WEST FARGO PACKERS



2023 TRACK & FIELD

WEST FARGO PACKERS TRACK & FIELD
2023 ATHLETIC AWARDS
GIRLS

PARTICIPATION AWARD:

Delaney Augdahl	9	Emily Ray	9	Lucia Atendaye	11
Grace Crandall	9	Jersey Schuster	9	Hailey Metcalfe	11
Brenna Gaulrapp	9	Andie Stewart	9	Ella Montplaisir	11
Harnoor Johal	9	Alexis Dwyer	10	Marisa Sleath	11
Brooklyn Kleingartner	9	Lyla Fiechtner	10	McKayla Walker	11
Katelyn Lowenberg	9	Ariana Gardner	10		
Aryaun Moton	9	Lauren Sanders	10		

FIRST YEAR LETTER:

Maryanne Bismarck (mgr.)	9	Andrea Wetterlin	9	Heidi Wiedeman	11
Emma Esposito	9	Jaricha Bachmeier	10	Malea Berg (mgr.)	12
Brooke Finn	9	Ejatu Bah	10	Reagan Black	12
McKenna Gross	9	Taylor Christians	10	Megan Grove	12
Reese Klefstad (mgr.)	9	Averi Johnson	10	Mia Henderson	12
Ellie McIntosh	9	Olivia Klaman	10	Chloe Pfau	12
Soludo Obi	9	Meghan Esposito	11	Kelsa Steiner	12
Henry Staehr (mgr.)	9	Hope Lukes	11	Nina Vi	12
Lyla Stegman	9	Brylie Peterson	11		

SECOND YEAR LETTER:

Lily Wavrin	8
Jolee Dahl	10
Ella Heilman	10
Rylee Larsen	10
Alexis Lindgren	10
Miranda Retzlaff	10
Zevina Scarbrough	10
Emily Simek	10
Ella Nelson	11
Kadidiatou Sacko	11
Kiara Zepeda	11
Riley Guscette	12

THIRD YEAR LETTER:

Michelle Gee	9
Kiaya Hagen	9
Sadie Wavrin	10
Emery Aasen	11

FOURTH YEAR LETTER:

Cailey Moton	11
Makenna Braun	12
Mallory Docktor	12
Samantha Gustafson	12
Joslyn Jackson	12
Jordan Knudsvig	12
Taya Samek	12
Taylor Tang	12

FIFTH YEAR LETTER:

Lindsey Anderson	12

MOST VALUABLE TRACK:
Michelle Gee

MOST IMPROVED:
Ejatu Bah

ALL-CONFERENCE:
Michelle Gee
Samantha Gustafson

MOST VALUABLE FIELD:
Jolee Dahl
Cailey Moton

RELAY AWARD:
Michelle Gee

ALL-STATE:
Cailey Moton

MOST DEDICATED:
Jordan Knudsvig

COACHES AWARD:
Taylor Tang

2023 CAPTAINS:
Jordan Knudsvig
Taya Samek

2024 CAPTAINS:
Cailey Moton
Meghan Esposito

WEST FARGO PACKERS TRACK & FIELD
2023 ATHLETIC AWARDS
BOYS

PARTICIPATION AWARD:

Keagan Becherl	9	Andrew Karr	10	Zachary Waldera	10
Nathanael Murphy	9	Kaycey LaRocque	10	Cooper Warren	10
Ethan Rudolph	9	Gavan Norton	10	Horatio Willie	10
Payton Schaan	9	Talan Otheim	10	Anthony Alonzo	11
Matt Schatzke	9	Carter Parsons	10	Elfried Dissou	11
Rory Senger	9	Ethan Radebaugh	10	Heath Eder	11
Zander Senger	9	Bukhari Shaale	10	Ahmed Falir	11
Jake Stegman	9	Michael Shell	10	Trystin Gabbert	11
Ian Ayengo	10	Nolan Stone	10	Shawn Hartsoch	11
Kenan Burekovic	10	Jonah Svenby	10	Noah O'Donnell	11
David Cox	10	Dylan Vezner	10		

FIRST YEAR LETTER:

Joaquin Valdez	8	Lucas Grove	10	Caden Willows	11
Isaac Blotsky	9	Jack Guscette	10	Brady Wohl	11
Ben Davies	9	Andrew Knudsvig	10	Bailey Hunt	12
Elijah Morris	9	Sam Olson	10	Lance Iverson	12
Cedric Patterson	9	Alex Wetterlin	10	James Selberg	12
Austin Saari	9	Keyton McGregor	11		
Haakon Seymour	9	Bradyn Stockert	11		
Lincoln Walker	9	Devin Wall	11		

SECOND YEAR LETTER:

Isaac Amundson	10
Desire Masiri	10
Lance Williams	10
Greg Dimmer	11
Jack Stewart	11

THIRD YEAR LETTER:

Ian Skari	9
Ibrahim Bangura	11
Alexander Jelinek	11
Chase Kjervestad	11
Payton McGregor	12
Isaac Nyenabo	12

FOURTH YEAR LETTER:

Hayden Pritchard	12
Noah Yahnke	12

MOST VALUABLE TRACK:
Ian Skari

MOST IMPROVED:
Jack Guscette

MOST VALUABLE FIELD:
Jack Stewart

RELAY AWARD:
Ian Skari

MOST DEDICATED:
Ibrahim Bangura

COACHES AWARD:
Noah Yahnke

2023 CAPTAINS:
Payton McGregor
Noah Yahnke

2024 CAPTAINS:
Ibrahim Bangura
Devin Wall

ALL - STATE
2023

DISCUS

CAILEY MOTON


PACKERS

ALL - CONFERENCE 2023

100 METER DASH

MICHELLE GEE

ALL - CONFERENCE 2023

200 METER DASH

MICHELLE GEE

ALL - CONFERENCE 2023

400 METER DASH

MICHELLE GEE

ALL - CONFERENCE
2023

100 METER HURDLES

SAMANTHA GUSTAFSON

TRACK & FIELD GIRLS TEAM



TRACK & FIELD BOYS TEAM



NEW RECORDS

POLE VAULT

JOLEE DAHL

11' 6


Class of
2023


2023
TRACK & FIELD
SENIORS
ONCE A PACKER ALWAYS A PACKER

INDOOR TOP MARKS



West Fargo

Packers | HS | West Fargo, ND

Event Records

Mens

60 Meter Dash

1.	9	Ian Skari	7.01 PR	Mar 31	Bison Snowbird Meet
2.	12	Payton McGregor	7.33	Mar 24	NDSU Class A Indoor
3.	12	Isaac Nyenabo	7.34 PR	Mar 31	Bison Snowbird Meet
4.	11	Ibrahim Bangura	7.38 PR	Mar 31	Bison Snowbird Meet
5.	10	Lance Williams	7.43 PR	Mar 31	Bison Snowbird Meet
6.	11	Chase Kjervestad	7.54 PR	Mar 31	Bison Snowbird Meet
7.	10	Desire Masiri	7.69 PR	Mar 16	Fargo Metro Meet
8.	9	Lincoln Walker	7.83 PR	Mar 16	Fargo Metro Meet
	10	Jack Guscette	7.83 PR	Mar 16	Fargo Metro Meet
10.	9	Aiden Samek	7.89 PR	Mar 25	NDSU JV Indoor Meet
	10	Talan Otheim	7.89 PR	Mar 16	Fargo Metro Meet
12.	9	Isaac Blotsky	7.91 PR	Mar 16	Fargo Metro Meet
13.	10	Horatio Willie	7.92 PR	Mar 16	Fargo Metro Meet
14.	10	Michael Shell	7.96 PR	Mar 25	NDSU JV Indoor Meet
15.	9	Cedric Patterson	8.00 PR	Mar 16	Fargo Metro Meet
16.	9	Matt Schatzke	8.01 PR	Mar 16	Fargo Metro Meet
17.	11	Bradyn Stockert	8.04 PR	Mar 16	Fargo Metro Meet
18.	8	Joaquin Valdez	8.07 PR	Mar 16	Fargo Metro Meet
	11	Anthony Alonzo	8.07 PR	Mar 25	NDSU JV Indoor Meet
20.	11	Alex Jelinek	8.12 PR	Mar 16	Fargo Metro Meet
	11	Elfried Dissou	8.12 PR	Mar 25	NDSU JV Indoor Meet
22.	10	Zachary Waldera	8.13 PR	Mar 16	Fargo Metro Meet
23.	9	Keagan Becherl	8.14 PR	Mar 25	NDSU JV Indoor Meet
24.	10	Andrew Karr	8.21	Mar 16	Fargo Metro Meet
25.	11	Heath Eder	8.23 PR	Mar 16	Fargo Metro Meet
26.	11	Ahmed Falir	8.48 PR	Mar 16	Fargo Metro Meet
27.	10	Sam Olson	8.51 PR	Mar 25	NDSU JV Indoor Meet
28.	9	Payton Schaan	8.58 PR	Apr 13	Bison Stampede Indoc
29.	10	Ian Ayengo	8.67 PR	Mar 25	NDSU JV Indoor Meet
30.	10	Dylan Vezner	8.74	Mar 25	NDSU JV Indoor Meet
31.	10	Kenan Burekovic	8.78 PR	Mar 16	Fargo Metro Meet
32.	9	Nathanael Murphy	8.99 PR	Mar 25	NDSU JV Indoor Meet

200 Meters

1.	9	Ian Skari	23.65 PR	Mar 31	Bison Snowbird Meet
2.	12	Isaac Nyenabo	23.69 PR	Mar 16	Fargo Metro Meet
3.	11	Keyton McGregor	24.33 PR	Apr 13	Bison Stampede Indoc
4.	10	Lance Williams	24.44 PR	Mar 16	Fargo Metro Meet
5.	12	Payton McGregor	24.52	Mar 24	NDSU Class A Indoor
6.	11	Ibrahim Bangura	24.86 PR	Apr 13	Bison Stampede Indoc
7.	10	Jack Guscette	24.89 PR	Mar 16	Fargo Metro Meet
8.	10	Talan Otheim	25.11 PR	Mar 31	Bison Snowbird Meet
9.	9	Isaac Blotsky	25.28 PR	Mar 25	NDSU JV Indoor Meet
10.	9	Cedric Patterson	25.30 PR	Mar 25	NDSU JV Indoor Meet
11.	10	Desire Masiri	25.35 PR	Mar 16	Fargo Metro Meet
12.	11	Chase Kjervestad	25.71	Mar 16	Fargo Metro Meet
13.	10	Michael Shell	25.77 PR	Mar 25	NDSU JV Indoor Meet

Womens

60 Meter Dash

1.	9	Michelle Gee	7.86 PR	Mar 24	NDSU Class A Indc
2.	10	Ella Heilman	8.47 PR	Mar 31	Bison Snowbird Me
3.	12	Taya Samek	8.51 PR	Mar 31	Bison Snowbird Me
4.	10	Zevina Scarbrough	8.62 PR	Mar 16	Fargo Metro Meet
5.	9	Lyla Stegman	8.63 PR	Mar 31	Bison Snowbird Me
6.	9	Soludo Obi	8.66 PR	Apr 13	Bison Stampede In
7.	10	Ejatu Bah	8.76 PR	Mar 31	Bison Snowbird Me
8.	10	Rylee Larsen	8.77 PR	Mar 24	NDSU Class A Indc
9.	9	Brooke Finn	8.91 PR	Mar 16	Fargo Metro Meet
10.	8	Lily Wavrin	9.01	Mar 16	Fargo Metro Meet
11.	9	Emerson Rosenthal	9.31 PR	Mar 16	Fargo Metro Meet
12.	12	Mia Henderson	9.34 PR	Mar 25	NDSU JV Indoor M
13.	9	Markesha Jones	9.46 PR	Mar 16	Fargo Metro Meet
14.	11	Enslie Schwan	9.47 PR	Mar 16	Fargo Metro Meet
15.	11	Kadi Sacko	9.53 PR	Mar 16	Fargo Metro Meet
16.	9	Emma Esposito	9.54 PR	Mar 16	Fargo Metro Meet
17.	12	Kelsa Steiner	9.57 PR	Mar 16	Fargo Metro Meet
18.	10	Lyla Fiechtner	9.59 PR	Mar 25	NDSU JV Indoor M
19.	12	Reagan Black	9.60 PR	Mar 16	Fargo Metro Meet
20.	11	Meghan Esposito	9.63 PR	Mar 25	NDSU JV Indoor M
21.	9	Grace Crandall	9.71 PR	Mar 25	NDSU JV Indoor M
22.	9	Jersey Schuster	9.82 PR	Mar 25	NDSU JV Indoor M
23.	9	Emily Hanson	10.15 PR	Mar 16	Fargo Metro Meet
24.	11	Marisa Sleath	10.30 PR	Mar 16	Fargo Metro Meet
25.	10	Lauren Sanders	10.32 PR	Mar 16	Fargo Metro Meet
26.	9	Emily Ray	10.38 PR	Mar 25	NDSU JV Indoor M
27.	9	Brenna Gaulrapp	10.86 PR	Mar 25	NDSU JV Indoor M
28.	11	Hailey Metcalfe	11.32 PR	Mar 25	NDSU JV Indoor M

200 Meters

1.	9	Michelle Gee	25.72 PR	Apr 13	Bison Stampede In
2.	10	Ella Heilman	28.92 PR	Mar 31	Bison Snowbird Me
3.	10	Zevina Scarbrough	29.26	Mar 16	Fargo Metro Meet
4.	12	Taya Samek	29.29	Apr 13	Bison Stampede In
5.	9	Soludo Obi	29.59 PR	Mar 31	Bison Snowbird Me
6.	10	Rylee Larsen	29.66 PR	Mar 16	Fargo Metro Meet
7.	8	Lily Wavrin	29.80 PR	Mar 24	NDSU Class A Indc
8.	11	Ella Nelson	29.84 PR	Mar 24	NDSU Class A Indc
9.	9	Lyla Stegman	29.92 PR	Apr 13	Bison Stampede In
10.	10	Ejatu Bah	29.93 PR	Apr 13	Bison Stampede In
11.	9	Brooke Finn	29.99 PR	Mar 31	Bison Snowbird Me
12.	10	Emily Simek	30.93 PR	Mar 16	Fargo Metro Meet
13.	12	Mia Henderson	31.41 PR	Mar 25	NDSU JV Indoor M
14.	11	Meghan Esposito	32.29 PR	Mar 25	NDSU JV Indoor M
15.	9	Emerson Rosenthal	32.38 PR	Mar 16	Fargo Metro Meet
16.	9	Grace Crandall	32.71 PR	Mar 25	NDSU JV Indoor M
17.	12	Reagan Black	33.04 PR	Mar 16	Fargo Metro Meet

14.	11	Elfried Dissou	26.30 PR	Mar 25	NDSU JV Indoor Meet
15.	8	Joaquin Valdez	26.31 PR	Mar 16	Fargo Metro Meet
16.	9	Aiden Samek	26.35 PR	Mar 25	NDSU JV Indoor Meet
17.	10	Horatio Willie	26.39 PR	Mar 16	Fargo Metro Meet
18.	9	Keagan Becherl	26.57 PR	Mar 16	Fargo Metro Meet
19.	11	Anthony Alonzo	26.67 PR	Mar 16	Fargo Metro Meet
20.	11	Alex Jelinek	26.78 PR	Mar 16	Fargo Metro Meet
21.	11	Heath Eder	27.13 PR	Mar 25	NDSU JV Indoor Meet
22.	10	Zachary Waldera	27.23	Mar 16	Fargo Metro Meet
23.	9	Zander Senger	27.40 PR	Mar 25	NDSU JV Indoor Meet
24.	10	Andrew Karr	27.57 PR	Mar 25	NDSU JV Indoor Meet
25.	11	Ahmed Falir	27.64 PR	Mar 25	NDSU JV Indoor Meet
26.	10	Kenan Burekovic	28.08 PR	Mar 25	NDSU JV Indoor Meet
27.	10	Sam Olson	28.25	Mar 16	Fargo Metro Meet
28.	10	Dylan Vezner	28.37	Mar 25	NDSU JV Indoor Meet
29.	10	Ian Ayengo	29.19 PR	Mar 25	NDSU JV Indoor Meet
30.	9	Nathanael Murphy	29.75 PR	Mar 25	NDSU JV Indoor Meet
31.	9	Payton Schaan	30.27 PR	Mar 16	Fargo Metro Meet

400 Meters

1.	12	Hayden Pritchard	54.94 PR	Mar 24	NDSU Class A Indoor
2.	10	Andrew Knudsvig	56.90 PR	Apr 13	Bison Stampede Indoo
3.	10	Gavan Norton	58.49 PR	Mar 31	Bison Snowbird Meet
4.	10	Desire Masiri	58.83 PR	Mar 24	NDSU Class A Indoor
5.	11	Alex Jelinek	59.22 PR	Mar 16	Fargo Metro Meet
6.	11	Ahmed Falir	1:00.93 PR	Mar 31	Bison Snowbird Meet
7.	10	Jonah Svenby	1:00.99 PR	Mar 24	NDSU Class A Indoor
8.	10	Andrew Karr	1:01.61 PR	Apr 13	Bison Stampede Indoo
9.	11	Elfried Dissou	1:03.13 PR	Apr 13	Bison Stampede Indoo
10.	9	Rory Senger	1:03.48 PR	Mar 25	NDSU JV Indoor Meet
11.	9	Austin Saari	1:03.55 PR	Mar 25	NDSU JV Indoor Meet

800 Meters

1.	12	Noah Yahnke	2:09.78 PR	Apr 13	Bison Stampede Indoo
2.	11	Brady Wohl	2:13.83 PR	Mar 31	Bison Snowbird Meet
3.	10	Isaac Amundson	2:17.94 PR	Mar 24	NDSU Class A Indoor
4.	9	Haakon Seymour	2:18.20 PR	Mar 31	Bison Snowbird Meet
5.	10	Andrew Knudsvig	2:18.67 PR	Mar 16	Fargo Metro Meet
6.	9	Jake Stegman	2:23.88 PR	Mar 25	NDSU JV Indoor Meet
7.	11	Bradyn Stockert	2:23.90 PR	Mar 25	NDSU JV Indoor Meet
8.	12	James Selberg	2:26.95 PR	Mar 16	Fargo Metro Meet
9.	9	Ben Davies	2:27.02 PR	Apr 13	Bison Stampede Indoo
10.	12	Bailey Hunt	2:31.43 PR	Mar 31	Bison Snowbird Meet
11.	10	Cooper Warren	2:47.57 PR	Mar 31	Bison Snowbird Meet
12.	9	Ethan Rudolph	2:52.53 PR	Mar 31	Bison Snowbird Meet

1600 Meters

1.	12	Noah Yahnke	4:50.93 PR	Apr 13	Bison Stampede Indoo
2.	11	Brady Wohl	4:51.12 PR	Apr 13	Bison Stampede Indoo
3.	10	Isaac Amundson	5:01.24 PR	Mar 16	Fargo Metro Meet
4.	9	Haakon Seymour	5:11.63 PR	Apr 13	Bison Stampede Indoo
5.	12	James Selberg	5:20.34 PR	Mar 31	Bison Snowbird Meet
6.	9	Ben Davies	5:22.25 PR	Mar 31	Bison Snowbird Meet
7.	11	Caden Willows	5:25.91 PR	Mar 24	NDSU Class A Indoor
8.	10	Ethan Radebaugh	5:36.17 PR	Mar 31	Bison Snowbird Meet
9.	12	Bailey Hunt	5:49.64 PR	Apr 13	Bison Stampede Indoo
10.	10	Cooper Warren	6:01.63 PR	Apr 13	Bison Stampede Indoo

60m Hurdles - 36"

18.	9	Jersey Schuster	33.22 PR	Mar 25	NDSU JV Indoor M
19.	9	Emily Ray	34.61 PR	Mar 25	NDSU JV Indoor M
20.	10	Lauren Sanders	35.89 PR	Mar 25	NDSU JV Indoor M
21.	9	Brenna Gaulrapp	38.02 PR	Mar 25	NDSU JV Indoor M
22.	11	Hailey Metcalfe	39.12 PR	Mar 25	NDSU JV Indoor M

400 Meters

1.	10	Sadie Wavrin	1:04.43 PR	Mar 24	NDSU Class A Indo
2.	11	Ella Nelson	1:07.91 PR	Mar 24	NDSU Class A Indo
3.	12	Chloe Pfau	1:07.99 PR	Apr 13	Bison Stampede In
4.	10	Emily Simek	1:10.53 PR	Mar 24	NDSU Class A Indo
5.	9	Andrea Wetterlin	1:10.55 PR	Mar 24	NDSU Class A Indo
6.	9	Markesha Jones	1:13.49 PR	Mar 24	NDSU Class A Indo
7.	9	Harnoor Johal	1:21.90 PR	Apr 13	Bison Stampede In

800 Meters

1.	12	Jordan Knudsvig	2:32.45 PR	Mar 24	NDSU Class A Indo
2.	9	Kiaya Hagen	2:42.36 PR	Mar 24	NDSU Class A Indo
3.	11	Hannah Shern	2:42.97 PR	Mar 16	Fargo Metro Meet
4.	12	Joslyn Jackson	2:46.40 PR	Mar 31	Bison Snowbird Me
5.	10	Miranda Retzlaff	2:50.05 PR	Mar 24	NDSU Class A Indo
6.	10	Averi Johnson	2:50.97 PR	Mar 31	Bison Snowbird Me
7.	9	Andrea Wetterlin	2:51.62 PR	Mar 16	Fargo Metro Meet
8.	10	Taylor Christians	2:51.65 PR	Apr 13	Bison Stampede In
9.	10	Alexis Lindgren	2:57.06	Mar 31	Bison Snowbird Me
10.	10	Olivia Klaman	2:58.63	Mar 31	Bison Snowbird Me
11.	11	McKayla Walker	3:04.11 PR	Mar 24	NDSU Class A Indo

1600 Meters

1.	12	Jordan Knudsvig	5:49.72	Mar 31	Bison Snowbird Me
2.	10	Miranda Retzlaff	5:59.84 PR	Apr 13	Bison Stampede In
3.	9	Kiaya Hagen	6:02.32 PR	Mar 31	Bison Snowbird Me
4.	12	Joslyn Jackson	6:03.77 PR	Apr 13	Bison Stampede In
5.	10	Alexis Lindgren	6:06.67 PR	Mar 31	Bison Snowbird Me
6.	11	Hannah Shern	6:09.09	Mar 31	Bison Snowbird Me
7.	10	Averi Johnson	6:12.33 PR	Apr 13	Bison Stampede In
8.	10	Taylor Christians	6:24.04 PR	Mar 31	Bison Snowbird Me

3200 Meters

1.	12	Jordan Knudsvig	12:12.07 PR	Apr 13	Bison Stampede In
2.	10	Alexis Lindgren	13:01.18 PR	Apr 13	Bison Stampede In

60m Hurdles - 30"

1.	9	Brooke Finn	10.64 PR	Mar 25	NDSU JV Indoor M
2.	9	Emma Esposito	11.66 PR	Mar 25	NDSU JV Indoor M
3.	9	Soludo Obi	11.74 PR	Mar 25	NDSU JV Indoor M
4.	11	Enslie Schwan	11.79 PR	Mar 16	Fargo Metro Meet
5.	9	McKenna Gross	12.12 PR	Mar 16	Fargo Metro Meet
6.	11	Marisa Sleath	12.52 PR	Mar 25	NDSU JV Indoor M
7.	9	Emily Hanson	13.01 PR	Mar 16	Fargo Metro Meet
8.	11	Lucia Atendaye	13.23 PR	Mar 25	NDSU JV Indoor M
9.	10	Ejatu Bah	13.47 PR	Mar 25	NDSU JV Indoor M

60m Hurdles - 33"

1.	12	Samantha Gustafson	9.44 PR	Apr 13	Bison Stampede In
2.	9	Michelle Gee	9.91 PR	Mar 31	Bison Snowbird Me
3.	9	Brooke Finn	11.11 PR	Apr 13	Bison Stampede In
4.	9	Soludo Obi	11.63 PR	Mar 31	Bison Snowbird Me
5.	11	Kadi Sacko	11.65 PR	Mar 16	Fargo Metro Meet

1.	11	Bradyn Stockert	10.87 PR	Mar 25	NDSU JV Indoor Meet
2.	9	Zander Senger	11.64 PR	Mar 25	NDSU JV Indoor Meet
3.	9	Rory Senger	11.69 PR	Mar 25	NDSU JV Indoor Meet
4.	9	Cedric Patterson	11.92 PR	Mar 25	NDSU JV Indoor Meet

60m Hurdles - 39"

1.	10	Jack Guscette	9.22 PR	Mar 31	Bison Snowbird Meet
2.	10	Desire Masiri	9.49 PR	Mar 24	NDSU Class A Indoor
3.	8	Joaquin Valdez	9.68 PR	Mar 24	NDSU Class A Indoor
4.	11	Bradyn Stockert	10.88 PR	Apr 13	Bison Stampede Indoo
5.	9	Elijah Morris	10.96 PR	Mar 31	Bison Snowbird Meet
6.	9	Zander Senger	11.97 PR	Mar 31	Bison Snowbird Meet

4x200 Relay -

1.	Jack Guscette Lance Williams Ibrahim Bangura Isaac Nyenabo	1:35.67	Apr 13	Bison Stampede Indoo
	Ian Skari Ibrahim Bangura Lance Williams Isaac Nyenabo	1:35.67	Mar 16	Fargo Metro Meet
3.	Ian Skari Payton McGregor Lance Williams Isaac Nyenabo	1:36.26	Mar 31	Bison Snowbird Meet
4.	Jack Guscette Ibrahim Bangura Chase Kjervestad Talan Otheim	1:39.09	Mar 31	Bison Snowbird Meet
5.	Isaac Blotsky Cedric Patterson Michael Shell Desire Masiri	1:41.37	Mar 25	NDSU JV Indoor Meet
6.	Ian Skari Payton McGregor Ibrahim Bangura Isaac Nyenabo	1:41.56	Mar 24	NDSU Class A Indoor
7.	Desire Masiri Chase Kjervestad Talan Otheim Horatio Willie	1:42.09	Mar 16	Fargo Metro Meet

4x400 Relay

1.	Isaac Blotsky Hayden Pritchard Lance Williams Cedric Patterson	3:47.53	Apr 13	Bison Stampede Indoo
2.	Isaac Blotsky Cedric Patterson Michael Shell Desire Masiri	3:49.66	Mar 31	Bison Snowbird Meet
3.	Hayden Pritchard Ibrahim Bangura Lance Williams Andrew Knudsvig	3:50.53	Mar 31	Bison Snowbird Meet
6.	9	Emma Esposito	12.17 PR	Mar 31	Bison Snowbird Me
7.	10	Lyla Fiechtner	12.40 PR	Mar 24	NDSU Class A Indo
8.	9	Katelyn Lowenberg	12.65 PR	Apr 13	Bison Stampede In

4x200 Relay -

1.	-	Taya Samek Michelle Gee Zevina Scarbrough Ella Heilman	1:50.83	Apr 13	Bison Stampede In
2.		Ella Heilman Michelle Gee Zevina Scarbrough Taya Samek	1:53.15	Mar 31	Bison Snowbird Me
3.		Ella Heilman Michelle Gee Samantha Gustafson Taya Samek	1:54.04	Mar 24	NDSU Class A Indo
4.		Ella Heilman Zevina Scarbrough Rylee Larsen Taya Samek	1:55.94	Mar 16	Fargo Metro Meet
5.		Soludo Obi Rylee Larsen Lyla Stegman Ejatu Bah	1:58.11	Mar 31	Bison Snowbird Me
6.		Soludo Obi Brooke Finn Lily Wavrin Ella Nelson	2:00.32	Mar 16	Fargo Metro Meet
7.		Brooke Finn Rylee Larsen Lily Wavrin Lyla Stegman	2:02.07	Apr 13	Bison Stampede In
8.		Ejatu Bah Meghan Esposito Markesha Jones Mia Henderson	2:09.97	Mar 25	NDSU JV Indoor M

4x400 Relay

1.	Sadie Wavrin Chloe Pfau Ella Nelson Emily Simek	4:26.37	Mar 31	Bison Snowbird Me
2.	Jordan Knudsvig Lily Wavrin Rylee Larsen Sadie Wavrin	4:30.93	Mar 24	NDSU Class A Indo
3.	Chloe Pfau Lily Wavrin Zevina Scarbrough Rylee Larsen	4:38.49	Apr 13	Bison Stampede In
4.	Taya Samek Lily Wavrin Markesha Jones Jordan Knudsvig	4:48.45	Mar 16	Fargo Metro Meet

4x800 Relay

4.	Ibrahim Bangura Andrew Knudsvig Brady Wohl Noah Yahnke	3:54.44	Mar 16	Fargo Metro Meet
5.	Andrew Knudsvig Chase Kjervestad Haakon Seymour Talan Otheim	3:58.66	Mar 24	NDSU Class A Indoor
6.	Michael Shell Anthony Alonzo Heath Eder Ahmed Falir	4:11.54	Apr 13	Bison Stampede Indoo
7.	Anthony Alonzo Elfried Dissou Ahmed Falir Heath Eder	4:13.29	Mar 25	NDSU JV Indoor Meet
8.	Keagan Becherl Sam Olson Kenan Burekovic Ian Ayengo	4:21.77	Mar 25	NDSU JV Indoor Meet

4x800 Relay

1.	Brady Wohl Noah Yahnke Isaac Amundson Gavan Norton	8:50.99	Mar 31	Bison Snowbird Meet
2.	James Selberg Bradyn Stockert Jake Stegman Jonah Svenby	9:43.21	Mar 31	Bison Snowbird Meet
3.	Andrew Knudsvig Ben Davies Rory Senger Ethan Radebaugh	9:47.41	Apr 13	Bison Stampede Indoo

Shot Put - 12lb

1.	11	Jack Stewart	39' 6 PR	Mar 24	NDSU Class A Indoor
2.	10	Lucas Grove	37' 8 PR	Mar 24	NDSU Class A Indoor
3.	11	Greg Dimmer	36' 11 PR	Mar 31	Bison Snowbird Meet
4.	11	Devin Wall	35' 4 PR	Apr 13	Bison Stampede Indoo
5.	10	Carter Parsons	33' 3 PR	Apr 13	Bison Stampede Indoo
	12	Lance Iverson	33' 3 PR	Apr 13	Bison Stampede Indoo
7.	9	Keagan Becherl	30' 5 PR	Mar 25	NDSU JV Indoor Meet
8.	11	Shawn Hartsoch	29' 8 PR	Mar 25	NDSU JV Indoor Meet
9.	11	Trystin Gabbert	29' 0 PR	Mar 25	NDSU JV Indoor Meet
10.	10	David Cox	26' 11 PR	Mar 25	NDSU JV Indoor Meet

High Jump

1.	9	Lincoln Walker	5' 4 PR	Mar 16	Fargo Metro Meet
2.	8	Joaquin Valdez	5' 2 PR	Mar 24	NDSU Class A Indoor
3.	9	Matt Schatzke	5' 0 PR	Mar 25	NDSU JV Indoor Meet

Pole Vault

1.	9	Lincoln Walker	10' 0 PR	Mar 16	Fargo Metro Meet
2.	9	Austin Saari	9' 0 PR	Apr 13	Bison Stampede Indoo
3.	11	Bradyn Stockert	8' 0 PR	Mar 16	Fargo Metro Meet
	9	Matt Schatzke	8' 0 PR	Mar 16	Fargo Metro Meet
5.	9	Jake Stegman	7' 6 PR	Mar 25	NDSU JV Indoor Meet

1.	Jordan Knudsvig Hannah Shern Andrea Wetterlin Kiaya Hagen	10:36.32	Mar 24	NDSU Class A Indo
2.	Jordan Knudsvig Kiaya Hagen Lindsey Anderson Emily Simek	10:40.24	Apr 13	Bison Stampede In
3.	Jordan Knudsvig Joslyn Jackson Miranda Retzlaff Hannah Shern	10:47.64	Mar 31	Bison Snowbird Me

Shot Put - 4kg

1.	11	Cailey Moton	37' 0 PR	Apr 13	Bison Stampede In
2.	12	Riley Guscette	36' 2 PR	Apr 13	Bison Stampede In
3.	11	Kiara Zepeda	28' 8 PR	Mar 24	NDSU Class A Indo
4.	12	Leah Tykwinski	28' 6	Mar 16	Fargo Metro Meet
5.	9	Lyla Stegman	28' 4 PR	Apr 13	Bison Stampede In
6.	11	Heidi Wiedeman	27' 6 PR	Mar 25	NDSU JV Indoor M
7.	12	Megan Grove	26' 9	Apr 13	Bison Stampede In
8.	12	Makenna Braun	22' 9	Mar 16	Fargo Metro Meet
9.	9	Andie Stewart	18' 6 PR	Mar 25	NDSU JV Indoor M

High Jump

1.	12	Mallory Docktor	4' 8	Mar 16	Fargo Metro Meet
2.	9	Emma Esposito	4' 6 PR	Mar 31	Bison Snowbird Me
3.	10	Zevina Scarbrough	4' 4 PR	Mar 24	NDSU Class A Indo
4.	10	Jaricha Bachmeier	4' 2 PR	Mar 24	NDSU Class A Indo
5.	11	Ella Nelson	4' 0 PR	Mar 16	Fargo Metro Meet

Pole Vault

1.	12	Taylor Tang	10' 0 PR	Mar 24	NDSU Class A Indo
	10	Jolee Dahl	10' 0 PR	Mar 16	Fargo Metro Meet
3.	11	Emery Aasen	8' 6 PR	Mar 24	NDSU Class A Indo
4.	11	Hope Lukes	8' 3 PR	Mar 31	Bison Snowbird Me
5.	10	Alexis Dwyer	7' 3 PR	Apr 13	Bison Stampede In
6.	11	McKayla Walker	6' 6 PR	Mar 16	Fargo Metro Meet
7.	11	Ella Montplaisir	6' 3 PR	Mar 25	NDSU JV Indoor M
8.	11	Marisa Sleath	5' 0 PR	Mar 25	NDSU JV Indoor M
	12	Nina Vi	5' 0 PR	Mar 25	NDSU JV Indoor M

Long Jump

1.	12	Taya Samek	16' 1.75 PR	Mar 24	NDSU Class A Indo
2.	9	Soludo Obi	15' 10 PR	Apr 13	Bison Stampede In
3.	12	Samantha Gustafson	15' 4.25 PR	Mar 24	NDSU Class A Indo
4.	12	Kelsa Steiner	13' 7 PR	Apr 13	Bison Stampede In
5.	11	Meghan Esposito	11' 11.25 PR	Mar 25	NDSU JV Indoor M
6.	9	McKenna Gross	11' 6 PR	Mar 16	Fargo Metro Meet
7.	11	Hailey Metcalfe	4' 7 PR	Mar 25	NDSU JV Indoor M

Triple Jump

1.	9	Soludo Obi	31' 3.5 PR	Apr 13	Bison Stampede In
2.	12	Kelsa Steiner	27' 7 PR	Mar 31	Bison Snowbird Me

Long Jump

1.	12	Payton McGregor	19' 3.5	PR	Mar 24	NDSU Class A Indoor
2.	8	Joaquin Valdez	19' 2.75	PR	Apr 13	Bison Stampede Indoo
3.	9	Lincoln Walker	18' 3	PR	Mar 16	Fargo Metro Meet
4.	10	Desire Masiri	17' 8.75	PR	Apr 13	Bison Stampede Indoo
5.	11	Bradyn Stockert	16' 11.5	PR	Mar 24	NDSU Class A Indoor

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Event Records

Mens

100 Meters

1.	9	Ian Skari	11.01	PR	May 19	East Region Meet
2.	12	Payton McGregor	11.18	PR	May 19	East Region Meet
3.	12	Isaac Nyenabo	11.28	PR	May 19	East Region Meet
4.	10	Lance Williams	11.40	PR	May 19	East Region Meet
5.	11	Ibrahim Bangura	11.58		Apr 27	Fargo Davies Quadı
6.	11	Chase Kjervestad	11.75		May 19	East Region Meet
7.	9	Isaac Blotsky	12.05	PR	May 2	Joan Halland Classi
	9	Cedric Patterson	12.05	PR	May 2	Joan Halland Classi
9.	11	Keyton McGregor	12.06	PR	Apr 18	2023 Eagle Invite
10.	10	Desire Masiri	12.11	PR	May 2	Joan Halland Classi
11.	10	Talan Otheim	12.21	PR	Apr 27	Fargo Davies Quadı
12.	10	Horatio Willie	12.33	PR	Apr 27	Fargo Davies Quadı
13.	9	Lincoln Walker	12.40	PR	Apr 27	Fargo Davies Quadı
14.	10	Nolan Stone	12.43	PR	Apr 27	Fargo Davies Quadı
15.	9	Elijah Morris	12.43	PR	Apr 27	Fargo Davies Quadı
16.	11	Elfried Dissou	12.47	PR	May 13	Fargo South JV Invi
17.	9	Keagan Becherl	12.51	PR	Apr 27	Fargo Davies Quadı
18.	11	Anthony Alonzo	12.51		Apr 27	Fargo Davies Quadı
19.	11	Alex Jelinek	12.53	PR	Apr 27	Fargo Davies Quadı
20.	10	Michael Shell	12.61		Apr 27	Fargo Davies Quadı
21.	9	Matt Schatzke	12.67	PR	Apr 27	Fargo Davies Quadı
22.	10	Andrew Karr	12.93	PR	May 13	Fargo South JV Invi
23.	11	Heath Eder	13.01	PR	Apr 27	Fargo Davies Quadı
24.	11	Ahmed Falir	13.22	PR	Apr 27	Fargo Davies Quadı
25.	10	Ian Ayengo	13.35	PR	May 13	Fargo South JV Invi
26.	10	Sam Olson	13.55		Apr 27	Fargo Davies Quadı
27.	10	Dylan Vezner	13.61		Apr 27	Fargo Davies Quadı
28.	10	Kenan Burekovic	13.75	PR	Apr 27	Fargo Davies Quadı
29.	9	Nathanael Murphy	13.75	PR	Apr 27	Fargo Davies Quadı
30.	9	Payton Schaan	13.77	PR	Apr 27	Fargo Davies Quadı

200 Meters

1.	9 *	Ian Skari	22.82 (1.8)	PR	May 27	NDHSAA State A Tr
2.	10	Lance Williams	23.37	PR	May 5	Packer Relays
3.	9	Isaac Blotsky	23.83	PR	May 19	East Region Meet
4.	12	Isaac Nyenabo	24.09	PR	May 12	Gelaine Orvik True
5.	9	Cedric Patterson	24.18	PR	May 2	Joan Halland Classi
6.	11	Chase Kjervestad	24.38	PR	May 19	East Region Meet
7.	11	Ibrahim Bangura	24.60		Apr 27	Fargo Davies Quadı
8.	10	Horatio Willie	24.99	PR	Apr 27	Fargo Davies Quadı
9.	10	Talan Otheim	25.16	PR	Apr 27	Fargo Davies Quadı
10.	10	Nolan Stone	25.24	PR	Apr 27	Fargo Davies Quadı
11.	11	Elfried Dissou	25.33	PR	Apr 27	Fargo Davies Quadı
12.	11	Alex Jelinek	25.35	PR	Apr 27	Fargo Davies Quadı
13.	11	Anthony Alonzo	25.43		Apr 27	Fargo Davies Quadı
14.	9	Keagan Becherl	25.49	PR	Apr 27	Fargo Davies Quadı
15.	10	Michael Shell	25.63	PR	Apr 27	Fargo Davies Quadı

Womens

100 Meters

1.	9	Michelle Gee	12.15	PR	May 5	Packer Relays
2.	10	Ella Heilman	13.00	PR	May 19	East Region Mee
3.	10	Ejatu Bah	13.34	PR	May 19	East Region Mee
4.	10	Zevina Scarbrough	13.34	PR	May 5	Packer Relays
5.	9	Lyla Stegman	13.72	PR	May 5	Packer Relays
6.	12	Taya Samek	13.75		Apr 27	Fargo Davies Qu
7.	11	Emery Aasen	14.25		Apr 27	Fargo Davies Qu
8.	9	Katelyn Lowenberg	14.37	PR	Apr 27	Fargo Davies Qu
9.	10	Rylee Larsen	14.50		Apr 24	OJ & Dee Jenser
10.	12	Mia Henderson	14.64	PR	Apr 27	Fargo Davies Qu
11.	9	Grace Crandall	15.00	PR	Apr 27	Fargo Davies Qu
12.	9	Jersey Schuster	15.01	PR	May 13	Fargo South JV I
13.	9	Brooklyn Kleingartner	15.07	PR	May 13	Fargo South JV I
14.	12	Reagan Black	15.10		Apr 27	Fargo Davies Qu
15.	9	Emily Ray	16.02	PR	Apr 27	Fargo Davies Qu
16.	10	Lauren Sanders	16.08	PR	May 2	Joan Halland Cla
17.	9	Brenna Gaulrapp	16.42	PR	Apr 27	Fargo Davies Qu
18.	11	Hailey Metcalfe	17.18	PR	Apr 27	Fargo Davies Qu

200 Meters

1.	9 *	Michelle Gee	25.00 (3.3)	PR	May 27	NDHSAA State A
2.	10	Ella Heilman	26.95	PR	May 19	East Region Mee
3.	10	Zevina Scarbrough	28.25		May 8	Fargo Rotary
4.	11	Ella Nelson	28.33	PR	May 19	East Region Mee
5.	12	Taya Samek	28.75		May 5	Packer Relays
6.	9	Soludo Obi	29.06	PR	Apr 18	2023 Eagle Invite
7.	9	Lyla Stegman	29.16	PR	May 8	Fargo Rotary
8.	10	Ejatu Bah	29.16	PR	May 5	Packer Relays
9.	8	Lily Wavrin	29.79	PR	Apr 18	2023 Eagle Invite
10.	9	Brooke Finn	29.88	PR	Apr 27	Fargo Davies Qu
11.	9	Katelyn Lowenberg	30.37	PR	May 2	Joan Halland Cla
12.	9	Grace Crandall	31.08	PR	Apr 27	Fargo Davies Qu
13.	9	Brooklyn Kleingartner	31.12	PR	May 13	Fargo South JV I
14.	12	Mia Henderson	31.18	PR	Apr 27	Fargo Davies Qu
15.	12	Chloe Pfau	31.32	PR	May 15	Wahpeton Last C
16.	9	Jersey Schuster	31.43	PR	Apr 27	Fargo Davies Qu
17.	12	Reagan Black	32.59	PR	Apr 27	Fargo Davies Qu
18.	9	Emily Ray	33.74	PR	Apr 27	Fargo Davies Qu
19.	9	Harnoor Johal	33.96	PR	Apr 27	Fargo Davies Qu
20.	10	Lauren Sanders	34.46	PR	May 2	Joan Halland Cla
21.	9	Brenna Gaulrapp	36.71	PR	Apr 27	Fargo Davies Qu

400 Meters

1.	9	Michelle Gee	58.13	PR	May 19	East Region Mee
2.	8	Lily Wavrin	1:04.83	PR	May 5	Packer Relays
3.	10	Ejatu Bah	1:05.49	PR	May 5	Packer Relays
4.	11	Ella Nelson	1:05.71	PR	May 15	Wahpeton Last C

16.	9	Elijah Morris	25.65	PR	Apr 27	Fargo Davies Quadı
17.	11	Heath Eder	25.84	PR	Apr 27	Fargo Davies Quadı
18.	10	Andrew Karr	25.97	PR	Apr 27	Fargo Davies Quadı
19.	11	Ahmed Falir	27.01	PR	May 13	Fargo South JV Invi
20.	9	Austin Saari	27.18	PR	May 2	Joan Halland Classi
21.	10	Ian Ayengo	27.61	PR	May 13	Fargo South JV Invi
22.	10	Sam Olson	27.73		Apr 27	Fargo Davies Quadı
23.	10	Dylan Vezner	28.46		May 13	Fargo South JV Invi
24.	9	Nathanael Murphy	28.75	PR	May 13	Fargo South JV Invi
25.	9	Payton Schaan	28.75	PR	Apr 27	Fargo Davies Quadı

400 Meters

1.	12	Hayden Pritchard	52.39	PR	May 19	East Region Meet
2.	9	Haakon Seymour	54.07	PR	May 19	East Region Meet
3.	10	Andrew Knudsvig	54.73	PR	May 15	Wahpeton Last Cha
4.	9	Isaac Blotsky	55.01	PR	May 5	Packer Relays
5.	9	Cedric Patterson	55.93	PR	Apr 24	OJ & Dee Jensen Ki
6.	10	Gavan Norton	57.04	PR	Apr 27	Fargo Davies Quadı
7.	11	Alex Jelinek	57.77	PR	May 19	East Region Meet
8.	11	Ahmed Falir	59.95	PR	May 5	Packer Relays
9.	9	Jake Stegman	1:00.19	PR	May 13	Fargo South JV Invi
10.	10	Jonah Svenby	1:00.89	PR	Apr 27	Fargo Davies Quadı
11.	11	Heath Eder	1:01.61	PR	May 2	Joan Halland Classi
12.	11	Anthony Alonzo	1:02.59	PR	May 2	Joan Halland Classi
13.	11	Elfried Dissou	1:03.09	PR	May 2	Joan Halland Classi
14.	9	Payton Schaan	1:06.55	PR	Apr 18	2023 Eagle Invite
15.	9	Nathanael Murphy	1:09.03	PR	Apr 18	2023 Eagle Invite

800 Meters

1.	12	Noah Yahnke	2:01.07	PR	May 19	East Region Meet
2.	11	Brady Wohl	2:08.32	PR	May 12	Gelaine Orvik True ˙
3.	10	Isaac Amundson	2:09.79	PR	May 8	Fargo Rotary
4.	9	Haakon Seymour	2:11.55	PR	May 15	Wahpeton Last Cha
5.	10	Gavan Norton	2:15.55		May 5	Packer Relays
6.	12	Hayden Pritchard	2:16.43		May 12	Gelaine Orvik True ˙
7.	10	Jonah Svenby	2:17.80	PR	May 19	East Region Meet
8.	9	Ben Davies	2:20.13	PR	May 15	Wahpeton Last Cha
9.	9	Jake Stegman	2:22.19	PR	May 8	Fargo Rotary
10.	11	Caden Willows	2:23.09		May 15	Wahpeton Last Cha
11.	11	Bradyn Stockert	2:23.51	PR	Apr 27	Fargo Davies Quadı
12.	12	James Selberg	2:24.69		May 5	Packer Relays
13.	12	Bailey Hunt	2:28.21	PR	May 19	East Region Meet
14.	10	Ethan Radebaugh	2:29.15	PR	Apr 18	2023 Eagle Invite
15.	9	Rory Senger	2:33.63	PR	May 13	Fargo South JV Invi
16.	10	Cooper Warren	2:41.03	PR	May 13	Fargo South JV Invi
17.	9	Ethan Rudolph	2:52.85	PR	May 8	Fargo Rotary

1600 Meters

1.	10	Isaac Amundson	4:38.29	PR	May 15	Wahpeton Last Cha
2.	11	Brady Wohl	4:39.88	PR	May 15	Wahpeton Last Cha
3.	12	Noah Yahnke	4:52.36		Apr 24	OJ & Dee Jensen Ki
4.	9	Haakon Seymour	4:53.46	PR	May 12	Gelaine Orvik True ˙
5.	11	Caden Willows	5:01.01	PR	May 19	East Region Meet
6.	12	James Selberg	5:01.76	PR	May 19	East Region Meet
7.	9	Ben Davies	5:06.67	PR	Apr 24	OJ & Dee Jensen Ki
8.	10	Andrew Knudsvig	5:14.86	PR	Apr 24	OJ & Dee Jensen Ki
9.	10	Gavan Norton	5:17.97		May 15	Wahpeton Last Cha
10.	12	Bailey Hunt	5:27.61	PR	May 8	Fargo Rotary
11.	9	Jake Stegman	5:35.77	PR	Apr 18	2023 Eagle Invite
5.	10	Sadie Wavrin	1:05.78		Apr 24	OJ & Dee Jenser
6.	12	Chloe Pfau	1:06.84	PR	May 15	Wahpeton Last C
7.	10	Emily Simek	1:11.47		May 8	Fargo Rotary
8.	9	Andrea Wetterlin	1:11.86	PR	May 12	Gelaine Orvik Tru
9.	10	Rylee Larsen	1:15.90	PR	Apr 27	Fargo Davies Qu
10.	9	Harnoor Johal	1:21.29	PR	May 8	Fargo Rotary
11.	11	Hailey Metcalfe	1:26.95	PR	May 2	Joan Halland Cla

800 Meters

1.	12 *	Jordan Knudsvig	2:18.23	PR	May 27	NDHSAA State A
2.	9	Kiaya Hagen	2:35.58	PR	May 19	East Region Mee
3.	12	Lindsey Anderson	2:36.33	PR	May 15	Wahpeton Last C
4.	12	Joslyn Jackson	2:38.60	PR	May 15	Wahpeton Last C
5.	9	Andrea Wetterlin	2:39.38	PR	May 15	Wahpeton Last C
6.	12	Chloe Pfau	2:41.20	PR	May 12	Gelaine Orvik Tru
7.	10	Averi Johnson	2:41.32	PR	May 15	Wahpeton Last C
8.	10	Alexis Lindgren	2:44.22	PR	Apr 24	OJ & Dee Jenser
9.	10	Miranda Retzlaff	2:45.20		Apr 18	2023 Eagle Invite
10.	10	Taylor Christians	2:49.88	PR	May 5	Packer Relays
11.	10	Olivia Klaman	2:50.98		May 5	Packer Relays
12.	11	McKayla Walker	2:53.55	PR	May 2	Joan Halland Cla
13.	10	Emily Simek	2:55.03	PR	May 2	Joan Halland Cla

1600 Meters

1.	12	Jordan Knudsvig	5:16.98	PR	May 19	East Region Mee
2.	10	Alexis Lindgren	5:46.28	PR	May 15	Wahpeton Last C
3.	10	Miranda Retzlaff	5:49.20	PR	May 19	East Region Mee
4.	10	Averi Johnson	5:49.66	PR	May 19	East Region Mee
5.	9	Kiaya Hagen	5:52.14	PR	Apr 24	OJ & Dee Jenser
6.	12	Lindsey Anderson	6:02.04		May 8	Fargo Rotary
7.	12	Joslyn Jackson	6:02.74		Apr 18	2023 Eagle Invite
8.	9	Andrea Wetterlin	6:10.69	PR	Apr 24	OJ & Dee Jenser
9.	10	Taylor Christians	6:18.55	PR	May 19	East Region Mee
10.	10	Olivia Klaman	6:23.85		May 19	East Region Mee

3200 Meters

1.	12 *	Jordan Knudsvig	11:39.02	PR	May 27	NDHSAA State A
2.	10	Alexis Lindgren	12:13.59	PR	May 19	East Region Mee
3.	10	Miranda Retzlaff	12:47.82	PR	May 19	East Region Mee
4.	12	Joslyn Jackson	12:53.90		Apr 24	OJ & Dee Jenser
5.	10	Olivia Klaman	14:41.66		May 12	Gelaine Orvik Tru

100m Hurdles - 33"

1.	12 *	Samantha Gustafson	15.00 (4.1)	PR	May 27	NDHSAA State A
2.	11	Kadi Sacko	17.31	PR	May 19	East Region Mee
3.	9	Brooke Finn	17.95	PR	May 5	Packer Relays
4.	9	Emma Esposito	18.94	PR	Apr 27	Fargo Davies Qu
5.	9	Soludo Obi	19.06	PR	Apr 18	2023 Eagle Invite
6.	9	McKenna Gross	19.43	PR	Apr 18	2023 Eagle Invite
7.	10	Lyla Fiechtner	20.16	PR	Apr 18	2023 Eagle Invite
8.	11	Marisa Sleath	20.92	PR	Apr 27	Fargo Davies Qu
9.	9	Delaney Augdahl	21.47	PR	Apr 27	Fargo Davies Qu
10.	9	Katelyn Lowenberg	24.00	PR	Apr 24	OJ & Dee Jenser

300m Hurdles - 30"

1.	12	Samantha Gustafson	48.39		May 5	Packer Relays
2.	11	Kadi Sacko	53.60	PR	May 19	East Region Mee
3.	10	Rylee Larsen	54.68	PR	May 19	East Region Mee
4.	9	Brooke Finn	54.68	PR	May 5	Packer Relays

12.	10	Cooper Warren	5:42.44 PR	May 13	Fargo South JV Invi
13.	10	Ethan Radebaugh	5:52.06	Apr 27	Fargo Davies Quadı
14.	9	Ethan Rudolph	6:16.93 PR	May 2	Joan Halland Classi

3200 Meters

1.	10	Isaac Amundson	10:47.33	Apr 24	OJ & Dee Jensen Ki
2.	11	Brady Wohl	11:14.77 PR	May 5	Packer Relays
3.	11	Caden Willows	11:24.30 PR	May 19	East Region Meet
4.	9	Ben Davies	11:28.16 PR	May 19	East Region Meet

110m Hurdles - 39"

1.	10	Jack Guscette	16.28 PR	May 15	Wahpeton Last Cha
2.	8	Joaquin Valdez	16.30 PR	May 19	East Region Meet
3.	10	Desire Masiri	16.44 PR	May 15	Wahpeton Last Cha
4.	9	Elijah Morris	16.58 PR	May 19	East Region Meet
5.	11	Keyton McGregor	16.62 PR	May 19	East Region Meet
6.	9	Rory Senger	20.03 PR	May 2	Joan Halland Classi
7.	9	Zander Senger	20.37 PR	May 2	Joan Halland Classi

300m Hurdles - 36"

1.	10	Jack Guscette	41.40 PR	May 5	Packer Relays
2.	10	Desire Masiri	42.55 PR	May 15	Wahpeton Last Cha
3.	8	Joaquin Valdez	43.20 PR	May 5	Packer Relays
4.	9	Elijah Morris	46.35 PR	May 5	Packer Relays
5.	11	Bradyn Stockert	47.05 PR	Apr 24	OJ & Dee Jensen Ki
6.	9	Zander Senger	48.83 PR	May 13	Fargo South JV Invi
7.	9	Rory Senger	48.88 PR	May 19	East Region Meet

4x100 Relay

1.		Lance Williams Ian Skari Chase Kjervestad Ibrahim Bangura	44.12	May 5	Packer Relays
2.		Lance Williams Ian Skari Chase Kjervestad Isaac Nyenabo	44.45	May 12	Gelaine Orvik True
3.	*	Isaac Nyenabo Ian Skari Chase Kjervestad Payton McGregor	44.69	May 27	NDHSAA State A Tr
4.		Lance Williams Ian Skari Chase Kjervestad Payton McGregor	44.74	May 19	East Region Meet
5.		Lance Williams Ian Skari Jack Guscette Chase Kjervestad	45.83	Apr 24	OJ & Dee Jensen Ki
6.		Ian Skari Lance Williams Jack Guscette Keyton McGregor	46.12	Apr 18	2023 Eagle Invite
7.		Isaac Blotsky Cedric Patterson Lincoln Walker Desire Masiri	47.28	May 8	Fargo Rotary

5.	10	Emily Simek	56.31 PR	May 5	Packer Relays
6.	9	Soludo Obi	56.54 PR	Apr 27	Fargo Davies Qu
7.	9	Katelyn Lowenberg	56.60 PR	May 13	Fargo South JV I
8.	9	McKenna Gross	56.76 PR	May 8	Fargo Rotary
9.	10	Lyla Fiechtner	57.18 PR	Apr 27	Fargo Davies Qu
10.	10	Ariana Gardner	57.25	Apr 27	Fargo Davies Qu
11.	11	Lucia Atendaye	1:04.25 PR	Apr 27	Fargo Davies Qu
12.	9	Harnoor Johal	1:06.94 PR	May 8	Fargo Rotary

4x100 Relay

1.		Ella Heilman Zevina Scarbrough Samantha Gustafson Michelle Gee	50.21	May 19	East Region Mee
2.		Taya Samek Ella Heilman Zevina Scarbrough Michelle Gee	50.24	May 5	Packer Relays
3.		Ella Heilman Samantha Gustafson Taya Samek Michelle Gee	50.93	May 12	Gelaine Orvik Tru
4.		Taya Samek Ella Heilman Samantha Gustafson Michelle Gee	50.94	May 8	Fargo Rotary
5.	*	Ella Heilman Zevina Scarbrough Taya Samek Samantha Gustafson	51.45	May 27	NDHSAA State A
6.		Brooke Finn Lyla Stegman Meghan Esposito Ejatu Bah	55.42	Apr 18	2023 Eagle Invite
7.		Mia Henderson Emery Aasen Meghan Esposito Ejatu Bah	56.59	Apr 27	Fargo Davies Qu
8.		Ella Nelson Kelsa Steiner Meghan Esposito Ejatu Bah	57.37	May 2	Joan Halland Cla
9.		Emily Ray Lauren Sanders Reagan Black Grace Crandall	58.02	May 13	Fargo South JV I
10.	9	Emma Esposito McKenna Gross Katelyn Lowenberg Delaney Augdahl	1:02.71	May 13	Fargo South JV I

4x100 Throwers Relay - Throwers

1.		Brylie Peterson Riley Guscette Ellee McIntosh Kiara Zepeda	59.33	May 5	Packer Relays

8.	Isaac Blotsky Cedric Patterson Michael Shell Desire Masiri	47.64	May 2	Joan Halland Classi
9.	Isaac Blotsky Cedric Patterson Michael Shell Talan Otheim	47.68	Apr 18	2023 Eagle Invite
10.	Lincoln Walker Isaac Blotsky Michael Shell Elijah Morris	48.58	May 13	Fargo South JV Invi
11.	Lincoln Walker Nolan Stone Keagan Becherl Elijah Morris	49.17	May 2	Joan Halland Classi

4x100 Throwers Relay - Throwers

1.	Lucas Grove Jack Stewart Alex Wetterlin Greg Dimmer	52.49	May 5	Packer Relays
2.	Lance Iverson Shawn Hartsoch Trystin Gabbert Carter Parsons	55.07	May 2	Joan Halland Classi

4x200 Relay -

1.	Cedric Patterson Lance Williams Jack Guscette Ian Skari	1:32.54	May 8	Fargo Rotary
2. - *	Ian Skari Payton McGregor Lance Williams Isaac Nyenabo	1:33.67	May 27	NDHSAA State A Tr
3.	Cedric Patterson Lance Williams Ibrahim Bangura Ian Skari	1:34.40	May 5	Packer Relays
4.	Isaac Blotsky Jack Guscette Chase Kjervestad Isaac Nyenabo	1:34.59	May 19	East Region Meet
5.	Ian Skari Lance Williams Chase Kjervestad Keyton McGregor	1:35.60	Apr 18	2023 Eagle Invite
6.	Keyton McGregor Isaac Blotsky Alex Jelinek Chase Kjervestad	1:37.53	May 12	Gelaine Orvik True
7.	Isaac Blotsky Cedric Patterson Michael Shell Talan Otheim	1:38.86	Apr 18	2023 Eagle Invite
2.	Ellee McIntosh Heidi Wiedeman Megan Grove Andie Stewart	1:05.99	May 2	Joan Halland Cla

4x200 Relay -

1.	Taya Samek Zevina Scarbrough Samantha Gustafson Michelle Gee	1:47.23	May 5	Packer Relays
2.	Taya Samek Ella Heilman Zevina Scarbrough Michelle Gee	1:48.16	Apr 24	OJ & Dee Jenser
3.	Ella Heilman Zevina Scarbrough Samantha Gustafson Michelle Gee	1:48.32	May 8	Fargo Rotary
4. *	Ella Heilman Zevina Scarbrough Taya Samek Samantha Gustafson	1:49.47	May 27	NDHSAA State A
5.	Ella Heilman Zevina Scarbrough Samantha Gustafson Ejatu Bah	1:49.89	May 12	Gelaine Orvik Tru
6.	Ella Heilman Taya Samek Zevina Scarbrough Ella Nelson	1:52.38	May 19	East Region Mee
7.	Soludo Obi Zevina Scarbrough Ella Heilman Ejatu Bah	1:56.00	Apr 27	Fargo Davies Qu
8.	Ella Nelson Lyla Stegman Jersey Schuster Ejatu Bah	1:58.74	Apr 18	2023 Eagle Invite
9.	Ella Nelson Kelsa Steiner Meghan Esposito Ejatu Bah	2:00.60	May 2	Joan Halland Cla
10.	Rylee Larsen Lily Wavrin Emily Simek Chloe Pfau	2:02.80	Apr 27	Fargo Davies Qu
11.	Emily Ray Lauren Sanders Jersey Schuster Grace Crandall	2:11.75	May 13	Fargo South JV I

4x400 Relay

1.	Ejatu Bah Michelle Gee Lily Wavrin Jordan Knudsvig	4:11.16	May 12	Gelaine Orvik Tru

8.	Ibrahim Bangura Lance Williams Chase Kjervestad Ian Skari	1:38.88	Apr 27	Fargo Davies Quadı
9.	Isaac Blotsky Cedric Patterson Michael Shell Desire Masiri	1:39.18	May 2	Joan Halland Classi
10.	Lincoln Walker Isaac Blotsky Michael Shell Elijah Morris	1:41.96	May 13	Fargo South JV Invi
11.	Lincoln Walker Nolan Stone Keagan Becherl Elijah Morris	1:43.10	May 2	Joan Halland Classi

4x400 Relay

1.	Ian Skari Hayden Pritchard Lance Williams Jack Guscette	3:34.30	May 19	East Region Meet
2.	Hayden Pritchard Cedric Patterson Chase Kjervestad Andrew Knudsvig	3:42.90	May 5	Packer Relays
3.	Gavan Norton Haakon Seymour Hayden Pritchard Andrew Knudsvig	3:42.96	May 8	Fargo Rotary
4.	Hayden Pritchard Andrew Knudsvig Noah Yahnke Haakon Seymour	3:44.55	May 15	Wahpeton Last Cha
5.	Elfried Dissou Anthony Alonzo Heath Eder Matt Schatzke	4:02.99	May 2	Joan Halland Classi
6.	Hayden Pritchard Andrew Knudsvig Noah Yahnke Chase Kjervestad	4:03.32	Apr 27	Fargo Davies Quadı
7.	Elfried Dissou Heath Eder Andrew Karr Ahmed Falir	4:06.43	May 13	Fargo South JV Invi
8.	Anthony Alonzo Elfried Dissou Heath Eder Andrew Karr	4:06.87	Apr 18	2023 Eagle Invite
9.	Keagan Becherl Dylan Vezner Kenan Burekovic Sam Olson	4:11.80	Apr 18	2023 Eagle Invite
10.	Alex Jelinek Ahmed Falir Jonah Svenby Keagan Becherl	4:12.53	Apr 27	Fargo Davies Quadı

2.	* Taya Samek Ella Heilman Lily Wavrin Jordan Knudsvig	4:17.31	May 27	NDHSAA State A
3.	Ella Heilman Chloe Pfau Lily Wavrin Sadie Wavrin	4:17.35	May 5	Packer Relays
4.	Taya Samek Ejatu Bah Chloe Pfau Jordan Knudsvig	4:24.15	May 8	Fargo Rotary
5.	Taya Samek Lily Wavrin Ejatu Bah Chloe Pfau	4:24.97	May 19	East Region Mee
6.	Chloe Pfau Jordan Knudsvig Lily Wavrin Sadie Wavrin	4:25.09	Apr 18	2023 Eagle Invite
7.	Chloe Pfau Sadie Wavrin Ella Heilman Ella Nelson	4:29.16	Apr 24	OJ & Dee Jenser
8.	Taya Samek Sadie Wavrin Lily Wavrin Emily Simek	4:38.20	Apr 27	Fargo Davies Qu

4x800 Relay

1.	Lindsey Anderson Jordan Knudsvig Chloe Pfau Sadie Wavrin	10:13.53	May 5	Packer Relays
2.	Kiaya Hagen Jordan Knudsvig Lily Wavrin Lindsey Anderson	10:23.94	May 12	Gelaine Orvik Tru
3.	Chloe Pfau Jordan Knudsvig Kiaya Hagen Sadie Wavrin	10:26.48	Apr 18	2023 Eagle Invite
4.	Kiaya Hagen Chloe Pfau Joslyn Jackson Lindsey Anderson	10:28.86	May 19	East Region Mee
5.	* Kiaya Hagen Lindsey Anderson Chloe Pfau Joslyn Jackson	10:33.38	May 27	NDHSAA State A
6.	Kiaya Hagen Joslyn Jackson Alexis Lindgren Miranda Retzlaff	10:43.33	May 8	Fargo Rotary
7.	Lindsey Anderson Miranda Retzlaff Averi Johnson Taylor Christians	11:05.92	Apr 24	OJ & Dee Jenser

11.	Andrew Karr	4:20.75	May 2	Joan Halland Classi
	Dylan Vezner			
	Nathanael Murphy			
	Payton Schaan			

4x800 Relay

1.	Brady Wohl	8:25.28	May 19	East Region Meet
	Noah Yahnke			
	Isaac Amundson			
	Haakon Seymour			
2.	Noah Yahnke	8:39.76	May 12	Gelaine Orvik True
	Brady Wohl			
	Isaac Amundson			
	Andrew Knudsvig			
3.	Noah Yahnke	8:44.28	May 5	Packer Relays
	Brady Wohl			
	Hayden Pritchard			
	Andrew Knudsvig			
4.	Brady Wohl	9:08.08	Apr 24	OJ & Dee Jensen Ki
	Haakon Seymour			
	Jonah Svenby			
	James Selberg			
5.	James Selberg	9:16.85	May 8	Fargo Rotary
	Caden Willows			
	Ben Davies			
	Jonah Svenby			

Shot Put - 12lb

1.	11	Jack Stewart	40' 5 PR	May 5	Packer Relays
2.	11	Greg Dimmer	39' 10 PR	May 5	Packer Relays
3.	11	Devin Wall	38' 7.5 PR	May 12	Gelaine Orvik True
4.	10	Lucas Grove	38' 1 PR	May 8	Fargo Rotary
5.	10	Carter Parsons	37' 8 PR	May 5	Packer Relays
6.	9	Keagan Becherl	35' 8.5 PR	May 2	Joan Halland Classi
7.	10	Sam Olson	34' 9 PR	May 13	Fargo South JV Invi
8.	12	Lance Iverson	33' 4 PR	Apr 18	2023 Eagle Invite
9.	11	Shawn Hartsoch	32' 10.5 PR	May 2	Joan Halland Classi
10.	11	Trystin Gabbert	30' 3 PR	May 2	Joan Halland Classi
11.	10	David Cox	28' 9 PR	Apr 18	2023 Eagle Invite
12.	9	Nathanael Murphy	24' 6 PR	May 13	Fargo South JV Invi

Discus - 1.6kg

1.	11	Jack Stewart	128' 9 PR	May 12	Gelaine Orvik True
2.	11	Greg Dimmer	124' 1 PR	Apr 27	Fargo Davies Quadı
3.	10	Alex Wetterlin	121' 4 PR	May 19	East Region Meet
4.	10	Lucas Grove	115' 8 PR	May 19	East Region Meet
5.	12	Lance Iverson	100' 1 PR	May 2	Joan Halland Classi
6.	9	Keagan Becherl	97' 9 PR	May 2	Joan Halland Classi
7.	11	Shawn Hartsoch	92' 6 PR	May 13	Fargo South JV Invi
8.	10	David Cox	89' 3 PR	May 2	Joan Halland Classi
9.	11	Trystin Gabbert	79' 7 PR	Apr 18	2023 Eagle Invite
10.	10	Sam Olson	79' 6 PR	Apr 27	Fargo Davies Quadı
11.	10	Carter Parsons	78' 5 PR	May 2	Joan Halland Classi
12.	10	Zachary Waldera	64' 0 PR	Apr 27	Fargo Davies Quadı

Javelin - 800g

1.	10	Alex Wetterlin	133' 8 PR	May 12	Gelaine Orvik True
2.	10	Sam Olson	133' 0 PR	May 12	Gelaine Orvik True
3.	10	Jack Guscette	127' 3 PR	Apr 24	OJ & Dee Jensen Ki

Shot Put - 4kg

1.	11	Cailey Moton	39' 9 PR	Apr 18	2023 Eagle Invite
2.	12	Riley Guscette	39' 1.5 PR	May 19	East Region Mee
3.	9	Lyla Stegman	31' 1 PR	May 19	East Region Mee
4.	11	Heidi Wiedeman	31' 0 PR	May 8	Fargo Rotary
5.	11	Kiara Zepeda	30' 11 PR	May 5	Packer Relays
6.	12	Megan Grove	28' 3	Apr 18	2023 Eagle Invite
7.	9	Aryaun Moton	25' 3 PR	Apr 18	2023 Eagle Invite
8.	9	Andie Stewart	23' 1 PR	Apr 27	Fargo Davies Qu
9.	11	Hailey Metcalfe	20' 5.5	Apr 27	Fargo Davies Qu

Discus - 1kg

1.	11 *	Cailey Moton	121' 10 PR	May 27	NDHSAA State A
2.	12	Riley Guscette	107' 1	Apr 27	Fargo Davies Qu
3.	12	Makenna Braun	107' 0 PR	May 19	East Region Mee
4.	11	Kiara Zepeda	100' 8	May 5	Packer Relays
5.	10	Sadie Wavrin	94' 5 PR	Apr 27	Fargo Davies Qu
6.	8	Lily Wavrin	94' 4 PR	Apr 27	Fargo Davies Qu
7.	9	Lyla Stegman	91' 5 PR	May 13	Fargo South JV I
8.	12	Megan Grove	75' 11 PR	May 15	Wahpeton Last C
9.	9	Ellee McIntosh	74' 10 PR	Apr 24	OJ & Dee Jenser
10.	11	Brylie Peterson	73' 2 PR	Apr 27	Fargo Davies Qu
11.	9	Michelle Gee	60' 2 PR	May 2	Joan Halland Cla
12.	9	Delaney Augdahl	55' 5 PR	Apr 27	Fargo Davies Qu
13.	9	Andie Stewart	53' 4 PR	Apr 27	Fargo Davies Qu
14.	9	Aryaun Moton	52' 7 PR	Apr 27	Fargo Davies Qu
15.	11	Hailey Metcalfe	46' 4	Apr 27	Fargo Davies Qu

Javelin - 600g

1.	11	Kiara Zepeda	107' 9 PR	Apr 18	2023 Eagle Invite
2.	9	Lyla Stegman	107' 5 PR	May 19	East Region Mee
3.	9	Ellee McIntosh	105' 7 PR	May 5	Packer Relays
4.	8	Lily Wavrin	84' 3 PR	May 5	Packer Relays
5.	11	Brylie Peterson	81' 6 PR	May 12	Gelaine Orvik Tru
6.	11	Cailey Moton	80' 5	Apr 18	2023 Eagle Invite
7.	10	Sadie Wavrin	79' 10 PR	Apr 27	Fargo Davies Qu
8.	12	Riley Guscette	71' 10	Apr 18	2023 Eagle Invite
9.	9	Delaney Augdahl	65' 5 PR	Apr 27	Fargo Davies Qu
10.	11	Lucia Atendaye	54' 0 PR	Apr 27	Fargo Davies Qu
11.	9	Andie Stewart	42' 0 PR	Apr 27	Fargo Davies Qu

High Jump

1.	9	Emma Esposito	5' 1 PR	May 15	Wahpeton Last C
2.	12	Mallory Docktor	4' 10	Apr 24	OJ & Dee Jenser
3.	12	Jordan Knudsvig	4' 9 PR	May 8	Fargo Rotary
	10	Zevina Scarbrough	4' 9 PR	Apr 18	2023 Eagle Invite
5.	10	Jaricha Bachmeier	4' 5 PR	Apr 18	2023 Eagle Invite
	11	Hope Lukes	4' 5 PR	May 13	Fargo South JV I
7.	10	Lyla Fiechtner	4' 3 PR	May 13	Fargo South JV I

Pole Vault

1.	10	Jolee Dahl	11' 6 PR	May 12	Gelaine Orvik Tru
2.	12 *	Taylor Tang	10' 6 PR	May 27	NDHSAA State A
3.	11	Hope Lukes	9' 3 PR	May 19	East Region Mee
	11	Emery Aasen	9' 3	May 5	Packer Relays
5.	10	Alexis Dwyer	8' 9 PR	May 19	East Region Mee
6.	11	Ella Montplaisir	7' 0 PR	May 2	Joan Halland Cla
7.	11	McKayla Walker	6' 6	May 13	Fargo South JV I
	11	Marisa Sleath	6' 6 PR	May 2	Joan Halland Cla

4.	10	Carter Parsons	111' 2	PR	May 13	Fargo South JV Invi			
5.	10	Zachary Waldera	108' 7	PR	May 5	Packer Relays			
6.	8	Joaquin Valdez	103' 2	PR	Apr 27	Fargo Davies Quadı			
7.	10	Desire Masiri	91' 10	PR	Apr 27	Fargo Davies Quadı			
8.	11	Greg Dimmer	87' 3	PR	Apr 18	2023 Eagle Invite			
9.	11	Jack Stewart	81' 0	PR	Apr 18	2023 Eagle Invite			
10.	12	Lance Iverson	75' 1.5	PR	Apr 18	2023 Eagle Invite			
11.	9	Nathanael Murphy	68' 6	PR	Apr 18	2023 Eagle Invite			
12.	10	Lucas Grove	68' 2	PR	Apr 18	2023 Eagle Invite			

High Jump

1.	8	Joaquin Valdez	5' 8	PR	May 5	Packer Relays
2.	9	Matt Schatzke	5' 2	PR	Apr 18	2023 Eagle Invite
3.	9	Zander Senger	5' 0	PR	Apr 27	Fargo Davies Quadı
	9	Jake Stegman	5' 0	PR	Apr 18	2023 Eagle Invite
5.	9	Haakon Seymour	4' 10	PR	Apr 27	Fargo Davies Quadı
6.	11	Bradyn Stockert	4' 8	PR	May 13	Fargo South JV Invi

Pole Vault

1.	9	Austin Saari	10' 6	PR	May 19	East Region Meet
	11	Bradyn Stockert	10' 6	PR	May 19	East Region Meet
3.	9	Lincoln Walker	10' 0	PR	May 12	Gelaine Orvik True
4.	9	Matt Schatzke	9' 0	PR	May 5	Packer Relays

Long Jump

1.	8	Joaquin Valdez	19' 11.25	PR	May 5	Packer Relays
2.	10	Desire Masiri	19' 1	PR	May 5	Packer Relays
3.	9	Lincoln Walker	18' 10.5	PR	May 5	Packer Relays
4.	11	Bradyn Stockert	18' 6.75	PR	May 5	Packer Relays
5.	10	Dylan Vezner	15' 7	PR	Apr 27	Fargo Davies Quadı
6.	10	Andrew Karr	15' 5	PR	Apr 18	2023 Eagle Invite
7.	9	Payton Schaan	14' 3.75	PR	May 13	Fargo South JV Invi

Triple Jump

1.	11	Bradyn Stockert	37' 7	PR	May 19	East Region Meet
2.	9	Lincoln Walker	37' 6.75	PR	May 19	East Region Meet

9.	12	Nina Vi	6' 0	PR	May 13	Fargo South JV I

Long Jump

1.	9	Michelle Gee	17' 2	PR	May 2	Joan Halland Cla
2.	12	Taya Samek	16' 5.25	PR	May 8	Fargo Rotary
3.	9	Soludo Obi	16' 4	PR	May 15	Wahpeton Last C
4.	12	Kelsa Steiner	14' 4.75		May 19	East Region Mee
5.	11	Meghan Esposito	14' 3	PR	May 8	Fargo Rotary
6.	12	Mia Henderson	13' 1	PR	May 2	Joan Halland Cla
7.	11	Hailey Metcalfe	9' 0	PR	May 2	Joan Halland Cla

Triple Jump

1.	12	Samantha Gustafson	35' 3	PR	May 19	East Region Mee
2.	9	Soludo Obi	34' 7	PR	May 15	Wahpeton Last C
3.	12	Kelsa Steiner	28' 5.5		May 5	Packer Relays

*Recent improvement

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PACKER RELAYS

Packer Relays HS

OFFICIAL May 5, 2023 West Fargo HS

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Mens Results

100 Meters Varsity - Finals

1.	9	Ian Skari	11.13a	SR	West Fargo
2.	11	Peder Haugo	11.17a		Fargo North
3.	10	Aden Nojang	11.42a		Fargo North
4.	12	Isaac Nyenabo	11.45a	PR	West Fargo
5.	12	Kevin Kubat	11.48a	PR	Grand Forks Central
6.	8	Kai Zabel	11.50a		Oak Grove Lutheran
7.	11	Nick Hasbargen	11.50a		Davies
8.	11	Sam Adams-Vandal	11.56a		Fargo North
9.	10	Titus Dolo	11.57a	SR	Davies
10.	10	Lance Williams	11.62a		West Fargo
11.	10	Cole Ohnstad	11.69a		Oak Grove Lutheran
12.	11	Parker Jacobson	11.70a		Valley City
13.	12	Levi Syverson-Ness	11.74a	PR	Fargo North
14.	11	Kaden Christmann	11.76a	PR	Shanley
15.	11	Jaxson Miller	11.86a		West Fargo Sheyenne
16.	11	Chase Kjervestad	11.87a	SR	West Fargo
17.	10	Kalef Yalartai	11.88a	PR	West Fargo Sheyenne
18.	10	Isaiah Lincoln	11.88a	PR	West Fargo Sheyenne
19.	11	Gavin Olson	11.89a	PR	Horace
20.	12	Dylan Hintz	11.94a		Devils Lake
21.	11	Jaden Middleton	11.99a	SR	Fargo South
22.	12	Jacob Berndt	12.04a	PR	Wahpeton
23.	9	Jack Matson	12.05a	PR	Red River
24.	10	Noah Tholkes	12.06a		Central Cass
25.	11	Ibrahim Bangura	12.09a		West Fargo
25.	10	Mike Andrei Villas	12.09a		Red River
27.	9	Noah Brandvold	12.13a	PR	Red River
27.	9	Naz Fisher	12.13a		Grand Forks Central
29.	11	Peyton Lemar	12.13a	PR	Central Cass
30.	10	Jack Bier	12.13a		Oak Grove Lutheran
31.	12	Jaden Chine	12.16a		Red River
32.	12	Jaiten Michels	12.16a		Central Cass
33.	9	Drew Schneider	12.18a	PR	Shanley
34.	12	Cade Lindseth	12.19a	PR	Grand Forks Central
35.	9	Derek Shape	12.21a		Valley City
36.	12	Grayson Geigle	12.22a		Shanley
37.	10	Jaxon Hill	12.22a		Wahpeton
38.	10	Logan Lambl	12.24a		Red River
39.	12	Edison Lunski	12.24a		Grand Forks Central
40.	10	Chad Pollock	12.27a	SR	Shanley
41.	9	Henry Agray	12.28a	PR	Fargo South
42.	9	Yese'ff Aikens	12.36a	PR	Fargo South
43.	10	Griffin Olson	12.37a	PR	Fargo South
44.	8	Hunter Domier	12.37a		Central Cass
45.	9	Bryar Exner	12.41a	PR	Devils Lake
46.	12	Wyatt Friestad	12.43a		Valley City
47.	11	Carter Borg	12.49a	PR	Valley City
48.	10	Jeremy Hestbeck	12.52a	PR	Horace
49.	10	Blake Johnson	12.57a	PR	Horace
50.	9	Colton Cruchet	12.63a		Central Cass
51.	10	Charlie Metzger	12.67a		Davies
52.	10	Gavin Wolf	12.72a	PR	Devils Lake
53.	10	Royce Franklin	12.77a		Grand Forks Central
54.	9	Caber Bryce Volk	12.80a	PR	Devils Lake
55.	12	Hayden Botz	12.88a	PR	Valley City
56.	12	Andrew Green	12.96a	SR	Oak Grove Lutheran

Womens Results

100 Meters Varsity - Finals

1.	9	Michelle Gee	12.15a	PR	West Fargo
2.	9	Kia Ray	12.46a	PR	West Fargo Sheyenne
3.	11	Ella Olson	12.54a	SR	Oak Grove Lutheran
4.	9	Grace Lemar	13.02a		Central Cass
5.	11	Ashton Safranski	13.03a	PR	Davies
6.	9	Aubrey Lindteigen	13.10a		Oak Grove Lutheran
7.	10	Ellery White	13.17a	SR	Red River
8.	9	Rebecca Witherspoon	13.23a		West Fargo Sheyenne
9.	10	Ella Heilman	13.29a	SR	West Fargo
10.	12	Michaela Nesius	13.31a		Davies
11.	10	Mika Wadeson	13.32a		West Fargo Sheyenne
12.	10	Zevina Scarbrough	13.34a	PR	West Fargo
13.	11	Ava Graf	13.52a	PR	Davies
14.	11	Taylor Christenson	13.58a	PR	Oak Grove Lutheran
15.	12	Annika McCarthy	13.60a		Devils Lake
16.	10	Brittyn Olson	13.67a	PR	West Fargo Sheyenne
17.	9	Karah Ladner	13.67a		Davies
18.	9	Lyla Stegman	13.72a	PR	West Fargo
19.	8	Layni Bakalar	13.75a	PR	Valley City
20.	9	Izzy Thompson	13.82a		Central Cass
21.	11	Ella Collins	13.83a		Davies
22.	10	Ejatu Bah	13.83a	PR	West Fargo
23.	12	Noura Elhamadany	13.85a	PR	Red River
24.	9	Laityn Didier	13.94a	PR	Valley City
25.	10	Ella Stimpson	14.10a	SR	Shanley
26.	9	Mylie Nygaard	14.15a	PR	Horace
27.	11	Jadyn Chakua	14.20a	PR	Fargo North
28.	9	Allison Binek	14.20a	PR	Shanley
29.	12	Sierra Heyd	14.22a	SR	Grand Forks Central
30.	12	Emily Meidinger	14.26a		Oak Grove Lutheran
31.	9	Ashlyn Wohlers	14.30a	PR	Wahpeton
32.	9	Chesney Thomsen	14.32a		Valley City
33.	10	Lataya Lunneborg	14.33a	SR	Wahpeton
34.	9	Mallie McCloud	14.42a	PR	Devils Lake
35.	9	Ambrea Meyer	14.58a		Grand Forks Central
36.	9	Madeline Look	14.66a		Red River
37.	11	Posseh Kargbo	14.67a	PR	Fargo North
38.	11	Hadley Thoreson	14.72a		Valley City
39.	11	Caroline Toetdal	14.73a	PR	Fargo North
40.	11	Anya Warne	14.76a		Wahpeton
41.	7	Addison Swanson	14.78a		Red River
42.	9	Elizabeth Voss	14.81a	PR	Shanley
43.	12	Delaney Johnson	14.83a	PR	Fargo North
44.	9	Myah Anderson	14.96a	PR	Wahpeton
45.	10	Naiya Pickett	14.96a	PR	Horace
46.	9	Elizabeth Orness	14.97a	PR	Devils Lake
47.	9	Mina Bjerke	15.00a		Red River
48.	9	Ava Schaff	15.11a	PR	Horace
49.	10	Maci Miller	15.14a	SR	Wahpeton
50.	9	Presley Brown	15.20a	PR	Devils Lake
51.	9	Ella Peters	15.22a	PR	Grand Forks Central
52.	11	Vivian Wilson	15.32a		Fargo North
53.	10	Ellie Ahlfeldt	15.74a	PR	Oak Grove Lutheran
54.	9	Maria Riojas	15.86a		Devils Lake
55.	12	Cierra Pabst	17.30a		Valley City

57.	9	Yohanc'e Aikens	13.01a PR	Fargo South
58.	10	Braxton Rance	13.68a PR	Devils Lake

200 Meters Varsity - Finals

1.	10	Aden Nojang	22.88a PR	Fargo North
2.	11	Sam Adams-Vandal	23.08a PR	Fargo North
3.	11	Peder Haugo	23.09a PR	Fargo North
4.	10	Lance Williams	23.37a PR	West Fargo
5.	12	Rylee Bakkegard	23.40a PR	Oak Grove Lutheran
6.	9	Ian Skari	23.46a	West Fargo
7.	12	Jaden Chine	23.61a PR	Red River
8.	11	Peyton Lemar	23.63a PR	Central Cass
9.	10	Isaiah Lincoln	23.76a PR	West Fargo Sheyenne
10.	10	Mike Andrei Villas	23.80a PR	Red River
11.	11	Parker Jacobson	23.84a PR	Valley City
12.	9	Jack Matson	23.90a PR	Red River
13.	11	Joe Flaherty	23.91a PR	Shanley
14.	9	Derek Shape	23.94a PR	Valley City
15.	11	Jaxson Miller	23.95a PR	West Fargo Sheyenne
16.	9	Evan Tiongson	23.96a PR	West Fargo Sheyenne
17.	9	Brody Melicher	24.12a PR	Grand Forks Central
18.	11	Nathan Andrews	24.13a PR	Shanley
19.	10	Clay Koenig	24.20a PR	Fargo North
20.	10	Justin Ajeo	24.21a	Shanley
21.	11	Gannon Koltes	24.22a PR	Fargo North
22.	9	Noah Brandvold	24.25a PR	Red River
23.	12	Luke Hollcraft	24.25a	Shanley
24.	9	Amari Taylor	24.38a PR	Fargo South
25.	11	Treyton Hoffert	24.39a PR	Fargo South
26.	10	Titus Dolo	24.40a	Davies
27.	12	Jaiten Michels	24.46a	Central Cass
28.	9	Wilmot Matadi	24.50a PR	Davies
29.	10	Noah Tholkes	24.51a PR	Central Cass
30.	10	Oliver Wirth	24.51a PR	Devils Lake
31.	12	Cade Lindseth	24.52a PR	Grand Forks Central
32.	9	Owen Martin	24.63a PR	Red River
33.	12	Wyatt Friestad	24.66a	Valley City
34.	8	Hunter Domier	24.71a PR	Central Cass
35.	11	Zach Davidson	24.98a PR	Davies
36.	10	Jaxon Hill	25.11a PR	Wahpeton
37.	11	Xavier Burrow	25.12a PR	Horace
38.	9	Cedric Patterson	25.13a	West Fargo
39.	9	Markus Podliska	25.26a PR	Horace
40.	12	Oscar Francis	25.37a PR	Oak Grove Lutheran
41.	12	Edison Lunski	25.37a PR	Grand Forks Central
42.	10	Coleson Stahl	25.39a PR	Central Cass
43.	9	Alexander Lewis	25.51a PR	Horace
44.	9	Bryar Exner	25.62a PR	Devils Lake
45.	10	Griffin Olson	25.65a PR	Fargo South
46.	10	Jake Anderson	25.94a	Valley City
47.	9	Yese'ff Aikens	25.97a PR	Fargo South
48.	10	Gavin Wolf	26.13a PR	Devils Lake
49.	11	Seth Williams	26.34a PR	Horace
50.	9	Caber Bryce Volk	26.56a PR	Devils Lake
51.	9	Yohanc'e Aikens	27.11a PR	Fargo South
52.	10	Braxton Rance	27.64a PR	Devils Lake
53.	9	Lewis Prewitt	27.88a PR	Grand Forks Central
	9	Naz Fisher	DNS	Grand Forks Central

400 Meters Varsity - Finals

1.	12	Vuciri Hakim	51.44a PR	Shanley
2.	12	Rylee Bakkegard	52.00a PR	Oak Grove Lutheran
3.	8	Kai Zabel	52.17a PR	Oak Grove Lutheran
4.	12	Braxton Middaugh	52.54a PR	Fargo North
5.	11	Nathan Andrews	52.75a PR	Shanley
6.	11	James Lien	53.64a PR	Fargo North
7.	10	Cole Ohnstad	54.48a PR	Oak Grove Lutheran
8.	9	Jack Helgeson	54.49a PR	Red River
9.	12	Navy Oss	54.69a PR	Grand Forks Central
10.	9	Haakon Seymour	54.75a PR	West Fargo
11.	11	Peyton Lemar	54.86a PR	Central Cass
12.	9	Isaac Blotsky	55.01a PR	West Fargo
13.	12	Blake Wanner	55.06a PR	Fargo North
14.	10	Justin Ajeo	55.35a PR	Shanley
15.	9	Owen Martin	55.40a PR	Red River
16.	9	Hunter Swanson	55.73a	Davies

200 Meters Varsity - Finals

1.	9	Michelle Gee	25.29a PR	West Fargo
2.	11	Ella Olson	25.91a SR	Oak Grove Lutheran
3.	12	Decontee Smith	26.25a SR	Central Cass
4.	11	Paige Renschler	26.35a SR	Shanley
5.	11	Mesiku Hakim	26.81a SR	Shanley
6.	9	Naomi Nhial	27.29a PR	West Fargo Sheyenne
7.	9	Grace Lemar	27.44a PR	Central Cass
8.	10	Alexis Lovehaug	27.66a	Davies
9.	10	Mika Wadeson	27.68a PR	West Fargo Sheyenne
10.	10	Odura Isaac	27.83a PR	Shanley
11.	9	Aubrey Lindteigen	27.85a	Oak Grove Lutheran
12.	10	Gabby Tangedal	27.88a SR	Devils Lake
13.	9	Noelle Friederichs	28.00a SR	Shanley
14.	10	Ellery White	28.06a SR	Red River
15.	10	Alexandra Roberts	28.12a	Davies
16.	12	Lauren Sturma	28.21a SR	Davies
17.	9	Olivia Schock	28.23a PR	Horace
18.	12	Annika McCarthy	28.41a SR	Devils Lake
19.	10	Sophia Pfeifer	28.55a	Davies
20.	9	Isabella Nygaard	28.56a PR	Horace
21.	9	Rebecca Witherspoon	28.58a PR	West Fargo Sheyenne
22.	11	Ella Nelson	28.66a PR	West Fargo
23.	12	Noura Elhamadany	28.68a PR	Red River
24.	12	Taya Samek	28.75a SR	West Fargo
25.	9	Laityn Didier	28.80a PR	Valley City
26.	12	Sierra Heyd	28.91a SR	Grand Forks Central
27.	8	Paityn Knoke	29.04a PR	Fargo North
28.	11	Isabella Tangedal	29.11a PR	Devils Lake
29.	10	Ejatu Bah	29.16a PR	West Fargo
30.	11	Ella Collins	29.26a	Davies
31.	10	Halle Miller	29.39a PR	Wahpeton
32.	9	Piper Spiekermeier	29.44a PR	Horace
33.	8	Layni Bakalar	29.54a PR	Valley City
34.	9	Allison Binek	29.54a PR	Shanley
35.	8	Camry Yost	29.70a PR	Oak Grove Lutheran
36.	7	Danielle Buroko	29.73a	Red River
37.	11	Jadyn Chakua	29.75a PR	Fargo North
38.	7	Claire Middel	29.92a PR	Oak Grove Lutheran
39.	9	Chesney Thomsen	29.95a	Valley City
40.	9	Katelyn Lowenberg	30.56a	West Fargo
41.	9	Avery Thomas	30.85a PR	Horace
42.	11	Molly Hoffman	30.86a PR	Fargo North
43.	11	Hadley Thoreson	30.90a SR	Valley City
44.	9	Presley Brown	31.11a PR	Devils Lake
45.	11	Caroline Toetdal	31.16a PR	Fargo North
46.	11	Addison Gerdon	31.19a PR	Wahpeton
47.	9	Ella Peters	31.42a PR	Grand Forks Central
48.	9	Myah Anderson	31.81a	Wahpeton
49.	10	Maci Miller	32.33a SR	Wahpeton
50.	9	Ambrea Meyer	32.54a PR	Grand Forks Central
51.	12	Lina Hilkenmeier	32.56a	Central Cass
52.	11	Addie Rugland	33.36a PR	Wahpeton
53.	9	Maria Riojas	33.42a PR	Devils Lake
54.	9	Keely Klimek	34.47a	Fargo North
55.	12	Cierra Pabst	35.35a SR	Valley City

400 Meters Varsity - Finals

1.	11	Mesiku Hakim	59.69a PR	Shanley
2.	11	Avary Fitzpatrick	1:00.01a SR	West Fargo Sheyenne
3.	11	Ashton Safranski	1:01.42a PR	Davies
4.	11	Reagan Berg	1:01.43a PR	Valley City
5.	10	Greta Goven	1:01.54a SR	Valley City
6.	10	Jersey Lang	1:01.71a PR	West Fargo Sheyenne
7.	9	Naomi Nhial	1:02.50a PR	West Fargo Sheyenne
8.	10	Clara Robin	1:02.67a SR	Shanley
9.	11	Taylor Christenson	1:02.98a PR	Oak Grove Lutheran
10.	12	Lauren Sturma	1:04.08a SR	Davies
11.	8	Brynn Braaflat	1:04.21a PR	Davies
12.	7	Brynn Lueck	1:04.25a PR	Valley City
13.	11	Cadence Modin	1:04.33a PR	Davies
14.	9	Grace Lemar	1:04.63a SR	Central Cass
15.	8	Lily Wavrin	1:04.83a PR	West Fargo
16.	12	Leziga Kpeenu	1:04.91a PR	West Fargo Sheyenne
17.	10	Ejatu Bah	1:05.49a PR	West Fargo

17.	10	Prince Tarlue	56.05a		Davies
18.	12	Aidan Massaquoi	56.13a	PR	West Fargo Sheyenne
19.	11	Bjorn Kielty	56.29a	PR	Fargo North
20.	12	Treylan Cope	56.58a	PR	Valley City
21.	10	Europe Campbell	57.24a	PR	Fargo North
22.	9	Isaac Norby	57.26a	PR	Valley City
23.	9	Carter Hockert	57.31a		Wahpeton
24.	9	Bryar Exner	57.33a	PR	Devils Lake
25.	10	Talib Berry	57.34a		Grand Forks Central
26.	11	Fisher Hannesson	57.51a	PR	Shanley
27.	9	Ryland Fischer	57.59a	PR	Davies
28.	11	AJ Carroll	57.74a	PR	Shanley
29.	10	Aidyn Wadlow	58.06a	SR	Red River
30.	12	Bradyn Hendrickson	58.28a		Grand Forks Central
31.	11	Alex Jelinek	58.30a	PR	West Fargo
32.	10	Coleson Stahl	58.71a	PR	Central Cass
33.	12	Andrew Holman	59.84a	PR	Oak Grove Lutheran
34.	11	Ahmed Falir	59.95a	PR	West Fargo
35.	8	Easton Holland	1:00.27a	PR	Central Cass
36.	8	Ayden Thummel	1:00.99a	PR	Central Cass
37.	10	Braxton Rance	1:01.60a	PR	Devils Lake
38.	10	Brayden Dirckx	1:02.04a		Grand Forks Central
39.	10	Landon Storly	1:02.67a		Valley City
40.	8	Hunter Undem	1:02.75a	PR	Valley City
41.	12	Andrew Knuth	1:02.80a		Central Cass
42.	11	Colman Barth	1:03.25a	PR	Wahpeton
43.	9	Mason Carlsrud	1:03.65a		Horace
44.	9	Caber Bryce Volk	1:03.83a	PR	Devils Lake
45.	9	Henry Simmons	1:04.44a	PR	Horace
46.	10	Prasant Moger	1:05.77a	PR	Red River
47.	9	Aydin Anderson	1:06.06a		Grand Forks Central
48.	9	Nathan Cook	1:07.73a	PR	Horace
18.	9	Davin Nesius	1:05.71a		Davies
19.	12	Alison Hoerer	1:06.12a	PR	Wahpeton
20.	9	Allison Binek	1:06.36a	PR	Shanley
21.	11	Ella Nelson	1:06.64a	PR	West Fargo
22.	9	Mia Walters	1:07.16a	PR	Horace
23.	10	Anna Shock	1:07.57a	SR	Devils Lake
24.	9	Brooklyn Herrick	1:07.58a	PR	Horace
25.	10	Bryn Larson	1:07.75a	PR	Red River
26.	10	Olivia Hansen	1:07.98a	PR	Wahpeton
27.	12	Ava Webber	1:08.02a	SR	Oak Grove Lutheran
28.	9	Sophie Geiger	1:08.76a	PR	Oak Grove Lutheran
29.	8	Jordan Christoffers...	1:09.50a	PR	Horace
30.	8	Jocelyn Wettlaufer	1:09.58a	PR	Horace
31.	11	Molly Hoffman	1:10.12a	PR	Fargo North
32.	10	Ella Stimpson	1:11.60a	SR	Shanley
33.	12	Kayla Britsch	1:11.89a	SR	Devils Lake
34.	8	McCall Johnson	1:12.45a		Oak Grove Lutheran
35.	11	Addison Gerdon	1:13.58a	PR	Wahpeton
36.	9	Elizabeth Voss	1:13.65a		Shanley
37.	11	Tennasyn Henry	1:14.02a	SR	Grand Forks Central
38.	11	Sofia Vega	1:14.04a	PR	Fargo North
39.	9	Myah Anderson	1:14.14a	PR	Wahpeton
40.	9	Maria Riojas	1:14.23a	PR	Devils Lake
41.	9	Kaylie Broden	1:14.30a	PR	Central Cass
42.	11	Vivian Wilson	1:14.73a	PR	Fargo North
43.	9	Audrina Miller	1:14.87a	PR	Red River
44.	12	Lina Hilkenmeier	1:15.64a		Central Cass
45.	10	Emerson Byron	1:16.52a		Red River
X.	10	Isabelle Hogness	1:16.55a	PR	Horace
46.	11	Addie Rugland	1:18.31a	PR	Wahpeton
47.	9	Keely Klimek	1:20.00a	PR	Fargo North
48.	10	Katie Uhlir	1:26.63a	PR	Grand Forks Central

800 Meters Varsity - Finals

1.	12	Brady Goss	2:00.24a	PR	Devils Lake
2.	11	Curtis Sande	2:04.48a		Grand Forks Central
3.	11	Isaiah Robles	2:05.51a	SR	West Fargo Sheyenne
4.	12	Omar Aly Ahmed	2:07.28a		Fargo South
5.	11	Adam Brachman	2:08.74a	PR	Davies
6.	11	Oscar Barbot	2:09.62a	PR	Fargo South
7.	9	Colton Reinke	2:09.96a	PR	Davies
8.	11	Tucker Deibert	2:10.07a	PR	West Fargo Sheyenne
9.	11	Chase Aadland	2:10.60a	PR	West Fargo Sheyenne
10.	9	Asher Lange	2:11.46a	PR	Davies
11.	8	Zane Bennett	2:12.38a	PR	Devils Lake
12.	12	Noah Yahnke	2:12.79a		West Fargo
13.	8	Tyson Vanyo	2:14.15a	PR	Grand Forks Central
14.	10	Ian Rasmussen	2:14.43a	PR	Fargo North
15.	12	Koye Grebel	2:14.84a		Valley City
16.	10	Gavan Norton	2:15.55a	SR	West Fargo
17.	12	Jonas Marklhos-Keik...	2:16.84a	PR	Wahpeton
18.	12	Josiah Crandall	2:16.99a	SR	Central Cass
19.	11	Preston Diederich	2:17.17a	SR	Grand Forks Central
20.	8	Will Ness	2:17.56a	PR	Oak Grove Lutheran
21.	9	Henry Liebl	2:17.56a	PR	Shanley
22.	12	Malcolm Stubbe	2:17.82a	PR	Devils Lake
23.	11	Brody Black	2:18.61a	PR	West Fargo Sheyenne
24.	8	Eban Pool	2:19.34a	PR	Oak Grove Lutheran
25.	11	Malachi Dalton	2:19.44a	PR	Shanley
26.	11	Andy Garman	2:19.67a	PR	Central Cass
27.	10	Jonah Svenby	2:20.01a	PR	West Fargo
28.	9	Gavin Bjur	2:20.88a	PR	Horace
29.	8	Levi Kunze	2:21.61a	PR	Central Cass
30.	12	Andrew Holman	2:22.24a		Oak Grove Lutheran
31.	10	Lukas Robinson	2:22.28a	PR	Fargo South
32.	9	Karter Koenig	2:23.64a		Oak Grove Lutheran
33.	11	Corben Golovanoff	2:23.80a		Valley City
34.	12	James Selberg	2:24.69a	SR	West Fargo
35.	9	Hayden Gibbon	2:24.97a	PR	Fargo North
36.	10	Theo Sum	2:27.18a	PR	Grand Forks Central
37.	10	Noah Azure	2:27.63a	PR	Devils Lake
38.	11	Jordan Weston	2:29.02a		Fargo North
39.	10	Jacob Syster	2:29.78a	PR	Fargo South
40.	10	Kyan Sell	2:29.82a		Davies
41.	10	Steele Bryant	2:31.01a		Central Cass
42.	9	Karter Pfau	2:32.23a	PR	Fargo North
43.	8	Easton Holland	2:32.25a		Central Cass

800 Meters Varsity - Finals

1.	10	Grace Thiel	2:26.09a	SR	Fargo North
2.	10	Grayce Anderson	2:26.33a	PR	Fargo North
3.	10	Ellie Miller	2:29.57a	PR	Davies
4.	8	Ava Wareham	2:30.96a	PR	Davies
5.	9	Ava Parks	2:35.67a	PR	Red River
6.	9	Brooklyn Herrick	2:35.70a	SR	Horace
7.	9	Jerzi Narum	2:35.76a		Central Cass
8.	10	Jaylee Bornemann	2:36.74a	SR	Davies
9.	8	Elle Bernhardt	2:37.06a	PR	Shanley
10.	10	Emery Holland	2:37.40a	PR	Central Cass
11.	12	Carly Goven	2:37.78a	PR	Valley City
12.	9	Kami Dean	2:37.82a	PR	Shanley
13.	9	Molly Meier	2:38.13a	SR	Central Cass
14.	9	Lucy Grothmann	2:38.69a		Shanley
15.	9	Addie Saville	2:38.89a	PR	West Fargo Sheyenne
16.	9	Lucy Schaffer	2:39.05a	PR	Davies
17.	9	Kiaya Hagen	2:39.59a	SR	West Fargo
18.	8	Cadence Fetsch	2:39.62a	PR	Valley City
19.	9	Makenna Dilly	2:40.78a	PR	Shanley
20.	8	Jocelyn Wettlaufer	2:41.23a	PR	Horace
21.	12	Lindsey Anderson	2:41.31a	SR	West Fargo
22.	10	Tricia Pfennig	2:41.99a	PR	Valley City
23.	10	Rylie Lelm	2:42.80a		Red River
24.	7	Kaia Lam	2:44.02a		Red River
25.	10	Brenna Shock	2:44.04a		Red River
26.	9	Sophie Hetland	2:44.66a	PR	Horace
27.	12	McKenna Emineth	2:49.00a	PR	Red River
28.	10	Alexis Lindgren	2:49.26a		West Fargo
29.	10	Taylor Christians	2:49.88a	PR	West Fargo
30.	10	Olivia Klaman	2:50.98a	SR	West Fargo
31.	9	Addison McCullough	2:51.35a		Davies
32.	12	Hallie Fritel	2:55.02a	SR	Devils Lake
33.	9	Atalia Harrison	2:59.28a	PR	Horace
34.	10	Brooke Jewett	3:00.67a	PR	Horace
35.	11	Tennasyn Henry	3:02.25a		Grand Forks Central
36.	12	Taryn Winkler	3:12.02a	PR	Fargo North
37.	9	Klara Oswalt	3:14.74a		Wahpeton
38.	9	Carly Cooper	3:14.81a		Wahpeton
39.	10	Katie Uhlir	3:17.43a	SR	Grand Forks Central
	12	Ava Webber	DNS		Oak Grove Lutheran
	9	Gaby Machayya	DNS		West Fargo Sheyenne
	10	Brooklyn Hanson	DNS		Oak Grove Lutheran
	8	Rachel Christianson	DNS		Oak Grove Lutheran

44.	9	Alex Buisan	2:34.75a	PR	Oak Grove Lutheran
45.	10	Layton Boaz	2:34.96a	SR	Grand Forks Central
46.	9	Nathan Cook	2:36.72a		Horace
47.	9	Logan Karlgaard	2:49.02a		Wahpeton

1600 Meters Varsity - Finals

1.	12	Tyler Goss	4:32.30a	PR	Devils Lake
2.	9	Quinn Carroll	4:39.52a	PR	Shanley
3.	12	Omar Aly Ahmed	4:40.35a	PR	Fargo South
4.	9	Asher Lange	4:45.45a	PR	Davies
5.	8	Zane Bennett	4:53.14a	PR	Devils Lake
6.	9	Haakon Seymour	4:55.45a	PR	West Fargo
7.	12	Koye Grebel	4:56.52a	PR	Valley City
8.	11	Brody Black	4:58.99a	PR	West Fargo Sheyenne
9.	9	Liam Arens	4:59.29a	PR	West Fargo Sheyenne
10.	11	Daan Bergmans	5:01.38a	PR	Wahpeton
11.	11	Caden Willows	5:04.12a		West Fargo
12.	11	Colin Gannon	5:04.78a	PR	Davies
13.	11	Andy Garman	5:05.42a		Central Cass
14.	10	Owen Rohr	5:06.06a		Horace
15.	10	Karson Phillips	5:06.33a	PR	Davies
16.	11	Corben Golovanoff	5:07.52a		Valley City
17.	9	Ben Davies	5:09.23a		West Fargo
18.	9	Gavin Bjur	5:12.75a	PR	Horace
19.	10	Christian Pochmara	5:13.49a	PR	Fargo North
20.	9	Hayden Gibbon	5:16.95a	PR	Fargo North
21.	12	James Selberg	5:17.38a		West Fargo
22.	10	Aidan Fiala	5:19.54a		Grand Forks Central
23.	9	Jack Berry	5:22.29a		Grand Forks Central
24.	9	Karter Pfau	5:24.71a	PR	Fargo North
25.	10	Jacob Syster	5:25.06a	PR	Fargo South
26.	10	Steele Bryant	5:25.17a	PR	Central Cass
27.	9	Karter Koenig	5:28.06a	PR	Oak Grove Lutheran
28.	8	Levi Kunze	5:28.11a		Central Cass
29.	12	Bailey Hunt	5:29.52a	PR	West Fargo
30.	9	Colin Vink	5:29.63a	PR	Shanley
31.	11	Preston Diederich	5:31.40a		Grand Forks Central
32.	10	Layton Boaz	5:34.70a	PR	Grand Forks Central
33.	12	Malcolm Stubbe	5:37.05a		Devils Lake
34.	10	Lukas Robinson	5:40.24a	SR	Fargo South
35.	9	Logan Karlgaard	6:04.41a	PR	Wahpeton
36.	10	Alex Lou	6:16.52a		Oak Grove Lutheran
37.	10	Isaac Vaagen	7:27.37a	PR	Devils Lake

3200 Meters Varsity - Finals

1.	9	Quinn Carroll	10:18.64a		Shanley
2.	9	Kasen Currence	10:37.00a	PR	Davies
3.	11	Ronnie Burchill	10:38.94a		Central Cass
4.	10	Stetson Gisselbeck	10:43.19a	PR	West Fargo Sheyenne
5.	9	Isaac Cerney	10:44.44a		Fargo North
6.	10	Isaac Amundson	10:50.90a		West Fargo
7.	9	Alexander Kain	10:58.61a		Fargo South
8.	7	James Chaffee	11:06.00a	PR	Oak Grove Lutheran
9.	8	Devin L' Heureux	11:07.26a		West Fargo Sheyenne
10.	11	Alex Hovdenes	11:09.30a		Davies
11.	11	Brady Wohl	11:14.77a	PR	West Fargo
12.	10	Aidan Fiala	11:16.16a		Grand Forks Central
13.	12	Simon Pryor	11:16.51a	SR	Fargo North
14.	9	Caden Peterson	11:24.39a		West Fargo Sheyenne
15.	10	Owen Rohr	11:28.58a	PR	Horace
16.	12	Lucas Menke	11:45.10a		Davies
17.	10	Noah Azure	11:50.10a		Devils Lake
18.	10	Christian Pochmara	12:14.07a		Fargo North
19.	9	Steven Salberg	12:56.27a		Grand Forks Central
	10	Lucas Selzler	DNS		Davies

110m Hurdles Varsity - Finals

1.	12	Laquan King	15.79a	PR	Fargo North
2.	12	Daniel Anzo-Inyu	16.53a	PR	Fargo North
3.	10	Hudson Asche	16.54a	PR	Davies
4.	10	Jack Guscette	16.55a		West Fargo
5.	8	Joaquin Valdez	16.97a	PR	West Fargo
6.	9	Elijah Morris	17.19a	PR	West Fargo
7.	10	Desire Masiri	17.32a		West Fargo
8.	9	Kolten Tesch	17.38a	PR	Davies

1600 Meters Varsity - Finals

1.	12	Jordan Knudsvig	5:26.19a	SR	West Fargo
2.	8	Rachel Christianson	5:34.74a	PR	Oak Grove Lutheran
3.	10	Rylie Lelm	5:43.38a	PR	Red River
4.	10	Mallory DeVries	5:46.82a		Central Cass
5.	7	Kaia Lam	5:48.43a	PR	Red River
6.	9	Berit Hillmer	5:48.50a	PR	Fargo North
7.	10	Alexis Lindgren	5:53.97a	SR	West Fargo
8.	9	Kiaya Hagen	5:53.97a		West Fargo
9.	10	Brooklyn Hanson	5:54.00a	PR	Oak Grove Lutheran
10.	10	Miranda Retzlaff	5:58.12a	PR	West Fargo
11.	10	Tricia Pfennig	6:02.34a	PR	Valley City
12.	10	Averi Johnson	6:06.26a	PR	West Fargo
13.	11	Aletta Olson	6:21.84a	PR	Fargo North
14.	9	Gaby Machayya	6:23.34a	SR	West Fargo Sheyenne
15.	12	Annika Stephens	6:30.14a		Davies
16.	12	Hallie Fritel	6:32.64a	SR	Devils Lake
17.	9	Ellie Johnson	6:34.54a	PR	Red River
18.	12	Paris Mack	6:35.14a		Central Cass
19.	10	Emily Murchie	6:39.64a	SR	Fargo North
20.	11	Elsie Anderson	6:42.24a		Fargo North
21.	9	Audrina Miller	6:51.74a	PR	Red River
22.	9	Carly Cooper	7:36.24a		Wahpeton
23.	9	Klara Oswalt	7:52.84a	PR	Wahpeton
	10	Brooke Jewett	DNS		Horace

3200 Meters Varsity - Finals

1.	10	Riley Scott	12:56.00a		Davies
2.	12	Joslyn Jackson	13:13.71a		West Fargo
3.	11	Gabrielle McLaurin	13:27.69a		Devils Lake
4.	10	Claire Bartell	13:44.06a	PR	Fargo North
	12	Brooklyn Champagne	DNS		Fargo North
	8	Elle Bernhardt	DNS		Shanley

100m Hurdles Varsity - Finals

1.	12	Samantha Gustafson	15.58a	PR	West Fargo
2.	10	Kaylee Narmah	16.76a	PR	Davies
3.	11	Brynn Moen	16.86a	PR	Grand Forks Central
4.	12	Karina Olson	17.06a	PR	Valley City
5.	10	Alexandra Roberts	17.14a		Davies
6.	11	Ella Germundson	17.39a	PR	Horace
7.	10	Odura Isaac	17.60a	PR	Shanley
8.	12	Peyton Breidenbach	17.90a		West Fargo Sheyenne
9.	9	Brooke Finn	17.95a	PR	West Fargo
10.	9	Hikmah Abdul-Hammed	18.05a	PR	Fargo North
11.	10	Madison Wendel	18.08a	PR	Valley City
12.	12	Sofia Ibarra	18.20a		Davies
13.	11	Kadi Sacko	18.31a	PR	West Fargo
14.	12	Sonya Dolo	18.50a	PR	Davies
15.	12	Elle Terstriep	18.59a	SR	Shanley
16.	11	Kennedy Polda	18.81a	PR	Wahpeton
17.	10	Lydia Onama	19.12a	PR	Fargo North
18.	9	Soludo Obi	19.20a		West Fargo
19.	9	Emma Esposito	19.43a		West Fargo
20.	9	Dacota Potratz	19.47a		Valley City
21.	9	Mallie McCloud	19.73a	PR	Devils Lake
22.	9	Emmy Faleide	19.98a		Central Cass
23.	12	Morianna Llapa	20.44a		Red River
24.	9	Keira Botnen	20.56a	PR	Red River
25.	9	Madeline Graves	21.22a		Wahpeton
26.	9	Elizabeth Orness	21.46a	PR	Devils Lake
27.	9	Jasmyn Benedict	23.41a	PR	Wahpeton
28.	9	Maya Davis	23.91a		Central Cass

300m Hurdles Varsity - Finals

1.	8	Sara Kraft	48.09a	SR	Devils Lake
2.	12	Samantha Gustafson	48.39a	SR	West Fargo
3.	10	Alexis Lovehaug	48.91a	PR	Davies
4.	9	Hikmah Abdul-Hammed	49.59a	PR	Fargo North
5.	12	Abigail Lovelace	49.79a	PR	Fargo North
6.	8	Paityn Knoke	50.55a	PR	Fargo North
7.	10	Odura Isaac	51.40a	SR	Shanley
8.	11	Brynn Moen	51.46a		Grand Forks Central
9.	12	Peyton Breidenbach	51.67a	SR	West Fargo Sheyenne

9.	9	Asher Suriano	17.98a		Red River
10.	12	Jacob Impola	18.45a	PR	West Fargo Sheyenne
11.	9	Jack Matson	19.02a	PR	Red River
12.	9	Josiah Novotny-Leino	19.45a	PR	Oak Grove Lutheran
13.	10	Joseph Gomez	19.73a		Wahpeton
14.	10	Andrew Rexin	20.11a		Horace
15.	10	Brady Jongeward	20.54a	PR	Red River
16.	9	Jacob Birnbaum	20.56a		Horace
17.	9	Derek Boehm	20.97a	PR	Shanley
18.	9	Grisom Mattern	21.17a		Horace
19.	8	Ayden Thummel	21.45a		Central Cass
20.	9	Lewis Prewitt	21.72a		Grand Forks Central
21.	12	Noah Willey	22.06a	PR	Fargo South
22.	9	Simon Kebulu	22.30a	PR	Fargo South
	9	Caleb Nissen	DNS		Fargo South

300m Hurdles Varsity - Finals

1.	10	Jack Guscette	41.40a	PR	West Fargo
2.	12	Aiden Bryce Volk	41.42a	SR	Devils Lake
3.	10	Hudson Asche	42.03a	PR	Davies
4.	10	Desire Masiri	42.90a	PR	West Fargo
5.	8	Joaquin Valdez	43.20a	PR	West Fargo
6.	12	Aidan Massaquoi	43.35a	PR	West Fargo Sheyenne
7.	12	Charlie Anderson	43.37a	PR	Fargo North
8.	10	Danny Suedel	43.62a	PR	Grand Forks Central
9.	12	Daniel Anzo-Inyu	44.26a	PR	Fargo North
10.	10	Joseph Gomez	44.36a	PR	Wahpeton
11.	12	Blake Wanner	44.44a	PR	Fargo North
12.	9	Kolten Tesch	44.98a		Davies
13.	9	Jayvon Anderson	45.03a		Fargo South
14.	9	Asher Suriano	45.50a	PR	Red River
15.	9	Elijah Morris	46.35a	PR	West Fargo
16.	12	Jacob Impola	46.83a	PR	West Fargo Sheyenne
17.	8	Easton Holland	47.31a		Central Cass
18.	8	Ayden Thummel	47.39a	PR	Central Cass
19.	9	Jacob Birnbaum	48.08a	PR	Horace
20.	10	Brady Jongeward	48.23a	SR	Red River
21.	10	Andrew Rexin	48.36a		Horace
22.	9	Grisom Mattern	50.52a	PR	Horace
23.	9	Derek Boehm	51.29a		Shanley
24.	10	Grant Quam	51.42a	PR	Devils Lake
25.	9	Aydin Anderson	53.62a		Grand Forks Central
	11	Bradyn Stockert	DNS		West Fargo
	12	Laquan King	DQ		Fargo North

4x100 Relay Varsity - Finals

1.	11	Sam Adams-Vandal	43.82a	Fargo North - A
	11	Peder Haugo		
	10	Clay Koenig		
	10	Aden Nojang		
2.	10	Lance Williams	44.12a	West Fargo - A
	9	Ian Skari		
	11	Chase Kjervestad		
	11	Ibrahim Bangura		
3.	12	Colton Schneider	44.49a	Devils Lake - A
	11	Drew Hofstad		
	11	Reggie Cavanaugh		
	12	Aiden Bryce Volk		
4.	10	Jack Bier	44.88a	Oak Grove Lutheran - A
	8	Kai Zabel		
	12	Rylee Bakkegard		
	10	Cole Ohnstad		
5.	10	Charlie Metzger	45.08a	Davies - A
	10	Golden Deebom		
	10	Titus Dolo		
	11	Nick Hasbargen		
6.	11	Parker Jacobson	45.18a	Valley City - A
	12	Wyatt Friestad		
	9	Derek Shape		
	12	Aiden Jacobson		
7.	12	Cade Lindseth	45.52a	Grand Forks Central - A
	12	Kevin Kubat		
	12	Navy Oss		
	9	Naz Fisher		
8.	10	Logan Lambl	45.93a	Red River - A
	10	Pearce Parks		

10.	12	Sofia Ibarra	52.08a		Davies
11.	12	Sydnee Ingstad	52.64a		Valley City
12.	9	Aspyn Kjos	53.77a		Oak Grove Lutheran
13.	11	Ella Germundson	54.61a		Horace
14.	9	Brooke Finn	54.68a	PR	West Fargo
15.	9	Mallie McCloud	55.16a	PR	Devils Lake
16.	10	Rylee Larsen	55.95a	PR	West Fargo
17.	9	Kelby Christofferson	56.03a		Horace
18.	9	Lillian Dybing	56.24a	PR	Fargo North
19.	10	Emily Simek	56.31a	PR	West Fargo
20.	9	Jasmyn Benedict	57.96a	PR	Wahpeton
21.	12	Morianna Llapa	58.46a	PR	Red River
22.	9	Emmy Faleide	59.01a	SR	Central Cass
23.	9	Elizabeth Orness	1:00.41a	PR	Devils Lake
24.	9	Madeline Graves	1:01.03a	PR	Wahpeton
25.	11	Kennedy Polda	1:01.59a	PR	Wahpeton
26.	9	Maya Davis	1:11.15a		Central Cass

4x100 Relay Varsity - Finals

1.	10	Mika Wadeson	50.11a	West Fargo Sheyenne - A
	11	Avary Fitzpatrick		
	9	Rebecca Witherspoon		
	9	Kia Ray		
2.	12	Taya Samek	50.24a	West Fargo - A
	10	Ella Heilman		
	10	Zevina Scarbrough		
	9	Michelle Gee		
3.	11	Taylor Christenson	50.42a	Oak Grove Lutheran - A
	9	Aubrey Lindteigen		
	11	Ellie Machayya		
	11	Ella Olson		
4.	9	Olivia Schock	51.47a	Horace - A
	10	Evangeline Sappington		
	10	Sydney Bailey		
	9	Isabella Nygaard		
5.	8	Layni Bakalar	52.05a	Valley City - A
	9	Laityn Didier		
	9	Kadie Kocka		
	12	Karina Olson		
6.	12	Michaela Nesius	52.33a	Davies - A
	12	Danielle Toe		
	9	Karah Ladner		
	11	Ella Collins		
7.	12	Haidyn Tollefson	52.84a	Fargo North - A
	10	Nora Fluge		
	9	Hikmah Abdul-Hammed		
	10	Lydia Onama		
8.	10	Gabby Tangedal	52.99a	Devils Lake - A
	8	Sara Kraft		
	12	Annika McCarthy		
	10	Cabryn Fritel		
9.	12	Sierra Heyd	53.88a	Grand Forks Central - A
	11	Emily Arnold		
	11	Brynn Moen		
	12	Kiara Holweger		
10.	9	Ashlyn Wohlers	56.43a	Wahpeton - A
	11	Anya Warne		
	11	Addison Gerdon		
	10	Lataya Lunneborg		
11.	9	Madeline Look	57.59a	Red River - A
	10	Bryn Larson		
	9	Shekinah Rolla		
	11	Brooke Muscha		

4x100 Throwers Relay Varsity - Finals

1.	11	Brylie Peterson	59.33a	West Fargo - A
	12	Riley Guscette		
	9	Ellee McIntosh		
	11	Kiara Zepeda		
2.	10	Carrie Osier	1:00.19a	Fargo North - A
	10	Viola Sandstrom		
	9	Oriana Hill		
	9	Kenedy Nelson		
3.	9	Peace Hakim	1:01.49a	Shanley - A
	10	Erika Wanner		
	11	Seely Stockmoe		

	10	Mike Andrei Villas			
	12	Jaden Chine			
9.	12	Grayson Geigle	46.67a	Shanley - A	
	10	David Hollcraft			
	10	Chad Pollock			
	9	Drew Schneider			
10.	10	Noah Tholkes	46.88a	Central Cass - A	
	12	Jaiten Michels			
	10	Wyatt Kraft			
	8	Hunter Domier			
11.	10	Joseph Gomez	48.31a	Wahpeton - A	
	10	Jaxon Hill			
	12	Jonas Marklhos-Keikland			
	12	Jacob Berndt			
12.	9	Henry Agray	48.61a	Fargo South - A	
	9	Yese'ff Aikens			
	9	Yohanc'e Aikens			
	9	Caleb Nissen			
13.	10	Jeremy Hestbeck	49.57a	Horace - A	
	10	Blake Johnson			
	10	Advin Mujcic			
	9	Anthony Wojcik			

4x100 Throwers Relay Varsity - Finals

1.	10	Dylan Hunt	49.15a	Valley City - A	
	10	Scot Rohde			
	12	Noah Paulson			
	9	Kaleb McClaflin			
2.	10	Tanner Fugle	51.18a	Fargo North - A	
	10	Zachary Christeson			
	10	Jack Miller			
	11	James Miller			
3.	11	Cam Ahlers	51.21a	Shanley - A	
	11	AJ Carroll			
	12	Damon Hospidales			
	10	Holden Deutsch			
4.	12	Brenden McMillan	52.31a	Grand Forks Central - A	
	12	Edison Lunski			
	11	Kyen Poole			
	8	Tyson Vanyo			
5.	10	Lucas Grove	52.49a	West Fargo - A	
	11	Jack Stewart			
	10	Alex Wetterlin			
	11	Greg Dimmer			
6.	12	Michael Belluk	53.08a	Red River - A	
	10	Daniel Severud			
	10	Jacob Foss			
	10	James Walters			
7.	11	Josh Deckert	53.12a	Devils Lake - A	
	11	Hudson Hodous			
	12	Colton Schneider			
	11	Brett Mertens			
8.	9	Adam Bamba	53.31a	Horace - A	
	11	Asher Kranz			
	11	Jarius Rawls			
	11	Carter Schenck			
9.	9	Hunter Beolke	53.90a	Wahpeton - A	
	11	Matt Comings			
	12	Ethan Manock			
	9	Landon Ralph			
10.	12	Adam Biffert	54.21a	Fargo South - A	
	12	Tyler Christianson			
	11	Mato Greywind			
	12	Camden Myers			
11.	10	Kade Pietrzak	55.35a	West Fargo Sheyenne - A	
	10	Xander Mowery			
	10	Sajen Nyoak			
	12	Bryce Cain			

4x200 Relay Varsity - Finals

1.	11	Sam Adams-Vandal	1:33.19a	Fargo North - A	
	11	Peder Haugo			
	10	Clay Koenig			
	10	Aden Nojang			
2.	10	Justin Ajeo	1:34.24a	Shanley - A	
	11	Kaden Christmann			
	11	Mara Klinicke			
4.	10	Blair Woodrow	1:03.07a	Horace - A	
	11	Sydney Schweyen			
	11	Rian Sweeney			
	9	Keilee Joshua-Kinnischtzke			
5.	12	Tryphena Duncan	1:04.14a	West Fargo Sheyenne - A	
	12	Tierney Howell			
	11	Alayna Holder			
	12	Evelyn Lewis			
6.	11	Ashlyn Kahler	1:05.30a	Wahpeton - A	
	12	Alaina LaJesse			
	11	Jenna Seibold			
	10	Galyha Lopez-Lee			

4x200 Relay Varsity - Finals

1.	9	Noelle Friederichs	1:46.02a	Shanley - A	
	10	Clara Robin			
	11	Mesiku Hakim			
	11	Paige Renschler			
2.	12	Taya Samek	1:47.23a	West Fargo - A	
	10	Zevina Scarbrough			
	12	Samantha Gustafson			
	9	Michelle Gee			
3.	9	Naomi Nhial	1:49.79a	West Fargo Sheyenne - A	
	10	Brittyn Olson			
	12	Leziga Kpeenu			
	9	Rebecca Witherspoon			
4.	10	Alexis Lovehaug	1:51.07a	Davies - A	
	12	Lauren Sturma			
	12	Danielle Toe			
	10	Sophia Pfeifer			
5.	10	Gabby Tangedal	1:51.22a	Devils Lake - A	
	8	Sara Kraft			
	11	Isabella Tangedal			
	10	Cabryn Fritel			
6.	8	Paityn Knoke	1:52.90a	Fargo North - A	
	10	Nora Fluge			
	12	Abigail Lovelace			
	10	Lydia Onama			
7.	12	Sierra Heyd	1:55.47a	Grand Forks Central - A	
	11	Aria Kindseth			
	11	Brynn Moen			
	12	Kiara Holweger			
8.	10	Halle Miller	1:59.34a	Wahpeton - A	
	9	Ashlyn Wohlers			
	10	Olivia Hansen			
	12	Alison Hoerer			
9.	9	Payton Hetland	2:04.81a	Horace - A	
	9	Aubrey Duda			
	9	Ava Hennings			
	9	Mylie Nygaard			
	12	Noura Elhamadany	NT	Red River - A	
	9	Keira Botnen			
	9	Mina Bjerke			
	7	Addison Swanson			

4x400 Relay Varsity - Finals

1.	10	Ella Heilman	4:17.35a	West Fargo - A	
	12	Chloe Pfau			
	8	Lily Wavrin			
	10	Sadie Wavrin			
2.	11	Reagan Berg	4:21.75a	Valley City - A	
	12	Sydnee Ingstad			
	7	Brynn Lueck			
	10	Greta Goven			
3.	9	Olivia Schock	4:23.63a	Horace - A	
	10	Evangeline Sappington			
	10	Sydney Bailey			
	9	Isabella Nygaard			
4.	12	Michaela Nesius	4:25.71a	Davies - A	
	11	Cadence Modin			
	10	Ellie Miller			
	9	Davin Nesius			
5.	10	Grace Thiel	4:27.27a	Fargo North - A	
	10	Grayce Anderson			
	10	Nora Fluge			

	11	Nathan Andrews			
	12	Vuciri Hakim			
3.	9	Cedric Patterson	1:34.40a	West Fargo - A	
	10	Lance Williams			
	11	Ibrahim Bangura			
	9	Ian Skari			
4.	9	Evan Tiongson	1:34.77a	West Fargo Sheyenne - A	
	10	Isaiah Lincoln			
	11	Jaxson Miller			
	10	Kalef Yalartai			
5.	11	Zach Davidson	1:35.73a	Davies - A	
	9	Morris Soko			
	10	Titus Dolo			
	10	Hudson Asche			
6.	10	Logan Lambl	1:36.13a	Red River - A	
	12	Jaden Chine			
	10	Pearce Parks			
	10	Isaiah Gaye			
7.	12	Jaiten Michels	1:37.17a	Central Cass - A	
	9	Colton Cruchet			
	10	Noah Tholkes			
	8	Hunter Domier			
8.	9	Brody Melicher	1:38.56a	Grand Forks Central - A	
	10	Talib Berry			
	12	Bradyn Hendrickson			
	10	Brayden Dirckx			
9.	11	Gavin Olson	1:39.87a	Horace - A	
	9	Markus Podliska			
	10	Blake Johnson			
	9	Alexander Lewis			
10.	9	Kaleb McClaflin	1:41.18a	Valley City - A	
	12	Hayden Botz			
	10	Jake Anderson			
	11	Carter Borg			
11.	11	Drew Hofstad	1:42.05a	Devils Lake - A	
	12	Dylan Hintz			
	10	Adam Sobolik			
	12	Aiden Bryce Volk			
	11	Jaden Middleton	DNF	Fargo South - A	
	10	Griffin Olson			
	9	Amari Taylor			
	11	Treyton Hoffert			

4x400 Relay Varsity - Finals

1.	12	Brady Goss	3:32.80a	Devils Lake - A	
	10	Adam Sobolik			
	12	Tyler Goss			
	12	Aiden Bryce Volk			
2.	12	Braxton Middaugh	3:33.87a	Fargo North - A	
	12	Charlie Anderson			
	12	Laquan King			
	11	James Lien			
3.	12	Hayden Pritchard	3:42.90a	West Fargo - A	
	9	Cedric Patterson			
	11	Chase Kjervestad			
	10	Andrew Knudsvig			
4.	10	Aidyn Wadlow	3:44.52a	Red River - A	
	9	Noah Brandvold			
	10	Isaiah Gaye			
	9	Jack Helgeson			
5.	11	Chase Aadland	3:44.72a	West Fargo Sheyenne - A	
	11	Tucker Deibert			
	9	Evan Tiongson			
	11	Isaiah Robles			
6.	9	Hunter Swanson	3:45.89a	Davies - A	
	10	Prince Tarlue			
	9	Wilmot Matadi			
	10	Hudson Asche			
7.	11	Joe Flaherty	3:46.68a	Shanley - A	
	11	Fisher Hannesson			
	10	David Hollcraft			
	12	Luke Hollcraft			
8.	11	Curtis Sande	3:49.57a	Grand Forks Central - A	
	10	Danny Suedel			
	12	Bradyn Hendrickson			
	10	Talib Berry			
9.	9	Carter Hockert	3:51.63a	Wahpeton - A	
	9	Hikmah Abdul-Hammed			
6.	10	Jersey Lang	4:28.15a	West Fargo Sheyenne - A	
	9	Addie Saville			
	11	Brynn Bishop			
	10	Brittyn Olson			
7.	12	Alison Hoerer	4:33.70a	Wahpeton - A	
	10	Olivia Hansen			
	10	Halle Miller			
	9	Jasmyn Benedict			
8.	10	Gabby Tangedal	4:36.48a	Devils Lake - A	
	11	Isabella Tangedal			
	7	Dottie Goss			
	9	Aubrie Lebrun			
9.	9	Ava Parks	4:49.89a	Red River - A	
	10	Brenna Shock			
	9	Ellie Johnson			
	12	McKenna Emineth			
10.	11	Emily Arnold	4:55.45a	Grand Forks Central - A	
	11	Emma Haskamp			
	11	Aria Kindseth			
	11	Tennasyn Henry			
	10	Clara Robin	DNS	Shanley - A	
	11	Paige Renschler			
	11	Mesiku Hakim			
	11	Allie Emineth			

4x800 Relay Varsity - Finals

1.	7	Brynn Lueck	9:55.60a	Valley City - A	
	8	Cadence Fetsch			
	11	Reagan Berg			
	10	Greta Goven			
2.	8	Ava Wareham	10:05.83a	Davies - A	
	10	Jaylee Bornemann			
	8	Brynn Braaflat			
	9	Davin Nesius			
3.	8	Elle Bernhardt	10:09.94a	Shanley - A	
	9	Kami Dean			
	9	Makenna Dilly			
	9	Lucy Grothmann			
4.	12	Lindsey Anderson	10:13.53a	West Fargo - A	
	12	Jordan Knudsvig			
	12	Chloe Pfau			
	10	Sadie Wavrin			
5.	9	Lily Elbert	10:13.63a	Oak Grove Lutheran - A	
	10	Brooklyn Hanson			
	12	Ava Webber			
	8	Rachel Christianson			
6.	10	Emery Holland	10:25.06a	Central Cass - A	
	10	Mallory DeVries			
	9	Molly Meier			
	9	Jerzi Narum			
7.	9	Brooklyn Herrick	10:35.81a	Horace - A	
	8	Victoria Collins			
	9	Sophie Hetland			
	8	Jocelyn Wettlaufer			
8.	7	Dottie Goss	10:42.33a	Devils Lake - A	
	9	Aubrie Lebrun			
	12	Kayla Britsch			
	8	Emily McLaurin			
9.	10	Olivia Hammes	11:14.29a	Fargo North - A	
	9	Berit Hillmer			
	11	Elsie Anderson			
	10	Emily Murchie			

Shot Put Varsity - Finals

1.	11	Cailey Moton	38' 6	West Fargo
2.	12	Tryphena Duncan	37' 8 PR	West Fargo Sheyenne
3.	11	Seely Stockmoe	37' 4	Shanley
4.	12	Riley Guscette	36' 2	West Fargo
5.	10	Carrie Osier	33' 0	Fargo North
6.	12	Rylie Leith	32' 10	West Fargo Sheyenne
7.	10	Avah Cotton	32' 9 SR	Central Cass
8.	9	Shya Stockmoe	32' 3	Shanley
9.	12	Caitlin Harmon	32' 1	Davies
10.	8	Jordan Christoffers...	31' 9	Horace
11.	10	Marthalyne Wornor	31' 7 PR	Davies

	10	Jaxon Hill		
	11	Noah Berge		
	10	Joseph Gomez		
10.	9	Isaac Norby	3:56.11a	Valley City - A
	12	Treylan Cope		
	8	Hunter Undem		
	10	Landon Storly		
11.	12	Omar Aly Ahmed	3:57.88a	Fargo South - A
	11	Oscar Barbot		
	12	Charley Larson		
	10	Jacob Syster		
12.	11	Ryan Benson	4:08.32a	Horace - A
	11	Seth Williams		
	10	Andrew Rexin		
	9	Mason Carlsrud		

4x800 Relay Varsity - Finals

1.	12	Noah Yahnke	8:44.28a	West Fargo - A
	11	Brady Wohl		
	12	Hayden Pritchard		
	10	Andrew Knudsvig		
2.	11	Oscar Barbot	9:04.00a	Fargo South - A
	12	Charley Larson		
	10	Lukas Robinson		
	9	Alexander Kain		
3.	10	Ian Rasmussen	9:04.73a	Fargo North - A
	12	Simon Pryor		
	10	Will Dorsher		
	11	Jordan Weston		
4.	9	Henry Liebl	9:25.45a	Shanley - A
	12	Ethan Lantz		
	11	Malachi Dalton		
	9	Colin Vink		
5.	12	Jonas Marklhos-Keikland	9:32.69a	Wahpeton - A
	11	Daan Bergmans		
	9	Carter Hockert		
	11	Noah Berge		

Shot Put Varsity - Finals

1.	12	John O'Neill	48' 3	Davies
2.	11	James Miller	46' 3	Fargo North
3.	12	Tyler Christianson	45' 3 PR	Fargo South
4.	12	Bryce Cain	44' 9	West Fargo Sheyenne
5.	12	Garrett Haugen	44' 1	Central Cass
6.	12	Damon Hospidales	43' 11	Shanley
7.	12	Isaac Kenaga	43' 4 PR	West Fargo Sheyenne
8.	10	James Walters	43' 4 PR	Red River
9.	10	Kade Pietrzak	42' 9	West Fargo Sheyenne
10.	11	Xzavier Buckmiller	42' 6 PR	Fargo North
11.	11	Carter Schenck	42' 2 PR	Horace
12.	10	Sajen Nyoak	41' 9	West Fargo Sheyenne
13.	10	Braden Klein	41' 4 PR	Central Cass
14.	12	Arie Bratrud	41' 2	Valley City
15.	11	Nick Kuehl	41' 2	Shanley
16.	9	Adam Bamba	41' 0 PR	Horace
17.	10	Cade Moldenhauer	40' 10	Central Cass
18.	12	Adam Biffert	40' 9 PR	Fargo South
19.	11	Jack Stewart	40' 5 PR	West Fargo
20.	10	Dylan Hunt	40' 5	Valley City
21.	12	Christian McCarthy	39' 11	Davies
22.	9	Jacob Artac	39' 11 PR	Fargo South
23.	11	Greg Dimmer	39' 10 PR	West Fargo
24.	12	Cooper Schweigert	39' 9 PR	Red River
25.	12	Brenden McMillan	39' 2	Grand Forks Central
26.	11	Kyen Poole	39' 0	Grand Forks Central
27.	10	Rylie Lang	38' 3	Davies
28.	11	Asher Kranz	38' 2 PR	Horace
29.	11	Luke Rogen	38' 1	Shanley
30.	11	Zach Lilly	38' 1	Davies
31.	11	Devin Wall	38' 0 PR	West Fargo
32.	11	Jordan Zander	38' 0 SR	Fargo North
33.	10	Joel Nelson	38' 0	Devils Lake
34.	12	Michael Belluk	37' 9 PR	Red River
35.	10	Carter Parsons	37' 8 PR	West Fargo
36.	11	Brody Anderson	37' 6	Fargo South
37.	9	Alexander Meece	37' 3	Davies
12.	10	Galyha Lopez-Lee	31' 5 PR	Wahpeton
13.	12	Kaylee Baker	31' 4	Grand Forks Central
14.	10	Hailey Neumann	31' 4	Oak Grove Lutheran
15.	11	Ashlyn Kahler	31' 3 SR	Wahpeton
16.	12	Tierney Howell	31' 1	West Fargo Sheyenne
17.	11	Kiara Zepeda	30' 11 PR	West Fargo
18.	9	Lyla Stegman	30' 10 PR	West Fargo
19.	10	Erika Wanner	30' 3 PR	Shanley
20.	12	Gemma Jacobson	29' 7	Davies
21.	12	Cassie Bartholomay	29' 6 PR	Central Cass
22.	10	Koiline Govergo	29' 3	Davies
23.	11	Amanda Priewe	29' 3	Central Cass
24.	11	Sydney Schweyen	29' 2	Horace
25.	10	Elsa Axtman	29' 1	Davies
26.	10	Ellie Walsh	29' 0	Grand Forks Central
27.	11	Heidi Wiedeman	29' 0	West Fargo
28.	12	Alaina LaJesse	28' 11 SR	Wahpeton
29.	10	Abby Baker	28' 9	Red River
30.	12	Evelyn Lewis	28' 6	West Fargo Sheyenne
31.	12	Autumn Trosen	28' 5	West Fargo Sheyenne
32.	12	Tyana Judd	27' 7	Valley City
33.	11	Posseh Kargbo	27' 6	Fargo North
34.	12	Julia Kellerman	27' 1	Oak Grove Lutheran
35.	12	Macey Tong	26' 8	Oak Grove Lutheran
36.	10	Blair Woodrow	26' 4	Horace
37.	10	Viola Sandstrom	26' 2	Fargo North
38.	9	Madison Anderson	25' 11 PR	Valley City
39.	12	Lily Huber	25' 10	Shanley
40.	10	Ava Gulleson	25' 7	Central Cass
41.	11	Mara Klinicke	25' 6	Shanley
42.	10	Ella Graves	24' 10 SR	Wahpeton
43.	9	Keilee Joshua-Kinni...	24' 10	Horace
44.	9	Taylor Uecker	24' 8	Oak Grove Lutheran
45.	10	Olivia Nelson	24' 3 SR	Wahpeton
46.	8	Kendra Kuznia	22' 9	Grand Forks Central
47.	9	Lauren Stiven	22' 7	Devils Lake
48.	9	Marissa Elstad	20' 6	Horace
49.	9	Oriana Hill	20' 5	Fargo North
50.	9	Violet Mattson	19' 3	Grand Forks Central
51.	9	Kenedy Nelson	19' 2	Fargo North

Discus Varsity - Finals

1.	11	Cailey Moton	114' 6	West Fargo
2.	12	Maci Wheeldon	110' 7	Davies
3.	12	Kaylee Baker	109' 11 SR	Grand Forks Central
4.	11	Kiara Zepeda	100' 8 SR	West Fargo
5.	11	Claire Vetter	100' 6	Shanley
6.	9	Peace Hakim	99' 3	Shanley
7.	12	Caitlin Harmon	99' 3	Davies
8.	12	Makenna Braun	95' 0	West Fargo
9.	12	Macey Tong	94' 6 PR	Oak Grove Lutheran
10.	8	Jordan Christoffers...	92' 8 PR	Horace
11.	11	Sydney Schweyen	92' 3 PR	Horace
12.	12	Cassie Bartholomay	89' 8	Central Cass
13.	12	Riley Guscette	89' 3	West Fargo
14.	10	Jovi Borg	89' 0	Valley City
15.	10	Abby Baker	88' 0	Red River
16.	10	Ellie Walsh	87' 3	Grand Forks Central
17.	11	Seely Stockmoe	87' 1	Shanley
18.	10	Marthalyne Wornor	85' 1 PR	Davies
19.	10	Avah Cotton	85' 0 SR	Central Cass
20.	9	Elizabeth Voss	83' 8	Shanley
21.	10	Erika Wanner	83' 6	Shanley
22.	12	Tyana Judd	80' 3	Valley City
23.	11	Ashlyn Kahler	80' 0 SR	Wahpeton
24.	11	Sofia Vega	78' 0 PR	Fargo North
25.	10	Taylor Kilgore	77' 4 SR	Red River
26.	12	Rylie Leith	77' 1	West Fargo Sheyenne
27.	10	Hailey Neumann	76' 3 SR	Oak Grove Lutheran
28.	10	Blair Woodrow	76' 1	Horace
29.	12	Alaina LaJesse	75' 4 PR	Wahpeton
30.	12	Delaney Johnson	70' 10	Fargo North
31.	11	Amanda Priewe	70' 7	Central Cass
31.	9	Keilee Joshua-Kinni...	70' 7 PR	Horace
33.	11	Posseh Kargbo	68' 11 PR	Fargo North
34.	11	Ellamarie Jacobson	68' 6 PR	Fargo North
35.	9	Madison Anderson	68' 1	Valley City

38.	10	James Fewster	37' 2		Grand Forks Central
39.	10	Lucas Grove	37' 2	PR	West Fargo
40.	11	Kayden Kobel	37' 2	PR	Red River
41.	11	Mato Greywind	37' 1		Fargo South
42.	11	Bryton VanVleet	36' 4		Horace
43.	11	Jarius Rawls	36' 3		Horace
44.	10	Xander Mowery	36' 3		West Fargo Sheyenne
45.	10	Caysen Hemstad	36' 1		Fargo North
46.	10	Dawson VanSickle	35' 5		Red River
47.	11	Hudson Hodous	35' 5		Devils Lake
48.	10	Scot Rohde	35' 4		Valley City
49.	11	Josh Deckert	35' 4		Devils Lake
50.	10	Jack Miller	35' 3		Fargo North
51.	9	Levi Wangen	34' 10		Fargo South
52.	10	Foster Lord	34' 7		Oak Grove Lutheran
53.	9	Evan Wiersma	33' 10		Central Cass
54.	8	Eli Fischer	33' 8		Grand Forks Central
55.	11	Matt Comings	33' 8	PR	Wahpeton
56.	12	Noah Paulson	33' 2		Valley City
57.	7	Owen Hunt	32' 11	PR	Valley City
58.	9	Aiden Wunderlich	32' 10		Central Cass
59.	9	Grayson Asleson	32' 10	PR	Devils Lake
60.	11	Brady Baker	32' 6	SR	Oak Grove Lutheran
61.	9	CJ Johnson	32' 4		Shanley
62.	11	Carter Mitchell	31' 7		Shanley
63.	9	Hunter Beolke	29' 4		Wahpeton
64.	9	Landon Ralph	29' 3		Wahpeton
65.	9	Mason Haugen	29' 3	PR	Devils Lake
66.	9	Logan Christenson	27' 9		Oak Grove Lutheran
	9	Lucas Fischer	ND		Grand Forks Central

Discus Varsity - Finals

1.	12	Ethan Manock	164' 5	SR	Wahpeton
2.	9	Alexander Meece	136' 6		Davies
3.	11	Kyen Poole	129' 9	PR	Grand Forks Central
4.	11	James Miller	126' 0		Fargo North
5.	11	Nick Kuehl	125' 4		Shanley
6.	11	Cam Ahlers	124' 1		Shanley
7.	11	Carter Schenck	123' 6	PR	Horace
8.	11	Brett Mertens	119' 6	PR	Devils Lake
9.	10	Braden Saville	118' 9	PR	West Fargo Sheyenne
10.	10	Cade Moldenhauer	118' 2		Central Cass
11.	10	Holden Witte	116' 4	PR	Davies
12.	12	G Zachary Schwab	116' 0	PR	West Fargo Sheyenne
13.	11	Brody Anderson	115' 11	PR	Fargo South
14.	11	Jack Stewart	115' 9		West Fargo
14.	11	Tatum Vanyo	115' 9	SR	Grand Forks Central
16.	11	Greg Dimmer	115' 1		West Fargo
17.	11	Asher Kranz	115' 0	PR	Horace
18.	10	Kade Pietrzak	114' 9		West Fargo Sheyenne
19.	10	Dylan Hunt	114' 8		Valley City
20.	10	James Walters	113' 3	SR	Red River
21.	11	Carter Borg	112' 4	PR	Valley City
22.	10	Alex Wetterlin	111' 10	PR	West Fargo
23.	12	Adam Biffert	111' 4		Fargo South
24.	10	Braden Klein	110' 5	PR	Central Cass
24.	12	Garrett Haugen	110' 5		Central Cass
26.	10	Lucas Grove	109' 9		West Fargo
27.	10	Scot Rohde	109' 6		Valley City
28.	9	Ameer Wright	109' 2	PR	Fargo North
29.	11	Mato Greywind	108' 4	SR	Fargo South
30.	12	Arie Bratrud	107' 7		Valley City
31.	11	Alex Parrish	106' 7		Red River
32.	10	Xander Moody	106' 3	PR	Fargo South
33.	12	Bryce Cain	105' 11		West Fargo Sheyenne
34.	10	Jacob Foss	103' 11		Red River
35.	10	Sajen Nyoak	101' 11		West Fargo Sheyenne
36.	10	Holden Deutsch	101' 10	PR	Shanley
37.	12	Angus Shafer	101' 8		Fargo North
38.	11	Jarius Rawls	99' 9	PR	Horace
39.	11	Brian Schaan	99' 6		Shanley
40.	12	Tyler Christianson	98' 3		Fargo South
41.	10	James Fewster	97' 10	PR	Grand Forks Central
41.	11	Josh Deckert	97' 10		Devils Lake
43.	9	Adam Bamba	97' 2		Horace
44.	9	Jacob Artac	93' 11		Fargo South
45.	11	Justin Koplin	91' 7		Grand Forks Central
36.	11	Rian Sweeney	67' 0	PR	Horace
37.	12	Autumn Trosen	64' 3		West Fargo Sheyenne
38.	12	Julia Kellerman	61' 7		Oak Grove Lutheran
39.	10	Galyha Lopez-Lee	61' 6		Wahpeton
40.	11	Jenna Seibold	61' 3		Wahpeton
41.	10	Ava Gulleson	59' 9		Central Cass
42.	12	Tierney Howell	54' 5		West Fargo Sheyenne
43.	9	Taylor Uecker	53' 4		Oak Grove Lutheran
44.	12	Morianna Llapa	52' 3	PR	Red River
45.	10	Ella Graves	52' 3		Wahpeton
46.	9	Lauren Stiven	51' 4		Devils Lake
	12	Tryphena Duncan	ND		West Fargo Sheyenne
	10	Sadie Wavrin	ND		West Fargo
	8	Emily McLaurin	DNS		Devils Lake
	10	Carrie Osier	DNS		Fargo North
	8	Kendra Kuznia	ND		Grand Forks Central

Javelin Varsity - Finals

1.	9	Ellee McIntosh	105' 7	PR	West Fargo
2.	11	Kiara Zepeda	105' 5		West Fargo
3.	12	Klaire Cotton	104' 9	SR	Central Cass
4.	10	Lataya Lunneborg	97' 7	PR	Wahpeton
5.	10	Jovi Borg	94' 6	SR	Valley City
6.	11	McKenzie Olson	94' 4		Davies
7.	10	Avah Cotton	93' 0		Central Cass
8.	9	Lyla Stegman	92' 9	PR	West Fargo
9.	12	Gemma Jacobson	90' 11		Davies
10.	10	Hailey Neumann	88' 7	PR	Oak Grove Lutheran
11.	11	Sydney Schweyen	88' 0	PR	Horace
11.	10	Bryn Larson	88' 0		Red River
13.	11	Ali Thykeson	87' 3	SR	West Fargo Sheyenne
14.	10	Taylor Kilgore	86' 2		Red River
15.	12	Decontee Smith	85' 0	PR	Central Cass
16.	12	Tierney Howell	84' 10	PR	West Fargo Sheyenne
17.	8	Lily Wavrin	84' 3	PR	West Fargo
18.	9	Shya Stockmoe	83' 4	PR	Shanley
19.	12	Julia Kellerman	81' 2	PR	Oak Grove Lutheran
19.	10	Abby Baker	81' 2		Red River
21.	8	Jordan Christoffers...	81' 1	PR	Horace
22.	11	Leah Laqua	80' 11		Davies
23.	11	Alayna Holder	80' 0		West Fargo Sheyenne
24.	10	Erika Wanner	79' 7	PR	Shanley
25.	10	Brooke Dorsey	77' 7	PR	Red River
26.	10	Anna Shock	77' 2	PR	Devils Lake
27.	12	Ava Webber	74' 7	SR	Oak Grove Lutheran
28.	8	McCall Johnson	73' 9	PR	Oak Grove Lutheran
29.	11	Gabrielle McLaurin	73' 1		Devils Lake
30.	11	Brylie Peterson	72' 5		West Fargo
31.	10	Carrie Osier	72' 4		Fargo North
32.	11	Brooke Muscha	72' 1	PR	Red River
33.	11	Addie Rugland	71' 2	PR	Wahpeton
34.	10	Ellery Kautzman	69' 8	PR	Shanley
35.	11	Hadley Thoreson	66' 6	PR	Valley City
36.	12	Tyana Judd	64' 8		Valley City
37.	10	Sydney Bailey	64' 7		Horace
38.	11	MacKenzie Gilbertson	63' 9	PR	Wahpeton
39.	11	Rian Sweeney	62' 5	PR	Horace
39.	11	Eli Stevenson	62' 5		Grand Forks Central
41.	12	Lily Huber	61' 1	PR	Shanley
42.	10	Viola Sandstrom	60' 0		Fargo North
43.	12	Josie Machayya	58' 2		West Fargo Sheyenne
44.	11	Sofia Vega	57' 9	PR	Fargo North
45.	9	Emmy Faleide	56' 6		Central Cass
46.	10	Blair Woodrow	56' 5		Horace
47.	12	Cassie Bartholomay	56' 0		Central Cass
48.	11	Mara Klinicke	50' 10		Shanley
49.	9	Violet Mattson	47' 4	PR	Grand Forks Central
50.	9	Kenedy Nelson	37' 8	PR	Fargo North
51.	9	Lauren Stiven	36' 0	PR	Devils Lake
	11	Cayla Sailer	DNS		Davies
	8	Linden Broneske	DNS		Oak Grove Lutheran
	12	Rylie Leith	DNS		West Fargo Sheyenne
	10	Halle Miller	ND		Wahpeton
	8	Emily McLaurin	ND		Devils Lake
	9	Oriana Hill	DNS		Fargo North

High Jump Varsity - Finals

46.	9	Keagan Becherl	90' 8		West Fargo
47.	12	Christian McCarthy	90' 7		Davies
48.	10	Kaden Manske	85' 7		Horace
49.	11	Brady Baker	85' 4		Oak Grove Lutheran
50.	9	Matthew Torgerson	84' 1		Grand Forks Central
51.	12	Damon Hospidales	83' 9		Shanley
52.	9	Aiden Wunderlich	82' 5		Central Cass
53.	10	Foster Lord	79' 10		Oak Grove Lutheran
54.	12	Michael Belluk	79' 8		Red River
55.	11	Hudson Hodous	79' 3		Devils Lake
56.	9	Evan Wiersma	73' 0		Central Cass
57.	9	Hunter Beolke	70' 9		Wahpeton
57.	11	Matt Comings	70' 9		Wahpeton
59.	9	Logan Christenson	68' 0		Oak Grove Lutheran
60.	12	Noah Paulson	66' 5		Valley City
61.	10	Jack Miller	62' 3		Fargo North
62.	9	Landon Ralph	57' 0		Wahpeton
63.	9	Mason Haugen	56' 9		Devils Lake
64.	9	Levi Wangen	54' 1	PR	Fargo South
	10	Daniel Severud	DNS		Red River
	10	Jaylon St. Claire	DNS		Devils Lake
	9	Jacob Kingzett	ND		Davies
	12	Luke Berge	DNS		Davies
	11	Peter Davis	ND		Fargo North

Javelin Varsity - Finals

1.	12	Ethan Manock	163' 9	SR	Wahpeton
2.	12	Colton Schneider	161' 7		Devils Lake
3.	11	Zach Lilly	152' 8	PR	Davies
4.	10	Wyatt Kraft	148' 5	PR	Central Cass
5.	10	Dylan Hunt	144' 7	PR	Valley City
6.	12	Christian McCarthy	144' 0		Davies
7.	12	Ian Hogness	138' 5	PR	West Fargo Sheyenne
8.	12	Luke Berge	136' 0	PR	Davies
9.	10	Marquese Dubois	135' 9	PR	Devils Lake
10.	10	James Walters	135' 5		Red River
11.	10	Holden Witte	133' 5		Davies
12.	10	Alex Wetterlin	130' 9	PR	West Fargo
13.	11	Brett Mertens	130' 2	PR	Devils Lake
14.	12	Cooper Schweigert	128' 10		Red River
15.	12	Camden Myers	127' 4		Fargo South
16.	10	Jack Guscette	125' 8		West Fargo
17.	10	Daniel Severud	125' 4		Red River
18.	10	Joel Nelson	124' 7		Devils Lake
19.	10	Sam Olson	124' 5	PR	West Fargo
20.	9	Alexander Meece	121' 6	PR	Davies
21.	10	Tyler Thoreson	120' 10		Red River
22.	12	Nathan Piseno	120' 1		Red River
23.	11	Tatum Vanyo	119' 5	PR	Grand Forks Central
24.	10	Sajen Nyoak	119' 1	PR	West Fargo Sheyenne
25.	11	Jordan Zander	115' 0	SR	Fargo North
26.	11	Cam Ahlers	108' 9		Shanley
27.	10	Zachary Waldera	108' 7	PR	West Fargo
28.	11	Matthew Rothenberger	108' 4	SR	Grand Forks Central
29.	12	Bryce Cain	108' 1		West Fargo Sheyenne
30.	8	Eli Fischer	106' 9		Grand Forks Central
31.	9	Lucas Fischer	106' 9	PR	Grand Forks Central
32.	10	Carter Parsons	106' 5	PR	West Fargo
33.	11	AJ Carroll	105' 10		Shanley
34.	8	Tyson Vanyo	104' 5		Grand Forks Central
35.	11	Asher Kranz	104' 1	PR	Horace
36.	12	Oscar Francis	101' 7		Oak Grove Lutheran
37.	11	Carter Mitchell	99' 8		Shanley
38.	12	Andrew Knuth	99' 7	PR	Central Cass
39.	11	Luke Rogen	99' 2	PR	Shanley
40.	9	Logan Christenson	96' 5		Oak Grove Lutheran
41.	10	Zachary Christeson	96' 1	PR	Fargo North
42.	9	Caleb Nissen	94' 7	PR	Fargo South
43.	9	Finn Kielty	94' 0		Fargo North
44.	11	Brady Baker	93' 3	SR	Oak Grove Lutheran
45.	10	Foster Lord	92' 7		Oak Grove Lutheran
46.	7	Owen Hunt	92' 4	PR	Valley City
47.	10	Xander Mowery	92' 4		West Fargo Sheyenne
48.	10	Owen Rohr	90' 1		Horace
49.	10	Scot Rohde	88' 0		Valley City
50.	11	Brian Schaan	87' 2	SR	Shanley
51.	9	Kaleb McClaflin	86' 2		Valley City

1.	12	Abigail Lovelace	4' 11		Fargo North
2.	11	Sannie Yeanay	4' 11		West Fargo Sheyenne
3.	11	Leah Laqua	4' 11	SR	Davies
4.	9	Emma Esposito	4' 11	PR	West Fargo
5.	10	Kaylee Narmah	4' 9	SR	Davies
5.	12	Klaire Cotton	4' 9		Central Cass
5.	12	Lauryn Rydell	4' 9		Red River
8.	9	Dacota Potratz	4' 9		Valley City
9.	9	Piper Spiekermeier	4' 9	SR	Horace
10.	12	Delaney Cotton	4' 9		Central Cass
11.	11	Cayla Sailer	4' 9		Davies
11.	11	Ella Livingston	4' 9	PR	Horace
13.	10	Jovi Borg	4' 7		Valley City
13.	12	Haidyn Tollefson	4' 7		Fargo North
15.	9	Audrina Ehlert	4' 7	PR	Horace
16.	7	Claire Middel	4' 7		Oak Grove Lutheran
17.	10	Zevina Scarbrough	4' 5		West Fargo
17.	9	Izzy Thompson	4' 5		Central Cass
17.	11	Katelyn McLaurin	4' 5		Devils Lake
20.	9	Presley Brown	4' 5		Devils Lake
20.	9	Callen Fosher	4' 5		West Fargo Sheyenne
22.	11	Posseh Kargbo	4' 5	PR	Fargo North
	8	Calleigh Weisgram	NH		Oak Grove Lutheran
	9	Laityn Didier	NH		Valley City
	8	Kenzie Wuo	DNS		West Fargo Sheyenne
	9	Fallon Passanante	DNS		Davies
	9	Kadie Kocka	NH		Valley City
	11	Emily Arnold	NH		Grand Forks Central
	12	Mallory Docktor	DNS		West Fargo
	12	Catherine Francis	NH		West Fargo Sheyenne
	12	Maci Wheeldon	NH		Davies
	10	Margaux Butenhoff	NH		Oak Grove Lutheran
	11	Ella Germundson	NH		Horace

Pole Vault Varsity - Finals

1.	12	Taylor Tang	10' 3		West Fargo
2.	10	Jolee Dahl	9' 9		West Fargo
3.	12	Camille Finney	9' 3		Grand Forks Central
4.	11	Emery Aasen	9' 3	SR	West Fargo
5.	9	Kadie Kocka	8' 9	PR	Valley City
6.	12	Sarah Wieland	8' 3	PR	Davies
7.	10	Alexis Dwyer	8' 3	PR	West Fargo
8.	11	Hope Lukes	8' 3		West Fargo
9.	11	Tia Madrigga	7' 9	PR	West Fargo Sheyenne
9.	10	Madison Wendel	7' 9		Valley City
11.	10	Lauren Barth	7' 9		Davies
12.	10	Morgan Wieler	7' 9		West Fargo Sheyenne
13.	9	Piper Spiekermeier	6' 9		Horace
13.	9	Kaylie Broden	6' 9		Central Cass
13.	12	Kayla Gibson	6' 9		Central Cass
13.	11	Elsie Anderson	6' 9		Fargo North
13.	8	Kennedy Fitzloff	6' 9		West Fargo Sheyenne
18.	12	Elise Schneider	6' 9		Davies
18.	9	Abby Hilliard	6' 9		Davies
	9	Mia Walters	NH		Horace
	8	Victoria Collins	NH		Horace
	9	Payton Hetland	DNS		Horace
	9	Ashlyn Wohlers	NH		Wahpeton
	11	Anya Warne	NH		Wahpeton
	11	Madison Lugert	NH		West Fargo Sheyenne
	11	Tyndale Archer	NH		West Fargo Sheyenne
	11	Onya Kretchman	DNS		Davies
	11	Eli Stevenson	NH		Grand Forks Central
	9	Lia Karjalainen	NH		Horace

Long Jump Varsity - Finals

1.	9	Kia Ray	17' 0.75	PR	West Fargo Sheyenne
2.	11	Ellie Machayya	16' 9.25		Oak Grove Lutheran
3.	12	Mayzee Jacobson	16' 6	SR	Central Cass
4.	11	Onya Kretchman	16' 5		Davies
5.	11	Micah Sander	16' 3.5		West Fargo Sheyenne
6.	12	Anna Wicklow	16' 1.75	SR	Davies
7.	9	Olivia Siverson	16' 0.75	PR	Central Cass
8.	12	Taya Samek	15' 8.25		West Fargo
9.	12	Karina Olson	15' 6.5		Valley City
10.	11	Taylor Christenson	15' 3.75	SR	Oak Grove Lutheran

52.	10	Tanner Fugle	84' 1	Fargo North
53.	11	Carter Schenck	83' 10	Horace
54.	9	Hunter Beolke	77' 9	Wahpeton
55.	10	Henry Devitt	74' 10	Fargo North
56.	12	Kole Toso	74' 9	Devils Lake
57.	9	Landon Ralph	73' 6	Wahpeton
58.	9	Adam Bamba	70' 10	Horace
59.	9	Aiden Wunderlich	64' 0	Central Cass
60.	11	Matt Comings	60' 3	Wahpeton
	10	Beau Zeck	ND	Horace
	11	Dylan Elizondo	ND	Fargo South

High Jump Varsity - Finals

1.	12	Cooper Johnson	6' 4	Central Cass
2.	10	Kalef Yalartai	6' 2 PR	West Fargo Sheyenne
3.	12	Emmanuel Duot	6' 0 PR	West Fargo Sheyenne
4.	12	James Weninger	6' 0	Fargo North
5.	12	Charlie Anderson	5' 10 PR	Fargo North
6.	10	Oliver Wirth	5' 10 SR	Devils Lake
7.	9	Amari Taylor	5' 8	Fargo South
7.	10	Advin Mujcic	5' 8	Horace
7.	11	Roger James	5' 8 PR	Davies
10.	11	Reggie Cavanaugh	5' 8 PR	Devils Lake
11.	8	Joaquin Valdez	5' 8 PR	West Fargo
12.	10	Pearce Parks	5' 6 SR	Red River
12.	10	Joel Nelson	5' 6	Devils Lake
14.	9	Jayvon Anderson	5' 6	Fargo South
15.	11	Moe Sabby	5' 6	West Fargo Sheyenne
16.	10	Adam Sobolik	5' 6 PR	Devils Lake
17.	11	Ty Boutwell	5' 4	Fargo North
18.	10	Royce Franklin	5' 4	Grand Forks Central
18.	10	Aydan Mastel	5' 4	Davies
20.	11	Jonah Heyer	5' 4	Davies
	11	Kaden Christmann	DNS	Shanley
	11	Alpha Camara	DNS	Davies
	12	Avery Quiner	NH	Oak Grove Lutheran
	10	Grant Quam	NH	Devils Lake
	12	Aiden Jacobson	NH	Valley City
	10	David Hollcraft	NH	Shanley
	10	Prince Tarlue	NH	Davies
	9	Haakon Seymour	NH	West Fargo
	9	Jake Stegman	NH	West Fargo
	9	Matt Schatzke	NH	West Fargo
	10	Anthony Garman	DNS	Central Cass
	11	Chase Bachmeier	NH	Central Cass
	11	Sam Ziemer	DNS	Central Cass

Pole Vault Varsity - Finals

1.	11	Kyle Kramer	12' 0	Fargo North
2.	12	Josh Peterson	12' 0 SR	Davies
3.	11	Tyler Hanson	11' 6 PR	West Fargo Sheyenne
4.	11	Jonah Heyer	11' 6 PR	Davies
5.	10	Jack Jelinek	11' 0 PR	West Fargo Sheyenne
6.	12	Grant Ivesdal	11' 0 SR	Davies
7.	9	Trevon Quam	10' 0	Central Cass
8.	12	Josiah Crandall	10' 0	Central Cass
9.	12	Oscar Francis	10' 0	Oak Grove Lutheran
10.	9	Austin Saari	10' 0	West Fargo
11.	11	Bradyn Stockert	10' 0 PR	West Fargo
12.	12	Nate Angus	9' 0	West Fargo Sheyenne
12.	11	Nate Shorma	9' 0	West Fargo Sheyenne
12.	9	Matt Schatzke	9' 0 PR	West Fargo
15.	9	Lincoln Walker	9' 0	West Fargo
16.	11	Ryder Myers	9' 0	Davies
17.	10	Owen Flemmer	8' 0	Fargo South
17.	9	Henry Simmons	8' 0 PR	Horace
17.	10	Kaden Manske	8' 0 PR	Horace
17.	9	Simon Kebulu	8' 0	Fargo South
21.	10	Kaden Geigle	8' 0 PR	Shanley
22.	12	Avery Quiner	8' 0	Oak Grove Lutheran
22.	11	Fisher Hannesson	8' 0 PR	Shanley
	11	Patrick Shen	DNS	Davies
	12	Ethan Birnbaum	DNS	West Fargo Sheyenne
	9	Jake Stegman	NH	West Fargo
	9	Josiah Novotny-Leino	NH	Oak Grove Lutheran
	9	Alexander Lewis	NH	Horace

11.	7	Danielle Buroko	14' 11	Red River
12.	11	Quinn Benson	14' 10.75	Davies
13.	9	Rachel Laqua	14' 10.5	Davies
14.	12	Catherine Francis	14' 7.5	West Fargo Sheyenne
15.	9	Aspyn Kjos	14' 6.75	Oak Grove Lutheran
16.	9	Olivia Schock	14' 6.5 PR	Horace
17.	9	Soludo Obi	14' 6	West Fargo
18.	10	Ella Stimpson	14' 2.25	Shanley
19.	8	Sara Kraft	13' 10	Devils Lake
20.	11	Meghan Esposito	13' 9 PR	West Fargo
21.	12	Kelsa Steiner	13' 8 SR	West Fargo
22.	12	Elle Terstriep	13' 7.75	Shanley
23.	10	Emerson Byron	13' 6	Red River
24.	11	Hadley Thoreson	13' 4.5 SR	Valley City
25.	8	McCall Johnson	13' 3.75 PR	Oak Grove Lutheran
26.	10	Naiya Pickett	13' 2.25	Horace
27.	9	Aubrey Duda	13' 0.75 PR	Horace
28.	11	Aria Kindseth	12' 11	Grand Forks Central
29.	9	Jasmyn Benedict	12' 9.25	Wahpeton
30.	7	Addison Swanson	12' 8.75	Red River
31.	11	Addison Gerdon	11' 10.5	Wahpeton
32.	9	Ella Peters	11' 8.5 PR	Grand Forks Central
33.	12	Delaney Johnson	10' 5.75	Fargo North
34.	12	Cierra Pabst	9' 6.75 SR	Valley City
	11	Sannie Yeanay	DNS	West Fargo Sheyenne
	9	Kadie Kocka	ND	Valley City
	12	Heather Nordness	DNS	Fargo North
	12	Sarah Ostlie	DNS	Shanley
	8	Elsie Eddy	DNS	Oak Grove Lutheran
	12	Dylan Johnson	DNS	Fargo North
	9	Avery Thomas	ND	Horace
	10	Joan Dargbeh	ND	Horace
	8	Kenzie Wuo	DNS	West Fargo Sheyenne
	9	Fallon Passanante	DNS	Davies
	9	Oriana Hill	ND	Fargo North
	10	Lydia Onama	DNS	Fargo North
	9	Ellee McIntosh	ND	West Fargo

Triple Jump Varsity - Finals

1.	10	Bryn Larson	37' 3 PR	Red River
2.	11	Onya Kretchman	36' 5.5 SR	Davies
3.	11	Cayla Sailer	36' 4.5	Davies
4.	12	Anna Wicklow	34' 9 PR	Davies
5.	12	Mayzee Jacobson	34' 4 SR	Central Cass
6.	9	Soludo Obi	33' 5	West Fargo
7.	12	Abigail Lovelace	32' 10.75 PR	Fargo North
8.	12	Catherine Francis	32' 5.25	West Fargo Sheyenne
9.	11	Sannie Yeanay	32' 3	West Fargo Sheyenne
10.	8	Paityn Knoke	32' 2.5 PR	Fargo North
11.	9	Rachel Laqua	32' 1	Davies
12.	12	Samantha Gustafson	32' 0.5 PR	West Fargo
13.	9	Kelby Christofferson	31' 10.5	Horace
14.	9	Audrina Ehlert	31' 8.5 PR	Horace
15.	11	Quinn Benson	31' 7.5	Davies
16.	11	Micah Sander	31' 6	West Fargo Sheyenne
17.	12	Elle Terstriep	31' 0.5 SR	Shanley
18.	10	Jovi Borg	30' 10.5	Valley City
19.	7	Danielle Buroko	30' 6.5 PR	Red River
20.	12	Delaney Cotton	30' 5.75 SR	Central Cass
21.	11	Katelyn McLaurin	30' 0	Devils Lake
22.	10	Lataya Lunneborg	29' 6.5	Wahpeton
23.	11	Emma Haskamp	29' 1.5 PR	Grand Forks Central
24.	12	Kelsa Steiner	28' 5.5 SR	West Fargo
25.	9	Shekinah Rolla	27' 8	Red River
26.	11	Allie Emineth	26' 9.5	Shanley
	12	Heather Nordness	DNS	Fargo North
	12	Sarah Ostlie	DNS	Shanley
	11	Ellie Machayya	DNS	Oak Grove Lutheran
	11	Kennedy Polda	DNS	Wahpeton
	12	Dylan Johnson	DNS	Fargo North
	9	Trista Erickson	DNS	West Fargo Sheyenne
	9	Ellee McIntosh	DNS	West Fargo
	12	Kiara Holweger	DNS	Grand Forks Central

	9	Jacob Gulland	NH	Fargo South
	8	Tucker Bennett	NH	Devils Lake
	12	Noah Willey	NH	Fargo South
	9	Fisher Wheeler	NH	Central Cass
	9	Maisen Olson	NH	Central Cass

Long Jump Varsity - Finals

1.	11	Thomas Schreiner	22' 8.25	PR	Davies
2.	11	Nick Hasbargen	21' 4.75	PR	Davies
3.	12	Darby Olson	21' 2	PR	West Fargo Sheyenne
4.	12	Vuciri Hakim	21' 0.75	PR	Shanley
5.	12	Emmanuel Duot	20' 10	PR	West Fargo Sheyenne
6.	10	Charlie Metzger	20' 8.75	PR	Davies
7.	11	Moe Sabby	20' 8.25	PR	West Fargo Sheyenne
8.	8	Kai Zabel	20' 7.25		Oak Grove Lutheran
9.	10	Kalef Yalartai	20' 6.25	PR	West Fargo Sheyenne
10.	11	Treyton Hoffert	19' 11.5	SR	Fargo South
11.	8	Joaquin Valdez	19' 11.25	PR	West Fargo
12.	12	Maxwell Greenwood	19' 10.75	PR	West Fargo Sheyenne
13.	12	Sam Enget	19' 6	SR	Devils Lake
14.	10	Aydan Mastel	19' 5	PR	Davies
15.	11	Gavin Olson	19' 3.75	PR	Horace
16.	10	Jack Bier	19' 2.25	PR	Oak Grove Lutheran
17.	10	Anthony Garman	19' 1.25	PR	Central Cass
18.	10	Desire Masiri	19' 1	PR	West Fargo
19.	11	Jaden Middleton	19' 0		Fargo South
20.	10	Pearce Parks	18' 10.5	PR	Red River
20.	9	Lincoln Walker	18' 10.5	PR	West Fargo
22.	10	Chad Pollock	18' 9.5	PR	Shanley
23.	12	Luke Hollcraft	18' 9	PR	Shanley
24.	11	Ty Boutwell	18' 7.75	PR	Fargo North
25.	12	Colton Schneider	18' 7		Devils Lake
26.	11	Bradyn Stockert	18' 6.75	PR	West Fargo
27.	11	Drew Hofstad	18' 5.5		Devils Lake
28.	9	Naz Fisher	18' 5.25	PR	Grand Forks Central
28.	12	Jacob Berndt	18' 5.25		Wahpeton
30.	10	Cole Ohnstad	18' 2		Oak Grove Lutheran
31.	11	James Lanners	18' 1.75	PR	Fargo North
32.	10	David Hollcraft	17' 11		Shanley
33.	11	Carson Blegen	17' 10		Red River
34.	12	Levi Syverson-Ness	17' 9.75	PR	Fargo North
35.	11	Chase Bachmeier	17' 9.5	PR	Central Cass
36.	12	Ashton Czapiewski	17' 6.75		Central Cass
37.	9	Keenan Hopper	17' 5.25	PR	Grand Forks Central
38.	11	Ryan Benson	17' 3.5	PR	Horace
39.	9	Colton Cruchet	17' 3.25	PR	Central Cass
39.	9	Drew Schneider	17' 3.25	PR	Shanley
41.	8	Will Ness	17' 2		Oak Grove Lutheran
42.	12	James Weninger	17' 1.75		Fargo North
43.	10	Kobe Lemar	17' 0.75		Horace
44.	10	Gavin Wolf	16' 6	PR	Devils Lake
45.	9	Kaleb McClaflin	16' 3.25	PR	Valley City
46.	9	Jacob Birnbaum	16' 1.75		Horace
47.	10	Max Martens	15' 10.5		Red River
48.	12	Edison Lunski	15' 9.25		Grand Forks Central
49.	12	Ibrahim Suleiman	15' 7.5		Red River
50.	9	Reginald Lassiter	14' 4.75		Grand Forks Central
	12	Ethan Manock	ND		Wahpeton
	10	Beau Zeck	DNS		Horace
	12	Kole Toso	ND		Devils Lake
	10	Europe Campbell	DNS		Fargo North
	10	Brady Jongeward	ND		Red River
	12	Spencer Schumacher	DNS		Oak Grove Lutheran
	12	Cooper Johnson	ND		Central Cass
	10	Golden Deebom	DNS		Davies

Triple Jump Varsity - Finals

1.	10	Isaiah Gaye	44' 2	PR	Red River
2.	10	Golden Deebom	43' 5.5	SR	Davies
3.	11	Jaden Middleton	42' 11	PR	Fargo South
4.	12	James Weninger	42' 4.25		Fargo North
5.	11	Ty Boutwell	42' 3.5	PR	Fargo North
6.	12	Maxwell Greenwood	41' 2.25	PR	West Fargo Sheyenne
7.	12	Darby Olson	40' 6		West Fargo Sheyenne
8.	11	Treyton Hoffert	40' 4.5	SR	Fargo South
9.	11	Moe Sabby	39' 7		West Fargo Sheyenne

10.	10	Charlie Metzger	38' 8.5	PR	Davies
11.	10	Jack Bier	38' 6.75	PR	Oak Grove Lutheran
12.	10	Royce Franklin	38' 5	PR	Grand Forks Central
13.	11	Chase Bachmeier	38' 4		Central Cass
14.	11	Carson Blegen	38' 2.5		Red River
15.	9	Collin Williams	38' 2	PR	Davies
16.	12	Sam Enget	37' 10.5	SR	Devils Lake
17.	10	Anthony Garman	37' 8	PR	Central Cass
18.	9	Drew Schneider	37' 0		Shanley
19.	12	Jacob Berndt	36' 1	SR	Wahpeton
20.	12	Luke Hollcraft	35' 9.5		Shanley
21.	10	Marquese Dubois	35' 8.5	PR	Devils Lake
22.	9	Henry Simmons	35' 7	PR	Horace
23.	11	Bradyn Stockert	35' 4	PR	West Fargo
24.	8	Tucker Bennett	35' 1		Devils Lake
25.	9	Lincoln Walker	34' 8.5		West Fargo
26.	10	Kobe Lemar	34' 6.5		Horace
27.	12	Ibrahim Suleiman	34' 3.5		Red River
28.	9	Keenan Hopper	34' 2		Grand Forks Central
29.	10	Grady Link	33' 8	PR	Central Cass
30.	10	Prasant Moger	32' 5		Red River
31.	9	Reginald Lassiter	32' 3	PR	Grand Forks Central
32.	9	Wyatt Hillebrand	25' 10	PR	Devils Lake
	10	Beau Zeck	ND		Horace
	10	Max Martens	DNS		Red River
	11	AJ Carroll	ND		Shanley
	12	Ashton Czapiewski	ND		Central Cass
	10	Joshua Hallaway	ND		Oak Grove Lutheran
	11	James Lanners	ND		Fargo North
	12	Emmanuel Duot	ND		West Fargo Sheyenne

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Womens Varsity

20 / 20 Events Completed

1.	West Fargo	185
2.	Davies	124
3.	West Fargo Sheyenne	83
4.	Fargo North	71
5.	Shanley	60
6.	Central Cass	48
7.	Valley City	45
8.	Oak Grove Lutheran	43
9.	Red River	29
10.	Horace	24
11.	Devils Lake	23
12.	Grand Forks Central	21
13.	Wahpeton	11

Mens Varsity

20 / 20 Events Completed

1.	Fargo North	154
2.	Davies	119
3.	West Fargo	96
4.	West Fargo Sheyenne	75
5.	Shanley	68
6.	Devils Lake	62
7.	Fargo South	38
8.	Central Cass	31
9.	Oak Grove Lutheran	30
10.	Grand Forks Central	28
11.	Red River	26
12.	Wahpeton	24
13.	Valley City	19
14.	Horace	4

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East Region Meet HS

OFFICIAL May 19, 2023 Fargo South HS

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Mens Results

100 Meters Varsity - Finals

1.	12	Caleb Severson	10.78a PR	Red River	
2.	12	Jackson Greff	10.84a	Davies	
3.	11	Peder Haugo	10.94a PR	Fargo North	
4.	9	Ian Skari	11.01a PR	West Fargo	
5.	11	Abel Gartei	11.04a PR	West Fargo Sheyenne	
6.	12	Amir Dorudian	11.07a PR	Red River	
7.	12	Aiden Bourke	11.13a PR	Fargo South	
8.	12	Ethan Raan	11.15a SR	West Fargo Sheyenne	
9.	12	James Gaden	11.16a	Fargo South	
10.	12	Payton McGregor	11.18a PR	West Fargo	
11.	11	Sam Adams-Vandal	11.20a PR	Fargo North	
12.	11	Isaac Schumacher	11.22a	Davies	
13.	12	Mikey Mallory	11.23a PR	Red River	
14.	11	Nick Hasbargen	11.27a	Davies	
15.	12	Isaac Nyenabo	11.28a PR	West Fargo	
16.	10	Aden Nojang	11.29a	Fargo North	
17.	11	Kaden Christmann	11.33a PR	Shanley	
18.	12	Kevin Kubat	11.37a PR	Grand Forks Central	
19.	10	Lance Williams	11.40a PR	West Fargo	
20.	11	Eric Benson	11.45a	Davies	
21.	10	Titus Dolo	11.56a	Davies	
22.	10	Isaiah Lincoln	11.57a	West Fargo Sheyenne	
23.	11	Parker Jacobson	11.57a	Valley City	
24.	9	Kye Schlichting	11.58a	West Fargo Sheyenne	
25.	10	Justin Ajeo	11.60a	Shanley	
26.	11	Drew Hofstad	11.68a	Devils Lake	
27.	11	Chase Kjervestad	11.75a SR	West Fargo	
28.	11	Jaxson Miller	11.78a	West Fargo Sheyenne	
29.	11	George Hanesgard	11.82a	Fargo South	
30.	10	Clay Koenig	11.83a PR	Fargo North	
31.	11	Reggie Cavanaugh	11.91a PR	Devils Lake	
32.	10	Mike Andrei Villas	11.92a	Red River	
33.	11	Jaden Middleton	11.94a SR	Fargo South	
34.	9	Derek Shape	12.01a	Valley City	
35.	11	Gannon Koltes	12.04a	Fargo North	
36.	11	Damarion Semanko	12.06a SR	Fargo South	
37.	12	Sam Enget	12.08a SR	Devils Lake	
38.	10	Logan Lambl	12.10a	Red River	
39.	9	Naz Fisher	12.11a	Grand Forks Central	
40.	12	Grayson Geigle	12.13a	Shanley	
41.	10	Brayden Dirckx	12.20a PR	Grand Forks Central	
42.	12	Edison Lunski	12.21a	Grand Forks Central	
43.	10	Chad Pollock	12.38a	Shanley	
44.	12	Bradyn Hendrickson	12.40a PR	Grand Forks Central	
45.	10	Jake Anderson	12.54a PR	Valley City	
46.	10	Jaxon Hill	12.56a	Wahpeton	
47.	9	Drew Schneider	12.57a	Shanley	
48.	12	Jonathan Hill	12.75a PR	Wahpeton	
49.	12	Hayden Botz	12.75a PR	Valley City	
50.	9	Caber Bryce Volk	13.07a	Devils Lake	
	12	Dylan Hintz	DNS	Devils Lake	

200 Meters Varsity - Finals

1.	11	Justin Zulu	21.83a PR	Fargo South	
2.	11	Austin Zulu	21.97a	Fargo South	

Womens Results

100 Meters Varsity - Finals

Q 1.	9	Michelle Gee	12.22a	West Fargo	Q
Q 2.	11	Paige Renschler	12.26a PR	Shanley	Q
Q 3.	9	Kia Ray	12.35a PR	West Fargo Sheyenne	Q
Q 4.	12	Karina Olson	12.56a PR	Valley City	Q
Q 5.	12	Alimath Salou	12.61a	Davies	Q
Q 6.	10	Evangeline Sappingt...	12.72a PR	Horace	Q
Q 7.	10	Mariah Burian	12.83a PR	Davies	Q
Q 8.	8	Sara Kraft	12.94a PR	Devils Lake	Q
Q 9.	10	Ella Heilman	13.00a PR	West Fargo	Q
Q 10.	12	Danielle Toe	13.00a PR	Davies	Q
Q 11.	10	Gabby Tangedal	13.01a SR	Devils Lake	Q
Q 12.	11	Jordis Maxwell	13.02a SR	Fargo South	Q
Q 13.	10	Mika Wadeson	13.03a PR	West Fargo Sheyenne	Q
Q 14.	10	Ellery White	13.20a	Red River	
Q 15.	8	Jada Khatri	13.20a PR	Fargo South	
Q 16.	12	Annika McCarthy	13.21a	Devils Lake	
Q 17.	9	Isabelle Naklen	13.28a	Fargo South	
18.	12	Michaela Nesius	13.29a	Davies	
19.	10	Ejatu Bah	13.34a PR	West Fargo	
Q 20.	10	Sydney Bailey	13.35a PR	Horace	
21.	9	Rebecca Witherspoon	13.38a	West Fargo Sheyenne	
22.	10	Zevina Scarbrough	13.40a	West Fargo	
23.	10	Brenna Britton	13.49a SR	Davies	
24.	9	Kadie Kocka	13.54a PR	Valley City	
25.	10	Brittyn Olson	13.56a PR	West Fargo Sheyenne	
26.	7	Taylor Mauch	13.62a PR	Wahpeton	
27.	9	Molly Flaherty	13.72a PR	Shanley	
28.	12	Noura Elhamadany	13.75a	Red River	
29.	8	Peyton Saxlund	13.76a	West Fargo Sheyenne	
30.	9	Lyla Stegman	13.86a	West Fargo	
31.	9	Laityn Didier	13.87a	Valley City	
32.	8	Layni Bakalar	13.91a	Valley City	
33.	12	Sierra Heyd	13.91a	Grand Forks Central	
34.	11	Jadyn Chakua	14.00a PR	Fargo North	
35.	9	Ashlyn Wohlers	14.04a	Wahpeton	
36.	7	Addison Swanson	14.29a PR	Red River	
37.	9	Chesney Thomsen	14.41a	Valley City	
38.	11	Posseh Kargbo	14.46a PR	Fargo North	
39.	9	Madeline Look	14.57a	Red River	
40.	9	Myah Anderson	14.60a PR	Wahpeton	
41.	11	Isabella Tangedal	14.65a	Devils Lake	
42.	11	Caroline Toetdal	14.65a	Fargo North	
43.	9	Mina Bjerke	14.71a PR	Red River	
44.	10	Galyha Lopez-Lee	14.73a	Wahpeton	
45.	9	Ella Peters	14.75a PR	Grand Forks Central	
46.	9	Webeline Naklen	14.91a	Fargo South	
47.	12	Delaney Johnson	14.96a	Fargo North	
48.	10	Maci Miller	16.31a	Wahpeton	
49.	9	Presley Brown	16.43a	Devils Lake	
50.	12	Mya Punt	17.47a	Fargo North	

200 Meters Varsity - Finals

1.	9	Michelle Gee	25.19a PR	West Fargo	Q
Q 2.	10	Kate Laqua	25.49a PR	Davies	Q
Q 3.	11	Paige Renschler	25.81a PR	Shanley	Q

3.	12	Caleb Severson	22.27a	PR	Red River				
4.	12	Deandrey Ansah	22.28a	PR	West Fargo Sheyenne				
5.	12	Ty Schlichting	22.31a	PR	West Fargo Sheyenne				
6.	12	Aiden Bryce Volk	22.51a	PR	Devils Lake				
7.	11	Peder Haugo	22.57a	PR	Fargo North				
8.	12	Vuciri Hakim	22.62a	PR	Shanley				
9.	11	Abel Gartei	22.66a	PR	West Fargo Sheyenne				
10.	10	Joshua Beil	22.67a	SR	Davies				
11.	12	Ethan Raan	22.67a	PR	West Fargo Sheyenne				
12.	11	Eric Benson	22.95a	PR	Davies				
13.	11	Kaden Christmann	23.04a	PR	Shanley				
14.	10	Brody Andrade	23.05a	PR	Red River				
15.	12	Tristan Quibell	23.13a	SR	Fargo South				
16.	11	Sam Adams-Vandal	23.29a		Fargo North				
17.	12	Wyatt Friestad	23.32a	PR	Valley City				
18.	11	Isaac Schumacher	23.48a	PR	Davies				
19.	9	Ian Skari	23.53a		West Fargo				
20.	12	Jaden Chine	23.58a	PR	Red River				
21.	10	Jackson DeVries	23.63a	PR	Wahpeton				
22.	10	Lance Williams	23.71a		West Fargo				
23.	10	Titus Dolo	23.77a	PR	Davies				
24.	9	Isaac Blotsky	23.83a	PR	West Fargo				
25.	10	Clay Koenig	23.97a	PR	Fargo North				
26.	12	Keaton Schwab	24.05a		Davies				
27.	12	Blake Wanner	24.08a	PR	Fargo North				
28.	11	Parker Jacobson	24.11a		Valley City				
29.	10	Mike Andrei Villas	24.14a		Red River				
30.	10	Isaiah Lincoln	24.20a		West Fargo Sheyenne				
31.	11	Treyton Hoffert	24.21a	PR	Fargo South				
32.	12	Kole Toso	24.24a	PR	Devils Lake				
33.	11	Gannon Koltes	24.31a		Fargo North				
34.	12	Grayson Geigle	24.38a	SR	Shanley				
35.	11	Chase Kjervestad	24.38a	PR	West Fargo				
36.	9	Brody Melicher	24.42a		Grand Forks Central				
37.	9	Jack Matson	24.49a		Red River				
38.	9	Derek Shape	24.57a		Valley City				
39.	12	Cade Lindseth	24.81a		Grand Forks Central				
40.	10	David Hollcraft	24.93a	PR	Shanley				
41.	10	Jaxon Hill	25.06a	PR	Wahpeton				
42.	12	Edison Lunski	25.16a	PR	Grand Forks Central				
43.	9	Bryar Exner	25.31a	PR	Devils Lake				
44.	10	Jake Anderson	25.48a	PR	Valley City				
45.	12	Hayden Botz	25.78a	PR	Valley City				
46.	10	Talib Berry	25.98a		Grand Forks Central				
47.	12	Jonathan Hill	27.10a	SR	Wahpeton				
48.	10	Ethan Bradley	28.67a	PR	Shanley				
	9	Amari Taylor	DNS		Fargo South				
	12	Dylan Hintz	DNS		Devils Lake				
	11	Reggie Cavanaugh	DNS		Devils Lake				
	12	Isaac Nyenabo	DNS		West Fargo				
	12	Kevin Kubat	DNS		Grand Forks Central				

400 Meters Varsity - Finals

1.	11	Austin Zulu	49.34a		Fargo South				
2.	11	Justin Zulu	49.87a	SR	Fargo South				
3.	12	Deandrey Ansah	50.48a	PR	West Fargo Sheyenne				
4.	12	Vuciri Hakim	50.48a		Shanley				
5.	12	Tristan Quibell	50.69a	PR	Fargo South				
6.	11	Grant Hoffarth	51.88a		Red River				
7.	12	Hayden Pritchard	52.39a	PR	West Fargo				
8.	11	James Lien	52.42a	PR	Fargo North				
9.	11	Nathan Andrews	52.69a		Shanley				
10.	10	Brody Andrade	52.72a		Red River				
11.	11	Paul Plueddeman	52.92a		West Fargo Sheyenne				
12.	12	Kole Toso	53.11a	PR	Devils Lake				
13.	10	Adam Sobolik	53.56a	PR	Devils Lake				
14.	10	Kyle Schafer	53.58a	PR	Red River				
15.	12	James Gaden	53.78a		Fargo South				
16.	9	Haakon Seymour	54.07a	PR	West Fargo				
17.	10	Europe Campbell	54.24a	PR	Fargo North				
18.	12	Reece Breidenbach	54.36a		West Fargo Sheyenne				
19.	9	Jack Helgeson	54.71a		Red River				
20.	9	Hunter Swanson	54.73a		Davies				
21.	9	Owen Martin	54.82a	PR	Red River				
22.	12	Blake Wanner	54.96a		Fargo North				
23.	9	Wilmot Matadi	55.04a	PR	Davies				
24.	11	Bjorn Kielty	55.11a	PR	Fargo North				
Q	4.	12	Alimath Salou	26.42a	PR	Davies	Q
Q	5.	11	Ashton Safranski	26.47a		Davies	Q
Q	6.	12	Elyse Gulsvig	26.62a	PR	Davies	Q
Q	7.	10	Evangeline Sappingt...	26.85a		Horace	Q
Q	8.	11	Jordis Maxwell	26.94a	PR	Fargo South	Q
Q	9.	10	Ella Heilman	26.95a	PR	West Fargo	
Q	10.	10	Gabby Tangedal	27.24a		Devils Lake	
Q	11.	10	Ellery White	27.58a	SR	Red River	
Q	12.	12	Annika McCarthy	27.66a	SR	Devils Lake	
Q	13.	10	Alexis Lovehaug	27.67a		Davies	
Q	14.	10	Mika Wadeson	27.71a		West Fargo Sheyenne	
Q	15.	12	Leziga Kpeenu	27.81a	PR	West Fargo Sheyenne	
Q	16.	9	Isabelle Naklen	28.04a	PR	Fargo South	
Q	17.	11	Isabella Tangedal	28.09a	PR	Devils Lake	
	18.	10	Brittyn Olson	28.16a	PR	West Fargo Sheyenne	
	19.	10	Zevina Scarbrough	28.27a		West Fargo	
Q	20.	11	Ella Nelson	28.33a	PR	West Fargo	
	21.	11	Brynn Bishop	28.62a	SR	West Fargo Sheyenne	
	22.	12	Noura Elhamadany	28.67a	PR	Red River	
	23.	9	Molly Flaherty	29.04a	PR	Shanley	
	24.	7	Addison Swanson	29.09a	PR	Red River	
	25.	11	Jadyn Chakua	29.35a	PR	Fargo North	
	26.	11	Hadley Thoreson	29.51a	SR	Valley City	
	27.	10	Abby Shanenko	30.01a	PR	Valley City	
	28.	11	Tesa Olson	30.02a	PR	Valley City	
	29.	9	Ciara Suah	30.18a	PR	Fargo South	
	30.	7	Danielle Buroko	30.30a		Red River	
	31.	11	Anya Warne	30.53a	PR	Wahpeton	
	32.	11	Molly Hoffman	30.87a		Fargo North	
	33.	11	Caroline Toetdal	30.91a	PR	Fargo North	
	34.	9	Presley Brown	31.14a		Devils Lake	
	35.	10	Jaisa Lassiter	31.25a	PR	Valley City	
	36.	9	Webeline Naklen	31.28a		Fargo South	
	37.	11	Addison Gerdon	31.29a		Wahpeton	
	38.	11	Vivian Wilson	31.63a	SR	Fargo North	
	39.	8	Chassidy Rodacker	32.34a		Devils Lake	
	40.	9	Myah Anderson	32.40a		Wahpeton	
	41.	11	Sofia Vega	32.74a	SR	Fargo North	
	42.	10	Maci Miller	32.77a		Wahpeton	
	43.	12	Cierra Pabst	36.19a		Valley City	
		12	Taya Samek	DNS		West Fargo	
		11	Jaida Fobb	DNS		Wahpeton	
		9	Elizabeth Voss	DNS		Shanley	
		9	Mina Bjerke	DNS		Red River	
		8	Kenzie Wuo	DNS		West Fargo Sheyenne	

400 Meters Varsity - Finals

1.	9	Michelle Gee	58.13a	PR	West Fargo	Q
2.	11	Jocelyn Schiller	58.22a	PR	Red River	Q
3.	10	Kate Laqua	59.17a	SR	Davies	Q
4.	11	Avary Fitzpatrick	1:00.68a		West Fargo Sheyenne	Q
5.	11	Ava Graf	1:01.41a	PR	Davies	Q
6.	9	Naomi Nhial	1:02.49a	PR	West Fargo Sheyenne	Q
Q 7.	12	Lauren Sturma	1:02.57a	PR	Davies	
Q 8.	10	Jersey Lang	1:03.41a		West Fargo Sheyenne	Q
Q 9.	10	Clara Robin	1:03.86a		Shanley	
Q 10.	11	Cadence Modin	1:03.98a		Davies	
Q 11.	9	Olivia Schock	1:04.41a		Horace	
Q 12.	9	Davin Nesius	1:04.52a		Davies	
13.	12	Leziga Kpeenu	1:04.56a		West Fargo Sheyenne	
14.	12	Sierra Heyd	1:05.08a	PR	Grand Forks Central	
Q 15.	8	Lily Wavrin	1:05.80a		West Fargo	
Q 16.	11	Ella Nelson	1:06.50a		West Fargo	
17.	9	Aubrie Lebrun	1:06.87a	PR	Devils Lake	
18.	11	Brynn Bishop	1:07.94a	PR	West Fargo Sheyenne	
19.	10	Anna Shock	1:07.96a		Devils Lake	
20.	12	Chloe Pfau	1:08.97a		West Fargo	
Q 21.	10	Brenna Shock	1:09.41a		Red River	
22.	8	Summer Barbot	1:09.60a	PR	Fargo South	
23.	11	Molly Hoffman	1:10.59a		Fargo North	
Q 24.	10	Katie Jones	1:11.11a		Valley City	
25.	8	Bethany Mehl	1:11.35a	PR	Fargo South	
26.	8	Chassidy Rodacker	1:11.64a		Devils Lake	
27.	11	Elsie Anderson	1:12.22a	SR	Fargo North	
28.	11	Addison Gerdon	1:12.29a		Wahpeton	
29.	11	Aletta Olson	1:12.68a	SR	Fargo North	
30.	9	Jasmyn Benedict	1:12.76a	PR	Wahpeton	

25.	10	Prince Tarlue	55.21a		Davies
26.	10	Andrew Knudsvig	55.60a		West Fargo
27.	10	David Hollcraft	55.71a	PR	Shanley
28.	9	Carter Hockert	56.01a	PR	Wahpeton
29.	11	AJ Carroll	56.04a	PR	Shanley
30.	10	Talib Berry	56.32a		Grand Forks Central
31.	9	Isaac Norby	56.33a	PR	Valley City
32.	9	Bryar Exner	56.34a	PR	Devils Lake
33.	10	Jaxon Hill	57.39a	SR	Wahpeton
34.	9	Ryland Fischer	57.51a		Davies
35.	12	Bradyn Hendrickson	57.55a	PR	Grand Forks Central
36.	11	Bennet Lucht	57.69a	PR	West Fargo Sheyenne
37.	11	Alex Jelinek	57.77a	PR	West Fargo
38.	9	Logan Vorhies	57.97a	PR	Grand Forks Central
39.	10	Brayden Dirckx	57.98a	PR	Grand Forks Central
40.	11	Damarion Semanko	58.20a	PR	Fargo South
41.	11	Ryan Benson	58.38a		Horace
42.	10	Gerardo Sanchez	58.82a	PR	Devils Lake
43.	11	Seth Williams	59.39a		Horace
44.	8	Hunter Undem	1:00.64a	PR	Valley City
45.	12	Jonathan Hill	1:03.50a	PR	Wahpeton
46.	10	Ethan Bradley	1:05.48a	PR	Shanley
47.	10	Isaac Vaagen	1:15.50a		Devils Lake
	11	Jeb Gossett	DNS		Fargo North

400 Meters - Relay Split Varsity - Finals

	10	Jackson DeVries	53.4	PR	Wahpeton
	10	Joseph Gomez	54.8		Wahpeton
	12	Beau Arenstein	55.4	PR	Wahpeton
	10	Treyton Mauch	56.1	PR	Wahpeton

800 Meters Varsity - Finals

1.	12	Quinn Roehl	1:55.80a		Grand Forks Central
2.	12	Drew Rempher	1:59.15a		Davies
3.	12	Tyler Goss	1:59.90a	PR	Devils Lake
4.	12	Braxton Middaugh	2:00.01a	PR	Fargo North
5.	11	Jaray Touray	2:00.12a	PR	Davies
6.	12	Noah Yahnke	2:01.07a	PR	West Fargo
7.	11	Micah Larsen-Schmidt	2:01.58a		Red River
8.	11	Adam Brachman	2:03.75a	PR	Davies
9.	11	Nate Anderson	2:04.47a	PR	Davies
10.	11	Isaiah Robles	2:04.51a		West Fargo Sheyenne
11.	12	Elijah Pederson	2:08.23a		Fargo North
12.	11	Josh Neil	2:08.29a	PR	Red River
13.	12	Omar Aly Ahmed	2:08.73a		Fargo South
14.	10	Stetson Gisselbeck	2:09.17a	PR	West Fargo Sheyenne
15.	11	Noah Berge	2:09.47a	PR	Wahpeton
16.	10	Alex Prichard	2:10.19a	PR	Red River
17.	11	Tucker Deibert	2:10.51a		West Fargo Sheyenne
18.	8	Zane Bennett	2:11.13a	PR	Devils Lake
19.	9	Colton Reinke	2:11.17a		Davies
20.	10	Ian Rasmussen	2:11.68a		Fargo North
21.	12	Ethan Lantz	2:11.69a	SR	Shanley
22.	11	Micah Schindler	2:11.79a	PR	Red River
23.	11	Chase Aadland	2:12.32a		West Fargo Sheyenne
24.	8	Ethan Erickson	2:13.16a	PR	Shanley
25.	12	Jonas Marklhos-Keik...	2:14.74a	PR	Wahpeton
26.	12	Charley Larson	2:15.06a	SR	Fargo South
27.	11	Corben Golovanoff	2:15.11a	PR	Valley City
28.	8	Tyson Vanyo	2:15.54a		Grand Forks Central
29.	12	Malcolm Stubbe	2:16.21a	PR	Devils Lake
30.	11	Jordan Weston	2:17.48a	PR	Fargo North
31.	9	Henry Liebl	2:17.70a		Shanley
32.	10	Jonah Svenby	2:17.80a	PR	West Fargo
33.	11	Malachi Dalton	2:18.41a	PR	Shanley
34.	11	Oscar Barbot	2:18.45a		Fargo South
35.	9	Zaine Breidenbach	2:18.51a	PR	West Fargo Sheyenne
36.	10	Noah Azure	2:21.81a	PR	Devils Lake
37.	10	Lukas Robinson	2:22.87a		Fargo South
38.	10	Theo Sum	2:23.46a	PR	Grand Forks Central
39.	12	Bailey Hunt	2:28.21a	PR	West Fargo
40.	11	Colman Barth	2:34.87a	PR	Wahpeton
41.	8	Jack Sorby	2:35.18a	PR	Valley City
42.	10	Timothy Lentz	2:35.61a	PR	Fargo South
	11	Jake Allmendinger	DNS		Fargo North
	9	Avery Eback	DNS		Devils Lake
31.	10	Olivia Knudsen	1:13.00a	PR	Red River
32.	9	Talyn Hoffert	1:13.63a	PR	Fargo South
33.	9	Ciara Suah	1:13.99a		Fargo South
34.	11	Sofia Vega	1:15.37a		Fargo North
35.	9	Audrina Miller	1:15.65a		Red River
36.	9	Jaeda Zimmerman	1:15.66a		Fargo South
37.	11	Vivian Wilson	1:16.28a		Fargo North
38.	11	Alya Yamani	1:23.14a	PR	Red River
39.	10	Katie Uhlir	1:28.14a		Grand Forks Central

400 Meters - Relay Split Varsity - Finals

	11	Jaida Fobb	60.8	PR	Wahpeton
	7	Gracie Falck	65.3		Wahpeton
	12	Alison Hoerer	65.8		Wahpeton
	10	Olivia Hansen	65.9		Wahpeton

800 Meters Varsity - Finals

1.	12	Lauren Dosch	2:12.96a		Red River	Q
2.	11	Morgan Hartze	2:19.94a	PR	Red River	Q
3.	10	Greta Goven	2:20.09a	PR	Valley City	Q
4.	12	Olivia Beschorner	2:21.06a	PR	West Fargo Sheyenne	Q
5.	10	Grace Thiel	2:23.71a		Fargo North	Q
6.	12	Emily Nelson	2:23.92a	PR	Red River	Q
7.	7	Brynn Lueck	2:24.42a	PR	Valley City	Q
8.	10	Ellie Miller	2:25.67a		Davies	
9.	8	Ava Wareham	2:26.85a	PR	Davies	
10.	8	Brynn Braaflat	2:28.30a	PR	Davies	
11.	10	Halle Stephens	2:28.91a		Davies	Q
12.	9	Lucy Grothmann	2:29.27a	PR	Shanley	
13.	10	Grayce Anderson	2:29.69a		Fargo North	Q
14.	9	Addie Saville	2:35.00a	PR	West Fargo Sheyenne	
15.	9	Kiaya Hagen	2:35.58a	PR	West Fargo	
Q 16.	8	Cadence Fetsch	2:36.19a	PR	Valley City	
Q 17.	9	Makenna Dilly	2:36.28a	PR	Shanley	
Q 18.	12	Carly Goven	2:37.62a	PR	Valley City	
Q 19.	8	Jocelyn Wettlaufer	2:38.51a		Horace	
Q 20.	10	Rylie Lelm	2:38.54a		Red River	
Q 21.	12	Lindsey Anderson	2:38.95a		West Fargo	
Q 22.	9	Lucy Schaffer	2:39.51a		Davies	
23.	11	Katelyn Stern	2:39.90a	PR	Grand Forks Central	
24.	12	Kayla Britsch	2:40.44a	SR	Devils Lake	
25.	7	Dottie Goss	2:41.18a		Devils Lake	
Q 26.	9	Andrea Wetterlin	2:41.43a		West Fargo	
27.	7	Baylor Dinger	2:44.74a	PR	West Fargo Sheyenne	
28.	11	Isabelle Julian	2:44.85a	PR	Fargo South	
29.	7	Lucie Comstock	2:45.52a		Wahpeton	
30.	9	Aubrie Lebrun	2:45.94a	PR	Devils Lake	
31.	10	Averi Johnson	2:46.61a		West Fargo	
32.	9	Gaby Machayya	2:47.64a		West Fargo Sheyenne	
33.	10	Tricia Pfennig	2:49.65a		Valley City	
34.	9	Ellie Johnson	2:49.83a	PR	Red River	
35.	12	Hallie Fritel	2:50.88a	SR	Devils Lake	
36.	10	Ella Roehl	2:51.68a	PR	Fargo South	
37.	12	Sierra Valentine	2:52.08a	PR	Wahpeton	
38.	11	Elsie Anderson	2:55.13a	SR	Fargo North	
39.	10	Taylor Christians	2:55.47a		West Fargo	
40.	9	Lengueth Bainbgui M...	2:58.35a	PR	Fargo South	
41.	9	Carly Cooper	2:58.74a	PR	Wahpeton	
42.	10	Emily Murchie	2:59.44a		Fargo North	
43.	9	Klara Oswalt	3:08.68a		Wahpeton	
44.	10	Mylee Ward	3:20.03a		Fargo South	
45.	10	Katie Uhlir	3:30.67a		Grand Forks Central	
	8	Ellie Engelking	DNS		West Fargo Sheyenne	

800 Meters - Relay Split Varsity - Finals

	12	Alison Hoerer	2:33.1	PR	Wahpeton
	7	Gracie Falck	2:34.3	PR	Wahpeton
	10	Olivia Hansen	2:35.3	PR	Wahpeton
	7	Lucie Comstock	2:41.3	PR	Wahpeton

1600 Meters Varsity - Finals

1.	11	Reagan Berg	5:13.17a	PR	Valley City	Q
2.	12	Jordan Knudsvig	5:16.98a	PR	West Fargo	Q
3.	9	Brooklyn Herrick	5:17.35a	PR	Horace	Q
4.	9	Kinley Steckler	5:19.31a	PR	Davies	Q

	11	Curtis Sande	DNS	Grand Forks Central	
	11	Brady Wohl	DNS	West Fargo	
	12	Jonah Dafoe	DNS	Red River	

800 Meters - Relay Split Varsity - Finals

	11	Noah Berge	2:11.3		Wahpeton
	12	Jonas Marklhos-Keik...	2:12.4	PR	Wahpeton
	11	Daan Bergmans	2:15.7	PR	Wahpeton
	9	Carter Hockert	2:18.0	PR	Wahpeton

1600 Meters Varsity - Finals

1.	12	Quinn Roehl	4:16.08a		Grand Forks Central	Q
2.	10	Elijah Dafoe	4:22.32a	PR	Red River	Q
3.	12	Drew Rempher	4:23.35a	PR	Davies	Q
4.	12	Brady Goss	4:23.86a		Devils Lake	Q
5.	12	Elijah Pederson	4:30.48a	PR	Fargo North	Q
6.	12	Jonah Dafoe	4:41.31a		Red River	Q
7.	9	Asher Lange	4:45.38a	PR	Davies	
8.	11	Kael Berberich	4:46.72a	PR	Red River	
9.	11	David Radke	4:47.04a	PR	Red River	
10.	12	Omar Aly Ahmed	4:47.99a		Fargo South	
11.	11	Brody Black	4:52.64a	PR	West Fargo Sheyenne	
12.	11	Colin Gannon	4:53.44a	PR	Davies	
13.	10	Isaac Amundson	4:53.94a		West Fargo	
14.	8	Zane Bennett	4:54.77a		Devils Lake	
15.	10	Karson Phillips	4:56.24a	PR	Davies	
16.	12	Koye Grebel	4:57.39a		Valley City	
17.	9	Caden Peterson	4:57.71a	PR	West Fargo Sheyenne	
18.	9	Liam Arens	4:57.80a	PR	West Fargo Sheyenne	
19.	10	William Krump	4:58.27a		Red River	
20.	10	Owen Rohr	5:00.13a	PR	Horace	
21.	11	Oscar Barbot	5:00.42a	PR	Fargo South	
22.	8	Ethan Erickson	5:00.60a	PR	Shanley	
23.	9	Henry Liebl	5:00.88a	PR	Shanley	
24.	11	Caden Willows	5:01.01a	PR	West Fargo	
25.	11	Preston Diederich	5:01.20a		Grand Forks Central	
26.	9	Gavin Bjur	5:01.69a	PR	Horace	
27.	12	James Selberg	5:01.76a	PR	West Fargo	
28.	10	Noah Azure	5:03.33a		Devils Lake	
29.	12	Simon Pryor	5:03.83a		Fargo North	
30.	9	Zach Duerr	5:04.23a		West Fargo Sheyenne	
31.	11	Brady Wohl	5:05.31a		West Fargo	
32.	9	Cole Duerr	5:05.91a		West Fargo Sheyenne	
33.	11	Malachi Dalton	5:07.15a	SR	Shanley	
34.	11	Corben Golovanoff	5:07.50a		Valley City	
35.	9	Ben Davies	5:11.51a		West Fargo	
36.	10	Jacob Syster	5:19.65a	PR	Fargo South	
37.	10	Preston Anderson	5:20.68a	SR	Davies	
38.	12	Malcolm Stubbe	5:26.91a	PR	Devils Lake	
39.	9	Karter Pfau	5:27.77a		Fargo North	
40.	12	Lucas Rutten	5:29.83a	PR	Fargo North	
41.	8	Jack Sorby	5:39.01a	PR	Valley City	
42.	10	Timothy Lentz	5:40.34a	PR	Fargo South	
	9	Alexander Kain	DNS		Fargo South	
	9	Jack Berry	DNS		Grand Forks Central	

3200 Meters Varsity - Finals

1.	11	Owen Sondag	9:37.43a		Fargo North	Q
2.	12	Leighton Steidl	9:54.11a	PR	Davies	Q
3.	10	Elijah Dafoe	9:56.29a		Red River	Q
4.	9	Quinn Carroll	9:56.78a	PR	Shanley	Q
5.	10	Joe Quinn	10:07.14a	PR	Red River	Q
6.	9	Kasen Currence	10:15.18a	PR	Davies	Q
7.	11	Kael Berberich	10:16.01a	PR	Red River	Q
8.	9	Isaac Cerney	10:23.96a	PR	Fargo North	Q
9.	12	Lucas Menke	10:36.87a	SR	Davies	Q
10.	11	Alex Hovdenes	10:37.57a	PR	Davies	Q
11.	11	Brody Black	10:39.57a	PR	West Fargo Sheyenne	Q
12.	9	Alexander Kain	10:39.68a	PR	Fargo South	Q
13.	10	Asa Berberich	10:41.03a	PR	Red River	Q
14.	10	Aidan Fiala	10:41.21a	PR	Grand Forks Central	Q
15.	11	David Radke	10:59.47a		Red River	Q
16.	11	Daan Bergmans	11:07.13a	PR	Wahpeton	Q
17.	8	Devin L' Heureux	11:10.25a		West Fargo Sheyenne	Q
18.	10	Christian Pochmara	11:11.95a	PR	Fargo North	Q
19.	10	Ryan Hoffman	11:12.01a	PR	Fargo North	Q
20.	10	Jacob Syster	11:12.07a	PR	Fargo South	Q
21.	10	Preston Anderson	11:12.13a	SR	Davies	Q
22.	12	Malcolm Stubbe	11:12.19a	PR	Devils Lake	Q
23.	9	Karter Pfau	11:12.25a		Fargo North	Q
24.	12	Lucas Rutten	11:12.31a	PR	Fargo North	Q
25.	8	Jack Sorby	11:12.37a	PR	Valley City	Q
26.	10	Timothy Lentz	11:12.43a	PR	Fargo South	Q
27.	9	Alexander Kain	11:12.49a	PR	Fargo South	Q
28.	9	Jack Berry	11:12.55a		Grand Forks Central	Q
29.	10	Jacob Hoffman	11:12.61a	PR	Fargo North	Q
30.	10	Ryan Hoffman	11:12.67a	PR	Fargo North	Q
31.	10	Jacob Syster	11:12.73a	PR	Fargo South	Q
32.	10	Preston Anderson	11:12.79a	SR	Davies	Q
33.	12	Malcolm Stubbe	11:12.85a	PR	Devils Lake	Q
34.	9	Karter Pfau	11:12.91a		Fargo North	Q
35.	12	Lucas Rutten	11:12.97a	PR	Fargo North	Q
36.	8	Jack Sorby	11:13.03a	PR	Valley City	Q
37.	10	Timothy Lentz	11:13.09a	PR	Fargo South	Q
38.	9	Alexander Kain	11:13.15a	PR	Fargo South	Q
39.	9	Jack Berry	11:13.21a		Grand Forks Central	Q
40.	10	Jacob Hoffman	11:13.27a	PR	Fargo North	Q
41.	10	Ryan Hoffman	11:13.33a	PR	Fargo North	Q
42.	10	Jacob Syster	11:13.39a	PR	Fargo South	Q
43.	10	Preston Anderson	11:13.45a	SR	Davies	Q
44.	12	Malcolm Stubbe	11:13.51a	PR	Devils Lake	Q
45.	9	Karter Pfau	11:13.57a		Fargo North	Q
46.	12	Lucas Rutten	11:13.63a	PR	Fargo North	Q
47.	8	Jack Sorby	11:13.69a	PR	Valley City	Q
48.	10	Timothy Lentz	11:13.75a	PR	Fargo South	Q
49.	9	Alexander Kain	11:13.81a	PR	Fargo South	Q
50.	9	Jack Berry	11:13.87a		Grand Forks Central	Q
51.	10	Jacob Hoffman	11:13.93a	PR	Fargo North	Q
52.	10	Ryan Hoffman	11:13.99a	PR	Fargo North	Q
53.	10	Jacob Syster	11:14.05a	PR	Fargo South	Q
54.	10	Preston Anderson	11:14.11a	SR	Davies	Q
55.	12	Malcolm Stubbe	11:14.17a	PR	Devils Lake	Q
56.	9	Karter Pfau	11:14.23a		Fargo North	Q
57.	12	Lucas Rutten	11:14.29a	PR	Fargo North	Q
58.	8	Jack Sorby	11:14.35a	PR	Valley City	Q
59.	10	Timothy Lentz	11:14.41a	PR	Fargo South	Q
60.	9	Alexander Kain	11:14.47a	PR	Fargo South	Q
61.	9	Jack Berry	11:14.53a		Grand Forks Central	Q
62.	10	Jacob Hoffman	11:14.59a	PR	Fargo North	Q
63.	10	Ryan Hoffman	11:14.65a	PR	Fargo North	Q
64.	10	Jacob Syster	11:14.71a	PR	Fargo South	Q
65.	10	Preston Anderson	11:14.77a	SR	Davies	Q
66.	12	Malcolm Stubbe	11:14.83a	PR	Devils Lake	Q
67.	9	Karter Pfau	11:14.89a		Fargo North	Q
68.	12	Lucas Rutten	11:14.95a	PR	Fargo North	Q
69.	8	Jack Sorby	11:15.01a	PR	Valley City	Q
70.	10	Timothy Lentz	11:15.07a	PR	Fargo South	Q
71.	9	Alexander Kain	11:15.13a	PR	Fargo South	Q
72.	9	Jack Berry	11:15.19a		Grand Forks Central	Q
73.	10	Jacob Hoffman	11:15.25a	PR	Fargo North	Q
74.	10	Ryan Hoffman	11:15.31a	PR	Fargo North	Q
75.	10	Jacob Syster	11:15.37a	PR	Fargo South	Q
76.	10	Preston Anderson	11:15.43a	SR	Davies	Q
77.	12	Malcolm Stubbe	11:15.49a	PR	Devils Lake	Q
78.	9	Karter Pfau	11:15.55a		Fargo North	Q
79.	12	Lucas Rutten	11:15.61a	PR	Fargo North	Q
80.	8	Jack Sorby	11:15.67a	PR	Valley City	Q
81.	10	Timothy Lentz	11:15.73a	PR	Fargo South	Q
82.	9	Alexander Kain	11:15.79a	PR	Fargo South	Q
83.	9	Jack Berry	11:15.85a		Grand Forks Central	Q
84.	10	Jacob Hoffman	11:15.91a	PR	Fargo North	Q
85.	10	Ryan Hoffman	11:15.97a	PR	Fargo North	Q
86.	10	Jacob Syster	11:16.03a	PR	Fargo South	Q
87.	10	Preston Anderson	11:16.09a	SR	Davies	Q
88.	12	Malcolm Stubbe	11:16.15a	PR	Devils Lake	Q
89.	9	Karter Pfau	11:16.21a		Fargo North	Q
90.	12	Lucas Rutten	11:16.27a	PR	Fargo North	Q
91.	8	Jack Sorby	11:16.33a	PR	Valley City	Q
92.	10	Timothy Lentz	11:16.39a	PR	Fargo South	Q
93.	9	Alexander Kain	11:16.45a	PR	Fargo South	Q
94.	9	Jack Berry	11:16.51a		Grand Forks Central	Q
95.	10	Jacob Hoffman	11:16.57a	PR	Fargo North	Q
96.	10	Ryan Hoffman	11:16.63a	PR	Fargo North	Q
97.	10	Jacob Syster	11:16.69a	PR	Fargo South	Q
98.	10	Preston Anderson	11:16.75a	SR	Davies	Q
99.	12	Malcolm Stubbe	11:16.81a	PR	Devils Lake	Q
100.	9	Karter Pfau	11:16.87a		Fargo North	Q
101.	12	Lucas Rutten	11:16.93a	PR	Fargo North	Q
102.	8	Jack Sorby	11:16.99a	PR	Valley City	Q
103.	10	Timothy Lentz	11:17.05a	PR	Fargo South	Q
104.	9	Alexander Kain	11:17.11a	PR	Fargo South	Q
105.	9	Jack Berry	11:17.17a		Grand Forks Central	Q
106.	10	Jacob Hoffman	11:17.23a	PR	Fargo North	Q
107.	10	Ryan Hoffman	11:17.29a	PR	Fargo North	Q
108.	10	Jacob Syster	11:17.35a	PR	Fargo South	Q
109.	10	Preston Anderson	11:17.41a	SR	Davies	Q
110.	12	Malcolm Stubbe	11:17.47a	PR	Devils Lake	Q
111.	9	Karter Pfau	11:17.53a		Fargo North	Q
112.	12	Lucas Rutten	11:17.59a	PR	Fargo North	Q
113.	8	Jack Sorby	11:17.65a	PR	Valley City	Q
114.	10	Timothy Lentz	11:17.71a	PR	Fargo South	Q
115.	9	Alexander Kain	11:17.77a	PR	Fargo South	Q
116.	9	Jack Berry	11:17.83a		Grand Forks Central	Q
117.	10	Jacob Hoffman	11:17.89a	PR	Fargo North	Q
118.	10	Ryan Hoffman	11:17.95a	PR	Fargo North	Q
119.	10	Jacob Syster	11:18.01a	PR	Fargo South	Q
120.	10	Preston Anderson	11:18.07a	SR	Davies	Q
121.	12	Malcolm Stubbe	11:18.13a	PR	Devils Lake	Q
122.	9	Karter Pfau	11:18.19a		Fargo North	Q
123.	12	Lucas Rutten	11:18.25a	PR	Fargo North	Q
124.	8	Jack Sorby	11:18.31a	PR	Valley City	Q
125.	10	Timothy Lentz	11:18.37a	PR	Fargo South	Q
126.	9	Alexander Kain	11:18.43a	PR	Fargo South	Q
127.	9	Jack Berry	11:18.49a		Grand Forks Central	Q
128.	10	Jacob Hoffman	11:18.55a	PR	Fargo North	Q
129.	10	Ryan Hoffman	11:18.61a	PR	Fargo North	Q
130.	10	Jacob Syster	11:18.67a	PR	Fargo South	Q
131.	10	Preston Anderson	11:18.73a	SR	Davies	Q
132.	12	Malcolm Stubbe	11:18.79a	PR	Devils Lake	Q
133.	9	Karter Pfau	11:18.85a		Fargo North	Q
134.	12	Lucas Rutten	11:18.91a	PR	Fargo North	Q
135.	8	Jack Sorby	11:18.97a	PR	Valley City	Q
136.	10	Timothy Lentz	11:19.03a	PR	Fargo South	Q
137.	9	Alexander Kain	11:19.09a	PR	Fargo South	Q
138.	9	Jack Berry	11:19.15a		Grand Forks Central	Q
139.	10	Jacob Hoffman	11:19.21a	PR	Fargo North	Q
140.	10	Ryan Hoffman	11:19.27a	PR	Fargo North	Q
141.	10	Jacob Syster	11:19.33a	PR	Fargo South	Q
142.	10	Preston Anderson	11:19.39a	SR	Davies	Q
143.	12	Malcolm Stubbe	11:19.45a	PR	Devils Lake	Q
144.	9	Karter Pfau	11:19.51a		Fargo North	Q
145.	12	Lucas Rutten	11:19.57a	PR	Fargo North	Q
146.	8	Jack Sorby	11:19.63a	PR	Valley City	Q
147.	10	Timothy Lentz	11:19.69a	PR	Fargo South	Q
148.	9	Alexander Kain	11:19.75a	PR	Fargo South	Q
149.	9	Jack Berry	11:19.81a		Grand Forks Central	Q
150.	10	Jacob Hoffman	11:19.87a	PR	Fargo North	Q
151.	10	Ryan Hoffman	11:19.93a	PR	Fargo North	Q
152.	10	Jacob Syster	11:19.99a	PR	Fargo South	Q
153.	10	Preston Anderson	11:20.05a	SR	Davies	Q
154.	12	Malcolm Stubbe	11:20.11a	PR	Devils Lake	Q
155.	9	Karter Pfau	11:20.17a		Fargo North	Q
156.	12	Lucas Rutten	11:20.23a	PR	Fargo North	Q
157.	8	Jack Sorby	11:20.29a	PR	Valley City	Q
158.	10	Timothy Lentz	11:20.35a	PR	Fargo South	Q
159.	9	Alexander Kain	11:20.41a	PR	Fargo South	Q
160.	9	Jack Berry	11:20.47a		Grand Forks Central	Q
161.	10	Jacob Hoffman	11:20.53a	PR	Fargo North	Q
162.	10	Ryan Hoffman	11:20.59a	PR	Fargo North	Q
163.	10	Jacob Syster	11:20.65a	PR	Fargo South	Q
164.	10	Preston Anderson	11:20.71a	SR	Davies	Q
165.	12	Malcolm Stubbe	11:20.77a	PR	Devils Lake	Q
166.	9	Karter Pfau	11:20.83a		Fargo North	Q
167.	12	Lucas Rutten	11:20.89a	PR	Fargo North	Q
168.	8	Jack Sorby	11:20.95a	PR	Valley City	Q
169.	10	Timothy Lentz	11:21.01a	PR	Fargo South	Q
170.	9	Alexander Kain	11:21.07a	PR	Fargo South	Q
171.	9	Jack Berry	11:21.13a		Grand Forks Central	Q
172.	10	Jacob Hoffman	11:21.19a	PR	Fargo North	Q
173.	10	Ryan Hoffman	11:21.25a	PR	Fargo North	Q
174.	10	Jacob Syster	11:21.31a	PR	Fargo South	Q
175.	10	Preston Anderson	11:21.37a	SR	Davies	Q
176.	12	Malcolm Stubbe	11:21.43a	PR	Devils Lake	Q
177.	9	Karter Pfau	11:21.49a		Fargo North	Q
178.	12	Lucas Rutten	11:21.55a	PR	Fargo North	Q
179.	8	Jack Sorby	11:21.61a	PR	Valley City	Q
180.	10	Timothy Lentz	11:21.67a	PR	Fargo South	Q
181.	9	Alexander Kain	11:21.73a	PR	Fargo South	Q
182.	9	Jack Berry	11:21.79a		Grand Forks Central	Q
183.	10	Jacob Hoffman	11:21.85a	PR	Fargo North	Q
184.	10	Ryan Hoffman	11:21.91a	PR	Fargo North	Q
185.	10	Jacob Syster	11:21.97a	PR	Fargo South	Q
186.	10	Preston Anderson	11:22.03a	SR	Davies	Q
187.	12	Malcolm Stubbe	11:22.09a	PR	Devils Lake	Q
188.	9	Karter Pfau	11:22.15a		Fargo North	Q
189.	12	Lucas Rutten	11:22.21a	PR	Fargo North	Q
190.	8	Jack Sorby	11:22.27a	PR	Valley City	Q
191.	10	Timothy Lentz	11:22.33a	PR	Fargo South	Q
192.	9	Alexander Kain	11:22.39a	PR	Fargo South	Q
193.	9	Jack Berry	11:22.45a		Grand Forks Central	Q
194.	10	Jacob Hoffman	11:22.51a	PR	Fargo North	Q
195.	10	Ryan Hoffman	11:22.57a	PR	Fargo North	Q
196.	10	Jacob Syster	11:22.63a	PR	Fargo South	Q
197.	10	Preston Anderson	11:22.69a	SR	Davies	Q
198.	12	Malcolm Stubbe	11:22.75a	PR	Devils Lake	Q
199.	9	Karter Pfau	11:22.81a		Fargo North	Q
200.	12	Lucas Rutten	11:22.87a	PR	Fargo North	Q
201.	8	Jack Sorby	11:22.93a	PR	Valley City	Q
202.	10	Timothy Lentz	11:22.99a	PR	Fargo South	Q
203.	9	Alexander Kain	11:23.05a	PR	Fargo South	Q
204.	9	Jack Berry	11:23.11a		Grand Forks Central	Q
205.	10	Jacob Hoffman	11:23.17a	PR	Fargo North	Q
206.	10	Ryan Hoffman	11:23.23a	PR	Fargo North	Q
207.	10	Jacob Syster	11:23.29a	PR	Fargo South	Q
208.	10	Preston Anderson	11:23.35a	SR	Davies	Q
209.	12	Malcolm Stubbe	11:23.41a	PR	Devils Lake	Q
210.	9	Karter Pfau	11:23.47a		Fargo North	Q
211.	12	Lucas Rutten	11:23.53a	PR	Fargo North	Q
212.	8	Jack Sorby	11:23.59a	PR	Valley City	Q
213.	10	Timothy Lentz	11:23.65a	PR	Fargo South	Q
214.	9	Alexander Kain	11:23.71a	PR	Fargo South	Q
215.	9	Jack Berry	11:23.77a		Grand Forks Central	Q
216.	10	Jacob Hoffman	11:23.83a	PR	Fargo North	Q
217.	10	Ryan Hoffman	11:23.89a	PR	Fargo North	Q
218.	10	Jacob Syster	11:23.95a	PR	Fargo South	Q
219.	10	Preston Anderson	11:24.01a	SR	Davies	Q
220.	12	Malcolm Stubbe	11:24.07a	PR	Devils Lake	Q
221.	9	Karter Pfau	11:24.13a		Fargo North	Q
222.	12	Lucas Rutten	11:24.19a	PR	Fargo North	Q
223.	8	Jack Sorby	11:24.25a	PR	Valley City	Q
224.	10	Timothy Lentz	11:24.31a	PR	Fargo South	Q
225.	9	Alexander Kain	11:24.37a	PR	Fargo South	Q
226.	9	Jack Berry	11:24.43a		Grand Forks Central	Q
227.	10	Jacob Hoffman	11:24.49a	PR	Fargo North	Q
228.	10	Ryan Hoffman	11:24.55a	PR	Fargo North	Q
229.	10	Jacob Syster	11:24.61a	PR	Fargo South	Q
230.	10	Preston Anderson	11:24.67a	SR	Davies	Q
231.	12	Malcolm Stubbe	11:24.73a	PR	Devils Lake	Q
232.	9	Karter Pfau	11:24.79a		Fargo North	Q
233.	12	Lucas Rutten	11:24.85a	PR	Fargo North	Q
234.	8	Jack Sorby	11:24.91a	PR	Valley City	Q
235.	10	Timothy Lentz	11:24.97a	PR	Fargo South	Q
236.	9	Alexander Kain	11:25.03a	PR	Fargo South	Q
237.	9	Jack Berry	11:25.09a		Grand Forks Central	Q
238.	10	Jacob Hoffman	11:25.15a	PR	Fargo North	Q
239.	10	Ryan Hoffman	11:25.21a	PR	Fargo North	Q
240.	10	Jacob Syster	11:25.27a	PR	Fargo South	Q
241.	10	Preston Anderson	11:25.33a	SR	Davies	Q
242.	12	Malcolm Stubbe	11:25.39a	PR	Devils Lake	Q
243.	9	Karter Pfau	11:25.45a		Fargo North	Q
244.	12	Lucas Rutten	11:25.51a	PR	Fargo North	Q
245.	8	Jack Sorby	11:25.57a	PR	Valley City	Q
246.	10	Timothy Lentz	11:25.63a	PR	Fargo South	Q
247.	9	Alexander Kain	11:25.69a	PR	Fargo South	Q
248.	9	Jack Berry	11:25.75a		Grand Forks Central	Q
249.	10	Jacob Hoffman	11:25.81a	PR	Fargo North	Q
250.	10	Ryan Hoffman	11:25.87a	PR	Fargo North	Q
251.	10	Jacob Syster	11:25.93a	PR	Fargo South	Q
252.	10	Preston Anderson	11:25.99a	SR	Davies	Q
253.	12	Malcolm Stubbe	11:26.05a	PR	Devils Lake	Q
254.	9	Karter Pfau	11:26.11a		Fargo North	Q
255.	12	Lucas Rutten	11:26.17a	PR	Fargo North	Q
256.	8	Jack Sorby	11:26.23a	PR	Valley City	Q
257.	10	Timothy Lentz	11:26.29a	PR	Fargo South	Q
258.	9	Alexander Kain	11:26.35a	PR	Fargo South	Q
259.	9	Jack Berry	11:26.41a		Grand Forks Central	Q
260.	10	Jacob Hoffman	11:26.47a	PR	Fargo North	Q
261.	10	Ryan Hoffman	11:26.53a	PR	Fargo North	Q
262.	10	Jacob Syster	11:26.59a	PR	Fargo South	Q
263.	10	Preston Anderson	11:26.65a	SR	Davies	Q
264.	12	Malcolm Stubbe	11:26.71a	PR	Devils Lake	Q
265.	9	Karter Pfau	11:26.77a		Fargo North	Q
266.	12	Lucas Rutten	11:26.83a	PR	Fargo North	Q
267.	8	Jack Sorby	11:26.89a	PR	Valley City	Q
268.	10	Timothy Lentz	11:26.95a	PR	Fargo South	Q
269.	9	Alexander Kain	11:27.01a	PR	Fargo South	Q
270.	9	Jack Berry	11:27.07a		Grand Forks Central	Q
271.	10	Jacob Hoffman	11:27.13a	PR	Fargo North	Q
272.	10	Ryan Hoffman	11:27.19a	PR	Fargo North	Q
273.	10	Jacob Syster	11:27.25a	PR	Fargo South	Q
274.	10	Preston Anderson	11:27.31a	SR	Davies	Q
275.	12	Malcolm Stubbe	11:27.37a	PR	Devils Lake	Q
276.	9	Karter Pfau	11:27.43a		Fargo North	Q
277.	12	Lucas Rutten	11:27.49a	PR	Fargo North	Q
278.	8	Jack Sorby	11:27.55a	PR	Valley City	Q
279.	10	Timothy Lentz	11:27.61a	PR	Fargo South	Q
280.	9	Alexander Kain	11:27.67a	PR	Fargo South	Q
281.	9	Jack Berry	11:27.73a		Grand Forks Central	Q
282.	10	Jacob Hoffman	11:27.79a	PR	Fargo North	Q
283.	10	Ryan Hoffman	11:27.85a	PR	Fargo North	Q
284.	10	Jacob Syster	11:27.91a	PR	Fargo South	Q
285.	10	Preston Anderson	11:27.97a	SR	Davies	Q
286.	12	Malcolm Stubbe	11:28.03a	PR	Devils Lake	Q
287.	9	Karter Pfau	11:28.09a		Fargo North	Q
288.	12	Lucas Rutten	11:28.15a	PR	Fargo North	Q
289.	8	Jack Sorby	11:28.21a	PR	Valley City	Q
290.	10	Timothy Lentz	11:28.27a	PR	Fargo South	Q
291.	9	Alexander Kain	11:28.33a	PR	Fargo South	Q
292.	9	Jack Berry	11:28.39a		Grand Forks Central	Q
293.	10	Jacob Hoffman	11:28.45a	PR	Fargo North	Q
294.	10	Ryan Hoffman	11:28.51a	PR	Fargo North	Q
295.	10	Jacob Syster	11:28.57a	PR	Fargo South	Q
296.	10	Preston Anderson	11:28.63a	SR	Davies	Q
297.	12	Malcolm Stubbe	11:28.69a	PR	Devils Lake	Q
298.	9	Karter Pfau	11:28.75a		Fargo North	Q
299.	12	Lucas Rutten	11:28.81a	PR	Fargo North	Q
300.	8	Jack Sorby	11:28.87a	PR	Valley City	Q
301.	10	Timothy Lentz	11:28.93a	PR	Fargo South	Q
302.	9	Alexander Kain	11:28.99a	PR	Fargo South	Q
303.	9	Jack Berry	11:29.05a		Grand Forks Central	Q
304.	10	Jacob Hoffman	11:29.11a	PR	Fargo North	Q
305.	10	Ryan Hoffman	11:29.17a	PR	Fargo North	Q
306.	10	Jacob Syster	11:29.23a	PR	Fargo South	Q
307.	10	Preston Anderson	11:29.29a	SR	Davies	Q
308.	12	Malcolm Stubbe	11:29.35a	PR	Devils Lake	Q
309.	9	Karter Pfau	11:29.41a		Fargo North	Q
310.	12	Lucas Rutten	11:29.47a	PR	Fargo North	Q
311.	8	Jack Sorby	11:29.53a	PR	Valley City	Q
312.	10	Timothy Lentz	11:29.59a	PR	Fargo South	Q
313.	9	Alexander Kain	11:29.65a	PR	Fargo South	Q
314.	9	Jack Berry	11:29.71a		Grand Forks Central	Q
315.	10	Jacob Hoffman	11:29.77a	PR	Fargo North	Q
316.	10	Ryan Hoffman	11:29.83a	PR	Fargo North	Q
317.	10	Jacob Syster	11:29.89a	PR	Fargo South	Q
318.	10	Preston Anderson	11:29.95a	SR	Davies	Q
319.	12	Malcolm Stubbe	11:30.01a	PR	Devils Lake	Q
320.	9	Karter Pfau	11:30.07a		Fargo North	Q
321.	12	Lucas Rutten	11:30.13a	PR	Fargo North	Q
322.	8	Jack Sorby	11:30.19a	PR	Valley City	Q
323.	10	Timothy Lentz	11:30.25a	PR	Fargo South	Q
324.	9	Alexander Kain	11:30.31a	PR	Fargo South	Q
325.	9	Jack Berry	11:30.37a		Grand Forks Central	Q
326.	10	Jacob Hoffman	11:30.43a	PR	Fargo North	Q
327.	10	Ryan Hoffman	11:30.49a	PR	Fargo North	Q
328.	10	Jacob Syster	11:30.55a	PR	Fargo South	Q
329.	10	Preston Anderson	11:30.61a	SR	Davies	Q
330.	12	Malcolm Stubbe	11:30.67a	PR	Devils Lake	Q
331.	9	Karter Pfau	11:30.73a		Fargo North	Q
332.	12	Lucas Rutten	11:30.79a	PR	Fargo North	Q
333.	8	Jack Sorby	11:30.85a	PR	Valley City	Q
334.	10	Timothy Lentz	11:30.91a	PR	Fargo South	Q
335.	9	Alexander Kain	11:30.97a	PR	Fargo South	Q
336.	9	Jack Berry	11:31.03a		Grand Forks Central	Q
337.	10	Jacob Hoffman	11:31.09a	PR	Fargo North	Q
338.	10	Ryan Hoffman	11:31.15a	PR	Fargo North	Q
339.	10	Jacob Syster	11:31.21a	PR	Fargo South	Q
340.	10	Preston Anderson	11:31.27a	SR	Davies	Q
341.	12	Malcolm Stubbe	11:31.33a	PR	Devils Lake	Q
342.	9	Karter Pfau	11:31.39a		Fargo North	Q
343.	12	Lucas Rutten	11:31.45a	PR	Fargo North	Q
344.	8	Jack Sorby	11:31.51a	PR	Valley City	Q
345.	10	Timothy Lentz	11:31.57a	PR	Fargo South	Q
346.	9	Alexander Kain	11:31.63a	PR	Fargo South	Q
347.	9	Jack Berry	11:31.69a		Grand Forks Central	Q
348.	10	Jacob Hoffman	11:31.75a	PR	Fargo North	Q
349.	10	Ryan Hoffman	11:31.81a	PR	Fargo North	Q
350.	10	Jacob Syster	11:31.87a	PR	Fargo South	Q
351.	10	Preston Anderson	11:31.93a	SR	Davies	Q
352.	12	Malcolm Stubbe	11:31.99a	PR	Devils Lake	Q
353.	9	Karter Pfau	11:32.05a		Fargo North	Q
354.	12	Lucas Rutten	11:32.11a	PR	Fargo North	Q
355.	8	Jack Sorby	11:32.17a	PR	Valley City	Q
356.	10	Timothy Lentz	11:32.23a	PR	Fargo South	Q
357.	9	Alexander Kain	11:32.29a	PR	Fargo South	Q
358.	9	Jack Berry	11:32.35a		Grand Forks Central	Q
359.	10	Jacob Hoffman	11:32.41a	PR	Fargo North	Q
360.	10	Ryan Hoffman	11:32.47a	PR	Fargo North	Q
361.	10	Jacob Syster	11:32.53a	PR	Fargo South	Q
362.	10	Preston Anderson	11:32.59a	SR	Davies	Q
363.	12	Malcolm Stubbe	11:32.65a	PR	Devils Lake	Q
364.	9	Karter Pfau	11:32.71a		Fargo North	Q
365.	12	Lucas Rutten	11:32.77a	PR	Fargo North	Q
366.	8	Jack Sorby	11:32.83a	PR	Valley City

19.	12	AJ Kaufman	11:21.78a	PR	West Fargo Sheyenne
20.	12	Simon Pryor	11:22.25a		Fargo North
21.	10	Lucas Selzler	11:24.26a	PR	Davies
22.	11	Caden Willows	11:24.30a	PR	West Fargo
23.	9	Jack Berry	11:25.56a	PR	Grand Forks Central
24.	9	Ben Davies	11:28.16a	PR	West Fargo
25.	9	Colin Vink	11:28.91a	PR	Shanley
26.	10	Jacob Syster	11:32.76a	PR	Fargo South
27.	9	Steven Salberg	12:38.80a		Grand Forks Central
	12	Quinn Roehl	DNS		Grand Forks Central
	10	Isaac Amundson	DNS		West Fargo

110m Hurdles Varsity - Finals

1.	10	Trey Knoke	14.96a		Fargo North	Q
2.	12	Lukas Heydt	15.37a		Red River	Q
3.	12	Carter Byron	15.48a		Red River	Q
4.	12	Soren Kaster	15.51a	PR	West Fargo Sheyenne	Q
5.	9	Brody Muchow	15.60a		Davies	Q
6.	9	Bennet Lonn	15.79a		Davies	Q
7.	12	Laquan King	15.88a		Fargo North	Q
8.	10	Hudson Asche	15.94a		Davies	Q
9.	11	Reis Kessel	15.97a		Fargo South	Q
10.	11	Ben Strand	16.13a	PR	Red River	Q
11.	12	Daniel Anzo-Inyu	16.30a	PR	Fargo North	
12.	8	Joaquin Valdez	16.30a	PR	West Fargo	
13.	10	Jack Guscette	16.45a		West Fargo	
14.	9	Elijah Morris	16.58a	PR	West Fargo	
15.	11	Keyton McGregor	16.62a	PR	West Fargo	
16.	10	Desire Masiri	17.09a		West Fargo	
17.	12	Tyler Kloeckner	17.55a		Fargo South	
18.	9	Kolten Tesch	17.64a		Davies	
19.	9	Asher Suriano	18.34a		Red River	
20.	10	Steven Lozano Rivera	18.59a		Davies	
21.	12	Jacob Impola	18.67a		West Fargo Sheyenne	
22.	12	Aidan Massaquoi	18.67a	PR	West Fargo Sheyenne	
23.	10	Andrew Rexin	19.34a	PR	Horace	
24.	9	Jacob Birnbaum	19.35a	PR	Horace	
25.	9	Jayvon Anderson	20.56a		Fargo South	

300m Hurdles Varsity - Finals

1.	12	Soren Kaster	39.82a	PR	West Fargo Sheyenne	Q
2.	10	Joshua Beil	39.93a		Davies	Q
3.	12	Lukas Heydt	40.34a		Red River	Q
4.	9	Brody Muchow	41.67a		Davies	Q
5.	9	Bennet Lonn	41.77a		Davies	Q
6.	12	Aiden Bryce Volk	41.87a		Devils Lake	Q
7.	10	Trey Knoke	42.21a		Fargo North	Q
8.	11	Joe Flaherty	42.24a	PR	Shanley	Q
9.	12	Laquan King	42.25a		Fargo North	Q
10.	12	Charlie Anderson	42.69a	PR	Fargo North	
11.	10	Desire Masiri	42.91a		West Fargo	
12.	10	Jack Guscette	43.16a		West Fargo	Q
13.	11	Reis Kessel	43.34a		Fargo South	
14.	12	Aidan Massaquoi	43.39a		West Fargo Sheyenne	
15.	11	Josh Neil	43.48a		Red River	
16.	10	Danny Suedel	43.96a		Grand Forks Central	
17.	10	Joseph Gomez	44.00a		Wahpeton	
18.	9	Kolten Tesch	44.07a	PR	Davies	
19.	12	Tyler Kloeckner	44.09a	PR	Fargo South	
20.	12	Daniel Anzo-Inyu	44.12a		Fargo North	
21.	9	Jayvon Anderson	44.68a		Fargo South	
22.	10	Hudson Asche	45.18a		Davies	Q
23.	8	Joaquin Valdez	45.36a		West Fargo	
24.	12	Blake Wanner	45.42a		Fargo North	
25.	12	Jacob Impola	46.25a	PR	West Fargo Sheyenne	
26.	12	Mikko Angelo Villas	46.67a		Red River	
27.	10	Andrew Rexin	47.46a	PR	Horace	
28.	9	Jacob Birnbaum	47.59a	PR	Horace	
29.	9	Asher Suriano	47.69a		Red River	
30.	9	Rory Senger	48.88a	PR	West Fargo	
31.	9	Zander Senger	49.00a		West Fargo	
32.	9	Jack Matson	49.06a		Red River	
33.	8	Tucker Bennett	50.02a		Devils Lake	
34.	10	Grant Quam	50.15a		Devils Lake	
35.	9	Caleb Carlsen	51.20a	PR	Grand Forks Central	
36.	9	Aydin Anderson	51.58a	PR	Grand Forks Central	
26.	9	Mallie McCloud	19.42a		Devils Lake	
27.	12	Sonya Dolo	19.66a		Davies	
28.	12	Dylan Johnson	19.68a	SR	Fargo North	
29.	9	Keira Botnen	20.16a		Red River	
30.	9	Emma Esposito	20.48a		West Fargo	
31.	12	Morianna Llapa	20.57a		Red River	
32.	9	Madeline Graves	20.85a	PR	Wahpeton	
33.	9	Elizabeth Orness	21.10a	PR	Devils Lake	
34.	12	Heather Nordness	22.22a		Fargo North	
Q	35.	9	Hikmah Abdul-Hammed	22.83a		Fargo North
	9	Soludo Obi	DNS		West Fargo	
	12	Ciera Teah	DQ		Fargo South	

300m Hurdles Varsity - Finals

1.	10	Kate Laqua	45.25a		Davies	Q
2.	11	Jane Donat	47.46a	SR	Davies	Q
3.	10	Sophie Brakke	47.91a		Red River	Q
4.	9	Sanie Gayflor	48.54a	PR	Davies	Q
5.	10	Axumite Wren James	48.74a	PR	Fargo South	Q
6.	10	Alexandra Roberts	49.03a		Davies	Q
7.	9	Hikmah Abdul-Hammed	49.19a		Fargo North	Q
8.	8	Jocelynne Hoefs	49.36a		Red River	Q
9.	10	Alexis Lovehaug	49.51a		Davies	
10.	8	Sara Kraft	50.07a		Devils Lake	Q
11.	11	Brynn Moen	50.23a	PR	Grand Forks Central	
12.	12	Sydnee Ingstad	50.35a	PR	Valley City	
13.	10	Odura Isaac	50.99a	PR	Shanley	
14.	8	Paityn Knoke	51.38a		Fargo North	
15.	9	Piper Newell	52.36a	PR	West Fargo Sheyenne	
16.	12	Peyton Breidenbach	52.57a		West Fargo Sheyenne	
17.	12	Samantha Gustafson	53.53a		West Fargo	Q
18.	11	Kadi Sacko	53.60a	PR	West Fargo	
19.	10	Rylee Larsen	54.68a	PR	West Fargo	
20.	12	Beth Ellis	54.69a	PR	Fargo South	
21.	9	Mallie McCloud	54.83a		Devils Lake	
22.	9	Keira Botnen	58.46a	PR	Red River	
23.	10	Emily Simek	58.46a		West Fargo	
24.	9	Jasmyn Benedict	59.04a		Wahpeton	
25.	9	McKenna Gross	59.36a		West Fargo	
26.	12	Heather Nordness	59.56a	SR	Fargo North	
27.	12	Morianna Llapa	1:00.06a		Red River	
28.	9	Elizabeth Orness	1:00.93a		Devils Lake	
29.	9	Madeline Graves	1:01.24a		Wahpeton	
30.	11	Alya Yamani	1:13.76a		Red River	

4x100 Relay Varsity - Finals

1.	9	Sanie Gayflor	49.87a		Davies - A	Q
	10	Mariah Burian				
	11	Ashton Safranski				
	12	Alimath Salou				
2.	10	Mika Wadeson	49.93a		West Fargo Sheyenne - A	Q
	11	Avary Fitzpatrick				
	9	Rebecca Witherspoon				
	9	Kia Ray				
3.	10	Ella Heilman	50.21a		West Fargo - A	Q
	10	Zevina Scarbrough				
	12	Samantha Gustafson				
	9	Michelle Gee				
4.	12	Adelina Majetich	50.66a		Fargo South - A	Q
	11	Jordis Maxwell				
	12	Erin Sorum				
	9	Isabelle Naklen				
5.	9	Hikmah Abdul-Hammed	52.26a		Fargo North - A	Q
	10	Nora Fluge				
	12	Haidyn Tollefson				
	10	Lydia Onama				
6.	9	Molly Flaherty	53.35a		Shanley - A	Q
	9	Allison Binek				
	11	Allie Emineth				
	10	Odura Isaac				
7.	8	Layni Bakalar	53.59a		Valley City - A	Q
	9	Laityn Didier				
	9	Kadie Kocka				
	9	Chesney Thomsen				
8.	9	Isabella Nygaard	53.76a		Horace - A	Q
	10	Sydney Bailey				

4x100 Relay Varsity - Finals

1.	11	Abel Gartei	42.36a	West Fargo Sheyenne - A	Q
	9	Kye Schlichting			
	12	Ethan Raan			
	12	Ty Schlichting			
2.	11	Isaac Schumacher	43.29a	Davies - A	Q
	11	Eric Benson			
	11	Nick Hasbargen			
	11	Grant Tschosik			
3.	11	Sam Adams-Vandal	43.43a	Fargo North - A	Q
	11	Peder Haugo			
	10	Clay Koenig			
	10	Aden Nojang			
4.	12	Aiden Bourke	43.56a	Fargo South - A	Q
	11	A'Johntez Moore			
	11	George Hanesgard			
	12	James Gaden			
5.	10	Treyton Mauch	44.57a	Wahpeton - A	Q
	10	Jackson DeVries			
	12	Beau Arenstein			
	12	Andrew Withuski			
6.	10	Lance Williams	44.74a	West Fargo - A	Q
	9	Ian Skari			
	11	Chase Kjervestad			
	12	Payton McGregor			
7.	11	Parker Jacobson	45.16a	Valley City - A	Q
	12	Wyatt Friestad			
	9	Derek Shape			
	12	Aiden Jacobson			
8.	10	Justin Ajeo	45.34a	Shanley - A	Q
	11	Joe Flaherty			
	11	Kaden Christmann			
	12	Grayson Geigle			
9.	12	Cade Lindseth	45.40a	Grand Forks Central - A	Q
	12	Kevin Kubat			
	12	Navy Oss			
	9	Naz Fisher			
10.	12	Mikey Mallory	54.81a	Red River - A	Q
	12	Caleb Severson			
	10	Isaiah Gaye			
	12	Amir Dorudian			
	11	Gavin Olson	DQ	Horace - A	
	11	Xavier Burrow			
	9	Anthony Wojcik			
	10	Jeremy Hestbeck			

4x200 Relay Varsity - Finals

1.	12	Aiden Bourke	1:27.70a	Fargo South - A	Q
	11	Justin Zulu			
	11	A'Johntez Moore			
	11	Austin Zulu			
2.	11	Abel Gartei	1:28.97a	West Fargo Sheyenne - A	Q
	12	Reece Breidenbach			
	12	Ethan Raan			
	12	Ty Schlichting			
3.	11	Eric Benson	1:30.64a	Davies - A	Q
	10	Joshua Beil			
	11	Grant Tschosik			
	10	Golden Deebom			
4.	11	Sam Adams-Vandal	1:31.09a	Fargo North - A	Q
	11	Peder Haugo			
	10	Clay Koenig			
	10	Aden Nojang			
5.	12	Mikey Mallory	1:31.47a	Red River - A	Q
	12	Jaden Chine			
	10	Brody Andrade			
	12	Amir Dorudian			
6.	10	Treyton Mauch	1:33.27a	Wahpeton - A	Q
	10	Jackson DeVries			
	12	Beau Arenstein			
	12	Andrew Withuski			
7.	9	Isaac Blotsky	1:34.59a	West Fargo - A	Q
	10	Jack Guscette			
	11	Chase Kjervestad			
	12	Isaac Nyenabo			
	9	Mia Walters			
	9	Mylie Nygaard			
9.	10	Gabby Tangedal	53.92a	Devils Lake - A	Q
	10	Cabryn Fritel			
	7	Trinity Kus			
	12	Annika McCarthy			
10.	9	Ashlyn Wohlers	54.18a	Wahpeton - A	
	10	Lataya Lunneborg			
	7	Taylor Mauch			
	10	Halle Miller			
11.	9	Madeline Look	54.49a	Red River - A	Q
	12	Noura Elhamadany			
	10	Bryn Larson			
	10	Ellery White			
12.	12	Sierra Heyd	54.56a	Grand Forks Central - A	
	12	Kiara Holweger			
	11	Emily Arnold			
	11	Brynn Moen			

4x200 Relay Varsity - Finals

1.	12	Alimath Salou	1:46.71a	Davies - A	Q
	11	Ashton Safranski			
	9	Sanie Gayflor			
	10	Mariah Burian			
2.	9	Naomi Nhial	1:49.55a	West Fargo Sheyenne - A	Q
	10	Mika Wadeson			
	12	Leziga Kpeenu			
	9	Rebecca Witherspoon			
3.	9	Olivia Schock	1:49.82a	Horace - A	Q
	10	Evangeline Sappington			
	10	Sydney Bailey			
	9	Isabella Nygaard			
4.	11	Jordis Maxwell	1:50.20a	Fargo South - A	Q
	12	Adelina Majetich			
	12	Erin Sorum			
	9	Isabelle Naklen			
5.	10	Odura Isaac	1:50.49a	Shanley - A	Q
	10	Clara Robin			
	11	Mesiku Hakim			
	11	Paige Renschler			
6.	7	Danielle Buroko	1:51.82a	Red River - A	Q
	8	Jocelynne Hoefs			
	10	Bryn Larson			
	10	Ellery White			
7.	11	Anya Warne	1:52.19a	Wahpeton - A	
	11	Jaida Fobb			
	7	Taylor Mauch			
	10	Halle Miller			
8.	10	Ella Heilman	1:52.38a	West Fargo - A	Q
	12	Taya Samek			
	10	Zevina Scarbrough			
	11	Ella Nelson			
9.	9	Hikmah Abdul-Hammed	1:52.57a	Fargo North - A	
	10	Nora Fluge			
	10	Lydia Onama			
	8	Paityn Knoke			
10.	10	Gabby Tangedal	1:53.78a	Devils Lake - A	Q
	10	Cabryn Fritel			
	11	Isabella Tangedal			
	7	Trinity Kus			
11.	11	Tesa Olson	1:55.96a	Valley City - A	Q
	10	Abby Shanenko			
	11	Hadley Thoreson			
	8	Layni Bakalar			

4x400 Relay Varsity - Finals

1.	11	Morgan Hartze	4:00.35a	Red River - A	Q
	12	Lauren Dosch			
	12	Emily Nelson			
	11	Jocelyn Schiller			
2.	10	Mariah Burian	4:05.04a	Davies - A	Q
	11	Ashton Safranski			
	12	Lauren Sturma			
	10	Kate Laqua			
3.	10	Jersey Lang	4:09.94a	West Fargo Sheyenne - A	Q
	9	Naomi Nhial			

8.	11	Joe Flaherty	1:34.88a	Shanley - A	Q
	10	Justin Ajeo			
	12	Luke Hollcraft			
	11	Kaden Christmann			
9.	9	Brody Melicher	1:35.33a	Grand Forks Central - A	
	12	Navy Oss			
	12	Cade Lindseth			
	12	Kevin Kubat			
10.	11	Gavin Olson	1:37.46a	Horace - A	
	11	Xavier Burrow			
	9	Markus Podliska			
	9	Anthony Wojcik			
11.	9	Isaac Norby	1:37.95a	Valley City - A	Q
	12	Treylan Cope			
	10	Jake Anderson			
	11	Carter Borg			

4x400 Relay Varsity - Finals

1.	11	Justin Zulu	3:20.40a	Fargo South - A	Q
	12	Tristan Quibell			
	12	Aiden Bourke			
	11	Austin Zulu			
2.	11	Paul Plueddeman	3:27.60a	West Fargo Sheyenne - A	Q
	12	Soren Kaster			
	12	Reece Breidenbach			
	12	Deandrey Ansah			
3.	9	Brody Muchow	3:27.83a	Davies - A	Q
	10	Golden Deebom			
	12	Drew Rempher			
	11	Jaray Touray			
4.	11	Joe Flaherty	3:28.35a	Shanley - A	Q
	11	Nathan Andrews			
	10	Justin Ajeo			
	12	Vuciri Hakim			
5.	10	Brody Andrade	3:28.49a	Red River - A	Q
	12	Caleb Severson			
	12	Lukas Heydt			
	11	Grant Hoffarth			
6.	12	Navy Oss	3:30.95a	Grand Forks Central - A	Q
	11	Curtis Sande			
	10	Danny Suedel			
	12	Quinn Roehl			
7.	9	Ian Skari	3:34.30a	West Fargo - A	
	12	Hayden Pritchard			
	10	Lance Williams			
	10	Jack Guscette			
8.	12	Braxton Middaugh	3:37.59a	Fargo North - A	Q
	12	Charlie Anderson			
	10	Europe Campbell			
	11	Bjorn Kielty			
9.	12	Brady Goss	3:39.32a	Devils Lake - A	Q
	10	Adam Sobolik			
	10	Joel Nelson			
	12	Tyler Goss			
10.	10	Jackson DeVries	3:40.17a	Wahpeton - A	
	12	Beau Arenstein			
	10	Treyton Mauch			
	10	Joseph Gomez			
11.	12	Koye Grebel	3:52.30a	Valley City - A	
	12	Treylan Cope			
	9	Isaac Norby			
	8	Hunter Undem			

4x800 Relay Varsity - Finals

1.	11	Josh Neil	8:18.44a	Red River - A	Q
	11	Grant Hoffarth			
	10	Joe Quinn			
	11	Micah Larsen-Schmidt			
2.	11	Brady Wohl	8:25.28a	West Fargo - A	Q
	12	Noah Yahnke			
	10	Isaac Amundson			
	9	Haakon Seymour			
3.	11	Chase Aadland	8:27.07a	West Fargo Sheyenne - A	Q
	11	Tucker Deibert			
	10	Stetson Gisselbeck			
	11	Isaiah Robles			
	12	Olivia Beschorner			
	11	Avary Fitzpatrick			
4.	11	Reagan Berg	4:14.01a	Valley City - A	Q
	12	Sydnee Ingstad			
	7	Brynn Lueck			
	10	Greta Goven			
5.	--	Relay Team	4:15.20a	Shanley - A	
6.	12	Alison Hoerer	4:17.78a	Wahpeton - A	Q
	10	Olivia Hansen			
	7	Gracie Falck			
	11	Jaida Fobb			
7.	12	Abigail Lovelace	4:22.49a	Fargo North - A	Q
	9	Berit Hillmer			
	10	Grace Thiel			
	10	Nora Fluge			
8.	12	Taya Samek	4:24.97a	West Fargo - A	Q
	8	Lily Wavrin			
	10	Ejatu Bah			
	12	Chloe Pfau			
9.	11	Isabella Tangedal	4:26.10a	Devils Lake - A	Q
	7	Ella Wass			
	7	Emma Hofstad			
	12	Annika McCarthy			
10.	9	Olivia Schock	4:36.82a	Horace - A	
	10	Sydney Bailey			
	9	Brooklyn Herrick			
	10	Evangeline Sappington			

4x800 Relay Varsity - Finals

1.	9	Ava Parks	9:50.45a	Red River - A	Q
	11	Morgan Hartze			
	11	Jocelyn Schiller			
	12	Lauren Dosch			
2.	10	Olivia Hammes	10:00.99a	Fargo North - A	Q
	12	Brooklyn Champagne			
	10	Grayce Anderson			
	10	Grace Thiel			
3.	9	Davin Nesius	10:03.99a	Davies - A	Q
	12	Bayley Scott			
	8	Ava Wareham			
	8	Brynn Braaflat			
4.	12	Alison Hoerer	10:23.99a	Wahpeton - A	Q
	10	Olivia Hansen			
	7	Lucie Comstock			
	7	Gracie Falck			
5.	11	Gabrielle McLaurin	10:24.93a	Devils Lake - A	Q
	7	Ella Wass			
	8	Emily McLaurin			
	7	Dottie Goss			
6.	9	Kiaya Hagen	10:28.86a	West Fargo - A	Q
	12	Chloe Pfau			
	12	Joslyn Jackson			
	12	Lindsey Anderson			
7.	9	Kami Dean	10:32.33a	Shanley - A	Q
	9	Makenna Dilly			
	9	Allison Binek			
	9	Lucy Grothmann			
8.	9	Addie Saville	10:49.33a	West Fargo Sheyenne - A	Q
	9	Gaby Machayya			
	7	Baylor Dinger			
	9	Jazlyn Heilman			

Shot Put Varsity - Finals

1.	10	Scout Woods	39' 8.5 SR	Wahpeton	Q
2.	12	Riley Guscette	39' 1.5 PR	West Fargo	Q
3.	12	Emma Osier	38' 8	Fargo North	Q
4.	11	Seely Stockmoe	37' 8.5 SR	Shanley	Q
5.	11	Cailey Moton	37' 2.5	West Fargo	Q
6.	12	Caitlin Harmon	35' 11 PR	Davies	Q
7.	12	Tryphena Duncan	34' 10	West Fargo Sheyenne	Q
8.	12	Camille Deringer	34' 2	Davies	Q
9.	8	Jordan Christoffers...	33' 10.5 PR	Horace	
10.	10	Carrie Osier	32' 11.5	Fargo North	
11.	10	Abby Baker	32' 2.5	Red River	
12.	10	Marthalyne Wornor	31' 7.5 PR	Davies	
13.	10	Ellie Walsh	31' 5.5 PR	Grand Forks Central	

4.	11	Nate Anderson	8:29.64a	Davies - A	Q
	11	Adam Brachman			
	9	Kasen Currence			
	12	Leighton Steidl			
5.	12	Braxton Middaugh	8:31.87a	Fargo North - A	Q
	11	James Lien			
	9	Isaac Cerney			
	10	Ian Rasmussen			
6.	11	Nathan Andrews	8:32.04a	Shanley - A	Q
	12	Ethan Lantz			
	9	Quinn Carroll			
	11	Fisher Hannesson			
7.	8	Zane Bennett	8:43.68a	Devils Lake - A	Q
	12	Tyler Goss			
	10	Adam Sobolik			
	12	Brady Goss			
8.	12	Omar Aly Ahmed	8:47.58a	Fargo South - A	
	11	Oscar Barbot			
	10	Lukas Robinson			
	9	Alexander Kain			
9.	11	Curtis Sande	8:50.85a	Grand Forks Central - A	
	8	Tyson Vanyo			
	10	Aidan Fiala			
	11	Preston Diederich			
10.	9	Carter Hockert	8:57.49a	Wahpeton - A	
	12	Jonas Marklhos-Keikland			
	11	Daan Bergmans			
	11	Noah Berge			

Shot Put Varsity - Finals

1.	12	Eli Hayes	51' 10	Davies	Q
2.	12	John O'Neill	50' 1 PR	Davies	Q
3.	12	Logan Arason	50' 0	Red River	Q
4.	12	Brennan Palmer	49' 2	Davies	Q
5.	11	James Miller	47' 9 PR	Fargo North	Q
6.	12	Isaac Kenaga	47' 4.5 PR	West Fargo Sheyenne	Q
7.	12	Damon Hospidales	46' 4.5 PR	Shanley	
8.	12	Tyler Christianson	45' 10	Fargo South	
9.	12	Quinn Nelson	45' 5	Red River	Q
10.	10	Sajen Nyoak	44' 8.5 PR	West Fargo Sheyenne	
11.	10	Kade Pietrzak	44' 5	West Fargo Sheyenne	
12.	12	Bryce Cain	44' 0	West Fargo Sheyenne	
13.	11	Zach Lilly	43' 8	Davies	
14.	10	Dylan Hunt	43' 5 PR	Valley City	
15.	10	James Walters	43' 4	Red River	
15.	11	Nick Kuehl	43' 4	Shanley	
17.	12	Arie Bratrud	42' 9.5	Valley City	
18.	11	Cole Kegbeh	42' 4.5	Fargo South	
19.	10	Xander Mowery	42' 4 PR	West Fargo Sheyenne	
20.	12	Christian McCarthy	41' 9	Davies	
21.	11	Carter Schenck	41' 6.5	Horace	
22.	11	Xzavier Buckmiller	41' 6	Fargo North	
23.	10	Scot Rohde	41' 1 PR	Valley City	
24.	11	Mato Greywind	40' 9.5 SR	Fargo South	
25.	10	Dawson VanSickle	40' 2	Red River	
26.	9	Jacob Artac	39' 8	Fargo South	
27.	9	Adam Bamba	39' 6.5	Horace	
28.	11	Kyen Poole	39' 4	Grand Forks Central	
29.	11	Jack Stewart	38' 11	West Fargo	
30.	12	Adam Biffert	38' 9	Fargo South	
31.	10	Caysen Hemstad	38' 7	Fargo North	
32.	11	Jordan Zander	38' 1.5	Fargo North	
33.	10	Holden Deutsch	37' 8.5	Shanley	
34.	11	Josh Deckert	37' 8	Devils Lake	
35.	11	Greg Dimmer	37' 6.5	West Fargo	
36.	10	James Fewster	37' 6	Grand Forks Central	
37.	11	Kayden Kobel	36' 10.5	Red River	
38.	11	Luke Rogen	36' 2.5	Shanley	
39.	11	Hayden Olson	36' 0.5	Grand Forks Central	
40.	10	Carter Parsons	35' 11	West Fargo	
41.	10	Lucas Grove	35' 7	West Fargo	
42.	11	Hudson Hodous	35' 3.5	Devils Lake	
43.	10	Braxton Rance	34' 11	Devils Lake	
44.	12	Noah Paulson	34' 10.5	Valley City	
45.	11	Devin Wall	34' 9	West Fargo	
46.	12	Brenden McMillan	34' 2.5	Grand Forks Central	
46.	9	CJ Johnson	34' 2.5	Shanley	

Q	14.	12	Tierney Howell	31' 3.5	West Fargo Sheyenne
	15.	9	Lyla Stegman	31' 1 PR	West Fargo
	16.	12	Kaylee Baker	30' 10.5	Grand Forks Central
	17.	7	Claire Woods	30' 7 PR	Wahpeton
Q	18.	10	Galyha Lopez-Lee	30' 5.5	Wahpeton
	19.	9	Shya Stockmoe	30' 4.5	Shanley
	20.	12	Rylie Leith	30' 1	West Fargo Sheyenne
	21.	12	Evelyn Lewis	30' 0 PR	West Fargo Sheyenne
Q	22.	11	Ashlyn Kahler	29' 10	Wahpeton
	23.	9	Kylee Sivers	29' 7 PR	Fargo South
	24.	11	Ellamarie Jacobson	29' 6 PR	Fargo North
	25.	11	Kiara Zepeda	29' 5	West Fargo
Q	26.	10	Koiline Govergo	29' 3	Davies
	26.	12	Alaina LaJesse	29' 3	Wahpeton
	28.	12	Autumn Trosen	29' 2.5	West Fargo Sheyenne
	28.	10	Elsa Axtman	29' 2.5	Davies
	30.	9	Peace Hakim	29' 1	Shanley
	31.	10	Gretta Gebhard	29' 0 PR	Grand Forks Central
	32.	11	Heidi Wiedeman	28' 6	West Fargo
	33.	10	Erika Wanner	28' 4	Shanley
	34.	9	Aalidia Karngbaye	28' 0	Fargo South
	35.	11	Posseh Kargbo	27' 6.5	Fargo North
	36.	10	Blair Woodrow	27' 6	Horace
	37.	12	Tyana Judd	27' 2.5	Valley City
	38.	9	Elsie Becker	26' 4	Fargo South
	39.	11	Mara Klinicke	26' 3.5	Shanley
	40.	11	Jordyn Atwood	25' 10	Fargo South
	41.	9	Lauren Stiven	24' 8.5 PR	Devils Lake
	42.	10	Chloe Currier	24' 0	Fargo South
	43.	8	Kendra Kuznia	23' 7	Grand Forks Central

Discus Varsity - Finals

Q	1.	10	Scout Woods	126' 2	Wahpeton
	2.	11	Cailey Moton	120' 0 PR	West Fargo
	3.	12	Emma Osier	110' 4 SR	Fargo North
	4.	12	Kaylee Baker	109' 7	Grand Forks Central
	5.	12	Maci Wheeldon	108' 1	Davies
	6.	12	Makenna Braun	107' 0 PR	West Fargo
	7.	10	Abby Baker	106' 7	Red River
	8.	12	Riley Guscette	102' 10	West Fargo
	9.	10	Carrie Osier	96' 5	Fargo North
	10.	12	Tryphena Duncan	95' 0	West Fargo Sheyenne
	11.	10	Ellery Kautzman	94' 10 PR	Shanley
	12.	8	Lily Wavrin	93' 6	West Fargo
	13.	9	Peace Hakim	93' 1	Shanley
	14.	10	Ellie Walsh	92' 0	Grand Forks Central
	15.	9	Aalidia Karngbaye	90' 11 PR	Fargo South
	16.	8	Jordan Christoffers...	90' 0	Horace
	17.	10	Erika Wanner	89' 7	Shanley
	18.	11	Kiara Zepeda	88' 6	West Fargo
	19.	12	Tierney Howell	86' 9	West Fargo Sheyenne
	20.	11	Ashlyn Kahler	85' 0	Wahpeton
	21.	10	Blair Woodrow	84' 2	Horace
	22.	10	Gretta Gebhard	83' 1 PR	Grand Forks Central
	23.	10	Elsa Axtman	81' 9	Davies
	24.	12	Tyana Judd	81' 7	Valley City
	25.	9	Elizabeth Voss	81' 2	Shanley
	26.	11	Seely Stockmoe	80' 0	Shanley
	27.	9	Kylee Sivers	79' 5 PR	Fargo South
	28.	11	Sofia Vega	79' 0 PR	Fargo North
	29.	11	Maddy Lunak	77' 6	Davies
	30.	10	Marthalyne Wornor	74' 3	Davies
	31.	10	Taylor Kilgore	74' 2	Red River
	32.	7	Claire Woods	73' 11	Wahpeton
	33.	9	Elsie Becker	72' 3 PR	Fargo South
	34.	10	Deelan Hamdi	72' 1	West Fargo Sheyenne
	35.	12	Delaney Johnson	71' 7	Fargo North
	36.	12	Morianna Llapa	69' 2 PR	Red River
	37.	12	Alaina LaJesse	68' 1	Wahpeton
	38.	11	Jordyn Atwood	66' 7	Fargo South
	39.	8	Sienna Fobb	66' 3	Wahpeton
	40.	8	Kendra Kuznia	60' 5 PR	Grand Forks Central
	41.	11	Ellamarie Jacobson	57' 8	Fargo North
	42.	10	Chloe Currier	57' 8	Fargo South
	43.	9	Lauren Stiven	46' 10	Devils Lake
		10	Jovi Borg	ND	Valley City
		12	Rylie Leith	ND	West Fargo Sheyenne

48.	11	Matt Comings	34' 1.5		Wahpeton	
48.	10	Jack Miller	34' 1.5		Fargo North	
50.	9	Grayson Asleson	32' 5.5		Devils Lake	
51.	7	Owen Hunt	32' 0.5		Valley City	
52.	9	Hunter Beolke	30' 8		Wahpeton	
53.	9	Landon Ralph	30' 4	PR	Wahpeton	
54.	9	Mason Haugen	29' 0		Devils Lake	
	12	Zac Kuznia	ND		Grand Forks Central	Q

Discus Varsity - Finals

1.	12	Ethan Manock	167' 8	PR	Wahpeton	
2.	12	Quinn Nelson	156' 4	PR	Red River	
3.	11	Ethan Thomas	151' 7		Grand Forks Central	
4.	12	Logan Arason	148' 7		Red River	
5.	12	Eli Hayes	139' 0		Davies	
6.	11	Kyen Poole	133' 6	PR	Grand Forks Central	
7.	11	Nick Kuehl	133' 5	PR	Shanley	
8.	11	Cam Ahlers	133' 3		Shanley	
9.	9	Alexander Meece	133' 0		Davies	
10.	11	Carter Schenck	129' 6	PR	Horace	
11.	12	Brennan Palmer	126' 9		Davies	
12.	12	Carter Byron	124' 6		Red River	
13.	11	Carter Borg	124' 3	PR	Valley City	
14.	10	Scot Rohde	123' 8		Valley City	
14.	10	Holden Deutsch	123' 8	PR	Shanley	
16.	12	Angus Shafer	123' 7	PR	Fargo North	
17.	10	Holden Witte	122' 5	PR	Davies	
18.	10	Dylan Hunt	121' 8	PR	Valley City	
19.	10	Alex Wetterlin	121' 4	PR	West Fargo	
20.	12	Arie Bratrud	120' 10	PR	Valley City	
21.	11	Mato Greywind	117' 4		Fargo South	
22.	11	James Miller	116' 3		Fargo North	
23.	11	Greg Dimmer	115' 10		West Fargo	
24.	10	Lucas Grove	115' 8	PR	West Fargo	
25.	12	Adam Biffert	114' 5		Fargo South	
26.	10	Brayden Weninger	114' 4		Fargo North	
26.	11	Jack Stewart	114' 4		West Fargo	
28.	11	Josh Deckert	112' 0	PR	Devils Lake	
29.	10	Xander Moody	111' 9	PR	Fargo South	
30.	12	Zac Kuznia	110' 6		Grand Forks Central	
31.	11	Alex Parrish	108' 3		Red River	
32.	11	Brody Anderson	106' 10		Fargo South	
33.	12	Luke Berge	106' 8		Davies	
34.	9	Ameer Wright	105' 8		Fargo North	
35.	11	Brett Mertens	104' 5		Devils Lake	
36.	10	Braden Saville	104' 4		West Fargo Sheyenne	
37.	10	Sajen Nyoak	104' 0	PR	West Fargo Sheyenne	
38.	12	G Zachary Schwab	103' 10		West Fargo Sheyenne	
39.	11	Brian Schaan	102' 10		Shanley	
40.	12	Damon Hospidales	102' 6		Shanley	
41.	9	Adam Bamba	102' 2		Horace	
42.	12	Bryce Cain	101' 6		West Fargo Sheyenne	
43.	9	Jacob Artac	99' 4		Fargo South	
44.	12	Brenden McMillan	91' 5		Grand Forks Central	
45.	12	Noah Paulson	88' 6		Valley City	
46.	11	Peter Davis	86' 3		Fargo North	
47.	11	Matt Comings	70' 3		Wahpeton	
48.	9	Jeff Sommer	67' 6		Devils Lake	
49.	9	Hunter Beolke	66' 10		Wahpeton	
	10	Kade Pietrzak	ND		West Fargo Sheyenne	
	11	Tatum Vanyo	ND		Grand Forks Central	
	10	James Walters	ND		Red River	
	11	Hudson Hodous	ND		Devils Lake	
	10	Jaylon St. Claire	DNS		Devils Lake	

Javelin Varsity - Finals

1.	12	Logan Arason	186' 0		Red River	Q
2.	12	Quinn Nelson	179' 0	PR	Red River	Q
3.	12	Eli Hayes	174' 4		Davies	Q
4.	12	Isaiah Schuldheisz	168' 6	PR	Valley City	Q
5.	11	Zach Lilly	166' 3		Davies	Q
6.	10	Gunnar Majerus	162' 5	PR	Davies	Q
7.	10	Dylan Hunt	161' 0	PR	Valley City	Q
8.	11	Ethan Thomas	157' 6		Grand Forks Central	Q
9.	12	Carter Byron	154' 0		Red River	Q
10.	12	Colton Schneider	148' 2		Devils Lake	Q
	12	Caitlin Harmon	ND		Davies	
	12	Brianna Blixt	ND		West Fargo Sheyenne	

Javelin Varsity - Finals

1.	11	Ella Weippert	137' 7		Red River	Q
2.	11	Cayla Sailer	120' 10	SR	Davies	Q
3.	12	Camille Deringer	114' 0		Davies	Q
4.	10	Lataya Lunneborg	113' 5	PR	Wahpeton	Q
5.	12	Elyse Gulsvig	108' 6		Davies	Q
6.	9	Lyla Stegman	107' 5	PR	West Fargo	Q
7.	12	Emma Bontjes	106' 9		Wahpeton	Q
8.	8	Jordan Christoffers...	101' 0	PR	Horace	
9.	11	Ali Thykeson	100' 2	PR	West Fargo Sheyenne	
10.	12	Reagan Wohlers	97' 7		Wahpeton	
11.	11	Kiara Zepeda	97' 2		West Fargo	
12.	12	Gemma Jacobson	96' 7	PR	Davies	
13.	9	Ellee McIntosh	96' 0		West Fargo	
14.	10	Taylor Kilgore	93' 7	PR	Red River	
15.	11	McKenzie Olson	92' 9		Davies	
16.	11	Brooke Muscha	91' 2	PR	Red River	
17.	10	Abby Baker	90' 8		Red River	
18.	10	Erika Wanner	90' 2	PR	Shanley	
19.	10	Bryn Larson	87' 2		Red River	
20.	9	Shya Stockmoe	85' 4		Shanley	
21.	11	Alayna Holder	84' 9		West Fargo Sheyenne	
22.	10	Jovi Borg	83' 10		Valley City	
23.	12	Tierney Howell	83' 0		West Fargo Sheyenne	
24.	8	Lily Wavrin	82' 0		West Fargo	
25.	11	Gabrielle McLaurin	80' 9		Devils Lake	
26.	12	Evelyn Lewis	77' 4	PR	West Fargo Sheyenne	
27.	11	MacKenzie Gilbertson	75' 0		Wahpeton	
28.	11	Brylie Peterson	73' 6		West Fargo	
29.	10	Gretta Gebhard	73' 3	PR	Grand Forks Central	
30.	12	Tyana Judd	73' 0		Valley City	
31.	10	Ellery Kautzman	65' 10		Shanley	
32.	12	Lily Huber	63' 7	PR	Shanley	
33.	11	Sofia Vega	63' 5	PR	Fargo North	
34.	10	Anna Shock	62' 0		Devils Lake	
35.	9	Violet Mattson	56' 6		Grand Forks Central	
36.	9	Megan Dietz	50' 7		Shanley	
	10	Deelan Hamdi	ND		West Fargo Sheyenne	

High Jump Varsity - Finals

1.	12	Abigail Lovelace	5' 3	PR	Fargo North	Q
2.	12	Camille Deringer	5' 2	PR	Davies	Q
3.	12	Maci Wheeldon	5' 2		Davies	Q
4.	8	Jocelynne Hoefs	5' 1		Red River	Q
5.	11	Sannie Yeanay	5' 1		West Fargo Sheyenne	Q
6.	11	Jaida Fobb	5' 1		Wahpeton	Q
7.	12	Haidyn Tollefson	5' 1	PR	Fargo North	Q
8.	9	Piper Spiekermeier	4' 11		Horace	
8.	9	Fallon Passanante	4' 11		Davies	Q
10.	11	Cayla Sailer	4' 11	PR	Davies	
11.	11	Micah Sander	4' 11		West Fargo Sheyenne	Q
12.	11	Leah Laqua	4' 11		Davies	
13.	8	Sara Kraft	4' 9	PR	Devils Lake	
13.	9	Audrina Ehlert	4' 9		Horace	
13.	8	Kenzie Wuo	4' 9	PR	West Fargo Sheyenne	
13.	9	Emma Esposito	4' 9		West Fargo	Q
17.	10	Axumite Wren James	4' 9		Fargo South	Q
18.	10	Jovi Borg	4' 9		Valley City	
19.	9	Dacota Potratz	4' 9		Valley City	
20.	12	Lauryn Rydell	4' 9		Red River	Q
20.	11	Ella Livingston	4' 9		Horace	
22.	9	Callen Fosher	4' 7		West Fargo Sheyenne	
23.	11	Katelyn McLaurin	4' 7		Devils Lake	
	11	Emily Arnold	NH		Grand Forks Central	
	12	Mallory Docktor	NH		West Fargo	
	10	Hannah Bargor	NH		West Fargo Sheyenne	
	10	Halle Miller	DNS		Wahpeton	
	11	Hope Lukes	NH		West Fargo	
	10	Jaricha Bachmeier	NH		West Fargo	
	11	Posseh Kargbo	NH		Fargo North	
	9	Webeline Naklen	NH		Fargo South	
	9	Kyrie Korinta	NH		Fargo South	
	9	Lengueth Bainbgui M...	NH		Fargo South	

11.	11	Brett Mertens	144' 4	Devils Lake	
12.	12	Brennan Palmer	142' 8	Davies	
13.	12	Ian Hogness	142' 6 PR	West Fargo Sheyenne	
14.	10	Malachi Werremeyer	134' 8	Davies	
15.	11	Drew Hofstad	132' 8 PR	Devils Lake	
16.	10	James Walters	132' 5	Red River	
17.	8	Eli Fischer	127' 10 PR	Grand Forks Central	
18.	10	Sam Olson	127' 2	West Fargo	
19.	10	Joel Nelson	126' 0	Devils Lake	
20.	10	Daniel Severud	123' 0	Red River	
21.	12	Camden Myers	120' 0	Fargo South	
22.	10	Alex Wetterlin	118' 10	West Fargo	
23.	11	Cooper Fosher	117' 1	West Fargo Sheyenne	
24.	9	Noah Lease	115' 2	Grand Forks Central	
25.	9	Caleb Nissen	112' 3 PR	Fargo South	
26.	10	Scot Rohde	112' 2 SR	Valley City	
27.	9	Kaleb McClaflin	111' 6	Valley City	
28.	10	Kade Pietrzak	111' 2	West Fargo Sheyenne	
29.	11	Tatum Vanyo	110' 1	Grand Forks Central	
30.	8	Tyson Vanyo	109' 9	Grand Forks Central	
31.	10	Marquese Dubois	106' 2	Devils Lake	
32.	11	Cam Ahlers	105' 10	Shanley	
33.	11	Jordan Zander	104' 0	Fargo North	
34.	11	Carter Mitchell	100' 3	Shanley	
35.	11	AJ Carroll	98' 8	Shanley	
36.	9	Finn Kielty	95' 6	Fargo North	
37.	10	Carter Parsons	95' 3	West Fargo	
38.	11	Luke Rogen	93' 0	Shanley	
39.	10	Zachary Waldera	92' 8	West Fargo	
40.	10	Tanner Fugle	89' 0	Fargo North	
41.	10	Zachary Christeson	88' 3	Fargo North	
42.	7	Owen Hunt	83' 0	Valley City	
43.	10	Henry Devitt	81' 5	Fargo North	
44.	10	Max Sornsin	73' 3	Shanley	
45.	9	Landon Ralph	70' 0	Wahpeton	
46.	11	Dylan Elizondo	68' 7	Fargo South	
47.	11	Matt Comings	67' 7	Wahpeton	
	9	Hunter Beolke	DNS	Wahpeton	
	12	Ethan Manock	DNS	Wahpeton	

High Jump Varsity - Finals

1.	12	Kasen Baer	6' 2	West Fargo Sheyenne	Q
2.	12	Lukas Heydt	6' 0	Red River	Q
3.	10	Trey Knoke	6' 0	Fargo North	Q
4.	10	Oliver Wirth	6' 0 PR	Devils Lake	Q
5.	10	Joel Nelson	5' 10	Devils Lake	Q
5.	11	Alpha Camara	5' 10 PR	Davies	Q
7.	12	Dylan Beyl	5' 10	West Fargo Sheyenne	
8.	12	Emmanuel Duot	5' 10	West Fargo Sheyenne	
9.	12	Quinn Nelson	5' 10	Red River	
9.	12	Aiden Jacobson	5' 10	Valley City	
11.	10	Advin Mujcic	5' 8	Horace	
11.	9	Amari Taylor	5' 8	Fargo South	
11.	10	Kalef Yalartai	5' 8	West Fargo Sheyenne	
14.	10	Aydan Mastel	5' 8 PR	Davies	
14.	11	Reggie Cavanaugh	5' 8	Devils Lake	
14.	12	Charlie Anderson	5' 8	Fargo North	
14.	11	Roger James	5' 8	Davies	
	9	Jake Stegman	NH	West Fargo	
	12	Darby Olson	NH	West Fargo Sheyenne	
	11	Ty Boutwell	NH	Fargo North	
	10	Adam Sobolik	NH	Devils Lake	
	12	James Weninger	NH	Fargo North	
	11	Bradyn Stockert	NH	West Fargo	
	9	Zander Senger	NH	West Fargo	
	8	Joaquin Valdez	NH	West Fargo	
	9	Matt Schatzke	DNS	West Fargo	
	9	Carter Hockert	NH	Wahpeton	
	11	Jonah Heyer	NH	Davies	
	9	Jayvon Anderson	NH	Fargo South	
	10	Grant Quam	NH	Devils Lake	
	12	Jacob Berndt	DNS	Wahpeton	
	10	David Hollcraft	NH	Shanley	

Pole Vault Varsity - Finals

1.	12	Soren Kaster	13' 0	West Fargo Sheyenne	Q
	10	Abby Shanenko	DNS	Valley City	
	9	Laityn Didier	NH	Valley City	
	9	Brooklyn Botz	NH	Valley City	
	8	Signe Steier	NH	Fargo South	

Pole Vault Varsity - Finals

1.	10	Emma Briggs	11' 0	West Fargo Sheyenne	Q
2.	11	Onya Kretchman	11' 0 PR	Davies	Q
3.	12	Taylor Tang	10' 3	West Fargo	Q
4.	11	Halle Braaflat	9' 3	Davies	Q
4.	10	Addison Tandeski	9' 3	Davies	Q
6.	11	Hope Lukes	9' 3 PR	West Fargo	Q
7.	11	Emery Aasen	9' 3	West Fargo	Q
8.	12	Reagan Wohlers	8' 9	Wahpeton	
8.	10	Alexis Dwyer	8' 9 PR	West Fargo	
10.	9	Kadie Kocka	8' 3	Valley City	
10.	12	Sarah Wieland	8' 3	Davies	
12.	10	Morgan Wieler	8' 3 PR	West Fargo Sheyenne	
13.	11	Tia Madrigga	8' 3 PR	West Fargo Sheyenne	
14.	8	Elise Skovholt	7' 3	Wahpeton	
15.	9	Piper Spiekermeier	7' 3	Horace	
	10	Jolee Dahl	NH	West Fargo	Q
	11	Elsie Anderson	NH	Fargo North	
	11	Madison Lugert	NH	West Fargo Sheyenne	
	10	Lauren Barth	NH	Davies	
	12	Taryn Winkler	NH	Fargo North	
	10	Madison Wendel	NH	Valley City	
	12	Camille Finney	NH	Grand Forks Central	Q
	8	Signe Steier	NH	Fargo South	

Long Jump Varsity - Finals

1.	10	Sophie Brakke	17' 5.5 PR	Red River	Q
2.	8	Kenzie Wuo	17' 2.75	West Fargo Sheyenne	Q
3.	9	Kia Ray	17' 1	West Fargo Sheyenne	Q
4.	8	Sara Kraft	17' 0.75 PR	Devils Lake	Q
5.	11	Onya Kretchman	16' 5	Davies	Q
6.	11	Micah Sander	16' 4.25	West Fargo Sheyenne	Q
7.	7	Danielle Buroko	16' 1.75 PR	Red River	
8.	9	Soludo Obi	16' 1.5	West Fargo	
9.	12	Anna Wicklow	16' 1.25	Davies	
10.	8	Peyton Saxlund	15' 7.5 PR	West Fargo Sheyenne	
11.	11	Sannie Yeanay	15' 5.5	West Fargo Sheyenne	
12.	9	Fallon Passanante	15' 4	Davies	
13.	12	Taya Samek	15' 3.5	West Fargo	
14.	12	Sarah Ostlie	14' 4.75	Shanley	
15.	12	Kelsa Steiner	14' 4.75 SR	West Fargo	
16.	10	Naiya Pickett	14' 4.5	Horace	
17.	12	Sydnee Ingstad	14' 4	Valley City	
18.	10	Halle Miller	14' 2.75	Wahpeton	
19.	12	Elle Terstriep	14' 1	Shanley	
20.	12	Emma Bontjes	13' 10.25	Wahpeton	
21.	11	Tesa Olson	13' 9	Valley City	
22.	12	Ava Robertson	13' 8.25	Davies	
23.	10	Emerson Byron	13' 5	Red River	
24.	9	Brooklyn Botz	13' 1	Valley City	
25.	7	Emma Hofstad	12' 11.5	Devils Lake	
26.	11	Meghan Esposito	12' 10.75	West Fargo	
27.	7	Trinity Kus	12' 10.5	Devils Lake	
28.	9	Kadie Kocka	12' 10	Valley City	
29.	12	Heather Nordness	12' 8	Fargo North	
30.	11	Emma Haskamp	12' 6	Grand Forks Central	
31.	7	Addison Swanson	12' 1	Red River	
32.	9	Jasmyn Benedict	11' 8.75	Wahpeton	
33.	10	Lydia Onama	10' 6.75 PR	Fargo North	
	9	Ella Peters	ND	Grand Forks Central	
	9	Olivia Schock	ND	Horace	
	11	Quinn Benson	ND	Davies	
	9	Kyrie Korinta	ND	Fargo South	
	12	Ciera Teah	ND	Fargo South	
	12	Delaney Johnson	ND	Fargo North	
	10	Addison Cerney	DNS	Fargo North	
	12	Karina Olson	ND	Valley City	Q

Triple Jump Varsity - Finals

1.	10	Addison Tandeski	36' 0.5 PR	Davies	Q

2.	12	Andrew Withuski	13' 0	Wahpeton	Q
3.	11	Kyle Kramer	13' 0	Fargo North	Q
4.	11	Connor Manske	12' 6	West Fargo Sheyenne	Q
5.	11	Tyler Hanson	12' 0	West Fargo Sheyenne	Q
6.	12	Josh Peterson	11' 6	Davies	Q
6.	12	Hudson Flom	11' 6	Red River	Q
8.	11	Bradyn Stockert	10' 6 PR	West Fargo	
8.	9	Austin Saari	10' 6 PR	West Fargo	
10.	11	Jonah Heyer	10' 6	Davies	
10.	10	Jack Jelinek	10' 6	West Fargo Sheyenne	
10.	11	Ryder Myers	10' 6 PR	Davies	
13.	9	Zacharias Huck	10' 6 PR	Davies	
	11	Devyn Iglesias-Full...	NH	Fargo South	
	10	Kaden Geigle	NH	Shanley	
	10	Mbanzendore Urbain	NH	Red River	
	9	Lincoln Walker	NH	West Fargo	
	11	Jake Allmendinger	NH	Fargo North	
	8	Tucker Bennett	NH	Devils Lake	
	9	Matt Schatzke	NH	West Fargo	
	11	Jeb Gossett	NH	Fargo North	
	12	Jonathan Hill	DNS	Wahpeton	
	11	Fisher Hannesson	NH	Shanley	
	12	Grant Ivesdal	NH	Davies	
	11	Zak Paul	NH	Shanley	
	9	Jake Stegman	NH	West Fargo	
	12	Jack Kouba	DNS	Red River	
	9	Simon Kebulu	NH	Fargo South	

Long Jump Varsity - Finals

1.	11	Thomas Schreiner	21' 5.25	Davies	Q
2.	12	Carter Byron	21' 4.75 PR	Red River	Q
3.	12	Ty Schlichting	21' 4.5	West Fargo Sheyenne	Q
4.	11	Nick Hasbargen	21' 3.25	Davies	Q
5.	9	Kye Schlichting	21' 2.25	West Fargo Sheyenne	Q
6.	10	Golden Deebom	20' 10	Davies	Q
7.	12	Kasen Baer	20' 9.5	West Fargo Sheyenne	Q
8.	11	A'Johntez Moore	20' 7	Fargo South	Q
9.	12	Ethan Manock	20' 4.25	Wahpeton	Q
10.	10	Treyton Mauch	20' 0.75	Wahpeton	Q
11.	10	Isaiah Gaye	19' 11	Red River	Q
12.	12	Vuciri Hakim	19' 10.75	Shanley	Q
13.	12	Emmanuel Duot	19' 10.5	West Fargo Sheyenne	Q
14.	12	Maxwell Greenwood	19' 10	West Fargo Sheyenne	Q
15.	12	Luke Hollcraft	19' 9.25	Shanley	
16.	12	Dylan Beyl	19' 8.75	West Fargo Sheyenne	Q
17.	10	Aden Nojang	19' 8.5 PR	Fargo North	
18.	8	Joaquin Valdez	19' 7	West Fargo	
18.	10	Aydan Mastel	19' 7	Davies	
20.	12	Darby Olson	19' 4	West Fargo Sheyenne	Q
21.	9	Henry Agray	19' 3.75 PR	Fargo South	
22.	10	Charlie Metzger	19' 3.5	Davies	
23.	11	Gavin Olson	19' 3.25	Horace	Q
24.	11	Ben Strand	19' 2	Red River	
25.	12	Beau Arenstein	19' 1.75	Wahpeton	
26.	11	George Hanesgard	19' 0.75	Fargo South	Q
27.	11	Treyton Hoffert	19' 0.25	Fargo South	
28.	11	Jaden Middleton	18' 10.5	Fargo South	
29.	12	Sam Enget	18' 8	Devils Lake	
30.	12	Colton Schneider	18' 7.5	Devils Lake	
31.	12	Aiden Bryce Volk	18' 4.25	Devils Lake	
32.	12	James Weninger	18' 3.5 SR	Fargo North	
33.	11	James Lanners	18' 3 PR	Fargo North	
34.	11	Carson Blegen	18' 1.5	Red River	
35.	10	Kobe Lemar	18' 0 PR	Horace	
36.	12	Aiden Jacobson	17' 11.25	Valley City	Q
37.	9	Naz Fisher	17' 10.25	Grand Forks Central	
38.	11	Carter Borg	17' 10	Valley City	
39.	10	Desire Masiri	17' 9	West Fargo	
40.	11	Bradyn Stockert	17' 7.5	West Fargo	
41.	9	Lincoln Walker	17' 6.5	West Fargo	
42.	9	Drew Schneider	17' 5.25 PR	Shanley	
43.	11	Ty Boutwell	17' 4.75	Fargo North	
44.	10	Mbanzendore Urbain	17' 0.75	Red River	
44.	9	Logan Vorhies	17' 0.75 PR	Grand Forks Central	
46.	12	Levi Syverson-Ness	16' 11.5	Fargo North	
47.	10	Chad Pollock	16' 7.75	Shanley	
48.	9	Keenan Hopper	16' 5.25	Grand Forks Central	
Q 2.	11	Cayla Sailer	35' 11	Davies	Q
3.	10	Sophie Brakke	35' 9	Red River	Q
4.	11	Onya Kretchman	35' 8.75	Davies	Q
5.	10	Axumite Wren James	35' 7.5	Fargo South	Q
6.	12	Samantha Gustafson	35' 3 PR	West Fargo	Q
7.	12	Anna Wicklow	34' 7.25	Davies	Q
8.	10	Bryn Larson	34' 1.25	Red River	Q
9.	9	Soludo Obi	33' 1.75	West Fargo	Q
10.	12	Ciera Teah	32' 9 PR	Fargo South	
11.	11	Sannie Yeanay	32' 6.25	West Fargo Sheyenne	
12.	9	Rachel Laqua	32' 2	Davies	
13.	8	Paityn Knoke	32' 1.75	Fargo North	
13.	12	Catherine Francis	32' 1.75	West Fargo Sheyenne	
15.	12	Abigail Lovelace	32' 1.25	Fargo North	
16.	12	Haidyn Tollefson	31' 8.5	Fargo North	Q
17.	9	Kelby Christofferson	31' 4.75	Horace	
18.	10	Jovi Borg	31' 3.25	Valley City	
19.	12	Emma Bontjes	30' 10.25	Wahpeton	
20.	7	Danielle Buroko	30' 5	Red River	
21.	9	Shekinah Rolla	30' 2.25	Red River	
22.	12	Elle Terstriep	30' 1.25	Shanley	
23.	11	Micah Sander	29' 11.75	West Fargo Sheyenne	
24.	9	Audrina Ehlert	29' 10	Horace	
25.	11	Allie Emineth	29' 9.75	Shanley	
26.	11	Katelyn McLaurin	29' 0	Devils Lake	
Q 27.	9	Dacota Potratz	28' 9.5	Valley City	
28.	12	Dylan Johnson	28' 4.5	Fargo North	
29.	12	Kelsa Steiner	28' 0.75	West Fargo	
30.	11	Emma Haskamp	27' 0.25	Grand Forks Central	
	11	Kennedy Polda	DNS	Wahpeton	
	10	Addison Cerney	DNS	Fargo North	
	10	Lataya Lunneborg	DNS	Wahpeton	
	7	Emma Hofstad	DNS	Devils Lake	
	12	Kiara Holweger	DNS	Grand Forks Central	

49.	11	Ryan Benson	16' 3.5	Horace
50.	9	Kaleb McClaflin	16' 0.25	Valley City
51.	9	Reginald Lassiter	15' 1.25	Grand Forks Central
52.	12	Adautos Isaac	14' 9.75	Shanley
	10	Royce Franklin	DNS	Grand Forks Central
	11	Drew Hofstad	DNS	Devils Lake

Triple Jump Varsity - Finals

1.	11	A'Johntez Moore	46' 2 PR	Fargo South	Q
2.	10	Isaiah Gaye	43' 8.75	Red River	Q
3.	10	Golden Deebom	43' 4.75	Davies	Q
4.	11	Noah Olson	42' 8.75 SR	West Fargo Sheyenne	Q
5.	12	Kasen Baer	42' 8.25 PR	West Fargo Sheyenne	Q
6.	11	Ben Strand	42' 3 PR	Red River	Q
7.	11	George Hanesgard	41' 7.25 PR	Fargo South	Q
8.	12	Dylan Beyl	41' 3.75	West Fargo Sheyenne	Q
9.	12	Darby Olson	40' 6.25	West Fargo Sheyenne	Q
10.	11	Jaden Middleton	40' 5.25	Fargo South	Q
11.	11	Kolden Franke	40' 5 PR	Davies	
12.	12	James Weninger	40' 1.5	Fargo North	Q
13.	9	Bennet Lonn	40' 1.5	Davies	Q
14.	11	Ty Boutwell	39' 11.5	Fargo North	Q
15.	12	Maxwell Greenwood	39' 11	West Fargo Sheyenne	Q
16.	12	Sam Enget	39' 2.25	Devils Lake	
17.	9	Collin Williams	39' 1 PR	Davies	
18.	10	Charlie Metzger	38' 10.25	Davies	
19.	11	Treyton Hoffert	38' 6.25	Fargo South	
20.	11	Carson Blegen	38' 6 PR	Red River	
21.	11	Reis Kessel	38' 1.75	Fargo South	
22.	10	Marquese Dubois	37' 9.25 PR	Devils Lake	
23.	11	Bradyn Stockert	37' 7 PR	West Fargo	
24.	9	Drew Schneider	37' 6.75 PR	Shanley	
25.	9	Lincoln Walker	37' 6.75 PR	West Fargo	
26.	10	Gabriel Sagini	37' 0	Red River	
27.	11	AJ Carroll	36' 2.5 PR	Shanley	
28.	10	Max Martens	35' 8.25	Red River	
29.	10	Kobe Lemar	35' 7.25	Horace	
30.	9	Keenan Hopper	35' 5.75 PR	Grand Forks Central	
31.	10	Chad Pollock	34' 4.25	Shanley	
32.	9	Christian Buchli	32' 4.5 PR	Devils Lake	
33.	9	Reginald Lassiter	32' 2.5	Grand Forks Central	
34.	9	Landon Ralph	30' 11	Wahpeton	
35.	9	Wyatt Hillebrand	28' 5 PR	Devils Lake	
	8	Tucker Bennett	DNS	Devils Lake	
	10	Royce Franklin	DNS	Grand Forks Central	
	11	James Lanners	NM	Fargo North	

Meet managed with Athletic RUNMEET
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East Region Meet HS

OFFICIAL May 19, 2023 Fargo South HS

Show More Details...

Womens Varsity

19 / 19 Events Completed

1.	Davies	219.5
2.	West Fargo	111.5
3.	Red River	99
4.	West Fargo Sheyenne	88
5.	Fargo North	46
6.	Wahpeton	40.5
7.	Valley City	38
8.	Shanley	35
9.	Fargo South	24
10.	Horace	23.5
11.	Devils Lake	10
12.	Grand Forks Central	6

Mens Varsity

19 / 19 Events Completed

1.	Davies	160
2.	Red River	152.5
3.	West Fargo Sheyenne	124
4.	Fargo South	82
5.	Fargo North	75
6.	Grand Forks Central	33
7.	Devils Lake	27.5
8.	Shanley	27
9.	West Fargo	26
10.	Wahpeton	25
11.	Valley City	9

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STATE TRACK & FIELD MEET

MAY 25 - 27 BISMARCK


2023
STATE A
GIRLS'
TRACK
3rd Place
Congratulations
STATE QUALIFIER



2023 NORTH DAKOTA HIGH SCHOOL STATE TRACK & FIELD MEET

MDU Resources Community Bowl
May 25-27

Farmers Union INSURANCE

NOW

VISION ZERO
Zero fatalities. Zero excuses.

2022 TEAM CHAMPIONS



2022 Class 'A' Girls - Fargo Davies Eagles



2022 Class 'B' Girls - Central Cass Squirrels



2022 Class 'A' Boys - Century Patriots



2022 Class 'B' Boys - Kindred Vikings



Matthew J. Fetsch
Executive Director



Brian Bubach
Associate Director



Justin Fletschock
Assistant Director



Kevin Morast
Assistant Director



Nick Walton
Technology Director



Tom Mix
Media Specialist



Dave Schoch
President
Velva



Josh Johnson
Vice President
Valley City



Paul Jundt
Bismarck



Andrew Jordan
Wilton



Guy Fridley
Dickinson



Ned Clooten
Wahpeton



Rick Diegel
Steele



Patti Aanenson
Larimore



Matt Bakke
Devils Lake



Kirsten Baesler, Bismarck
Dept. of Public Instruction



Alexis Baxley, Bismarck
School Boards Association

2023 NORTH DAKOTA STATE TRACK AND FIELD CHAMPIONSHIP MEET SCHEDULE

THURSDAY

12:00 PM **Track open for warm-up**
1:30 PM Officials Meeting-Locker Room B
2:00 PM A Coaches Meeting-Locker Room D
2:00 PM B Coaches Meeting-Locker Room C
2:55 PM **Track Closed**
3:00 PM Opening Ceremonies/Parade of Athletes
3:25 PM National Anthem
3:30 PM **Track open for warm-up**
4:10 PM **Track Closed**
4:30 PM 4 x 200 Meter Relay
5:15 PM 3200 Meter Run

FRIDAY

8:00 AM Track open for warm-up
9:00 AM National Anthem
10:00 AM **Track Closed**
10:15 AM 300 Meter Hurdles-Prelims
11:00 AM 100 Meter Dash-Prelims
11:45 AM Class A 1600 Meter Run-Final
12:15 PM 400 Meter Dash-Prelims
1:00 PM Class B 1600 Meter Run-Final
1:30 PM **Thursday Awards**
2:00 PM 100/110 Hurdles-Prelims
2:45 PM 200 Meter Dash-Prelims
3:30 PM Class A 4 x 800 Meter Relay-Final
4:15 PM 4 x 100 Meter Relay-Prelims
5:00 PM Class B 4 x 800 Meter Relay-Final

SATURDAY — ALL FINALS

8:00 AM **Track open for warm-up**
9:15 AM National Anthem
10:30 AM **Track Closed**
11:00 AM 300 Meter Hurdles
11:30 AM 100 Meter Dash
12:00 PM 4 x 200 Meter Relay
12:30 PM **HOF Special Recognition**
1:00 PM 400 Meter Dash
1:30 PM 100/110 Hurdles
2:00 PM 200 Meter Dash
2:30 PM 800 Meter Run
3:00 PM 4 x 100 Meter Relay
3:30 PM 4 x 400 Meter Relay

• NOTE — Events to be run in this order: B GIRLS, A GIRLS, B BOYS, A BOYS

Tournament Website

https://activities.bismarckschools.org/2023/track/state23/

- live results
- score updates
- pictures

FIELD EVENTS

THURSDAY

3:30 P.M.
Long Jump - A Boys
Discus - B Girls
Pole Vault - A Girls
Shot Put - A Boys
High Jump - B Boys
*awards immediatly following

5:30 P.M.
High Jump - B Girls
Shot Put - A Girls
Discus- B Boys
Long Jump - A Girls

*awards at 1:30 PM Friday

FRIDAY

9:30 AM.
Long Jump - B Boys
Discus - A Boys

10:00 A.M.
Pole Vault - B Girls
High Jump - A Girls

11:30 A.M.
Shot Put - B Boys
Discus - A Girls
Long Jump - B Girls

1:00 P.M.
Pole Vault - B Boys

2:00 P.M.
Javelin - A Boys
Triple Jump- A Girls
Shot Put - B Girls

SATURDAY

9:30 AM.
Javelin- A Girls
Triple Jump - B Boys

10:00 A.M.
Pole Vault - A Boys
High Jump - A Girls

12:15 P.M.
Triple Jump - B Girls
Javelin - B Boys

2:15 P.M.
Javelin - B Girls
Triple Jump- A Boys

2023 North Dakota State Track and Field Championship Meet Officials

Manager — Dave Zittleman
Asst. Manager — Mike Thorson
Head Referee — Gelaine Orvik
Asst. Referee–Throws — Mark Murdock
Asst. Referee–Jumps — Randy Johnson
Facilities Manager — Jim Haussler
Assistant Facilities — Ron Staiger, Rod Kudrna
Secretary — Kari Welstad
Ticket Sales — Kylee Johnson
Infield Supervisors — Wade Moser*, Mike Grandall, Leon Kary, Bill Schalow, Lisa Rollefstad, Amy Robertson
Hospitality — Ben Lervick*, Sara Bohrer, Jamie Zastoupil, Carrie Christenson

Thurday

National Anthem
– Bismarck Legacy – Grace Martin

Friday

National Anthem
– Bismarck Century – Samantha Stordalen

Saturday

National Anthem
– Grant Co. High School, Elgin– Mya Meyer
Starters — Vance Reinbold, Wayne Mastel, Sarah Boese-Noreen, John Hutchison
Starting Blocks — Mark Lardy*
Announcers — Shawn Brink*, Scott Kittel, Keith House, Scott Woodmansee
Clerk of Course — Brandt Dick, Todd Knain
Electronic Measurement — Reed Danielson
Implement Measurements — Dixon Wightman*, Dean Streyle, Adrian Fehr, Kevin Martin, Byron Helgeson, Pat Gaffeny
Sports Medicine — Blaine Steiner*, Shantelle Rule, Lacey Feist, Kristina Nelson, Alicia Wells, Dean Chumley, Jordan Davis,
Physician — Dr. Jon Kolberg
Video Board — Evan Leingang, Elsie Thompson
Lynx Timing — Casey Mueller*, Don Mueller, Mike Porter, Brady Mueller, Cindy Thompson
Head of Awards — Todd Steinwand
Head of Awards Asst. — Chuck Clairmont
Awards — Sharon Prosby*, Mike Prosby
Awards Escort — Julie Stavn, Sharon Espeland
Press Steward — Tom Mix
Press Box Manager — Paul Jundt
Press Box Assistants — Dennis Kary,
Media Press Box — Nicole Fitzgerald
Finish Line Recorder — Jim Kindschi
Finish Line Marshalls — Ron Staiger*, Bruce Evanson, Ed Lockwood
Track Marshalls — Jim Frey, Leon Kary, Larry Cook, Tom Tudor
Measurments-Discus, Javelin — Dirk Simonieg*
Head Umpires — Sheryl Solberg, Gary Selle
Umpires — Don Cross, Kevin House Ron Landenberger, Mike Luger, Greg Jung, Larry Giese, Ken Lang, Jerry Schwartz, Robin Hoff, Mike Just, Jim Skjod, Zach Six, Joan Knoll, Kevin Richardson, Tom Six Steve Braun, Kara Guidinger, James Gustafson, Henry Schroeder, Dave Luger, Nicole Holbert, Kristi Rhode, Tim Krahler, Brian Anderson, Jerry Bravn
Pole Vault — Mike Nider*, Dennis Johnson*, Scott Weigum, Stan Scott, Cody Berger, Brittany Lothspercher
High Jump — Al Knutson*, Cheryl Knutson, Jason Fritz
Long Jump — Karen Roesler*, Lynne Roesler*, David Stroh, Shawna Kost, Graham Kern, Rick Smith, Rob Field, Katie Shlichenmeyer, Tony Bernhardt, Gary Kraft
Triple Jump — Cal Collins*, Gary Kraft Tony Bernhardt, Rob Field, Charles Huann, David Stroh, Rick Smith
Shot Put — Keith Rath*, Darcie Dykema, Kyle Knutson, Sandy McKay, Steve McNichols
Discus — Dave Michaelson*, Kyle Knutson, Reed Danielson Chad Berger, Aanders Weltz
Javelin — Jon Lee*, Sandy McKay*, Kyle Knutson, Lindsey Hefta, Reed Danielson
Hurdle Crew — Tim Clausnitzer*, Clint Leingang*, Curt Gilbertson, Ean Leingang, Russ Henegar, Mark Hager, Diane Leingang Ethan Leingang, Marnie Walth, Shane Walth, Phil Moormann
Wind Gauge — Steve Kubisiak*, Rich Bullinger, Bruce Whiting
Sweats/Water Crew — Tom Kennedy*
Parking Chairman — Al Dockter
Program — Carissa Schmidt
Official Meet Photographer — Mary Palmer
Hip Numbers — Billie Ann Caya, Lisa Kudelka

* Denotes head judge

A special thanks to Frontier Precision, Inc. and Dirk Simonieg for the use of their electronic measuring device utilized in the measuring of the discus and javelin.

MDU RESOURCES COMMUNITY BOWL RECORDS

HIGH SCHOOL BOYS RECORDS (FAT ONLY)

Event	Record Holder	School	Record	Year
100 Meter Dash	Weston Dressler	Bismarck	10.44	2004
200 Meter Dash	Calob Larson	Legacy	21.12	2021
	Dylan McGlothlin	Legacy	21.12	2023
400 Meter Dash	Dylan McGlothlin	Legacy	47.75	2023
800 Meter Run	Brandon Barnes	Bismarck	1:51.21	2010
1600 Meter Run	Jake Leingang	Bismarck	4:08.57	2013
3200 Meter Run	Sean Korsmo	Bismarck	8:57.82	2021
110 Hurdles	Weston Leutz	Century	13.93	2007
300 Hurdles	Drew Wiseman	Century	37.06	2012
4 X 100 Meter Relay		Legacy	41.57	2023
(Talen Farland, Reece Snow, Evan Hoffer, Nathan Mathern)				
4 X 200 Meter Relay		Century	1:27.74	2018
(Hunter Wilmes, Grant Anderson, Oliver Nelson, Caleb Monger)				
4 X 400 Meter Relay		Century	3:18.96	2014
(Dominic Neamyer, Jacob Richter, Andrew Steinwand, Landon Jochim)				
4 X 800 Meter Relay		Bismarck	7:48.49	2014
(Dylan Werner, Sam Markle, Preston Lerew, Matt Gotta)				
Discus	Bryan Bjerk	GF Red River	192-8	2012
High Jump	Braden Brown	Century	6-8 1/2	2021
Javelin	Chad Oukrop	Dickinson	212-8	2001
Long Jump	Jamie Heinen-Lugert	West Fargo	23-9 1/2	2013
Pole Vault	Jak Urlacher	GF Central	15-7 1/2	2021
Shot Put	Jon Tharaldsen	Bismarck	63-6 1/2	2015
Triple Jump	Nsengiyumva Corode	West Fargo	48-5	2019

HIGH SCHOOL GIRLS RECORDS (FAT ONLY)

Event	Record Holder	School	Record	Year
100 Meter Dash	Whitney Carlson	Carrington	11.88	2006
200 Meter Dash	Laura Roesler	Fargo South	24.01	2010
400 Meter Dash	Laura Roesler	Fargo South	53.25	2010
800 Meter Run	Laura Roesler	Fargo South	2:10.78	2008
1600 Meter Run	Karly Ackley	GF Central	4:53.76	2016
3200 Meter Run	Karly Ackley	GF Central	10:32.86	2016
100 Hurdles	Cece Deebom	Davies	14.00	2022
300 Hurdles	Kelsie Belquist	New Rockford	42.02	2022
4 X 100 Meter Relay		Minot	48.23	2023
(Faith Brown, Makayla Whitfield,Rachel Nwankwo, Maicee Burke)				
4 X 200 Meter Relay		Fargo Davies	1:41.73	2016
(Roseline Gaye, Katelyn Carlson, Emily Jahner, Rose Gaye)				
4 X 400 Meter Relay		Century	3:58.32	2021
(Autum Ketterling, Emily Goldade, Ashton Kinnebrew, Erin Palmer)				
4 X 800 Meter Relay		Legacy	9:22.68	2017
(Peyton Jensen, Kaydee Wescom, Jadyn Guidinger, Lindsey Werner)				
Discus	Briona Reynolds	Red River	173-10	1999
High Jump	Lexy Wittmayer	Rolette/Wolford	5-10	2014
Javelin	Taylor Leingang	Mandan	147-7	2021
Long Jump	Whitney Carlson	Carrington	19-5 1/2	2006
Pole Vault	Lauren Gietzen	Century	12-5	2014
Shot Put	Anthonett Nabwe	Jamestown	49-10	2022
Triple Jump	Kristen Killoran	Maple Valley	39-8 1/4	2008

"Please visit the NDHSAA website at: ***www.ndhsaanow.com****"*

NDHSAA MINIMAL BEHAVIOR EXPECTATIONS FOR REGULAR AND POSTSEASON COMPETITIONS:

- Respect the American flag and the National Anthem.
- Contesting schools shall each have an authorized faculty representative present who shall be responsible for his/her school's participants, students, and fans throughout the contest.
- Spectators must wear clothing that covers the entire torso. Those who do not comply or who wear clothing that is vulgar, obscene or that in some other way inappropriate, as determined by school/tournament personnel, will be removed from the facility if they do not cooperate with this behavior expectation.
- The use of appropriate language is expected at all times. Profanity, negative chants, trash talk, name-calling, personal attacks or other acts of disrespect are unacceptable and must be immediately addressed by school/tournament administrators. Any discriminatory slur will result in immediate removal from the facility.
- Any attendee ejected from a NDHSAA tournament venue will be banned from the venue(s) for the remainder of the event.
- Respect the game/contest. Under no condition shall anyone other than the members of the official squad enter the playing surface. No one may interfere with the contest in any way.
- Hand held signs and flags, which do not obstruct the view of others, are permitted provided they are in good taste. Signs or other similar items contest/tournament officials deem to be in poor taste will be removed. Message or "white" boards are prohibited. The carrying of flags around the playing surface is NOT allowed.
- Artificial noisemakers of any kind (i.e. megaphones, cowbells, sirens, whistles, thunder sticks, and other similar items) are not allowed at any indoor events, including outdoor sports played at indoor venues. Exception – Megaphones appropriately used by cheerleaders are permitted if allowed by contest officials.
- Laser lights or any other lights deemed distracting to participants are strictly prohibited.
- Confetti is banned at all NDHSAA tournament venues. Tournament staff is instructed to confiscate such articles at the door.
- Objects shall not be thrown into the stands at any NDHSAA tournament venue.
- The use of unmanned aerial vehicles (UAV), also known as drones, is prohibited for any persons at NDHSAA tournament venues.

North Dakota High School Track and Field Hall of Fame

2007

Corey Ihmels	Williston High School
Becki Wells Staley	Dickinson High School
Jessie Melland Haynes	Hazen High School
Susie Keller	Harvey High School
Rob Heen	Williston High School
Patty Purpur-Gash	Grand Forks Red River High School
Michelle Belohlavek Shipman	Mandan High School
Phil Farris	Langdon High School
Drexel Lawson	North Dakota School For The Deaf
Cheryl Anderson Freed	Bowbells High School
Rich Goff	Grandin High School
Cliff Cushman	Grand Forks Central High School
Chuck McGuinness	Jamestown High School
EJ Anderson	Valley City High School
Bruce Whiting	Bismarck High School
Jack Carlson	Dickinson High School
Doyle Radke	Minot High School
Gelaine Orvik	Fargo South High School
Jack Brown	Jamestown
Jack Lynch	Bismarck

2008

Hollis Dietz	Mohall High School
Mandy Schroeder Sheldon	Mandan High School
Cindy Leingang Thompson	Mandan High School
Geoff Rodlund	Ellendale High School
Joan Hammeren Knoll	Bismarck High School
Jim Kleinsasser	Carrington High School
Harry Davidson	Valley City High School
Bob Ingstad	Valley City High School
Jim Jeske	Killdeer High School
Leon House	Mandan High School
Beckee Keller	Harvey High School
Bill Jansen	Valley City High School
Ken Rio	Grand Forks
Arnie Bakke	Grand Forks
Ron Staiger	Bismarck

2009

Greg Rhode	Bismarck Century High School
Jason Breitzman	Bismarck High School
Charles Pokladnik	Bismarck High School
Howard Hausauer	Bismarck High School
Bruce Perry	Bismarck High School
Nancy Malloy	Dickinson High School
Dona (Fischer) Glick	Dickinson High School
Cami Wells	Dickinson High School
Mark Aide	Bismarck High School
Rick Dressler	Flasher High School
Robert King	NDHSAA

2010

Jerry Boschee	Killdeer High School
John Conyne	Bismarck High
Kyle Herman	Bismarck Century High
Marvin Landgren	Underwood High School
Lynae Larson	Carpio High School
Dr. William Nelson Spear	Dickinson High School
Darrell Anderson	Bismarck High School
Clint Chamberlin	WillistonHigh School
Don Kerlin	Mayville-Portland High School
Jim Haussler	Bismarck Public Schools

2011

Russ Schmeichel	Jamestown High School
James Molstre	Dickinson High School
John Bennett	Grand Forks High School
Tom Petrik	Bismarck High School
Crystal Cummins	Fargo South High School
Kyle Carlson	Dickinson High School
Richard Wardner	Dickinson

2012

Gary Selle	Killdeer High School
Carly Emil Gatzlaff	Mandan High School
Margo Levang Knorr	Watford City High School
Dave Zittleman	Bismarck High School
Mark Murdock	GF Red River High School
Bob Zimney	GF Red River High School

2013

Gerald Cysewski	Jamestown High School
Jessica Neva Gardner	Jamestown High School
DaNae Carlson Streets	Minot High School
Jennifer Schmeichel Birkmeier	Jamestown High School
Rick Nelsen	Bowman High School
Judy Mogck Hager	Jamestown High School
Julie Stavn	Century High School
Rollie Greeno, Jr.	Jamestown High School

2014

Staci Honeyman	Scranton High School
Briona (Reynolds) Nnoli	GF Red River High School
Charyl Weingarten	GF Red River High School
Jill Jahnner-Lipp	Linton High School
Joe Howell	Lisbon High School
Jim Fischer	Linton High School
Bob Bower	Grand Forks

2015

Dani (Parkos) Fluge	GF Central High School
Leslie Randich	Century High School
Kinsey (Coles) Essler	Hillsboro High School
Wayne Lunn	Bismarck High School
Jared Essler	Minot Bishop Ryan High School
Amanda (Dietrich) Marcuccio	Mandan High School
Tim Delmore	GF Red River High School
Tim Kolsrud	Bismarck High School
Tim Tandeski	GF Central & Red River High School
Jerry Schwartz	Dickinson High School
Don Blevins	Fort Yates High School

2016

Darrin Boehm	Mandan & WF High School
Michele (Gab) Willer	Dickinson High School
Tim Jacobsen	Dickinson High School
Sarah Klein	Carrington High School
Weston Dressler	Bismarck High School
Josh Dinius	Langdon High School
Brian McCulley	Fargo South High School
Henry (Hank) Pankratz	Dickinson High School
Frank Bavendick	Bismarck High School

North Dakota High School Track and Field Hall of Fame

2017

Lacy (Hinzpeter) Turnquist	Minot High School
Janis Thompson	Minot High School
Blake Bowers	Kenmare-Mohall-Lansford-Sherwood
Jeff Dick	Jamestown High School
Sam Larson	Jamestown High School
Tanya (Fischer) Jagodzinski	Bowman High School
Glee Mayer	Minot High School
Lyle Witham	Minot High School
Heather Zander (Barry)	Mandan High School
Rod Romine	Minot
Sydney Lahtinen	New Town

2018

Jessica (Trautwein) Myxter	Fargo South High School
Nate Keller	Valley City High School
Rachael (Nelson) Buresh	Langdon High School
Adriana (Friezen) Norris	Carrington High School
Christine (Bruins) Schmaltz	Watford City High School
Weston Leutz	Bismarck Century High School
Jay Gibson	Dickinson
Mike Kuhn	Mandan

2019

Bruce Evanson	Bismarck
Carla Field (Nelson)	Langdon High School
Ellie Grooters	West Fargo High School
Whitney Carlson Bruins	Carrington High School
Kevin Miller	Rugby High School (Class A)
Joan Halland	Kindred High School
Jeryl "Murph" Thompson	Drayton

2022

Lindsey Anderson Solheim	Leeds Benson County
Krista Anderson Binkley	Leeds Benson County
Lisa Svaleson	Fargo South High School
Morrell Sexton	Fargo Central High School
John Harris	Leonard
Louie Bass	New Rockford

2023

Laura Roesler Kozlowski	Fargo South High School
Jessica Sommerfeld	Lisbon High School
Allie Smith Nowatny	Wahpeton High School
Jory Zunich	Williston High School
Kara Deringer Meier	Shanley High School
Anne Jorgenson Weisbeck	Century High School
Kiki Smith Beschorner	Wahpeton High School
Harry Clark	Woodworth, Mott, Richland, and Kindred

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HIGH SCHOOL ACTIVITIES ASSOCIATION
NORTH DAKOTA

INVESTING IN NORTH DAKOTA'S FUTURE

Today's youth are the future of North Dakota and healthy activity builds better community involvement and personal character.

That's why Farmers Union Insurance proudly invests in our state's youth with a continuing commitment as the Premiere Partner of the North Dakota High School Activities Association.

100 METER DASH

	NO.	NAME	YEAR	SCHOOL	SEED TIME
CLASS B GIRLS	107	Elise Wisnewski	11	Central Cass	11.91
	539	Ella Olson	11	Oak Grove Lutheran	12.41
	701	Anya Olson	9	Velva-Drake/	12.46
	28	Tochi Udekwe	9	Bishop Ryan	12.47
	106	Decontee Smith	12	Central Cass	12.69
	522	Jocelyn Aasen	12	Northern Cass	12.75
	224	Helena Pavek	11	Dickinson Trinity	12.77
	12	Paige Hetzler	11	Beulah	12.79
	64	Morgan Schweitzer	11	Bottineau	12.86
	266	Jamie Cunningham	12	Glen Ullin/Hebron	12.86
	679	Jena Schwabe	8	Thompson	12.89
	674	Kamya Young	7	Surrey	12.89
	536	Aubrey Lindteigen	9	Oak Grove Lutheran	12.92
	284	Alexis Tompkins	9	Grafton	12.94
	300	Camryn Adams	12	Hatton-Northwood	12.96
	181	Macey Moore	12	Dlb/Lc	12.96
	100	Grace Lemar	9	Central Cass	12.97
	586	Halle Handegard	9	Rolette/Wolford	13.18
	641	Monica Goven	11	Southern McLean	13.25
	590	Ella Pederson	9	Rolette/Wolford	13.30
	403	Drew Rostvet	10	Langdon Area	13.30
	770	Bre Rose	9	Williams County	13.42
CLASS A GIRLS	147	Bariborve Deebom	12	Davies	11.74
	480	Faith Brown	10	Minot	12.07
	727	Michelle Gee	9	West Fargo	12.15
	623	Paige Renschler	11	Shanley	12.26
	755	Kia Ray	9	WF Sheyenne	12.35
	202	Jazmin Barry	11	Dickinson	12.46
	200	Emily Ash	12	Dickinson	12.52
	166	Alimath Salou	12	Davies	12.54
	692	Karina Olson	12	Valley City	12.56
	365	Yolanda Nabwe	12	Jamestown	12.61
	481	Maicee Burke	11	Minot	12.67
	427	Cambree Volk	9	Legacy	12.70
	355	Evangeline Sappington	10	Horace	12.72
	45	Jilian Quale	9	Bismarck	12.73
	491	Rachel Nwankwo	10	Minot	12.75
	145	Mariah Burian	10	Davies	12.83
	146	Nora Daub	12	Davies	12.84
	497	Makayla Whitfield	11	Minot	12.90
	188	Sara Kraft	8	Devils Lake	12.94
	201	Jayden Atkins	10	Dickinson	12.95
	120	Ashlyn Buchholz	10	Century	12.98
	171	Danielle Toe	12	Davies	13.00
	127	Hannah Herbel	12	Century	13.00
	731	Ella Heilman	10	West Fargo	13.00
	196	Gabby Tangedal	10	Devils Lake	13.01
	261	Jordis Maxwell	11	Fargo South	13.02
	758	Mika Wadeson	10	WF Sheyenne	13.03
	777	Kaylea Kealoha	11	Williston	13.04
CLASS B BOYS	398	Xander Rath	11	Kindred	10.99
	596	Tyson Enget	12	Powers Lake	11.07
	710	Max Roller	12	Thompson	11.18
	30	Christian Lormejuste	12	Bishop Ryan	11.24
	223	Izaak Kudrna	11	Dickinson Trinity	11.24
	228	Luke Shobe	11	Dickinson Trinity	11.25
	378	Dayne Dorval	11	Killdeer	11.30
	730	Eric Martin	12	Velva-Drake/	11.31
	521	Keaton Cole	11	Nedrose	11.34
	383	Masen Allmaras	12	Kindred	11.34
	533	Connor Knatterud	11	New Rockford	11.36
	353	John Kaldor	12	Hillsboro/Ce	11.37
	380	Ethan Hendrickson	11	Killdeer	11.37
	315	Cruz Hernandez	12	Hankinson	11.37
	280	Jamison Opp	12	Glen Ullin/Hebron	11.38
	574	Spencer Schumacher	12	Oak Grove Lutheran	11.38
	588	Tyson Odermann	12	Parshall	11.40
	660	Avery Harms	12	Shiloh Christian	11.43
	657	Darrick Even	12	Shiloh Christian	11.44
	372	Trevor Moos	11	Kidder County	11.44
	487	Ethan Bergstrom	12	May-Port CG	11.57
	537	Trevor Waldo	12	New Rockford	11.65
	331	Mark Lora	10	Hazen	11.72
	4	Logan Fossen	11	Benson County	11.75
	114	Andrew Eichhorst	10	Central McLean	11.76
	539	Brady Brandt	12	New Salem-Almont	11.77
	631	Kristian Fritz	12	Rugby	11.82
CLASS A BOYS	435	Dylan McGlothlin	12	Legacy	10.59
	162	Jackson Greff	12	Davies	10.64
	420	Talen Farland	12	Legacy	10.66
	50	Jeran McNichols	11	Bismarck	10.69
	446	Reece Snow	11	Legacy	10.78
	622	Caleb Severson	12	Red River	10.78
	55	Hudson Schroeder	12	Bismarck	10.79
	434	Nathan Mathern	12	Legacy	10.81
	263	James Gaden	12	Fargo South	10.84
	246	Peder Haugo	11	Fargo North	10.94
	163	Nick Hasbargen	11	Davies	10.94
	511	Tyson Ruzicka	11	Minot	10.97
	802	JD Williams	12	Williston	10.97
	760	Ian Skari	9	West Fargo	11.01
	770	Abel Gartei	11	WF Sheyenne	11.04
	427	Zayden Horne	9	Legacy	11.06
	608	Amir Dorudian	12	Red River	11.07
	672	Colby Fleck	10	St. Mary's	11.09
	262	Aiden Bourke	12	Fargo South	11.13
	174	Isaac Schumacher	11	Davies	11.14
	781	Ethan Raan	12	WF Sheyenne	11.15
	757	Payton McGregor	12	West Fargo	11.18
	426	Evan Hoffer	12	Legacy	11.18
	785	Brooks Tulo	12	WF Sheyenne	11.20
	242	Sam Adams-Vandal	11	Fargo North	11.20
	485	Timol Walters	10	Mandan	11.21
	616	Mikey Mallory	12	Red River	11.23
	714	Louis Monette	12	Turtle Mount	11.24
	201	Christian Bowden	11	Dickinson	11.27
	758	Isaac Nyenabo	12	West Fargo	11.28
	254	Aden Nojang	10	Fargo North	11.29
	741	Treyton Mauch	10	Wahpeton	11.31
	207	Braden Meschke	10	Dickinson	11.33
	642	Kaden Christmann	11	Shanley	11.33
	173	Thomas Schreiner	11	Davies	11.34
	155	Eric Benson	11	Davies	11.34

2022 Class B Girls Champion • Elise Wisnewski, Central Cass — 12.62
Class B Girls State Record Holder • Elise Wisnewski, Central Cass — 12.24 (2021)



2022 Class A Girls Champion • Cece Deebom, Davies — 12.15
Overall State Record Holder • Morgan Milbrath, Minot — 11.97 set in prelims (2010)
Cece Deebom, Davies — 11.97 (2021)



2022 Class B Boys Champion • Kevin Gilmore, Beulah — 11.51
Class B Boys State Record Holder • Austin Brown, Trenton/W Trin C – 10.92 (2015)



2022 Class A Boys Champion • Carson Hegerle, West Fargo — 10.91
Overall State Record Holder • Weston Dressler, Bismarck — 10.44 (2004)



200 METER DASH

	NO.	NAME	YEAR	SCHOOL	SEED TIME
CLASS B GIRLS	506	Kelsie Belquist	11	New Rockford	24.40
	107	Elise Wisnewski	11	Central Cass	24.56
	539	Ella Olson	11	Oak Grove Lutheran	25.48
	72	Adyson Gerbig	10	Bowman County	25.77
	28	Tochi Udekwe	9	Bishop Ryan	25.94
	701	Anya Olson	9	Velva-Drake/	26.20
	106	Decontee Smith	12	Central Cass	26.25
	284	Alexis Tompkins	9	Grafton	26.27
	67	Quin Andrews	8	Bowman County	26.48
	632	Aliya Schock	12	Shiloh Christian	26.54
	299	Christalea Wagner	10	Harvey/Wells	26.75
	12	Paige Hetzler	11	Beulah	26.83
	181	Macey Moore	12	Dlb/Lc	26.85
	590	Ella Pederson	9	Rolette/Wolford	26.87
	398	Kinsey Pedersen	12	LaMoure/Litc	26.87
	322	Ava Walter	10	Heart River	27.15
	679	Jena Schwabe	8	Thompson	27.17
	22	Elsie Braun	9	Bishop Ryan	27.90
	9	Taryn Askim	11	Beulah	27.93
	519	Roberta Chapin	12	New Town	28.33
CLASS A GIRLS	147	Bariborve Deebom	12	Davies	24.39
	727	Michelle Gee	9	West Fargo	25.19
	202	Jazmin Barry	11	Dickinson	25.35
	480	Faith Brown	10	Minot	25.40
	155	Kate Laqua	10	Davies	25.49
	623	Paige Renschler	11	Shanley	25.81
	488	Emily Mattern	12	Minot	25.81
	200	Emily Ash	12	Dickinson	26.09
	427	Cambree Volk	9	Legacy	26.16
	164	Ashton Safranski	11	Davies	26.30
	124	Eden Fridley	11	Century	26.34
	166	Alimath Salou	12	Davies	26.42
	152	Elyse Gulsvig	12	Davies	26.62
	424	Adison Sagaser	12	Legacy	26.66
	45	Jilian Quale	9	Bismarck	26.66
	120	Ashlyn Buchholz	10	Century	26.68
	172	Ashlan Urness	9	Davies	26.83
	355	Evangeline Sappington	10	Horace	26.85
	135	Elydia Symens	12	Century	26.87
	261	Jordis Maxwell	11	Fargo South	26.94
CLASS B BOYS	577	Kai Zabel	8	Oak Grove Lutheran	22.65
	398	Xander Rath	11	Kindred	22.65
	356	Henry Nelson	12	Hillsboro/Ce	22.84
	227	Jake Shobe	11	Dickinson Trinity	22.86
	596	Tyson Enget	12	Powers Lake-	22.88
	710	Max Roller	12	Thompson	22.89
	660	Avery Harms	12	Shiloh Christian	22.94
	223	Izaak Kudrna	11	Dickinson Trinity	22.95
	94	Logan Weninger	11	Carrington	22.98
	315	Cruz Hernandez	12	Hankinson	22.99
	333	Jaran Reinhardt	9	Hazen	23.02
	521	Keaton Cole	11	Nedrose	23.04
	634	William Lundberg	12	Rugby	23.08
	30	Christian Lormejuste	12	Bishop Ryan	23.12
	228	Luke Shobe	11	Dickinson Trinity	23.19
	412	Cody Amble	10	Langdon Area	23.23
	588	Tyson Odermann	12	Parshall	23.46
	691	Gabriel Cartwright		Stanley	23.51
	533	Connor Knatterud	11	New Rockford	23.56
	280	Jamison Opp	12	Glen Ullin/Hebron	23.61
CLASS A BOYS	435	Dylan McGlothlin	12	Legacy	21.12
	420	Talen Farland	12	Legacy	21.42
	446	Reece Snow	11	Legacy	21.76
	270	Austin Zulu	11	Fargo South	21.83
	271	Justin Zulu	11	Fargo South	21.83
	434	Nathan Mathern	12	Legacy	22.00
	55	Hudson Schroeder	12	Bismarck	22.01
	146	Brooks Turner	12	Century	22.07
	622	Caleb Severson	12	Red River	22.27
	764	Deandrey Ansah	12	WF Sheyenne	22.28
	784	Ty Schlichting	12	WF Sheyenne	22.31
	672	Colby Fleck	10	St. Mary's	22.31
	714	Louis Monette	12	Turtle Mount	22.39
	54	Dash Ohlsen	10	Bismarck	22.42
	427	Zayden Horne	9	Legacy	22.54
	802	JD Williams	12	Williston	22.55
	511	Tyson Ruzicka	11	Minot	22.56
	246	Peder Haugo	11	Fargo North	22.57
	770	Abel Gartei	11	WF Sheyenne	22.66
	781	Ethan Raan	12	WF Sheyenne	22.67
	799	Isiah St. Romain	11	Williston	22.67
	154	Joshua Beil	10	Davies	22.67
	485	Timol Walters	10	Mandan	22.78
	760	Ian Skari	9	West Fargo	22.84
	254	Aden Nojang	10	Fargo North	22.88
	155	Eric Benson	11	Davies	22.95
	642	Kaden Christmann	11	Shanley	23.04
	601	Brody Andrade	10	Red River	23.05
	213	Blake Weller	9	Dickinson	23.06
	674	Cameron Naslund	11	St. Mary's	23.06
	242	Sam Adams-Vandal	11	Fargo North	23.08
	426	Evan Hoffer	12	Legacy	23.09
	608	Amir Dorudian	12	Red River	23.12
	268	Tristan Quibell	12	Fargo South	23.13
	616	Mikey Mallory	12	Red River	23.16
	798	Malaki Sik	12	Williston	23.20
	668	Ethan Brintnell	10	St. Mary's	23.20
	296	Kevin Kubat	12	Grand Forks	23.24

2022 Class B Girls Champion • Kelsie Belquist, New Rockford — 24.63
Class B State Record Holder • Kelsie Belquist, New Rockford — 24.63 (2022)



2021 Class A Girls Champion • Cece Deebom, Davies — 24.41
Overall State Record Holder • Morgan Milbrath, Minot — 24.32 set in prelims (2010)



2022 Class B Boys Champion • Jaiden Peraza, Kinred — 22.71
Class B Boys State Record Holder • Kent Kaylor, Burke County — 21.98 (1998)



2022 Class A Boys Champion • Carson Hegerle, West Fargo — 22.61
Overall State Record Holder • Calob Larson, Bismarck Legacy — 21.36 (2021)



400 METER DASH

CLASS B GIRLS

NO.	NAME	YEAR	SCHOOL	SEED TIME
506	Kelsie Belquist	11	New Rockford	57.88
446	Brea Sweet	10	Lisbon	58.99
28	Tochi Udekwe	9	Bishop Ryan	59.42
224	Helena Pavek	11	Dickinson Trinity	59.61
398	Kinsey Pedersen	12	LaMoure/Litc	1:00.47
179	Brynn Hanson	9	Dlb/Lc	1:00.81
328	Sophie Olsonawski	11	Hettinger County	1:01.07
632	Aliya Schock	12	Shiloh Christian	1:01.08
592	Brooklyn Bartsch	11	Rugby	1:01.39
230	Elizabeth Fedje	9	Drayton/Vall	1:01.57
115	Morgan Snyder	8	Central McLean	1:01.74
306	Paris Hoverson	12	Hatton-Northwood	1:01.94
667	Ava Schuster	12	Stanley	1:01.99
311	Marina Grueneich	8	Hazen	1:02.20
26	Ruby Lormejuste	10	Bishop Ryan	1:02.32
229	Greta Burrell	10	Drayton/Vall	1:04.34

2022 Class B Girls Champion • Kelsie Belquist, New Rockford — 57.08
Class B Girls State Record Holder • Grace Zimmerman, Hazen — 56.50 (2018)



CLASS A GIRLS

488	Emily Mattern	12	Minot	57.58
727	Michelle Gee	9	West Fargo	58.13
577	Jocelyn Schiller	11	Red River	58.22
719	Fallon Sampsel	10	Watford City	59.13
155	Kate Laqua	10	Davies	59.17
619	Mesiku Hakim	11	Shanley	59.69
749	Avary Fitzpatrick	11	WF Sheyenne	1:00.01
413	Aspen Eslinger	11	Legacy	1:00.39
707	Jaida Fobb	11	Wahpeton	1:00.54
355	Evangeline Sappington	10	Horace	1:01.06
416	Jemimah Guenther	8	Legacy	1:01.19
172	Ashlan Urness	9	Davies	1:01.26
783	Keira Shannon	10	Williston	1:01.41
151	Ava Graf	11	Davies	1:01.41
129	Emerson House	10	Century	1:01.52
256	Grace Thiel	10	Fargo North	1:01.59
753	Jersey Lang	10	WF Sheyenne	1:01.71
429	Whitney Welk	10	Legacy	1:01.74
754	Naomi Nhial	9	WF Sheyenne	1:02.49

2022 Class A Girls Champion • Erin Palmer, Century — 54.91
Overall State Record Holder • Laura Roesler, Fargo South — 53.25 (2010)



CLASS B BOYS

94	Logan Weninger	11	Carrington	49.93
356	Henry Nelson	12	Hillsboro/Ce	50.63
333	Jaran Reinhardt	9	Hazen	50.80
17	Jack Koppelsloen	12	Beulah	51.19
227	Jake Shobe	11	Dickinson Trinity	51.27
228	Luke Shobe	11	Dickinson Trinity	51.73
563	Rylee Bakkegard	12	Oak Grove Lutheran	52.00
629	Cole Fahnestock	12	Rugby	52.10
338	Tallen Binstock	11	Hettinger County	52.12
380	Ethan Hendrickson	11	Killdeer	52.21
556	Isaac Johnson	12	Northern Cass	52.24
114	Andrew Eichhorst	10	Central McLean	52.24
233	Brady Reilly	10	Drayton/Vall	52.29
117	Gavin Haraseth	9	Central McLean	52.30
412	Cody Amble	10	Langdon Area	52.43
578	Blayson Dolney	11	Oakes	52.76
10	Macyn Olson	11	Benson County	52.79
230	Trenton Combs	11	Divide County	53.02
459	Boeden Greenley	12	Lisbon	53.12
182	Zander Grover	11	Dlb/Lc	53.41
553	Brody Parker	10	North Star	53.80

2022 Class B Boys Champion • Paul Olson, Kindred — 49.98
Class B Boys State Record Holder • Blake Bowers, Kenmare/MLS/ Bowbells — 48.19 (2006)



CLASS A BOYS

435	Dylan McGlothlin	12	Legacy	47.75
420	Talen Farland	12	Legacy	49.21
270	Austin Zulu	11	Fargo South	49.31
271	Justin Zulu	11	Fargo South	49.87
124	Josh Berger	10	Century	49.87
746	Ethan Dennis	11	Watford City	50.26
647	Vuciri Hakim	12	Shanley	50.45
764	Deandrey Ansah	12	WF Sheyenne	50.48
668	Ethan Brintnell	10	St. Mary's	50.49
268	Tristan Quibell	12	Fargo South	50.69
430	Cayden Kraft	11	Legacy	50.72
213	Blake Weller	9	Dickinson	51.51
799	Isiah St. Romain	11	Williston	51.52
613	Grant Hoffarth	11	Red River	51.54
424	Dillan Heidt	11	Legacy	51.57
767	Reece Breidenbach	12	WF Sheyenne	51.57
48	Michael Leier	10	Bismarck	51.57
43	Drew Henriksen	12	Bismarck	51.68
516	Carson Wistisen	12	Minot	51.70
496	Tavion Bobo	12	Minot	51.71
750	Parker Schuster	11	Watford City	51.82
263	James Gaden	12	Fargo South	51.92
252	Braxton Middaugh	12	Fargo North	51.98
467	Trinity Anderson	10	Mandan	52.01
674	Cameron Naslund	11	St. Mary's	52.10
125	Jaxon Birst	11	Century	52.21
475	Karsten Hegney	12	Mandan	52.24
601	Brody Andrade	10	Red River	52.24

2022 Class A Boys Champion • Austin Zulu, Fargo South — 49.00
Overall State Record Holder • Landon Jochim, Century — 47.84 (2014)



800 METER RUN

CLASS B GIRLS

NO.	NAME	YEAR	SCHOOL	SEED TIME
651	Jordyn Thorson	12	Southern McLean	2:19.94
84	Madison Johnson	11	Carrington	2:21.28
179	Brynn Hanson	9	Dlb/Lc	2:22.33
71	Jaci Fischer	11	Bowman County	2:23.28
381	Addie Miller	9	Killdeer	2:23.41
369	Mashae Miller	10	Kenmare-Bowbells	2:24.34
606	Hannah Senechal	9	Rugby	2:24.60
328	Sophie Olsonawski	11	Hettinger County	2:24.94
115	Morgan Snyder	8	Central McLean	2:25.08
329	Jazlyn Ottmar	11	Hettinger County	2:25.32
592	Brooklyn Bartsch	11	Rugby	2:26.10
635	Hannah Westin	12	Shiloh Christian	2:27.00
370	Anna Petersen	9	Kenmare-Bowbells	2:27.42
530	Rachel Christianson	8	Oak Grove Lutheran	2:27.86
533	Brooklyn Hanson	10	Oak Grove Lutheran	2:27.97
308	Jenna Soine	12	Hatton-Northwood	2:28.78
788	Olivia Frolek	11	Wyndmere-Lid	2:29.74
306	Paris Hoverson	12	Hatton-Northwood	2:29.84
473	Carissa Mueller	10	May-Port CG	2:32.99
59	Erin Guariglia	10	Bottineau	2:33.18
3	Aubrey Kenner	9	Benson County	2:34.20
520	Emma Wheeling	12	New Town	2:34.74
62	Maddy Kyle	9	Bottineau	2:35.23
663	Harley Detienne	10	Stanley	2:35.66

2022 Class B Girls Champion • Brynn Hanson, Des-Lacs Burlington — 2:20.52
Class B State Record Holder • Christine Bruins, Watford City — 2:13.46 (2005)



CLASS A GIRLS

567	Lauren Dosch	12	Red River	2:12.95
659	Eva Selensky	10	St. Mary's	2:18.03
451	Acey Elkins	12	Mandan	2:18.32
684	Reagan Berg	11	Valley City	2:19.05
569	Morgan Hartze	11	Red River	2:19.94
688	Greta Goven	10	Valley City	2:20.09
577	Jocelyn Schiller	11	Red River	2:20.11
733	Jordan Knudsvig	12	West Fargo	2:20.35
746	Olivia Beschorner	12	WF Sheyenne	2:21.06
248	Grayce Anderson	10	Fargo North	2:22.19
661	Kylie Wald	12	St. Mary's	2:22.53
256	Grace Thiel	10	Fargo North	2:22.61
352	Brooklyn Herrick	9	Horace	2:23.37
32	Taya Fettig	10	Bismarck	2:23.54
787	Dru Zander	9	Williston	2:23.81
31	Izzy Dahl	8	Bismarck	2:23.93
168	Halle Stephens	10	Davies	2:24.28
167	Kinley Steckler	9	Davies	2:24.33
691	Brynn Lueck	7	Valley City	2:24.42
430	Lauren Woeste	9	Legacy	2:24.54
128	Leah Herbel	12	Century	2:24.92
125	Addison Heck	9	Century	2:26.63
658	Ella Selensky	7	St. Mary's	2:26.74

2022 Class A Girls Champion • Erin Palmer, Century — 2:15.87
Overall State Record Holder • Laura Roesler, Fargo South — 2:10.78 (2008)



CLASS B BOYS

86	Taylor Wanner	10	Bowman County	1:55.65
395	Keaton Olson	11	Kindred	2:00.78
79	Jonah Njos	9	Bowman County	2:00.83
544	Ben DuBois	11	New Town	2:01.27
386	Cole Campbell	12	Kindred	2:01.79
85	Austin Wanner	12	Bowman County	2:01.82
78	Gavin Lambourn	11	Bowman County	2:02.10
347	Christian Brist	11	Hillsboro/Ce	2:02.54
81	Caleb Sarsland	12	Bowman County	2:02.56
464	Mike Nelson	11	Lisbon	2:02.70
341	Matt Huether	11	Hettinger County	2:02.76
17	Jack Koppelsloen	12	Beulah	2:02.76
658	Kaden Fuller	12	Shiloh Christian	2:02.98
219	Eli Hansen	12	Dickinson Trinity	2:03.10
456	Lincoln Adair	10	Lisbon	2:03.24
546	Lander Lahtinen	11	New Town	2:03.46
70	Bud Wilkie	10	Bottineau	2:05.08
8	Gunnar Larson	12	Benson County	2:06.38
702	Cal Sorenson	12	Stanley	2:06.41
29	Blake Kaylor	11	Bishop Ryan	2:07.09
287	Jack Kern	11	Grafton	2:07.41
349	Rylan Buchholz	9	Hillsboro/Ce	2:09.07
116	Aiden Hanson	9	Central McLean	2:09.82
654	Joey Desir	12	Shiloh Christian	2:09.83
63	Will DeMontigny	10	Bottineau	2:10.04
120	Morgan Maxwell	10	Central McLean	2:10.38

2022 Class B Boys Champion • Ian Busche, Hazen — 1:56.71
Class B Boys State Record Holder • Paulo Costa, Killdeer — 1:54.48 (1985)



CLASS A BOYS

796	Ethan Moe	12	Williston	1:54.43
302	Quinn Roehl	12	Grand Forks	1:55.01
172	Drew Rempher	12	Davies	1:57.79
124	Josh Berger	10	Century	1:57.90
429	Chase Knoll	12	Legacy	1:58.18
46	Parker Hintz	11	Bismarck	1:58.72
421	Dalton Fleckenstein	12	Legacy	1:58.78
58	Tyler Wahl	11	Bismarck	1:58.79
607	Jonah Dafoe	12	Red River	1:58.94
503	Benjamin Harris	10	Minot	1:59.57
34	Dawson Balzer	10	Bismarck	1:59.75
516	Carson Wistisen	12	Minot	1:59.93
252	Braxton Middaugh	12	Fargo North	2:00.01
178	Jaray Touray	11	Davies	2:00.12
615	Micah Larsen-Schmidt	11	Red River	2:00.15
789	Ivan Askim	12	Williston	2:00.49
258	Owen Sondag	11	Fargo North	2:00.58
255	Elijah Pederson	12	Fargo North	2:00.60
131	Gavyn Graham	11	Century	2:00.84
433	Ivar Martell	12	Legacy	2:00.96
763	Noah Yahnke	12	West Fargo	2:01.07
500	Cooper Fjeld	10	Minot	2:01.07
144	Cyan Sorenson	12	Century	2:01.35
792	Hunter Hart	10	Williston	2:01.45
606	Elijah Dafoe	10	Red River	2:01.47
504	Josh Hegstad	12	Minot	2:01.50
303	Curtis Sande	11	Grand Forks	2:01.62

2022 Class A Boys Champion • Ethan Moe, Williston — 1:54.09
Overall State Record Holder • Brian McCulley, Fargo South — 1:52.02 (1996)



1600 METER RUN

CLASS B GIRLS

NO.	NAME	YEAR	SCHOOL	SEED TIME
84	Madison Johnson	11	Carrington	5:16.52
179	Brynn Hanson	9	Dlb/Lc	5:17.94
635	Hannah Westin	12	Shiloh Christian	5:18.35
651	Jordyn Thorson	12	Southern McLean	5:20.31
369	Mashae Miller	10	Kenmare-Bowbells	5:21.14
308	Jenna Soine	12	Hatton-Northwood	5:28.53
606	Hannah Senechal	9	Rugby	5:29.10
306	Paris Hoverson	12	Hatton-Northwood	5:31.95
326	Ruby Nasset	9	Hettinger County	5:32.01
381	Addie Miller	9	Killdeer	5:32.41
69	Kenley Bowman	11	Bowman County	5:33.51
442	Mara Kempel	9	Lisbon	5:34.10
71	Jaci Fischer	11	Bowman County	5:34.37
530	Rachel Christianson	8	Oak Grove Lutheran	5:34.74
62	Maddy Kyle	9	Bottineau	5:35.03
14	Alexis Huntimer	11	Beulah	5:42.22
788	Olivia Frolek	11	Wyndmere-Lid	5:42.66
532	Lily Elbert	9	Oak Grove Lutheran	5:44.29
344	Myla Kaldor	10	Hillsboro/Ce	5:45.18
665	Lexi Neset	8	Stanley	5:47.57
342	Shaycee Johnson	9	Hillsboro/Ce	5:47.84
61	Tessa Guariglia	8	Bottineau	5:49.84

2022 Class B Girls Champion • Brynn Hanson, Des-Lacs Burlington — 5:21.13
Class B Girls State Record Holder • Lindsay Anderson, Benson County — 4:56.96 (2005)



CLASS A GIRLS

659	Eva Selensky	10	St. Mary's	5:03.07
716	Jaelyn Ogle	12	Watford City	5:06.62
451	Acey Elkins	12	Mandan	5:13.03
684	Reagan Berg	11	Valley City	5:13.17
733	Jordan Knudsvig	12	West Fargo	5:16.98
352	Brooklyn Herrick	9	Horace	5:17.35
167	Kinley Steckler	9	Davies	5:19.31
54	Bayla Weigel	11	Bismarck	5:20.96
786	Angela Wold	9	Williston	5:22.83
746	Olivia Beschorner	12	WF Sheyenne	5:23.13
142	Cierra Bornemann	11	Davies	5:23.31
487	Sophia Lade	8	Minot	5:23.41
31	Izzy Dahl	8	Bismarck	5:24.58
688	Greta Goven	10	Valley City	5:25.24
781	Cambree Moss	8	Williston	5:25.45
751	Olivia Heilman	11	WF Sheyenne	5:25.52
779	Marenn Larsen	12	Williston	5:26.96
426	Isabelle Simonson	10	Legacy	5:27.35
48	Zoe Reichenberger	11	Bismarck	5:27.76
614	Kami Dean	9	Shanley	5:28.46
428	Lexie Waldner	7	Legacy	5:28.74
661	Kylie Wald	12	St. Mary's	5:29.24
495	Mandy Schmidt	11	Minot	5:29.26
787	Dru Zander	9	Williston	5:29.78
125	Addison Heck	9	Century	5:31.35

2022 Class A Girls Champion • Anna Lien, Fargo North — 5:09.66
Overall State Record Holder • Becki Wells, Dickinson — 4:44.44 (1993)



CLASS B BOYS

85	Austin Wanner	12	Bowman County	4:21.35
86	Taylor Wanner	10	Bowman County	4:26.07
395	Keaton Olson	11	Kindred	4:32.03
81	Caleb Sarsland	12	Bowman County	4:33.35
219	Eli Hansen	12	Dickinson Trinity	4:34.25
215	Jace Cofer	12	Dickinson Trinity	4:35.64
544	Ben DuBois	11	New Town	4:37.15
386	Cole Campbell	12	Kindred	4:37.33
658	Kaden Fuller	12	Shiloh Christian	4:38.33
456	Lincoln Adair	10	Lisbon	4:38.54
546	Lander Lahtinen	11	New Town	4:38.61
78	Gavin Lambourn	11	Bowman County	4:38.70
347	Christian Brist	11	Hillsboro/Ce	4:38.80
79	Jonah Njos	9	Bowman County	4:38.81
557	Owen Johnson	9	Northern Cass	4:39.97
628	Austin Dibble	12	Rugby	4:43.57
31	Christopher McMahon	12	Bishop Ryan	4:43.89
287	Jack Kern	11	Grafton	4:44.27
549	Jose Villa	12	New Town	4:49.13
548	Lukas Spotted Bear	9	New Town	4:50.72
414	Rudy Moser	11	Langdon Area	4:50.72
681	Lance Bradley	11	Standing Rock	4:50.91
362	Niko Zink	9	Hillsboro/Ce	4:51.33
665	Mason Seifert	9	Shiloh Christian	4:51.53
63	Will DeMontigny	10	Bottineau	4:51.54
61	Noah Bedlion	10	Bottineau	4:58.34

2022 Class B Boys Champion • Ian Busche, Hazen — 4:24.57
Class B Boys State Record Holder • Isaac Huber, Edgeley/Kulm — 4:17.58 (2019)



CLASS A BOYS

796	Ethan Moe	12	Williston	4:12.34
302	Quinn Roehl	12	Grand Forks	4:14.22
258	Owen Sondag	11	Fargo North	4:19.96
606	Elijah Dafoe	10	Red River	4:22.32
190	Brady Goss	12	Devils Lake	4:23.21
172	Drew Rempher	12	Davies	4:23.35
46	Parker Hintz	11	Bismarck	4:23.41
58	Tyler Wahl	11	Bismarck	4:23.45
789	Ivan Askim	12	Williston	4:24.10
421	Dalton Fleckenstein	12	Legacy	4:28.24
176	Leighton Steidl	12	Davies	4:28.78
503	Benjamin Harris	10	Minot	4:29.03
607	Jonah Dafoe	12	Red River	4:29.33
423	Eric Hasby	12	Legacy	4:29.87
45	Owen Hintz	9	Bismarck	4:30.30
255	Elijah Pederson	12	Fargo North	4:30.48
795	Fynn Krenz	12	Williston	4:31.21
433	Ivar Martell	12	Legacy	4:31.48
191	Tyler Goss	12	Devils Lake	4:32.30
131	Gavyn Graham	11	Century	4:33.15
615	Micah Larsen-Schmidt	11	Red River	4:33.19
419	Morgon Brindley	12	Legacy	4:33.75
38	Jakson Ensign	10	Bismarck	4:33.79
793	Thomas Haskins	11	Williston	4:34.19
130	Brody Ferderer	12	Century	4:34.21
40	Brennan Greff	9	Bismarck	4:34.39
138	Evan Pena	12	Century	4:34.74
425	Landon Herr	9	Legacy	4:34.84

2022 Class A Boys Champion • Brady Korsmo, Bismarck — 4:14.77
Overall State Record Holder • Sean Korsmo, Bismarck — 4:12.16 (2021)



3200 METER RUN

CLASS B GIRLS

NO.	NAME	YEAR	SCHOOL	SEED TIME
635	Hannah Westin	12	Shiloh Christian	11:54.77
326	Ruby Nasset	9	Hettinger County	11:55.58
308	Jenna Soine	12	Hatton-Northwood	11:59.24
179	Brynn Hanson	9	Dlb/Lc	11:59.47
88	Kenadie Pazdernik	10	Carrington	12:07.67
369	Mashae Miller	10	Kenmare-Bowbells	12:08.37
62	Maddy Kyle	9	Bottineau	12:11.05
306	Paris Hoverson	12	Hatton-Northwood	12:29.69
645	Kari Patterson	10	Southern McLean	12:33.14
442	Mara Kempel	9	Lisbon	12:36.32
69	Kenley Bowman	11	Bowman County	12:36.64
662	Josetta Buffalo Boy	12	Standing Rock	12:41.94
343	Lily Kaldor	8	Hillsboro/Ce	12:42.58
384	Allyson Goodmanson	11	Kindred	12:50.46
97	Mallory DeVries	10	Central Cass	12:53.33
78	Anna Sarsland	7	Bowman County	13:10.42
607	Amelia Shepard	11	Rugby	13:14.44
498	Natalie Becker	11	Nedrose	13:23.77
500	Blake Boucher	9	Nedrose	13:38.23

2022 Class B Girls Champion • Brynn Hanson, Des-Lac Burlington — 11:44.20
Class B Girls State Record Holder • Krista Anderson, Benson County — 10:36.95 (2004)



CLASS A GIRLS

716	Jaelyn Ogle	12	Watford City	11:15.79
659	Eva Selensky	10	St. Mary's	11:26.08
167	Kinley Steckler	9	Davies	11:41.32
48	Zoe Reichenberger	11	Bismarck	11:41.51
781	Cambree Moss	8	Williston	11:42.17
779	Marenn Larsen	12	Williston	11:44.69
54	Bayla Weigel	11	Bismarck	11:45.60
487	Sophia Lade	8	Minot	11:45.67
733	Jordan Knudsvig	12	West Fargo	11:51.49
426	Isabelle Simonson	10	Legacy	11:51.90
142	Cierra Bornemann	11	Davies	11:52.74
451	Acey Elkins	12	Mandan	11:55.09
751	Olivia Heilman	11	WF Sheyenne	11:56.27
717	Katie Olson	9	Watford City	11:58.02
428	Lexie Waldner	7	Legacy	12:00.12
352	Brooklyn Herrick	9	Horace	12:01.30
31	Izzy Dahl	8	Bismarck	12:01.70
496	Scout Ulrickson	9	Minot	12:03.21
495	Mandy Schmidt	11	Minot	12:03.62
205	Leila Gregoire	9	Dickinson	12:04.27
734	Alexis Lindgren	10	West Fargo	12:13.59

2022 Class A Girls Champion • Eleni Lovgren, Williston — 11:08.99
Overall Girls State Record Holder • Karly Ackley, GF Central — 10:32.86 (2016)



CLASS B BOYS

85	Austin Wanner	12	Bowman County	9:29.93
395	Keaton Olson	11	Kindred	9:48.85
557	Owen Johnson	9	Northern Cass	9:57.58
81	Caleb Sarsland	12	Bowman County	9:59.44
79	Jonah Njos	9	Bowman County	10:06.75
215	Jace Cofer	12	Dickinson Trinity	10:11.23
386	Cole Campbell	12	Kindred	10:11.34
78	Gavin Lambourn	11	Bowman County	10:11.96
347	Christian Brist	11	Hillsboro/Ce	10:12.52
219	Eli Hansen	12	Dickinson Trinity	10:13.06
546	Lander Lahtinen	11	New Town	10:15.17
97	Ronnie Burchill	11	Central Cass	10:19.84
414	Rudy Moser	11	Langdon Area	10:28.44
352	Trey Johnson	7	Hillsboro/Ce	10:30.99
681	Lance Bradley	11	Standing Rock	10:31.86
450	Holter Bridwell	12	Linton/HMB	10:35.15
387	Lucas Dahl	11	Kindred	10:37.19
404	Cade Westby	8	Kindred	10:39.26
239	Theo Thurber	12	Ellendale	10:39.52
362	Niko Zink	9	Hillsboro/Ce	10:39.83
180	Milo Anderson	9	Dlb/Lc	10:53.34
687	Jarrett Kelly	10	Standing Rock	10:54.50
82	Gabe Sarsland	8	Bowman County	10:59.39
628	Austin Dibble	12	Rugby	10:59.50
547	Colt Spotted Bear	12	New Town	11:01.30
545	Louden Haugen	9	New Town	11:01.52
6	Holdyn Jacobson	10	Benson County	11:15.69
633	Jenner Johnson	10	Rugby	11:16.05
71	Warner Bowman	8	Bowman County	11:28.06

2022 Class B Boys Champion • Ian Busche, Hazen — 9:38.71
Class B Boys State Record Holder • Jalen Chase, New Town — 9:23.31 (2017)



CLASS A BOYS

258	Owen Sondag	11	Fargo North	9:15.10
302	Quinn Roehl	12	Grand Forks	9:27.73
789	Ivan Askim	12	Williston	9:35.98
46	Parker Hintz	11	Bismarck	9:41.18
58	Tyler Wahl	11	Bismarck	9:41.58
45	Owen Hintz	9	Bismarck	9:41.64
190	Brady Goss	12	Devils Lake	9:44.17
423	Eric Hasby	12	Legacy	9:50.48
795	Fynn Krenz	12	Williston	9:50.81
793	Thomas Haskins	11	Williston	9:51.21
130	Brody Ferderer	12	Century	9:52.14
40	Brennan Greff	9	Bismarck	9:52.34
606	Elijah Dafoe	10	Red River	9:53.12
176	Leighton Steidl	12	Davies	9:54.11
38	Jakson Ensign	10	Bismarck	9:54.39
191	Tyler Goss	12	Devils Lake	9:55.24
42	Gabe Hanson	11	Bismarck	9:55.71
641	Quinn Carroll	9	Shanley	9:56.78
673	Kyle Marcotte	12	St. Mary's	9:56.79
788	Cooper Ames	8	Williston	9:56.82
37	Connor Ensign	10	Bismarck	9:57.67
255	Elijah Pederson	12	Fargo North	9:58.42
35	Djiby Diallo	11	Bismarck	10:00.55
433	Ivar Martell	12	Legacy	10:03.08
620	Joe Quinn	10	Red River	10:07.14
158	Kasen Currence	9	Davies	10:15.18

2022 Class A Boys Champion • Caeden Johnson, WF Sheyenne — 9:19.90
Overall State Record Holder • Sean Korsmo, Bismarck — 8:57.82 (2021)



PAST STATE CHAMPIONSHIP TEAMS

CLASS A BOYS

1903 GF Central
1904 GF Central
1905 Park River
1906 GF Central
1907 Park River
1908 GF Central
Park River
1909 Valley City
1910 Fargo Central
1911 GF Central
1912 Langdon
1913 GF Central
1914 Cavalier &
GF Central
1915 GF Central
1916 GF Central
1917 Pembina
1918 Langdon
1919 Fargo Central
1920 Fargo Central
1921 Fargo Central
1922 Fargo Central &
GF Central
1923 Fargo Central
1924 Fargo Central
1925 Fargo Central
1926 GF Central
1927 GF Central
1928 Fargo Central
1929 Bismarck
1930 Bismarck
1931 Fargo Central
1932 Bismarck
1933 Bismarck
1934 Fargo Central
1935 Fargo Central
1936 Fargo Central
1937 Fargo Central
1938 Fargo Central
1939 Fessenden
1940 GF Central
1941 Dickinson
1942 Minot
1943 Fort Yates
1944 Fargo Central
1945 Bismarck
1946 Bismarck
1947 Bismarck
1948 Bismarck
1949 Bismarck
1950 Bismarck
1951 Bismarck
1952 Bismarck
1953 Jamestown
1954 Fargo Central
1955 GF Central
1956 GF Central
1957 Bismarck
1958 Bismarck
1959 Dickinson
1960 Dickinson
1961 GF Central
1962 Dickinson
1963 GF Central
1964 GF Central
1965 Fargo Central
1966 GF Central
1967 Fargo North
1968 Bismarck
1969 Bismarck
1970 Bismarck
1971 Bismarck
1972 Bismarck
1973 Bismarck
1974 Minot
1975 Minot
1976 Minot
1977 Minot
1978 Minot
1980 Minot
1981 Dickinson
1982 Dickinson
1983 GF Red River
1984 Mandan &
Minot
1985 Minot
1986 Fargo South
1987 Fargo South
1988 Fargo South
1989 Dickinson
1990 Dickinson
1991 Bismarck
1992 GF Red River
1993 Bismarck
1994 Bismarck
1995 Fargo South
1996 Fargo South
1997 Dickinson
1998 Dickinson
1999 Dickinson
2000 Fargo South
2001 Minot
2002 Minot
2003 Fargo South
2004 Bismarck
2005 Bismarck
2006 Bismarck
2007 Bismarck
2008 Bismarck
2009 Bismarck
2010 Bismarck
2011 Bismarck
2012 Bismarck
2013 Bismarck
2014 Bismarck
2015 Century
2016 Century
2017 Legacy
2018 Century
2019 Centuty
2021 Century
2022 Century

CLASS A GIRLS

1966 Minot
1967 Bowbells &
Kindred
1968 Bowbells
1969 Tuttle
1970 Mandan
1971 Valley City
1972 Minot
1973 Valley City
1974 Valley City
1975 Dickinson
1976 Dickinson
1977 Dickinson
1978 Minot
1979 Fargo North
1980 Dickinson
1981 Minot
1982 Fargo South
1983 Bismarck
1984 Minot
1985 Mandan
1986 GF Central
1987 GF Central
1988 Minot
1989 Minot
1990 Dickinson
1991 Minot
1992 Minot
1993 Minot
1994 Minot
1995 Minot
1996 Minot
1997 Minot
1998 GF Red River
1999 Century
2000 GF Red River
2001 Fargo South
2002 Mandan
2003 Fargo South
2004 Fargo South
2005 Century
2006 Bismarck
2007 Fargo South
2008 Bismarck
2009 Bismarck
2010 Bismarck
2011 Century
2012 Century
2013 Century
2014 Century
2015 Century
2016 Fargo Davies
2017 Fargo Davies
2018 Fargo Davies
2019 Fargo Davies
2021 Century
2022 Fargo Davies

CLASS B BOYS

1950 Ellendale
1951 Riverdale
1952 Lisbon
1953 Lisbon
1954 Ellendale
1955 Hillsboro
1956 LaMoure
1957 Linton
1958 Linton
1959 Fessenden
1960 Bottineau
1961 New Rockford
1962 Fort Yates
1963 Assumption Abby
1964 Fort Yates
1965 Killdeer
1966 Oakes
1967 Minot Model
1968 Minot Model
1969 Grandin
1970 Grandin
1971 New Rockford
1972 Hazen & Wishek
Wishek
1973 Leonard
1974 ND School for Deaf
1975 Parshall
1976 Bowman
1977 Bowman
1978 Bowman
1979 Napoleon
1980 Mayville-Portland
1981 Hebron
1982 Carrington
1983 Mayville-Portland
1984 Mayville-Portland
1985 Killdeer
1986 Beulah
1987 Beulah
1988 Beulah
1989 Beulah
1990 Beulah
1991 Bowman
1992 Rugby
1993 Bowman
1994 Harvey
1995 Minot Ryan
1996 Rugby
1997 Lehr/Wishek
1998 Killdeer
1999 Lisbon
2000 Lisbon
2001 Lisbon
2002 Dickinson Trinity
2003 Dickinson Trinity
2004 Harvey
2005 Lisbon
2006 Dickinson Trinity
2007 Hazen
2008 Hazen
2009 New Town
2010 Rugby
2011 Central Cass
2012 Lisbon
2013 Lisbon
2014 Kindred
2015 New Town
2016 New Town
2017 New Town
2018 Dickinson Trinity
2019 Kindred
2021 Kindred
2022 Kindred

CLASS B GIRLS

1971 Carpio & Tuttle
1972 Hankinson
1973 Hankinson
1974 Michigan
1975 Sargent Central
1976 Maple Valley
1977 Bowman
1978 Bowman
1979 Bowman
1980 Bowman
1981 Cando
1982 Bowman
1983 Larimore &
Linton &
Northwood
1984 Linton
1985 Langdon
1986 Langdon
1987 Beulah
1988 Beulah
1989 Harvey
1990 Bowman
1991 Hazen
1992 Harvey
1993 Hazen
1994 Hazen
1995 Hazen
1996 Hazen
1997 Hazen
1998 Hazen
1999 Carrington
2000 Carrington
2001 Carrington
2002 Carrington
2003 Carrington
2004 Carrington
2005 Benson County
2006 Bottineau
2007 Benson County
2008 Bowman County
2009 Rugby
2010 Benson County
2011 Rugby
2012 Carrington
2013 Carrington
2014 Carrington
2015 Hazen
2016 Hazen
2017 Hazen
2018 Hazen
2019 Rugby
2021 Oakes
2022 Central Cass

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GIRLS (100 METERS) HURDLES BOYS (110 METERS)

CLASS B GIRLS

NO.	NAME	YEAR	SCHOOL	SEED TIME
506	Kelsie Belquist	11	New Rockford	14.26
637	Dedra Wood	11	Shiloh Christian	15.43
545	Emma Muggli	12	Oakes	15.45
264	Karli Klein	12	Garrison	15.54
387	Elsa Ingebrigtson	10	Kindred	15.81
15	Jenna Koppelsloen	12	Beulah	16.09
93	Haley Wolsky	12	Carrington	16.25
682	Maggie Hauk	12	Trenton	16.39
289	Zoey Heid	12	Grant County	16.39
524	MaKayla Allmaras	11	Northern Cass	16.62
468	Kate Bradner	12	May-Port CG	16.62
385	Ashley Haas	9	Kindred	16.69
181	Macey Moore	12	Dlb/Lc	16.69
230	Elizabeth Fedje	9	Drayton/Vall	16.92
10	Harys Beauchamp	12	Beulah	17.10
274	Isabelle Cole	9	Grafton	17.13
501	Kaydee Boyce	11	Nedrose	17.18
91	Isabel Wendel	10	Carrington	17.39
608	Quinn Walker	9	Rugby	17.81
698	Evelyn Isaak	9	Velva-Drake/	17.98

2022 Class B Girls Champion • Kelsie Belquist, New Rockford — 14.95
Class B Girls State Record Holder • Whitney Carlson, Carrington — 14.33 set in prelims (2005)



CLASS A GIRLS

147	Bariborve Deebom	12	Davies	14.29
365	Yolanda Nabwe	12	Jamestown	14.83
729	Samantha Gustafson	12	West Fargo	15.16
692	Karina Olson	12	Valley City	15.35
152	Elyse Gulsvig	12	Davies	15.49
360	Bernadette Belzer	12	Jamestown	15.80
456	Anna Lyles	9	Mandan	15.81
258	Axumite Wren James	10	Fargo South	15.85
565	Sophie Brakke	10	Red River	15.86
652	Brenna Curl	11	St. Mary's	15.94
150	Sanie Gayflor	9	Davies	16.09
366	Julia Skari	10	Jamestown	16.16
263	Erin Sorum	12	Fargo South	16.17
620	Odura Isaac	10	Shanley	16.60
457	Hailey Markel	11	Mandan	16.60
159	Kaylee Narmah	10	Davies	16.73
483	Haley Conklin	10	Minot	16.83
118	Zoie Austin	10	Century	16.84

2022 Class A Girls Champion • Cece Deebom, Davies — 14.33
Overall State Record Holder • Cece Deebom, Davies — 14.00 set in prelims (2022)



CLASS B BOYS

392	Trey Heinrich	12	Kindred	14.54
410	Gunner Thielges	9	LaMoure/Litc	15.14
323	Tallen Thorson	10	Harvey/Wells	15.33
466	Colton Tapson	12	Lisbon	15.61
278	Tyler Syverstson	12	Garrison	15.80
632	Logan Gronvold	12	Rugby	16.07
709	Karter Peterson	10	Thompson	16.27
348	Kason Buchholz	11	Hillsboro/Ce	16.29
17	Jack Koppelsloen	12	Beulah	16.36
637	Cy Walker	11	Rugby	16.38
626	Nick Wulfekuhle	11	Richland	16.38
588	Tyson Odermann	12	Parshall	16.53
381	Isaac Jaggi	12	Killdeer	16.64
232	Andrew Myrdal	12	Drayton/Vall	16.66
667	John Marshall	12	Southern McLean	16.78
627	Bryceton Deplazes	12	Rugby	17.02
226	Rigo Lopez	9	Dickinson Trinity	17.56
272	Aidan Ermer	10	Garrison	17.70
492	Mark Thomas	11	Medina-Pingr	17.88
11	Adakin Backus	11	Beulah	18.20

2022 Class B Boys Champion • Madden Thorson, Harvey/Wells County — 15.41
Class B Boys State Record Holder • Tanner Monroe, Killdeer — 14.39 (1998)



CLASS A BOYS

146	Brooks Turner	12	Century	14.04
126	Ryan Brynjolfson	12	Century	14.54
248	Trey Knoke	10	Fargo North	14.89
497	Anthony Brown	11	Minot	15.00
612	Lukas Heydt	12	Red River	15.04
604	Carter Byron	12	Red River	15.21
474	Dominick Giggee	12	Mandan	15.23
169	Brody Muchow	9	Davies	15.38
774	Soren Kaster	12	WF Sheyenne	15.51
428	Yusuf Jama	9	Legacy	15.55
122	Noah Bares	10	Century	15.61
498	Zach Brown	12	Minot	15.62
443	Aiden Sagaser	12	Legacy	15.62
438	Nicholas Pegors	12	Legacy	15.64
166	Bennet Lonn	9	Davies	15.65
265	Reis Kessel	11	Fargo South	15.76
247	Laquan King	12	Fargo North	15.79
167	Oliver Lucht	12	Davies	15.92
153	Hudson Asche	10	Davies	15.94
137	Kayne Nelson	11	Century	15.95
482	Hudsen Sheldon	10	Mandan	15.96
623	Ben Strand	11	Red River	16.13
211	Cole Skabo	11	Dickinson	16.14

2022 Class A Boys Champion • Carter Elde, Grand Forks — 14.65
Overall State Record Holder • Ryan Todhunter, GF Red River — 14.26 (2009)



300 METER HURDLES

	NO.	NAME	YEAR	SCHOOL	SEED TIME
CLASS B GIRLS	506	Kelsie Belquist	11	New Rockford	42.14
	387	Elsa Ingebrigtson	10	Kindred	45.84
	438	Brynley Differding	8	Lisbon	46.29
	264	Karli Klein	12	Garrison	46.42
	230	Elizabeth Fedje	9	Drayton/Vall	46.89
	72	Adyson Gerbig	10	Bowman County	47.03
	15	Jenna Koppelsloen	12	Beulah	47.19
	545	Emma Muggli	12	Oakes	47.25
	637	Dedra Wood	11	Shiloh Christian	47.38
	67	Quin Andrews	8	Bowman County	47.40
	289	Zoey Heid	12	Grant County	47.82
	181	Macey Moore	12	Dlb/Lc	47.82
	74	Sophia Headley	10	Bowman County	47.83
	468	Kate Bradner	12	May-Port CG	48.48
	26	Ruby Lormejuste	10	Bishop Ryan	48.53
	10	Harys Beauchamp	12	Beulah	48.78
	274	Isabelle Cole	9	Grafton	48.84
	3	Aubrey Kenner	9	Benson County	48.84
	111	Leah Jacobson	11	Central McLean	49.09
	299	Christalea Wagner	10	Harvey/Wells	49.29
	505	Emmie Belquist	8	New Rockford	49.32
CLASS A GIRLS	155	Kate Laqua	10	Davies	44.15
	360	Bernadette Belzer	12	Jamestown	45.76
	202	Jazmin Barry	11	Dickinson	46.38
	413	Aspen Eslinger	11	Legacy	46.48
	365	Yolanda Nabwe	12	Jamestown	46.57
	565	Sophie Brakke	10	Red River	47.16
	654	Alexis Gerving	11	St. Mary's	47.31
	366	Julia Skari	10	Jamestown	47.39
	149	Jane Donat	11	Davies	47.46
	247	Hikmah Abdul-Hammed	9	Fargo North	47.81
	188	Sara Kraft	8	Devils Lake	48.09
	719	Fallon Sampsel	10	Watford City	48.46
	150	Sanie Gayflor	9	Davies	48.54
	163	Alexandra Roberts	10	Davies	48.60
	570	Jocelynne Hoefs	8	Red River	48.66
	258	Axumite Wren James	10	Fargo South	48.74
	652	Brenna Curl	11	St. Mary's	48.78
	156	Alexis Lovehaug	10	Davies	48.91
CLASS B BOYS	323	Tallen Thorson	10	Harvey/Wells	40.57
	278	Tyler Syverstson	12	Garrison	40.92
	392	Trey Heinrich	12	Kindred	40.98
	94	Logan Weninger	11	Carrington	41.03
	17	Jack Koppelsloen	12	Beulah	41.35
	459	Boeden Greenley	12	Lisbon	41.37
	556	Isaac Johnson	12	Northern Cass	41.43
	348	Kason Buchholz	11	Hillsboro/Ce	41.54
	410	Gunner Thielges	9	LaMoure/Litc	41.92
	667	John Marshall	12	Southern McLean	42.06
	353	John Kaldor	12	Hillsboro/Ce	42.38
	345	Bennett Jorgenson	12	Hettinger-Scranton	42.44
	232	Andrew Myrdal	12	Drayton/Vall	42.85
	307	Trey Heid	10	Grant County	43.14
	486	Dylan Hawkins	12	Max - South	44.26
	182	Zander Grover	11	Dlb/Lc	44.56
	685	Donte Hart	12	Standing Rock	44.84
	64	Cody Gorentz	11	Bottineau	44.85
	65	Niklas Halvorson	9	Bottineau	44.99
CLASS A BOYS	154	Joshua Beil	10	Davies	39.51
	43	Drew Henriksen	12	Bismarck	39.63
	774	Soren Kaster	12	WF Sheyenne	39.82
	50	Jeran McNichols	11	Bismarck	39.95
	746	Ethan Dennis	11	Watford City	40.02
	612	Lukas Heydt	12	Red River	40.05
	135	Rivers Martin	11	Century	40.08
	169	Brody Muchow	9	Davies	40.83
	443	Aiden Sagaser	12	Legacy	40.97
	474	Dominick Giggee	12	Mandan	41.09
	438	Nicholas Pegors	12	Legacy	41.11
	36	Carson Dschaak	10	Bismarck	41.36
	754	Jack Guscette	10	West Fargo	41.40
	187	Aiden Bryce Volk	12	Devils Lake	41.42
	166	Bennet Lonn	9	Davies	41.46
	248	Trey Knoke	10	Fargo North	41.55
	122	Noah Bares	10	Century	41.67
	428	Yusuf Jama	9	Legacy	41.73
	498	Zach Brown	12	Minot	41.78
	247	Laquan King	12	Fargo North	41.96
	167	Oliver Lucht	12	Davies	41.97
	678	Lleyton Vetter	12	St. Mary's	41.98
	137	Kayne Nelson	11	Century	41.99
	444	Nicholas Schulz	12	Legacy	42.03
	153	Hudson Asche	10	Davies	42.03
	211	Cole Skabo	11	Dickinson	42.10
	206	Blake Homiston	9	Dickinson	42.21
	645	Joe Flaherty	11	Shanley	42.24
	747	Tanner Edwards	12	Watford City	42.37

2022 Class B Girls Champion • Kelsie Belquist, New Rockford — 43.46
Overall State Record Holder • Whitney Carlson, Carrington — 42.26 (2006)



2022 Class A Girls Champion • Kate Laqua, Davies — 44.68
Class A Girls State Record Holder • Ellie Grooters, West Fargo — 42.51 (2010)



2022 Class B Boys Champion • Tallen Thorson, Harvey/Wells County — 41.05
Class B Boys State Record Holder • Jared Essler, Bishop Ryan — 38.12 (2000)



2022 Class A Boys Champion • Carter Elde, Grand Forks — 38.94
Overall State Record Holder • Drew Wiseman, Century — 37.06 (2012)



NORTH DAKOTA TRACK AND FIELD RECORDS

BOYS OVERALL STATE RECORDS

Event	Record Holder	School	Record	Year
100 Meter Dash	Weston Dressler	Bismarck	10.44	2004
200 Meter Dash	Calob Larson	Legacy	21.36	2021
400 Meter Dash	Landon Jochim	Century	47.84	2014
800 Meter Run	Brian McCulley	Fargo South	1:52.02	1996
1600 Meter Run	Sean Korsmo	Bismarck	4:12.16	2021
3200 Meter Run	Sean Korsmo	Bismarck	8:57.82	2021
110 Hurdles	Ryan Todhunter	GF Red River	14.26	2009
300 Hurdles	Drew Wiseman	Century	37.06	2012
4 X 100 Meter Relay		Fargo South	42.25	2018
(Prince Gowah, Targen Gensee, Dawson Breyer, Jon Farr)				
4 X 200 Meter Relay		Century	1:27.74	2018
(Hunter Wilmes, Grant Anderson, Oliver Nelson, Caleb Monger)				
4 X 400 Meter Relay		Fargo South	3:19.12	2022
(Justin Zulu, Tristan Quibell, Aiden Bourke, Austin Zulu)				
4 X 800 Meter Relay		Minot	7:54.52	1981
(Joe Carlson, Ken Clark, Rob Buchholz, Jon Boughner)				
Discus	Bryan Bjerk	GF Red River	192-8	2012
High Jump	Shawn Gabbert	Dickinson	6-10 1/4	1999
Javelin^	Riley Dolezal	Stanley/Powers Lake	208-03	2004
Long Jump	Nate Keller	Valley City	24-6	1998
Pole Vault	Jak Urlacher	GF Central	15-7.50	2021
Shot Put	Howard Hausauer	Bismarck	64-1	1987
Triple Jump	Nsengiyumva Corode	West Fargo	48-05	2019

^ — Tailwind javelin first used in 2002

* — Record set in prelims

CLASS A BOYS STATE RECORDS

Event	Record Holder	School	Record	Year
100 Meter Dash	Weston Dressler	Bismarck	10.44	2004
200 Meter Dash	Calob Larson	Legacy	21.36	2021
400 Meter Dash	Landon Jochim	Century	47.84	2014
800 Meter Run	Brian McCulley	Fargo South	1:52.02	1996
1600 Meter Run	Sean Korsmo	Bismarck	4:12.16	2021
3200 Meter Run	Sean Korsmo	Bismarck	8:57.82	2021
110 Hurdles	Ryan Todhunter	GF Red River	14.26	2009
300 Hurdles	Drew Wiseman	Century	37.06	2012
4 X 100 Meter Relay		Fargo South	42.25	2018
(Prince Gowah, Targen Gensee, Dawson Breyer, Jon Farr)				
4 X 200 Meter Relay		Century	1:27.74	2018
(Hunter Wilmes, Grant Anderson, Oliver Nelson, Caleb Monger)				
4 X 400 Meter Relay		Fargo South	3:19.12	2022
(Justin Zulu, Tristan Quibell, Aiden Bourke, Austin Zulu)				
4 X 800 Meter Relay		Minot	7:54.52	1981
(Joe Carlson, Ken Clark, Rob Buchholz, Jon Boughner)				
Discus	Bryan Bjerk	GF Red River	192-8	2012
High Jump	Shawn Gabbert	Dickinson	6-10 1/4	1999
Javelin^	Paul Hoplin	GF Red River	201-10	2007
Long Jump	Nate Keller	Valley City	24-6	1998
Pole Vault	Jak Urlacher	GF Central	15-7.50	2021
Shot Put	Howard Hausauer	Bismarck	64-1	1987
Triple Jump	Nsengiyumva Corode	West Fargo	48-05	2019

^ — Tailwind javelin first used in 2002

* — Record set in prelims

CLASS B BOYS STATE RECORDS

Event	Record Holder	School	Record	Year
100 Meter Dash	Austin Brown	Trenton/W Trin C	10.92	2015
200 Meter Dash	Kent Kaylor	Burke County	21.98	1998
400 Meter Dash	Blake Bowers	Kenmare/MLS/Bow	48.19	2006
800 Meter Run	Paulo Costa	Killdeer	1:54.48	1985
1600 Meter Run	Isaac Huber	Edgeley/Kulm	4:17.58	2019
3200 Meter Run	Jalen Chase	New Town	9:23.31	2017
110 Hurdles	Tanner Monroe	Killdeer	14.39	1998
300 Hurdles	Jared Essler	Bishop Ryan	38.12	2000
4 X 100 Meter Relay		DL-Burl/L & C	43.62	2016
(Donavon Lopez, Mark Medalen, Tyson Akers, Josh Knutson)				
4 X 200 Meter Relay		Hillsboro/CV	1:29.39	2018
(Grant Skager, Hunter Hennings, Oscar Benson, Isaac Luithle)				
4 X 400 Meter Relay		Bishop Ryan	3:26.00	1998
(Justin Whittmayer, Dave Limke, Luke Schaefer, Jared Essler)				
4 X 800 Meter Relay		New Town	8:02.29	2017
(Chace Hale, Robert White, Jalen Chase, Ryan Wheeling)				
Discus	Kaden Pastian	Hillsboro/ Central Valley	192-00	2021
High Jump	Mark McDonald	Border Central/ Munich/Starkweather	6-9 1/2	1988
Javelin^	Riley Dolezal	Stanley/Powers Lake	208-03	2004
Long Jump	Rich Goff	Grandin	23-2 1/2	1970
Pole Vault	Harrison Aide	Bottineau	15-0	2013
Shot Put	Jim Kleinsasser	Carrington	62-2	1995
Triple Jump	Kellemon Hinton	Ellendale	46-5.50	2015

^ — Tailwind javelin first used in 2002

TRACK AND FIELD OUTSTANDING SENIOR ATHLETES

A BOYS

2000	Kyle Herman	Century
2001	Terrance Wolbaum	Bismarck
2002	Tyler Stoltz	Valley City
2003	Ben Hendricks	Fargo South
2004	Weston Dressler	Bismarck
2005	Ryan Chappell	GF Central
2006	Eric Stroh	Bismarck
2007	Weston Leutz	Century
2008	Jason Duchscherer	Bismarck
2009	Ryan Todhunter	GF Red River
2010	Brandon Barnes	Bismarck
2011	John Welk	Bismarck St. Mary's
2012	Alex Neumiller	Bismarck
	Conrad Schwarzkopf	Century
	Shane Siverson	West Fargo
2013	Jake Leingang	Bismarck
2014	Landon Jochim	Century
2015	Jon Tharaldsen	Bismarck
2016	Alex Talley	West Fargo
	Sam Clauznitzer	Bismarck
2017	Hunter Lucas	Fargo Davies
2018	Levi Rockey	Century
2019	Nathan Kraft	Century
2021	Calob Larson	Bismarck Legacy
2022	Dawson Hawkinson	Bismarck

B BOYS

2000	Jared Essler	Minot Ryan
2001	Bryan Sand	Lisbon
2002	Justin Marsette	Fort Berthold
2003	Tyler Woitzel	Northern Cass
2004	Ross Schilling	Harvey
2005	Mike Laducer	Northern Lights
2006	Cody Gronvold	Rugby
2007	Landon Schneider	Washburn/Wilton
2008	Seth Wisthoff	Glenburn
2009	Deland Weyrauch	Williams County
2010	Jon Dinius	Langdon-Munich
2011	Eric Kuntz	Rugby
2012	Kenny Wells	Parshall
2013	Jeff Illies	Milnor/Wynd/Lidg
2014	Eric Bachmeier	Kindred
2015	Kellemon Hinton	Ellendale
2016	Travor Flaa	Richland
2017	Ryan Wheeling	New Town
2018	Josh Knutson	Des Lacs-Bur-L&C
2019	Isaac Huber	Edgeley/Kulm
2021	Kaden Pastian	Hillsboro/Central Valley
2022	Madden Thorson	Harvey/Wells Co.





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1200 W. Century Ave., Bismarck, N.D.

SHOT PUT

CLASS B GIRLS

NO.	NAME	YEAR	SCHOOL	SEED MARK
302	Trista Bilden	11	Hatton-Northwood	41-09.00
307	Elizabeth Pinke	9	Hatton-Northwood	40-04.00
547	Laikyn Roney	12	Oakes	38-07.00
291	Asia Becherl	12	Griggs Midkota	38-07.00
338	Paige Bishop	12	Hillsboro/Ce	37-08.00
95	Avah Cotton	10	Central Cass	37-07.00
271	MiKayla Schneider	12	Glen Ullin/Hebron	36-10.00
292	Kaylee Johnson	12	Griggs Midkota	36-09.00
594	Riley Bonebrake	11	Rugby	36-08.00
580	Eastyn Gebhardt	11	Richardton-Taylor	36-05.00
611	Ashlynn Sundquist	10	Sargent County	36-04.00
599	Haylee Jundt	11	Rugby	35-11.00
702	Taryn Sieg	12	Velva-Drake/	35-07.00
668	Harli Dickman	12	Surrey	34-06.50
431	Lacey Bosch	12	Linton/HMB	34-04.50
309	Makenna Brunmeier	12	Hazen	34-01.00
367	Destinee Anderson	10	Kenmare-Bowbells	33-10.00
371	Lilibeth Santizo	10	Kenmare-Bowbells	33-00.00
265	Jamia Cunningham	10	Glen Ullin/Hebron	31-07.50
512	Raleigh Miller	9	New Salem-Almont	31-04.50

2022 Class B Girls Champion •
Laikyn Roney, Oakes — 38-11.50
Class B Girls State Record Holder •
Jessica Sommerfeld, Lisbon — 48-02.50
(1997)



CLASS A GIRLS

46	Katelyn Rath	12	Bismarck	43-11.00
29	Tayla Andersen	11	Bismarck	40-01.00
736	Cailey Moton	11	West Fargo	39-09.00
712	Scout Woods	10	Wahpeton	39-08.50
728	Riley Guscette	12	West Fargo	39-01.50
255	Emma Osier	12	Fargo North	38-09.00
625	Seely Stockmoe	11	Shanley	37-08.50
748	Tryphena Duncan	12	WF Sheyenne	37-08.00
421	Berlyn Lindbo	10	Legacy	37-06.00
199	Jecelyn Arends	11	Dickinson	37-05.00
148	Camille Deringer	12	Davies	36-10.00
137	Mylie Trahan	12	Century	36-09.00
408	Ryen Brothers	9	Legacy	36-06.00
477	Maya Aguilar	12	Minot	36-06.00
425	Aliya Selensky	12	Legacy	36-06.00
494	Josie Rystedt	10	Minot	36-02.00
359	Kinley Anderson	11	Jamestown	36-01.00
153	Caitlin Harmon	12	Davies	35-11.00
119	Katelyn Brown	10	Century	35-11.00
455	Maggie Kleinknecht	11	Mandan	35-07.00
50	Raya Rood	11	Bismarck	35-07.00

2022 Class A Girls Champion •
Anthonett Nabwe, Jamestown — 49-10
Overall State Record Holder •
Anthonett Nabwe, Jamestown — 49-10
(2022)



CLASS B BOYS

401	Riley Sunram	11	Kindred	60-01.00
396	Jack Packer	12	Kindred	59-00.00
393	Blake Houska	12	Kindred	56-03.00
80	Hunter Rasmussen	11	Bowman County	54-06.00
309	Kayedenn Rivinius	12	Grant County	52-01.50
731	Aaden Olson	12	Velva-Drake/	50-10.00
346	Easton Baesler	12	Hillsboro/Ce	49-04.00
310	Levi Kautzman	10	Griggs Midkota	49-03.00
550	Reuben Clay	11	North Star	49-00.00
1	Brady Guscette	12	Barnes Co	48-08.00
332	Bohdan Obenauer	11	Hazen	48-06.00
102	Garrett Haugen	12	Central Cass	48-06.00
351	Peter Dryburgh	12	Hillsboro/Ce	48-00.00
728	Gabe Lakoduk	12	Velva-Drake/	47-06.00
308	Wyatt Ottmar	12	Grant County	47-06.00
732	Kyle Sandy	12	Velva-Drake/	47-02.00
32	Coy Okeson	11	Bishop Ryan	47-02.00
686	Marcus Henry	11	Standing Rock	45-10.00
682	Helexio Eagle	12	Standing Rock	45-00.50
335	Owen Thigpen	10	Hazen	44-11.00
290	Jordan Sunstrom	11	Grafton	44-03.50
599	Beau Kearsley	12	Powers Lake-	43-06.00
359	Riley Olsen	12	Hillsboro/Ce	43-05.00
704	Joseph Ogden	10	Surrey	40-02.00

2022 Class B Boys Champion •
Jack Packer, Kindred — 58-05
Class B Boys State Record Holder •
Jim Kleinsasser, Carrington — 62-02
(1995)



CLASS A BOYS

127	Jacob Burckhard	12	Century	54-10.00
141	Evan Schmit	11	Century	54-07.50
164	Eli Hayes	12	Davies	52-02.50
171	Brennan Palmer	12	Davies	52-01.75
150	Jaxson Walz	12	Century	51-06.50
440	Treyson Renken	12	Legacy	51-06.00
145	Ole Taylor	10	Century	51-06.00
297	Zac Kuznia	12	Grand Forks	51-05.50
602	Logan Arason	12	Red River	51-02.00
56	Jack Shaffer	10	Bismarck	50-11.00
44	Jake Hettinger	12	Bismarck	50-07.00
473	Hunter Corbin	11	Mandan	50-05.00
205	Ethan Halverson	11	Dickinson	50-03.00
129	Joel Edland	12	Century	50-03.00
170	John O'Neill	12	Davies	50-01.00
422	Vegas George	12	Legacy	49-07.00
512	Jobe Rystedt	11	Minot	49-06.50
432	Landon Leno	12	Legacy	49-03.00
619	Quinn Nelson	12	Red River	49-01.00
253	James Miller	11	Fargo North	47-09.00
775	Isaac Kenaga	12	WF Sheyenne	47-04.50

2022 Class A Boys Champion •
Jacob Burckhard, Century — 55-09
Overall State Record Holder •
Howard Hausauer, Bismarck — 64-01
(1987)



DISCUS

CLASS B GIRLS

NO.	NAME	YEAR	SCHOOL	SEED MARK
309	Makenna Brunmeier	12	Hazen	128-04
307	Elizabeth Pinke	9	Hatton-Northwood	122-02
18	Sofia Schantz	11	Beulah	118-02
271	MiKayla Schneider	12	Glen Ullin/Hebron	116-05
283	Sydney Suda	10	Grafton	116-04
302	Trista Bilden	11	Hatton-Northwood	113-06
317	Jenneva Ward	10	Hazen	113-00
291	Asia Becherl	12	Griggs Midkota	111-10
315	Ava VanDyke	10	Hazen	111-08
338	Paige Bishop	12	Hillsboro/Ce	110-11
378	Gracie Doe	12	Killdeer	110-08
228	Melissa Zach	11	Dickinson Trinity	110-01
564	Klaire Gunderson	11	Powers Lake-	106-09.50
521	Rogue Stephens	10	North Star	105-04
790	Makenna Vosberg	11	Wyndmere-Lid	104-02
668	Harli Dickman	12	Surrey	100-08
244	Mackenzie Thorpe	11	Ellendale	100-03
789	Gracie Kaczynski	12	Wyndmere-Lid	98-10
290	Anna Schatz	12	Grant County	98-02
594	Riley Bonebrake	11	Rugby	97-09
599	Haylee Jundt	11	Rugby	97-09
502	Kenna Huff	10	Nedrose	95-08

2022 Class B Girls Champion • Alison Hoff, Bowman County 120-03
Class B Girls State Record Holder • Sara Neubauer, Bottineau — 148-08 (2006)



CLASS A GIRLS

712	Scout Woods	10	Wahpeton	131-05
46	Katelyn Rath	12	Bismarck	129-06
29	Tayla Andersen	11	Bismarck	125-09
421	Berlyn Lindbo	10	Legacy	125-04
141	Chloe Wolff	10	Century	125-03
50	Raya Rood	11	Bismarck	125-01
359	Kinley Anderson	11	Jamestown	122-05
479	Dru Bogden	12	Minot	121-07
736	Cailey Moton	11	West Fargo	120-00
137	Mylie Trahan	12	Century	119-06
37	Lizzy Kerzman	10	Bismarck	116-06
455	Maggie Kleinknecht	11	Mandan	114-00
425	Aliya Selensky	12	Legacy	113-06
414	Talea Furcht	11	Legacy	112-05
287	Kaylee Baker	12	Grand Forks	111-02
174	Maci Wheeldon	12	Davies	110-10
255	Emma Osier	12	Fargo North	110-04
36	Morgan Johnson-Colbert	11	Bismarck	110-01
724	Makenna Braun	12	West Fargo	107-00

2022 Class A Girls Champion • Anthonett Nabwe, Jamestown — 154-07
Overall State Record Holder • Briona Reynolds, GF Red River — 172-00 (1999)



CLASS B BOYS

308	Wyatt Ottmar	12	Grant County	159-10
396	Jack Packer	12	Kindred	159-03
80	Hunter Rasmussen	11	Bowman County	158-05
401	Riley Sunram	11	Kindred	150-11
332	Bohdan Obenauer	11	Hazen	148-02
309	Kayedenn Rivinius	12	Grant County	148-00
346	Easton Baesler	12	Hillsboro/Ce	145-04
393	Blake Houska	12	Kindred	144-08
336	Davian Welch	11	Hazen	143-03
682	Helexio Eagle	12	Standing Rock	142-09
351	Peter Dryburgh	12	Hillsboro/Ce	141-08
806	Chase Cooper	10	Wyndmere-Lid	139-11
407	Jake Kramer	10	LaMoure/Litc	138-09
370	Gavin Gill	10	Kenmare-Bowbells	137-06
1	Brady Guscette	12	Barnes Co	136-08
711	Aaron Schultz	12	Thompson	136-06
77	Grant Kees	12	Bowman County	135-11
354	Oscar Leal	12	Hillsboro/Ce	135-07
13	Simon Buchfinck	11	Beulah	135-03
83	Mace Stuber	12	Bowman County	135-01
371	Peyton Helwig	10	Kenmare-Bowbells	131-11
550	Reuben Clay	11	North Star	129-05
290	Jordan Sunstrom	11	Grafton	127-03
732	Kyle Sandy	12	Velva-Drake/	126-11
599	Beau Kearsley	12	Powers Lake-	125-01
286	Santiago Galvan	12	Grafton	123-02
731	Aaden Olson	12	Velva-Drake/	122-05

2022 Class B Boys Champion • Jack Packer, Kindred — 164-00
Class B Boys State Record Holder • Seth Kaden Pastian, Hillsboro/Central Valley — 192-00 (2021)



CLASS A BOYS

602	Logan Arason	12	Red River	171-06
740	Ethan Manock	12	Wahpeton	167-08
56	Jack Shaffer	10	Bismarck	165-03
44	Jake Hettinger	12	Bismarck	162-06
127	Jacob Burckhard	12	Century	162-01
150	Jaxson Walz	12	Century	161-09
619	Quinn Nelson	12	Red River	156-04
305	Ethan Thomas	11	Grand Forks	154-06
129	Joel Edland	12	Century	154-01
39	Kaden Fitterer	10	Bismarck	152-07
507	Teagan Nicholes	11	Minot	149-07
164	Eli Hayes	12	Davies	149-07
422	Vegas George	12	Legacy	149-01
505	Kobe Irmen	11	Minot	146-07
253	James Miller	11	Fargo North	146-04
123	Kyan Barth	12	Century	145-00
149	Daniel Walker	12	Century	144-07
301	Kyen Poole	11	Grand Forks	133-06

2022 Class A Boys Champion • Logan Arason, GF Red River — 170-07
Overall State Record Holder • Bryan Bjerk, GF Red River — 192-08 (2012)



JAVELIN

CLASS B GIRLS

NO.	NAME	YEAR	SCHOOL	SEED MARK
402	Meredith Romfo	10	Langdon Area	132-00
246	Genevieve Gruba	12	Enderlin	126-03
290	Anna Schatz	12	Grant County	123-00
509	Ava Peterson	9	New Rockford	118-09
550	Clover Gillespie	12	Park River/F	118-05
116	Daisy Sparrow	12	Central McLean	118-00.50
514	Hannah Thiel	11	New Salem-Almont	117-05
276	Ainsley McLain	12	Grafton	116-09
302	Trista Bilden	11	Hatton-Northwood	116-05
466	Chloe Wetch	12	Maple River	115-10
511	MeKenzie Brandt	12	New Salem-Almont	115-03
96	Klaire Cotton	12	Central Cass	115-00
609	Alana Anderson	11	Sargent County	113-10
639	Emily Jochim	12	South Border	113-00
3	Aubrey Kenner	9	Benson County	110-05
296	Rachel Neumiller	9	Harvey/Wells	109-04
373	Brenna Stroklund	12	Kenmare-Bowbells	108-08
89	Kacie Rexin	11	Carrington	107-05
581	Evelyn Kuntz	11	Richardton-Taylor	104-05
765	Cheyenne Hayes	11	Williams County	103-08.50
368	Alexia Holter	11	Kenmare-Bowbells	100-00
323	Samantha Greff	10	Hettinger County	97-04

2022 Class B Girls Champion • Abby Duchscherer, Kindred — 136-11
Class B Girls State Record Holder • Kari Wolfe, Harvey/Wells County — 144-02 (2017)



CLASS A GIRLS

NO.	NAME	YEAR	SCHOOL	SEED MARK
578	Ella Weippert	11	Red River	143-05
36	Morgan Johnson-Colbert	11	Bismarck	124-03
148	Camille Deringer	12	Davies	122-08
165	Cayla Sailer	11	Davies	120-10
461	Mya Sheldon	12	Mandan	120-06
654	Alexis Gerving	11	St. Mary's	119-02
704	Emma Bontjes	12	Wahpeton	117-01
453	Harper Harris	10	Mandan	115-06
33	Cambrie Fischer	11	Bismarck	115-01
710	Lataya Lunneborg	10	Wahpeton	113-05
460	Madyson Schwind	9	Mandan	111-11
364	Addison Marker	10	Jamestown	111-00
652	Brenna Curl	11	St. Mary's	110-06
450	Anna Bendish	12	Mandan	110-03
152	Elyse Gulsvig	12	Davies	108-06
745	Kiara Zepeda	11	West Fargo	107-09
742	Lyla Stegman	9	West Fargo	107-05
50	Raya Rood	11	Bismarck	106-08

2022 Class A Girls Champion • Anthonett Nabwe, Jamestown — 144-09
Overall State Record Holder • Katie Wilson, GF Red River — 148-03 (2002)



CLASS B BOYS

NO.	NAME	YEAR	SCHOOL	SEED MARK
88	Ryder Bickett	10	Carrington	178-07
237	Levi Reis	12	Ellendale	178-04
2	Kayden Quick	12	Barnes Co	174-02
351	Peter Dryburgh	12	Hillsboro/Ce	169-00
693	Jack Hynek	11	Stanley	161-08
337	Jayden Bailey	11	Heart River	161-04
636	Brody Schneibel	12	Rugby	161-02
321	Kayl Sieg	10	Harvey/Wells	161-00
318	Keaton Keller	11	Harvey/Wells	159-11
411	Brock Wendel	12	LaMoure/Litc	158-08
332	Bohdan Obenauer	11	Hazen	157-11
105	Wyatt Kraft	10	Central Cass	154-11
286	Santiago Galvan	12	Grafton	153-11
393	Blake Houska	12	Kindred	151-03
625	Nick Mjoness	11	Richland	150-10
343	Cole Manolovits	12	Hettinger County	150-00
583	Avery Rosinski	12	Park River/F	149-09
359	Riley Olsen	12	Hillsboro/Ce	149-01
369	Andrew Christensen	12	Kenmare-Bowbells	148-03.50
373	Gus Bohmbach	11	Killdeer	147-00
328	Brayden Haack	10	Hazen	138-05
184	Kashdyn Officer	11	Dlb/Lc	131-00.50

2022 Class B Boys Champion • Levi Reis, Ellendale — 179-01
Overall State Record Holder • Riley Dolezal, Stanley/Powers Lake — 208-03 (2004)



CLASS A BOYS

NO.	NAME	YEAR	SCHOOL	SEED MARK
602	Logan Arason	12	Red River	189-02
436	Brett Miller	10	Legacy	181-07
619	Quinn Nelson	12	Red River	179-00
164	Eli Hayes	12	Davies	175-07
195	Colton Schneider	12	Devils Lake	173-09
165	Zach Lilly	11	Davies	170-03
49	Preston Lemar	11	Bismarck	170-03
721	Isaiah Schuldheisz	12	Valley City	168-06
305	Ethan Thomas	11	Grand Forks	167-01
604	Carter Byron	12	Red River	165-05
740	Ethan Manock	12	Wahpeton	163-09
801	Ty Wiedrich	11	Williston	163-00
168	Gunnar Majerus	10	Davies	162-05
123	Kyan Barth	12	Century	162-02
718	Dylan Hunt	10	Valley City	161-00
143	Kolter Simon	10	Century	156-10
483	Tristan Ulmer	10	Mandan	154-11
441	Brayden Ruff	11	Legacy	154-06

2022 Class A Boys Champion • Ethan Manock, Wahpeton — 180-01
Class A Boys State Record Holder • Paul Hoplin, GF Red River — 201-10 (2007)



HIGH JUMP

	NO.	NAME	YEAR	SCHOOL	SEED MARK
CLASS B GIRLS	605	Janikka Miller	12	Rugby	5-02.00
	374	Kennedy Harter	12	Kidder County	5-02.00
	633	Layla Thompson	7	Shiloh Christian	5-02.00
	243	Kaylin Slivoskey	11	Ellendale	5-02.00
	325	Anna Nasset	11	Hettinger County	5-02.00
	230	Elizabeth Fedje	9	Drayton/Vall	5-01.00
	583	Lila Viele	9	Richland	5-01.00
	57	Kyra Beckman	10	Bottineau	5-01.00
	112	Reagan Kjelstrup	10	Central McLean	5-01.00
	380	Madeline Lambert	11	Killdeer	5-00.00
	432	Allie Dockter	11	Linton/HMB	5-00.00
	300	Camryn Adams	12	Hatton-Northwood	5-00.00
	667	Ava Schuster	12	Stanley	5-00.00
	586	Halle Handegard	9	Rolette/Wolford	5-00.00
	80	Addie Umbreit	8	Bowman County	5-00.00
	246	Genevieve Gruba	12	Enderlin	5-00.00
	76	Avrie Nohava	12	Bowman County	5-00.00
	264	Karli Klein	12	Garrison	5-00.00
	245	Rachael Bergstedt	12	Enderlin	5-00.00
	527	Josie Jensen	11	Northern Cass	4-10.00
	372	Anne Stroklund	10	Kenmare-Bowbells	4-10.00
	561	Megan Misson	11	Pembina Co	4-08.00
	603	Savannah McCall	12	Rugby	4-08.00
	476	Alli Stromsodt	12	May-Port CG	4-08.00
CLASS A GIRLS	49	Jordyn Rood	9	Bismarck	5-04.00
	253	Abigail Lovelace	12	Fargo North	5-03.00
	174	Maci Wheeldon	12	Davies	5-03.00
	424	Adison Sagaser	12	Legacy	5-02.00
	148	Camille Deringer	12	Davies	5-02.00
	462	Camryn Ulmer	7	Mandan	5-01.00
	707	Jaida Fobb	11	Wahpeton	5-01.00
	411	Macy Crane	10	Legacy	5-01.00
	448	Alexandra Arnegard	11	Mandan	5-01.00
	761	Sannie Yeanay	11	WF Sheyenne	5-01.00
	776	Kendra Hall	11	Williston	5-01.00
	726	Emma Esposito	9	West Fargo	5-01.00
	756	Micah Sander	11	WF Sheyenne	5-01.00
	162	Fallon Passanante	9	Davies	5-01.00
	257	Haidyn Tollefson	12	Fargo North	5-01.00
	126	Alexis Heinle	9	Century	5-01.00
	210	Jenna Nelson	9	Dickinson	5-01.00
	576	Lauryn Rydell	12	Red River	5-01.00
	570	Jocelynne Hoefs	8	Red River	5-01.00
	258	Axumite Wren James	10	Fargo South	5-01.00
CLASS B BOYS	279	Will Mickelson	11	Glen Ullin/Hebron	6-07.00
	234	Zeke Barnick	11	Edgeley/Kulm	6-05.00
	390	Ethan Duval	11	Kindred	6-04.00
	104	Cooper Johnson	12	Central Cass	6-04.00
	355	Micah Longthorne	12	Hillsboro/Ce	6-03.00
	518	Cordel Sjokvist	12	Mohall-Lansf	6-02.00
	316	Gabe Allmaras	12	Harvey/Wells	6-02.00
	552	Hunter Hagler	9	North Star	6-02.00
	181	Jaylin Fulin-Ross	12	Dlb/Lc	6-02.00
	273	Connor Kerzmann	12	Garrison	6-02.00
	551	Dane Hagler	11	North Star	6-00.00
	630	Erik Foster	12	Rugby	6-00.00
	397	Presley Peraza	10	Kindred	6-00.00
	375	Michael Cattoor	10	Killdeer	5-10.00
	493	Sawyer Wanzek	12	Medina-Pingr	5-10.00
	371	Peyton Helwig	10	Kenmare-Bowbells	5-10.00
	624	Matthew Aune	9	Richardton-Taylor	5-08.00
	713	Jeromy Tyce	9	Thompson	5-08.00
	584	Jace Rosinski	9	Park River/F	5-08.00
	666	Dontaye Fetzer	10	Southern McLean	5-06.00
CLASS A BOYS	146	Brooks Turner	12	Century	6-06.00
	482	Hudsen Sheldon	10	Mandan	6-05.00
	126	Ryan Brynjolfson	12	Century	6-04.00
	765	Kasen Baer	12	WF Sheyenne	6-04.00
	260	James Weninger	12	Fargo North	6-04.00
	431	Lucas Kupfer	11	Legacy	6-02.00
	499	Logan Conklin	11	Minot	6-02.00
	269	Amari Taylor	9	Fargo South	6-02.00
	786	Kalef Yalartai	10	WF Sheyenne	6-02.00
	719	Aiden Jacobson	12	Valley City	6-02.00
	248	Trey Knoke	10	Fargo North	6-02.00
	199	Oliver Wirth	10	Devils Lake	6-00.00
	478	Rustin Medenwald	11	Mandan	6-00.00
	157	Alpha Camara	11	Davies	5-10.00
	142	Kale Schommer	11	Century	5-10.00
	194	Joel Nelson	10	Devils Lake	5-10.00

2022 Class B Girls Champion • Kaylin Slivoskey, Ellendale — 5-02
Overall State Record Holder • Lexy Wittmayer, Rolette/Wolford — 5-10 (2014)



2022 Class A Girls Champion • Morgan Sheldon Mandan — 5-03
Class A Girls State Record Holder • Kira Larson, Fargo North — 5-09 (2013)



2022 Class B Boys Champion • Paul Olson, Kindred — 6-06
Class B Boys State Record Holder • Mark McDonald, Border Central / Munich/ Starkweather— 6-09.50 (1988)



2022 Class A Boys Champion • Ryan Brynjolfson, Century — 6-04
Overall State Record Holder • Shawn Gabbert, Dickinson — 6-10.25 (1999)



LONG JUMP

CLASS B GIRLS

NO.	NAME	YEAR	SCHOOL	SEED TIME
539	Ella Olson	11	Oak Grove Lutheran	18-03.00
107	Elise Wisnewski	11	Central Cass	17-09.00
67	Quin Andrews	8	Bowman County	17-07.00
320	Abby Talkington	11	Heart River	17-05.50
537	Ellie Machayya	11	Oak Grove Lutheran	17-04.50
235	Jaelyn Bertsch	9	Edgeley/Kulm	17-04.00
77	Ellie Powell	12	Bowman County	17-02.75
597	Hallie Hauck	8	Rugby	17-02.00
374	Kennedy Harter	12	Kidder County	17-02.00
108	Adlyn Eng	10	Central McLean	17-01.50
474	Rylee Satrom	11	May-Port CG	17-01.00
56	Karsyn Allard	7	Bottineau	17-01.00
669	Holly Lattendresse	9	Surrey	17-00.00
501	Kaydee Boyce	11	Nedrose	16-11.00
324	Sophie Johnson	12	Hettinger County	16-09.00
76	Avrie Nohava	12	Bowman County	16-09.00
243	Kaylin Slivoskey	11	Ellendale	16-08.25
522	Jocelyn Aasen	12	Northern Cass	16-08.00
73	Landyn Gerbig	10	Bowman County	16-07.00
598	Peyton Hauck	12	Rugby	16-06.25
99	Mayzee Jacobson	12	Central Cass	16-06.00
432	Allie Dockter	11	Linton/HMB	16-06.00
74	Sophia Headley	10	Bowman County	16-06.00
582	Juliet Redka	8	Richardton-Taylor	16-05.75
470	Brooklyn Groth	12	May-Port CG	16-05.00
602	Ashley Martodam	10	Rugby	16-05.00
272	Tahj Thomas	8	Glen Ullin/Hebron	16-05.00
439	Kendra Differding	11	Lisbon	16-05.00
672	Khloe Spaulding	8	Surrey	15-10.50
770	Bre Rose	9	Williams County	15-05.75
517	Alaina Vander Wal	11	New Salem-Almont	15-02.50
305	Ella Holkesvig	12	Hatton-Northwood	15-02.25
551	Sierra Schramm	12	Park River/F	14-09.75
680	Jordyn Tozer	10	Thompson	14-07.00

2022 Class B Girls Champion •
Elise Wisnewski, Central Cass — 16-11
Overall State Record Holder •
Whitney Carlson, Carrington — 19-05.50 (2006)



CLASS A GIRLS

NO.	NAME	YEAR	SCHOOL	SEED TIME
202	Jazmin Barry	11	Dickinson	18-11.00
565	Sophie Brakke	10	Red River	17-05.50
412	Alyssa Eckroth	12	Legacy	17-05.00
692	Karina Olson	12	Valley City	17-04.50
34	Ajaye Gill	11	Bismarck	17-04.50
755	Kia Ray	9	WF Sheyenne	17-04.00
760	Kenzie Wuo	8	WF Sheyenne	17-03.50
497	Makayla Whitfield	11	Minot	17-03.00
727	Michelle Gee	9	West Fargo	17-02.00
427	Cambree Volk	9	Legacy	17-02.00
756	Micah Sander	11	WF Sheyenne	17-01.00
124	Eden Fridley	11	Century	17-01.00
188	Sara Kraft	8	Devils Lake	17-00.75
363	Allysah Larson	11	Jamestown	17-00.50
51	Emmery Schmitz	12	Bismarck	17-00.00
140	Makayla Wiedenmeyer	10	Century	16-11.50
491	Rachel Nwankwo	10	Minot	16-11.00
490	Ashlyn Nielsen	12	Minot	16-10.25
207	Kendra King	11	Dickinson	16-10.00
775	Micah Fleck	9	Williston	16-08.75
33	Cambrie Fischer	11	Bismarck	16-08.00
154	Onya Kretchman	11	Davies	16-05.00

2022 Class A Girls Champion •
Cece Deebom, Davies — 19-01
Class A Girls State Record Holder •
McKenzie Mehlisch, Fargo South — 19-03.25 (2005)



CLASS B BOYS

NO.	NAME	YEAR	SCHOOL	SEED TIME
109	Jace Narum	11	Central Cass	22-05.00
355	Micah Longthorne	12	Hillsboro/Ce	22-03.00
74	Bohden Duffield	11	Bowman County	22-02.25
552	Hunter Hagler	9	North Star	22-01.50
181	Jaylin Fulin-Ross	12	Dlb/Lc	21-10.00
577	Kai Zabel	8	Oak Grove Lutheran	21-09.00
397	Presley Peraza	10	Kindred	21-08.00
316	Gabe Allmaras	12	Harvey/Wells	21-06.50
306	Brandon Brunelle	12	Grant County	21-06.00
318	Keaton Keller	11	Harvey/Wells	21-05.50
73	Bishop Duffield	11	Bowman County	21-05.25
518	Cordel Sjokvist	12	Mohall-Lansf	21-04.00
457	Jayden Bittner	11	Lisbon	21-03.00
638	Nick Hansen	11	Sargent County	21-01.00
282	Luma Sako Ngoyo	11	Glen Ullin/Hebron	21-01.00
597	Joston Grubb	12	Powers Lake-	21-00.00
537	Trevor Waldo	12	New Rockford	21-00.00
574	Spencer Schumacher	12	Oak Grove Lutheran	20-11.00
216	Gage Glaser	11	Dickinson Trinity	20-10.00
627	Bryceton Deplazes	12	Rugby	20-09.75
661	Kyler Klein	12	Shiloh Christian	20-09.50
343	Cole Manolovits	12	Hettinger County	20-09.50
412	Cody Amble	10	Langdon Area	20-09.25
532	Porter Granger	10	New Rockford	20-09.00
562	Jeffry Rosinski	10	Northern Lights	20-09.00
28	Ian Johnson	12	Bishop Ryan	20-09.00
112	Jacob Thompson	10	Central Cass	20-09.00
554	Matthew Hoppe	10	Northern Cass	20-09.00
372	Trevor Moos	11	Kidder County	20-04.00
487	Ethan Bergstrom	12	May-Port CG	19-09.50
712	Jake Starcevic	10	Thompson	19-07.00
666	Dontaye Fetzer	10	Southern McLean	18-10.50

2022 Class B Boys Champion •
Alex Erickson, Harvey/Wells County — 21-08.50
Class B Boys State Record Holder •
Rich Goff, Grandin — 23-02.50 (1970)



CLASS A BOYS

NO.	NAME	YEAR	SCHOOL	SEED TIME
497	Anthony Brown	11	Minot	23-00.00
55	Hudson Schroeder	12	Bismarck	22-09.50
173	Thomas Schreiner	11	Davies	22-08.25
765	Kasen Baer	12	WF Sheyenne	22-08.00
799	Isiah St. Romain	11	Williston	22-07.00
802	JD Williams	12	Williston	22-07.00
784	Ty Schlichting	12	WF Sheyenne	22-06.00
783	Kye Schlichting	9	WF Sheyenne	22-05.00
126	Ryan Brynjolfson	12	Century	22-04.00
435	Dylan McGlothlin	12	Legacy	22-02.00
146	Brooks Turner	12	Century	22-02.00
675	Aeyden Price	10	St. Mary's	21-11.75
772	Maxwell Greenwood	12	WF Sheyenne	21-08.00
740	Ethan Manock	12	Wahpeton	21-08.00
513	Grayson Schaeffer	10	Minot	21-07.50
160	Golden Deebom	10	Davies	21-07.50
267	A'Johntez Moore	11	Fargo South	21-06.50
766	Dylan Beyl	12	WF Sheyenne	21-05.00
604	Carter Byron	12	Red River	21-04.75
163	Nick Hasbargen	11	Davies	21-04.75
264	George Hanesgard	11	Fargo South	21-03.50
363	Gavin Olson	11	Horace	21-02.00
778	Darby Olson	12	WF Sheyenne	21-02.00
142	Kale Schommer	11	Century	21-02.00
33	Ty Allen	12	Bismarck	21-01.00
647	Vuciri Hakim	12	Shanley	21-00.75
151	William Ware	12	Century	21-00.50
57	Deegan Staudinger	9	Bismarck	21-00.00
51	Lucas McNichols	10	Bismarck	20-11.50
803	Dexter Yohan	11	Williston	20-11.00
481	Josh Salagan	12	Mandan	20-11.00
741	Treyton Mauch	10	Wahpeton	20-10.50
769	Emmanuel Duot	12	WF Sheyenne	20-10.00
211	Cole Skabo	11	Dickinson	20-10.00
610	Isaiah Gaye	10	Red River	20-09.50
719	Aiden Jacobson	12	Valley City	20-09.00

2022 Class A Boys Champion •
Ryan Brynjolfson, Century — 22-09
Overall State Record Holder •
Nate Keller, Valley City — 24-06 (1998)



TRIPLE JUMP

CLASS B GIRLS

NO.	NAME	YEAR	SCHOOL	SEED MARK
374	Kennedy Harter	12	Kidder County	38-03.00
108	Adlyn Eng	10	Central McLean	36-09.50
65	Kylie Simpson	11	Bottineau	36-01.00
522	Jocelyn Aasen	12	Northern Cass	36-00.00
474	Rylee Satrom	11	May-Port CG	35-09.00
99	Mayzee Jacobson	12	Central Cass	35-00.50
325	Anna Nasset	11	Hettinger County	35-00.00
465	BriElle Killoran	10	Maple River	34-10.00
537	Ellie Machayya	11	Oak Grove Lutheran	34-10.00
1	Ella Fossen	9	Benson County	34-10.00
386	Ali Henke	10	Kindred	34-09.00
602	Ashley Martodam	10	Rugby	34-05.00
401	Cora Badding	11	Langdon Area	34-04.25
545	Emma Muggli	12	Oakes	34-04.00
320	Abby Talkington	11	Heart River	34-03.50
595	Lacie Deplazes	10	Rugby	34-01.00
76	Avrie Nohava	12	Bowman County	34-00.00
517	Alaina Vander Wal	11	New Salem-Almont	33-11.00
305	Ella Holkesvig	12	Hatton-Northwood	33-08.00
680	Jordyn Tozer	10	Thompson	33-02.50
501	Kaydee Boyce	11	Nedrose	32-11.50
57	Kyra Beckman	10	Bottineau	32-07.00
563	Avah Bullinger	9	Powers Lake-	30-06.75
25	Gwynnie Johnson	11	Bishop Ryan	30-06.00

2022 Class B Girls Champion • Kennedy Harter, Kidder County — 37-03.75
Class B Girls State Record Holder • Sarah Fegley, Bishop Ryan — 38-09.75 (2007)



CLASS A GIRLS

491	Rachel Nwankwo	10	Minot	37-08.00
258	Axumite Wren James	10	Fargo South	37-00.25
565	Sophie Brakke	10	Red River	37-00.00
165	Cayla Sailer	11	Davies	36-11.00
154	Onya Kretchman	11	Davies	36-05.50
207	Kendra King	11	Dickinson	36-04.00
170	Addison Tandeski	10	Davies	36-00.50
34	Ajaye Gill	11	Bismarck	35-08.00
482	Haleigh Carr	10	Minot	35-04.50
497	Makayla Whitfield	11	Minot	35-04.00
490	Ashlyn Nielsen	12	Minot	35-03.50
729	Samantha Gustafson	12	West Fargo	35-03.00
571	Bryn Larson	10	Red River	35-02.25
175	Anna Wicklow	12	Davies	34-09.00
257	Haidyn Tollefson	12	Fargo North	34-09.00
140	Makayla Wiedenmeyer	10	Century	34-09.00
483	Haley Conklin	10	Minot	34-08.00
448	Alexandra Arnegard	11	Mandan	34-07.50
42	Kennedy Marcus	11	Bismarck	34-07.50
738	Soludo Obi	9	West Fargo	34-07.00
44	Mia Peterson	10	Bismarck	34-05.00

2022 Class A Girls Champion • Hope Stein, Century — 37-00.50
Overall State Record Holder • Crystal Cummins, Fargo South — 39-04.25 (1998)



CLASS B BOYS

638	Nick Hansen	11	Sargent County	44-06.00
555	Trey Husar	10	Northern Cass	43-07.00
181	Jaylin Fulin-Ross	12	Dlb/Lc	43-06.50
397	Presley Peraza	10	Kindred	42-10.00
73	Bishop Duffield	11	Bowman County	42-09.00
329	Kaison Kaylor	12	Hazen	42-06.25
554	Matthew Hoppe	10	Northern Cass	42-06.00
273	Connor Kerzmann	12	Garrison	42-04.50
109	Jace Narum	11	Central Cass	42-03.50
457	Jayden Bittner	11	Lisbon	42-01.00
279	Will Mickelson	11	Glen Ullin/Hebron	42-00.00
74	Bohden Duffield	11	Bowman County	42-00.00
488	Xyler Carlson	12	May-Port CG	41-10.50
518	Cordel Sjokvist	12	Mohall-Lansf	41-09.50
627	Bryceton Deplazes	12	Rugby	41-09.00
559	Keelan Monson	10	Northern Cass	41-08.00
282	Luma Sako Ngoyo	11	Glen Ullin/Hebron	41-06.50
412	Cody Amble	10	Langdon Area	41-06.00
562	Jeffry Rosinski	10	Northern Lights	40-01.50
372	Trevor Moos	11	Kidder County	40-00.50
325	Noah Ziegler	10	Harvey/Wells	39-07.50
413	Tanner McDonald	9	Langdon Area	39-07.00
343	Cole Manolovits	12	Hettinger County	39-05.50
542	Brock Norton	10	New Salem-Almont	39-02.50
454	Isaac Silvernagel	9	Linton/HMB	38-08.50
231	Ashton Knutson	11	Drayton/Vall	37-05.00

2022 Class B Boys Champion • Alex Erickson, Harvey/Wells County — 42-03
Class B Boys State Record Holder • Kellemon Hinton, Ellendale — 46-05.50 (2015)



CLASS A BOYS

267	A'Johntez Moore	11	Fargo South	46-02.00
497	Anthony Brown	11	Minot	45-00.00
610	Isaiah Gaye	10	Red River	44-07.00
515	John Williams III	10	Minot	44-03.50
513	Grayson Schaeffer	10	Minot	44-00.50
498	Zach Brown	12	Minot	43-10.50
744	Aaron Cutshall	12	Watford City	43-06.50
160	Golden Deebom	10	Davies	43-05.50
266	Jaden Middleton	11	Fargo South	43-02.00
260	James Weninger	12	Fargo North	42-09.00
779	Noah Olson	11	WF Sheyenne	42-08.75
765	Kasen Baer	12	WF Sheyenne	42-08.25
772	Maxwell Greenwood	12	WF Sheyenne	42-08.00
143	Kolter Simon	10	Century	42-06.00
33	Ty Allen	12	Bismarck	42-06.00
166	Bennet Lonn	9	Davies	42-04.00
244	Ty Boutwell	11	Fargo North	42-03.50
766	Dylan Beyl	12	WF Sheyenne	42-03.00
623	Ben Strand	11	Red River	42-03.00
481	Josh Salagan	12	Mandan	42-02.00
778	Darby Olson	12	WF Sheyenne	41-09.50
264	George Hanesgard	11	Fargo South	41-07.25
212	Madox Tolman	11	Dickinson	41-07.00
132	Matthew Harris	12	Century	41-06.50
210	Isaac Schulte	10	Dickinson	41-06.00

2021 Class A Boys Champion • Golden Deebom, Davies — 45-04.50
Overall State Record Holder • Nsengiyumva Corode, West Fargo — 48-05 (2019)



POLE VAULT

CLASS B GIRLS

NO.	NAME	YEAR	SCHOOL	SEED MARK
304	Brynley Coleman	11	Hatton-Northwood	10-06.00
217	Anna Clifton	11	Dickinson Trinity	10-06.00
87	Mercedes Lura	10	Carrington	9-06.00
446	Brea Sweet	10	Lisbon	9-06.00
93	Haley Wolsky	12	Carrington	9-06.00
375	Josey Andersen	11	Killdeer	9-00.00
377	Danielle Dobitz	12	Killdeer	9-00.00
610	Emma Bixby	10	Sargent County	9-00.00
543	Lexi Harris	9	Oakes	9-00.00
16	Laisha Martens	10	Beulah	9-00.00
17	Hannah McGraw	10	Beulah	9-00.00
83	Allison Jarrett	12	Carrington	9-00.00
79	Julie Sarsland	10	Bowman County	9-00.00
233	Alyssa Hoyles	9	Drayton/Vall	8-03.00
94	Jazmyn Ybarra	10	Carrington	8-00.00
234	Easton Larson	10	Drayton/Vall	8-00.00
1	Ella Fossen	9	Benson County	8-00.00
593	Sam Blessum	8	Rugby	7-06.00
180	Jacey Hutton	9	Dlb/Lc	7-00.00
182	Hope Walen	9	Dlb/Lc	7-00.00
7	Kale Williams	9	Benson County	7-00.00
178	Allie Glasoe	9	Dlb/Lc	6-06.00

2022 Class B Girls Champion • Brynley Coleman, Hatton-Northwood — 10-03
Class B Girls State Record Holder • Kelsey Aide, Bottineau — 12-04 (2006)



CLASS A GIRLS

40	Alyson Krug	11	Bismarck	12-00.00
725	Jolee Dahl	10	West Fargo	11-06.00
200	Emily Ash	12	Dickinson	11-06.00
747	Emma Briggs	10	WF Sheyenne	11-03.00
154	Onya Kretchman	11	Davies	11-00.00
773	Kaitlyn Barbarick	12	Williston	10-09.00
121	Rachel Dunlop	12	Century	10-09.00
406	Madison Berger	12	Legacy	10-06.00
743	Taylor Tang	12	West Fargo	10-03.00
136	Brynlie Thueson	12	Century	10-03.00
144	Halle Braaflat	11	Davies	9-09.00
288	Camille Finney	12	Grand Forks	9-09.00
170	Addison Tandeski	10	Davies	9-09.00
721	Emery Aasen	11	West Fargo	9-03.00
419	Maddy Lamberth	9	Legacy	9-03.00
735	Hope Lukes	11	West Fargo	9-03.00
38	Sydney Kiefer	10	Bismarck	9-03.00
418	Elly Kuball	11	Legacy	9-03.00

2022 Class A Girls Champion • Emma Briggs, WF Sheyenne — 11-00
Overall State Record Holder • Lauren Gietzen, Century — 12-05 (2014)



CLASS B BOYS

216	Gage Glaser	11	Dickinson Trinity	13-06.00
490	Noah Mehus	12	May-Port CG	13-00.00
464	Mike Nelson	11	Lisbon	13-00.00
373	Gus Bohmbach	11	Killdeer	12-06.00
92	Kael Kovar	12	Carrington	12-06.00
394	Jack McDonald	10	Kindred	12-00.00
489	Oliver Marquardt	12	May-Port CG	12-00.00
375	Michael Cattoor	10	Killdeer	12-00.00
458	Jordyn Bittner	9	Lisbon	11-06.00
416	Colter Thorsell	12	Larimore	11-06.00
627	Bryceton Deplazes	12	Rugby	11-06.00
185	Logan Rist	11	Dlb/Lc	11-06.00
90	Trace Hoggarth	12	Carrington	11-06.00
384	Stanley Belaskie	11	Kindred	11-06.00
632	Logan Gronvold	12	Rugby	11-00.00
328	Brayden Haack	10	Hazen	11-00.00
415	Jake Sanders	10	Langdon Area	10-00.00
6	Holdyn Jacobson	10	Benson County	10-00.00
701	Colt Nohr	12	Stanley	8-06.00

2022 Class B Boys Champion • Parker Gallagher, Hillsboro/Central — 13-00
Class B Boys State Record Holder • Harrison Aide, Bottineau — 15-00 (2013)



CLASS A BOYS

437	Adam Nychyporuk	11	Legacy	14-03.00
202	Benett Carlson	12	Dickinson	14-03.00
774	Soren Kaster	12	WF Sheyenne	14-00.00
509	Keaton Reinke	12	Minot	13-06.00
742	Andrew Withuski	12	Wahpeton	13-06.00
52	Drew Mitzel	12	Bismarck	13-06.00
206	Blake Homiston	9	Dickinson	13-06.00
445	Jimmy Shar	11	Legacy	13-00.00
250	Kyle Kramer	11	Fargo North	13-00.00
447	Holden Will	11	Legacy	13-00.00
41	Gabriel Hamlin	10	Bismarck	13-00.00
136	Lucas Meyer	12	Century	13-00.00
510	Jacob Roth	11	Minot	12-06.00
428	Yusuf Jama	9	Legacy	12-06.00
776	Connor Manske	11	WF Sheyenne	12-06.00
614	Jack Kouba	12	Red River	12-06.00
609	Hudson Flom	12	Red River	12-06.00
448	Tristan Will	12	Legacy	12-06.00
773	Tyler Hanson	11	WF Sheyenne	12-00.00

2022 Class A Boys Champion • Bradley Bertsch, WF Sheyenne— 14-00
Overall State Record Holder • Jak Urlacher, GF Central — 15-07.50 (2021)



NORTH DAKOTA TRACK AND FIELD RECORDS

GIRLS OVERALL STATE RECORDS

Event	Record Holder	School	Record	Year
100 Meter Dash*	Morgan Milbrath	Minot	11.97	2010
	Cece Deebom	Fargo Davies	11.97	2021
200 Meter Dash*	Morgan Milbrath	Minot	24.32	2010
400 Meter Dash	Laura Roesler	Fargo South	53.25	2010
800 Meter Run	Laura Roesler	Fargo South	2:10.78	2008
1600 Meter Run	Becki Wells	Dickinson	4:44.44	1993
3200 Meter Run	Karly Ackley	GF Central	10:32.86	2016
100 Hurdles*	Cece Deebom	Davies	14.00	2022
300 Hurdles*	Kelsie Belquist	New Rockford	42.02	2022
4 X 100 Meter Relay		Fargo Davies	48.35	2018
(Kaia Beil, Sally Korgho, Merritt Beil, Roseline Gaye)				
4 X 200 Meter Relay		Fargo Davies	1:41.73	2016
(Roseline Gaye, Katelyn Carlson, Emily Jahner, Rose Gaye)				
4 X 400 Meter Relay		Century	3:58.32	2021
(Autumn Ketterling, Emily Goldade, Ashton Kinnebrew, Erin Palmer)				
4 X 800 Meter Relay		Legacy	9:22.68	2017
(Peyton Jensen, Kaydee Wescom, Jadyn Guidinger, Lindsey Werner)				
Discus	Briona Reynolds	GF Red River	172-0	1999
High Jump	Lexy Wittmayer	Rolette/Wolford	5-10	2014
Javelin^	Katie Wilson	GF Red River	148-3	2002
Long Jump	Whitney Carlson	Carrington	19-5 1/2	2006
Pole Vault	Lauren Gietzen	Century	12-5	2014
Shot Put	Anthonett Nabwe	Jamestown	49-10	2022
Triple Jump	Crystal Cummins	Fargo South	39-4 1/4	1998

^ — Tailwind javelin first used in 2002

* set in prelims

CLASS A GIRLS STATE RECORDS

Event	Record Holder	School	Record	Year
100 Meter Dash*	Morgan Milbrath	Minot	11.97	2010
	Cece Deebom	Fargo Davies	11.97	2021
200 Meter Dash*	Morgan Milbrath	Minot	24.32	2010
400 Meter Dash	Laura Roesler	Fargo South	53.25	2010
800 Meter Run	Laura Roesler	Fargo South	2:10.78	2008
1600 Meter Run	Becki Wells	Dickinson	4:44.44	1993
3200 Meter Run	Karly Ackley	GF Central	10:32.86	2016
100 Hurdles*	Cece Deebom	Davies	14.00	2022
300 Hurdles	Ellie Grooters	West Fargo	42.51	2010
4 X 100 Meter Relay		Fargo Davies	48.35	2018
(Kaia Beil, Sally Korgho, Merritt Beil, Roseline Gaye)				
4 X 200 Meter Relay		Fargo Davies	1:41.73	2016
(Roseline Gaye, Katelyn Carlson, Emily Jahner, Rose Gaye)				
4 X 400 Meter Relay		Century	3:58.32	2021
(Autumn Ketterling, Emily Goldade, Ashton Kinnebrew, Erin Palmer)				
4 X 800 Meter Relay		Legacy	9:22.68	2017
(Peyton Jensen, Kaydee Wescom, Jadyn Guidinger, Lindsey Werner)				
Discus	Briona Reynolds	GF Red River	172-0	1999
High Jump	Kira Larson	Fargo North	5-9	2013
Javelin^	Katie Wilson	GF Red River	148-3	2002
Long Jump	McKenzie Mehlisch	Fargo South	19-3 1/4	2005
Pole Vault	Lauren Gietzen	Century	12-5	2014
Shot Put	Anthonett Nabwe	Jamestown	49-10	2022
Triple Jump	Crystal Cummins	Fargo South	39-4 1/4	1998

TRACK AND FIELD OUTSTANDING SENIOR ATHLETES

A GIRLS

2000	Beth Hoge	Century
2001	Briona Reynolds	GF Red River
2002	Carly Emil	Mandan
2003	Jessica Trautwein	Fargo South
2004	Christin Kingsley	Fargo South
2005	Heather Zander	Mandan
2006	Devon Wentz	Bismarck
2007	Emily Black	Devils Lake
2008	Melanie Funke	Minot
2009	Jill Steinwand	Century
2010	Laura Roesler	Fargo South
2011	Jessica Herauf	Dickinson
	Jessica Lindsay	GF Central
2012	Alissa Mears	West Fargo
2013	Morgan Milbrath	Minot
2014	Brittany Brownotter	Bismarck
	Amanda Levin	West Fargo
2015	Ashley Rone	GF Red River
2016	Kylie Alexander	Minot
2017	Karly Ackley	GF Central
2018	Rose Gaye	Fargo Davies
2019	Mackenzie Severson	GF Red River
2021	Meghan Ford	Jamestown
2022	Erin Palmer	Century

B GIRLS

2000	Kinsey Coles	Hillsboro
2001	Shawna Kern	U-TL-M
2002	Sarah Klein	Carrington
2003	Brittney Messer	Richardton-Taylor
2004	Adriana Friezen	Carrington
2005	Krista Anderson	Benson County
2006	Whitney Carlson	Carrington
2007	Sara Holle	New Salem
2008	Lindsay Anderson	Benson County
2009	Abbey Aide	Bottineau
2010	Allison Opp	Hazen
2011	Rikki Schmidt	Napoleon
2012	Julie Dinius	Langdon-Munich
2013	Josey Page	Carrington
2014	Kayla Hochhalter	Carrington
2015	Dakota Wood	Hazen
2016	Jocelyn Dinius	Langdon
2017	Peyton Frolek	Milnor-Wyn-Lidge
2018	Grace Zimmerman	Hazen
2019	Isatu Shirek	Thompson
2021	Lanie Awender	Oakes
2022	Kinsey Zurhoff	Beulah

CLASS B GIRLS STATE RECORDS

Event	Record Holder	School	Record	Year
100 Meter Dash	Elise Wisnewski	Central Cass	12.14	2022
200 Meter Dash	Kelsie Belquist	New Rockford	24.63	2022
400 Meter Dash	Grace Zimmerman	Hazen	56.50	2018
800 Meter Run	Christine Bruins	Watford City	2:13.46	2005
1600 Meter Run	Lindsay Anderson	Benson County	4:56.96	2005
3200 Meter Run	Krista Anderson	Benson County	10:36.95	2004
100 Hurdles*	Whitney Carlson	Carrington	14.33	2005
300 Hurdles*	Kelsie Belquist	New Rockford	42.02	2022
4 X 100 Meter Relay		Park River/F-L	49.66	2018
(Elaina Swartz, Vanessa Cooper, Julia Sveen, Beatrice Kjelland,)				
4 X 200 Meter Relay	Milnor/Wyndmere/Lidgerwood		1:43.41	2006
(Cheri Boyer, Jennifer Ellefson, Tracy Mauch, Kim Stark)				
4 X 400 Meter Relay		Hillsboro/Cent Valley	4:00.24	2018
(Reagan Baesler, Grace Dryburgh, Jensyn Zink, Gracie Wright)				
4 X 800 Meter Relay		New Town	9:37.41	2003
(AnnaLeigh Brady, Nicole Wells, Natika Baker, Phoebe Garcia)				
Discus	Sara Neubauer	Bottineau	148-8	2006
High Jump	Lexy Wittmayer	Rolette/Wolford	5-10	2014
Javelin^	Kari Wolfe	Harvey/WellsCo	144-02	2017
Long Jump	Whitney Carlson	Carrington	19-5 1/2	2006
Pole Vault	Kelsey Aide	Bottineau	12-4	2006
Shot Put	Jessica Sommerfeld	Lisbon	48-2 1/2	1997
Triple Jump	Sarah Fegley	Bishop Ryan	38-9 3/4	2007

^ — Tailwind javelin first used in 2002

* set in prelims

RETIRED STATE RECORDS

(Retired in 1980 when running events went to metric distances unless otherwise noted)

CLASS A BOYS

Event	Record Holder	School	Record	Year
100 Yard Dash	Chuck McGuinnes	Jamestown	9.8	1953
	Bruce Perry	Bismarck	9.8	1972
220 Yard Dash(Straight)^	Chuck McGuinnes	Jamestown	21.5	1953
220 Yard Dash(curve)	Tom Lowe	Valley City	22.3	1973
440 Yard Dash	Scott Wilkinson	Mandan	49.2	1979
880 Yard Run	Dan Cichos	Jamestown	1:56.2	1969
	Tim Wheeler	Dickinson	1:56.2	1979
Mile Run	Claude Smith	GF Red River	4:18.5	1976
Two-Mile Run	Tom Petrik	Bismarck	9:22.4	1973
120 Hurdles	Cliff Cushman	GF Central	14.4	1956
180 L Hurdles (Straight)•	Cliff Cushman	Grand Forks	19.3	1956
180 L Hurdles (Curve)	Phil Farris	Langdon	19.3	1976
330 Hurdles	Scott Wilkinson	Mandan	39.9	1979
Javelin*	Steve Held	Carrington	224-0	1973
Javelin**	Chad Oukrop	Dickinson	212-8	2001
440 Relay		Bismarck	43.6	1971
	(Terry Kringstad, Bruce Perry, Dave Sande, Krause)			
880 Relay		Bismarck	1:30.1	1971
	(Terry Kringstad, Bruce Perry, Dave Sande, Krause)			
Mile Relay		Bismarck	3:22.7	1973
	(Luther, Clausnitzer, Perry, Hougen)			
Two Mile Relay		Minot	7:57.7	1977
	(Parker, Nutter, Clark, Rowell)			

* — Javelin record retired in 1990, replaced by rubber-tipped javelin
^ — Retired in 1967 & replaced with 220 yd curve in 1968
** — Retired in 2001 & replaced by tailwind javelin
• — Retired in 1968 & replaced with 180 L Hurdles Curve in 1969

CLASS A GIRLS

Event	Record Holder	School	Record	Year
100 Yard Dash	Dona Fischer	Dickinson	11.48	1974
220 Yard Dash	Carole Holzer	Bis. St. Mary's	26.3	1977
440 Yard Dash	Laurie Gillis	Minot	58.4	1978
	Michelle Gab	Dickinson	58.4	1979
880 Yard Run	Deb Gregerson	Fargo South	2:17.4	1979
Mile Run	Teri Wagner	Jamestown	5:06.9	1976
110 Hurdles	Laurie Rostad	Minot	14.8	1977
Shot Put***	Betty Robinson	Minot	43-2	1978
Softball Throw	Lynette Morris	Minot	226-03.25	1974
Javelin**	Charyl Weingarten	GF Red River	162-3	1997
Javelin*	Karyn Szarkowski	Bis. St. Mary's	162-8	1983
440 Yard Relay		Fargo Shanley	51.04	1975
	(Fischer, Brenda Ebner, Lemieux, Miller)			
		Dickinson	51.04	1979
	(Pasicznyk, Heiser, Woehl, Kuhl)			
880 Yard Relay		Fargo Shanley	1:47.0	1976
	(Nancy Soukup, Braun, Lemieux, Brenda Ebner)			
880 Medley Relay		Minot	1:49.3	1978
	(Gillis, Bredahl, Selk, Laurie Rostad)			
Mile Relay		Williston	4:03.7	1978
	(Hughes, Semrau, Zieske, Olson)			
200 Hurdles#	Becki Markle	Minot	29.26	1981
800 Medley Relay#		Langdon	1:51.13	1980
	(Koehmsted, Feasel, Nuelle, S. Field)			
2400 Meter Run#	Leslie Randich	Century	8:03.70	1980

* — Javelin record retired in 1990, replaced by rubber-tipped javelin
*** — Retired in 1979 due to change to 4 kg. shotput (8 lbs.-13 oz.)
** — Retired in 2001 & replaced by tailwind javelin
# — Retired in 1981 & replaced with the 3200 meter run in 1982
300 meter hurdles & 3200 meter relay
Note: Running records, other than last three retired in 1980 when running events went to metric distances

CLASS B BOYS

Event	Record Holder	School	Record	Year
100 Yard Dash	Rich Goff	Grandin	9.8	1969
220 Yard Dash(Straight)^	Pat Haddican	Nome	21.7	1956
220 Yard Dash(Curve)	Drexel Lawson	ND School Deaf	22.4	1975
440 Yard Dash	Drexel Lawson	ND School Deaf	48.6	1975
880 Yard Run	Ed Dressler	Flasher	1:59.1	1975
Mile Run	Louie Bass	New Rockford	4:23.6	1973
Two Mile Run	Mike Jore	Cando	9:31.6	1973
120 Hurdles	Tim Nichols	Oakes	14.9	1968
180 L Hurdles (Straight)•	Gene Fraser	New Rockford	20.3	1967
180 L Hurdles (Curve)	Rich Goff	Grandin	20.2	1970
330 Hurdles	Keith Kempenich	Bowman	39.9	1978
Javelin*	Chad Bickett	Carrington	210-5	1988
Javelin**	Brad Cook	Hazen	196-1	1999
440 Yard Relay		Minot Model	44.7	1968
	(Schlag, Zimbelman, Ruff, Thymian)			
		Wyndmere	44.7	1971
	(Sellner, Reese, Rudolph, Muehlberg)			
		Bowman	44.7	1977
	(Leone, Pearson, Foust, Kempenich)			
		Elgin	44.7	1977
	(Theurer, Weigum, Hillius, Ottmar)			
880 Yard Relay		Minot Model	1:33.0	1968
	(Schlag, Sjaanstad, Ruff, Thymian)			
		Bowman	1:33.0	1977
	(Kempenich, Pearson, Boushele, Foust)			
		Elgin	1:33.0	1977
	(Theurer, Weigum, Hillius, Ottmar)			
Mile Relay		Parshall	3:28.3	1975
	(Hoff, Hauge, Bollinger, Kraft)			
Two Mile Relay		White Shield	8:15.3	1977
	(White Bear, Hall, A. Charging, R. Charging)			
1600 Medley Relay*****		May-Port	3:37.82	1984
	(S. DeSautel, B. Olson, S. Boe, T. Clancy)			

* — Javelin record retired in 1990, replaced by rubber-tipped javelin
** — Retired in 2001 & replaced by tailwind javelin
^ — Retired in 1967 & replaced with 220 yd curve in 1968
*****— Retired in 1984 & replaced with 800 M Relay
• — Retired in 1968 & replaced with 180 L Hurdles Curve in 1969

CLASS B GIRLS

Event	Record Holder	School	Record	Year
100 Yard Dash	Carol Cornell	Belfield	11.44	1974
220 Yard Dash	Renee Anderson	Marion	25.4	1977
440 Yard Dash	Laurie Neshem	Berthold	59.1	1977
880 Yard Run	Becky Oberfoell	Bowman	2:20.7	1977
Mile Run	Becky Oberfoell	Bowman	5:28.3	1977
110 Hurdles	Monica Jawaski	Marion	15.2	1978
Shot Put***	Kelly Zarak	South Heart	41-6 3/4	1976
Softball Throw	Janelle Shanilec	Midway (Inkster)	217-02	1976
Javelin**	Mandi Peterson	Larimore	146-06	1997
Javelin*	Whitney Meier	Rolla	146-4	1990
440 Yard Relay		Watford City	51.0	1977
	(Sax, Snyder, Johnson, Fox)			
880 Yard Relay		Watford City	1:47.5	1978
	(Fox, Johnson, Sax, Snyder)			
880 Medley Relay		Bowman	1:53.5	1977
	(Olson, Anton, Lutes, Oberfoell)			
Mile Relay		Bowman	4:10.3	1978
	(P. Burns, T. Burns, Anton, Johnson)			
200 Hurdles#	Lisa Hennessy	Berthold	30.03	1981
800 Medley Relay%		May-Port	1:52.57	1981
	(P. Schmidt, Wilke, K. Schmidt, Eliason)			
1600 Medley Relay%		May-Port	4:21.46	1984
	(Ingebretson, Garrett, Camp, Eliason)			
2400 Meter Run#	Lisa Voegeli	Ellendale	8:34.82	1981

* — Retired in 1990 & replaced in 1991 by rubber-tipped javelin
** — Retired in 2001 & replaced by tailwind javelin
*** — Retired in 1979 due to change to 4 kg. shotput (8 lbs.-13 oz.)
# — Retired in 1981 & replaced with the 3200 meter run in 1982
300 meter hurdles & 3200 meter relay
% — Retired in 1984 & replaced with the 800 & 1600 meter relay

4 X 100 METER RELAY

CLASS B GIRLS

NO.	SCHOOL	SEED TIME
1	Central Cass	49.61
2	Oak Grove Lutheran	50.42
3	New Rockford-Sheyenne	50.85
4	Beulah	51.10
5	May-Port CG	51.49
6	Lisbon	51.55
7	Bowman County	51.60
8	Bottineau	51.74
9	Kindred	51.93
10	Shiloh Christian	51.95
11	Surrey	51.99
12	Dickinson Trinity	52.04
13	Rolette/Wolford	52.07
14	Northern Cass	52.30
15	Rugby	52.48
16	Hatton-Northwood	52.52
17	Hazen	52.61
18	Hettinger-Scranton	52.64
19	Southern McLean	52.68
20	Carrington	52.76
21	Grafton	52.82
22	Central McLean	52.84
23	Harvey/Wells County	52.84
24	New Salem-Almont	52.89
25	Glen Ullin/Hebron	53.04
26	Thompson	53.89
27	Bishop Ryan	55.01
28	Parshall	55.71



2022 Class B Girls Champion

Beulah (Taryn Askim, Jenna Koppelsloen, Aisha Zaffino, Kinsey Zuroff) — 50.57

Class B Girls State Record Holder

Park River/F-L (Elaina Swartz, Vanessa Cooper, Julia Sveen, Beatrice Kjelland) — 49.66 (2018)

CLASS A GIRLS

1	Minot	48.23
2	Davies	49.10
3	Jamestown	49.50
4	Century	49.92
5	WF Sheyenne	49.93
6	Legacy	50.06
7	West Fargo	50.21
8	Bismarck	50.47
9	Dickinson	50.66
10	Fargo South	50.66
11	Mandan	51.23
12	Shanley	51.24
13	Horace	51.47
14	Valley City	52.05
15	Fargo North	52.26
16	Devils Lake	52.61
17	Williston	52.80
18	Red River	52.82



2022 Class A Girls Champion

West Fargo (Ella Heilman, Michelle Gee, Samantha Gustafson, Jasmine Williams) — 48.96

Overall State Record Holder

Fargo Davies (Kaia Beil, Sally Korgho, Merritt Beil, Roseline Gaye) — 48.35 (2018)

CLASS B BOYS

1	Kindred	43.96
2	Hillsboro/Central Valley	44.22
3	Hazen	44.59
4	Dickinson Trinity	44.62
5	Shiloh Christian	44.81
6	Killdeer	44.81
7	Bowman County	44.87
8	Oak Grove Lutheran	44.88
9	New Rockford-Sheyenne	45.16
10	Thompson	45.33
11	Garrison	45.35
12	May-Port CG	45.40
13	Harvey/Wells County	45.47
14	Carrington	45.60
15	LaMoure/Litch-Marion	45.60
16	Northern Cass	45.66
17	Rugby	45.69
18	New Salem-Almont	45.76
19	Nedrose	45.78
20	Oakes	45.81
21	Powers Lake-Burke Central	45.81
22	Wyndmere-Lidgerwood	45.92
23	Stanley	46.01
24	Central Cass	46.04
25	Beulah	46.25
26	Velva-Drake/Anamoose	46.32
27	Glen Ullin/Hebron	46.55
28	Bottineau	46.65



2022 Class B Boys Champion

Central Cass (Will Ellison, Jake Deutsch, Isaac Wisnewski, Frosty Wisnewski) — 44.10

Class B Boys State Record Holder

Des Lacs-Bur/L&C (Donavon Lopez, Mark Medalen, Tyson Akers, Josh Knutson) — 43.62 (2016)

CLASS A BOYS

1	Legacy	41.50
2	Bismarck	42.35
3	WF Sheyenne	42.36
4	Century	42.70
5	Minot	42.95
6	Fargo South	43.01
7	Red River	43.26
8	Davies	43.29
9	Fargo North	43.43
10	West Fargo	44.12
11	Wahpeton	44.16
12	Watford City	44.34
13	Dickinson	44.49
14	Devils Lake	44.49
15	Williston	44.53
16	Mandan	44.76
17	St. Mary's	45.05
18	Valley City	45.16
19	Shanley	45.34
20	Grand Forks Central	45.40
21	Jamestown	45.43



2022 Class A Boys Champion

Legacy (Talen Farland, Reece Snow, Evan Hoffer, Nathan Mathern) — 42.34

Overall State Record Holder

Fargo South (Prince Gowah, Targen Gensee, Dawson Breyer, Jon Farr) — 42.25 (2018)

4 X 200 METER RELAY

	NO.	SCHOOL	SEED TIME
CLASS B GIRLS	1	Bowman County	1:46.50
	2	New Rockford-Sheyenne	1:47.01
	3	Central Cass	1:47.36
	4	Lisbon	1:47.64
	5	Oak Grove Lutheran	1:48.04
	6	Beulah	1:49.32
	7	Shiloh Christian	1:49.38
	8	Dickinson Trinity	1:49.41
	9	Kindred	1:49.46
	10	Bottineau	1:49.61
	11	Central McLean	1:50.27
	12	Rugby	1:50.28
	13	Linton/HMB	1:50.67
	14	Carrington	1:50.81
	15	Velva-Drake/Anamoose	1:50.88
	16	Grafton	1:50.99
	17	Hatton-Northwood	1:51.00
	18	Heart River	1:51.18
	19	Harvey/Wells County	1:51.18
	20	Northern Cass	1:51.32
	21	Thompson	1:52.02
	22	May-Port CG	1:52.60
	23	Surrey	1:53.41
	24	Williams County	1:54.36
	25	Bishop Ryan	1:58.11
CLASS A GIRLS	1	Davies	1:42.19
	2	Minot	1:43.37
	3	Legacy	1:45.24
	4	Shanley	1:46.02
	5	Dickinson	1:46.45
	6	Century	1:46.77
	7	Bismarck	1:47.09
	8	West Fargo	1:47.23
	9	Valley City	1:48.57
	10	WF Sheyenne	1:48.60
	11	Mandan	1:49.66
	12	Horace	1:49.82
	13	Fargo South	1:50.20
	14	Williston	1:50.45
	15	Watford City	1:50.48
	16	St. Mary's	1:50.53
	17	Devils Lake	1:51.22
	18	Red River	1:51.82
CLASS B BOYS	1	Kindred	1:32.55
	2	Hillsboro/Central Valley	1:32.57
	3	Garrison	1:32.93
	4	Carrington	1:33.41
	5	Rugby	1:33.42
	6	Dickinson Trinity	1:33.47
	7	Oak Grove Lutheran	1:33.57
	8	Hazen	1:34.10
	9	Central McLean	1:34.33
	10	Killdeer	1:34.35
	11	Bowman County	1:34.50
	12	Benson County	1:34.58
	13	Northern Cass	1:34.72
	14	Shiloh Christian	1:34.77
	15	New Rockford-Sheyenne	1:34.88
	16	Powers Lake-Burke Central	1:35.20
	17	May-Port CG	1:35.24
	18	Nedrose	1:35.29
	19	Lisbon	1:35.94
	20	Velva-Drake/Anamoose	1:36.39
	21	Park River/Fordville-Lankin	1:36.42
	22	Griggs Midkota	1:36.62
	23	Harvey/Wells County	1:36.69
	24	Linton/HMB	1:37.24
CLASS A BOYS	1	Legacy	1:26.05
	2	Fargo South	1:27.70
	3	Bismarck	1:28.52
	4	WF Sheyenne	1:28.97
	5	Century	1:29.97
	6	Davies	1:30.64
	7	Dickinson	1:31.04
	8	Fargo North	1:31.09
	9	St. Mary's	1:31.20
	10	Red River	1:31.47
	11	Mandan	1:32.41
	12	West Fargo	1:32.54
	13	Devils Lake	1:32.74
	14	Wahpeton	1:33.27
	15	Valley City	1:33.90
	16	Watford City	1:34.02
	17	Minot	1:34.06
	18	Shanley	1:34.24
	19	Williston	1:34.36



2022 Class B Girls Champion

Central Cass (Mayzee Jacobson, Grace Lemar, Olivia Siverson, Elise Wisnewski) — 1:43.98

Class B Girls State Record Holder

Milnor/Wyndmere/Lidgerwood (Tracy Mauch, Cheri Boyer, Kim Stark, Jennifer Ellefson) — 1:43.41 (2006)



2022 Class A Girls Champion

Davies (Sanie Gayflor, Alimath Salou, Ashton Safranski, Michaela Nesius) — 1:43.52

Overall State Record Holder

Fargo Davies (Roseline Gaye, Katelyn Carlson, Emily Jahner, Rose Gaye) — 1:41.73 (2016)

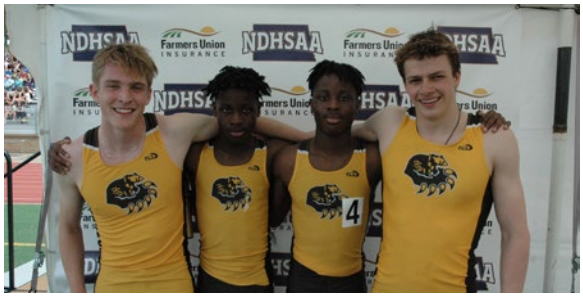


2022 Class B Boys Champion

Central Cass (Will Ellison, Owen Wiersma, Isaac Wisnewski, Jake Deutsch) — 1:31.89

Class B Boys State Record Holder

Hillsboro/Central Valley (Grant Skager, Hunter Hennings, Oscar Benson, Isaac Luithle) — 1:29.39 (2018)



2022 Class A Boys Champion

Fargo South (Aiden Bourke, Tristan Quibell, Justin Zulu, Austin Zulu) — 1:28.09

Overall State Record Holder

Century (Hunter Wilmes, Grant Anderson, Oliver Nelson, Caleb Monger) — 1:27.74 (2018)

4 X 400 METER RELAY

	NO.	SCHOOL	SEED TIME
CLASS B GIRLS	1	Bowman County	4:06.66
	2	Lisbon	4:08.78
	3	Central McLean	4:11.95
	4	Bottineau	4:12.03
	5	Rugby	4:14.01
	6	Kindred	4:14.69
	7	May-Port CG	4:15.23
	8	Shiloh Christian	4:15.47
	9	New Rockford-Sheyenne	4:15.51
	10	Oak Grove Lutheran	4:15.85
	11	LaMoure/Litch-Marion	4:16.23
	12	Carrington	4:16.24
	13	Edgeley/Kulm	4:16.32
	14	Hettinger County	4:16.74
	15	Oakes	4:16.83
	16	Killdeer	4:17.23
	17	Hazen	4:17.87
	18	Dickinson Trinity	4:18.84
	19	Drayton/Valley-Edinburg	4:20.86
	20	Grafton	4:21.06
	21	Hillsboro/Central Valley	4:21.54
	22	Southern McLean	4:23.76
	23	Linton/HMB	4:24.05
	24	Rolette/Wolford	4:28.78
	25	Stanley	4:37.85
	26	Des-Lacs Burlington/L&C	4:38.24
	27	Williams County	4:39.12
CLASS A GIRLS	1	Red River	4:00.35
	2	Davies	4:05.04
	3	Minot	4:07.92
	4	Watford City	4:08.34
	5	Century	4:09.27
	6	WF Sheyenne	4:09.58
	7	Legacy	4:10.07
	8	West Fargo	4:11.16
	9	Mandan	4:12.81
	10	St. Mary's	4:12.98
	11	Fargo North	4:13.13
	12	Dickinson	4:13.88
	13	Jamestown	4:13.96
	14	Valley City	4:14.01
	15	Shanley	4:14.02
	16	Devils Lake	4:14.42
	17	Wahpeton	4:17.78
CLASS B BOYS	1	Bowman County	3:30.26
	2	Hillsboro/Central Valley	3:30.80
	3	Carrington	3:32.51
	4	Oak Grove Lutheran	3:32.58
	5	Lisbon	3:32.67
	6	Central McLean	3:33.85
	7	Dickinson Trinity	3:34.12
	8	Rugby	3:34.49
	9	Kindred	3:34.57
	10	Shiloh Christian	3:35.21
	11	Griggs Midkota	3:37.06
	12	Northern Cass	3:39.29
	13	Harvey/Wells County	3:39.47
	14	Grafton	3:39.86
	15	Stanley	3:40.16
	16	Killdeer	3:40.45
	17	Hettinger County	3:40.47
	18	New Rockford-Sheyenne	3:41.57
	19	Linton/HMB	3:42.36
	20	Powers Lake-Burke Central	3:43.62
	21	Nedrose	3:44.79
CLASS A BOYS	1	Legacy	3:18.95
	2	Fargo South	3:20.11
	3	Century	3:25.69
	4	WF Sheyenne	3:27.60
	5	Davies	3:27.83
	6	Shanley	3:28.35
	7	Red River	3:28.49
	8	Minot	3:28.73
	9	Mandan	3:29.44
	10	Bismarck	3:29.60
	11	Grand Forks Central	3:30.95
	12	Watford City	3:31.23
	13	Dickinson	3:32.17
	14	Devils Lake	3:32.80
	15	Fargo North	3:33.87
	16	Williston	3:33.93

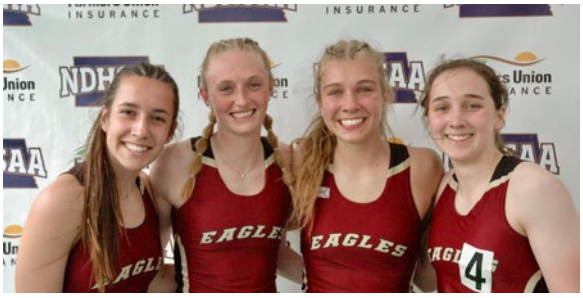


2022 Class B Girls Champion

Lisbon (Kendra Differding, Brea Sweet, Brynley Differding, Kodi Lautt) — 4:04.65

Class B Girls State Record Holder

Hillsboro/Central Valley (Reagan Baesler, Grace Dryburgh, Jensyn Zink, Gracie Wright) — 4:00.24 (2018)



2022 Class A Girls Champion

Davies (Ashton Safranski, Brenna Barnick, Hailey Bjerke, Kate Laqua) — 4:02.85

Overall State Record Holder

Century (Autumn Ketterling, Emily Goldade, Ashton Kinnebrew, Erin Palmer) — 3:58.32 (2021)



2022 Class B Boys Champion

Hazen (Hayden Dean, Ian Busche, Ethan Richter, Jaran Reinhardt) — 3:28.03

Class B Boys State Record Holder

Bishop Ryan (Justin Whittmayer, Dave Limke, Luke Schaefer, Jared Essler) — 3:26.00 (1998)



2022 Class A Boys Champion

Fargo South (Justin Zulu, Tristan Quibell, Aiden Bourke, Austin Zulu) — 3:19.12

Overall State Record Holder

Fargo South (Justin Zulu, Tristan Quibell, Aiden Bourke, Austin Zulu) — 3:19.12 (2022)

4 X 800 METER RELAY

CLASS B GIRLS

NO.	SCHOOL	SEED TIME
1	Hettinger County	9:55.38
2	Central McLean	9:58.71
3	Carrington	10:03.34
4	Rugby	10:06.06
5	Killdeer	10:10.08
6	Oak Grove Lutheran	10:13.63
7	Bowman County	10:15.12
8	Southern McLean	10:15.19
9	Dickinson Trinity	10:15.80
10	Lisbon	10:16.67
11	Hillsboro/Central Valley	10:18.61
12	May-Port CG	10:19.38
13	Central Cass	10:21.34
14	Bottineau	10:21.52
15	Stanley	10:21.56
16	Kindred	10:22.93
17	Grafton	10:25.02
18	Beulah	10:25.42
19	Pembina County North	10:26.17
20	Shiloh Christian	10:36.87
21	Benson County	10:36.98
22	Williams County	10:46.85
23	Nedrose	10:55.31
24	LaMoure/Litch-Marion	10:56.76
25	Oakes	10:58.71

CLASS A GIRLS

1	Red River	9:27.01
2	Watford City	9:40.21
3	Century	9:48.57
4	Bismarck	9:49.46
5	Minot	9:53.49
6	St. Mary's	9:54.30
7	Davies	9:55.07
8	Valley City	9:55.60
9	Williston	9:57.77
10	Fargo North	10:00.99
11	Legacy	10:05.69
12	WF Sheyenne	10:06.70
13	Shanley	10:09.94
14	Wahpeton	10:23.99
15	Devils Lake	10:24.93
16	Dickinson	10:25.56
17	West Fargo	10:28.86

CLASS B BOYS

1	Bowman County	7:57.94
2	Lisbon	8:21.71
3	New Town	8:22.74
4	Dickinson Trinity	8:30.22
5	Kindred	8:31.65
6	Stanley	8:36.54
7	Grafton	8:37.26
8	Hettinger County	8:39.33
9	Bottineau	8:46.79
10	Central McLean	8:48.92
11	Hillsboro/Central Valley	8:48.95
12	Beulah	8:50.33
13	Shiloh Christian	8:50.88
14	Des-Lacs Burlington/L&C	8:52.20
15	Standing Rock	8:53.80
16	Central Cass	8:53.98
17	Benson County	8:54.52
18	Oak Grove Lutheran	8:54.94
19	Ellendale	8:55.11
20	New Rockford-Sheyenne	9:10.38
21	Pembina County North	9:12.23
22	Nelson County	9:15.68

CLASS A BOYS

1	Bismarck	7:57.01
2	Legacy	8:02.15
3	Red River	8:09.52
4	Fargo North	8:10.83
5	Davies	8:14.34
6	Minot	8:17.67
7	Williston	8:17.97
8	Century	8:21.88
9	WF Sheyenne	8:22.15
10	Devils Lake	8:23.01
11	West Fargo	8:25.28
12	Mandan	8:31.19
13	Shanley	8:32.04
14	St. Mary's	8:32.33
15	Watford City	8:34.20



2022 Class B Girls Champion

Rugby (Hannah Senechal, Amelia Shepard, Mikaylee Livedalen, Brooklyn Bartsch) — 10:08.41

Class B Girls State Record Holder

New Town (AnnaLeigh Brady, Nicole Wells, Natika Baker, Phoebe Garcia) — 9:37.41 (2003)



2022 Class A Girls Champion

Fargo North (Elle Sondag, Grayce Anderson, Grace Thiel, Anna Lien) — 9:39.35

Overall State Record Holder

Bismarck Legacy (Jadyn Guidinger, Peyton Jensen, Kaydee Wescom, Lindsey Werner) — 9:22.68 (2017)



2022 Class B Boys Champion

Bowan County (Caleb Sarsland, Gavin Lambourn, Austin Wanner, Taylor Wanner) — 8:12.18

Class B Boys State Record Holder

New Town (Chace Hale, Robert White, Jalen Chase, Ryan Wheeling) — 8:02.29 (2017)



2022 Class A Boys Champion

Williston (Fynn Krenz, Charles Hardcastle, Ivan Askim, Ethan Moe) — 7:57.87

Overall State Record Holder

Minot (Joe Carlson, Ken Clark, Rob Buchholz, Jon Boughner) — 7:54.52 (1981)

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2023 NDHSAA MASTER CONTESTANT LIST

Barnes County

Brady Guscette	1	12
Kayden Quick	2	12

Benson County

Grant Engebretson	3	9
Logan Fossen	4	11
Colton Green	5	10
Holdyn Jacobson	6	10
Cole Knudson	7	11
Gunnar Larson	8	12
Logan Maddock	9	11
Macyn Olson	10	11
Ella Fossen	1	9
Evyn Jacobson	2	8
Aubrey Kenner	3	9
Keyara Lundstrom	4	8
Kaitlyn Maddock	5	8
Brylee Stuberg	6	7
Kale Williams	7	9

Beulah

Adakin Backus	11	11
Jonas Braun	12	9
Simon Buchfinck	13	11
Charles Elmore	14	11
Cayden Isaak	15	10
Brady Keller	16	10
Jack Koppelsloen	17	12
Brady Maas	18	9
Austin Mittlesteadt	19	10
McCoy Mohl	20	12
Logan Neuberger	21	11
Sebastian Nichols	22	9
Hudson Scheurer	23	8
Benny Schirado	24	7
Shane Schmidt	25	9
Logan Waller	26	12
Owen Ziman	27	7
Reegan Ahlschlager	8	8
Taryn Askim	9	11
Harys Beauchamp	10	12
Emma Dschaak	11	7
Paige Hetzler	12	11
Braelyn Hottman	13	8
Alexis Huntimer	14	11
Jenna Koppelsloen	15	12
Laisha Martens	16	10
Hannah McGraw	17	10
Sofia Schantz	18	11
Addison Schepp	19	8
Aisha Zaffino	20	12

Bishop Ryan

Ian Johnson	28	12
Blake Kaylor	29	11
Christian Lormejuste	30	12
Christopher McMahon	31	12
Coy Okeson	32	11
Ajah Braun	21	12
Elsie Braun	22	9
Taylor Brintnell	23	7
Haley Buck	24	12
Gwynnie Johnson	25	11
Ruby Lormejuste	26	10
Chinelo Udekwe	27	11
Tochi Udekwe	28	9

Bismarck High

Ty Allen	33	12
Dawson Balzer	34	10
Djiby Diallo	35	11
Carson Dschaak	36	10
Connor Ensign	37	10
Jakson Ensign	38	10
Kaden Fitterer	39	10
Brennan Greff	40	9
Gabriel Hamlin	41	10
Gabe Hanson	42	11
Drew Henriksen	43	12
Jake Hettinger	44	12
Owen Hintz	45	9
Parker Hintz	46	11
Braxton Just	47	11
Michael Leier	48	10
Preston Lemar	49	11
Jeran McNichols	50	11
Lucas McNichols	51	10
Drew Mitzel	52	12
Chaz Ohlsen	53	11
Dash Ohlsen	54	10
Hudson Schroeder	55	12
Jack Shaffer	56	10
Deegan Staudinger	57	9
Tyler Wahl	58	11
Austin Wick	59	9
Tayla Andersen	29	11
Emerson Carufel	30	11
Izzy Dahl	31	8
Taya Fettig	32	10
Cambrie Fischer	33	11
Ajaye Gill	34	11
Bryar Jahner	35	8
Morgan Johnson-Colbert	36	11
Lizzy Kerzman	37	10
Sydney Kiefer	38	10
Aubrey Kleser	39	9
Alyson Krug	40	11
Katelyn Luther	41	10
Kennedy Marcus	42	11
Sophia Ness	43	11
Mia Peterson	44	10
Jilian Quale	45	9
Katelyn Rath	46	12
Neely Reichenberger	47	12
Zoe Reichenberger	48	11
Jordyn Rood	49	9
Raya Rood	50	11
Emmery Schmitz	51	12
Dalila Sharp	52	11
Shae Wegge	53	9
Bayla Weigel	54	11

Bottineau

Khaliel Abdurrahman	60	10
Noah Bedlion	61	10
Ryan Biberdorf	62	12
Will DeMontigny	63	10
Cody Gorentz	64	11
Niklas Halvorson	65	9
Tye Marum	66	11
Jonas Parisien	67	8
Jacob Shriver	68	12
Josh Shriver	69	9
Bud Wilkie	70	10
Sophia Abdurrahman	55	7
Karsyn Allard	56	7
Kyra Beckman	57	10
Makayla Campbell	58	7
Erin Guariglia	59	10
Madeline Guariglia	60	12
Tessa Guariglia	61	8
Maddy Kyle	62	9
Hallie Nero	63	9
Morgan Schweitzer	64	11
Kylie Simpson	65	11
Logyn Simpson	66	8

Bowman County

Warner Bowman	71	8
Nathan Dix	72	11
Bishop Duffield	73	11
Bohden Duffield	74	11
Roman Fossum	75	11
Daniel Hoff	76	8
Grant Kees	77	12
Gavin Lambourn	78	11
Jonah Njos	79	9
Hunter Rasmussen	80	11
Caleb Sarsland	81	12
Gabe Sarsland	82	8
Mace Stuber	83	12
Aidan Thompson	84	11
Austin Wanner	85	12
Taylor Wanner	86	10
Brayden Williams	87	10
Quin Andrews	67	8
Kennedi Blankenbaker	68	12
Kenley Bowman	69	11
Livia Bowman	70	9
Jaci Fischer	71	11
Adyson Gerbig	72	10
Landyn Gerbig	73	10
Sophia Headley	74	10
Lucy Heyen	75	10
Avrie Nohava	76	12
Ellie Powell	77	12
Anna Sarsland	78	7
Julie Sarsland	79	10
Addie Umbreit	80	8

Carrington

Ryder Bickett	88	10
Peyton Harrington	89	9
Trace Hoggarth	90	12
Ty Johnston	91	12
Kael Kovar	92	12
Jaxon Schaefer	93	11
Logan Weninger	94	11
McKade Zink	95	9
Sierra Friedt	81	10
Edyn Hoornaert	82	10
Allison Jarrett	83	12
Madison Johnson	84	11
Harper Kollman	85	8
Baylee Lura	86	12
Mercedes Lura	87	10
Kenadie Pazdernik	88	10
Kacie Rexin	89	11
Mya Schroeder	90	12
Isabel Wendel	91	10
Kennedy Wendel	92	12
Haley Wolsky	93	12
Jazmyn Ybarra	94	10

Central Cass

Steele Bryant	96	10
Ronnie Burchill	97	11
Josiah Crandall	98	12
Colton Cruchet	99	9
Hunter Domier	100	8
Andy Garman	101	11
Garrett Haugen	102	12
Easton Holland	103	8
Cooper Johnson	104	12
Wyatt Kraft	105	10
Levi Kunze	106	8
Peyton Lemar	107	11
Jaiten Michels	108	12
Jace Narum	109	11
Coleson Stahl	110	10
Noah Tholkes	111	10
Jacob Thompson	112	10
Owen Wiersma	113	12
Avah Cotton	95	10
Klaire Cotton	96	12
Mallory DeVries	97	10
Emery Holland	98	10
Mayzee Jacobson	99	12
Grace Lemar	100	9
Paris Mack	101	12
Molly Meier	102	9
Jerzi Narum	103	9
Shelby Sherman	104	12
Olivia Siverson	105	9
Decontee Smith	106	12
Elise Wisnewski	107	11

Central McLean (18)

Andrew Eichhorst	114	10
Kylar Hansen	115	7
Aiden Hanson	116	9
Gavin Haraseth	117	9
Kannon Hunt	118	8
Cade Kjelstrup	119	12
Morgan Maxwell	120	10
Adlyn Eng	108	10
Aricka Fischer	109	10
Lainy Haraseth	110	7
Leah Jacobson	111	11
Reagan Kjelstrup	112	10
Sadie O'Shea	113	10
Anna Skachenko	114	11
Morgan Snyder	115	8
Daisy Sparrow	116	12
Natalie Whitcomb	117	12

Century

Peyton Arndt	121	12
Noah Bares	122	10
Kyan Barth	123	12
Josh Berger	124	10
Jaxon Birst	125	11
Ryan Brynjolfson	126	12

2023 NDHSAA MASTER CONTESTANT LIST

Jacob Burckhard	127	12
Anthony Davis	128	9
Joel Edland	129	12
Brody Ferderer	130	12
Gavyn Graham	131	11
Matthew Harris	132	12
Spencer Hoskins	133	11
Jordan Kellogg	134	10
Rivers Martin	135	11
Lucas Meyer	136	12
Kayne Nelson	137	11
Evan Pena	138	12
Austin Privratsky	139	10
Breydyn Schlabsz	140	11
Evan Schmit	141	11
Kale Schommer	142	11
Kolter Simon	143	10
Cyan Sorenson	144	12
Ole Taylor	145	10
Brooks Turner	146	12
Michael Twardoski	147	11
Isaac Vallie	148	9
Daniel Walker	149	12
Jaxson Walz	150	12
William Ware	151	12
Zoie Austin	118	10
Katelyn Brown	119	10
Ashlyn Buchholz	120	10
Rachel Dunlop	121	12
Haven Fitterer	122	12
Maliah Frey	123	9
Eden Fridley	124	11
Addison Heck	125	9
Alexis Heinle	126	9
Hannah Herbel	127	12
Leah Herbel	128	12
Emerson House	129	10
Kambree Long	130	9
Avery Mills	131	11
Carlee Myerchin	132	11
Bergen Olson	133	8
Emily Schroeder	134	8
Elydia Symens	135	12
Brynlie Thueson	136	12
Mylie Trahan	137	12
Reese Turner	138	11
Bella Walth	139	9
Makayla Wiedenmeyer	140	10
Chloe Wolff	141	10

Davies

Nate Anderson	152	11
Hudson Asche	153	10
Joshua Beil	154	10
Eric Benson	155	11
Adam Brachman	156	11
Alpha Camara	157	11
Kasen Currence	158	9
Zach Davidson	159	11
Golden Deebom	160	10
Titus Dolo	161	10
Jackson Greff	162	12
Nick Hasbargen	163	11
Eli Hayes	164	12
Zach Lilly	165	11
Bennet Lonn	166	9
Oliver Lucht	167	12
Gunnar Majerus	168	10
Brody Muchow	169	9
John O'Neill	170	12
Brennan Palmer	171	12
Drew Rempher	172	12
Thomas Schreiner	173	11
Isaac Schumacher	174	11
Keaton Schwab	175	12
Leighton Steidl	176	12
Hunter Swanson	177	9
Jaray Touray	178	11
Grant Tschosik	179	11
Cierra Bornemann	142	11
Brynn Braaflat	143	8
Halle Braaflat	144	11
Mariah Burian	145	10
Nora Daub	146	12
Bariborve Deebom	147	12
Camille Deringer	148	12
Jane Donat	149	11
Sanie Gayflor	150	9
Ava Graf	151	11
Elyse Gulsvig	152	12
Caitlin Harmon	153	12
Onya Kretchman	154	11
Kate Laqua	155	10
Alexis Lovehaug	156	10
Ellie Miller	157	10
Cadence Modin	158	11
Kaylee Narmah	159	10
Davin Nesius	160	9
Michaela Nesius	161	12
Fallon Passanante	162	9
Alexandra Roberts	163	10
Ashton Safranski	164	11
Cayla Sailer	165	11
Alimath Salou	166	12
Kinley Steckler	167	9
Halle Stephens	168	10
Lauren Sturma	169	12
Addison Tandeski	170	10
Danielle Toe	171	12
Ashlan Urness	172	9
Ava Wareham	173	8
Maci Wheeldon	174	12
Anna Wicklow	175	12

Des Lacs-Burlington/L & C

Milo Anderson	180	9
Jaylin Fulin-Ross	181	12
Zander Grover	182	11
Zayden Grover	183	8
Kashdyn Officer	184	11
Logan Rist	185	11
Ella Brown	176	7
Fallon Fagerland	177	10
Allie Glasoe	178	9
Brynn Hanson	179	9
Jacey Hutton	180	9
Macey Moore	181	12
Hope Walen	182	9

Devils Lake

Zane Bennett	186	8
Aiden Bryce Volk	187	12
Reggie Cavanaugh	188	11
Sam Enget	189	12
Brady Goss	190	12
Tyler Goss	191	12
Dylan Hintz	192	12
Drew Hofstad	193	11
Joel Nelson	194	10
Colton Schneider	195	12
Adam Sobolik	196	10
Malcolm Stubbe	197	12
Kole Toso	198	12
Oliver Wirth	199	10
Kayla Britsch	183	12
Cabryn Fritel	184	10
Hallie Fritel	185	12
Dottie Goss	186	7
Emma Hofstad	187	7
Sara Kraft	188	8
Trinity Kus	189	7
Aubrie Lebrun	190	9
Annika McCarthy	191	12
Mallie McCloud	192	9
Emily McLaurin	193	8
Gabrielle McLaurin	194	11
Anna Shock	195	10
Gabby Tangedal	196	10
Isabella Tangedal	197	11
Ella Wass	198	7

Dickinson

Duncan Blauer	200	10
Christian Bowden	201	11
Benett Carlson	202	12
Brener Conrad	203	12
Thomas Freer	204	11
Ethan Halverson	205	11
Blake Homiston	206	9
Braden Meschke	207	10
Zachary Nodland	208	10
Kaiden Richter	209	12
Isaac Schulte	210	10
Cole Skabo	211	11
Madox Tolman	212	11
Blake Weller	213	9
Jecelyn Arends	199	11
Emily Ash	200	12
Jayden Atkins	201	10
Jazmin Barry	202	11
Lexi Bradley	203	9
Hannah Geisel	204	11
Leila Gregoire	205	9
Cecilia Homiston	206	9
Kendra King	207	11
Jersi Luchi	208	9
Maycee Moe	209	9
Jenna Nelson	210	9
Keira Paulson	211	9
Kamora Phillips	212	9
Abby Praus	213	8
Arabella Privratsky	214	10
Xeia Schneider	215	11
Sadie Stevenson	216	11

Dickinson Trinity

Colton Christenson	214	9
Jace Cofer	215	12
Gage Glaser	216	11
Jake Glaser	217	9
Max Glaser	218	9
Eli Hansen	219	12
Andrew Jacobs	220	10
Thomas Jacobs	221	12
Elijah Jilek	222	9
Izaak Kudrna	223	11
Taylor LaQua	224	11
Max Lefor	225	12
Rigo Lopez	226	9
Jake Shobe	227	11
Luke Shobe	228	11
Joel Thorson	229	11
Anna Clifton	217	11
Delaney Deschamp	218	11
Jersey Erie	219	11
Kate Glaser	220	9
Bella Kovash	221	10
Elly McAvoy	222	9
Nevaeh Muckle	223	12
Helena Pavek	224	11
Serenity Pavlicek	225	11
Annabel Scheeler	226	9
Harper Skaare	227	11
Melissa Zach	228	11

Divide County

Trenton Combs	230	11

Drayton/Valley-Edinburg

Ashton Knutson	231	11
Andrew Myrdal	232	12
Brady Reilly	233	10
Greta Burrell	229	10
Elizabeth Fedje	230	9
Reese Fering	231	10
Brooke Gullickson	232	9
Alyssa Hoyles	233	9
Easton Larson	234	10

Edgeley/Kulm

Zeke Barnick	234	11
Jaelyn Bertsch	235	9
Norah Entzi	236	12
Emily Fredenburg	237	10
Betsy Huber	238	8
Grace Irey	239	11
Kiara Jangula	240	12
Elli Lloyd	241	9
Mataeya Mathern	242	11

Ellendale

Josh Meyers	235	9
Walker Miller	236	8
Levi Reis	237	12
Aidan Thurber	238	9
Theo Thurber	239	12
Eli Wagner	240	8
Evan Wagner	241	10
Kaylin Slivoskey	243	11
Mackenzie Thorpe	244	11

Enderlin

Rachael Bergstedt	245	12
Genevieve Gruba	246	12

2023 NDHSAA MASTER CONTESTANT LIST

Fargo North

Sam Adams-Vandal	242	11
Charlie Anderson	243	12
Ty Boutwell	244	11
Isaac Cerney	245	9
Peder Haugo	246	11
Laquan King	247	12
Trey Knoke	248	10
Clay Koenig	249	10
Kyle Kramer	250	11
James Lien	251	11
Braxton Middaugh	252	12
James Miller	253	11
Aden Nojang	254	10
Elijah Pederson	255	12
Simon Pryor	256	12
Ian Rasmussen	257	10
Owen Sondag	258	11
Blake Wanner	259	12
James Weninger	260	12
Hikmah Abdul-Hammed	247	9
Grayce Anderson	248	10
Brooklyn Champagne	249	12
Nora Fluge	250	10
Olivia Hammes	251	10
Paityn Knoke	252	8
Abigail Lovelace	253	12
Lydia Onama	254	10
Emma Osier	255	12
Grace Thiel	256	10
Haidyn Tollefson	257	12

Fargo South

Jayvon Anderson	261	9
Aiden Bourke	262	12
James Gaden	263	12
George Hanesgard	264	11
Reis Kessel	265	11
Jaden Middleton	266	11
A'Johntez Moore	267	11
Tristan Quibell	268	12
Amari Taylor	269	9
Austin Zulu	270	11
Justin Zulu	271	11
Axumite Wren James	258	10
Jada Khatri	259	8
Adelina Majetich	260	12
Jordis Maxwell	261	11
Isabelle Naklen	262	9
Erin Sorum	263	12

Garrison

Aidan Ermer	272	10
Connor Kerzmann	273	12
Avery Klein	274	11
Darian Limesand	275	9
Gavin Ruud	276	11
Finn Smedstad	277	10
Tyler Syverstson	278	12
Karli Klein	264	12

Glen Ullin/Hebron

Will Mickelson	279	11
Jamison Opp	280	12
Jaxon Rolle	281	9
Luma Sako Ngoyo	282	11
Dalton Schneider	283	10
Riley Schneider	284	10
Jamia Cunningham	265	10
Jamie Cunningham	266	12
Aleya Dakken	267	11
Sophia Hauser	268	12
Jada Rolle	269	12
Peyton Schantz	270	12
MiKayla Schneider	271	12
Tahj Thomas	272	8

Grafton

Omarion Brown	285	12
Santiago Galvan	286	12
Jack Kern	287	11
David Perez	288	11
Hayden Perez	289	12
Jordan Sunstrom	290	11
Shaiden Thomas	291	9
Molly Bjorneby	273	10
Isabelle Cole	274	9
Joslyn Kalbrener	275	9
Ainsley McLain	276	12
Hannah Miller	277	10
Summer Moberg	278	11
Annelise Presteng	279	10
Gabi Ray	280	9
Grace Ray	281	9
Paige Suda	282	9
Sydney Suda	283	10
Alexis Tompkins	284	9
Aubrey Tompkins	285	10
Chloe Woinarowicz	286	8

Grand Forks Central

Talib Berry	292	10
Brayden Dirckx	293	10
Naz Fisher	294	9
Bradyn Hendrickson	295	12
Kevin Kubat	296	12
Zac Kuznia	297	12
Cade Lindseth	298	12
Edison Lunski	299	12
Navy Oss	300	12
Kyen Poole	301	11
Quinn Roehl	302	12
Curtis Sande	303	11
Danny Suedel	304	10
Ethan Thomas	305	11
Kaylee Baker	287	12
Camille Finney	288	12

Grant County/Flasher

Brandon Brunelle	306	12
Trey Heid	307	10
Wyatt Ottmar	308	12
Kayedenn Rivinius	309	12
Zoey Heid	289	12
Anna Schatz	290	12

Griggs Midkota

Levi Kautzman	310	10
Eli Larson	311	12
Gavin Nelson	312	12
Wayland Sabinash	313	9
Wyatt Spickler	314	12
Asia Becherl	291	12
Kaylee Johnson	292	12

Hankinson

Cruz Hernandez	315	12

Harvey/Wells County

Gabe Allmaras	316	12
Carson Heilman	317	9
Keaton Keller	318	11
Wyatt Korb	319	9
Harrison Lies	320	12
Kayl Sieg	321	10
Alex Smith	322	11
Tallen Thorson	323	10
Jadyn Vollmer	324	11
Noah Ziegler	325	10
Larissa Arnold	293	12
Breanna Heilman	294	11
Braylee Keller	295	8
Rachel Neumiller	296	9
Kamryn Sanders	297	12
Aubrey Thorson	298	9
Christalea Wagner	299	10

Hatton-Northwood

Camryn Adams	300	12
Alora Berke	301	10
Trista Bilden	302	11
Victoria Chandler	303	8
Brynley Coleman	304	11
Ella Holkesvig	305	12
Paris Hoverson	306	12
Elizabeth Pinke	307	9
Jenna Soine	308	12

Hazen

Bradyn Braithwaite	326	10
Wyatt Grueneich	327	10
Brayden Haack	328	10
Kaison Kaylor	329	12
Bennett Kilwein	330	8
Mark Lora	331	10
Bohdan Obenauer	332	11
Jaran Reinhardt	333	9
Ethan Richter	334	11
Owen Thigpen	335	10
Davian Welch	336	11
Makenna Brunmeier	309	12
Emily Erhardt	310	10
Marina Grueneich	311	8
Myah Mosset	312	11
Lucy Pulver	313	12
Macee Smith	314	10
Ava VanDyke	315	10
Macey VanInwagen	316	8
Jenneva Ward	317	10

Heart River

Jayden Bailey	337	11
Dallas Olson	318	11
Holly Stuber	319	9
Abby Talkington	320	11
Hadley Talkington	321	8
Ava Walter	322	10

Hettinger County

Tallen Binstock	338	11
Brock Ehlis	339	11
Mark Fitterer	340	9
Matt Huether	341	11
Justin Kathrein	342	12
Cole Manolovits	343	12
Raimu Oyama	344	12
Samantha Greff	323	10
Sophie Johnson	324	12
Anna Nasset	325	11
Ruby Nasset	326	9
Meadow Olsonawski	327	8
Sophie Olsonawski	328	11
Jazlyn Ottmar	329	11
Kara Roll	330	8
Carly Wolf	331	9

Hettinger-Scranton

Bennett Jorgenson	345	12
Sienna Burwick	332	10
Ella Jensen	333	12
Gracia Jorgenson	334	10
Sophia Kennedy	335	10
Monica Morris	336	10

Hillsboro/Central Valley

Easton Baesler	346	12
Christian Brist	347	11
Kason Buchholz	348	11
Rylan Buchholz	349	9
Ty Davis	350	10
Peter Dryburgh	351	12
Trey Johnson	352	7
John Kaldor	353	12
Oscar Leal	354	12
Micah Longthorne	355	12
Henry Nelson	356	12
Peter Oanes	357	11
Tom Oanes	358	11
Riley Olsen	359	12
Justin Torroll	360	9
Jake Wright	361	12
Niko Zink	362	9
Hadley Abentroth	337	8
Paige Bishop	338	12
Paige Cotton	339	9
Hope Frey	340	11
Azlynn Johnson	341	7
Shaycee Johnson	342	9
Lily Kaldor	343	8
Myla Kaldor	344	10
Kennedy Olsen	345	10
McKenzie Ptacek	346	8
Addison Saure	347	9
Leah Saure	348	7
Kimber Walker	349	8

Horace

Gavin Olson	363	11

2023 NDHSAA MASTER CONTESTANT LIST

Sydney Bailey	350	10
Jordan Christofferson	351	8
Brooklyn Herrick	352	9
Isabella Nygaard	353	9
Mylie Nygaard	354	9
Evangeline Sappington	355	10
Olivia Schock	356	9
Piper Spiekermeier	357	9
Mia Walters	358	9

Jamestown

C'Andre Douglas	364	11
Tuyikeze Faustin	365	12
Ryan Kallenbach	366	10
Xander Netolicky	367	11
Henry Yolain	368	9
Kinley Anderson	359	11
Bernadette Belzer	360	12
Haylie Hakanson	361	12
Mia Kaiser	362	9
Allysah Larson	363	11
Addison Marker	364	10
Yolanda Nabwe	365	12
Julia Skari	366	10

Kenmare/Bowbells

Andrew Christensen	369	12
Gavin Gill	370	10
Peyton Helwig	371	10
Destinee Anderson	367	10
Alexia Holter	368	11
Mashae Miller	369	10
Anna Petersen	370	9
Lilibeth Santizo	371	10
Anne Stroklund	372	10
Brenna Stroklund	373	12

Kidder County

Trevor Moos	372	11
Kennedy Harter	374	12

Killdeer

Gus Bohmbach	373	11
Tucker Bohmbach	374	9
Michael Cattoor	375	10
Jekori Dahlen	376	10
Nekori Dahlen	377	10
Dayne Dorval	378	11
Dean Dumas	379	11
Ethan Hendrickson	380	11
Isaac Jaggi	381	12
Cayden Neurohr	382	11
Josey Andersen	375	11
Taylee Andersen	376	9
Danielle Dobitz	377	12
Gracie Doe	378	12
Abby Hardersen	379	10
Madeline Lambert	380	11
Addie Miller	381	9
Mickellyn Walker	382	9

Kindred

Masen Allmaras	383	12
Stanley Belaskie	384	11
Charlie Biewer	385	12
Cole Campbell	386	12
Lucas Dahl	387	11
Jack Davis	388	11
Elija Deck	389	9
Ethan Duval	390	11
Tyler Gronwold	391	8
Trey Heinrich	392	12
Blake Houska	393	12
Jack McDonald	394	10
Keaton Olson	395	11
Jack Packer	396	12
Presley Peraza	397	10
Xander Rath	398	11
Braydon Roberts	399	8
Cam Schwartzwalter	400	11
Riley Sunram	401	11
Jorgen Swenson	402	12
Kylan Swenson	403	10
Cade Westby	404	8
Peyton Gette	383	11
Allyson Goodmanson	384	11
Ashley Haas	385	9
Ali Henke	386	10
Elsa Ingebrigtson	387	10
Gracie Nelson	388	12
Lexi Ogren	389	10
Taryn Roesler	390	8
Ivy Trenbeath	391	7
Liza Trenbeath	392	9

LaMoure/Litchville-Marion

Tucker Jones	405	9
Avery Kramer	406	9
Jake Kramer	407	10
Max Musland	408	11
Colby Thielges	409	8
Gunner Thielges	410	9
Brock Wendel	411	12
Julia DelaBarre	393	8
Norah DelaBarre	394	9
Jozi Duffy	395	12
Lily Kramer	396	8
Onika Lesko	397	8
Kinsey Pedersen	398	12
Addison Smith	399	8
Jada Smith	400	7

LangdonArea/Edmore/Munich (8)

Cody Amble	412	10
Tanner McDonald	413	9
Rudy Moser	414	11
Jake Sanders	415	10
Cora Badding	401	11
Meredith Romfo	402	10
Drew Rostvet	403	10

Larimore

Colter Thorsell	416	12

Legacy

Wyatt Boone	417	9
Truitt Brannan	418	10
Morgon Brindley	419	12
Talen Farland	420	12
Dalton Fleckenstein	421	12
Vegas George	422	12
Eric Hasby	423	12
Dillan Heidt	424	11
Landon Herr	425	9
Evan Hoffer	426	12
Zayden Horne	427	9
Yusuf Jama	428	9
Chase Knoll	429	12
Cayden Kraft	430	11
Lucas Kupfer	431	11
Landon Leno	432	12
Ivar Martell	433	12
Nathan Mathern	434	12
Dylan McGlothlin	435	12
Brett Miller	436	10
Adam Nychyporuk	437	11
Nicholas Pegors	438	12
Cade Pittenger	439	11
Treyson Renken	440	12
Brayden Ruff	441	11
Colton Ruud	442	11
Aiden Sagaser	443	12
Nicholas Schulz	444	12
Jimmy Shar	445	11
Reece Snow	446	11
Holden Will	447	11
Tristan Will	448	12
Stephe Adams	404	9
Bre Axt	405	10
Madison Berger	406	12
Jessica Botsford	407	11
Ryen Brothers	408	9
Lily Burke	409	9
Brynn Crane	410	10
Macy Crane	411	10
Alyssa Eckroth	412	12
Aspen Eslinger	413	11
Talea Furcht	414	11
Taylor Gabbert	415	11
Jemimah Guenther	416	8
McKenzie Hildremyr	417	9
Elly Kuball	418	11
Maddy Lamberth	419	9
Paige Lechman	420	9
Berlyn Lindbo	421	10
Machaela Pochant	422	12
Aubrey Rost	423	10
Adison Sagaser	424	12
Aliya Selensky	425	12
Isabelle Simonson	426	10
Cambree Volk	427	9
Lexie Waldner	428	7
Whitney Welk	429	10
Lauren Woeste	430	9

Linton/HMB

Noah Alderin	449	11
Holter Bridwell	450	12
Gerard Goldade	451	9
Jake Hayes	452	9
Levi Keeney	453	9
Isaac Silvernagel	454	9
Justin Tschosik	455	11
Lacey Bosch	431	12
Allie Dockter	432	11
Grace Keeney	433	11
Madison Sauter	434	8
Jersey Vogel	435	10
Emma Weiser	436	11

Lisbon

Lincoln Adair	456	10
Jayden Bittner	457	11
Jordyn Bittner	458	9
Boeden Greenley	459	12
Seamus Kelly	460	10
Gabe Lyons	461	12
Greyson Lyons	462	9
Ayden McNea	463	11
Mike Nelson	464	11
Levi Sveum	465	12
Colton Tapson	466	12
Jaelyn Baumgartner	437	9
Brynley Differding	438	8
Kendra Differding	439	11
Adaleene Hansen	440	7
Kamryn Hoff	441	8
Mara Kempel	442	9
Mona Kuylee	443	10
Kodi Lautt	444	12
Emersyn Schwab	445	9
Brea Sweet	446	10
Ryatt Wertman	447	9

Mandan

Trinity Anderson	467	10
TJ Brown Otter	468	10
Chance Bryson	469	10
Ian Butman	470	10
Thomas Catalano	471	10
X'Avin Condon	472	10
Hunter Corbin	473	11
Dominick Giggee	474	12
Karsten Hegney	475	12
Karsyn Jablonski	476	12
Nolan Johnson	477	12
Rustin Medenwald	478	11
Paxton Ohlhauser	479	11
Isaac Peterchuk	480	11
Josh Salagan	481	12
Hudsen Sheldon	482	10
Tristan Ulmer	483	10
Alex Wagner	484	12
Timol Walters	485	10
Alexandra Arnegard	448	11
Teya Barrios	449	11
Anna Bendish	450	12
Acey Elkins	451	12
Cami Frey	452	11
Harper Harris	453	10
Jelani Jones	454	11
Maggie Kleinknecht	455	11
Anna Lyles	456	9
Hailey Markel	457	11
Breann Radke	458	12
Tatum Radke	459	8
Madyson Schwind	460	9
Mya Sheldon	461	12
Camryn Ulmer	462	7
Ambry Weisbeck	463	7
Jayden Wiest	464	11

Maple River

BriElle Killoran	465	10
Chloe Wetch	466	12

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Max-South Prairie

Dylan Hawkins	486	12

May-Port CG

Ethan Bergstrom	487	12
Xyler Carlson	488	12
Oliver Marquardt	489	12
Noah Mehus	490	12
Matthew Rexine	491	11
Nora Braaten	467	8
Kate Bradner	468	12
Kaiza Carlson	469	9
Brooklyn Groth	470	12
Kayla Knudsvig	471	10
Zoey Mehus	472	8
Carissa Mueller	473	10
Rylee Satrom	474	11
Paetyn Strand	475	8
Alli Stromsodt	476	12

Medina-Pingree-Buchanan

Mark Thomas	492	11
Sawyer Wanzek	493	12

Minot

Camden Backman	494	12
Taven Backman	495	10
Tavion Bobo	496	12
Anthony Brown	497	11
Zach Brown	498	12
Logan Conklin	499	11
Cooper Fjeld	500	10
Jonathan Galbert	501	11
Michael George	502	11
Benjamin Harris	503	10
Josh Hegstad	504	12
Kobe Irmen	505	11
Brayden McLean	506	12
Teagan Nicholes	507	11
Aaron Prestwich	508	10
Keaton Reinke	509	12
Jacob Roth	510	11
Tyson Ruzicka	511	11
Jobe Rystedt	512	11
Grayson Schaeffer	513	10
Harrison Stewart	514	11
John Williams III	515	10
Carson Wistisen	516	12
Nathan Wistisen	517	10
Maya Aguilar	477	12
Monica Boakye	478	9
Dru Bogden	479	12
Faith Brown	480	10
Maicee Burke	481	11
Haleigh Carr	482	10
Haley Conklin	483	10
Olivia Hanson	484	11
Allie Johnson	485	11
Eve Knutson	486	9
Sophia Lade	487	8
Emily Mattern	488	12
Hallie Nash	489	10
Ashlyn Nielsen	490	12
Rachel Nwankwo	491	10
Takola Ownspipe	492	10
Nevaeh Perez-Coleman	493	12
Josie Rystedt	494	10
Mandy Schmidt	495	11
Scout Ulrickson	496	9
Makayla Whitfield	497	11

Mohall-Lansford-Sherwood

Cordel Sjokvist	518	12

Nedrose

Gavin Ball	519	12
Davyion Clemons	520	8
Keaton Cole	521	11
Darnez Myers	522	7
Jodey Myers	523	11
Kobe Myers	524	8
Natalie Becker	498	11
Hannah Beuchler	499	8
Blake Boucher	500	9
Kaydee Boyce	501	11
Kenna Huff	502	10
Khylie Schlotz	503	9

Nelson County

Axel Anderson	525	10
Tyler Cree-Beglau	526	9
Liam McKay	527	7
Keegan Parsley	528	9
Henry Parsons	529	9

New Rockford-Sheyenne

Thomas Allmaras	530	8
Easton Benz	531	9
Porter Granger	532	10
Connor Knatterud	533	11
Bennett Meier	534	10
Jackson Schumacher	535	9
Easton Simon	536	9
Trevor Waldo	537	12
Lucas Yri	538	11
Katie Allmaras	504	11
Emmie Belquist	505	8
Kelsie Belquist	506	11
Paige Knatterud	507	9
Lucy Meier	508	11
Ava Peterson	509	9
Jaida Schumacher	510	7

New Salem-Almont

Brady Brandt	539	12
Trenton Klatt	540	10
Ethan Maier	541	11
Brock Norton	542	10
Ty Wolding	543	12
MeKenzie Brandt	511	12
Raleigh Miller	512	9
Keely Norton	513	8
Hannah Thiel	514	11
Kari Thompson	515	10
Keisha Tomac	516	9
Alaina Vander Wal	517	11
Hannah Vander Wal	518	8

New Town

Ben DuBois	544	11
Louden Haugen	545	9
Lander Lahtinen	546	11
Colt Spotted Bear	547	12
Lukas Spotted Bear	548	9
Jose Villa	549	12
Roberta Chapin	519	12
Emma Wheeling	520	12

North Star

Reuben Clay	550	11
Dane Hagler	551	11
Hunter Hagler	552	9
Brody Parker	553	10
Rogue Stephens	521	10

Northern Cass

Matthew Hoppe	554	10
Trey Husar	555	10
Isaac Johnson	556	12
Owen Johnson	557	9
Matthew Metzger	558	10
Keelan Monson	559	10
Andrew Schenck	560	11
Reed Volden	561	11
Jocelyn Aasen	522	12
Lillian Aasen	523	9
MaKayla Allmaras	524	11
Cady Evenson	525	12
Natalya Gietzen	526	9
Josie Jensen	527	11
Kayla Tretter	528	11

Northern Lights

Jeffry Rosinski	562	10

Oak Grove Lutheran

Rylee Bakkegard	563	12
Jack Bier	564	10
Griffen Cassola	565	11
James Chaffee	566	7
Oscar Francis	567	12
Andrew Green	568	12
Andrew Holman	569	12
Will Ness	570	8
Cole Ohnstad	571	10
Eban Pool	572	8
Avery Quiner	573	12
Spencer Schumacher	574	12
AJ Tyler	575	12
Beck Ulven	576	9
Kai Zabel	577	8
Taylor Christenson	529	11
Rachel Christianson	530	8
Elsie Eddy	531	8
Lily Elbert	532	9
Brooklyn Hanson	533	10
McCall Johnson	534	8
Aspyn Kjos	535	9
Aubrey Lindteigen	536	9
Ellie Machayya	537	11
Emily Meidinger	538	12
Ella Olson	539	11
Ava Webber	540	12
Camry Yost	541	8

Oakes

Blayson Dolney	578	11
Joey (Joseph) Heim	579	12
Reese Nitschke	580	8
Carter Ptacek	581	10
Landon Ptacek	582	12
Shanna Buttke	542	9
Lexi Harris	543	9
Kassidy Jackson	544	10
Emma Muggli	545	12
Jaci Praska	546	12
Laikyn Roney	547	12
Molly Sitzler	548	10
Tyler Thompson	549	12

Park River/Fordville-Lankin

Avery Rosinski	583	12
Jace Rosinski	584	9
Brennan Schramm	585	9
Luke Shirek	586	9
Tucker Woods	587	11
Clover Gillespie	550	12
Sierra Schramm	551	12

Parshall

Tyson Odermann	588	12
Jade Alkire	552	10
Violet Braaflat	553	9
Jayden Fellows	554	10
Alyssa Haakenson	555	11
Hailey Nelson	556	10

Pembina County North

Owen Crosby	589	9
Nash Fitzsimonds	590	7
Mason Heller	591	10
Gunder Kemp	592	9
Zaiden Kintyntt	593	10
Delaney Denault	557	9
Emerson Helgoe	558	8
Graesen Helgoe	559	11
Jaelyn Johnson	560	9
Megan Misson	561	11
Jaylynn Stegman	562	8

Powers Lake-Burke Central

Jaden Bullinger	594	11
Michael Crowder	595	10
Tyson Enget	596	12
Joston Grubb	597	12
Oakley Grubb	598	7
Beau Kearsley	599	12
Zachary Olson	600	11
Avah Bullinger	563	9
Klaire Gunderson	564	11

Red River

Brody Andrade	601	10
Logan Arason	602	12
Michael Belluk	603	12
Carter Byron	604	12
Jaden Chine	605	12
Elijah Dafoe	606	10
Jonah Dafoe	607	12
Amir Dorudian	608	12
Hudson Flom	609	12
Isaiah Gaye	610	10
Jack Helgeson	611	9

2023 NDHSAA MASTER CONTESTANT LIST

Lukas Heydt	612	12
Grant Hoffarth	613	11
Jack Kouba	614	12
Micah Larsen-Schmidt	615	11
Mikey Mallory	616	12
Jack Matson	617	9
Josh Neil	618	11
Quinn Nelson	619	12
Joe Quinn	620	10
Kyle Schafer	621	10
Caleb Severson	622	12
Ben Strand	623	11
Sophie Brakke	565	10
Danielle Buroko	566	7
Lauren Dosch	567	12
Noura Elhamadany	568	12
Morgan Hartze	569	11
Jocelynne Hoefs	570	8
Bryn Larson	571	10
Rylie Lelm	572	10
Madeline Look	573	9
Emily Nelson	574	12
Ava Parks	575	9
Lauryn Rydell	576	12
Jocelyn Schiller	577	11
Ella Weippert	578	11
Ellery White	579	10

Richardton-Taylor

Matthew Aune	624	9
Eastyn Gebhardt	580	11
Evelyn Kuntz	581	11
Juliet Redka	582	8

Richland

Nick Mjoness	625	11
Nick Wulfekuhle	626	11
Lila Viele	583	9

Rolette/Wolford

Morgan Casavant	584	11
Elise Grenier	585	8
Halle Handegard	586	9
Alex (Alexandra) Kraft	587	10
Elizabeth Lewis	588	9
Dalaney Mothershead	589	9
Ella Pederson	590	9
Katie Yoder	591	12

Rugby

Bryceton Deplazes	627	12
Austin Dibble	628	12
Cole Fahnestock	629	12
Erik Foster	630	12
Kristian Fritz	631	12
Logan Gronvold	632	12
Jenner Johnson	633	10
William Lundberg	634	12
Taytum Risovi	635	10
Brody Schneibel	636	12
Cy Walker	637	11
Brooklyn Bartsch	592	11
Sam Blessum	593	8
Riley Bonebrake	594	11
Lacie Deplazes	595	10
Rylah Hager	596	10
Hallie Hauck	597	8
Peyton Hauck	598	12
Haylee Jundt	599	11
Mikaylee Livedalen	600	12
Jaelyn Lunde	601	9
Ashley Martodam	602	10
Savannah McCall	603	12
Miryilyn Migler	604	8
Janikka Miller	605	12
Hannah Senechal	606	9
Amelia Shepard	607	11
Quinn Walker	608	9

Sargent County

Nick Hansen	638	11
Alana Anderson	609	11
Emma Bixby	610	10
Ashlynn Sundquist	611	10

Shanley

Justin Ajeo	639	10
Nathan Andrews	640	11
Quinn Carroll	641	9
Kaden Christmann	642	11
Malachi Dalton	643	11
Ethan Erickson	644	8
Joe Flaherty	645	11
Grayson Geigle	646	12
Vuciri Hakim	647	12
Fisher Hannesson	648	11
Luke Hollcraft	649	12
Ethan Lantz	650	12
Henry Liebl	651	9
Chad Pollock	652	10
Elle Bernhardt	612	8
Allison Binek	613	9
Kami Dean	614	9
Makenna Dilly	615	9
Allie Emineth	616	11
Molly Flaherty	617	9
Lucy Grothmann	618	9
Mesiku Hakim	619	11
Odura Isaac	620	10
Julia Madson	621	8
Sarah Ostlie	622	12
Paige Renschler	623	11
Clara Robin	624	10
Seely Stockmoe	625	11
Anna Strand	626	8
Elle Terstriep	627	12
Izzy Tillisch	628	8

Shiloh Christian

Devan Davis	653	11
Joey Desir	654	12
Isaac Emmel	655	11
Caden Englund	656	10
Darrick Even	657	12
Kaden Fuller	658	12
Jordan Grosz	659	9
Avery Harms	660	12
Kyler Klein	661	12
Ayms Melin	662	8
Gabe Schafer	663	10
Carter Seifert	664	11
Mason Seifert	665	9
Emma Duffy	629	10
Brooklyn Fuller	630	10
Shelby Melin	631	11
Aliya Schock	632	12
Layla Thompson	633	7
Macie Thompson	634	9
Hannah Westin	635	12
Mariah Wiens	636	10
Dedra Wood	637	11
Harper Wrigley	638	9

South Border (Wishek/Ashley)

Emily Jochim	639	12

Southern McLean (Washburn/Wilton)

Dontaye Fetzer	666	10
John Marshall	667	12
Grace Boysun	640	12
Monica Goven	641	11
Sadie Goven	642	8
Maggie Jennings	643	9
Sophia Krush	644	7
Kari Patterson	645	10
Sydney Schmit	646	12
Sydney Shoemaker	647	12
River Soto	648	12
Aubrey Steinert	649	9
Sydney Ternes	650	10
Jordyn Thorson	651	12

St. Mary's

Ethan Brintnell	668	10
Isaac Duppong	669	10
Adam Eberle	670	11
Nathan Eberle	671	9
Colby Fleck	672	10
Kyle Marcotte	673	12
Cameron Naslund	674	11
Aeyden Price	675	10
Brady Ruggles	676	9
Isaac Schroeder	677	11
Lleyton Vetter	678	12
Jacob Windsor	679	9
Brenna Curl	652	11
Abigail Eberle	653	11
Alexis Gerving	654	11
Katee Hollenbeck	655	12
Emma Mckenzie	656	12
Hattie Roemmich	657	8
Ella Selensky	658	7
Eva Selensky	659	10
Madeline VerDouw	660	8
Kylie Wald	661	12

Standing Rock

Kip Bailey	680	10
Lance Bradley	681	11
Helexio Eagle	682	12
Jake Eagle	683	12
James Essert	684	9
Donte Hart	685	12
Marcus Henry	686	11
Jarrett Kelly	687	10
Dreux Kidder	688	11
Melvin Love Joy	689	10
John Luger	690	12
Josetta Buffalo Boy	662	12

Stanley

Gabriel Cartwright	691	
Oscar Garcia	692	8
Jack Hynek	693	11
Max Jackson	694	10
Ethyn Jessen	695	11
DJ Johnson	696	11
Kolton Longmuir	697	8
Logan Longmuir	698	8
Colter Meiers	699	12
Logan Neset	700	10
Colt Nohr	701	12
Cal Sorenson	702	12
Kayden Uran	703	8
Harley Detienne	663	10
Teigan Moe	664	7
Lexi Neset	665	8
Annie Roise	666	8
Ava Schuster	667	12

Surrey

Joseph Ogden	704	10
Harli Dickman	668	12
Holly Lattendresse	669	9
Katie Mogaard	670	9
Harley Ryals	671	9
Khloe Spaulding	672	8
Taylor Spaulding	673	10
Kamya Young	674	7

Thompson

Skyler Allard	705	12
Josh Juve	706	10
Gavin Krogstad	707	10
Easton Lovelace	708	10
Karter Peterson	709	10
Max Roller	710	12
Aaron Schultz	711	12
Jake Starcevic	712	10
Jeromy Tyce	713	9
Joely Anderson	675	10
Danica Gross	676	9
Kiley Huebner	677	10
Addison Roller	678	11
Jena Schwabe	679	8
Jordyn Tozer	680	10
Jordan West	681	12

Trenton

Maggie Hauk	682	12

Turtle Mountain Community

Louis Monette	714	12

Valley City

Carter Borg	715	11
Treylan Cope	716	12
Wyatt Friestad	717	12
Dylan Hunt	718	10
Aiden Jacobson	719	12
Parker Jacobson	720	11
Isaiah Schuldheisz	721	12
Derek Shape	722	9

2023 NDHSAA MASTER CONTESTANT LIST

Layni Bakalar	683	8
Reagan Berg	684	11
Laityn Didier	685	9
Cadence Fetsch	686	8
Carly Goven	687	12
Greta Goven	688	10
Sydnee Ingstad	689	12
Kadie Kocka	690	9
Brynn Lueck	691	7
Karina Olson	692	12
Tesa Olson	693	11
Chesney Thomsen	694	9

Velva-Drake/Anamoose

Anthony Biddinger	723	11
Hank Bodine	724	10
Matt Bryant	725	9
Alanzo Davis	726	9
DeShaun DeLano	727	10
Gabe Lakoduk	728	12
Auston Lemer	729	12
Eric Martin	730	12
Aaden Olson	731	12
Kyle Sandy	732	12
James Seil	733	12
Lucas Siebuhr	734	11
Kyle Volson	735	10
Amarie YellowHammer	736	9
Chloe Cadwell	695	7
Laykin Feller	696	9
Shaylee Hase	697	8
Evelyn Isaak	698	9
Lyla McCasson	699	10
MaKayla Miiller	700	9
Anya Olson	701	9
Taryn Sieg	702	12
Rylie Weninger	703	10

Wahpeton

Beau Arenstein	737	12
Jacob Berndt	738	12
Jackson DeVries	739	10
Ethan Manock	740	12
Treyton Mauch	741	10
Andrew Withuski	742	12
Emma Bontjes	704	12
Lucie Comstock	705	7
Gracie Falck	706	7
Jaida Fobb	707	11
Olivia Hansen	708	10
Alison Hoerer	709	12
Lataya Lunneborg	710	10
Halle Miller	711	10
Scout Woods	712	10

Watford City

Dehico Bocanegra Tovar	743	8
Aaron Cutshall	744	12
Chase Cutshall	745	9
Ethan Dennis	746	11
Tanner Edwards	747	12
Levi Musser	748	11
Jasiah Norton	749	11
Parker Schuster	750	11
Zachary Tomlinson	751	11
Jayden Waggoner	752	9
Kymber-Lee McGorman	713	11
Lauren Melland	714	9
Darbie Moberg	715	9
Jaelyn Ogle	716	12
Katie Olson	717	9
Savanna Olson	718	12
Fallon Sampsel	719	10
Amelia Wisness	720	9

West Fargo

Isaac Amundson	753	10
Jack Guscette	754	10
Chase Kjervestad	755	11
Andrew Knudsvig	756	10
Payton McGregor	757	12
Isaac Nyenabo	758	12
Haakon Seymour	759	9
Ian Skari	760	9
Lance Williams	761	10
Brady Wohl	762	11
Noah Yahnke	763	12
Emery Aasen	721	11
Lindsey Anderson	722	12
Ejatu Bah	723	10
Makenna Braun	724	12
Jolee Dahl	725	10
Emma Esposito	726	9
Michelle Gee	727	9
Riley Guscette	728	12
Samantha Gustafson	729	12
Kiaya Hagen	730	9
Ella Heilman	731	10
Joslyn Jackson	732	12
Jordan Knudsvig	733	12
Alexis Lindgren	734	10
Hope Lukes	735	11
Cailey Moton	736	11
Ella Nelson	737	11
Soludo Obi	738	9
Chloe Pfau	739	12
Taya Samek	740	12
Zevina Scarbrough	741	10
Lyla Stegman	742	9
Taylor Tang	743	12
Lily Wavrin	744	8
Kiara Zepeda	745	11

WF Sheyenne

Deandrey Ansah	764	12
Kasen Baer	765	12
Dylan Beyl	766	12
Reece Breidenbach	767	12
Tucker Deibert	768	11
Emmanuel Duot	769	12
Abel Gartei	770	11
Stetson Gisselbeck	771	10
Maxwell Greenwood	772	12
Tyler Hanson	773	11
Soren Kaster	774	12
Isaac Kenaga	775	12
Connor Manske	776	11
Jaxson Miller	777	11
Darby Olson	778	12
Noah Olson	779	11
Paul Plueddeman	780	11
Ethan Raan	781	12
Isaiah Robles	782	11
Kye Schlichting	783	9
Ty Schlichting	784	12
Brooks Tulo	785	12
Kalef Yalartai	786	10
Olivia Beschorner	746	12
Emma Briggs	747	10
Tryphena Duncan	748	12
Avary Fitzpatrick	749	11
Jazlyn Heilman	750	9
Olivia Heilman	751	11
Leziga Kpeenu	752	12
Jersey Lang	753	10
Naomi Nhial	754	9
Kia Ray	755	9
Micah Sander	756	11
Addie Saville	757	9
Mika Wadeson	758	10
Rebecca Witherspoon	759	9
Kenzie Wuo	760	8
Sannie Yeanay	761	11

Williams County (Tioga/Ray)

Anna Bishop	762	9
Maelee Cancade	763	11
Cheryl Hayes	764	9
Cheyenne Hayes	765	11
Erika Ketelson	766	11
Avery Larson	767	9
Avery Littlefield	768	9
Marin Newsom	769	11
Bre Rose	770	9
Ava Wallin	771	9

Williston

Logan Ackman	787	12
Cooper Ames	788	8
Ivan Askim	789	12
Colter Azbell	790	11
Owen Cowan	791	9
Hunter Hart	792	10
Thomas Haskins	793	11
Dylan Hoglund	794	10
Fynn Krenz	795	12
Ethan Moe	796	12
Caleb Osborn	797	12
Malaki Sik	798	12
Isiah St. Romain	799	11
Prince Teghen	800	10
Ty Wiedrich	801	11
JD Williams	802	12
Dexter Yohan	803	11
Brynna Ames	772	10
Kaitlyn Barbarick	773	12
Keeley Call	774	9
Micah Fleck	775	9
Kendra Hall	776	11
Kaylea Kealoha	777	11
Brooklynn Kitchens	778	9
Marenn Larsen	779	12
Elyse Lux	780	10
Cambree Moss	781	8
Lainey Powell	782	9
Keira Shannon	783	10
Jacqueline Swanson	784	9
Abbey TeSoro	785	9
Angela Wold	786	9
Dru Zander	787	9

Wyndmere-Lidgerwood

Tommy Baldwin	804	11
Tyler Brandt	805	11
Chase Cooper	806	10
Jaxon Krier	807	8
Jake Kuchera	808	12
Logan Larson	809	10
Olivia Frolek	788	11
Gracie Kaczynski	789	12
Makenna Vosberg	790	11

2022-23 BISMARCK-MANDAN PATRONS

Premier Sponsor of the Tournament Fund - $2,000

MDU Resources
Scheels Sports

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If your business is not included, but would like to be a patron of these community events, please send your financial support to:

Bismarck-Mandan Chamber Foundation
1640 Burnt Boat Drive
Bismarck, ND 58502-1675

If your business is not included, but would like to be a patron of these community events, please send your financial support to:

Bismarck-Mandan Chamber Foundation
1640 Burnt Boat Drive
Bismarck, ND 58503

Here's an effective way for you and your community to prevent the

#1 KILLER OF TEENS.

The ND Association of Counties has teamed up with the "Impact Teen Drivers – What Do You Consider Lethal" Campaign with a free interactive program for students, teachers and law enforcement. "Impact Teen Drivers" will help teens think about the deadly impact of distractions while driving.

To book this program, please contact:
ImpactTeens@ndaco.org
Vision Zero Outreach Program



Impact Teen Drivers

VISION ZERO

NDACo
NORTH DAKOTA ASSOCIATION OF COUNTIES

PERFORMANCE

12 11 10

ND State Track & Field Meet 2023 - 5/25/2023 to 5/27/2023

MDU Resources Community Bowl

Results

Girls 100 Meter Dash Div A

Overall: 11.97 O 2010 Morgan Milbrath (Minot)
State: 11.97 S 2010 Morgan Milbrath (Minot)
Bowl: 11.88 B 2006 Whitney Carlson

Preliminaries

	Name	Yr	School	Prelims
1	Bariborve Deebom	12	Davies	11.92Q 3.1
2	Paige Renschler	11	Shanley	12.23Q 2.9
3	Faith Brown	10	Minot	12.28Q 1.5
4	Michelle Gee	9	West Fargo	12.37Q 2.0
5	Kia Ray	9	WF Sheyenne	12.28Q 2.9
6	Karina Olson	12	Valley City	12.43Q 3.1
7	Jazmin Barry	11	Dickinson	12.50Q 2.0
8	Rachel Nwankwo	10	Minot	12.54Q 1.5
9	Alimath Salou	12	Davies	12.46q 3.1
10	Cambree Volk	9	Legacy	12.55 2.9
11	Yolanda Nabwe	12	Jamestown	12.57 1.5
12	Evangeline Sappington	10	Horace	12.58 2.9
13	Maicee Burke	11	Minot	12.59 2.0
14	Jilian Quale	9	Bismarck	12.62 2.0
15	Makayla Whitfield	11	Minot	12.67 1.5
16	Emily Ash	12	Dickinson	12.69 1.5
17	Mariah Burian	10	Davies	12.84 3.1
18	Sara Kraft	8	Devils Lake	12.85 2.0
19	Ashlyn Buchholz	10	Century	12.86 2.9
20	Mika Wadeson	10	WF Sheyenne	12.95 2.0
21	Nora Daub	12	Davies	12.96 3.1
22	Kaylea Kealoha	11	Williston	13.00 2.9
23	Jordis Maxwell	11	Fargo South	13.04 1.5
24	Jayden Atkins	10	Dickinson	13.05 2.9
25	Ella Heilman	10	West Fargo	13.06 3.1
26	Hannah Herbel	12	Century	13.09 2.0
27	Danielle Toe	12	Davies	13.10 1.5
28	Gabby Tangedal	10	Devils Lake	13.12 3.1

Girls 100 Meter Dash Div A

Overall: 11.97 O 2010 Morgan Milbrath (Minot)
State: 11.97 S 2010 Morgan Milbrath (Minot)
Bowl: 11.88 B 2006 Whitney Carlson

Finals

	Name	Yr	School	Finals
1	Bariborve Deebom	12	Davies	12.07 1.7
2	Michelle Gee	9	West Fargo	12.16 1.7
3	Paige Renschler	11	Shanley	12.33 1.7
4	Faith Brown	10	Minot	12.34 1.7
5	Kia Ray	9	WF Sheyenne	12.45 1.7
6	Karina Olson	12	Valley City	12.47 1.7
7	Jazmin Barry	11	Dickinson	12.58 1.7
8	Rachel Nwankwo	10	Minot	12.66 1.7
9	Alimath Salou	12	Davies	12.66 1.7

Girls 200 Meter Dash Div A

Overall: 23.94 O 2023 Kelsie Belquist
State: 24.32 S 2010 Morgan Milbrath
Bowl: 23.94 B 2023 Kelsie Belquist

Preliminaries

	Name	Yr	School	Prelims
1	Bariborve Deebom	12	Davies	24.41Q 1.7
2	Faith Brown	10	Minot	24.92Q 4.4
3	Michelle Gee	9	West Fargo	25.00Q 3.3
4	Kate Laqua	10	Davies	25.10Q 3.3
4	Eden Fridley	11	Century	25.10Q 3.3
6	Paige Renschler	11	Shanley	25.31Q 1.7
7	Jazmin Barry	11	Dickinson	25.58Q 4.4
8	Emily Ash	12	Dickinson	25.81q 3.3
9	Cambree Volk	9	Legacy	25.87q 4.4
10	Emily Mattern	12	Minot	25.90 1.7
11	Ashton Safranski	11	Davies	26.11 4.4
12	Alimath Salou	12	Davies	26.25 1.7
13	Adison Sagaser	12	Legacy	26.32 3.3
14	Jilian Quale	9	Bismarck	26.45 4.4
15	Elyse Gulsvig	12	Davies	26.73 1.7
16	Jordis Maxwell	11	Fargo South	26.80 3.3
17	Ashlan Urness	9	Davies	26.88 3.3

Girls 200 Meter Dash Div A

Overall: 23.94 O 2023 Kelsie Belquist
State: 24.32 S 2010 Morgan Milbrath
Bowl: 23.94 B 2023 Kelsie Belquist

Finals

	Name	Yr	School	Finals
1	Bariborve Deebom	12	Davies	24.54 +0.0
2	Michelle Gee	9	West Fargo	25.06 +0.0
3	Faith Brown	10	Minot	25.19 +0.0
4	Paige Renschler	11	Shanley	25.48 +0.0
5	Kate Laqua	10	Davies	25.53 +0.0
6	Eden Fridley	11	Century	25.72 +0.0
7	Jazmin Barry	11	Dickinson	25.79 +0.0
8	Cambree Volk	9	Legacy	25.99 +0.0
9	Emily Ash	12	Dickinson	26.13 +0.0

Girls 400 Meter Dash Div A

Overall: 53.25 O 2010 Laura Roesler
State: 53.25 S 2010 Laura Roesler
Bowl: 53.25 B 2010 Laura Roesler

Preliminaries

	Name	Yr	School	Prelims
1	Jocelyn Schiller	11	Red River	59.65Q
2	Emily Mattern	12	Minot	59.68Q
3	Michelle Gee	9	West Fargo	1:00.14Q
4	Fallon Sampsel	10	Watford City	59.95Q
5	Mesiku Hakim	11	Shanley	1:00.40Q
6	Kate Laqua	10	Davies	1:01.11Q
7	Jaida Fobb	11	Wahpeton	1:00.01q
8	Avary Fitzpatrick	11	WF Sheyenne	1:00.60q
9	Evangeline Sappington	10	Horace	1:00.79q

ND State Track & Field Meet 2023 - 5/25/2023 to 5/27/2023

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Results

Preliminaries ... (Girls 400 Meter Dash Div A)

	Name	Yr	School	Prelims
10	Aspen Eslinger	11	Legacy	1:01.23
11	Ava Graf	11	Davies	1:02.03
12	Naomi Nhial	9	WF Sheyenne	1:02.09
13	Ashlan Urness	9	Davies	1:02.26
14	Emerson House	10	Century	1:02.31
15	Keira Shannon	10	Williston	1:02.52
16	Whitney Welk	10	Legacy	1:02.74
17	Jemimah Guenther	8	Legacy	1:02.89
18	Jersey Lang	10	WF Sheyenne	1:03.31

Girls 400 Meter Dash Div A

Overall: 53.25 O 2010 **Laura Roesler**
State: 53.25 S 2010 **Laura Roesler**
Bowl: 53.25 B 2010 **Laura Roesler**

	Name	Yr	School	Finals
Finals				
1	Jocelyn Schiller	11	Red River	57.99
2	Michelle Gee	9	West Fargo	58.40
3	Kate Laqua	10	Davies	58.76
4	Fallon Sampsel	10	Watford City	59.32
5	Emily Mattern	12	Minot	59.41
6	Jaida Fobb	11	Wahpeton	1:00.13
7	Mesiku Hakim	11	Shanley	1:00.48
8	Evangeline Sappington	10	Horace	1:00.86
9	Avary Fitzpatrick	11	WF Sheyenne	1:01.56

Girls 800 Meter Run Div A

Overall: 2:10.78 O 2008 **Laura Roesler**
State: 2:10.78 S 2008 **Laura Roesler**
Bowl: 2:10.78 B 2008 **Laura Roesler**

	Name	Yr	School	Finals
Finals				
1	Lauren Dosch	12	Red River	2:13.33
2	Acey Elkins	12	Mandan	2:15.21
3	Eva Selensky	10	St. Mary's	2:17.00
4	Jordan Knudsvig	12	West Fargo	2:18.23
5	Morgan Hartze	11	Red River	2:18.33
6	Reagan Berg	11	Valley City	2:18.92
7	Greta Goven	10	Valley City	2:19.83
8	Taya Fettig	10	Bismarck	2:20.53
9	Grayce Anderson	10	Fargo North	2:20.94
10	Dru Zander	9	Williston	2:21.55
11	Brynn Lueck	7	Valley City	2:22.23
12	Grace Thiel	10	Fargo North	2:22.34
13	Izzy Dahl	8	Bismarck	2:22.98
14	Leah Herbel	12	Century	2:24.25
15	Halle Stephens	10	Davies	2:26.51
16	Kinley Steckler	9	Davies	2:27.04
17	Olivia Beschorner	12	WF Sheyenne	2:27.10
18	Brooklyn Herrick	9	Horace	2:27.49
19	Kylie Wald	12	St. Mary's	2:27.57
20	Ella Selensky	7	St. Mary's	2:28.71
21	Addison Heck	9	Century	2:29.36
22	Lauren Woeste	9	Legacy	2:30.65

Girls 1600 Meter Run Div A

Overall: 4:44.44 O 1993 **Becki Wells**
State: 4:44.44 S 1993 **Becki Wells**
Bowl: 4:53.76 B 2016 **Karly Ackley**

	Name	Yr	School	Finals
Finals				
1	Jaelyn Ogle	12	Watford City	5:09.46
2	Reagan Berg	11	Valley City	5:10.10
3	Eva Selensky	10	St. Mary's	5:10.66
4	Izzy Dahl	8	Bismarck	5:14.33
5	Acey Elkins	12	Mandan	5:16.70
6	Sophia Lade	8	Minot	5:18.02
7	Cierra Bornemann	11	Davies	5:20.30
8	Cambree Moss	8	Williston	5:21.62
9	Olivia Beschorner	12	WF Sheyenne	5:23.10
10	Greta Goven	10	Valley City	5:24.31
11	Angela Wold	9	Williston	5:24.72
12	Kinley Steckler	9	Davies	5:25.10
13	Olivia Heilman	11	WF Sheyenne	5:26.61
14	Brooklyn Herrick	9	Horace	5:30.88
15	Dru Zander	9	Williston	5:30.91
16	Bayla Weigel	11	Bismarck	5:31.93
17	Marenn Larsen	12	Williston	5:33.23
18	Kylie Wald	12	St. Mary's	5:36.39
19	Jordan Knudsvig	12	West Fargo	5:37.58
20	Lexie Waldner	7	Legacy	5:37.92
21	Mandy Schmidt	11	Minot	5:39.39
22	Kami Dean	9	Shanley	5:39.98
23	Isabelle Simonson	10	Legacy	5:40.00

Girls 3200 Meter Run Div A

Overall: 10:32.86 O 2016 **Karly Ackley**
State: 10:32.86 S 2016 **Karly Ackley**
Bowl: 10:32.86 B 2016 **Karly Ackley**

	Name	Yr	School	Finals
Finals				
1	Jaelyn Ogle	12	Watford City	11:11.14
2	Jordan Knudsvig	12	West Fargo	11:39.02
3	Eva Selensky	10	St. Mary's	11:40.03
4	Bayla Weigel	11	Bismarck	11:46.41
5	Brooklyn Herrick	9	Horace	11:47.59
6	Marenn Larsen	12	Williston	11:49.18
7	Kinley Steckler	9	Davies	11:50.95
8	Zoe Reichenberger	11	Bismarck	11:53.39
9	Cambree Moss	8	Williston	11:54.80
10	Cierra Bornemann	11	Davies	12:04.65
11	Lexie Waldner	7	Legacy	12:06.09
12	Olivia Heilman	11	WF Sheyenne	12:06.72
13	Isabelle Simonson	10	Legacy	12:08.49
14	Sophia Lade	8	Minot	12:13.10
15	Acey Elkins	12	Mandan	12:15.79
16	Leila Gregoire	9	Dickinson	12:35.76
17	Mandy Schmidt	11	Minot	12:38.54
18	Katie Olson	9	Watford City	12:41.35
19	Scout Ulrickson	9	Minot	12:43.92

ND State Track & Field Meet 2023 - 5/25/2023 to 5/27/2023

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Results

Finals ... (Girls 3200 Meter Run Div A)

	Name	Yr	School	Finals
20	Alexis Lindgren	10	West Fargo	12:46.67

Girls 100 Meter Hurdles Div A

Overall: 14.00 O 2022 Cece Deebom
State: 14.00 S 2022 Cece Deebom
Bowl: 14.00 B 2022 Cece Deebom

	Name	Yr	School	Prelims
Preliminaries				
1	Bariborve Deebom	12	Davies	14.80Q1.2
2	Yolanda Nabwe	12	Jamestown	14.98Q2.6
3	Samantha Gustafson	12	West Fargo	15.01Q2.6
4	Karina Olson	12	Valley City	15.17Q1.2
5	Julia Skari	10	Jamestown	15.50Q1.2
6	Anna Lyles	9	Mandan	15.69Q2.6
7	Axumite Wren James	10	Fargo South	15.57q 1.2
8	Elyse Gulsvig	12	Davies	15.70q 1.2
9	Sophie Brakke	10	Red River	15.84q 1.2
10	Sanie Gayflor	9	Davies	16.23 2.6
11	Bernadette Belzer	12	Jamestown	16.34 2.6
12	Odura Isaac	10	Shanley	16.44 2.6
13	Zoie Austin	10	Century	16.59 2.6
14	Brenna Curl	11	St. Mary's	16.74 2.6
15	Erin Sorum	12	Fargo South	16.79 1.2
16	Kaylee Narmah	10	Davies	17.00 1.2
17	Haley Conklin	10	Minot	17.09 1.2
17	Hailey Markel	11	Mandan	17.09 2.6

Girls 100 Meter Hurdles Div A

Overall: 14.00 O 2022 Cece Deebom
State: 14.00 S 2022 Cece Deebom
Bowl: 14.00 B 2022 Cece Deebom

	Name	Yr	School	Finals
Finals				
1	Bariborve Deebom	12	Davies	14.55 4.1
2	Yolanda Nabwe	12	Jamestown	14.66 4.1
3	Samantha Gustafson	12	West Fargo	15.00 4.1
4	Elyse Gulsvig	12	Davies	15.28 4.1
5	Anna Lyles	9	Mandan	15.51 4.1
6	Sophie Brakke	10	Red River	15.55 4.1
7	Julia Skari	10	Jamestown	15.65 4.1
8	Axumite Wren James	10	Fargo South	15.76 4.1
---	Karina Olson	12	Valley City	DQ 4.1

Girls 300 Meter Hurdles Div A

Overall: 41.48 O 2023 Kelsie Belquist
State: 42.51 S 2010 Ellie Grooters
Bowl: 41.48 B 2023 Kelsie Belquist

	Name	Yr	School	Prelims
Preliminaries				
1	Kate Laqua	10	Davies	45.07Q
2	Bernadette Belzer	12	Jamestown	45.95Q
3	Julia Skari	10	Jamestown	46.06Q
4	Sophie Brakke	10	Red River	46.56Q
5	Aspen Eslinger	11	Legacy	46.10Q
6	Alexis Gerving	11	St. Mary's	46.60Q
7	Jane Donat	11	Davies	46.36q
8	Yolanda Nabwe	12	Jamestown	46.74q
9	Brenna Curl	11	St. Mary's	47.59q
10	Axumite Wren James	10	Fargo South	47.66
11	Sanie Gayflor	9	Davies	47.95
12	Sara Kraft	8	Devils Lake	48.12
13	Hikmah Abdul-Hammed	9	Fargo North	48.61
14	Alexandra Roberts	10	Davies	48.99
15	Jocelynne Hoefs	8	Red River	49.07
16	Fallon Sampsel	10	Watford City	49.71
17	Alexis Lovehaug	10	Davies	49.99

Girls 300 Meter Hurdles Div A

Overall: 41.48 O 2023 Kelsie Belquist
State: 42.51 S 2010 Ellie Grooters
Bowl: 41.48 B 2023 Kelsie Belquist

	Name	Yr	School	Finals
Finals				
1	Kate Laqua	10	Davies	44.18
2	Bernadette Belzer	12	Jamestown	45.93
3	Julia Skari	10	Jamestown	46.01
4	Jane Donat	11	Davies	46.26
5	Aspen Eslinger	11	Legacy	46.32
6	Sophie Brakke	10	Red River	46.38
7	Brenna Curl	11	St. Mary's	46.58
8	Yolanda Nabwe	12	Jamestown	46.78
9	Alexis Gerving	11	St. Mary's	46.86

Girls 4x100 Meter Relay Div A

Overall: 47.97 O 5/27/2023 Davies
A Salou, M Burian, A Safranski, B Deebom
State: 48.35 S 2018 Davies
K Beil, S Korgho, M Beil, R Gaye
Bowl: 48.23 B 2023 Minot
F Brown, M Whitfield, R Nwankwo, M Burke

	Team	Relay	Prelims
Preliminaries			
1	Minot	A	48.59Q
	1) Faith Brown 10	2) Makayla Whitfield 11	
	3) Rachel Nwankwo 10	4) Maicee Burke 11	
2	Davies	A	49.02Q
	1) Sanie Gayflor 9	2) Mariah Burian 10	
	3) Ashton Safranski 11	4) Alimath Salou 12	
3	Jamestown	A	49.38Q
	1) Allysah Larson 11	2) Bernadette Belzer 12	
	3) Julia Skari 10	4) Yolanda Nabwe 12	
4	Century	A	50.05Q
	1) Ashlyn Buchholz 10	2) Reese Turner 11	
	3) Hannah Herbel 12	4) Elydia Symens 12	
5	WF Sheyenne	A	50.07Q
	1) Mika Wadeson 10	2) Avary Fitzpatrick 11	
	3) Rebecca Witherspoon 9	4) Kia Ray 9	
6	Legacy	A	50.82Q
	1) Stephe Adams 9	2) Adison Sagaser 12	
	3) Whitney Welk 10	4) Machaela Pochant 12	

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Preliminaries ... (Girls 4x100 Meter Relay Div A)

	Team	Relay	Prelims
7	Dickinson	A	50.74q
	1) Emily Ash 12	2) Jayden Atkins 10	
	3) Xeia Schneider 11	4) Kamora Phillips 9	
8	Bismarck	A	50.76q
	1) Cambrie Fischer 11	2) Jilian Quale 9	
	3) Katelyn Luther 10	4) Ajaye Gill 11	
9	Fargo South	A	51.13q
	1) Adelina Majetich 12	2) Jordis Maxwell 11	
	3) Erin Sorum 12	4) Isabelle Naklen 9	
10	West Fargo	A	51.45
	1) Ella Heilman 10	2) Zevina Scarbrough 10	
	3) Taya Samek 12	4) Samantha Gustafson 12	
11	Fargo North	A	51.94
	1) Hikmah Abdul-Hammed 9	2) Nora Fluge 10	
	3) Haidyn Tollefson 12	4) Lydia Onama 10	
12	Mandan	A	52.21
	1) Breann Radke 12	2) Cami Frey 11	
	3) Jayden Wiest 11	4) Teya Barrios 11	
13	Horace	A	52.51
	1) Olivia Schock 9	2) Sydney Bailey 10	
	3) Isabella Nygaard 9	4) Mylie Nygaard 9	
14	Shanley	A	52.56
	1) Molly Flaherty 9	2) Izzy Tillisch 8	
	3) Clara Robin 10	4) Odura Isaac 10	
15	Red River	A	52.98
	1) Madeline Look 9	2) Noura Elhamadany 12	
	3) Bryn Larson 10	4) Ellery White 10	
16	Valley City	A	53.25
	1) Layni Bakalar 8	2) Laityn Didier 9	
	3) Kadie Kocka 9	4) Chesney Thomsen 9	
17	Devils Lake	A	54.54
	1) Mallie McCloud 9	2) Cabryn Fritel 10	
	3) Emma Hofstad 7	4) Trinity Kus 7	
---	Williston	A	DNF
	1) Micah Fleck 9	2) Lainey Powell 9	
	3) Elyse Lux 10	4) Kaylea Kealoha 11	

Girls 4x100 Meter Relay Div A

Overall: 47.97 O 5/27/2023 Davies

A Salou, M Burian, A Safranski, B Deebom

State: 48.35 S 2018 Davies

K Beil, S Korgho, M Beil, R Gaye

Bowl: 48.23 B 2023 Minot

F Brown, M Whitfield, R Nwankwo, M Burke

	Team	Relay	Finals
Finals			
1	Davies	A	47.97O
	1) Alimath Salou 12	2) Mariah Burian 10	
	3) Ashton Safranski 11	4) Bariborve Deebom 12	
2	Minot	A	48.31S
	1) Faith Brown 10	2) Makayla Whitfield 11	
	3) Rachel Nwankwo 10	4) Maicee Burke 11	
3	Century	A	49.53
	1) Ashlyn Buchholz 10	2) Reese Turner 11	
	3) Hannah Herbel 12	4) Elydia Symens 12	
4	Jamestown	A	49.65
	1) Allysah Larson 11	2) Bernadette Belzer 12	
	3) Julia Skari 10	4) Yolanda Nabwe 12	
5	WF Sheyenne	A	49.99
	1) Mika Wadeson 10	2) Avary Fitzpatrick 11	
	3) Rebecca Witherspoon 9	4) Kia Ray 9	
6	Dickinson	A	50.18
	1) Jayden Atkins 10	2) Emily Ash 12	
	3) Xeia Schneider 11	4) Kamora Phillips 9	
7	Bismarck	A	50.76
	1) Cambrie Fischer 11	2) Jilian Quale 9	
	3) Emmery Schmitz 12	4) Ajaye Gill 11	
8	Legacy	A	51.03
	1) Stephe Adams 9	2) Adison Sagaser 12	
	3) Whitney Welk 10	4) Machaela Pochant 12	
---	Fargo South	A	DQ
	1) Adelina Majetich 12	2) Jordis Maxwell 11	
	3) Erin Sorum 12	4) Isabelle Naklen 9	

Girls 4x200 Meter Relay Div A

Overall: 1:41.73 O 2016 Davies

R Gaye, K Carlson, E Jahner, R Gaye

State: 1:41.73 S 2016 Davies

Roseline Gaye, K Carlson, E Jahner, Rose Gaye

Bowl: 1:41.73 B 2016 Davies

Gaye, Carlson, Jahner, Gaye

	Team	Relay	Prelims
Preliminaries			
1	Minot	A	1:43.67Q
	1) Faith Brown 10	2) Eve Knutson 9	
	3) Maicee Burke 11	4) Emily Mattern 12	
2	Davies	A	1:44.23Q
	1) Sanie Gayflor 9	2) Mariah Burian 10	
	3) Ashton Safranski 11	4) Alimath Salou 12	
3	Century	A	1:45.19Q
	1) Ashlyn Buchholz 10	2) Hannah Herbel 12	
	3) Elydia Symens 12	4) Eden Fridley 11	
4	Shanley	A	1:46.19Q
	1) Odura Isaac 10	2) Clara Robin 10	
	3) Mesiku Hakim 11	4) Paige Renschler 11	
5	WF Sheyenne	A	1:47.54Q
	1) Kia Ray 9	2) Naomi Nhial 9	
	3) Mika Wadeson 10	4) Avary Fitzpatrick 11	
6	Horace	A	1:48.18Q
	1) Olivia Schock 9	2) Evangeline Sappington 10	
	3) Sydney Bailey 10	4) Isabella Nygaard 9	
7	Legacy	A	1:47.62q
	1) Cambree Volk 9	2) Adison Sagaser 12	
	3) Jemimah Guenther 8	4) Alyssa Eckroth 12	
8	Bismarck	A	1:48.66q
	1) Cambrie Fischer 11	2) Jilian Quale 9	
	3) Ajaye Gill 11	4) Aubrey Kleser 9	

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	Team	Relay	Prelims
9	Dickinson	A	1:48.90q
	1) Jayden Atkins 10	2) Cecilia Homiston 9	
	3) Jersi Luchi 9	4) Kamora Phillips 9	
10	West Fargo	A	1:49.47
	1) Ella Heilman 10	2) Zevina Scarbrough 10	
	3) Taya Samek 12	4) Samantha Gustafson 12	
11	Valley City	A	1:49.61
	1) Karina Olson 12	2) Brynn Lueck 7	
	3) Reagan Berg 11	4) Greta Goven 10	
12	Williston	A	1:49.76
	1) Kaylea Kealoha 11	2) Micah Fleck 9	
	3) Elyse Lux 10	4) Keira Shannon 10	
13	St. Mary's	A	1:50.04
	1) Brenna Curl 11	2) Emma Mckenzie 12	
	3) Katee Hollenbeck 12	4) Alexis Gerving 11	
14	Fargo South	A	1:50.05
	1) Jordis Maxwell 11	2) Adelina Majetich 12	
	3) Erin Sorum 12	4) Isabelle Naklen 9	
15	Mandan	A	1:50.06
	1) Breann Radke 12	2) Cami Frey 11	
	3) Tatum Radke 8	4) Jelani Jones 11	
16	Devils Lake	A	1:50.50
	1) Cabryn Fritel 10	2) Annika McCarthy 12	
	3) Gabby Tangedal 10	4) Isabella Tangedal 11	
17	Watford City	A	1:53.82
	1) Lauren Melland 9	2) Amelia Wisness 9	
	3) Kymber-Lee McGorman 11	4) Darbie Moberg 9	
18	Red River	A	1:55.32
	1) Danielle Buroko 7	2) Jocelynne Hoefs 8	
	3) Bryn Larson 10	4) Ellery White 10	

Girls 4x200 Meter Relay Div A

Overall: 1:41.73 O 2016 Davies

R Gaye, K Carlson, E Jahner, R Gaye

State: 1:41.73 S 2016 Davies

Roseline Gaye, K Carlson, E Jahner, Rose Gaye

Bowl: 1:41.73 B 2016 Davies

Gaye, Carlson, Jahner, Gaye

	Team	Relay	Finals
Finals			
1	Century	A	1:42.92
	1) Ashlyn Buchholz 10	2) Hannah Herbel 12	
	3) Elydia Symens 12	4) Eden Fridley 11	
2	Minot	A	1:43.13
	1) Faith Brown 10	2) Eve Knutson 9	
	3) Maicee Burke 11	4) Emily Mattern 12	
3	Davies	A	1:43.43
	1) Sanie Gayflor 9	2) Mariah Burian 10	
	3) Ashton Safranski 11	4) Alimath Salou 12	
4	Legacy	A	1:44.83
	1) Cambree Volk 9	2) Adison Sagaser 12	
	3) Jemimah Guenther 8	4) Alyssa Eckroth 12	
5	Shanley	A	1:46.36
	1) Odura Isaac 10	2) Clara Robin 10	
	3) Mesiku Hakim 11	4) Paige Renschler 11	
6	Horace	A	1:47.37
	1) Olivia Schock 9	2) Evangeline Sappington 10	
	3) Sydney Bailey 10	4) Isabella Nygaard 9	
7	WF Sheyenne	A	1:47.58
	1) Kia Ray 9	2) Naomi Nhial 9	
	3) Mika Wadeson 10	4) Avary Fitzpatrick 11	
8	Bismarck	A	1:47.96
	1) Cambrie Fischer 11	2) Jilian Quale 9	
	3) Ajaye Gill 11	4) Aubrey Kleser 9	
9	Dickinson	A	1:50.09
	1) Jayden Atkins 10	2) Cecilia Homiston 9	
	3) Jersi Luchi 9	4) Kamora Phillips 9	

Girls 4x400 Meter Relay Div A

Overall: 3:58.32 O 2021 Century

A Ketterling, E Goldade, A Kinnebrew, E Palmer

State: 3:58.32 S 2021 Century

A Ketterling, E Goldade, A Kinnebrew, E Palmer

Bowl: 3:58.32 B 2021 Century

Ketterling, Goldade, Kinnebrew, Palmer

	Team	Relay	Finals
Finals			
1	Red River	A	3:58.82
	1) Morgan Hartze 11	2) Lauren Dosch 12	
	3) Emily Nelson 12	4) Jocelyn Schiller 11	
2	Davies	A	3:59.91
	1) Mariah Burian 10	2) Ashton Safranski 11	
	3) Ava Graf 11	4) Kate Laqua 10	
3	Watford City	A	4:06.19
	1) Fallon Sampsel 10	2) Lauren Melland 9	
	3) Darbie Moberg 9	4) Jaelyn Ogle 12	
4	Century	A	4:07.42
	1) Leah Herbel 12	2) Emerson House 10	
	3) Hannah Herbel 12	4) Eden Fridley 11	
5	WF Sheyenne	A	4:08.51
	1) Jersey Lang 10	2) Naomi Nhial 9	
	3) Olivia Beschorner 12	4) Avary Fitzpatrick 11	
6	Legacy	A	4:09.04
	1) Whitney Welk 10	2) Alyssa Eckroth 12	
	3) Jemimah Guenther 8	4) Aspen Eslinger 11	
7	St. Mary's	A	4:10.50
	1) Katee Hollenbeck 12	2) Abigail Eberle 11	
	3) Hattie Roemmich 8	4) Alexis Gerving 11	
8	Minot	A	4:10.93
	1) Nevaeh Perez-Coleman 12	2) Eve Knutson 9	
	3) Maicee Burke 11	4) Emily Mattern 12	
9	Devils Lake	A	4:10.95
	1) Gabby Tangedal 10	2) Sara Kraft 8	
	3) Isabella Tangedal 11	4) Annika McCarthy 12	
10	Fargo North	A	4:11.09
	1) Abigail Lovelace 12	2) Nora Fluge 10	
	3) Grayce Anderson 10	4) Grace Thiel 10	

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Finals ... (Girls 4x400 Meter Relay Div A)

	Team	Relay	Finals
11	Dickinson	A	4:11.15
	1) Cecilia Homiston 9	2) Jenna Nelson 9	
	3) Sadie Stevenson 11	4) Hannah Geisel 11	
12	Shanley	A	4:12.99
	1) Clara Robin 10	2) Paige Renschler 11	
	3) Allie Emineth 11	4) Mesiku Hakim 11	
13	Mandan	A	4:15.94
	1) Ambry Weisbeck 7	2) Camryn Ulmer 7	
	3) Anna Bendish 12	4) Acey Elkins 12	
14	West Fargo	A	4:17.31
	1) Taya Samek 12	2) Ella Heilman 10	
	3) Lily Wavrin 8	4) Jordan Knudsvig 12	
15	Jamestown	A	4:17.42
	1) Allysah Larson 11	2) Julia Skari 10	
	3) Haylie Hakanson 12	4) Bernadette Belzer 12	
16	Wahpeton	A	4:19.76
	1) Jaida Fobb 11	2) Alison Hoerer 12	
	3) Olivia Hansen 10	4) Gracie Falck 7	
17	Valley City	A	4:25.60
	1) Brynn Lueck 7	2) Sydnee Ingstad 12	
	3) Carly Goven 12	4) Tesa Olson 11	

Girls 4x800 Meter Relay Div A

Overall: 9:22.68 O 2017 Legacy
P Jensen, K Wescom, J Guidinger, L Werner

State: 9:22.68 S 2017 Legay
P Jensen, K Wescom, J Guidinger, L Werner

Bowl: 9:22.68 B 2017 Legacy
Jensen, Wescom, Guidinger, Werner

	Team	Relay	Finals
Finals			
1	Red River	A	9:31.78
	1) Lauren Dosch 12	2) Emily Nelson 12	
	3) Morgan Hartze 11	4) Jocelyn Schiller 11	
2	Watford City	A	9:49.57
	1) Fallon Sampsel 10	2) Savanna Olson 12	
	3) Katie Olson 9	4) Jaelyn Ogle 12	
3	Century	A	9:50.90
	1) Leah Herbel 12	2) Haven Fitterer 12	
	3) Addison Heck 9	4) Emerson House 10	
4	Valley City	A	9:52.65
	1) Brynn Lueck 7	2) Cadence Fetsch 8	
	3) Reagan Berg 11	4) Greta Goven 10	
5	St. Mary's	A	9:52.67
	1) Madeline VerDouw 8	2) Ella Selensky 7	
	3) Kylie Wald 12	4) Eva Selensky 10	
6	Williston	A	9:52.89
	1) Marenn Larsen 12	2) Cambree Moss 8	
	3) Angela Wold 9	4) Dru Zander 9	
7	Davies	A	9:52.99
	1) Kinley Steckler 9	2) Ellie Miller 10	
	3) Halle Stephens 10	4) Cierra Bornemann 11	
8	Bismarck	A	9:54.55
	1) Taya Fettig 10	2) Izzy Dahl 8	
	3) Zoe Reichenberger 11	4) Bayla Weigel 11	
9	Fargo North	A	9:56.31
	1) Abigail Lovelace 12	2) Brooklyn Champagne 12	
	3) Grace Thiel 10	4) Grayce Anderson 10	
10	Minot	A	10:01.66
	1) Sophia Lade 8	2) Mandy Schmidt 11	
	3) Takola Ownspipe 10	4) Hallie Nash 10	
11	WF Sheyenne	A	10:07.56
	1) Addie Saville 9	2) Olivia Heilman 11	
	3) Jersey Lang 10	4) Olivia Beschorner 12	
12	Legacy	A	10:09.21
	1) Lauren Woeste 9	2) Taylor Gabbert 11	
	3) Bre Axt 10	4) Aubrey Rost 10	
13	Shanley	A	10:21.26
	1) Kami Dean 9	2) Elle Bernhardt 8	
	3) Makenna Dilly 9	4) Lucy Grothmann 9	
14	Dickinson	A	10:30.92
	1) Arabella Privratsky 10	2) Leila Gregoire 9	
	3) Abby Praus 8	4) Hannah Geisel 11	
15	Wahpeton	A	10:31.33
	1) Alison Hoerer 12	2) Olivia Hansen 10	
	3) Lucie Comstock 7	4) Gracie Falck 7	
16	Devils Lake	A	10:31.72
	1) Gabrielle McLaurin 11	2) Ella Wass 7	
	3) Emily McLaurin 8	4) Dottie Goss 7	
17	West Fargo	A	10:33.38
	1) Kiaya Hagen 9	2) Lindsey Anderson 12	
	3) Chloe Pfau 12	4) Joslyn Jackson 12	

Girls High Jump Div A

Overall: 5-10 O 2014 Lexy Wittmayer

State: 5-09 S 2013 Kira Larson

Bowl: 5-10 B 2014 Lexi Wittmayer

	Name	Yr	School	Finals
Finals				
1	Adison Sagaser	12	Legacy	5-05.00
2	Jordyn Rood	9	Bismarck	5-04.00
3	Sannie Yeanay	11	WF Sheyenne	5-01.00
4	Camryn Ulmer	7	Mandan	J5-01.00
5	Alexis Heinle	9	Century	J5-01.00
6	Macy Crane	10	Legacy	J5-01.00
6	Jaida Fobb	11	Wahpeton	J5-01.00
8	Jocelynne Hoefs	8	Red River	4-11.00
8	Kendra Hall	11	Williston	4-11.00
8	Camille Deringer	12	Davies	4-11.00
8	Fallon Passanante	9	Davies	4-11.00
9	Emma Esposito	9	West Fargo	J4-11.00
9	Alexandra Arnegard	11	Mandan	J4-11.00
9	Abigail Lovelace	12	Fargo North	J4-11.00
9	Jenna Nelson	9	Dickinson	J4-11.00
9	Maci Wheeldon	12	Davies	J4-11.00
9	Axumite Wren James	10	Fargo South	J4-11.00
9	Haidyn Tollefson	12	Fargo North	J4-11.00
19	Lauryn Rydell	12	Red River	4-09.00

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Finals ... (Girls High Jump Div A)

	Name	Yr	School	Finals
19	Micah Sander	11	WF Sheyenne	4-09.00

Girls Pole Vault Div A

Overall: 12-05 O 2014 **Lauren Gietzen**
State: 12-05 S 2014 **Lauren Gietzen**
Bowl: 12-05 B 2014 **Lauren Gietzen**

	Name	Yr	School	Finals
Finals				
1	Alyson Krug	11	Bismarck	12-00.00
2	Emily Ash	12	Dickinson	11-03.00
3	Rachel Dunlop	12	Century	J11-03.00
4	Emma Briggs	10	WF Sheyenne	11-00.00
5	Onya Kretchman	11	Davies	J11-00.00
6	Jolee Dahl	10	West Fargo	10-09.00
7	Kaitlyn Barbarick	12	Williston	10-06.00
8	Addison Tandeski	10	Davies	J10-06.00
9	Taylor Tang	12	West Fargo	J10-06.00
9	Madison Berger	12	Legacy	J10-06.00
11	Brynlie Thueson	12	Century	10-03.00
12	Camille Finney	12	Grand Forks C	9-09.00
13	Emery Aasen	11	West Fargo	9-03.00
13	Maddy Lamberth	9	Legacy	9-03.00
13	Hope Lukes	11	West Fargo	9-03.00
13	Sydney Kiefer	10	Bismarck	9-03.00
13	Halle Braaflat	11	Davies	9-03.00
18	Elly Kuball	11	Legacy	8-09.00

Girls Long Jump Div A

Overall: 19-05.50 O 2006 **Whitney Carlson**
State: 19-03.25 S 2005 **McKenzie Mehlisch**
Bowl: 19-05.50 B 2006 **Whitney Carlson**

	Name	Yr	School	Finals	
Finals					
1	Eden Fridley	11	Century	18-07.25	2.1
2	Kia Ray	9	WF Sheyenne	18-00.50	0.4
3	Sara Kraft	8	Devils Lake	18-00.00	+0.0
4	Jazmin Barry	11	Dickinson	17-11.75	1.1
5	Sophie Brakke	10	Red River	17-09.75	0.7
6	Kenzie Wuo	8	WF Sheyenne	17-07.50	1.2
7	Makayla Whitfield	11	Minot	17-03.50	0.1
8	Micah Fleck	9	Williston	16-09.75	1.1
9	Emmery Schmitz	12	Bismarck	16-09.50	0.8
10	Michelle Gee	9	West Fargo	16-09.00	-0.2
11	Ajaye Gill	11	Bismarck	16-08.25	-0.8
12	Rachel Nwankwo	10	Minot	16-06.25	-0.3
12	Kendra King	11	Dickinson	16-06.25	0.5
14	Cambrie Fischer	11	Bismarck	16-04.25	2.5
15	Makayla Wiedenmeyer	10	Century	16-03.00	0.3
16	Allysah Larson	11	Jamestown	15-11.75	2.2
17	Karina Olson	12	Valley City	15-11.50	+0.0
18	Micah Sander	11	WF Sheyenne	15-08.50	+0.0
19	Cambree Volk	9	Legacy	15-07.75	0.6
20	Onya Kretchman	11	Davies	14-10.00	+0.0
21	Ashlyn Nielsen	12	Minot	14-06.00	1.7
---	Alyssa Eckroth	12	Legacy	FOUL	

Girls Triple Jump Div A

Overall: 39-04.25 O 1998 **Crystal Cummins**
State: 39-04.25 S 1998 **Crystal Cummins**
Bowl: 39-08.25 B 2008 **Kristen Killoran**

	Name	Yr	School	Finals	
Finals					
1	Rachel Nwankwo	10	Minot	39-01.50	2.3
2	Cayla Sailer	11	Davies	37-05.25	+0.0
3	Onya Kretchman	11	Davies	37-02.00	0.1
4	Axumite Wren James	10	Fargo South	36-10.50	2.1
5	Addison Tandeski	10	Davies	36-03.00	0.2
6	Kendra King	11	Dickinson	35-09.50	1.4
7	Samantha Gustafson	12	West Fargo	35-02.00	+0.0
8	Makayla Wiedenmeyer	10	Century	34-11.00	NWI
9	Ajaye Gill	11	Bismarck	34-09.50	+0.0
10	Sophie Brakke	10	Red River	34-04.25	1.6
11	Ashlyn Nielsen	12	Minot	34-03.00	1.8
12	Anna Wicklow	12	Davies	34-01.00	2.8
13	Haidyn Tollefson	12	Fargo North	34-00.75	1.6
14	Kennedy Marcus	11	Bismarck	34-00.50	+0.0
15	Mia Peterson	10	Bismarck	33-08.25	+0.0
16	Haleigh Carr	10	Minot	33-07.25	-0.1
17	Makayla Whitfield	11	Minot	33-05.75	2.5
18	Bryn Larson	10	Red River	33-04.50	0.8
19	Soludo Obi	9	West Fargo	33-01.75	2.3
20	Haley Conklin	10	Minot	32-11.75	0.2
21	Alexandra Arnegard	11	Mandan	31-09.00	1.7

Girls Shot Put Div A

Overall: 49-10 O 2022 **Anthonett Nabwe**
State: 49-10 S 2022 **Anthonett Nabwe**
Bowl: 49-10 B 2022 **Anthonett Nabwe**

	Name	Yr	School	Finals
Finals				
1	Scout Woods	10	Wahpeton	42-00.50
2	Katelyn Rath	12	Bismarck	40-11.00
3	Aliya Selensky	12	Legacy	39-11.00
4	Emma Osier	12	Fargo North	39-10.50
5	Cailey Moton	11	West Fargo	39-08.00
6	Tayla Andersen	11	Bismarck	39-01.00
7	Jecelyn Arends	11	Dickinson	38-01.00
8	Riley Guscette	12	West Fargo	37-08.50
9	Seely Stockmoe	11	Shanley	37-07.50
10	Berlyn Lindbo	10	Legacy	37-05.00
11	Maya Aguilar	12	Minot	37-00.75
12	Camille Deringer	12	Davies	37-00.50
13	Katelyn Brown	10	Century	36-10.00
14	Tryphena Duncan	12	WF Sheyenne	35-05.50
15	Mylie Trahan	12	Century	35-02.00
16	Caitlin Harmon	12	Davies	34-11.00
17	Josie Rystedt	10	Minot	34-09.00
18	Ryen Brothers	9	Legacy	34-07.50
19	Raya Rood	11	Bismarck	34-05.50
20	Kinley Anderson	11	Jamestown	33-00.00

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Results

Finals ... (Girls Shot Put Div A)

	Name	Yr	School	Finals
21	Maggie Kleinknecht	11	Mandan	32-08.50

Girls Discus Throw Div A

Overall:	**172-00**	**O**	**1999**	**Briona Reynolds**
State:	**172-00**	**S**	**1999**	**Briona Reynolds**
Bowl:	**173-10**	**B**	**1999**	**Brionna Reynolds**

	Name	Yr	School	Finals
Finals				
1	Cailey Moton	11	West Fargo	121-10
2	Tayla Andersen	11	Bismarck	120-04
3	Scout Woods	10	Wahpeton	119-08
4	Berlyn Lindbo	10	Legacy	119-06
5	Chloe Wolff	10	Century	119-02
6	Raya Rood	11	Bismarck	118-10
7	Talea Furcht	11	Legacy	113-02
8	Emma Osier	12	Fargo North	113-00
9	Katelyn Rath	12	Bismarck	111-02
10	Maggie Kleinknecht	11	Mandan	105-11
11	Lizzy Kerzman	10	Bismarck	103-07
12	Kaylee Baker	12	Grand Forks C	102-05
13	Aliya Selensky	12	Legacy	101-10
14	Maci Wheeldon	12	Davies	96-06
15	Mylie Trahan	12	Century	96-00
16	Makenna Braun	12	West Fargo	93-09
17	Dru Bogden	12	Minot	93-08
18	Kinley Anderson	11	Jamestown	92-04
19	Morgan Johnson-Colbert	11	Bismarck	80-09

Girls Javelin Throw Div A

Overall:	**148-03**	**O**	**2002**	**Katie Wilson**
State:	**148-03**	**S**	**2002**	**Katie Wilson**
Bowl:	**147-07**	**B**	**2021**	**Taylor Leingang**

	Name	Yr	School	Finals
Finals				
1	Ella Weippert	11	Red River	136-04
2	Alexis Gerving	11	St. Mary's	128-06
3	Mya Sheldon	12	Mandan	127-07
4	Camille Deringer	12	Davies	123-04
5	Morgan Johnson-Colbert	11	Bismarck	121-00
6	Cambrie Fischer	11	Bismarck	118-09
7	Cayla Sailer	11	Davies	113-07
8	Emma Bontjes	12	Wahpeton	110-02
9	Anna Bendish	12	Mandan	110-01
10	Madyson Schwind	9	Mandan	107-04
11	Addison Marker	10	Jamestown	105-00
12	Harper Harris	10	Mandan	103-03
13	Brenna Curl	11	St. Mary's	103-02
14	Lyla Stegman	9	West Fargo	102-08
15	Lataya Lunneborg	10	Wahpeton	96-07
16	Kiara Zepeda	11	West Fargo	94-00
17	Elyse Gulsvig	12	Davies	92-11
18	Raya Rood	11	Bismarck	88-10

Women - Div A - Team Rankings - 19 Events Scored

1)	Davies	120.5
2)	Red River	64.25
3)	Bismarck	63
3)	West Fargo	63
5)	Century	55
6)	Minot	48
7)	Legacy	39.5
8)	Watford City	39
9)	WF Sheyenne	36
10)	St. Mary's	34
11)	Jamestown	30
12)	Mandan	27
13)	Dickinson	25
14)	Wahpeton	22.5
15)	Valley City	21
16)	Shanley	17
17)	Williston	10.25
18)	Horace	8
19)	Devils Lake	6
19)	Fargo North	6
19)	Fargo South	6

Women - Div B - Team Rankings - 19 Events Scored

1)	Central McLean	46
1)	Central Cass	46
3)	New Rockford-Sheyenne	44
4)	Bowman County	38
4)	Carrington	38
6)	Des-Lacs Burlington/L&C	36
7)	Oak Grove Lutheran	35
8)	Hatton-Northwood	32
9)	Lisbon	31
10)	Rugby	30
11)	Beulah	25
11)	Shiloh Christian	25
13)	Kindred	23
14)	Bottineau	21
15)	Oakes	19
16)	Killdeer	17
17)	Southern McLean	16
18)	Hazen	15
19)	Hettinger County	14
19)	Drayton/Valley-Edinburg	14
19)	Grafton	14
22)	Dickinson Trinity	13
22)	Kidder County	13
22)	Kenmare-Bowbells	13
25)	Velva-Drake/Anamoose	12
26)	May-Port CG	10
26)	Ellendale	10
28)	Grant County/Flasher	9
29)	Enderlin	8
29)	Langdon Area/Edmore/Munich	8
29)	Northern Cass	8
29)	Garrison	8
29)	Edgeley/Kulm	8
34)	Griggs Midkota	6

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35)	Richardton-Taylor	5	
36)	LaMoure/Litch-Marion	4	
36)	Surrey	4	
36)	Pembina County North	4	
39)	New Salem-Almont	3	
39)	North Star	3	
39)	Trenton	3	
39)	Hillsboro/Central Valley	3	
43)	Powers Lake-Burke Central	2	
43)	Rolette/Wolford	2	
45)	Benson County	1	
45)	Sargent County	1	
45)	Wyndmere-Lidgerwood	1	


Congratulations
NORTH DAKOTA STA
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ND State Track & Field Meet 2023 - 5/25/2023 to 5/27/2023

MDU Resources Community Bowl

Results

Boys 100 Meter Dash Div A

Overall: 10.44 O 2004 **Weston Dressler**
State: 10.44 S 2004 **Weston Dressler**
Bowl: 10.44 B 2004 **Weston Dressler**

Preliminaries

	Name	Yr	School	Prelims	
1	Talen Farland	12	Legacy	10.60Q	3.1
2	Dylan McGlothlin	12	Legacy	10.75Q	2.4
3	Reece Snow	11	Legacy	10.79Q	2.7
4	Hudson Schroeder	12	Bismarck	10.98Q	1.9
5	Caleb Severson	12	Red River	10.79Q	3.1
6	Jeran McNichols	11	Bismarck	10.84Q	2.7
7	Nathan Mathern	12	Legacy	10.90Q	2.4
8	Jackson Greff	12	Davies	11.02Q	1.9
9	Tyson Ruzicka	11	Minot	11.05q	2.7
10	Louis Monette	12	Turtle Mount	11.06	2.7
11	James Gaden	12	Fargo South	11.08	2.4
11	Ethan Raan	12	WF Sheyenne	11.08	2.7
11	Mikey Mallory	12	Red River	11.08	3.1
14	Zayden Horne	9	Legacy	11.10	2.4
15	Evan Hoffer	12	Legacy	11.11	3.1
16	Ian Skari	9	West Fargo	11.12	3.1
16	Colby Fleck	10	St. Mary's	11.12	1.9
18	Peder Haugo	11	Fargo North	11.14	1.9
19	JD Williams	12	Williston	11.15	2.7
20	Abel Gartei	11	WF Sheyenne	11.18	1.9
21	Nick Hasbargen	11	Davies	11.19	3.1
22	Timol Walters	10	Mandan	11.20	1.9
23	Thomas Schreiner	11	Davies	11.22	3.1
24	Amir Dorudian	12	Red River	11.24	2.4
25	Isaac Schumacher	11	Davies	11.27	2.7
26	Eric Benson	11	Davies	11.34	2.7
26	Christian Bowden	11	Dickinson	11.34	2.7
28	Treyton Mauch	10	Wahpeton	11.37	2.4
29	Sam Adams-Vandal	11	Fargo North	11.37	2.4
30	Kaden Christmann	11	Shanley	11.38	1.9
31	Isaac Nyenabo	12	West Fargo	11.40	3.1
32	Aiden Bourke	12	Fargo South	11.41	3.1
33	Aden Nojang	10	Fargo North	11.49	1.9
34	Payton McGregor	12	West Fargo	11.62	1.9
35	Braden Meschke	10	Dickinson	11.64	2.4
---	Brooks Tulo	12	WF Sheyenne	DNF	2.4

Boys 100 Meter Dash Div A

Overall: 10.44 O 2004 **Weston Dressler**
State: 10.44 S 2004 **Weston Dressler**
Bowl: 10.44 B 2004 **Weston Dressler**

Finals

	Name	Yr	School	Finals	
1	Dylan McGlothlin	12	Legacy	10.66	0.1
2	Talen Farland	12	Legacy	10.72	0.1
3	Reece Snow	11	Legacy	10.75	0.1
4	Jeran McNichols	11	Bismarck	10.76	0.1
5	Nathan Mathern	12	Legacy	10.84	0.1
6	Hudson Schroeder	12	Bismarck	10.92	0.1
7	Caleb Severson	12	Red River	10.93	0.1
8	Tyson Ruzicka	11	Minot	11.01	0.1
9	Jackson Greff	12	Davies	11.02	0.1

Boys 200 Meter Dash Div A

Overall: 21.26 O 5/27/2023 **Dylan McGlothlin**
State: 21.26 S 5/27/2023 **Dylan McGlothlin**
Bowl: 21.12 B 2021 **Calob Larson/Dylan McGlothlin**

Preliminaries

	Name	Yr	School	Prelims	
1	Austin Zulu	11	Fargo South	21.33Q	1.8
2	Justin Zulu	11	Fargo South	21.42Q	2.7
3	Talen Farland	12	Legacy	21.67Q	1.5
4	Dylan McGlothlin	12	Legacy	21.72Q	4.1
5	Reece Snow	11	Legacy	21.79Q	2.2
6	Nathan Mathern	12	Legacy	21.52q	2.7
7	Brooks Turner	12	Century	21.82q	2.2
8	Colby Fleck	10	St. Mary's	21.89q	1.5
9	Hudson Schroeder	12	Bismarck	21.93q	1.8
10	Caleb Severson	12	Red River	22.08	1.5
11	Deandrey Ansah	12	WF Sheyenne	22.13	4.1
12	Louis Monette	12	Turtle Mount	22.26	2.2
12	Zayden Horne	9	Legacy	22.26	2.7
14	Ty Schlichting	12	WF Sheyenne	22.29	4.1
15	Joshua Beil	10	Davies	22.49	4.1
16	Tyson Ruzicka	11	Minot	22.52	1.8
17	JD Williams	12	Williston	22.61	2.7
18	Mikey Mallory	12	Red River	22.63	2.7
19	Ethan Raan	12	WF Sheyenne	22.67	1.5
19	Tristan Quibell	12	Fargo South	22.67	1.8
21	Kevin Kubat	12	Grand Forks C	22.71	2.2
22	Peder Haugo	11	Fargo North	22.79	2.2
23	Timol Walters	10	Mandan	22.80	2.2
24	Ian Skari	9	West Fargo	22.82	1.8
25	Sam Adams-Vandal	11	Fargo North	22.86	4.1
26	Ethan Brintnell	10	St. Mary's	22.88	1.8
27	Abel Gartei	11	WF Sheyenne	22.94	1.5
28	Evan Hoffer	12	Legacy	22.96	1.5
29	Kaden Christmann	11	Shanley	22.98	1.8
30	Malaki Sik	12	Williston	23.02	2.7
31	Eric Benson	11	Davies	23.04	2.7
32	Aden Nojang	10	Fargo North	23.05	2.7
33	Cameron Naslund	11	St. Mary's	23.08	4.1
34	Amir Dorudian	12	Red River	23.17	2.2
35	Blake Weller	9	Dickinson	23.22	1.5
36	Brody Andrade	10	Red River	23.28	2.2

Boys 200 Meter Dash Div A

Overall: 21.26 O 5/27/2023 **Dylan McGlothlin**
State: 21.26 S 5/27/2023 **Dylan McGlothlin**
Bowl: 21.12 B 2021 **Calob Larson/Dylan McGlothlin**

Finals

	Name	Yr	School	Finals	
1	Dylan McGlothlin	12	Legacy	21.26O	1.0
2	Talen Farland	12	Legacy	21.41	1.0
3	Justin Zulu	11	Fargo South	21.63	1.0

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Finals ... (Boys 200 Meter Dash Div A)

	Name	Yr	School	Finals	
4	Austin Zulu	11	Fargo South	21.73	1.0
5	Reece Snow	11	Legacy	21.80	1.0
6	Nathan Mathern	12	Legacy	21.83	1.0
7	Brooks Turner	12	Century	21.84	1.0
8	Colby Fleck	10	St. Mary's	22.03	1.0
9	Hudson Schroeder	12	Bismarck	22.11	1.0

Boys 400 Meter Dash Div A

Overall: 47.84 O 2014 **Landon Jochim**
State: 47.84 S 2014 **Landon Jochim**
Bowl: 47.75 B 2023 **Dylan McGlothlin**

	Name	Yr	School	Prelims
Preliminaries				
1	Justin Zulu	11	Fargo South	49.74Q
1	Dylan McGlothlin	12	Legacy	49.74Q
3	Talen Farland	12	Legacy	50.32Q
4	Austin Zulu	11	Fargo South	50.47Q
5	Josh Berger	10	Century	50.11Q
6	Ethan Brintnell	10	St. Mary's	50.42Q
7	Tristan Quibell	12	Fargo South	50.60Q
8	Cayden Kraft	11	Legacy	50.64Q
9	Ethan Dennis	11	Watford City	50.66q
10	Blake Weller	9	Dickinson	50.80
11	Trinity Anderson	10	Mandan	51.00
12	Vuciri Hakim	12	Shanley	51.22
13	Tavion Bobo	12	Minot	51.42
14	Grant Hoffarth	11	Red River	51.44
15	Cameron Naslund	11	St. Mary's	51.49
16	Braxton Middaugh	12	Fargo North	51.54
17	Parker Schuster	11	Watford City	51.64
18	Deandrey Ansah	12	WF Sheyenne	51.65
19	Jaxon Birst	11	Century	52.03
20	Carson Wistisen	12	Minot	52.12
21	Karsten Hegney	12	Mandan	52.38
22	Brody Andrade	10	Red River	52.59
23	Dillan Heidt	11	Legacy	53.28
24	Michael Leier	10	Bismarck	53.65
25	Drew Henriksen	12	Bismarck	54.78
26	Reece Breidenbach	12	WF Sheyenne	1:15.02

Boys 400 Meter Dash Div A

Overall: 47.84 O 2014 **Landon Jochim**
State: 47.84 S 2014 **Landon Jochim**
Bowl: 47.75 B 2023 **Dylan McGlothlin**

	Name	Yr	School	Finals
Finals				
1	Dylan McGlothlin	12	Legacy	48.55
2	Justin Zulu	11	Fargo South	49.08
3	Austin Zulu	11	Fargo South	49.45
4	Talen Farland	12	Legacy	49.82
5	Josh Berger	10	Century	49.97
6	Tristan Quibell	12	Fargo South	50.54
7	Cayden Kraft	11	Legacy	50.59
8	Ethan Brintnell	10	St. Mary's	50.84
9	Ethan Dennis	11	Watford City	51.77

Boys 800 Meter Run Div A

Overall: 1:51.98 O 5/27/2023 **Ethan Moe**
State: 1:51.98 S 5/27/2023 **Ethan Moe**
Bowl: 1:51.21 B 2010 **Brandon Barnes**

	Name	Yr	School	Finals
Finals				
1	Ethan Moe	12	Williston	1:51.98O
2	Quinn Roehl	12	Grand Forks C	1:52.08
3	Parker Hintz	11	Bismarck	1:55.26
4	Drew Rempher	12	Davies	1:56.39
5	Chase Knoll	12	Legacy	1:56.65
6	Dawson Balzer	10	Bismarck	1:56.77
7	Josh Berger	10	Century	1:57.05
8	Ivan Askim	12	Williston	1:57.20
9	Jonah Dafoe	12	Red River	1:57.62
10	Braxton Middaugh	12	Fargo North	1:57.65
11	Carson Wistisen	12	Minot	1:58.13
12	Dalton Fleckenstein	12	Legacy	1:58.23
13	Gavyn Graham	11	Century	1:59.42
14	Ivar Martell	12	Legacy	2:00.26
15	Cooper Fjeld	10	Minot	2:01.00
16	Elijah Pederson	12	Fargo North	2:01.54
17	Elijah Dafoe	10	Red River	2:02.06
18	Tyler Wahl	11	Bismarck	2:02.71
19	Owen Sondag	11	Fargo North	2:03.42
20	Micah Larsen-Schmidt	11	Red River	2:03.45
21	Benjamin Harris	10	Minot	2:03.47
22	Noah Yahnke	12	West Fargo	2:03.53
23	Curtis Sande	11	Grand Forks C	2:03.75
24	Hunter Hart	10	Williston	2:05.00
25	Josh Hegstad	12	Minot	2:05.70
---	Jaray Touray	11	Davies	FS

Boys 1600 Meter Run Div A

Overall: 4:10.08 O 5/26/2023 **Ethan Moe**
State: 4:10.08 S 5/26/2023 **Ethan Moe**
Bowl: 4:08.57 B 2013 **Jake Leingang**

	Name	Yr	School	Finals
Finals				
1	Ethan Moe	12	Williston	4:10.08O
2	Quinn Roehl	12	Grand Forks C	4:14.41
3	Brady Goss	12	Devils Lake	4:18.53
4	Parker Hintz	11	Bismarck	4:18.98
5	Ivan Askim	12	Williston	4:19.23
6	Owen Sondag	11	Fargo North	4:21.66
7	Drew Rempher	12	Davies	4:22.89
8	Jonah Dafoe	12	Red River	4:24.16
9	Dalton Fleckenstein	12	Legacy	4:24.52
10	Elijah Pederson	12	Fargo North	4:24.93
11	Tyler Goss	12	Devils Lake	4:27.87
12	Tyler Wahl	11	Bismarck	4:27.90
13	Gavyn Graham	11	Century	4:29.30
14	Ivar Martell	12	Legacy	4:30.24
15	Leighton Steidl	12	Davies	4:30.33

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Finals ... (Boys 1600 Meter Run Div A)

	Name	Yr	School	Finals
15	Micah Larsen-Schmidt	11	Red River	4:30.33
17	Morgon Brindley	12	Legacy	4:31.28
18	Thomas Haskins	11	Williston	4:32.25
19	Landon Herr	9	Legacy	4:33.78
20	Elijah Dafoe	10	Red River	4:34.68
21	Brennan Greff	9	Bismarck	4:36.60
22	Brody Ferderer	12	Century	4:36.70
23	Owen Hintz	9	Bismarck	4:37.39
24	Evan Pena	12	Century	4:37.90
25	Eric Hasby	12	Legacy	4:39.53
26	Benjamin Harris	10	Minot	4:46.31
27	Jakson Ensign	10	Bismarck	4:48.77

Boys 3200 Meter Run Div A

Overall: 8:57.82 O 2021 **Sean Korsmo**
State: 8:57.82 S 2021 **Sean Korsmo**
Bowl: 8:57.82 B 2021 **Sean Korsmo**

	Name	Yr	School	Finals
Finals				
1	Quinn Roehl	12	Grand Forks C	9:15.23
2	Owen Sondag	11	Fargo North	9:21.18
3	Ivan Askim	12	Williston	9:22.76
4	Brady Goss	12	Devils Lake	9:25.33
5	Tyler Goss	12	Devils Lake	9:35.57
6	Parker Hintz	11	Bismarck	9:36.92
7	Tyler Wahl	11	Bismarck	9:37.09
8	Eric Hasby	12	Legacy	9:40.21
9	Elijah Dafoe	10	Red River	9:41.10
10	Owen Hintz	9	Bismarck	9:41.63
11	Elijah Pederson	12	Fargo North	10:00.90
12	Brody Ferderer	12	Century	10:01.29
13	Fynn Krenz	12	Williston	10:02.83
14	Leighton Steidl	12	Davies	10:03.57
15	Brennan Greff	9	Bismarck	10:09.53
16	Djiby Diallo	11	Bismarck	10:11.65
17	Ivar Martell	12	Legacy	10:12.32
18	Thomas Haskins	11	Williston	10:14.62
19	Gabe Hanson	11	Bismarck	10:16.23
20	Joe Quinn	10	Red River	10:19.96
21	Quinn Carroll	9	Shanley	10:23.69
22	Jakson Ensign	10	Bismarck	10:44.09
23	Kyle Marcotte	12	St. Mary's	10:44.96
24	Kasen Currence	9	Davies	10:49.84
25	Connor Ensign	10	Bismarck	10:55.74
26	Cooper Ames	8	Williston	11:40.47

Boys 110 Meter Hurdles Div A

Overall: 14.02 O 5/26/2023 **Brooks Turner**
State: 14.02 S 5/26/2023 **Brooks Turner**
Bowl: 13.93 B 2007 **Weston Leutz**

	Name	Yr	School	Prelims
Preliminaries				
1	Brooks Turner	12	Century	O 14.02Q-2.3
2	Ryan Brynjolfson	12	Century	14.74Q2.5
3	Trey Knoke	10	Fargo North	15.13Q-0.2
4	Lukas Heydt	12	Red River	15.00Q2.5
5	Dominick Giggee	12	Mandan	15.31Q-2.3
5	Anthony Brown	11	Minot	15.31Q-0.2
7	Noah Bares	10	Century	15.30q 2.5
8	Nicholas Pegors	12	Legacy	15.35q 2.5
9	Zach Brown	12	Minot	15.58q -2.3
10	Laquan King	12	Fargo North	15.65 2.5
11	Yusuf Jama	9	Legacy	15.75 -0.2
12	Reis Kessel	11	Fargo South	15.78 -0.2
13	Bennet Lonn	9	Davies	15.79 -0.2
14	Kayne Nelson	11	Century	15.80 2.5
15	Carter Byron	12	Red River	15.82 -2.3
16	Soren Kaster	12	WF Sheyenne	15.83 -0.2
17	Aiden Sagaser	12	Legacy	15.91 -2.3
18	Brody Muchow	9	Davies	15.97 2.5
19	Hudson Asche	10	Davies	15.98 -2.3
20	Hudsen Sheldon	10	Mandan	16.03 -0.2
21	Cole Skabo	11	Dickinson	16.14 2.5
22	Ben Strand	11	Red River	16.41 -0.2

Boys 110 Meter Hurdles Div A

Overall: 14.02 O 5/26/2023 **Brooks Turner**
State: 14.02 S 5/26/2023 **Brooks Turner**
Bowl: 13.93 B 2007 **Weston Leutz**

	Name	Yr	School	Finals
Finals				
1	Brooks Turner	12	Century	13.69 2.6
2	Ryan Brynjolfson	12	Century	14.44 2.6
3	Trey Knoke	10	Fargo North	14.76 2.6
4	Dominick Giggee	12	Mandan	14.99 2.6
5	Lukas Heydt	12	Red River	15.00 2.6
6	Noah Bares	10	Century	15.10 2.6
7	Anthony Brown	11	Minot	15.33 2.6
8	Nicholas Pegors	12	Legacy	15.39 2.6
9	Zach Brown	12	Minot	15.54 2.6

Boys 300 Meter Hurdles Div A

Overall: 37.06 O 2012 **Drew Wiseman**
State: 37.06 S 2012 **Drew Wiseman**
Bowl: 37.06 B 2012 **Drew Wiseman**

	Name	Yr	School	Prelims
Preliminaries				
1	Soren Kaster	12	WF Sheyenne	39.62Q
2	Rivers Martin	11	Century	39.66Q
3	Joshua Beil	10	Davies	39.94Q
4	Ethan Dennis	11	Watford City	40.00Q
4	Jeran McNichols	11	Bismarck	40.00Q
6	Dominick Giggee	12	Mandan	39.77Q
7	Lukas Heydt	12	Red River	40.02Q
8	Aiden Sagaser	12	Legacy	41.05Q
9	Drew Henriksen	12	Bismarck	39.79q
10	Nicholas Pegors	12	Legacy	40.10
11	Yusuf Jama	9	Legacy	40.24
12	Aiden Bryce Volk	12	Devils Lake	40.95
13	Trey Knoke	10	Fargo North	41.08

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Preliminaries ... (Boys 300 Meter Hurdles Div A)

	Name	Yr	School	Prelims
14	Bennet Lonn	9	Davies	41.25
15	Carson Dschaak	10	Bismarck	41.35
16	Brody Muchow	9	Davies	41.49
17	Tanner Edwards	12	Watford City	41.69
18	Zach Brown	12	Minot	41.74
19	Lleyton Vetter	12	St. Mary's	41.98
20	Hudson Asche	10	Davies	42.03
21	Nicholas Schulz	12	Legacy	42.25
22	Laquan King	12	Fargo North	42.42
23	Cole Skabo	11	Dickinson	42.44
24	Blake Homiston	9	Dickinson	42.58
25	Joe Flaherty	11	Shanley	42.79
26	Kayne Nelson	11	Century	43.21
27	Jack Guscette	10	West Fargo	43.99
28	Noah Bares	10	Century	51.55

Boys 300 Meter Hurdles Div A

Overall: 37.06 O 2012 Drew Wiseman

State: 37.06 S 2012 Drew Wiseman

Bowl: 37.06 B 2012 Drew Wiseman

	Name	Yr	School	Finals
Finals				
1	Jeran McNichols	11	Bismarck	38.87
2	Rivers Martin	11	Century	38.90
3	Soren Kaster	12	WF Sheyenne	39.26
4	Ethan Dennis	11	Watford City	39.88
5	Dominick Giggee	12	Mandan	39.94
6	Lukas Heydt	12	Red River	40.18
7	Drew Henriksen	12	Bismarck	40.32
8	Aiden Sagaser	12	Legacy	40.73
9	Joshua Beil	10	Davies	40.98

Boys 4x100 Meter Relay Div A

Overall: 41.79 O 5/27/2023 Legacy

T Farland, R Snow, E Hoffer, N Mathern

State: 41.79 S 5/27/2023 Legacy

T Farland, R Snow, E Hoffer, N Mathern

Bowl: 41.57 B 2023 Legacy

T Farland, R Snow, E Hoffer, N Mathern

	Team	Relay	Prelims
Preliminaries			
1	Legacy	A	41.89Q
	1) Talen Farland 12	2) Reece Snow 11	
	3) Evan Hoffer 12	4) Nathan Mathern 12	
2	Bismarck	A	42.65Q
	1) Deegan Staudinger 9	2) Jeran McNichols 11	
	3) Chaz Ohlsen 11	4) Hudson Schroeder 12	
3	WF Sheyenne	A	42.74Q
	1) Abel Gartei 11	2) Kye Schlichting 9	
	3) Ethan Raan 12	4) Ty Schlichting 12	
4	Red River	A	42.97Q
	1) Mikey Mallory 12	2) Caleb Severson 12	
	3) Isaiah Gaye 10	4) Amir Dorudian 12	
5	Davies	A	43.24Q
	1) Isaac Schumacher 11	2) Nick Hasbargen 11	
	3) Grant Tschosik 11	4) Thomas Schreiner 11	
6	Century	A	43.27Q
	1) Jordan Kellogg 10	2) Ryan Brynjolfson 12	
	3) Peyton Arndt 12	4) Rivers Martin 11	
7	Minot	A	43.46q
	1) Anthony Brown 11	2) Michael George 11	
	3) Camden Backman 12	4) Tyson Ruzicka 11	
8	Fargo South	A	43.47q
	1) Aiden Bourke 12	2) A'Johntez Moore 11	
	3) George Hanesgard 11	4) James Gaden 12	
9	Fargo North	A	43.48q
	1) Sam Adams-Vandal 11	2) Peder Haugo 11	
	3) Clay Koenig 10	4) Aden Nojang 10	
10	Devils Lake	A	44.00
	1) Reggie Cavanaugh 11	2) Drew Hofstad 11	
	3) Colton Schneider 12	4) Aiden Bryce Volk 12	
11	Dickinson	A	44.14
	1) Christian Bowden 11	2) Kaiden Richter 12	
	3) Benett Carlson 12	4) Braden Meschke 10	
12	Wahpeton	A	44.27
	1) Treyton Mauch 10	2) Jackson DeVries 10	
	3) Beau Arenstein 12	4) Jacob Berndt 12	
13	Jamestown	A	44.31
	1) C'Andre Douglas 11	2) Henry Yolain 9	
	3) Xander Netolicky 11	4) Ryan Kallenbach 10	
14	Mandan	A	44.50
	1) Paxton Ohlhauser 11	2) Alex Wagner 12	
	3) Karsyn Jablonski 12	4) Thomas Catalano 10	
15	Watford City	A	44.67
	1) Aaron Cutshall 12	2) Chase Cutshall 9	
	3) Jasiah Norton 11	4) Ethan Dennis 11	
16	West Fargo	A	44.69
	1) Isaac Nyenabo 12	2) Ian Skari 9	
	3) Chase Kjervestad 11	4) Payton McGregor 12	
17	St. Mary's	A	44.89
	1) Cameron Naslund 11	2) Brady Ruggles 9	
	3) Isaac Duppong 10	4) Colby Fleck 10	
18	Shanley	A	44.92
	1) Grayson Geigle 12	2) Luke Hollcraft 12	
	3) Joe Flaherty 11	4) Kaden Christmann 11	
19	Grand Forks Central	A	44.98
	1) Cade Lindseth 12	2) Kevin Kubat 12	
	3) Navy Oss 12	4) Naz Fisher 9	
20	Valley City	A	45.03
	1) Parker Jacobson 11	2) Wyatt Friestad 12	
	3) Derek Shape 9	4) Aiden Jacobson 12	
21	Williston	A	45.20
	1) Colter Azbell 11	2) Prince Teghen 10	
	3) Dylan Hoglund 10	4) Malaki Sik 12	

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Boys 4x100 Meter Relay Div A

Overall: 41.79 O 5/27/2023 Legacy
T Farland, R Snow, E Hoffer, N Mathern

State: 41.79 S 5/27/2023 Legacy
T Farland, R Snow, E Hoffer, N Mathern

Bowl: 41.57 B 2023 Legacy
T Farland, R Snow, E Hoffer, N Mathern

Finals

	Team	Relay	Finals
1	Legacy	A	41.79O
	1) Talen Farland 12	2) Reece Snow 11	
	3) Evan Hoffer 12	4) Nathan Mathern 12	
2	Bismarck	A	42.29
	1) Deegan Staudinger 9	2) Jeran McNichols 11	
	3) Chaz Ohlsen 11	4) Hudson Schroeder 12	
3	WF Sheyenne	A	42.43
	1) Abel Gartei 11	2) Kye Schlichting 9	
	3) Ethan Raan 12	4) Ty Schlichting 12	
4	Davies	A	42.70
	1) Isaac Schumacher 11	2) Nick Hasbargen 11	
	3) Thomas Schreiner 11	4) Jackson Greff 12	
5	Century	A	43.23
	1) Jordan Kellogg 10	2) Ryan Brynjolfson 12	
	3) Peyton Arndt 12	4) Rivers Martin 11	
6	Fargo South	A	43.35
	1) Aiden Bourke 12	2) A'Johntez Moore 11	
	3) George Hanesgard 11	4) James Gaden 12	
7	Minot	A	43.36
	1) Anthony Brown 11	2) Michael George 11	
	3) Camden Backman 12	4) Tyson Ruzicka 11	
8	Fargo North	A	43.61
	1) Sam Adams-Vandal 11	2) Peder Haugo 11	
	3) Clay Koenig 10	4) Aden Nojang 10	
---	Red River	A	DQ
	1) Mikey Mallory 12	2) Caleb Severson 12	
	3) Isaiah Gaye 10	4) Amir Dorudian 12	

Boys 4x200 Meter Relay Div A

Overall: 1:26.75 O 5/27/2023 Fargo South
A Bourke, J Zulu, A Moore, A Zulu

State: 1:26.75 S 5/27/2023 Fargo South
A Bourke, J Zulu, A Moore, A Zulu

Bowl: 1:26.75 B 5/27/2023 Fargo South
A Bourke, J Zulu, A Moore, A Zulu

Preliminaries

	Team	Relay	Prelims
1	Fargo South	A	1:27.41Q
	1) Aiden Bourke 12	2) Justin Zulu 11	
	3) A'Johntez Moore 11	4) Austin Zulu 11	
2	Legacy	A	1:28.13Q
	1) Reece Snow 11	2) Zayden Horne 9	
	3) Evan Hoffer 12	4) Nathan Mathern 12	
3	St. Mary's	A	1:30.52Q
	1) Cameron Naslund 11	2) Colby Fleck 10	
	3) Isaac Duppong 10	4) Ethan Brintnell 10	
4	Century	A	1:29.60Q
	1) Peyton Arndt 12	2) Jaxon Birst 11	
	3) Michael Twardoski 11	4) Rivers Martin 11	
5	Davies	A	1:30.38Q
	1) Joshua Beil 10	2) Grant Tschosik 11	
	3) Golden Deebom 10	4) Eric Benson 11	
6	Red River	A	1:30.63Q
	1) Mikey Mallory 12	2) Jaden Chine 12	
	3) Brody Andrade 10	4) Amir Dorudian 12	
7	Minot	A	1:30.19q
	1) Tyson Ruzicka 11	2) Michael George 11	
	3) Grayson Schaeffer 10	4) Zach Brown 12	
8	Fargo North	A	1:30.64q
	1) Sam Adams-Vandal 11	2) Peder Haugo 11	
	3) Clay Koenig 10	4) Aden Nojang 10	
9	Dickinson	A	1:31.01q
	1) Christian Bowden 11	2) Kaiden Richter 12	
	3) Blake Weller 9	4) Braden Meschke 10	
10	Bismarck	A	1:31.05
	1) Michael Leier 10	2) Chaz Ohlsen 11	
	3) Deegan Staudinger 9	4) Preston Lemar 11	
11	Devils Lake	A	1:31.74
	1) Reggie Cavanaugh 11	2) Drew Hofstad 11	
	3) Adam Sobolik 10	4) Aiden Bryce Volk 12	
12	Mandan	A	1:32.47
	1) Trinity Anderson 10	2) Timol Walters 10	
	3) Alex Wagner 12	4) Thomas Catalano 10	
13	Wahpeton	A	1:32.50
	1) Treyton Mauch 10	2) Jackson DeVries 10	
	3) Beau Arenstein 12	4) Andrew Withuski 12	
14	Shanley	A	1:32.57
	1) Justin Ajeo 10	2) Joe Flaherty 11	
	3) Kaden Christmann 11	4) Vuciri Hakim 12	
15	Valley City	A	1:32.94
	1) Parker Jacobson 11	2) Wyatt Friestad 12	
	3) Derek Shape 9	4) Treylan Cope 12	
16	West Fargo	A	1:33.67
	1) Ian Skari 9	2) Payton McGregor 12	
	3) Lance Williams 10	4) Isaac Nyenabo 12	
17	Williston	A	1:34.65
	1) Colter Azbell 11	2) Prince Teghen 10	
	3) Dexter Yohan 11	4) Malaki Sik 12	
18	Watford City	A	1:36.80
	1) Aaron Cutshall 12	2) Jasiah Norton 11	
	3) Chase Cutshall 9	4) Jayden Waggoner 9	
---	WF Sheyenne	A	DNF
	1) Abel Gartei 11	2) Reece Breidenbach 12	
	3) Ethan Raan 12	4) Ty Schlichting 12	

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Boys 4x200 Meter Relay Div A

Overall: 1:26.75 O 5/27/2023 Fargo South
A Bourke, J Zulu, A Moore, A Zulu
State: 1:26.75 S 5/27/2023 Fargo South
A Bourke, J Zulu, A Moore, A Zulu
Bowl: 1:26.75 B 5/27/2023 Fargo South
A Bourke, J Zulu, A Moore, A Zulu

	Team	Relay	Finals
Finals			
1	Fargo South	A	1:26.75O
	1) Aiden Bourke 12	2) Justin Zulu 11	
	3) A'Johntez Moore 11	4) Austin Zulu 11	
2	Legacy	A	1:27.43
	1) Reece Snow 11	2) Zayden Horne 9	
	3) Evan Hoffer 12	4) Nathan Mathern 12	
3	St. Mary's	A	1:29.55
	1) Cameron Naslund 11	2) Colby Fleck 10	
	3) Isaac Duppong 10	4) Ethan Brintnell 10	
4	Century	A	1:29.67
	1) Peyton Arndt 12	2) Jaxon Birst 11	
	3) Michael Twardoski 11	4) Rivers Martin 11	
5	Dickinson	A	1:30.03
	1) Christian Bowden 11	2) Kaiden Richter 12	
	3) Blake Weller 9	4) Braden Meschke 10	
6	Davies	A	1:30.21
	1) Joshua Beil 10	2) Grant Tschosik 11	
	3) Golden Deebom 10	4) Eric Benson 11	
7	Minot	A	1:30.59
	1) Tyson Ruzicka 11	2) Michael George 11	
	3) Grayson Schaeffer 10	4) Zach Brown 12	
8	Red River	A	1:30.87
	1) Mikey Mallory 12	2) Jaden Chine 12	
	3) Brody Andrade 10	4) Amir Dorudian 12	
9	Fargo North	A	1:31.22
	1) Sam Adams-Vandal 11	2) Peder Haugo 11	
	3) Clay Koenig 10	4) Aden Nojang 10	

Boys 4x400 Meter Relay Div A

Overall: 3:19.12 O 2022 Fargo South
J Zulu, T Quibell, A Bourke, A Zulu
State: 3:19.12 S 2022 Fargo South
J Zulu, T Quibell, A Bourke, A Zulu
Bowl: 3:18.96 B 2014 Century
Neameyer, Richter, Steinwand, Jochim

	Team	Relay	Finals
Finals			
1	Fargo South	A	3:21.53
	1) Justin Zulu 11	2) Tristan Quibell 12	
	3) Aiden Bourke 12	4) Austin Zulu 11	
2	Century	A	3:25.86
	1) Jaxon Birst 11	2) Michael Twardoski 11	
	3) Cyan Sorenson 12	4) Josh Berger 10	
3	Bismarck	A	3:26.32
	1) Jeran McNichols 11	2) Dawson Balzer 10	
	3) Preston Lemar 11	4) Drew Henriksen 12	
4	Red River	A	3:26.64
	1) Grant Hoffarth 11	2) Caleb Severson 12	
	3) Brody Andrade 10	4) Lukas Heydt 12	
5	Mandan	A	3:26.77
	1) Trinity Anderson 10	2) Karsten Hegney 12	
	3) Nolan Johnson 12	4) Timol Walters 10	
6	Davies	A	3:26.82
	1) Jaray Touray 11	2) Golden Deebom 10	
	3) Drew Rempher 12	4) Joshua Beil 10	
7	WF Sheyenne	A	3:28.29
	1) Paul Plueddeman 11	2) Soren Kaster 12	
	3) Dylan Beyl 12	4) Deandrey Ansah 12	
8	Williston	A	3:28.56
	1) JD Williams 12	2) Ethan Moe 12	
	3) Malaki Sik 12	4) Fynn Krenz 12	
9	Devils Lake	A	3:28.66
	1) Aiden Bryce Volk 12	2) Adam Sobolik 10	
	3) Tyler Goss 12	4) Brady Goss 12	
10	Minot	A	3:29.67
	1) Tavion Bobo 12	2) Harrison Stewart 11	
	3) Cooper Fjeld 10	4) Carson Wistisen 12	
11	Legacy	A	3:30.23
	1) Cayden Kraft 11	2) Yusuf Jama 9	
	3) Truitt Brannan 10	4) Chase Knoll 12	
12	Grand Forks Central	A	3:30.75
	1) Navy Oss 12	2) Curtis Sande 11	
	3) Danny Suedel 10	4) Quinn Roehl 12	
13	Shanley	A	3:31.52
	1) Joe Flaherty 11	2) Vuciri Hakim 12	
	3) Justin Ajeo 10	4) Luke Hollcraft 12	
14	Dickinson	A	3:32.20
	1) Blake Weller 9	2) Thomas Freer 11	
	3) Duncan Blauer 10	4) Braden Meschke 10	
15	Fargo North	A	3:32.79
	1) Braxton Middaugh 12	2) Charlie Anderson 12	
	3) James Lien 11	4) Laquan King 12	
16	Watford City	A	3:37.80
	1) Aaron Cutshall 12	2) Tanner Edwards 12	
	3) Dehico Bocanegra Tovar 8	4) Ethan Dennis 11	

Boys 4x800 Meter Relay Div A

Overall: 7:54.38 O 5/26/2023 Bismarck
P Hintz, D Balzer, T Wahl, A Wick
State: 7:54.38 S 5/26/2023 Bismarck
P Hintz, D Balzer, T Wahl, A Wick
Bowl: 7:48.49 B 2014 Bismarck
Werner, Markle, Lerew, Gotta

	Team	Relay	Finals
Finals			
1	Bismarck	A	7:54.38O
	1) Parker Hintz 11	2) Dawson Balzer 10	
	3) Tyler Wahl 11	4) Austin Wick 9	
2	Williston	A	8:02.63
	1) Hunter Hart 10	2) Fynn Krenz 12	
	3) Ivan Askim 12	4) Ethan Moe 12	

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Finals ... (Boys 4x800 Meter Relay Div A)

	Team	Relay	Finals
3	Century	A	8:09.26
	1) Josh Berger 10	2) Cyan Sorenson 12	
	3) Breydyn Schlabsz 11	4) Gavyn Graham 11	
4	Davies	A	8:11.58
	1) Jaray Touray 11	2) Adam Brachman 11	
	3) Nate Anderson 11	4) Drew Rempher 12	
5	Minot	A	8:11.72
	1) Carson Wistisen 12	2) Josh Hegstad 12	
	3) Cooper Fjeld 10	4) Benjamin Harris 10	
6	Legacy	A	8:13.10
	1) Cayden Kraft 11	2) Dalton Fleckenstein 12	
	3) Ivar Martell 12	4) Chase Knoll 12	
7	Red River	A	8:17.12
	1) Grant Hoffarth 11	2) Micah Larsen-Schmidt 11	
	3) Elijah Dafoe 10	4) Jonah Dafoe 12	
8	Fargo North	A	8:19.69
	1) Owen Sondag 11	2) Elijah Pederson 12	
	3) James Lien 11	4) Braxton Middaugh 12	
9	Devils Lake	A	8:27.88
	1) Zane Bennett 8	2) Adam Sobolik 10	
	3) Tyler Goss 12	4) Brady Goss 12	
10	Mandan	A	8:27.90
	1) TJ Brown Otter 10	2) Ian Butman 10	
	3) Nolan Johnson 12	4) Karsten Hegney 12	
11	West Fargo	A	8:30.28
	1) Brady Wohl 11	2) Noah Yahnke 12	
	3) Isaac Amundson 10	4) Haakon Seymour 9	
12	WF Sheyenne	A	8:35.01
	1) Paul Plueddeman 11	2) Tucker Deibert 11	
	3) Stetson Gisselbeck 10	4) Isaiah Robles 11	
13	St. Mary's	A	8:45.81
	1) Isaac Schroeder 11	2) Jacob Windsor 9	
	3) Nathan Eberle 9	4) Adam Eberle 11	
14	Shanley	A	8:52.18
	1) Ethan Erickson 8	2) Ethan Lantz 12	
	3) Quinn Carroll 9	4) Fisher Hannesson 11	
15	Watford City	A	9:01.44
	1) Tanner Edwards 12	2) Zachary Tomlinson 11	
	3) Dehico Bocanegra Tovar 8	4) Jayden Waggoner 9	

Boys High Jump Div A

Overall:	**6-10.25**	**O**	**1999**	**Shawn Gabbert**
State:	**6-10.25**	**S**	**1999**	**Shawn Gabbert**
Bowl:	**6-08.50**	**B**	**2021**	**Braden Brown**

	Name	Yr	School	Finals
Finals				
1	Brooks Turner	12	Century	6-06.00
2	Logan Conklin	11	Minot	6-04.00
3	Aiden Jacobson	12	Valley City	6-02.00
4	Kasen Baer	12	WF Sheyenne	J6-02.00
5	Ryan Brynjolfson	12	Century	J6-02.00
6	Hudsen Sheldon	10	Mandan	J6-02.00
7	Joel Nelson	10	Devils Lake	6-00.00
7	Trey Knoke	10	Fargo North	6-00.00
9	Lucas Kupfer	11	Legacy	J6-00.00
9	Rustin Medenwald	11	Mandan	J6-00.00
9	Kale Schommer	11	Century	J6-00.00
11	Amari Taylor	9	Fargo South	J6-00.00
13	Kalef Yalartai	10	WF Sheyenne	5-10.00
13	James Weninger	12	Fargo North	5-10.00
13	Alpha Camara	11	Davies	5-10.00
---	Oliver Wirth	10	Devils Lake	NH

Boys Pole Vault Div A

Overall:	**15-07.50**	**O**	**2021**	**Jak Urlacher**
State:	**15-07.50**	**S**	**2021**	**Jak Urlacher**
Bowl:	**15-07.50**	**B**	**2021**	**Jak Urlacher**

	Name	Yr	School	Finals
Finals				
1	Benett Carlson	12	Dickinson	14-00.00
2	Adam Nychyporuk	11	Legacy	13-09.00
3	Drew Mitzel	12	Bismarck	J13-06.00
4	Keaton Reinke	12	Minot	J13-06.00
4	Lucas Meyer	12	Century	J13-06.00
6	Holden Will	11	Legacy	J13-03.00
7	Jack Kouba	12	Red River	J13-03.00
8	Andrew Withuski	12	Wahpeton	13-00.00
9	Tristan Will	12	Legacy	J13-00.00
9	Jimmy Shar	11	Legacy	J13-00.00
11	Connor Manske	11	WF Sheyenne	12-06.00
11	Tyler Hanson	11	WF Sheyenne	12-06.00
11	Yusuf Jama	9	Legacy	12-06.00
11	Gabriel Hamlin	10	Bismarck	12-06.00
11	Blake Homiston	9	Dickinson	12-06.00
11	Kyle Kramer	11	Fargo North	12-06.00
17	Hudson Flom	12	Red River	11-06.00
17	Jacob Roth	11	Minot	11-06.00
---	Soren Kaster	12	WF Sheyenne	NH

Boys Long Jump Div A

Overall:	**24-06**	**O**	**1998**	**Nate Keller**
State:	**24-06**	**S**	**1998**	**Nate Keller**
Bowl:	**23-09.50**	**B**	**2013**	**Jamie Heinen-Lugert**

	Name	Yr	School	Finals	
Finals					
1	JD Williams	12	Williston	23-00.25	0.9
2	Ryan Brynjolfson	12	Century	22-11.50	+0.0
3	Hudson Schroeder	12	Bismarck	22-09.00	1.2
4	Thomas Schreiner	11	Davies	22-08.75	0.1
5	Kasen Baer	12	WF Sheyenne	22-03.25	0.4
6	Brooks Turner	12	Century	22-01.00	+0.0
7	Lucas McNichols	10	Bismarck	J22-01.00	1.5
8	Ty Schlichting	12	WF Sheyenne	22-00.00	-1.1
9	Grayson Schaeffer	10	Minot	21-09.25	1.2
10	Dylan McGlothlin	12	Legacy	21-07.25	NWI
11	Anthony Brown	11	Minot	21-04.00	4.8
12	Kye Schlichting	9	WF Sheyenne	21-00.75	1.6
13	A'Johntez Moore	11	Fargo South	21-00.00	2.6
14	Deegan Staudinger	9	Bismarck	20-11.25	NWI
15	Ty Allen	12	Bismarck	20-08.75	+0.0

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Finals ... (Boys Long Jump Div A)

	Name	Yr	School	Finals	
16	Vuciri Hakim	12	Shanley	20-08.50	0.9
17	William Ware	12	Century	20-08.00	-0.4
18	Aeyden Price	10	St. Mary's	20-07.25	0.2
19	Kale Schommer	11	Century	20-07.00	1.0
20	Golden Deebom	10	Davies	20-06.75	1.5
21	Ethan Manock	12	Wahpeton	20-05.25	0.7
22	Dexter Yohan	11	Williston	20-04.75	-2.0
23	Darby Olson	12	WF Sheyenne	20-00.75	1.8
24	Isaiah Gaye	10	Red River	20-00.25	-1.5
25	Carter Byron	12	Red River	19-11.75	0.8
26	Dylan Beyl	12	WF Sheyenne	19-11.25	1.8
27	Cole Skabo	11	Dickinson	19-09.50	2.5
28	Maxwell Greenwood	12	WF Sheyenne	19-09.25	4.8
29	Treyton Mauch	10	Wahpeton	19-08.00	2.0
30	Emmanuel Duot	12	WF Sheyenne	19-07.50	3.2
31	Josh Salagan	12	Mandan	19-04.25	1.6
32	Nick Hasbargen	11	Davies	19-02.25	-0.7
33	Gavin Olson	11	Horace	19-02.00	2.4
34	Aiden Jacobson	12	Valley City	18-08.00	2.8
---	George Hanesgard	11	Fargo South	FOUL	

Boys Triple Jump Div A

Overall: 48-05 O 2019 **Nsengiyumva Corode**
State: 48-05 S 2019 **Nsengiyumva Corode**
Bowl: 48-05 B 2019 **Nsengiyumva Corode**

	Name	Yr	School	Finals	
Finals					
1	John Williams III	10	Minot	46-05.00	1.3
2	Anthony Brown	11	Minot	46-01.50	0.2
3	Grayson Schaeffer	10	Minot	45-11.50	0.5
4	A'Johntez Moore	11	Fargo South	45-06.00	1.5
5	Isaiah Gaye	10	Red River	44-07.00	1.1
6	Golden Deebom	10	Davies	44-02.50	2.2
7	Jaden Middleton	11	Fargo South	43-10.50	0.1
8	Aaron Cutshall	12	Watford City	43-10.25	0.2
9	Josh Salagan	12	Mandan	43-02.25	+0.0
10	Noah Olson	11	WF Sheyenne	42-11.25	+0.0
11	Maxwell Greenwood	12	WF Sheyenne	42-09.75	1.7
12	George Hanesgard	11	Fargo South	42-01.00	+0.0
13	Ben Strand	11	Red River	41-11.00	2.5
14	Dylan Beyl	12	WF Sheyenne	41-10.75	2.5
15	Kasen Baer	12	WF Sheyenne	41-09.50	0.1
16	Zach Brown	12	Minot	41-05.75	0.9
17	Madox Tolman	11	Dickinson	41-05.00	-0.5
18	Darby Olson	12	WF Sheyenne	41-03.50	+0.0
19	James Weninger	12	Fargo North	41-02.50	1.9
20	Kolter Simon	10	Century	40-11.75	-0.8
21	Ty Boutwell	11	Fargo North	40-11.25	2.6
22	Ty Allen	12	Bismarck	40-09.00	+0.0
23	Isaac Schulte	10	Dickinson	40-04.75	+0.0
24	Bennet Lonn	9	Davies	40-04.25	0.7
25	Matthew Harris	12	Century	39-11.25	-0.3

Boys Shot Put Div A

Overall: 64-01 O 1987 **Howard Hausauer**
State: 64-01 S 1987 **Howard Hausauer**
Bowl: 63-06.50 B 2015 **Jon Tharaldsen**

	Name	Yr	School	Finals
Finals				
1	Jacob Burckhard	12	Century	57-06.50
2	Eli Hayes	12	Davies	54-02.00
3	Evan Schmit	11	Century	53-04.50
4	Zac Kuznia	12	Grand Forks C	52-08.25
5	Jack Shaffer	10	Bismarck	52-05.00
6	Jake Hettinger	12	Bismarck	51-05.50
7	Jaxson Walz	12	Century	51-05.25
8	Joel Edland	12	Century	51-01.50
9	Jobe Rystedt	11	Minot	50-02.00
10	Brennan Palmer	12	Davies	49-11.50
11	Hunter Corbin	11	Mandan	49-10.75
12	Vegas George	12	Legacy	49-10.50
13	James Miller	11	Fargo North	49-08.00
14	Treyson Renken	12	Legacy	49-07.50
15	Ole Taylor	10	Century	47-10.50
16	Ethan Halverson	11	Dickinson	47-05.00
17	John O'Neill	12	Davies	47-04.00
18	Logan Arason	12	Red River	47-01.50
19	Quinn Nelson	12	Red River	43-03.50
20	Isaac Kenaga	12	WF Sheyenne	43-02.50

Boys Discus Throw Div A

Overall: 192-08 O 2012 **Bryan Bjerk**
State: 192-08 S 2012 **Bryan Bjerk**
Bowl: 192-08 B 2012 **Bryan Bjerk**

	Name	Yr	School	Finals
Finals				
1	Ethan Manock	12	Wahpeton	153-09
2	Jacob Burckhard	12	Century	151-07
3	Logan Arason	12	Red River	151-00
4	Jake Hettinger	12	Bismarck	J151-00
5	Jack Shaffer	10	Bismarck	149-07
6	Joel Edland	12	Century	143-07
7	Jaxson Walz	12	Century	143-02
8	Quinn Nelson	12	Red River	143-01
9	Kyan Barth	12	Century	137-00
10	Kobe Irmen	11	Minot	136-08
11	Daniel Walker	12	Century	135-04
12	Kaden Fitterer	10	Bismarck	133-01
13	Kyen Poole	11	Grand Forks C	132-06
14	Eli Hayes	12	Davies	131-10
15	Vegas George	12	Legacy	128-05
16	James Miller	11	Fargo North	117-10
17	Teagan Nicholes	11	Minot	100-01

ND State Track & Field Meet 2023 - 5/25/2023 to 5/27/2023

MDU Resources Community Bowl

Results

Boys Javelin Throw Div A

Overall:	**208-03**	**O 2004**	**Riley Dolezal**
State:	**201-10**	**S 2007**	**Paul Hoplin**
Bowl:	**212-08**	**B 2001**	**Chad Oukrop**

	Name	Yr	School	Finals
Finals				
1	Logan Arason	12	Red River	191-10
2	Eli Hayes	12	Davies	182-04
3	Quinn Nelson	12	Red River	177-03
4	Ethan Manock	12	Wahpeton	171-08
5	Gunnar Majerus	10	Davies	171-01
6	Isaiah Schuldheisz	12	Valley City	170-01
7	Preston Lemar	11	Bismarck	169-01
8	Ethan Thomas	11	Grand Forks C	169-00
9	Carter Byron	12	Red River	167-09
10	Ty Wiedrich	11	Williston	165-01
10	Zach Lilly	11	Davies	165-01
12	Colton Schneider	12	Devils Lake	164-04
13	Tristan Ulmer	10	Mandan	159-10
14	Kyan Barth	12	Century	158-07
15	Brett Miller	10	Legacy	157-03
16	Kolter Simon	10	Century	147-06
17	Brayden Ruff	11	Legacy	139-03
18	Dylan Hunt	10	Valley City	134-05

Men - Div A - Team Rankings - 19 Events Scored

1)	Century	121.5
2)	Legacy	109
3)	Bismarck	95
4)	Fargo South	58
5)	Davies	51
6)	Williston	50
7)	Minot	47.5
8)	Red River	47
9)	Grand Forks Central	32
10)	WF Sheyenne	24
11)	Fargo North	20.5
12)	Devils Lake	16.5
13)	Wahpeton	16
13)	Mandan	16
15)	Dickinson	14
16)	Valley City	9
17)	St. Mary's	8
18)	Watford City	6

Men - Div B - Team Rankings - 19 Events Scored

1)	Kindred	124
2)	Bowman County	101
3)	Hillsboro/Central Valley	86
4)	Carrington	36
5)	Shiloh Christian	35
6)	Dickinson Trinity	32
7)	Lisbon	29
8)	Hazen	23
9)	North Star	22
10)	May-Port CG	17
10)	Harvey/Wells County	17
12)	Rugby	16
13)	Oak Grove Lutheran	15
13)	Garrison	15
15)	Powers Lake-Burke Central	14
15)	Northern Cass	14

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17)	Central Cass	13
18)	Des-Lacs Burlington/L&C	11
18)	Sargent County	11
18)	Beulah	11
18)	Killdeer	11
18)	Grant County/Flasher	11
23)	New Rockford-Sheyenne	10
23)	Ellendale	10
25)	New Town	9
26)	Central McLean	8
27)	Glen Ullin/Hebron	7.5
28)	Edgeley/Kulm	5.5
29)	Stanley	5
29)	LaMoure/Litch-Marion	5
31)	Griggs Midkota	4
32)	Standing Rock	2
32)	Grafton	2
32)	Velva-Drake/Anamoose	2
32)	Southern McLean	2
32)	Mohall-Lansford-Sherwood	2
37)	Hettinger County	1
37)	Larimore	1
37)	Heart River	1

WHERE ARE THEY NOW?

JACOB LEVIN

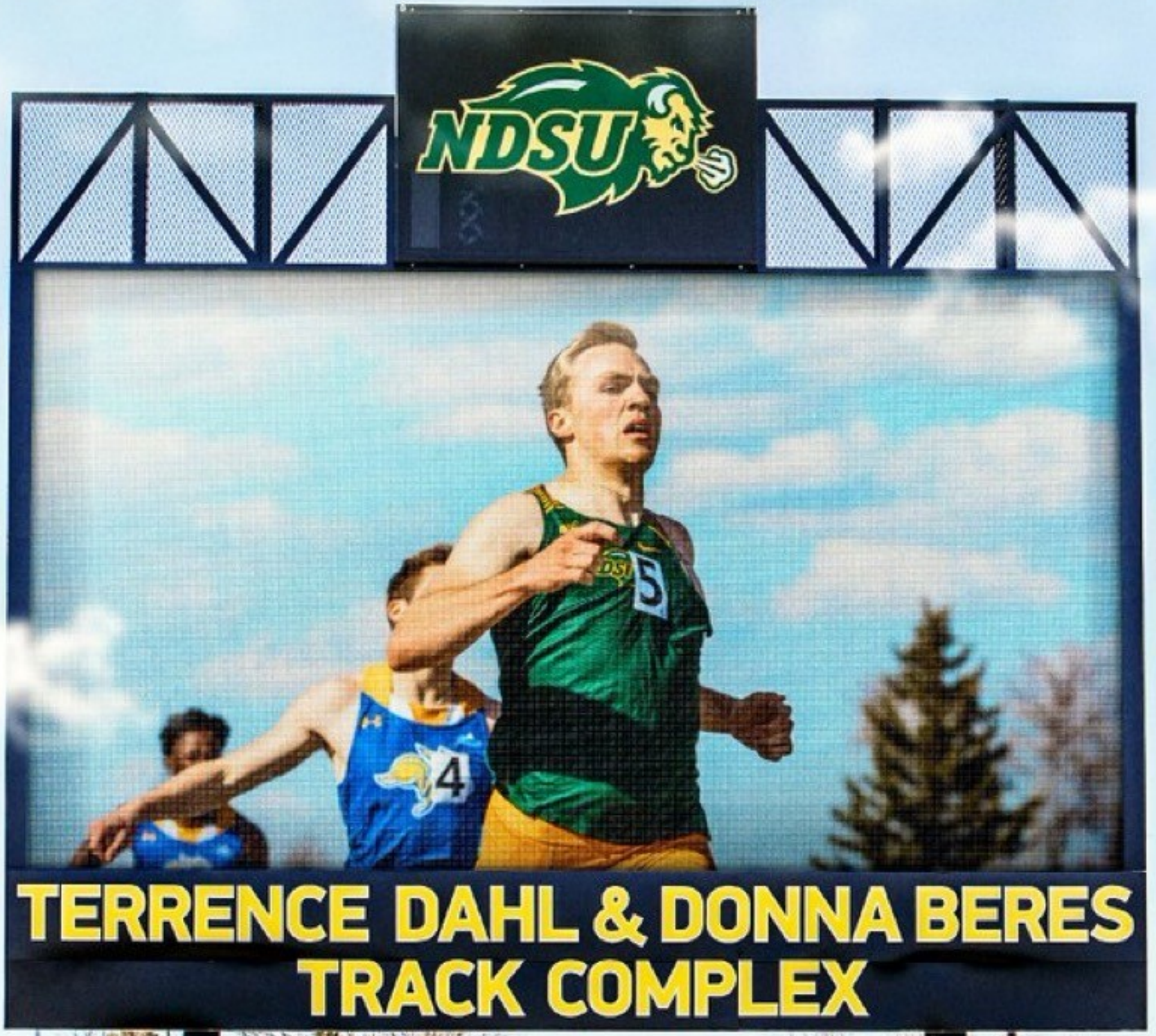


CLASS OF 2018

SUMMIT LEAGUE OUTDOOR ***CHAMPION***

JACOB LEVIN | 200M DASH

CHAMPION



TERRENCE DAHL & DONNA BERES TRACK COMPLEX

SUMMIT LEAGUE OUTDOOR ***CHAMPION***

JACOB LEVIN | 400M DASH

CHAMPION



TERRENCE DAHL & DONNA BERES TRACK COMPLEX

BRAXTON BRUER



CLASS OF 2019

NATIONALS

OUTDOOR NATIONALS



MAY 26TH

PUEBLO, CO

HOPE PRINGLE



CLASS OF 2020



TAYLOR LEE



CLASS OF 2021

BEACH INVITATIONAL

THE SUMMIT LEAGUE

JASMINE WILLIAMS



CLASS OF 2022


NDSU

KAELYN BERG



CLASS OF 2022



LANE DULLUM



CLASS OF 2022

