulm
6.	9	Peyton Gette	2:31.81a PR	Kindred
7.	12	Kaela Schultz	2:32.60a PR	Thompson
8.	9	Olivia Frolek	2:33.86a PR	Wyndmere-Lidgerwood
9.	12	Avery Murray	2:33.88a PR	Valley City
10.	9	Ally Goodmanson	2:34.01a PR	Kindred
11.	12	Kendra Kaczynski	2:34.09a PR	Wyndmere-Lidgerwood
12.	11	Sydney Mahrer	2:36.71a SR	Wahpeton
13.	8	Jersey Lang	2:39.15a PR	Oak Grove Lutheran
14.	8	Emery Holland	2:39.54a PR	Central Cass
15.	9	Annika Stroh	2:39.92a PR	Sargent County
16.	10	Ava Webber	2:40.28a SR	Oak Grove Lutheran
17.	8	Jersey Vogel	2:40.51a PR	Central Cass
18.	9	Mataeya Mathern	2:41.58a PR	Edgeley/Kulm
19.	12	Ashley McFadgen	2:41.89a PR	Barnes County North

30.	9	Ahmed Falir	1:09.90a		West Fargo
31.	9	Peter Oanes	1:10.02a		Hillsboro/Central Va...
32.	9	Jace Steinberger	1:11.46a	PR	Northern Cass
33.	9	Luke Rowan	1:11.92a	PR	Thompson
34.	10	Jack Fehr	1:11.93a	PR	Barnes County North
35.	11	Trenton Bloms	1:22.38a		Wahpeton
	10	Peter Dryburgh	DNS		Hillsboro/Central Va...
	9	Noah Berge	DNS		Wahpeton
	9	Boeden Allen	DNS		Hillsboro/Central Va...
	12	Jacob Strand	DNS		May-Port CG

800 Meters Varsity - Finals

1.	12	Caaden Rath	2:03.95a	PR	Kindred
2.	12	Ethan Sherva	2:07.39a	PR	Hillsboro/Central Va...
3.	12	Lane McCleary	2:07.90a	PR	Enderlin/Maple Valley
4.	10	Jeremiah Dockter	2:11.66a	SR	Kindred
5.	9	Blayson Dolney	2:12.80a	PR	Oakes
6.	12	Luke Mager	2:13.12a		Thompson
7.	12	Gus Lasch	2:13.45a	PR	Wahpeton
8.	10	Rylee Bakkegard	2:13.55a	PR	Oak Grove Lutheran
9.	11	Reese Nygaard	2:15.54a	PR	Thompson
10.	11	Noah Geffre	2:16.06a		Shanley
11.	12	Evan Gross	2:17.92a		Central Cass
12.	12	Kade Palmer	2:19.33a		May-Port CG
13.	10	Brayden Steffes	2:19.54a	PR	LaMoure/Litch-Marion
14.	12	Adam Mayer	2:21.52a	SR	Oakes
15.	12	Blake Nelson	2:21.82a	PR	Shanley
16.	11	Brandon Peters	2:22.13a		Oakes
17.	11	Donald Worrell	2:22.86a	PR	Enderlin/Maple Valley
18.	9	Eli Christensen	2:24.03a	PR	Enderlin/Maple Valley
19.	10	Peter Dryburgh	2:25.78a	PR	Hillsboro/Central Va...
20.	11	Garrison Miller	2:26.88a	PR	Shanley
21.	7	Beck Ulven	2:28.01a	PR	Oak Grove Lutheran
22.	9	Ronnie Burchill	2:28.07a	PR	Central Cass
23.	12	Daniel Wintch	2:28.31a		Valley City
24.	9	Andy Garman	2:28.59a	PR	Central Cass
25.	10	Brady Lettenmaier	2:28.90a	PR	LaMoure/Litch-Marion
26.	11	Connor Pfennig	2:29.44a	PR	Valley City
27.	12	Jeffrey Porter	2:31.04a	PR	Oak Grove Lutheran
28.	10	Gabriel Little Dog	2:32.29a		Valley City
29.	9	Wyatt Hahn	2:34.03a	PR	Kindred
30.	10	Andrew Holman	2:40.66a	PR	Oak Grove Lutheran
31.	8	Jace Duffy	2:43.30a	PR	LaMoure/Litch-Marion
32.	11	Aaron Kotta	2:45.03a	PR	Valley City
33.	9	Dylan Andrys	2:46.21a	PR	Edgeley/Kulm
34.	9	Matthew Wehseler	2:47.35a	PR	Sargent County
35.	9	Jace Steinberger	2:48.11a	PR	Northern Cass
36.	10	Ethan Revering	3:12.07a		Edgeley/Kulm
37.	10	Tyson Siemieniewski	3:21.14a		Sargent County
	11	Lucas Peterson	DNS		May-Port CG
	11	Trenton Bloms	DNS		Wahpeton
	9	Brady Pfaff-Christianson	DNS		LaMoure/Litch-Marion

1600 Meters Varsity - Finals

1.	12	Caaden Rath	4:43.35a	PR	Kindred
2.	12	Luke Mager	4:57.03a		Thompson
3.	12	Emmett Kenney	4:59.58a	PR	Shanley
20.	10	Carly Goven	2:42.52a	PR	Valley City
21.	7	Molly Meier	2:42.86a	PR	Central Cass
22.	8	Carissa Mueller	2:45.14a		May-Port CG
23.	11	Taytum Vogel	2:46.24a		Central Cass
24.	8	Elsa Ingebrigtson	2:46.34a	PR	Kindred
25.	11	Kilee Bladow	2:46.61a		Wahpeton
26.	8	Stella Walberg	2:47.44a		Kindred
27.	9	McKenna Dickhoff	2:50.50a	PR	Hillsboro/Central Va...
28.	8	Kiley Huebner	2:53.35a	PR	Thompson
29.	11	Taylor Schneider	2:55.54a		Shanley
30.	7	Lucy Grothmann	2:56.96a	PR	Shanley
31.	9	Mallory Strand	2:59.25a		Shanley
32.	8	Kierstin Ertelt	3:00.11a	PR	Oak Grove Lutheran
33.	12	Gabby Baumgardner	3:00.12a	PR	Wahpeton
34.	8	Elizabeth Wodrich	3:03.79a	PR	Oak Grove Lutheran
35.	8	Libby Mathern	3:07.88a		Edgeley/Kulm
36.	9	Skylar Johnson	3:09.78a		Northern Cass
37.	8	Sarah Mager	3:15.68a	PR	Thompson
38.	9	Eve Thompson	3:18.98a	PR	Finley-Sharon-Hope-P...
39.	11	Trista Weigelt	3:24.99a	PR	Sargent County
40.	10	Tamra Johnson	3:28.10a	PR	LaMoure/Litch-Marion
41.	12	Maggie Kujanson	3:39.92a		Sargent County
	10	Jozi Duffy	DQ		LaMoure/Litch-Marion

1600 Meters Varsity - Finals

1.	9	Peyton Gette	5:32.27a	PR	Kindred
2.	9	Ally Goodmanson	5:37.60a	PR	Kindred
3.	9	Olivia Frolek	5:38.78a		Wyndmere-Lidgerwood
4.	11	Anna Strand	5:43.89a		May-Port CG
5.	9	Annika Stroh	5:49.44a	PR	Sargent County
6.	12	Korina Holte	5:54.86a	PR	Hillsboro/Central Va...
7.	7	Molly Meier	5:55.18a	PR	Central Cass
8.	12	Emma Cullen	5:56.00a	PR	Thompson
9.	7	Jerzi Narum	5:58.64a	PR	Central Cass
10.	11	Sydney Mahrer	6:07.86a	SR	Wahpeton
11.	9	Mallory Strand	6:15.10a	PR	Shanley
12.	8	Kayla Knudsvig	6:23.94a	PR	May-Port CG
13.	12	Gabby Baumgardner	6:31.32a		Wahpeton
14.	12	Airial Johnson	6:37.07a	PR	Northern Cass
15.	8	Sophia Johnson	6:38.24a		May-Port CG
16.	9	Olivia Solhjem	6:51.94a		Kindred
17.	8	Liz Cullen	6:53.95a	PR	Thompson
18.	8	Audrey Anderson	6:54.14a	PR	Hillsboro/Central Va...
19.	9	Allison Bryn	7:05.23a		Barnes County North
20.	10	Jessi Neidviecky	7:10.42a	PR	Central Cass
21.	9	Eve Thompson	7:17.69a		Finley-Sharon-Hope-P...
22.	11	Trista Weigelt	7:31.51a		Sargent County
23.	9	Josie Lange	7:41.97a	PR	LaMoure/Litch-Marion
24.	9	Izzy Miller	7:42.70a	SR	LaMoure/Litch-Marion
25.	12	Maggie Kujanson	7:52.25a	SR	Sargent County
26.	11	Serena Wallen	8:37.25a		Barnes County North

3200 Meters Varsity - Finals

1.	8	Greta Goven	12:17.54a		Valley City
2.	9	Mallory Alfson	13:05.08a	PR	Hillsboro/Central Va...
3.	11	Kiley Craft	13:44.41a	SR	Shanley
4.	7	Kiaza Carlson	13:47.42a	PR	Finley-Sharon-Hope-P...

4.	11	Donald Worrell	5:07.08a		Enderlin/Maple Valley
5.	10	Luke Baumgardner	5:12.48a		Wahpeton
6.	12	Shawn Klabo	5:16.14a	SR	May-Port CG
7.	9	Keaton Olson	5:17.33a		Kindred
8.	9	Adam Smith	5:17.60a		Hillsboro/Central Va...
9.	12	Charlie Hapka	5:21.24a		Shanley
10.	7	Beck Ulven	5:22.68a	PR	Oak Grove Lutheran
11.	12	Gus Lasch	5:23.05a	SR	Wahpeton
12.	10	Rylee Bakkegard	5:23.39a	PR	Oak Grove Lutheran
13.	7	Niko Zink	5:24.61a		Hillsboro/Central Va...
14.	11	Noah Geffre	5:26.62a		Shanley
15.	9	Eli Christensen	5:30.14a	PR	Enderlin/Maple Valley
16.	12	Jeffrey Porter	5:30.80a	PR	Oak Grove Lutheran
17.	12	Dalton Schmit	5:31.78a		Oakes
18.	10	Gabriel Little Dog	5:37.68a	PR	Valley City
19.	9	Noah Sauvageau	5:37.85a	PR	Kindred
20.	9	Lucas Dahl	5:40.49a		Kindred
21.	10	Simon Mau	5:45.34a	SR	Hillsboro/Central Va...
22.	8	Parker Lettenmaier	5:45.62a	PR	Barnes County North
23.	8	Jace Duffy	5:49.58a	PR	LaMoure/Litch-Marion
24.	9	Josiah Olson	5:53.96a	PR	Enderlin/Maple Valley
25.	11	Lucas Peterson	5:56.63a	PR	May-Port CG
26.	12	Kaden Schroeder	5:58.44a	SR	Richland
27.	11	Devan Diemert	6:00.00a	SR	Wahpeton
28.	10	Andrew Holman	6:03.99a		Oak Grove Lutheran
29.	9	Cody Mayer	6:04.80a		Oakes
30.	9	Matthew Wehseler	6:12.82a	PR	Sargent County
31.	11	Evan Podoll	6:16.39a	PR	LaMoure/Litch-Marion
32.	12	Kade Christianson	6:19.12a	PR	Barnes County North
33.	11	Aidan Sears	6:21.43a		Central Cass
34.	10	Levi Christianson	6:24.74a	PR	Barnes County North
35.	12	David Ausk	6:27.07a	PR	Central Cass
36.	10	Tyson Siemieniewski	6:58.88a		Sargent County
37.	10	Ethan Revering	7:03.56a		Edgeley/Kulm

3200 Meters Varsity - Finals

1.	11	Ethan Schaffer	10:28.67a	SR	Kindred
2.	11	Tanner Lundwall	10:29.12a	PR	May-Port CG
3.	10	Cole Campbell	10:37.71a	PR	Kindred
4.	10	Luke Baumgardner	12:01.70a		Wahpeton
5.	9	Ben Miller	12:13.07a		Kindred
6.	9	Jordan Haakenson	12:59.73a	PR	Kindred
7.	11	Grady Henderson	12:59.74a	PR	Edgeley/Kulm

110m Hurdles - 39" Varsity - Finals

1.	12	Jared Eggermont	15.19a	PR	Valley City
2.	12	Hunter Allmaras	15.76a	PR	Northern Cass
3.	10	Trey Heinrich	16.46a		Kindred
4.	12	Jacob Bartels	16.74a	PR	Wahpeton
5.	11	Caleb Klabunde	17.24a	PR	Kindred
6.	11	Ryan Juve	17.48a	PR	Thompson
7.	10	Jake Wright	19.29a		Hillsboro/Central Va...
8.	7	Gunner Thielges	19.38a		LaMoure/Litch-Marion
9.	9	Nick Wulfekuhle	19.94a		Richland
10.	9	Anthony Alonzo	20.01a		West Fargo

100m Hurdles - 33" Varsity - Finals

1.	9	MaKayla Allmaras	17.50a		Northern Cass
2.	12	Paige Priewe	17.65a		Central Cass
3.	10	Emma Muggli	18.04a		Oakes
4.	10	Ciara Zunich	18.12a	PR	Thompson
5.	11	Ali Moses	18.14a		Thompson
6.	11	Mackenzie Amerman	18.15a		Kindred
7.	11	Molly Musland	18.25a	PR	LaMoure/Litch-Marion
8.	10	Kathryn Bradner	18.36a		May-Port CG
9.	8	Odura Isaac	18.48a		Shanley
10.	11	Anna Berg	18.51a		Kindred
11.	8	Elsa Ingebrigtson	18.57a	PR	Kindred
12.	12	Lexi Telehey	18.67a	SR	Thompson
13.	9	Carly Pearson	19.43a	PR	Kindred
14.	8	Madison Wendel	19.49a	PR	Valley City
15.	10	Elle Terstriep	19.53a		Shanley
16.	11	Tenley Evans	19.58a		Hankinson
17.	9	Heidi Wiedeman	20.12a	PR	West Fargo
18.	8	Ann Muggli	20.20a		Oakes
19.	9	Isabel Viele	20.95a	PR	Richland
20.	9	Ava Anderson	21.54a	PR	Thompson
21.	9	Kierra Parker	21.70a		Central Cass
22.	7	Norah DelaBarre	21.83a		LaMoure/Litch-Marion
23.	9	Talitha Benton	21.86a		Wahpeton
24.	8	Georgia Lettenmaier	22.05a		LaMoure/Litch-Marion
25.	9	Marisa Sleath	22.80a		West Fargo
26.	9	Kennedy Polda	23.42a	PR	Wahpeton
27.	11	Trista Weigelt	23.63a		Sargent County
	10	Genevieve Gruba	DNS		Enderlin/Maple Valley
	9	Shanna Seelye	DNS		Sargent County

300m Hurdles - 30" Varsity - Finals

1.	11	Molly Musland	50.10a	PR	LaMoure/Litch-Marion
2.	11	Anna Berg	50.23a		Kindred
3.	8	Elsa Ingebrigtson	51.09a	PR	Kindred
4.	7	Grace Lemar	51.61a	PR	Central Cass
5.	10	Jordan West	53.02a		Thompson
6.	11	Mackenzie Amerman	53.22a		Kindred
7.	8	Ann Muggli	53.89a		Oakes
8.	8	Kennedy Bakko	54.19a	PR	Kindred
9.	11	Tenley Evans	54.69a		Hankinson
10.	12	Paige Priewe	55.61a		Central Cass
11.	8	Odura Isaac	55.80a		Shanley
12.	10	Sydnee Ingstad	55.94a		Valley City
13.	7	Norah DelaBarre	56.12a		LaMoure/Litch-Marion
14.	9	Isabel Viele	56.68a	PR	Richland
15.	8	Kiley Huebner	57.27a	PR	Thompson
16.	10	Tarah Heley	57.44a	PR	Wyndmere-Lidgerwood
17.	8	Georgia Lettenmaier	58.18a		LaMoure/Litch-Marion
18.	9	Talitha Benton	59.46a		Wahpeton
19.	9	Kierra Parker	1:00.20a		Central Cass
20.	8	Sarah Mager	1:01.23a	PR	Thompson
21.	11	McKenna Breuer	1:02.64a		Wahpeton
	9	MaKayla Allmaras	DQ		Northern Cass
	10	Emma Bontjes	DNS		Wahpeton
	10	Genevieve Gruba	DNS		Enderlin/Maple Valley

11.	9	Kasen Buchholz	20.68a		Hillsboro/Central Va...
12.	11	Wyatt Braswell	21.24a	PR	Thompson
13.	9	Trey Skoglund	21.29a		Oakes
14.	10	Andrew Withuski	21.68a	PR	Wahpeton
15.	9	Luke Schroeder	21.75a	PR	Enderlin/Maple Valley
16.	8	Josh Juve	21.88a	PR	Thompson
17.	9	Brayden Stockert	22.22a		Richland
	9	Zane Seely	DNS		Northern Cass

300m Hurdles - 36" Varsity - Finals

1.	12	Jared Eggermont	41.13a	PR	Valley City
2.	12	Jacob Bartels	42.42a	PR	Wahpeton
3.	10	Trey Heinrich	42.44a		Kindred
4.	12	Eli Heinrich	42.51a		Kindred
5.	12	Max Fehr	44.65a	PR	Barnes County North
6.	11	Caleb Klabunde	44.94a	PR	Kindred
7.	7	Gunner Thielges	45.78a	PR	LaMoure/Litch-Marion
8.	11	Ryan Juve	46.74a		Thompson
9.	9	Max Musland	46.91a	PR	LaMoure/Litch-Marion
10.	9	Nick Wulfekuhle	47.27a	PR	Richland
11.	12	Lane McCleary	47.87a	PR	Enderlin/Maple Valley
12.	10	Jake Wright	48.40a	PR	Hillsboro/Central Va...
13.	9	Anthony Alonzo	49.02a	PR	West Fargo
14.	9	Trey Skoglund	49.39a	PR	Oakes
15.	10	Andrew Withuski	52.28a	PR	Wahpeton

4x100 Relay Varsity - Finals

1.	Carter Borg Austin Shape Evan Mielke Jaden Compson	45.37a	Valley City
2.	John Gores Carson Dean Carter Kochmann Luke Hollcraft	45.80a	Shanley
3.	Jonah Harter John Wagner Jacob Biegler Payton Cauthon	46.29a	Kidder County
4.	Nathan Worrel Blake Schafer Beau Arenstein Shea Truesdell	46.32a	Wahpeton
5.	Owen Lesko Kyreece McGaughy Gunner Thielges Brady Lettenmaier	47.22a	LaMoure/Litch-Marion
6.	Joseph Heim Landon Ptacek Garret Meehl Carter Ptacek	47.83a	Oakes
7.	Luke Dryburgh John Kaldor Parker Gallagher Nathan Rage	47.89a	Hillsboro/Central Va...

4x100 Relay Varsity - Finals

1.	Mesiku Hakim Brooklyn Kelsch Leah Meyer Paige Renschler	52.29a	Shanley
2.	Mackenzie Amerman Tess Rohrbeck Ali Henke Tina Freier	53.00a	Kindred
3.	Tatum Limke Stella Benson Myla Kaldor Kennedy Olsen	53.96a	Hillsboro/Central Va...
4.	Olivia Siverson Izzy Thompson Grace Lemar Decontee Smith	54.13a	Central Cass
5.	Olivia Olson Karina Olson Jocey Kriewald Kadie Kocka	54.47a	Valley City
6.	Sofie Pfund Aubrey Lindteigen Ellie Machayya Ella Olson	54.75a	Oak Grove Lutheran
7.	Christa Habiger Sidnie Pulskamp Halle Miller Alison Hoerer	56.48a	Wahpeton
8.	Lexi Ogren Kennedy Bakko Kaydence Streyle Kalin Lachowitzer	56.75a	Kindred
9.	Jasmine Sherlock Annika Nelson Sara Martinson Jaden Gilje	56.84a	Sargent County
10.	Esther Benton Reagan Wohlers Lidia Motl Quinn Bassingthwaite	58.58a	Wahpeton
11.	Alexis Busch Caroline Puetz Brooke Davis Grace Wolf	58.61a	Wyndmere-Lidgerwood
12.	Mia Van Eeden Norah DelaBarre Grace Stroh Molly Musland	59.04a	LaMoure/Litch-Marion
13.	Katelyn Rott Leah Locklear Christiana Mehn Theresa Davis	1:01.63a	West Fargo
14.	Harper Kracht Isabella Ferderer Lily Walth Evelyn Bixby	1:03.83a	Sargent County

8.	Caleb Klabunde Jack Olson Cameron Schartzwalter Jorgen Swenson	48.07a	Kindred
9.	Cole Ohnstad Andrew Green AJ Tyler Trevon Rodriguez	49.12a	Oak Grove Lutheran
10.	Jaiten Michels Samuel Badger Ashton Czapiewski Peyton Lemar	49.61a	Central Cass
11.	Carter Gilje Nick Hansen Luke Martinson Bryer Crandall	49.64a	Sargent County
12.	Chase Kjervestad Ahmed Al Zenad Anthony Alonzo Alexander Jelinek	50.27a	West Fargo
13.	Josh Weaver Isaiah Palmer Jack Bradner Grant Strand	50.87a	May-Port CG
14.	Tommy Baldwin Jake Kuchera Dylan Severson Tyler Brandt	51.08a	Wyndmere-Lidgerwood
15.	Arcangelo Carbone Austin Huber Zeke Barnick Eli Fernandes	52.12a	Edgeley/Kulm
16.	Layne Billing Evan Richard Cort McDonald Jackson Lange	52.19a	Kindred
17.	Zachary Sykora Talon Larson Hayden Botz Parker Jacobson	52.49a	Valley City
18.	Hunter Holm Carson Johnson Zane Seely James Winterquist	56.93a	Northern Cass

4x200 Relay Varsity - Finals

1.	Sam Roller Max Roller Josh Yon Mason Kurtz	1:36.02a	Thompson
2.	Reed Volden Isaac Johnson Hunter Allmaras Tristin Johnson	1:36.27a	Northern Cass
3.	Charlie Biewer Eli Heinrich Trey Heinrich Ethan McKenney	1:36.58a	Kindred

4x200 Relay Varsity - Finals

1.	Abby Cox Tyler Thompson Emma Muggli Lanie Awender	1:54.48a	Oakes
2.	MaKayla Allmaras Kayla Tretter Cady Evenson Joci Aasen	1:54.96a	Northern Cass
3.	Sofie Pfund Aubrey Lindteigen Ellie Machayya Ella Olson	1:56.19a	Oak Grove Lutheran
4.	Kilee Bladow Kinsey Pedersen Halle Miller Sidnie Pulskamp	1:58.04a	Wahpeton
5.	Jaelyn Bertsch Anicka Boruvka Kiara Jangula Tiahna Wald	1:58.55a	Edgeley/Kulm
6.	Anna Berg Cassidy Murphy Kaydence Streyle Kalin Lachowitzer	1:59.10a	Kindred
7.	Jasmine Sherlock Alannah Beck Sara Martinson Jaden Gilje	2:00.51a	Sargent County
8.	Alexis Busch Tarah Heley Caroline Puetz Grace Wolf	2:01.46a	Wyndmere-Lidgerwood
9.	Leah Locklear Katelyn Rott Madde Shell Theresa Davis	2:02.29a	West Fargo
10.	Estella Prochnow Hannah Lingen Hezikiah Wilson Tenley Evans	2:04.81a	Hankinson
11.	Reagan Wohlers Kennedy Polda Amyah Max Alison Hoerer	2:05.84a	Wahpeton
12.	Alana Anderson Jami Bopp Harper Kracht Lily Walth	2:11.76a	Sargent County
	Julianna Beaupre McKenna Dickhoff Emma Aamold Olivia Anderson	DQ	Hillsboro/Central Va...
	Brooklyn Groth Kathryn Bradner Nora Peterson Tatum Mehus	DNS	May-Port CG

4x400 Relay Varsity - Finals

4.	Luke Dryburgh John Kaldor Parker Gallagher Nathan Rage	1:38.90a	Hillsboro/Central Va...
5.	Charlie Andrys Lane Froehlich Braedon Kinzler Jorgen Paulson	1:39.56a	Edgeley/Kulm
6.	Cole Ohnstad Andrew Green AJ Tyler Trevon Rodriguez	1:41.56a	Oak Grove Lutheran
7.	Carter Gilje Nick Hansen Luke Martinson Bryer Crandall	1:42.83a	Sargent County
8.	Exander Minets Peter Bryn Devin Quick Max Fehr	1:42.92a	Barnes County North
9.	Owen Lesko Max Musland Brayden Steffes Kyreece McGaughy	1:43.27a	LaMoure/Litch-Marion
10.	Chase Kjervestad Ahmed Al Zenad Anthony Alonzo Alexander Jelinek	1:43.49a	West Fargo
11.	Nathan Worrel Colin Samuels Beau Arenstein Brady Owens	1:43.57a	Wahpeton
12.	Blayson Dolney Landon Ptacek Joseph Heim Carter Ptacek	1:43.74a	Oakes
13.	Jace Narum Jaiten Michels Caeden Francis Isaac Wisnewski	1:43.83a	Central Cass
14.	Cameron Schartzwalter Jack Davis Jackson Lange Jacob Edgerley	1:45.19a	Kindred
15.	Josh Weaver Isaiah Palmer Jack Bradner Grant Strand	1:45.90a	May-Port CG
16.	Eli Fernandes Zeke Barnick Arcangelo Carbone Austin Huber	1:52.88a	Edgeley/Kulm

4x400 Relay Varsity - Finals

1.	Carson Dean Emmett Kenney John Gores Carter Kochmann	3:32.30a	Shanley

1.	Anna Strand Madison Anderson Tatum Mehus Nora Peterson	4:18.32a	May-Port CG
2.	Mesiku Hakim Allie Emineth Brooklyn Kelsch Paige Renschler	4:21.62a	Shanley
3.	Julianna Beaupre Emma Aamold Sadie Gallagher McKenna Dickhoff	4:25.70a	Hillsboro/Central Va...
4.	Drew Frolek Kendra Kaczynski Tiffany Springer Dreah Frolek	4:27.88a	Wyndmere-Lidgerwood
5.	Kaela Schultz Jordan West Addison Roller Claire Snyder	4:29.02a	Thompson
6.	Ava Olson Anna Berg Tina Freier Lexi Ogren	4:30.99a	Kindred
7.	Halle Miller Kilee Bladow Sydney Mahrer Kinsey Pedersen	4:32.22a	Wahpeton
8.	Avery Murray Carly Goven Reagan Berg Greta Goven	4:36.22a	Valley City
9.	Jersey Lang Kierstin Ertelt Elizabeth Wodrich Ava Webber	4:53.81a	Oak Grove Lutheran
10.	Lauren Fitch Helen Nudell Elizabeth Solhjem Olivia Solhjem	4:54.12a	Kindred
11.	Jensyn Zink Tatum Limke Korina Holte Myla Kaldor	4:55.84a	Hillsboro/Central Va...
12.	Georgia Lettenmaier Bailie Kelley Grace Stroh Mia Van Eeden	4:56.51a	LaMoure/Litch-Marion
13.	Talitha Benton Addison Gerdon McKenna Breuer Alison Hoerer	4:57.54a	Wahpeton

4x800 Relay Varsity - Finals

1.	Madison Anderson Carissa Mueller Tatum Mehus Anna Strand	10:06.33a	May-Port CG

2.	Ethan Sherva Parker Gallagher Luke Dryburgh Henry Nelson	3:34.81a	Hillsboro/Central Va...
3.	Sam Roller Max Roller Josh Yon Mason Kurtz	3:35.12a	Thompson
4.	Gus Lasch Blake Schafer Colin Samuels Jacob Bartels	3:42.35a	Wahpeton
5.	Charlie Biewer Eli Heinrich Trey Heinrich Caaden Rath	3:44.67a	Kindred
6.	Hunter Allmaras Isaac Johnson Reed Volden Tristin Johnson	3:45.15a	Northern Cass
7.	Jacob Strand Kade Palmer Logan Krueger Shawn Klabo	3:51.21a	May-Port CG
8.	Riley Schmit Devan Diemert Noah Berge Andrew Withuski	3:59.45a	Wahpeton
9.	Owen Lesko Gunner Thielges Max Musland Brayden Steffes	4:02.12a	LaMoure/Litch-Marion
10.	Joe Flaherty Nathan Andrews Noah Geffre Garrison Miller	4:03.87a	Shanley
11.	Boeden Allen Kasen Buchholz Peter Oanes Tom Oanes	4:18.58a	Hillsboro/Central Va...
12.	Arcangelo Carbone Isaiah Gerald Dylan Andrys Eli Fernandes	4:20.85a	Edgeley/Kulm
	Lucas Dahl Keaton Olson Noah Sauvageau Wyatt Hahn	DQ	Kindred

4x800 Relay Varsity - Finals

1.	Luke Mager Reese Nygaard Ben Rowan Josh Yon	8:45.55a	Thompson
2.	Ethan Schaffer Jack Olson Cole Campbell Jeremiah Dockter	9:02.22a	Kindred
3.	Ronnie Burchill Evan Gross Andy Garman Josiah Crandall	9:29.81a	Central Cass
2.	Jensyn Zink Mallory Alfson Korina Holte Myla Kaldor	10:16.09a	Hillsboro/Central Va...
3.	Kaela Schultz Liz Cullen Emma Cullen Claire Snyder	10:33.11a	Thompson
4.	Anna Bernhardt Brooklyn Kelsch Taylor Schneider Lucy Grothmann	10:39.93a	Shanley
5.	Jersey Vogel Taytum Vogel Emery Holland Jerzi Narum	10:47.54a	Central Cass
6.	Norah Entzi Libby Mathern Elli Lloyd Mataeya Mathern	11:05.49a	Edgeley/Kulm
7.	Tyler Thompson Brynn Dethlefsen Jaci Praska Finja Isringhausen	11:10.06a	Oakes
8.	Stella Walberg Elizabeth Solhjem Lauren Fitch Helen Nudell	11:19.59a	Kindred
9.	Allison Bryn Jayden Samek Serena Wallen Ashley McFadgen	12:31.76a	Barnes County North
10.	Angela Brayton Samantha Bosch Airial Johnson Skylar Johnson	12:43.45a	Northern Cass

Shot Put - 4kg Varsity - Finals

1.	12	Sadie Hansen	38' 11 PR	Oakes
2.	12	Moriku Hakim	37' 1 PR	Shanley
3.	9	Seely Stockmoe	36' 8	Shanley
4.	-	Scout Woods	36' 8 PR	Wahpeton
5.	10	Laikyn Roney	34' 9	Oakes
6.	12	Ashlie Mauch	34' 8	Wyndmere-Lidgerwood
7.	12	Sydra Chizek	33' 1	Central Cass
8.	11	Ashley Ebens	32' 9 PR	Kindred
9.	9	Mesiku Hakim	32' 8	Shanley
10.	10	Paige Bishop	32' 8	Hillsboro/Central Va...
11.	10	Emma Osier	32' 7	Sargent County
12.	12	Dana Arp	32' 4	Sargent County
13.	12	Courntey Hovelson	32' 4	Enderlin/Maple Valley
14.	11	Terryn Johnson	31' 11	Kindred
15.	12	Mariah Burd	31' 8	Shanley
16.	11	Emily Kinzler	31' 2 PR	Edgeley/Kulm
17.	10	Mataya Arends	30' 1	Hillsboro/Central Va...
18.	10	Samantha Meehl	30' 0	Oakes
19.	12	Hailey Ernst	29' 10	Thompson
20.	11	Ali Moses	29' 9 PR	Thompson
21.	9	Cassidy Murphy	29' 8 PR	Kindred
22.	11	Andrea Hoyme	29' 6 PR	Kindred
23.	12	Jenna Maker	29' 4	Northern Cass

4.	Dalton Schmit Blayson Dolney Adam Mayer Brandon Peters	9:31.71a	Oakes
5.	Riley Schmit Devan Diemert Noah Berge Colman Barth	9:33.45a	Wahpeton
6.	Niko Zink Simon Mau Adam Smith Peter Dryburgh	9:49.46a	Hillsboro/Central Va...
7.	Boeden Allen Kasen Buchholz Peter Oanes Tom Oanes	10:47.55a	Hillsboro/Central Va...
	Joe Flaherty Nathan Andrews Blake Nelson Charlie Hapka	DQ	Shanley

Shot Put - 12lb Varsity - Finals

1.	12	Kaden Pastian	58' 8	Hillsboro/Central Va...
2.	10	Jack Packer	52' 3	Kindred
3.	11	Nick Thompson	47' 6 PR	Richland
4.	12	Max Vikander	46' 10 PR	Kindred
5.	10	Blake Houska	46' 9	Kindred
6.	9	Riley Sunram	45' 7	Kindred
7.	12	Alex Muggli	44' 6	Oakes
8.	11	Cole Potter	42' 10	Thompson
9.	12	Nick Martin	42' 8	Central Cass
10.	12	Brennan Wiederrich	42' 8	Edgeley/Kulm
11.	12	Landon Hanson	41' 9 SR	Barnes County North
12.	12	Simon Bowden	41' 2	Shanley
13.	12	Ashton Biesterfeld	41' 2 SR	Oakes
14.	10	Brady Guscette	41' 0 PR	Barnes County North
15.	10	Ethan Manock	40' 10.5 PR	Wahpeton
16.	10	Garrett Haugen	40' 7 PR	Central Cass
17.	12	Jonah Hodges	39' 2	May-Port CG
18.	10	Damon Hospidales	39' 2 PR	Shanley
19.	12	Braeden Bloch	38' 6	Shanley
20.	12	Wyatt Moch	38' 2	Edgeley/Kulm
21.	9	Issac Harris	38' 0 PR	Sargent County
22.	11	Tate Jerdee	37' 8 PR	Wyndmere-Lidgerwood
23.	12	Ryan Messner	37' 7	Northern Cass
24.	12	Carson McGough	37' 4 PR	Valley City
25.	12	Jacob Hankel	36' 10	Oakes
26.	11	Sam Ruona	36' 8 PR	West Fargo
27.	10	Brock Wendel	36' 7	LaMoure/Litch-Marion
28.	12	Carson Ketterl	35' 10 PR	Hillsboro/Central Va...
29.	10	Arie Bratrud	35' 10 PR	Valley City
30.	10	John Kottke	35' 10 PR	Sargent County
31.	10	Wyatt Braun	35' 8	LaMoure/Litch-Marion
32.	11	Nathaniel Schuster	35' 7	West Fargo
33.	10	Sage Gusaas	35' 0 PR	LaMoure/Litch-Marion
34.	10	Ryan Stafford	33' 11	Central Cass
35.	12	Michael Benoit	33' 5 PR	Thompson
36.	11	Immanuel Suhardi	33' 5 PR	Hillsboro/Central Va...
24.	12	Gloria Tyler	29' 1	Oak Grove Lutheran
25.	11	Lexi Zafke	28' 9	Thompson
26.	11	Hilary Ernst	28' 9 PR	Thompson
27.	12	Macy Boyer	28' 4	Edgeley/Kulm
28.	10	Gracie Kaczynski	28' 4	Wyndmere-Lidgerwood
29.	10	Makenna Braun	28' 1 PR	West Fargo
30.	9	Makenna Vosberg	28' 0	Wyndmere-Lidgerwood
31.	9	Macoya Hansen	27' 11	Oakes
32.	10	Laura Iverson	27' 6 PR	West Fargo
33.	9	Ashlyn Kahler	27' 2	Wahpeton
34.	10	Cassie Quinlan	26' 11	LaMoure/Litch-Marion
35.	9	Grace Irey	26' 6	Edgeley/Kulm
36.	9	Brooke Bundy	26' 4 PR	Barnes County North
37.	11	Gabby Ketterer	26' 3	Enderlin/Maple Valley
38.	11	McKenzie Menschel	26' 1	West Fargo
39.	11	Angel Wilson	26' 1 PR	Hankinson
40.	10	Hezikiah Wilson	25' 11 PR	Hankinson
41.	11	Cassidy Mueller	25' 10	Hillsboro/Central Va...
42.	11	Serenna Gores	25' 9	West Fargo
43.	10	Julia Morgan	25' 7 PR	Barnes County North
44.	9	Amanda Priewe	25' 6	Central Cass
45.	12	Kylie Howatt	25' 2	Northern Cass
46.	10	Hannah Fowler	25' 1	Wyndmere-Lidgerwood
47.	9	Abby Mathern	24' 11	Edgeley/Kulm
48.	10	Tyana Judd	24' 10	Valley City
49.	9	Jada VonBank	24' 7 PR	Enderlin/Maple Valley
50.	10	Claire Christianson	24' 6	Central Cass
51.	11	Kaylee Koenig	24' 4 PR	Oak Grove Lutheran
52.	11	Makayla Jones	23' 11	LaMoure/Litch-Marion
53.	10	Lexi Linebaugh	23' 8 PR	LaMoure/Litch-Marion
54.	12	Anyssa Berger	22' 8	May-Port CG
55.	9	Gabi Christianson	22' 7	Sargent County
56.	9	Claire Powell	22' 6	Valley City
57.	9	Autumn Kraemer	22' 5	Oak Grove Lutheran
58.	11	Mia Severson	22' 2	Northern Cass
59.	10	Miracle Brown	22' 1 PR	Oak Grove Lutheran
60.	11	Joylyssa Kuehne	21' 5	Enderlin/Maple Valley
61.	10	Addison Truesdell	21' 3	Wahpeton
62.	9	Jordynn Ganje	21' 0	Northern Cass
63.	9	Kenzie Ketterl	20' 9 PR	Hillsboro/Central Va...
64.	11	Isabella Loberg	20' 3	Wahpeton
65.	10	Elli Peddycord-Contreras	19' 0	LaMoure/Litch-Marion
	10	Jordan Flynn	ND	Central Cass

Discus - 1kg Varsity - Finals

1.	12	Sadie Hansen	113' 9	Oakes
2.	12	Emma Bastian	102' 5	Central Cass
3.	11	Terryn Johnson	99' 1 PR	Kindred
4.	12	Mariah Burd	99' 0	Shanley
5.	12	Anyssa Berger	98' 0 PR	May-Port CG
6.	-	Scout Woods	94' 3 PR	Wahpeton
7.	12	Murphy Landa	94' 0 PR	Thompson
8.	11	Azalea Jorgensen	93' 6 PR	Oak Grove Lutheran
9.	12	Courntey Hovelson	92' 5 SR	Enderlin/Maple Valley
10.	10	Laikyn Roney	91' 9 PR	Oakes
11.	10	Emma Osier	91' 9 PR	Sargent County
12.	11	Anna Dudas	91' 4	Sargent County
13.	12	Jenna Maker	90' 7	Northern Cass
14.	12	Moriku Hakim	90' 4	Shanley

37.	12	Alex Kukowski	33' 5 PR	Edgeley/Kulm
38.	10	Cory Leith	33' 4	Thompson
39.	11	Justus Kiecker	33' 4 PR	Edgeley/Kulm
40.	9	Brooks Braun	33' 2	Finley-Sharon-Hope-P...
41.	9	Riley Besette	33' 0	Enderlin/Maple Valley
42.	11	Jacob DeVries	32' 10 PR	Wahpeton
43.	9	Jose Alcivar	32' 5	Oak Grove Lutheran
44.	11	Hayden Allen	32' 3 PR	Hillsboro/Central Va...
45.	-	Scot Rohde	32' 3 PR	Valley City
46.	11	Logan Herring	32' 1	West Fargo
47.	10	Isaak McHugo	32' 1 PR	Thompson
48.	12	Erik Haugen	31' 10	Oakes
49.	11	Dylan Frankki	30' 10	Wyndmere-Lidgerwood
50.	10	Zach Bixby	30' 9 PR	Sargent County
51.	10	Kayden Quick	30' 7 PR	Barnes County North
52.	10	Jack Fehr	30' 3 PR	Barnes County North
53.	9	Jared Quam	29' 8	Wyndmere-Lidgerwood
54.	11	Dylan Aarseth	29' 5	Enderlin/Maple Valley
55.	12	Jaytan McConnaughey	29' 3	Valley City
56.	10	Jonathan Hill	29' 0 PR	Wahpeton
57.	10	Drake Hanson	27' 2 PR	Finley-Sharon-Hope-P...
58.	12	Trever Grieger	26' 8 PR	Northern Cass
59.	9	Levi Trader	26' 1 PR	Enderlin/Maple Valley
60.	10	Jace Isaacson	24' 8	LaMoure/Litch-Marion
61.	9	Lawyer Judisch	22' 2 PR	May-Port CG
62.	7	Karter Koenig	22' 0	Oak Grove Lutheran
63.	12	Nate Mjoness	21' 5 PR	Richland
64.	9	Owen Messner	18' 2	Northern Cass
	11	Fabien Muhire	ND	West Fargo
	12	Josh Krump	ND	Wahpeton
	9	Nick Kuehl	ND	Shanley
	10	Landon Nicholas	ND	Northern Cass
	10	Anthony Houle	ND	Central Cass

Discus - 1.6kg Varsity - Finals

1.	12	Kaden Pastian	175' 7 SR	Hillsboro/Central Va...
2.	12	Ashton Biesterfeld	148' 1	Oakes
3.	12	Nick Martin	137' 3 SR	Central Cass
4.	9	Riley Sunram	127' 0	Kindred
5.	12	Brennan Wiederrich	122' 8	Edgeley/Kulm
6.	10	Easton Baesler	121' 0 PR	Hillsboro/Central Va...
7.	12	Josh Dixon	120' 11 PR	Central Cass
8.	12	Max Vikander	119' 8 PR	Kindred
9.	11	Cole Potter	119' 0	Thompson
10.	12	Simon Bowden	114' 10	Shanley
11.	10	Ethan Manock	114' 5 PR	Wahpeton
12.	12	Max Fehr	112' 11	Barnes County North
13.	12	Landon Hanson	112' 9 SR	Barnes County North
14.	10	Garrett Haugen	110' 4 PR	Central Cass
15.	10	Joseph Shoemaker	108' 11 PR	Central Cass
16.	12	Braeden Bloch	105' 2	Shanley
17.	11	Tate Jerdee	103' 7	Wyndmere-Lidgerwood
18.	10	Dylan Carlquist	102' 2	Shanley
19.	12	Jordan Carlson	100' 9	Barnes County North
20.	9	Dilon Filler	100' 0	Kindred
21.	11	Sam Ruona	98' 9 PR	West Fargo
22.	12	Carson Ketterl	98' 7 PR	Hillsboro/Central Va...
23.	9	Cameron Ahlers	98' 7	Shanley
24.	11	Lane Froehlich	97' 3	Edgeley/Kulm
15.	11	Ali Moses	88' 7	Thompson
16.	12	Crosby Patterson	86' 8	Thompson
17.	9	Seely Stockmoe	86' 1 PR	Shanley
18.	11	Ashley Ebens	85' 4 PR	Kindred
19.	10	Samantha Meehl	81' 4 PR	Oakes
20.	12	Ashlie Mauch	81' 1	Wyndmere-Lidgerwood
21.	11	Jordan Senger	80' 7	Thompson
22.	10	Mataya Arends	79' 1	Hillsboro/Central Va...
23.	10	Cassie Bartholomay	78' 3 PR	Central Cass
24.	10	Gracie Kaczynski	77' 8.5 PR	Wyndmere-Lidgerwood
25.	9	Ashlyn Kahler	77' 0 PR	Wahpeton
26.	11	Andrea Hoyme	76' 3	Kindred
27.	11	Jaylin Cotton	75' 8	Central Cass
28.	9	Claire Powell	75' 1 PR	Valley City
29.	9	Abby Mathern	74' 10	Edgeley/Kulm
30.	9	Makenna Vosberg	74' 7	Wyndmere-Lidgerwood
31.	10	Lauren Oster	74' 3	Wyndmere-Lidgerwood
32.	11	Sidnie Pulskamp	73' 8 PR	Wahpeton
33.	11	McKenzie Menschel	72' 11 SR	West Fargo
34.	9	Claire Vetter	72' 1	Shanley
35.	9	Kiara Zepeda	71' 8.5 PR	West Fargo
36.	9	Grace Irey	71' 7	Edgeley/Kulm
37.	9	Amanda Priewe	71' 4	Central Cass
38.	10	Julia Morgan	70' 5 PR	Barnes County North
39.	11	Cassidy Mueller	69' 8 SR	Hillsboro/Central Va...
40.	10	Tyana Judd	69' 1.5 PR	Valley City
41.	11	Carissa Goodmanson	68' 9	Kindred
42.	12	Macy Boyer	66' 3	Edgeley/Kulm
43.	9	Brooke Bundy	65' 3 PR	Barnes County North
44.	11	Makayla Jones	64' 10	LaMoure/Litch-Marion
45.	11	Katie Zaun	64' 9 PR	Enderlin/Maple Valley
46.	10	Paige Bishop	63' 11	Hillsboro/Central Va...
47.	11	Emily Kinzler	63' 0	Edgeley/Kulm
48.	12	Kylie Howatt	62' 9 SR	Northern Cass
49.	9	Jada VonBank	62' 6	Enderlin/Maple Valley
50.	10	Lexi Linebaugh	61' 5	LaMoure/Litch-Marion
51.	9	Kenzie Ketterl	60' 1	Hillsboro/Central Va...
52.	10	Cassie Quinlan	59' 11	LaMoure/Litch-Marion
53.	9	Macoya Hansen	59' 6	Oakes
54.	9	Jordynn Ganje	57' 9.5	Northern Cass
55.	11	Kaylee Koenig	56' 11 SR	Oak Grove Lutheran
56.	10	Laura Iverson	55' 11	West Fargo
57.	10	Addison Truesdell	55' 7	Wahpeton
58.	11	Mia Severson	55' 5	Northern Cass
59.	11	Isabella Loberg	54' 10 PR	Wahpeton
60.	10	Elli Peddycord-Contreras	54' 0	LaMoure/Litch-Marion
61.	10	Adra Sundberg	53' 5 PR	West Fargo
62.	12	Gloria Tyler	52' 11	Oak Grove Lutheran
63.	10	Ashten Hannig	50' 9	Enderlin/Maple Valley
64.	10	Miracle Brown	48' 5	Oak Grove Lutheran
	10	Leilani Ringer	ND	Sargent County

Javelin - 600g Varsity - Finals

1.	12	Sadie Hansen	117' 5 SR	Oakes
2.	11	Morgan Lee	117' 2 PR	Central Cass
3.	10	Klaire Cotton	111' 11 PR	Central Cass
4.	12	Hailey Ernst	108' 1 PR	Thompson
5.	11	Terryn Johnson	99' 9 PR	Kindred
6.	9	Alana Anderson	98' 1 PR	Sargent County

25.	9	Joshua Meehl	94' 6	Oakes
26.	10	Cory Leith	94' 0	Thompson
27.	10	Arie Bratrud	93' 10 PR	Valley City
28.	11	Dylan Frankki	93' 7 PR	Wyndmere-Lidgerwood
29.	11	Justus Kiecker	92' 2 PR	Edgeley/Kulm
30.	12	Carson McGough	91' 7 PR	Valley City
31.	10	Landon Nicholas	91' 6 PR	Northern Cass
32.	11	Kevin Nguyen	91' 5.5 PR	West Fargo
33.	12	Jacob Hankel	90' 10	Oakes
34.	10	Evan Schull-Reinowski	90' 7	Thompson
35.	9	Jose Alcivar	90' 1 PR	Oak Grove Lutheran
36.	8	Jake Kramer	89' 1	LaMoure/Litch-Marion
37.	10	Wyatt Braun	88' 5	LaMoure/Litch-Marion
38.	11	Jacob DeVries	88' 4	Wahpeton
39.	9	Brooks Braun	88' 1 PR	Finley-Sharon-Hope-P...
40.	9	Riley Besette	87' 11	Enderlin/Maple Valley
41.	9	Jared Quam	87' 4	Wyndmere-Lidgerwood
42.	9	Cooper Boll	87' 3.5	Hankinson
43.	11	Fabien Muhire	86' 0 PR	West Fargo
44.	9	Issac Harris	85' 8	Sargent County
45.	11	Logan Herring	83' 4	West Fargo
46.	10	John Kottke	83' 3	Sargent County
47.	11	Andrew Visto	83' 3	Oakes
48.	10	Sage Gusaas	82' 11	LaMoure/Litch-Marion
49.	10	Zach Bixby	82' 10	Sargent County
50.	10	Brock Wendel	82' 6	LaMoure/Litch-Marion
51.	12	Ryan Messner	81' 0 SR	Northern Cass
52.	10	Isaak McHugo	80' 9	Thompson
53.	9	Levi Trader	79' 8.5	Enderlin/Maple Valley
54.	9	Zachary Sykora	79' 3	Valley City
55.	11	Sam Elliot	70' 4	Hankinson
56.	12	Jaytan McConnaughey	68' 1	Valley City
57.	9	Kolton Kadoun	67' 9	Sargent County
58.	9	Owen Messner	63' 6 PR	Northern Cass
59.	9	Oaklee Medenwaldt	61' 3	Hankinson
60.	12	Trever Grieger	55' 4 PR	Northern Cass
61.	10	Drake Hanson	54' 6	Finley-Sharon-Hope-P...
62.	7	Karter Koenig	47' 8	Oak Grove Lutheran
63.	12	Nate Mjoness	40' 9.5 PR	Richland
	10	Bryer Kaczynski	ND	Wyndmere-Lidgerwood
	10	Brady Guscette	ND	Barnes County North
	9	Amai Stately	ND	Hillsboro/Central Va...
	9	Logan Falk	ND	Hankinson
	10	Blake Houska	ND	Kindred
	10	Max Opgrand	ND	Kindred
	11	Nick Thompson	ND	Richland

Javelin - 800g Varsity - Finals

1.	12	Sam Roller	164' 5	Thompson
2.	10	Ethan Manock	155' 4 PR	Wahpeton
3.	12	Ashton Biesterfeld	154' 0	Oakes
4.	9	Riley Sunram	154' 0 PR	Kindred
5.	12	Max Fehr	152' 5	Barnes County North
6.	10	Peter Dryburgh	152' 2 PR	Hillsboro/Central Va...
7.	12	Brennan Wiederrich	140' 3	Edgeley/Kulm
8.	11	Collin Lunde	138' 1 PR	Kindred
9.	11	Dawson Kramer	137' 10	LaMoure/Litch-Marion
10.	10	Brock Wendel	136' 2	LaMoure/Litch-Marion
7.	10	Laikyn Roney	96' 8	Oakes
8.	11	Azalea Jorgensen	93' 3	Oak Grove Lutheran
9.	12	Nora Peterson	92' 1	May-Port CG
10.	12	Murphy Landa	89' 5 PR	Thompson
11.	12	Emma Bastian	88' 9	Central Cass
12.	10	Jami Bopp	88' 3 PR	Sargent County
13.	12	Abby Leininger	86' 11	Shanley
14.	12	Jensen Drake	86' 1	Shanley
15.	11	Jaylin Cotton	83' 7	Central Cass
16.	9	Abby Mathern	83' 4 PR	Edgeley/Kulm
17.	12	Hope Rohrbeck	82' 3	Kindred
18.	11	Lexi Zafke	82' 1	Thompson
19.	12	Mariah Burd	81' 2	Shanley
20.	11	Andrea Hoyme	80' 2 SR	Kindred
21.	12	Jenna Maker	78' 0	Northern Cass
22.	11	Anna Dudas	77' 10	Sargent County
23.	11	Christa Habiger	77' 6	Wahpeton
24.	10	Carly Goven	77' 3 PR	Valley City
25.	11	Makayla Jones	76' 3	LaMoure/Litch-Marion
26.	10	Gracie Kaczynski	76' 0 PR	Wyndmere-Lidgerwood
27.	11	Katie Zaun	74' 7	Enderlin/Maple Valley
28.	11	Carissa Goodmanson	73' 3 SR	Kindred
29.	12	Courntey Hovelson	73' 1	Enderlin/Maple Valley
30.	12	Tiffany Springer	72' 10	Wyndmere-Lidgerwood
31.	11	Olivia Vetter	71' 11	Shanley
32.	10	Cassie Quinlan	71' 7	LaMoure/Litch-Marion
33.	10	Tyana Judd	70' 9 PR	Valley City
34.	11	Aiyana Allard	68' 3 PR	Wahpeton
35.	9	Amyah Max	68' 2 PR	Wahpeton
36.	10	Lauren Oster	67' 10	Wyndmere-Lidgerwood
37.	10	Makenna Braun	66' 8 PR	West Fargo
38.	9	Jordynn Ganje	66' 6	Northern Cass
39.	9	Kiana Lerud	66' 5	Enderlin/Maple Valley
40.	11	Trinity Iverson	61' 8	Barnes County North
41.	11	Maya Adair	59' 2	Thompson
42.	11	Emily Kinzler	58' 11	Edgeley/Kulm
43.	9	Brooke Bundy	57' 10	Barnes County North
44.	10	Ava Webber	54' 0	Oak Grove Lutheran
45.	10	Julia Morgan	53' 4	Barnes County North
46.	9	Jada VonBank	50' 9	Enderlin/Maple Valley
47.	11	Mia Severson	50' 7	Northern Cass
48.	11	McKenzie Menschel	49' 2	West Fargo
49.	10	Laura Iverson	44' 0 PR	West Fargo
50.	12	Julianne McPartland	42' 5	Valley City
51.	9	Claire Powell	38' 6	Valley City
52.	10	Megan Grove	38' 2	West Fargo

High Jump Varsity - Finals

1.	10	Klaire Cotton	5' 1 PR	Central Cass
2.	8	Kennedy Bakko	4' 9 PR	Kindred
3.	11	Kilee Bladow	4' 9 SR	Wahpeton
4.	12	Alexis Busch	4' 9	Wyndmere-Lidgerwood
5.	9	Grace Wolf	4' 7 PR	Wyndmere-Lidgerwood
6.	10	Rachel Bergstad	4' 7	Enderlin/Maple Valley
7.	10	Delaney Cotton	4' 7	Central Cass
8.	9	Caroline Puetz	4' 7	Wyndmere-Lidgerwood
8.	11	Sara Martinson	4' 7	Sargent County
10.	8	Myla Kaldor	4' 5	Hillsboro/Central Va...
10.	11	Aiyana Allard	4' 5	Wahpeton

11.	12	Simon Bowden	134' 9 PR	Shanley
12.	11	Gavin Mitzel	126' 8	Hillsboro/Central Va...
13.	11	Jacob DeVries	125' 6 PR	Wahpeton
14.	11	Evan Richman	124' 8	Enderlin/Maple Valley
15.	11	Nick Thompson	120' 9 PR	Richland
16.	10	Joseph Shoemaker	119' 9	Central Cass
17.	12	Logan Prochnow	119' 9	Central Cass
18.	12	Carson McGough	119' 2 SR	Valley City
19.	12	Kade Christianson	118' 11 PR	Barnes County North
20.	11	Andrew Visto	118' 2	Oakes
21.	9	Zachary Sykora	117' 0	Valley City
22.	9	Oaklee Medenwaldt	116' 5 PR	Hankinson
23.	11	Adam Nitschke	116' 0	Edgeley/Kulm
24.	9	Jonah Harstad	115' 6	Barnes County North
25.	10	Jake Kuchera	114' 0 PR	Wyndmere-Lidgerwood
26.	12	Peter Bryn	113' 0	Barnes County North
27.	11	Justus Kiecker	112' 10 PR	Edgeley/Kulm
28.	12	Josh Dixon	108' 2	Central Cass
29.	12	Jonah Hodges	105' 1	May-Port CG
30.	11	Hayden Smith	104' 4 PR	Enderlin/Maple Valley
31.	12	Landon Allex	102' 9	Shanley
32.	9	Jose Alcivar	102' 5 PR	Oak Grove Lutheran
33.	11	Fabien Muhire	101' 10 PR	West Fargo
34.	10	Max Opgrand	100' 5 PR	Kindred
35.	12	Alex Kukowski	98' 1	Edgeley/Kulm
36.	9	Cameron Ahlers	98' 1	Shanley
37.	-	Scot Rohde	98' 0 PR	Valley City
38.	11	Logan Herring	93' 6	West Fargo
39.	12	Lane McCleary	93' 6 PR	Enderlin/Maple Valley
40.	9	Aiden Lamb	92' 0 PR	West Fargo
41.	11	Blake Schafer	90' 5	Wahpeton
42.	12	Blake Nelson	89' 10	Shanley
43.	9	Cooper Boll	89' 8	Hankinson
44.	9	Layne Anderson	89' 4	Finley-Sharon-Hope-P...
45.	10	Landon Nicholas	89' 0	Northern Cass
46.	12	Jacob Strand	88' 4	May-Port CG
47.	11	Trace Olson	88' 0	Shanley
48.	12	Ryan Messner	88' 0 PR	Northern Cass
49.	10	Sage Gusaas	83' 8	LaMoure/Litch-Marion
50.	11	Jacob Hiatt	83' 5	Kindred
51.	10	Cory Leith	79' 0	Thompson
52.	10	Wyatt Braun	76' 5	LaMoure/Litch-Marion
53.	10	Aaron Schultz	75' 9	Thompson
54.	9	Riley Besette	74' 6	Enderlin/Maple Valley
55.	12	Michael Benoit	73' 2	Thompson
56.	11	Nathaniel Schuster	72' 3	West Fargo
57.	9	Owen Messner	54' 9 PR	Northern Cass
58.	10	Drake Hanson	52' 8	Finley-Sharon-Hope-P...
59.	12	Nate Mjoness	29' 0	Richland
	9	Tyler Brandt	ND	Wyndmere-Lidgerwood
	12	Kaden Schroeder	ND	Richland
	12	Wyatt Moch	ND	Edgeley/Kulm

High Jump Varsity - Finals

1.	10	Micah Longthorne	5' 10 PR	Hillsboro/Central Va...
2.	11	Jake Deutsch	5' 8	Central Cass
3.	12	Logan Prochnow	5' 6	Central Cass
4.	10	Riley Johnson	5' 6	Northern Cass
5.	10	Ashton Czapiewski	5' 3	Central Cass
12.	10	Jordan West	4' 5 PR	Thompson
13.	11	Mackenzie Amerman	4' 2 PR	Kindred
14.	11	Isabella Loberg	4' 2	Wahpeton
14.	12	Airial Johnson	4' 2 PR	Northern Cass
14.	8	Avah Cotton	4' 2 PR	Central Cass
17.	9	Anicka Boruvka	4' 2	Edgeley/Kulm
17.	8	Bailie Kelley	4' 2	LaMoure/Litch-Marion
19.	8	Katelyn Ommen	4' 2 PR	Shanley
20.	9	Tiahna Wald	4' 2 PR	Edgeley/Kulm
21.	9	Livia Dietrich	3' 11 PR	Valley City
21.	10	Kiara Jangula	3' 11	Edgeley/Kulm
21.	8	Jersey Vogel	3' 11	Central Cass
21.	10	Emma Bontjes	3' 11	Wahpeton
21.	8	Joely Anderson	3' 11 PR	Thompson
26.	9	Nicole Larson	3' 11 PR	Kindred
	8	Margaux Butenhoff	NH	Oak Grove Lutheran
	10	Julia Kellerman	NH	Oak Grove Lutheran
	10	Elyssa Heppner	NH	Hillsboro/Central Va...
	9	Izzy Miller	NH	LaMoure/Litch-Marion
	12	Lander Friederichs	NH	Shanley
	12	Julianne McPartland	NH	Valley City
	11	Maggie Dockter	NH	Valley City
	10	Genevieve Gruba	NH	Enderlin/Maple Valley
	10	Olivia Anderson	NH	Hillsboro/Central Va...
	10	Gracie Nelson	NH	Kindred
	10	Jocie Aasen	NH	Northern Cass
	11	Annika Nelson	NH	Sargent County

Pole Vault Varsity - Finals

1.	12	Olivia Olson	9' 0 PR	Valley City
2.	11	Quinn Bassingthwaite	8' 6 PR	Wahpeton
3.	11	Azalea Jorgensen	8' 0	Oak Grove Lutheran
4.	11	Isabelle Snyder	7' 0 PR	Shanley
5.	10	Kaydence Streyle	7' 0 PR	Kindred
6.	8	Greta McKenney	6' 6	Kindred
7.	10	Reagan Wohlers	6' 6	Wahpeton
8.	11	Hanna Deyle	6' 6	Sargent County
8.	10	Kayla Gibson	6' 6	Central Cass
10.	8	Madison Wendel	6' 6	Valley City
11.	12	Savannah Vein	6' 0	Central Cass
12.	10	Lidia Motl	6' 0	Wahpeton
13.	9	Evelyn Bixby	5' 0 PR	Sargent County
13.	7	Kadie Kocka	5' 0 PR	Valley City
13.	8	Sadie Gallagher	5' 0	Hillsboro/Central Va...
13.	10	Jayden Parker	5' 0	Central Cass
	8	Ali Henke	NH	Kindred

Long Jump Varsity - Finals

1.	12	Nora Peterson	16' 4 PR	May-Port CG
2.	10	Mayzee Jacobson	16' 1	Central Cass
3.	10	Decontee Smith	15' 2	Central Cass
4.	12	Azure Ries	15' 0	Shanley
5.	12	Jocey Kriewald	15' 0	Valley City
6.	12	Sadie Jameson	14' 11 PR	Enderlin/Maple Valley
7.	11	Tina Freier	14' 10.5 SR	Kindred
8.	10	Gracie Nelson	14' 6.5	Kindred

5.	8	Presley Perazza	5' 3	Kindred
6.	12	Nathan Rage	5' 3	Hillsboro/Central Va...
6.	10	Jorgen Swenson	5' 3	Kindred
6.	10	Luke Hollcraft	5' 3	Shanley
7.	9	Ethan Duval	5' 3	Kindred
7.	9	Zeke Barnick	5' 3	Edgeley/Kulm
7.	12	Devin Quick	5' 3	Barnes County North
	12	Ty Fountain	NH	Enderlin/Maple Valley
	12	Peyton Buhr	NH	Central Cass
	10	Aiden Jacobson	NH	Valley City
	12	Peyton Zaun	NH	Valley City
	9	Jacob Nitschke	NH	Edgeley/Kulm
	11	Wyatt Braswell	NH	Thompson
	12	Sam Preston	NH	Hillsboro/Central Va...
	9	Brady Pfaff-Christianson	NH	LaMoure/Litch-Marion
	10	Jack Ilvedson	NH	Kindred
	9	Tom Oanes	NH	Hillsboro/Central Va...
	9	Peter Oanes	NH	Hillsboro/Central Va...
	9	Max Musland	NH	LaMoure/Litch-Marion
	8	Braedon Kinzler	NH	Edgeley/Kulm
	10	Jacob Brend	NH	Thompson

Pole Vault Varsity - Finals

1.	10	Noah Mehus	12' 0	May-Port CG
2.	11	Caleb Klabunde	11' 6	Kindred
3.	11	Parker Gallagher	11' 6	Hillsboro/Central Va...
3.	12	Shea Truesdell	11' 6 PR	Wahpeton
5.	12	Kaden Quam	11' 0	Central Cass
6.	11	Jack Olson	10' 0	Kindred
7.	11	Jack Paulsrud	10' 0	Hillsboro/Central Va...
8.	10	Jonathan Hill	9' 0	Wahpeton
	9	Jacob Kruger	NH	Valley City
	12	Landon Allex	NH	Shanley
	10	Andrew Withuski	NH	Wahpeton
	9	Alex Paul	NH	Shanley
	9	Zak Paul	NH	Shanley
	9	Kolton Kadoun	NH	Sargent County
	10	Josiah Crandall	NH	Central Cass
	11	Aidan Sears	NH	Central Cass

Long Jump Varsity - Finals

1.	11	Evan Richman	21' 3.5 PR	Enderlin/Maple Valley
2.	11	Will Ellison	20' 6.5 SR	Central Cass
3.	12	Garret Meehl	20' 5	Oakes
4.	12	Jorgen Paulson	20' 0	Edgeley/Kulm
5.	12	Logan Prochnow	19' 9 PR	Central Cass
6.	12	Sam Roller	19' 9	Thompson
7.	10	Micah Longthorne	19' 5 PR	Hillsboro/Central Va...
8.	12	Carter Kochmann	19' 0	Shanley
9.	12	Jonah Harter	19' 0	Kidder County
10.	9	Nick Hansen	19' 0	Sargent County
11.	9	Luke Martinson	18' 9 PR	Sargent County
12.	10	Cruz Hernandez	18' 4.5	Hankinson
13.	10	Luke Hollcraft	18' 3 PR	Shanley
14.	10	Beau Arenstein	18' 0 PR	Wahpeton
15.	12	Mason Kurtz	17' 11	Thompson
16.	10	Riley Johnson	17' 9	Northern Cass
17.	10	Clay Hovelson	17' 5 PR	Enderlin/Maple Valley
18.	10	Jared Kunze	17' 4	Barnes County North
18.	9	Reed Volden	17' 4	Northern Cass
9.	12	Lexi Telehey	14' 6.5	Thompson
10.	10	Olivia Anderson	14' 6 PR	Hillsboro/Central Va...
11.	10	Ciara Zunich	14' 5.5	Thompson
12.	11	Abby Cox	14' 4	Oakes
13.	10	Tarah Heley	14' 0.5 PR	Wyndmere-Lidgerwood
14.	8	Jordyn Tozer	13' 11.5 PR	Thompson
15.	11	Stella Benson	13' 8.5	Hillsboro/Central Va...
16.	8	Katelyn Ommen	13' 7	Shanley
17.	9	Addison Roller	13' 7	Thompson
18.	12	Jaden Gilje	13' 5 PR	Sargent County
19.	7	Mia Van Eeden	13' 4.5	LaMoure/Litch-Marion
20.	7	Claire Ihry	13' 3.5 PR	Finley-Sharon-Hope-P...
21.	9	Kennedy Polda	13' 1 PR	Wahpeton
22.	11	Kassidy Wendt	12' 11	Enderlin/Maple Valley
23.	7	Aubrey Lindteigen	12' 11 PR	Oak Grove Lutheran
24.	12	Jasmine Sherlock	12' 10.5	Sargent County
25.	11	Gabby Ketterer	12' 10.5 PR	Enderlin/Maple Valley
26.	12	Solvay Ingebrigtson	12' 9.5	Kindred
27.	9	Estella Prochnow	12' 8.5 PR	Hankinson
28.	8	Grace Stroh	12' 8 PR	LaMoure/Litch-Marion
29.	11	Katie Zaun	12' 8	Enderlin/Maple Valley
30.	11	Hanna Deyle	12' 6 PR	Sargent County
31.	10	Cady Evenson	12' 5.5	Northern Cass
32.	11	Kalin Lachowitzer	12' 4.5	Kindred
33.	9	Livia Dietrich	12' 2.5 PR	Valley City
34.	9	Autumn Kraemer	12' 1	Oak Grove Lutheran
35.	12	Julianne McPartland	11' 10.5 SR	Valley City
36.	10	Alli Stromsodt	11' 9	Finley-Sharon-Hope-P...
37.	9	Caroline Puetz	11' 9 PR	Wyndmere-Lidgerwood
38.	9	Kylin Kemmet	11' 8	Northern Cass
39.	9	Elise Elliot	11' 6 PR	Hankinson
40.	9	Josie Jensen	11' 5.5	Northern Cass
41.	10	Brooke Davis	11' 2	Wyndmere-Lidgerwood
42.	10	Emma Bontjes	11' 0.5	Wahpeton
43.	11	Lily Schirado	11' 0	Northern Cass
44.	9	Hannah Lingen	10' 8	Hankinson
45.	10	Tamra Johnson	10' 7	LaMoure/Litch-Marion
46.	10	Cierra Pabst	9' 11 PR	Valley City
	9	Shanna Seelye	ND	Sargent County
	7	Elizabeth Kleven	ND	Finley-Sharon-Hope-P...
	9	Hope Frey	ND	Hillsboro/Central Va...
	9	Josie Lange	ND	LaMoure/Litch-Marion
	11	Trinity Iverson	ND	Barnes County North
	11	Maggie Dockter	ND	Valley City
	11	Tatum Limke	ND	Hillsboro/Central Va...
	10	Karina Olson	ND	Valley City

Triple Jump Varsity - Finals

1.	10	Emma Muggli	34' 7.5	Oakes
2.	10	Mayzee Jacobson	32' 11.25 SR	Central Cass
3.	12	Azure Ries	32' 2	Shanley
4.	12	Jocey Kriewald	32' 2	Valley City
5.	12	Ashley McFadgen	31' 7	Barnes County North
6.	12	Jasmine Sherlock	31' 4.5	Sargent County
7.	11	Stella Benson	31' 3	Hillsboro/Central Va...
8.	10	Jocie Aasen	31' 2.5	Northern Cass
9.	10	Gracie Nelson	30' 10.5	Kindred
10.	11	Tina Freier	30' 6	Kindred
11.	8	Jordyn Tozer	29' 11 PR	Thompson
12.	10	Delaney Cotton	29' 5	Central Cass

20.	12	Bryer Crandall	17' 3	Sargent County
21.	12	Devin Quick	16' 10	Barnes County North
22.	11	Hayden Smith	16' 9.5 PR	Enderlin/Maple Valley
23.	8	Presley Perazza	16' 8	Kindred
24.	10	Reeve Leiser	16' 6 PR	Hillsboro/Central Va...
24.	11	Sam Elliot	16' 6	Hankinson
26.	8	Josh Juve	16' 5 PR	Thompson
27.	12	Theo Metzger	16' 3	Central Cass
28.	12	Jacob Dutchuk	16' 2	Central Cass
29.	11	Dylan Aarseth	15' 11	Enderlin/Maple Valley
30.	9	Craig Anderson	15' 10.5	Finley-Sharon-Hope-P...
31.	12	Brady Owens	15' 10	Wahpeton
32.	9	Ethan Duval	15' 7	Kindred
33.	9	Peyton Bergh	15' 5 PR	Sargent County
34.	10	Grayson Geigle	15' 3 PR	Shanley
35.	9	Andrew Schenck	15' 2	Northern Cass
36.	8	Jack Bier	14' 11 PR	Oak Grove Lutheran
37.	9	Andrew Theis	14' 8	Wyndmere-Lidgerwood
38.	10	Tyler Klochman	14' 7	Kindred
39.	10	Jonathan Hill	14' 6.5	Wahpeton
40.	10	Nick LeMier	13' 7.25	Valley City
41.	8	Jake Kramer	12' 11 PR	LaMoure/Litch-Marion
	11	Evan Podoll	ND	LaMoure/Litch-Marion
	9	Nick Mjonness	ND	Richland
	9	Dylan Severson	ND	Wyndmere-Lidgerwood
	12	Kolby Vander Wal	ND	Northern Cass
	9	Owen Hoyme	ND	Kindred
	9	Logan Falk	ND	Hankinson
	9	Carson Miller	ND	Thompson
	10	Aiden Jacobson	ND	Valley City
	12	Peyton Zaun	ND	Valley City
	10	Brady Lettenmaier	ND	LaMoure/Litch-Marion
	10	Riley Olsen	ND	Hillsboro/Central Va...
	11	Jack Paulsrud	ND	Hillsboro/Central Va...
	11	Kyreece McGaughy	ND	LaMoure/Litch-Marion
	9	Wade Gorder	ND	Richland
	9	Brayden Stockert	ND	Richland

Triple Jump Varsity - Finals

1.	11	Evan Richman	41' 1 PR	Enderlin/Maple Valley
2.	12	Kolby Vander Wal	40' 4.5	Northern Cass
3.	12	Caaden Rath	40' 2	Kindred
4.	9	Nick Hansen	39' 6.5	Sargent County
5.	10	Jake Kuchera	38' 10 PR	Wyndmere-Lidgerwood
6.	9	Jace Narum	38' 9.5 PR	Central Cass
7.	12	Bryer Crandall	38' 3.5 SR	Sargent County
8.	10	Max Roller	38' 2.5	Thompson
9.	10	Jared Kunze	37' 3.5 PR	Barnes County North
10.	12	Mason Kurtz	36' 10.5	Thompson
11.	10	Micah Longthorne	36' 9	Hillsboro/Central Va...
12.	11	Jack Paulsrud	36' 9 PR	Hillsboro/Central Va...
13.	12	Matthew Pearson	36' 8	Kindred
14.	10	Ashton Czapiewski	35' 11.5	Central Cass
15.	9	Dylan Severson	35' 11 PR	Wyndmere-Lidgerwood
16.	10	Clay Hovelson	35' 1 PR	Enderlin/Maple Valley
17.	10	Reeve Leiser	35' 0.5 PR	Hillsboro/Central Va...
18.	9	Nick Wulfekuhle	33' 11	Richland
19.	10	Riley Olsen	33' 9 PR	Hillsboro/Central Va...
20.	9	Jarret Gebhardt	33' 8 PR	Oakes
21.	9	Owen Hoyme	33' 4	Kindred
13.	7	Norah DelaBarre	29' 3 PR	LaMoure/Litch-Marion
14.	7	Kiaza Carlson	28' 11 PR	Finley-Sharon-Hope-P...
15.	9	Kennedy Polda	28' 10.5 PR	Wahpeton
16.	10	Elle Terstriep	28' 10 PR	Shanley
17.	11	Katie Zaun	28' 9	Enderlin/Maple Valley
18.	9	Josie Jensen	27' 8.5	Northern Cass
19.	7	Mia Van Eeden	27' 8.5	LaMoure/Litch-Marion
20.	12	Julianne McPartland	27' 2	Valley City
21.	12	Solvay Ingebrigtson	27' 1	Kindred
22.	8	Audrey Anderson	26' 4	Hillsboro/Central Va...
23.	9	Kiana Lerud	26' 3.5	Enderlin/Maple Valley
24.	11	Kassidy Wendt	26' 2	Enderlin/Maple Valley
	11	Gabby Ketterer	ND	Enderlin/Maple Valley
	11	Lily Schirado	ND	Northern Cass
	10	Emma Bontjes	ND	Wahpeton

22.	9	Luke Schroeder	31' 8.5	Enderlin/Maple Valley
23.	10	Tyler Klochman	31' 0	Kindred
	10	Cruz Hernandez	ND	Hankinson
	10	Riley Johnson	ND	Northern Cass
	12	Peyton Zaun	ND	Valley City
	10	Aiden Jacobson	ND	Valley City
	12	Theo Metzger	ND	Central Cass
	12	Jacob Dutchuk	ND	Central Cass

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Joan Halland Classic HS

341 Followers Following

OFFICIAL RESULTS Tuesday, May 4, 2021 Field Events: **2:00 PM** Track Events: **2:30 PM** Kindred HS Track & Field Complex

Deadline was Mon 5/3/21 @ 07:00 PM

Mens Varsity

19 / 19 Events Completed

1.	Kindred	146.5
2.	Hillsboro/Central Valley	85.5
3.	Central Cass	69.5
4.	Wahpeton	57.5
5.	Thompson	56
6.	Valley City	51
7.	Shanley	47
8.	Oakes	45
9.	Northern Cass	44
10.	Enderlin/Maple Valley	33
11.	May-Port CG	28
12.	Edgeley/Kulm	26
13.	Kidder County	11
14.	Barnes County North	9
14.	Sargent County	9
16.	LaMoure/Litch-Marion	7
17.	Richland	6
18.	Oak Grove Lutheran	4
18.	Wyndmere-Lidgerwood	4

Womens Varsity

19 / 19 Events Completed

1.	Central Cass	107.5
2.	Shanley	92
2.	Kindred	92
4.	Oakes	84
5.	Valley City	43
6.	May-Port CG	42
7.	Wyndmere-Lidgerwood	40.5
8.	Wahpeton	39
9.	Thompson	36
10.	Hillsboro/Central Valley	34
11.	Oak Grove Lutheran	30
12.	Northern Cass	25
13.	Midway/Minto	15
14.	Sargent County	13
15.	LaMoure/Litch-Marion	12
16.	Edgeley/Kulm	11
17.	Enderlin/Maple Valley	6
18.	Finley-Sharon-Hope-Pa...	5
19.	Barnes County North	4

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PACKER RELAYS

Packer Relays

OFFICIAL RESULTS

Friday, May 7, 2021 West Fargo HS Track & Field Complex, West Fargo

Mens Results

100 Meters Varsity - Finals

1.	11	Carson Hegerle	11.14a		West Fargo
2.	12	Bakarr Fullah	11.16a		Fargo South
3.	12	Jaden Compson	11.18a		Valley City
4.	11	Wyatt Mutzenberger	11.42a		Grand Forks Central
5.	10	Ty Schlichting	11.43a		West Fargo Sheyenne
6.	12	Samuel Nyemah	11.44a		Fargo North
7.	10	James Gaden	11.50a		Fargo South
8.	11	Gannon Brooks	11.52a	PR	Red River
8.	12	Jacob Brosius	11.52a		Fargo North
10.	9	Peder Haugo	11.54a		Fargo North
11.	12	KJ Franklin	11.59a	PR	West Fargo Sheyenne
12.	7	Ian Skari	11.60a	PR	West Fargo
13.	11	John Gores	11.60a		Shanley
14.	11	Evan Mielke	11.62a	PR	Valley City
15.	12	Carter Kochmann	11.66a		Shanley
16.	12	Abraham Kollie	11.66a	PR	West Fargo Sheyenne
17.	11	Nicholas Nyquist	11.70a		Davies
18.	11	Austin Shape	11.70a		Valley City
19.	10	Mason Reynolds	11.75a		Red River
20.	12	Peyton Kessel	11.76a	PR	Fargo South
21.	11	Calvin Alford-Hickman	11.77a	PR	Fargo North
22.	11	Denver Piechowski	11.78a		Davies
23.	12	Terry Carter	11.79a		West Fargo
24.	10	Charlie Biewer	11.89a		Kindred
25.	9	Grant Tschosik	11.90a	PR	Davies
26.	9	George Hanesgard	11.95a		Fargo South
27.	9	Luke Lorenz	12.03a		Davies
28.	10	Keaton Schwab	12.15a		Davies
29.	10	Jorgen Swenson	12.20a		Kindred
30.	12	Tyler Ulrich	12.29a		Red River
31.	11	Dallas Bachmeier	12.29a	PR	Fargo North
32.	9	AJ Moore	12.35a	PR	Fargo South
33.	11	Jean Irumva	12.38a	PR	West Fargo
34.	9	Cameron Schartzwalter	12.43a	PR	Kindred
35.	12	Morgan Hoefs	12.62a		Red River
36.	12	Ted Tchomakhidze	12.82a		Red River
37.	9	Owen Hoyme	12.96a		Kindred
38.	10	Grayson Geigle	13.03a		Shanley
39.	9	Carter Borg	13.07a		Valley City
40.	9	Jackson Lange	13.11a		Kindred
41.	12	Luke Wendel	13.25a		Valley City
42.	9	Alex Paul	15.03a	PR	Shanley
43.	9	Zak Paul	15.49a	PR	Shanley

200 Meters Varsity - Finals

Womens Results

100 Meters Varsity - Finals

1.	10	Cece Deebom	12.22a		Davies
2.	10	Michaela Nesius	12.51a		Davies
3.	11	Jasmine Williams	12.53a	SR	West Fargo
4.	8	Kate Laqua	12.65a		Davies
5.	12	Brooke Thorsness	12.80a		Fargo South
6.	7	Michelle Gee	12.95a	PR	West Fargo
7.	9	Tess Rohrbeck	13.24a	PR	Kindred
8.	12	Jill Engstrom	13.27a		Davies
9.	12	Olivia Olson	13.30a	SR	Valley City
10.	10	Alimath Salou	13.38a		Davies
11.	9	Jordis Maxwell	13.48a	PR	Fargo South
12.	12	Taylar Baker	13.58a	SR	Grand Forks Central
13.	10	Paige Lipetzky	13.62a		West Fargo Sheyenne
14.	10	Leziga Kpeenu	13.76a	PR	West Fargo Sheyenne
15.	10	Karina Olson	13.78a	SR	Valley City
16.	9	Leah Meyer	13.82a	PR	Shanley
17.	11	Mackenzie Amerman	13.87a	PR	Kindred
18.	10	Taya Samek	13.89a	PR	West Fargo
19.	11	Anna Berg	13.91a	PR	Kindred
20.	12	Lauren Hillman	13.95a	SR	Grand Forks Central
21.	12	Noella Akech	13.97a	PR	West Fargo Sheyenne
22.	7	Kadie Kocka	14.09a	PR	Valley City
22.	9	Allie Emineth	14.09a	PR	Shanley
24.	12	Kiernan Darling	14.10a	PR	Fargo South
25.	11	Taylor Tedford	14.13a	PR	Fargo North
26.	9	Samantha Melling	14.15a		West Fargo
27.	10	Jillian Riley	14.22a	SR	Grand Forks Central
28.	11	Isabelle Snyder	14.32a		Shanley
29.	10	Jennifer Klundt	14.34a		Fargo North
30.	8	Elsa Ingebrigtson	14.34a		Kindred
31.	10	Beth Ellis	14.36a	PR	Fargo South
32.	9	Sydney Schweyen	14.38a	PR	West Fargo Sheyenne
33.	11	Zoey Schlader	14.40a		West Fargo
34.	11	Kalin Lachowitzer	14.44a		Kindred
35.	10	Noura Elhamadana	14.45a	PR	Red River
36.	7	Raya Dobbs	14.55a		Fargo North
37.	12	Brianna Filson	14.58a		Grand Forks Central
38.	10	Jasmine Thomas	14.67a	PR	Grand Forks Central
39.	9	Jadyn Chakua	14.82a	PR	Fargo North
40.	10	Elle Terstriep	14.85a		Shanley
41.	11	Peace Tabo	16.41a	PR	Red River
42.	9	Dana Chahal	16.41a		Red River
43.	10	Emma Anderson	16.52a	PR	Red River
44.	11	Morgan Jenner	16.62a		Valley City
45.	10	Lara Deakin	16.79a		Fargo North
46.	9	MacKenzie Abraham	17.23a	PR	Red River

1.	12	Jackson Kuznia	21.91a	PR	West Fargo Sheyenne
2.	12	Bakarr Fullah	22.24a	PR	Fargo South
3.	12	Jak Urlacher	22.48a	PR	Grand Forks Central
4.	11	Wyatt Mutzenberger	22.70a	PR	Grand Forks Central
5.	12	Trehvon Montgomery	22.99a	PR	Fargo South
6.	12	Samuel Nyemah	23.03a	PR	Fargo North
7.	12	Austin Harmsen	23.22a	PR	Davies
8.	11	Austin Shape	23.30a		Valley City
9.	11	Brady Duttenhefer	23.43a	PR	West Fargo Sheyenne
10.	12	Ryan Barth	23.43a	PR	Davies
11.	11	Nicholas Nyquist	24.00a	PR	Davies
12.	11	Trevon Rodriguez	24.15a	PR	Oak Grove Lutheran
13.	10	Charlie Biewer	24.16a		Kindred
14.	11	Evan Mielke	24.17a		Valley City
15.	10	Aiden Bourke	24.43a		Fargo South
16.	11	Calvin Alford-Hickman	24.46a		Fargo North
17.	10	Keaton Schwab	24.73a	PR	Davies
18.	10	Lukas Heydt	24.74a	PR	Red River
19.	11	Dallas Bachmeier	24.82a		Fargo North
20.	9	Chase Kjervestad	24.91a		West Fargo
21.	9	Isaac Schumacher	25.05a		Davies
22.	10	Luke Hollcraft	25.34a	PR	Shanley
23.	11	Anthony Lopez	25.46a		Grand Forks Central
24.	12	Tyler Ulrich	25.67a	PR	Red River
25.	9	Cameron Schartzwalter	25.89a		Kindred
26.	9	AJ Moore	25.92a		Fargo South
27.	12	Ted Tchomakhidze	25.94a		Red River
28.	10	Grayson Geigle	26.14a	PR	Shanley
29.	12	Dylan Narum	26.41a		Red River
30.	9	Carter Borg	26.60a	PR	Valley City
31.	9	Jack Davis	27.10a		Kindred
32.	12	Om Panda	27.64a	PR	Red River
	12	Jaden Compson	DNF		Valley City

400 Meters Varsity - Finals

1.	12	Jack Robertson	52.45a	PR	Davies
2.	12	Carson Dean	52.89a		Shanley
3.	11	Brady Duttenhefer	53.20a	PR	West Fargo Sheyenne
4.	12	Trevor Tiongson	53.61a	PR	West Fargo Sheyenne
5.	10	James Gaden	54.36a	PR	Fargo South
6.	12	Emmett Kenney	55.26a		Shanley
7.	12	Morgan Hoefs	55.49a	PR	Red River
8.	11	Emmett Sum	55.78a	PR	Grand Forks Central
9.	10	Hayden Pritchard	55.91a		West Fargo
10.	11	Alex Flores	55.97a		Fargo North
11.	9	Jaden Middleton	56.21a	PR	Fargo South
12.	11	Tanner Schiller	56.36a	PR	Red River
13.	10	Reece Breidenbach	56.61a		West Fargo Sheyenne
14.	10	Jorgen Swenson	56.99a	PR	Kindred
15.	12	Daniel Jones	57.15a	SR	Fargo North
16.	9	Grant Tschosik	57.73a	PR	Davies
17.	9	Luke Lorenz	57.75a	PR	Davies
18.	11	Soren Bartell	57.78a		Fargo North
19.	12	Dylan Narum	58.26a		Red River
20.	9	Nathan Andrews	58.36a	PR	Shanley
21.	11	Tristan Kramlich	58.55a		Fargo North
22.	9	Joe Flaherty	58.63a		Shanley
23.	12	Ryder Schmidt	59.16a	PR	Davies
24.	11	Abram Hall	59.34a	PR	Red River
25.	9	Treyton Hoffert	1:00.66a		Fargo South

200 Meters Varsity - Finals

1.	10	Cece Deebom	25.14a	PR	Davies
2.	11	Jasmine Williams	25.37a	SR	West Fargo
3.	8	Kate Laqua	25.58a	PR	Davies
4.	10	Michaela Nesius	25.76a	PR	Davies
5.	9	Avary Fitzpatrick	26.60a	PR	West Fargo Sheyenne
6.	9	Jocie Schiller	26.81a	PR	Red River
7.	11	Linnea Axtman	26.86a	PR	Davies
8.	9	Ella Olson	26.95a	PR	Oak Grove Lutheran
9.	7	Noelle Friederichs	27.20a	PR	Shanley
10.	12	Brooke Thorsness	27.29a		Fargo South
11.	7	Michelle Gee	27.50a	PR	West Fargo
12.	10	Ashley Wacha	27.80a	PR	Davies
13.	9	Tess Rohrbeck	27.84a	PR	Kindred
14.	9	Peyton Gette	28.26a	PR	Kindred
15.	8	Grace Thiel	28.47a	PR	Fargo North
16.	11	Mackenzie Amerman	28.57a	SR	Kindred
17.	10	Leziga Kpeenu	28.61a		West Fargo Sheyenne
18.	10	Taya Samek	28.84a	PR	West Fargo
19.	8	Odura Isaac	28.91a	PR	Shanley
20.	9	Samantha Melling	28.98a	PR	West Fargo
21.	10	Paige Lipetzky	29.02a	PR	West Fargo Sheyenne
22.	8	Ali Henke	29.04a	PR	Kindred
23.	12	Noella Akech	29.06a	PR	West Fargo Sheyenne
24.	7	Raya Dobbs	29.58a		Fargo North
25.	8	Elsa Ingebrigtson	29.60a	PR	Kindred
26.	10	Noura Elhamadana	30.07a	PR	Red River
27.	8	Lexi Ogren	30.26a	PR	Kindred
28.	9	Emily Arnold	31.14a	PR	Grand Forks Central
29.	10	Samantha Christensen	31.96a		Fargo North
30.	11	Paris Cronin	33.12a	PR	Fargo South
31.	11	Morgan Jenner	33.30a	PR	Valley City
32.	9	Dana Chahal	34.32a		Red River
33.	11	Peace Tabo	35.06a	PR	Red River
34.	9	Tennasyn Henry	35.27a		Grand Forks Central
35.	10	Lara Deakin	35.49a	PR	Fargo North
36.	9	MacKenzie Abraham	36.06a	PR	Red River
37.	11	Patience Toh	36.58a	PR	Fargo South

400 Meters Varsity - Finals

1.	8	Kate Laqua	58.92a	PR	Davies
2.	10	Michaela Nesius	59.16a	PR	Davies
3.	9	Jocie Schiller	1:00.47a	PR	Red River
4.	9	Avary Fitzpatrick	1:01.82a		West Fargo Sheyenne
5.	8	Greta Goven	1:02.21a	PR	Valley City
6.	11	Hailey Bjerke	1:02.45a	SR	Davies
7.	9	Mesiku Hakim	1:02.77a	PR	Shanley
8.	10	Bryn Donaldson	1:03.66a	SR	Davies
9.	9	Peyton Gette	1:04.40a	PR	Kindred
10.	8	Grayce Anderson	1:05.66a	PR	Fargo North
11.	8	Sadie Wavrin	1:05.81a	PR	West Fargo
12.	9	Allie Emineth	1:06.25a	SR	Shanley
13.	11	Emily Skalicky	1:06.36a	SR	Fargo North
14.	9	Tess Rohrbeck	1:06.48a	PR	Kindred
15.	8	Nora Fluge	1:06.52a	PR	Fargo North
16.	8	Elsa Ingebrigtson	1:06.77a	PR	Kindred
17.	11	Anna Berg	1:07.06a	PR	Kindred
18.	11	Taylor Schneider	1:07.35a	PR	Shanley
19.	10	Lauren Sturma	1:07.45a		Davies

26.	12	Om Panda	1:01.21a		Red River
27.	9	Jethro Nettum	1:01.99a	PR	Fargo North
28.	9	AJ Moore	1:02.62a	PR	Fargo South
29.	12	Daniel Wintch	1:04.40a		Valley City
30.	9	Brian Schaan	1:11.49a	PR	Shanley

800 Meters Varsity - Finals

1.	11	Caeden Johnson	1:58.37a		West Fargo Sheyenne
2.	12	Jack Robertson	1:59.88a	SR	Davies
3.	11	Dameon Zenawick	2:01.65a	PR	Red River
4.	12	Caaden Rath	2:01.94a	PR	Kindred
5.	10	Quinn Roehl	2:02.07a		Grand Forks Central
6.	11	Hunter McHenry	2:02.45a	PR	Red River
7.	9	Aiden Johnson	2:04.40a	PR	West Fargo Sheyenne
8.	10	Jonah Dafoe	2:05.06a		Red River
9.	12	Ryan Prusak	2:06.79a	PR	Red River
10.	10	Eli Svenby	2:07.94a	PR	West Fargo
11.	9	Isaiah Robles	2:08.60a		West Fargo Sheyenne
12.	12	Kamden Coles	2:08.80a	PR	West Fargo Sheyenne
13.	12	Broden Diederich	2:08.96a		Red River
14.	10	Ethan Lantz	2:09.38a	PR	Shanley
15.	11	Bennett Hefta	2:10.62a	PR	Davies
16.	10	Omar Aly Ahmed	2:12.66a	PR	Fargo South
17.	9	Jeb Gossett	2:12.86a	PR	Fargo North
18.	10	Noah Yahnke	2:13.58a	PR	West Fargo
19.	10	Braxton Middaugh	2:13.94a	PR	Fargo North
20.	9	Curtis Sande	2:14.12a	PR	Grand Forks Central
21.	11	Wil Roberts	2:15.56a	PR	Davies
22.	12	Matthew Pearson	2:15.59a	PR	Kindred
23.	10	Charley Larson	2:16.41a	PR	Fargo South
24.	11	Noah Geffre	2:16.70a		Shanley
25.	11	Evan Watkin	2:16.91a	PR	Fargo North
26.	11	Carter Ferber	2:17.32a	PR	West Fargo Sheyenne
27.	10	Jeremiah Dockter	2:17.64a		Kindred
28.	10	Charlie Wicks	2:19.97a	PR	Fargo North
29.	12	Karter Witte	2:20.16a		Davies
30.	11	Charles Eaton	2:20.77a	PR	Davies
31.	12	Tucker Vasichek	2:21.19a		Grand Forks Central
32.	12	Blake Nelson	2:21.71a	PR	Shanley
33.	11	Wayne Costilla	2:22.29a	PR	Grand Forks Central
34.	12	Cael Lorenz	2:25.10a	SR	Grand Forks Central
35.	12	Charlie Hapka	2:26.32a		Shanley
36.	9	Caden Willows	2:27.77a	PR	West Fargo
37.	11	Connor Pfennig	2:29.62a		Valley City
38.	10	Gabriel Little Dog	2:32.74a		Valley City
39.	11	Gunnar Moody	2:35.52a	PR	Fargo South

1600 Meters Varsity - Finals

1.	9	Aiden Johnson	4:24.12a	PR	West Fargo Sheyenne
2.	11	Hunter McHenry	4:30.68a	PR	Red River
3.	10	Jonah Dafoe	4:31.04a	PR	Red River
4.	12	Mustafe Abdi	4:32.28a	PR	Red River
5.	11	Regan Bosch	4:32.53a	PR	Davies
6.	10	Drew Rempher	4:33.97a	PR	Davies
7.	11	Gabe Sagvold	4:36.68a	PR	Fargo North
8.	12	Broden Diederich	4:38.00a	PR	Red River
9.	10	Matt Rongitsch	4:38.16a	PR	Red River
10.	11	Justin Smith	4:40.30a	PR	West Fargo
11.	9	Jaray Touray	4:43.74a	PR	Davies
12.	9	Cooper Clouse	4:54.13a	PR	West Fargo Sheyenne
13.	11	Carter Ferber	4:54.80a	PR	West Fargo Sheyenne
20.	9	Leah Meyer	1:07.84a		Shanley
21.	9	Samantha Melling	1:08.27a	PR	West Fargo
22.	10	Catherine Francis	1:08.95a	PR	West Fargo Sheyenne
23.	8	Lexi Ogren	1:08.97a	PR	Kindred
24.	8	Victoria Sanchez	1:10.54a		Valley City
25.	9	Ella Nelson	1:12.40a		West Fargo
26.	9	Molly Hoffman	1:13.38a		Fargo North
27.	11	Paris Cronin	1:13.40a	PR	Fargo South
28.	9	Lindsey Reeder	1:13.84a	PR	Fargo South
29.	9	Coral Heyd	1:13.95a	PR	Grand Forks Central
30.	9	Tamsyn Nantaba	1:15.24a	PR	Fargo South
31.	-	Ella Roehl	1:16.33a	PR	Fargo South
32.	10	Samantha Christensen	1:17.16a		Fargo North
33.	9	Dana Chahal	1:18.12a	PR	Red River
34.	10	Emma Anderson	1:21.36a	PR	Red River
35.	9	Tennasyn Henry	1:23.15a		Grand Forks Central
36.	11	Peace Tabo	1:28.92a	PR	Red River

800 Meters Varsity - Finals

1.	12	Ryleigh Wacha	2:19.12a	PR	Davies
2.	12	McKenna Lovehaug	2:25.27a	SR	Davies
3.	9	Olivia Heilman	2:27.75a	PR	West Fargo Sheyenne
4.	8	Greta Goven	2:28.80a		Valley City
5.	11	Brenna Barnick	2:30.06a	PR	Davies
6.	11	Emily Klaman	2:32.87a	PR	West Fargo
7.	12	Ella Fosse	2:34.36a	SR	Red River
8.	12	Avery Murray	2:37.42a		Valley City
9.	10	Emily Nelson	2:40.34a		Red River
10.	9	Cadence Modin	2:40.66a	PR	Davies
11.	8	Rylie Lelm	2:40.97a	PR	Red River
12.	9	Aria Kindseth	2:41.10a	PR	Grand Forks Central
13.	7	Kiaya Hagen	2:42.01a	PR	West Fargo
14.	8	Ellie Miller	2:42.20a	PR	Davies
15.	12	Addison Hammes	2:42.32a	SR	Fargo North
16.	11	Alice Bauroth	2:42.51a	SR	Fargo South
17.	7	Lucy Grothmann	2:43.74a	PR	Shanley
18.	12	Hannah Johnson	2:43.76a	SR	Fargo North
19.	11	Liv Berger	2:44.07a		Fargo South
20.	10	Carly Goven	2:44.34a		Valley City
21.	10	Elizabeth Solhjem	2:45.32a	PR	Kindred
22.	8	Stella Walberg	2:45.80a		Kindred
23.	12	Silje Kindseth	2:45.81a	PR	Grand Forks Central
24.	12	Lauren Fitch	2:46.38a	PR	Kindred
25.	11	Morgan Reeder	2:47.60a	SR	Fargo South
26.	9	Olivia Solhjem	2:48.76a	PR	Kindred
27.	10	Callie Baukol	2:48.77a	PR	Fargo South
28.	12	Helen Nudell	2:48.86a	SR	Kindred
29.	8	Claire Bartell	2:49.75a		Fargo North
30.	11	Jerzay Bachmeier	2:50.58a	SR	West Fargo
31.	10	Elizabeth Simon	2:50.82a	PR	Red River
32.	11	Narria Neubert	2:52.02a	PR	Red River
33.	9	Ellen Berry	2:52.62a		Grand Forks Central
34.	11	Keeley Eichhorn	3:03.72a	SR	Fargo South
35.	10	Emma Benson	3:32.96a	PR	West Fargo Sheyenne
	11	Elle Sondag	DNS		Fargo North
	8	Katie Uhlir	DNS		Grand Forks Central

1600 Meters Varsity - Finals

1.	11	Anna Lien	5:21.45a	SR	Fargo North
2.	11	Anna Bernhardt	5:22.68a	SR	Shanley

14.	9	Curtis Sande	4:55.29a	PR	Grand Forks Central
15.	10	Noah Yahnke	4:55.79a	PR	West Fargo
16.	10	Braxton Middaugh	4:56.08a		Fargo North
17.	10	Levi Rossman	5:02.61a	PR	West Fargo
18.	9	Jake Coulter	5:03.36a		Davies
19.	12	Cael Lorenz	5:04.67a	SR	Grand Forks Central
20.	10	Jesse Olsen	5:05.31a	PR	West Fargo Sheyenne
21.	9	James Lien	5:09.16a		Fargo North
22.	12	Sam Lucht	5:09.34a	PR	Davies
23.	8	Isaac Amundson	5:10.26a	PR	West Fargo
24.	12	Michael Toy	5:11.16a	PR	West Fargo Sheyenne
25.	10	Elijah Pederson	5:13.37a	PR	Fargo North
26.	12	Charlie Hapka	5:17.20a	PR	Shanley
27.	9	Keaton Olson	5:18.12a		Kindred
28.	12	Cole Marinucci	5:22.82a	PR	West Fargo
29.	10	Tyan Nordstrom	5:23.54a	PR	Fargo North
30.	9	Ben Miller	5:31.42a		Kindred
31.	9	Noah Sauvageau	5:32.92a	PR	Kindred
32.	12	Daniel Wintch	5:34.55a	PR	Valley City
33.	11	Connor Pfennig	5:35.12a	PR	Valley City
34.	10	Gabriel Little Dog	5:36.61a	PR	Valley City
35.	9	Lucas Dahl	5:38.36a		Kindred
36.	10	Parker Liedahl	5:41.65a	PR	Fargo South
37.	11	Gunnar Moody	5:47.49a		Fargo South
38.	9	Jordan Haakenson	6:00.94a	PR	Kindred
	11	Garrison Miller	DNS		Shanley

3200 Meters Varsity - Finals

1.	9	Owen Sondag	9:26.89a	PR	Fargo North
2.	11	Regan Bosch	10:17.67a		Davies
3.	10	Drew Rempher	10:32.04a	PR	Davies
4.	10	Lucas Menke	10:53.53a		Davies
5.	11	Lincoln Retzlaff	11:03.53a	PR	West Fargo
6.	10	Simon Pryor	11:09.15a	PR	Fargo North
7.	12	Eli Heyer	11:18.21a	PR	Davies
8.	11	Jack Thiel	11:26.29a	PR	Fargo North
9.	7	Quinn Carroll	11:28.84a	PR	Shanley
10.	11	Oliver Dietz	11:43.45a	PR	West Fargo Sheyenne
11.	9	Brody Black	11:45.42a	PR	West Fargo Sheyenne
12.	10	Sam Lies	11:46.71a	PR	Davies

110m Hurdles - 39" Varsity - Finals

1.	12	Jared Eggermont	14.93a	PR	Valley City
2.	11	Carter Elde	15.04a	PR	Grand Forks Central
3.	10	Carter Byron	15.96a	PR	Red River
4.	12	Courage David	15.98a		West Fargo
5.	10	Lukas Heydt	16.00a	PR	Red River
6.	12	Trehvon Montgomery	16.55a		Fargo South
7.	11	Steven Edwards	16.58a	PR	West Fargo
8.	11	Caleb Klabunde	16.90a	PR	Kindred
9.	9	Reis Kessel	16.94a		Fargo South
10.	11	Anthony Lopez	17.26a	PR	Grand Forks Central
11.	11	Denver Piechowski	17.35a		Davies
12.	8	Trey Knoke	17.80a		Fargo North
13.	10	Will Lacher	17.94a		Fargo South
14.	9	Cedric Taylor	18.05a	PR	West Fargo
15.	12	Collin Allan	18.14a	PR	Grand Forks Central
16.	11	Isaac Schall	18.25a		Red River
17.	10	James Weninger	18.51a	PR	Fargo North
18.	12	Joel Tande	18.63a		Grand Forks Central
3.	10	Lauren Dosch	5:29.12a	PR	Red River
4.	10	Marie Derenne	5:31.60a	PR	Grand Forks Central
5.	9	Ally Goodmanson	5:34.33a	PR	Kindred
6.	11	Elle Sondag	5:35.65a		Fargo North
7.	9	Reagan Berg	5:38.68a		Valley City
8.	11	Kaelyn Berg	5:41.06a		West Fargo
9.	10	Emily Nelson	5:47.15a	SR	Red River
10.	9	Claire Hynek	5:48.49a		Grand Forks Central
11.	9	Cierra Bornemann	5:54.58a		Davies
12.	8	Ellie Miller	5:57.87a	PR	Davies
13.	10	Brooklyn Champagne	5:57.94a		Fargo North
14.	11	Alice Bauroth	5:59.00a	SR	Fargo South
15.	12	Janae Phillips	6:01.31a	PR	Davies
16.	11	Liv Berger	6:01.74a	PR	Fargo South
17.	12	Madeline Stroud	6:05.07a	PR	Davies
18.	8	Claire Bartell	6:05.41a	PR	Fargo North
19.	9	Mallory Strand	6:09.41a	PR	Shanley
20.	8	Brooke Dorsey	6:10.69a		Red River
21.	10	Annika Stephens	6:12.25a		Davies
22.	7	Lucy Grothmann	6:16.28a	PR	Shanley
23.	7	Kami Dean	6:17.34a	PR	Shanley
24.	10	Lindsey Anderson	6:21.86a	SR	West Fargo
25.	9	Katelyn Stern	6:27.50a	PR	Grand Forks Central
26.	11	Keeley Eichhorn	6:29.30a	SR	Fargo South
27.	10	McKenna Emineth	6:30.21a		Red River
28.	11	Kiley Craft	6:39.72a		Shanley
29.	12	Emma Rieger	6:58.39a		Fargo South
30.	11	Sophie Lachance	7:00.26a		Red River
31.	10	Emma Benson	7:38.97a		West Fargo Sheyenne

3200 Meters Varsity - Finals

1.	12	Gracia Larsen-Schmidt	11:49.22a	PR	Red River
2.	12	Clare Boldingh	11:57.86a	SR	West Fargo
3.	11	Campbell Dorsey	12:12.82a	PR	Red River
4.	7	Kinley Steckler	12:23.42a	PR	Davies
5.	10	Brooke Everson	12:31.79a	SR	Davies
6.	8	Olivia Hammes	12:33.71a	PR	Fargo North
7.	12	Grace Dorsher	12:35.93a	SR	Fargo North
8.	12	Paige Erbstoesser	13:53.28a	SR	West Fargo

100m Hurdles - 33" Varsity - Finals

1.	10	Cece Deebom	15.67a		Davies
2.	11	Linnea Axtman	16.04a	PR	Davies
3.	10	Samantha Gustafson	16.13a	PR	West Fargo
4.	10	Elyse Gulsvig	16.50a	PR	Davies
5.	11	Mackenzie Amerman	17.30a	SR	Kindred
6.	12	Shri Patel	17.37a	PR	Red River
7.	12	Faith Clark	17.38a	SR	Davies
8.	10	Peyton Breidenbach	17.65a	PR	West Fargo Sheyenne
9.	9	Marissa Reid	17.69a		Davies
10.	9	Lauren Swanson	18.10a		Red River
11.	9	Brynn Moen	18.34a		Grand Forks Central
12.	8	Axumite James	18.36a	PR	Fargo South
13.	8	Odura Isaac	18.49a		Shanley
14.	8	Madison Wendel	18.83a	PR	Valley City
15.	9	Carly Pearson	19.08a	PR	Kindred
16.	11	Kaely Moran	19.21a	PR	West Fargo

19.	10	Soren Kaster	18.64a	PR	West Fargo Sheyenne
20.	9	Olamide Alabi	19.54a		Davies
21.	9	Anthony Alonzo	19.60a	PR	West Fargo
22.	10	Charlie Anderson	19.99a		Fargo North
23.	12	Jose Franssen	20.10a	PR	West Fargo
24.	10	Finn Lynch	20.19a	PR	Fargo North
25.	10	Blake Wanner	20.25a	PR	Fargo North
26.	9	Thompson Fischer	20.77a		Davies

300m Hurdles - 36" Varsity - Finals

1.	11	Carter Elde	38.97a	PR	Grand Forks Central
2.	12	Jared Eggermont	40.72a	PR	Valley City
3.	12	Jackson Kuznia	41.44a	PR	West Fargo Sheyenne
4.	11	Isaac Birnbaum	42.36a		West Fargo Sheyenne
5.	12	Adam Arnold	42.49a	SR	Grand Forks Central
6.	11	Steven Edwards	44.13a	PR	West Fargo
7.	10	Will Lacher	44.62a	PR	Fargo South
8.	10	Tristan Quibell	44.71a	PR	Fargo South
9.	10	Soren Kaster	44.92a	PR	West Fargo Sheyenne
10.	12	Courage David	45.07a		West Fargo
11.	12	Daniel Jones	45.44a		Fargo North
12.	10	Aiden Bourke	45.84a	PR	Fargo South
13.	10	Charlie Anderson	46.52a		Fargo North
14.	10	Finn Lynch	47.00a	PR	Fargo North
15.	11	Isaac Schall	47.14a		Red River
16.	12	Joel Tande	47.39a		Grand Forks Central
17.	9	Anthony Alonzo	47.53a	PR	West Fargo
18.	9	Olamide Alabi	47.62a		Davies
19.	12	Ryder Schmidt	47.64a		Davies
20.	9	Thompson Fischer	47.79a	PR	Davies
21.	9	Joe Flaherty	48.37a		Shanley
22.	8	Trey Knoke	48.60a		Fargo North
23.	10	Blake Wanner	48.63a		Fargo North
24.	10	Hudson Flom	49.87a		Red River
	12	Jose Franssen	DNS		West Fargo

4x100 Relay Varsity - Finals

1.	John Gores Carson Dean Carter Kochmann Henry Collins	44.26a	Shanley
2.	Samuel Nyemah Jacob Brosius Nathaniel Fritel Peder Haugo	44.52a	Fargo North
3.	Keaton Schwab Austin Harmsen Ryan Barth Nicholas Nyquist	44.83a	Davies
4.	KJ Franklin Trevor Tiongson Ethan Raan Ty Schlichting	45.14a	West Fargo Sheyenne
5.	Collin Allan Jak Urlacher Alex Schill Adam Arnold	45.48a	Grand Forks Central
6.	Carter Borg Austin Shape Evan Mielke Jaden Compson	45.55a	Valley City

17.	9	Ella Germundson	19.36a		West Fargo Sheyenne
18.	9	Heidi Wiedeman	19.57a	PR	West Fargo
19.	10	Elle Terstriep	19.59a		Shanley
20.	10	Beth Ellis	19.75a	PR	Fargo South
21.	8	Kennedy Bakko	20.02a	PR	Kindred
22.	9	Emma Haskamp	20.15a		Grand Forks Central
23.	9	Sofia Franssen	20.42a	PR	West Fargo
24.	9	Jadyn Chakua	20.88a		Fargo North
25.	12	Carmen Degges	20.91a	PR	Fargo North
26.	10	Jasmine Thomas	20.99a		Grand Forks Central
27.	10	Terra Beardemphl	21.02a	PR	Grand Forks Central
28.	9	Emily Arnold	21.24a	PR	Grand Forks Central
29.	8	Greta McKenney	23.35a		Kindred
	12	Kiernan Darling	DNS		Fargo South

300m Hurdles - 30" Varsity - Finals

1.	9	Ashton Safranski	48.20a	PR	Davies
2.	12	Shri Patel	48.39a	PR	Red River
3.	11	Anna Berg	49.16a	PR	Kindred
4.	12	Faith Clark	50.90a	SR	Davies
5.	8	Elsa Ingebrigtson	51.62a		Kindred
6.	9	Lauren Swanson	51.80a	PR	Red River
7.	12	Taylor Dietz	52.22a	PR	Davies
8.	10	Ashley Wacha	52.34a	PR	Davies
9.	9	Brynn Moen	52.54a		Grand Forks Central
10.	11	Alexus Olson	52.72a		West Fargo
11.	8	Odura Isaac	52.77a	PR	Shanley
12.	9	Ella Germundson	53.48a		West Fargo Sheyenne
13.	8	Kennedy Bakko	53.69a	PR	Kindred
14.	8	Sadie Wavrin	54.31a	PR	West Fargo
15.	11	Emily Klaman	54.31a	SR	West Fargo
16.	12	Juliana Conlin	55.13a	PR	Davies
17.	11	Zoie Krump	55.36a	PR	Red River
18.	9	Heidi Wiedeman	56.10a	PR	West Fargo
19.	9	Emma Haskamp	57.15a	PR	Grand Forks Central
20.	12	Carmen Degges	58.55a		Fargo North
21.	9	Carly Pearson	58.95a	PR	Kindred
22.	9	Emily Arnold	59.18a		Grand Forks Central
23.	10	Taryn Winkler	59.26a		Fargo North
24.	11	Kaely Moran	59.30a	PR	West Fargo
25.	10	Terra Beardemphl	1:03.01a	PR	Grand Forks Central
26.	11	Sophie Lachance	1:03.64a		Red River
27.	8	Greta McKenney	1:04.51a	PR	Kindred
28.	11	Grace Struble	1:06.12a		Valley City

4x100 Relay Varsity - Finals

1.	Laiken Sturn Michelle Gee Samantha Gustafson Jasmine Williams	51.25a	West Fargo
2.	Jill Engstrom Nina Hage Ellen Donat Ava Olson	51.37a	Davies
3.	Noelle Friederichs Brooklyn Kelsch Mesiku Hakim Paige Renschler	51.47a	Shanley

7.	Mason Reynolds Carter Byron Gannon Brooks Sam Kruger	45.57a	Red River
8.	Chase Kjervestad Carson Hegerle Courage David Jean Irumva	45.91a	West Fargo
9.	James Gaden Trehvon Montgomery Sibomana Enock Bakarr Fullah	46.42a	Fargo South
10.	Cameron Schartzwalter Jorgen Swenson Owen Hoyme Ethan McKenney	47.74a	Kindred

4x200 Relay Varsity - Finals

1.	Ty Schlichting Brady Duttenhefer Trevor Tiongson Jackson Kuznia	1:31.53a	West Fargo Sheyenne
2.	Nathaniel Fritel Peder Haugo Jacob Brosius Samuel Nyemah	1:31.73a	Fargo North
3.	Wyatt Mutzenberger Jak Urlacher Alex Schill Carter Elde	1:32.36a	Grand Forks Central
4.	Jared Eggermont Austin Shape Evan Mielke Jaden Compson	1:32.81a	Valley City
5.	Denver Piechowski Austin Harmsen Ryan Barth Nicholas Nyquist	1:33.81a	Davies
6.	Mason Reynolds Carter Stinson Gannon Brooks Sam Kruger	1:34.80a	Red River
7.	Charlie Biewer Eli Heinrich Trey Heinrich Ethan McKenney	1:36.04a	Kindred
8.	James Gaden Aiden Bourke Peyton Kessel George Hanesgard	1:36.32a	Fargo South
9.	Isaac Nyenabo Chase Kjervestad Ahmed Al Zenad Dorien Tarley	1:37.67a	West Fargo

4x400 Relay Varsity - Finals

4.	Mackenzie Amerman Tess Rohrbeck Ali Henke Tina Freier	52.45a	Kindred
5.	Micah Sander Paige Lipetzky Leziga Kpeenu Unique Wea	52.50a	West Fargo Sheyenne
6.	Emily Skalicky Taylor Tedford Reagan Carlson Grace Miller	53.25a	Fargo North
7.	Olivia Olson Kadie Kocka Jocey Kriewald Karina Olson	53.35a	Valley City
8.	Brianna Filson Brynn Moen Brietta Mullane Jasmine Thomas	55.18a	Grand Forks Central
9.	Lauryn Rydell Claire Lapp Lauren Swanson Kylie Severson	55.25a	Red River

4x200 Relay Varsity - Finals

1.	Linnea Axtman Ashley Wacha Ashton Safranski Ellen Donat	1:47.69a	Davies
2.	Erin Mueller Avary Fitzpatrick Saree Wadeson Sydney Volesky	1:48.20a	West Fargo Sheyenne
3.	Noelle Friederichs Brooklyn Kelsch Mesiku Hakim Paige Renschler	1:48.56a	Shanley
4.	Emily Skalicky Taylor Tedford Nora Fluge Raya Dobbs	1:54.25a	Fargo North
5.	Brietta Mullane Lauren Hillman Taylar Baker Jillian Riley	1:55.48a	Grand Forks Central
6.	Taya Samek Michelle Gee Samantha Melling Zoey Schlader	1:56.72a	West Fargo
7.	Ava Olson Cassidy Murphy Kaydence Streyle Kalin Lachowitzer	1:57.52a	Kindred
8.	Lauryn Rydell Claire Lapp Zoie Krump Kylie Severson	1:57.71a	Red River

4x400 Relay Varsity - Finals

1.	Mustafe Abdi Gannon Brooks Carter Stinson Sam Kruger	3:35.25a	Red River
2.	Carson Hegerle Parker Nelson Hayden Pritchard Lane Dullum	3:35.63a	West Fargo
3.	Sibomana Enock Zunekia Diamond McGill Bakarr Fullah Tristan Quibell	3:37.09a	Fargo South
4.	Jaray Touray Jack Robertson Ryder Schmidt Bennett Hefta	3:41.00a	Davies
5.	Daniel Jones Nathaniel Fritel Jacob Brosius Alex Flores	3:41.67a	Fargo North
6.	Reece Breidenbach Isaiah Robles Kamden Coles Caeden Johnson	3:44.39a	West Fargo Sheyenne
7.	Jeremiah Dockter Ethan Schaffer Jack Olson Caleb Klabunde	3:51.88a	Kindred

4x800 Relay Varsity - Finals

1.	Justin Smith Parker Nelson Lincoln Retzlaff Lane Dullum	8:18.25a	West Fargo
2.	Jeremiah Dockter Jack Olson Ethan Schaffer Caaden Rath	8:33.53a	Kindred
3.	Emmett Kenney Noah Geffre Nathan Andrews Blake Nelson	8:55.76a	Shanley
4.	Bennett Hefta Eli Heyer Karter Witte Wil Roberts	9:02.53a	Davies
5.	Jeb Gossett Elijah Pederson Jack Thiel James Lien	9:13.56a	Fargo North
6.	Emmett Sum Wayne Costilla Nicholas Swanson Tucker Vasichek	9:33.33a	Grand Forks Central
7.	Charley Larson Omar Aly Ahmed Nathan Hokstad Parker Liedahl	9:38.02a	Fargo South

Shot Put - 12lb Varsity - Finals

1.	Ryleigh Wacha Brenna Barnick Ashton Safranski McKenna Lovehaug	4:10.50a	Davies
2.	Laiken Sturn Jasmine Williams Samantha Gustafson Brenna White	4:12.52a	West Fargo
3.	Grace Thiel Grayce Anderson Nora Fluge Anna Lien	4:14.09a	Fargo North
4.	Anna Berg Tina Freier Peyton Gette Ava Olson	4:20.82a	Kindred
5.	Catherine Francis Unique Wea Eden Smith Peyton Breidenbach	4:22.04a	West Fargo Sheyenne
6.	Allie Emineth Leah Meyer Azure Ries Brooklyn Kelsch	4:25.82a	Shanley
7.	Avery Murray Carly Goven Victoria Sanchez Reagan Berg	4:36.28a	Valley City
8.	Kylie Severson Rylie Lelm Zoie Krump Claire Lapp	4:42.52a	Red River
9.	Callie Baukol Axumite James Paris Cronin Tamsyn Nantaba	4:45.68a	Fargo South
10.	Marie Derenne Silje Kindseth Ellen Berry Aria Kindseth	4:50.22a	Grand Forks Central

4x800 Relay Varsity - Finals

1.	Olivia Heilman Eden Smith Brooklyn Herrick Onnica Stansbury	9:57.37a	West Fargo Sheyenne
2.	Bryn Donaldson Hailey Bjerke Cadence Modin Cierra Bornemann	10:15.61a	Davies
3.	Reagan Berg Avery Murray Greta Goven Carly Goven	10:19.30a	Valley City
4.	Brenna White Jordan Knudsvig Kiaya Hagen Kaelyn Berg	10:19.69a	West Fargo

1.	12	Kc Ortiz	52' 5	West Fargo
2.	10	Jack Packer	51' 5	Kindred
3.	9	Riley Sunram	48' 4 PR	Kindred
4.	10	Blake Houska	48' 3 PR	Kindred
5.	11	Kaleb Vliem	46' 6 PR	Davies
6.	12	Max Vikander	46' 5	Kindred
7.	12	Simon Bowden	43' 7	Shanley
8.	9	Nick Kuehl	41' 11 PR	Shanley
9.	12	Andrew Paustian	41' 10	Davies
10.	12	Sam Sather	41' 6	Red River
11.	11	Arthur Fahnbulleh	41' 2	West Fargo Sheyenne
12.	12	Kaiden Vliem	40' 5	Davies
13.	11	Hunter Van Raden	40' 1	Fargo North
14.	12	Marshal Buelow	39' 9	Red River
15.	10	Tyler Christianson	39' 2	Fargo South
16.	12	Joren Palmer	39' 1	Davies
17.	12	Benjamin Dahl	38' 8	Fargo South
18.	10	Damon Hospidales	38' 4	Shanley
19.	11	Christian Skiple	38' 4	Fargo South
20.	10	Bryce Cain	38' 0	West Fargo Sheyenne
21.	10	Gunner Cadreau	37' 8	Fargo North
22.	10	Eli Hayes	37' 7	Davies
23.	11	Anthony Wanner	37' 5	Shanley
24.	11	Sam Ruona	37' 4 PR	West Fargo
25.	11	Jacob Hiatt	37' 4	Kindred
26.	9	James Miller	37' 2	Fargo North
27.	11	Samuel VonBank-Hoye	37' 1	West Fargo
28.	11	Kevin Nguyen	36' 11	West Fargo
29.	11	Jaxon Migler	36' 6 PR	West Fargo Sheyenne
30.	12	William Gay	36' 0	West Fargo Sheyenne
31.	11	Fabien Muhire	36' 0 PR	West Fargo
32.	11	Trace Olson	35' 6 PR	Shanley
33.	10	Arie Bratrud	35' 2	Valley City
34.	12	Carson McGough	34' 5	Valley City
35.	12	Logan Haskamp	34' 0	Grand Forks Central
36.	12	Glen Erickson	34' 0	Grand Forks Central
37.	12	Joey Olson	33' 9	Grand Forks Central
38.	12	Alejandro Lopez	33' 8	Grand Forks Central
39.	11	Jack Rose	33' 4 PR	Fargo North
40.	10	Kellen LaFountain	33' 2	Red River
41.	12	Tyler Larson	33' 1	Red River
42.	9	Xzavier Buckmiller	32' 8	Fargo North
43.	10	Cooper Schweigert	32' 1	Red River
44.	9	Mato Greywind	31' 10	Fargo South
45.	12	Adam Swartz	31' 1	Grand Forks Central
46.	10	Adam Biffert	30' 9	Fargo South
47.	12	Jaytan McConnaughey	29' 1	Valley City

Discus - 1.6kg Varsity - Finals

1.	12	Kc Ortiz	150' 1 PR	West Fargo
2.	9	Riley Sunram	141' 9 PR	Kindred
3.	10	Eli Hayes	138' 9 PR	Davies
4.	12	Andrew Paustian	136' 4	Davies
5.	11	Kaleb Vliem	133' 0 PR	Davies
6.	11	Hunter Van Raden	130' 10 PR	Fargo North
7.	12	Joren Palmer	124' 7 PR	Davies
8.	12	Tyler Larson	124' 2 PR	Red River
9.	12	Max Vikander	123' 0 PR	Kindred
10.	12	Simon Bowden	120' 11	Shanley
11.	12	Mickey Kenney	120' 10	Fargo North
12.	11	Christian Skiple	116' 3 PR	Fargo South

5.		Grace Dorsher Brooklyn Champagne Hannah Johnson Addison Hammes	10:50.86a	Fargo North
6.		Azure Ries Taylor Schneider Kiley Craft Kami Dean	10:53.81a	Shanley
7.		Claire Hynek Katelyn Stern Aria Kindseth Coral Heyd	11:05.80a	Grand Forks Central
8.		Mya Mannausau Brooke Dorsey Rylie Lelm Elizabeth Simon	11:11.93a	Red River
9.		Morgan Reeder Ella Roehl Emma Rieger Lindsey Reeder	12:04.76a	Fargo South

Shot Put - 4kg Varsity - Finals

1.	12	Jadyn Feist	38' 5 PR	West Fargo Sheyenne
2.	11	Mary Schnell	38' 1	West Fargo
3.	12	Olivia Schindler	36' 2 PR	Red River
4.	9	Seely Stockmoe	35' 5	Shanley
5.	9	Cailey Moton	35' 4	West Fargo
6.	12	Jade Azure	35' 2 SR	Red River
7.	12	Rebecca Kpor	34' 6	West Fargo Sheyenne
8.	12	Kaden Kerzman	34' 4	Davies
9.	11	Ashley Ebens	34' 0 PR	Kindred
10.	12	Kaylee Lancaster	32' 11 PR	Red River
11.	11	Terryn Johnson	32' 9	Kindred
12.	12	Alex Page	32' 2 PR	Red River
13.	12	Mariah Burd	31' 10	Shanley
14.	12	Yvonnah Marshall	31' 8 PR	Fargo South
15.	11	Aeryn Donovan	31' 4 PR	Fargo South
16.	11	Brooke Turnquist	31' 4	Davies
17.	11	Vivienne Heidt	31' 3 PR	West Fargo Sheyenne
18.	8	Jaiden Haile	30' 7	West Fargo Sheyenne
19.	10	Kaylee Baker	29' 11	Grand Forks Central
20.	11	Andrea Hoyme	29' 11 PR	Kindred
21.	9	Cassidy Murphy	29' 7	Kindred
22.	12	Emma Pfaff	29' 5	West Fargo
23.	12	Anna Guttormson	28' 6	Fargo South
24.	10	Caitlin Harmon	27' 9	Davies
25.	10	Megan Grove	27' 5	West Fargo
26.	10	Makenna Braun	27' 4	West Fargo
27.	12	Sydney Quibell	25' 10	Fargo South
28.	10	Tyana Judd	25' 7	Valley City
29.	8	Abby Baker	24' 11 PR	Red River
30.	10	Delaney Johnson	24' 7 PR	Fargo North
31.	9	Claire Powell	23' 11 PR	Valley City
32.	10	Alyssa Berger	23' 9	Grand Forks Central
33.	12	Emma Devine	23' 6	Fargo North
34.	9	Emma Stevenson	23' 0	Grand Forks Central
35.	11	Abby Lind	21' 9	Fargo North
36.	12	Ingrid Lean	21' 6 PR	Fargo North
37.	9	Mara Klinicke	21' 6 PR	Shanley
38.	10	Skye Boyer	21' 1	Grand Forks Central
39.	12	Abigail Evensen	20' 6 PR	Fargo South
40.	9	Ashtyn Auch	19' 8 PR	Grand Forks Central

13.	12	Glen Erickson	116' 3 PR	Grand Forks Central
14.	12	Sam Sather	111' 5	Red River
15.	12	Logan Haskamp	110' 8	Grand Forks Central
16.	9	James Miller	105' 5	Fargo North
17.	11	Brady Johnson	105' 5	Davies
18.	10	Blake Houska	105' 0	Kindred
19.	9	Connor Manske	103' 2 PR	West Fargo Sheyenne
20.	11	Samuel VonBank-Hoye	102' 4 PR	West Fargo
21.	9	Nick Kuehl	101' 9 PR	Shanley
22.	12	Kael Grebel	101' 1 SR	Valley City
23.	9	Dilon Filler	100' 8	Kindred
24.	12	Braeden Bloch	99' 11	Shanley
25.	11	Owen Casas	99' 1	West Fargo Sheyenne
26.	10	Dylan Carlquist	98' 6	Shanley
27.	11	Arthur Fahnbulleh	98' 5	West Fargo Sheyenne
28.	9	Cameron Ahlers	98' 0	Shanley
29.	12	Adam Swartz	95' 8	Grand Forks Central
30.	11	Jackson Ambuehl	93' 7	Fargo North
31.	11	Collin Lunde	93' 6	Kindred
32.	12	Alejandro Lopez	92' 3	Grand Forks Central
33.	10	Bryce Cain	91' 2	West Fargo Sheyenne
34.	12	Benjamin Dahl	90' 9	Fargo South
35.	12	Tommy Do	90' 4 PR	Fargo South
36.	9	Mato Greywind	90' 0	Fargo South
37.	10	Gunner Cadreau	89' 4	Fargo North
38.	10	Patrick Rach	89' 2	Fargo South
39.	12	Joey Olson	89' 1	Grand Forks Central
40.	10	Arie Bratrud	88' 3	Valley City
41.	12	William Gay	88' 0	West Fargo Sheyenne
42.	11	Logan Herring	86' 3	West Fargo
43.	12	Carson McGough	85' 0	Valley City
44.	8	James Walters	85' 0	Red River
45.	11	Sam Ruona	82' 10	West Fargo
46.	10	Cooper Schweigert	74' 4	Red River
47.	9	Zachary Sykora	70' 8	Valley City
48.	12	Marshal Buelow	63' 1	Red River
49.	12	Jaytan McConnaughey	61' 1	Valley City
	12	Isaac Murphy	ND	West Fargo

Javelin - 800g Varsity - Finals

1.	10	Eli Hayes	153' 10 PR	Davies
2.	12	Mickey Kenney	151' 5	Fargo North
3.	11	Collin Lunde	144' 5 PR	Kindred
4.	9	Riley Sunram	144' 3	Kindred
5.	12	Kael Grebel	143' 9	Valley City
6.	12	Evan Miller	142' 11	Davies
7.	12	Carson Bollinger	140' 3 PR	Davies
8.	8	James Walters	129' 8	Red River
9.	11	Dylan Feldner	129' 5	Davies
10.	10	Hudson Kilgore	126' 5	Red River
11.	12	Kc Ortiz	124' 7	West Fargo
12.	12	Simon Bowden	124' 3	Shanley
13.	9	Rylan Brown	123' 2 PR	Red River
14.	9	Zachary Sykora	121' 9	Valley City
15.	12	Glen Erickson	120' 4 PR	Grand Forks Central
16.	10	Blake Houska	118' 7	Kindred
17.	12	Carson McGough	116' 11	Valley City
18.	11	Jackson Ambuehl	116' 9	Fargo North
19.	10	Cooper Schweigert	116' 9	Red River
20.	8	Cameron Klefstad	114' 11	Red River
21.	12	Luke Wendel	111' 8	Valley City
41.	10	Alisaundra Morin	17' 11	Fargo North
42.	9	Natalie Nygord	16' 8	Davies
	11	Adisyn Schenck	ND	West Fargo Sheyenne
	12	Moriku Hakim	ND	Shanley

Discus - 1kg Varsity - Finals

1.	12	Jade Azure	118' 5	Red River
2.	12	Olivia Schindler	110' 6 PR	Red River
3.	12	Alex Page	108' 2 PR	Red River
4.	11	Mary Schnell	107' 1 PR	West Fargo
5.	9	Cailey Moton	104' 4	West Fargo
6.	10	Maci Wheeldon	102' 3	Davies
7.	12	Kaden Kerzman	101' 3	Davies
8.	12	Raime Hoang	97' 10 PR	West Fargo
9.	10	Camille Deringer	95' 0	Davies
10.	12	Moriku Hakim	94' 3	Shanley
11.	10	Kaylee Baker	93' 9	Grand Forks Central
12.	11	Terryn Johnson	93' 6	Kindred
13.	12	Jadyn Feist	92' 2	West Fargo Sheyenne
14.	11	Ashley Ebens	90' 0 PR	Kindred
15.	11	Adisyn Schenck	88' 5	West Fargo Sheyenne
16.	10	Makenna Braun	87' 10 PR	West Fargo
17.	12	Rebecca Kpor	87' 8	West Fargo Sheyenne
18.	8	Jaiden Haile	87' 1	West Fargo Sheyenne
19.	12	Mariah Burd	86' 10	Shanley
20.	9	Seely Stockmoe	83' 4	Shanley
21.	11	Brooke Turnquist	81' 5	Davies
22.	11	Andrea Hoyme	80' 10 PR	Kindred
23.	12	Yvonnah Marshall	79' 8	Fargo South
24.	12	Emma Devine	78' 1 SR	Fargo North
25.	10	Caitlin Harmon	75' 2	Davies
26.	12	Emma Pfaff	74' 11	West Fargo
27.	11	Vivienne Heidt	74' 11	West Fargo Sheyenne
28.	11	Olivia Vetter	71' 7	Shanley
29.	8	Abby Baker	69' 2	Red River
30.	9	Cassidy Murphy	67' 9 PR	Kindred
31.	12	Sydney Quibell	67' 1 SR	Fargo South
32.	11	Abby Lind	66' 9 PR	Fargo North
33.	9	Claire Vetter	65' 11	Shanley
34.	11	Carissa Goodmanson	65' 10	Kindred
35.	12	Abigail Evensen	61' 3 PR	Fargo South
36.	10	Delaney Johnson	57' 5	Fargo North
37.	9	Claire Powell	51' 1	Valley City
38.	10	Tyana Judd	50' 7	Valley City
39.	12	Ingrid Lean	49' 0	Fargo North
40.	10	Alisaundra Morin	40' 6	Fargo North
	11	Aeryn Donovan	ND	Fargo South

Javelin - 600g Varsity - Finals

1.	12	Brooklynn Koenig	125' 9	Davies
2.	12	Kaylee Lancaster	114' 6	Red River
3.	11	Mary Schnell	110' 9 PR	West Fargo
4.	11	Terryn Johnson	106' 2 PR	Kindred
5.	12	Alex Page	105' 8	Red River
6.	12	Jadyn Feist	103' 0 PR	West Fargo Sheyenne
7.	10	Camille Deringer	101' 10 PR	Davies
8.	12	Mariah Burd	100' 5	Shanley
9.	12	Jensen Drake	95' 4	Shanley
10.	11	Azalea Jorgensen	93' 1	Oak Grove Lutheran
11.	11	Adisyn Schenck	88' 5	West Fargo Sheyenne

22.	12	Landon Allex	108' 1 PR	Shanley
23.	11	Fabien Muhire	106' 3 PR	West Fargo
24.	11	Zach Breidenbach	105' 4	West Fargo Sheyenne
25.	11	Kolby Jones	104' 5	Fargo South
26.	11	Kaden Strand-Koepplin	104' 0	West Fargo Sheyenne
27.	11	Lane Stevens	100' 7	Grand Forks Central
28.	11	Sam Ruona	97' 7	West Fargo
29.	9	Cameron Ahlers	96' 6	Shanley
30.	11	Logan Herring	96' 4	West Fargo
31.	11	Jacob Hiatt	96' 0	Kindred
32.	12	Isaac Murphy	95' 7	West Fargo
33.	10	Bryce Cain	94' 2	West Fargo Sheyenne
34.	12	Benjamin Dahl	91' 3	Fargo South
35.	11	Dawson Galde	90' 6	West Fargo Sheyenne
36.	11	Arthur Fahnbulleh	88' 10	West Fargo Sheyenne
37.	11	Trace Olson	85' 9	Shanley
38.	9	Brian Schaan	84' 0 PR	Shanley
39.	10	Max Opgrand	83' 2	Kindred
40.	10	Zachary Thomasson	81' 0	Fargo South
41.	9	Xzavier Buckmiller	78' 6	Fargo North
42.	9	Spencer Johnson	76' 10 PR	Fargo South
43.	10	Aron Pochmara	71' 3	Fargo North
44.	9	Mato Greywind	70' 7	Fargo South
	12	Alejandro Lopez	DNS	Grand Forks Central
	12	Andrew Paustian	ND	Davies

High Jump Varsity - Finals

1.	12	Peyton Zaun	6' 0	Valley City
2.	11	Michael Nhial	5' 10	West Fargo Sheyenne
3.	11	Jean Irumva	5' 10	West Fargo
4.	12	Carter Stinson	5' 8	Red River
5.	10	Darby Olson	5' 8 PR	West Fargo Sheyenne
6.	10	Kasen Baer	5' 8 PR	West Fargo Sheyenne
6.	12	Wythe Rynestad	5' 8	Grand Forks Central
8.	10	Luke Berge	5' 8	Davies
8.	11	Zunekia Diamond McGill	5' 8	Fargo South
10.	11	Soren Bartell	5' 6 PR	Fargo North
11.	10	Dylan Beyl	5' 6	West Fargo Sheyenne
12.	8	Trey Knoke	5' 6	Fargo North
13.	10	Carter Byron	5' 4	Red River
13.	11	Dorien Tarley	5' 4 PR	West Fargo
13.	9	Ethan Duval	5' 4	Kindred
16.	10	Jorgen Swenson	5' 4	Kindred
16.	9	Aiden Herz	5' 4	Fargo South
16.	10	Charlie Anderson	5' 4	Fargo North
16.	10	Aiden Jacobson	5' 4	Valley City
	9	Ty Boutwell	DNS	Fargo North
	12	Jose Franssen	NH	West Fargo
	12	Peyton Kessel	NH	Fargo South
	11	Isaiah Enger	NH	Fargo North
	9	Brian Schaan	NH	Shanley
	10	Luke Hollcraft	NH	Shanley
	12	Emmanuel Bargblor	NH	Grand Forks Central
	10	Jack Ilvedson	NH	Kindred
	9	Jack Davis	NH	Kindred
	9	Cedric Taylor	NH	West Fargo
	10	Tyler Klochman	NH	Kindred

Pole Vault Varsity - Finals

12.	12	Emma Pfaff	87' 10	West Fargo
13.	10	Elyse Gulsvig	85' 8	Davies
14.	11	Vivienne Heidt	84' 5 PR	West Fargo Sheyenne
15.	8	Abby Baker	83' 5 PR	Red River
16.	12	Olivia Schindler	83' 4	Red River
17.	12	Abby Leininger	82' 5	Shanley
18.	11	Ashley Ebens	81' 5 PR	Kindred
19.	11	Carissa Goodmanson	81' 3 PR	Kindred
20.	11	Olivia Vetter	78' 6	Shanley
21.	10	Leah Tykwinski	76' 7	West Fargo
22.	12	Amy Kringlie	75' 10	Davies
23.	12	Hope Rohrbeck	75' 5	Kindred
24.	9	Katie Deplazes	75' 4	Fargo North
25.	11	Andrea Hoyme	74' 2	Kindred
26.	9	Emma Stevenson	74' 1	Grand Forks Central
27.	10	Carly Goven	73' 7	Valley City
28.	10	Lexi Terhark	70' 7	West Fargo Sheyenne
29.	9	Kiara Zepeda	70' 5	West Fargo
30.	12	Grace Savageau	70' 0 PR	Shanley
31.	9	Cailey Moton	69' 2	West Fargo
32.	11	Aeryn Donovan	67' 10	Fargo South
33.	10	Reagan Carlson	66' 9	Fargo North
34.	8	Jaiden Haile	66' 0 PR	West Fargo Sheyenne
35.	10	Tyana Judd	65' 11	Valley City
36.	10	Maci Wheeldon	65' 8	Davies
37.	12	Sydney Quibell	65' 8 PR	Fargo South
38.	12	Anna Guttormson	63' 6	Fargo South
39.	9	Ashtyn Auch	63' 6	Grand Forks Central
40.	12	Ingrid Lean	63' 4 PR	Fargo North
41.	11	Grace Miller	63' 2	Fargo North
42.	10	Alyssa Berger	62' 2	Grand Forks Central
43.	12	Julianne McPartland	53' 11	Valley City
44.	11	Abby Lind	52' 8	Fargo North
45.	12	Abigail Evensen	50' 8 PR	Fargo South
46.	10	Skye Boyer	46' 3	Grand Forks Central
47.	9	Audrey Lindquist	41' 1 PR	Grand Forks Central

High Jump Varsity - Finals

1.	11	Linnea Axtman	5' 1	Davies
2.	11	Grace Miller	4' 9	Fargo North
2.	11	Ellie Moser	4' 9	Davies
4.	12	Lander Friederichs	4' 9	Shanley
4.	9	Sannie Yeanay	4' 9	West Fargo Sheyenne
6.	10	Reagan Carlson	4' 9	Fargo North
7.	12	Amy Kringlie	4' 9 SR	Davies
8.	9	Emily Arnold	4' 9 PR	Grand Forks Central
8.	8	Kennedy Bakko	4' 9	Kindred
10.	8	Axumite James	4' 7	Fargo South
11.	10	Maci Wheeldon	4' 7	Davies
12.	12	Bria Fiebiger	4' 7 SR	Davies
13.	10	Abigail Lovelace	4' 7 PR	Fargo North
13.	10	Gracie Nelson	4' 7	Kindred
15.	7	Josie Fish	4' 5	Red River
16.	9	Sydney Schweyen	4' 5	West Fargo Sheyenne
17.	11	Zoey Schlader	4' 5	West Fargo
18.	10	Mallory Docktor	4' 3	West Fargo
18.	7	Callen Fosher	4' 3 PR	West Fargo Sheyenne
20.	9	Micah Sander	4' 3	West Fargo Sheyenne
20.	9	Emma Haskamp	4' 3	Grand Forks Central
	11	Maggie Dockter	DNS	Valley City
	10	Lauryn Rydell	DNS	Red River
	9	Livia Dietrich	NH	Valley City

1.	12	Jak Urlacher	15' 1 PR	Grand Forks Central
2.	12	Ryan Barth	13' 0 PR	Davies
3.	12	Andrew Martodam	12' 6 PR	Davies
3.	12	Erik Ault	12' 6	West Fargo Sheyenne
5.	11	Caleb Klabunde	12' 0 PR	Kindred
6.	10	Soren Kaster	11' 0	West Fargo Sheyenne
7.	11	Bradley Bertsch	11' 0	West Fargo Sheyenne
8.	9	Connor Manske	10' 6	West Fargo Sheyenne
9.	12	Michael Post	10' 0	Grand Forks Central
9.	9	Kyle Kramer	10' 0	Fargo North
11.	9	Thomas Schreiner	10' 0	Davies
12.	11	Kellen Hoornaert	10' 0	West Fargo Sheyenne
13.	10	Hudson Flom	9' 6	Red River
14.	11	Chase Novotny	8' 6	Fargo North
14.	11	Taiton Axtman	8' 6	Davies
14.	10	Grant Ivesdal	8' 6	Davies
14.	9	Rune Stroh	8' 6	Fargo South
14.	9	George Hanesgard	8' 6	Fargo South
19.	9	Ryaan Alshami	8' 6	Grand Forks Central
20.	10	Zachary Thomasson	8' 6	Fargo South
20.	12	Landon Allex	8' 6	Shanley
22.	11	Austin Biwer	7' 6	West Fargo
	11	Jack Olson	NH	Kindred
	12	Jakob Stevenson	NH	Grand Forks Central
	9	Zak Paul	NH	Shanley
	9	Alex Paul	NH	Shanley

Long Jump Varsity - Finals

1.	12	Trehvon Montgomery	21' 9.25 PR	Fargo South
2.	9	Thomas Schreiner	20' 6.5 PR	Davies
3.	12	Carter Kochmann	20' 1.75	Shanley
4.	12	Austin Harmsen	20' 1.5 PR	Davies
5.	10	Kasen Baer	19' 9.75	West Fargo Sheyenne
6.	12	KJ Franklin	19' 7.5	West Fargo Sheyenne
7.	12	Carter Stinson	19' 6.5	Red River
8.	11	Dorien Tarley	19' 4.75 PR	West Fargo
9.	9	Luke Lorenz	19' 2 PR	Davies
10.	11	Jean Irumva	19' 0	West Fargo
11.	12	Peyton Zaun	18' 9	Valley City
12.	10	Darby Olson	18' 5.75 PR	West Fargo Sheyenne
13.	10	Luke Hollcraft	18' 4 PR	Shanley
14.	9	Jaden Middleton	18' 3.5 PR	Fargo South
15.	9	Treyton Hoffert	18' 3.25	Fargo South
16.	12	Alex Schill	18' 1.5	Grand Forks Central
17.	11	Simon Haug	17' 11.25	Red River
18.	12	Axel Navarro	17' 9.75	West Fargo
19.	10	James Weninger	17' 6	Fargo North
20.	10	Dylan Beyl	17' 5.5	West Fargo Sheyenne
21.	12	Collin Allan	17' 5 PR	Grand Forks Central
22.	11	Abram Hall	17' 5	Red River
23.	10	Aiden Jacobson	16' 11.75	Valley City
24.	12	Emmanuel Bargblor	16' 8	Grand Forks Central
25.	9	Isaac Schumacher	16' 2.5	Davies
26.	12	Dylan Narum	15' 11.5	Red River
27.	9	Evan Richard	15' 2 PR	Kindred
28.	10	Grayson Geigle	15' 0.5	Shanley
29.	10	Jack Ilvedson	14' 11.5	Kindred
30.	10	Tyler Klochman	14' 11.5	Kindred
31.	10	Cort McDonald	14' 4.5	Kindred
32.	9	Jackson Lange	14' 4.25	Kindred
	11	Nathaniel Fritel	DNS	Fargo North
	11	Isaiah Enger	DNS	Fargo North
	11	Kaely Moran	NH	West Fargo
	12	Julianne McPartland	NH	Valley City
	10	Haidyn Tollefson	NH	Fargo North
	9	Nicole Larson	NH	Kindred

Pole Vault Varsity - Finals

1.	12	Taylor Lee	10' 3 PR	West Fargo
2.	11	Katelyn Barth	9' 3 PR	Davies
2.	9	Onya Kretchman	9' 3	Davies
4.	12	Olivia Olson	8' 9	Valley City
5.	11	Azalea Jorgensen	8' 3 PR	Oak Grove Lutheran
6.	12	Jessie Haman	8' 3	Davies
7.	12	Allison Sterling	8' 3	West Fargo Sheyenne
8.	9	Emery Aasen	8' 3	West Fargo
9.	9	Madison Lugert	7' 3 PR	West Fargo Sheyenne
10.	10	Ashley Nguyen	7' 3	West Fargo
10.	10	Jennifer Klundt	7' 3	Fargo North
12.	11	Isabelle Snyder	7' 3 PR	Shanley
13.	8	Madison Wendel	7' 3 PR	Valley City
13.	8	Greta McKenney	7' 3 PR	Kindred
15.	10	Kaydence Streyle	6' 9	Kindred
15.	10	Nora Daub	6' 9	Davies
17.	10	Jade Anderson	6' 9	West Fargo Sheyenne
18.	10	Taylor Tang	6' 9	West Fargo
19.	12	Elizabeth Stokke	6' 9	Red River
19.	10	Taryn Winkler	6' 9 PR	Fargo North
	11	Erin Mueller	DNS	West Fargo Sheyenne
	9	Molly Hoffman	DNS	Fargo North
	12	Jill Engstrom	DNS	Davies
	10	Saree Wadeson	DNS	West Fargo Sheyenne
	9	Katie Deplazes	DNS	Fargo North

Long Jump Varsity - Finals

1.	12	Ellen Donat	18' 10 SR	Davies
2.	10	Cece Deebom	18' 7 PR	Davies
3.	12	Laiken Sturn	17' 5	West Fargo
4.	11	Ava Wild	17' 2 PR	Davies
5.	11	Nina Hage	17' 1.5 PR	Davies
6.	12	Taylor Lee	16' 6.75 PR	West Fargo
7.	12	Brooke Thorsness	16' 4.5	Fargo South
8.	12	Jocey Kriewald	16' 4 SR	Valley City
9.	12	Jill Engstrom	16' 2.5	Davies
10.	11	Erin Mueller	15' 5.5	West Fargo Sheyenne
11.	12	Azure Ries	15' 4.5	Shanley
12.	10	Jillian Riley	14' 11.5 PR	Grand Forks Central
13.	10	Gracie Nelson	14' 10.5	Kindred
14.	11	Tina Freier	14' 9.75	Kindred
15.	10	Taya Samek	14' 6	West Fargo
16.	7	Josie Fish	14' 4 PR	Red River
17.	9	Lauren Swanson	14' 3	Red River
18.	10	Reagan Carlson	14' 2	Fargo North
19.	10	Karina Olson	14' 1	Valley City
20.	11	Taylor Tedford	14' 0	Fargo North
21.	11	Isabelle Snyder	13' 9	Shanley
22.	10	Haidyn Tollefson	13' 8.5	Fargo North
23.	11	Paige Harry	13' 8	West Fargo Sheyenne
24.	12	Taylar Baker	13' 7.5	Grand Forks Central
25.	10	Tryphena Duncan	13' 5.5	West Fargo Sheyenne
26.	8	Madison Wendel	13' 3	Valley City
27.	12	Brietta Mullane	13' 2.5 SR	Grand Forks Central
28.	9	Nicole Larson	13' 2	Kindred

	11	Tristan Kramlich	DNS	Fargo North
	11	Soren Bartell	DNS	Fargo North
	11	Joe Williamson	DNS	Grand Forks Central
	9	Grant Tschosik	ND	Davies

Triple Jump Varsity - Finals

1.	12	Peyton Zaun	41' 1	Valley City
2.	12	Peyton Kessel	41' 0.5 PR	Fargo South
3.	12	KJ Franklin	40' 10.25	West Fargo Sheyenne
4.	12	Wythe Rynestad	39' 5 PR	Grand Forks Central
5.	11	Simon Haug	39' 3.75	Red River
6.	10	Lukas Heydt	38' 8	Red River
7.	12	Sam Kruger	38' 7.25	Red River
8.	11	Joe Williamson	38' 6	Grand Forks Central
9.	11	Nicholas Swanson	38' 4.5 PR	Grand Forks Central
10.	10	Dylan Beyl	38' 3.75	West Fargo Sheyenne
11.	11	Isaiah Enger	37' 10	Fargo North
12.	10	Darby Olson	37' 3	West Fargo Sheyenne
13.	12	Axel Navarro	37' 3 PR	West Fargo
14.	12	Matthew Pearson	37' 2 PR	Kindred
15.	9	Reis Kessel	36' 8	Fargo South
16.	9	Jaden Middleton	36' 7.5	Fargo South
17.	11	Abram Hall	36' 5 PR	Red River
18.	9	Owen Hoyme	36' 1.5 PR	Kindred
19.	10	Kasen Baer	35' 9 PR	West Fargo Sheyenne
20.	10	Aiden Jacobson	35' 9	Valley City
21.	10	Emanuel Spiyee	35' 2	Fargo South
22.	10	Charlie Anderson	34' 5.5 PR	Fargo North
23.	12	Emmanuel Bargblor	33' 10	Grand Forks Central
24.	10	Tyler Klochman	33' 5	Kindred
25.	9	Ty Boutwell	32' 6 PR	Fargo North
26.	10	Cort McDonald	29' 6.5	Kindred
	9	Treyton Hoffert	ND	Fargo South
	10	Finn Lynch	ND	Fargo North
29.	12	Solvay Ingebrigtson	12' 10	Kindred
30.	9	Micah Sander	12' 9	West Fargo Sheyenne
31.	11	Kalin Lachowitzer	12' 4	Kindred
32.	9	Livia Dietrich	11' 11.75	Valley City
33.	9	Tennasyn Henry	11' 1 PR	Grand Forks Central
	11	Jacquelyn Dufner	DNS	West Fargo Sheyenne
	11	Grace Miller	DNS	Fargo North
	11	Maggie Dockter	DNS	Valley City
	12	Kiernan Darling	ND	Fargo South
	12	Ella Fosse	ND	Red River
	10	Lauryn Rydell	ND	Red River

Triple Jump Varsity - Finals

1.	12	Lauren Hillman	34' 10.5	Grand Forks Central
2.	12	Laiken Sturn	34' 10 PR	West Fargo
3.	12	Jocey Kriewald	32' 6	Valley City
4.	11	Ellie Moser	32' 1.75 PR	Davies
5.	11	Paige Harry	31' 8.5 PR	West Fargo Sheyenne
6.	10	Gracie Nelson	31' 5.75 PR	Kindred
7.	12	Amy Kringlie	31' 4	Davies
8.	11	Tina Freier	31' 0.5 SR	Kindred
9.	11	Nina Hage	30' 10	Davies
10.	10	Elyse Gulsvig	30' 4.75	Davies
11.	8	Axumite James	29' 10	Fargo South
12.	10	Haidyn Tollefson	29' 6 PR	Fargo North
13.	12	Claire Lapp	28' 11.25	Red River
14.	12	Solvay Ingebrigtson	28' 5	Kindred
15.	10	Tryphena Duncan	28' 2.5 PR	West Fargo Sheyenne
16.	10	Elle Terstriep	27' 9.5	Shanley
17.	12	Julianne McPartland	27' 3	Valley City
	11	Zoie Krump	DNS	Red River
	11	Jacquelyn Dufner	DNS	West Fargo Sheyenne
	12	Angela Hoang	ND	West Fargo Sheyenne
	12	Ellen Donat	ND	Davies
	12	Ella Fosse	ND	Red River

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Update Cover Photo

Packer Relays HS

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OFFICIAL RESULTS Friday, May 7, 2021 Field Events: **2:00 PM** Track Events: **3:00 PM**

West Fargo HS Track & Field Complex Deadline was Thu 5/6/21 @ 08:00 PM

Add Post-Meet Notes

Scores for dual meets, etc... Normal scores should be posted using the Uploader

Mens Varsity

19 / 19 Events Completed

1.	Davies	131
2.	West Fargo Sheyenne	115
3.	Red River	75.5
4.	Grand Forks Central	74.5
5.	West Fargo	70
6.	Kindred	63
7.	Fargo South	59.5
8.	Fargo North	57.5
9.	Valley City	57
10.	Shanley	36

Womens Varsity

19 / 19 Events Completed

1.	Davies	267
2.	West Fargo	118
3.	Red River	95
4.	West Fargo Sheyenne	67.5
5.	Fargo North	46
6.	Kindred	41.5
7.	Shanley	38.5
8.	Valley City	34
9.	Grand Forks Central	22.5
10.	Fargo South	6
11.	Oak Grove Lutheran	5

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Once a ‘scared’ 8th-grader, West Fargo’s Jasmine Williams emerges as one of state’s best sprinters

Once an intimidated eighth-grader, West Fargo junior Jasmine Williams shows no fear as she becomes one of the state’s top sprinters.

Written By: **Carissa Wigginton** | 8:30 am, May 4, 2021



West Fargo’s Jasmine Williams wins the Class A girls 200-meter dash during the North Dakota Track Meet on Saturday, May 25, 2019, in Bismarck. Michael Vosburg / Forum Photo Editor

WEST FARGO — Jasmine Williams was an eighth-grader when West Fargo’s track and field coaches brought her up to varsity. It was exciting for Williams, but also daunting.

She knew exactly what she was facing.

Williams, now a junior, went toe-to-toe with some of the top sprinters and middle-distance runners in North Dakota her first year on varsity. The loaded field was filled with veterans, including twin sisters Rose and Roseline Gaye of Fargo Davies.

“I remember just a very scared girl who was pretty overwhelmed being put in that position,” West Fargo head track and field coach Darin McKinnon said. “When she came up, we had her run in some relays, but she was scared.”

Williams placed sixth in the 200 meters at the Class A state meet as an eighth-grader in 2018. She admits she was slightly intimidated by the big-name Gaye sisters.



West Fargo's Jasmine Williams sprints to the finish against Bismarck's Mady Mosolf at the Packer Relays in West Fargo on Friday, May 3, 2019. Pioneer file photo

Rose, who was named the North Dakota Senior Athlete of the Year, won the 100, 200 and 400 at the state meet as a senior in 2018. Roseline took second to her sister in the 100 and 200 that year, and was a part of the state-championship winning 400 and 800 relay teams.

“It was very scary going against them, but fun,” Williams said.

“It’s gotta be pretty intimidating at that age,” McKinnon said. “We just wanted to give her a taste of varsity track and field, and certainly she has taken that and run with it.”

There’s nothing apprehensive about Williams anymore. She emerged as one of the state’s top sprinters following a stellar freshman season, gaining confidence on the way.

“Having to run with the Gaye twins my eighth-grade year got me prepared for more competition,” Williams said. “Freshman year, when the girls who I was expecting to be as fast as the Gaye twins weren’t, it kind of gave me the confidence that I could beat them. I don’t think I gained any confidence until freshman year.”

Williams solidified herself as a dominant force in the sprints as a freshman in 2019. She won her first state title that year, using a burst down the last stretch to finish the 200 with a state-championship winning time of 25.70 seconds. Williams came just .06 seconds shy of winning a second title that year in the 100.



West Fargo's Jasmine Williams and Fargo Shanley's Grace Emineth battle in the 100-meter dash during the EDC track meet at Fargo South on Friday, May 17, 2019. Pioneer file photo

Williams is confident, but humble. She's aware of what she's accomplished, but not satisfied.

"Even though she's a state champion, she still knows there's more that can be learned," McKinnon said. "She's very open to having us give any extra help in any way. She knows you have to be on your game every single meet, every single race."

Williams earned an invite to compete in the 200 meters special event at the Howard Wood Dakota Relays last weekend in Sioux Falls, S.D. She placed sixth (26.33) in a field with the top mid-distance runners and sprinters across the region. Williams was the only North Dakotan in the 200 besides alternate Cece Deebom of Davies.

"It didn't go as well as I wanted them to, but it was a really fun experience," Williams said of the Howard Wood Relays. "I think I had a really off day. I burned out too soon, and that usually never happens. I don't really know what it was that made me do that. I just hope to get the experience next year and do better."

Williams is hungrier than ever for success this season, McKinnon said. The defending state champion in the 200, Williams knows she has a target on her back. But the competition brings out her best.



West Fargo's Jasmine Williams, center, sprints to the finish against Fargo Shanley's Grace Emineth and Bismarck's Mady Mosolf at the Packer Relays in West Fargo on Friday, May 3, 2019. David Samson / The Forum

“There’s always going to be those who are looking to outbest you. I think she puts a lot of extra pressure on herself but at the same time, she also realizes too that that’s just something that kinda comes with being a state champion,” McKinnon said. “She’s really welcomed that and she’s ready to compete at each and every meet. She doesn’t like to get beat.”

Williams put in work at Dynasty Performance Training last summer after her sophomore season was canceled in the early days of the coronavirus pandemic. She showed a few signs of rust when she got back on the track this season for the first time since 2019, she said.

“I didn't know how long it had been until the first meet,” Williams said. “That’s when it definitely hit me, when I didn’t do as good as I usually do.”

Williams, a captain for the Packers, is happy with how her season has gone, but has plenty left in the tank. She’s not satisfied yet.

Williams hasn’t PR’d — bested her personal record — in the 100 or 200 this spring. Currently, she’s about .30 seconds away from that. Williams is also hoping to break some West Fargo school records.

Athletic.net Team Results Management

Fargo Rotary Invitational

UNOFFICIAL RESULTS

Monday, May 10, 2021 Fargo HS Track & Field Complex, Fargo

Mens Results

100 Meters Varsity - Finals

1.	11	Carson Hegerle	11.29a		West Fargo
2.	10	Michael Haugo	11.36a		Moorhead
3.	12	Trehvon Montgomery	11.54a		Fargo South
4.	11	Wyatt Mutzenberger	11.57a		Grand Forks Central
5.	11	John Gores	11.60a		Shanley
6.	7	Ian Skari	11.61a		West Fargo
7.	12	Austin Harmsen	11.62a		Davies
8.	12	Carter Kochmann	11.76a		Shanley
9.	12	Saif Allawi	11.79a		Moorhead
10.	11	Alonn Salman	11.84a		Moorhead
11.	12	Brady Walthall	11.84a		Moorhead
12.	12	Shea Truesdell	11.87a		Wahpeton
13.	11	Calvin Alford-Hickman	12.01a		Fargo North
14.	12	Terry Carter	12.01a		West Fargo
15.	11	Nicholas Nyquist	12.10a		Davies
16.	10	Beau Arenstein	12.18a		Wahpeton
17.	9	George Hanesgard	12.19a		Fargo South
18.	10	Payton McGregor	12.25a		West Fargo
19.	12	Kolby Rasmusson	12.35a		Lisbon
20.	10	Aiden Bourke	12.37a		Fargo South
21.	10	Keaton Schwab	12.38a		Davies
22.	11	Nathan Stegmiller	12.41a		Davies
23.	11	Dallas Bachmeier	12.52a		Fargo North
24.	9	AJ Moore	12.54a		Fargo South
25.	12	Alex Schill	12.54a		Grand Forks Central
26.	12	Tyler Ulrich	12.55a		Red River
27.	11	Nathan Worrel	12.55a		Wahpeton
28.	12	Jaden Schmidt	12.56a		Lisbon
29.	10	Luke Hollcraft	12.62a		Shanley
30.	11	Jackson Ambuehl	12.71a		Fargo North
31.	12	Dylan Narum	12.86a	PR	Red River
32.	12	Brady Owens	12.90a		Wahpeton
33.	9	James Miller	13.11a		Fargo North
34.	11	Abram Hall	13.23a	PR	Red River
35.	9	Ben Strand	13.33a		Red River
36.	9	Ryaan Alshami	13.37a		Grand Forks Central
37.	10	Grayson Geigle	13.39a		Shanley
38.	9	Trent Metzen	13.71a		Lisbon
39.	10	Haden Richards	13.74a		Grand Forks Central
40.	12	Trevor Ward	15.36a		Lisbon

200 Meters Varsity - Finals

1.	11	Carson Hegerle	22.50a	PR	West Fargo
2.	10	Michael Haugo	22.63a		Moorhead

Womens Results

100 Meters Varsity - Finals

1.	11	Jasmine Williams	12.74a		West Fargo
2.	9	Paige Renschler	12.84a	PR	Shanley
3.	12	Ellen Donat	13.10a	SR	Davies
4.	11	Summer Lindquist	13.20a	PR	Moorhead
5.	10	Kodi Lautt	13.36a		Lisbon
6.	7	Michelle Gee	13.37a		West Fargo
7.	10	Alimath Salou	13.48a		Davies
8.	12	Willow Carrier	13.56a		Moorhead
9.	7	Noelle Friederichs	13.58a		Shanley
10.	9	Unique Wea	13.59a	PR	West Fargo Sheyenne
11.	10	Kiana Malecha	13.64a		Davies
12.	10	Alexis Olderbak	13.68a	PR	Moorhead
13.	12	Ava Olson	13.87a		Davies
14.	11	Elvinell Fofanah	13.90a	PR	West Fargo
15.	9	Jordis Maxwell	13.94a		Fargo South
16.	11	Taylor Tedford	14.04a	PR	Fargo North
17.	12	Kiernan Darling	14.08a	PR	Fargo South
18.	11	Isabelle Snyder	14.08a	PR	Shanley
19.	10	Peyton Breidenbach	14.13a		West Fargo Sheyenne
20.	10	Catherine Francis	14.31a		West Fargo Sheyenne
21.	8	Nishi Yvette	14.31a	PR	Fargo South
22.	11	Kayla Cavett	14.33a		Lisbon
23.	10	Taya Samek	14.35a		West Fargo
24.	10	Elayna Congress	14.43a		Moorhead
25.	10	Beth Ellis	14.56a		Fargo South
26.	10	Noura Elhamadana	14.69a		Red River
27.	11	Christa Habiger	14.72a		Wahpeton
28.	7	Raya Dobbs	14.72a		Fargo North
29.	10	Sierra Heyd	14.75a		Grand Forks Central
30.	12	Brianna Filson	14.90a		Grand Forks Central
31.	9	Jadyn Chakua	14.96a		Fargo North
32.	10	Alison Hoerer	15.02a		Wahpeton
33.	8	Katelyn Ommen	15.14a		Shanley
34.	9	Hailey Clark	15.46a		Grand Forks Central
35.	11	Breena Wheeler	15.73a		Lisbon
36.	10	Maka Kollie	16.72a	PR	Grand Forks Central
37.	9	Aleyah Klein	16.77a		Wahpeton

200 Meters Varsity - Finals

1.	11	Jasmine Williams	25.66a		West Fargo
2.	12	Ellen Donat	27.03a		Davies
3.	12	Ryleigh Wacha	27.16a	PR	Davies
4.	12	Brooke Thorsness	27.24a		Fargo South
5.	11	Summer Lindquist	27.31a	PR	Moorhead
6.	10	Kodi Lautt	27.37a		Lisbon
7.	12	Willow Carrier	27.45a	SR	Moorhead
8.	9	Unique Wea	27.56a	PR	West Fargo Sheyenne

3.	12	Bakarr Fullah	22.67a		Fargo South
4.	12	Jak Urlacher	22.71a		Grand Forks Central
5.	11	John Gores	23.38a		Shanley
6.	12	Blake Walthall	23.70a		Moorhead
7.	12	Ryan Barth	23.88a		Davies
8.	10	Mason Reynolds	24.35a		Red River
9.	12	Peyton Kessel	24.39a		Fargo South
10.	12	Brady Walthall	24.52a	PR	Moorhead
11.	12	Sam Kruger	24.53a		Red River
12.	7	Ian Skari	24.66a	PR	West Fargo
13.	12	Alex Schill	24.73a	SR	Grand Forks Central
14.	12	Terry Carter	24.84a	SR	West Fargo
15.	10	Keaton Schwab	24.86a		Davies
16.	11	Maxwell Delbrune	24.89a		Moorhead
17.	11	Calvin Alford-Hickman	24.90a		Fargo North
18.	11	Nicholas Nyquist	24.95a		Davies
19.	12	Adam Arnold	24.98a		Grand Forks Central
20.	10	Carter Byron	25.06a		Red River
21.	10	Payton McGregor	25.10a	PR	West Fargo
22.	12	Jaden Schmidt	25.30a		Lisbon
23.	9	Jaden Middleton	25.31a	PR	Fargo South
24.	11	Dallas Bachmeier	25.33a		Fargo North
25.	11	Nathan Stegmiller	25.45a		Davies
26.	11	Riley Schmit	25.51a		Wahpeton
27.	12	Tyler Ulrich	25.91a		Red River
28.	9	AJ Moore	26.20a		Fargo South
29.	11	Tristan Kramlich	26.20a		Fargo North
30.	12	Brady Owens	26.22a		Wahpeton
31.	10	Levi Sveum	26.71a		Lisbon
32.	9	Wyatt Olson	26.96a		Lisbon
33.	9	Ben Strand	27.18a		Red River
34.	9	Trent Metzen	27.92a		Lisbon
35.	10	Andrew Withuski	28.16a		Wahpeton
36.	9	Alex Paul	33.16a		Shanley
37.	9	Zak Paul	34.12a		Shanley
	10	Grayson Geigle	DNS		Shanley
	12	Collin Allan	DNS		Grand Forks Central
	11	Isaiah Enger	DNS		Fargo North

400 Meters Varsity - Finals

1.	11	Wyatt Mutzenberger	51.54a		Grand Forks Central
2.	12	Jack Robertson	51.80a	PR	Davies
3.	12	Carson Dean	52.62a	PR	Shanley
4.	11	Caeden Sweet	52.77a	SR	Lisbon
5.	12	Renas Salman	52.85a	PR	Moorhead
6.	12	Trey Feeney	53.34a	PR	Moorhead
7.	12	Mustafe Abdi	53.85a	PR	Red River
8.	10	Karson Wendt	54.07a	PR	Moorhead
9.	12	Emmett Kenney	54.13a		Shanley
10.	10	Eli Svenby	54.15a	PR	West Fargo
11.	12	Blake Walthall	54.52a		Moorhead
12.	9	Jaray Touray	54.58a	PR	Davies
13.	11	Dameon Zenawick	54.93a	PR	Red River
14.	12	Adam Arnold	55.08a		Grand Forks Central
15.	12	Gus Lasch	55.36a	PR	Wahpeton
16.	9	Jaden Middleton	55.48a	PR	Fargo South
17.	9	Grant Hoffarth	55.55a		Red River
18.	12	Daniel Jones	55.57a	PR	Fargo North
19.	11	Alex Flores	55.63a		Fargo North
20.	11	Soren Bartell	55.99a		Fargo North
21.	12	Morgan Hoefs	56.06a		Red River
9.	7	Noelle Friederichs	27.58a		Shanley
10.	10	Ashley Wacha	28.08a		Davies
11.	7	Michelle Gee	28.37a		West Fargo
12.	11	Ava Wild	28.38a		Davies
13.	8	Grace Thiel	28.67a		Fargo North
14.	12	Liana Ulness	28.80a		Moorhead
15.	12	Kylie Severson	28.85a		Red River
16.	11	Elvinell Fofanah	28.92a	SR	West Fargo
17.	10	Peyton Breidenbach	28.98a		West Fargo Sheyenne
18.	9	Leah Meyer	29.06a		Shanley
19.	10	Taya Samek	29.27a		West Fargo
20.	9	Jordis Maxwell	29.52a		Fargo South
21.	10	Sierra Heyd	29.59a	PR	Grand Forks Central
22.	12	Brietta Mullane	29.83a	SR	Grand Forks Central
23.	10	Callie Baukol	29.89a		Fargo South
24.	10	Catherine Francis	29.90a		West Fargo Sheyenne
25.	9	Allie Emineth	29.92a		Shanley
26.	10	Noura Elhamadana	30.33a		Red River
27.	7	Raya Dobbs	30.63a		Fargo North
28.	10	Jasmine Thomas	31.74a	PR	Grand Forks Central
29.	11	Patience Toh	31.95a	PR	Fargo South
30.	9	Ella Germundson	32.22a		West Fargo Sheyenne
31.	9	Hailey Clark	32.63a		Grand Forks Central
32.	9	Addison Gerdon	33.40a		Wahpeton
33.	10	Elizabeth Simon	33.98a	PR	Red River
34.	10	McKenna Emineth	34.63a	PR	Red River
35.	11	McKenna Breuer	34.75a		Wahpeton
36.	9	Aleyah Klein	37.27a		Wahpeton
	9	Vivian Wilson	DNS		Fargo North
	9	Jadyn Chakua	DNS		Fargo North
	8	Odura Isaac	DNS		Shanley
	11	Esther Benton	DNS		Wahpeton
	10	Katryna Hansen	DNS		Moorhead

400 Meters Varsity - Finals

1.	9	Mesiku Hakim	1:03.01a		Shanley
2.	9	Unique Wea	1:03.03a	PR	West Fargo Sheyenne
3.	10	Kinsey Pedersen	1:04.61a	PR	Wahpeton
4.	11	Brenna White	1:04.85a		West Fargo
5.	10	Callie Baukol	1:05.40a	PR	Fargo South
6.	10	Elle Fahrendorf	1:05.49a	PR	Moorhead
7.	8	Nora Fluge	1:05.64a	PR	Fargo North
8.	9	Allie Emineth	1:05.65a	SR	Shanley
9.	8	Grayce Anderson	1:05.76a		Fargo North
10.	10	Catherine Francis	1:05.84a	PR	West Fargo Sheyenne
11.	9	Ava Graf	1:06.56a	PR	Davies
12.	9	Katelyn Stern	1:06.75a	PR	Grand Forks Central
13.	10	Lauren Sturma	1:07.08a		Davies
14.	9	Leah Meyer	1:07.14a	PR	Shanley
15.	10	Claire Steiner	1:07.22a	PR	Moorhead
16.	9	Jane Donat	1:07.34a	PR	Davies
17.	11	Taylor Schneider	1:07.61a		Shanley
18.	10	Elayna Congress	1:07.65a	PR	Moorhead
19.	10	Reagan Wohlers	1:08.64a	PR	Wahpeton
20.	9	Aria Kindseth	1:09.04a	SR	Grand Forks Central
21.	12	Olivia Tuhy	1:09.83a	PR	Lisbon
22.	12	Hannah Johnson	1:09.98a	PR	Fargo North
23.	12	Faith Clark	1:10.19a	SR	Davies
24.	10	Lindsey Anderson	1:10.84a	SR	West Fargo
25.	9	Ella Nelson	1:11.15a		West Fargo
26.	10	Abigail Lovelace	1:11.55a	SR	Fargo North
27.	10	McKenna Emineth	1:12.02a	PR	Red River
28.	11	Paris Cronin	1:12.89a	PR	Fargo South

22.	10	Will Lacher	56.36a	PR	Fargo South
23.	11	Tristan Kramlich	56.79a	PR	Fargo North
24.	11	Devan Diemert	57.48a	PR	Wahpeton
25.	11	Nathan Stegmiller	57.55a	PR	Davies
26.	9	Ahmed Al Zenad	57.64a	PR	West Fargo
27.	9	Wyatt Olson	57.78a	PR	Lisbon
28.	12	Dylan Narum	58.06a		Red River
29.	10	Finn Jackson	58.53a	PR	Grand Forks Central
30.	10	Levi Sveum	58.80a	PR	Lisbon
31.	12	Ryder Schmidt	58.95a	PR	Davies
32.	9	Chase Kjervestad	59.87a	PR	West Fargo
33.	9	Ryaan Alshami	1:00.47a		Grand Forks Central
34.	10	Zachary Thomasson	1:01.73a	PR	Fargo South
35.	9	Ayden McNea	1:02.19a	PR	Lisbon
36.	9	Noah Berge	1:02.24a		Wahpeton
37.	9	Brian Schaan	1:04.50a	PR	Shanley
	10	Reece Breidenbach	DNS		West Fargo Sheyenne

800 Meters Varsity - Finals

1.	12	Jacob Knodle	1:57.34a	PR	West Fargo Sheyenne
2.	11	Parker Nelson	1:57.56a		West Fargo
3.	11	Hunter McHenry	2:00.45a	PR	Red River
4.	10	Jonah Dafoe	2:00.59a	PR	Red River
5.	10	Drew Rempher	2:02.16a	PR	Davies
6.	11	Lane Dullum	2:02.65a	PR	West Fargo
7.	9	Mike Nelson	2:03.90a	PR	Lisbon
8.	10	Tristan Quibell	2:05.48a	PR	Fargo South
9.	11	Regan Bosch	2:06.14a	PR	Davies
10.	10	Quinn Roehl	2:06.38a		Grand Forks Central
11.	12	Almo Martinez	2:07.92a	PR	Moorhead
12.	10	Matt Rongitsch	2:08.65a	PR	Red River
13.	9	Jeb Gossett	2:08.76a	PR	Fargo North
14.	11	Gannon Brooks	2:09.00a	PR	Red River
15.	11	Bennett Hefta	2:09.26a	PR	Davies
16.	10	Grant Lelm	2:10.56a		Red River
17.	10	Ethan Lantz	2:10.96a		Shanley
18.	11	Noah Geffre	2:11.96a	PR	Shanley
19.	11	Isaac Martel	2:12.42a		Moorhead
20.	10	Omar Aly Ahmed	2:13.56a		Fargo South
21.	11	Wil Roberts	2:13.75a	PR	Davies
22.	10	Elijah Pederson	2:14.60a	PR	Fargo North
23.	9	Nathan Andrews	2:14.97a	PR	Shanley
24.	9	Joe Flaherty	2:15.24a	PR	Shanley
25.	9	Curtis Sande	2:15.50a		Grand Forks Central
26.	12	Cole Marinucci	2:16.17a	PR	West Fargo
27.	9	Owen Sondag	2:16.48a		Fargo North
28.	12	Jack Eisenzimmer	2:18.29a	PR	Moorhead
29.	12	Kolton Doucette	2:22.71a	PR	Moorhead
30.	12	Tucker Vasichek	2:24.70a		Grand Forks Central
31.	9	Caden Willows	2:26.35a	PR	West Fargo
32.	9	Ayden McNea	2:27.71a		Lisbon
33.	9	Noah Berge	2:29.95a		Wahpeton
34.	9	Preston Diedrich	2:30.61a	PR	Grand Forks Central
35.	9	Treyton Hoffert	2:34.82a	PR	Fargo South
36.	10	Parker Liedahl	2:35.18a	PR	Fargo South
37.	9	Colman Barth	2:37.52a	PR	Wahpeton
38.	9	Ryan Olson	2:50.18a	PR	Lisbon
	9	Easton Bergemann	DNS		Lisbon

1600 Meters Varsity - Finals

29.	9	Tamsyn Nantaba	1:13.53a	PR	Fargo South
30.	10	Alison Hoerer	1:13.69a		Wahpeton
31.	12	Silje Kindseth	1:13.78a	SR	Grand Forks Central
32.	11	Sophie Lachance	1:14.71a	PR	Red River
33.	9	Talitha Benton	1:17.46a		Wahpeton
	11	Summer Lindquist	DNS		Moorhead

800 Meters Varsity - Finals

1.	11	Anna Lien	2:19.94a	PR	Fargo North
2.	12	McKenna Lovehaug	2:23.45a	SR	Davies
3.	12	Summer Carlson	2:26.82a	SR	Moorhead
4.	12	Eden Smith	2:26.93a	SR	West Fargo Sheyenne
5.	11	Hailey Bjerke	2:29.84a		Davies
6.	8	Mya Mannausau	2:30.65a	PR	Red River
7.	9	Cierra Bornemann	2:33.62a		Davies
8.	11	Ella Grafstrom	2:33.76a	PR	Moorhead
9.	10	Anna Nelson	2:33.98a	PR	Moorhead
10.	10	Bryn Donaldson	2:36.19a	PR	Davies
11.	7	Kiaya Hagen	2:39.15a	PR	West Fargo
12.	12	Paige Erbstoesser	2:41.72a	SR	West Fargo
13.	12	Addison Hammes	2:43.94a		Fargo North
14.	11	Liv Berger	2:44.07a		Fargo South
15.	8	Brooke Dorsey	2:46.68a	PR	Red River
16.	12	Nora Berry	2:46.98a		Grand Forks Central
17.	9	Ellen Berry	2:47.13a	PR	Grand Forks Central
18.	9	Katelyn Stern	2:47.42a		Grand Forks Central
19.	8	Rylie Lelm	2:48.46a		Red River
20.	11	Narria Neubert	2:50.26a	PR	Red River
21.	7	Kami Dean	2:51.39a	PR	Shanley
22.	12	Hannah Johnson	2:51.67a		Fargo North
23.	11	Jerzay Bachmeier	2:52.99a		West Fargo
24.	8	Claire Bartell	2:53.43a		Fargo North
25.	9	Mallory Strand	2:57.13a		Shanley
26.	11	Keeley Eichhorn	2:58.34a	PR	Fargo South
26.	9	Coral Heyd	2:58.34a		Grand Forks Central
28.	12	Emma Rieger	2:59.50a	SR	Fargo South
29.	9	Ella Tuhy	3:01.61a	PR	Lisbon
30.	9	Lindsey Reeder	3:02.84a		Fargo South
31.	9	Brooke Gilbertson	3:10.10a	PR	Moorhead
	11	Jenna Baarson	DNS		Lisbon
	11	Anna Bernhardt	DNS		Shanley

1600 Meters Varsity - Finals

1.	10	Marie Derenne	5:23.54a	PR	Grand Forks Central
2.	7	Brooklyn Herrick	5:25.07a	PR	West Fargo Sheyenne
3.	11	Kaelyn Berg	5:36.34a	SR	West Fargo
4.	10	Anna Nelson	5:36.95a	PR	Moorhead
5.	10	Jordan Knudsvig	5:37.20a		West Fargo
6.	12	Clare Boldingh	5:41.09a		West Fargo
7.	10	Brooklyn Champagne	5:45.69a	PR	Fargo North
8.	12	Janae Phillips	5:52.84a	PR	Davies
9.	10	Danielle Malone	5:54.66a	PR	Moorhead
10.	8	Rylie Lelm	5:55.85a	PR	Red River
11.	8	Olivia Hammes	5:56.74a	PR	Fargo North
12.	11	Trinity Kilde	5:57.08a	SR	Davies
13.	12	Madeline Stroud	5:58.58a	PR	Davies
14.	8	Claire Bartell	6:01.62a	PR	Fargo North
15.	10	Joslyn Jackson	6:02.00a	PR	West Fargo
16.	9	Mallory Strand	6:04.74a	PR	Shanley
17.	8	Brooke Dorsey	6:10.66a		Red River

1.	10	Matt Rongitsch	4:33.80a	PR	Red River
2.	11	Gabe Sagvold	4:34.29a	PR	Fargo North
3.	10	Quinn Roehl	4:37.02a		Grand Forks Central
4.	11	Justin Smith	4:38.36a	PR	West Fargo
5.	12	Broden Diederich	4:38.52a		Red River
6.	12	Ryan Prusak	4:40.94a		Red River
7.	12	Elijah Harvala	4:41.05a	PR	Moorhead
8.	9	Adam Brachman	4:44.50a	PR	Davies
9.	11	Tanner Schiller	4:54.64a	PR	Red River
10.	11	Lincoln Retzlaff	4:57.36a	PR	West Fargo
11.	10	Zaine Braaten	4:58.23a	PR	Moorhead
12.	12	Eli Heyer	5:00.16a	PR	Davies
13.	10	Jake Jenkins	5:00.80a	PR	Red River
14.	9	James Lien	5:00.92a	PR	Fargo North
15.	-	Evan Fankhanel	5:01.54a	PR	Moorhead
16.	10	Simon Pryor	5:01.78a	PR	Fargo North
17.	11	Rodney Olson	5:01.97a	PR	Lisbon
18.	12	Sam Lucht	5:03.46a	PR	Davies
19.	10	Levi Rossman	5:06.12a		West Fargo
20.	10	Luke Baumgardner	5:06.46a	PR	Wahpeton
21.	10	Charley Larson	5:07.28a	PR	Fargo South
22.	11	Jacob Urbach	5:07.52a	PR	Lisbon
23.	11	Maxwell Rogers	5:07.72a	PR	Moorhead
24.	11	Jack Thiel	5:10.00a	PR	Fargo North
25.	10	Sam Lies	5:15.72a	PR	Davies
26.	12	Charlie Hapka	5:18.66a		Shanley
27.	7	Quinn Carroll	5:21.29a	PR	Shanley
28.	8	Isaac Amundson	5:21.70a		West Fargo
29.	9	Preston Diedrich	5:28.55a		Grand Forks Central
30.	12	Blake Nelson	5:32.78a	PR	Shanley
31.	9	Brody Black	5:35.65a	PR	West Fargo Sheyenne
32.	10	Parker Liedahl	5:37.40a	PR	Fargo South
33.	11	Garrison Miller	5:42.03a	PR	Shanley
34.	11	Gunnar Moody	5:55.58a		Fargo South
35.	9	Colman Barth	6:04.55a		Wahpeton

3200 Meters Varsity - Finals

1.	12	Evan Myran	9:53.68a		Moorhead
2.	12	Broden Diederich	10:12.32a		Red River
3.	12	Ryan Prusak	10:28.23a		Red River
4.	9	Jake Coulter	10:30.34a	PR	Davies
5.	10	Matt Evans	10:38.18a		Red River
6.	12	Macalister Nelson	10:41.84a	PR	Moorhead
7.	12	Abdirahman Ali	10:42.21a	PR	Red River
8.	10	Lucas Menke	10:49.31a		Davies
9.	9	Micah Larsen-Schmidt	10:57.68a		Red River
10.	11	Trygve Rux	11:15.18a	PR	Moorhead
11.	10	Cole Darling	11:19.61a	PR	Moorhead
12.	10	Luke Baumgardner	11:58.21a		Wahpeton
13.	11	Charles Eaton	12:47.24a	PR	Davies

110m Hurdles - 39" Varsity - Finals

1.	11	Carter Elde	15.55a		Grand Forks Central
2.	12	Courage David	16.27a		West Fargo
3.	10	Lukas Heydt	16.60a		Red River
4.	11	John Jenkins	16.80a		Moorhead
5.	11	Denver Piechowski	16.90a	PR	Davies
6.	11	Steven Edwards	16.91a		West Fargo
7.	12	Jacob Bartels	17.05a		Wahpeton
8.	9	Cedric Taylor	18.16a		West Fargo
18.	11	Kiley Craft	6:12.65a		Shanley
19.	12	Kendal Bloom	6:17.77a	PR	Davies
20.	7	Lucy Grothmann	6:18.04a		Shanley
21.	7	Kami Dean	6:19.13a		Shanley
22.	11	Keeley Eichhorn	6:22.50a	PR	Fargo South
23.	10	Elizabeth Simon	6:22.98a		Red River
24.	-	Ella Roehl	6:24.17a	PR	Fargo South
25.	12	Gabby Baumgardner	6:34.52a		Wahpeton
26.	9	Chloe Pesek	6:36.27a	PR	Moorhead
27.	12	Emma Rieger	6:45.44a	SR	Fargo South
28.	9	Lindsey Reeder	6:57.23a		Fargo South
29.	12	Greta Cole	7:10.52a	PR	Moorhead

3200 Meters Varsity - Finals

1.	11	Anna Bernhardt	11:39.50a	SR	Shanley
2.	12	Gracia Larsen-Schmidt	11:49.87a		Red River
3.	-	Ella Cole	11:53.06a	PR	Moorhead
4.	11	Elle Sondag	11:58.29a		Fargo North
5.	11	Campbell Dorsey	12:08.35a	PR	Red River
6.	11	Carlie Sheldon	12:25.91a	PR	Moorhead
7.	9	Olivia Heilman	12:26.67a		West Fargo Sheyenne
8.	9	Claire Hynek	12:27.79a	PR	Grand Forks Central
9.	12	Grace Dorsher	12:28.82a	SR	Fargo North
10.	10	Brooke Everson	12:33.54a		Davies
11.	10	Emily Nelson	12:34.03a		Red River
12.	8	Katie Uhlir	12:38.22a	PR	Grand Forks Central
13.	11	Alicia Maddux	12:41.65a	PR	Moorhead
14.	11	Alice Bauroth	12:46.65a	SR	Fargo South
15.	10	Annika Stephens	13:38.89a	PR	Davies
16.	11	Morgan Reeder	13:50.89a		Fargo South
17.	11	Narria Neubert	14:05.38a		Red River
18.	10	Peyton Bradley	14:28.90a	PR	Davies

100m Hurdles - 33" Varsity - Finals

1.	10	Cece Deebom	15.92a		Davies
2.	11	Linnea Axtman	16.96a		Davies
3.	10	Samantha Gustafson	16.96a		West Fargo
4.	12	Shri Patel	17.58a		Red River
5.	9	Cayla Sailer	17.66a		Davies
6.	9	Kyra Haecherl	17.91a		Lisbon
7.	9	Brynn Moen	17.93a	PR	Grand Forks Central
8.	9	Lauren Swanson	18.19a		Red River
9.	10	Faith Altepeter	18.24a		Moorhead
10.	12	Annika Werlinger	18.26a		Moorhead
11.	8	Axumite James	18.34a	PR	Fargo South
12.	9	Kaia Sweet	18.35a		Lisbon
13.	10	Gracia Rolf	18.49a		Lisbon
14.	8	Odura Isaac	18.54a		Shanley
15.	9	Ella Germundson	19.09a		West Fargo Sheyenne
16.	11	Haleigh Cleem	19.09a		Moorhead
17.	11	Alexus Olson	19.20a		West Fargo
18.	9	Heidi Wiedeman	19.61a		West Fargo
19.	9	Sydney Aberle	19.72a		Moorhead
20.	11	Kaely Moran	19.75a		West Fargo
21.	10	Beth Ellis	19.75a		Fargo South
22.	9	Emma Haskamp	19.90a	PR	Grand Forks Central
23.	10	Elle Terstriep	20.08a		Shanley
24.	10	Jasmine Thomas	20.12a		Grand Forks Central

9.	12	Collin Allan	18.16a	Grand Forks Central
10.	10	James Weninger	18.49a PR	Fargo North
11.	12	Tanner Kainz	18.54a	Moorhead
12.	12	Jose Franssen	18.56a PR	West Fargo
13.	11	Anthony Lopez	18.57a	Grand Forks Central
14.	10	Dawson Gerads	18.95a PR	Moorhead
15.	11	Isaac Schall	19.13a	Red River
16.	9	Ben Strand	20.34a	Red River
17.	10	Colton Tapson	20.88a	Lisbon
18.	10	Blake Wanner	21.06a	Fargo North
19.	10	Andrew Withuski	21.30a PR	Wahpeton
20.	10	Finn Lynch	22.20a	Fargo North
	9	Olamide Alabi	DNS	Davies
	9	Thompson Fischer	DNF	Davies

300m Hurdles - 36" Varsity - Finals

1.	11	Carter Elde	40.38a	Grand Forks Central
2.	12	Jacob Bartels	42.42a	Wahpeton
3.	10	Lukas Heydt	42.71a PR	Red River
4.	12	Adam Arnold	42.83a	Grand Forks Central
5.	11	John Jenkins	43.31a	Moorhead
6.	11	Steven Edwards	43.99a PR	West Fargo
7.	12	Daniel Jones	44.15a PR	Fargo North
8.	12	Tanner Kainz	44.27a PR	Moorhead
9.	10	Will Lacher	44.30a PR	Fargo South
10.	12	Jose Franssen	44.31a SR	West Fargo
11.	9	Angel Lopez	45.17a PR	Grand Forks Central
12.	12	Courage David	45.42a	West Fargo
12.	9	Grant Hoffarth	45.42a PR	Red River
14.	11	Anthony Lopez	45.44a PR	Grand Forks Central
15.	11	Isaac Schall	45.77a PR	Red River
16.	12	Ryder Schmidt	46.87a PR	Davies
17.	10	Dawson Gerads	47.20a PR	Moorhead
18.	9	Olamide Alabi	47.46a	Davies
19.	10	Finn Lynch	47.86a	Fargo North
20.	10	Colton Tapson	48.45a PR	Lisbon
21.	9	Joe Flaherty	48.74a	Shanley
22.	9	Thompson Fischer	48.75a	Davies
23.	10	Blake Wanner	48.87a	Fargo North
24.	11	Devan Diemert	49.43a PR	Wahpeton
25.	9	Anthony Alonzo	50.23a	West Fargo
26.	11	Andrew Taylor	51.58a SR	Moorhead
27.	10	Andrew Withuski	53.56a	Wahpeton

4x100 Relay Varsity - Finals

1.	George Nyanforth Jamal Dixon Alonn Salman Michael Haugo	43.62a	Moorhead
2.	James Gaden Trehvon Montgomery George Hanesgard Bakarr Fullah	43.71a	Fargo South
3.	Samuel Nyemah Jacob Brosius Nathaniel Fritel Peder Haugo	44.30a	Fargo North

25.	10	Elyse Gulsvig	20.68a	Davies
26.	9	Emily Arnold	21.43a	Grand Forks Central
27.	12	Carmen Degges	21.64a	Fargo North
28.	10	Taryn Winkler	21.68a	Fargo North
29.	10	Jennifer Klundt	21.75a	Fargo North
30.	9	Jadyn Chakua	22.40a	Fargo North
31.	9	Talitha Benton	22.95a	Wahpeton

300m Hurdles - 30" Varsity - Finals

1.	8	Kate Laqua	45.77a PR	Davies
2.	10	Cece Deebom	46.41a PR	Davies
3.	10	Samantha Gustafson	48.08a PR	West Fargo
4.	12	Shri Patel	48.20a PR	Red River
5.	11	Hannah Hynek	50.38a	Grand Forks Central
6.	11	Ella Grafstrom	50.38a SR	Moorhead
7.	9	Brynn Moen	50.72a PR	Grand Forks Central
8.	9	Kaia Sweet	51.42a	Lisbon
9.	9	Lauren Swanson	51.49a PR	Red River
10.	10	Peyton Breidenbach	51.96a	West Fargo Sheyenne
11.	12	Faith Clark	52.53a	Davies
12.	8	Odura Isaac	52.93a	Shanley
13.	9	Ella Germundson	53.88a	West Fargo Sheyenne
14.	10	Sofia Ibarra	54.01a	Davies
15.	10	Gracia Rolf	54.45a	Lisbon
16.	12	Claire Lapp	54.62a PR	Red River
17.	10	Faith Altepeter	54.62a PR	Moorhead
18.	8	Sadie Wavrin	55.13a	West Fargo
19.	12	Carmen Degges	55.92a PR	Fargo North
20.	9	Sydney Aberle	56.07a PR	Moorhead
21.	9	Emma Haskamp	57.39a	Grand Forks Central
22.	10	Taryn Winkler	59.03a	Fargo North
23.	11	Sophie Lachance	1:00.23a PR	Red River
24.	9	Talitha Benton	1:01.63a	Wahpeton
25.	11	McKenna Breuer	1:02.30a	Wahpeton
26.	9	Addison Gerdon	1:04.37a	Wahpeton
27.	9	Kennedy Polda	1:04.62a	Wahpeton
	10	Beth Ellis	DNS	Fargo South
	11	Haleigh Cleem	DNS	Moorhead
	11	Jenna Baarson	DNS	Lisbon
	9	Emily Arnold	DNS	Grand Forks Central

4x100 Relay Varsity - Finals

1.	Ellen Donat Nina Hage Onya Kretchman Ava Olson	51.09a	Davies
2.	Laiken Sturn Michelle Gee Samantha Gustafson Jasmine Williams	51.49a	West Fargo
3.	Jordis Maxwell Beth Ellis Kiernan Darling Brooke Thorsness	52.06a	Fargo South
4.	Taylor Tedford Reagan Carlson Emily Skalicky Grace Miller	52.68a	Fargo North

4.	Grant Tschosik Austin Harmsen Ryan Barth Nicholas Nyquist	44.72a	Davies
5.	Mason Reynolds Carter Byron Gannon Brooks Sam Kruger	44.73a	Red River
6.	Isaac Nyenabo Carson Hegerle Ibrahim Bangura Ian Skari	44.98a	West Fargo
7.	Nathan Worrel Blake Schafer Beau Arenstein Shea Truesdell	45.67a	Wahpeton
8.	Caeden Sweet Jordan Sours Boeden Greenley Kolby Rasmusson	46.86a	Lisbon
9.	Tristan Raymond Navy Oss Haden Richards Cade Lindseth	48.10a	Grand Forks Central

4x200 Relay Varsity - Finals

1.	James Gaden Trehvon Montgomery Peyton Kessel Bakarr Fullah	1:30.84a	Fargo South
2.	Nathaniel Fritel Jacob Brosius Peder Haugo Samuel Nyemah	1:32.13a	Fargo North
3.	Mason Reynolds Carter Stinson Gannon Brooks Sam Kruger	1:33.42a	Red River
4.	George Nyanforth Jamal Dixon Alonn Salman Austin Altepeter	1:33.97a	Moorhead
5.	Isaac Nyenabo Carson Hegerle Payton McGregor Ian Skari	1:34.35a	West Fargo
6.	Denver Piechowski Austin Harmsen Luke Lorenz Nicholas Nyquist	1:34.40a	Davies
7.	Simon Sveum Jordan Sours Jaden Schmidt Kolby Rasmusson	1:37.48a	Lisbon
8.	Anthony Lopez Cade Lindseth Navy Oss Emmett Sum	1:40.02a	Grand Forks Central
9.	Nathan Worrel Blake Schafer Beau Arenstein Brady Owens	1:41.13a	Wahpeton

5.	Kayla Cavett Kodi Lautt Kendra Differding Kendra Odegard	52.99a	Lisbon
6.	Kylie Severson Lauren Swanson Shri Patel Jocie Schiller	53.41a	Red River
7.	Brianna Filson Brietta Mullane Jillian Riley Sierra Heyd	54.69a	Grand Forks Central
8.	Alexa Tweeter Sam Laid Sydney Aberle Elayna Congress	55.93a	Moorhead
9.	Christa Habiger Halle Miller Sidnie Pulskamp Alison Hoerer	56.38a	Wahpeton

4x200 Relay Varsity - Finals

1.	Ellen Donat Linnea Axtman Ryleigh Wacha Ashley Wacha	1:48.03a	Davies
2.	Laiken Sturn Michelle Gee Samantha Gustafson Jasmine Williams	1:48.62a	West Fargo
3.	Summer Lindquist Alexis Olderbak Liana Ulness Willow Carrier	1:50.86a	Moorhead
4.	- Hannah Hynek Taylar Baker Jillian Riley Lauren Hillman	1:55.96a	Grand Forks Central
5.	Leah Meyer Allie Emineth Azure Ries Isabelle Snyder	1:55.99a	Shanley
6.	Kendra Cavett Kayla Cavett Kendra Differding Kyra Haecherl	1:56.49a	Lisbon
7.	Mya Mannausau Claire Lapp Noura Elhamadana Kylie Severson	1:56.99a	Red River
8.	Kilee Bladow Halle Miller Kinsey Pedersen Sidnie Pulskamp	1:57.44a	Wahpeton

4x400 Relay Varsity - Finals

1.	Shri Patel Ella Fosse Lauren Dosch Jocie Schiller	4:14.83a	Red River

4x400 Relay Varsity - Finals

1.	Jamal Dixon Karson Wendt Trey Feeney George Nyanforth	3:33.14a	Moorhead
2.	James Gaden George Hanesgard Zunekia Diamond McGill Tristan Quibell	3:33.74a	Fargo South
3.	Carson Dean John Gores Emmett Kenney Carter Kochmann	3:34.06a	Shanley
4.	Wyatt Mutzenberger Emmett Sum Alex Schill Carter Elde	3:35.01a	Grand Forks Central
5.	Jonah Dafoe Mustafe Abdi Morgan Hoefs Dameon Zenawick	3:35.64a	Red River
6.	Boeden Greenley Mike Nelson Simon Sveum Caeden Sweet	3:36.44a	Lisbon
7.	Alex Flores Jacob Brosius Nathaniel Fritel Gabe Sagvold	3:37.48a	Fargo North
8.	Jose Franssen Eli Svenby Courage David Hayden Pritchard	3:39.75a	West Fargo
9.	Grant Tschosik Jaray Touray Luke Lorenz Jack Robertson	3:41.14a	Davies
10.	Gus Lasch Blake Schafer Colin Samuels Jacob Bartels	3:42.17a	Wahpeton

4x800 Relay Varsity - Finals

1.	Jaray Touray Drew Rempher Regan Bosch Jack Robertson	8:17.29a	Davies
2.	Boeden Greenley Mike Nelson Simon Sveum Caeden Sweet	8:24.32a	Lisbon
3.	Emmett Kenney Carson Dean Ethan Lantz Noah Geffre	8:26.10a	Shanley
2.	Cierra Bornemann Bryn Donaldson Hailey Bjerke McKenna Lovehaug	4:15.38a	Davies
3.	Paige Renschler Mesiku Hakim Brooklyn Kelsch Noelle Friederichs	4:17.17a	Shanley
4.	Grace Thiel Emily Skalicky Nora Fluge Grayce Anderson	4:17.96a	Fargo North
5.	Summer Carlson Ella Grafstrom Liana Ulness Danielle Malone	4:22.91a	Moorhead
6.	Halle Miller Kilee Bladow Sydney Mahrer Kinsey Pedersen	4:25.25a	Wahpeton
7.	Sadie Wavrin Leah Locklear Samantha Melling Jordan Knudsvig	4:28.36a	West Fargo
8.	Taylar Baker Marie Derenne Hannah Hynek Lauren Hillman	4:29.75a	Grand Forks Central
9.	Kodi Lautt Kyra Haecherl Kaia Sweet Kendra Odegard	4:35.49a	Lisbon
10.	Callie Baukol Paris Cronin Nishi Yvette Tamsyn Nantaba	4:42.02a	Fargo South

4x800 Relay Varsity - Finals

1.	Ella Fosse Jocie Schiller Mya Mannausau Lauren Dosch	9:55.46a	Red River
2.	Anna Lien Olivia Hammes Grace Thiel Elle Sondag	10:04.14a	Fargo North
3.	Kiaya Hagen Joslyn Jackson Emily Klaman Kaelyn Berg	10:05.95a	West Fargo
4.	Brooklyn Kelsch Anna Bernhardt Taylor Schneider Lucy Grothmann	10:26.56a	Shanley
5.	Brooke Everson Bayley Scott Cadence Modin Brenna Barnick	10:37.55a	Davies
6.	Sydney Mahrer Kilee Bladow Kinsey Pedersen Gabby Baumgardner	10:47.49a	Wahpeton

4.	Evan Myran Maxwell Stenehjem Almo Martinez Isaac Martel	8:32.17a	Moorhead
5.	Noah Yahnke Eli Svenby Hayden Pritchard Levi Rossman	8:47.33a	West Fargo
6.	Micah Larsen-Schmidt Matt Evans Abdirahman Ali Grant Lelm	8:47.88a	Red River
7.	Elijah Pederson Braxton Middaugh Evan Watkin Simon Pryor	8:53.94a	Fargo North
8.	Emmett Sum Curtis Sande Finn Jackson Tucker Vasichek	9:16.12a	Grand Forks Central
9.	Omar Aly Ahmed Treyton Hoffert Charley Larson Nathan Hokstad	9:49.37a	Fargo South

Shot Put - 12lb Varsity - Finals

1.	12	Kc Ortiz	52' 8	West Fargo
2.	12	Sam Sather	49' 6 PR	Red River
3.	10	Elinneus Davis	48' 11.5 PR	Moorhead
4.	12	Thomas Myers	46' 9 PR	Moorhead
5.	11	Kaleb Vliem	45' 0.5	Davies
6.	11	Caleb Olson	44' 1	Lisbon
7.	12	Robert Adam	43' 7 PR	Lisbon
8.	11	Jack Tieken	43' 5	Moorhead
9.	12	Kaiden Vliem	42' 7	Davies
10.	12	Max Soeth	41' 4.5	Moorhead
11.	12	Tyler Larson	41' 2.5 PR	Red River
12.	11	Hunter Van Raden	40' 9 PR	Fargo North
13.	9	Nick Kuehl	40' 3.5	Shanley
14.	11	Arthur Fahnbulleh	39' 1.5	West Fargo Sheyenne
15.	12	Marshal Buelow	39' 0	Red River
16.	10	Ethan Manock	38' 10.5	Wahpeton
17.	10	Bryce Cain	38' 8.5	West Fargo Sheyenne
18.	12	Joren Palmer	38' 7.5	Davies
19.	11	Christian Skiple	38' 6	Fargo South
20.	11	Josh Shearer	38' 5	Lisbon
21.	10	Eli Hayes	38' 4.5	Davies
22.	11	Fabien Muhire	38' 0 PR	West Fargo
23.	11	Sam Ruona	37' 11 PR	West Fargo
24.	11	Kevin Nguyen	37' 9.5	West Fargo
25.	12	Glen Erickson	37' 9	Grand Forks Central
26.	11	Anthony Wanner	37' 5.5	Shanley
27.	10	Damon Hospidales	37' 0	Shanley
28.	12	Benjamin Dahl	36' 10	Fargo South
29.	12	Braeden Bloch	36' 9	Shanley
30.	9	James Miller	36' 8.5	Fargo North
31.	11	Jaxon Migler	36' 2	West Fargo Sheyenne
32.	12	Logan Haskamp	35' 10.5	Grand Forks Central
33.	10	Tyler Christianson	35' 10	Fargo South
34.	12	Mickey Kenney	35' 5	Fargo North
35.	12	Alejandro Lopez	35' 3	Grand Forks Central
36.	12	Jaden Schmidt	34' 8	Lisbon

7.	Claire Hynek Silje Kindseth Nora Berry Aria Kindseth	10:48.08a	Grand Forks Central
8.	McCall (Terra) Clark Elle Fahrendorf Alicia Maddux Anna Waldron	10:58.55a	Moorhead
9.	Liv Berger Alice Bauroth Morgan Reeder Paris Cronin	11:07.71a	Fargo South

Shot Put - 4kg Varsity - Finals

1.	11	Mary Schnell	38' 4.5 PR	West Fargo
2.	12	Moriku Hakim	36' 7	Shanley
3.	12	Jade Azure	36' 6 PR	Red River
4.	12	Bailey Overbo	36' 5.5	Moorhead
5.	-	Scout Woods	36' 3.5	Wahpeton
6.	11	Adisyn Schenck	36' 2	West Fargo Sheyenne
7.	12	Olivia Schindler	35' 6	Red River
8.	12	Rebecca Kpor	33' 10	West Fargo Sheyenne
9.	9	Cailey Moton	33' 1	West Fargo
10.	12	Madison Fellows	33' 0 PR	Lisbon
11.	9	Seely Stockmoe	32' 9	Shanley
12.	12	Kaylee Lancaster	32' 8	Red River
13.	12	Regan Erdmann	32' 4 PR	Moorhead
14.	12	Mariah Burd	31' 8	Shanley
15.	12	Gabriella Feil	31' 6	Moorhead
16.	12	Alex Page	31' 5.5	Red River
17.	11	Brooke Turnquist	31' 5	Davies
18.	9	Mesiku Hakim	30' 8	Shanley
19.	12	Emma Pfaff	30' 7	West Fargo
20.	8	Jaiden Haile	30' 5	West Fargo Sheyenne
21.	11	Aeryn Donovan	30' 0	Fargo South
22.	11	Vivienne Heidt	29' 8.5	West Fargo Sheyenne
23.	12	Yvonnah Marshall	28' 10	Fargo South
24.	10	Kaylee Baker	28' 6	Grand Forks Central
25.	12	Anna Guttormson	28' 0	Fargo South
26.	12	Sydney Quibell	27' 7	Fargo South
27.	9	Ashlyn Kahler	27' 0	Wahpeton
28.	10	Megan Grove	26' 10	West Fargo
29.	12	Emma Devine	26' 4	Fargo North
30.	10	Caitlin Harmon	25' 0	Davies
31.	11	Emma Gillespie	22' 1.5 PR	Lisbon
32.	11	Isabella Loberg	21' 9.5	Wahpeton
33.	9	Emma Stevenson	21' 1.5	Grand Forks Central
34.	10	Addison Truesdell	21' 0	Wahpeton
35.	12	Ingrid Lean	20' 5	Fargo North
36.	11	Abby Lind	19' 11	Fargo North
37.	9	Ashtyn Auch	19' 8	Grand Forks Central
38.	9	Natalie Nygord	17' 6	Davies
	10	Skye Boyer	DNS	Grand Forks Central
	10	Delaney Johnson	DNS	Fargo North
	11	Rosie Anderson	DNS	Moorhead
	10	Alyssa Berger	DNS	Grand Forks Central

Discus - 1kg Varsity - Finals

1.	12	Jade Azure	123' 2.75	Red River
2.	12	Moriku Hakim	123' 1.5	Shanley
3.	12	Olivia Schindler	107' 3.5	Red River

37.	12	Joey Olson	34' 7	Grand Forks Central
38.	11	Jacob DeVries	34' 0 PR	Wahpeton
39.	9	Mato Greywind	33' 8	Fargo South
40.	11	Jack Rose	31' 7.5	Fargo North
41.	10	Kellen LaFountain	30' 1	Red River
	12	Simon Bowden	DNS	Shanley
	10	Logan Arason	DNS	Red River
	11	Jacob Kirkeby	DNS	West Fargo Sheyenne

Discus - 1.6kg Varsity - Finals

1.	12	Kc Ortiz	153' 0 PR	West Fargo
2.	12	Andrew Paustian	148' 8.25 PR	Davies
3.	12	Mickey Kenney	146' 3 PR	Fargo North
4.	11	Caleb Olson	146' 3 PR	Lisbon
5.	12	Thomas Myers	133' 10	Moorhead
6.	10	Logan Arason	130' 11	Red River
7.	10	Ethan Manock	129' 6	Wahpeton
8.	10	Elinneus Davis	123' 4.75 PR	Moorhead
9.	12	Mahmoud Younis	122' 6.75	Moorhead
10.	12	Max Soeth	122' 1.5	Moorhead
11.	12	Glen Erickson	120' 6.5 PR	Grand Forks Central
12.	12	Luke Dollizon	119' 9.25 PR	Lisbon
13.	11	Kaleb Vliem	118' 5	Davies
14.	11	Christian Skiple	118' 2 PR	Fargo South
15.	10	Eli Hayes	116' 2.5	Davies
16.	11	Hunter Van Raden	114' 0.5	Fargo North
17.	12	Joren Palmer	113' 6.5	Davies
18.	9	Cameron Ahlers	110' 2.25 PR	Shanley
19.	9	Nick Kuehl	109' 6.25 PR	Shanley
20.	10	Dylan Carlquist	108' 0.5 PR	Shanley
21.	11	Samuel VonBank-Hoye	107' 5 PR	West Fargo
22.	11	Owen Casas	107' 1.75 PR	West Fargo Sheyenne
23.	12	Alejandro Lopez	106' 5	Grand Forks Central
24.	12	Robert Adam	105' 6	Lisbon
25.	9	James Miller	104' 6	Fargo North
26.	12	Sam Sather	104' 4	Red River
27.	10	Grant Lyons	102' 11	Lisbon
28.	11	Logan Herring	102' 3.5 PR	West Fargo
29.	9	Mato Greywind	101' 4.5	Fargo South
30.	12	Logan Haskamp	101' 0	Grand Forks Central
31.	11	Arthur Fahnbulleh	99' 3	West Fargo Sheyenne
32.	8	James Walters	97' 8.25 PR	Red River
33.	12	Braeden Bloch	97' 0.5	Shanley
34.	10	Patrick Rach	91' 3.5	Fargo South
35.	11	Jacob DeVries	87' 11	Wahpeton
36.	11	Sam Ruona	87' 3.5	West Fargo
37.	10	Bryce Cain	85' 11.5	West Fargo Sheyenne
38.	12	Marshal Buelow	83' 3.75	Red River
39.	11	Jackson Ambuehl	76' 10.5	Fargo North
	12	Simon Bowden	DNS	Shanley
	12	William Gay	DNS	West Fargo Sheyenne
	12	Benjamin Dahl	ND	Fargo South
	12	Tyler Larson	ND	Red River
	9	Tatum Vanyo	ND	Grand Forks Central

Javelin - 800g Varsity - Finals

1.	10	Ethan Manock	173' 8 PR	Wahpeton
2.	10	Eli Hayes	157' 5.75 PR	Davies
3.	10	Logan Arason	155' 6	Red River
4.	12	Carson Bollinger	149' 0.75 PR	Davies
4.	12	Rebecca Kpor	107' 1	West Fargo Sheyenne
5.	12	Kendra Odegard	105' 0 PR	Lisbon
6.	12	Bailey Overbo	104' 11	Moorhead
7.	10	Maci Wheeldon	104' 10.5	Davies
8.	10	Kaylee Baker	104' 2.5	Grand Forks Central
9.	12	Madison Fellows	101' 9.5	Lisbon
10.	12	Kaden Kerzman	101' 8.75	Davies
11.	12	Alex Page	101' 2	Red River
12.	-	Scout Woods	99' 3.5 PR	Wahpeton
13.	9	Seely Stockmoe	98' 0.5 PR	Shanley
14.	8	Jaiden Haile	96' 8	West Fargo Sheyenne
15.	12	Mariah Burd	96' 7.75	Shanley
16.	10	Camille Deringer	96' 4	Davies
17.	12	Raime Hoang	94' 3	West Fargo
18.	11	Mary Schnell	92' 9	West Fargo
19.	10	Makenna Braun	90' 2 PR	West Fargo
20.	12	Jadyn Feist	89' 8.5	West Fargo Sheyenne
21.	12	Gabriella Feil	88' 3.5 PR	Moorhead
22.	8	Abby Baker	87' 0.5	Red River
23.	11	Aeryn Donovan	86' 1.25	Fargo South
24.	11	Brooke Turnquist	81' 5.5	Davies
25.	12	Regan Erdmann	80' 0.75	Moorhead
26.	9	Cailey Moton	79' 10.5	West Fargo
27.	9	Ashlyn Kahler	79' 8	Wahpeton
28.	12	Yvonnah Marshall	78' 11	Fargo South
29.	12	Emma Devine	78' 6 SR	Fargo North
30.	11	Vivienne Heidt	77' 1.25	West Fargo Sheyenne
31.	12	Sydney Quibell	71' 4 SR	Fargo South
32.	11	Abby Lind	60' 3	Fargo North
33.	11	Emma Gillespie	58' 9 PR	Lisbon
34.	10	Addison Truesdell	55' 2.75	Wahpeton
35.	12	Ingrid Lean	51' 0.75 PR	Fargo North
36.	11	Isabella Loberg	51' 0.25	Wahpeton
37.	12	Abigail Evensen	48' 5	Fargo South
	11	Rosie Anderson	DNS	Moorhead
	10	Delaney Johnson	DNS	Fargo North
	9	Claire Vetter	ND	Shanley

Javelin - 600g Varsity - Finals

1.	12	Kendra Odegard	137' 11	Lisbon
2.	12	Brooklynn Koenig	120' 7.5	Davies
3.	12	Kaylee Lancaster	119' 10.75	Red River
4.	12	Alex Page	116' 3.5 PR	Red River
5.	11	Mary Schnell	113' 5 PR	West Fargo
6.	12	Mariah Burd	108' 1	Shanley
7.	10	Camille Deringer	102' 4 PR	Davies
8.	11	Adisyn Schenck	98' 4.5 PR	West Fargo Sheyenne
9.	8	Jaiden Haile	98' 2 PR	West Fargo Sheyenne
10.	12	Jadyn Feist	97' 4.25	West Fargo Sheyenne
11.	12	Olivia Schindler	97' 0	Red River
12.	12	Amy Kringlie	95' 0 PR	Davies
13.	9	Cayla Sailer	91' 8	Davies
14.	12	Abby Leininger	91' 6.25	Shanley
15.	9	Kiara Zepeda	88' 1.25 PR	West Fargo
16.	12	Emma Pfaff	86' 7.5	West Fargo
17.	12	Jensen Drake	86' 2	Shanley
18.	11	Olivia Vetter	84' 11	Shanley
19.	10	Leah Tykwinski	83' 1.5 PR	West Fargo
20.	11	Christa Habiger	81' 9.25	Wahpeton
21.	9	Katie Deplazes	80' 9.75	Fargo North
22.	8	Abby Baker	77' 11.5	Red River
23.	10	Reagan Carlson	77' 7.5 PR	Fargo North
24.	9	Emma Stevenson	76' 8.25	Grand Forks Central

5.	12	Mickey Kenney	148' 10.25	Fargo North
6.	12	Robert Adam	143' 11 PR	Lisbon
7.	12	Kc Ortiz	143' 10.5 PR	West Fargo
8.	12	Matt Fischer	142' 5.5 PR	West Fargo Sheyenne
9.	11	Jackson Ambuehl	138' 1 PR	Fargo North
10.	12	Evan Miller	132' 9.5	Davies
11.	8	James Walters	131' 7	Red River
12.	11	Jacob DeVries	130' 6 PR	Wahpeton
13.	10	Hudson Kilgore	130' 3 PR	Red River
14.	11	Dylan Feldner	126' 0.5	Davies
15.	8	Cameron Klefstad	124' 7 PR	Red River
16.	12	Glen Erickson	122' 5.25 PR	Grand Forks Central
17.	11	Zach Breidenbach	122' 0 PR	West Fargo Sheyenne
18.	11	Dawson Galde	119' 4.75 PR	West Fargo Sheyenne
19.	10	Cooper Schweigert	118' 3.25	Red River
20.	11	Fabien Muhire	117' 7 PR	West Fargo
21.	11	Kaden Strand-Koepplin	116' 9.25 PR	West Fargo Sheyenne
22.	12	Landon Allex	111' 11.75 PR	Shanley
23.	12	Isaac Murphy	105' 2	West Fargo
24.	9	Cameron Ahlers	104' 2.75	Shanley
25.	11	Sam Ruona	103' 7	West Fargo
26.	12	Benjamin Dahl	102' 6	Fargo South
27.	11	Kyle Rothenberger	96' 9	Grand Forks Central
28.	11	Blake Schafer	92' 8.25	Wahpeton
29.	11	Trace Olson	90' 2	Shanley
30.	9	Xzavier Buckmiller	89' 5 PR	Fargo North
31.	9	Ethan Gilbert	88' 0	Lisbon
32.	9	Drew Anderson	77' 0.75	Lisbon
33.	11	Lane Stevens	75' 11	Grand Forks Central
34.	9	Saul Reinke	72' 11.25	Lisbon
35.	10	Zachary Thomasson	72' 7.25	Fargo South
36.	10	Aron Pochmara	72' 5.25	Fargo North
37.	9	Mato Greywind	68' 9	Fargo South
	9	Matthew Rothenberger	DNS	Grand Forks Central
	11	Kolby Jones	DNS	Fargo South
	12	Simon Bowden	DNS	Shanley
	9	Ethan Thomas	ND	Grand Forks Central

High Jump Varsity - Finals

1.	11	Jamal Dixon	6' 2	Moorhead
2.	11	Jean Irumva	6' 0 PR	West Fargo
3.	10	Lukas Heydt	5' 10 PR	Red River
4.	10	Luke Berge	5' 10 PR	Davies
5.	11	Soren Bartell	5' 8 PR	Fargo North
6.	12	Carter Stinson	5' 8	Red River
7.	9	Dylan Zimmerman	5' 6	Moorhead
8.	12	Wythe Rynestad	5' 6	Grand Forks Central
9.	11	Kaden Braaflat	5' 6	Davies
10.	9	Jayden Bittner	5' 4 PR	Lisbon
10.	10	Rylan Larson	5' 4 PR	Moorhead
12.	10	Luke Hollcraft	5' 4	Shanley
13.	9	Aiden Herz	5' 4	Fargo South
13.	11	Zunekia Diamond McGill	5' 4	Fargo South
13.	10	Jaden Griffin	5' 4 PR	Moorhead
	12	Hamza Ahmed	DNS	West Fargo
	9	Ty Boutwell	DNS	Fargo North
	12	Axel Navarro	DNS	West Fargo
	10	Charlie Anderson	DNS	Fargo North
	11	Isaiah Enger	DNS	Fargo North
25.	11	Aeryn Donovan	73' 5	Fargo South
26.	11	Vivienne Heidt	70' 1	West Fargo Sheyenne
27.	9	Ashtyn Auch	65' 5.25	Grand Forks Central
28.	11	Aiyana Allard	57' 8.25	Wahpeton
29.	12	Anna Guttormson	56' 8.5	Fargo South
30.	10	Alison Hoerer	52' 4	Wahpeton
31.	12	Sydney Quibell	51' 9.5	Fargo South
32.	12	Ingrid Lean	47' 9	Fargo North
33.	12	Abigail Evensen	37' 8.5	Fargo South
	10	Alyssa Berger	DNS	Grand Forks Central
	10	Skye Boyer	DNS	Grand Forks Central
	11	Grace Miller	DNS	Fargo North

High Jump Varsity - Finals

	8	Katelyn Ommen	1666' 8 PR	Shanley
	12	Roxy Fish	1666' 8 PR	Red River
1.	11	Haleigh Cleem	5' 1 PR	Moorhead
2.	9	Sannie Yeanay	4' 11	West Fargo Sheyenne
2.	10	Reagan Carlson	4' 11	Fargo North
4.	12	Amy Kringlie	4' 9	Davies
5.	11	Grace Miller	4' 9	Fargo North
6.	11	Kilee Bladow	4' 9	Wahpeton
7.	12	Olivia Tuhy	4' 9	Lisbon
7.	12	Lander Friederichs	4' 9	Shanley
9.	9	Emily Arnold	4' 7	Grand Forks Central
10.	9	Elizabeth Conlin	4' 7	Davies
11.	9	Emma Haskamp	4' 7 PR	Grand Forks Central
11.	11	Emily Skalicky	4' 7	Fargo North
11.	8	Axumite James	4' 7	Fargo South
14.	11	Zoey Schlader	4' 5	West Fargo
14.	9	Sydney Schweyen	4' 5	West Fargo Sheyenne
14.	9	Paige Renschler	4' 5 PR	Shanley
14.	9	Micah Sander	4' 5	West Fargo Sheyenne
14.	10	Bria Hoppe	4' 5 PR	West Fargo
14.	11	Elvinell Fofanah	4' 5 PR	West Fargo
14.	12	Bria Fiebiger	4' 5	Davies
21.	10	Abigail Lovelace	4' 5	Fargo North
22.	11	Aiyana Allard	4' 5	Wahpeton
22.	7	Callen Fosher	4' 5 PR	West Fargo Sheyenne
22.	9	Mirabelle Enz	4' 5 PR	Moorhead
	12	Jessie Haman	NH	Davies
	9	Ella Tuhy	NH	Lisbon
	10	Ellie Feeney	NH	Moorhead
	10	Mallory Docktor	NH	West Fargo
	9	Sam Laid	NH	Moorhead

Pole Vault Varsity - Finals

1.	12	Taylor Lee	9' 9	West Fargo
2.	9	Onya Kretchman	9' 9 PR	Davies
3.	11	Katelyn Barth	9' 3	Davies
4.	9	Emery Aasen	8' 9 PR	West Fargo
5.	11	Quinn Bassingthwaite	8' 9 PR	Wahpeton
6.	12	Jessie Haman	8' 3	Davies
6.	9	Halle Braaflat	8' 3	Davies
8.	10	Saree Wadeson	8' 3	West Fargo Sheyenne
9.	12	Allison Sterling	8' 3	West Fargo Sheyenne
10.	10	Ellie Feeney	7' 9	Moorhead
11.	10	Josey Shockman	7' 9	Lisbon
11.	9	Madison Lugert	7' 9 PR	West Fargo Sheyenne
13.	10	Taylor Tang	7' 3	West Fargo

	9	Treyton Hoffert	NH	Fargo South
	9	Angel Lopez	NH	Grand Forks Central
	9	Cedric Taylor	NH	West Fargo
	9	Brian Schaan	NH	Shanley
	12	Zach Mitzel	NH	Davies
	9	Ben Strand	NH	Red River
	12	Peyton Kessel	NH	Fargo South

Pole Vault Varsity - Finals

1.	12	Jak Urlacher	14' 6	Grand Forks Central
2.	12	Ryan Barth	12' 6	Davies
3.	11	Bradley Bertsch	12' 6 PR	West Fargo Sheyenne
4.	12	Erik Ault	12' 0	West Fargo Sheyenne
5.	12	Shea Truesdell	12' 0 PR	Wahpeton
6.	12	Andrew Martodam	11' 6	Davies
7.	-	Erik Walker	11' 0	Moorhead
8.	12	Jakob Stevenson	11' 0	Grand Forks Central
9.	9	Connor Manske	11' 0	West Fargo Sheyenne
10.	10	Soren Kaster	10' 6	West Fargo Sheyenne
11.	9	Kyle Kramer	10' 6	Fargo North
12.	11	Rodney Olson	10' 6	Lisbon
13.	11	Taiton Axtman	10' 0	Davies
13.	12	Michael Post	10' 0	Grand Forks Central
15.	9	Mike Nelson	10' 0	Lisbon
16.	9	Thomas Schreiner	10' 0	Davies
17.	10	Andrew Withuski	10' 0 PR	Wahpeton
18.	11	Silas Reinke	9' 0	Lisbon
18.	10	Hudson Flom	9' 0	Red River
20.	9	Rune Stroh	9' 0	Fargo South
20.	9	Wyatt Olson	9' 0 PR	Lisbon
20.	12	Landon Allex	9' 0	Shanley
23.	10	Zachary Thomasson	9' 0	Fargo South
23.	9	Ryaan Alshami	9' 0 PR	Grand Forks Central
	12	Jack Cella	DNS	Moorhead
	9	Jacob Wood	DNS	Red River
	9	Alex Paul	NH	Shanley
	11	Chase Novotny	NH	Fargo North
	10	Max McCarthy	NH	Red River
	9	Zak Paul	NH	Shanley
	11	Jon Geske	NH	Fargo North
	9	George Hanesgard	NH	Fargo South
	11	Carter Kostohryz	NH	Moorhead
	11	Austin Biwer	NH	West Fargo

Long Jump Varsity - Finals

1.	12	Trehvon Montgomery	21' 5.25	Fargo South
2.	12	Carter Kochmann	19' 10.75	Shanley
3.	12	Carter Stinson	19' 10.5	Red River
4.	12	Austin Harmsen	19' 7	Davies
5.	10	Carter Byron	19' 7 PR	Red River
6.	9	Thomas Schreiner	19' 6.5	Davies
7.	11	Jean Irumva	19' 6.5	West Fargo
8.	9	Luke Lorenz	19' 2.5 PR	Davies
9.	10	Boeden Greenley	18' 8	Lisbon
10.	11	Nathaniel Fritel	18' 7	Fargo North
11.	12	Kolby Rasmusson	18' 6.25	Lisbon
12.	12	Saif Allawi	18' 3 SR	Moorhead
13.	11	Abram Hall	18' 2.5 PR	Red River
14.	10	Luke Hollcraft	18' 2.5	Shanley
13.	11	Siri Overturf	7' 3 SR	Moorhead
13.	10	Gracia Rolf	7' 3	Lisbon
13.	12	Jasmine Thayer	7' 3	Moorhead
13.	10	Jennifer Klundt	7' 3	Fargo North
13.	11	Erin Mueller	7' 3	West Fargo Sheyenne
	12	Emily Soukup	DNS	Moorhead
	10	Camille Finney	DNS	Grand Forks Central
	9	Katie Deplazes	DNS	Fargo North
	10	Ashley Nguyen	NH	West Fargo
	10	Lidia Motl	NH	Wahpeton
	10	Taryn Winkler	NH	Fargo North
	11	Isabelle Snyder	NH	Shanley
	10	Reagan Wohlers	NH	Wahpeton

Long Jump Varsity - Finals

1.	12	Laiken Sturn	17' 9	West Fargo
2.	12	Lauren Hillman	16' 6.5 PR	Grand Forks Central
3.	8	Kate Laqua	16' 6 PR	Davies
4.	12	Taylor Lee	16' 5.25	West Fargo
5.	11	Ava Wild	16' 4.5	Davies
6.	11	Erin Mueller	15' 10.5 PR	West Fargo Sheyenne
7.	12	Ella Fosse	15' 8.75	Red River
8.	10	Jillian Riley	15' 8 PR	Grand Forks Central
9.	11	Kendra Cavett	15' 4.75	Lisbon
10.	8	Halle Miller	15' 3 PR	Wahpeton
11.	9	Onya Kretchman	15' 2	Davies
12.	9	Lauren Swanson	14' 10.75 PR	Red River
13.	10	Alexis Olderbak	14' 8.5 PR	Moorhead
14.	9	Jane Donat	14' 7.25	Davies
15.	10	Taya Samek	14' 6.5	West Fargo
16.	11	Taylor Tedford	14' 6.5	Fargo North
17.	9	Kyra Haecherl	14' 6.25	Lisbon
18.	10	Claire Steiner	14' 5.25 PR	Moorhead
19.	10	Tryphena Duncan	14' 4.75	West Fargo Sheyenne
20.	10	Haidyn Tollefson	13' 11	Fargo North
21.	11	Paige Harry	13' 10.5	West Fargo Sheyenne
22.	9	Kendra Differding	13' 7	Lisbon
23.	12	Claire Lapp	13' 7 SR	Red River
24.	12	Annika Werlinger	13' 6	Moorhead
25.	11	Breena Wheeler	13' 5.25 SR	Lisbon
26.	9	Micah Sander	13' 3	West Fargo Sheyenne
27.	8	Katelyn Ommen	13' 0.75	Shanley
28.	9	Hailey Clark	12' 0	Grand Forks Central
	10	Katryna Hansen	DNS	Moorhead
	12	Taylar Baker	ND	Grand Forks Central

Triple Jump Varsity - Finals

1.	12	Laiken Sturn	37' 7.75 PR	West Fargo
2.	11	Linnea Axtman	35' 3.75	Davies
3.	12	Lauren Hillman	35' 2.5	Grand Forks Central
4.	10	Kiana Malecha	34' 1 PR	Davies
5.	9	Cayla Sailer	32' 11.75	Davies
6.	10	Alexis Olderbak	32' 9.5 PR	Moorhead
7.	12	Azure Ries	32' 7	Shanley
8.	11	Paige Harry	31' 9.75 PR	West Fargo Sheyenne
9.	11	Kendra Cavett	31' 8 SR	Lisbon
10.	10	Reagan Carlson	31' 4 PR	Fargo North
11.	10	Jillian Riley	31' 3	Grand Forks Central
12.	12	Amy Kringlie	31' 1	Davies
13.	12	Ella Fosse	30' 7.5	Red River
14.	10	Haidyn Tollefson	30' 4.25 PR	Fargo North

15.	9	Jayden Bittner	18' 1.5 PR	Lisbon
16.	12	Renas Salman	18' 1.25	Moorhead
17.	11	John Jenkins	18' 0.5	Moorhead
18.	9	Jaden Middleton	17' 9.25	Fargo South
19.	11	Simon Haug	17' 6.25	Red River
20.	12	Collin Allan	17' 6 PR	Grand Forks Central
21.	10	James Weninger	17' 4	Fargo North
22.	10	Robert Richards	17' 3	Moorhead
23.	10	Hudson Flom	17' 1.5	Red River
24.	9	Angel Lopez	16' 11.25	Grand Forks Central
25.	11	Riley Schmit	16' 6.25 PR	Wahpeton
26.	9	Quentyn Edwards	16' 6	Grand Forks Central
27.	12	Brady Owens	16' 3.75	Wahpeton
28.	11	Nathan Worrel	15' 4	Wahpeton
29.	10	Emanuel Spiyee	14' 9	Fargo South
30.	12	Emmanuel Bargblor	14' 6	Grand Forks Central
	10	Grayson Geigle	DNS	Shanley
	11	Soren Bartell	DNS	Fargo North
	10	Beau Arenstein	ND	Wahpeton
	12	Axel Navarro	ND	West Fargo
	11	Zunekia Diamond McGill	ND	Fargo South
	9	Grant Tschosik	ND	Davies

Triple Jump Varsity - Finals

1.	12	George Nyanforth	44' 6.25	Moorhead
2.	10	Michael Haugo	43' 9.5 PR	Moorhead
3.	12	Wythe Rynestad	39' 10 PR	Grand Forks Central
4.	11	Isaiah Enger	39' 9.5 PR	Fargo North
5.	10	Carter Byron	39' 2.5	Red River
6.	11	Simon Haug	38' 10	Red River
7.	12	Emmanuel Bargblor	37' 3 PR	Grand Forks Central
8.	9	Quentyn Edwards	36' 9 PR	Grand Forks Central
9.	11	Abram Hall	36' 5.5 PR	Red River
10.	9	Aiden Herz	36' 4 PR	Fargo South
11.	9	Jaden Middleton	36' 1	Fargo South
12.	10	Emanuel Spiyee	35' 9.25 PR	Fargo South
13.	12	Axel Navarro	35' 6.25	West Fargo
14.	10	Robert Richards	34' 8 PR	Moorhead
15.	9	Ty Boutwell	33' 2.5 PR	Fargo North
16.	10	Finn Lynch	33' 2 PR	Fargo North
17.	10	Jaden Griffin	33' 0 PR	Moorhead
	10	Charlie Anderson	DNS	Fargo North
	9	Reis Kessel	DNS	Fargo South

15.	12	Claire Lapp	30' 2.75	Red River
16.	9	Kendra Differding	30' 1 PR	Lisbon
17.	11	Breena Wheeler	29' 8	Lisbon
18.	10	Claire Steiner	28' 10.75	Moorhead
19.	10	Elle Terstriep	28' 8.5	Shanley
20.	9	Kennedy Polda	28' 1	Wahpeton
21.	12	Olivia Tuhy	27' 9.25	Lisbon
22.	11	Alyshia Carlson	27' 8.25 PR	Moorhead
23.	12	Brietta Mullane	26' 11	Grand Forks Central
24.	9	Courtney Haberer	25' 3.5 PR	Moorhead
	10	Tryphena Duncan	ND	West Fargo Sheyenne

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Fargo Rotary Invitational HS

358 Followers Following

UNOFFICIAL RESULTS Monday, May 10, 2021 Field Events: **1:00 PM** Track Events: **1:00 PM**

Fargo HS Track & Field Complex Deadline was Sun 5/9/21 @ 05:00 PM

Mens Varsity

19 / 19 Events Completed

1.	Moorhead	131
2.	Red River	123
3.	West Fargo	98
4.	Davies	95
5.	Grand Forks Central	79
6.	Fargo South	49
7.	Fargo North	47
8.	Shanley	35
9.	Lisbon	34
10.	Wahpeton	28
11.	West Fargo Sheyenne	22

Womens Varsity

19 / 19 Events Completed

1.	Davies	172
2.	West Fargo	131
3.	Red River	88
4.	Moorhead	72
5.	Shanley	66.5
6.	Fargo North	48
7.	West Fargo Sheyenne	46
8.	Grand Forks Central	45
9.	Lisbon	33.5
10.	Wahpeton	24
11.	Fargo South	15

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Girls Classic Invitational

OFFICIAL RESULTS

Friday, May 14, 2021 Fargo South HS Track & Field Complex, Fargo

Womens Results

100 Meters Varsity - Finals

1.	10	Cece Deebom	12.24a		Davies
2.	10	Michaela Nesius	12.49a		Davies
3.	11	Jasmine Williams	12.64a		West Fargo
4.	8	Gabby Tangedal	13.03a	PR	Devils Lake
5.	10	Alimath Salou	13.06a	PR	Davies
6.	12	Brooke Thorsness	13.07a		Fargo South
7.	12	Jill Engstrom	13.16a		Davies
8.	7	Kia Ray	13.18a	PR	West Fargo Sheyenne
9.	7	Michelle Gee	13.19a		West Fargo
10.	10	Annika McCarthy	13.21a	SR	Devils Lake
11.	11	Nina Hage	13.28a	PR	Davies
12.	10	Kiana Malecha	13.28a	PR	Davies
13.	12	Taylar Baker	13.37a	SR	Grand Forks Central
14.	12	Ava Olson	13.43a	PR	Davies
15.	9	Jocie Schiller	13.52a	PR	Red River
16.	9	Jordis Maxwell	13.60a		Fargo South
17.	10	Nora Daub	13.63a	PR	Davies
18.	10	Ava Robertson	13.67a	PR	Davies
19.	10	Jade Anderson	13.68a	PR	West Fargo Sheyenne
19.	9	Marissa Reid	13.68a		Davies
21.	11	Hannah Hynek	13.68a	SR	Grand Forks Central
22.	11	Vanessa Narmah	13.74a		Davies
23.	8	Nishi Yvette	13.81a	PR	Fargo South
24.	11	Mattie Boyd	13.82a	PR	Davies
25.	11	Rachel Lampert	13.83a	PR	Davies
26.	9	Autumn Daniels	13.85a		Davies
27.	12	Noella Akech	13.86a	PR	West Fargo Sheyenne
28.	9	Jane Donat	13.91a		Davies
29.	9	Samantha Melling	13.92a	PR	West Fargo
30.	12	Kylie Severson	13.97a	PR	Red River
31.	12	Amelia Jacobs	14.00a		West Fargo Sheyenne
32.	10	Leziga Kpeenu	14.01a		West Fargo Sheyenne
33.	10	Anna Wicklow	14.02a	PR	Davies
34.	12	Kiernan Darling	14.02a	PR	Fargo South
35.	9	Micah Sander	14.03a	PR	West Fargo Sheyenne
36.	11	Ellie Moser	14.11a	PR	Davies
37.	10	Lauren Sturma	14.13a		Davies
38.	9	Leah Locklear	14.24a		West Fargo
39.	9	Joyce Kranto	14.30a	PR	Davies
40.	10	Tryphena Duncan	14.31a	PR	West Fargo Sheyenne
41.	9	Ella Collins	14.32a	PR	Davies
42.	10	Beth Ellis	14.33a	PR	Fargo South
43.	12	Malama Diabate	14.35a	PR	Davies
44.	10	Jasmine Schaeffer	14.40a		West Fargo Sheyenne
45.	9	Isabella Tangedal	14.46a		Devils Lake
46.	12	Theresa Davis	14.48a		West Fargo
47.	10	Sierra Heyd	14.50a		Grand Forks Central
48.	9	Christina Ring	14.54a		Davies
49.	10	Sabrina Dunbar	14.56a	PR	Davies

50.	-	Riley Giere	14.57a		Fargo South
51.	11	Eliana Logan	14.60a		Davies
52.	11	Marthaline Monnangninon	14.67a		Davies
53.	10	Bianca Ayala	14.68a		Davies
54.	9	Katelyn Rott	14.75a	PR	West Fargo
55.	11	Emma Boe	14.79a	PR	Red River
56.	9	Christiana Mehn	14.85a		West Fargo
57.	10	Bria Hoppe	14.93a		West Fargo
58.	10	Jasmine Thomas	14.95a		Grand Forks Central
59.	9	Hanna Hoff	15.15a		Davies
60.	12	Madde Shell	15.24a		West Fargo
61.	10	Sonya Dolo	15.28a		Davies
62.	9	Carley Hoff	15.34a		Davies
63.	10	Erut Jarso	15.36a		Davies
64.	9	Mahyaldah Wayson	15.40a		West Fargo Sheyenne
65.	10	Kylie Olson	15.43a		West Fargo
66.	10	Catherine Fehr	15.49a		Fargo South
67.	9	Laurence Gisubizo	15.50a		Davies
68.	9	Evie Geiger	15.53a	PR	Davies
69.	9	Hailey Clark	15.58a		Grand Forks Central
70.	9	Lilly Schaffer	15.60a		Davies
71.	11	Ketevan Chomakhidze	15.74a	PR	Red River
72.	10	Anna Clark	15.74a	PR	Davies
73.	9	Angel Mochoge	16.00a	PR	Davies
74.	11	Peace Tabo	16.04a	PR	Red River
75.	10	Alexis Jamieson	16.33a		Davies
76.	9	Mckenzie Fuller	16.34a	PR	West Fargo Sheyenne
77.	9	Maddie Lunak	16.57a		Davies
78.	9	Florance Mutoni	16.60a		Davies
79.	9	Kaydra Cavanaugh	16.65a	PR	Devils Lake
80.	11	Patience Toh	16.71a	PR	Fargo South
81.	10	Maka Kollie	16.73a		Grand Forks Central
82.	9	Isabelle Timmerman	16.97a		West Fargo Sheyenne
	11	Jenna Gerhardt	DNS		Devils Lake

200 Meters Varsity - Finals

1.	10	Cece Deebom	25.26a		Davies
2.	11	Jasmine Williams	25.73a		West Fargo
3.	8	Kate Laqua	25.99a		Davies
4.	10	Michaela Nesius	26.70a		Davies
5.	12	Ryleigh Wacha	27.15a	PR	Davies
6.	7	Michelle Gee	27.19a	PR	West Fargo
7.	12	Brooke Thorsness	27.45a		Fargo South
8.	11	Sydney Volesky	27.72a	PR	West Fargo Sheyenne
9.	10	Alimath Salou	27.72a	PR	Davies
10.	8	Gabby Tangedal	28.02a		Devils Lake
11.	10	Annika McCarthy	28.15a		Devils Lake
12.	12	Jada Bell	28.34a		Davies
13.	12	Shri Patel	28.40a	SR	Red River
14.	10	Ashley Wacha	28.51a		Davies
15.	12	Taylar Baker	28.56a		Grand Forks Central
16.	10	Bryn Donaldson	28.73a	PR	Davies
17.	8	Cabryn Fritel	28.86a	PR	Devils Lake
18.	12	Amelia Jacobs	28.95a	PR	West Fargo Sheyenne
19.	12	McKenna Lovehaug	28.96a	PR	Davies
20.	10	Leziga Kpeenu	29.02a		West Fargo Sheyenne
21.	10	Jade Anderson	29.05a	PR	West Fargo Sheyenne
22.	8	Nishi Yvette	29.06a	PR	Fargo South
23.	12	Kylie Severson	29.19a		Red River
24.	11	Brenna Barnick	29.40a	PR	Davies
25.	10	Erin Nowacki	29.48a		West Fargo Sheyenne

26.	10	Lauren Sturma	29.55a		Davies
27.	12	Noella Akech	29.65a		West Fargo Sheyenne
28.	10	Peyton Breidenbach	29.76a		West Fargo Sheyenne
29.	9	Samantha Melling	29.84a		West Fargo
30.	9	Autumn Daniels	29.96a		Davies
31.	11	Vanessa Narmah	29.98a		Davies
32.	12	Malama Diabate	30.10a	PR	Davies
33.	10	Sierra Heyd	30.10a		Grand Forks Central
34.	10	Ava Robertson	30.23a		Davies
35.	9	Brynn Moen	30.38a	PR	Grand Forks Central
36.	9	Sannie Yeanay	30.38a	PR	West Fargo Sheyenne
37.	12	Theresa Davis	30.47a		West Fargo
38.	10	Bria Hoppe	30.80a		West Fargo
39.	11	Jenna Gerhardt	30.80a		Devils Lake
40.	9	Christina Ring	30.81a	PR	Davies
41.	9	Jordis Maxwell	30.82a		Fargo South
42.	10	Bianca Ayala	30.84a	PR	Davies
43.	9	Isabella Tangedal	30.97a		Devils Lake
44.	11	Marthaline Monnangninon	31.06a	PR	Davies
45.	8	Sophie Brakke	31.17a	PR	Red River
46.	9	Ella Collins	31.30a		Davies
47.	9	Chaylee Hewson	31.72a		Devils Lake
48.	9	Christiana Mehn	31.73a		West Fargo
49.	11	Eliana Logan	31.77a		Davies
50.	10	Sabrina Dunbar	31.85a	PR	Davies
51.	12	Madde Shell	32.09a		West Fargo
52.	10	Jasmine Thomas	32.10a		Grand Forks Central
53.	11	Zoie Krump	32.34a		Red River
54.	9	Joyce Kranto	32.45a		Davies
55.	9	Mahyaldah Wayson	32.59a		West Fargo Sheyenne
56.	10	Erut Jarso	32.71a		Davies
57.	9	Lilly Schaffer	32.80a	PR	Davies
58.	9	Laurence Gisubizo	33.06a		Davies
59.	10	Catherine Fehr	33.08a	PR	Fargo South
60.	10	Jasmine Schaeffer	33.21a		West Fargo Sheyenne
61.	9	Evie Geiger	33.22a		Davies
62.	10	Kylie Olson	33.29a		West Fargo
63.	7	Callen Fosher	33.61a	PR	West Fargo Sheyenne
64.	9	Florance Mutoni	33.89a	PR	Davies
65.	9	Hailey Clark	33.99a		Grand Forks Central
66.	8	Emerson Byron	34.03a	PR	Red River
67.	11	Ketevan Chomakhidze	34.06a	SR	Red River
68.	10	Anna Clark	34.09a		Davies
69.	9	Dana Chahal	34.36a		Red River
70.	9	Angel Mochoge	34.38a	PR	Davies
71.	10	Alexis Jamieson	34.45a	PR	Davies
72.	9	Mckenzie Fuller	34.51a		West Fargo Sheyenne
73.	11	Peace Tabo	34.86a	PR	Red River
74.	10	Brynna Young	35.15a	PR	Red River
75.	10	Sonya Dolo	35.17a		Davies
76.	9	Tennasyn Henry	35.28a		Grand Forks Central
77.	9	Kaydra Cavanaugh	35.76a		Devils Lake
78.	9	Isabelle Timmerman	35.79a	PR	West Fargo Sheyenne
79.	10	Emma Anderson	36.19a		Red River
80.	11	Patience Toh	36.36a		Fargo South
81.	9	MacKenzie Abraham	36.95a		Red River
82.	10	Maka Kollie	37.24a	PR	Grand Forks Central

400 Meters Varsity - Finals

1.	11	Hailey Bjerke	1:01.99a	SR	Davies
2.	11	Brenna White	1:03.50a	PR	West Fargo

3.	8	Cabryn Fritel	1:03.65a	PR	Devils Lake
4.	10	Annika McCarthy	1:03.99a		Devils Lake
5.	9	Unique Wea	1:04.46a		West Fargo Sheyenne
6.	8	Gabby Tangedal	1:04.69a	PR	Devils Lake
7.	10	Erin Nowacki	1:05.09a	PR	West Fargo Sheyenne
8.	9	Ava Graf	1:05.86a	PR	Davies
9.	10	Callie Baukol	1:06.13a		Fargo South
10.	9	Cadence Modin	1:06.34a	PR	Davies
11.	10	Catherine Francis	1:06.96a		West Fargo Sheyenne
12.	8	Anna Shock	1:07.88a		Devils Lake
13.	9	Chaylee Hewson	1:08.78a	PR	Devils Lake
14.	11	Kiya McLaurin	1:09.80a		Devils Lake
15.	10	Bianca Ayala	1:10.14a	PR	Davies
16.	10	Hallie Fritel	1:12.03a		Devils Lake
17.	9	Lindsey Reeder	1:15.57a		Fargo South
18.	12	Emma Rieger	1:15.91a	PR	Fargo South
19.	9	Ellen Berry	1:15.91a	PR	Grand Forks Central
20.	11	Sophie Lachance	1:16.68a		Red River
21.	10	Jasmine Schaeffer	1:18.27a	PR	West Fargo Sheyenne
22.	9	Tennasyn Henry	1:21.64a		Grand Forks Central
23.	11	Peace Tabo	1:24.67a	PR	Red River

800 Meters Varsity - Finals

1.	9	Jocie Schiller	2:25.84a	PR	Red River
2.	12	Eden Smith	2:28.21a		West Fargo Sheyenne
3.	10	Marie Derenne	2:30.90a		Grand Forks Central
4.	10	Lauren Dosch	2:31.62a		Red River
5.	12	Gracia Larsen-Schmidt	2:31.64a	PR	Red River
6.	12	Onnica Stansbury	2:31.93a		West Fargo Sheyenne
7.	8	Mya Mannausau	2:32.79a		Red River
8.	9	Gabrielle McLaurin	2:35.96a	PR	Devils Lake
9.	11	Emily Klaman	2:36.61a		West Fargo
10.	9	Olivia Heilman	2:36.99a		West Fargo Sheyenne
11.	9	Aria Kindseth	2:38.93a	PR	Grand Forks Central
12.	10	Emily Nelson	2:39.01a	SR	Red River
13.	12	Silje Kindseth	2:43.55a	PR	Grand Forks Central
14.	7	Kiaya Hagen	2:43.66a		West Fargo
15.	7	Brooklyn Herrick	2:43.86a		West Fargo Sheyenne
16.	12	Paige Erbstoesser	2:45.19a		West Fargo
17.	10	Joslyn Jackson	2:46.73a	PR	West Fargo
18.	10	Elizabeth Simon	2:47.66a	PR	Red River
19.	10	Sarah Wieland	2:47.80a	PR	Davies
20.	8	Rylie Lelm	2:52.54a		Red River
21.	11	Narria Neubert	2:52.55a		Red River
22.	11	Paris Cronin	2:53.21a	PR	Fargo South
23.	8	Brooke Dorsey	2:53.76a		Red River
24.	9	Isabel Lemke	2:54.28a	PR	Davies
25.	10	Hallie Fritel	2:56.16a		Devils Lake
26.	11	Keeley Eichhorn	2:56.30a	PR	Fargo South
27.	10	McKenna Emineth	2:59.02a		Red River
28.	10	Sofia Astolfi	3:04.02a	PR	West Fargo Sheyenne
29.	10	Brooke Delaney	3:07.99a	PR	Davies
30.	9	Tamsyn Nantaba	3:10.97a	PR	Fargo South
	11	Emma Stueve	DNS		Davies

1600 Meters Varsity - Finals

1.	12	Onnica Stansbury	5:14.59a	PR	West Fargo Sheyenne
2.	12	Gracia Larsen-Schmidt	5:24.64a	PR	Red River
3.	8	Mya Mannausau	5:25.33a	PR	Red River

4.	12	McKenna Lovehaug	5:25.77a	SR	Davies
5.	9	Claire Hynek	5:26.61a	PR	Grand Forks Central
6.	9	Olivia Heilman	5:32.45a		West Fargo Sheyenne
7.	10	Lauren Dosch	5:33.44a		Red River
8.	11	Campbell Dorsey	5:36.34a		Red River
9.	7	Brooklyn Herrick	5:40.00a		West Fargo Sheyenne
10.	7	Kinley Steckler	5:40.45a	PR	Davies
11.	9	Cierra Bornemann	5:41.06a	PR	Davies
12.	8	Ellie Miller	5:42.67a	PR	Davies
13.	10	Emily Nelson	5:42.80a	SR	Red River
14.	10	Brooke Everson	5:45.64a	SR	Davies
15.	11	Trinity Kilde	5:52.83a	PR	Davies
16.	11	Alice Bauroth	5:56.52a	SR	Fargo South
17.	12	Janae Phillips	5:56.75a		Davies
18.	10	Bayley Scott	5:56.89a	SR	Davies
19.	12	Nora Berry	5:57.70a	PR	Grand Forks Central
20.	8	Rylie Lelm	5:58.70a		Red River
21.	8	Brooke Dorsey	5:58.96a	PR	Red River
22.	11	Molly Campbell	5:59.05a	SR	Davies
23.	10	Annika Stephens	6:02.82a	PR	Davies
24.	11	Liv Berger	6:04.63a		Fargo South
25.	12	Madeline Stroud	6:10.43a		Davies
26.	11	Narria Neubert	6:13.14a	SR	Red River
27.	11	Morgan Reeder	6:14.06a	SR	Fargo South
28.	8	Kathryn Sticka	6:17.43a	PR	Fargo South
29.	-	Ella Roehl	6:18.84a	PR	Fargo South
30.	12	Kendal Bloom	6:19.08a		Davies
31.	10	Peyton Bradley	6:22.16a	PR	Davies
32.	10	McKenna Emineth	6:24.41a		Red River
33.	10	Sofia Astolfi	6:56.24a		West Fargo Sheyenne
34.	11	Tru Skyberg	6:59.11a		Davies
35.	9	Coral Heyd	7:11.01a		Grand Forks Central

3200 Meters Varsity - Finals

1.	10	Jordan Knudsvig	11:57.04a	West Fargo
2.	12	Clare Boldingh	12:12.85a	West Fargo
3.	11	Kaelyn Berg	12:17.18a	West Fargo
	7	Kinley Steckler	DNS	Davies

100m Hurdles - 33" Varsity - Finals

1.	10	Cece Deebom	14.88a	PR	Davies
2.	12	Jada Bell	15.69a		Davies
3.	11	Linnea Axtman	16.30a		Davies
4.	10	Samantha Gustafson	16.68a		West Fargo
5.	10	Elyse Gulsvig	16.80a		Davies
6.	11	Elvinell Fofanah	17.18a	PR	West Fargo
7.	9	Cayla Sailer	17.36a		Davies
8.	12	Faith Clark	17.47a		Davies
9.	9	Lauren Swanson	17.55a	PR	Red River
10.	7	Michelle Gee	17.56a	PR	West Fargo
11.	9	Marissa Reid	17.86a		Davies
12.	9	Brynn Moen	17.92a	PR	Grand Forks Central
13.	10	Peyton Breidenbach	17.95a		West Fargo Sheyenne
14.	12	Kiernan Darling	18.22a		Fargo South
15.	8	Axumite James	18.28a	PR	Fargo South
16.	10	Sofia Ibarra	18.33a	PR	Davies
17.	12	Juliana Conlin	18.69a	PR	Davies
18.	11	Kaely Moran	19.08a	PR	West Fargo
19.	7	Kia Ray	19.19a	PR	West Fargo Sheyenne
20.	9	Heidi Wiedeman	19.38a	PR	West Fargo
21.	10	Jasmine Thomas	19.49a	PR	Grand Forks Central

22.	7	Callen Fosher	19.64a PR	West Fargo Sheyenne
23.	9	Emma Haskamp	20.02a	Grand Forks Central
24.	10	Beth Ellis	20.15a	Fargo South
25.	9	Emily Arnold	20.73a PR	Grand Forks Central
26.	9	Sofia Franssen	21.08a	West Fargo
27.	10	Sonya Dolo	21.67a	Davies
28.	11	Ketevan Chomakhidze	22.16a	Red River
29.	10	Terra Beardemphl	22.49a	Grand Forks Central
30.	9	Marisa Sleath	28.18a	West Fargo

300m Hurdles - 30" Varsity - Finals

1.	8	Kate Laqua	45.27a PR	Davies
2.	10	Samantha Gustafson	47.56a PR	West Fargo
3.	9	Ashton Safranski	47.89a PR	Davies
4.	12	Jada Bell	48.30a PR	Davies
5.	11	Hannah Hynek	49.89a	Grand Forks Central
6.	10	Ashley Wacha	50.80a PR	Davies
7.	10	Sofia Ibarra	50.97a PR	Davies
8.	12	Taylor Dietz	51.02a PR	Davies
9.	9	Lauren Swanson	51.09a PR	Red River
10.	11	Brenna White	51.32a PR	West Fargo
11.	10	Peyton Breidenbach	51.87a	West Fargo Sheyenne
12.	12	Faith Clark	51.89a	Davies
13.	9	Brynn Moen	52.29a	Grand Forks Central
14.	11	Elvinell Fofanah	53.32a	West Fargo
15.	12	Claire Lapp	53.72a PR	Red River
16.	8	Sadie Wavrin	54.33a	West Fargo
17.	8	Sophie Brakke	54.47a PR	Red River
18.	11	Emily Klaman	54.52a	West Fargo
19.	12	Juliana Conlin	54.76a PR	Davies
20.	9	Heidi Wiedeman	55.77a PR	West Fargo
21.	11	Zoie Krump	56.32a	Red River
22.	9	Emma Haskamp	57.01a PR	Grand Forks Central
23.	9	Emily Arnold	58.13a PR	Grand Forks Central
24.	8	Emerson Byron	59.21a PR	Red River
25.	9	Sofia Franssen	1:00.96a PR	West Fargo
26.	11	Kaely Moran	1:02.41a	West Fargo
27.	11	Sophie Lachance	1:02.55a	Red River
28.	10	Terra Beardemphl	1:05.01a	Grand Forks Central

4x100 Relay Varsity - Finals

1.	Jill Engstrom Nina Hage Ellen Donat Kiana Malecha	50.45a	Davies
2.	Laiken Sturn Michelle Gee Samantha Gustafson Jasmine Williams	50.91a	West Fargo
3.	Erin Mueller Sydney Volesky Saree Wadeson Avary Fitzpatrick	51.24a	West Fargo Sheyenne
4.	Alimath Salou Jane Donat Vanessa Narmah Ava Robertson	52.54a	Davies

5.	Jordis Maxwell Beth Ellis Kiernan Darling Brooke Thorsness	52.60a	Fargo South
6.	Micah Sander Kia Ray Leziga Kpeenu Unique Wea	53.02a	West Fargo Sheyenne
7.	Onya Kretchman Katelyn Barth Halle Braaflat Ava Olson	53.06a	Davies
8.	Isabella Tangedal Kiya McLaurin Gabby Tangedal Annika McCarthy	53.74a	Devils Lake
9.	Brianna Filson Taylar Baker Jillian Riley Lauren Hillman	54.57a	Grand Forks Central
10.	Bria Fiebiger Rachel Lampert Mattie Boyd Lauren Sturma	54.85a	Davies
11.	Claire Lapp Lauren Swanson Lauryn Rydell Kylie Severson	55.30a	Red River
12.	Elvinell Fofanah Theresa Davis Leah Locklear Samantha Melling	55.78a	West Fargo
13.	Joyce Kranto Eliana Logan Marthaline Monnangninon Ella Collins	56.78a	Davies
14.	Erut Jarso Laurence Gisubizo Maddie Lunak Angel Mochoge	1:01.62a	Davies
15.	Dana Chahal Emma Anderson MacKenzie Abraham Brynna Young	1:05.86a	Red River

4x200 Relay Varsity - Finals

1.	Linnea Axtman Ashton Safranski Ellen Donat Michaela Nesius	1:44.95a	Davies
2.	Kate Laqua Ashley Wacha Ava Olson Ryleigh Wacha	1:46.46a	Davies
3.	Erin Mueller Avary Fitzpatrick Saree Wadeson Sydney Volesky	1:48.78a	West Fargo Sheyenne
4.	Laiken Sturn Samantha Melling Samantha Gustafson Jasmine Williams	1:50.61a	West Fargo

5.	Brenna Barnick Bryn Donaldson Alimath Salou Jane Donat	1:52.46a	Davies
6.	Elvinell Fofanah Zoey Schlader Leah Locklear Ella Nelson	1:57.66a	West Fargo
7.	Malama Diabate Rachel Lampert Elise Schneider Ella Collins	1:59.18a	Davies
8.	Zoie Krump Josie Fish Emerson Byron Sophie Brakke	2:03.22a	Red River
9.	Dana Chahal Emma Anderson MacKenzie Abraham Brynna Young	2:16.06a	Red River
10.	Sierra Heyd Maka Kollie Coral Heyd Tennasyn Henry	2:16.25a	Grand Forks Central

4x400 Relay Varsity - Finals

1.	Ashton Safranski McKenna Lovehaug Brenna Barnick Kate Laqua	4:09.42a	Davies
2.	Michaela Nesius Hailey Bjerke Bryn Donaldson Ryleigh Wacha	4:09.51a	Davies
3.	Unique Wea Catherine Francis Eden Smith Avary Fitzpatrick	4:12.08a	West Fargo Sheyenne
4.	Leah Locklear Sadie Wavrin Zoey Schlader Theresa Davis	4:30.08a	West Fargo
5.	Brooke Everson Cierra Bornemann Cadence Modin Ellie Miller	4:35.83a	Davies
6.	Anna Shock Isabella Tangedal Ramsey Brown Hallie Fritel	4:36.43a	Devils Lake
7.	Callie Baukol Alice Bauroth Morgan Reeder Liv Berger	4:39.52a	Fargo South
8.	Sofia Ibarra Faith Clark Juliana Conlin Ava Graf	4:40.26a	Davies
9.	Kinley Steckler Sarah Wieland Bayley Scott Janae Phillips	4:42.45a	Davies

10.	Kendal Bloom Annika Stephens Madeline Stroud Trinity Kilde	4:53.13a	Davies
11.	Katelyn Rott Bria Hoppe Christiana Mehn Madde Shell	4:59.19a	West Fargo
12.	Marie Derenne Nora Berry Silje Kindseth Ellen Berry	5:00.52a	Grand Forks Central
13.	Molly Campbell Isabel Lemke Peyton Bradley Tru Skyberg	5:05.52a	Davies
14.	Tamsyn Nantaba Ella Roehl Kathryn Sticka Lindsey Reeder	5:05.94a	Fargo South
15.	Brooke Delaney Evie Geiger Lindsey Jiskra Emma Stueve	5:13.26a	Davies
16.	Dana Chahal Emma Anderson MacKenzie Abraham Brynna Young	5:27.97a	Red River

4x800 Relay Varsity - Finals

1.	Kiaya Hagen Joslyn Jackson Paige Erbstoesser Lindsey Anderson	10:57.54a	West Fargo
2.	Marie Derenne Katie Uhlir Ellen Berry Aria Kindseth	11:09.10a	Grand Forks Central
3.	Callie Baukol Paris Cronin Keeley Eichhorn Emma Rieger	11:39.02a	Fargo South

Shot Put - 4kg Varsity - Finals

1.	12 Jadyn Feist	38' 9	PR	West Fargo Sheyenne
2.	11 Mary Schnell	38' 8	PR	West Fargo
3.	12 Rebecca Kpor	37' 6	PR	West Fargo Sheyenne
4.	12 Olivia Schindler	37' 4	PR	Red River
5.	11 Adisyn Schenck	36' 1		West Fargo Sheyenne
6.	9 Cailey Moton	35' 6		West Fargo
7.	12 Kaden Kerzman	35' 3		Davies
8.	11 Erica Nelson	35' 0		Devils Lake
9.	12 Jade Azure	34' 2		Red River
10.	12 Emma Pfaff	33' 4		West Fargo
11.	12 Larissa Klitzke	32' 7.5		Devils Lake
12.	11 Brooke Turnquist	32' 0		Davies
13.	11 Maddie Eisenlohr	32' 0	PR	Fargo South
14.	12 Alex Page	31' 8		Red River
15.	11 Vivienne Heidt	31' 7	PR	West Fargo Sheyenne
16.	11 Aeryn Donovan	31' 6	PR	Fargo South
17.	8 Jaiden Haile	30' 1		West Fargo Sheyenne

18.	11	Christine Nwaigwe	29' 10	West Fargo Sheyenne
19.	10	Megan Grove	29' 8	West Fargo
20.	12	Yvonnah Marshall	29' 6	Fargo South
21.	10	Makenna Braun	29' 5.5 PR	West Fargo
22.	12	Raime Hoang	29' 2	West Fargo
23.	12	Anna Guttormson	28' 11	Fargo South
24.	10	Kaylee Baker	28' 9.5	Grand Forks Central
25.	10	Evelyn Lewis	28' 9 PR	West Fargo Sheyenne
26.	12	Sydney Quibell	28' 9	Fargo South
27.	12	Alaina Anderson	27' 7	Devils Lake
28.	11	Serenna Gores	27' 4 PR	West Fargo
29.	9	Ali Thykeson	27' 3	West Fargo Sheyenne
30.	11	Moukonjae Birch	27' 1 PR	West Fargo Sheyenne
31.	10	Laura Iverson	27' 0	West Fargo
32.	10	Caitlin Harmon	26' 10	Davies
33.	11	McKenzie Menschel	26' 4 PR	West Fargo
34.	11	Gillian Barker	26' 3	Red River
35.	9	Kiara Zepeda	26' 2.5 PR	West Fargo
36.	9	Heidi Wiedeman	26' 1 PR	West Fargo
37.	12	Cayden Anderson	26' 0 PR	West Fargo Sheyenne
38.	11	Dree Zeiszler	25' 9.5 PR	West Fargo
39.	10	Autumn Trosen	25' 5.5 PR	West Fargo Sheyenne
40.	10	Caroline Belleque	25' 5	Devils Lake
41.	10	Brianna Blixt	25' 4 PR	West Fargo Sheyenne
42.	8	Abby Baker	24' 11	Red River
43.	11	Kordiea Rerick	24' 10	West Fargo
44.	10	Skye Boyer	24' 9 PR	Grand Forks Central
45.	9	Emma Stevenson	24' 4	Grand Forks Central
46.	10	Alyssa Berger	22' 7	Grand Forks Central
47.	10	Macey Tong	21' 7	West Fargo
48.	10	Adra Sundberg	21' 6.5 PR	West Fargo
49.	12	Abigail Evensen	21' 3 PR	Fargo South
50.	9	Ashtyn Auch	20' 9 PR	Grand Forks Central
51.	9	Sarah Degbeh	20' 6	West Fargo Sheyenne
52.	9	Natalie Nygord	19' 10 PR	Davies
53.	9	Hailey Metcalfe	18' 0	West Fargo
54.	9	Audrey Lindquist	17' 6 PR	Grand Forks Central
	10	Talayna Alberts	ND	Devils Lake
	10	Kennedy Colter	ND	West Fargo Sheyenne
	10	Leah Tykwinski	ND	West Fargo
	11	Caitlin Mackenzie	ND	Red River

Discus - 1kg Varsity - Finals

1.	12	Jade Azure	113' 2	Red River
2.	10	Camille Deringer	108' 2 PR	Davies
3.	10	Kaylee Baker	104' 6	Grand Forks Central
4.	10	Maci Wheeldon	104' 1	Davies
5.	12	Alex Page	102' 6	Red River
6.	12	Rebecca Kpor	101' 3	West Fargo Sheyenne
7.	11	Mary Schnell	99' 4	West Fargo
8.	12	Kaden Kerzman	98' 4	Davies
9.	12	Jadyn Feist	96' 7	West Fargo Sheyenne
10.	12	Olivia Schindler	96' 7	Red River
11.	12	Raime Hoang	94' 5	West Fargo
12.	10	Makenna Braun	91' 6 PR	West Fargo
13.	8	Jaiden Haile	91' 2	West Fargo Sheyenne
14.	9	Cailey Moton	88' 5	West Fargo
15.	11	Aeryn Donovan	87' 10	Fargo South
16.	12	Larissa Klitzke	85' 6	Devils Lake
17.	12	Emma Pfaff	84' 9 PR	West Fargo
18.	11	Adisyn Schenck	83' 4	West Fargo Sheyenne
19.	11	Vivienne Heidt	82' 6	West Fargo Sheyenne
20.	11	Christine Nwaigwe	82' 4	West Fargo Sheyenne

21.	11	Brooke Turnquist	82' 0		Davies
22.	10	Evelyn Lewis	81' 3	PR	West Fargo Sheyenne
23.	12	Yvonnah Marshall	81' 0		Fargo South
24.	12	Abuk Akech	80' 9	PR	Davies
25.	11	Moukonjae Birch	80' 6		West Fargo Sheyenne
26.	10	Caitlin Harmon	80' 5	PR	Davies
27.	12	Sydney Quibell	80' 2	PR	Fargo South
28.	8	Abby Baker	80' 1		Red River
29.	11	Gillian Barker	75' 5		Red River
30.	11	Caitlin Mackenzie	75' 4		Red River
31.	11	McKenzie Menschel	75' 1	SR	West Fargo
32.	10	Leah Tykwinski	71' 0	PR	West Fargo
33.	8	Sadie Wavrin	69' 4	PR	West Fargo
34.	10	Macey Tong	68' 5	PR	West Fargo
35.	10	Autumn Trosen	66' 7	PR	West Fargo Sheyenne
36.	9	Ali Thykeson	65' 8		West Fargo Sheyenne
37.	10	Brianna Blixt	65' 2		West Fargo Sheyenne
38.	10	Megan Grove	64' 6	PR	West Fargo
39.	11	Kordiea Rerick	62' 7	PR	West Fargo
40.	12	Cayden Anderson	62' 3		West Fargo Sheyenne
41.	10	Laura Iverson	60' 7	PR	West Fargo
42.	9	Kiara Zepeda	60' 0		West Fargo
43.	10	Caroline Belleque	59' 6	PR	Devils Lake
44.	11	Serenna Gores	58' 5	PR	West Fargo
45.	9	Heidi Wiedeman	58' 3		West Fargo
46.	9	Sarah Degbeh	53' 9		West Fargo Sheyenne
47.	12	Alaina Anderson	53' 2		Devils Lake
48.	10	Anna Clark	53' 2		Davies
49.	12	Abigail Evensen	52' 11		Fargo South
50.	11	Dree Zeiszler	51' 5	SR	West Fargo
51.	9	Hailey Metcalfe	50' 5	PR	West Fargo
52.	9	Natalie Nygord	48' 2		Davies
53.	10	Adra Sundberg	42' 0		West Fargo
	10	Brooke Johnson	DNS		West Fargo Sheyenne
	10	Talayna Alberts	DNS		Devils Lake
	10	Kennedy Colter	DNS		West Fargo Sheyenne
	10	Lexi Terhark	DNS		West Fargo Sheyenne
	11	Erica Nelson	ND		Devils Lake

Javelin - 600g Varsity - Finals

1.	9	Cayla Sailer	111' 2	PR	Davies
2.	11	Adisyn Schenck	107' 11	PR	West Fargo Sheyenne
3.	12	Alex Page	105' 4		Red River
4.	10	Camille Deringer	102' 4		Davies
5.	12	Jadyn Feist	99' 6		West Fargo Sheyenne
6.	10	Elyse Gulsvig	97' 0	PR	Davies
7.	11	Mary Schnell	95' 1		West Fargo
8.	11	Erica Nelson	94' 9		Devils Lake
9.	8	Jaiden Haile	86' 0		West Fargo Sheyenne
10.	11	Vivienne Heidt	85' 7	PR	West Fargo Sheyenne
11.	12	Emma Pfaff	84' 5		West Fargo
12.	12	Amy Kringlie	81' 2		Davies
13.	11	Aeryn Donovan	79' 6		Fargo South
14.	9	Emma Stevenson	79' 2		Grand Forks Central
15.	9	Ashtyn Auch	78' 9	PR	Grand Forks Central
16.	9	Ali Thykeson	73' 0		West Fargo Sheyenne
17.	10	Nora Daub	70' 9		Davies
18.	10	Leah Tykwinski	70' 6		West Fargo
19.	11	Jenna Gerhardt	70' 5	PR	Devils Lake
20.	8	Abby Baker	69' 10		Red River
21.	10	Macey Tong	63' 9	PR	West Fargo
22.	9	Kiara Zepeda	63' 6		West Fargo
23.	10	Lexi Terhark	63' 4		West Fargo Sheyenne

24.	10	Makenna Braun	63' 4	West Fargo
25.	9	Cailey Moton	61' 8	West Fargo
26.	10	Brooke Johnson	60' 10 PR	West Fargo Sheyenne
27.	11	Kordiea Rerick	59' 6 PR	West Fargo
28.	12	Sydney Quibell	59' 4	Fargo South
29.	12	Anna Guttormson	55' 6	Fargo South
30.	10	Alyssa Berger	55' 4	Grand Forks Central
31.	10	Megan Grove	54' 9	West Fargo
32.	10	Anna Clark	52' 7	Davies
33.	11	McKenzie Menschel	52' 6	West Fargo
34.	12	Alaina Anderson	50' 8	Devils Lake
35.	9	Natalie Nygord	47' 9 PR	Davies
36.	12	Cayden Anderson	44' 4	West Fargo Sheyenne
37.	10	Caroline Belleque	42' 8	Devils Lake
38.	10	Skye Boyer	41' 5	Grand Forks Central
39.	11	Dree Zeiszler	41' 2	West Fargo
40.	12	Abigail Evensen	40' 2	Fargo South
41.	9	Audrey Lindquist	35' 3	Grand Forks Central
	10	Talayna Alberts	DNS	Devils Lake
	10	Kennedy Colter	DNS	West Fargo Sheyenne
	11	Maddie Eisenlohr	DNS	Fargo South
	12	Olivia Schindler	DNS	Red River
	12	Brooklynn Koenig	DNS	Davies
	11	Caitlin Mackenzie	ND	Red River
	11	Gillian Barker	ND	Red River

High Jump Varsity - Finals

1.	10	Lauryn Rydell	4' 11	Red River
2.	11	Linnea Axtman	4' 11	Davies
3.	10	Maci Wheeldon	4' 9	Davies
3.	7	Josie Fish	4' 9 PR	Red River
3.	9	Sannie Yeanay	4' 9	West Fargo Sheyenne
6.	12	Ramsey Brown	4' 9	Devils Lake
7.	9	Emily Arnold	4' 7	Grand Forks Central
7.	11	Ellie Moser	4' 7	Davies
9.	9	Micah Sander	4' 7 PR	West Fargo Sheyenne
10.	12	Amy Kringlie	4' 7	Davies
11.	9	Katelyn McLaurin	4' 7	Devils Lake
12.	8	Sophie Brakke	4' 5 PR	Red River
13.	9	Elizabeth Conlin	4' 5	Davies
13.	12	Bria Fiebiger	4' 5	Davies
15.	7	Callen Fosher	4' 5	West Fargo Sheyenne
16.	9	Hanna Hoff	4' 3	Davies
17.	10	Kaitlyn Czernek	4' 3	Davies
18.	9	Sydney Schweyen	4' 1	West Fargo Sheyenne
18.	10	Bria Hoppe	4' 1	West Fargo
18.	9	Erika Miller	4' 1	Davies
21.	11	Zoey Schlader	4' 1	West Fargo
22.	9	Ava Graf	4' 1	Davies
23.	9	Carley Hoff	3' 11	Davies
	12	Roxy Fish	DNS	Red River
	10	Mallory Docktor	DNS	West Fargo
	10	Camille Deringer	DNS	Davies
	9	Emma Haskamp	NH	Grand Forks Central
	9	Lilly Schaffer	NH	Davies
	12	Jessie Haman	NH	Davies

Pole Vault Varsity - Finals

1.	12	Taylor Lee	9' 9	West Fargo
2.	11	Katelyn Barth	9' 3	Davies
3.	9	Onya Kretchman	9' 3	Davies

4.	9	Halle Braaflat	8' 9	Davies
5.	9	Emery Aasen	8' 9	West Fargo
6.	10	Taylor Tang	8' 3 PR	West Fargo
7.	12	Allison Sterling	7' 9	West Fargo Sheyenne
8.	12	Jessie Haman	7' 9	Davies
9.	9	Madison Lugert	7' 3	West Fargo Sheyenne
10.	10	Ashley Nguyen	6' 3	West Fargo
10.	10	Elise Schneider	6' 3	Davies
10.	12	Lauren Helgeson	6' 3	Davies
13.	9	Emma Nelson	6' 3	West Fargo Sheyenne
13.	10	Nora Daub	6' 3	Davies
15.	11	Danielle McCoy	5' 3 PR	West Fargo Sheyenne
	9	Elizabeth Conlin	DNS	Davies
	10	Jade Anderson	DNS	West Fargo Sheyenne
	11	Averi Benson	NH	West Fargo Sheyenne
	10	Mikahla Ramsey	NH	West Fargo Sheyenne
	10	Saree Wadeson	NH	West Fargo Sheyenne

Long Jump Varsity - Finals

1.	12	Ellen Donat	18' 3.5	Davies
2.	10	Cece Deebom	17' 10	Davies
3.	11	Nina Hage	17' 0	Davies
4.	9	Onya Kretchman	16' 3.5	Davies
5.	10	Anna Wicklow	16' 0.5	Davies
6.	12	Taylor Lee	16' 0	West Fargo
7.	12	Ella Fosse	15' 8.5	Red River
8.	12	Ava Olson	15' 4.5	Davies
9.	11	Katelyn Barth	15' 4.5	Davies
10.	12	Lauren Hillman	15' 2	Grand Forks Central
11.	12	Brooke Thorsness	15' 0.5	Fargo South
12.	10	Jillian Riley	15' 0	Grand Forks Central
13.	9	Halle Braaflat	15' 0 PR	Davies
14.	11	Vanessa Narmah	14' 8.5 PR	Davies
15.	12	Bria Fiebiger	14' 7 SR	Davies
16.	10	Lauryn Rydell	14' 7	Red River
17.	9	Autumn Daniels	14' 6 PR	Davies
18.	9	Jane Donat	14' 4	Davies
19.	10	Ava Robertson	14' 3 PR	Davies
20.	10	Tryphena Duncan	14' 1.5	West Fargo Sheyenne
21.	9	Lauren Swanson	14' 0	Red River
22.	9	Erika Miller	13' 10 PR	Davies
23.	12	Taylar Baker	13' 10	Grand Forks Central
24.	10	Elise Schneider	13' 9.5 PR	Davies
25.	12	Claire Lapp	13' 8 SR	Red River
26.	11	Paige Harry	13' 7.5	West Fargo Sheyenne
27.	9	Katelyn McLaurin	13' 6.5	Devils Lake
28.	7	Josie Fish	13' 5.5	Red River
29.	9	Micah Sander	13' 4	West Fargo Sheyenne
30.	11	Emma Boe	13' 1.5	Red River
31.	9	Carley Hoff	13' 1	Davies
32.	11	Jacquelyn Dufner	12' 10	West Fargo Sheyenne
33.	9	Chaylee Hewson	12' 9	Devils Lake
34.	9	Hailey Clark	12' 4.5	Grand Forks Central
35.	9	Hanna Hoff	11' 11	Davies
36.	9	Kaydra Cavanaugh	10' 10 PR	Devils Lake
	11	Erin Mueller	DNS	West Fargo Sheyenne
	12	Roxy Fish	DNS	Red River
	12	Laiken Sturn	DNS	West Fargo
	12	Brietta Mullane	DNS	Grand Forks Central
	9	Tennasyn Henry	ND	Grand Forks Central
	10	Maka Kollie	ND	Grand Forks Central

Triple Jump Varsity - Finals

1.	12	Ellen Donat	35' 9.5		Davies
2.	10	Kiana Malecha	33' 10.5		Davies
3.	12	Lauren Hillman	33' 0.5		Grand Forks Central
4.	9	Cayla Sailer	32' 11.75		Davies
5.	12	Ella Fosse	31' 7.75		Red River
6.	12	Kiernan Darling	31' 3.5		Fargo South
7.	11	Paige Harry	31' 3		West Fargo Sheyenne
8.	10	Elyse Gulsvig	31' 1		Davies
9.	11	Ellie Moser	30' 10		Davies
10.	10	Jillian Riley	30' 4.5		Grand Forks Central
11.	12	Amy Kringlie	30' 4		Davies
12.	12	Bria Fiebiger	30' 4	PR	Davies
13.	12	Claire Lapp	30' 3		Red River
14.	8	Axumite James	30' 2.5		Fargo South
15.	11	Emma Boe	29' 2.25	SR	Red River
16.	9	Katelyn McLaurin	29' 2		Devils Lake
17.	9	Erika Miller	28' 4		Davies
18.	11	Mattie Boyd	25' 10		Davies
19.	11	Jacquelyn Dufner	25' 5.5		West Fargo Sheyenne
	12	Laiken Sturn	DNS		West Fargo
	10	Tryphena Duncan	ND		West Fargo Sheyenne

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Girls Classic Invitational HS

164 Followers Following

OFFICIAL RESULTS Friday, May 14, 2021 Field Events: **3:00 PM** Track Events: **3:00 PM**

Fargo South HS Track & Field Complex Deadline was Thu 5/13/21 @ 07:00 PM

Womens Varsity

19 / 19 Events Completed

1.	Davies	280.83
2.	West Fargo	119
3.	West Fargo Sheyenne	84.33
4.	Red River	74.33
5.	Grand Forks Central	32.5
6.	Devils Lake	20
7.	Fargo South	15

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Orvik-Radke Classic

OFFICIAL RESULTS

Friday, May 14, 2021 Duane Carlson Stadium, Minot

Mens Results

100 Meters Varsity - Finals

1.	11	Carson Hegerle	11.04a		West Fargo
2.	12	Bakarr Fullah	11.15a		Fargo South
3.	11	Wyatt Mutzenberger	11.29a		Grand Forks Central
4.	11	Gannon Brooks	11.54a		Red River
5.	12	Sam Kruger	11.56a	PR	Red River
7.	9	George Hanesgard	11.63a		Fargo South
8.	9	Ibrahim Bangura	11.63a		West Fargo
9.	10	Isaac Nyenabo	11.76a	PR	West Fargo
10.	12	Peter Andrew Panales	11.82a	PR	Minot
11.	10	Aiden Bourke	11.86a		Fargo South
12.	12	Terry Carter	11.86a		West Fargo
13.	10	Keaton Schwab	11.93a		Davies
14.	12	Tristin Winn	12.00a	PR	Davies
15.	10	Ethan Mitchell	12.03a	PR	Williston
16.	12	Alex Schill	12.03a		Grand Forks Central
17.	9	Grant Tschosik	12.05a		Davies
18.	12	Collin Allan	12.07a		Grand Forks Central
19.	12	Tyler Ulrich	12.14a		Red River
20.	9	AJ Moore	12.18a	PR	Fargo South
21.	12	Kameron Foley	12.19a		Minot
22.	11	Kaden Braaflat	12.19a		Davies
23.	9	Luke Lorenz	12.20a		Davies
24.	11	Dylan Chase	12.24a		Minot
25.	9	Talan Jundt	12.29a		Minot
26.	9	Jaden Middleton	12.33a	PR	Fargo South
27.	10	Logan Knox	12.36a	PR	Williston
28.	11	Landen Snellings	12.37a		Williston
29.	11	Abram Hall	12.70a	PR	Red River
30.	12	Tayder Jones	12.76a	PR	Williston
31.	12	Ted Tchomakhidze	12.77a		Red River
	11	Noah Urquijo	DNS		Minot
6.	7	Ian Skari	11.57a		West Fargo

200 Meters Varsity - Finals

1.	11	Carson Hegerle	22.42a	PR	West Fargo
2.	12	Jak Urlacher	22.42a	PR	Grand Forks Central
3.	12	Austin Harmsen	23.32a		Davies
4.	11	Gannon Brooks	23.42a	PR	Red River
5.	12	Sam Kruger	23.42a	PR	Red River
6.	9	Michael George	23.64a	PR	Minot
7.	11	Nicholas Nyquist	23.70a	PR	Davies
8.	12	Peyton Kessel	23.77a	PR	Fargo South
9.	11	Divine Okorn	23.86a		Minot
10.	10	Keaton Schwab	24.09a	PR	Davies
11.	10	James Gaden	24.20a		Fargo South
12.	9	Ibrahim Bangura	24.27a	PR	West Fargo
13.	12	Terry Carter	24.32a	PR	West Fargo
14.	12	Peter Andrew Panales	24.64a		Minot

15.	10	Isaac Nyenabo	24.69a	West Fargo
16.	10	Ty Kinchen	24.84a PR	Minot
17.	11	Landen Snellings	24.88a	Williston
18.	11	Nathan Stegmiller	24.90a	Davies
19.	12	Morgan Hoefs	25.02a PR	Red River
20.	9	Jaylen Martinez	25.07a PR	Minot
21.	12	Erik Bristow	25.13a	Williston
22.	9	Jaden Middleton	25.15a PR	Fargo South
23.	9	AJ Moore	25.21a PR	Fargo South
24.	10	Logan Knox	25.46a PR	Williston
25.	12	Dylan Narum	25.61a	Red River
26.	12	Tayder Jones	25.88a	Williston
27.	12	Om Panda	27.59a PR	Red River
	12	Logan Dangerfield	DNS	Williston
	12	Ryan Barth	DNS	Davies
	7	Ian Skari	DNS	West Fargo

400 Meters Varsity - Finals

1.	11	Parker Nelson	51.21a PR	West Fargo
2.	11	Wyatt Mutzenberger	51.36a	Grand Forks Central
3.	10	James Gaden	53.13a PR	Fargo South
4.	12	James Powers	53.48a PR	Williston
5.	11	Zunekia Diamond McGill	53.67a PR	Fargo South
6.	12	Logan Dangerfield	53.91a PR	Williston
7.	12	Erik Bristow	54.66a PR	Williston
8.	11	Trevor Ricks	55.15a PR	Minot
9.	11	Tanner Schiller	55.22a PR	Red River
10.	11	Emmett Sum	55.64a PR	Grand Forks Central
11.	10	Hayden Pritchard	55.76a	West Fargo
12.	12	Will Thomas	55.99a	Minot
13.	11	Wil Roberts	56.28a PR	Davies
14.	9	Ahmed Al Zenad	56.38a PR	West Fargo
15.	12	Morgan Hoefs	56.75a	Red River
16.	12	Tayder Jones	56.83a PR	Williston
17.	11	Bennett Hefta	56.90a PR	Davies
18.	11	Gannon Cowper	56.91a PR	Minot
19.	11	Micah Pitts	56.97a PR	Minot
20.	10	Brayden McLean	57.03a PR	Minot
21.	10	Charley Larson	57.91a PR	Fargo South
22.	12	Dylan Narum	58.30a	Red River
23.	12	Tristin Winn	58.78a PR	Davies
24.	10	Finn Jackson	59.14a	Grand Forks Central
25.	12	Ryder Schmidt	59.24a	Davies
26.	10	Omar Aly Ahmed	59.36a PR	Fargo South
27.	9	Treyton Hoffert	59.43a	Fargo South
28.	12	Om Panda	1:00.04a SR	Red River

800 Meters Varsity - Finals

1.	12	Jack Robertson	2:00.10a	Davies
2.	12	Aidan Jarvis	2:00.87a	Minot
3.	10	Fynn Krenz	2:01.37a	Williston
4.	11	Lane Dullum	2:01.48a PR	West Fargo
5.	10	Drew Rempher	2:01.74a PR	Davies
6.	10	Tristan Quibell	2:02.56a PR	Fargo South
7.	12	Gunnar Alvarado	2:03.24a	Williston
8.	12	Broden Diederich	2:03.39a PR	Red River
9.	9	Jaray Touray	2:05.47a PR	Davies
10.	11	Charles Hardcastle	2:06.11a PR	Williston
11.	10	Carson Wistisen	2:06.30a PR	Minot
12.	10	Eli Svenby	2:07.53a PR	West Fargo

13.	10	Ivan Askim	2:08.09a	PR	Williston
14.	10	Kolden Kringen	2:08.43a	PR	Williston
15.	11	Oscar Hultz	2:09.35a		Minot
16.	12	Ryan Prusak	2:09.75a		Red River
17.	11	Ben Lepp	2:10.46a	PR	Minot
18.	12	Shad Huber	2:11.52a	PR	Minot
19.	10	Noah Yahnke	2:13.31a	PR	West Fargo
20.	10	Omar Aly Ahmed	2:13.79a		Fargo South
21.	12	Abdirahman Ali	2:14.14a	PR	Red River
22.	12	Karter Witte	2:19.11a		Davies
23.	10	Charley Larson	2:20.69a		Fargo South

1600 Meters Varsity - Finals

1.	10	Ethan Moe	4:18.67a	PR	Williston
2.	11	Dameon Zenawick	4:24.38a	PR	Red River
3.	10	Fynn Krenz	4:26.07a	PR	Williston
4.	12	Mustafe Abdi	4:32.03a	PR	Red River
5.	11	Oscar Hultz	4:32.42a	PR	Minot
6.	10	Ivan Askim	4:33.50a	PR	Williston
7.	9	Adam Brachman	4:34.49a	PR	Davies
8.	12	Aidan Jarvis	4:37.09a		Minot
9.	12	Camden Jasmin	4:37.96a	PR	Williston
10.	12	Gunnar Alvarado	4:45.62a		Williston
11.	11	Grant Schaeffer	4:48.12a		Minot
12.	12	Jacob Hight	4:54.76a	PR	Minot
13.	10	Noah Yahnke	4:55.68a	PR	West Fargo
14.	12	Eli Heyer	4:56.08a	PR	Davies
15.	12	Sam Lucht	4:57.21a	PR	Davies
16.	10	Levi Rossman	5:02.63a		West Fargo
17.	11	Everett Aberle	5:05.68a		Minot
	10	Charley Larson	DNS		Fargo South

3200 Meters Varsity - Finals

1.	11	Hunter McHenry	9:43.53a		Red River
2.	10	Jonah Dafoe	10:02.39a	PR	Red River
3.	11	Regan Bosch	10:03.81a	PR	Davies
4.	10	Matt Rongitsch	10:04.74a	PR	Red River
5.	11	Justin Smith	10:07.68a	PR	West Fargo
6.	9	Jake Coulter	10:23.00a	PR	Davies
7.	10	Lucas Menke	10:56.61a		Davies
8.	11	Lincoln Retzlaff	11:02.39a	PR	West Fargo
9.	9	Curtis Sande	11:14.98a	PR	Grand Forks Central
10.	12	Collin Roth	11:17.39a	PR	Minot
11.	12	Luke Peterson	11:25.25a	PR	Minot
12.	12	Cael Lorenz	11:32.68a	SR	Grand Forks Central
13.	11	Thomas Drago	11:36.28a	PR	Minot

110m Hurdles - 39" Varsity - Finals

1.	12	Courage David	15.81a	PR	West Fargo
2.	12	Trehvon Montgomery	16.02a		Fargo South
3.	10	Lukas Heydt	16.54a		Red River
4.	11	Denver Piechowski	16.57a	PR	Davies
5.	11	Joe Williamson	16.83a		Grand Forks Central
6.	10	Carter Byron	16.83a		Red River
7.	9	Reis Kessel	16.94a		Fargo South
8.	9	Anthony Brown	17.19a	PR	Minot
9.	12	Benn Bonebrake	17.81a		Minot
10.	11	Steven Edwards	17.82a		West Fargo
11.	10	Will Lacher	18.20a		Fargo South
12.	12	Collin Allan	18.37a		Grand Forks Central

13.	11	Nicholas Gentile	18.47a	Grand Forks Central
14.	9	Cedric Taylor	18.58a	West Fargo
15.	12	Joel Tande	18.78a	Grand Forks Central
16.	11	Isaac Schall	19.07a	Red River
	10	Keaton Reinke	NT	Minot
	10	Cambden Backman	NT	Minot
	12	Jose Franssen	NT	West Fargo
	12	Terry Carter	NT	West Fargo

300m Hurdles - 36" Varsity - Finals

1.	10	Lukas Heydt	41.98a	PR	Red River
2.	12	Adam Arnold	42.00a	SR	Grand Forks Central
3.	11	Cutter Jones	42.99a		Williston
4.	11	Steven Edwards	43.86a	PR	West Fargo
5.	12	Jose Franssen	44.03a	SR	West Fargo
6.	10	Will Lacher	44.11a	PR	Fargo South
7.	10	Tristan Quibell	44.45a	PR	Fargo South
8.	11	Denver Piechowski	45.08a		Davies
9.	9	Angel Lopez	45.39a		Grand Forks Central
10.	11	Isaac Schall	46.54a		Red River
11.	12	Ryder Schmidt	46.66a	PR	Davies
12.	12	Joel Tande	47.51a		Grand Forks Central
13.	10	Cambden Backman	48.43a	PR	Minot
14.	11	Nicholas Gentile	49.42a		Grand Forks Central
	10	Keaton Reinke	DNS		Minot
	10	Carter Byron	DNS		Red River

4x100 Relay Varsity - Finals

1.	Denver Piechowski Austin Harmsen Ryan Barth Nicholas Nyquist	44.57a	Davies
2.	George Hanesgard Trehvon Montgomery Jaden Middleton Bakarr Fullah	45.04a	Fargo South
3.	Collin Allan Jak Urlacher Alex Schill Adam Arnold	45.26a	Grand Forks Central
4.	Kameron Foley Brek Thompson Noah Urquijo Peter Andrew Panales	45.70a	Minot
5.	Isaac Nyenabo Ian Skari Ibrahim Bangura Carson Hegerle	46.74a	West Fargo
6.	Tyler Ulrich Carter Byron Lukas Heydt Ted Tchomakhidze	48.25a	Red River

4x200 Relay Varsity - Finals

1.	Aiden Bourke Trehvon Montgomery George Hanesgard Bakarr Fullah	1:32.01a	Fargo South

2.	Nathan Stegmiller Austin Harmsen Ryan Barth Nicholas Nyquist	1:33.79a	Davies
3.	Isaac Nyenabo Carson Hegerle Courage David Ian Skari	1:35.32a	West Fargo
4.	Will Thomas Divine Okorn Michael George Brek Thompson	1:36.24a	Minot
5.	Tyler Ulrich Morgan Hoefs Dylan Narum Ted Tchomakhidze	1:39.55a	Red River

4x400 Relay Varsity - Finals

1.	Ethan Mitchell Cutter Jones James Powers Ethan Moe	3:31.90a	Williston
2.	Gannon Brooks Carter Stinson Dameon Zenawick Mustafe Abdi	3:32.86a	Red River
3.	Courage David Parker Nelson Hayden Pritchard Jose Franssen	3:36.47a	West Fargo
4.	Adam Arnold Wyatt Mutzenberger Alex Schill Emmett Sum	3:37.03a	Grand Forks Central
5.	Jack Robertson Drew Rempher Wil Roberts Grant Tschosik	3:39.11a	Davies
6.	Zunekia Diamond McGill Jaden Middleton Peyton Kessel Will Lacher	3:41.43a	Fargo South
7.	Trevor Ricks Will Thomas Aidan Jarvis Ben Lepp	3:41.66a	Minot

4x800 Relay Varsity - Finals

1.	Justin Smith Parker Nelson Eli Svenby Lane Dullum	8:22.24a	West Fargo
2.	Bennett Hefta Jaray Touray Karter Witte Regan Bosch	8:38.45a	Davies
3.	Ryan Prusak Tanner Schiller Abdirahman Ali Broden Diederich	8:39.25a	Red River

4.	Curtis Sande Emmett Sum Cael Lorenz Finn Jackson	9:09.81a		Grand Forks Central

Shot Put - 12lb Varsity - Finals

1.	12 Kc Ortiz	50-00.00		West Fargo
2.	12 Sam Sather	48-04.00		Red River
3.	12 Brandon Harden	47-01.00	PR	Williston
4.	12 Andrew Paustian	46-09.00		Davies
5.	12 Kole Mack	45-08.00		Williston
6.	11 Kaleb Vliem	45-06.00		Davies
7.	12 Coy Armstrong	44-01.00	SR	Minot
8.	12 Grant Dahly	42-08.00		Minot
9.	10 Bridger Pettys	41-00.00	PR	Minot
10.	10 Owen Zarr	40-08.00		Minot
11.	10 Tyler Christianson	40-05.00	PR	Fargo South
12.	12 Tyler Larson	39-09.00		Red River
13.	12 Glen Erickson	39-03.00	PR	Grand Forks Central
14.	12 Marshal Buelow	39-02.00		Red River
15.	12 Kaiden Vliem	38-11.00		Davies
16.	11 Christian Skiple	38-10.00		Fargo South
17.	9 Brady Larson	38-07.00	PR	Minot
18.	11 Fabien Muhire	37-09.00		West Fargo
19.	12 Joren Palmer	37-02.00		Davies
20.	12 Joey Olson	36-05.00		Grand Forks Central
21.	12 Logan Haskamp	35-08.00		Grand Forks Central
22.	11 Kevin Nguyen	35-07.00		West Fargo
23.	11 Sam Ruona	35-02.00		West Fargo
24.	10 Eli Hayes	34-11.00		Davies
25.	12 Alejandro Lopez	34-09.00		Grand Forks Central
26.	12 Quentin Glueckert	34-05.00		Williston
27.	11 Carsen Petersen	34-03.00		Williston
28.	11 Logan Herring	34-01.00		West Fargo
29.	10 Zac Kuznia	33-09.00		Grand Forks Central
30.	9 Mato Greywind	33-04.00		Fargo South
31.	12 Tommy Do	31-07.00		Fargo South
	12 Benjamin Dahl	ND		Fargo South
	10 Cooper Schweigert	ND		Red River

Discus - 1.6kg Varsity - Finals

1.	10 Logan Arason	147-03	PR	Red River
2.	12 Andrew Paustian	146-00		Davies
3.	11 Kaleb Vliem	132-00		Davies
4.	10 Owen Zarr	128-01	PR	Minot
5.	12 Trent Deaton	123-04		Minot
6.	12 Joren Palmer	120-02		Davies
7.	12 Tyler Larson	119-07		Red River
8.	10 Eli Hayes	119-04		Davies
9.	12 Carson Bollinger	118-09		Davies
10.	9 Teagan Nichols	114-05	PR	Minot
11.	12 Glen Erickson	114-01		Grand Forks Central
12.	10 Tatum MacDonald	108-03		Minot
13.	11 Christian Skiple	108-00		Fargo South
14.	11 Sam Ruona	106-00	PR	West Fargo
15.	12 Alejandro Lopez	105-00		Grand Forks Central
16.	12 Sam Sather	103-05		Red River
16.	11 Nathaniel Schuster	103-05	PR	West Fargo
18.	11 Samuel VonBank-Hoye	102-02		West Fargo
19.	10 Zac Kuznia	101-07	PR	Grand Forks Central

20.	11	Logan Herring	100-10	West Fargo
21.	9	Mato Greywind	99-01	Fargo South
22.	12	Logan Haskamp	98-09	Grand Forks Central
23.	10	Patrick Rach	97-00	Fargo South
24.	10	Tyler Christianson	94-05 PR	Fargo South
25.	12	Benjamin Dahl	87-10	Fargo South
26.	10	Cooper Schweigert	86-01	Red River
27.	12	Joey Olson	85-04	Grand Forks Central
28.	12	Marshal Buelow	76-04	Red River
	12	Grant Dahly	ND	Minot
	12	Kc Ortiz	ND	West Fargo

Javelin - 800g Varsity - Finals

1.	10	Logan Arason	169-01	Red River
2.	10	Eli Hayes	160-05 PR	Davies
3.	9	Ty Wiedrich	147-10	Williston
4.	12	Coy Armstrong	141-11	Minot
5.	12	Carson Bollinger	141-10	Davies
6.	10	Owen Zarr	136-07	Minot
7.	12	Evan Miller	134-04	Davies
8.	12	Glen Erickson	132-00 PR	Grand Forks Central
9.	10	Bridger Pettys	121-01	Minot
10.	12	Andrew Paustian	119-11	Davies
11.	11	Romeo Alvarez	119-09	Williston
12.	10	Cooper Schweigert	117-11	Red River
13.	12	Joren Palmer	113-04	Davies
14.	12	Kc Ortiz	109-00	West Fargo
15.	11	Logan Herring	105-02 PR	West Fargo
16.	11	Fabien Muhire	104-05	West Fargo
17.	10	Andrew Winczewski	100-03	Minot
18.	11	Sam Ruona	96-03	West Fargo
19.	12	Benjamin Dahl	93-08	Fargo South
	10	Zachary Thomasson	ND	Fargo South

High Jump Varsity - Finals

1.	12	Carter Stinson	5-10.00 PR	Red River
2.	11	Jean Irumva	5-10.00	West Fargo
3.	10	Carter Byron	5-08.00	Red River
4.	11	Zunekia Diamond McGill	5-06.00	Fargo South
5.	10	Aiden Zugg	5-06.00	Williston
6.	11	Jacob Wilt	5-04.00	Williston
6.	11	Kaden Braaflat	5-04.00	Davies
6.	12	Wythe Rynestad	5-04.00	Grand Forks Central
6.	9	Angel Lopez	5-04.00	Grand Forks Central
	9	Cedric Taylor	NH	West Fargo
	11	Brice Domsteen	NH	Minot

Pole Vault Varsity - Finals

1.	12	Jak Urlacher	15-03.00 PR	Grand Forks Central
2.	10	Keaton Reinke	13-00.00 PR	Minot
3.	12	Ryan Barth	12-06.00	Davies
4.	12	Andrew Martodam	11-06.00	Davies
5.	12	Jakob Stevenson	11-00.00	Grand Forks Central
6.	12	Will Thomas	11-00.00 PR	Minot
7.	11	Taiton Axtman	10-06.00 PR	Davies
8.	10	Zachary Thomasson	10-00.00 PR	Fargo South
9.	9	George Hanesgard	9-06.00 PR	Fargo South
9.	9	Ty Wiedrich	9-06.00 PR	Williston
11.	11	Cody Kranz	9-00.00	Minot

	12 Michael Post	NH		Grand Forks Central
	9 Thomas Schreiner	NH		Davies
	11 Austin Biwer	NH		West Fargo

Long Jump Varsity - Finals

1.	12 Austin Harmsen	19-08.50		Davies
2.	11 Brek Thompson	19-07.00		Minot
3.	12 Tristen Zietz	19-06.00	SR	Minot
4.	12 Carter Stinson	19-04.00		Red River
5.	9 Thomas Schreiner	19-03.00		Davies
6.	11 Joe Williamson	19-00.00		Grand Forks Central
7.	9 Talan Jundt	18-05.00	PR	Minot
8.	11 Noah Urquijo	18-04.00		Minot
9.	11 Abram Hall	18-03.50	PR	Red River
10.	12 Axel Navarro	17-11.00		West Fargo
11.	9 Treyton Hoffert	17-09.50		Fargo South
11.	9 Grant Tschosik	17-09.50		Davies
13.	9 Angel Lopez	17-05.75		Grand Forks Central
14.	12 Sam Kruger	17-04.00		Red River
15.	9 Luke Lorenz	17-02.00		Davies
16.	9 AJ Moore	16-10.50	PR	Fargo South
17.	12 Emmanuel Bargblor	15-10.00		Grand Forks Central
	11 Divine Okorn	ND		Minot
	11 Jean Irumva	ND		West Fargo

Triple Jump Varsity - Finals

1.	11 Divine Okorn	40-06.00		Minot
2.	11 Joe Williamson	38-08.00		Grand Forks Central
3.	10 Lukas Heydt	38-07.25		Red River
4.	12 Tristen Zietz	38-06.00		Minot
5.	12 Sam Kruger	38-05.00		Red River
6.	11 Brek Thompson	38-02.50		Minot
7.	12 Wythe Rynestad	37-00.00		Grand Forks Central
8.	9 Erick Paye	36-09.50		Grand Forks Central
9.	11 Abram Hall	36-02.00		Red River
10.	9 Jaylen Martinez	36-00.50		Minot
11.	9 Reis Kessel	35-10.00		Fargo South
12.	12 Peyton Kessel	35-08.25		Fargo South
13.	11 Jacob Wilt	35-02.25		Williston
14.	10 Aiden Zugg	35-02.00		Williston
15.	9 Treyton Hoffert	34-10.75		Fargo South
16.	12 Axel Navarro	34-10.00		West Fargo
17.	12 Emmanuel Bargblor	31-03.00		Grand Forks Central
	9 Anthony Brown	ND		Minot

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Orvik-Radke Classic

OFFICIAL RESULTS

Friday, May 14, 2021 Duane Carlson Stadium, Minot

Team Scores

Varsity - Mens

1.	Red River	156
2.	Davies	139.5
3.	West Fargo	107
4.	Minot	96
5.	Grand Forks Central	82
6.	Williston	74.5
7.	Fargo South	66

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EDC Boys JV Outdoor Championships

OFFICIAL RESULTS

Saturday, May 15, 2021 Cushman Field, Grand Forks

Mens Results

100 Meters Junior Varsity - Finals

1.	9	Isaac Schumacher	11.93a	PR	Davies
2.	9	Abel Gartei	12.00a		West Fargo Sheyenne
3.	9	Barry Kpeenu	12.09a		West Fargo Sheyenne
4.	9	Trevor Anderson	12.11a		West Fargo Sheyenne
5.	9	AJ Moore	12.13a	PR	Fargo South
6.	12	Mehki Dennis	12.27a	PR	West Fargo Sheyenne
7.	8	Prince Tarlue	12.35a	PR	Davies
8.	10	Tristan Raymond	12.52a		Grand Forks Central
9.	8	Owen Thielges	12.53a	PR	Davies
9.	10	Cade Lindseth	12.53a		Grand Forks Central
11.	8	Pearce Parks	12.54a		Red River
12.	11	Tate Bauer	12.58a		West Fargo Sheyenne
13.	10	Weah Cummings	12.61a		West Fargo Sheyenne
14.	9	Jaden Middleton	12.62a		Fargo South
15.	10	Jumer Jallah	12.67a	PR	West Fargo Sheyenne
16.	10	Navy Oss	12.72a	PR	Grand Forks Central
17.	9	Tyler Lindblad	12.79a	PR	Red River
18.	10	Bet Tellman	12.88a		Red River
19.	10	Emanuel Spiyee	12.89a	PR	Fargo South
20.	9	Kolby Thompson	12.91a		West Fargo Sheyenne
21.	9	Aiden Herz	12.92a		Fargo South
22.	9	Alexander Jelinek	13.06a		West Fargo
23.	10	Moise Kaba	13.07a	PR	West Fargo Sheyenne
24.	11	Xavier Tovias	13.09a		Davies
25.	10	Andrew Peterson	13.15a		Red River
26.	10	Haden Richards	13.27a	PR	Grand Forks Central
27.	9	Levi Biewer	13.35a		Davies
28.	11	Will Cummings	13.45a		West Fargo Sheyenne
29.	10	Bodin Fossum	13.70a		Red River
30.	12	Curtis Masa	13.74a		Red River
31.	9	Aaron Truong	13.89a		Fargo South
32.	8	Carter Flom	13.98a	PR	Red River
33.	10	John Ngafua	14.00a	PR	West Fargo
34.	10	Bradyn Hendrickson	14.09a		Grand Forks Central
35.	9	Malachi Quimby	14.20a	PR	Grand Forks Central
36.	9	Amro Heshmat	14.22a		Davies
37.	9	Jesse Olson	14.32a		Fargo South
38.	9	Jaxson Anderson	14.51a		West Fargo
39.	10	Jacob Votava	14.92a		Red River
40.	10	Adam Oakland	14.96a		Red River
41.	9	Ahmed Falir	15.21a		West Fargo
	10	Layne Jumonville	DNS		Grand Forks Central
	9	Caleb Enger	DNS		Fargo South
	9	Amirmahdi Tokhmechi	DNS		Grand Forks Central
	9	Brandon Morton	DNS		West Fargo Sheyenne
	11	Mustafa Abboud	DNS		Davies

200 Meters Junior Varsity - Finals

1.	8	Josh Beil	24.08a	PR	Davies
2.	12	Mehki Dennis	24.69a	PR	West Fargo Sheyenne
3.	8	Owen Thielges	25.23a	PR	Davies
4.	9	Abel Gartei	25.24a	PR	West Fargo Sheyenne
5.	9	AJ Moore	25.28a		Fargo South
6.	10	Caleb Murphy	25.30a	PR	West Fargo
7.	11	Tate Bauer	25.33a		West Fargo Sheyenne
8.	12	Cade Schneeberger	25.40a	PR	West Fargo Sheyenne
9.	9	Trevor Anderson	25.45a	PR	West Fargo Sheyenne
10.	11	Lane Stevens	25.60a	PR	Grand Forks Central
11.	8	Prince Tarlue	25.65a	PR	Davies
12.	9	Olamide Alabi	25.78a		Davies
13.	8	Golden Deebom	25.82a	PR	Davies
14.	9	Barry Kpeenu	26.06a		West Fargo Sheyenne
15.	10	Weah Cummings	26.08a		West Fargo Sheyenne
16.	10	Moise Kaba	26.15a	PR	West Fargo Sheyenne
17.	9	Isaac Schumacher	26.23a		Davies
17.	9	Quentyn Edwards	26.23a	PR	Grand Forks Central
19.	9	Levi Biewer	26.47a	PR	Davies
20.	9	Kolby Thompson	26.63a	PR	West Fargo Sheyenne
21.	9	Tyler Lindblad	27.13a		Red River
21.	10	Bet Tellman	27.13a		Red River
23.	9	Thompson Fischer	27.18a		Davies
24.	11	Xavier Tovias	27.43a		Davies
25.	10	Haden Richards	27.45a	PR	Grand Forks Central
26.	11	Will Cummings	27.73a		West Fargo Sheyenne
27.	9	Amro Heshmat	28.39a	PR	Davies
28.	10	Jumer Jallah	28.49a		West Fargo Sheyenne
29.	10	Bradyn Hendrickson	28.57a	PR	Grand Forks Central
30.	10	Bodin Fossum	28.77a		Red River
31.	9	Malachi Quimby	28.82a	PR	Grand Forks Central
32.	9	Kaleb Donat	28.90a	PR	West Fargo Sheyenne
33.	10	John Ngafua	29.15a	PR	West Fargo
34.	9	Jaxson Anderson	29.55a	PR	West Fargo
35.	9	Aaron Truong	29.92a	PR	Fargo South
36.	10	Jacob Votava	30.53a	PR	Red River
37.	9	Ahmed Falir	30.86a		West Fargo
38.	10	Adam Oakland	30.93a	PR	Red River
	10	Tyler Christianson	DNS		Fargo South
	10	Zachary Thomasson	DNS		Fargo South
	9	Ryaan Alshami	DNS		Grand Forks Central
	10	Layne Jumonville	DNS		Grand Forks Central
	10	Emanuel Spiyee	DNS		Fargo South
	9	Josh Neil	DNS		Red River
	9	Amirmahdi Tokhmechi	DNS		Grand Forks Central
	9	Jesse Olson	DNS		Fargo South
	9	Brandon Morton	DNS		West Fargo Sheyenne
	11	Mustafa Abboud	DNS		Davies

400 Meters Junior Varsity - Finals

1.	11	Bennett Hefta	55.52a	PR	Davies
2.	12	Ryder Schmidt	57.63a	PR	Davies
3.	9	Ryan Benson	59.15a	PR	West Fargo Sheyenne
4.	9	Tucker Deibert	59.46a	PR	West Fargo Sheyenne
5.	9	Josh Neil	1:02.67a	PR	Red River
6.	9	Kaleb Donat	1:03.63a	PR	West Fargo Sheyenne
7.	9	Malachi Quimby	1:05.93a	PR	Grand Forks Central
8.	9	Ahmed Falir	1:07.59a	PR	West Fargo
	10	AJ Kaufman	DNS		West Fargo Sheyenne

	10 Zachary Thomasson	DNS		Fargo South
	9 Jaxson Anderson	DNS		West Fargo
	9 Grant Hoffarth	DNS		Red River

800 Meters Junior Varsity - Finals

1.	10 Grant Lelm	2:06.93a	PR	Red River
2.	9 Adam Brachman	2:10.04a	PR	Davies
3.	9 Carter Rydland	2:11.44a	PR	Red River
4.	10 Omar Aly Ahmed	2:13.80a		Fargo South
5.	9 Micah Larsen-Schmidt	2:15.69a		Red River
6.	11 Wayne Costilla	2:16.35a	PR	Grand Forks Central
7.	9 Mikko Angelo Villas	2:16.91a	PR	Red River
8.	12 Jaxson Mcquillan	2:18.24a	PR	West Fargo Sheyenne
9.	10 Jake Jenkins	2:19.98a	PR	Red River
10.	9 Nate Anderson	2:22.62a	PR	Davies
11.	10 Sam Lies	2:23.76a		Davies
12.	11 Charles Eaton	2:26.06a		Davies
13.	9 Jaden Schwan	2:29.85a	PR	Grand Forks Central
14.	10 Grant Ivesdal	2:31.30a	PR	Davies
15.	9 Patrick Shen	2:32.17a	PR	Davies
16.	10 Dustyn Olsen	2:32.27a		West Fargo Sheyenne
17.	10 AJ Kaufman	2:33.15a		West Fargo Sheyenne
18.	10 Bennett Lucht	2:35.82a	PR	West Fargo Sheyenne
19.	11 Gunnar Moody	2:36.28a		Fargo South
20.	11 Garrett Haugred	2:38.21a		Davies
21.	9 Colin Gannon	2:39.11a		Davies
22.	9 Samuel Li	2:41.19a		Davies
23.	10 Andrew Watson	2:46.39a		Davies
24.	9 Charlie Giesmann	2:46.60a		Davies
25.	10 Matthew Propeck	2:49.46a		Davies
26.	9 Jonah Heyer	2:49.74a		Davies
	9 Nick Borowski	DNS		Davies
	9 Austin Staffne	DNS		West Fargo Sheyenne
	10 Charley Larson	DNS		Fargo South
	10 Jimmy Zumwalt	DNS		Red River
	9 Bradley Salberg	DNS		Grand Forks Central

1600 Meters Junior Varsity - Finals

1.	9 Jaray Touray	4:42.90a	PR	Davies
2.	9 Jake Coulter	4:48.56a	PR	Davies
3.	9 Micah Larsen-Schmidt	4:48.66a	PR	Red River
4.	10 Matt Evans	4:49.57a	PR	Red River
5.	8 Elijah Dafoe	4:51.28a	PR	Red River
6.	10 Jake Jenkins	4:54.01a	PR	Red River
7.	10 Lucas Menke	4:54.76a	PR	Davies
8.	10 Omar Aly Ahmed	4:54.86a	PR	Fargo South
9.	9 Carter Rydland	4:55.02a	PR	Red River
10.	9 Nate Anderson	4:57.08a	PR	Davies
11.	10 Charley Larson	5:03.99a	PR	Fargo South
12.	9 David Radke	5:12.90a	PR	Red River
13.	10 Sam Lies	5:15.01a	PR	Davies
14.	8 Joe Quinn	5:15.31a	PR	Red River
15.	11 Charles Eaton	5:27.07a	PR	Davies
16.	9 Colin Gannon	5:27.66a	PR	Davies
17.	10 Dustyn Olsen	5:32.39a	PR	West Fargo Sheyenne
18.	11 Gunnar Moody	5:43.74a	PR	Fargo South
19.	9 Patrick Shen	5:49.61a		Davies
20.	11 Garrett Haugred	5:55.64a	PR	Davies
21.	9 Charlie Giesmann	5:56.71a		Davies

22.	9	Samuel Li	6:00.74a	Davies
23.	9	Tyler Hanson	6:05.34a PR	West Fargo Sheyenne
24.	10	Andrew Watson	6:05.42a PR	Davies
25.	10	Matthew Propeck	6:05.78a PR	Davies
	10	Jimmy Zumwalt	DNS	Red River
	9	Austin Staffne	DNS	West Fargo Sheyenne
	9	Ryan Benson	DNS	West Fargo Sheyenne
	9	Nick Borowski	DNS	Davies
	11	Oliver Dietz	DNS	West Fargo Sheyenne

3200 Meters Junior Varsity - Finals

1.	10	Matt Evans	10:56.24a	Red River
2.	8	Joe Quinn	11:28.19a	Red River
3.	9	David Radke	11:31.56a	Red River
4.	8	Elijah Dafoe	11:51.41a	Red River
5.	9	Brody Black	12:21.23a	West Fargo Sheyenne

110m Hurdles - 39" Junior Varsity - Finals

1.	8	Josh Beil	17.73a PR	Davies
2.	9	Ben Strand	18.90a PR	Red River
3.	9	Anthony Alonzo	20.09a	West Fargo
4.	9	Thompson Fischer	20.13a	Davies
5.	9	Olamide Alabi	20.87a	Davies

300m Hurdles - 36" Junior Varsity - Finals

1.	8	Josh Beil	41.79a PR	Davies
2.	9	Grant Hoffarth	45.59a	Red River
3.	9	Olamide Alabi	46.37a PR	Davies
4.	9	Thompson Fischer	49.03a	Davies
5.	9	Mikko Angelo Villas	49.61a PR	Red River
6.	9	Josh Neil	51.09a PR	Red River

4x100 Relay Junior Varsity - Finals

1.	Abel Gartei Trevor Anderson Weah Cummings Barry Kpeenu	46.48a	West Fargo Sheyenne
2.	Kolby Jones AJ Moore Jaden Middleton Aiden Herz	48.65a	Fargo South
3.	Tyler Lindblad Pearce Parks Carson Blegen Hudson Flom	48.77a	Red River
4.	Tristan Raymond Andrew Schmidt Cade Lindseth Bradyn Hendrickson	49.46a	Grand Forks Central
5.	Anthony Alonzo Alexander Jelinek Caleb Murphy Austin Biwer	49.53a	West Fargo
6.	Bodin Fossum Andrew Peterson Ibrahim Suleiman Bet Tellman	50.10a	Red River

4x200 Relay Junior Varsity - Finals

1.	Anthony Alonzo Alexander Jelinek Caleb Murphy Austin Biwer	1:41.05a	West Fargo
2.	Navy Oss Tristan Raymond Cade Lindseth Andrew Schmidt	1:41.31a	Grand Forks Central
3.	Ben Strand Grant Hoffarth Grant Lelm Quinn Nelson	1:43.26a	Red River

4x400 Relay Junior Varsity - Finals

1.	Grant Hoffarth Grant Lelm Micah Larsen-Schmidt Ibrahim Suleiman	3:52.47a	Red River
2.	Ryaan Alshami Navy Oss Haden Richards Wayne Costilla	4:01.28a	Grand Forks Central
3.	Mikko Angelo Villas Carter Rydland Matt Evans Jake Jenkins	4:01.79a	Red River
4.	Tucker Deibert Bennett Lucht Jaxson Mcquillan Ryan Benson	4:14.10a	West Fargo Sheyenne
5.	Alexander Jelinek Austin Biwer Anthony Alonzo John Ngafua	4:15.29a	West Fargo

Shot Put - 12lb Junior Varsity - Finals

1.	12	Kaiden Vliem	41-04.00		Davies
2.	10	Tyler Christianson	40-10.00	PR	Fargo South
3.	10	Brennan Palmer	39-06.00	PR	Davies
4.	10	Bryce Cain	39-05.00	PR	West Fargo Sheyenne
5.	11	Brady Johnson	38-05.00		Davies
6.	10	Zac Kuznia	36-03.00	PR	Grand Forks Central
7.	9	Mato Greywind	34-01.00		Fargo South
8.	10	John O'Neill	34-00.00		Davies
9.	10	Adam Biffert	33-10.00	PR	Fargo South
10.	11	Jacob Koplin	32-10.00		Grand Forks Central
11.	8	James Walters	32-06.00		Red River
12.	9	Matthew Rothenberger	32-01.00		Grand Forks Central
13.	9	Cooper Fosher	32-00.00	PR	West Fargo Sheyenne
14.	9	Alex Parrish	31-10.00		Red River
15.	9	Zach Bartz	31-03.00		Red River
15.	10	Patrick Rach	31-03.00	PR	Fargo South
17.	9	Jack Stuart	31-02.00		West Fargo
17.	9	Andrew Weber	31-02.00	PR	Fargo South
19.	9	Tatum Vanyo	30-08.00		Grand Forks Central
20.	11	Kyle Rothenberger	30-06.00	PR	Grand Forks Central
21.	9	Greg Dimmer	30-04.00	PR	West Fargo

22.	10	Isaac Kerzman	30-03.00		Davies
23.	10	Nicholas Armendariz-Lotito	30-02.00		Grand Forks Central
24.	8	Cameron Klefstad	29-09.00		Red River
24.	9	Ethan Thomas	29-09.00	PR	Grand Forks Central
26.	11	David Duff	29-07.00		Davies
27.	10	Edison Lunski	29-02.00	PR	Grand Forks Central
28.	10	Jack Bachman	28-10.00		Red River
29.	9	Justin Koplin	27-10.00	PR	Grand Forks Central
29.	9	Rune Stroh	27-10.00		Fargo South
31.	9	John Bjerke	27-09.00		Red River
32.	10	Nathan Piseno	27-02.00	PR	Red River
33.	9	Spencer Johnson	27-00.00		Fargo South
34.	12	Curtis Masa	26-10.00	PR	Red River
35.	9	Bennet Tollefson	24-07.00		West Fargo Sheyenne
36.	9	Aiden Lamb	23-10.00		West Fargo
37.	11	Manish Jogi	23-04.00		Red River
	11	Adam McMullin	ND		Red River
	12	Joseph Hodge	ND		West Fargo Sheyenne
	10	Joshua Nelson	ND		Fargo South
	9	Kyen Poole	ND		Grand Forks Central

Discus - 1.6kg Junior Varsity - Finals

1.	10	Isaac Kerzman	117-10	PR	Davies
2.	11	Brady Johnson	113-03		Davies
3.	10	Brennan Palmer	111-04	PR	Davies
4.	10	John O'Neill	101-09		Davies
5.	9	Tatum Vanyo	99-10		Grand Forks Central
6.	10	Patrick Rach	99-07		Fargo South
7.	11	David Duff	98-02		Davies
8.	9	Ethan Thomas	94-08	PR	Grand Forks Central
9.	11	Jacob Koplin	93-06	PR	Grand Forks Central
10.	10	Bryce Cain	90-09		West Fargo Sheyenne
11.	9	Mato Greywind	89-09		Fargo South
12.	11	Zach Schwab	88-07	PR	West Fargo Sheyenne
12.	10	Luke Berge	88-07	PR	Davies
14.	8	James Walters	87-00		Red River
15.	8	Cameron Klefstad	86-01		Red River
16.	9	Jack Stuart	85-11	PR	West Fargo
17.	11	Kyle Rothenberger	85-09		Grand Forks Central
18.	11	Nick Stading	85-04		Davies
19.	10	Hudson Kilgore	84-09		Red River
20.	9	Andrew Weber	84-04	PR	Fargo South
21.	10	Tyler Christianson	83-09		Fargo South
22.	10	Zac Kuznia	83-07		Grand Forks Central
22.	10	Adam Biffert	83-07	PR	Fargo South
24.	12	Kaiden Vliem	78-09		Davies
24.	9	Matthew Rothenberger	78-09		Grand Forks Central
26.	9	Cooper Fosher	77-11		West Fargo Sheyenne
27.	10	Edison Lunski	76-09		Grand Forks Central
28.	9	Alex Parrish	76-02		Red River
29.	9	John Bjerke	76-01		Red River
30.	10	Hunter Mccullough	71-08	PR	Davies
31.	10	Nicholas Armendariz-Lotito	69-02		Grand Forks Central
32.	10	Jack Bachman	68-09		Red River
33.	9	Aiden Lamb	67-10		West Fargo
33.	9	Bennet Tollefson	67-10		West Fargo Sheyenne
35.	9	Spencer Johnson	67-06		Fargo South
36.	9	Justin Koplin	66-08		Grand Forks Central
37.	9	Rune Stroh	66-07	PR	Fargo South
38.	9	Greg Dimmer	60-02		West Fargo

	9	Kyen Poole	ND	Grand Forks Central
	11	Taiton Axtman	ND	Davies
	10	Joshua Nelson	ND	Fargo South
	11	Adam McMullin	ND	Red River
	12	Joseph Hodge	ND	West Fargo Sheyenne
	10	Nathan Piseno	ND	Red River

Javelin - 800g Junior Varsity - Finals

1.	10	Brennan Palmer	144-05	PR	Davies
2.	10	John O'Neill	130-11	PR	Davies
3.	12	Reagan Greff	129-08	PR	Davies
4.	9	Rylan Brown	128-00	PR	Red River
5.	10	Hudson Kilgore	127-09		Red River
6.	8	James Walters	126-04		Red River
7.	11	Dylan Feldner	124-10		Davies
8.	11	Taiton Axtman	124-04	PR	Davies
9.	8	Cameron Klefstad	116-05		Red River
10.	11	Lane Stevens	116-02	PR	Grand Forks Central
11.	9	Ethan Thomas	109-00	PR	Grand Forks Central
12.	10	Andrew Peterson	108-08	PR	Red River
13.	10	Bryce Cain	108-01	PR	West Fargo Sheyenne
14.	9	Matthew Rothenberger	102-06		Grand Forks Central
15.	10	Luke Berge	99-07	PR	Davies
15.	9	Cooper Fosher	99-07		West Fargo Sheyenne
17.	9	Aiden Lamb	98-03	PR	West Fargo
18.	11	Nick Stading	95-10		Davies
19.	9	Tatum Vanyo	94-02	PR	Grand Forks Central
20.	10	Hunter Mccullough	90-01	PR	Davies
21.	9	John Bjerke	90-00	PR	Red River
22.	9	Jack Stuart	86-09		West Fargo
23.	10	Nicholas Armendariz-Lotito	85-11	PR	Grand Forks Central
24.	11	Kyle Rothenberger	85-10		Grand Forks Central
25.	10	Nathan Piseno	85-09		Red River
26.	9	Greg Dimmer	81-06	PR	West Fargo
27.	11	Tate Bauer	81-02	PR	West Fargo Sheyenne
28.	9	Spencer Johnson	76-00		Fargo South
29.	9	Zach Bartz	75-02		Red River
30.	9	Caleb Enger	74-08		Fargo South
31.	9	Justin Koplin	69-11		Grand Forks Central
32.	11	Manish Jogi	66-00		Red River
33.	12	Curtis Masa	63-03	PR	Red River
34.	9	Bennet Tollefson	51-06		West Fargo Sheyenne
	9	Mato Greywind	ND		Fargo South
	12	Joseph Hodge	ND		West Fargo Sheyenne
	10	Zachary Thomasson	ND		Fargo South
	10	Michael Belluk	ND		Red River
	10	Isaac Kerzman	ND		Davies
	11	Jacob Koplin	ND		Grand Forks Central

High Jump Junior Varsity - Finals

1.	10	Luke Berge	5-04.00		Davies
2.	9	Ben Strand	5-02.00		Red River
3.	9	Carson Blegen	5-02.00	PR	Red River
4.	9	Aiden Herz	5-02.00		Fargo South
5.	8	Prince Tarlue	5-00.00	PR	Davies
6.	8	Golden Deebom	4-10.00	PR	Davies
	8	Elijah Dafoe	NH		Red River

Pole Vault Junior Varsity - Finals

1.	10	Zachary Thomasson	10-06.00	PR	Fargo South
2.	9	Ryaan Alshami	10-06.00	PR	Grand Forks Central
3.	10	Hudson Flom	10-06.00	PR	Red River
4.	10	Grant Ivesdal	9-06.00	PR	Davies
4.	12	Cade Schneeberger	9-06.00	PR	West Fargo Sheyenne
6.	9	George Hanesgard	9-06.00		Fargo South
7.	11	Ethan Birnbaum	9-00.00		West Fargo Sheyenne
8.	11	Austin Biwer	8-06.00	PR	West Fargo
9.	9	Jacob Wood	8-06.00	PR	Red River
10.	9	Jonah Heyer	8-06.00	PR	Davies
10.	9	Nate Angus	8-06.00	PR	West Fargo Sheyenne
10.	11	Zach Schwab	8-06.00		West Fargo Sheyenne
10.	9	Rune Stroh	8-06.00		Fargo South
14.	12	Mehki Dennis	8-00.00	PR	West Fargo Sheyenne
15.	9	Tyler Hanson	7-06.00		West Fargo Sheyenne
16.	9	Amro Heshmat	7-00.00	PR	Davies
16.	10	Max McCarthy	7-00.00		Red River
18.	9	Caleb Enger	6-00.00	PR	Fargo South
18.	9	Aaron Truong	6-00.00	PR	Fargo South
18.	9	Isaac Schumacher	6-00.00		Davies
18.	8	Carter Flom	6-00.00		Red River

Long Jump Junior Varsity - Finals

1.	9	Trevor Anderson	18-01.00		West Fargo Sheyenne
2.	10	Andrew Peterson	17-08.00		Red River
2.	8	Owen Thielges	17-08.00	PR	Davies
4.	9	Jaden Middleton	17-03.50		Fargo South
5.	9	AJ Moore	17-02.00	PR	Fargo South
6.	10	Emanuel Spiyee	17-01.00	PR	Fargo South
7.	12	Jak Urlacher	17-00.00	PR	Grand Forks Central
8.	8	Golden Deebom	16-11.00	PR	Davies
9.	9	Isaac Schumacher	16-09.50		Davies
10.	10	Ibrahim Suleiman	16-06.00	PR	Red River
11.	9	Quentyn Edwards	16-01.00		Grand Forks Central
12.	10	Quinn Nelson	15-10.00		Red River
13.	11	Xavier Tovias	15-08.50		Davies
14.	9	Jesse Olson	15-01.25	PR	Fargo South
15.	9	Levi Biewer	15-00.00	PR	Davies
16.	9	Carson Blegen	14-11.00		Red River
17.	10	Jacob Votava	12-04.00	PR	Red River
	11	Mustafa Abboud	ND		Davies
	10	Hudson Flom	ND		Red River

Triple Jump Junior Varsity - Finals

1.	10	Quinn Nelson	36-02.00		Red River
2.	9	Aiden Herz	35-11.00		Fargo South
3.	9	Quentyn Edwards	35-04.00		Grand Forks Central
4.	9	Jaden Middleton	34-11.00		Fargo South
5.	10	Ibrahim Suleiman	34-06.00	PR	Red River
6.	10	Emanuel Spiyee	34-02.00		Fargo South
7.	9	Caleb Enger	31-09.00		Fargo South
8.	9	Jesse Olson	30-10.00	PR	Fargo South

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EDC Boys JV Outdoor Championships

OFFICIAL RESULTS

Saturday, May 15, 2021 Cushman Field, Grand Forks

Team Scores

Junior Varsity - Mens

1.	Davies	222.5
2.	Red River	171
3.	West Fargo Sheyenne	94.5
4.	Fargo South	84
5.	Grand Forks Central	51
6.	West Fargo	30

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Bob Zimney Last Chance

OFFICIAL RESULTS

Monday, May 17, 2021 Cushman Field, Grand Forks

Mens Results

100 Meters Varsity - Finals

1.	11	Wyatt Mutzenberger	11.31a		Grand Forks Central
2.	12	Sam Kruger	11.55a	PR	Red River
3.	11	Esgar Rios	11.60a		Grafton
4.	12	Hunter Gronneberg	11.65a		Griggs Midkota
5.	11	Gannon Brooks	11.66a		Red River
6.	10	Mason Reynolds	11.84a		Red River
7.	12	Alex Schill	11.93a		Grand Forks Central
8.	12	Adam Arnold	12.04a	PR	Grand Forks Central
9.	12	Tyler Ulrich	12.07a		Red River
10.	12	Rhun Kendall	12.14a	PR	Pembina County North
11.	10	Mason Wosick-Bimler	12.35a	PR	Red River
12.	12	Gavin Bohlman	12.39a		Thompson
13.	8	Bryce Boe	12.43a	PR	Midway/Minto
14.	12	Noah Helgoe	12.45a	PR	Pembina County North
15.	12	Ted Tchomakhidze	12.52a		Red River
16.	11	Anthony Gonzalez	12.54a	PR	Grafton
17.	12	Austin Synder	12.56a	PR	Hatton-Northwood
18.	9	Ben Strand	12.57a	PR	Red River
19.	11	Abram Hall	12.58a	PR	Red River
20.	8	Josh Juve	12.66a	PR	Thompson
21.	9	Tyler Lindblad	12.74a	PR	Red River
22.	10	Bet Tellman	12.76a		Red River
23.	11	Jack VenHuizen	12.79a		Griggs Midkota
24.	12	Damon Reyes	12.80a		Grafton
25.	9	Carson Miller	12.85a		Thompson
26.	10	Andrew Peterson	12.96a		Red River
27.	9	Andrew Schmidt	12.97a	PR	Grand Forks Central
28.	10	Matthew Withrow	13.08a		Midway/Minto
29.	10	Haden Richards	13.12a	PR	Grand Forks Central
30.	7	Jesse Eisenbeis	13.25a	PR	Pembina County North
31.	9	Jacob Ralston	13.33a		Pembina County North
31.	11	Simon Plutowski	13.33a		Midway/Minto
33.	11	Joe Rodriguez	13.34a		Grafton
34.	12	Corey Mykkanen	13.39a	PR	Grafton
35.	12	Curtis Masa	13.50a	PR	Red River
36.	9	Kayden Kobel	13.70a	PR	Hatton-Northwood
37.	9	Luke Rowan	13.72a	PR	Thompson
38.	10	Jacob Votava	13.78a	PR	Red River
38.	9	Malachi Quimby	13.78a	PR	Grand Forks Central
40.	10	Adam Oakland	13.79a	PR	Red River
41.	10	Bradyn Hendrickson	14.05a		Grand Forks Central
42.	10	Bodin Fossum	14.10a		Red River
42.	10	Milo Irvine	14.10a		Park River/Fordville...
44.	10	Ethan Stegman	14.38a	PR	Pembina County North
45.	11	Jordan Labine	15.00a		Drayton/Valley-Edinb...

Womens Results

100 Meters Varsity - Finals

1.	10	Camryn Adams	12.98a	PR	Hatton-Northwood
2.	12	Elizabeth Schanilec	13.06a		Midway/Minto
3.	12	Taylar Baker	13.23a	SR	Grand Forks Central
4.	12	Kenady Slominski	13.33a		Midway/Minto
5.	7	Alexis Thompkins	13.49a	PR	Grafton
6.	10	Paris Hoverson	13.63a		Hatton-Northwood
6.	9	Megan Misson	13.63a		Pembina County North
8.	11	Medora Brandner	13.71a		Griggs Midkota
9.	12	Brietta Mullane	13.87a	SR	Grand Forks Central
10.	11	Claire Bjorneby	13.90a		Grafton
10.	10	Bailey Ehlers	13.90a		Griggs Midkota
12.	10	Aniya Fisher	13.96a		Pembina County North
13.	9	Danielle Thompson	13.98a		Park River/Fordville...
14.	7	Isabelle Cole	14.02a		Grafton
15.	9	Lauren Carrier	14.10a	PR	Pembina County North
16.	10	Sierra Heyd	14.19a	PR	Grand Forks Central
17.	11	Brightley Allred	14.24a		Pembina County North
18.	7	Jacey Nelson	14.29a	PR	Drayton/Valley-Edinb...
19.	10	Lauryn Rydell	14.39a	SR	Red River
20.	7	Josie Fish	14.46a	PR	Red River
21.	9	Siri Olson	14.48a	PR	Grafton
22.	12	Brianna Filson	14.54a		Grand Forks Central
23.	11	Grace Narloch	14.60a	SR	Grafton
24.	8	Jersey Gronneberg	14.70a	PR	Griggs Midkota
25.	10	Jasmine Thomas	14.81a		Grand Forks Central
26.	10	Terra Beardemphl	14.92a	PR	Grand Forks Central
27.	12	Tyanne Crotty	14.93a	PR	Pembina County North
28.	-	Emma Narloch	15.11a	PR	Grafton
29.	10	Hannah Halvorson	15.23a		Park River/Fordville...
29.	9	Hailey Clark	15.23a		Grand Forks Central
31.	11	Ketevan Chomakhidze	15.32a	PR	Red River
32.	11	Molly West	15.47a	SR	Grafton
33.	9	Jenna Fraser	15.52a		Pembina County North
34.	10	Brynna Young	15.62a	PR	Red River
35.	10	Julia Pic	15.63a		Park River/Fordville...
36.	10	Avery Mostad	15.68a		Pembina County North
37.	9	Emma Bjorneby	15.75a	PR	Grafton
38.	9	Kennedy Ostlie	15.80a		Hatton-Northwood
39.	9	Emma Hurst	15.96a		Grafton
40.	9	Trista Bilden	16.16a		Hatton-Northwood
41.	11	Peace Tabo	16.30a		Red River
42.	9	Gwyneth Burrell	16.32a		Drayton/Valley-Edinb...
	9	Chloe Bilden	DNS		Hatton-Northwood
	11	Evie Janousek	DNS		Thompson
	10	Megan Overend	DNS		Midway/Minto

46.	11	Manish Jogi	15.33a	PR	Red River
47.	9	Harley Hilde	15.43a	PR	Drayton/Valley-Edinb...
	10	Layne Jumonville	DNS		Grand Forks Central
	11	Robert Parsons III	DNS		Grafton
	10	Caleb Severson	DNS		Red River
	9	Amirmahdi Tokhmechi	DNS		Grand Forks Central

200 Meters Varsity - Finals

1.	12	Tommy Kern	22.24a	PR	Grafton
2.	12	Jak Urlacher	22.24a	PR	Grand Forks Central
3.	11	Wyatt Mutzenberger	22.34a	PR	Grand Forks Central
4.	11	Gannon Brooks	23.24a	PR	Red River
5.	12	Sam Kruger	23.44a		Red River
6.	10	Mason Reynolds	23.74a	PR	Red River
7.	11	Jaxon Gronneberg	23.84a	PR	Griggs Midkota
8.	12	Rhun Kendall	24.74a	PR	Pembina County North
9.	8	Bryce Boe	25.24a		Midway/Minto
10.	11	Lane Stevens	25.44a	PR	Grand Forks Central
10.	12	Noah Helgoe	25.44a		Pembina County North
10.	12	Ted Tchomakhidze	25.44a	PR	Red River
10.	11	Anthony Gonzalez	25.44a	PR	Grafton
14.	10	Mason Wosick-Bimler	25.54a	PR	Red River
14.	9	Quentyn Edwards	25.54a	PR	Grand Forks Central
14.	8	Josh Juve	25.54a	PR	Thompson
17.	9	Carson Miller	26.04a	PR	Thompson
17.	12	Damon Reyes	26.04a		Grafton
19.	10	Bet Tellman	26.24a	PR	Red River
20.	11	Jack VenHuizen	26.34a	PR	Griggs Midkota
21.	10	Haden Richards	26.44a	PR	Grand Forks Central
22.	11	Simon Plutowski	26.54a	PR	Midway/Minto
22.	9	Andrew Schmidt	26.54a	PR	Grand Forks Central
24.	10	Matthew Withrow	26.84a	PR	Midway/Minto
25.	9	Jacob Ralston	27.34a	PR	Pembina County North
26.	11	Joe Rodriguez	27.84a	PR	Grafton
26.	9	Luke Rowan	27.84a	PR	Thompson
28.	9	Josh Neil	28.04a	PR	Red River
29.	10	Bodin Fossum	28.34a	PR	Red River
29.	10	Bradyn Hendrickson	28.34a	PR	Grand Forks Central
31.	9	Malachi Quimby	28.44a	PR	Grand Forks Central
32.	10	Jacob Votava	29.44a	PR	Red River
33.	11	Jordan Labine	31.64a	SR	Drayton/Valley-Edinb...
34.	9	Harley Hilde	33.04a	PR	Drayton/Valley-Edinb...
	10	Mitchell Schirek	DNS		Park River/Fordville...
	10	Layne Jumonville	DNS		Grand Forks Central
	11	Esgar Rios	DNS		Grafton
	12	Carter Stinson	DNS		Red River
	9	Amirmahdi Tokhmechi	DNS		Grand Forks Central
	7	Wayland Sabinash	DNS		Griggs Midkota
	9	Tyler Lindblad	DNS		Red River
	9	Carson Blegen	DNS		Red River
	10	Milo Irvine	DNS		Park River/Fordville...

400 Meters Varsity - Finals

1.	12	Tommy Kern	52.55a		Grafton
2.	10	Eli Svenby	53.61a	PR	West Fargo
3.	11	Garrett Syverson	54.16a		Nelson County
	10	Maka Kollie	DNS		Grand Forks Central

200 Meters Varsity - Finals

1.	7	Michelle Gee	26.74a	PR	West Fargo
2.	12	Elizabeth Schanilec	27.34a		Midway/Minto
3.	11	Marit Ellingson	27.64a	PR	Nelson County
4.	12	Vanessa Cooper	27.74a		Park River/Fordville...
5.	12	Kenady Slominski	27.84a		Midway/Minto
6.	12	Taylar Baker	27.84a	SR	Grand Forks Central
7.	7	Alexis Thompkins	27.94a	PR	Grafton
8.	11	Emma Kollman	27.94a	PR	Griggs Midkota
9.	9	Megan Misson	28.04a	PR	Pembina County North
10.	10	Sierra Heyd	28.44a	PR	Grand Forks Central
11.	10	Paris Hoverson	28.54a	PR	Hatton-Northwood
12.	7	Isabelle Cole	29.04a	PR	Grafton
13.	10	Aniya Fisher	29.24a	PR	Pembina County North
13.	9	Lauren Swanson	29.24a	PR	Red River
13.	11	Sophie Schuster	29.24a	PR	Midway/Minto
13.	11	Brightley Allred	29.24a	SR	Pembina County North
17.	12	Brietta Mullane	29.54a	SR	Grand Forks Central
17.	12	Maya Sumra	29.54a	SR	Pembina County North
19.	10	Noura Elhamadana	29.84a	PR	Red River
20.	10	Bailey Ehlers	30.04a	PR	Griggs Midkota
21.	9	Payton Reis	30.44a	PR	Pembina County North
22.	8	Greta Burrell	31.04a	PR	Drayton/Valley-Edinb...
23.	10	Jasmine Thomas	31.14a	PR	Grand Forks Central
24.	10	Hannah Halvorson	31.24a	PR	Park River/Fordville...
24.	12	Reese Mitchell	31.24a		Hatton-Northwood
26.	10	Lauryn Rydell	31.34a	SR	Red River
27.	-	Emma Narloch	32.34a		Grafton
28.	10	Avery Mostad	32.44a	PR	Pembina County North
29.	11	Molly West	32.74a	PR	Grafton
29.	9	Jenna Fraser	32.74a	PR	Pembina County North
31.	11	Ketevan Chomakhidze	32.94a	PR	Red River
32.	9	Emma Bjorneby	33.94a		Grafton
33.	11	Peace Tabo	34.24a	PR	Red River
34.	9	Emma Hurst	34.64a		Grafton
35.	9	Tennasyn Henry	35.14a		Grand Forks Central
35.	8	Emerson Byron	35.14a		Red River
37.	9	MacKenzie Abraham	35.74a	PR	Red River
38.	9	Georgia Evenson	37.34a	PR	Pembina County North
	9	Ava Anderson	DNS		Thompson
	11	Evie Janousek	DNS		Thompson
	10	Megan Overend	DNS		Midway/Minto
	7	Alyssa Hoyles	DNS		Drayton/Valley-Edinb...
	9	Hailey Clark	DNS		Grand Forks Central
	11	Josie Johnson	DNS		Griggs Midkota
	10	Maka Kollie	DNS		Grand Forks Central

400 Meters Varsity - Finals

1.	12	Vanessa Cooper	1:02.35a	SR	Park River/Fordville...
2.	12	Elizabeth Schanilec	1:02.35a	SR	Midway/Minto
3.	7	Elizabeth Fedje	1:04.00a	PR	Drayton/Valley-Edinb...
4.	10	Paris Hoverson	1:04.25a		Hatton-Northwood
5.	11	Marit Ellingson	1:04.43a		Nelson County
6.	11	Brenna White	1:04.56a		West Fargo

4.	8	Bryce Boe	55.47a PR	Midway/Minto
5.	9	Grant Hoffarth	55.60a	Red River
6.	7	Wayland Sabinash	56.06a PR	Griggs Midkota
7.	12	Rhun Kendall	56.79a	Pembina County North
8.	8	Brady Reilly	58.01a PR	Drayton/Valley-Edinb...
9.	9	Ryaan Alshami	58.16a PR	Grand Forks Central
10.	10	Omarion Brown	58.73a PR	Grafton
11.	10	Matthew Withrow	59.58a PR	Midway/Minto
12.	12	Om Panda	59.75a PR	Red River
13.	12	Dylan Narum	1:00.23a	Red River
14.	10	Adam Oakland	1:03.06a PR	Red River
15.	11	Adam Bina	1:06.11a	Hatton-Northwood
16.	9	Malachi Quimby	1:06.92a	Grand Forks Central
17.	9	Kayden Kobel	1:09.43a	Hatton-Northwood
18.	7	Glenn Goodsell	1:10.34a PR	Midway/Minto
19.	11	Joe Rodriguez	1:11.40a	Grafton
	10	Avery Rosinski	DNS	Park River/Fordville...
	10	Holden Lenz	DNS	Nelson County
	11	Kaleb Braun	DNS	Hatton-Northwood
	7	Isaac Feltman	DNS	Drayton/Valley-Edinb...

800 Meters Varsity - Finals

1.	11	Parker Nelson	1:58.03a	West Fargo
2.	10	Quinn Roehl	2:00.10a PR	Grand Forks Central
3.	11	Lincoln Retzlaff	2:03.93a PR	West Fargo
4.	11	Garrett Syverson	2:04.50a PR	Nelson County
5.	10	Noah Yahnke	2:07.48a PR	West Fargo
6.	12	Cael Lorenz	2:10.81a PR	Grand Forks Central
7.	9	Curtis Sande	2:11.42a PR	Grand Forks Central
8.	11	Ben Rowan	2:12.74a	Thompson
9.	10	Hayden Pritchard	2:13.25a	West Fargo
10.	12	Justin Garza	2:13.38a PR	Grafton
11.	11	Emmett Sum	2:18.53a	Grand Forks Central
12.	10	Finn Jackson	2:20.12a	Grand Forks Central
13.	11	Wayne Costilla	2:21.06a	Grand Forks Central
14.	9	David Perez	2:21.49a	Grafton
15.	9	David Radke	2:22.07a PR	Red River
16.	9	Caden Willows	2:22.57a PR	West Fargo
17.	12	Seth Sondeland	2:23.23a	Pembina County North
18.	8	Caleb Dorman	2:24.15a PR	Hatton-Northwood
19.	9	Mikko Angelo Villas	2:26.32a	Red River
20.	11	Aaron Moser	2:29.64a SR	Griggs Midkota
21.	10	Maxwell Dumas	2:33.89a	Grafton
22.	10	Warren Jelinek	2:34.14a	Grafton
23.	11	Mark Sammons	2:38.46a	Griggs Midkota
24.	11	Torrey Westereng	2:39.23a	Grand Forks Central
25.	9	Jaden Schwan	2:40.25a	Grand Forks Central
26.	11	Jacob DeGeldere	2:41.39a	Grafton
27.	9	Luka Berg	2:54.41a	Griggs Midkota
28.	10	Jimmy Zumwalt	3:01.52a	Red River
29.	11	Samuel Borg	3:22.40a	Park River/Fordville...
	9	Bradley Salberg	DNS	Grand Forks Central
	10	Holden Lenz	DNS	Nelson County
	10	Blake Johnson	DNS	Hatton-Northwood

1600 Meters Varsity - Finals

1.	11	Justin Smith	4:34.92a PR	West Fargo
2.	12	Broden Diederich	4:35.43a PR	Red River
3.	11	Tanner Schiller	4:53.75a PR	Red River
4.	11	Lane Dullum	4:54.53a PR	West Fargo
7.	11	Claire Snyder	1:04.98a PR	Thompson
8.	12	Kylie Severson	1:07.88a	Red River
9.	8	Annelise Presteng	1:09.26a PR	Grafton
10.	9	Ella Nelson	1:09.41a PR	West Fargo
11.	8	Joely Anderson	1:10.12a	Thompson
12.	7	Alyssa Hoyles	1:11.49a PR	Drayton/Valley-Edinb...
13.	11	Zoie Krump	1:11.53a PR	Red River
14.	-	Summer Moberg	1:11.91a	Grafton
15.	9	Danielle Thompson	1:14.47a	Park River/Fordville...
16.	11	Sophie Lachance	1:15.29a	Red River
17.	9	Jenna Fraser	1:15.78a PR	Pembina County North
18.	12	Lauralee Thompson	1:17.83a	Hatton-Northwood
19.	9	Tennasyn Henry	1:19.35a PR	Grand Forks Central
20.	9	Kennedy Ostlie	1:19.44a	Hatton-Northwood
21.	9	Georgia Evenson	1:25.67a PR	Pembina County North
	10	Emma Anderson	DNS	Red River
	12	Morgan Verke	DNS	Hatton-Northwood
	10	Megan Overend	DNS	Midway/Minto
	9	Trista Bilden	DNS	Hatton-Northwood
	9	Dana Chahal	DNS	Red River

800 Meters Varsity - Finals

1.	9	Jocie Schiller	2:26.45a	Red River
2.	10	Marie Derenne	2:27.58a PR	Grand Forks Central
3.	10	Lauren Dosch	2:30.43a	Red River
4.	8	Mya Mannausau	2:30.56a PR	Red River
5.	12	Ella Fosse	2:31.74a SR	Red River
6.	10	Emily Nelson	2:31.83a PR	Red River
7.	12	Gracia Larsen-Schmidt	2:33.06a	Red River
8.	11	Emily Klaman	2:33.54a	West Fargo
9.	12	Carlee Sieben	2:34.15a	Grafton
10.	12	Tyanne Crotty	2:37.06a PR	Pembina County North
11.	9	Aria Kindseth	2:37.51a PR	Grand Forks Central
12.	10	Emma Markusen	2:37.76a SR	Park River/Fordville...
13.	12	Nora Berry	2:37.97a PR	Grand Forks Central
14.	11	Gracie Stremick	2:42.13a PR	Pembina County North
15.	10	Lindsey Anderson	2:44.56a SR	West Fargo
16.	8	Greta Burrell	2:45.84a PR	Drayton/Valley-Edinb...
17.	12	Paige Erbstoesser	2:46.67a	West Fargo
18.	9	Ellen Berry	2:48.39a	Grand Forks Central
19.	12	Cassie Sieben	2:50.37a	Grafton
20.	10	Geianna Meade	2:51.83a	Midway/Minto
21.	10	McKenna Emineth	2:52.55a PR	Red River
22.	11	Jerzay Bachmeier	2:52.78a	West Fargo
23.	7	Joslyn Kalbrener	2:55.57a	Grafton
24.	12	Silje Kindseth	3:00.35a	Grand Forks Central
25.	8	Tianna McCardle	3:02.19a PR	Griggs Midkota
26.	10	Kierra Helland	3:04.38a	Pembina County North
27.	8	Sarah Mager	3:08.16a PR	Thompson
28.	12	Lexi Baker	3:08.33a	Hatton-Northwood
29.	10	Madi Jo Altendorf	3:18.67a	Midway/Minto
	12	Kaela Schultz	DNS	Thompson
	9	Coral Heyd	DNS	Grand Forks Central
	10	Sophia Markusen	DNS	Park River/Fordville...

1600 Meters Varsity - Finals

1.	10	Lauren Dosch	5:22.25a PR	Red River

5.	10	Levi Rossman	4:57.21a PR	West Fargo
6.	10	Matt Evans	4:57.99a	Red River
7.	9	Micah Larsen-Schmidt	5:02.47a	Red River
8.	10	Jake Jenkins	5:02.89a	Red River
9.	11	Reese Nygaard	5:03.96a	Thompson
10.	9	David Radke	5:08.50a PR	Red River
11.	9	Jack Kern	5:09.05a	Grafton
12.	11	Ethan Suda	5:13.45a	Grafton
13.	9	Aydin Jackson	5:17.93a PR	Hatton-Northwood
14.	12	Tavon Stadler	5:19.86a	Griggs Midkota
15.	8	Caleb Dorman	5:21.62a	Hatton-Northwood
16.	11	Mark Sammons	5:27.54a	Griggs Midkota
17.	12	Cole Marinucci	5:31.78a	West Fargo
18.	9	David Perez	5:32.61a	Grafton
19.	9	Mikko Angelo Villas	5:33.98a PR	Red River
20.	12	Seth Sondeland	5:48.22a	Pembina County North
21.	11	Marc Romo	5:48.82a	Grafton
22.	10	Maxwell Dumas	5:50.07a	Grafton
23.	10	Warren Jelinek	5:50.86a	Grafton
24.	10	Danny Dummer	5:51.44a	Pembina County North
25.	11	Jacob DeGeldere	5:54.39a	Grafton
26.	9	Spencer Boe	5:57.04a	Hatton-Northwood
27.	7	Glenn Goodsell	5:59.40a PR	Midway/Minto
28.	9	Luka Berg	6:00.54a	Griggs Midkota
29.	10	Jimmy Zumwalt	6:38.18a PR	Red River
	9	Jaden Schwan	DNS	Grand Forks Central
	11	Samuel Borg	DNS	Park River/Fordville...
	12	Justin Garza	DNS	Grafton

3200 Meters Varsity - Finals

1.	12	Luke Mager	10:54.14a	Thompson
2.	9	Carter Rydland	10:56.72a PR	Red River
3.	12	Abdirahman Ali	10:58.81a	Red River
4.	10	Eli Larson	11:34.67a	Griggs Midkota
5.	8	Logan Flatt	12:15.09a PR	Griggs Midkota
6.	11	Marc Romo	12:21.18a	Grafton
	9	Jack Kern	DNS	Grafton
	10	Danny Dummer	DNS	Pembina County North

110m Hurdles - 39" Varsity - Finals

1.	12	Mitchell Coleman	15.94a PR	Hatton-Northwood
2.	11	Steven Edwards	16.24a PR	West Fargo
3.	10	Lukas Heydt	16.24a	Red River
4.	12	Collin Allan	17.34a PR	Grand Forks Central
5.	11	Ryan Juve	17.44a	Thompson
6.	9	Ben Strand	17.94a PR	Red River
7.	12	Joel Tande	17.94a PR	Grand Forks Central
8.	11	Nicholas Gentile	18.04a PR	Grand Forks Central
9.	11	Isaac Schall	18.04a PR	Red River
10.	12	Austin Synder	18.74a	Hatton-Northwood
11.	10	Riley Suda	18.84a PR	Grafton
12.	11	Wyatt Braswell	20.14a PR	Thompson
13.	10	Andrew Myrdal	21.24a	Drayton/Valley-Edinb...
14.	10	Ethan Stegman	22.14a	Pembina County North
15.	9	Ty Gilbertson	22.64a	Nelson County
16.	9	Charlie Kittelson	23.74a	Drayton/Valley-Edinb...
17.	10	Tristyn O'Brien	25.04a	Nelson County
	10	Maxwell Dumas	DNS	Grafton

2.	12	Gracia Larsen-Schmidt	5:30.34a	Red River
3.	10	Jordan Knudsvig	5:30.53a	West Fargo
4.	12	Carlee Sieben	5:32.41a PR	Grafton
5.	11	Kaelyn Berg	5:40.23a	West Fargo
6.	12	Clare Boldingh	5:42.80a	West Fargo
7.	10	Sophia Markusen	5:51.59a	Park River/Fordville...
8.	11	Campbell Dorsey	5:55.72a	Red River
9.	7	Grace Ray	5:59.05a	Grafton
10.	7	Kiaya Hagen	6:03.67a PR	West Fargo
11.	7	Paige Suda	6:04.43a	Grafton
12.	11	Paige Goodsell	6:07.19a	Midway/Minto
13.	7	Gabi Ray	6:10.31a	Grafton
14.	12	Emma Cullen	6:11.91a	Thompson
15.	10	Joslyn Jackson	6:16.77a	West Fargo
16.	8	Aubrey Tompkins	6:19.19a	Grafton
17.	8	Brooke Dorsey	6:21.54a	Red River
18.	12	Cassie Sieben	6:23.83a	Grafton
19.	8	Rylie Lelm	6:26.85a	Red River
20.	7	Joslyn Kalbrener	6:29.64a	Grafton
21.	11	Narria Neubert	6:35.26a	Red River
22.	12	Lexi Baker	6:41.94a	Hatton-Northwood
23.	8	Liz Cullen	6:46.38a	Thompson
24.	10	McKenna Emineth	6:48.31a	Red River
25.	8	Sarah Mager	7:01.82a	Thompson
26.	10	Madi Jo Altendorf	7:08.05a	Midway/Minto
27.	10	Elizabeth Simon	7:10.06a	Red River
28.	9	Eryn Turner	7:12.54a	Griggs Midkota
	11	Gracie Stremick	DNS	Pembina County North

3200 Meters Varsity - Finals

1.	10	Jenna Soine	11:52.88a	Hatton-Northwood
2.	9	Claire Hynek	12:46.55a	Grand Forks Central
3.	7	Grace Ray	13:00.63a	Grafton
4.	8	Katie Uhlir	13:21.08a	Grand Forks Central
5.	11	Paige Goodsell	13:30.51a	Midway/Minto
6.	7	Gabi Ray	13:44.09a PR	Grafton
7.	7	Paige Suda	13:45.97a	Grafton
8.	8	Aubrey Tompkins	13:51.47a	Grafton

100m Hurdles - 33" Varsity - Finals

1.	12	Shri Patel	16.54a PR	Red River
2.	9	Lauren Swanson	16.64a PR	Red River
3.	11	Elvinell Fofanah	16.84a PR	West Fargo
4.	9	Brynn Moen	17.94a	Grand Forks Central
5.	7	Michelle Gee	18.14a	West Fargo
6.	11	Ali Moses	18.14a	Thompson
6.	9	Brynley Coleman	18.14a PR	Hatton-Northwood
8.	10	Ciara Zunich	18.24a	Thompson
9.	11	Arielle Grandbois	18.44a	Pembina County North
10.	9	Emma Haskamp	18.94a PR	Grand Forks Central
11.	10	Jasmine Thomas	19.14a PR	Grand Forks Central
12.	9	Payton Reis	20.04a PR	Pembina County North
13.	9	Emily Arnold	20.24a PR	Grand Forks Central
14.	12	Reese Mitchell	21.14a PR	Hatton-Northwood
15.	9	Ava Anderson	23.14a	Thompson
16.	10	Terra Beardemphl	27.74a	Grand Forks Central
17.	10	Sydney Jacobson	30.44a	Hatton-Northwood
	11	Grace Narloch	DNS	Grafton
	10	Camille Finney	DNS	Grand Forks Central
	11	Josie Johnson	DNS	Griggs Midkota

300m Hurdles - 36" Varsity - Finals

1.	12	Tommy Kern	40.04a PR	Grafton
2.	12	Sam Roller	40.83a PR	Thompson
3.	10	Lukas Heydt	41.71a PR	Red River
4.	12	Adam Arnold	41.87a PR	Grand Forks Central
5.	11	Garrett Syverson	42.42a PR	Nelson County
6.	12	Jose Franssen	43.98a SR	West Fargo
7.	11	Joe Williamson	44.83a	Grand Forks Central
8.	11	Anthony Lopez	44.92a PR	Grand Forks Central
9.	11	Steven Edwards	45.29a	West Fargo
10.	9	Angel Lopez	45.39a	Grand Forks Central
11.	11	Ryan Juve	45.60a	Thompson
12.	11	Isaac Schall	45.60a PR	Red River
13.	11	Nicholas Gentile	46.57a PR	Grand Forks Central
14.	9	Grant Hoffarth	47.00a	Red River
15.	10	Riley Suda	47.51a	Grafton
16.	11	Wyatt Braswell	48.33a PR	Thompson
17.	9	Mikko Angelo Villas	49.56a PR	Red River
18.	10	Andrew Myrdal	52.21a	Drayton/Valley-Edinb...
19.	9	Josh Neil	52.91a	Red River
20.	10	Ethan Stegman	56.54a	Pembina County North
21.	9	Aydin Jackson	56.57a	Hatton-Northwood
22.	9	Ty Gilbertson	58.31a	Nelson County
23.	9	Gavin Ryan	59.30a	Drayton/Valley-Edinb...
	12	Joel Tande	DNS	Grand Forks Central
	10	Hudson Flom	DNS	Red River
	10	Carter Byron	DNS	Red River

4x100 Relay Varsity - Finals

1.	Gavin Nelson Jayden Sherrard Hunter Gronneberg Jaxon Gronneberg	45.61a	Griggs Midkota
2.	Gavin Bohlman Max Roller Josh Yon Mason Kurtz	46.09a	Thompson
3.	Anthony Gonzalez Stevan Garza Esgar Rios Damon Reyes	46.22a	Grafton
4.	Cade Lindseth Anthony Lopez Navy Oss Tristan Raymond	47.06a	Grand Forks Central
5.	Tyler Lindblad Mason Wosick-Bimler Carson Blegen Hudson Flom	47.77a	Red River
6.	Tyler Ulrich Andrew Peterson Ted Tchomakhidze Morgan Hoefs	48.30a	Red River
7.	Jesse Eisenbeis Jacob Ralston Noah Helgoe Rhun Kendall	50.12a	Pembina County North

12	Lauralee Thompson	DNS	Hatton-Northwood

300m Hurdles - 30" Varsity - Finals

1.	12	Shri Patel	48.14a PR	Red River
2.	11	Hannah Hynek	49.89a	Grand Forks Central
3.	7	Elizabeth Fedje	51.22a	Drayton/Valley-Edinb...
4.	11	Emma Kollman	51.35a PR	Griggs Midkota
5.	10	Jordan West	51.59a	Thompson
6.	9	Lauren Swanson	51.67a	Red River
7.	11	Brenna White	52.29a	West Fargo
8.	9	Brynn Moen	52.43a	Grand Forks Central
9.	11	Marit Ellingson	52.57a	Nelson County
10.	-	Trinity Parsons	53.22a PR	Grafton
11.	8	Sophie Brakke	53.64a PR	Red River
12.	12	Claire Lapp	54.30a	Red River
13.	9	Addison Roller	56.36a PR	Thompson
14.	9	Emma Haskamp	57.11a	Grand Forks Central
15.	11	Zoie Krump	57.53a	Red River
16.	9	Emily Arnold	58.59a	Grand Forks Central
17.	8	Emerson Byron	58.79a PR	Red River
18.	9	Payton Reis	59.65a	Pembina County North
19.	11	Sophie Lachance	1:01.68a	Red River
20.	9	Eryn Turner	1:01.78a PR	Griggs Midkota
21.	9	Chloe Bilden	1:09.96a	Hatton-Northwood
22.	10	Sydney Jacobson	1:14.17a	Hatton-Northwood
	12	Reese Mitchell	DNS	Hatton-Northwood
	12	Lauralee Thompson	DNS	Hatton-Northwood

4x100 Relay Varsity - Finals

1.	- Hannah Hynek Taylar Baker Jillian Riley Lauren Hillman	52.63a	Grand Forks Central
2.	Claire Bjorneby Trinity Parsons Isabelle Cole Alexis Thompkins	53.48a	Grafton
3.	Ella Holkesvig Skylar Uglem Brooke Carroll Camryn Adams	54.16a	Hatton-Northwood
4.	Aniya Fisher Maya Sumra Brightley Allred Megan Misson	54.16a	Pembina County North
5.	Brianna Filson Brietta Mullane Brynn Moen Sierra Heyd	54.85a	Grand Forks Central
6.	Kiley Huebner Ciara Zunich Addison Roller Jordyn Tozer	55.77a	Thompson
7.	Kelsey Johnson Jersey Gronneberg Medora Brandner Emma Kollman	55.99a	Griggs Midkota

8.	Bodin Fossum Bet Tellman Quinn Nelson Ibrahim Suleiman	51.23a	Red River
9.	Blake Hanson Isaak Anthony Arthur Guitierrez Hunter Charles	51.78a	Nelson County
	Mason Reynolds Carter Byron Lukas Heydt Caleb Severson	DNS	Red River

4x200 Relay Varsity - Finals

1.	Gavin Nelson Jayden Sherrard Hunter Gronneberg Jaxon Gronneberg	1:36.47a	Griggs Midkota
2.	Navy Oss Tristan Raymond Cade Lindseth Wythe Rynestad	1:42.91a	Grand Forks Central
3.	Blake Hanson Isaak Anthony Arthur Guitierrez Jack Steffan	1:46.81a	Nelson County

4x400 Relay Varsity - Finals

1.	Tanner Schiller Hunter McHenry Dameon Zenawick Gannon Brooks	3:31.50a	Red River
2.	Josh Yon Max Roller Mason Kurtz Sam Roller	3:31.58a	Thompson
3.	Morgan Hoefs Sam Kruger Carter Stinson Mustafe Abdi	3:34.70a	Red River
4.	Wayland Sabinash Jayden Sherrard Gavin Nelson Hunter Gronneberg	3:41.33a	Griggs Midkota
5.	Esgar Rios Stevan Garza Justin Garza Tommy Kern	3:50.26a	Grafton
6.	Emmett Sum Ryaan Alshami Navy Oss Finn Jackson	3:52.92a	Grand Forks Central
7.	Grant Lelm Grant Hoffarth Micah Larsen-Schmidt Mikko Angelo Villas	3:53.17a	Red River
8.	Emma Boe Dana Chahal Noura Elhamadana Ketevan Chomakhidze	58.55a	Red River
9.	Hannah Halvorson Ella Johnson Avery Goll Danielle Thompson	59.50a	Park River/Fordville...
10.	Emma Bjorneby Emma Hurst Emma Narloch Molly West	1:02.12a	Grafton
11.	Peace Tabo Emma Anderson MacKenzie Abraham Brynna Young	1:04.97a	Red River

4x200 Relay Varsity - Finals

1.	Shri Patel Ella Fosse Jocie Schiller Kylie Severson	1:48.63a	Red River
2.	Cassandra Severson Kenady Slominski Sophie Schuster Elizabeth Schanilec	1:50.64a	Midway/Minto
3.	Hannah Hynek Jillian Riley Taylar Baker Lauren Hillman	1:52.31a	Grand Forks Central
4.	Kelsey Johnson Jenna Larson Medora Brandner Emma Kollman	1:53.80a	Griggs Midkota
5.	Alexis Thompkins Jade Moe Grace Narloch Claire Bjorneby	1:56.23a	Grafton
6.	Ella Holkesvig Reese Mitchell Brynley Coleman Camryn Adams	1:56.46a	Hatton-Northwood
7.	Arielle Grandbois Brightley Allred Lauren Carrier Maya Sumra	1:58.81a	Pembina County North
8.	Emma Boe Sophie Brakke Emerson Byron Noura Elhamadana	2:03.34a	Red River
9.	Krista Lippert Rylan Parsley Sydney Johnston Lily Donohue	2:08.04a	Nelson County

8.	Dylan Narum Broden Diederich Ted Tchomakhidze Om Panda	3:57.10a	Red River
9.	Blake Hanson Axel Anderson Holden Lenz Garrett Syverson	4:03.41a	Nelson County
10.	Isaac Schall Abram Hall Tyler Ulrich Matt Evans	4:03.93a	Red River
11.	Omarion Brown Jacob DeGeldere Maxwell Dumas Riley Suda	4:04.87a	Grafton
12.	Ibrahim Suleiman Jake Jenkins Max McCarthy Kellen LaFountain	4:10.34a	Red River
13.	Andrew Myrdal Charlie Kittelson Isaac Feltman Brady Reilly	4:22.77a	Drayton/Valley-Edinb...
14.	Josh Neil David Radke Bodin Fossum Curtis Masa	5:26.71a	Red River

4x800 Relay Varsity - Finals

1.	Luke Mager Reese Nygaard Ben Rowan Josh Yon	8:44.20a	Thompson
2.	Justin Garza David Perez Jack Kern Ethan Suda	9:01.22a	Grafton
3.	Grant Lelm Abdirahman Ali Dylan Narum Om Panda	9:09.65a	Red River
4.	Wayland Sabinash Mark Sammons Eli Larson Aaron Moser	9:23.03a	Griggs Midkota
5.	Aydin Jackson Adam Bina Blake Johnson Caleb Dorman	10:27.63a	Hatton-Northwood
6.	Blake Hanson Axel Anderson Jack Steffan Tristyn O'Brien	10:42.56a	Nelson County

Shot Put - 12lb Varsity - Finals

1.	12 Kc Ortiz	54-09.00	PR	West Fargo
2.	12 Sam Sather	48-10.00		Red River
3.	11 Cole Potter	45-00.00	PR	Thompson
4.	12 Glen Erickson	41-06.00	PR	Grand Forks Central
4.	12 Marshal Buelow	41-06.00		Red River

10.	Ketevan Chomakhidze Brynna Young Emma Anderson MacKenzie Abraham	2:15.16a	Red River

4x400 Relay Varsity - Finals

1.	Kaela Schultz Jordan West Lexi Telehey Claire Snyder	4:23.22a	Thompson
2.	Mya Mannausau Kylie Severson Claire Lapp Emily Nelson	4:28.92a	Red River
3.	Summer Moberg Jade Moe Carlee Sieben Trinity Parsons	4:39.92a	Grafton
4.	Brynn Moen Emily Arnold Jasmine Thomas Emma Haskamp	4:41.49a	Grand Forks Central
5.	Zoie Krump Brooke Dorsey Sophie Brakke Rylie Lelm	4:42.03a	Red River
6.	Marit Ellingson Sydney Johnston Lily Donohue Krista Lippert	4:43.34a	Nelson County
7.	Kiley Huebner Addison Roller Liz Cullen Joely Anderson	4:48.24a	Thompson
8.	McKenna Emineth Sophie Lachance Narria Neubert Peace Tabo	5:06.83a	Red River
9.	Dana Chahal Emma Anderson MacKenzie Abraham Brynna Young	5:19.73a	Red River
	Morgan Verke Skylar Uglem Brooke Carroll Paris Hoverson	DNS	Hatton-Northwood
	Josie Fish Elizabeth Simon Emerson Byron Noura Elhamadana	DNS	Red River

4x800 Relay Varsity - Finals

1.	Kaela Schultz Kiley Huebner Emma Cullen Claire Snyder	10:21.85a	Thompson

6.	10	Josue Tapia	38-05.00		Midway/Minto
7.	12	Tyler Larson	38-00.00		Red River
8.	12	Joey Olson	37-08.00	PR	Grand Forks Central
9.	11	Dylan Johnson	37-04.00		Griggs Midkota
9.	11	Aidan Hill	37-04.00		Drayton/Valley-Edinb...
9.	12	Michael Benoit	37-04.00	PR	Thompson
12.	11	Lane Kautzman	37-02.00		Griggs Midkota
13.	10	Santiago Galvan	36-06.00	PR	Grafton
14.	11	Wyatt Demers	35-08.00		Grafton
15.	11	Nathan Gronaas	35-06.00		Nelson County
16.	12	Alejandro Lopez	35-00.00		Grand Forks Central
17.	11	Arguello Salvador	34-10.00		Midway/Minto
18.	10	Zac Kuznia	34-09.00		Grand Forks Central
19.	12	Eric Corral	34-07.00	PR	Hatton-Northwood
20.	12	Gabe Costello	34-03.00		Griggs Midkota
21.	11	Carsyn Hillbert	34-01.00		Griggs Midkota
22.	12	Logan Haskamp	33-06.00		Grand Forks Central
23.	10	Cooper Schweigert	33-02.00		Red River
24.	8	James Walters	32-10.00		Red River
25.	11	Jacob Koplin	32-05.00		Grand Forks Central
26.	8	Isaac Stadler	32-02.00	PR	Griggs Midkota
27.	9	Ahmi Braun	31-09.00		Hatton-Northwood
27.	12	Cole Kautzman	31-09.00	PR	Griggs Midkota
29.	9	Zach Bartz	31-08.00		Red River
30.	9	Matthew Rothenberger	31-07.00		Grand Forks Central
31.	10	Cory Leith	31-05.00		Thompson
32.	10	Kellen LaFountain	31-02.00		Red River
33.	10	Cody Eisenbeis	30-07.00	PR	Pembina County North
33.	9	Alex Parrish	30-07.00		Red River
35.	10	Aaron Schultz	30-05.00		Thompson
36.	8	Cameron Klefstad	30-02.00		Red River
37.	9	John Bjerke	30-01.00	PR	Red River
37.	11	Dayton Pfeifer	30-01.00		Griggs Midkota
39.	9	Tatum Vanyo	30-00.00		Grand Forks Central
40.	10	Nicholas Armendariz-Lotito	29-11.00		Grand Forks Central
41.	8	Sengdaun Phaengdara	29-10.00	PR	Grafton
42.	11	Luke Taylor	29-08.00		Thompson
42.	11	Austin Zacha	29-08.00		Nelson County
44.	12	Kade Bilden	29-07.00		Hatton-Northwood
45.	11	Kyle Rothenberger	28-07.00		Grand Forks Central
46.	9	Justin Koplin	28-06.00	PR	Grand Forks Central
46.	10	Johnathan Dusek	28-06.00	PR	Drayton/Valley-Edinb...
48.	10	Nathan Piseno	28-01.00	PR	Red River
49.	9	Kyen Poole	27-09.00		Grand Forks Central
49.	9	Ethan Thomas	27-09.00		Grand Forks Central
51.	12	Curtis Masa	27-08.00	PR	Red River
52.	9	Evan Bozich	27-07.00		Nelson County
53.	11	Manish Jogi	27-05.00		Red River
54.	10	Antonio Navarro	27-04.00		Grafton
55.	9	Hunter Charles	27-01.00		Nelson County
56.	10	Cameron Webber	26-09.00		Thompson
57.	10	Evan Schull-Reinowski	26-08.00		Thompson
58.	10	Gavin Hell	26-02.00	PR	Park River/Fordville...
59.	9	Aslan Berke	26-00.00		Hatton-Northwood
60.	11	Kelland Klefstad	23-00.00		Nelson County
61.	9	Ozzie Skogen	20-05.00	PR	Nelson County
	11	Adam McMullin	ND		Red River
	12	Cooper Hill	ND		Grafton
	12	Adam Swartz	ND		Grand Forks Central
	10	Logan Arason	ND		Red River

2.	Marie Derenne Silje Kindseth Claire Hynek Aria Kindseth	10:27.99a	Grand Forks Central
3.	Grace Johnson Emma Markusen Sophia Markusen Vanessa Cooper	10:40.31a	Park River/Fordville...
4.	Paige Suda Grace Ray Gabi Ray Carlee Sieben	10:44.14a	Grafton
5.	Brooke Carroll Morgan Verke Skylar Uglem Jenna Soine	11:02.32a	Hatton-Northwood
6.	Rylie Lelm Brooke Dorsey Elizabeth Simon Narria Neubert	11:26.39a	Red River
7.	Sydney Johnston Krista Lippert Lily Donohue Lydia Stein	12:09.80a	Nelson County

Shot Put - 4kg Varsity - Finals

1.	12	Olivia Schindler	36-06.00		Red River
2.	10	Asia Becherl	35-03.00		Griggs Midkota
3.	12	Jade Azure	34-08.00		Red River
4.	12	Jacey Carlson	34-04.00	SR	Griggs Midkota
5.	12	Emma Pfaff	33-04.00		West Fargo
6.	12	Alex Page	32-03.00	PR	Red River
7.	12	Kaylee Lancaster	31-01.00		Red River
8.	11	Lexi Zafke	30-08.00		Thompson
9.	12	Hailey Ernst	30-06.00		Thompson
10.	10	Megan Grove	30-00.00	PR	West Fargo
11.	10	Kaylee Johnson	29-11.00		Griggs Midkota
12.	12	Emma Thorsgard	29-04.00	PR	Hatton-Northwood
12.	10	Ella Johnson	29-04.00		Park River/Fordville...
14.	11	Ali Moses	29-02.00		Thompson
14.	11	Bethany O'Toole	29-02.00		Drayton/Valley-Edinb...
14.	12	Nicole Beckley	29-02.00		Griggs Midkota
17.	10	Kaylee Baker	28-10.00		Grand Forks Central
18.	7	Elizabeth Pinke	28-04.00		Hatton-Northwood
19.	12	Gabby Hermanson	27-08.00		Hatton-Northwood
20.	12	Raime Hoang	27-07.00		West Fargo
21.	10	Makenna Braun	27-05.00		West Fargo
22.	8	Sydney Suda	27-04.00	PR	Grafton
23.	12	Murphy Landa	27-02.00		Thompson
24.	11	Hilary Ernst	27-01.00		Thompson
25.	10	Rylan Parsley	26-11.00		Nelson County
26.	8	Abby Baker	26-01.00	PR	Red River
27.	11	Gillian Barker	25-09.00		Red River
28.	8	Paityn Ziegelmann	25-07.00	PR	Grafton
29.	10	Madison Thompson	24-05.00		Hatton-Northwood
30.	10	Arrianna Barragan	24-02.00		Hatton-Northwood
31.	10	Skye Boyer	23-08.00		Grand Forks Central
32.	12	Crosby Patterson	23-07.00		Thompson
33.	11	Aunna Larocque	23-02.00	PR	Drayton/Valley-Edinb...
33.	11	Maya Adair	23-02.00		Thompson
35.	11	Josephine Evenson	22-09.00		Pembina County North

	10	Jack Bachman	ND	Red River

Discus - 1.6kg Varsity - Finals

1.	10	Logan Arason	141-02	Red River
2.	12	Kc Ortiz	139-00	West Fargo
3.	12	Tyler Larson	132-10 PR	Red River
4.	11	Cole Potter	123-07	Thompson
5.	12	Glen Erickson	122-00 PR	Grand Forks Central
6.	12	Sam Sather	119-00	Red River
7.	11	Aidan Hill	116-05	Drayton/Valley-Edinb...
8.	12	Logan Haskamp	112-05	Grand Forks Central
9.	11	Lane Kautzman	112-00	Griggs Midkota
10.	12	Alejandro Lopez	111-08 PR	Grand Forks Central
11.	10	Santiago Galvan	107-08	Grafton
12.	10	Aaron Schultz	105-10 PR	Thompson
13.	11	Dylan Johnson	104-03 PR	Griggs Midkota
14.	10	Cody Eisenbeis	104-00 PR	Pembina County North
15.	10	Mitchell Schirek	96-02	Park River/Fordville...
16.	11	Arguello Salvador	94-00 PR	Midway/Minto
17.	10	Cory Leith	93-00	Thompson
18.	11	Nathan Gronaas	92-10	Nelson County
19.	12	Michael Benoit	91-09	Thompson
20.	9	Kyen Poole	89-07	Grand Forks Central
21.	10	Edison Lunski	88-06 PR	Grand Forks Central
22.	11	Kyle Rothenberger	87-06 PR	Grand Forks Central
23.	11	Robert Parsons III	87-03	Grafton
24.	12	Joey Olson	86-05	Grand Forks Central
25.	10	Evan Schull-Reinowski	86-04	Thompson
26.	9	Hunter Charles	85-08 PR	Nelson County
27.	10	Hudson Kilgore	84-10	Red River
28.	10	Zac Kuznia	84-08	Grand Forks Central
29.	10	Josue Tapia	84-01	Midway/Minto
30.	9	Ethan Thomas	83-10	Grand Forks Central
31.	11	Carsyn Hillbert	83-03	Griggs Midkota
32.	12	Kade Bilden	83-01	Hatton-Northwood
33.	12	Corey Mykkanen	82-10	Grafton
34.	11	Dayton Pfeifer	82-08 PR	Griggs Midkota
35.	8	James Walters	81-05	Red River
36.	11	Austin Zacha	80-03	Nelson County
37.	9	Jordan Sunstrom	80-02	Grafton
38.	12	Marshal Buelow	80-00	Red River
39.	8	Cameron Klefstad	78-04	Red River
40.	10	Kellen LaFountain	76-04	Red River
41.	11	Luke Taylor	75-08	Thompson
42.	11	Jacob Koplin	75-02	Grand Forks Central
43.	12	Cole Kautzman	74-07	Griggs Midkota
44.	9	Evan Bozich	73-08 PR	Nelson County
45.	9	John Bjerke	72-04	Red River
46.	10	Cameron Webber	70-08	Thompson
47.	10	Gavin Hell	70-00	Park River/Fordville...
48.	9	Aslan Berke	69-08	Hatton-Northwood
49.	10	Nathan Piseno	67-10 PR	Red River
50.	10	Johnathan Dusek	66-09	Drayton/Valley-Edinb...
51.	12	Eric Corral	66-00 PR	Hatton-Northwood
52.	9	Ahmi Braun	65-05	Hatton-Northwood
53.	8	Isaac Stadler	64-10 PR	Griggs Midkota
54.	9	Justin Koplin	64-00	Grand Forks Central
55.	11	Alejandro Balderas	63-07	Grafton
56.	10	Antonio Navarro	60-07	Grafton
57.	11	Kelland Klefstad	60-03	Nelson County
58.	10	Nicholas Armendariz-Lotito	58-00	Grand Forks Central
36.	11	Caitlin Mackenzie	22-08.00	Red River
37.	11	Angelica Barragan	22-07.00	Hatton-Northwood
37.	9	Megan Gasparini	22-07.00	Thompson
39.	10	Megan Hefta	22-05.00	Midway/Minto
39.	10	Alyssa Berger	22-05.00	Grand Forks Central
41.	11	Jordan Senger	21-11.00	Thompson
42.	10	Chloe Rost	20-00.00	Park River/Fordville...
43.	9	Daisy Monson	17-08.00	Midway/Minto
44.	9	Ariana Slettebak	17-06.00 PR	Nelson County
45.	9	Audrey Lindquist	17-02.00	Grand Forks Central
46.	9	Isabella Moen	15-04.00	Drayton/Valley-Edinb...
	9	Emma Stevenson	ND	Grand Forks Central
	9	Ashtyn Auch	ND	Grand Forks Central

Discus - 1kg Varsity - Finals

1.	12	Jade Azure	124-00	Red River
2.	10	Kaylee Baker	109-02	Grand Forks Central
3.	12	Olivia Schindler	108-02	Red River
4.	10	Asia Becherl	104-07	Griggs Midkota
5.	12	Alex Page	103-06	Red River
6.	9	Cailey Moton	103-03	West Fargo
7.	11	Mary Schnell	102-10	West Fargo
8.	11	Bethany O'Toole	98-06	Drayton/Valley-Edinb...
9.	12	Jacey Carlson	95-07	Griggs Midkota
10.	12	Raime Hoang	93-00	West Fargo
10.	12	Crosby Patterson	93-00	Thompson
12.	12	Gabby Hermanson	91-07 PR	Hatton-Northwood
13.	11	Ali Moses	91-03	Thompson
14.	12	Murphy Landa	91-00	Thompson
14.	10	Kaylee Johnson	91-00	Griggs Midkota
16.	10	Makenna Braun	84-06	West Fargo
17.	11	Jordan Senger	83-03	Thompson
18.	11	Hilary Ernst	82-07	Thompson
19.	12	Emma Thorsgard	82-04	Hatton-Northwood
20.	10	Rylan Parsley	80-08	Nelson County
21.	12	Nicole Beckley	79-06	Griggs Midkota
22.	12	Hailey Ernst	77-09	Thompson
23.	8	Abby Baker	76-04	Red River
24.	10	Ella Johnson	75-06	Park River/Fordville...
25.	11	Maya Adair	72-00	Thompson
26.	8	Sydney Suda	71-03 PR	Grafton
27.	11	Caitlin Mackenzie	70-07	Red River
28.	11	Gillian Barker	68-10	Red River
29.	11	Lexi Zafke	67-09	Thompson
30.	7	Elizabeth Pinke	67-05	Hatton-Northwood
31.	8	Paityn Ziegelmann	66-05 PR	Grafton
32.	10	Arrianna Barragan	61-11	Hatton-Northwood
33.	10	Madison Thompson	61-04	Hatton-Northwood
34.	10	Krista Lippert	58-06	Nelson County
35.	9	Megan Gasparini	58-00 PR	Thompson
36.	8	Kate LeClerc	56-03	Grafton
37.	11	Josephine Evenson	54-06	Pembina County North
38.	10	Megan Hefta	54-03	Midway/Minto
39.	10	Lydia Stein	51-04	Nelson County
40.	11	Aunna Larocque	50-08	Drayton/Valley-Edinb...
40.	9	Gwyneth Burrell	50-08	Drayton/Valley-Edinb...
40.	11	Angelica Barragan	50-08	Hatton-Northwood
43.	11	Kassity Meade	49-03	Midway/Minto
44.	9	Daisy Monson	49-00	Midway/Minto
45.	10	Chloe Rost	48-08	Park River/Fordville...
46.	9	Isabella Moen	46-09	Drayton/Valley-Edinb...

59.	9	Ozzie Skogen	44-06	Nelson County
	12	Cooper Hill	ND	Grafton
	11	Adam McMullin	ND	Red River
	11	Wyatt Demers	ND	Grafton
	12	Adam Swartz	ND	Grand Forks Central
	9	Matthew Rothenberger	ND	Grand Forks Central
	9	Tatum Vanyo	ND	Grand Forks Central
	10	Jack Bachman	ND	Red River
	9	Alex Parrish	ND	Red River
	10	Cooper Schweigert	ND	Red River

Javelin - 800g Varsity - Finals

1.	12	Sam Roller	171-10	Thompson
2.	11	Cole Potter	147-00 PR	Thompson
3.	10	Hudson Kilgore	129-06	Red River
4.	10	Avery Rosinski	129-00	Park River/Fordville...
5.	10	Santiago Galvan	126-05	Grafton
6.	12	Glen Erickson	125-04	Grand Forks Central
7.	12	Kc Ortiz	124-05	West Fargo
8.	8	James Walters	121-05	Red River
9.	10	Josue Tapia	117-08	Midway/Minto
10.	10	Andrew Peterson	114-01 PR	Red River
11.	9	Rylan Brown	113-09	Red River
12.	9	Hunter Charles	111-06	Nelson County
13.	10	Nathan Piseno	108-09	Red River
14.	12	Agustin Obregon	108-01	Grafton
15.	12	Marshal Buelow	105-02 PR	Red River
16.	8	Cameron Klefstad	104-08	Red River
17.	10	Cooper Schweigert	104-05	Red River
18.	11	Arguello Salvador	102-11	Midway/Minto
19.	11	Robert Parsons III	98-05	Grafton
20.	11	Aidan Hill	97-05	Drayton/Valley-Edinb...
21.	12	Corey Mykkanen	96-00 PR	Grafton
22.	9	Matthew Rothenberger	94-10	Grand Forks Central
23.	11	Lane Stevens	94-04	Grand Forks Central
24.	9	Tatum Vanyo	93-11	Grand Forks Central
25.	11	Nathan Gronaas	91-07	Nelson County
26.	9	John Bjerke	90-05 PR	Red River
27.	9	Ethan Thomas	88-07	Grand Forks Central
28.	10	Cody Eisenbeis	87-02	Pembina County North
29.	11	Kyle Rothenberger	85-08	Grand Forks Central
30.	10	Gavin Hell	85-01 PR	Park River/Fordville...
31.	10	Johnathan Dusek	83-07 PR	Drayton/Valley-Edinb...
32.	9	Zach Bartz	83-01	Red River
33.	11	Alejandro Balderas	82-11	Grafton
34.	10	Nicholas Armendariz-Lotito	79-09	Grand Forks Central
35.	12	Kade Bilden	78-03	Hatton-Northwood
36.	11	Austin Zacha	73-11	Nelson County
37.	12	Sam Sather	73-05 PR	Red River
38.	10	Cory Leith	70-09	Thompson
39.	11	Manish Jogi	69-09 PR	Red River
40.	9	Jordan Sunstrom	69-05 PR	Grafton
41.	9	Evan Bozich	68-09 PR	Nelson County
42.	9	Ozzie Skogen	65-01	Nelson County
43.	11	Kelland Klefstad	61-02	Nelson County
44.	9	Grant Vold	58-04	Drayton/Valley-Edinb...
	10	Michael Belluk	DNS	Red River
	12	Michael Benoit	DNS	Thompson
47.	9	Ariana Slettebak	44-04	Nelson County
	9	Trista Bilden	ND	Hatton-Northwood

Javelin - 600g Varsity - Finals

1.	12	Kaylee Lancaster	114-07	Red River
2.	12	Nicole Beckley	101-04	Griggs Midkota
3.	11	Kassity Meade	98-11	Midway/Minto
4.	12	Jade Azure	97-10	Red River
5.	12	Olivia Schindler	94-09	Red River
6.	12	Grace Johnson	91-08	Park River/Fordville...
7.	12	Hailey Ernst	87-07	Thompson
8.	12	Gabby Hermanson	82-04	Hatton-Northwood
9.	10	Ella Johnson	76-11	Park River/Fordville...
10.	8	Sydney Suda	76-09 PR	Grafton
11.	8	Abby Baker	75-06	Red River
12.	12	Cassie Sieben	75-03 PR	Grafton
13.	9	Emma Stevenson	74-07	Grand Forks Central
14.	11	Jordan Senger	72-10	Thompson
15.	9	Ashtyn Auch	71-04	Grand Forks Central
16.	11	Bethany O'Toole	71-03	Drayton/Valley-Edinb...
17.	10	Kaylee Johnson	66-10	Griggs Midkota
18.	8	Paityn Ziegelmann	65-08 PR	Grafton
19.	11	Maya Adair	65-05	Thompson
20.	12	Murphy Landa	63-03	Thompson
21.	10	Alyssa Berger	60-09	Grand Forks Central
22.	11	Lexi Zafke	58-03	Thompson
23.	9	Gwyneth Burrell	54-08	Drayton/Valley-Edinb...
24.	10	Chloe Rost	53-00	Park River/Fordville...
25.	11	Aunna Larocque	51-04	Drayton/Valley-Edinb...
26.	10	Skye Boyer	49-05 PR	Grand Forks Central
26.	9	Megan Gasparini	49-05	Thompson
28.	10	Lydia Stein	47-11 SR	Nelson County
29.	9	Isabella Moen	41-04	Drayton/Valley-Edinb...
30.	9	Audrey Lindquist	40-06	Grand Forks Central
31.	10	Avery Goll	35-02	Park River/Fordville...
	12	Alex Page	DNS	Red River
	12	Lexi Baker	DNS	Hatton-Northwood
	10	Geianna Meade	DNS	Midway/Minto

High Jump Varsity - Finals

1.	10	Lauryn Rydell	5-01.00	Red River
2.	11	Jenna Larson	5-01.00	Griggs Midkota
3.	12	Elaine Martinez	4-11.00	Pembina County North
3.	7	Josie Fish	4-11.00 PR	Red River
5.	9	Megan Misson	4-09.00	Pembina County North
5.	10	Jordan West	4-09.00 PR	Thompson
7.	7	Elizabeth Fedje	4-05.00	Drayton/Valley-Edinb...
	9	Trista Bilden	NH	Hatton-Northwood
	8	Kate LeClerc	NH	Grafton
	8	Hannah Miller	NH	Grafton
	8	Joely Anderson	NH	Thompson
	8	Sophie Brakke	NH	Red River
	8	Greta Burrell	NH	Drayton/Valley-Edinb...
	9	Emily Arnold	NH	Grand Forks Central
	9	Georgia Evenson	NH	Pembina County North
	10	Hannah Halvorson	NH	Park River/Fordville...
	11	Jade Moe	NH	Grafton
	12	Roxy Fish	NH	Red River
	10	Lydia Stein	NH	Nelson County

	9	Justin Koplin	ND	Grand Forks Central
	10	Logan Arason	DNS	Red River
	11	Jacob Koplin	DNS	Grand Forks Central
	12	Cooper Hill	DNS	Grafton
	10	Aaron Schultz	DNS	Thompson

High Jump Varsity - Finals

1.	11	Jean Irumva	5-10.00	West Fargo
2.	12	Carter Stinson	5-08.00	Red River
3.	11	Kaleb Braun	5-06.00	Hatton-Northwood
4.	10	Mitchell Schirek	5-06.00	Park River/Fordville...
5.	11	Jack Steffan	5-06.00	Nelson County
6.	10	Avery Rosinski	5-04.00	Park River/Fordville...
7.	10	Lukas Heydt	5-04.00	Red River
8.	9	Ben Strand	5-02.00	Red River
9.	9	Carson Blegen	4-11.00	Red River
9.	8	Josh Juve	4-11.00 PR	Thompson
11.	8	Brady Reilly	4-08.00 PR	Drayton/Valley-Edinb...
	9	Charlie Kittelson	NH	Drayton/Valley-Edinb...
	9	Kayden Kobel	NH	Hatton-Northwood

Pole Vault Varsity - Finals

1.	12	Jak Urlacher	13-06.00	Grand Forks Central
2.	10	Hudson Flom	11-06.00 PR	Red River
3.	12	Jakob Stevenson	11-00.00	Grand Forks Central
3.	12	Mitchell Coleman	11-00.00	Hatton-Northwood
5.	12	Michael Post	10-06.00 PR	Grand Forks Central
6.	12	Collin Allan	10-06.00 SR	Grand Forks Central
6.	9	Ryaan Alshami	10-06.00	Grand Forks Central
8.	12	Agustin Obregon	9-00.00	Grafton
9.	11	Austin Biwer	9-00.00 PR	West Fargo
9.	10	Max McCarthy	9-00.00 PR	Red River
9.	9	Jacob Wood	9-00.00 PR	Red River
12.	9	Grant Vold	8-00.00	Drayton/Valley-Edinb...
12.	9	Charlie Kittelson	8-00.00	Drayton/Valley-Edinb...
12.	7	Isaac Feltman	8-00.00 PR	Drayton/Valley-Edinb...
12.	10	Andrew Myrdal	8-00.00 PR	Drayton/Valley-Edinb...
12.	12	Noah Helgoe	8-00.00	Pembina County North
17.	10	Warren Jelinek	7-00.00	Grafton
17.	9	Gavin Ryan	7-00.00	Drayton/Valley-Edinb...
17.	11	Robert Parsons III	7-00.00 PR	Grafton
17.	8	Brady Reilly	7-00.00	Drayton/Valley-Edinb...
17.	8	Carter Flom	7-00.00	Red River
	12	Cooper Hill	DNS	Grafton
	9	Harley Hilde	NH	Drayton/Valley-Edinb...

Long Jump Varsity - Finals

1.	12	Stevan Garza	19-04.50	Grafton
2.	12	Sam Roller	19-02.50	Thompson
3.	10	Carter Byron	19-02.00	Red River
4.	10	Max Roller	19-00.00	Thompson
5.	11	Kaleb Braun	18-11.50	Hatton-Northwood
6.	11	Joe Williamson	18-09.00	Grand Forks Central
7.	12	Axel Navarro	18-08.00	West Fargo
8.	11	Jean Irumva	18-05.50	West Fargo
9.	12	Austin Synder	17-10.00	Hatton-Northwood
10.	11	Simon Haug	17-07.00	Red River
11.	12	Mason Kurtz	17-06.00	Thompson
12.	9	Quentyn Edwards	17-04.00 PR	Grand Forks Central
13.	11	Abram Hall	17-03.50	Red River

Pole Vault Varsity - Finals

1.	12	Taylor Lee	9-06.00	West Fargo
2.	9	Brynley Coleman	9-03.00 PR	Hatton-Northwood
3.	9	Emery Aasen	8-09.00	West Fargo
4.	10	Taylor Tang	8-09.00 PR	West Fargo
5.	11	Jenna Larson	7-06.00	Griggs Midkota
6.	7	Alyssa Hoyles	7-06.00 PR	Drayton/Valley-Edinb...
7.	8	Greta Burrell	7-00.00 PR	Drayton/Valley-Edinb...
7.	12	Elizabeth Stokke	7-00.00 SR	Red River
9.	7	Elizabeth Fedje	7-00.00	Drayton/Valley-Edinb...
	9	Gwyneth Burrell	NH	Drayton/Valley-Edinb...
	10	Camille Finney	DNS	Grand Forks Central

Long Jump Varsity - Finals

1.	12	Ella Fosse	17-01.00 PR	Red River
2.	12	Taylor Lee	16-09.00 PR	West Fargo
3.	12	Lauren Hillman	16-00.50	Grand Forks Central
4.	12	Grace Johnson	15-02.50	Park River/Fordville...
5.	10	Taya Samek	15-02.00 PR	West Fargo
6.	11	Emma Boe	14-09.00 PR	Red River
7.	11	Hannah Hynek	14-07.50 PR	Grand Forks Central
8.	9	Lauren Swanson	14-05.00	Red River
9.	12	Lexi Telehey	14-04.50	Thompson
10.	10	Jillian Riley	14-03.00	Grand Forks Central
11.	10	Ella Holkesvig	14-01.00	Hatton-Northwood
11.	10	Ciara Zunich	14-01.00	Thompson
13.	10	Bailey Ehlers	14-00.50	Griggs Midkota
14.	12	Maya Sumra	13-11.50	Pembina County North
15.	11	Sophie Schuster	13-11.00	Midway/Minto
15.	9	Lauren Carrier	13-11.00	Pembina County North
15.	9	Siri Olson	13-11.00	Grafton
18.	12	Allie Ostlie	13-09.00 PR	Grafton
19.	8	Annelise Presteng	13-08.00 PR	Grafton
20.	12	Claire Lapp	13-07.00	Red River
21.	8	Jordyn Tozer	13-06.50	Thompson
22.	9	Addison Roller	13-04.00	Thompson
23.	9	Danielle Thompson	12-08.50	Park River/Fordville...
24.	8	Kate LeClerc	12-04.00	Grafton
25.	7	Josie Fish	11-11.50	Red River
26.	10	Julia Pic	11-11.00	Park River/Fordville...
27.	8	Jersey Gronneberg	11-07.50	Griggs Midkota
28.	9	Dana Chahal	10-06.50	Red River
29.	9	Tennasyn Henry	10-01.50	Grand Forks Central
29.	9	Idaly Rodriguez	10-01.50	Grafton
31.	9	Hailey Clark	8-05.50	Grand Forks Central
	9	Brooke Carroll	ND	Hatton-Northwood
	10	Maka Kollie	ND	Grand Forks Central
	10	Lauryn Rydell	ND	Red River
	9	Chloe Bilden	ND	Hatton-Northwood
	12	Roxy Fish	ND	Red River
	10	Sydney Jacobson	ND	Hatton-Northwood

Triple Jump Varsity - Finals

1.	12	Ella Fosse	33-02.00 SR	Red River
2.	10	Ella Holkesvig	32-04.00	Hatton-Northwood
3.	12	Lexi Telehey	31-09.00	Thompson
4.	8	Jordyn Tozer	31-03.00	Thompson
5.	8	Annelise Presteng	31-02.00 PR	Grafton

14.	11	Anthony Gonzalez	17-03.00	Grafton
15.	12	Emmanuel Bargblor	17-02.50	Grand Forks Central
16.	10	Quinn Nelson	17-01.00	Red River
17.	11	Ethan Suda	16-07.50	Grafton
18.	12	Alex Schill	16-05.00	Grand Forks Central
18.	10	Ibrahim Suleiman	16-05.00	Red River
18.	9	Angel Lopez	16-05.00	Grand Forks Central
21.	9	Ty Gilbertson	15-10.50 PR	Nelson County
22.	12	Gabe Costello	15-10.00	Griggs Midkota
22.	11	Jack Steffan	15-10.00	Nelson County
24.	8	Josh Juve	15-09.00	Thompson
25.	10	Andrew Peterson	15-07.00	Red River
26.	11	Simon Plutowski	15-06.00	Midway/Minto
27.	9	Jacob Ralston	15-04.00 PR	Pembina County North
28.	9	Carson Blegen	15-01.50	Red River
29.	8	Axel Anderson	15-01.00	Nelson County
30.	9	Carson Miller	14-10.00	Thompson
31.	10	Milo Irvine	14-06.00	Park River/Fordville...
32.	11	Isaak Anthony	14-02.00	Nelson County
33.	10	Tristyn O'Brien	14-00.50 PR	Nelson County
34.	10	Jacob Votava	12-06.00 PR	Red River
35.	7	Jesse Eisenbeis	11-11.50	Pembina County North
	9	Arthur Guitierrez	ND	Nelson County
	10	Max McCarthy	ND	Red River
	9	Zach Oehlke	ND	Red River
	11	Dorien Tarley	ND	West Fargo
	10	Hudson Flom	ND	Red River
	10	Avery Rosinski	ND	Park River/Fordville...
	10	Mitchell Schirek	ND	Park River/Fordville...

Triple Jump Varsity - Finals

1.	12	Carter Stinson	42-00.50 PR	Red River
2.	11	Kaleb Braun	41-03.00	Hatton-Northwood
3.	11	Simon Haug	41-01.00 PR	Red River
4.	12	Sam Kruger	39-09.00	Red River
5.	12	Stevan Garza	39-08.00 PR	Grafton
6.	9	Erick Paye	39-06.00	Grand Forks Central
7.	10	Max Roller	38-10.00 PR	Thompson
8.	11	Joe Williamson	37-10.00	Grand Forks Central
9.	9	Quentyn Edwards	37-00.00 PR	Grand Forks Central
10.	12	Austin Synder	36-07.00	Hatton-Northwood
11.	12	Wythe Rynestad	36-06.50	Grand Forks Central
12.	12	Axel Navarro	36-05.00	West Fargo
13.	12	Kade Bilden	35-09.00 PR	Hatton-Northwood
14.	10	Quinn Nelson	35-00.00	Red River
15.	10	Ibrahim Suleiman	34-06.00	Red River
16.	11	Abram Hall	34-00.00	Red River
17.	12	Emmanuel Bargblor	33-04.00	Grand Forks Central
18.	12	Gabe Costello	32-05.00	Griggs Midkota
19.	9	Gavin Ryan	26-00.00	Drayton/Valley-Edinb...
	9	Aydin Jackson	ND	Hatton-Northwood
6.	12	Claire Lapp	30-04.00	Red River
7.	12	Elaine Martinez	30-01.00	Pembina County North
8.	9	Siri Olson	29-05.00	Grafton
9.	10	Jillian Riley	29-04.00	Grand Forks Central
10.	7	Alyssa Hoyles	28-01.00 PR	Drayton/Valley-Edinb...
11.	8	Hannah Miller	28-00.00 PR	Grafton
12.	9	Emma Haskamp	27-04.00 PR	Grand Forks Central
13.	7	Kelsey Johnson	26-01.00	Griggs Midkota
14.	11	Josephine Evenson	24-04.00	Pembina County North
15.	12	Lauralee Thompson	23-05.00	Hatton-Northwood
	11	Josie Johnson	ND	Griggs Midkota
	11	Emma Boe	ND	Red River

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Bob Zimney Last Chance HS

270 Followers Following

OFFICIAL RESULTS Monday, May 17, 2021 Field Events: **3:00 PM** Track Events: **3:15 PM** Cushman Field

Deadline was Mon 5/17/21 @ 12:00 PM

Womens Varsity

1.	Red River	213
2.	Grand Forks Central	93
3.	West Fargo	81
4.	Hatton-Northwood	60
5.	Thompson	52
5.	Griggs Midkota	52
7.	Midway/Minto	51
7.	Grafton	51
9.	Park River/Fordville-Lankin	31
10.	Pembina County North	20.5
11.	Drayton/Valley-Edinburg	19.5
12.	Nelson County	15

Mens Varsity

1.	Red River	199.5
2.	Grand Forks Central	117
3.	Thompson	93
4.	West Fargo	91
5.	Grafton	76
6.	Griggs Midkota	49
7.	Hatton-Northwood	37.5
8.	Nelson County	28
9.	Park River/Fordville-Lan...	13
10.	Midway/Minto	8
11.	Pembina County North	5
12.	Drayton/Valley-Edinburg	3

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E.D.C.
TRACK & FIELD MEET

MAY 21
GRAND FORKS

Athletic.net Team Results Management

East Region

OFFICIAL RESULTS

Friday, May 21, 2021 Cushman Field Grand Forks, Grand Forks

Mens Results

100 Meters Varsity - Finals

1.	11	Carson Hegerle	10.96a	PR	West Fargo
2.	12	Bakarr Fullah	11.04a	PR	Fargo South
3.	12	Jackson Kuznia	11.07a		West Fargo Sheyenne
4.	12	Samuel Nyemah	11.29a	PR	Fargo North
5.	10	Ty Schlichting	11.30a	PR	West Fargo Sheyenne
6.	11	Wyatt Mutzenberger	11.34a		Grand Forks Central
7.	12	Austin Harmsen	11.34a		Davies
8.	10	Ethan Raan	11.40a		West Fargo Sheyenne
9.	11	John Gores	11.42a		Shanley
10.	7	Ian Skari	11.45a	PR	West Fargo
11.	12	Jacob Brosius	11.46a		Fargo North
12.	11	Austin Shape	11.50a		Valley City
12.	10	James Gaden	11.50a		Fargo South
14.	12	Sam Kruger	11.55a		Red River
15.	12	KJ Franklin	11.61a		West Fargo Sheyenne
16.	12	Abraham Kollie	11.61a		West Fargo Sheyenne
17.	12	Terry Carter	11.65a	SR	West Fargo
17.	9	Peder Haugo	11.65a		Fargo North
19.	9	Jaden Middleton	11.67a	PR	Fargo South
20.	9	Ibrahim Bangura	11.69a		West Fargo
21.	12	Carter Kochmann	11.73a		Shanley
22.	10	Payton McGregor	11.75a	PR	West Fargo
23.	11	Evan Mielke	11.87a		Valley City
24.	11	Nathan Stegmiller	12.00a		Davies
25.	9	Grant Tschosik	12.04a		Davies
26.	9	Luke Lorenz	12.09a		Davies
27.	9	AJ Moore	12.12a	PR	Fargo South
28.	10	Beau Arenstein	12.12a	PR	Wahpeton
29.	8	Jackson DeVries	12.14a	PR	Wahpeton
30.	8	Pearce Parks	12.18a	PR	Red River
31.	11	Dallas Bachmeier	12.19a	PR	Fargo North
32.	10	Aiden Bourke	12.21a		Fargo South
33.	12	Christian Werner	12.33a		Devils Lake
34.	10	Cade Lindseth	12.34a	PR	Grand Forks Central
35.	11	Nathan Worrel	12.36a	SR	Wahpeton
36.	10	Tristan Raymond	12.41a		Grand Forks Central
37.	10	Mason Wosick-Bimler	12.43a		Red River
38.	12	Brady Owens	12.44a		Wahpeton
39.	10	Navy Oss	12.60a	PR	Grand Forks Central
40.	12	Tyler Ulrich	12.71a		Red River
41.	12	Tristin Winn	12.81a		Davies
42.	10	Grayson Geigle	12.89a		Shanley
43.	12	Ted Tchomakhidze	12.91a		Red River
44.	9	Andrew Schmidt	13.04a		Grand Forks Central
45.	9	Talon Larson	13.37a	PR	Valley City
46.	10	Hayden Botz	13.60a	PR	Valley City
47.	9	Alex Paul	15.83a		Shanley
	9	James Miller	DNS		Fargo North

Womens Results

100 Meters Varsity - Finals

1.	10	Cece Deebom	12.02a	PR	Davies
2.	11	Jasmine Williams	12.43a	PR	West Fargo
3.	8	Kate Laqua	12.65a		Davies
4.	9	Paige Renschler	12.79a	PR	Shanley
5.	12	Olivia Olson	13.07a	PR	Valley City
6.	10	Alimath Salou	13.08a		Davies
7.	12	Taylar Baker	13.12a	SR	Grand Forks Central
8.	11	Sydney Volesky	13.15a		West Fargo Sheyenne
8.	7	Michelle Gee	13.15a		West Fargo
10.	7	Kia Ray	13.16a	PR	West Fargo Sheyenne
11.	12	Brooke Thorsness	13.18a		Fargo South
12.	10	Kiana Malecha	13.22a	PR	Davies
13.	9	Jordis Maxwell	13.36a	PR	Fargo South
13.	10	Annika McCarthy	13.36a		Devils Lake
15.	10	Taya Samek	13.61a	PR	West Fargo
16.	10	Paige Lipetzky	13.62a		West Fargo Sheyenne
17.	12	Ava Olson	13.64a		Davies
18.	11	Grace Miller	13.77a	SR	Fargo North
19.	11	Taylor Tedford	13.81a		Fargo North
20.	10	Leziga Kpeenu	13.86a		West Fargo Sheyenne
21.	8	Nishi Yvette	13.88a		Fargo South
22.	11	Isabelle Snyder	13.91a	PR	Shanley
23.	9	Samantha Melling	13.96a		West Fargo
24.	10	Sierra Heyd	14.06a	PR	Grand Forks Central
25.	9	Hadley Thoreson	14.07a	PR	Valley City
26.	10	Jennifer Klundt	14.23a		Fargo North
27.	11	Esther Benton	14.23a	PR	Wahpeton
28.	10	Noura Elhamadana	14.27a	PR	Red River
29.	12	Brietta Mullane	14.28a		Grand Forks Central
30.	11	Zoey Schlader	14.29a		West Fargo
31.	-	Riley Giere	14.46a		Fargo South
32.	7	Josie Fish	14.48a		Red River
33.	8	Katelyn Ommen	14.52a		Shanley
34.	7	Kadie Kocka	14.79a		Valley City
35.	9	Jadyn Chakua	14.86a		Fargo North
36.	12	Brianna Filson	14.91a		Grand Forks Central
37.	9	Hailey Clark	14.93a		Grand Forks Central
38.	11	Ketevan Chomakhidze	15.54a		Red River
39.	10	Brynna Young	15.84a		Red River
40.	9	Kaydra Cavanaugh	16.45a	PR	Devils Lake
	8	Gabby Tangedal	DNS		Devils Lake
	11	Emma Boe	DNS		Red River
	10	Saree Wadeson	DNS		West Fargo Sheyenne
	8	Scout Woods	DNS		Wahpeton

200 Meters Varsity - Finals

200 Meters Varsity - Finals

1.	12	Jackson Kuznia	22.01a		West Fargo Sheyenne
2.	11	Carson Hegerle	22.02a	PR	West Fargo
3.	12	Jak Urlacher	22.13a	PR	Grand Forks Central
4.	11	Wyatt Mutzenberger	22.47a		Grand Forks Central
5.	12	Bakarr Fullah	22.48a		Fargo South
6.	11	Austin Shape	22.95a	PR	Valley City
7.	12	Jacob Brosius	22.97a	PR	Fargo North
8.	12	Samuel Nyemah	22.98a		Fargo North
9.	12	Ryan Barth	23.15a	PR	Davies
10.	11	John Gores	23.24a	PR	Shanley
11.	11	Brady Duttenhefer	23.35a	PR	West Fargo Sheyenne
12.	12	Trevor Tiongson	23.41a		West Fargo Sheyenne
13.	10	Aiden Bourke	23.47a	PR	Fargo South
14.	12	Sam Kruger	23.51a		Red River
15.	7	Ian Skari	23.57a	PR	West Fargo
16.	9	Peder Haugo	23.60a	PR	Fargo North
17.	11	Nicholas Nyquist	23.73a		Davies
18.	10	Keaton Schwab	23.75a	PR	Davies
19.	10	Payton McGregor	23.81a	PR	West Fargo
20.	12	Alex Schill	23.94a	PR	Grand Forks Central
21.	11	Dallas Bachmeier	24.19a	PR	Fargo North
22.	9	Ibrahim Bangura	24.29a		West Fargo
23.	9	AJ Moore	24.29a	PR	Fargo South
24.	10	Will Lacher	24.38a	PR	Fargo South
25.	8	Brody Andrade	24.45a	PR	Red River
26.	11	Nathan Stegmiller	24.55a		Davies
27.	11	Tristan Kramlich	24.73a	PR	Fargo North
28.	11	Denver Piechowski	24.75a		Davies
29.	12	Dylan Narum	24.77a	PR	Red River
30.	12	Christian Werner	24.87a	PR	Devils Lake
31.	12	Brady Owens	24.88a	PR	Wahpeton
32.	11	Anthony Lopez	24.89a	PR	Grand Forks Central
33.	10	Tristan Raymond	24.94a	PR	Grand Forks Central
34.	12	Ted Tchomakhidze	25.16a	PR	Red River
35.	8	Pearce Parks	25.19a	PR	Red River
36.	8	Jackson DeVries	25.22a	PR	Wahpeton
37.	10	Emanuel Spiyee	25.82a	PR	Fargo South
38.	9	Talon Larson	27.33a		Valley City
39.	10	Hayden Botz	27.36a	PR	Valley City
40.	9	Amadou Jallow	29.86a	PR	Devils Lake
41.	9	Alex Paul	32.42a	PR	Shanley
42.	9	Zak Paul	33.47a	PR	Shanley
	8	David Hollcraft	DNS		Shanley
	10	Reece Breidenbach	DNS		West Fargo Sheyenne
	11	Evan Mielke	DNS		Valley City
	12	Terry Carter	DNS		West Fargo

400 Meters Varsity - Finals

1.	12	Jackson Kuznia	49.91a	PR	West Fargo Sheyenne
2.	11	Gannon Brooks	51.19a	PR	Red River
3.	11	Wyatt Mutzenberger	51.31a		Grand Forks Central
4.	12	Jack Robertson	51.79a	PR	Davies
5.	10	James Gaden	52.28a	PR	Fargo South
6.	11	Brady Duttenhefer	52.28a	PR	West Fargo Sheyenne
7.	10	Reece Breidenbach	52.68a	PR	West Fargo Sheyenne
8.	12	Gabriel Houle	53.10a	PR	Devils Lake
9.	10	Eli Svenby	53.59a	PR	West Fargo
10.	11	Tanner Schiller	54.42a	PR	Red River
11.	9	Jaray Touray	54.83a		Davies
1.	10	Cece Deebom	24.61a	PR	Davies
2.	11	Jasmine Williams	25.45a		West Fargo
3.	8	Kate Laqua	25.63a		Davies
4.	9	Jocie Schiller	26.67a	PR	Red River
5.	8	Gabby Tangedal	26.68a	PR	Devils Lake
6.	10	Annika McCarthy	27.30a		Devils Lake
7.	12	Jada Bell	27.45a	PR	Davies
8.	7	Michelle Gee	27.55a		West Fargo
9.	12	Taylar Baker	27.68a	SR	Grand Forks Central
10.	10	Alimath Salou	27.83a		Davies
11.	10	Ashley Wacha	27.88a		Davies
12.	9	Jordis Maxwell	28.00a	PR	Fargo South
13.	12	Amelia Jacobs	28.07a	PR	West Fargo Sheyenne
14.	7	Kia Ray	28.07a	PR	West Fargo Sheyenne
15.	12	Kylie Severson	28.28a	PR	Red River
16.	10	Jade Anderson	28.42a	PR	West Fargo Sheyenne
17.	10	Taya Samek	28.44a	PR	West Fargo
18.	10	Sierra Heyd	28.62a		Grand Forks Central
19.	9	Allie Emineth	28.78a	PR	Shanley
20.	9	Samantha Melling	29.02a		West Fargo
21.	8	Odura Isaac	29.11a		Shanley
22.	10	Leziga Kpeenu	29.16a		West Fargo Sheyenne
23.	12	Brietta Mullane	29.32a	SR	Grand Forks Central
24.	9	Hadley Thoreson	29.32a	PR	Valley City
25.	10	Jillian Riley	29.37a	SR	Grand Forks Central
26.	11	Jenna Gerhardt	29.42a	PR	Devils Lake
27.	11	Zoey Schlader	29.76a	PR	West Fargo
28.	10	Noura Elhamadana	29.78a	PR	Red River
29.	9	Chaylee Hewson	30.39a	PR	Devils Lake
30.	12	Carmen Degges	30.44a	PR	Fargo North
31.	7	Raya Dobbs	30.79a		Fargo North
32.	11	Zoie Krump	30.82a	PR	Red River
33.	10	Samantha Christensen	31.09a		Fargo North
34.	9	Jadyn Chakua	31.51a		Fargo North
35.	9	Kaydra Cavanaugh	33.71a	PR	Devils Lake
36.	9	Tennasyn Henry	35.04a		Grand Forks Central
	9	Leah Meyer	DNS		Shanley
	8	Nora Fluge	DNS		Fargo North
	8	Nishi Yvette	DNS		Fargo South
	11	Patience Toh	DNS		Fargo South
	10	Erin Sorum	DNS		Fargo South
	11	Ketevan Chomakhidze	DNS		Red River
	11	Erin Mueller	DNS		West Fargo Sheyenne

400 Meters Varsity - Finals

1.	8	Kate Laqua	58.56a	PR	Davies
2.	9	Jocie Schiller	58.79a	PR	Red River
3.	12	Ryleigh Wacha	59.54a	PR	Davies
4.	11	Hailey Bjerke	1:00.17a	PR	Davies
5.	9	Avary Fitzpatrick	1:00.91a	PR	West Fargo Sheyenne
6.	8	Greta Goven	1:01.42a	PR	Valley City
7.	8	Grace Thiel	1:02.32a	PR	Fargo North
8.	9	Mesiku Hakim	1:02.84a		Shanley
9.	10	Bryn Donaldson	1:03.16a	SR	Davies
10.	9	Unique Wea	1:03.74a		West Fargo Sheyenne
11.	9	Leah Meyer	1:03.96a	PR	Shanley
12.	7	Evie Gherdovich	1:04.04a	PR	Grand Forks Central
13.	8	Grayce Anderson	1:04.06a	PR	Fargo North
14.	11	Brenna White	1:04.28a		West Fargo
15.	8	Nora Fluge	1:04.29a	PR	Fargo North
16.	11	Emily Skalicky	1:04.29a	PR	Fargo North

12.	12	Daniel Jones	55.21a PR	Fargo North
13.	12	Morgan Hoefs	55.21a PR	Red River
14.	11	Emmett Sum	55.32a PR	Grand Forks Central
15.	9	Grant Hoffarth	55.38a	Red River
16.	11	Alex Flores	55.41a	Fargo North
17.	12	Gus Lasch	55.48a	Wahpeton
18.	9	Grant Tschosik	55.57a PR	Davies
19.	10	Hayden Pritchard	55.64a	West Fargo
20.	12	Dylan Narum	55.67a PR	Red River
21.	11	Tristan Kramlich	55.88a PR	Fargo North
22.	11	Jon Geske	56.03a PR	Fargo North
23.	11	Wil Roberts	56.16a PR	Davies
24.	9	Chase Kjervestad	57.38a PR	West Fargo
25.	10	Navy Oss	57.79a PR	Grand Forks Central
26.	10	Mason Haugland	57.88a PR	Devils Lake
27.	9	Aiden Herz	59.49a PR	Fargo South
28.	9	Noah Berge	59.51a PR	Wahpeton
29.	9	Ryaan Alshami	59.82a	Grand Forks Central
30.	9	AJ Moore	1:00.40a PR	Fargo South
31.	10	Emanuel Spiyee	1:01.04a PR	Fargo South
32.	8	David Hollcraft	1:03.01a PR	Shanley
33.	9	Caden Willows	1:03.13a PR	West Fargo
34.	11	Trenton Bloms	1:19.70a	Wahpeton
	8	Treyton Mauch	DNS	Wahpeton
	9	Brian Schaan	DNS	Shanley
	9	Ahmed Al Zenad	DNS	West Fargo
	10	Aiden Bourke	DNS	Fargo South
	10	Finn Jackson	DNS	Grand Forks Central
	12	Tristin Winn	DNS	Davies
	11	Soren Bartell	DNS	Fargo North

800 Meters Varsity - Finals

1.	11	Parker Nelson	1:59.31a	West Fargo
2.	11	Caeden Johnson	2:00.02a	West Fargo Sheyenne
3.	12	Mustafe Abdi	2:00.73a PR	Red River
4.	10	Quinn Roehl	2:01.28a	Grand Forks Central
5.	10	Jonah Dafoe	2:01.64a	Red River
6.	10	Tristan Quibell	2:02.19a PR	Fargo South
7.	12	Carson Dean	2:02.96a	Shanley
8.	10	Drew Rempher	2:04.32a	Davies
9.	11	Dameon Zenawick	2:05.89a	Red River
10.	12	Jack Robertson	2:07.04a	Davies
11.	11	Lincoln Retzlaff	2:07.05a	West Fargo
12.	12	Kamden Coles	2:07.37a	West Fargo Sheyenne
13.	10	Grant Lelm	2:08.01a	Red River
14.	10	Noah Yahnke	2:08.26a	West Fargo
15.	12	Emmett Kenney	2:08.29a	Shanley
16.	11	Lane Dullum	2:08.68a	West Fargo
17.	9	Isaiah Robles	2:10.53a	West Fargo Sheyenne
18.	10	Ethan Lantz	2:11.06a	Shanley
19.	11	Bennett Hefta	2:11.46a	Davies
20.	10	Omar Aly Ahmed	2:12.24a PR	Fargo South
21.	9	Nathan Andrews	2:13.20a PR	Shanley
22.	9	Joe Flaherty	2:13.21a PR	Shanley
23.	9	Carter Rydland	2:15.80a	Red River
24.	11	Wayne Costilla	2:16.71a	Grand Forks Central
25.	12	Karter Witte	2:17.87a PR	Davies
26.	10	Charley Larson	2:20.03a	Fargo South
27.	12	Jaxson Mcquillan	2:20.45a	West Fargo Sheyenne
28.	11	Jacob Shomento	2:20.46a PR	Devils Lake
29.	11	Evan Watkin	2:21.64a	Fargo North
30.	12	Cole Marinucci	2:23.88a	West Fargo
31.	9	Noah Berge	2:24.57a PR	Wahpeton
17.	9	Ava Graf	1:04.78a PR	Davies
18.	12	Amelia Jacobs	1:04.94a PR	West Fargo Sheyenne
19.	8	Sadie Wavrin	1:05.36a PR	West Fargo
20.	9	Allie Emineth	1:06.36a	Shanley
21.	9	Leah Locklear	1:06.40a PR	West Fargo
22.	10	Kinsey Pedersen	1:07.12a	Wahpeton
23.	10	Catherine Francis	1:07.16a	West Fargo Sheyenne
24.	8	Anna Shock	1:07.24a	Devils Lake
25.	10	Callie Baukol	1:07.99a	Fargo South
26.	9	Isabella Tangedal	1:08.07a	Devils Lake
27.	12	Noella Akech	1:08.48a PR	West Fargo Sheyenne
28.	9	Ella Nelson	1:08.58a PR	West Fargo
29.	11	Zoie Krump	1:09.33a PR	Red River
30.	8	Sophie Brakke	1:09.92a PR	Red River
31.	9	Chaylee Hewson	1:10.04a	Devils Lake
32.	10	Hallie Fritel	1:10.46a	Devils Lake
33.	12	Hannah Johnson	1:11.27a	Fargo North
34.	9	Tamsyn Nantaba	1:11.90a PR	Fargo South
35.	8	Victoria Sanchez	1:12.28a	Valley City
36.	9	Coral Heyd	1:12.83a PR	Grand Forks Central
37.	11	McKenna Breuer	1:15.37a SR	Wahpeton
38.	11	Sophie Lachance	1:18.08a	Red River
39.	10	Brynna Young	1:18.23a PR	Red River
40.	9	Tennasyn Henry	1:20.12a	Grand Forks Central
	11	Sydney Mahrer	DNS	Wahpeton
	12	Kate Busek	DNS	Shanley

800 Meters Varsity - Finals

1.	11	Anna Lien	2:16.64a PR	Fargo North
2.	12	McKenna Lovehaug	2:20.29a SR	Davies
3.	12	Ryleigh Wacha	2:23.63a	Davies
4.	12	Eden Smith	2:23.84a PR	West Fargo Sheyenne
5.	11	Hailey Bjerke	2:26.05a SR	Davies
6.	8	Greta Goven	2:26.06a	Valley City
7.	9	Olivia Heilman	2:27.00a PR	West Fargo Sheyenne
8.	8	Mya Mannausau	2:27.92a PR	Red River
9.	10	Marie Derenne	2:28.57a	Grand Forks Central
10.	11	Brenna Barnick	2:28.80a PR	Davies
11.	11	Taylor Schneider	2:32.26a PR	Shanley
12.	12	Avery Murray	2:34.76a	Valley City
13.	10	Lauren Dosch	2:35.37a	Red River
14.	11	Emily Klaman	2:35.95a	West Fargo
15.	10	Emily Nelson	2:37.98a	Red River
16.	10	Sydnee Ingstad	2:38.42a SR	Valley City
17.	9	Gabrielle McLaurin	2:39.27a	Devils Lake
18.	12	Nora Berry	2:40.44a	Grand Forks Central
19.	12	Addison Hammes	2:40.56a SR	Fargo North
20.	10	Carly Goven	2:41.71a PR	Valley City
21.	9	Katelyn Stern	2:43.57a	Grand Forks Central
22.	7	Kiaya Hagen	2:44.65a	West Fargo
23.	8	Rylie Lelm	2:45.57a	Red River
24.	10	Lindsey Anderson	2:46.09a	West Fargo
25.	12	Hannah Johnson	2:46.74a	Fargo North
26.	7	Lucy Grothmann	2:47.67a	Shanley
27.	9	Ellen Berry	2:47.72a	Grand Forks Central
28.	7	Kami Dean	2:48.75a PR	Shanley
29.	11	Paris Cronin	2:49.08a PR	Fargo South
30.	11	Liv Berger	2:49.65a	Fargo South
31.	9	Mallory Strand	2:50.15a PR	Shanley
32.	12	Paige Erbstoesser	2:50.31a	West Fargo
33.	8	Brooke Dorsey	2:50.71a	Red River
34.	9	Elsie Anderson	2:51.45a	Fargo North
35.	10	Joslyn Jackson	2:51.77a	West Fargo

32.	11	Connor Pfennig	2:25.95a	PR	Valley City
33.	10	Gabriel Little Dog	2:28.85a	PR	Valley City
34.	11	Gunnar Moody	2:31.21a	PR	Fargo South
35.	12	Daniel Wintch	2:32.83a		Valley City
36.	10	Malcom Stubbe	2:33.42a		Devils Lake
37.	11	Torrey Westereng	2:34.73a	PR	Grand Forks Central
38.	9	Jaden Schwan	2:41.25a		Grand Forks Central
	10	Elijah Pederson	DNS		Fargo North
	9	James Lien	DNS		Fargo North
	10	Mason Haugland	DNS		Devils Lake
	11	Gabe Sagvold	DNS		Fargo North
	10	Jesse Olsen	DNS		West Fargo Sheyenne

1600 Meters Varsity - Finals

1.	12	Jacob Knodle	4:14.79a	PR	West Fargo Sheyenne
2.	9	Owen Sondag	4:19.19a	PR	Fargo North
3.	11	Caeden Johnson	4:22.16a		West Fargo Sheyenne
4.	9	Aiden Johnson	4:22.40a		West Fargo Sheyenne
5.	11	Dameon Zenawick	4:23.75a	PR	Red River
6.	10	Matt Rongitsch	4:36.39a		Red River
7.	11	Gabe Sagvold	4:41.42a		Fargo North
8.	9	Adam Brachman	4:43.46a		Davies
9.	10	Tyler Goss	4:46.10a	PR	Devils Lake
10.	8	Elijah Dafoe	4:48.45a	PR	Red River
11.	10	Omar Aly Ahmed	4:51.77a	PR	Fargo South
12.	10	Noah Yahnke	4:54.68a	PR	West Fargo
13.	9	Jeb Gossett	4:56.50a		Fargo North
14.	10	Luke Baumgardner	4:57.22a	PR	Wahpeton
15.	12	Michael Toy	4:57.33a	PR	West Fargo Sheyenne
16.	9	Micah Larsen-Schmidt	5:00.36a		Red River
17.	9	Cooper Clouse	5:01.04a		West Fargo Sheyenne
18.	10	Jake Jenkins	5:01.07a		Red River
19.	10	Levi Rossman	5:02.51a		West Fargo
20.	10	Sam Lies	5:05.87a	PR	Davies
21.	10	Charley Larson	5:06.27a		Fargo South
22.	12	Sam Lucht	5:06.30a		Davies
23.	12	Eli Heyer	5:07.98a		Davies
24.	10	Braxton Middaugh	5:09.23a		Fargo North
25.	9	Nate Anderson	5:09.92a		Davies
26.	8	Isaac Amundson	5:14.40a		West Fargo
27.	11	Noah Geffre	5:24.19a		Shanley
28.	12	Daniel Wintch	5:26.34a	PR	Valley City
29.	12	Blake Nelson	5:28.88a	PR	Shanley
30.	11	Connor Pfennig	5:29.15a	PR	Valley City
31.	12	Charlie Hapka	5:29.47a		Shanley
32.	12	Cole Marinucci	5:32.52a		West Fargo
33.	10	Gabriel Little Dog	5:34.02a	PR	Valley City
34.	10	Malcom Stubbe	5:44.54a	PR	Devils Lake
35.	9	Jaden Schwan	5:52.34a	PR	Grand Forks Central
36.	9	Colman Barth	5:59.26a		Wahpeton
	9	James Lien	DNF		Fargo North
	11	Garrison Miller	DQ		Shanley

3200 Meters Varsity - Finals

1.	12	Jacob Knodle	9:24.67a		West Fargo Sheyenne
2.	9	Aiden Johnson	9:46.36a		West Fargo Sheyenne
3.	11	Hunter McHenry	9:50.54a		Red River
4.	9	Owen Sondag	9:50.66a		Fargo North
5.	10	Brady Goss	9:58.40a	PR	Devils Lake
6.	10	Matt Rongitsch	9:59.00a	PR	Red River
36.	10	Hallie Fritel	2:54.34a		Devils Lake
37.	-	Ella Roehl	2:56.49a	PR	Fargo South
38.	9	Lindsey Reeder	3:00.23a	PR	Fargo South
39.	11	Keeley Eichhorn	3:03.84a		Fargo South
	9	Aria Kindseth	DNS		Grand Forks Central
	12	Gabby Baumgardner	DNS		Wahpeton
	10	Bryn Donaldson	DNS		Davies
	10	Alison Hoerer	DNS		Wahpeton
	10	Brooklyn Champagne	DNS		Fargo North

1600 Meters Varsity - Finals

1.	12	Onnica Stansbury	5:21.32a		West Fargo Sheyenne
2.	10	Lauren Dosch	5:32.23a		Red River
3.	9	Olivia Heilman	5:40.58a		West Fargo Sheyenne
4.	12	Clare Boldingh	5:40.80a		West Fargo
5.	9	Cierra Bornemann	5:42.11a		Davies
6.	10	Brooklyn Champagne	5:42.33a	PR	Fargo North
7.	8	Ellie Miller	5:42.88a		Davies
8.	8	Olivia Hammes	5:46.94a	PR	Fargo North
9.	12	Janae Phillips	5:54.07a		Davies
10.	11	Trinity Kilde	5:55.06a		Davies
11.	7	Kiaya Hagen	5:57.22a	PR	West Fargo
12.	8	Rylie Lelm	5:58.27a		Red River
13.	10	Joslyn Jackson	6:00.41a	PR	West Fargo
14.	11	Molly Campbell	6:00.56a		Davies
15.	9	Mallory Strand	6:02.90a	PR	Shanley
16.	12	Paige Erbstoesser	6:05.69a	SR	West Fargo
17.	8	Brooke Dorsey	6:07.24a		Red River
18.	11	Alice Bauroth	6:07.63a		Fargo South
19.	8	Claire Bartell	6:11.13a		Fargo North
20.	11	Morgan Reeder	6:20.69a		Fargo South
21.	11	Keeley Eichhorn	6:20.74a	PR	Fargo South
22.	7	Lucy Grothmann	6:22.43a		Shanley
23.	7	Kami Dean	6:22.92a		Shanley
24.	10	McKenna Emineth	6:27.25a		Red River
25.	10	Elizabeth Simon	6:27.86a		Red River
26.	-	Ella Roehl	6:34.47a		Fargo South
27.	11	Jerzay Bachmeier	6:36.48a	SR	West Fargo
28.	12	Emma Rieger	6:44.46a	SR	Fargo South
	12	Nora Berry	DNS		Grand Forks Central
	11	Anna Bernhardt	DNS		Shanley

3200 Meters Varsity - Finals

1.	12	Onnica Stansbury	11:38.68a		West Fargo Sheyenne
2.	12	Gracia Larsen-Schmidt	11:52.98a		Red River
3.	7	Brooklyn Herrick	11:59.74a	PR	West Fargo Sheyenne
4.	10	Jordan Knudsvig	12:00.00a		West Fargo
5.	9	Reagan Berg	12:04.32a	PR	Valley City
6.	11	Kaelyn Berg	12:07.93a		West Fargo
7.	11	Elle Sondag	12:08.20a		Fargo North
8.	7	Kinley Steckler	12:21.54a	PR	Davies
9.	12	Clare Boldingh	12:26.23a		West Fargo
10.	12	Grace Dorsher	12:27.93a	SR	Fargo North
11.	11	Campbell Dorsey	12:41.78a		Red River
12.	10	Brooke Everson	12:47.41a		Davies
13.	8	Katie Uhlir	13:18.27a		Grand Forks Central
14.	11	Kiley Craft	13:52.45a		Shanley

7.	11	Regan Bosch	9:59.79a PR	Davies
8.	11	Justin Smith	10:02.79a PR	West Fargo
9.	12	Ryan Prusak	10:12.92a	Red River
10.	12	Broden Diederich	10:14.46a	Red River
11.	11	Carter Ferber	10:30.16a PR	West Fargo Sheyenne
12.	10	Matt Evans	10:41.14a	Red River
13.	9	Jake Coulter	10:44.93a	Davies
14.	10	Lucas Menke	10:45.74a	Davies
15.	9	Curtis Sande	10:56.97a PR	Grand Forks Central
16.	10	Simon Pryor	11:09.94a	Fargo North
17.	12	Cael Lorenz	11:16.92a SR	Grand Forks Central
18.	11	Jack Thiel	11:22.35a PR	Fargo North
19.	7	Quinn Carroll	11:33.04a	Shanley
20.	10	Nathan Hokstad	11:40.09a	Fargo South
21.	10	Luke Baumgardner	11:46.30a	Wahpeton
22.	12	Charlie Hapka	12:08.38a	Shanley

110m Hurdles - 39" Varsity - Finals

1.	12	Jared Eggermont	14.99a	Valley City
2.	11	Carter Elde	15.20a	Grand Forks Central
3.	11	Isaac Birnbaum	15.71a PR	West Fargo Sheyenne
4.	12	Courage David	15.79a PR	West Fargo
5.	10	Lukas Heydt	16.00a	Red River
6.	12	Trehvon Montgomery	16.04a	Fargo South
7.	10	Carter Byron	16.12a	Red River
8.	11	Steven Edwards	16.58a	West Fargo
9.	9	Reis Kessel	16.58a PR	Fargo South
10.	11	Denver Piechowski	16.68a	Davies
11.	12	Jacob Bartels	17.08a	Wahpeton
12.	8	Trey Knoke	17.39a	Fargo North
13.	10	Soren Kaster	17.60a PR	West Fargo Sheyenne
14.	12	Collin Allan	17.60a	Grand Forks Central
15.	11	Anthony Lopez	17.72a	Grand Forks Central
16.	9	Ben Strand	17.73a PR	Red River
17.	10	Will Lacher	18.01a	Fargo South
18.	10	James Weninger	18.36a PR	Fargo North
19.	12	Joel Tande	18.64a	Grand Forks Central
20.	11	Isaac Schall	18.84a	Red River
21.	9	Thompson Fischer	19.62a	Davies
22.	10	Blake Wanner	19.74a PR	Fargo North
23.	9	Olamide Alabi	20.79a	Davies
24.	11	Devan Diemert	20.86a	Wahpeton
25.	10	Andrew Withuski	22.72a	Wahpeton
	8	Josh Beil	DNS	Davies
	12	Terry Carter	DNS	West Fargo

300m Hurdles - 36" Varsity - Finals

1.	12	Jared Eggermont	39.97a PR	Valley City
2.	11	Isaac Birnbaum	41.10a	West Fargo Sheyenne
3.	12	Adam Arnold	41.81a PR	Grand Forks Central
4.	10	Lukas Heydt	42.01a	Red River
5.	10	Will Lacher	42.92a PR	Fargo South
6.	8	Trey Knoke	43.17a PR	Fargo North
7.	8	Treyton Mauch	43.50a PR	Wahpeton
8.	12	Daniel Jones	44.34a	Fargo North
9.	9	Angel Lopez	44.35a PR	Grand Forks Central
10.	11	Anthony Lopez	44.82a PR	Grand Forks Central
11.	12	Jacob Bartels	44.93a	Wahpeton
12.	12	Ryder Schmidt	45.14a PR	Davies
13.	10	Charlie Anderson	45.21a PR	Fargo North
15.	10	Annika Stephens	13:57.27a	Davies
16.	12	Madeline Stroud	14:03.43a	Davies
17.	11	Narria Neubert	14:04.05a	Red River
18.	12	Kendal Bloom	14:06.09a	Davies
19.	12	Silje Kindseth	14:21.20a SR	Grand Forks Central
	9	Claire Hynek	DNS	Grand Forks Central

100m Hurdles - 33" Varsity - Finals

1.	10	Cece Deebom	14.95a	Davies
2.	12	Jada Bell	15.33a PR	Davies
3.	9	Cayla Sailer	16.64a	Davies
4.	10	Samantha Gustafson	16.70a	West Fargo
5.	12	Shri Patel	17.13a	Red River
6.	9	Lauren Swanson	17.25a	Red River
7.	12	Faith Clark	17.36a SR	Davies
8.	10	Sarah Ostlie	17.44a	Shanley
9.	10	Elyse Gulsvig	17.50a	Davies
10.	11	Elvinell Fofanah	17.62a	West Fargo
11.	8	Odura Isaac	17.80a PR	Shanley
12.	10	Peyton Breidenbach	17.93a	West Fargo Sheyenne
13.	8	Axumite James	18.14a PR	Fargo South
14.	11	Alexus Olson	18.18a PR	West Fargo
15.	10	Elle Terstriep	18.44a PR	Shanley
16.	9	Ella Germundson	18.54a PR	West Fargo Sheyenne
17.	9	Brynn Moen	18.80a	Grand Forks Central
18.	11	Kaely Moran	19.09a	West Fargo
19.	9	Emma Haskamp	19.32a	Grand Forks Central
20.	10	Jasmine Thomas	19.66a	Grand Forks Central
21.	9	Kennedy Polda	19.84a PR	Wahpeton
22.	10	Beth Ellis	19.94a	Fargo South
23.	9	Emily Arnold	20.28a	Grand Forks Central
24.	12	Carmen Degges	21.01a	Fargo North
25.	9	Jadyn Chakua	21.71a	Fargo North
26.	10	Terra Beardemphl	22.09a	Grand Forks Central
27.	9	Addison Gerdon	22.21a PR	Wahpeton
	9	Heidi Wiedeman	DNF	West Fargo
	10	Jennifer Klundt	DNS	Fargo North
	11	Ketevan Chomakhidze	DNS	Red River
	12	Kiernan Darling	DNS	Fargo South

300m Hurdles - 30" Varsity - Finals

1.	8	Kate Laqua	45.25a PR	Davies
2.	10	Samantha Gustafson	46.75a PR	West Fargo
3.	12	Shri Patel	47.14a PR	Red River
4.	9	Ashton Safranski	48.01a	Davies
5.	12	Jada Bell	48.10a PR	Davies
6.	11	Hannah Hynek	49.47a PR	Grand Forks Central
7.	9	Lauren Swanson	50.34a PR	Red River
8.	10	Sarah Ostlie	50.72a PR	Shanley
9.	12	Faith Clark	50.86a SR	Davies
10.	10	Ashley Wacha	50.98a	Davies
11.	9	Brynn Moen	51.10a	Grand Forks Central
12.	8	Odura Isaac	51.23a PR	Shanley
13.	11	Alexus Olson	52.08a PR	West Fargo
14.	9	Ella Germundson	52.10a	West Fargo Sheyenne
15.	10	Peyton Breidenbach	52.29a	West Fargo Sheyenne
16.	10	Karina Olson	52.59a	Valley City
17.	8	Sophie Brakke	52.80a PR	Red River

14.	11	Denver Piechowski	45.55a		Davies
14.	10	Mason Haugland	45.55a	PR	Devils Lake
16.	8	Josh Beil	45.75a		Davies
17.	9	Grant Hoffarth	45.99a		Red River
18.	10	Finn Lynch	46.44a	PR	Fargo North
19.	9	Joe Flaherty	46.59a	PR	Shanley
20.	11	Alex Flores	46.96a		Fargo North
21.	9	Olamide Alabi	46.98a		Davies
22.	11	Isaac Schall	47.46a		Red River
23.	9	Ben Strand	47.49a	PR	Red River
24.	11	Devan Diemert	47.82a	PR	Wahpeton
25.	9	Thompson Fischer	48.76a		Davies
26.	9	Mikko Angelo Villas	49.52a	PR	Red River
	10	Andrew Withuski	DNS		Wahpeton
	11	Steven Edwards	DQ		West Fargo
	11	Carter Elde	DNS		Grand Forks Central

4x100 Relay Varsity - Finals

1.	Abraham Kollie Ethan Raan Trevor Tiongson Ty Schlichting	42.87a	West Fargo Sheyenne
2.	James Gaden Trehvon Montgomery Sibomana Enock Bakarr Fullah	42.97a	Fargo South
3.	Samuel Nyemah Jacob Brosius Nathaniel Fritel Peder Haugo	43.88a	Fargo North
4.	Denver Piechowski Austin Harmsen Ryan Barth Nicholas Nyquist	44.20a	Davies
5.	Ian Skari Carson Hegerle Courage David Ibrahim Bangura	44.20a	West Fargo
6.	John Gores Carson Dean Carter Kochmann Luke Hollcraft	44.71a	Shanley
7.	Gannon Brooks Carter Byron Carter Stinson Sam Kruger	44.78a	Red River
8.	Jackson DeVries Blake Schafer Beau Arenstein Shea Truesdell	45.30a	Wahpeton
9.	Collin Allan Jak Urlacher Alex Schill Adam Arnold	46.01a	Grand Forks Central
	Aiden Jacobson Austin Shape Evan Mielke Jaden Compson	DNS	Valley City

4x200 Relay Varsity - Finals

18.	8	Sadie Wavrin	53.24a	PR	West Fargo
19.	12	Claire Lapp	53.69a	PR	Red River
20.	11	Elvinell Fofanah	55.17a		West Fargo
21.	10	Jasmine Thomas	55.68a	PR	Grand Forks Central
22.	11	Zoie Krump	55.81a		Red River
23.	10	Beth Ellis	55.98a	PR	Fargo South
24.	9	Heidi Wiedeman	56.32a		West Fargo
25.	12	Carmen Degges	56.66a		Fargo North
26.	9	Emily Arnold	57.13a	PR	Grand Forks Central
27.	9	Emma Haskamp	57.33a		Grand Forks Central
28.	9	Talitha Benton	58.84a		Wahpeton
29.	9	Addison Gerdon	1:00.17a	PR	Wahpeton
30.	11	McKenna Breuer	1:01.18a	PR	Wahpeton

4x100 Relay Varsity - Finals

1.	Laiken Sturn Michelle Gee Samantha Gustafson Jasmine Williams	50.47a	West Fargo
2.	Alimath Salou Nina Hage Jill Engstrom Ellen Donat	50.51a	Davies
3.	Noelle Friederichs Brooklyn Kelsch Mesiku Hakim Paige Renschler	51.27a	Shanley
4.	Kia Ray Sydney Volesky Unique Wea Avary Fitzpatrick	51.32a	West Fargo Sheyenne
5.	Jordis Maxwell Beth Ellis Kiernan Darling Brooke Thorsness	51.92a	Fargo South
6.	Isabella Tangedal Cabryn Fritel Gabby Tangedal Annika McCarthy	52.25a	Devils Lake
7.	Olivia Olson Kadie Kocka Jocey Kriewald Karina Olson	52.45a	Valley City
8.	Reagan Carlson Grace Miller Taylor Tedford Emily Skalicky	53.33a	Fargo North
9.	Sophie Brakke Lauren Swanson Claire Lapp Kylie Severson	53.87a	Red River
10.	Halle Miller Christa Habiger Sidnie Pulskamp Reagan Wohlers	54.27a	Wahpeton
11.	Brianna Filson Brietta Mullane Brynn Moen Sierra Heyd	54.45a	Grand Forks Central

1.	Sibomana Enock Trehvon Montgomery Peyton Kessel Bakarr Fullah	1:29.57a	Fargo South
2.	Nathaniel Fritel Peder Haugo Jacob Brosius Samuel Nyemah	1:30.77a	Fargo North
3.	Ty Schlichting Isaac Birnbaum Brady Duttenhefer Trevor Tiongson	1:30.84a	West Fargo Sheyenne
4.	Adam Arnold Jak Urlacher Alex Schill Carter Elde	1:32.27a	Grand Forks Central
5.	Sam Kruger Carter Stinson Gannon Brooks Morgan Hoefs	1:33.25a	Red River
6.	Ian Skari Ibrahim Bangura Courage David Terry Carter	1:34.01a	West Fargo
7.	Keaton Schwab Austin Harmsen Ryan Barth Nicholas Nyquist	1:34.12a	Davies
8.	Jackson DeVries Treyton Mauch Beau Arenstein Brady Owens	1:36.92a	Wahpeton
9.	Nathan Andrews Joe Flaherty Grayson Geigle David Hollcraft	1:43.94a	Shanley
	Jared Eggermont Austin Shape Evan Mielke Jaden Compson	DNF	Valley City

4x400 Relay Varsity - Finals

1.	Adam Arnold Wyatt Mutzenberger Quinn Roehl Carter Elde	3:30.21a	Grand Forks Central
2.	Reece Breidenbach Trevor Tiongson Caeden Johnson Jackson Kuznia	3:31.04a	West Fargo Sheyenne
3.	Carson Hegerle Parker Nelson Eli Svenby Courage David	3:32.53a	West Fargo
4.	Carson Dean John Gores Emmett Kenney Carter Kochmann	3:33.95a	Shanley

4x200 Relay Varsity - Finals

1.	Ellen Donat Ashton Safranski Ashley Wacha Alimath Salou	1:46.57a	Davies
2.	Erin Mueller Avary Fitzpatrick Saree Wadeson Sydney Volesky	1:47.27a	West Fargo Sheyenne
3.	Noelle Friederichs Brooklyn Kelsch Mesiku Hakim Paige Renschler	1:48.55a	Shanley
4.	Shri Patel Ella Fosse Jocie Schiller Kylie Severson	1:48.63a	Red River
5.	Elvinell Fofanah Michelle Gee Samantha Melling Taya Samek	1:51.05a	West Fargo
6.	Jordis Maxwell Nishi Yvette Callie Baukol Brooke Thorsness	1:52.07a	Fargo South
7.	Hannah Hynek Taylar Baker Jillian Riley Lauren Hillman	1:52.17a	Grand Forks Central
8.	Isabella Tangedal Jenna Gerhardt Annika McCarthy Cabryn Fritel	1:55.51a	Devils Lake
9.	Halle Miller Christa Habiger Sidnie Pulskamp Reagan Wohlers	1:57.93a	Wahpeton
10.	Taylor Tedford Raya Dobbs Nora Fluge Jennifer Klundt	1:58.14a	Fargo North

4x400 Relay Varsity - Finals

1.	Hailey Bjerke McKenna Lovehaug Ashton Safranski Ryleigh Wacha	4:07.93a	Davies
2.	Emily Skalicky Grace Thiel Grayce Anderson Anna Lien	4:12.52a	Fargo North
3.	Unique Wea Catherine Francis Eden Smith Avary Fitzpatrick	4:14.81a	West Fargo Sheyenne
4.	Samantha Gustafson Jasmine Williams Leah Locklear Brenna White	4:15.93a	West Fargo

5.	Zunekia Diamond McGill James Gaden George Hanesgard Tristan Quibell	3:34.00a	Fargo South
6.	Nathaniel Fritel Alex Flores Daniel Jones Gabe Sagvold	3:34.79a	Fargo North
7.	Jack Robertson Drew Rempher Jaray Touray Grant Tschosik	3:35.13a	Davies
8.	Mustafe Abdi Dameon Zenawick Tanner Schiller Gannon Brooks	3:35.71a	Red River
9.	Colton Schneider Jacob Vaagen Sam Enget Gabriel Houle	3:42.58a	Devils Lake
10.	Gus Lasch Blake Schafer Riley Schmit Jacob Bartels	3:43.10a	Wahpeton

4x800 Relay Varsity - Finals

1.	Jonah Dafoe Broden Diederich Hunter McHenry Mustafe Abdi	8:02.28a	Red River
2.	Justin Smith Parker Nelson Lincoln Retzlaff Lane Dullum	8:07.63a	West Fargo
3.	Drew Rempher Regan Bosch Jaray Touray Jack Robertson	8:12.79a	Davies
4.	Emmett Kenney Carson Dean Ethan Lantz Noah Geffre	8:23.64a	Shanley
5.	Gus Lasch Colin Samuels Riley Schmit Jacob Bartels	8:31.23a	Wahpeton
6.	Elijah Pederson Braxton Middaugh Jon Geske Jeb Gossett	8:31.40a	Fargo North
7.	Curtis Sande Emmett Sum Cael Lorenz Finn Jackson	8:41.40a	Grand Forks Central
8.	Isaiah Robles Cooper Clouse Jesse Olsen Kamden Coles	8:44.68a	West Fargo Sheyenne
9.	Brady Goss Jacob Vaagen Tyler Goss Gabriel Houle	8:45.49a	Devils Lake
5.	Shri Patel Ella Fosse Lauren Dosch Jocie Schiller	4:18.19a	Red River
6.	Halle Miller Sydney Mahrer Kilee Bladow Kinsey Pedersen	4:21.30a	Wahpeton
7.	Anna Bernhardt Brooklyn Kelsch Noelle Friederichs Mesiku Hakim	4:22.77a	Shanley
8.	Marie Derenne Evie Gherdovich Katelyn Stern Lauren Hillman	4:25.04a	Grand Forks Central
9.	Anna Shock Isabella Tangedal Ramsey Brown Cabryn Fritel	4:29.08a	Devils Lake
10.	Avery Murray Carly Goven Sydnee Ingstad Victoria Sanchez	4:38.26a	Valley City
11.	Callie Baukol Axumite James Morgan Reeder Alice Bauroth	4:43.13a	Fargo South

4x800 Relay Varsity - Finals

1.	Brenna White Jordan Knudsvig Emily Klaman Kaelyn Berg	9:58.24a	West Fargo
2.	Mya Mannausau Emily Nelson Campbell Dorsey Gracia Larsen-Schmidt	9:59.60a	Red River
3.	Marie Derenne Nora Berry Claire Hynek Aria Kindseth	10:04.16a	Grand Forks Central
4.	Olivia Hammes Brooklyn Champagne Grace Dorsher Elle Sondag	10:06.56a	Fargo North
5.	Gabrielle McLaurin Kayla Britsch Gabby Tangedal Ramsey Brown	10:08.01a	Devils Lake
6.	Brooke Everson Ellie Miller Cadence Modin Brenna Barnick	10:11.37a	Davies
7.	Brooklyn Kelsch Azure Ries Anna Bernhardt Kate Busek	10:12.35a	Shanley

Shot Put - 12lb Varsity - Finals

1.	12	Kc Ortiz	52-05.50		West Fargo
2.	12	Andrew Paustian	48-00.00		Davies
3.	12	James Tice	47-06.50		Devils Lake
4.	12	Sam Sather	46-07.00		Red River
5.	11	Kaleb Vliem	46-02.50		Davies
6.	11	Jacob Kirkeby	46-02.00	PR	West Fargo Sheyenne
7.	12	Kaiden Vliem	42-06.00		Davies
8.	12	Adam Clute	40-11.50		West Fargo Sheyenne
9.	9	Nick Kuehl	40-08.00		Shanley
10.	11	Anthony Wanner	40-03.50	PR	Shanley
11.	10	Tyler Christianson	40-01.00		Fargo South
12.	11	Fabien Muhire	39-11.50	PR	West Fargo
13.	10	Damon Hospidales	39-11.00	PR	Shanley
13.	12	Glen Erickson	39-11.00		Grand Forks Central
15.	12	Marshal Buelow	39-09.00		Red River
16.	11	Hunter Van Raden	39-04.50		Fargo North
17.	12	Tyler Larson	39-02.50		Red River
18.	11	Sam Ruona	39-00.00	PR	West Fargo
19.	12	Simon Bowden	38-10.00		Shanley
20.	9	James Miller	38-08.00		Fargo North
21.	10	Zac Kuznia	38-05.50	PR	Grand Forks Central
22.	10	Brennan Palmer	38-01.00		Davies
23.	12	Benjamin Dahl	37-09.50		Fargo South
24.	10	Bryce Cain	37-09.00		West Fargo Sheyenne
25.	12	William Gay	37-06.00		West Fargo Sheyenne
26.	12	Joren Palmer	37-03.00		Davies
27.	11	Kevin Nguyen	37-01.00		West Fargo
28.	10	Dylan Carlquist	36-08.00	PR	Shanley
29.	11	Jaxon Migler	36-06.00		West Fargo Sheyenne
30.	12	Joey Olson	36-05.00		Grand Forks Central
31.	12	Alejandro Lopez	36-02.00	PR	Grand Forks Central
32.	11	Christian Skiple	35-10.00		Fargo South
33.	10	Kellen LaFountain	35-02.50		Red River
34.	12	Logan Haskamp	34-11.00		Grand Forks Central
35.	12	Carson McGough	34-02.00		Valley City
36.	9	Mato Greywind	34-01.00		Fargo South
37.	11	Jack Rose	33-11.50	PR	Fargo North
38.	12	Isaac Murphy	33-11.00		West Fargo
39.	10	Cooper Schweigert	33-09.00		Red River
40.	10	Arie Bratrud	32-08.50		Valley City
41.	11	Colin Samuels	32-07.50	PR	Wahpeton
42.	9	Jordan Zander	32-07.00	PR	Fargo North
43.	9	Xzavier Buckmiller	32-05.00		Fargo North
44.	12	Jaytan McConnaughey	29-04.50		Valley City
45.	10	Jonathan Hill	26-05.00		Wahpeton
	10	Adam Biffert	DNS		Fargo South

Discus - 1.6kg Varsity - Finals

1.	12	Kc Ortiz	139-10		West Fargo
2.	12	Mickey Kenney	139-05		Fargo North
3.	12	Andrew Paustian	138-03		Davies
4.	10	Ethan Manock	135-00	PR	Wahpeton
5.	10	Logan Arason	129-10		Red River
6.	11	Kaleb Vliem	129-07		Davies
7.	12	Joren Palmer	129-03	PR	Davies
8.	12	Tyler Larson	126-09		Red River
9.	9	James Miller	119-00	PR	Fargo North
10.	12	Adam Swartz	117-09	PR	Grand Forks Central

8.	Sydney Mahrer Kilee Bladow Alison Hoerer Kinsey Pedersen	10:36.50a		Wahpeton
9.	Liv Berger Morgan Reeder Callie Baukol Alice Bauroth	11:13.77a		Fargo South
10.	Gaby Machayya Jazlyn Heilman Atalia Harrison Addie Saville	11:16.95a		West Fargo Sheyenne

Shot Put - 4kg Varsity - Finals

1.	12	Jadyn Feist	41-01.00	PR	West Fargo Sheyenne
2.	11	Mary Schnell	40-09.50	PR	West Fargo
3.	12	Olivia Schindler	36-03.50		Red River
4.	12	Jade Azure	35-10.00		Red River
5.	12	Rebecca Kpor	35-00.00		West Fargo Sheyenne
6.	12	Moriku Hakim	34-10.00		Shanley
7.	9	Seely Stockmoe	34-09.50		Shanley
8.	9	Cailey Moton	34-09.00		West Fargo
9.	11	Adisyn Schenck	34-03.50		West Fargo Sheyenne
10.	12	Kaden Kerzman	33-07.50		Davies
11.	12	Emma Pfaff	33-01.00		West Fargo
11.	12	Larissa Klitzke	33-01.00		Devils Lake
13.	8	Scout Woods	32-08.00		Wahpeton
14.	11	Brooke Turnquist	32-06.50		Davies
15.	12	Kaylee Lancaster	32-04.50		Red River
16.	12	Alex Page	31-09.50		Red River
17.	12	Mariah Burd	31-07.50		Shanley
18.	9	Ashlyn Kahler	31-00.50	PR	Wahpeton
19.	11	Aeryn Donovan	30-04.50		Fargo South
20.	12	Yvonnah Marshall	30-01.00		Fargo South
21.	11	Maddie Eisenlohr	30-00.00		Fargo South
22.	12	Sydney Quibell	29-02.00		Fargo South
23.	11	Vivienne Heidt	29-01.00		West Fargo Sheyenne
24.	10	Kaylee Baker	29-00.50		Grand Forks Central
25.	8	Jaiden Haile	28-11.50		West Fargo Sheyenne
26.	12	Anna Guttormson	28-07.00		Fargo South
27.	10	Megan Grove	28-03.00		West Fargo
28.	11	Gillian Barker	27-00.00		Red River
29.	10	Caitlin Harmon	26-05.50		Davies
30.	12	Alaina Anderson	26-05.00		Devils Lake
31.	12	Raime Hoang	26-03.00		West Fargo
32.	9	Hannah Kotrba	25-08.00	PR	Shanley
33.	10	Tyana Judd	25-02.00		Valley City
34.	10	Skye Boyer	24-11.00	PR	Grand Forks Central
35.	12	Emma Devine	23-07.50		Fargo North
36.	10	Alyssa Berger	23-06.00		Grand Forks Central
37.	9	Emma Stevenson	22-10.00		Grand Forks Central
38.	10	Delaney Johnson	22-06.00		Fargo North
39.	9	Ashtyn Auch	22-04.00	PR	Grand Forks Central
40.	12	Ingrid Lean	22-00.00	PR	Fargo North
41.	11	Abby Lind	21-09.00		Fargo North
42.	9	Mara Klinicke	21-07.00		Shanley
43.	9	Claire Powell	21-05.50		Valley City
44.	10	Addison Truesdell	21-03.00		Wahpeton
45.	9	Natalie Nygord	19-03.00		Davies
46.	11	Isabella Loberg	18-00.00		Wahpeton
47.	10	Alisaundra Morin	17-05.00		Fargo North

11.	12	Sam Sather	117-05	Red River
12.	12	Glen Erickson	117-02	Grand Forks Central
13.	12	Simon Bowden	114-08	Shanley
14.	12	Alejandro Lopez	113-01 PR	Grand Forks Central
15.	10	Eli Hayes	112-05	Davies
16.	11	Brady Johnson	112-03	Davies
17.	9	Tatum Vanyo	110-06 PR	Grand Forks Central
18.	11	Owen Casas	110-02 PR	West Fargo Sheyenne
19.	9	Nick Kuehl	110-01 PR	Shanley
20.	11	Hunter Van Raden	107-02	Fargo North
21.	9	Mato Greywind	105-03	Fargo South
22.	11	Jack Rose	105-00 PR	Fargo North
23.	12	Benjamin Dahl	103-10 PR	Fargo South
24.	10	Dylan Carlquist	103-07	Shanley
25.	12	Carson McGough	103-06 PR	Valley City
26.	11	Nathaniel Schuster	103-03	West Fargo
27.	9	Cameron Ahlers	103-01	Shanley
28.	12	Logan Haskamp	103-00	Grand Forks Central
29.	10	Patrick Rach	102-05 PR	Fargo South
30.	10	Bryce Cain	100-00	West Fargo Sheyenne
31.	8	James Walters	98-05 PR	Red River
32.	11	Sam Ruona	98-03	West Fargo
33.	12	William Gay	96-09	West Fargo Sheyenne
34.	11	Christian Skiple	94-09	Fargo South
35.	12	Braeden Bloch	94-02	Shanley
36.	11	Fabien Muhire	93-10 PR	West Fargo
37.	11	Logan Herring	93-09	West Fargo
38.	12	Tommy Do	92-03 PR	Fargo South
39.	10	Arie Bratrud	86-10	Valley City
40.	10	Hudson Kilgore	85-09	Red River
41.	11	Zach Breidenbach	83-06	West Fargo Sheyenne
42.	11	Jacob DeVries	80-09	Wahpeton
43.	9	Xzavier Buckmiller	78-03	Fargo North
44.	11	Kaden Strand-Koepplin	72-04	West Fargo Sheyenne
45.	9	Zachary Sykora	65-01	Valley City
	12	James Tice	ND	Devils Lake

Javelin - 800g Varsity - Finals

1.	10	Ethan Manock	168-10	Wahpeton
2.	12	Carson McGough	160-06 PR	Valley City
3.	12	Mickey Kenney	160-01 PR	Fargo North
4.	11	Jacob DeVries	152-09	Wahpeton
5.	12	Kael Grebel	150-11	Valley City
6.	10	Logan Arason	147-00	Red River
7.	12	Matt Fischer	146-02 PR	West Fargo Sheyenne
8.	12	Carson Bollinger	145-08	Davies
9.	9	Zachary Sykora	144-06 PR	Valley City
10.	10	Brennan Palmer	140-10	Davies
10.	10	Eli Hayes	140-10	Davies
12.	10	Hudson Kilgore	139-05 PR	Red River
13.	12	Adam Clute	135-04 PR	West Fargo Sheyenne
14.	12	Kc Ortiz	135-01	West Fargo
15.	12	Glen Erickson	132-05 PR	Grand Forks Central
16.	10	Colton Schneider	132-03	Devils Lake
17.	8	James Walters	132-02	Red River
18.	12	Luke Wendel	131-02 PR	Valley City
19.	11	Dylan Feldner	130-04	Davies
20.	12	Simon Bowden	128-09	Shanley
21.	9	Rylan Brown	126-11	Red River
22.	12	James Tice	124-11	Devils Lake
23.	11	Jackson Ambuehl	124-10	Fargo North
24.	11	Zach Breidenbach	123-08 PR	West Fargo Sheyenne

Discus - 1kg Varsity - Finals

1.	12	Jade Azure	125-00 SR	Red River
2.	8	Scout Woods	117-10 PR	Wahpeton
3.	11	Mary Schnell	111-04 PR	West Fargo
4.	12	Alex Page	111-03 PR	Red River
5.	9	Cailey Moton	110-11 PR	West Fargo
6.	12	Olivia Schindler	109-06	Red River
7.	10	Maci Wheeldon	108-02 PR	Davies
8.	12	Moriku Hakim	105-09	Shanley
9.	10	Kaylee Baker	105-02	Grand Forks Central
10.	8	Abby Baker	104-00 PR	Red River
11.	12	Kaden Kerzman	103-00	Davies
12.	12	Larissa Klitzke	99-01	Devils Lake
13.	10	Makenna Braun	97-02 PR	West Fargo
13.	12	Rebecca Kpor	97-02	West Fargo Sheyenne
15.	12	Raime Hoang	95-10	West Fargo
16.	12	Abuk Akech	94-08 PR	Davies
17.	11	Olivia Vetter	93-07 PR	Shanley
18.	12	Jadyn Feist	92-01	West Fargo Sheyenne
19.	11	Aeryn Donovan	91-09	Fargo South
20.	9	Claire Vetter	91-08 PR	Shanley
21.	11	Vivienne Heidt	90-03 PR	West Fargo Sheyenne
22.	12	Emma Pfaff	90-00 PR	West Fargo
23.	12	Emma Devine	89-05 PR	Fargo North
24.	12	Yvonnah Marshall	88-11	Fargo South
25.	10	Caitlin Harmon	86-09 PR	Davies
26.	11	Adisyn Schenck	86-07	West Fargo Sheyenne
27.	8	Jaiden Haile	85-04	West Fargo Sheyenne
28.	12	Mariah Burd	84-06	Shanley
29.	12	Sydney Quibell	79-08	Fargo South
30.	9	Seely Stockmoe	73-05	Shanley
31.	11	Abby Lind	71-10 PR	Fargo North
32.	9	Claire Powell	70-08	Valley City
33.	11	Gillian Barker	70-05	Red River
34.	10	Tyana Judd	68-09	Valley City
35.	10	Anna Clark	67-11	Davies
36.	10	Delaney Johnson	65-03 PR	Fargo North
37.	11	Isabella Loberg	58-05 PR	Wahpeton
38.	12	Ingrid Lean	54-06 PR	Fargo North
39.	10	Addison Truesdell	54-04	Wahpeton
40.	12	Alaina Anderson	53-11	Devils Lake
41.	9	Ashlyn Kahler	51-04	Wahpeton
42.	10	Samantha Christensen	50-00	Fargo North
43.	12	Abigail Evensen	46-05	Fargo South

Javelin - 600g Varsity - Finals

1.	9	Cayla Sailer	126-06 PR	Davies
2.	12	Brooklynn Koenig	125-06	Davies
3.	12	Kaylee Lancaster	125-05	Red River
4.	12	Kate Busek	123-08	Shanley
5.	11	Mary Schnell	117-10 PR	West Fargo
6.	12	Mariah Burd	112-09	Shanley
7.	12	Jade Azure	110-02 PR	Red River
8.	12	Jensen Drake	107-03 PR	Shanley
9.	12	Alex Page	105-10	Red River
10.	12	Jadyn Feist	98-01	West Fargo Sheyenne
11.	9	Emma Stevenson	95-00 PR	Grand Forks Central
12.	12	Abby Leininger	94-11	Shanley
13.	9	Ali Thykeson	92-09	West Fargo Sheyenne
14.	11	Christa Habiger	92-07	Wahpeton

25.	10	John O'Neill	119-08	Davies
26.	10	Cooper Schweigert	118-07	Red River
27.	10	Mason Haugland	117-07	Devils Lake
28.	12	Landon Allex	116-11 PR	Shanley
29.	11	Colin Samuels	115-03 PR	Wahpeton
30.	11	Fabien Muhire	114-07	West Fargo
31.	12	Benjamin Dahl	114-01 PR	Fargo South
32.	12	Isaac Murphy	113-05 PR	West Fargo
33.	9	Ethan Thomas	112-09 PR	Grand Forks Central
34.	11	Logan Herring	109-04 PR	West Fargo
34.	9	Cameron Ahlers	109-04	Shanley
36.	11	Dawson Galde	106-06	West Fargo Sheyenne
37.	11	Sam Ruona	106-00	West Fargo
38.	11	Jacob Shomento	105-00	Devils Lake
39.	11	Kaden Strand-Koepplin	102-03	West Fargo Sheyenne
40.	9	Brian Schaan	98-09 PR	Shanley
41.	9	Matthew Rothenberger	96-04	Grand Forks Central
42.	11	Lane Stevens	94-09	Grand Forks Central
43.	10	Aron Pochmara	93-08 PR	Fargo North
44.	11	Kyle Rothenberger	92-04	Grand Forks Central
45.	11	Trace Olson	91-00	Shanley
46.	9	Peter Davis	89-06 PR	Fargo North
47.	9	Jordan Zander	87-04	Fargo North
48.	9	Spencer Johnson	84-11 PR	Fargo South
49.	9	Mato Greywind	82-08 PR	Fargo South
50.	9	Caleb Enger	73-01	Fargo South

High Jump Varsity - Finals

1.	12	Peyton Zaun	6-00.00	Valley City
2.	11	Jean Irumva	5-10.00	West Fargo
2.	10	Carter Byron	5-10.00	Red River
4.	12	Peyton Kessel	5-10.00	Fargo South
5.	12	Wythe Rynestad	5-10.00 SR	Grand Forks Central
6.	9	Angel Lopez	5-08.00	Grand Forks Central
6.	10	Dylan Beyl	5-08.00 PR	West Fargo Sheyenne
6.	12	Carter Stinson	5-08.00	Red River
9.	10	Kasen Baer	5-08.00	West Fargo Sheyenne
10.	10	Darby Olson	5-06.00	West Fargo Sheyenne
11.	12	Gadi Ntirandekura	5-06.00	Fargo South
12.	8	Trey Knoke	5-06.00	Fargo North
13.	11	Zunekia Diamond McGill	5-06.00	Fargo South
14.	9	Aiden Herz	5-04.00	Fargo South
14.	10	Lukas Heydt	5-04.00	Red River
14.	11	Kaden Braaflat	5-04.00	Davies
17.	11	Dorien Tarley	5-04.00	West Fargo
18.	9	Treyton Hoffert	5-04.00	Fargo South
	9	Brian Schaan	NH	Shanley
	10	Luke Berge	NH	Davies
	9	Ben Strand	NH	Red River
	8	Pearce Parks	NH	Red River
	11	Michael Nhial	DNS	West Fargo Sheyenne
	9	Cedric Taylor	DNS	West Fargo
	11	Isaiah Enger	DNS	Fargo North
	10	Charlie Anderson	NH	Fargo North
	10	Finn Lynch	NH	Fargo North
	10	Luke Hollcraft	NH	Shanley
	12	Axel Navarro	DNS	West Fargo
	11	Soren Bartell	NH	Fargo North

15.	9	McKenzie Olson	92-05 PR	Davies
16.	11	Vivienne Heidt	90-03 PR	West Fargo Sheyenne
17.	12	Olivia Schindler	89-08	Red River
18.	11	Adisyn Schenck	88-11	West Fargo Sheyenne
19.	10	Elyse Gulsvig	88-02	Davies
20.	8	Jaiden Haile	88-01	West Fargo Sheyenne
21.	9	Kiara Zepeda	85-07	West Fargo
22.	10	Leah Tykwinski	83-00	West Fargo
23.	11	Aeryn Donovan	82-00 PR	Fargo South
24.	11	Jenna Gerhardt	81-03 PR	Devils Lake
25.	12	Grace Savageau	80-11 PR	Shanley
26.	8	Abby Baker	80-07	Red River
27.	12	Emma Pfaff	79-03	West Fargo
28.	10	Carly Goven	75-06	Valley City
29.	9	Ashtyn Auch	75-02	Grand Forks Central
30.	9	Cailey Moton	72-08	West Fargo
31.	10	Alison Hoerer	70-06	Wahpeton
32.	11	Aiyana Allard	70-01 PR	Wahpeton
33.	10	Alyssa Berger	65-02 PR	Grand Forks Central
34.	12	Ingrid Lean	64-11 PR	Fargo North
35.	12	Sydney Quibell	60-00	Fargo South
36.	10	Skye Boyer	58-09 PR	Grand Forks Central
37.	12	Anna Guttormson	58-03	Fargo South
38.	11	Abby Lind	49-07	Fargo North
39.	9	Adelaid Bakken	46-05 PR	Fargo North
40.	12	Abigail Evensen	45-08	Fargo South
41.	9	Audrey Lindquist	39-07	Grand Forks Central

High Jump Varsity - Finals

1.	10	Lauryn Rydell	5-01.00	Red River
2.	9	Sannie Yeanay	5-01.00 PR	West Fargo Sheyenne
3.	10	Reagan Carlson	4-11.00	Fargo North
4.	9	Paige Renschler	4-11.00 PR	Shanley
5.	12	Ramsey Brown	4-11.00	Devils Lake
5.	8	Axumite James	4-11.00	Fargo South
7.	11	Kilee Bladow	4-11.00	Wahpeton
7.	12	Roxy Fish	4-11.00	Red River
9.	9	Micah Sander	4-11.00 PR	West Fargo Sheyenne
10.	12	Lander Friederichs	4-11.00	Shanley
11.	10	Maci Wheeldon	4-09.00	Davies
11.	11	Grace Miller	4-09.00	Fargo North
13.	9	Katelyn McLaurin	4-09.00	Devils Lake
13.	11	Ellie Moser	4-09.00	Davies
15.	10	Abigail Lovelace	4-09.00	Fargo North
16.	7	Josie Fish	4-09.00	Red River
17.	10	Mallory Docktor	4-09.00	West Fargo
18.	12	Amy Kringlie	4-07.00	Davies
18.	9	Emily Arnold	4-07.00	Grand Forks Central
18.	7	Callen Fosher	4-07.00 PR	West Fargo Sheyenne
21.	12	Bria Fiebiger	4-07.00	Davies
22.	9	Emma Haskamp	4-07.00	Grand Forks Central
	9	Amyah Max	DNS	Wahpeton
	10	Haidyn Tollefson	NH	Fargo North
	8	Sophie Brakke	NH	Red River
	9	Sydney Schweyen	NH	West Fargo Sheyenne
	9	Elizabeth Conlin	NH	Davies
	10	Bria Hoppe	NH	West Fargo
	11	Maggie Dockter	NH	Valley City
	12	Julianne McPartland	NH	Valley City
	11	Zoey Schlader	NH	West Fargo
	11	Aiyana Allard	NH	Wahpeton
	11	Emily Skalicky	DNS	Fargo North

Pole Vault Varsity - Finals

1.	12	Jak Urlacher	14-06.00	Grand Forks Central
2.	11	Bradley Bertsch	12-09.00 PR	West Fargo Sheyenne
3.	12	Erik Ault	12-00.00	West Fargo Sheyenne
4.	12	Shea Truesdell	12-00.00	Wahpeton
5.	12	Ryan Barth	11-06.00	Davies
6.	12	Andrew Martodam	11-06.00	Davies
7.	10	Andrew Withuski	11-06.00 PR	Wahpeton
8.	9	Thomas Schreiner	11-00.00 PR	Davies
8.	9	Ryaan Alshami	11-00.00 PR	Grand Forks Central
10.	10	Soren Kaster	10-06.00	West Fargo Sheyenne
11.	10	Hudson Flom	10-06.00	Red River
12.	9	Kyle Kramer	10-06.00	Fargo North
13.	10	Zachary Thomasson	10-00.00	Fargo South
14.	10	Jonathan Hill	10-00.00 PR	Wahpeton
	10	Max McCarthy	NH	Red River
	12	Landon Allex	NH	Shanley
	9	George Hanesgard	DNS	Fargo South
	10	Grant Ivesdal	NH	Davies
	9	Jacob Wood	NH	Red River
	12	Jakob Stevenson	NH	Grand Forks Central
	11	Kellen Hoornaert	NH	West Fargo Sheyenne
	12	Michael Post	NH	Grand Forks Central
	11	Taiton Axtman	NH	Davies
	11	Austin Biwer	NH	West Fargo
	12	Collin Allan	NH	Grand Forks Central
	11	Jon Geske	NH	Fargo North

Long Jump Varsity - Finals

1.	12	Sibomana Enock	21-04.75	Fargo South
2.	12	Trehvon Montgomery	21-02.75	Fargo South
3.	10	Ty Schlichting	19-11.00	West Fargo Sheyenne
4.	12	Austin Harmsen	19-11.00	Davies
5.	9	Thomas Schreiner	19-07.75	Davies
6.	12	Carter Kochmann	19-04.75	Shanley
7.	10	Carter Byron	19-04.50	Red River
8.	11	Dorien Tarley	19-02.00	West Fargo
9.	11	Joe Williamson	19-00.00	Grand Forks Central
10.	10	Dylan Beyl	18-10.75	West Fargo Sheyenne
11.	11	Jean Irumva	18-10.25	West Fargo
12.	10	Kasen Baer	18-09.50	West Fargo Sheyenne
13.	8	Treyton Mauch	18-08.25	Wahpeton
14.	12	Peyton Zaun	18-05.50	Valley City
15.	10	Beau Arenstein	18-03.00	Wahpeton
16.	12	Gadi Ntirandekura	18-02.00	Fargo South
17.	12	Alex Schill	18-00.50	Grand Forks Central
18.	12	Axel Navarro	18-00.00	West Fargo
19.	11	Riley Schmit	17-11.75	Wahpeton
20.	9	Luke Lorenz	17-09.00	Davies
20.	9	Jaden Middleton	17-09.00	Fargo South
22.	11	Simon Haug	17-08.00	Red River
23.	10	Aiden Jacobson	17-05.50	Valley City
24.	11	Abram Hall	17-05.25	Red River
25.	10	Luke Hollcraft	17-05.00	Shanley
26.	9	AJ Moore	17-04.75 PR	Fargo South
27.	9	Angel Lopez	17-03.50	Grand Forks Central
28.	9	Grant Tschosik	17-03.00	Davies
29.	9	Isaac Schumacher	17-01.50	Davies
30.	10	Quinn Nelson	17-00.00	Red River
30.	11	Nathan Worrel	17-00.00	Wahpeton

Pole Vault Varsity - Finals

1.	9	Onya Kretchman	10-03.00 PR	Davies
2.	12	Taylor Lee	9-09.00	West Fargo
3.	11	Katelyn Barth	9-06.00 PR	Davies
4.	11	Quinn Bassingthwaite	8-09.00	Wahpeton
4.	12	Olivia Olson	8-09.00	Valley City
6.	10	Saree Wadeson	8-09.00 PR	West Fargo Sheyenne
7.	9	Halle Braaflat	8-03.00	Davies
7.	12	Allison Sterling	8-03.00	West Fargo Sheyenne
9.	12	Jessie Haman	8-03.00	Davies
10.	9	Emery Aasen	8-03.00	West Fargo
11.	10	Taylor Tang	8-03.00	West Fargo
12.	10	Nora Daub	7-09.00	Davies
13.	9	Madison Lugert	7-09.00	West Fargo Sheyenne
14.	12	Elizabeth Stokke	7-03.00 SR	Red River
	10	Jennifer Klundt	DNS	Fargo North
	11	Erin Mueller	DNS	West Fargo Sheyenne
	11	Isabelle Snyder	NH	Shanley
	9	Elsie Anderson	DNS	Fargo North
	10	Ashley Nguyen	NH	West Fargo
	10	Reagan Wohlers	NH	Wahpeton
	10	Lidia Motl	NH	Wahpeton
	7	Evie Gherdovich	NH	Grand Forks Central

Long Jump Varsity - Finals

1.	12	Laiken Sturn	17-08.50	West Fargo
2.	10	Cece Deebom	17-06.00	Davies
3.	9	Onya Kretchman	16-11.00 PR	Davies
4.	11	Ava Wild	16-08.00	Davies
5.	12	Taylor Lee	16-05.75	West Fargo
6.	11	Grace Miller	16-05.00 PR	Fargo North
7.	11	Nina Hage	16-04.00	Davies
8.	12	Taylar Baker	16-02.50 PR	Grand Forks Central
9.	10	Anna Wicklow	15-09.75	Davies
10.	12	Jocey Kriewald	15-08.25	Valley City
11.	12	Lauren Hillman	15-07.25	Grand Forks Central
12.	8	Halle Miller	15-06.25	Wahpeton
13.	12	Ella Fosse	15-03.25	Red River
14.	10	Karina Olson	15-00.50	Valley City
15.	10	Taya Samek	15-00.25	West Fargo
16.	12	Azure Ries	14-09.50	Shanley
17.	12	Brooke Thorsness	14-06.00	Fargo South
18.	11	Taylor Tedford	14-02.75	Fargo North
19.	9	Katelyn McLaurin	14-02.50	Devils Lake
20.	10	Haidyn Tollefson	14-01.00	Fargo North
21.	9	Hadley Thoreson	13-10.25 PR	Valley City
22.	10	Jillian Riley	13-10.00	Grand Forks Central
23.	8	Katelyn Ommen	13-08.50	Shanley
24.	10	Cassandra Christensen	13-07.50	Devils Lake
25.	10	Tryphena Duncan	13-06.25	West Fargo Sheyenne
26.	11	Hannah Hynek	13-04.50	Grand Forks Central
27.	11	Emma Boe	13-04.25	Red River
28.	9	Chaylee Hewson	13-04.00 PR	Devils Lake
29.	10	Lauryn Rydell	13-03.50	Red River
30.	9	Lauren Swanson	13-02.50	Red River
31.	11	Maggie Dockter	11-07.50	Valley City
32.	10	Maka Kollie	10-09.50 PR	Grand Forks Central
33.	9	Kaydra Cavanaugh	10-08.50	Devils Lake
	7	Josie Fish	DNS	Red River

32.	10	James Weninger	16-10.00	Fargo North
33.	12	Brady Owens	16-06.00	Wahpeton
34.	10	Andrew Peterson	16-02.50	Red River
35.	12	Emmanuel Bargblor	15-03.00	Grand Forks Central
36.	9	Quentyn Edwards	14-09.00	Grand Forks Central
37.	10	Grayson Geigle	14-07.00	Shanley
38.	9	Amadou Jallow	13-08.50	Devils Lake
39.	10	Blake Wanner	13-00.00	Fargo North
40.	9	Zak Paul	11-09.00	Shanley
	10	Darby Olson	DNS	West Fargo Sheyenne
	11	Isaiah Enger	DNS	Fargo North
	11	Tristan Kramlich	DNS	Fargo North
	11	Soren Bartell	DNS	Fargo North

Triple Jump Varsity - Finals

1.	12	Sibomana Enock	44-00.00	Fargo South
2.	12	Carter Stinson	41-07.00	Red River
3.	12	KJ Franklin	41-00.00	West Fargo Sheyenne
4.	12	Gadi Ntirandekura	40-10.50 PR	Fargo South
5.	11	Simon Haug	40-07.50	Red River
6.	10	Lukas Heydt	40-05.00 PR	Red River
7.	10	Dylan Beyl	40-01.00 PR	West Fargo Sheyenne
8.	12	Peyton Zaun	39-05.00	Valley City
9.	12	Peyton Kessel	38-11.00	Fargo South
10.	12	Axel Navarro	38-03.00 PR	West Fargo
11.	9	Erick Paye	38-02.00	Grand Forks Central
12.	10	Darby Olson	37-05.50	West Fargo Sheyenne
13.	12	Wythe Rynestad	37-05.00	Grand Forks Central
14.	9	Treyton Hoffert	37-01.00	Fargo South
15.	10	James Weninger	36-11.50 PR	Fargo North
16.	11	Isaiah Enger	36-05.00	Fargo North
17.	12	Emmanuel Bargblor	36-04.00	Grand Forks Central
18.	9	Quentyn Edwards	36-03.50	Grand Forks Central
19.	11	Joe Williamson	36-02.50	Grand Forks Central
20.	9	Reis Kessel	36-00.00	Fargo South
21.	10	Luke Hollcraft	35-04.00	Shanley
22.	10	Charlie Anderson	35-01.50	Fargo North
23.	10	Aiden Jacobson	34-11.00	Valley City
24.	10	Sam Enget	34-10.00	Devils Lake
25.	11	Jacob Shomento	34-09.50	Devils Lake
26.	11	Abram Hall	34-09.00	Red River
27.	10	Finn Lynch	32-11.00	Fargo North
28.	9	Amadou Jallow	27-08.50 PR	Devils Lake
	11	Erin Mueller	ND	West Fargo Sheyenne

Triple Jump Varsity - Finals

1.	12	Laiken Sturn	35-08.00	West Fargo
2.	12	Lauren Hillman	33-11.00	Grand Forks Central
3.	10	Kiana Malecha	33-07.00	Davies
4.	12	Jocey Kriewald	32-00.50	Valley City
5.	9	Cayla Sailer	32-00.00	Davies
6.	12	Amy Kringlie	32-00.00	Davies
7.	12	Ella Fosse	31-08.00	Red River
8.	8	Axumite James	31-02.50	Fargo South
9.	10	Reagan Carlson	31-02.50	Fargo North
10.	11	Ellie Moser	30-09.00	Davies
11.	12	Azure Ries	30-03.50	Shanley
12.	10	Jillian Riley	30-00.50	Grand Forks Central
13.	12	Claire Lapp	29-10.00	Red River
14.	9	Kennedy Polda	29-09.00	Wahpeton
15.	11	Emma Boe	29-07.00 SR	Red River
16.	9	Katelyn McLaurin	29-06.50	Devils Lake
17.	10	Haidyn Tollefson	29-04.50	Fargo North
18.	10	Tryphena Duncan	27-01.00	West Fargo Sheyenne
19.	10	Cassandra Christensen	26-10.00	Devils Lake
20.	12	Julianne McPartland	26-07.00	Valley City
21.	9	Emma Haskamp	26-04.00	Grand Forks Central
	10	Elyse Gulsvig	ND	Davies
	12	Kiernan Darling	ND	Fargo South

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Athletic.net Team Results Management

East Region

OFFICIAL RESULTS

Friday, May 21, 2021 Cushman Field Grand Forks, Grand Forks

Team Scores

	Varsity - Mens		Varsity - Womens	
1.	West Fargo Sheyenne	158	Davies	230.5
2.	Red River	101	West Fargo	127.5
3.	Fargo South	86	Red River	112.5
4.	West Fargo	84	West Fargo Sheyenne	89
5.	Grand Forks Central	72.5	Shanley	44
6.	Davies	68.5	Fargo North	41
7.	Fargo North	61	Valley City	25.5
8.	Valley City	46	Grand Forks Central	23
9.	Wahpeton	35	Devils Lake	18.5
10.	Shanley	18	Wahpeton	18
11.	Devils Lake	11	Fargo South	11.5

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TRACK AND FIELD

Dragons high jumper Cook primed to take 'next step' at Division II outdoor championships

Minnesota State Moorhead senior Chris Cook is among the top men's high jumpers in NCAA Division II and hopes to add another All-American honor to his resumé.

Written By: **Eric Peterson** | 10:34 am, May 26, 2021



Minnesota State Moorhead's Chris Cook enters the NCAA Division II outdoor track and field championships tied for the fifth-best performance in the men's high jump heading into the event. Sean Rice / Dragons Athletics

MOORHEAD — Minnesota State Moorhead senior high jumper Chris Cook has received most of his technical instruction from Florida this spring track and field season.

An iPad placed on a tripod next to the high jump pit allowed longtime Dragons assistant Dave Bergstrom to coach from, at times, more than 1,800 miles away.

“It’s been different, but it’s worked. It’s been good. It had to come to an end at some point,” said the 64-year-old Bergstrom, who moved to the Twin Cities area about a year ago and also spends time in Florida.

“He’s a great guy and all the love and respect for that man,” Cook said.



Minnesota State Moorhead's Chris Cook enters the NCAA Division II outdoor track and field championships tied for the fifth-best performance in the men's high jump heading into the event. Sean Rice / Dragons Athletics

Cook is slated to compete in the NCAA Division II outdoor track and field championships, which start Thursday, May 27, in Allendale, Mich. The men’s high jump is scheduled for 1 p.m. Friday. Bergstrom will be in attendance at the national meet. He said it will be his last meet as he’s retiring from coaching after 17 years as an assistant with the Dragons.

"It’s kind of a little bittersweet there, but it’s been a great run," said Bergstrom, who is a Hall of Fame member for both the Dragons and Northern Sun Intercollegiate Conference.

Bergstrom won a Division II outdoor national title in the men’s high jump in 1979 and holds the school’s outdoor record at 7 feet, 1 3/4 inches.

“The program is going to lose something irreplaceable, having somebody like that,” Cook said. “I know he will still be around. … I don’t think there’s ever going to be somebody like Dave again in this program and do the things that he did.”

Cook enters the national meet tied for the fifth-best performance, clearing 7-0 1/4 earlier this season. While he holds the school’s indoor record (7-0 1/2), he’s chasing Bergstrom for the program’s outdoor standard.

“I’m very excited having this one last national meet where I get to coach. He’s such a talented jumper,” Bergstrom said of Cook.

Bergstrom would love to see Cook eclipse his outdoor record.

“I’m very hopeful he can do that at this national meet,” Bergstrom said. "That would be a great time for him to do it. If he could break it at the NCAA meet, that would be awesome.”

Bergstrom retired from his job as an actuary a couple of years ago, but continued to be a volunteer assistant for the Dragons. Bergstrom and his wife, Trish, moved to the Twin Cities area last spring to be closer to family. He was in Florida from January through the end of April.

That led to video conferencing as a solution for Bergstrom to continue coaching.

“It was not ideal, but we definitely made it work,” said Dragons assistant Trevor Barry, who worked with the jumpers on their strength and conditioning to go along with Bergstrom’s virtual technical coaching sessions.

Barry represented the Bahamas in the 2016 Summer Olympic Games in Rio de Janeiro and was a high jump finalist, finishing 11th. He recently competed unattached at the Ron Masanz Classic in Moorhead and took first place with a jump of 7-2 1/4. Cook was second at 7-0 1/4. Bergstrom coached Barry, who was an eight-time NAIA national champion at Dickinson State, from 2011 up until the start of the pandemic.

Cook is grateful to have two coaches like Barry and Bergstrom.

“Having someone like Trevor Barry as my coach and seeing him jump, it’s motivation,” Cook said. “Being around people like that, seeing that everyday is amazing. I’ve got to take from that.”

Bergstrom coached the Dragons high jumpers two times a week via video conference for practices and also used the iPad to coach during meets. He was in person for the recent NSIC outdoor championships and another recent practice. The national meet, Bergstrom said, will be the third time he’s coached in person this year.

“There is no replacing Dave in person. There is a lot he brings to the table,” said Dragons head track coach Ryan Milner.

“I love having Dave there in person,” Cook added. “Dave’s really genuine. ... He’s constantly giving me advice, constantly just being a role model.”

Bergstrom said coaching virtually didn’t make sense beyond this season.

“The athletes deserve a live coach and that’s someone who can be there for them,” Bergstrom said.

Cook earned two All-American honors in 2019 before the pandemic disrupted the 2020 indoor and outdoor seasons. Bergstrom said Cook is primed for a big performance at the national meet.

“His best asset is his mental toughness,” Bergstrom said. “When he gets to the big meets, he seems to jump the best. He is about ready to take that next step, which would be really exciting."

TRACK AND FIELD

Dragons senior Chris Cook claims All-American honors at Division II Outdoor Championships

Cook has now earned three All-American first team honors and a second team honor in the high jump.

Written By: Forum staff | 5:31 pm, May 28, 2021



Minnesota State Moorhead's Chris Cook enters the NCAA Division II outdoor track and field championships tied for the fifth-best performance in the men's high jump heading into the event. Sean Rice / Dragons Athletics

ALLENDALE, Mich. — Minnesota State Moorhead senior Chris Cook notched the fourth All-American honor of his Dragons career, tying for seventh place in the high jump Friday at the NCAA Division II Outdoor Track and Field Championships.

Cook cleared 6 feet, 6 3/4 inches initially, before surpassing 6-8 3/4 on his third attempt. The decorated senior has now earned three All-American first-team honors and one second-team honor in the high jump.

The meet was also the last for longtime Dragons assistant and MSUM Athletics Hall-of-Famer Dave Bergstrom, who is retiring. Bergstrom coaches the Dragons high jumpers.

STATE TRACK & FIELD MEET

MAY 28 & 29 BISMARCK



TRACK AND FIELD

West Fargo's Sturn triple-jumps to title in 4th-ever time competing

West Fargo's Laiken Sturn headlines Class A state track meet

Written By: **Carissa Wigginton** | 11:17 pm, May 28, 2021

BISMARCK — West Fargo senior Laiken Sturn triple-jumped her way to a state title in an event she didn't start doing until halfway through this season.

Sturn leaped 38 feet, 9 1/2 inches to capture the Class A girls triple jump state title Friday at MDU Resources Community Bowl in Bismarck. It was her fourth-ever time competing in the event.

The mark, which was 1 foot, 6 1/2 inches ahead of second-place Bismarck Century's Hope Stein, set a new personal best for Sturn.

"I feel great," Sturn said. "Honestly, I don't think I could have done without my coaches."

Sturn wasn't expecting to land atop the podium. She jumped around 34 feet her first meet, recorded a leap of 37 feet, 7 3/4 inches at her second and in the 35s last week.

"I thought, I don't really have enough experience to say I have a consistent spot, so I had no idea what to expect," she said. "My coaches let me do it, and it ended up going well."

Sturn got one jump in prelims Friday before she had to go run the 400-meter relay. She returned to the field event after running her portion in the sprint relay, which placed sixth, and recorded her best jump.

"I was actually really happy about the weather, because I thought I was going to be really cold all day," Sturn said. "But I was able to warm up and get kind of sweaty, which actually helps me keep my muscles loose. I felt good going into it."

Sturn overcame a discouraging start to the day in the 800 relay, in which the Packers placed seventh.

"People noticed I got passed in the 4x200," Sturn said. "...I was really nervous all morning. I don't usually get nervous about meets."

Words of encouragement from her teammates, coaches and parents gave her the boost that lifted her a state title. A pep talk from Sturn's dad helped shift her mindset.

"He's usually pretty competitive," Sturn said of her dad. "But he said as long as you give everything you have and you're having fun out there, that's really what matters. I kept that in the back of my mind for the whole rest of the day."

Sturn had never long jumped before this year, either. The No. 3 seed, she'll make a bid for another spot on the podium Saturday.



Athletic.net Team Results Management

NDHSAA State A Track & Field Meet

OFFICIAL RESULTS

Friday, May 28, 2021 - Saturday, May 29, 2021

NDHSAA State A Track & Field Meet, Bismarck

Mens Results

100 Meters Class A - Finals

1.	12	Calob Larson	10.75a (.0)		Legacy
2.	11	Carson Hegerle	10.92a (.0)		West Fargo
3.	11	Dawson Hawkinson	11.00a (.0)		Bismarck
4.	12	Mustafa Taylor	11.05a (.0)		Dickinson
5.	12	Jackson Kuznia	11.08a (.0)		West Fargo Sheyenne
6.	12	Bakarr Fullah	11.09a (.0)		Fargo South
7.	10	Ty Schlichting	11.17a (.0)		West Fargo Sheyenne
8.	12	TJ Seidel	11.29a (.0)		Legacy
	12	Wade James	FS (.0)		Century

100 Meters Class A - Prelims

1.	12	Calob Larson	10.65a (3.4)		Legacy
5.	11	Dawson Hawkinson	10.80a (3.4)	PR	Bismarck
2.	11	Carson Hegerle	10.85a (1.2)	PR	West Fargo
9.	12	Mustafa Taylor	10.88a (3.4)	PR	Dickinson
3.	12	Wade James	10.96a (2.9)	PR	Century
6.	12	Jackson Kuznia	10.96a (2.9)		West Fargo Sheyenne
7.	12	Bakarr Fullah	11.01a (1.2)	PR	Fargo South
10.	12	Henry Collins	11.09a (2.9)	SR	Shanley
4.	10	Ty Schlichting	11.10a (1.6)	PR	West Fargo Sheyenne
11.	10	Nathan Mathern	11.13a (2.9)	PR	Legacy
8.	12	TJ Seidel	11.21a (1.6)		Legacy
12.	12	Samuel Nyemah	11.22a (1.2)	PR	Fargo North
12.	10	Ethan Raan	11.22a (3.4)	PR	West Fargo Sheyenne
14.	11	Dakota Cluchie	11.23a (3.4)		Watford City
14.	12	Trehvon Montgomery	11.23a (1.6)	PR	Fargo South
16.	12	Austin Harmsen	11.26a (3.4)		Davies
17.	12	Ryan Barth	11.32a (3.4)	PR	Davies
17.	12	Jaden Compson	11.32a (1.2)		Valley City
17.	12	Matt Alexis	11.32a (1.6)		Legacy
20.	12	Lucas Miller	11.33a (1.6)		Bismarck
21.	10	Dylan McGlothlin	11.34a (1.6)		Legacy
22.	10	Evan Hoffer	11.42a (2.9)	PR	Legacy
23.	11	Nicholas Nyquist	11.44a (3.4)		Davies
24.	11	Austin Shape	11.45a (2.9)		Valley City
24.	12	Ean Leingang	11.45a (1.6)		St. Mary's
26.	10	James Gaden	11.49a (1.2)		Fargo South
27.	9	Peder Haugo	11.50a (2.9)		Fargo North
28.	11	John Gores	11.52a (1.2)		Shanley
29.	12	Dakota Sweeney	11.54a (3.4)		Mandan
30.	12	Jacob Brosius	11.58a (1.2)		Fargo North

Womens Results

100 Meters Class A - Finals

1.	10	Cece Deebom	11.97a (.0)		Davies
2.	11	Anthonett Nabwe	12.15a (.0)		Jamestown
3.	11	MaLiah Burke	12.32a (.0)		Minot
4.	10	Yolanda Nabwe	12.37a (.0)		Jamestown
5.	11	Jasmine Williams	12.42a (.0)		West Fargo
6.	12	Brooklyn Buchholz	12.47a (.0)		Century
7.	8	Kate Laqua	12.58a (.0)		Davies
8.	9	Paige Renschler	12.62a (.0)		Shanley
9.	9	Cami Frey	12.63a (.0)		Mandan

100 Meters Class A - Prelims

1.	10	Cece Deebom	11.92a (3.3)	PR	Davies
2.	11	Anthonett Nabwe	12.12a (3.3)		Jamestown
4.	12	Brooklyn Buchholz	12.27a (3.3)	PR	Century
5.	11	Jasmine Williams	12.35a (3.3)	PR	West Fargo
3.	10	Yolanda Nabwe	12.38a (1.4)		Jamestown
6.	11	MaLiah Burke	12.39a (1.4)		Minot
7.	8	Kate Laqua	12.39a (3.3)	PR	Davies
8.	9	Paige Renschler	12.51a (3.3)	PR	Shanley
9.	9	Cami Frey	12.52a (3.3)		Mandan
10.	9	Maicee Burke	12.66a (3.3)	PR	Minot
11.	9	Avery Mills	12.74a (3.3)		Century
12.	10	Michaela Nesius	12.77a (1.4)		Davies
13.	12	Brooke Thorsness	12.79a (3.3)	PR	Fargo South
14.	8	Faith Brown	12.86a (3.3)	PR	Minot
15.	11	Kendall Berg	12.88a (1.4)		Bismarck
16.	7	Michelle Gee	12.91a (3.3)	PR	West Fargo
17.	11	Sydney Volesky	12.94a (3.3)	PR	West Fargo Sheyenne
17.	10	Annika McCarthy	12.94a (3.3)		Devils Lake
19.	12	Kenzie Moser	12.98a (1.4)		Bismarck
20.	12	Shivani Shrestha	13.01a (3.3)	PR	Century
21.	12	Olivia Olson	13.04a (3.3)	PR	Valley City
22.	10	Hannah Herbel	13.05a (1.4)		Century
23.	10	Elydia Symens	13.20a (1.4)		Century
24.	8	Gabby Tangedal	13.24a (1.4)		Devils Lake
25.	10	Alimath Salou	13.39a (1.4)		Davies
26.	11	Cassy Praska	13.45a (3.3)		Bismarck
	12	Jill Engstrom	SCR (3.3)		Davies

200 Meters Class A - Finals

1.	10	Cece Deebom	24.72a (.3)		Davies


NORTH DAKOTA STATE TRACK MEET
8 7 6 5 4 3 2 1
BISMARCK COMMUNITY BOWL


LEGACY
3
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9
DEMONS
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LEGACY
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NORTH DAKOTA STATE TRACK MEET
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31.	12	Waddel Shakespeare	11.59a (1.2)	Watford City
32.	12	Abraham Kollie	11.65a (2.9)	West Fargo Sheyenne
33.	11	Seth Nelson	11.67a (1.6)	Century
34.	12	Mason Maier	11.68a (2.9)	Century

200 Meters Class A - Finals

1.	12	Calob Larson	21.36a (1.3)	Legacy
2.	11	Carson Hegerle	21.67a (1.3) PR	West Fargo
3.	12	Mustafa Taylor	21.71a (1.3) PR	Dickinson
4.	11	Dawson Hawkinson	21.93a (1.3) PR	Bismarck
5.	12	Jak Urlacher	21.95a (1.3) PR	Grand Forks Central
6.	12	Jackson Kuznia	22.11a (1.3)	West Fargo Sheyenne
7.	11	Wyatt Mutzenberger	22.32a (1.3)	Grand Forks Central
8.	12	Wade James	22.33a (1.3)	Century
9.	12	TJ Seidel	22.62a (1.3)	Legacy

200 Meters Class A - Prelims

1.	12	Calob Larson	21.60a (4.7)	Legacy
2.	12	Mustafa Taylor	21.92a (1.1)	Dickinson
3.	11	Dawson Hawkinson	21.97a (3.3)	Bismarck
5.	12	Jak Urlacher	21.98a (3.3)	Grand Forks Central
6.	12	Wade James	22.03a (4.7) PR	Century
7.	11	Carson Hegerle	22.06a (1.1)	West Fargo
9.	11	Wyatt Mutzenberger	22.14a (4.7) PR	Grand Forks Central
4.	12	Jackson Kuznia	22.19a (1.9)	West Fargo Sheyenne
10.	11	Quentin Lewis	22.19a (3.3) PR	Dickinson
8.	12	TJ Seidel	22.23a (1.9) PR	Legacy
11.	12	Bakarr Fullah	22.30a (1.9)	Fargo South
12.	12	Samuel Nyemah	22.55a (1.1)	Fargo North
13.	12	Trevor Tiongson	22.60a (4.7) PR	West Fargo Sheyenne
14.	9	Reece Snow	22.73a (1.9) PR	Legacy
14.	12	Matt Alexis	22.73a (4.7) PR	Legacy
16.	12	Caden Hight	22.82a (3.3)	Century
17.	11	Austin Shape	22.86a (1.9) PR	Valley City
18.	11	Dakota Cluchie	22.95a (4.7) PR	Watford City
19.	12	Ean Leingang	23.08a (3.3) PR	St. Mary's
19.	10	Peyton Arndt	23.08a (1.1)	Century
21.	12	Jacob Brosius	23.11a (1.1)	Fargo North
22.	11	John Gores	23.13a (3.3) PR	Shanley
23.	12	Jaden Compson	23.19a (4.7)	Valley City
24.	12	Tyler Thilmony	23.27a (1.9)	Mandan
25.	11	Parker Ehrman	23.31a (1.1)	Century
26.	12	Michael Ross	23.48a (1.1)	Minot
27.	11	Cutter Jones	24.20a (3.3)	Williston
	12	Henry Collins	SCR (1.9)	Shanley
	12	Mason Maier	SCR (3.3)	Century

400 Meters Class A - Finals

1.	12	Calob Larson	48.14a	Legacy
2.	12	Cullen Curl	49.78a PR	St. Mary's
3.	11	Jacob Renz	49.95a PR	Century
4.	12	Jackson Kuznia	50.23a	West Fargo Sheyenne
5.	11	Joseph Eberle	50.47a PR	St. Mary's
6.	11	Parker Nelson	50.50a PR	West Fargo
2.	11	Jasmine Williams	24.76a (.3) PR	West Fargo
3.	11	MaLiah Burke	25.38a (.3) PR	Minot
4.	9	Eden Fridley	25.68a (.3)	Century
5.	12	Emily Goldade	25.70a (.3)	Century
6.	10	Michaela Nesius	25.70a (.3)	Davies
7.	8	Kate Laqua	25.82a (.3)	Davies
8.	12	Brooklyn Buchholz	25.96a (.3)	Century
9.	9	Cami Frey	26.24a (.3)	Mandan

200 Meters Class A - Prelims

1.	10	Cece Deebom	24.76a (3.7)	Davies
2.	11	Jasmine Williams	25.05a (2.3)	West Fargo
4.	9	Eden Fridley	25.39a (3.7) PR	Century
5.	10	Michaela Nesius	25.42a (2.3) PR	Davies
3.	11	MaLiah Burke	25.48a (1.4)	Minot
6.	12	Brooklyn Buchholz	25.55a (1.4) PR	Century
7.	12	Emily Goldade	25.62a (2.3) PR	Century
8.	9	Cami Frey	25.76a (3.7) PR	Mandan
9.	8	Kate Laqua	25.77a (1.4)	Davies
10.	10	Yolanda Nabwe	25.93a (3.7) PR	Jamestown
11.	9	Jazmin Barry	26.10a (1.4) PR	Dickinson
12.	11	Kendall Berg	26.41a (3.7) PR	Bismarck
13.	7	Michelle Gee	26.54a (1.4) PR	West Fargo
14.	11	Kierra Orr	26.68a (3.7) PR	Minot
15.	8	Gabby Tangedal	26.92a (2.3)	Devils Lake
16.	10	Annika McCarthy	27.14a (2.3)	Devils Lake
17.	10	Adison Sagaser	27.19a (3.7)	Legacy
18.	9	Maicee Burke	27.36a (1.4)	Minot
	11	Cassy Praska	SCR (2.3)	Bismarck

400 Meters Class A - Finals

1.	11	Erin Palmer	56.75a PR	Century
2.	12	Hayley Ogle	57.78a	Watford City
3.	8	Kate Laqua	58.68a	Davies
4.	9	Cami Frey	58.88a PR	Mandan
5.	11	Autumn Ketterling	59.32a PR	Century
6.	9	Jocie Schiller	59.44a	Red River
7.	12	Emily Goldade	59.56a	Century
8.	9	Avary Fitzpatrick	59.69a PR	West Fargo Sheyenne
9.	12	Ryleigh Wacha	59.85a	Davies

400 Meters Class A - Prelims

1.	11	Erin Palmer	57.62a	Century
2.	12	Hayley Ogle	59.17a	Watford City
3.	9	Cami Frey	59.28a	Mandan
5.	11	Autumn Ketterling	59.67a	Century
7.	12	Emily Goldade	59.90a	Century
4.	8	Kate Laqua	1:00.12a	Davies
8.	9	Avary Fitzpatrick	1:00.37a	West Fargo Sheyenne
9.	12	Ryleigh Wacha	1:00.44a	Davies
6.	9	Jocie Schiller	1:00.56a	Red River
10.	12	Jadyn Guidinger	1:01.43a	Legacy
11.	11	Hailey Bjerke	1:01.92a	Davies
12.	8	Addison Massey	1:02.67a	Bismarck
13.	12	Ava Marburger	1:04.91a	Williston
	8	Grace Thiel	SCR	Fargo North


NORTH DAKOTA STATE TRACK MEET
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7.	11	Wyatt Mutzenberger	51.44a	Grand Forks Central
8.	11	Gannon Brooks	51.44a	Red River
9.	12	Jack Robertson	52.19a	Davies

400 Meters Class A - Prelims

1.	12	Calob Larson	50.05a	Legacy
3.	11	Jacob Renz	51.06a	Century
2.	12	Cullen Curl	51.16a	St. Mary's
4.	12	Jackson Kuznia	51.27a	West Fargo Sheyenne
5.	11	Joseph Eberle	51.50a	St. Mary's
6.	11	Parker Nelson	51.56a	West Fargo
7.	11	Wyatt Mutzenberger	51.85a	Grand Forks Central
8.	12	Jack Robertson	51.91a	Davies
9.	11	Gannon Brooks	52.48a	Red River
10.	11	Nathaniel Fritel	52.64a	Fargo North
11.	11	Drew Kelsch	52.87a	Century
12.	11	Parker Ehrman	54.05a	Century
13.	11	Isaac Felchle	54.12a	St. Mary's
14.	11	Brady Duttenhefer	54.63a	West Fargo Sheyenne
15.	10	James Gaden	54.92a	Fargo South
16.	10	Reece Breidenbach	55.61a	West Fargo Sheyenne
17.	12	Dawson Shirley	56.20a	Century
	11	Noah Just	SCR	Mandan

800 Meters Class A - Finals

1.	10	Ethan Moe	1:54.41a	PR	Williston
2.	12	Brady Yoder	1:55.48a	PR	Dickinson
3.	12	Sean Korsmo	1:55.55a		Bismarck
4.	11	Chance Bowlinger	1:55.64a	PR	Century
5.	12	Aidan Jarvis	1:56.39a	PR	Minot
6.	11	Parker Nelson	1:56.80a	PR	West Fargo
7.	11	Caeden Johnson	1:57.24a		West Fargo Sheyenne
8.	12	Jacob Knodle	1:57.84a		West Fargo Sheyenne
9.	11	Lane Dullum	1:58.75a	PR	West Fargo
10.	12	Carson Dean	1:59.15a	PR	Shanley
11.	11	Dameon Zenawick	1:59.30a	PR	Red River
11.	11	Joseph Eberle	1:59.30a	PR	St. Mary's
13.	12	Mustafe Abdi	1:59.82a	PR	Red River
14.	12	Ben Anteau	1:59.96a	PR	Jamestown
15.	12	Mason Kindel	2:00.18a		Century
16.	10	Fynn Krenz	2:00.95a		Williston
17.	12	Jack Robertson	2:01.68a		Davies
18.	10	Drew Rempher	2:01.95a		Davies
19.	10	Tristan Quibell	2:02.01a	PR	Fargo South
20.	10	Chase Knoll	2:02.13a		Legacy
21.	10	Jonah Dafoe	2:02.76a		Red River
22.	12	Ethan Bender	2:02.95a		Century
23.	12	Juan Flores	2:03.33a		Bismarck
24.	12	Kade Schumacher	2:03.90a		Jamestown
25.	10	Quinn Roehl	2:04.17a		Grand Forks Central
26.	11	Griffin House	2:05.13a		Century
27.	12	Isaac Anderson	2:05.16a		Bismarck
28.	12	Iver Phillips	2:05.87a		Century
29.	11	Hunter McHenry	2:05.98a		Red River

800 Meters Class A - Finals

1.	12	Jilee Golus	2:12.08a	PR	Bismarck
2.	12	Meghan Ford	2:15.24a	SR	Jamestown
3.	11	Anna Lien	2:16.05a	PR	Fargo North
4.	12	Hayley Ogle	2:17.33a		Watford City
5.	12	Jadyn Guidinger	2:17.36a	PR	Legacy
6.	10	Acey Elkins	2:17.39a	PR	Mandan
7.	12	McKenna Lovehaug	2:18.24a	SR	Davies
9.	11	Erin Palmer	2:19.15a	SR	Century
11.	11	Hailey Bjerke	2:21.28a	SR	Davies
12.	10	Lauren Dosch	2:22.51a	PR	Red River
13.	12	Eden Smith	2:25.16a		West Fargo Sheyenne
14.	12	MaKayla Anderson	2:25.42a		Century
15.	11	Eleni Lovgren	2:28.13a		Williston
16.	12	Onnica Stansbury	2:29.04a		West Fargo Sheyenne
17.	12	Ryleigh Wacha	2:31.52a		Davies
18.	9	Reagan Berg	2:34.25a		Valley City
	11	Anna Bernhardt	SCR		Shanley
8.	8	Taya Fettig	2:18.68a		Bismarck
10.	8	Greta Goven	2:21.01a		Valley City

1600 Meters Class A - Finals

1.	12	Meghan Ford	5:02.34a		Jamestown
2.	12	Jilee Golus	5:09.15a		Bismarck
3.	12	Onnica Stansbury	5:13.16a	PR	West Fargo Sheyenne
4.	11	Eleni Lovgren	5:13.29a	PR	Williston
5.	12	Jadyn Guidinger	5:14.83a	PR	Legacy
6.	10	Acey Elkins	5:14.88a	PR	Mandan
7.	10	Jaelyn Ogle	5:19.54a		Watford City
8.	11	Anna Lien	5:19.74a	PR	Fargo North
9.	11	Elle Sondag	5:28.40a		Fargo North
10.	8	Greta Goven	5:28.54a		Valley City
11.	12	Gracia Larsen-Schmidt	5:29.18a		Red River
12.	9	Reagan Berg	5:29.28a		Valley City
13.	8	Mya Mannausau	5:30.04a		Red River
14.	9	Olivia Heilman	5:30.88a		West Fargo Sheyenne
15.	10	Lauren Dosch	5:33.95a		Red River
16.	10	Trinity Jessen	5:35.71a		Minot
17.	11	Campbell Dorsey	5:37.32a		Red River
18.	11	Anna Bernhardt	5:37.48a		Shanley
19.	10	Marie Derenne	5:41.89a		Grand Forks Central
20.	9	Claire Hynek	5:42.53a		Grand Forks Central
21.	10	Brooklyn Champagne	5:46.41a		Fargo North
22.	9	Cierra Bornemann	5:51.53a		Davies
23.	12	Clare Boldingh	5:51.87a		West Fargo

3200 Meters Class A - Finals

1.	12	Meghan Ford	10:46.87a		Jamestown
2.	12	Jilee Golus	11:06.46a	PR	Bismarck
3.	12	Onnica Stansbury	11:09.04a	PR	West Fargo Sheyenne
4.	10	Jaelyn Ogle	11:10.30a	PR	Watford City


DEMONS
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W 10
NORTH DAKOTA STATE TRACK MEET
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BISMARCK COMMUNITY BOWL

30.	11	Oscar Hultz	2:06.30a	Minot
31.	10	Brady Korsmo	2:08.60a	Bismarck
	11	Jacob Renz	SCR	Century

1600 Meters Class A - Finals

1.	12	Sean Korsmo	4:12.16a PR	Bismarck
2.	12	Brady Yoder	4:13.26a PR	Dickinson
3.	12	Jacob Knodle	4:15.89a	West Fargo Sheyenne
4.	10	Ethan Moe	4:17.33a PR	Williston
5.	12	Ethan Bender	4:20.50a	Century
6.	12	Ben Anteau	4:21.51a PR	Jamestown
7.	9	Aiden Johnson	4:21.69a	West Fargo Sheyenne
8.	12	Mason Kindel	4:21.75a	Century
9.	11	Caeden Johnson	4:21.96a PR	West Fargo Sheyenne
10.	10	Fynn Krenz	4:26.60a	Williston
11.	9	Owen Sondag	4:26.68a	Fargo North
12.	11	Hunter McHenry	4:27.09a PR	Red River
13.	11	Griffin House	4:28.29a	Century
14.	10	Quinn Roehl	4:29.38a PR	Grand Forks Central
15.	10	Jonah Dafoe	4:30.71a PR	Red River
16.	12	Mustafe Abdi	4:30.84a PR	Red River
17.	10	Matt Rongitsch	4:31.70a PR	Red River
18.	12	Gavin Haut	4:31.99a SR	Jamestown
19.	10	Ivan Askim	4:32.83a PR	Williston
20.	11	Dameon Zenawick	4:33.75a	Red River
21.	12	Jacob Ersland	4:35.82a	Century
22.	11	Regan Bosch	4:36.02a	Davies
23.	12	Aidan Jarvis	4:37.58a	Minot
24.	11	Gabe Sagvold	4:38.30a	Fargo North
25.	12	Ryan Prusak	4:38.86a	Red River
26.	11	Oscar Hultz	4:39.22a	Minot
27.	10	Drew Rempher	4:41.99a	Davies
28.	12	Iver Phillips	4:44.36a	Century
29.	9	Adam Brachman	4:46.83a	Davies

3200 Meters Class A - Finals

1.	12	Sean Korsmo	8:57.82a PR	Bismarck
2.	12	Brady Yoder	8:59.56a PR	Dickinson
3.	12	Jacob Knodle	9:01.56a PR	West Fargo Sheyenne
4.	12	Ben Anteau	9:08.10a PR	Jamestown
5.	9	Aiden Johnson	9:13.19a PR	West Fargo Sheyenne
6.	9	Owen Sondag	9:17.63a PR	Fargo North
7.	12	Ethan Bender	9:21.03a PR	Century
8.	10	Fynn Krenz	9:21.18a PR	Williston
9.	12	Gunnar Alvarado	9:24.41a PR	Williston
10.	11	Griffin House	9:32.65a	Century
11.	12	Mason Kindel	9:36.08a PR	Century
12.	11	Hunter McHenry	9:38.07a PR	Red River
13.	12	Juan Flores	9:43.04a PR	Bismarck
14.	12	Jacob Ersland	9:46.46a PR	Century
15.	12	Broden Diederich	9:47.82a PR	Red River
16.	10	Matt Rongitsch	9:49.71a PR	Red River
17.	12	Isaac Anderson	9:50.65a	Bismarck
18.	12	Iver Phillips	9:53.27a PR	Century
19.	11	Regan Bosch	9:57.90a PR	Davies
20.	10	Brady Goss	9:58.81a	Devils Lake
21.	11	Justin Smith	10:00.19a PR	West Fargo
22.	12	Chandlar Rott	10:01.35a PR	Jamestown
23.	12	Gavin Haut	10:02.46a	Jamestown
5.	11	Eleni Lovgren	11:22.69a PR	Williston
6.	10	Trinity Jessen	11:30.49a PR	Minot
7.	11	Elle Sondag	11:32.97a PR	Fargo North
8.	12	Gracia Larsen-Schmidt	11:33.73a PR	Red River
9.	9	Bayla Weigel	11:41.36a PR	Bismarck
10.	9	Reagan Berg	11:56.77a PR	Valley City
11.	11	Kaelyn Berg	11:59.56a PR	West Fargo
12.	7	Katie Olson	12:00.54a PR	Watford City
13.	10	Jordan Knudsvig	12:05.69a	West Fargo
14.	7	Scout Ulrickson	12:09.77a PR	Minot
15.	7	Brooklyn Herrick	12:11.43a	West Fargo Sheyenne
16.	12	Clare Boldingh	12:11.50a	West Fargo
17.	11	Anna Bernhardt	12:13.50a	Shanley
18.	9	Dalila Sharp	12:15.70a PR	Bismarck
19.	7	Brooklyn Nygaard	12:39.33a	Jamestown

100m Hurdles - 33" Class A - Finals

1.	10	Cece Deebom	14.62a (.6) PR	Davies
2.	11	Anna Rader	15.05a (.6) PR	Century
3.	12	Jada Bell	15.09a (.6) PR	Davies
4.	11	Morgan Sheldon	15.65a (.6)	Mandan
5.	10	Samantha Gustafson	15.73a (.6) PR	West Fargo
6.	11	Hope Stein	15.77a (.6) PR	Century
7.	12	Annie Dennis	16.03a (.6)	Watford City
8.	11	Linnea Axtman	16.33a (.6)	Davies
9.	11	Amy Stringer	16.57a (.6) PR	Bismarck

100m Hurdles - 33" Class A - Prelims

1.	10	Cece Deebom	14.75a (1.8)	Davies
2.	12	Jada Bell	15.22a (4.8)	Davies
3.	11	Anna Rader	15.36a (1.8)	Century
4.	11	Morgan Sheldon	15.39a (4.8)	Mandan
5.	12	Annie Dennis	15.84a (4.8) PR	Watford City
6.	11	Hope Stein	15.96a (1.8)	Century
7.	11	Linnea Axtman	16.04a (4.8)	Davies
8.	10	Samantha Gustafson	16.29a (1.8)	West Fargo
9.	11	Amy Stringer	16.62a (1.8)	Bismarck
10.	11	Maddie Deics	16.62a (4.8) PR	Legacy
11.	8	Erin McLean	16.67a (1.8)	Minot
12.	10	Elyse Gulsvig	16.73a (4.8)	Davies
12.	9	Cayla Sailer	16.73a (1.8)	Davies
14.	11	Elvinell Fofanah	16.80a (4.8) PR	West Fargo
15.	10	Joanne Lee	16.83a (4.8)	Legacy
16.	9	Hailey Markel	16.87a (1.8)	Mandan
17.	9	Lauren Swanson	17.90a (1.8)	Red River
18.	12	Shri Patel	21.48a (4.8)	Red River

300m Hurdles - 30" Class A - Finals

1.	12	Emily Goldade	43.52a PR	Century
2.	8	Kate Laqua	44.85a PR	Davies
3.	8	Julia Skari	46.23a PR	Jamestown
4.	12	Ashton Kinnebrew	47.22a	Century
5.	11	Anna Rader	47.29a PR	Century
6.	9	Aspen Eslinger	47.40a PR	Legacy
7.	8	Zoie Austin	47.65a	Century


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NORTH DAKOTA STATE TRACK MEET
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BISMARCK COMMUNITY BOWL


DEMONS
NORTH DAKOTA STATE TRACK MEET
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24.	11	Noah Cowley	10:05.74a	Bismarck
25.	11	AJ Ash	10:06.72a	Dickinson
26.	10	Brady Korsmo	10:07.43a	Bismarck
27.	12	Ryan Prusak	10:07.77a	Red River
	10	Quinn Roehl	SCR	Grand Forks Central

110m Hurdles - 39" Class A - Finals

1.	12	Brock Johnsen	14.67a (2.2)	Century
2.	12	Clay Radenz	14.72a (2.2) PR	Century
3.	11	Carter Elde	14.97a (2.2) PR	Grand Forks Central
4.	10	Brooks Turner	15.44a (2.2) PR	Century
5.	12	Morningstar Williams	15.45a (2.2)	Bismarck
6.	11	Nate Anderson	15.56a (2.2)	Century
7.	12	Courage David	15.71a (2.2) PR	West Fargo
8.	12	Cullen Curl	15.83a (2.2)	St. Mary's
	12	Jared Eggermont	DQ (2.2)	Valley City

110m Hurdles - 39" Class A - Prelims

1.	12	Brock Johnsen	14.44a (1.8)	Century
2.	12	Clay Radenz	14.92a (.2)	Century
3.	12	Jared Eggermont	15.36a (.2)	Valley City
4.	11	Nate Anderson	15.44a (1.8) PR	Century
5.	12	Morningstar Williams	15.47a (.2)	Bismarck
5.	11	Carter Elde	15.47a (1.8)	Grand Forks Central
7.	12	Cullen Curl	15.72a (1.8)	St. Mary's
7.	10	Brooks Turner	15.72a (.2)	Century
9.	12	Courage David	15.83a (1.8)	West Fargo
10.	11	Jack Wilson	15.85a (1.8)	Century
11.	12	Nick Kupfer	15.87a (1.8)	Legacy
12.	11	Isaac Birnbaum	15.97a (.2)	West Fargo Sheyenne
13.	12	Treys Tietz	16.03a (.2)	Mandan
14.	10	Lukas Heydt	16.06a (1.8)	Red River
15.	10	Carter Byron	16.12a (.2)	Red River
16.	10	Aiden Sagaser	16.52a (.2)	Legacy
17.	10	Ryan Brynjolfson	17.16a (.2)	Century
18.	11	Steven Edwards	17.63a (1.8)	West Fargo

300m Hurdles - 36" Class A - Finals

1.	12	Cullen Curl	37.87a PR	St. Mary's
2.	11	Carter Elde	38.32a PR	Grand Forks Central
3.	12	Clay Radenz	38.40a PR	Century
4.	12	Brock Johnsen	38.82a	Century
5.	11	Isaac Birnbaum	39.64a PR	West Fargo Sheyenne
6.	12	Jared Eggermont	40.20a	Valley City
7.	12	Treys Tietz	41.60a	Mandan
8.	12	Morningstar Williams	42.92a	Bismarck
	11	Cutter Jones	SCR	Williston

300m Hurdles - 36" Class A - Prelims

1.	12	Brock Johnsen	38.66a PR	Century
4.	12	Clay Radenz	38.72a	Century
8.	12	Kyley Barnett	50.55a	Watford City
9.	11	Morgan Sheldon	50.82a	Mandan

300m Hurdles - 30" Class A - Prelims

1.	12	Emily Goldade	44.69a	Century
2.	8	Kate Laqua	46.22a	Davies
3.	12	Kyley Barnett	46.83a PR	Watford City
5.	8	Zoie Austin	46.93a PR	Century
4.	11	Morgan Sheldon	47.03a PR	Mandan
7.	12	Ashton Kinnebrew	47.06a PR	Century
8.	8	Julia Skari	47.35a	Jamestown
6.	11	Anna Rader	47.65a	Century
9.	9	Aspen Eslinger	48.06a	Legacy
10.	12	Shri Patel	48.21a	Red River
11.	12	Jada Bell	48.77a	Davies
12.	10	Samantha Gustafson	48.78a	West Fargo
13.	9	Hailey Markel	48.96a	Mandan
14.	11	Madison Spacher	49.19a	Watford City
15.	11	Hannah Hynek	50.14a	Grand Forks Central
16.	10	Bernadette Belzer	51.07a	Jamestown
17.	9	Ashton Safranski	52.54a	Davies
18.	8	Erin McLean	52.97a	Minot

4x100 Relay Class A - Finals

1.	Avery Mills Eden Fridley Hannah Herbel Brooklyn Buchholz	48.99a	Century
2.	Cassy Praska Kenzie Moser Skylar Carufel Kendall Berg	49.85a	Bismarck
3.	Allysah Larson Hunter Petersen Julia Skari Yolanda Nabwe	50.20a	Jamestown
4.	Noelle Friederichs Brooklyn Kelsch Mesiku Hakim Paige Renschler	50.54a	Shanley
5.	Laiken Sturn Michelle Gee Samantha Gustafson Jasmine Williams	50.75a	West Fargo
6.	Avery Hauff Jelani Jones Teya Barrios McKayla Lindbo	51.31a	Mandan
7.	Michaela Nesius Nina Hage Jill Engstrom Ellen Donat	51.64a	Davies

2.	11	Carter Elde	39.34a	Grand Forks Central
3.	12	Cullen Curl	39.85a	St. Mary's
5.	11	Isaac Birnbaum	40.18a	West Fargo Sheyenne
6.	12	Jared Eggermont	40.37a	Valley City
7.	12	Morningstar Williams	41.33a	Bismarck
8.	12	Treys Tietz	41.37a PR	Mandan
9.	11	Cutter Jones	41.42a PR	Williston
10.	11	Nate Anderson	41.47a PR	Century
11.	10	Lukas Heydt	41.48a PR	Red River
11.	12	Adam Arnold	41.48a PR	Grand Forks Central
13.	10	Drew Henriksen	41.73a PR	Bismarck
14.	12	Garret Schaefbauer	42.48a	Mandan
15.	8	Josh Beil	42.73a	Davies
16.	12	Jacob Bartels	42.77a	Wahpeton
17.	10	Will Lacher	44.02a	Fargo South
18.	8	Trey Knoke	44.55a	Fargo North
	11	Joe Williamson	SCR	Grand Forks Central

4x100 Relay Class A - Finals

1.	Reece Snow Calob Larson Nathan Mathern TJ Seidel	42.52a	Legacy
2.	Caden Hight Brock Johnsen Peyton Arndt Wade James	42.92a	Century
3.	Abraham Kollie Trevor Tiongson Ethan Raan Ty Schlichting	43.46a	West Fargo Sheyenne
4.	Lucas Miller Dawson Hawkinson Hudson Schroeder Ty Allen	44.07a	Bismarck
5.	Denver Piechowski Austin Harmsen Ryan Barth Nicholas Nyquist	44.09a	Davies
6.	Samuel Nyemah Jacob Brosius Nathaniel Fritel Peder Haugo	44.36a	Fargo North
7.	Levi Korum Devin Beach Preston Kroeber Brode Hillstrom	44.42a	Jamestown
8.	Ian Skari Carson Hegerle Courage David Ibrahim Bangura	44.51a	West Fargo
	James Gaden Trehvon Montgomery Sibomana Enock Bakarr Fullah	DNF	Fargo South
8.	Mattilyn Biel Brooke Ott Jayla David Jayden Atkins	52.05a	Dickinson
	Maicee Burke MaLiah Burke Erin McLean Kierra Orr	DNF	Minot

4x100 Relay Class A - Prelims

1.	Avery Mills Eden Fridley Hannah Herbel Brooklyn Buchholz	49.51a	Century
2.	Maicee Burke MaLiah Burke Erin McLean Kierra Orr	50.02a	Minot
3.	Allysah Larson Hunter Petersen Julia Skari Yolanda Nabwe	50.06a	Jamestown
4.	Cassy Praska Kenzie Moser Skylar Carufel Kendall Berg	50.07a	Bismarck
5.	Noelle Friederichs Brooklyn Kelsch Mesiku Hakim Paige Renschler	50.17a	Shanley
6.	Laiken Sturn Michelle Gee Samantha Gustafson Jasmine Williams	50.31a	West Fargo
7.	Michaela Nesius Nina Hage Jill Engstrom Ellen Donat	50.44a	Davies
8.	Avery Hauff Jelani Jones Teya Barrios McKayla Lindbo	51.39a	Mandan
9.	Mattilyn Biel Brooke Ott Jayla David Jayden Atkins	51.96a	Dickinson
10.	Annie Dennis Kayden Samuelson Jela Cutshall Kyley Barnett	52.07a	Watford City
11.	Emily Weatherly Maddie Deics Adison Sagaser Olivia Weiler	52.37a	Legacy
12.	Olivia Olson Kadie Kocka Jocey Kriewald Karina Olson	52.56a	Valley City


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PACKERS
JAMESTOWN
DAVIES
DEMONS
LEGACY

4x100 Relay Class A - Prelims

1.	Reece Snow Calob Larson Nathan Mathern TJ Seidel	42.74a	Legacy
2.	Caden Hight Brock Johnsen Peyton Arndt Wade James	43.02a	Century
3.	Abraham Kollie Trevor Tiongson Ethan Raan Ty Schlichting	43.28a	West Fargo Sheyenne
4.	Lucas Miller Dawson Hawkinson Hudson Schroeder Ty Allen	43.68a	Bismarck
5.	James Gaden Trehvon Montgomery Sibomana Enock Bakarr Fullah	43.81a	Fargo South
7.	Levi Korum Devin Beach Preston Kroeber Brode Hillstrom	43.97a	Jamestown
8.	Denver Piechowski Austin Harmsen Ryan Barth Nicholas Nyquist	44.14a	Davies
9.	Ian Skari Carson Hegerle Courage David Ibrahim Bangura	44.22a	West Fargo
6.	Samuel Nyemah Jacob Brosius Nathaniel Fritel Peder Haugo	44.36a	Fargo North
10.	Collin Allan Alex Schill Adam Arnold Jak Urlacher	44.39a	Grand Forks Central
11.	JJ Williams Calin Hanson Ethan Mitchell JD Williams	44.98a	Williston
12.	Dakota Sweeney Tyler Thilmony Garret Schaefbauer Isaac Peterchuk	45.10a	Mandan
13.	Aaron Cutshall Waddel Shakespeare Lenny Cluchie Dakota Cluchie	45.14a	Watford City
13.	Taylor Tedford Reagan Carlson Emily Skalicky Grace Miller	52.75a	Fargo North
14.	- Hannah Hynek Taylar Baker Jillian Riley Lauren Hillman	52.81a	Grand Forks Central
15.	Jordis Maxwell Beth Ellis Kiernan Darling Brooke Thorsness	54.63a	Fargo South
16.	Isabella Tangedal Chaylee Hewson Jenna Gerhardt Cabryn Fritel	55.59a	Devils Lake
	Kia Ray Sydney Volesky Saree Wadeson Avary Fitzpatrick	FS	West Fargo Sheyenne

4x200 Relay Class A - Finals

1.	Avery Mills Eden Fridley Elydia Symens Brooklyn Buchholz	1:43.68a	Century
2.	Laiken Sturn Michelle Gee Samantha Gustafson Jasmine Williams	1:44.91a	West Fargo
3.	Maicee Burke MaLiah Burke Allie Johnson Kierra Orr	1:45.30a	Minot
4.	Mattilyn Biel Emily Ash Jayla David Jazmin Barry	1:45.63a	Dickinson
5.	Cassy Praska Kenzie Moser Katie Greff Kendall Berg	1:45.86a	Bismarck
6.	Erin Mueller Avary Fitzpatrick Saree Wadeson Sydney Volesky	1:46.93a	West Fargo Sheyenne
7.	Emily Weatherly Adison Sagaser Alyssa Eckroth Aspen Eslinger	1:47.27a	Legacy
	Alimath Salou Ashton Safranski Linnea Axtman Ellen Donat	DQ	Davies
	Noelle Friederichs Brooklyn Kelsch Mesiku Hakim Paige Renschler	DQ	Shanley


NORTH DAKOTA STATE TRACK MEET
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CENTURY


DEMONS
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LEGACY
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14.	Mason Reynolds Carter Byron Gannon Brooks Sam Kruger	45.15a	Red River
15.	Nathan Worrel Blake Schafer Beau Arenstein Shea Truesdell	45.30a	Wahpeton
16.	Noah Urquijo Brek Thompson Ty Kinchen Kameron Foley	45.35a	Minot
17.	Aiden Jacobson Austin Shape Evan Mielke Jaden Compson	45.48a	Valley City
18.	Bradyn Enderud Mason Anchondo Christian Bowden Jack Unruh	45.67a	Dickinson
19.	Cameron Naslund Colby Fleck Isaac Felchle Jackson Roerick	46.05a	St. Mary's

4x200 Relay Class A - Finals

1.	Matthew Alexis TJ Seidel Reece Snow Nathan Mathern	1:28.42a	Legacy
2.	Trehvon Montgomery Peyton Kessel Sibomana Enock Bakarr Fullah	1:29.24a	Fargo South
3.	Caden Hight Wade James Peyton Arndt Drew Kelsch	1:29.24a	Century
4.	Ty Schlichting Brady Duttenhefer Isaac Birnbaum Trevor Tiongson	1:30.30a	West Fargo Sheyenne
5.	Ian Skari Carson Hegerle Courage David Payton McGregor	1:30.63a	West Fargo
6.	Nathaniel Fritel Peder Haugo Jacob Brosius Samuel Nyemah	1:30.88a	Fargo North
7.	John Gores Carson Dean Carter Kochmann Henry Collins	1:31.05a	Shanley

4x200 Relay Class A - Prelims

1.	Maicee Burke MaLiah Burke Allie Johnson Kierra Orr	1:45.87a	Minot
2.	Avery Mills Eden Fridley Elydia Symens Brooklyn Buchholz	1:45.93a	Century
3.	Noelle Friederichs Brooklyn Kelsch Mesiku Hakim Paige Renschler	1:46.29a	Shanley
5.	Alimath Salou Ashton Safranski Linnea Axtman Ellen Donat	1:46.48a	Davies
4.	Mattilyn Biel Emily Ash Jayla David Jazmin Barry	1:47.37a	Dickinson
6.	Cassy Praska Kenzie Moser Katie Greff Kendall Berg	1:47.60a	Bismarck
7.	Laiken Sturn Michelle Gee Samantha Gustafson Jasmine Williams	1:47.80a	West Fargo
8.	Erin Mueller Avary Fitzpatrick Saree Wadeson Sydney Volesky	1:47.93a	West Fargo Sheyenne
9.	Emily Weatherly Adison Sagaser Alyssa Eckroth Aspen Eslinger	1:49.05a	Legacy
10.	Isabella Tangedal Cabryn Fritel Gabby Tangedal Annika McCarthy	1:49.28a	Devils Lake
11.	Jela Cutshall Annie Dennis Macee Franz Kyley Barnett	1:49.29a	Watford City
12.	Avery Hauff Jelani Jones Hailey Markel McKayla Lindbo	1:49.47a	Mandan
13.	Allysah Larson Hunter Petersen Julia Skari Yolanda Nabwe	1:49.67a	Jamestown
14.	Brenna Curl Katee Hollenbeck Greta Tschider Lydia Spies	1:50.98a	St. Mary's

8.	Lucas Miller Dawson Hawkinson Gannon McGregor Ty Allen	1:31.30a	Bismarck
9.	Wyatt Mutzenberger Alex Schill Adam Arnold Carter Elde	1:31.66a	Grand Forks Central

4x200 Relay Class A - Prelims

1.	Caden Hight Wade James Peyton Arndt Drew Kelsch	1:30.03a	Century
3.	Matthew Alexis TJ Seidel Reece Snow Nathan Mathern	1:30.33a	Legacy
2.	Trehvon Montgomery Peyton Kessel Sibomana Enock Bakarr Fullah	1:30.38a	Fargo South
5.	Ty Schlichting Brady Duttenhefer Isaac Birnbaum Trevor Tiongson	1:31.14a	West Fargo Sheyenne
4.	Nathaniel Fritel Peder Haugo Jacob Brosius Samuel Nyemah	1:31.84a	Fargo North
7.	Ian Skari Carson Hegerle Courage David Payton McGregor	1:32.21a	West Fargo
8.	John Gores Carson Dean Carter Kochmann Henry Collins	1:32.30a	Shanley
6.	Lucas Miller Dawson Hawkinson Gannon McGregor Ty Allen	1:32.79a	Bismarck
9.	Wyatt Mutzenberger Alex Schill Adam Arnold Carter Elde	1:33.16a	Grand Forks Central
10.	Jared Eggermont Austin Shape Evan Mielke Aiden Jacobson	1:33.42a	Valley City
15.	Shri Patel Ella Fosse Jocie Schiller Kylie Severson	1:51.15a	Red River
16.	Jordis Maxwell Nishi Yvette Callie Baukol Brooke Thorsness	1:51.93a	Fargo South
17.	Taylor Tedford Grace Thiel Nora Fluge Emily Skalicky	1:51.96a	Fargo North
18.	Kaylea Kealoha Gabrielle Marks Emma Solberg Kaelyn Sime	1:52.48a	Williston

4x400 Relay Class A - Finals

1.	Autumn Ketterling Emily Goldade Ashton Kinnebrew Erin Palmer	3:58.32a	Century
2.	Hailey Bjerke Ryleigh Wacha McKenna Lovehaug Ashton Safranski	4:04.62a	Davies
3.	Kyley Barnett Madison Spacher Jaelyn Ogle Hayley Ogle	4:05.89a	Watford City
4.	Mattilyn Biel Claire Kreidt Emily Ash Jazmin Barry	4:08.04a	Dickinson
5.	Cami Frey Morgan Sheldon Jelani Jones Acey Elkins	4:08.54a	Mandan
6.	Emily Skalicky Grayce Anderson Grace Thiel Anna Lien	4:09.05a	Fargo North
7.	Gabby Tangedal Kiya McLaurin Ramsey Brown Annika McCarthy	4:09.87a	Devils Lake
8.	Mesiku Hakim Brooklyn Kelsch Anna Bernhardt Noelle Friederichs	4:11.93a	Shanley
9.	Aspen Eslinger Alyssa Eckroth Whitney Welk Hailey Romans	4:12.08a	Legacy
10.	Addison Massey Kenzie Moser Katie Greff Taya Fettig	4:12.38a	Bismarck

11.	Mason Reynolds Carter Stinson Gannon Brooks Sam Kruger	1:34.19a	Red River
11.	Keaton Schwab Austin Harmsen Ryan Barth Nicholas Nyquist	1:34.19a	Davies
13.	Cameron Naslund Jackson Roerick Isaac Felchle Ean Leingang	1:34.29a	St. Mary's
14.	Dakota Sweeney Tyler Thilmony Garret Schaefbauer Jayce Johnson	1:35.78a	Mandan
	Mustafa Taylor Mason Anchondo Quentin Lewis Jack Homiston	DNF	Dickinson

4x400 Relay Class A - Finals

1.	Clay Radenz Brock Johnsen Jacob Renz Chance Bowlinger	3:22.84a	Century
2.	Joseph Eberle Isaac Felchle Ean Leingang Cullen Curl	3:24.55a	St. Mary's
3.	Mustafa Taylor Brady Yoder Quentin Lewis Kaden Selle	3:25.26a	Dickinson
4.	Trevor Tiongson Reece Breidenbach Caeden Johnson Jackson Kuznia	3:27.27a	West Fargo Sheyenne
5.	Adam Arnold Wyatt Mutzenberger Jak Urlacher Carter Elde	3:28.10a	Grand Forks Central
6.	Aidan Hasby Reece Snow Clay Feland Aanders Weltz	3:29.69a	Legacy
7.	Tanner Schiller Carter Stinson Sam Kruger Gannon Brooks	3:30.99a	Red River
8.	Carson Dean Emmett Kenney John Gores Carter Kochmann	3:32.40a	Shanley

11.	Emma Solberg Kimberly Neumann Eleni Lovgren Ava Marburger	4:12.59a	Williston
12.	Shri Patel Ella Fosse Lauren Dosch Jocie Schiller	4:13.72a	Red River
13.	Brenna White Sadie Wavrin Jordan Knudsvig Leah Locklear	4:18.05a	West Fargo
14.	Halle Miller Sydney Mahrer Kilee Bladow Kinsey Pedersen	4:18.15a	Wahpeton
15.	Unique Wea Catherine Francis Eden Smith Avary Fitzpatrick	4:20.39a	West Fargo Sheyenne

4x800 Relay Class A - Finals

1.	Autumn Ketterling MaKayla Anderson Ashton Kinnebrew Erin Palmer	9:35.28a	Century
2.	Hailey Bjerke McKenna Lovehaug Brenna Barnick Ryleigh Wacha	9:36.88a	Davies
3.	Bayla Weigel Taya Fettig Addison Massey Jilee Golus	9:40.70a	Bismarck
4.	Jocie Schiller Mya Mannausau Gracia Larsen-Schmidt Lauren Dosch	9:53.11a	Red River
5.	Olivia Hammes Elle Sondag Grace Thiel Anna Lien	9:55.75a	Fargo North
6.	Brooklyn Herrick Eden Smith Olivia Heilman Onnica Stansbury	9:57.99a	West Fargo Sheyenne
7.	Brenna White Jordan Knudsvig Emily Klaman Kaelyn Berg	9:59.08a	West Fargo
8.	Aspen Eslinger Hailey Romans Taylor Gabbert Jadyn Guidinger	10:04.68a	Legacy

9.	Ethan Mitchell Ethan Moe Logan Dangerfield James Powers	3:33.10a	Williston
10.	Eli Svenby Parker Nelson Courage David Lane Dullum	3:33.86a	West Fargo
11.	Zunekia Diamond McGill George Hanesgard Aiden Bourke Tristan Quibell	3:34.36a	Fargo South
12.	Noah Just Karsten Hegney Trinity Anderson Nolan Johnson	3:34.57a	Mandan
13.	Nathaniel Fritel Alex Flores Daniel Jones Gabe Sagvold	3:34.89a	Fargo North
14.	Michael Ross Carson Wistisen Will Thomas Aidan Jarvis	3:36.55a	Minot
15.	Drew Henriksen Preston Lemar Charles Humann Trenton Gibson	3:37.43a	Bismarck

9.	Bernadette Belzer Brooklyn Nygaard Maddy Orr Meghan Ford	10:11.28a	Jamestown
10.	Avery Murray Sydnee Ingstad Reagan Berg Greta Goven	10:13.24a	Valley City
11.	Gabrielle McLaurin Kayla Britsch Ramsey Brown Kiya McLaurin	10:18.55a	Devils Lake
12.	Eva Selensky Abigail Eberle Katee Hollenbeck Kylie Wald	10:20.88a	St. Mary's
13.	Katie Olson Madison Spacher Savanna Olson Macee Franz	10:21.40a	Watford City
14.	Acey Elkins Harper Wilkens Alyssa Schafer Anna Bendish	10:27.29a	Mandan
15.	Marie Derenne Nora Berry Claire Hynek Aria Kindseth	10:27.86a	Grand Forks Central

4x800 Relay Class A - Finals

1.	Mason Kindel Ethan Bender Jacob Renz Chance Bowlinger	7:56.82a	Century
2.	Juan Flores Isaac Anderson Brady Korsmo Sean Korsmo	8:00.43a	Bismarck
3.	Jonah Dafoe Dameon Zenawick Hunter McHenry Mustafe Abdi	8:03.58a	Red River
4.	Jacob Knodle Aiden Johnson Kamden Coles Caeden Johnson	8:07.16a	West Fargo Sheyenne
5.	Fynn Krenz James Powers Gunnar Alvarado Ethan Moe	8:08.15a	Williston
6.	Justin Smith Parker Nelson Lincoln Retzlaff Lane Dullum	8:16.92a	West Fargo
7.	Jack Robertson Drew Rempher Regan Bosch Jaray Touray	8:18.62a	Davies

Shot Put - 4kg Class A - Finals

1.	11	Anthonett Nabwe	44-09.50	Jamestown
2.	11	Mary Schnell	39-10.00	West Fargo
3.	12	Jenna Hardy	39-03.00	Minot
4.	12	Jadyn Feist	38-09.00	West Fargo Sheyenne
5.	11	Adisyn Schenck	38-01.00 PR	West Fargo Sheyenne
6.	10	Mylie Trahan	37-11.00 PR	Century
7.	11	Jeanette Perez-Nelson	37-07.00 SR	Legacy
8.	10	Aliya Selensky	37-04.00 PR	Legacy
9.	8	Scout Woods	37-03.00 PR	Wahpeton
10.	12	Moriku Hakim	36-10.50	Shanley
11.	11	Erica Nelson	36-09.00	Devils Lake
12.	9	Tayla Andersen	36-04.00 PR	Bismarck
13.	11	Elsie Hardy	36-03.50 PR	Minot
14.	11	Julia Clements	36-02.00 PR	Legacy
15.	12	Alician Garcia	35-09.00	Watford City
16.	11	Abby Fletcher	35-07.00	Century
17.	10	Katelyn Rath	35-06.00	Bismarck
18.	11	Zoe Dallas	35-05.00	Williston
19.	12	Taylor Leingang	35-04.00	Mandan
20.	12	Jade Azure	34-11.00	Red River
21.	12	Rebecca Kpor	34-09.50	West Fargo Sheyenne
21.	12	Mya Garter	34-09.50	Bismarck
23.	9	Cailey Moton	34-06.00	West Fargo
24.	12	Olivia Schindler	34-03.00	Red River
25.	12	Lindey Gullickson	34-02.00	Bismarck
26.	11	Kaylynn Red Tomahawk	34-01.00	Bismarck
26.	12	Kaden Kerzman	34-01.00	Davies


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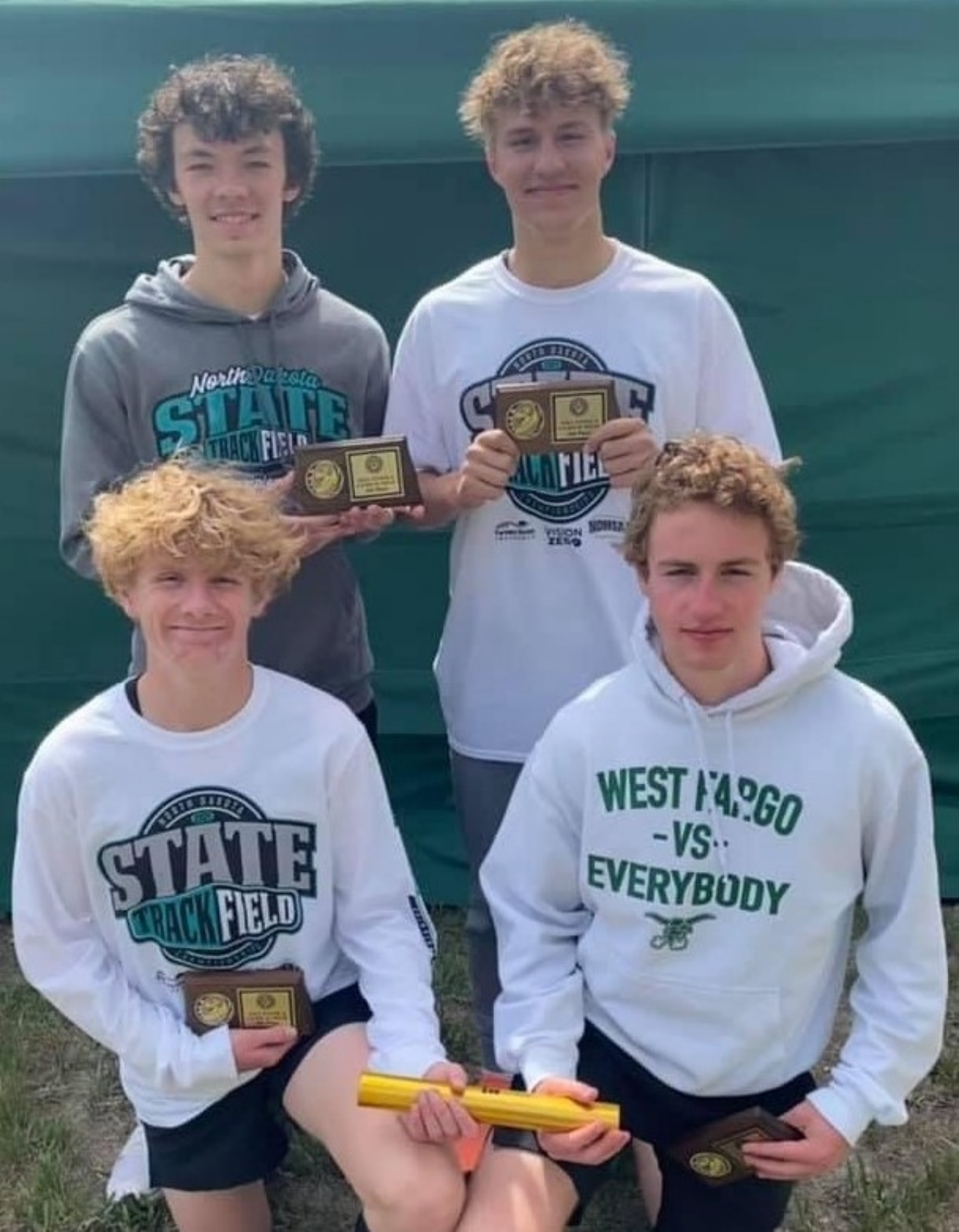
North Dakota
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WEST FARGO
-VS-
EVERYBODY

8.	Grant Schaeffer Aidan Jarvis Carson Wistisen Oscar Hultz	8:18.77a	Minot
9.	Kade Schumacher Chandlar Rott Micah Hoke Ben Anteau	8:25.61a	Jamestown
10.	Emmett Kenney Carson Dean Ethan Lantz Noah Geffre	8:32.53a	Shanley
11.	Noah Just Karsten Hegney Josh Salagan Nolan Johnson	8:35.06a	Mandan
11.	Jeb Gossett Braxton Middaugh Elijah Pederson Gabe Sagvold	8:35.06a	Fargo North
13.	Hunter Gregoire AJ Ash Kaden Selle Griffin Obrigewitch	8:43.22a	Dickinson
14.	Gus Lasch Colin Samuels Riley Schmit Jacob Bartels	8:43.34a	Wahpeton
15.	Aidan Hasby Cayden Kraft Ivar Martell Braxton Wurgler	8:46.47a	Legacy

Shot Put - 12lb Class A - Finals

1.	12 Jaxon Duttenhefer	60-06.50	PR	Mandan
2.	12 Andrew Leingang	59-00.00		Century
3.	12 Kc Ortiz	53-11.50		West Fargo
4.	12 Thomas Jeske	53-00.00		Century
5.	12 Carter Smith	52-10.00		Legacy
6.	11 Lucas Schweigert	52-07.00	PR	Century
7.	12 Hunter Harvey	52-02.00	PR	Century
8.	12 Trey Haugen	49-11.00		Dickinson
9.	12 Lane Grant	49-10.50		Century
10.	10 Jaxson Walz	49-05.00	PR	Century
11.	10 Jacob Burckhard	49-04.00	PR	Century
12.	12 Brady Bauman	49-00.00		Bismarck
13.	11 Kaleb Vliem	48-09.50	PR	Davies
14.	12 James Tice	48-04.00		Devils Lake
15.	12 Sam Sather	46-05.00		Red River
16.	11 Conor Hedges	46-02.00		Bismarck
17.	11 Jacob Kirkeby	45-00.00		West Fargo Sheyenne
18.	12 Andrew Paustian	44-07.50		Davies
19.	11 Thomas Allmer	44-05.00		Jamestown

Discus - 1.6kg Class A - Finals

28.	9 Seely Stockmoe	32-10.50		Shanley
29.	11 Jayda Krikorian	32-09.00		Bismarck

Discus - 1kg Class A - Finals

1.	11 Anthonett Nabwe	143-09	PR	Jamestown
2.	12 Jenna Hardy	130-09	PR	Minot
3.	11 Kiera Oukrop	128-02	PR	St. Mary's
4.	8 Scout Woods	121-07	PR	Wahpeton
5.	12 Taylor Leingang	121-03	PR	Mandan
6.	11 Kaylynn Red Tomahawk	120-09		Bismarck
7.	9 Cailey Moton	119-03	PR	West Fargo
8.	11 Elsie Hardy	116-11		Minot
9.	12 Lindey Gullickson	113-05	SR	Bismarck
10.	12 Olivia Schindler	110-01		Red River
11.	10 Katelyn Rath	108-00		Bismarck
12.	12 Riley Faller	107-03		Watford City
13.	9 Tayla Andersen	105-09		Bismarck
14.	12 Moriku Hakim	105-01		Shanley
15.	11 Erica Nelson	103-08		Devils Lake
16.	11 Myya Falcon	103-01		Minot
17.	10 Kaylee Baker	102-10		Grand Forks Central
18.	12 Megan Klein	102-01		Century
19.	12 Alex Page	100-02		Red River
	12 Jade Azure	FOUL		Red River
	11 Mary Schnell	FOUL		West Fargo

Javelin - 600g Class A - Finals

1.	12 Taylor Leingang	141-02		Mandan
2.	12 Brooklynn Koenig	139-07	PR	Davies
3.	11 Anthonett Nabwe	131-09	PR	Jamestown
4.	12 Kaylee Lancaster	124-10		Red River
5.	12 Kate Busek	120-02		Shanley
6.	9 Cayla Sailer	117-09		Davies
7.	12 Alex Page	116-07	PR	Red River
8.	11 Julia Clements	115-01	PR	Legacy
9.	11 Mary Schnell	112-00		West Fargo
10.	10 Anna Bendish	109-01		Mandan
11.	11 Abby Fletcher	106-09		Century
12.	10 Mya Sheldon	105-04		Mandan
13.	9 Brenna Curl	104-10		St. Mary's
14.	12 Mariah Burd	103-02		Shanley
15.	11 Christa Habiger	100-08		Wahpeton
16.	11 Kiera Oukrop	99-06		St. Mary's
17.	9 Morgan Johnson-Colbert	99-02		Bismarck
18.	12 Jade Azure	88-03		Red River

High Jump Class A - Finals

1.	11 Hope Stein	5-03.00		Century
2.	11 Linnea Axtman	5-03.00		Davies
3.	11 Hunter Petersen	5-01.00	PR	Jamestown
4.	11 Morgan Sheldon	5-01.00		Mandan
4.	10 Lauryn Rydell	5-01.00		Red River
6.	10 Reagan Carlson	4-11.00		Fargo North
6.	11 Grace Miller	4-11.00		Fargo North
8.	10 Adison Sagaser	4-11.00		Legacy
9.	9 Sannie Yeanay	4-11.00		West Fargo Sheyenne


LEGACY
LEGACY
MINOT
PACKERS
JAMESTOWN
NORTH DAKOTA STATE TRACK MEET
8 7 6 5 4 3 2 1
BISMARCK COMMUNITY BOWL


LEGACY
PACKERS
BRAVES
NORTH DAKOTA STATE TRACK MEET
8 7 6 5 4 3 2 1
BISMARCK COMMUNITY BOWL

1.	12	Lane Grant	163-00 PR	Century
2.	11	Thomas Allmer	157-09 PR	Jamestown
3.	10	Ethan Manock	154-05 PR	Wahpeton
4.	12	Andrew Leingang	149-00	Century
5.	12	Hunter Harvey	147-01 PR	Century
6.	11	Lucas Schweigert	146-08	Century
7.	12	Brady Bauman	146-05	Bismarck
8.	10	Jacob Burckhard	145-07	Century
9.	10	Logan Arason	144-10	Red River
10.	12	Jaxon Duttenhefer	142-04	Mandan
11.	12	Andrew Paustian	141-08	Davies
12.	12	Aanders Weltz	138-00	Legacy
13.	11	Kaleb Vliem	137-03 PR	Davies
14.	12	Thomas Jeske	135-09	Century
15.	12	Kc Ortiz	128-11	West Fargo
16.	12	Trevor Hirning	127-07	Dickinson
17.	12	Mickey Kenney	115-07	Fargo North

Javelin - 800g Class A - Finals

1.	12	Jaxon Duttenhefer	179-03 PR	Mandan
2.	12	Lane Grant	173-05 PR	Century
3.	10	Logan Arason	168-05	Red River
4.	10	Ethan Manock	167-04	Wahpeton
5.	10	Eli Hayes	166-06 PR	Davies
6.	12	Jacob Boehm	164-11 PR	Century
7.	12	Clay Feland	162-03 PR	Legacy
8.	11	Ethan Stotz	161-04 PR	Bismarck
9.	12	Jayce Lowman	159-06	Mandan
10.	12	Mickey Kenney	153-08	Fargo North
11.	12	Remington Schatz	151-10	Dickinson
12.	12	Aanders Weltz	150-07	Legacy
13.	11	Aaron Grubb	149-01	Mandan
14.	12	Kael Grebel	144-11	Valley City
15.	10	Colton Schneider	140-09	Devils Lake
16.	12	Carson McGough	135-10	Valley City
17.	12	Nathan Kramer	130-07	Mandan
	11	Jacob DeVries	SCR	Wahpeton

High Jump Class A - Finals

1.	12	Braden Brown	6-08.50 PR	Century
2.	12	Williams Durocher	6-05.00	Century
3.	12	Peyton Zaun	6-04.00 PR	Valley City
4.	10	Brooks Turner	6-02.00	Century
5.	11	Ethan Stotz	6-00.00 PR	Bismarck
6.	10	Ryan Brynjolfson	6-00.00	Century
7.	12	Peyton Kessel	5-10.00	Fargo South
8.	11	Kyler Scott	5-10.00	Bismarck
8.	11	Jean Irumva	5-10.00	West Fargo
9.	12	Wythe Rynestad	5-10.00	Grand Forks Central
10.	10	Dylan Beyl	5-10.00 PR	West Fargo Sheyenne
	10	Carter Byron	NH	Red River
10.	11	Lexi Hagen	4-11.00	Bismarck
11.	11	Kilee Bladow	4-11.00	Wahpeton
11.	12	Ramsey Brown	4-11.00	Devils Lake
12.	9	Paige Renschler	4-09.00	Shanley
12.	12	Roxy Fish	4-09.00	Red River
	8	Axumite James	NH	Fargo South
	10	Alexa Evanger	NH	Legacy

Pole Vault Class A - Finals

1.	12	Taylor Lee	11-03.00 PR	West Fargo
2.	12	Paige Davis	11-00.00 PR	Legacy
3.	12	Taylor DeCoteau	10-06.00	Century
4.	10	Emily Ash	10-06.00 PR	Dickinson
5.	9	Onya Kretchman	9-09.00	Davies
6.	10	Madison Berger	9-09.00 PR	Legacy
7.	12	Leah Kuball	9-09.00	Legacy
8.	10	Brynlie Thueson	9-03.00	Century
9.	10	Saree Wadeson	8-09.00	West Fargo Sheyenne
9.	11	Katelyn Barth	8-09.00	Davies
9.	11	Quinn Bassingthwaite	8-09.00	Wahpeton
9.	12	Olivia Olson	8-09.00	Valley City
13.	9	Jane Hubbard	8-03.00	Bismarck

Long Jump Class A - Finals

1.	12	Ellen Donat	18-07.50 (.8)	Davies
2.	10	Cece Deebom	18-01.00 (.5)	Davies
3.	11	Hope Stein	17-07.75 (1.1) PR	Century
4.	11	Ava Wild	17-06.25 (1.8) PR	Davies
5.	9	Onya Kretchman	17-01.75 (.0) PR	Davies
6.	10	Emery Schmitz	17-01.75 (1.2)	Bismarck
7.	12	Shivani Shrestha	17-01.25 (.9) PR	Century
8.	9	Eden Fridley	16-11.50 (1.2)	Century
9.	9	Reese Turner	16-10.50 (.7)	Century
10.	11	Anna Rader	16-08.50 (.1)	Century
11.	11	Nina Hage	16-06.00 (1.0)	Davies
11.	9	Jazmin Barry	16-06.00 (.0)	Dickinson
13.	12	Hayley Ogle	16-05.00 (.0)	Watford City
13.	12	Ashton Kinnebrew	16-05.00 (.9)	Century
15.	12	Paige Davis	16-04.25 (.1)	Legacy
16.	12	Laiken Sturn	16-03.50 (2.1)	West Fargo
16.	12	Taylor Lee	16-03.50 (.0)	West Fargo
18.	12	Ella Fosse	16-02.75 (.8)	Red River
19.	9	Ajaye Gill	16-01.75 (.0)	Bismarck
19.	10	Alyssa Eckroth	16-01.75 (.6)	Legacy
21.	11	Grace Miller	15-10.25 (.0)	Fargo North
22.	11	McKayla Lindbo	15-08.00 (1.5)	Mandan
23.	10	Karina Olson	15-07.75 (1.6)	Valley City
24.	12	MiKayla Kippen	15-07.50 (1.1)	Minot
25.	11	Breena Sand	15-07.00 (2.2)	Legacy
26.	11	Kierra Orr	15-06.75 (.0)	Minot
27.	12	Emily Just	15-05.75 (.3)	Bismarck
28.	10	Kendra Hirschkorn	15-03.75 (.0)	Century
29.	12	Brooke Thorsness	15-03.25 (.0)	Fargo South
	12	Jill Engstrom	SCR (.0)	Davies

Triple Jump Class A - Finals


PACKERS
DEMONS
WAHPETON
HUSKIES
JAMESTOWN
NORTH DAKOTA STATE TRACK MEET
8 7 6 5 4 3 2 1
BISMARCK COMMUNITY BOWL

Pole Vault Class A - Finals

1.	12	Jak Urlacher	15-07.50 PR	Grand Forks Central
2.	12	Jakob German	13-06.00	Bismarck
3.	12	Erik Ault	13-03.00 PR	West Fargo Sheyenne
4.	11	Bradley Bertsch	13-03.00 PR	West Fargo Sheyenne
5.	12	Ethan Wardell	13-00.00 PR	Dickinson
6.	12	Ryan Barth	13-00.00	Davies
7.	12	Matthew Scheer	13-00.00	St. Mary's
8.	12	Caden Hight	12-06.00	Century
9.	12	Andrew Martodam	12-06.00	Davies
10.	10	Benett Carlson	12-00.00	Dickinson
10.	9	Adam Nychyporuk	12-00.00	Legacy
10.	12	Shea Truesdell	12-00.00	Wahpeton
13.	11	Jack Homiston	11-06.00	Dickinson
13.	10	Keaton Reinke	11-06.00	Minot

Long Jump Class A - Finals

1.	12	Trehvon Montgomery	22-01.00 (1.1) PR	Fargo South
2.	12	Sibomana Enock	21-09.00 (-.2)	Fargo South
3.	12	Braden Brown	21-06.50 (.0)	Century
4.	10	JD Williams	21-06.00 (.1)	Williston
5.	12	Nick Kupfer	21-04.00 (2.7)	Legacy
6.	12	Matt Alexis	21-02.00 (2.2)	Legacy
7.	12	Kenneth Brako	20-11.25 (.7)	Century
8.	12	Tyler Thilmony	20-11.00 (.0)	Mandan
9.	10	Ty Schlichting	20-05.75 (.0)	West Fargo Sheyenne
10.	11	Seth Nelson	20-05.25 (.0)	Century
11.	11	Ayden Cermak	20-04.25 (1.0)	Century
12.	12	Noah Schaffner	20-03.00 (.0)	Century
13.	10	Hudson Schroeder	20-02.25 (1.6)	Bismarck
14.	9	Thomas Schreiner	20-01.50 (.0)	Davies
15.	11	Brode Hillstrom	19-11.75 (.0)	Jamestown
16.	10	Ryan Brynjolfson	19-11.50 (1.1)	Century
17.	12	Austin Harmsen	19-11.25 (-.4)	Davies
18.	10	Brooks Turner	19-11.00 (1.1)	Century
19.	12	Carter Kochmann	19-09.75 (.3)	Shanley
20.	12	Treys Tietz	19-09.25 (.0)	Mandan
21.	11	Quentin Lewis	19-05.50 (.0)	Dickinson
22.	12	Peyton Zaun	19-04.50 (1.3)	Valley City
23.	8	Treyton Mauch	19-03.75 (1.1)	Wahpeton
24.	10	Ty Allen	19-00.75 (.5)	Bismarck
25.	10	Logan Miller	18-09.00 (-.8)	Legacy
26.	9	Gavyn Nygren	17-07.00 (.6)	Legacy
27.	10	Dylan McGlothlin	16-00.00 (.4)	Legacy
	11	Zander Albers	SCR (.0)	Legacy

Triple Jump Class A - Finals

1.	12	Kenneth Brako	45-07.00 (1.4) PR	Century
2.	12	Nick Kupfer	45-05.50 (1.8) PR	Legacy
3.	12	Sibomana Enock	44-10.00 (-.4)	Fargo South
4.	12	Nikko Helderop	43-09.50 (1.4) PR	Century
5.	12	Morningstar Williams	43-00.00 (3.5)	Bismarck
1.	12	Laiken Sturn	38-09.50 (.9) PR	West Fargo
2.	11	Hope Stein	37-03.00 (1.5)	Century
3.	11	Linnea Axtman	36-09.00 (3.2) PR	Davies
4.	12	Paige Davis	36-01.50 (3.2)	Legacy
5.	12	MiKayla Kippen	35-09.00 (.4) PR	Minot
6.	12	Ellen Donat	35-08.00 (2.6)	Davies
7.	12	Lauren Hillman	35-07.50 (1.8)	Grand Forks Central
8.	12	Audrey Sundahl	35-02.25 (3.4) PR	Minot
9.	10	Mikkail Nehring	35-00.00 (2.6) PR	Minot
10.	11	Breena Sand	34-07.00 (-.1)	Legacy
11.	11	Hunter Petersen	34-06.00 (4.1)	Jamestown
12.	11	Gracyn Brennan	34-05.00 (1.6)	Century
13.	10	Kiana Malecha	33-03.50 (1.1)	Davies
14.	11	Bella Price	33-03.00 (2.0)	Minot
15.	12	Emily Just	33-02.50 (.2)	Bismarck
16.	12	Mandie Picard	33-02.00 (2.3)	Bismarck
17.	12	Jocey Kriewald	32-11.00 (3.4)	Valley City
18.	12	Amy Kringlie	32-08.00 (1.6) PR	Davies
	9	Cayla Sailer	SCR (.0)	Davies


PACKERS
DEMONS
52
DEMONS
7
VALLEY CITY
598
NORTH DAKOTA STATE TRACK MEET
8 7 6 5 4 3 2 1
BISMARCK COMMUNITY BOWL

6.	11	Ayden Cermak	42-05.00 (2.4) PR	Century
7.	10	Hudson Schroeder	42-04.50 (2.3)	Bismarck
8.	11	Devin Beach	42-03.50 (3.3) PR	Jamestown
9.	12	Carter Stinson	42-01.00 (.3) PR	Red River
10.	11	Zander Albers	41-11.50 (.2)	Legacy
11.	11	Divine Okorn	41-10.50 (-1.6) PR	Minot
12.	11	Trayton Hinderer	40-01.00 (.8)	Century
13.	12	Peyton Zaun	39-10.00 (.0)	Valley City
14.	12	KJ Franklin	39-07.00 (-1.1)	West Fargo Sheyenne
15.	12	Gadi Ntirandekura	38-11.00 (1.7)	Fargo South
16.	11	Simon Haug	38-10.00 (2.4)	Red River
16.	10	Lukas Heydt	38-10.00 (1.9)	Red River
18.	10	Dylan McGlothlin	37-05.00 (1.8)	Legacy
	10	Ty Allen	ND (.0)	Bismarck

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NDHSAA State A Track & Field Meet

OFFICIAL RESULTS

Friday, May 28, 2021 - Saturday, May 29, 2021

NDHSAA State A Track & Field Meet, Bismarck

Team Scores

	Class A - Mens		Class A - Womens	
1.	Century	195	Century	138
2.	Bismarck	77.5	Davies	137
3.	Legacy	75	Jamestown	85
4.	West Fargo Sheyenne	71	West Fargo	60
5.	Dickinson	46	Bismarck	51
6.	West Fargo	38.5	Mandan	41.5
7.	Fargo South	37	Minot	41
8.	Grand Forks Central	36	Legacy	37
9.	St. Mary's	33	Watford City	29
10.	Williston	25	West Fargo Sheyenne	28
11.	Mandan	23	Fargo North	21
12.	Jamestown	19	Red River	20.5
13.	Red River	15	Dickinson	16
14.	Davies	13	Shanley	11
15.	Wahpeton	11	Williston	9
16.	Fargo North	9	St. Mary's	6
16.	Valley City	9	Wahpeton	5
18.	Minot	5	Grand Forks Central	2
19.	Shanley	3	Devils Lake	2

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1103
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PACKERS
SWIM & DIVE
STATE TEAM


XC
EAGLES

WEST FARGO

Packers, Mustangs wrap seasons at state track and field meet

A look at the action from the North Dakota Class A state track and field meet in images

Written By: Pioneer staff | 7:00 am, Jun. 2, 2021



West Fargo Sheyenne's Jackson Kuznia, left, and West Fargo's Parker Nelson compete in the boys Class A 400-meter dash during the North Dakota state track meet on Saturday, May 29, 2021, in Bismarck. Michael Vosburg / Forum Photo Editor

West Fargo's Taylor Lee cleared 11 feet, 3 inches to win the Class A girls pole vault title Saturday at MDU Resources Bowl in Bismarck. Lee was the fourth seed heading into the event, and topped her personal best by exactly one foot to top the podium.

Packers senior Laiken Sturn triple-jumped her way to a state title in an event she didn't start doing until halfway through this season. Sturn leaped 38 feet, 9 1/2 inches to capture the Class A girls triple jump state title Friday.

Junior Mary Schnell recorded a runner-up finish in the girls shot put with a toss of 39 feet, 10 inches for fourth-place West Fargo.

Jasmine Williams, a junior at West Fargo, placed second in the 200-meter dash in 24.76 seconds. The Packers 800-meter relay team also grabbed a runner-up finish in 1 minute, 44.91 seconds.

On the boys side, junior Carson Hegerle captured two runner-up finishes in the 100- and 200-meter dashes. Senior KC Ortiz placed third in the boys shot put with a toss of 53 feet, 11 ½ inches for sixth-place West Fargo.



West Fargo Sheyenne's Jackson Kuznia, from right, Ty Schlichting, and West Fargo's Carson Hegerle compete in the boys Class A 100-meter dash during the North Dakota State Track Meet on Saturday, May 29, 2021, in Bismarck. Michael Vosburg / Forum Photo Editor



West Fargo’s Laiken Sturn competes in the girls Class A long jump during the North Dakota State Track Meet on Saturday, May 29, 2021, in Bismarck. Michael Vosburg / Forum Photo Editor



West Fargo's Ibrahim Bangura competes in the boys Class A 400-meter relay during the North Dakota state track meet on Saturday, May 29, 2021, in Bismarck. Michael Vosburg / Forum Photo Editor


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MARKS

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West Fargo

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Event Records

Mens

100 Meters

1.	11	*	Carson Hegerle	10.85 (1.2) PR	May 29	NDHSAA State A Tr
2.	7		Ian Skari	11.45 PR	May 21	East Region
3.	9		Ibrahim Bangura	11.54 PR	Apr 30	Shanley Invitationa
4.	12		Terry Carter	11.65	May 21	East Region
5.	10		Payton McGregor	11.75 PR	May 21	East Region
6.	10		Isaac Nyenabo	11.76 PR	May 14	Orvik-Radke Classic
7.	12		Courage David	11.89 PR	Apr 1	Fargo South Earlyb
8.	9		Chase Kjervestad	12.12 PR	Apr 27	West Fargo Quadra
9.	11		Dorien Tarley	12.22 PR	Apr 27	West Fargo Quadra
10.	11		Jean Irumva	12.38 PR	May 7	Packer Relays
11.	9		Ahmed Al Zenad	12.39 PR	Apr 27	West Fargo Quadra
12.	9		Anthony Alonzo	12.42 PR	Apr 27	West Fargo Quadra
13.	10		Caleb Murphy	12.42 PR	Apr 1	Fargo South Earlyb
14.	9		Alexander Jelinek	12.85 PR	Apr 1	Fargo South Earlyb
15.	11		Austin Biwer	13.00 PR	Apr 27	West Fargo Quadra
16.	12		Axel Navarro	13.13 PR	Apr 27	West Fargo Quadra
17.	9		Landis Richter	13.22 PR	Apr 21	West Fargo v Fargo
18.	9		Heath Eder	13.63 PR	May 4	Joan Halland Classi
19.	10		John Ngafua	14.00 PR	May 15	EDC Boys JV Outdo
20.	9		Logan Heilman	14.11 PR	Apr 21	West Fargo v Fargo
21.	9		Jaxson Anderson	14.11 PR	Apr 27	West Fargo Quadra
22.	12		Jose Usus	14.32 PR	Apr 21	West Fargo v Fargo
23.	9		Ahmed Falir	14.70 PR	Apr 27	West Fargo Quadra

200 Meters

1.	11	*	Carson Hegerle	21.67 (1.3) PR	May 29	NDHSAA State A Tr
2.	7		Ian Skari	23.57 PR	May 21	East Region
3.	10		Payton McGregor	23.81 PR	May 21	East Region
4.	9		Ibrahim Bangura	24.27 PR	May 14	Orvik-Radke Classic
5.	12		Terry Carter	24.32 PR	May 14	Orvik-Radke Classic
6.	10		Isaac Nyenabo	24.56 PR	Apr 30	Shanley Invitationa
7.	12		Courage David	24.63 PR	Apr 1	Fargo South Earlyb
8.	9		Chase Kjervestad	24.67 PR	Apr 27	West Fargo Quadra
9.	11		Steven Edwards	24.83 PR	Apr 21	West Fargo v Fargo
10.	9		Ahmed Al Zenad	24.88 PR	Apr 27	West Fargo Quadra
11.	9		Anthony Alonzo	25.13 PR	Apr 27	West Fargo Quadra
12.	11		Dorien Tarley	25.18 PR	Apr 27	West Fargo Quadra
13.	10		Caleb Murphy	25.30 PR	May 15	EDC Boys JV Outdo
14.	11		Austin Biwer	25.71 PR	Apr 27	West Fargo Quadra
15.	9		Alexander Jelinek	26.69 PR	Apr 21	West Fargo v Fargo
16.	9		Landis Richter	27.18 PR	Apr 21	West Fargo v Fargo
17.	9		Heath Eder	27.70 PR	May 4	Joan Halland Classi
18.	9		Logan Heilman	29.10 PR	Apr 21	West Fargo v Fargo
19.	10		John Ngafua	29.15 PR	May 15	EDC Boys JV Outdo
20.	9		Jaxson Anderson	29.55 PR	May 15	EDC Boys JV Outdo
21.	9		Ahmed Falir	30.24 PR	Apr 27	West Fargo Quadra
22.	12		Jose Usus	30.34 PR	Apr 21	West Fargo v Fargo

Womens

100 Meters

1.	11	*	Jasmine Williams	12.35 (3.3) PR	May 29	NDHSAA State A Trac
2.	7	*	Michelle Gee	12.91 (3.3) PR	May 29	NDHSAA State A Trac
3.	10		Taya Samek	13.61 PR	May 21	East Region
4.	12		Madde Shell	13.67 PR	Apr 8	West Fargo v West Fa
5.	12		Laiken Sturn	13.73 PR	Apr 27	West Fargo Quadrang
6.	11		Elvinell Fofanah	13.90 PR	May 10	Fargo Rotary Invitatio
7.	10		Samantha Gustafson	13.91 PR	Apr 1	Fargo South Earlybird
8.	9		Samantha Melling	13.92 PR	May 14	Girls Classic Invitatior
9.	12		Taylor Lee	14.07 PR	Apr 27	West Fargo Quadrang
10.	11		Brenna White	14.10	Apr 1	Fargo South Earlybird
11.	9		Emery Aasen	14.10 PR	Apr 21	West Fargo v Fargo N
12.	11		Zoey Schlader	14.11 PR	Apr 1	Fargo South Earlybird
	9		Leah Locklear	14.11 PR	Apr 27	West Fargo Quadrang
14.	12		Theresa Davis	14.24 PR	Apr 27	West Fargo Quadrang
15.	10		Alli Halvorson	14.67 PR	Apr 8	West Fargo v West Fa
16.	9		Ella Nelson	14.72 PR	Apr 21	West Fargo v Fargo N
17.	9		Katelyn Rott	14.75 PR	May 14	Girls Classic Invitatior
18.	9		Christiana Mehn	14.79 PR	May 4	Joan Halland Classic
19.	10		Bria Hoppe	14.79 PR	Apr 1	Fargo South Earlybird
20.	10		Taylor Tang	15.04 PR	Apr 1	Fargo South Earlybird
21.	10		Kylie Olson	15.30 PR	Apr 21	West Fargo v Fargo N

200 Meters

1.	11	*	Jasmine Williams	24.76 (.3) PR	May 29	NDHSAA State A Trac
2.	7	*	Michelle Gee	26.54 (1.4) PR	May 29	NDHSAA State A Trac
3.	10		Taya Samek	28.44 PR	May 21	East Region
4.	11		Elvinell Fofanah	28.92	May 10	Fargo Rotary Invitatio
5.	9		Samantha Melling	28.98 PR	May 7	Packer Relays
6.	9		Ella Nelson	29.27 PR	Apr 27	West Fargo Quadrang
7.	9		Leah Locklear	29.29 PR	Apr 27	West Fargo Quadrang
8.	12		Theresa Davis	29.70 PR	Apr 27	West Fargo Quadrang
9.	11		Zoey Schlader	29.76 PR	May 21	East Region
10.	10		Alli Halvorson	29.86 PR	Apr 1	Fargo South Earlybird
11.	10		Bria Hoppe	30.18 PR	Apr 27	West Fargo Quadrang
12.	11		Brenna White	30.21	Apr 1	Fargo South Earlybird
13.	9		Katelyn Rott	30.64 PR	Apr 27	West Fargo Quadrang
14.	12		Taylor Lee	31.22	Apr 1	Fargo South Earlybird
15.	12		Madde Shell	31.30 PR	Apr 27	West Fargo Quadrang
16.	9		Christiana Mehn	31.42 PR	May 4	Joan Halland Classic
17.	10		Taylor Tang	32.07 PR	Apr 1	Fargo South Earlybird
18.	10		Kylie Olson	32.72 PR	Apr 27	West Fargo Quadrang

400 Meters

1.	11		Brenna White	1:03.50	May 14	Girls Classic Invitatior
2.	8		Sadie Wavrin	1:05.36 PR	May 21	East Region
3.	9		Leah Locklear	1:06.40 PR	May 21	East Region
4.	9		Samantha Melling	1:08.27 PR	May 7	Packer Relays
5.	10		Taya Samek	1:08.51 PR	Apr 27	West Fargo Quadrang

400 Meters

1.	11	*	Parker Nelson	50.50 PR	May 29	NDHSAA State A Tr
2.	10		Eli Svenby	53.59 PR	May 21	East Region
3.	10		Hayden Pritchard	55.25 PR	Apr 21	West Fargo v Fargo
4.	9		Ahmed Al Zenad	56.38 PR	May 14	Orvik-Radke Classic
5.	11		Lane Dullum	57.19 PR	Apr 1	Fargo South Earlyb
6.	9		Chase Kjervestad	57.38 PR	May 21	East Region
7.	9		Jaxson Anderson	1:00.47 PR	Apr 27	West Fargo Quadra
8.	9		Heath Eder	1:02.85 PR	May 4	Joan Halland Classi
9.	9		Caden Willows	1:03.13 PR	May 21	East Region
10.	9		Alexander Jelinek	1:06.59 PR	Apr 27	West Fargo Quadra
11.	9		Ahmed Falir	1:07.59 PR	May 15	EDC Boys JV Outdo
12.	9		Logan Heilman	1:07.68 PR	Apr 27	West Fargo Quadra

800 Meters

1.	11	*	Parker Nelson	1:56.80 PR	May 29	NDHSAA State A Tr
2.	11	*	Lane Dullum	1:58.75 PR	May 29	NDHSAA State A Tr
3.	11		Lincoln Retzlaff	2:03.93 PR	May 17	Bob Zimney Last Cl
4.	11		Justin Smith	2:07.45 PR	Apr 27	West Fargo Quadra
5.	10		Noah Yahnke	2:07.48 PR	May 17	Bob Zimney Last Cl
6.	10		Eli Svenby	2:07.53 PR	May 14	Orvik-Radke Classic
7.	10		Hayden Pritchard	2:11.38 PR	Apr 27	West Fargo Quadra
8.	12		Cole Marinucci	2:16.17 PR	May 10	Fargo Rotary Invitat
9.	10		Levi Rossman	2:17.47 PR	Apr 21	West Fargo v Fargo
10.	9		Caden Willows	2:22.57 PR	May 17	Bob Zimney Last Cl
11.	8		Isaac Amundson	2:26.82 PR	Apr 21	West Fargo v Fargo
12.	10		James Selberg	2:37.70 PR	Apr 8	West Fargo v West

1600 Meters

1.	11		Justin Smith	4:34.92 PR	May 17	Bob Zimney Last Cl
2.	11		Lane Dullum	4:54.53 PR	May 17	Bob Zimney Last Cl
3.	10		Noah Yahnke	4:54.68 PR	May 21	East Region
4.	10		Levi Rossman	4:57.21 PR	May 17	Bob Zimney Last Cl
5.	11		Lincoln Retzlaff	4:57.36 PR	May 10	Fargo Rotary Invitat
6.	8		Isaac Amundson	5:10.26 PR	May 7	Packer Relays
7.	12		Cole Marinucci	5:22.82 PR	May 7	Packer Relays

3200 Meters

1.	11	*	Justin Smith	10:00.19 PR	May 29	NDHSAA State A Tr
2.	11		Lincoln Retzlaff	11:02.39 PR	May 14	Orvik-Radke Classic
3.	10		Levi Rossman	11:25.46 PR	Apr 30	Shanley Invitationa

110m Hurdles - 39"

1.	12	*	Courage David	15.71 (2.2) PR	May 29	NDHSAA State A Tr
2.	11		Steven Edwards	16.24 PR	May 17	Bob Zimney Last Cl
3.	9		Cedric Taylor	18.05 PR	May 7	Packer Relays
4.	12		Jose Franssen	18.56 PR	May 10	Fargo Rotary Invitat
5.	12		Terry Carter	18.88	Apr 1	Fargo South Earlyb
6.	9		Anthony Alonzo	19.60 PR	May 7	Packer Relays
7.	12		Cesar Calderon	21.56	Apr 21	West Fargo v Fargo

300m Hurdles - 36"

1.	11		Steven Edwards	43.86 PR	May 14	Orvik-Radke Classic
2.	12		Jose Franssen	43.98	May 17	Bob Zimney Last Cl
3.	12		Courage David	44.05 PR	Apr 30	Shanley Invitationa
4.	9		Anthony Alonzo	47.53 PR	May 7	Packer Relays
5.	12		Cesar Calderon	52.65	Apr 27	West Fargo Quadra
6.	9		Omer Ali	55.36 PR	Apr 22	Eagle Relays @ She

4x100 Relay

6.	9		Ella Nelson	1:08.58 PR	May 21	East Region
7.	7		Kiaya Hagen	1:10.66 PR	Apr 27	West Fargo Quadrang
8.	10		Lindsey Anderson	1:10.84	May 10	Fargo Rotary Invitatio
9.	9		Katelyn Rott	1:12.98 PR	Apr 30	Shanley Invitational
10.	12		Madde Shell	1:15.09 PR	May 4	Joan Halland Classic
11.	9		Christiana Mehn	1:22.81 PR	Apr 21	West Fargo v Fargo N

800 Meters

1.	10		Jordan Knudsvig	2:28.81 PR	Apr 27	West Fargo Quadrang
2.	11		Emily Klaman	2:32.87 PR	May 7	Packer Relays
3.	11		Kaelyn Berg	2:36.00	Apr 27	West Fargo Quadrang
4.	7		Kiaya Hagen	2:39.15 PR	May 10	Fargo Rotary Invitatio
5.	12		Paige Erbstoesser	2:41.72	May 10	Fargo Rotary Invitatio
6.	10		Lindsey Anderson	2:44.56	May 17	Bob Zimney Last Cha
7.	12		Clare Boldingh	2:45.90	Apr 1	Fargo South Earlybird
8.	10		Joslyn Jackson	2:46.73 PR	May 14	Girls Classic Invitatior
9.	11		Jerzay Bachmeier	2:50.58	May 7	Packer Relays

1600 Meters

1.	10		Jordan Knudsvig	5:28.18 PR	Apr 21	West Fargo v Fargo N
2.	12		Clare Boldingh	5:35.15	Apr 27	West Fargo Quadrang
3.	11		Kaelyn Berg	5:36.34	May 10	Fargo Rotary Invitatio
4.	7		Kiaya Hagen	5:57.22 PR	May 21	East Region
5.	10		Joslyn Jackson	6:00.41 PR	May 21	East Region
6.	12		Paige Erbstoesser	6:05.69	May 21	East Region
7.	10		Lindsey Anderson	6:21.86	May 7	Packer Relays
8.	11		Jerzay Bachmeier	6:36.48	May 21	East Region

3200 Meters

1.	10		Jordan Knudsvig	11:54.37 PR	Apr 30	Shanley Invitational
2.	12		Clare Boldingh	11:57.86	May 7	Packer Relays
3.	11	*	Kaelyn Berg	11:59.56 PR	May 29	NDHSAA State A Trac
4.	12		Paige Erbstoesser	13:53.28	May 7	Packer Relays

100m Hurdles - 33"

1.	10	*	Samantha Gustafson	15.73 (.6) PR	May 29	NDHSAA State A Trac
2.	11	*	Elvinell Fofanah	16.80 (4.8) PR	May 29	NDHSAA State A Trac
3.	7		Michelle Gee	17.56 PR	May 14	Girls Classic Invitatior
4.	11		Alexus Olson	18.18 PR	May 21	East Region
5.	10		Alli Halvorson	18.45 PR	Apr 1	Fargo South Earlybird
6.	11		Kaely Moran	19.08 PR	May 14	Girls Classic Invitatior
7.	9		Heidi Wiedeman	19.38 PR	May 14	Girls Classic Invitatior
8.	10		Mallory Docktor	19.73 PR	Apr 1	Fargo South Earlybird
9.	9		Sofia Franssen	20.42 PR	May 7	Packer Relays
10.	11		Serenna Gores	21.15	Apr 27	West Fargo Quadrang
11.	9		Marisa Sleath	22.13 PR	Apr 27	West Fargo Quadrang

300m Hurdles - 30"

1.	10		Samantha Gustafson	46.75 PR	May 21	East Region
2.	11		Brenna White	51.32 PR	May 14	Girls Classic Invitatior
3.	11		Alexus Olson	52.08 PR	May 21	East Region
4.	11		Elvinell Fofanah	52.78	Apr 27	West Fargo Quadrang
5.	8		Sadie Wavrin	53.24 PR	May 21	East Region
6.	11		Emily Klaman	54.31	May 7	Packer Relays
7.	10		Mallory Docktor	55.48 PR	Apr 21	West Fargo v Fargo N
8.	9		Heidi Wiedeman	55.77 PR	May 14	Girls Classic Invitatior
9.	10		Alli Halvorson	56.50 PR	Apr 1	Fargo South Earlybird
10.	11		Kaely Moran	59.30 PR	May 7	Packer Relays
11.	9		Sofia Franssen	1:00.96 PR	May 14	Girls Classic Invitatior
12.	11		Serenna Gores	1:03.46	Apr 22	Eagle Relays @ Sheye
13.	9		Marisa Sleath	1:09.49 PR	Apr 1	Fargo South Earlybird

1.	Ian Skari Carson Hegerle Courage David Ibrahim Bangura	44.20	May 21	East Region
2.	Isaac Nyenabo Carson Hegerle Courage David Ian Skari	44.98	May 10	Fargo Rotary Invitat
3.	Courage David Carson Hegerle Ibrahim Bangura Isaac Nyenabo	45.43	Apr 22	Eagle Relays @ She
4.	Chase Kjervestad Carson Hegerle Courage David Jean Irumva	45.91	May 7	Packer Relays
5.	Isaac Nyenabo Ian Skari Ibrahim Bangura Carson Hegerle	46.74	May 14	Orvik-Radke Classic
6.	Isaac Nyenabo Courage David Ibrahim Bangura Carson Hegerle	46.81	Apr 30	Shanley Invitationa
7.	Courage David Carson Hegerle Ibrahim Bangura Terry Carter	47.06	Apr 21	West Fargo v Fargo
8.	Payton McGregor Ibrahim Bangura Courage David Terry Carter	47.36	Apr 1	Fargo South Earlyb
9.	Payton McGregor Carson Hegerle Ibrahim Bangura Terry Carter	47.85	Apr 8	West Fargo v West
10.	Ahmed Al Zenad Chase Kjervestad Caleb Murphy Austin Biwer	48.32	Apr 27	West Fargo Quadra
11.	Anthony Alonzo Alexander Jelinek Caleb Murphy Austin Biwer	49.53	May 15	EDC Boys JV Outdo
12.	Ahmed Al Zenad Chase Kjervestad Caleb Murphy Landis Richter	49.92	Apr 21	West Fargo v Fargo
13.	Chase Kjervestad Ahmed Al Zenad Anthony Alonzo Alexander Jelinek	50.27	May 4	Joan Halland Classi
14.	Anthony Alonzo Chase Kjervestad Caleb Murphy Dorien Tarley	50.56	Apr 1	Fargo South Earlyb

4x200 Relay

4x100 Relay

1.	* Laiken Sturn Michelle Gee Samantha Gustafson Jasmine Williams	50.31	May 29	NDHSAA State A Trac
2.	Laiken Sturn Samantha Gustafson Brenna White Jasmine Williams	52.02	Apr 22	Eagle Relays @ Sheye
3.	Laiken Sturn Elvinell Fofanah Samantha Gustafson Jasmine Williams	52.31	Apr 27	West Fargo Quadrang
4.	Elvinell Fofanah Samantha Gustafson Brenna White Jasmine Williams	53.99	Apr 1	Fargo South Earlybird
5.	Laiken Sturn Samantha Gustafson Brenna White Taya Samek	54.03	Apr 30	Shanley Invitational
6.	Elvinell Fofanah Taya Samek Samantha Melling Emery Aasen	55.34	Apr 21	West Fargo v Fargo N
7.	Elvinell Fofanah Theresa Davis Leah Locklear Samantha Melling	55.78	May 14	Girls Classic Invitation
8.	Zoey Schlader Taya Samek Samantha Melling Theresa Davis	56.06	Apr 27	West Fargo Quadrang
9.	Emery Aasen Zoey Schlader Samantha Melling Taya Samek	57.38	Apr 1	Fargo South Earlybird
10.	Emery Aasen Taylor Lee Samantha Melling Zoey Schlader	58.50	Apr 8	West Fargo v West Fa
11.	Katelyn Rott Leah Locklear Christiana Mehn Theresa Davis	1:01.63	May 4	Joan Halland Classic

4x200 Relay

1.	* Laiken Sturn Michelle Gee Samantha Gustafson Jasmine Williams	1:44.91	May 29	NDHSAA State A Trac
2.	Laiken Sturn Taya Samek Brenna White Jasmine Williams	1:48.92	Apr 22	Eagle Relays @ Sheye
3.	Laiken Sturn Samantha Melling Samantha Gustafson Jasmine Williams	1:50.61	May 14	Girls Classic Invitation

1.	* Ian Skari Carson Hegerle Courage David Payton McGregor	1:30.63	May 29	NDHSAA State A Tr	
2.	Ian Skari Ibrahim Bangura Courage David Terry Carter	1:34.01	May 21	East Region	
3.	Isaac Nyenabo Carson Hegerle Payton McGregor Ian Skari	1:34.35	May 10	Fargo Rotary Invitat	
4.	Courage David Carson Hegerle Ibrahim Bangura Isaac Nyenabo	1:35.12	Apr 22	Eagle Relays @ She	
5.	Isaac Nyenabo Carson Hegerle Courage David Ian Skari	1:35.32	May 14	Orvik-Radke Classic	
6.	Isaac Nyenabo Courage David Ibrahim Bangura Carson Hegerle	1:36.21	Apr 30	Shanley Invitationa	
7.	Isaac Nyenabo Chase Kjervestad Ahmed Al Zenad Dorien Tarley	1:37.67	May 7	Packer Relays	
8.	Carson Hegerle Isaac Nyenabo Ibrahim Bangura Terry Carter	1:41.04	Apr 21	West Fargo v Fargo	
9.	Anthony Alonzo Alexander Jelinek Caleb Murphy Austin Biwer	1:41.05	May 15	EDC Boys JV Outdo	
10.	Payton McGregor Chase Kjervestad Caleb Murphy Dorien Tarley	1:42.83	Apr 1	Fargo South Earlyb	
11.	Chase Kjervestad Ahmed Al Zenad Anthony Alonzo Alexander Jelinek	1:43.49	May 4	Joan Halland Classi	
12.	Chase Kjervestad Isaac Nyenabo Caleb Murphy Ahmed Al Zenad	1:43.58	Apr 8	West Fargo v West	
13.	Ahmed Al Zenad Alexander Jelinek Heath Eder Steven Edwards	1:48.96	Apr 1	Fargo South Earlyb	
14.	Anthony Alonzo Caleb Murphy Landis Richter Alexander Jelinek	3:41.92	Apr 22	Eagle Relays @ She	

4x400 Relay

4.	Elvinell Fofanah Michelle Gee Samantha Melling Taya Samek	1:51.05	May 21	East Region
5.	Laiken Sturn Taylor Lee Brenna White Jasmine Williams	1:51.08	Apr 27	West Fargo Quadrang
6.	Elvinell Fofanah Taya Samek Brenna White Jasmine Williams	1:54.67	Apr 1	Fargo South Earlybird
7.	Taya Samek Michelle Gee Samantha Melling Zoey Schlader	1:56.72	May 7	Packer Relays
8.	Taya Samek Alli Halvorson Brenna White Jasmine Williams	1:57.09	Apr 8	West Fargo v West Fa
9.	Elvinell Fofanah Zoey Schlader Leah Locklear Ella Nelson	1:57.66	May 14	Girls Classic Invitatior
10.	Zoey Schlader Alexus Olson Taya Samek Samantha Melling	1:57.91	Apr 27	West Fargo Quadrang
11.	Laiken Sturn Samantha Melling Taya Samek Zoey Schlader	1:58.13	Apr 30	Shanley Invitational
12.	Samantha Melling Taylor Lee Alexus Olson Ella Nelson	1:59.15	Apr 21	West Fargo v Fargo N
13.	Leah Locklear Katelyn Rott Madde Shell Theresa Davis	2:02.29	May 4	Joan Halland Classic
14.	Samantha Melling Taylor Lee Emery Aasen Zoey Schlader	2:04.33	Apr 8	West Fargo v West Fa
15.	Samantha Melling Leah Locklear Madde Shell Kylie Olson	4:15.58	Apr 22	Eagle Relays @ Sheye

4x400 Relay

1.	Laiken Sturn Jasmine Williams Samantha Gustafson Brenna White	4:12.52	May 7	Packer Relays
2.	Samantha Gustafson Jasmine Williams Leah Locklear Brenna White	4:15.93	May 21	East Region

1.	Carson Hegerle Parker Nelson Eli Svenby Courage David	3:32.53	May 21	East Region	
2.	* Eli Svenby Parker Nelson Courage David Lane Dullum	3:33.86	May 29	NDHSAA State A Tr	
3.	Carson Hegerle Parker Nelson Hayden Pritchard Lane Dullum	3:35.63	May 7	Packer Relays	
4.	Carson Hegerle Parker Nelson Courage David Lane Dullum	3:35.76	Apr 22	Eagle Relays @ She	
5.	Courage David Parker Nelson Hayden Pritchard Jose Franssen	3:36.47	May 14	Orvik-Radke Classic	
6.	Jose Franssen Hayden Pritchard Courage David Noah Yahnke	3:39.75	May 10	Fargo Rotary Invitat	
7.	Eli Svenby Parker Nelson Jose Franssen Lane Dullum	3:44.74	Apr 8	West Fargo v West	
8.	Hayden Pritchard Parker Nelson Eli Svenby Lane Dullum	3:48.07	Apr 1	Fargo South Earlyb	
9.	Hayden Pritchard Jose Franssen Noah Yahnke Lane Dullum	3:48.31	Apr 27	West Fargo Quadra	
10.	Ahmed Al Zenad Isaac Nyenabo Chase Kjervestad Anthony Alonzo	3:58.11	Apr 21	West Fargo v Fargo	
11.	Chase Kjervestad Ahmed Al Zenad Anthony Alonzo Steven Edwards	4:09.18	Apr 30	Shanley Invitationa	
12.	Alexander Jelinek Austin Biwer Anthony Alonzo John Ngafua	4:15.29	May 15	EDC Boys JV Outdo	

4x800 Relay

1.	Justin Smith Parker Nelson Lincoln Retzlaff Lane Dullum	8:07.63	May 21	East Region	
2.	Justin Smith Parker Nelson Eli Svenby Lane Dullum	8:22.24	May 14	Orvik-Radke Classic	
3.	* Brenna White Sadie Wavrin Jordan Knudsvig Leah Locklear	4:18.05	May 29	NDHSAA State A Trac	
4.	Sadie Wavrin Leah Locklear Samantha Melling Lindsey Anderson	4:28.36	May 10	Fargo Rotary Invitatio	
5.	Leah Locklear Sadie Wavrin Zoey Schlader Theresa Davis	4:30.08	May 14	Girls Classic Invitation	
6.	Emery Aasen Samantha Gustafson Brenna White Ella Nelson	4:35.24	Apr 21	West Fargo v Fargo N	
7.	Samantha Gustafson Brenna White Alana Schafer Jordan Knudsvig	4:40.71	Apr 8	West Fargo v West Fa	
8.	Taya Samek Zoey Schlader Kiaya Hagen Ella Nelson	4:41.50	Apr 30	Shanley Invitational	
9.	Joslyn Jackson Jordan Knudsvig Leah Locklear Katelyn Rott	4:43.89	Apr 22	Eagle Relays @ Sheye	
10.	Jordan Knudsvig Lindsey Anderson Joslyn Jackson Paige Erbstoesser	4:54.11	Apr 1	Fargo South Earlybird	
11.	Katelyn Rott Bria Hoppe Christiana Mehn Madde Shell	4:59.19	May 14	Girls Classic Invitation	

4x800 Relay

1.	Brenna White Jordan Knudsvig Emily Klaman Kaelyn Berg	9:58.24	May 21	East Region	
2.	Jordan Knudsvig Brenna White Emily Klaman Kaelyn Berg	10:05.95	May 10	Fargo Rotary Invitatio	
3.	Brenna White Jordan Knudsvig Kiaya Hagen Kaelyn Berg	10:19.69	May 7	Packer Relays	
4.	Kiaya Hagen Kaelyn Berg Joslyn Jackson Paige Erbstoesser	10:42.95	Apr 27	West Fargo Quadrang	
5.	Kiaya Hagen Joslyn Jackson Paige Erbstoesser Lindsey Anderson	10:57.54	May 14	Girls Classic Invitation	

3.	Noah Yahnke Parker Nelson Lincoln Retzlaff Lane Dullum	8:30.16	Apr 22	Eagle Relays @ She
4.	Noah Yahnke Eli Svenby Hayden Pritchard Levi Rossman	8:47.33	May 10	Fargo Rotary Invitat
5.	Justin Smith Lincoln Retzlaff Levi Rossman Noah Yahnke	8:54.72	Apr 27	West Fargo Quadra
6.	Noah Yahnke Lane Dullum Hayden Pritchard Eli Svenby	9:09.66	Apr 8	West Fargo v West
7.	Lane Dullum Lincoln Retzlaff Levi Rossman Noah Yahnke	9:18.03	Apr 1	Fargo South Earlyb

DMR 1200-400-800-1600m - [12-4-8-16]

1.	Lincoln Retzlaff Noah Yahnke Justin Smith Hayden Pritchard	12:17.68	Apr 22	Eagle Relays @ She

4x110 Shuttle Hurdles - 39"

1.	Courage David Cesar Calderon Steven Edwards Anthony Alonzo	1:15.10	Apr 22	Eagle Relays @ She

Shot Put - 12lb

1.	12	Kc Ortiz	54' 9 PR	May 17	Bob Zimney Last Cl
2.	11	Fabien Muhire	39' 11.5 PR	May 21	East Region
3.	11	Sam Ruona	39' 0 PR	May 21	East Region
4.	11	Kevin Nguyen	38' 10 PR	Apr 21	West Fargo v Fargo
5.	11	Samuel VonBank-Hoye	38' 1 PR	Apr 30	Shanley Invitationa
6.	11	Nathaniel Schuster	36' 8 PR	Apr 1	Fargo South Earlyb
7.	12	Isaac Murphy	35' 11 PR	Apr 27	West Fargo Quadra
8.	11	Logan Herring	34' 1.5 PR	Apr 22	Eagle Relays @ She
9.	9	Jack Stuart	32' 5 PR	Apr 27	West Fargo Quadra
10.	9	Greg Dimmer	30' 4 PR	May 15	EDC Boys JV Outdo
11.	11	Chris Sather	28' 7 PR	Apr 21	West Fargo v Fargo
12.	9	Aiden Lamb	27' 8 PR	Apr 27	West Fargo Quadra

Discus - 1.6kg

1.	12	Kc Ortiz	153' 0 PR	May 10	Fargo Rotary Invitat
2.	11	Samuel VonBank-Hoye	107' 5 PR	May 10	Fargo Rotary Invitat
3.	11	Sam Ruona	106' 0 PR	May 14	Orvik-Radke Classic
4.	11	Nathaniel Schuster	103' 5 PR	May 14	Orvik-Radke Classic
5.	11	Logan Herring	102' 3.5 PR	May 10	Fargo Rotary Invitat
6.	11	Fabien Muhire	93' 10 PR	May 21	East Region
7.	12	Isaac Murphy	92' 8 PR	Apr 22	Eagle Relays @ She
8.	11	Kevin Nguyen	91' 5.5 PR	May 4	Joan Halland Classi
9.	9	Jack Stuart	85' 11 PR	May 15	EDC Boys JV Outdo
10.	11	Chris Sather	69' 7 PR	Apr 1	Fargo South Earlyb
11.	9	Aiden Lamb	69' 0 PR	Apr 21	West Fargo v Fargo
12.	9	Greg Dimmer	64' 2 PR	Apr 27	West Fargo Quadra

6.	Jordan Knudsvig Alana Schafer Joslyn Jackson Kaelyn Berg	10:59.05	Apr 8	West Fargo v West Fa
7.	Joslyn Jackson Kiaya Hagen Paige Erbstoesser Lindsey Anderson	11:05.66	Apr 21	West Fargo v Fargo N
8.	Jordan Knudsvig Joslyn Jackson Emily Klaman Paige Erbstoesser	11:15.40	Apr 1	Fargo South Earlybird

SMR 100-100-200-400m

1.	Samantha Melling Taya Samek Alexus Olson Ella Nelson	2:10.70	Apr 22	Eagle Relays @ Sheye

DMR 1200-400-800-1600m - [12-4-8-16]

1.	Emily Klaman Kaelyn Berg Clare Boldingh Lindsey Anderson	14:49.20	Apr 22	Eagle Relays @ Sheye

4x100 Shuttle Hurdles - 33"

1.	Alexus Olson Elvinell Fofanah Samantha Gustafson Mallory Docktor	1:10.79	Apr 22	Eagle Relays @ Sheye

Shot Put - 4kg

1.	11	Mary Schnell	40' 9.5 PR	May 21	East Region
2.	9	Cailey Moton	36' 4 PR	Apr 21	West Fargo v Fargo N
3.	12	Emma Pfaff	34' 8.5 PR	Apr 22	Eagle Relays @ Sheye
4.	10	Megan Grove	30' 0 PR	May 17	Bob Zimney Last Cha
5.	10	Makenna Braun	29' 5.5 PR	May 14	Girls Classic Invitatior
6.	12	Raime Hoang	29' 4 PR	Apr 22	Eagle Relays @ Sheye
7.	10	Laura Iverson	27' 6 PR	May 4	Joan Halland Classic
8.	11	Serenna Gores	27' 4 PR	May 14	Girls Classic Invitatior
	10	Leah Tykwinski	27' 4 PR	Apr 1	Fargo South Earlybird
10.	11	McKenzie Menschel	26' 4 PR	May 14	Girls Classic Invitatior
11.	9	Kiara Zepeda	26' 2.5 PR	May 14	Girls Classic Invitatior
12.	9	Heidi Wiedeman	26' 1 PR	May 14	Girls Classic Invitatior
13.	11	Dree Zeiszler	25' 9.5 PR	May 14	Girls Classic Invitatior
14.	11	Kordiea Rerick	25' 6 PR	Apr 27	West Fargo Quadrang
15.	10	Macey Tong	23' 11 PR	Apr 27	West Fargo Quadrang
16.	10	Adra Sundberg	21' 6.5 PR	May 14	Girls Classic Invitatior
17.	9	Hailey Metcalfe	19' 6 PR	Apr 21	West Fargo v Fargo N

Discus - 1kg

1.	9 *	Cailey Moton	119' 3 PR	May 29	NDHSAA State A Trac
2.	11	Mary Schnell	111' 4 PR	May 21	East Region
3.	12	Raime Hoang	97' 10 PR	May 7	Packer Relays
4.	10	Makenna Braun	97' 2 PR	May 21	East Region
5.	12	Emma Pfaff	90' 0 PR	May 21	East Region
6.	11	McKenzie Menschel	75' 1	May 14	Girls Classic Invitatior
7.	9	Kiara Zepeda	71' 8.5 PR	May 4	Joan Halland Classic
8.	10	Leah Tykwinski	71' 0 PR	May 14	Girls Classic Invitatior
9.	8	Sadie Wavrin	69' 4 PR	May 14	Girls Classic Invitatior
10.	10	Macey Tong	68' 5 PR	May 14	Girls Classic Invitatior

Javelin - 800g

1.	12	Kc Ortiz	143' 10.5 PR	May 10	Fargo Rotary Invitat
2.	11	Fabien Muhire	117' 7 PR	May 10	Fargo Rotary Invitat
3.	11	Sam Ruona	117' 5 PR	Apr 30	Shanley Invitationa
4.	12	Isaac Murphy	113' 5 PR	May 21	East Region
5.	11	Logan Herring	109' 4 PR	May 21	East Region
6.	9	Aiden Lamb	98' 3 PR	May 15	EDC Boys JV Outdo
7.	9	Jack Stuart	92' 5 PR	Apr 27	West Fargo Quadra
8.	9	Greg Dimmer	81' 6 PR	May 15	EDC Boys JV Outdo
9.	11	Samuel VonBank-Hoye	80' 9 PR	Apr 27	West Fargo Quadra
10.	11	Nathaniel Schuster	74' 1 PR	Apr 27	West Fargo Quadra
11.	11	Chris Sather	54' 7 PR	Apr 27	West Fargo Quadra

High Jump

1.	9	Cedric Taylor	6' 0 PR	Apr 21	West Fargo v Fargo
	11	Jean Irumva	6' 0 PR	May 10	Fargo Rotary Invitat
3.	11	Dorien Tarley	5' 4 PR	May 7	Packer Relays
	12	Axel Navarro	5' 4 PR	Apr 21	West Fargo v Fargo

Pole Vault

1.	11	Austin Biwer	9' 0 PR	May 17	Bob Zimney Last Ch

Long Jump

1.	11	Jean Irumva	19' 10.5 PR	Apr 22	Eagle Relays @ She
2.	11	Dorien Tarley	19' 4.75 PR	May 7	Packer Relays
3.	12	Axel Navarro	19' 2 PR	Apr 30	Shanley Invitationa
4.	12	Dawer Maciek	18' 2 PR	Apr 8	West Fargo v West

Triple Jump

1.	12	Axel Navarro	38' 3 PR	May 21	East Region

11.	10	Megan Grove	64' 6 PR	May 14	Girls Classic Invitatior
12.	11	Kordiea Rerick	62' 7 PR	May 14	Girls Classic Invitatior
13.	9	Heidi Wiedeman	61' 9 PR	Apr 27	West Fargo Quadrang
14.	10	Laura Iverson	60' 7 PR	May 14	Girls Classic Invitatior
15.	11	Serenna Gores	58' 5 PR	May 14	Girls Classic Invitatior
16.	10	Adra Sundberg	53' 5 PR	May 4	Joan Halland Classic
17.	11	Dree Zeiszler	51' 5	May 14	Girls Classic Invitatior
18.	9	Hailey Metcalfe	50' 5 PR	May 14	Girls Classic Invitatior

Javelin - 600g

1.	11	Mary Schnell	117' 10 PR	May 21	East Region
2.	12	Emma Pfaff	91' 2 PR	Apr 27	West Fargo Quadrang
3.	9	Kiara Zepeda	88' 1.25 PR	May 10	Fargo Rotary Invitatio
4.	10	Leah Tykwinski	83' 1.5 PR	May 10	Fargo Rotary Invitatio
5.	9	Cailey Moton	73' 5 PR	Apr 30	Shanley Invitational
6.	10	Makenna Braun	66' 8 PR	May 4	Joan Halland Classic
7.	10	Megan Grove	65' 0 PR	Apr 27	West Fargo Quadrang
8.	10	Macey Tong	63' 9 PR	May 14	Girls Classic Invitatior
9.	11	McKenzie Menschel	63' 0 PR	Apr 27	West Fargo Quadrang
10.	11	Kordiea Rerick	59' 6 PR	May 14	Girls Classic Invitatior
11.	12	Raime Hoang	57' 9	Apr 8	West Fargo v West Fa
12.	11	Dree Zeiszler	46' 11 PR	Apr 21	West Fargo v Fargo N
13.	10	Laura Iverson	44' 0 PR	May 4	Joan Halland Classic

High Jump

1.	10	Mallory Docktor	4' 11 PR	Apr 21	West Fargo v Fargo N
2.	11	Zoey Schlader	4' 7	Apr 27	West Fargo Quadrang
3.	10	Bria Hoppe	4' 5 PR	May 10	Fargo Rotary Invitatio
	11	Elvinell Fofanah	4' 5 PR	May 10	Fargo Rotary Invitatio

Pole Vault

1.	12	*	Taylor Lee	11' 3 PR	May 29	NDHSAA State A Trac
2.	10		Taylor Tang	8' 9 PR	May 17	Bob Zimney Last Cha
	9		Emery Aasen	8' 9 PR	May 10	Fargo Rotary Invitatio
4.	10		Ashley Nguyen	7' 3 PR	Apr 27	West Fargo Quadrang
5.	9		Marisa Sleath	5' 0 PR	Apr 16	West Fargo Sheyenne

Long Jump

1.	12	Laiken Sturn	18' 3.5 PR	Apr 22	Eagle Relays @ Sheye
2.	12	Taylor Lee	16' 9 PR	May 17	Bob Zimney Last Cha
3.	10	Taya Samek	15' 2 PR	May 17	Bob Zimney Last Cha

Triple Jump

1.	12	*	Laiken Sturn	38' 9.5 (.9) PR	May 29	NDHSAA State A Trac

*Recent improvement

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WHERE ARE THEY NOW?

Throwing out the Record Books: West Fargo's Akealy Moton dominating for Bison Track & Field

Published: Apr. 7, 2021 at 10:46 PM CDT

FARGO, N.D. (Valley News Live) - When you look at the banners hanging in the Shelly Ellig Indoor Track track facility at NDSU, there is one name you're going to see a lot of. Akealy Moton is continuing to establish her legacy as a Bison thrower. The Sophomore from West Fargo is already having a stellar outdoor season. She is currently ranked second in the nation and has already shattered her own school record twice. Her most recent record throw was in the comfort of her own track, throwing the Shot Put 17.79 meters.



"I always like home meets more because my family lives here so that's really nice to have your family around." Moton said about competing at home. "And the atmosphere from the home meet is always so much different. It's always more electric."

The opportunity to compete at her local school is not lost on Moton. In a special moment in the Bison Spring Classic, she broke the school record in front of her family.

When we asked about having her family at the event, Moton said, "That's really my support group. That's my rock. They know that. Having them there is always a lot more fun."

Despite all the success and accolades she's collected, Moton hasn't slowed down at all and is training harder than ever as she continues to shatter records.

"I try to take it one goal at a time. So right now the goal is nationals." Moton said, "And then from there thinking of the next goal. I don't try to think of all of them in a whole, at one time because that can be overwhelming so.. I take it one at a time."

She also recognizes that competing this close to home puts a lot more eyes on her. It also gives her the opportunity to inspire more local athletes.

"It's always a special experience to see the kids that you coach coming to your camps." Moton told us, "And then them possibly being teammates is nice, "oh we built this relationship now I get to throw with you instead of coach you. And you really get to see them throw as athletes and people."

Moton briefly held the #1 spot in the country before she way out-thrown later in the weekend. Time will tell on how this already historic season shakes out for this newest throwing phenom at NDSU.

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TRACK & FIELD

Alex Talley: Determination>Doubt

ByNolan P. Schmidt

Posted on February 25, 2021

Photos By Nolan P. Schmidt

We will look back one day and continue to be puzzled at how Alex Talley was overlooked by Division I track & field programs. To this day, it does not make too much sense when you break it down. He won multiple state championships in both shot put and discus in high school. His career at West Fargo High School is as decorated as they come.

He only proved that when he arrived at North Dakota State. Currently, Talley is a two-time Summit League champion as well as a two-time NCAA qualifier. He was the only thrower in the country qualify to for both throwing events at last year's NCAA Indoor Championships.

And yet, throughout his high school career and over the course of his recruitment, he had gone overlooked. To the point that he had settled on attending one of only three schools all within the Summit League. One of those schools was North Dakota State and obviously, Talley eventually decided to stay close to home in Fargo.



"I looked at a couple of different schools in the area. I looked at UND, SDSU and NDSU. I was actually kind of torn between whether I wanted to play football or track. Alex Renner ended up doing the Packer Power training camp for my high school in the summers," Talley said of his recruiting journey. Renner is still one of NDSU's most decorated throwers to date. "I kind of got known through that and I began to look up to the guy and Alex became a big mentor for me. I took my visit there and he was there. Then I met everybody else on the team and they all acted as he did. I was like, I got to be here. I knew Renner was the real deal, so I knew the program was too.



Knowing Renner was the biggest reason why Talley committed to North Dakota State. However, that did not mean he did not have to work to get there in the first place. In many instances, Talley said he had to get his film in the hands of coaches, considering some coaches were not seeking him out. “I was really trying to seek out some coaches. I wasn’t really familiar with the recruiting process. I did have my mom make a little bit of a highlight tape for my throws and I would just send it to some coaches,” Talley said of his self-advertising approach. “Obviously, I went to a couple of camps. I was really looking for that coach to take a chance. Luckily, coach [Justin] St. Clair kept in touch with me after camps and would talk to me after meets and stuff.”

Growing up mere miles away from NDSU’s campus, Talley was relatively unaware of the track & field program’s success over the years. When he would have discussions with throws coach Justin St. Clair, he had little knowledge of just how qualified and impressive St. Clair’s résumé was.

“Oddly enough, when I was in high school, I didn’t realize how good the team was. I knew they were good because I’ve been to their meets and I knew they did very well. I didn’t realize the scale of it though,” Talley said. “At the time, I didn’t really look at coaching accolades because I went more off of what the team was like and whether I was going to have fun with those guys. Obviously, I fit in here and that’s really what drove me to NDSU. I fit in with the team well and I can tell they’re all genuinely good people. That’s when I knew I was going to have a good time here.”

While Talley knew he would fit in with the program, that did not come without its growing pains. He had to learn a new form of throwing, which proved to be a challenge early on. “I learned to spin because I glided when I was in high school. Coming here, I learned an entirely new form. On top of that, I wasn’t used to the different styles of throwing, I had never realized those,” he said. “I realized that I’m kind of a shorter, stockier dude and I may not be able to keep up with someone like Max Otterdahl, who’s 6-foot-10. Learning how to fit into my own body and throw in a way that fits my body type.”

Luckily for Talley, that shift in form more than paid off given his success. However, once he conquered the spin, Talley wanted to continue to improve. Throughout the COVID-19 pandemic, Talley said it was a challenge not being able to lift on a consistent basis. He used the downtime to work on the technical side of his throwing.

“I really took that time to focus on some of the things I wasn’t so good at. I couldn’t really get in the gym because of shutdowns and whatnot, but the fields were open. You can always go work on footwork,” Talley said. “I remember doing form in a CVS parking lot. I think there were definitely some opportunities to get better. I’m still always working towards a better form and always building strength.”



While he continued to work on the physical side of his throwing, Alex Talley also faced a mental hump as well. He had just been the only man in the country to qualify for both throwing events at last year’s NCAA Indoor Championships. That event was canceled while Talley was in Albuquerque, New Mexico, to compete in that meet. Obviously, this was followed up by the entire outdoor season being canceled. Those mental gymnastics became Talley’s biggest struggle throughout the pandemic.

“When you have that long of a break between competition, it’s easy to skip a day or take some time off. That’s one thing that my teammates stepped up in, I think,” he said. “Every couple of weeks to get a message about what they did that day was really encouraging and helped build our team up a lot. It was not even coaches doing the reaching out, it was teammates or friends keeping you mentally sharp.”

One of Talley’s goals beyond winning a national title is to do his due diligence as an upperclassman. He feels it’s his place to bring the younger throwers up to speed, most notably in the weight room. One thing Talley notes as a challenge for him was getting adjusted to thrower- specific lifting. “One of the hardest things coming into college was getting adjusted to the weight room, and how to lift hard, how to eat properly. People like Steffan Stroh and Alex Renner really stepped up in that aspect for me. I needed that when I was a younger kid,” he said. “I think that’s one of the reasons I’ve been able to grow and be so successful is to learn that right away. Being able to pass that on to the younger kids is really my goal. I want to get them good physically that way coach St. Clair can do what he does best.”

Alex Talley remembers the time Michael Keogan Was Instructed to power clean 95 pounds instead of Keogan's usual 195 pounds.

Since returning to the track, Talley has captured meet wins at the Dakota Duel, Bison Cup Classic, the UND Open, Dakota Quad, the Iowa State Classic and the Jim Emmerich Invitational. Currently, Talley is fifth in the country in the shot put, smashing a career record of 20.54m at the UND Open. Not just that, Talley is potentially the best overall thrower in the country. At the time of printing, he holds the second-best NCAA weight throw mark at 22.90m. He'll likely be in similar distinction come outdoor season where he will throw shot put and compete in the hammer throw.

For Talley, it just feels good being able to compete again. "Just to feel that electric feeling in the air is indescribable. I really just feel excited and ready to be going again. It's also awesome to see your friends do well. We're having the time of our lives," Talley said.

Talley takes a different approach to goals. He obviously wants to be a conference champion again and a national champion too. However, he is more focused on the steps needed to attain those accolades. If he takes those steps, Talley will be where he wants at season's end even if it means taking a day off here and there.

I fit in here and that's really what drove me to NDSU. I fit in with the team well and I can tell they're all genuinely good people. That's when I knew I was going to have a good time here.

"I want to keep practicing hard, lifting hard and get to sleep every night. That's another big one is I have to sleep every night. One thing I kind of struggle with is I have a hard time resting," he said. "I have a hard time taking the days off to recover because I want to just keep going. Just because you are throwing more does not mean they will go farther. In reality, that's not always how it works."

Whether he is taking a rest day or competing, Alex Talley always seems to be "on." The copious amount of victories in his Bison career are evidence enough of that fact. Which raises this conundrum: how did he slip through the cracks? How was he overlooked this greatly?

In reality, the answer does not matter much because NDSU did not let Alex Talley slip through the cracks. Now, they're both reaping the benefits with Talley being one of the country's best overall throwers.

TRACK AND FIELD

Bison men's track advances 3 to NCAA Championships

Alex Talley, Benji Phillips and Kristoffer Thomsen each earned qualifying spots in the NCAA Outdoor Championships

Written By: Forum staff | 9:57 pm, May 26, 2021

COLLEGE STATION, Texas — Three North Dakota State men's track and field athletes qualified for the NCAA Outdoor Championships on Wednesday during the opening day of the NCAA West Preliminary Rounds.

Alex Talley, Benji Phillips and Kristoffer Thomsen each earned top-12 finishes, claiming a spot in the outdoor championships to be held June 9-12 in Eugene, Ore.

Talley posted a toss of 226 feet, 8 inches on his final attempt in the hammer throw to take fourth place. Phillips was fifth in the javelin with a mark of 228-6, and Thomsen placed seventh in the shot put with a throw of 63-10 1/2.

The NCAA West Prelims will continue over the next three days. The women will compete on Thursday and Saturday, and the men will conclude competition on Friday.


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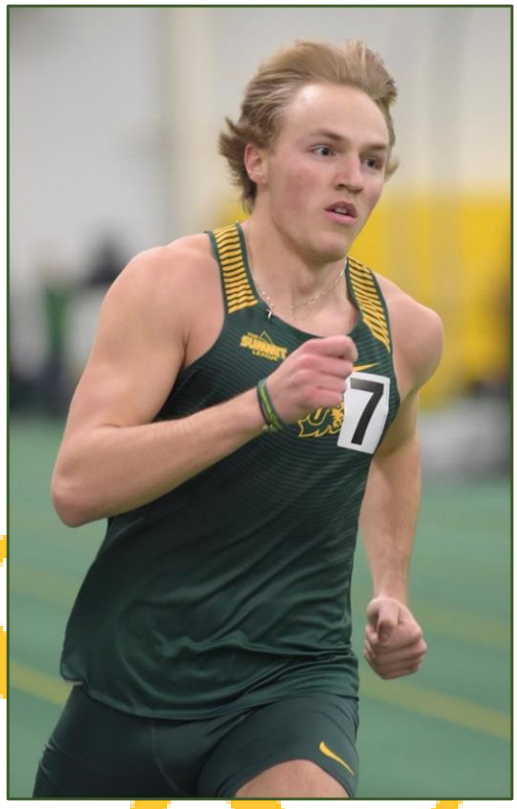
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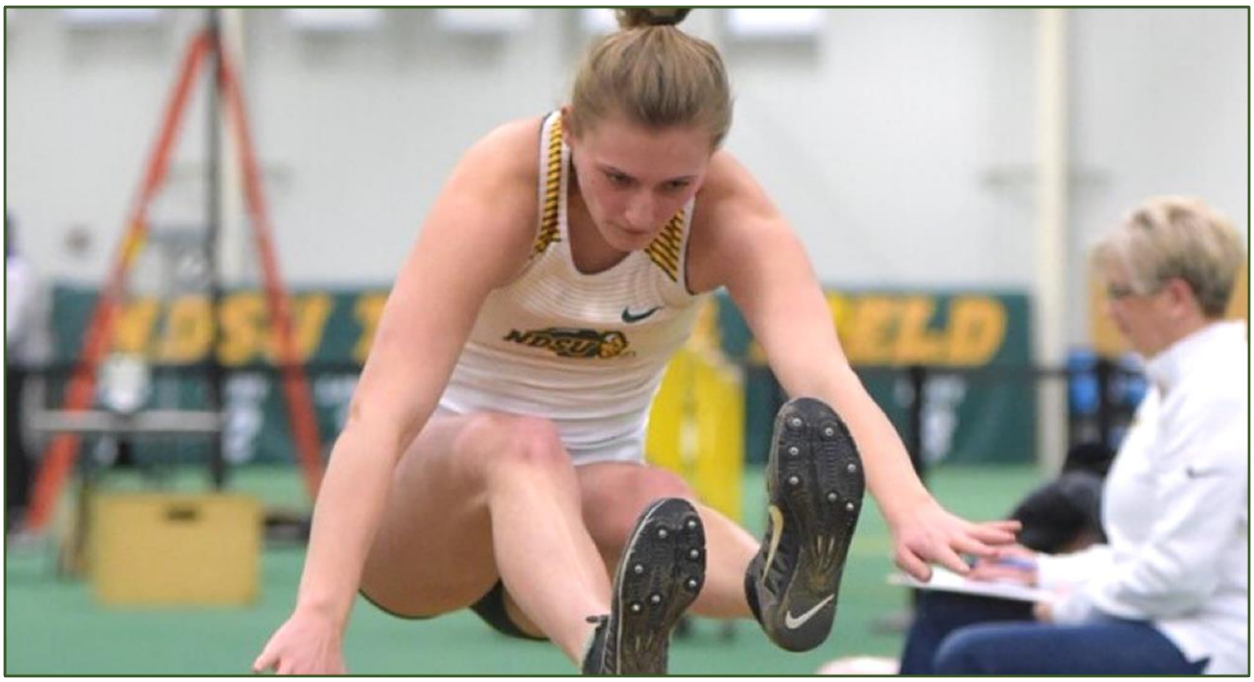
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