WEST FARGO PACKERS



2024 TRACK & FIELD

WEST FARGO PACKERS TRACK & FIELD
2024 ATHLETIC AWARDS
GIRLS

PARTICIPATION AWARD:

Samantha Christians	9
Marie Musafiri	9
Hallie Pritchard	9
Ayla Ridl	9
Julie Schoessow	9
Helena Stanton	9
Keiara Williams	9
Makenna Dilly	10
Harnoor Johal	10
Andie Stewart	10
Jaricha Bachmeier	11

FIRST YEAR LETTER:

Linnea Bruns	7
Maggie Jacobson	7
Averie Skari	7
Kaisa Tompkins	8
Andrea Wetterlin (mgr.)	10
Oliviah Block (mgr.)	11
Alexis Dwyer	11
Lyla Fiechtner (mgr.)	11
Grace Kunz	11
Hailey Metcalfe	12
Ella Montplaisir	12
Hannah Shern (mgr.)	12
Marisa Sleath	12
McKayla Walker	12

SECOND YEAR LETTER:

Emma Esposito	10
Brooke Finn	10
McKenna Gross (mgr.)	10
Ellie McIntosh	10
Soludo Obi	10
Lyla Stegman	10
Ejatu Bah	11
Taylor Christians	11
Averi Johnson	11
Olivia Klaman	11
Meghan Esposito	12
Hope Lukes	12
Heidi Wiedeman	12

THIRD YEAR LETTER:

Lily Wavrin	9
Jolee Dahl	11
Ella Heilman	11
Rylee Larsen	11
Alexis Lindgren	11
Miranda Retzlaff	11
Zevina Scarbrough	11
Emily Simek	11
Ella Nelson	12
Kiara Zepeda	12

FOURTH YEAR LETTER:

Michelle Gee	10
Kiaya Hagen	10
Sadie Wavrin	11
Emery Aasen	12

FIFTH YEAR LETTER:

Cailey Moton	12

MOST VALUABLE TRACK:
Michelle Gee

MOST IMPROVED:
Olivia Klaman

ALL-CONFERENCE:
Michelle Gee

MOST VALUABLE FIELD:
Cailey Moton

RELAY AWARD:
Michelle Gee

ALL-STATE:
Michelle Gee

MOST DEDICATED:
Kiaya Hagen

COACHES AWARD:
Kiara Zepeda

2024 CAPTAINS:
Cailey Moton
Meghan Esposito

2025 CAPTAINS:
Ella Heilman
Jolee Dahl

WEST FARGO PACKERS TRACK & FIELD
2024 ATHLETIC AWARDS
BOYS

PARTICIPATION AWARD:

Logan Wavrin	7	Elkan Pakai	9	Rory Senger	10
Cesar Carvalho	9	Isaiah Perez	9	Ian Ayengo	11
Desire Chalumba	9	Asher Poitra	9	Andrew Karr	11
Tanner Erdmann	9	Charlie Rerick	9	Mukhtar Maroof	11
Oliver Frericks	9	Noah Sanger	9	Ethan Radebaugh	11
Isaac Galsuha	9	Daniel Villarreal	9	Prince Tarlue	11
Keanu Gunville	9	Cayden Deitschman	10	Parker Thoreson	11
Hamsa Kesselly	9	Princeton Keller	10	Cooper Warren	11
Braden Kjervestad	9	Nathanael Murphy	10	Horatio Willie	11
Mason Kjervestad	9	Beckett Pfau	10	Anthony Alonzo	12
Sandesh Monger	9	Payton Schaan	10	Shawn Hartsoch	12

FIRST YEAR LETTER:

Brennen Krenz	9	Mag Cummings	11	Zach Waldera	11
Daniel Morris	9	Abraham Koimene	11	Joachim Antonin	12
Ben Orvik	9	Bonfas Loria	11	Elfried Dissou	12
Zane Smith	9	Baskal Makuag	11	Heath Eder	12
Keshawn Noah	10	Talan Otheim	11	Ahmed Falir	12
Ethan Rudolph	10	Carter Parsons	11	Trystin Gabbert	12
Zander Senger	10	Michael Shell	11	Aiden Lamb	12
Jake Stegman	10	Jonah Svenby	11		

SECOND YEAR LETTER:

				THIRD YEAR LETTER:	
Joaquin Valdez	9	Lincoln Walker	10	Isaac Amundson	11
Isaac Blotsky	10	Lucas Grove	11	Desire Masiri	11
Ben Davies	10	Jack Guscette	11	Lance Williams	11
Elijah Morris	10	Andrew Knudsvig	11	Greg Dimmer	12
Cedric Patterson	10	Alex Wetterlin	11	Jack Stewart	12
Austin Saari	10	Bradyn Stockert	12		
Haakon Seymour	10	Devin Wall	12		
Henry Staehr (mgr.)	10	Brady Wohl	12		

FOURTH YEAR LETTER:

Chase Kjervestad	12

MOST VALUABLE TRACK:
Jack Guscette

MOST IMPROVED:
Joaquin Valdez

MOST VALUABLE FIELD:
Lincoln Walker

RELAY AWARD:
Lance Williams

MOST DEDICATED:
Isaac Amundson

COACHES AWARD:
Jack Stewart

2024 CAPTAIN:
Devin Wall
Chase Kjervestad

2025 CAPTAINS:
Isaac Amundson
Jack Guscette

ALL - STATE
2024

100 METER DASH

MICHELLE GEE


5
5

ALL - STATE
2024

200 METER DASH

MICHELLE GEE


WOLVES

ALL - STATE
2024

400 METER DASH

MICHELLE GEE


RED RIVER
617
PACKERS
798
EAGLES
116

ALL - CONFERENCE 2024

100 METER DASH

MICHELLE GEE

ALL - CONFERENCE 2024

200 METER DASH

MICHELLE GEE

TRACK & FIELD GIRLS TEAM



TRACK & FIELD BOYS TEAM



NEW RECORDS

100 METER DASH

MICHELLE GEE

11.98

200 METER DASH

MICHELLE GEE

24.62

LONG JUMP

MICHELLE GEE

19' 2

POLE VAULT

JOLEE DAHL

11' 9




Senior
2024


WEST FARGO
PACKERS
2024
TRACK & FIELD
SENIORS
ONCE A PACKER ALWAYS A PACKER
2024
TRACK & FIELD
SENIORS
ONCE A PACKER ALWAYS A PACKER
2024
TRACK & FIELD
SENIORS
ONCE A PACKER ALWAYS A PACKER
PACKERS
PACKERS
TRACK & FIELD

2024 EAGLE RELAYS COACHES RELAY CHAMPIONS!!



NSIC

FIELD ATHLETE OF THE YEAR



SHYRONE KEMP

INDOOR TOP MARKS



West Fargo

Packers | HS | West Fargo, ND

2024 Indoor Event Records

Mens

60 Meter Dash

1.		11	Lance Williams	7.55		3/22 North Dak
2.		9	Ben Orvik	7.62	PR	3/28 Snowbird
3.		10	Isaac Blotsky	7.69	PR	3/28 Snowbird
4.		11	Abraham Koi...	7.69	PR	3/28 Snowbird
5.		12	Chase Kjerves...	7.73		3/28 Snowbird
6.	18	11	Prince Tarlue-...	7.74	PR	3/23 North Dak
7.	16	10	Lincoln Walker	7.77	PR	3/14 Fargo Met
8.		11	Baskal Makuag	7.80	PR	3/28 Snowbird
9.		11	Michael Shell	7.92	PR	3/23 North Dak
10.		12	Elfried Dissou	7.92	PR	3/23 North Dak
11.		11	Andrew Karr	8.12	PR	3/23 North Dak
12.		12	Anthony Alon...	8.27		3/23 North Dak
13.		9	Mason Kjerve...	8.29	PR	3/23 North Dak
14.		11	Ian Ayengo	8.37	PR	3/14 Fargo Met
15.		9	Isaiah Perez	8.46	PR	3/23 North Dak
16.		9	Daniel Villarr...	8.54	PR	3/23 North Dak
17.		12	Heath Eder	8.56		3/14 Fargo Met
18.		10	Cayden Deits...	8.57	PR	3/23 North Dak
19.		9	Desire Chalu...	8.71	PR	3/23 North Dak
20.		9	Braden Kjerve...	8.82	PR	3/14 Fargo Met
21.		10	Nathanael M...	8.82	PR	3/23 North Dak
22.		9	Noah Sanger	8.88	PR	3/14 Fargo Met
23.		10	Payton Schaan	8.89		3/14 Fargo Met
24.		9	Oliver Frericks	9.11	PR	3/23 North Dak

200 Meters

1.		11	Jack Guscette	24.48	PR	3/28 Snowbird
2.		11	Lance Williams	24.66		3/22 North Dak
3.		10	Isaac Blotsky	24.71	PR	3/28 Snowbird

Womens

60 Meter Dash

1.		11	Ella Heilman	8.30	PR	3/28 Snowbird
2.		11	Zevina Scarbr...	8.57	PR	3/28 Snowbird
3.		10	Lyla Stegman	8.70		3/28 Snowbird
4.		10	Soludo Obi	8.73		3/28 Snowbird
5.		11	Rylee Larsen	8.78		3/22 North Dak
6.		11	Ejatu Bah	8.90		3/14 Fargo Met
7.		9	Lily Wavrin	8.93	PR	3/14 Fargo Met
8.		10	Emma Esposito	9.40	PR	3/22 North Dak
9.		12	Meghan Esp...	9.55	PR	3/22 North Dak

200 Meters

1.		11	Zevina Scarbr...	28.55	PR	3/28 Snowbird
2.		11	Ella Heilman	28.83	PR	3/22 North Dak
3.		10	Lyla Stegman	30.44		3/22 North Dak
4.		10	Brooke Finn	30.55		3/22 North Dak
5.		11	Emily Simek	30.83	PR	3/22 North Dak
6.		10	McKenna Gro...	33.31	PR	3/22 North Dak
7.		9	Hallie Pritchard	34.82	PR	3/14 Fargo Met

400 Meters

1.		11	Sadie Wavrin	1:05.57		3/14 Fargo Met
2.		9	Lily Wavrin	1:05.92	PR	3/22 North Dak
3.		12	Ella Nelson	1:09.90		3/14 Fargo Met
4.		11	Grace Kunz	1:15.64	PR	3/28 Snowbird

800 Meters

1.		10	Kiaya Hagen	2:33.57	PR	3/22 North Dak
2.	14	7	Maggie Jaco...	2:40.76	PR	3/14 Fargo Met
3.		10	Makenna Dilly	2:42.61	PR	3/28 Snowbird
4.		11	Alexis Lindgren	2:46.40	PR	3/28 Snowbird

4.		9	Ben Orvik	25.05	PR	3/28	Snowbird
5.		11	Desire Masiri	25.14	PR	3/14	Fargo Met
6.	18	11	Prince Tarlue-...	25.57	PR	3/23	North Dak
7.		12	Chase Kjerves...	25.66		3/28	Snowbird
8.		11	Talan Otheim	25.81		3/14	Fargo Met
9.		11	Baskal Makuag	25.90	PR	3/22	North Dak
10.		12	Elfried Dissou	26.05	PR	3/23	North Dak
11.	16	10	Lincoln Walker	26.06	PR	3/14	Fargo Met
12.		9	Daniel Morris	26.09	PR	3/23	North Dak
13.		10	Elijah Morris	26.12	PR	3/22	North Dak
14.		12	Ahmed Falir	26.26	PR	3/28	Snowbird
15.		11	Andrew Karr	26.75	PR	3/28	Snowbird
16.		11	Michael Shell	27.01		3/14	Fargo Met
17.		9	Isaiah Perez	27.51	PR	3/23	North Dak
18.		9	Mason Kjerve...	27.69	PR	3/23	North Dak
19.		9	Daniel Villarr...	27.78	PR	3/23	North Dak
20.		11	Ian Ayengo	27.97	PR	3/14	Fargo Met
21.		12	Anthony Alon...	28.20		3/23	North Dak
22.		10	Cayden Deits...	28.26	PR	3/23	North Dak
23.		9	Desire Chalu...	28.32	PR	3/23	North Dak
24.		10	Payton Schaan	29.07	PR	3/14	Fargo Met
25.		9	Braden Kjerve...	29.81	PR	3/23	North Dak
26.		9	Oliver Frericks	29.90	PR	3/14	Fargo Met
27.		10	Nathanael M...	29.98		3/23	North Dak
28.		9	Cesar Carvalho	32.45	PR	3/23	North Dak

400 Meters

1.		10	Haakon Seym...	54.60	PR	3/28	Snowbird
2.		10	Isaac Blotsky	55.57	PR	3/28	Snowbird
3.		11	Andrew Knud...	56.08	PR	3/14	Fargo Met
4.		9	Ben Orvik	57.13	PR	3/28	Snowbird
5.	18	11	Prince Tarlue-...	57.32	PR	3/23	North Dak
6.		11	Baskal Makuag	58.19	PR	3/28	Snowbird
7.		12	Ahmed Falir	58.42	PR	3/22	North Dak
8.		11	Jonah Svenby	58.97	PR	3/22	North Dak
9.		11	Talan Otheim	1:02.11	PR	3/14	Fargo Met
10.		10	Cayden Deits...	1:03.29	PR	3/23	North Dak
11.		9	Mason Kjerve...	1:05.01	PR	3/14	Fargo Met
5.		11	Averi Johnson	2:50.64	PR	3/22	North Dak
6.		11	Miranda Retz...	2:50.70		3/28	Snowbird
7.		11	Olivia Klaman	2:52.04	PR	3/28	Snowbird
8.		11	Taylor Christi...	2:54.75		3/28	Snowbird
9.		11	Lia Tara Hieber	3:28.34	PR	3/23	North Dak
10.		9	Julie Schoess...	3:32.95	PR	3/14	Fargo Met

1600 Meters

1.	14	7	Maggie Jaco...	5:36.78	PR	3/22	North Dak
2.		10	Kiaya Hagen	5:40.06	PR	3/28	Snowbird
3.		11	Alexis Lindgren	5:58.00	PR	3/28	Snowbird
4.		11	Miranda Retz...	5:59.48	PR	3/28	Snowbird
5.		11	Averi Johnson	5:59.99	PR	3/22	North Dak
6.		10	Makenna Dilly	6:10.69	PR	3/14	Fargo Met
7.		11	Olivia Klaman	6:18.43	PR	3/22	North Dak
8.		11	Taylor Christi...	6:28.57		3/14	Fargo Met

3200 Meters

1.	14	7	Maggie Jaco...	12:15.55	PR	3/28	Snowbird

60m Hurdles - 30"

1.		10	Brooke Finn	11.05		3/23	North Dak
2.		10	McKenna Gro...	11.72	PR	3/23	North Dak
3.		11	Emily Simek	11.75	PR	3/23	North Dak
4.		9	Hallie Pritchard	12.69	PR	3/14	Fargo Met

60m Hurdles - 33"

1.		10	Brooke Finn	11.55		3/14	Fargo Met
2.		10	McKenna Gro...	12.14	PR	3/14	Fargo Met
3.		11	Emily Simek	12.40	PR	3/14	Fargo Met
4.		9	Hallie Pritchard	13.24	PR	3/22	North Dak

4x200 Relay

1.		11	Ella Heilman	1:54.49	PR	3/28	Snowbird
		11	Zevina Scarbro...				
		10	Lyla Stegman				
		9	Lily Wavrin				
2.		11	Ella Heilman	1:54.95	PR	3/22	North Dak
		11	Zevina Scarbro...				
		11	Rylee Larsen				

12.	12	Joachim Anto...	1:06.12	PR	3/14	Fargo Met
13.	9	Oliver Frericks	1:07.14	PR	3/23	North Dak

800 Meters

1.	12	Brady Wohl	2:11.03	PR	3/28	Snowbird
2.	11	Isaac Amunds...	2:13.13	PR	3/22	North Dak
3.	9	Zane Smith	2:17.70	PR	3/22	North Dak
4.	11	Jonah Svenby	2:18.87	PR	3/14	Fargo Met
5.	10	Jake Stegman	2:21.95	PR	3/14	Fargo Met
6.	10	Ben Davies	2:22.28	PR	3/22	North Dak
7.	10	Rory Senger	2:22.30	PR	3/14	Fargo Met
8.	9	Brennen Krenz	2:22.60	PR	3/28	Snowbird
9.	10	Zander Senger	2:26.17	PR	3/14	Fargo Met
10.	11	Cooper Warren	2:40.67	PR	3/28	Snowbird
11.	10	Ethan Rudolph	2:45.35	PR	3/23	North Dak

1600 Meters

1.	11	Isaac Amunds...	4:40.52	PR	3/28	Snowbird
2.	9	Tanner Erdma...	5:01.95	PR	3/22	North Dak
3.	9	Brennen Krenz	5:15.17	PR	3/22	North Dak
4.	10	Jake Stegman	5:16.81	PR	3/28	Snowbird
5.	9	Zane Smith	5:21.41	PR	3/28	Snowbird
6.	10	Ben Davies	5:24.58		3/14	Fargo Met
7.	11	Parker Thores...	5:29.90	PR	3/22	North Dak
8.	10	Zander Senger	5:33.75	PR	3/28	Snowbird
9.	10	Ethan Rudolph	5:47.10	PR	3/23	North Dak
10.	11	Cooper Warren	5:55.34	PR	3/14	Fargo Met

3200 Meters

1.	9	Tanner Erdma...	11:05.49	PR	3/28	Snowbird
2.	11	Parker Thores...	12:24.78	PR	3/28	Snowbird

60m Hurdles - 36"

1.	11	Talan Otheim	10.76	PR	3/23	North Dak
2.	9	Braden Kjerve...	11.27	PR	3/14	Fargo Met
3.	9	Daniel Morris	11.44	PR	3/14	Fargo Met
4.	9	Cesar Carvalho	12.72	PR	3/14	Fargo Met

60m Hurdles - 39"

1.	11	Jack Guscette	8.70	PR	3/28	Snowbird

	10	Brooke Finn				
3.	11	Ejatu Bah	1:59.53	PR	3/14	Fargo Met
	11	Zevina Scarbro...				
	10	Brooke Finn				
	10	Soludo Obi				

4x400 Relay

1.	9	Lily Wavrin	4:27.41	PR	3/22	North Dak
	11	Sadie Wavrin				
	11	Zevina Scarbro...				
	11	Rylee Larsen				
2.	11	Ejatu Bah	4:36.22	PR	3/14	Fargo Met
	9	Lily Wavrin				
	11	Zevina Scarbro...				
	11	Sadie Wavrin				
3.	9	Lily Wavrin	4:37.20	PR	3/28	Snowbird
	11	Emily Simek				
	10	Kiaya Hagen				
	11	Alexis Lindgren				

4x800 Relay

1.	11	Miranda Retzlaff	10:39.71	PR	3/22	North Dak
	10	Kiaya Hagen				
	11	Alexis Lindgren				
	10	Makenna Dilly				
2.	11	Olivia Klaman	11:36.58	PR	3/28	Snowbird
	11	Averi Johnson				
	11	Grace Kunz				
	11	Taylor Christians				

Shot Put - 4kg

1.	12	Cailey Moton	36' 8.75"		3/22	North Dak
2.	12	Kiara Zepeda	34' 4"	PR	3/22	North Dak
3.	10	Lyla Stegman	33' 11"	PR	3/22	North Dak
4.	9	Lily Wavrin	33' 9.25"	PR	3/22	North Dak
5.	12	Heidi Wiede...	27' 11.25"	PR	3/28	Snowbird
6.	9	Keiara Williams	25' 11.75"	PR	3/14	Fargo Met
7.	9	Helena Stanton	20' 10.25"	PR	3/23	North Dak
8.	12	Hailey Metcal...	20' 6.75"	PR	3/14	Fargo Met

2.	9	Joaquin Valdez	8.94	PR	3/22	North Dak
3.	10	Elijah Morris	9.23	PR	3/22	North Dak
4.	11	Desire Masiri	9.46	PR	3/28	Snowbird
5.	10	Rory Senger	10.89	PR	3/14	Fargo Met
6.	11	Talan Otheim	11.44	PR	3/14	Fargo Met
7.	10	Zander Senger	11.54	PR	3/14	Fargo Met
8.	9	Braden Kjerve...	12.65	PR	3/28	Snowbird
9.	9	Cesar Carvalho	12.66	PR	3/28	Snowbird

4x200 Relay

1.	9	Joaquin Valdez	1:38.49	PR	3/22	North Dak
	11	Lance Williams				
	10	Isaac Blotsky				
	11	Abraham Koim...				
2.	9	Joaquin Valdez	1:39.48	PR	3/14	Fargo Met
	11	Lance Williams				
	12	Chase Kjervestad				
	11	Jack Guscette				
3.	12	Elfried Dissou	1:43.81	PR	3/28	Snowbird
	12	Ahmed Falir				
	12	Anthony Alonzo				
	11	Michael Shell				
4.	16 10	Lincoln Walker	1:46.51	PR	3/23	North Dak
	12	Anthony Alo...				
	11	Talan Otheim				
	11	Michael Shell				

4x400 Relay

1.	11	Andrew Knudsv...	3:45.12	PR	3/22	North Dak
	10	Isaac Blotsky				
	9	Joaquin Valdez				
	11	Desire Masiri				
2.	11	Andrew Knudsv...	3:47.23	PR	3/28	Snowbird
	12	Brady Wohl				
	11	Isaac Amundson				
	10	Haakon Seymour				
3.	11	Andrew Knudsv...	3:52.59	PR	3/14	Fargo Met
	12	Chase Kjervestad				
	11	Desire Masiri				

High Jump

1.	10	Emma Esposito	5' 0"	PR	3/23	North Dak
2.	11	Zevina Scarbr...	4' 4"		3/14	Fargo Met

Pole Vault

1.	11	Jolee Dahl	10' 9"	PR	3/14	Fargo Met
2.	12	Hope Lukes	9' 6"	PR	3/22	North Dak
3.	12	Emery Aasen	9' 0"	PR	3/22	North Dak
4.	11	Alexis Dwyer	9' 0"	PR	3/28	Snowbird
5.	8	Kaisa Tompkins	6' 9"	PR	3/14	Fargo Met
6.	12	McKayla Wal...	6' 0"		3/23	North Dak
7.	9	Samantha Ch...	6' 0"	PR	3/23	North Dak
8.	12	Marisa Sleath	6' 0"	PR	3/23	North Dak

Long Jump

1.	10	Soludo Obi	15' 5.5"		3/14	Fargo Met
2.	10	Emma Esposito	13' 10.25"	PR	3/28	Snowbird
3.	12	Meghan Esp...	13' 7.75"	PR	3/28	Snowbird
4.	10	McKenna Gro...	13' 3"	PR	3/23	North Dak
5.	11	Emily Simek	13' 1"	PR	3/23	North Dak
6.	12	Hailey Metcal...	9' 7.5"	PR	3/14	Fargo Met

Triple Jump

1.	10	Soludo Obi	32' 8.75"	PR	3/14	Fargo Met
2.	12	Meghan Esp...	26' 9.75"	PR	3/28	Snowbird

	10	Isaac Blotsky			
4.	9	Tanner Erdmann	3:58.59	PR 3/14	Fargo Met
	9	Zane Smith			
	10	Rory Senger			
	10	Jake Stegman			
5.	9	Mason Kjervestad	4:07.03	PR 3/28	Snowbird
	9	Desire Chalumba			
	9	Daniel Morris			
	9	Isaiah Perez			

4x800 Relay

1.	12	Brady Wohl	8:59.32	PR 3/28	Snowbird
	11	Isaac Amundson			
	9	Brennen Krenz			
	11	Jonah Svenby			
2.	12	Brady Wohl	9:08.01	PR 3/22	North Dak
	9	Tanner Erdmann			
	9	Zane Smith			
	11	Andrew Knudsv...			

Shot Put - 12lb

1.	12	Jack Stewart	41' 11.75"	PR 3/22	North Dak
2.	11	Carter Parsons	41' 2"	PR 3/22	North Dak
3.	12	Greg Dimmer	40' 7.5"	PR 3/28	Snowbird
4.	12	Devin Wall	40' 4.5"	PR 3/28	Snowbird
5.	9	Noah Sanger	40' 0.25"	PR 3/23	North Dak
6.	11	Lucas Grove	39' 7.75"	PR 3/28	Snowbird
7.	12	Shawn Hartso...	33' 3.5"	PR 3/23	North Dak
8.	11	Sam Olson	32' 0"	PR 3/23	North Dak
9.	12	Trystin Gabbert	31' 10"	PR 3/14	Fargo Met
10.	9	Cesar Carvalho	29' 1.75"	PR 3/23	North Dak
11.	12	Heath Eder	26' 9.5"	PR 3/23	North Dak
12.	9	Isaac Galsuha	26' 5.75"	PR 3/23	North Dak
13.	9	Asher Poitra	26' 1"	PR 3/23	North Dak
14.	9	Charlie Rerick	25' 2"	PR 3/23	North Dak
15.	10	Nathanael M...	22' 10.75"	PR 3/23	North Dak

Pole Vault

1.	10	Austin Saari	11' 0"	PR 3/28	Snowbird

2.	16	10	Lincoln Walker	11' 0"	PR	3/22 North Dak
3.		12	Bradyn Stock...	9' 0"	PR	3/23 North Dak
4.		11	Talan Otheim	8' 0"	PR	3/14 Fargo Met
5.		11	Michael Shell	7' 6"	PR	3/23 North Dak

Long Jump

1.		9	Joaquin Valdez	20' 5.25"	PR	3/14 Fargo Met
2.		11	Desire Masiri	18' 3.25"	PR	3/14 Fargo Met
3.		9	Ben Orvik	17' 5.25"	PR	3/28 Snowbird
4.		10	Elijah Morris	16' 9.75"	PR	3/28 Snowbird
5.		12	Ahmed Falir	15' 11"	PR	3/22 North Dak
6.		9	Isaiah Perez	15' 3.25"	PR	3/28 Snowbird
7.		11	Andrew Karr	15' 0.25"	PR	3/23 North Dak
8.		12	Anthony Alon...	14' 1"	PR	3/14 Fargo Met

Triple Jump

1.		12	Bradyn Stock...	35' 8"	PR	3/28 Snowbird
2.		11	Desire Masiri	33' 10"	PR	3/28 Snowbird

*Recent improvement

Age on December 31st. USATF rules for 18-19 year old exception.

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OUTDOOR
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MARKS



West Fargo

Packers HS West Fargo, ND

2024 Outdoor Event Records

Mens

100 Meters

1.	10	Isaac Blotsky	11.30 (3.2)	PR	5/17	East Region
2.	10	Ian Skari	11.48		5/3	Packer Relays
3.	11	Lance Williams	11.51		5/6	Fargo Rotary
4.	10	Keshawn Noah	11.54	PR	5/6	Fargo Rotary
5.	9	Ben Orvik	11.58	PR	4/11	Horace Lions
6.	11	Desire Masiri	11.72	PR	5/11	2024 EDC JV
7.	12	Elfried Dissou	11.78 (3.2)	PR	5/17	East Region
8.	9	Daniel Morris	11.82 (3.2)	PR	5/17	East Region
9.	11	Michael Shell	11.83	PR	4/25	Davies Duel
10.	12	Chase Kjerve...	11.84 (3.4)		5/17	East Region
11.	11	Abraham Koi...	11.91	PR	5/1	Fargo South
12.	16 10	Lincoln Walker	11.99	PR	5/11	2024 EDC JV
13.	11	Talan Otheim	12.01	PR	4/25	Davies Duel
14.	11	Baskal Makuag	12.05 (2.7)	PR	5/17	East Region
15.	11	Horatio Willie	12.16	PR	4/4	2024 Sheyen
16.	11	Andrew Karr	12.24	PR	4/25	Davies Duel
17.	12	Ahmed Falir	12.31	PR	5/11	2024 EDC JV
18.	11	Ian Ayengo	12.37	PR	4/25	Davies Duel
19.	9	Mason Kjerve...	12.44	PR	4/25	Davies Duel
20.	10	Cayden Deits...	12.53	PR	4/25	Davies Duel
21.	12	Anthony Alo...	12.73		4/4	2024 Sheyen
22.	9	Desire Chalu...	12.80	PR	4/25	Davies Duel
23.	10	Payton Schaan	12.82	PR	4/25	Davies Duel
24.	10	Beckett Pfau	12.83	PR	4/4	2024 Sheyen
25.	9	Oliver Frericks	13.38	PR	4/25	Davies Duel
26.	9	Elkan Pakai	13.68	PR	4/4	2024 Sheyen
27.	10	Nathanael M...	14.09		4/4	2024 Sheyen
28.	9	Cesar Carvalho	14.42	PR	4/25	Davies Duel

200 Meters

1.	11	Lance Williams	23.02 (2.9)	PR	5/17	East Region
2.	10	Isaac Blotsky	23.11 (3.5)	PR	5/17	East Region
3.	10	Cedric Patter...	23.27 (3.4)	PR	5/17	East Region

Womens

100 Meters

1.	16 10	Michelle Gee	11.98 (3.2)	PR	5/17	East Region
2.	11	Ella Heilman	12.72 (3.2)	PR	5/17	East Region
3.	11	Zevina Scarbr...	12.77 (4.2)	PR	5/17	East Region
4.	7	Averie Skari	13.61 (2.5)	PR	5/17	East Region
5.	11	Ejatu Bah	13.61 (4.7)		5/17	East Region
6.	9	Ayla Ridl	15.17	PR	4/25	Davies Duel
7.	12	Meghan Espo...	15.23		4/11	Horace Lions Cl

200 Meters

1.	16 10	Michelle Gee	24.62 (1.5)	PR	5/17	East Region
2.	11	Ella Heilman	26.47	PR	5/3	Packer Relays
3.	7	Averie Skari	28.64 (3.0)	PR	5/17	East Region
4.	9	Lily Wavrin	28.82	PR	5/3	Packer Relays
5.	10	Brooke Finn	29.28	PR	4/4	2024 Sheyenne
6.	11	Rylee Larsen	29.95 (1.8)	PR	5/17	East Region
7.	11	Ejatu Bah	30.52		4/11	Horace Lions Cl
8.	12	Ella Nelson	31.11		4/11	Horace Lions Cl
9.	11	Emily Simek	31.24		4/4	2024 Sheyenne
10.	9	Ayla Ridl	31.76	PR	4/25	Davies Duel
11.	9	Hallie Pritchard	34.92	PR	5/11	2024 EDC JV Me

400 Meters

1.	16 10*	Michelle Gee	56.41	PR	5/25	NDHSAA Class A
2.	11	Ella Heilman	1:03.82	PR	5/13	Shanley "Last Ch
3.	9	Lily Wavrin	1:05.79		5/13	Shanley "Last Ch
4.	11	Sadie Wavrin	1:06.56		4/11	Horace Lions Cl
5.	12	Ella Nelson	1:08.92		5/17	East Region
6.	11	Grace Kunz	1:12.78	PR	5/1	Fargo South Ma
7.	9	Julie Schoess...	1:22.53	PR	5/3	Packer Relays

800 Meters

1.	10	Kiaya Hagen	2:25.22	PR	5/17	East Region
2.	7	Linnea Bruns	2:32.97	PR	5/17	East Region
3.	10	Makenna Dilly	2:33.16	PR	5/3	Packer Relays

4.	9	Ben Orvik	23.36 (3.5)	PR	5/17	East Region
5.	11	Jack Guscette	24.00	PR	4/4	2024 Sheyen
6.	11	Desire Masiri	24.09	PR	5/11	2024 EDC JV
7.	9	Joaquin Valdez	24.13	PR	4/4	2024 Sheyen
8.	11	Abraham Koi...	24.21	PR	5/1	Fargo South
9.	10	Keshawn Noah	24.33	PR	5/1	Fargo South
10.	12	Chase Kjerve...	24.55 (3.2)		5/17	East Region
11.	9	Daniel Morris	24.55	PR	5/11	2024 EDC JV
12.	11	Talan Otheim	24.75	PR	4/4	2024 Sheyen
13.	12	Ahmed Falir	25.09	PR	4/4	2024 Sheyen
14.	12	Elfried Dissou	25.20	PR	4/25	Davies Duel
15.	10	Beckett Pfau	25.49	PR	4/4	2024 Sheyen
16.	11	Michael Shell	25.52	PR	5/11	2024 EDC JV
17.	12	Anthony Alo...	25.71		4/4	2024 Sheyen
18.	11	Horatio Willie	25.78		4/4	2024 Sheyen
19.	9	Mason Kjerve...	25.80	PR	5/11	2024 EDC JV
20.	9	Desire Chalu...	25.83	PR	5/11	2024 EDC JV
21.	11	Ian Ayengo	26.08	PR	5/1	Fargo South
22.	10	Cayden Deits...	26.17	PR	5/11	2024 EDC JV
23.	11	Andrew Karr	26.18		4/25	Davies Duel
24.	10	Payton Schaan	26.93	PR	4/25	Davies Duel
25.	9	Isaiah Perez	27.14	PR	4/4	2024 Sheyen
26.	9	Oliver Frericks	28.31	PR	5/1	Fargo South
27.	9	Braden Kjerv...	28.54	PR	4/25	Davies Duel
28.	9	Elkan Pakai	30.60	PR	4/4	2024 Sheyen
29.	9	Cesar Carvalho	30.96	PR	4/4	2024 Sheyen
30.	9	Keanu Gunville	31.50	PR	5/11	2024 EDC JV

400 Meters

1.	10	Cedric Patter...	52.48	PR	5/17	East Region
2.	9	Joaquin Valdez	53.17	PR	5/13	Shanley "Las
3.	10	Haakon Sey...	53.65	PR	4/4	2024 Sheyen
4.	10	Isaac Blotsky	54.85	PR	5/13	Shanley "Las
5.	11	Andrew Knud...	55.27		5/10	Gelaine Orvil
6.	12	Ahmed Falir	56.47	PR	5/10	Gelaine Orvil
7.	12	Elfried Dissou	56.88	PR	5/17	East Region
8. 18	11	Prince Tarlue-...	58.23	PR	5/3	Packer Relays
9.	11	Jonah Svenby	58.66	PR	5/6	Fargo Rotary
10.	9	Daniel Morris	58.81	PR	5/3	Packer Relays
11.	10	Beckett Pfau	59.01	PR	4/4	2024 Sheyen
12.	11	Ian Ayengo	59.34	PR	5/11	2024 EDC JV
13.	9	Zane Smith	1:00.44	PR	4/11	Horace Lions
4.	11	Alexis Lindgren	2:43.10	PR	5/6	Fargo Rotary
5.	11	Averi Johnson	2:43.89		5/13	Shanley "Last Cl
6. 14	7	Maggie Jaco...	2:44.01	PR	4/4	2024 Sheyenne
7.	11	Miranda Retzl...	2:46.16		5/1	Fargo South Ma
8.	11	Taylor Christi...	2:48.86	PR	5/1	Fargo South Ma
9.	11	Grace Kunz	2:49.32	PR	5/13	Shanley "Last Cl
10.	11	Olivia Klaman	2:51.62		5/3	Packer Relays
11.	9	Julie Schoess...	3:17.85	PR	5/1	Fargo South Ma

1600 Meters

1. 14	7	Maggie Jaco...	5:30.00	PR	5/1	Fargo South Ma
2.	10	Kiaya Hagen	5:35.25	PR	5/1	Fargo South Ma
3.	10	Makenna Dilly	5:44.26	PR	5/13	Shanley "Last Cl
4.	11	Alexis Lindgren	5:48.67		5/1	Fargo South Ma
5.	11	Olivia Klaman	5:55.18	PR	5/10	Gelaine Orvik Tr
6.	11	Averi Johnson	5:57.93		5/3	Packer Relays
7.	11	Miranda Retzl...	6:07.09		5/3	Packer Relays
8.	11	Taylor Christi...	6:12.22	PR	5/13	Shanley "Last Cl
9.	11	Grace Kunz	6:28.76	PR	5/3	Packer Relays

3200 Meters

1. 14	7*	Maggie Jaco...	11:55.76	PR	5/25	NDHSAA Class A
2.	11	Alexis Lindgren	12:12.40	PR	5/10	Gelaine Orvik Tr
3.	11	Miranda Retzl...	13:04.96		4/4	2024 Sheyenne
4.	11	Averi Johnson	13:06.59	PR	4/4	2024 Sheyenne

100m Hurdles - 33"

1.	10	Brooke Finn	17.70 (3.0)	PR	5/17	East Region
2.	11	Emily Simek	18.90 (3.2)	PR	5/17	East Region
3.	10	McKenna Gross	20.98		4/4	2024 Sheyenne
4.	12	Ella Nelson	21.94	PR	5/10	Gelaine Orvik Tr
5.	9	Hallie Pritchard	23.44	PR	5/10	Gelaine Orvik Tr

300m Hurdles - 30"

1.	11	Sadie Wavrin	52.57	PR	5/17	East Region
2.	10	Brooke Finn	53.58	PR	5/17	East Region
3.	11	Emily Simek	55.65	PR	5/17	East Region
4.	11	Rylee Larsen	57.04		4/4	2024 Sheyenne
5.	12	Ella Nelson	57.32	PR	5/3	Packer Relays
6.	10	McKenna Gross	1:00.67		4/4	2024 Sheyenne

4x100 Relay

1.	11	Zevina Scarbr...	49.74	PR	5/17	East Region
16	10	Michelle Gee				

14.	9	Mason Kjerve...	1:00.78	PR	5/1	Fargo South
15.	9	Desire Chalu...	1:01.25	PR	5/1	Fargo South
16.	10	Cayden Deits...	1:01.46	PR	4/4	2024 Sheyen
17.	9	Oliver Frericks	1:03.18	PR	5/11	2024 EDC JV

800 Meters

1.	12	Brady Wohl	2:04.29	PR	5/1	Fargo South
2.	11	Isaac Amund...	2:11.27		5/6	Fargo Rotary
3.	11	Jonah Svenby	2:13.80	PR	5/17	East Region
4.	10	Zander Senger	2:15.44	PR	5/17	East Region
5.	9	Brennen Krenz	2:16.72	PR	5/3	Packer Relays
6.	9	Zane Smith	2:17.13	PR	4/4	2024 Sheyen
7.	10	Jake Stegman	2:18.23	PR	5/1	Fargo South
8.	10	Rory Senger	2:21.77	PR	4/11	Horace Lions
9.	9	Tanner Erdma...	2:22.06	PR	4/11	Horace Lions
10.	10	Ben Davies	2:22.33		5/3	Packer Relays
11.	12	Joachim Anto...	2:31.35	PR	4/4	2024 Sheyen
12.	10	Ethan Rudolph	2:31.60	PR	5/13	Shanley "Las
13.	11	Parker Thores...	2:37.68	PR	5/11	2024 EDC JV
14.	11	Cooper Warren	2:47.76		5/11	2024 EDC JV

1600 Meters

1.	11	Isaac Amund...	4:36.59	PR	5/13	Shanley "Las
2.	12	Brady Wohl	4:54.49		4/4	2024 Sheyen
3.	9	Brennen Krenz	4:58.90	PR	5/13	Shanley "Las
4.	9	Tanner Erdma...	5:10.35	PR	4/11	Horace Lions
5.	9	Zane Smith	5:15.55	PR	4/11	Horace Lions
6.	10	Ben Davies	5:18.96		5/17	East Region
7.	10	Jake Stegman	5:19.20	PR	5/3	Packer Relays
8.	12	Joachim Anto...	5:20.19	PR	5/13	Shanley "Las
9.	10	Ethan Rudolph	5:23.68	PR	5/10	Gelaine Orvil
10.	11	Parker Thores...	5:30.32	PR	5/6	Fargo Rotary
11.	11	Ethan Radeb...	5:32.25	PR	4/23	Eagle Relays
12.	10	Rory Senger	5:35.34	PR	5/11	2024 EDC JV
13.	11	Cooper Warren	5:39.35	PR	5/3	Packer Relays

3200 Meters

1.	11	Isaac Amund...	10:27.5h	PR	4/23	Eagle Relays
2.	9	Brennen Krenz	10:57.45	PR	5/10	Gelaine Orvil
3.	9	Tanner Erdma...	10:59.43	PR	4/4	2024 Sheyen
4.	12	Joachim Anto...	11:38.04	PR	5/17	East Region
5.	10	Ben Davies	11:47.44		5/10	Gelaine Orvil

110m Hurdles - 36"

	7	Averie Skari				
	11	Ella Heilman				
2.	11	Zevina Scarbr...	50.48	PR	5/1	Fargo South Ma
16	10	Michelle Gee				
	10	Lyla Stegman				
	11	Ella Heilman				
3.	11	* Zevina Scarbro...	52.37	PR	5/25	NDHSAA Class A
	11	* Ella Heilman				
	7	* Averie Skari				
	10	* Lyla Stegman				
4.	11	Ella Heilman	52.49	PR	4/23	Eagle Relays
	11	Zevina Scarbr...				
	11	Rylee Larsen				
16	10	Michelle Gee				
5.	11	Ella Heilman	53.67	PR	4/4	2024 Sheyenne
	11	Zevina Scarbrou...				
	10	Soludo Obi				
	11	Rylee Larsen				
6.	10	Soludo Obi	55.88	PR	5/6	Fargo Rotary
	7	Averie Skari				
	10	Brooke Finn				
	9	Lily Wavrin				

4x100 Throwers Relay - Throwers

1.	12	Cailey Moton	1:08.02	PR	5/3	Packer Relays
	12	Kiara Zepeda				
	10	Ellee McIntosh				
	10	Lyla Stegman				

4x200 Relay

1.	11	Ella Heilman	1:47.63	PR	5/3	Packer Relays
	11	Zevina Scarbr...				
	9	Lily Wavrin				
16	10	Michelle Gee				
2.	11	Ella Heilman	1:49.83	PR	5/17	East Region
	11	Zevina Scarbrou...				
	7	Averie Skari				
	9	Lily Wavrin				
3.	11	Ella Heilman	1:50.06	PR	4/23	Eagle Relays
	11	Zevina Scarbr...				
	11	Rylee Larsen				
16	10	Michelle Gee				
4.	11	* Zevina Scarbro...	1:51.47	PR	5/25	NDHSAA Class A

1.	10	Rory Senger	19.88	PR	4/25	Davies Duel
2.	10	Zander Senger	20.48	PR	4/25	Davies Duel
3.	9	Cesar Carvalho	22.25	PR	4/25	Davies Duel
4.	9	Keanu Gunville	24.34	PR	4/25	Davies Duel

110m Hurdles - 39"

1.	11	Jack Guscette	14.94	PR	5/6	Fargo Rotary
2.	9	Joaquin Valdez	15.06	PR	5/3	Packer Relays
3.	10	Elijah Morris	15.58 (2.8)	PR	5/17	East Region
4.	11	Mag Cummin...	15.90 (2.8)	PR	5/17	East Region
5.	11	Desire Masiri	16.67		5/10	Gelaine Orvil
6.	11	Talan Otheim	20.35	PR	4/4	2024 Sheyen
7.	10	Zander Senger	20.76		5/1	Fargo South
8.	9	Cesar Carvalho	22.75	PR	4/11	Horace Lions
9.	9	Keanu Gunville	24.70	PR	5/11	2024 EDC JV

300m Hurdles - 36"

1.	11*	Jack Guscette	39.88	PR	5/25	NDHSAA Cla
2.	9	Joaquin Valdez	41.69	PR	5/17	East Region
3.	11	Desire Masiri	42.51	PR	5/10	Gelaine Orvil
4.	10	Elijah Morris	42.71	PR	5/13	Shanley "Las
5.	11	Mag Cummin...	42.80	PR	5/13	Shanley "Las
6.	10	Rory Senger	48.34	PR	4/25	Davies Duel
7.	11	Talan Otheim	49.73	PR	4/4	2024 Sheyen
8.	10	Zander Senger	50.01		4/11	Horace Lions
9.	9	Keanu Gunville	57.66	PR	5/1	Fargo South
10.	9	Braden Kjerv...	59.41	PR	4/4	2024 Sheyen

4x100 Relay

1.	9	Joaquin Valdez	44.01	PR	5/17	East Region
	11	Lance Williams				
	10	Isaac Blotsky				
	9	Ben Orvik				
2.	9	Joaquin Valdez	44.59	PR	5/1	Fargo South
	10	Isaac Blotsky				
	11	Lance Williams				
	9	Ben Orvik				
3.	10	Keshawn Noah	44.67	PR	5/3	Packer Relays
	11	Lance Williams				
	10	Isaac Blotsky				
	9	Ben Orvik				
4.	10*	Cedric Patterson	44.70	PR	5/25	NDHSAA Cla
	11*	Lance Williams				
	9*	Lily Wavrin				
	7*	Averie Skari				
	10*	Soludo Obi				
5.	11	Ella Heilman	1:55.52	PR	4/4	2024 Sheyenne
	11	Zevina Scarbrou...				
	10	Soludo Obi				
	9	Lily Wavrin				
6.	11	Sadie Wavrin	1:58.93	PR	5/1	Fargo South Ma
	10	Brooke Finn				
	11	Emily Simek				
	10	Soludo Obi				
7.	9	Lily Wavrin	1:59.09	PR	5/6	Fargo Rotary
	7	Averie Skari				
	11	Emily Simek				
	10	Brooke Finn				
8.	10	Soludo Obi	2:00.40	PR	5/10	Gelaine Orvik Tr
	12	Meghan Esposito				
	10	Emma Esposito				
	12	Ella Nelson				
9.	11	Sadie Wavrin	4:13.65	PR	4/23	Eagle Relays
	10	Brooke Finn				
	10	Soludo Obi				
	11	Emily Simek				

4x400 Relay

1.	9	Lily Wavrin	4:14.98	PR	4/23	Eagle Relays
	11	Sadie Wavrin				
	10	Kiaya Hagen				
	16 10	Michelle Gee				
2.	11*	Ella Heilman	4:16.80	PR	5/25	NDHSAA Class A
	11*	Sadie Wavrin				
	9*	Lily Wavrin				
	10*	Kiaya Hagen				
3.	11	Sadie Wavrin	4:23.47	PR	5/17	East Region
	10	Kiaya Hagen				
	10	Brooke Finn				
	9	Lily Wavrin				
4.	9	Lily Wavrin	4:35.15	PR	4/11	Horace Lions Cl
	10	Kiaya Hagen				
	10	Brooke Finn				
	11	Sadie Wavrin				
5.	11	Ejatu Bah	4:36.08	PR	5/10	Gelaine Orvik Tr

	10	* Isaac Blotsky				
	11	* Desire Masiri				
5.	9	Joaquin Valdez	45.63	PR	4/23	Eagle Relays
	10	Isaac Blotsky				
	11	Jack Guscette				
	9	Ben Orvik				
6.	11	Abraham Koime...	46.49	PR	4/4	2024 Sheyen
	10	Isaac Blotsky				
	12	Chase Kjervestad				
	9	Ben Orvik				
7.	11	Abraham Koime...	46.66	PR	4/23	Eagle Relays
	11	Lance Williams				
	12	Chase Kjervestad				
	11	Baskal Makuag				
8.	12	Elfried Dissou	47.37	PR	5/11	2024 EDC JV
	11	Talan Otheim				
	11	Michael Shell				
	11	Desire Masiri				
9.	10	Keshawn Noah	48.01	PR	5/6	Fargo Rotary
	12	Elfried Dissou				
	11	Baskal Makuag				
	10	Cedric Patterson				
10.	12	Elfried Dissou	48.11	PR	4/25	Davies Duel
	11	Michael Shell				
	9	Daniel Morris				
	11	Talan Otheim				

4x100 Throwers Relay - Throwers

1.	12	Greg Dimmer	53.73	PR	5/3	Packer Relays
	12	Jack Stewart				
	12	Devin Wall				
	11	Lucas Grove				

4x200 Relay

1.	10	Cedric Patterson	1:32.29	PR	5/17	East Region
	11	Lance Williams				
	10	Isaac Blotsky				
	9	Ben Orvik				
2.	9	Joaquin Valdez	1:33.98	PR	4/23	Eagle Relays
	10	Isaac Blotsky				
	11	Jack Guscette				
	9	Ben Orvik				
3.	10	* Cedric Patterson	1:34.43	PR	5/25	NDHSAA Cla
	10	Makenna Dilly				
	12	Ella Nelson				
	7	Linnea Bruns				
6.	10	Kiaya Hagen	4:39.47	PR	5/6	Fargo Rotary
	10	Makenna Dilly				
	7	Linnea Bruns				
	11	Sadie Wavrin				
7.	9	Lily Wavrin	4:40.05	PR	4/4	2024 Sheyenne
	10	Kiaya Hagen				
	11	Rylee Larsen				
	11	Grace Kunz				

4x800 Relay

1.	14	7 * Maggie Jaco...	10:03.17	PR	5/25	NDHSAA Class A
		10 * Kiaya Hagen				
		7 * Linnea Bruns				
		11 * Sadie Wavrin				
2.		10 Kiaya Hagen	10:04.84	PR	5/13	Shanley "Last Ch
		11 Sadie Wavrin				
	14	7 Maggie Jacob...				
		11 Alexis Lindgren				
3.		10 Kiaya Hagen	10:12.68	PR	5/3	Packer Relays
	14	7 Maggie Jacob...				
		11 Sadie Wavrin				
		11 Alexis Lindgren				
4.	14	7 Maggie Jacob...	10:18.10	PR	5/10	Gelaine Orvik Tr
		10 Kiaya Hagen				
		11 Sadie Wavrin				
		7 Linnea Bruns				
5.	10	Kiaya Hagen	10:58.13	PR	4/23	Eagle Relays
	10	Makenna Dilly				
	11	Taylor Christians				
	11	Olivia Klaman				
6.	10	Makenna Dilly	11:00.82	PR	4/11	Horace Lions Cl
	10	Kiaya Hagen				
	11	Averi Johnson				
	11	Alexis Lindgren				
7.	7	Linnea Bruns	11:02.10	PR	5/17	East Region
	11	Averi Johnson				
	11	Grace Kunz				
	11	Miranda Retzlaff				
8.	10	Makenna Dilly	11:35.05	PR	4/4	2024 Sheyenne

	11	* Lance Williams				
	10	* Isaac Blotsky				
	11	* Desire Masiri				
4.	12	Elfried Dissou	1:36.20	PR	5/1	Fargo South
	11	Abraham Koime...				
	12	Chase Kjervestad				
	10	Keshawn Noah				
5.	11	Abraham Koime...	1:36.85	PR	5/10	Gelaine Orvil
	10	Cedric Patterson				
	12	Chase Kjervestad				
	11	Baskal Makuag				
6.	10	Keshawn Noah	1:36.94	PR	5/3	Packer Relays
	10	Isaac Blotsky				
	12	Chase Kjervestad				
	11	Abraham Koime...				
7.	10	Keshawn Noah	1:37.75	PR	5/6	Fargo Rotary
	11	Baskal Makuag				
	12	Elfried Dissou				
	10	Cedric Patterson				
8.	11	Abraham Koime...	1:38.30	PR	4/23	Eagle Relays
	11	Lance Williams				
	12	Chase Kjervestad				
	11	Baskal Makuag				
9.	12	Ahmed Falir	1:39.04	PR	5/11	2024 EDC JV
	11	Talan Otheim				
	11	Michael Shell				
	11	Desire Masiri				
10.	12	Elfried Dissou	1:41.33	PR	4/25	Davies Duel
	11	Michael Shell				
	9	Daniel Morris				
	11	Talan Otheim				
11.	11	Abraham Koime...	1:41.37	PR	4/11	Horace Lions
	10	Isaac Blotsky				
	12	Chase Kjervestad				
	11	Baskal Makuag				
12.	10	Beckett Pfau	3:37.07	PR	4/23	Eagle Relays
	9	Mason Kjervestad				
	10	Cayden Deitsch...				
	11	Ian Ayengo				

4x400 Relay

1.	9	* Joaquin Valdez	3:28.84	PR	5/25	NDHSAA Cla
	11	Olivia Klaman				
	11	Taylor Christians				
	11	Averi Johnson				
9.	11	Averi Johnson	11:42.22	PR	5/6	Fargo Rotary
	11	Miranda Retzlaff				
	11	Olivia Klaman				
	11	Grace Kunz				

SMR 1600m - [200-200-400-800]

1.	11	Ella Heilman	4:59.29	PR	4/23	Eagle Relays
	11	Sadie Wavrin				
	12	Ella Nelson				
	11	Alexis Lindgren				

DMR 4000m - [1200-400-800-1600]

1.	10	Makenna Dilly	14:54.50	PR	4/23	Eagle Relays
	14 7	Maggie Jacob...				
	11	Grace Kunz				
	11	Olivia Klaman				

4x100 Shuttle Hurdles - 33"

1.	10	Brooke Finn	1:20.05	PR	4/23	Eagle Relays
	11	Emily Simek				
	10	Emma Esposito				
	12	Ella Nelson				

Shot Put - 4kg

1.	12	Cailey Moton	40' 8"	PR	5/3	Packer Relays
2.	9	Lily Wavrin	36' 1"	PR	5/17	East Region
3.	10	Lyla Stegman	33' 5.5"	PR	4/11	Horace Lions Cl
4.	12	Kiara Zepeda	31' 2"	PR	4/23	Eagle Relays
5.	12	Heidi Wiede...	30' 6.25"		5/17	East Region
6.	12	Hailey Metcalfe	25' 6"	PR	4/4	2024 Sheyenne
7.	9	Helena Stanton	23' 5"	PR	5/1	Fargo South Ma
8.	9	Marie Musafiri	21' 10"	PR	5/1	Fargo South Ma
9.	10	Andie Stewart	19' 8"		5/11	2024 EDC JV Me

Discus - 1kg

1.	12	* Cailey Moton	129' 2"	PR	5/25	NDHSAA Class A
2.	12	Kiara Zepeda	118' 6"	PR	5/10	Gelaine Orvik Tr
3.	10	Lyla Stegman	109' 9"	PR	5/13	Shanley "Last Ch
4.	11	Sadie Wavrin	107' 3"	PR	4/23	Eagle Relays
5.	9	Lily Wavrin	106' 8"	PR	5/10	Gelaine Orvik Tr
6.	9	Marie Musafiri	57' 1"	PR	5/11	2024 EDC JV Me

	10	* Cedric Patterson				
	10	* Haakon Seymo...				
	11	* Jack Guscette				
2.	9	Joaquin Valdez	3:31.17	PR	5/10	Gelaine Orvil
	10	Cedric Patterson				
	11	Lance Williams				
	11	Jack Guscette				
3.	11	Lance Williams	3:35.64	PR	5/3	Packer Relays
	10	Haakon Seymour				
	10	Cedric Patterson				
	11	Jack Guscette				
4.	10	Haakon Seymour	3:39.42	PR	5/17	East Region
	11	Mag Cummings				
	12	Ahmed Falir				
	10	Cedric Patterson				
5.	11	Andrew Knudsvig	3:48.94	PR	5/6	Fargo Rotary
	10	Cedric Patterson				
	12	Brady Wohl				
	11	Jonah Svenby				
6.	10	Haakon Seymour	3:50.59	PR	4/23	Eagle Relays
	12	Ahmed Falir				
	11	Jonah Svenby				
	12	Elfried Dissou				
7.	11	Lance Williams	3:51.13	PR	4/23	Eagle Relays
	11	Desire Masiri				
	11	Abraham Koime...				
	11	Baskal Makuag				
8.	11	Baskal Makuag	3:55.26	PR	4/11	Horace Lions
	12	Elfried Dissou				
	11	Abraham Koime...				
	12	Ahmed Falir				
9.	12	Ahmed Falir	3:56.85	PR	5/1	Fargo South
	11	Talan Otheim				
	11	Michael Shell				
	12	Elfried Dissou				
10.	11	Baskal Makuag	3:56.96	PR	4/4	2024 Sheyen
	11	Abraham Koime...				
	9	Daniel Morris				
	10	Haakon Seymour				
11.	9	Daniel Morris	3:58.10	PR	5/11	2024 EDC JV
	9	Mason Kjervestad				
	9	Desire Chalumba				

7.	12	Hailey Metcalfe	53' 3"	PR	5/1	Fargo South Ma
8.	9	Helena Stanton	39' 11"	PR	5/11	2024 EDC JV Me

Javelin - 600g

1.	10	* Lyla Stegman	118' 7"	PR	5/25	NDHSAA Class A
2.	12	Kiara Zepeda	115' 1"	PR	4/4	2024 Sheyenne
3.	10	Ellee McIntosh	113' 6"	PR	5/6	Fargo Rotary
4.	9	Lily Wavrin	87' 11"	PR	4/11	Horace Lions Cl
5.	12	Cailey Moton	84' 0"		4/11	Horace Lions Cl
6.	9	Marie Musafiri	47' 0"	PR	5/1	Fargo South Ma
7.	9	Helena Stanton	41' 7"	PR	4/25	Davies Duel
8.	12	Hailey Metcalfe	39' 6"	PR	5/11	2024 EDC JV Me

High Jump

1.	10	Emma Esposito	5' 1"		5/1	Fargo South Ma
2.	11	Zevina Scarbr...	4' 9"		5/17	East Region

Pole Vault

1.	11	Jolee Dahl	11' 9"	PR	5/3	Packer Relays
2.	12	Hope Lukes	10' 3"	PR	5/10	Gelaine Orvik Tr
3.	11	Alexis Dwyer	9' 3"	PR	4/4	2024 Sheyenne
4.	12	Emery Aasen	9' 3"		4/4	2024 Sheyenne
5.	8	Kaisa Tompkins	8' 9"	PR	5/13	Shanley "Last Cl
6.	9	Samantha Ch...	7' 9"	PR	5/17	East Region
7.	12	Ella Montplaisir	7' 3"	PR	4/25	Davies Duel
8.	12	McKayla Walk...	6' 6"		5/11	2024 EDC JV Me
9.	10	Harnoor Johal	6' 0"	PR	5/1	Fargo South Ma
10.	12	Marisa Sleath	6' 0"		5/1	Fargo South Ma

Long Jump

1.	16 10	Michelle Gee	19' 2"	PR	5/6	Fargo Rotary
2.	10	Soludo Obi	16' 2.5"		5/17	East Region
3.	12	Meghan Espo...	15' 0"	PR	5/17	East Region
4.	11	Emily Simek	14' 1.5"	PR	5/6	Fargo Rotary
5.	10	McKenna Gross	14' 1.25"	PR	5/17	East Region
6.	10	Emma Esposito	14' 0"	PR	4/4	2024 Sheyenne
7.	9	Ayla Ridl	11' 10"	PR	4/25	Davies Duel
8.	12	Hailey Metcalfe	11' 8"	PR	5/1	Fargo South Ma

Triple Jump

1.	10	Soludo Obi	35' 9.25"	PR	5/17	East Region
2.	12	Meghan Espo...	29' 7.25"	PR	5/6	Fargo Rotary
3.	10	Emma Esposito	28' 3"	PR	5/10	Gelaine Orvik Tr
4.	11	Ejatu Bah	27' 7.75"	PR	5/10	Gelaine Orvik Tr

	10	Cayden Deitsch...			
12.	9	Mason Kjervestad	4:12.55	PR 4/25	Davies Duel
	9	Daniel Morris			
	9	Desire Chalumba			
	10	Cayden Deitsch...			

4x800 Relay

1.	12	Brady Wohl	8:31.43	PR 5/3	Packer Relays
	10	Haakon Seymour			
	11	Isaac Amundson			
	11	Andrew Knudsvig			
2.	10	* Haakon Seymo...	8:37.74	PR 5/25	NDHSAA Cla
	12	* Brady Wohl			
	11	* Andrew Knuds...			
	11	* Isaac Amundson			
3.	12	Brady Wohl	8:40.82	PR 5/17	East Region
	10	Haakon Seymour			
	11	Andrew Knudsvig			
	11	Jonah Svenby			
4.	11	Andrew Knudsvig	9:10.89	PR 5/10	Gelaine Orvil
	9	Brennen Krenz			
	10	Jake Stegman			
	11	Jonah Svenby			
5.	11	Andrew Knudsvig	9:13.30	PR 4/4	2024 Sheyen
	11	Jonah Svenby			
	9	Zane Smith			
	10	Zander Senger			
6.	10	Ben Davies	9:19.02	PR 5/13	Shanley "Las
	11	Jonah Svenby			
	10	Zander Senger			
	9	Zane Smith			
7.	12	Brady Wohl	9:19.15	PR 4/23	Eagle Relays
	11	Andrew Knudsvig			
	9	Zane Smith			
	10	Jake Stegman			
8.	10	Ben Davies	9:43.89	PR 5/6	Fargo Rotary
	10	Jake Stegman			
	10	Ethan Rudolph			
	10	Zander Senger			

SMR 1600m - [200-200-400-800]

1.	11	Mag Cummings	4:09.97	PR 4/23	Eagle Relays
	12	Chase Kjervestad			

	10	Haakon Seymour			
	11	Jonah Svenby			
2.	12	Elfried Dissou	4:17.17	PR 4/23	Eagle Relays
	10	Beckett Pfau			
	9	Daniel Morris			
	10	Zander Senger			

DMR 4000m - [1200-400-800-1600]

1.	10	Zander Senger	12:44.96	PR 4/23	Eagle Relays
	9	Zane Smith			
	9	Brennen Krenz			
	12	Brady Wohl			

4x110 Shuttle Hurdles - 39"

1.	11	Jack Guscette	1:05.3h	PR 4/23	Eagle Relays
	9	Joaquin Valdez			
	11	Desire Masiri			
	10	Elijah Morris			

Shot Put - 12lb

1.	12	Jack Stewart	45' 2"	PR 4/23	Eagle Relays
2.	12	Greg Dimmer	44' 10"	PR 5/6	Fargo Rotary
3.	11	Carter Parsons	42' 2.75"	PR 5/17	East Region
4.	11	Lucas Grove	41' 8"	PR 4/23	Eagle Relays
5.	12	Devin Wall	40' 5"	PR 4/4	2024 Sheyen
6.	9	Noah Sanger	39' 9"	PR 4/4	2024 Sheyen
7.	12	Shawn Harts...	37' 3"	PR 5/1	Fargo South
8.	12	Aiden Lamb	36' 1"	PR 5/1	Fargo South
9.	9	Isaac Galusha	32' 7"	PR 5/11	2024 EDC JV
10.	12	Trystin Gabbert	31' 6"	PR 4/25	Davies Duel
11.	9	Cesar Carvalho	29' 8"	PR 4/25	Davies Duel
12.	9	Asher Poitra	29' 2"	PR 5/11	2024 EDC JV
13.	9	Charlie Rerick	29' 0"	PR 5/11	2024 EDC JV
14.	12	Heath Eder	26' 3"	PR 4/25	Davies Duel
15.	10	Nathanael M...	26' 0"	PR 4/25	Davies Duel

Discus - 1.6kg

1.	12	Jack Stewart	143' 7"	PR 5/10	Gelaine Orvil
2.	12	Greg Dimmer	139' 1"	PR 5/10	Gelaine Orvil
3.	11	Alexander W...	138' 4"	PR 5/13	Shanley "Las
4.	11	Lucas Grove	130' 3"	PR 5/3	Packer Relay
5.	9	Noah Sanger	122' 2"	PR 5/17	East Region
6.	12	Shawn Harts...	116' 5"	PR 5/1	Fargo South
7.	11	Carter Parsons	98' 7"	PR 4/4	2024 Sheyen

8.	12	Trystin Gabbert	97' 7"		PR	5/1	Fargo South
9.	11	Sam Olson	87' 3"		PR	4/4	2024 Sheyen
10.	12	Aiden Lamb	85' 2"		PR	5/1	Fargo South
11.	11	Zach Waldera	80' 4"		PR	4/4	2024 Sheyen
12.	9	Isaac Galusha	75' 8"		PR	5/11	2024 EDC JV
13.	9	Asher Poitra	69' 3"		PR	5/1	Fargo South
14.	10	Nathanael M...	66' 1"		PR	5/11	2024 EDC JV
15.	9	Charlie Rerick	60' 4"		PR	4/25	Davies Duel
16.	12	Heath Eder	54' 7"			5/1	Fargo South

Javelin - 800g

1.	11	Zach Waldera	134' 5"		PR	5/6	Fargo Rotary
2.	11	Alexander W...	134' 0"		PR	5/13	Shanley "Las
3.	11	Sam Olson	122' 8"			4/4	2024 Sheyen
4.	11	Carter Parsons	121' 8"		PR	4/23	Eagle Relays
5.	12	Aiden Lamb	118' 5"		PR	5/6	Fargo Rotary
6.	7	Logan Wavrin	109' 4"		PR	4/4	2024 Sheyen
7.	10	Jake Stegman	99' 9"		PR	4/23	Eagle Relays
8.	9	Asher Poitra	99' 3"		PR	5/13	Shanley "Las
9.	10	Nathanael M...	95' 3"		PR	5/11	2024 EDC JV
10.	9	Noah Sanger	82' 1"		PR	4/4	2024 Sheyen
11.	12	Trystin Gabbert	70' 9"		PR	5/1	Fargo South
12.	12	Heath Eder	62' 3"		PR	4/4	2024 Sheyen

High Jump

1.	11	Bonfas Loria	6' 5"		PR	5/13	Shanley "Las
2.	9	Joaquin Valdez	5' 10"		PR	5/1	Fargo South
3.	10	Princeton Kel...	5' 6"		PR	4/23	Eagle Relays

Pole Vault

1.	16 10	Lincoln Walker	13' 6"		PR	5/10	Gelaine Orvil
2.	10	Austin Saari	12' 6"		PR	5/3	Packer Relay
3.	12	Bradyn Stock...	10' 6"			5/3	Packer Relay
4.	11	Talan Otheim	9' 3"		PR	5/10	Gelaine Orvil
5.	11	Michael Shell	8' 9"		PR	5/10	Gelaine Orvil

Long Jump

1.	9	Joaquin Valdez	21' 2.75"	(2.8)	PR	4/20	Fargo Elite M
2.	11	Jack Guscette	21' 1"		PR	5/6	Fargo Rotary
3.	11	Lance Williams	20' 10.5"		PR	5/6	Fargo Rotary
4.	9	Ben Orvik	20' 4.5"		PR	5/17	East Region
5.	10	Elijah Morris	18' 10.5"		PR	4/4	2024 Sheyen
6.	11	Desire Masiri	18' 6"			5/10	Gelaine Orvil
7.	11	Mag Cummin...	18' 6"		PR	5/1	Fargo South

8.	10	Cedric Patter...	18' 4.5"	PR	5/13	Shanley "Las
9.	11	Bonfas Loria	18' 4"	PR	5/13	Shanley "Las
10.	12	Ahmed Falir	17' 7.5"	PR	5/11	2024 EDC JV
11.	11	Horatio Willie	17' 3.5"	PR	4/11	Horace Lions
12.	16 10	Lincoln Walker	17' 2"		5/11	2024 EDC JV
13.	10	Keshawn Noah	16' 4.75"	PR	5/13	Shanley "Las
14.	10	Cayden Deits...	16' 1"	PR	5/1	Fargo South
15.	9	Isaiah Perez	16' 0"	PR	4/4	2024 Sheyen
16.	11	Andrew Karr	15' 10.25"	PR	4/25	Davies Duel
17.	10	Payton Schaan	15' 9"	PR	4/4	2024 Sheyen
18.	12	Anthony Alo...	14' 7.5"	PR	4/4	2024 Sheyen

Triple Jump

1.	11	Jack Guscette	41' 8.75"	PR	5/17	East Region
2.	11	Mag Cummin...	40' 10.5"	PR	5/1	Fargo South
3.	16 10	Lincoln Walker	38' 6"	PR	4/11	Horace Lions
4.	12	Bradyn Stock...	38' 3.5"	PR	4/11	Horace Lions
5.	11	Desire Masiri	38' 3.25"	PR	5/3	Packer Relay
6.	11	Baskal Makuag	36' 8.5"	PR	5/10	Gelaine Orvil
7.	12	Ahmed Falir	35' 5"	PR	5/11	2024 EDC JV
8.	10	Payton Schaan	34' 2"	PR	5/11	2024 EDC JV

*Recent improvement

Age on December 31st. USATF rules for 18-19 year old exception.

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PACKER RELAYS

Packer Relays HS

OFFICIAL Fri, May 3, 2024 West Fargo High School, ND US

Mens Results

100 Meters Varsity - Finals

1.	12	Parker Jacobson	11.09a		Valley City
2.	12	Austin Zulu	11.11a		Fargo South
3.	11	Rufus Kermee	11.13a		Moorhead
4.	9	Zak Walker	11.34a		Moorhead
5.	12	Peyton Lemar	11.48a		Central Cass
6.	12	Avann Salman	11.48a		Moorhead
7.	10	Ian Skari	11.48a	SR	West Fargo
8.	11	Noah Tholkes	11.51a		Central Cass
9.	11	Jack Bier	11.54a		Oak Grove Lutheran
10.	10	Jaylen Runnels	11.57a		Fargo South
11.	11	Justin Ajeo	11.60a	SR	Shanley
12.	10	Markus Podliska	11.61a		Horace
13.	10	Ty Geray	11.63a		Horace
14.	10	Isaac Blotsky	11.63a		West Fargo
15.	9	Ben Orvik	11.63a		West Fargo
16.	11	Chasen Sands	11.64a		Davies
17.	11	Lance Williams	11.65a		West Fargo
18.	12	Isaac Wisnewski	11.65a		Central Cass
19.	12	Samyan Kasim	11.66a		Moorhead
20.	12	Isaac Schumacher	11.68a		Davies
21.	12	Grant Tschosik	11.72a		Davies
22.	12	Kaden Christmann	11.72a		Shanley
23.	10	Anthony Wojcik	11.73a		Horace
24.	12	Sam Adams-Vandal	11.75a		Fargo North
25.	11	Owen Thielges	11.76a		Moorhead
26.	11	Kalec Sands	11.78a		Davies
27.	10	Derek Shape	11.79a		Valley City
28.	12	Gannon Koltes	11.79a		Fargo North
29.	11	Isaiah Lincoln	11.82a		Sheyenne
30.	12	Jaden Middleton	11.83a		Fargo South
31.	10	Colton Cruchet	11.86a		Central Cass
32.	9	Corban Youngmark	11.87a		Shanley
33.	9	Ryker Birnbaum	11.89a		Sheyenne
34.	11	Brayden Dirckx	11.89a		Grand Forks Central
35.	10	Keshawn Noah	11.91a		West Fargo
35.	9	Jayden Suhr	11.91a		Valley City
37.	9	Roosevelt Massaquoi	11.93a		Sheyenne
38.	12	Damarion Semanko	11.98a		Fargo South
39.	11	Coleson Stahl	11.98a		Central Cass
40.	12	Gavin Olson	11.99a		Horace
41.	9	Thomas Mendee	12.05a		Sheyenne
42.	10	Reginald Lassiter	12.06a		Grand Forks Central
43.	11	Mason Vollbrecht	12.08a	PR	Fargo North
44.	11	Mike Andrei Villas	12.15a		Red River
45.	9	Noah Johnson	12.21a	PR	Shanley
46.	11	Carter Staffne	12.22a		Sheyenne
47.	9	Edwin Horace	12.26a		Davies
48.	12	Nick Reisnour	12.26a		Red River
49.	10	Lucas Jackson	12.28a		Fargo North
50.	12	Jerry Gibson	12.28a		Fargo South
51.	12	Peyton Trogstad	12.33a	PR	Fargo North
52.	11	Brady Donabauer	12.33a		Oak Grove Lutheran
53.	11	Jake Anderson	12.43a		Valley City

Womens Results

100 Meters Varsity - Finals

1.	12	Elise Wisnewski	11.97a		Central Cass
2.	12	Paige Renschler	12.28a		Shanley
3.	10	Michelle Gee	12.54a		West Fargo
4.	11	Cipriana Jones	12.78a		Moorhead
5.	10	Grace Lemar	12.81a		Central Cass
6.	10	Isabella Nygaard	12.87a		Horace
7.	11	Ella Heilman	12.94a		West Fargo
8.	10	Kaityn Walthers	13.08a		Moorhead
9.	11	Nishi Yvette	13.14a		Fargo South
10.	10	Rebecca Witherspoon	13.19a		Sheyenne
11.	8	Nadia Davis	13.26a		Moorhead
12.	12	Jordis Maxwell	13.35a		Fargo South
13.	9	Morgan Larson	13.39a		Valley City
14.	11	Zevina Scarbrough	13.40a		West Fargo
15.	11	Sydney Bailey	13.41a		Horace
16.	7	Sawyer Kosidowski	13.43a		Davies
17.	11	Brenna Britton	13.43a		Davies
18.	9	Victoria Chandler	13.55a		Hatton-Northwood
19.	11	Liv Ellenson	13.58a		Central Cass
20.	9	Nyelle Avorkliya	13.62a		Sheyenne
21.	9	Ainsley Dietrich	13.63a		Davies
22.	9	Blessing Sheriff	13.65a		Davies
23.	10	Olivia Schock	13.66a		Horace
24.	8	Mackenzie Meyer	13.74a		Central Cass
25.	7	Averie Skari	13.78a		West Fargo
26.	11	Addisyn Dietrich	13.79a		Davies
27.	8	Maddy Pederson	13.84a		Hatton-Northwood
28.	11	Briar Carlsrud	13.84a		Moorhead
29.	11	Ellery White	13.85a		Red River
30.	9	Jada Khatri	13.91a		Fargo South
31.	9	Elsie Eddy	13.92a		Oak Grove Lutheran
32.	10	Aspyn Kjos	13.98a		Oak Grove Lutheran
33.	10	Precious Dennis	14.00a		Red River
34.	9	Camry Yost	14.01a		Oak Grove Lutheran
35.	9	Akur Duot	14.02a		Horace
36.	9	Layni Bakalar	14.05a		Valley City
37.	8	Leighton Stafslien	14.08a		Horace
38.	9	Avi Johnson	14.17a		Red River
39.	10	Laityn Didier	14.20a	SR	Valley City
40.	8	Jenna Groven	14.27a	PR	Hatton-Northwood
41.	8	Addison Swanson	14.30a	SR	Red River
42.	9	Gracie Norling	14.31a		Wahpeton
43.	9	Imaya Armstrong	14.38a		Shanley
44.	8	Trinity Kus	14.38a		Devils Lake
45.	9	Emily Hendrickson	14.40a		Central Cass
46.	7	Ruby Martin	14.41a		Moorhead
47.	8	Vurebari Kpeenu	14.53a		Sheyenne
48.	9	Olivia Preston	14.54a		Shanley
49.	10	Chesney Thomsen	14.58a		Valley City
50.	9	Lucy Williams	14.58a	PR	Fargo South
51.	10	Elizabeth Orness	14.62a		Devils Lake
52.	12	Hadley Thoreson	14.64a		Valley City
53.	10	Siah Yalartai	14.70a		Sheyenne

54.	10	Lewis Prewitt	12.44a	SR	Grand Forks Central
55.	10	Caber Bryce Volk	12.51a		Devils Lake
56.	9	Reid Foell	12.53a		Horace
57.	11	Joshua Hallaway	12.64a	PR	Oak Grove Lutheran
58.	10	Hayden Braun	12.68a		Shanley
59.	9	Max Mannausau	12.71a		Red River
60.	12	Marcos Blazquez	12.82a	PR	Wahpeton
61.	11	Jaxon Hill	12.84a		Wahpeton
62.	9	Braxton Mikkelson	12.88a		Wahpeton
63.	12	Supparek Potirsangs...	12.93a		Oak Grove Lutheran
64.	9	Nikita Usatii	12.98a		Grand Forks Central
65.	9	Landen Oehlke	13.03a		Red River
66.	11	Isaiah Fleetwood	13.22a	PR	Red River
67.	9	Levi Flieth	13.49a		Wahpeton
68.	9	Brett Baker	13.67a		Oak Grove Lutheran

200 Meters Varsity - Finals

1.	12	Justin Zulu	21.87a		Fargo South
2.	12	Peder Haugo	22.57a		Fargo North
3.	11	Rufus Kermee	22.60a	PR	Moorhead
4.	12	Parker Jacobson	22.69a	PR	Valley City
5.	12	Peyton Lemar	22.78a	PR	Central Cass
6.	11	Clay Koenig	22.79a	PR	Fargo North
7.	10	Ty Geray	22.88a	PR	Horace
8.	12	DJ Smith	23.01a		Moorhead
9.	11	Europe Campbell	23.04a	PR	Fargo North
10.	10	Markus Podliska	23.16a		Horace
11.	11	Chasen Sands	23.21a		Davies
12.	11	Aurek Zielinski	23.28a		Moorhead
13.	10	Isaac Blotsky	23.39a		West Fargo
14.	10	Derek Shape	23.43a		Valley City
15.	12	Gannon Koltes	23.47a	PR	Fargo North
16.	10	Anthony Wojcik	23.48a		Horace
17.	12	Jaden Middleton	23.62a	PR	Fargo South
18.	11	Jack Bier	23.66a	PR	Oak Grove Lutheran
19.	11	Isaiah Lincoln	23.76a		Sheyenne
20.	12	Sam Adams-Vandal	23.82a	SR	Fargo North
21.	9	Ben Orvik	23.86a		West Fargo
22.	11	Noah Tholkes	23.87a		Central Cass
23.	11	Talib Berry	23.94a	PR	Grand Forks Central
24.	11	Danny Suedel	23.96a	PR	Grand Forks Central
25.	10	Ryland Fischer	24.13a	PR	Davies
26.	11	Oliver Wirth	24.24a		Devils Lake
27.	10	Naz Fisher	24.25a	PR	Grand Forks Central
28.	11	Talan Lunski	24.28a	PR	Grand Forks Central
29.	9	Aaron Randall	24.32a	PR	Horace
30.	12	Reis Kessel	24.33a		Fargo South
31.	10	Landon Mitchell	24.33a		Shanley
32.	11	Mike Andrei Villas	24.37a	SR	Red River
33.	11	Coleson Stahl	24.39a		Central Cass
34.	11	Caleb Haas	24.39a		Sheyenne
35.	10	Brody Melicher	24.58a		Grand Forks Central
36.	10	Drew Schneider	24.61a	PR	Shanley
37.	9	Ryker Birnbaum	24.65a		Sheyenne
38.	12	Gavin Olson	24.68a	SR	Horace
39.	11	Ansgar Disselbeck	24.77a		Moorhead
40.	11	Case Muscha	24.84a		Central Cass
41.	12	Chase Kjervestad	24.98a		West Fargo
42.	11	Jake Anderson	25.07a		Valley City
43.	9	Max Mannausau	25.08a		Red River
44.	10	Will Morris	25.19a		Sheyenne
45.	11	Owen Nudell	25.28a		Central Cass
46.	9	Edwin Horace	25.48a	PR	Davies
47.	12	Marcos Blazquez	25.53a	PR	Wahpeton
48.	10	Caber Bryce Volk	25.66a		Devils Lake
54.	7	Ealynn Yoder	14.79a		Devils Lake
55.	8	Lexus Olson	14.87a		Hatton-Northwood
56.	8	Brinna Swanson	14.96a		Red River
57.	9	Oleksandra Tarnavch...	15.01a		Fargo North
58.	10	Jaeda Zimmerman	15.02a		Fargo South
59.	11	Galyha Lopez-Lee	15.03a	SR	Wahpeton
60.	10	Taylor Twete	15.06a		Hatton-Northwood
61.	9	Olivia Shorma	15.14a		Shanley
62.	10	Victoria Bolstad	15.18a	SR	Fargo North
63.	11	Maci Miller	15.29a		Wahpeton
64.	10	Keely Klimek	15.38a		Fargo North
65.	12	Anabel Pausch	15.48a		Wahpeton
66.	11	Ellie Ahlfeldt	15.71a		Oak Grove Lutheran
67.	9	Makenna Oye	15.82a		Fargo North
68.	12	Sofia Vega	15.84a		Fargo North
69.	10	Elli Hendrickson	16.17a		Wahpeton
70.	12	Lilia Bauer	16.58a		Oak Grove Lutheran
71.	10	Paris Lebaron	19.23a		Grand Forks Central

200 Meters Varsity - Finals

1.	12	Elise Wisnewski	24.25a	PR	Central Cass
2.	12	Paige Renschler	25.18a	PR	Shanley
3.	11	Cipriana Jones	25.72a	PR	Moorhead
4.	11	Ella Heilman	26.47a	PR	West Fargo
5.	10	Kaityn Walthers	26.51a	PR	Moorhead
6.	9	Haylie Hahnert	26.78a		Fargo North
7.	11	Nishi Yvette	26.81a		Fargo South
8.	10	Olivia Siverson	26.94a	PR	Central Cass
9.	7	Quinn Erickson	26.98a	PR	Moorhead
10.	10	Isabella Nygaard	27.15a		Horace
11.	7	Sawyer Kosidowski	27.20a		Davies
12.	10	Kadie Kocka	27.51a	PR	Valley City
13.	11	Sophia Pfeifer	27.60a		Davies
14.	9	Morgan Larson	27.68a	PR	Valley City
15.	11	Odura Isaac	27.70a		Shanley
16.	8	Nadia Davis	27.78a	PR	Moorhead
17.	11	Sydney Bailey	28.11a		Horace
18.	10	Izzy Thompson	28.16a	PR	Central Cass
19.	9	Victoria Chandler	28.18a		Hatton-Northwood
20.	11	Liv Ellenson	28.29a	PR	Central Cass
21.	11	Addisyn Dietrich	28.30a	PR	Davies
21.	9	Ainsley Dietrich	28.30a		Davies
23.	8	Daniella Buroko	28.37a		Red River
24.	8	Mackenzie Meyer	28.41a	PR	Central Cass
25.	9	Akur Duot	28.50a		Horace
26.	11	Ellery White	28.54a		Red River
27.	9	Avi Johnson	28.61a		Red River
28.	9	Elsie Eddy	28.62a	PR	Oak Grove Lutheran
29.	8	Leighton Stafslien	28.65a		Horace
30.	9	Lily Wavrin	28.82a	PR	West Fargo
31.	9	Layni Bakalar	28.83a	SR	Valley City
32.	7	Averie Skari	28.91a		West Fargo
33.	10	Sophie Geiger	29.08a	PR	Oak Grove Lutheran
34.	8	Maddy Pederson	29.08a		Hatton-Northwood
35.	9	Anna Strand	29.22a	PR	Shanley
36.	12	Chaylee Hewson	29.35a	PR	Devils Lake
37.	8	Jenna Groven	29.66a		Hatton-Northwood
38.	8	Anika Pinke	29.93a	PR	Hatton-Northwood
39.	9	Oleksandra Tarnavch...	29.94a	PR	Fargo North
40.	9	Gracie Norling	29.97a		Wahpeton
41.	9	Naomi Sando	30.04a		Sheyenne
42.	9	Julia Melhus	30.04a		Sheyenne
43.	8	Trinity Kus	30.18a		Devils Lake
44.	9	Trixy Bakabaka	30.28a		Red River
45.	8	Natalie Naastad	30.43a	PR	Hatton-Northwood

49.	12	Sam Bowman	25.72a PR	Red River
50.	9	Landen Oehlke	26.37a	Red River
51.	10	Landon Ralph	26.49a	Wahpeton
52.	10	Bryar Exner	27.12a	Devils Lake
53.	10	Jeffrey Jung	28.60a	Oak Grove Lutheran
54.	9	Brett Baker	28.84a PR	Oak Grove Lutheran
	9	Zander Iceman	DNS	Devils Lake
	9	Saige Thumb	DNS	Devils Lake
	10	Jack Bilstad	DNS	Oak Grove Lutheran
	12	Kaden Christmann	NT	Shanley
	8	Camrin Cook	DNS	Red River
	12	Supparek Potirsangs...	DNS	Oak Grove Lutheran
	11	Abraham Koimene	NT	West Fargo
	9	Jayden Suhr	NT	Valley City
	11	Justin Ajeo	NT	Shanley
	11	Edward Orukotan	DNS	Sheyenne
	12	A'Johntez Moore	DNS	Fargo South
	12	Grant Tschosik	DNS	Davies
	11	Kalec Sands	NT	Davies

400 Meters Varsity - Finals

1.	12	Curtis Sande	52.00a PR	Grand Forks Central
2.	9	Ethan Erickson	52.80a	Shanley
3.	11	Talib Berry	53.11a	Grand Forks Central
4.	12	Jaray Touray	53.37a SR	Davies
5.	12	Fisher Hannesson	53.58a PR	Shanley
6.	12	Oscar Barbot	53.84a	Fargo South
7.	12	James Lien	53.99a	Fargo North
8.	9	Zak Walker	54.19a	Moorhead
9.	12	Peyton Lemar	54.33a	Central Cass
10.	10	Cedric Patterson	54.58a	West Fargo
11.	10	Rylan Buchholz	54.59a	Hillsboro/Central Valley
12.	10	Landon Mitchell	55.09a PR	Shanley
13.	12	Jeb Gossett	55.11a	Fargo North
14.	10	Ryland Fischer	55.31a	Davies
15.	10	Anthony Wojcik	55.35a PR	Horace
16.	9	Easton Holland	55.39a	Central Cass
17.	10	Alexander Lewis	55.55a	Horace
18.	11	Owen Thielges	55.69a	Moorhead
19.	10	Chris Kambal	55.75a	Fargo South
20.	11	David Hollcraft	55.88a	Shanley
21.	12	Dylan Mitzel	55.90a PR	Hillsboro/Central Valley
22.	11	Samuel Rein-Strutz	55.98a	Moorhead
23.	12	Jordan Weston	56.07a	Fargo North
24.	12	Bjorn Kielty	56.42a	Fargo North
25.	11	Ansgar Disselbeck	56.49a	Moorhead
26.	9	Noah Johnson	56.71a	Shanley
27.	10	Justin Torroll	56.84a	Hillsboro/Central Valley
28.	12	Marcos Blazquez	57.26a	Wahpeton
29.	10	Niko Zink	57.47a	Hillsboro/Central Valley
30.	12	Elfried Dissou	57.79a	West Fargo
30.	12	Preston Diederich	57.79a PR	Grand Forks Central
32.	9	Reid Foell	57.81a PR	Horace
33.	12	Garrett Winjum	57.86a PR	Davies
34.	9	Hunter Undem	57.89a PR	Valley City
35.	9	Dylan Riepe	58.04a PR	Moorhead
36.	11	Prince Tarlue-Keller	58.23a PR	West Fargo
37.	11	Evan Saylor	58.23a	Red River
38.	8	Camrin Cook	58.24a PR	Red River
39.	11	Aidyn Wadlow	58.52a	Red River
40.	8	Trey Johnson	58.57a	Hillsboro/Central Valley
41.	12	Caelan Hudson	58.73a	Fargo North
42.	12	Ahmed Falir	58.77a	West Fargo
43.	10	Bryar Exner	58.77a	Devils Lake
44.	9	Daniel Morris	58.81a PR	West Fargo
46.	10	Chesney Thomsen	30.46a	Valley City
47.	9	Alessa McBeain	30.52a	Fargo South
48.	10	Halle Kohlmeier	30.65a	Grand Forks Central
49.	11	Alayna Kloeckner	31.02a	Fargo South
50.	10	Jaeda Zimmerman	31.09a PR	Fargo South
51.	7	Ealynn Yoder	31.09a	Devils Lake
52.	10	Elizabeth Orness	31.45a	Devils Lake
53.	9	Yombo Conteh	31.81a PR	Fargo North
54.	9	Stacy Martinez	31.92a	Wahpeton
55.	9	Uria Gabel	31.97a	Valley City
56.	11	Ellie Ahlfeldt	32.31a	Oak Grove Lutheran
57.	9	McCall Johnson	32.31a	Oak Grove Lutheran
58.	11	Maci Miller	32.34a	Wahpeton
59.	9	Elicia Nelson	32.63a	Devils Lake
60.	12	Sofia Vega	32.88a	Fargo North
61.	10	Madeline Graves	33.49a SR	Wahpeton
62.	10	Elli Hendrickson	33.61a	Wahpeton
63.	10	Paris Lebaron	41.04a PR	Grand Forks Central

400 Meters Varsity - Finals

1.	11	Cipriana Jones	1:00.24a	Moorhead
2.	7	Sawyer Kosidowski	1:01.56a PR	Davies
3.	11	Kennedy Olsen	1:01.90a	Hillsboro/Central Valley
4.	11	Jersey Lang	1:02.58a	Sheyenne
5.	12	Isabella Tangedal	1:03.21a PR	Devils Lake
6.	11	Brenna Britton	1:03.68a	Davies
7.	10	Kaityn Walthers	1:03.78a	Moorhead
8.	11	Sophia Pfeifer	1:04.17a	Davies
9.	9	Izzy Tillisch	1:04.41a	Shanley
10.	12	Cadence Modin	1:05.05a	Davies
11.	10	Molly Meier	1:05.30a	Central Cass
12.	11	Myla Kaldor	1:05.47a SR	Hillsboro/Central Valley
13.	9	Anna Strand	1:05.88a PR	Shanley
14.	10	Addison Saure	1:06.27a	Hillsboro/Central Valley
15.	9	Summer Barbot	1:06.58a	Fargo South
16.	9	Hadley Abentroth	1:06.63a PR	Hillsboro/Central Valley
17.	9	Liana Williamson	1:06.65a	Horace
18.	9	Julia Madson	1:06.73a	Shanley
19.	9	Adria Roller	1:07.73a PR	Sheyenne
20.	8	Trinity Kus	1:07.80a PR	Devils Lake
21.	9	Sophie Watson	1:07.85a PR	Moorhead
22.	9	Kimber Walker	1:07.90a	Hillsboro/Central Valley
23.	8	Jenna Groven	1:08.64a	Hatton-Northwood
24.	9	Olivia Garman	1:08.65a	Central Cass
25.	9	Sharlotte Koch	1:08.81a	Shanley
26.	11	Payton Gast	1:08.99a	Moorhead
27.	12	Ella Nelson	1:09.21a	West Fargo
28.	9	Brooklyn Nickerson	1:09.74a PR	Sheyenne
29.	8	Barrett Sokness	1:10.00a PR	Moorhead
30.	10	Ciara Suah	1:10.02a PR	Fargo South
31.	9	Sienna Fobb	1:11.24a	Wahpeton
32.	10	Webeline Naklen	1:11.36a	Fargo South
33.	9	Wilma Kollie	1:11.53a PR	Horace
34.	7	Ealynn Yoder	1:11.86a	Devils Lake
35.	9	Sophie Carriveau	1:11.93a	Fargo South
36.	10	Dayanna Blanchard	1:12.45a	Sheyenne
37.	10	Madeline Look	1:12.51a	Red River
38.	10	Taylor Twete	1:12.76a	Hatton-Northwood
39.	11	Olivia Knudsen	1:12.92a	Red River
40.	9	Bella Loether	1:13.48a	Horace
41.	11	Akeelah Wetty	1:13.59a PR	Sheyenne
42.	12	Tennasyn Henry	1:13.86a SR	Grand Forks Central
43.	11	Asmo Abdurahin	1:14.37a	Fargo South
44.	9	Stacy Martinez	1:14.50a	Wahpeton
45.	8	Lexus Olson	1:15.60a	Hatton-Northwood

45.	9	Aiden Bontjes	59.34a	PR	Wahpeton
46.	9	Brody Lehr	59.39a		Sheyenne
47.	9	Wesley Overland	59.70a	PR	Central Cass
48.	12	Chris O'Connor	59.87a		Red River
49.	9	Jedidiah Storni	59.97a		Sheyenne
50.	9	Joshua Chea	1:01.00a	PR	Horace
51.	9	Tyrese Vanderhoff	1:01.40a	PR	Red River
52.	10	Caber Bryce Volk	1:01.60a	PR	Devils Lake
53.	9	Levi Flieth	1:01.83a		Wahpeton
54.	12	Supparek Potirsangs...	1:02.53a	PR	Oak Grove Lutheran
55.	9	Reise Berg	1:02.89a	PR	Sheyenne
56.	10	Jeffrey Jung	1:04.27a		Oak Grove Lutheran
57.	9	Owen Terras	1:04.38a	PR	Horace
58.	10	Jack Bilstad	1:04.40a		Oak Grove Lutheran
59.	10	Avery Eback	1:04.89a		Devils Lake
60.	11	Dominick Carter	1:05.81a	PR	Wahpeton
61.	9	Zachary III Bright	1:10.96a		Grand Forks Central

800 Meters Varsity - Finals

1.	12	Nathan Andrews	2:01.10a	PR	Shanley
2.	12	Christian Brist	2:01.77a	SR	Hillsboro/Central Valley
3.	12	Austin Liebl	2:02.50a	PR	Moorhead
4.	11	Lincoln Adair	2:04.37a		Lisbon
5.	12	Ethan Copeland	2:04.95a		Moorhead
6.	10	Eli Schlichting	2:05.31a		Moorhead
7.	11	Adam Sobolik	2:06.42a	PR	Devils Lake
8.	8	Luka Rout	2:06.54a		Davies
9.	12	Brady Wohl	2:06.70a		West Fargo
10.	12	Ronnie Burchill	2:06.94a		Central Cass
11.	10	Wes Brouillard	2:07.02a	PR	Moorhead
12.	10	Isaac Cerney	2:07.62a	PR	Fargo North
13.	12	Adam Brachman	2:08.30a		Davies
14.	9	Scott Johnson	2:11.79a		Red River
15.	10	Liam Arens	2:12.23a		Sheyenne
16.	8	James Chaffee	2:12.69a		Oak Grove Lutheran
17.	11	Hayden Leiser	2:13.02a	PR	Moorhead
18.	10	Kasen Currence	2:13.91a	PR	Davies
19.	9	Cohen Dunnigan	2:14.38a	PR	Red River
20.	9	Kaj Naujokas	2:14.41a	PR	Davies
21.	11	Alex Prichard	2:14.58a	SR	Red River
22.	11	Theo Sum	2:14.88a	PR	Grand Forks Central
23.	11	Sam Dvorak	2:15.06a	PR	Red River
24.	11	Jonah Svenby	2:15.07a		West Fargo
25.	10	Asher Lange	2:15.34a	SR	Davies
26.	9	Lucca Meyer	2:15.70a	PR	Fargo North
27.	12	Andy Garman	2:16.04a		Central Cass
28.	9	Levi Kunze	2:16.51a		Central Cass
29.	9	Brennen Krenz	2:16.72a	PR	West Fargo
30.	9	Chase Bruce	2:17.17a		Sheyenne
31.	11	Steele Bryant	2:17.24a		Central Cass
32.	9	Eban Pool	2:17.35a		Oak Grove Lutheran
33.	9	Max Glynn	2:17.98a		Oak Grove Lutheran
34.	10	Karter Koenig	2:18.94a		Oak Grove Lutheran
35.	10	Zander Senger	2:19.72a		West Fargo
36.	9	Ethan Eiler	2:20.13a	PR	Fargo South
37.	7	Louis Dawson	2:21.12a	PR	Oak Grove Lutheran
38.	10	Ben Davies	2:22.33a	SR	West Fargo
39.	12	Brody Black	2:23.38a		Sheyenne
40.	10	Frank Gwion	2:24.00a		Fargo South
41.	9	Josiah Schoepp	2:25.69a		Fargo North
42.	9	Will Sickler	2:26.85a		Red River
43.	9	Aiden Ackerman	2:27.92a		Devils Lake
44.	8	Peter Shorma	2:28.77a	PR	Shanley
45.	10	Jasher Hildalgo	2:29.21a		Fargo South
46.	7	Jake Myren	2:29.45a	PR	Central Cass
46.	9	Jozlynn Boyer	1:16.24a		Hatton-Northwood
47.	11	Madelyn Novak	1:16.33a		Horace
48.	9	Elicia Nelson	1:17.11a		Devils Lake
49.	12	Lucia Velayos Monre...	1:17.92a	PR	Horace
50.	12	Addison Gerdon	1:18.36a		Wahpeton
51.	10	Ellie Johnson	1:18.41a	PR	Red River
52.	10	Jasmyn Benedict	1:18.71a	SR	Wahpeton
53.	12	Selena Wu	1:21.25a	PR	Red River
54.	9	Julie Schoessow	1:22.53a	PR	West Fargo
55.	12	Addie Rugland	1:25.26a		Wahpeton
56.	11	Katie Uhlir	1:33.12a	SR	Grand Forks Central

800 Meters Varsity - Finals

1.	11	Greta Goven	2:23.90a		Valley City
2.	11	Grace Thiel	2:24.96a		Fargo North
3.	9	Brynn Braaflat	2:26.83a		Davies
4.	11	Grayce Anderson	2:27.62a	SR	Fargo North
5.	11	Lauren Heneman	2:28.23a	PR	Moorhead
6.	10	Lucy Grothmann	2:28.45a	PR	Shanley
7.	10	Noof Ali	2:29.75a		Davies
8.	10	Ava Parks	2:31.50a		Red River
9.	8	Claire Bakke	2:33.04a	PR	Shanley
X	10	Makenna Dilly	2:33.16a	PR	West Fargo
10.	10	Jerzi Narum	2:34.04a		Central Cass
11.	8	Mia Graham	2:34.13a	PR	Shanley
12.	9	Jocelyn Wettlaufer	2:35.14a	PR	Horace
13.	9	Avery Nelson	2:36.48a	PR	Moorhead
14.	8	Gracie Falck	2:36.57a		Wahpeton
15.	10	Kinley Steckler	2:38.42a	SR	Davies
16.	10	Addy Stordahl	2:38.58a	SR	Moorhead
17.	10	Brooklyn Herrick	2:38.96a		Horace
18.	12	Chloe Pesek	2:39.50a	PR	Moorhead
19.	9	Ava Wareham	2:41.07a		Davies
20.	10	Brooklyn Johnson	2:41.31a	PR	Moorhead
21.	8	Dottie Goss	2:41.36a		Devils Lake
22.	10	Addie Saville	2:42.15a	SR	Sheyenne
23.	7	Sophia Faleide	2:42.29a		Central Cass
24.	8	Ellie Lies	2:42.47a		Davies
25.	8	Elizabeth Herrick	2:42.60a		Horace
26.	8	Cambelle Novak	2:43.03a		Horace
27.	11	Brooke Jewett	2:43.11a		Horace
28.	8	Sara Larson	2:43.33a	PR	Sheyenne
29.	9	Kathryn Madrigga	2:43.34a		Sheyenne
30.	9	Cadence Fetsch	2:43.53a		Valley City
31.	10	Gaby Machayya	2:46.42a		Sheyenne
32.	9	Mattea Green	2:47.78a		Red River
33.	11	Claire Bartell	2:49.33a		Fargo North
34.	8	Raya Rothenbacher	2:50.85a	PR	Red River
35.	11	Averi Johnson	2:50.93a		West Fargo
36.	11	Olivia Klaman	2:51.62a	SR	West Fargo
37.	11	Rylie Lelm	2:52.05a		Red River
38.	9	Signe Steier	2:54.62a	PR	Fargo South
39.	10	Lengueth Bainbgui M...	2:56.41a		Fargo South
40.	11	Tricia Pfennig	2:58.01a		Valley City
41.	11	Grace Kunz	2:58.46a		West Fargo
42.	9	Jozlynn Boyer	3:02.78a		Hatton-Northwood
43.	9	Makenna Oye	3:06.00a	PR	Fargo North
44.	10	Autumn Anderson	3:07.23a		Valley City
45.	10	Brenna Storly	3:16.02a		Valley City
46.	10	Klara Oswalt	3:17.63a		Wahpeton
47.	10	Myah Anderson	3:21.55a	PR	Wahpeton
48.	11	Mylee Ward	3:22.96a		Fargo South
49.	10	Allison McGarvey	3:28.24a		Fargo South
50.	10	Ellyse Odegard	3:35.62a		Fargo South
	10	Berit Hillmer	DNS		Fargo North

47.	10	Devin Mailloux	2:31.81a PR	Fargo North
48.	9	Oliver Tackling	2:32.57a PR	Fargo North
49.	11	Benjamin Pinks	2:32.67a PR	Fargo South
50.	7	Grady Larson	2:33.39a	Hatton-Northwood
51.	9	Julian Hermanson	2:35.82a	Hatton-Northwood
52.	9	Ty Uhlir	2:36.96a	Grand Forks Central
53.	9	Isaiah Saydee	2:36.98a	Fargo South
54.	9	James Hulley	2:37.91a	Grand Forks Central
55.	10	Avery Eback	2:41.31a PR	Devils Lake
56.	12	Alex Paul	2:41.32a	Shanley
57.	11	Jack Monroe	2:47.87a	Grand Forks Central
58.	9	Adrian Rivera	2:48.15a PR	Valley City
59.	11	Isaac Vaagen	3:21.99a PR	Devils Lake
	10	Jack Berry	DNS	Grand Forks Central
	10	Zaine Breidenbach	DNS	Sheyenne

1600 Meters Varsity - Finals

1.	12	Austin Liebl	4:28.67a	Moorhead
2.	10	Quinn Carroll	4:32.95a PR	Shanley
3.	11	Jack Kupitz	4:35.78a	Moorhead
4.	10	Kasen Currence	4:36.16a PR	Davies
5.	11	Lincoln Adair	4:37.46a PR	Lisbon
6.	10	Isaac Cerney	4:38.42a PR	Fargo North
7.	10	Asher Lange	4:40.79a PR	Davies
8.	9	Kaj Naujokas	4:44.49a	Davies
9.	12	Noah Berge	4:45.17a PR	Wahpeton
10.	12	Colin Gannon	4:50.15a PR	Davies
11.	9	Zane Bennett	4:51.74a	Devils Lake
12.	11	Isaac Amundson	4:51.90a	West Fargo
13.	9	Cohen Dunnigan	4:52.21a	Red River
14.	10	Ian Schimmelpfennig	4:52.33a PR	Moorhead
15.	12	Corben Golovanoff	4:52.57a	Valley City
16.	11	Jonathan Krogstad	4:53.70a PR	Moorhead
17.	10	Zach Duerr	4:54.56a PR	Sheyenne
18.	12	Michael Sullivan	4:55.82a PR	Moorhead
19.	11	Sam Dvorak	4:55.86a	Red River
20.	9	Devin L' Heureux	4:56.56a	Sheyenne
21.	11	William Krump	4:57.43a	Red River
22.	11	Sam Baah	4:57.98a	Red River
23.	12	Malachi Dalton	4:59.77a	Shanley
24.	10	Jack Berry	4:59.85a PR	Grand Forks Central
25.	7	William Sandy	5:01.03a	Shanley
26.	12	Brody Black	5:01.20a	Sheyenne
27.	11	Karson Phillips	5:02.08a	Davies
28.	10	Zaine Breidenbach	5:10.96a	Sheyenne
29.	9	Jack Sorby	5:12.19a	Valley City
30.	10	Rylan Day	5:13.97a	Devils Lake
31.	9	Josiah Schoepp	5:16.04a PR	Fargo North
32.	11	Noah Azure	5:16.56a	Devils Lake
33.	9	Aiden Ackerman	5:16.57a PR	Devils Lake
34.	10	Jake Stegman	5:19.20a PR	West Fargo
35.	11	Gerardo Sanchez	5:19.81a PR	Devils Lake
36.	11	Will Dorsher	5:22.11a	Fargo North
37.	10	Ethan Rudolph	5:24.26a	West Fargo
38.	11	Christian Pochmara	5:26.80a SR	Fargo North
39.	9	Wesley Overland	5:28.18a	Central Cass
40.	9	Oliver Tackling	5:29.43a	Fargo North
41.	7	Jake Myren	5:30.53a	Central Cass
42.	7	Grady Larson	5:36.63a	Hatton-Northwood
43.	9	Ty Uhlir	5:38.16a	Grand Forks Central
44.	11	Cooper Warren	5:39.35a PR	West Fargo
45.	9	Liam Millington	5:42.30a	Fargo South
46.	9	Jaded Halvorson	5:43.83a	Grand Forks Central
47.	9	Julian Hermanson	5:47.67a	Hatton-Northwood
48.	11	Jack Monroe	5:52.27a	Grand Forks Central
	7	Payton Hanson	DNS	Oak Grove Lutheran
	10	Kiaya Hagen	DNS	West Fargo
	12	Morgan Hartze	DNS	Red River

1600 Meters Varsity - Finals

1.	10	Ava Parks	5:27.01a	Red River
2.	10	Kami Dean	5:28.12a	Shanley
3.	10	Brooklyn Herrick	5:28.69a SR	Horace
4.	12	Morgan Hartze	5:30.27a	Red River
5.	9	Elle Bernhardt	5:30.85a PR	Shanley
6.	9	Mattea Green	5:34.37a PR	Red River
7.	9	Kathryn Madrigga	5:35.82a	Sheyenne
8.	8	Sara Larson	5:36.90a	Sheyenne
9.	8	Lucie Comstock	5:41.97a	Wahpeton
10.	11	Brooke Jewett	5:43.33a PR	Horace
11.	8	Elizabeth Herrick	5:43.84a	Horace
12.	8	Gracie Falck	5:44.56a	Wahpeton
13.	8	Ellie Lies	5:44.57a PR	Davies
14.	11	Abigail Krogstad	5:46.63a PR	Moorhead
15.	8	Cambelle Novak	5:52.60a	Horace
16.	12	Piper Myran	5:56.31a PR	Moorhead
17.	11	Averi Johnson	5:57.93a SR	West Fargo
18.	7	Sophia Faleide	5:58.69a	Central Cass
19.	11	Brenna Shock	5:59.12a PR	Red River
20.	11	Claire Bartell	6:02.28a	Fargo North
21.	12	Isabella Kupitz	6:02.96a	Moorhead
22.	11	Olivia Klaman	6:03.04a	West Fargo
23.	9	Cadence Fetsch	6:03.89a SR	Valley City
24.	7	Tenley Triepke	6:04.46a	Devils Lake
25.	11	Ellie Miller	6:05.58a SR	Davies
26.	11	Miranda Retzlaff	6:07.09a SR	West Fargo
27.	11	Elizabeth Dreessen	6:08.18a	Moorhead
28.	7	Riley Schmiess	6:09.82a PR	Devils Lake
29.	9	Elizabeth Williamson	6:13.60a	Horace
30.	9	Isabelle Thibert	6:13.99a PR	Moorhead
31.	11	Taylor Christians	6:14.83a	West Fargo
32.	10	Ellie Fosberg	6:22.26a PR	Davies
33.	11	Tricia Pfennig	6:22.70a	Valley City
34.	10	Addison McCullough	6:23.64a PR	Davies
35.	8	Kaia Lam	6:25.02a	Red River
36.	11	Grace Kunz	6:28.76a PR	West Fargo
37.	11	Ella Roehl	6:30.78a SR	Fargo South
38.	8	Maci Atchison	6:32.27a PR	Oak Grove Lutheran
39.	9	Claire Fiala	6:37.73a	Grand Forks Central
40.	10	Autumn Anderson	6:45.68a	Valley City
41.	9	Lilia Keller	6:52.20a PR	Grand Forks Central
42.	10	Eve Hashbarger	6:57.45a	Fargo South
43.	10	Brenna Storly	7:00.06a	Valley City
44.	10	Klara Oswalt	7:07.99a	Wahpeton
45.	11	Alora Eback	7:45.63a SR	Fargo South
	11	Emery Holland	DNS	Central Cass
	10	Berit Hillmer	DNS	Fargo North
	10	Lily Elbert	DNS	Oak Grove Lutheran

3200 Meters Varsity - Finals

1.	12	Reagan Berg	11:38.47a PR	Valley City
2.	11	Ava Dunnigan	11:45.12a PR	Moorhead
3.	9	Ellie Engelking	11:59.77a PR	Sheyenne
4.	8	Azlynn Johnson	12:05.30a PR	Hillsboro/Central Valley
5.	7	Kiley L'Heureux	12:06.21a PR	Sheyenne
6.	8	Lucie Comstock	12:23.59a PR	Wahpeton
7.	10	Lily Elbert	12:26.10a	Oak Grove Lutheran
8.	11	Jaylee Bornemann	12:28.26a PR	Davies
9.	7	Emmie Fellows	12:32.72a	Sheyenne

49.	9	James Hulley	5:55.11a	Grand Forks Central
50.	9	Adrian Rivera	6:09.32a	Valley City
51.	12	Noah Eddy	6:10.21a PR	Oak Grove Lutheran
52.	11	Alexander Lyons	6:14.95a PR	Horace
53.	9	Parker Auka	6:24.92a	Central Cass
54.	9	Elijah Irvis	6:44.20a PR	Horace
55.	9	Seth Roberg	7:44.33a PR	Fargo South
	11	Parker Thoreson	DNS	West Fargo
	11	Owen Rohr	DNS	Horace
	10	Alex Buisan	DNS	Oak Grove Lutheran
	9	Scott Johnson	DNS	Red River

3200 Meters Varsity - Finals

1.	11	Gus Hillmer	10:00.82a PR	Fargo North
2.	8	Trey Johnson	10:14.06a PR	Hillsboro/Central Valley
3.	10	Niko Zink	10:14.21a PR	Hillsboro/Central Valley
4.	12	Alex Hovdenes	10:23.21a PR	Davies
5.	11	Carter Reburn	10:33.67a PR	Moorhead
6.	11	Owen Rohr	10:34.80a PR	Horace
7.	10	Alexander Kain	10:40.26a SR	Fargo South
8.	12	Brock Noyes	10:43.29a PR	Moorhead
9.	10	Caden Peterson	10:44.29a PR	Sheyenne
10.	9	Matthew Robinson	10:48.37a PR	Horace
11.	11	Stetson Gisselbeck	10:48.82a SR	Sheyenne
12.	11	Aidan Fiala	10:49.43a	Grand Forks Central
13.	9	Lincoln Steele	10:59.28a PR	Grand Forks Central
14.	9	Cameron Sprout	11:03.87a PR	Sheyenne
15.	11	William Krump	11:06.83a	Red River
16.	12	Noah Berge	11:07.34a PR	Wahpeton
17.	12	Micah Schindler	11:07.83a	Red River
18.	9	Dominic Casetta	11:08.03a PR	Red River
19.	9	David Pochmara	11:08.26a PR	Fargo North
20.	12	Hunter Mickelson	11:29.91a PR	Moorhead
21.	9	Connor Copeland	11:31.34a PR	Moorhead
22.	11	Olivier Sinayigaye	11:32.20a	Red River
23.	11	Kyren Brahos	11:41.87a PR	Davies
24.	12	Joachim Antonin	11:42.63a	West Fargo
25.	10	Hayden Johnson	11:45.17a PR	Davies
26.	9	William Van valkenb...	11:46.54a PR	Davies
27.	8	Cole Foerster	11:47.47a	Shanley
28.	12	Abel Brewster	12:23.19a PR	Moorhead
29.	10	Steven Salberg	12:29.55a PR	Grand Forks Central
30.	9	Carson Huseby	12:33.29a PR	Davies
	9	Zane Bennett	DNS	Devils Lake
	11	Sam Baah	DNS	Red River

10.	9	Tanna Swenson	12:41.59a PR	Sheyenne
11.	11	Myla Kaldor	12:48.56a	Hillsboro/Central Valley
12.	10	Addison Bock	13:00.53a	Davies
13.	7	Sophia Deutsch	13:03.95a	Davies
14.	8	Angelina Olivieri	13:29.92a SR	Shanley
15.	9	Maria Gates	13:37.73a PR	Fargo North
16.	10	Lucy Schaffer	13:42.09a PR	Davies
17.	11	Maggie VanPeursem	14:03.01a PR	Davies
18.	12	Anna Waldron	14:24.18a SR	Moorhead
19.	12	Danika Schlichting	14:55.95a PR	Moorhead
	7	Maggie Jacobson	DNS	West Fargo
	11	Alexis Lindgren	DNS	West Fargo

100m Hurdles - 33" Varsity - Finals

1.	11	Odura Isaac	16.42a	Shanley
2.	12	Brynn Moen	16.78a	Grand Forks Central
3.	9	Paityn Knoke	16.82a	Fargo North
4.	12	Ella Germundson	16.95a	Horace
5.	8	Mikaylah Petrino	17.19a	Sheyenne
6.	12	Sydney Aberle	17.53a	Moorhead
7.	11	Madison Wendel	17.64a PR	Valley City
8.	11	Megan Hartwig	17.90a	Moorhead
9.	10	Piper Newell	18.22a	Sheyenne
10.	8	Sierra Reinke	18.29a	Davies
11.	10	Abby Hilliard	18.68a	Davies
12.	10	Kelby Christofferson	18.80a PR	Horace
13.	10	Aspyn Kjos	18.83a	Oak Grove Lutheran
14.	8	Mackenzie Meyer	19.05a	Central Cass
15.	10	Maddie Meier	19.20a	Hatton-Northwood
16.	10	Keira Botnen	19.30a	Red River
17.	10	Isabelle Oakes	19.34a	Moorhead
18.	10	Mallie McCloud	19.43a	Devils Lake
19.	8	Natalie Naastad	19.52a	Hatton-Northwood
20.	10	Sophie Geiger	19.64a PR	Oak Grove Lutheran
21.	10	Brooke Finn	19.68a	West Fargo
22.	10	Emmy Faleide	20.08a	Central Cass
23.	11	Jaisa Lassiter	20.12a	Valley City
24.	10	Greta Verkuilen	20.15a PR	Moorhead
25.	9	Brynn Korbl	20.60a	Fargo South
26.	9	Sylvia Bochenski	20.61a PR	Red River
27.	10	Victoria Bolstad	21.03a	Fargo North
28.	10	Elizabeth Orness	21.10a	Devils Lake
29.	10	Madeline Graves	21.48a	Wahpeton
30.	9	Brooke Schwab	21.73a	Horace
31.	9	Yombo Conteh	23.47a PR	Fargo North

110m Hurdles - 39" Varsity - Finals

1.	9	Joaquin Valdez	15.06a PR	West Fargo
2.	11	Jack Guscette	15.11a	West Fargo
3.	10	Elijah Morris	15.63a	West Fargo
4.	11	Mag Cummings	15.97a	West Fargo
5.	10	Will Morris	16.10a	Sheyenne
6.	10	Jayvon Anderson	16.11a	Fargo South
7.	11	Desire Masiri	16.94a	West Fargo
8.	10	Collin Williams	17.22a	Davies
9.	9	Carter Shambaugh	17.46a	Fargo South
10.	11	Andrew Rexin	17.49a	Horace
11.	12	Lawrence Walker	17.51a	Moorhead
12.	9	Drew Kessel	17.87a	Fargo South
13.	11	Israel Kyne	17.97a	Moorhead
14.	9	Michael Hollcraft	18.45a	Shanley
15.	9	Brody Schneider	18.56a	Grand Forks Central
16.	10	Simon Kebulu	18.62a	Fargo South
17.	10	Jacob Birnbaum	18.75a	Horace

300m Hurdles - 30" Varsity - Finals

1.	9	Anna Strand	49.43a	Shanley
2.	12	Brynn Moen	49.92a	Grand Forks Central
3.	8	Mikaylah Petrino	50.94a	Sheyenne
4.	9	Paityn Knoke	50.97a	Fargo North
5.	12	Ella Germundson	51.08a	Horace
6.	8	Ella Wass	51.31a	Devils Lake
7.	12	Brynley Coleman	51.61a	Hatton-Northwood
8.	10	Greta Verkuilen	53.71a PR	Moorhead
9.	10	Brooke Finn	53.74a	West Fargo
10.	9	Brooke Schwab	53.93a PR	Horace
11.	10	Piper Newell	54.40a SR	Sheyenne
12.	8	Harper Brunsvold	54.80a PR	Oak Grove Lutheran
13.	12	Chaylee Hewson	54.81a	Devils Lake
14.	8	Anika Pinke	54.99a PR	Hatton-Northwood
15.	10	Jazlyn Heilman	55.53a	Sheyenne
16.	10	Kelby Christofferson	55.62a SR	Horace
17.	8	Natalie Naastad	56.58a	Hatton-Northwood

18.	9	Brock Syrquin	19.05a	Shanley
19.	11	Steven Lozano Rivera	19.11a	Davies
20.	9	Mark Wanner	20.23a	Shanley
21.	9	Nolan Snyder	20.42a	Shanley
22.	10	Caleb Carlsen	21.06a	Grand Forks Central
23.	10	Lewis Prewitt	21.35a	Grand Forks Central
24.	9	Cody Wigestrand	22.42a	Red River
25.	12	Matt Comings	28.12a	Wahpeton
	11	Justin Jacobs	DNS	Moorhead

300m Hurdles - 36" Varsity - Finals

1.	11	Jack Guscette	41.14a	West Fargo
2.	12	Lawrence Walker	41.92a	Moorhead
3.	9	Joaquin Valdez	43.30a	West Fargo
4.	11	Mag Cummings	43.38a	West Fargo
5.	12	Reis Kessel	44.18a	Fargo South
6.	11	Desire Masiri	44.24a	West Fargo
7.	10	Elijah Morris	44.41a	West Fargo
8.	10	Isaac Norby	44.55a	Valley City
9.	9	Easton Holland	44.58a	Central Cass
10.	10	Kolten Tesch	44.86a	Davies
11.	9	Kym Hunder	45.05a	Sheyenne
12.	10	Collin Williams	45.44a	Davies
13.	11	Israel Kyne	46.67a	Moorhead
14.	11	Andrew Rexin	46.88a	Horace
15.	9	Aaden Stanton Ring	47.43a	Valley City
16.	10	Frank Gwion	47.52a	Fargo South
17.	10	Jacob Birnbaum	47.74a	Horace
18.	10	Jasher Hildalgo	47.97a	Fargo South
19.	10	Ethan Meier	48.52a PR	Fargo North
20.	9	Brody Schneider	48.72a	Grand Forks Central
21.	11	Steven Lozano Rivera	48.96a	Davies
22.	9	Mark Wanner	49.01a	Shanley
23.	10	Josiah Novotny-Leino	49.28a	Oak Grove Lutheran
24.	9	Colten Kaldor	49.57a	Fargo North
25.	9	Brock Syrquin	49.94a	Shanley
26.	9	Nolan Snyder	50.07a	Shanley
27.	9	Mickey Flanagan	52.05a	Central Cass
28.	9	Keaton Link	52.56a	Central Cass
29.	10	Caleb Carlsen	53.22a	Grand Forks Central
30.	9	Tyrese Vanderhoff	54.34a	Red River
31.	11	Dominick Carter	54.77a	Wahpeton
32.	9	Cody Wigestrand	54.89a	Red River
33.	9	Zachary III Bright	56.94a	Grand Forks Central
	11	Justin Jacobs	DNS	Moorhead

4x100 Relay Varsity - Finals

1.	12	Avann Salman	43.70a	Moorhead - A
	12	Samyan Kasim		
	11	Owen Thielges		
	11	Aurek Zielinski		
2.	11	Chasen Sands	44.07a	Davies - A
	11	Kalec Sands		
	12	Isaac Schumacher		
	12	Grant Tschosik		
3.	9	Jayden Suhr	44.48a	Valley City - A
	10	Derek Shape		
	10	Isaac Norby		
	12	Parker Jacobson		
4.	11	Brayden Dirckx	44.66a	Grand Forks Central - A
	11	Talan Lunski		
	11	Danny Suedel		
	10	Naz Fisher		
5.	10	Keshawn Noah	44.67a	West Fargo - A

18.	10	Mallie McCloud	56.81a SR	Devils Lake
19.	11	Akeelah Wetty	56.99a PR	Sheyenne
20.	12	Ella Nelson	57.32a PR	West Fargo
21.	9	Sylvia Bochenski	57.75a	Red River
22.	10	Audrey Murphy	57.91a	Moorhead
23.	10	Keira Botnen	59.30a	Red River
24.	9	Brynn Korbl	1:00.42a	Fargo South
25.	10	Maddie Meier	1:00.74a	Hatton-Northwood
26.	10	Emmy Faleide	1:02.90a	Central Cass
27.	10	Jasmyn Benedict	1:02.90a	Wahpeton
28.	9	Yombo Conteh	1:04.67a PR	Fargo North

4x100 Relay Varsity - Finals

1.	11	Zevina Scarbrough	50.13a	West Fargo - A
	10	Michelle Gee		
	7	Averie Skari		
	11	Ella Heilman		
2.	10	Grace Lemar	50.52a	Central Cass - A
	10	Olivia Siverson		
	11	Liv Ellenson		
	10	Izzy Thompson		
3.	10	Isabella Nygaard	51.81a	Horace - A
	11	Sydney Bailey		
	10	Olivia Schock		
	8	Leighton Stafslien		
4.	12	Sydney Aberle	51.95a	Moorhead - A
	8	Nadia Davis		
	11	Ryen Ness		
	11	Briar Carlsrud		
5.	8	Daniella Buroko	52.90a	Red River - A
	10	Precious Dennis		
	9	Avi Johnson		
	11	Ellery White		
6.	10	Rebecca Witherspoon	53.09a	Sheyenne - A
	10	Siah Yalartai		
	9	Naomi Sando		
	9	Nyelle Avorkliya		
7.	12	Gabrielle McLaurin	53.52a	Devils Lake - A
	12	Isabella Tangedal		
	8	Ella Wass		
	9	Sara Kraft		
8.	9	Jada Khatri	53.55a	Fargo South - A
	9	Ashlyn Hins		
	9	Alessa McBeain		
	12	Jadyn Chakua		
9.	9	Victoria Chandler	53.58a	Hatton-Northwood - A
	8	Maddy Pederson		
	11	Alora Berke		
	12	Brynley Coleman		
10.	9	Ainsley Dietrich	53.96a	Davies - A
	11	Addisyn Dietrich		
	10	Karah Ladner		
	11	Maya Youngmark		
11.	10	Aspyn Kjos	54.31a	Oak Grove Lutheran - A
	9	Elsie Eddy		
	9	Camry Yost		
	7	Elsa Grossman		
12.	10	Halle Kohlmeier	55.94a	Grand Forks Central - A
	9	Emma Brown		
	12	Emily Arnold		
	12	Brynn Moen		
13.	9	Uria Gabel	57.48a	Valley City - A
	12	Hadley Thoreson		
	11	Jaisa Lassiter		
	10	Chesney Thomsen		

	11	Lance Williams		
	10	Isaac Blotsky		
	9	Ben Orvik		
6.	12	Jerry Gibson	44.80a	Fargo South - A
	12	Jaden Middleton		
	12	Damarion Semanko		
	12	A'Johntez Moore		
7.	11	Justin Ajeo	45.18a	Shanley - A
	12	AJ Carroll		
	12	Nathan Andrews		
	12	Kaden Christmann		
8.	11	Aidyn Wadlow	46.67a	Red River - A
	12	Carson Blegen		
	11	Mike Andrei Villas		
	12	Nick Reisnour		
9.	9	Hunter Domier	47.34a	Central Cass - A
	9	Hunter Roher		
	11	Owen Nudell		
	11	Case Muscha		
10.	10	Austin Allen	48.83a	Horace - A
	10	Benjamin Williams		
	9	Aaron Randall		
	9	Brett Livingston		
11.	11	Jaxon Hill	51.19a	Wahpeton - A
	10	Landon Ralph		
	9	Aiden Bontjes		
	9	Braxton Mikkelson		
	12	Reggie Cavanaugh	DNS	Devils Lake - A
	12	Leo Franco		
	12	Drew Hofstad		
	11	Oliver Wirth		
	11	Carter Staffne	DNS	Sheyenne - A
	9	Roosevelt Massaquoi		
	9	Ryker Birnbaum		
	9	Thomas Mendee		
	12	Sam Adams-Vandal	DNS	Fargo North - A
	11	Clay Koenig		
	12	Gannon Koltes		
	12	Peder Haugo		
14.	9	Stacy Martinez	58.74a	Wahpeton - A
	9	Gracie Norling		
	11	Maci Miller		
	10	Myah Anderson		

4x100 Throwers Relay - Throwers Varsity - Finals

1.	10	Briley Thompson	58.30a	Sheyenne - A
	12	Deelan Hamdi		
	10	Callen Fosher		
	9	Kenzie Wuo		
2.	9	Aubrey Haag	1:00.72a	Moorhead - A
	9	Kinzey Linn		
	9	Celia Allmendinger		
	9	Hazel Schmidt		
3.	12	Jenna Seibold	1:02.94a	Wahpeton - A
	12	Ashlyn Kahler		
	8	Claire Woods		
	11	Galyha Lopez-Lee		
4.	12	Sydney Schweyen	1:05.43a	Horace - A
	11	Blair Woodrow		
	11	Amelia Lovejoy		
	11	Alexa Hoffman		
5.	12	Claire Vetter	1:05.57a	Shanley - A
	12	Seely Stockmoe		
	12	Mara Klinicke		
	12	Zoe Ertelt		
6.	12	Cailey Moton	1:08.02a	West Fargo - A
	12	Kiara Zepeda		
	10	Ellee McIntosh		
	10	Lyla Stegman		
	12	Ellamarie Jacobson	DNS	Fargo North - A
	10	Kenedy Nelson		
	10	Charlotte Davis		
	9	Diana Paasewe		
	11	Emerson Byron	DNS	Red River - A
	12	Mckenzie Olson		
	11	Bryn Larson		
	10	Jena Chahal		

4x100 Throwers Relay - Throwers Varsity - Finals

1.	12	Carter Schenck	47.52a	Horace - A
	10	Liam Gladue		
	11	Taylor Stefonowicz		
	10	Adam Bamba		
2.	11	Braden Saville	47.68a	Sheyenne - A
	11	Sajen Nyoak		
	11	Brayden Olson		
	11	Kade Pietrzak		
3.	10	Henry Agray	48.73a	Fargo South - A
	12	Dorian Sandness		
	9	Gabe Sanchez		
	12	Treyton Hoffert		
4.	11	Dylan Hunt	49.51a	Valley City - A
	12	Zachary Sykora		
	11	Scot Rohde		
	10	Kaleb McClaflin		
5.	10	Hunter Beolke	52.37a	Wahpeton - A
	10	Alex Comings		
	12	Ian Plummer		
	10	Luke Anderson		
6.	10	Logan Olson	52.37a	Moorhead - A
	10	Sam Jacobson		
	11	Heaton Hall		
	10	Genesis Kamara		

4x200 Relay Varsity - Finals

1.	11	Ella Heilman	1:47.63a	West Fargo - A
	11	Zevina Scarbrough		
	9	Lily Wavrin		
	10	Michelle Gee		
2.	10	Noelle Friederichs	1:50.63a	Shanley - A
	11	Odura Isaac		
	9	Izzy Tillisch		
	11	Clara Robin		
3.	12	Gabrielle McLaurin	1:52.18a	Devils Lake - A
	12	Isabella Tangedal		
	8	Ella Wass		
	9	Sara Kraft		
4.	11	Ryen Ness	1:52.67a	Moorhead - A
	11	Briar Carlsrud		
	10	Annabelle Hedlund		
	12	Sydney Aberle		
5.	11	Addisyn Dietrich	1:52.80a	Davies - A
	9	Ainsley Dietrich		
	11	Maya Youngmark		
	9	Blessing Sheriff		
6.	9	Victoria Chandler	1:57.73a	Hatton-Northwood - A
	11	Alora Berke		
	8	Maddy Pederson		
	12	Brynley Coleman		

7.	12	Cam Ahlers	52.99a	Shanley - A
	10	Briggs Hanson		
	11	Holden Deutsch		
	12	Luke Rogen		
8.	12	Joshua Deckert	53.52a	Devils Lake - A
	11	Amiri Francis		
	10	Grayson Asleson		
	12	Brett Mertens		
9.	12	Greg Dimmer	53.73a	West Fargo - A
	12	Jack Stewart		
	12	Devin Wall		
	11	Lucas Grove		
10.	11	Brayden Weninger	53.83a	Fargo North - A
	11	Jack Miller		
	12	James Miller		
	9	Parnell Preston		
11.	11	JB Walters	54.55a	Red River - A
	12	Logan Wasylow		
	11	Brayden Goulet		
	11	Jacob Foss		

7.	8	Vurebari Kpeenu	1:59.25a	Sheyenne - A
	9	Brooklyn Nickerson		
	9	Julia Melhus		
	9	Adria Roller		
8.	10	Sophie Geiger	1:59.89a	Oak Grove Lutheran - A
	9	Rachel Christianson		
	11	Brooklyn Hanson		
	9	Camry Yost		
9.	8	Addison Swanson	2:00.51a	Red River - A
	8	Brinna Swanson		
	9	Trixy Bakabaka		
	10	Shekinah Rolla		
10.	9	Gracie Norling	2:05.63a	Wahpeton - A
	9	Sienna Fobb		
	11	Maci Miller		
	10	Myah Anderson		
	10	Ava Schaff	DNS	Horace - A
	9	Olivia Schmitt		
	9	Isabella Hestbeck		
	9	Evangeline Eck		

4x200 Relay Varsity - Finals

1.	10	Jaylen Runnels	1:29.79a	Fargo South - A
	12	Justin Zulu		
	12	A'Johntez Moore		
	12	Austin Zulu		
2.	12	Samyan Kasim	1:31.23a	Moorhead - A
	12	Avann Salman		
	12	DJ Smith		
	11	Aurek Zielinski		
3.	10	Landon Mitchell	1:35.29a	Shanley - A
	11	David Hollcraft		
	12	Fisher Hannesson		
	12	AJ Carroll		
4.	12	Reggie Cavanaugh	1:36.40a	Devils Lake - A
	12	Drew Hofstad		
	12	Leo Franco		
	11	Oliver Wirth		
5.	11	Chasen Sands	1:36.41a	Davies - A
	11	Kalec Sands		
	10	Ryland Fischer		
	12	Garrett Winjum		
6.	10	Keshawn Noah	1:36.94a	West Fargo - A
	10	Isaac Blotsky		
	12	Chase Kjervestad		
	11	Abraham Koimene		
7.	11	Mason Vollbrecht	1:37.16a	Fargo North - A
	10	Lucas Jackson		
	12	Sam Adams-Vandal		
	12	Jethro Nettum		
8.	11	Mike Andrei Villas	1:40.55a	Red River - A
	11	Aidyn Wadlow		
	11	Evan Saylor		
	9	Max Mannausau		
9.	11	Jeremy Hestbeck	1:40.63a	Horace - A
	10	Gavin Stone		
	11	Blake Johnson		
	9	Aaron Randall		
10.	11	Jake Anderson	1:41.35a	Valley City - A
	9	Aaden Stanton Ring		
	9	Hunter Undem		
	10	Kenneth Mitchell II		
11.	11	Jaxon Hill	1:45.52a	Wahpeton - A
	9	Levi Flieth		
	9	Aiden Bontjes		

4x400 Relay Varsity - Finals

1.	10	Jerzi Narum		4:09.54a	Central Cass - A
	10	Grace Lemar			
	10	Olivia Garman			
	12	Elise Wisnewski			
2.	12	Paige Renschler	1:01.5h	4:14.21a	Shanley - A
	12	Mesiku Hakim	1:01.0h		
	9	Izzy Tillisch	1:06.5h		
	10	Kami Dean	1:05.2h		
3.	11	Grayce Anderson		4:16.18a	Fargo North - A
	9	Paityn Knoke			
	9	Haylie Hahnert			
	11	Grace Thiel			
4.	9	Hadley Abentroth		4:18.01a	Hillsboro/Central Valley...
	10	Addison Saure			
	9	Kimber Walker			
	11	Kennedy Olsen			
5.	12	Isabella Tangedal		4:21.12a	Devils Lake - A
	12	Gabrielle McLaurin			
	10	Aubrie Lebrun			
	8	Ella Wass			
6.	9	Avery Nelson		4:24.93a	Moorhead - A
	11	Lauren Heneman			
	8	Nadia Adedokun			
	12	Chloe Pesek			
7.	12	Cadence Modin		4:25.99a	Davies - A
	11	Ellie Miller			
	9	Ava Wareham			
	9	Brynn Braaflat			
8.	9	Ellie Engelking		4:29.48a	Sheyenne - A
	11	Jersey Lang			
	8	Mikaylah Petrino			
	10	Addie Saville			
9.	10	Mia Walters		4:39.00a	Horace - A
	10	Atalia Harrison			
	10	Avery Thomas			
	9	Liana Williamson			
10.	9	Summer Barbot		4:42.23a	Fargo South - A
	9	Sophie Carriveau			
	10	Webeline Naklen			
	9	Signe Steier			
11.	11	Olivia Knudsen		4:44.09a	Red River - A
	11	Rylie Lelm			
	11	Brenna Shock			

	10	Landon Ralph		
	11	Owen Nudell	DQ	Central Cass - A
	9	Hunter Roher		
	9	Hunter Domier		
	11	Case Muscha		
	10	Brody Melicher	DQ	Grand Forks Central - A
	10	Naz Fisher		
	11	Danny Suedel		
	12	Curtis Sande		

4x400 Relay Varsity - Finals

1.	10	Jaylen Runnels		3:24.85a	Fargo South - A
	12	Justin Zulu			
	12	Oscar Barbot			
	12	Austin Zulu			
2.	12	Nathan Andrews	52.8h	3:34.46a	Shanley - A
	9	Ethan Erickson	53.6h		
	12	AJ Carroll	53.9h		
	12	Fisher Hannesson	54.0h		
3.	11	Lance Williams		3:35.64a	West Fargo - A
	10	Haakon Seymour			
	10	Cedric Patterson			
	11	Jack Guscette			
4.	11	Europe Campbell		3:35.66a	Fargo North - A
	12	James Lien			
	11	Clay Koenig			
	12	Peder Haugo			
5.	12	Dylan Mitzel		3:38.77a	Hillsboro/Central Valley...
	10	Justin Torroll			
	10	Rylan Buchholz			
	12	Christian Brist			
6.	12	Jaray Touray		3:39.33a	Davies - A
	10	Colton Reinke			
	8	Luka Rout			
	12	Colin Gannon			
7.	10	Bryar Exner		3:42.01a	Devils Lake - A
	11	Joel Nelson			
	11	Gerardo Sanchez			
	11	Adam Sobolik			
8.	9	Chase Bruce		3:45.24a	Sheyenne - A
	10	Zach Duerr			
	10	Liam Arens			
	11	Ian Iverson			
9.	11	Jack Kupitz		3:47.63a	Moorhead - A
	12	Ethan Copeland			
	12	Lawrence Walker			
	10	Ian Schimmelpfennig			
10.	10	Isaac Norby		3:50.46a	Valley City - A
	9	Aaden Stanton Ring			
	9	Hunter Undem			
	9	Jack Sorby			
11.	11	Aidyn Wadlow		3:50.80a	Red River - A
	11	Alex Prichard			
	11	Evan Saylor			
	12	Chris O'Connor			
12.	11	Theo Sum		3:55.02a	Grand Forks Central - A
	10	Reginald Lassiter			
	9	Brody Schneider			
	12	Preston Diederich			
13.	8	James Chaffee		3:56.92a	Oak Grove Lutheran - A
	10	Karter Koenig			
	9	Eban Pool			
	9	Max Glynn			
14.	10	Austin Allen		3:58.53a	Horace - A
	10	Gavin Stone			
	8	Kaia Lam			

4x800 Relay Varsity - Finals

1.	10	Noof Ali	10:04.98a	Davies - A
	11	Jaylee Bornemann		
	9	Brynn Braaflat		
	10	Kinley Steckler		
2.	10	Kiaya Hagen	10:12.68a	West Fargo - A
	7	Maggie Jacobson		
	11	Sadie Wavrin		
	11	Alexis Lindgren		
3.	9	Rachel Christianson	10:22.14a	Oak Grove Lutheran - A
	10	Lily Elbert		
	7	Payton Hanson		
	11	Brooklyn Hanson		
4.	8	Barrett Sokness	10:31.45a	Moorhead - A
	9	Sophie Watson		
	10	Brooklyn Johnson		
	10	Addy Stordahl		
5.	11	Emery Holland	10:37.52a	Central Cass - A
	10	Jerzi Narum		
	10	Molly Meier		
	10	Olivia Garman		
6.	10	Aubrie Lebrun	10:49.43a	Devils Lake - A
	7	Tenley Triepke		
	7	Riley Schmiess		
	8	Dottie Goss		
7.	10	Atalia Harrison	11:22.73a	Horace - A
	10	Mia Walters		
	10	Avery Thomas		
	10	Ava Hennings		
8.	8	Raya Rothenbacher	11:53.65a	Red River - A
	10	Madeline Look		
	12	Selena Wu		
	10	Ellie Johnson		
9.	12	Tennasyn Henry	11:55.64a	Grand Forks Central - A
	12	Katelyn Stern		
	9	Claire Fiala		
	9	Emma Brown		

Shot Put - 4kg Varsity - Finals

Field Series

1.	12	Cailey Moton	40' 8 PR	West Fargo
2.	12	Trista Bilden	40' 7	Hatton-Northwood
3.	12	Seely Stockmoe	38' 10.5	Shanley
4.	10	Elizabeth Pinke	38' 2.5	Hatton-Northwood
5.	10	Jacie Reardon	37' 8.5	Grand Forks Central
6.	11	Avah Cotton	37' 5.5	Central Cass
7.	9	Kenzie Wuo	37' 1 PR	Sheyenne
8.	10	Kylee Sivers	34' 11	Fargo South
9.	12	Mirabelle Enz	34' 4	Moorhead
10.	10	Shya Stockmoe	34' 1	Shanley
11.	11	Hailey Neumann	33' 9.5	Oak Grove Lutheran
12.	11	Koiline Govergo	33' 3	Davies
13.	11	Elsa Axtman	33' 0	Davies
14.	9	Lily Wavrin	32' 8	West Fargo
15.	7	Jocelyn Laqua	32' 6.5	Davies
16.	10	Rachel Laqua	32' 6	Davies
17.	8	Claire Woods	32' 5	Wahpeton
18.	8	Addison Larson	32' 3	Shanley
19.	11	Carrie Osier	31' 8	Fargo North
20.	10	Lyla Stegman	31' 2	West Fargo
21.	11	Abby Baker	31' 1	Red River
22.	11	Galyha Lopez-Lee	30' 9.5	Wahpeton
23.	12	Sidney Zimmerman	30' 9	Moorhead

	11	Veikoso Innes			
	10	Benjamin Williams			
15.	12	Marcos Blazquez	57.3h	3:59.33a	Wahpeton - A
	9	Aiden Bontjes	1:00.4h		
	11	Jaxon Hill	58.8h		
	11	Dominick Carter	1:02.7h		

4x800 Relay Varsity - Finals

1.	12	Nate Anderson	8:26.22a	Davies - A
	8	Luka Rout		
	12	Adam Brachman		
	10	Colton Reinke		
2.	12	Brady Wohl	8:31.43a	West Fargo - A
	10	Haakon Seymour		
	11	Isaac Amundson		
	11	Andrew Knudsvig		
3.	12	Ethan Copeland	8:39.46a	Moorhead - A
	10	Wes Brouillard		
	11	Hayden Leiser		
	10	Eli Schlichting		
4.	12	Andy Garman	9:04.63a	Central Cass - A
	11	Steele Bryant		
	9	Levi Kunze		
	12	Ronnie Burchill		
5.	9	Lucca Meyer	9:04.67a	Fargo North - A
	11	Gus Hillmer		
	12	Jordan Weston		
	11	Will Dorsher		
6.	11	Alex Prichard	9:07.70a	Red River - A
	12	Micah Schindler		
	9	Will Sickler		
	11	Olivier Sinayigaye		
7.	11	Theo Sum	9:12.05a	Grand Forks Central - A
	9	Lincoln Steele		
	11	Aidan Fiala		
	12	Preston Diederich		
8.	9	Aiden Ackerman	9:17.91a	Devils Lake - A
	11	Noah Azure		
	10	Rylan Day		
	11	Gerardo Sanchez		

Shot Put - 12lb Varsity - Finals

Field Series

1.	12	Tyler Cruchet	51' 10	Central Cass
2.	12	James Miller	49' 1	Fargo North
3.	11	Kade Pietrzak	47' 7	Sheyenne
4.	11	JB Walters	47' 7	Red River
5.	12	Mato Greywind	46' 11	Fargo South
6.	11	Sajen Nyoak	44' 8	Sheyenne
7.	12	Greg Dimmer	44' 7	West Fargo
8.	10	Henry Agray	44' 6	Fargo South
9.	12	Nick Kuehl	43' 11	Shanley
10.	12	Jose Alcivar	43' 7.5	Oak Grove Lutheran
11.	10	Evan Wiersma	43' 7	Central Cass
12.	11	Dylan Hunt	43' 5.5	Valley City
13.	12	Luke Rogen	43' 4	Shanley
14.	12	Dorian Sandness	42' 11	Fargo South
15.	11	Aiden Kisser	42' 11	Davies
16.	12	Zach Lilly	42' 11	Davies
17.	11	Braden Klein	42' 10	Central Cass
18.	11	Xander Mowery	42' 9	Sheyenne
19.	9	Lucas Osier	42' 8	Fargo North
20.	10	Mamadi Dore	42' 1	Sheyenne
21.	10	Dayshun Taylor	41' 10	Fargo North
22.	12	Carter Schenck	41' 8	Horace
24.	10	Josie VanSickle	30' 3	Red River
25.	9	Katie Burchill	30' 2	Valley City
26.	12	Jordyn Atwood	30' 0	Fargo South
27.	12	Amanda Priewe	29' 3.5	Central Cass
28.	12	Ashlyn Kahler	29' 1	Wahpeton
29.	9	Brianna Bigirimana	29' 1	Sheyenne
30.	10	Briley Thompson	29' 0	Sheyenne
31.	9	Hazel Schmidt	28' 10.5	Moorhead
32.	12	Kiara Zepeda	28' 10.5	West Fargo
33.	12	Heidi Wiedeman	28' 10	West Fargo
34.	12	Ellamarie Jacobson	28' 8 SR	Fargo North
35.	9	Celia Allmendinger	28' 8	Moorhead
36.	10	Mayah Abel	28' 0	Moorhead
37.	11	Amelia Lovejoy	27' 4 PR	Horace
38.	10	Charlotte Davis	26' 11	Fargo North
39.	11	Addison Uglem	26' 10.5	Hatton-Northwood
40.	10	Taylor Uecker	26' 10	Oak Grove Lutheran
41.	9	Nora Hale	26' 6	Grand Forks Central
42.	11	Blair Woodrow	26' 3.5	Horace
43.	11	Chloe Currier	26' 3	Fargo South
44.	10	Kenedy Nelson	26' 3	Fargo North
45.	12	Mara Klinicke	26' 2	Shanley
46.	12	Sydney Schweyen	26' 1	Horace
47.	12	Chloe Bilden	26' 0	Hatton-Northwood
48.	12	Jenna Seibold	26' 0 PR	Wahpeton
49.	12	Faith Arechigo	25' 10	Sheyenne
50.	12	Thea Letcher	25' 10	Hatton-Northwood
51.	9	Maddie Bratsch	25' 8	Central Cass
52.	10	Elsie Becker	25' 7	Fargo South
53.	11	Deelan Hamdi	25' 6.5	Sheyenne
54.	8	Morgan Wald	25' 5.5	Central Cass
55.	9	Ryley Strahm	24' 5	Horace
56.	9	Koral Siegel	24' 4	Fargo South
57.	12	Zoe Ertelt	24' 1	Shanley
58.	10	Lauren Stiven	23' 11 SR	Devils Lake
59.	11	Olivia Nelson	23' 10	Wahpeton
60.	9	Kendra Kuznia	23' 10	Grand Forks Central
61.	9	Renna McMullin	23' 5 PR	Red River
62.	9	Rebekah Norby	23' 4	Valley City
63.	10	Rylyn Johnson	23' 4 PR	Valley City
64.	10	Jena Chahal	22' 10	Red River
65.	11	Alexa Hoffman	22' 9	Horace
66.	10	Piper Severson	21' 2	Grand Forks Central
67.	9	Ava Bastian	21' 2	Central Cass
68.	9	Tori Nelson	18' 7	Valley City
	9	Diana Paasewe	DNS	Fargo North
	12	Ella McMullin	DNS	Red River
	11	Marthalyne Wornor	DNS	Davies

Discus - 1kg Varsity - Finals

1.	10	Elizabeth Pinke	121' 3	Hatton-Northwood
2.	12	Cailey Moton	117' 11	West Fargo
3.	11	Abby Baker	115' 8	Red River
4.	12	Mirabelle Enz	115' 1 PR	Moorhead
5.	12	Trista Bilden	114' 9	Hatton-Northwood
6.	12	Claire Vetter	112' 2	Shanley
7.	10	Lyla Stegman	109' 6	West Fargo
8.	8	Claire Woods	103' 10	Wahpeton
9.	10	Shya Stockmoe	103' 9 PR	Shanley
10.	11	Sadie Wavrin	98' 1	West Fargo
11.	10	Jacie Reardon	96' 7	Grand Forks Central
12.	9	Katie Burchill	95' 2	Valley City
13.	12	Kiara Zepeda	93' 7	West Fargo
14.	11	Carrie Osier	92' 7	Fargo North
15.	11	Elsa Axtman	90' 11	Davies

23.	10	Alphonso Beipa	41' 5	Sheyenne
24.	11	Tyler Thoreson	41' 3 PR	Red River
25.	11	Caysen Hemstad	41' 2	Fargo North
26.	9	Eli Fischer	41' 1.5	Grand Forks Central
27.	11	Lucas Grove	40' 9.5	West Fargo
28.	10	Jacob Artac	40' 6	Fargo South
29.	10	Adam Bamba	40' 5	Horace
30.	12	Cam Ahlers	40' 5	Shanley
31.	12	Devin Wall	40' 4	West Fargo
32.	10	Alexander Meece	40' 4	Davies
33.	12	Joshua Deckert	40' 2	Devils Lake
34.	10	Sam Jacobson	39' 11	Moorhead
35.	10	Genesis Kamara	39' 11	Moorhead
36.	10	Nolan Marshall	39' 11	Grand Forks Central
37.	12	Xzavier Buckmiller	39' 10	Fargo North
38.	12	Jack Stewart	39' 6.5	West Fargo
39.	11	Holden Deutsch	39' 6	Shanley
40.	11	Carter Parsons	39' 4.5	West Fargo
41.	12	Bryton VanVleet	39' 2 PR	Horace
42.	10	Tyler Evans	39' 1	Hatton-Northwood
43.	11	Heaton Hall	38' 11	Moorhead
44.	10	Blake McCarthy	38' 11	Davies
45.	11	Scot Rohde	38' 6	Valley City
46.	12	Matt Comings	38' 5 PR	Wahpeton
47.	12	Ian Plummer	38' 3.5	Wahpeton
48.	11	Kaden Manske	38' 3 PR	Horace
49.	11	Brayden Goulet	38' 0	Red River
50.	12	Treyton Hoffert	37' 11	Fargo South
51.	9	Brock Carlquist	37' 10	Shanley
52.	11	James Fewster	37' 10	Grand Forks Central
53.	11	Gunnar Majerus	37' 10	Davies
54.	11	Brady Plantz	37' 10	Central Cass
54.	11	Joel Nelson	37' 10	Devils Lake
56.	11	Jacob Foss	37' 1	Red River
57.	10	Logan Olson	36' 9	Moorhead
58.	10	Luke Anderson	36' 1	Wahpeton
59.	12	Justin Koplin	35' 3	Grand Forks Central
60.	10	Lucas Fischer	34' 10	Grand Forks Central
61.	10	Hunter Beolke	34' 5	Wahpeton
62.	8	Owen Hunt	34' 4	Valley City
63.	12	Alex Parrish	34' 4	Red River
64.	11	Rafael Rivera	32' 7	Valley City
65.	10	Alex Comings	32' 0	Wahpeton
66.	10	Trey McPartland	31' 11	Valley City
67.	10	Logan Christenson	31' 6	Oak Grove Lutheran
68.	10	Grayson Asleson	30' 5	Devils Lake
69.	12	Elijah Holman	29' 10	Oak Grove Lutheran
70.	9	Lucas Misheski	28' 5	Horace
	10	Chase McDonald	DNS	Hatton-Northwood
	11	Braxton Rance	ND	Devils Lake
	11	Cade Moldenhauer	ND	Central Cass

Discus - 1.6kg Varsity - Finals

Field Series

1.	12	James Miller	146' 6	Fargo North
2.	12	Cam Ahlers	145' 6 PR	Shanley
3.	10	Alexander Meece	145' 3	Davies
4.	12	Mato Greywind	141' 5	Fargo South
5.	11	Kade Pietrzak	141' 1	Sheyenne
6.	12	Greg Dimmer	133' 3	West Fargo
7.	12	Tatum Vanyo	132' 4.5	Grand Forks Central
8.	11	Alexander Wetterlin	132' 4	West Fargo
9.	11	Xander Moody	131' 3	Fargo South
10.	11	Lucas Grove	130' 3 PR	West Fargo
11.	12	Carter Schenck	129' 9	Horace
12.	11	Dylan Hunt	127' 8	Valley City
16.	11	Jovi Borg	89' 9	Valley City
17.	11	Deelan Hamdi	86' 6 PR	Sheyenne
18.	10	Kylee Sivers	85' 11	Fargo South
19.	12	Sydney Schweyen	84' 4 SR	Horace
20.	12	Amanda Priewe	84' 0	Central Cass
21.	9	Lily Wavrin	83' 7	West Fargo
22.	11	Faith Bjerke	83' 4	Central Cass
23.	10	Elsie Becker	82' 5	Fargo South
24.	12	Sofia Vega	81' 9 PR	Fargo North
24.	11	Avah Cotton	81' 9	Central Cass
26.	8	McKenna Colter	81' 6	Horace
27.	12	Ashlyn Kahler	81' 3 SR	Wahpeton
28.	10	Piper Severson	80' 10	Grand Forks Central
29.	8	Ella Langenwalter	80' 5	Wahpeton
30.	9	Callie Mattern	78' 10	Davies
31.	12	Sidney Zimmerman	78' 8	Moorhead
32.	10	Peace Hakim	78' 5	Shanley
33.	9	Emberly McInerney	78' 2	Davies
34.	10	Briley Thompson	76' 0	Sheyenne
35.	11	Blair Woodrow	75' 9	Horace
36.	10	Elizabeth Voss	75' 7	Shanley
37.	11	Hailey Neumann	74' 10	Oak Grove Lutheran
38.	9	Aubrey Haag	74' 9 PR	Moorhead
39.	11	Addison Uglem	74' 6	Hatton-Northwood
40.	9	Ryley Strahm	74' 1	Horace
41.	12	Jordyn Atwood	73' 7	Fargo South
42.	11	Erika Wanner	72' 6	Shanley
43.	9	Kendra Kuznia	72' 4 PR	Grand Forks Central
44.	9	Ava Bastian	72' 3	Central Cass
45.	9	Emily Broden	72' 2	Central Cass
46.	10	Charlotte Davis	69' 1	Fargo North
47.	10	Josie VanSickle	68' 8	Red River
48.	12	Faith Arechigo	67' 5	Sheyenne
49.	7	Jocelyn Laqua	66' 8	Davies
50.	9	Kinzey Linn	65' 7	Moorhead
51.	10	Mayah Abel	65' 0	Moorhead
52.	12	Thea Letcher	61' 2	Hatton-Northwood
53.	10	Addilyn Groven	59' 5	Hatton-Northwood
54.	11	Chloe Currier	57' 2	Fargo South
55.	9	Nora Hale	55' 11	Grand Forks Central
56.	9	Emma Steinbrink	55' 4	Sheyenne
57.	10	Kyrie Korinta	54' 10	Fargo South
58.	11	Olivia Nelson	53' 3	Wahpeton
59.	10	Lauren Stiven	51' 4	Devils Lake
60.	9	Renna McMullin	51' 0	Red River
61.	10	Kenedy Nelson	48' 1	Fargo North
62.	10	Rylyn Johnson	45' 6	Valley City
63.	12	Jenna Seibold	44' 7	Wahpeton
64.	9	Rebekah Norby	44' 6	Valley City
65.	9	Tori Nelson	42' 4	Valley City
66.	10	Jena Chahal	40' 3	Red River
	9	Diana Paasewe	DNS	Fargo North
	11	Amelia Lovejoy	ND	Horace
	12	Ellamarie Jacobson	ND	Fargo North
	10	Madison Anderson	ND	Sheyenne
	11	Marthalyne Wornor	DNS	Davies
	12	Ella McMullin	ND	Red River
	10	Taylor Uecker	DNS	Oak Grove Lutheran

Javelin - 600g Varsity - Finals

Field Series

1.	12	Trista Bilden	116' 2	Hatton-Northwood
2.	11	Avah Cotton	107' 7	Central Cass
3.	12	Seely Stockmoe	106' 4 PR	Shanley
4.	10	Ellee McIntosh	103' 4	West Fargo
5.	11	Brooke Dorsey	101' 0	Red River

13.	12	Nick Kuehl	126' 0	Shanley
14.	11	JB Walters	125' 9	Red River
15.	11	Braxton Rance	125' 6	Devils Lake
16.	11	Holden Deutsch	125' 2	Shanley
17.	12	Joshua Deckert	124' 5	Devils Lake
18.	11	Cade Moldenhauer	124' 2	Central Cass
19.	11	Scot Rohde	122' 4	Valley City
20.	11	Holden Witte	122' 2	Davies
21.	11	Braden Klein	121' 8	Central Cass
22.	12	Brian Schaan	120' 9	Shanley
23.	9	Gage Liljequist	120' 4 PR	Davies
24.	12	Jack Stewart	118' 5	West Fargo
25.	12	Jose Alcivar	117' 10	Oak Grove Lutheran
26.	10	Aiden Wunderlich	117' 7	Central Cass
27.	9	Parnell Preston	116' 10	Fargo North
28.	11	Kaden Manske	115' 3	Horace
29.	12	Alex Parrish	114' 10	Red River
30.	12	Shawn Hartsoch	113' 9	West Fargo
31.	10	Logan Olson	113' 8	Moorhead
32.	10	Jacob Artac	112' 9	Fargo South
33.	12	Brett Mertens	111' 1	Devils Lake
34.	11	Boden Yoney	107' 9	Moorhead
35.	11	Braden Saville	107' 4	Sheyenne
36.	11	Xander Mowery	106' 11	Sheyenne
37.	9	Corban Youngmark	106' 4	Shanley
38.	10	Lucas Fischer	105' 2	Grand Forks Central
39.	11	Tyler Thoreson	104' 5	Red River
40.	9	Landon McFarland	104' 3	Sheyenne
41.	10	Finn Kielty	104' 1	Fargo North
42.	11	Evan Thomas	104' 0	Fargo South
43.	8	Owen Hunt	102' 7 PR	Valley City
44.	11	Heaton Hall	102' 2	Moorhead
45.	10	Adam Bamba	101' 11	Horace
46.	10	Nolan Marshall	101' 8	Grand Forks Central
47.	9	Grady Ames	101' 5	Davies
48.	12	Peter Havelka	99' 10	Davies
49.	11	Brayden Weninger	99' 8	Fargo North
50.	11	Amiri Francis	97' 11	Devils Lake
51.	10	Sam Jacobson	97' 7 PR	Moorhead
52.	10	Genesis Kamara	96' 2	Moorhead
52.	12	Dorian Sandness	96' 2	Fargo South
54.	9	Elliot Oakland	93' 8	Central Cass
55.	9	Eli Fischer	92' 5	Grand Forks Central
56.	12	Ian Plummer	91' 11	Wahpeton
57.	12	Xzavier Buckmiller	90' 3	Fargo North
58.	10	Logan Christenson	89' 9	Oak Grove Lutheran
59.	11	James Fewster	89' 2	Grand Forks Central
60.	10	Hunter Beolke	82' 5	Wahpeton
61.	11	Rafael Rivera	82' 2	Valley City
62.	10	Tyler Evans	78' 5	Hatton-Northwood
63.	9	Lucas Misheski	77' 1	Horace
64.	12	Bryton VanVleet	75' 2	Horace
65.	11	Brayden Goulet	74' 5	Red River
66.	10	Luke Anderson	69' 1	Wahpeton
67.	10	Trey McPartland	68' 4	Valley City
68.	12	Matt Comings	66' 2	Wahpeton
69.	12	Elijah Holman	61' 0	Oak Grove Lutheran
70.	10	Alex Comings	60' 1	Wahpeton
	12	Tyler Cruchet	ND	Central Cass
	10	Chase McDonald	DNS	Hatton-Northwood
	12	Connor Manske	DNS	Sheyenne
	11	Jacob Foss	ND	Red River

Javelin - 800g Varsity - Finals

Field Series

1.	11	Wyatt Kraft	165' 5	Central Cass
2.	12	Ben Hoffman	161' 0	Fargo North
3.	12	Jack Stewart	157' 0	West Fargo
4.	11	Braden Klein	154' 0	Central Cass
5.	11	Braxton Rance	153' 0	Devils Lake
6.	11	Holden Witte	152' 0	Davies
7.	11	Cade Moldenhauer	151' 0	Central Cass
8.	11	Scot Rohde	150' 0	Valley City
9.	12	Brian Schaan	149' 0	Shanley
10.	12	Joshua Deckert	148' 0	Devils Lake
11.	11	JB Walters	147' 0	Red River
12.	12	Jose Alcivar	146' 0	Oak Grove Lutheran
13.	12	Nick Kuehl	145' 0	Shanley
14.	11	Braden Saville	144' 0	Sheyenne
15.	11	Xander Mowery	143' 0	Sheyenne
16.	11	Heaton Hall	142' 0	Moorhead
17.	11	Boden Yoney	141' 0	Moorhead
18.	11	Evan Thomas	140' 0	Fargo South
19.	10	Aiden Wunderlich	139' 0	Central Cass
20.	10	Finn Kielty	138' 0	Fargo North
21.	10	Logan Olson	137' 0	Moorhead
22.	10	Jacob Artac	136' 0	Fargo South
23.	10	Adam Bamba	135' 0	Horace
24.	10	Nolan Marshall	134' 0	Grand Forks Central
25.	11	Tyler Thoreson	133' 0	Red River
26.	12	Peter Havelka	132' 0	Davies
27.	11	Brayden Weninger	131' 0	Fargo North
28.	11	Amiri Francis	130' 0	Devils Lake
29.	10	Sam Jacobson	129' 0	Moorhead
30.	10	Genesis Kamara	128' 0	Moorhead
31.	12	Dorian Sandness	127' 0	Fargo South
32.	9	Elliot Oakland	126' 0	Central Cass
33.	9	Eli Fischer	125' 0	Grand Forks Central
34.	12	Ian Plummer	124' 0	Wahpeton
35.	12	Xzavier Buckmiller	123' 0	Fargo North
36.	10	Logan Christenson	122' 0	Oak Grove Lutheran
37.	11	James Fewster	121' 0	Grand Forks Central
38.	10	Hunter Beolke	120' 0	Wahpeton
39.	11	Rafael Rivera	119' 0	Valley City
40.	10	Tyler Evans	118' 0	Hatton-Northwood
41.	9	Lucas Misheski	117' 0	Horace
42.	12	Bryton VanVleet	116' 0	Horace
43.	11	Brayden Goulet	115' 0	Red River
44.	10	Luke Anderson	114' 0	Wahpeton
45.	10	Trey McPartland	113' 0	Valley City
46.	12	Matt Comings	112' 0	Wahpeton
47.	12	Elijah Holman	111' 0	Oak Grove Lutheran
48.	10	Alex Comings	110' 0	Wahpeton
49.	9	Parnell Preston	109' 0	Fargo North
50.	11	Kaden Manske	108' 0	Horace
51.	12	Alex Parrish	107' 0	Red River
52.	12	Shawn Hartsoch	106' 0	West Fargo
53.	9	Corban Youngmark	105' 0	Shanley
54.	9	Landon McFarland	104' 0	Sheyenne
55.	8	Owen Hunt	103' 0	Valley City
56.	12	Connor Manske	102' 0	Sheyenne
57.	11	Jacob Foss	101' 0	Red River
58.	12	Tyler Cruchet	100' 0	Central Cass
59.	10	Chase McDonald	99' 0	Hatton-Northwood

6.	11	Abby Baker	98' 7	Red River
7.	10	Lyla Stegman	97' 11	West Fargo
8.	11	Bryn Larson	96' 9	Red River
9.	11	Emerson Byron	96' 5	Red River
10.	10	Jacie Reardon	94' 11	Grand Forks Central
11.	12	Kiara Zepeda	91' 8	West Fargo
12.	12	Mckenzie Olson	90' 8	Red River
13.	8	Addison Larson	88' 10	Shanley
14.	12	Ali Thykeson	86' 4	Fargo North
15.	12	Gabrielle McLaurin	86' 3	Devils Lake
16.	10	Elizabeth Pinke	85' 8	Hatton-Northwood
17.	12	Claire Vetter	81' 6	Shanley
18.	11	Carrie Osier	81' 3	Fargo North
19.	11	Hailey Neumann	80' 11	Oak Grove Lutheran
20.	11	Faith Bjerke	79' 7	Central Cass
21.	9	Katie Burchill	78' 5	Valley City
22.	11	Erika Wanner	78' 3	Shanley
23.	9	Callie Mattern	78' 0	Davies
24.	10	Emmy Faleide	76' 9	Central Cass
25.	12	Amanda Priewe	76' 6	Central Cass
26.	10	Shya Stockmoe	76' 4	Shanley
27.	10	Charlotte Davis	75' 8	Fargo North
28.	11	Jovi Borg	75' 3	Valley City
29.	9	Sabina Goddard	74' 3	Davies
30.	8	Morgan Wald	72' 7	Central Cass
31.	12	Addie Rugland	70' 6	Wahpeton
32.	9	Nora Hale	69' 3	Grand Forks Central
33.	9	Sienna Fobb	69' 0	Wahpeton
34.	12	Anabel Pausch	68' 3	Wahpeton
35.	11	Leighton Koepplin	68' 2	Davies
36.	12	Sydney Schweyen	67' 6	Horace
37.	11	Koiline Govergo	66' 1	Davies
38.	10	Kyrie Korinta	65' 8	Fargo South
39.	10	Callen Fosher	65' 7	Sheyenne
40.	12	Addison Gerdon	62' 11	Wahpeton
41.	9	Ryley Strahm	62' 6	Horace
42.	8	McKenna Colter	61' 7	Horace
43.	10	Violet Mattson	61' 6	Grand Forks Central
44.	9	Adria Roller	61' 4	Sheyenne
45.	11	Blair Woodrow	60' 4	Horace
46.	10	Piper Severson	58' 6	Grand Forks Central
47.	10	Rylyn Johnson	57' 8	Valley City
48.	10	Kenedy Nelson	56' 8	Fargo North
49.	10	Addilyn Groven	56' 3	Hatton-Northwood
50.	11	Amelia Lovejoy	55' 6	Horace
51.	11	Chloe Currier	55' 1	Fargo South
52.	10	Elizabeth Orness	50' 6	Devils Lake
53.	12	Chloe Bilden	48' 8	Hatton-Northwood
54.	11	Deelan Hamdi	44' 8	Sheyenne
55.	9	Rebekah Norby	40' 3	Valley City
	12	Tyndale Archer	DNS	Sheyenne
	8	Kendal Ray	DNS	Sheyenne
	10	Ava Leingang	DNS	Davies
	12	Cailey Moton	DNS	West Fargo
	12	Ellamarie Jacobson	DNS	Fargo North

High Jump Varsity - Finals

Field Series

1.	10	Emma Esposito	5' 1	West Fargo
1.	12	Sannie Yeanay	5' 1	Sheyenne
3.	12	Micah Sander	4' 11 SR	Sheyenne
3.	12	Emily Arnold	4' 11	Grand Forks Central
3.	12	Cayla Sailer	4' 11	Davies
3.	12	Ella Livingston	4' 11	Horace
3.	11	Danica Felland	4' 11 SR	Moorhead
3.	10	Audrina Ehlert	4' 11	Horace

2.	11	Holden Witte	153' 10	Davies
3.	11	JB Walters	151' 10 SR	Red River
4.	12	Maddox Maloney	144' 0 PR	Davies
5.	11	Tyler Thoreson	137' 7	Red River
6.	12	Peter Havelka	135' 10	Davies
7.	11	Taylor Stefonowicz	130' 6	Horace
8.	12	Ryder Myers	129' 6	Davies
9.	9	Eli Fischer	127' 5	Grand Forks Central
10.	11	Brayden Olson	126' 10	Sheyenne
11.	9	Gabe Sanchez	126' 9	Fargo South
12.	11	Kaden Geigle	126' 1	Shanley
13.	12	Drew Hofstad	123' 7	Devils Lake
14.	12	Tatum Vanyo	122' 11	Grand Forks Central
15.	11	Caleb Haas	122' 9	Sheyenne
16.	9	Tyson Vanyo	122' 4	Grand Forks Central
17.	12	Zachary Sykora	121' 5	Valley City
18.	12	Brett Mertens	120' 3	Devils Lake
19.	10	Nolan Marshall	119' 9	Grand Forks Central
20.	10	Kaleb McClaflin	119' 4	Valley City
21.	12	Joshua Deckert	118' 10	Devils Lake
22.	11	Alexander Wetterlin	118' 9	West Fargo
23.	9	Keegan Markell	118' 4	Sheyenne
24.	10	Lucas Fischer	116' 8	Grand Forks Central
25.	11	Dylan Hunt	116' 7	Valley City
26.	12	Jordan Zander	115' 6	Fargo North
27.	10	Luke Anderson	113' 10	Wahpeton
28.	11	Brayden Goulet	113' 2	Red River
29.	12	Jose Alcivar	112' 1	Oak Grove Lutheran
30.	9	Gage Heffernan	112' 0	Red River
31.	10	Logan Christenson	109' 6	Oak Grove Lutheran
32.	11	Marquese Dubois	109' 5	Devils Lake
33.	11	Joel Nelson	109' 1	Devils Lake
34.	11	Henry Devitt	108' 11	Fargo North
35.	10	Liam Gladue	108' 7	Horace
36.	12	Aiden Lamb	107' 7	West Fargo
37.	11	Scot Rohde	107' 5	Valley City
38.	11	Zach Waldera	105' 11	West Fargo
39.	10	Briggs Hanson	104' 9	Shanley
40.	11	Jacob Foss	104' 8 SR	Red River
41.	11	Jack Miller	101' 2	Fargo North
42.	9	Elliot Oakland	100' 6	Central Cass
43.	9	Reid Foell	99' 7	Horace
44.	11	Sajen Nyoak	99' 3	Sheyenne
45.	11	Carter Parsons	96' 10	West Fargo
46.	10	Zach Bense	93' 5	Sheyenne
47.	11	Max Sornsin	93' 3	Shanley
48.	11	Brady Plantz	92' 10	Central Cass
49.	10	Trey McPartland	92' 6	Valley City
50.	11	Calvin Piper	91' 5	Central Cass
51.	9	Caleb Stowman	91' 2	Fargo South
52.	12	Peter Davis	88' 1	Fargo North
53.	10	Alex Comings	87' 4	Wahpeton
54.	11	Griffin Olson	82' 2	Fargo South
55.	10	Nicolas Anderson	82' 1	Shanley
56.	12	Matt Comings	79' 10	Wahpeton
57.	10	Cade Carney	61' 3	Horace
58.	10	Jens Sharbono	49' 1	Fargo South
	12	Kolden Franke	DNS	Davies
	10	Hunter Beolke	DNS	Wahpeton
	10	Finn Kielty	DNS	Fargo North
	10	Evan Wiersma	DNS	Central Cass

High Jump Varsity - Finals

Field Series

1.	12	Alpha Camara	6' 2 PR	Davies
2.	12	Samyan Kasim	6' 2 PR	Moorhead
9.	8	Sierra Reinke	4' 9 PR	Davies
9.	9	Kenzie Wuo	4' 9 SR	Sheyenne
9.	10	Isabelle Naklen	4' 9	Fargo South
9.	8	Nadia Adedokun	4' 9 PR	Moorhead
9.	9	Sylvia Bochenski	4' 9	Red River
9.	9	Lisa Tarwo	4' 9	Moorhead
9.	10	Callen Fosher	4' 9	Sheyenne
9.	9	Haylie Hahnert	4' 9 PR	Fargo North
17.	9	Paityn Knoke	4' 7	Fargo North
17.	11	Zevina Scarbrough	4' 7	West Fargo
17.	11	Hannah Bargor	4' 7	Sheyenne
17.	10	Dacota Potratz	4' 7	Valley City
17.	12	Elizabeth Conlin	4' 7	Davies
17.	7	Mayson Lynch	4' 7	Central Cass
17.	10	Piper Spiekermeier	4' 7	Horace
17.	8	Molly Welsch	4' 7	Oak Grove Lutheran
17.	11	Naeemah Adedokun	4' 7 PR	Moorhead
26.	8	Brinna Swanson	4' 5	Red River
26.	8	Ellyssa Holmberg	4' 5	Oak Grove Lutheran
28.	10	Lengueth Bainbgui M...	4' 3	Fargo South
28.	10	Brooklyn Botz	4' 3	Valley City
28.	11	Lauren Barth	4' 3	Davies
28.	10	Karah Ladner	4' 3	Davies
28.	9	Julia Madson	4' 3	Shanley
	9	McCall Johnson	NH	Oak Grove Lutheran
	10	Sophie Geiger	NH	Oak Grove Lutheran

Pole Vault Varsity - Finals

Field Series

1.	11	Jolee Dahl	11' 9 PR	West Fargo
2.	11	Megan Hartwig	11' 3 PR	Moorhead
3.	11	Addison Tandeski	10' 3	Davies
4.	10	Kadie Kocka	9' 9 PR	Valley City
5.	12	Hope Lukes	9' 9	West Fargo
6.	11	Ryen Ness	9' 9	Moorhead
7.	12	Brynley Coleman	9' 3	Hatton-Northwood
8.	12	Halle Braaflat	9' 3	Davies
9.	12	Madison Lugert	9' 3	Sheyenne
10.	11	Alexis Dwyer	8' 9	West Fargo
11.	12	Emery Aasen	8' 9	West Fargo
12.	9	Elise Skovholt	8' 3	Wahpeton
13.	8	Kaisa Tompkins	8' 3	West Fargo
14.	11	Morgan Wieler	8' 3	Sheyenne
15.	11	Lauren Barth	8' 3	Davies
16.	10	Kaylie Broden	7' 9	Central Cass
17.	9	Signe Steier	7' 9	Fargo South
18.	11	Madison Wendel	7' 9	Valley City
19.	10	Abby Hilliard	7' 9	Davies
20.	9	Kennedy Fitzloff	7' 9	Sheyenne
21.	9	Olivia Shorma	7' 3	Shanley
21.	12	Tyndale Archer	7' 3	Sheyenne
23.	10	Laityn Didier	7' 3	Valley City
24.	9	Madison Carlson	7' 3	Davies
24.	9	Ashlyn Hins	7' 3	Fargo South
26.	10	Audrey Murphy	6' 3 PR	Moorhead
26.	10	Isabelle Oakes	6' 3	Moorhead
28.	10	Myah Anderson	6' 3	Wahpeton
	10	Ava Mattison	DNS	Moorhead
	11	Lois Schneider	DNS	Central Cass
	10	Jasmyn Benedict	NH	Wahpeton

Long Jump Varsity - Finals

Field Series

1.	11	Cipriana Jones	17' 0 PR	Moorhead
2.	9	Sara Kraft	16' 7	Devils Lake
3.	12	Micah Sander	16' 3.75	Sheyenne

3.	12	John Angau	6' 0 PR	Sheyenne
3.	12	Moe Sabby	6' 0 PR	Sheyenne
3.	11	Reign Battle	6' 0	Moorhead
3.	11	Joel Nelson	6' 0	Devils Lake
7.	10	Chris Kambal	6' 0	Fargo South
8.	10	Israel Bauer	5' 10	Horace
8.	11	Oliver Wirth	5' 10	Devils Lake
8.	11	Bonfas Loria	5' 10	West Fargo
11.	11	Isaac Beauchamp	5' 8	Shanley
11.	9	Austin Dryburgh	5' 8	Moorhead
11.	9	Joaquin Valdez	5' 8	West Fargo
11.	12	Sam Bowman	5' 8	Red River
11.	11	Rufus Kermee	5' 8	Moorhead
11.	9	Carter Shambaugh	5' 8 PR	Fargo South
17.	11	Aydan Mastel	5' 6	Davies
17.	11	Advin Mujcic	5' 6	Horace
19.	12	Reggie Cavanaugh	5' 4	Devils Lake
19.	11	Grant Quam	5' 4	Devils Lake
19.	8	Ryder Soper	5' 4	Oak Grove Lutheran
19.	11	Andrew Rexin	5' 4	Horace
19.	12	Jonah Heyer	5' 4	Davies
19.	8	Camrin Cook	5' 4	Red River
19.	11	Veikoso Innes	5' 4	Horace
26.	9	Brett Livingston	5' 2	Horace
26.	10	Gavin Vesterso	5' 2	Red River
	9	Kenny Neidviecky	NH	Central Cass
	11	Isaiah Fleetwood	NH	Red River
	10	Princeton Keller	NH	West Fargo
	10	Kenneth Mitchell II	NH	Valley City
	9	Mark Wanner	NH	Shanley
	9	Finn Dockter	NH	Valley City
	9	Michael Hollcraft	NH	Shanley
	10	Kellen Westman	NH	Valley City
	12	Maddox Maloney	NH	Davies

Pole Vault Varsity - Finals

Field Series

1.	10	Austin Saari	12' 6 PR	West Fargo
2.	11	Jack Jelinek	12' 6 PR	Sheyenne
3.	12	Kyle Kramer	12' 0	Fargo North
4.	10	Lincoln Walker	11' 6	West Fargo
5.	12	Jonah Heyer	11' 6	Davies
6.	12	Ryder Myers	11' 6 PR	Davies
7.	12	Nate Shorma	11' 6 PR	Sheyenne
8.	11	Justin Overas	11' 0	Sheyenne
9.	12	Bradyn Stockert	10' 6 SR	West Fargo
9.	10	Trevon Quam	10' 6	Central Cass
11.	9	Parker Wixo	10' 6	Central Cass
12.	11	Kaden Manske	10' 6 PR	Horace
13.	9	Tucker Bennett	10' 6	Devils Lake
14.	10	Simon Kebulu	9' 6	Fargo South
14.	10	Alexander Lewis	9' 6	Horace
14.	9	Logan Duffy	9' 6	Shanley
14.	12	Evan Kostohryz	9' 6 PR	Moorhead
14.	12	Fisher Hannesson	9' 6	Shanley
19.	11	Owen Flemmer	9' 6	Fargo South
20.	10	Zacharias Huck	9' 6	Davies
21.	9	Nikita Usatii	9' 6	Grand Forks Central
22.	9	Kannon Kainz	8' 6	Fargo South
22.	10	Jacob Gulland	8' 6	Fargo South
22.	10	Maisen Olson	8' 6	Central Cass
22.	11	Talan Otheim	8' 6	West Fargo
26.	10	Simon Schneider	8' 6	Central Cass
26.	11	Michael Shell	8' 6	West Fargo
28.	10	Rylan Day	8' 6	Devils Lake
28.	9	Dylan Riepe	8' 6 PR	Moorhead
4.	10	Olivia Siverson	16' 2	Central Cass
5.	11	Emerson Byron	15' 10.25	Red River
6.	10	Olivia Schock	15' 9.75	Horace
7.	8	Sierra Reinke	15' 8.5	Davies
8.	12	Sannie Yeanay	15' 8	Sheyenne
9.	7	Ruby Martin	15' 6.5 PR	Moorhead
10.	8	Mackenzie Meyer	15' 6	Central Cass
11.	10	Izzy Thompson	15' 5	Central Cass
12.	10	Rachel Laqua	15' 2.5	Davies
13.	9	Layni Bakalar	15' 2.5	Valley City
14.	12	Quinn Benson	15' 0.5	Davies
15.	10	Noelle Friederichs	15' 0 PR	Shanley
16.	11	Briar Carlsrud	14' 10.5 SR	Moorhead
17.	9	Morgan Larson	14' 10.5	Valley City
18.	9	Alessa McBeain	14' 9 PR	Fargo South
19.	11	Naiya Pickett	14' 8.75	Horace
20.	8	Daniella Buroko	14' 7.5	Red River
21.	11	Hannah Bargor	14' 7	Sheyenne
22.	8	Nadia Davis	14' 6.5 PR	Moorhead
23.	8	Molly Welsch	14' 6	Oak Grove Lutheran
24.	9	Abigail Kostohryz	14' 6 PR	Moorhead
25.	9	Ashlyn Hins	14' 5.5	Fargo South
26.	12	Mckenzie Olson	14' 5.5	Red River
27.	9	McKinley Beaton	14' 5	Davies
28.	12	Meghan Esposito	14' 4	West Fargo
29.	12	Chaylee Hewson	14' 3	Devils Lake
30.	9	Sharlotte Koch	14' 3	Shanley
31.	10	Soludo Obi	14' 1.5	West Fargo
32.	9	April Miller	13' 10.5	Devils Lake
33.	10	Brooklyn Botz	13' 8 SR	Valley City
34.	9	Julia Madson	13' 7.5 PR	Shanley
35.	7	Elsa Grossman	13' 5.5 PR	Oak Grove Lutheran
36.	8	Anika Pinke	13' 4.5	Hatton-Northwood
37.	9	Kinley Johnson	13' 2.5	Devils Lake
38.	9	Brynn Korbl	13' 2.5	Fargo South
39.	9	Imaya Armstrong	13' 2.5	Shanley
40.	10	Keira Botnen	12' 10	Red River
41.	8	Vurebari Kpeenu	12' 10	Sheyenne
42.	11	Alayna Kloeckner	12' 8.25	Fargo South
43.	10	Ava Niewind	12' 5	Horace
44.	12	Addison Gerdon	12' 5	Wahpeton
45.	10	Shekinah Rolla	12' 3	Red River
46.	12	Anabel Pausch	12' 1.5	Wahpeton
47.	8	Lexus Olson	12' 1	Hatton-Northwood
48.	11	Grace Weisenburger	11' 10	Davies
49.	9	Olivia Preston	11' 8.75	Shanley
50.	9	Ellory Boutwell	11' 6	Fargo North
51.	12	Aria Kindseth	11' 4	Grand Forks Central
52.	10	Lauren Meland	8' 11.5	Hatton-Northwood
	11	Emily Simek	ND	West Fargo
	10	Kadie Kocka	ND	Valley City
	12	Emma Haskamp	ND	Grand Forks Central
	9	Naomi Sando	ND	Sheyenne
	10	Kelby Christofferson	DNS	Horace
	10	Emma Esposito	DNS	West Fargo
	12	Jadyn Chakua	DNS	Fargo South
	11	Liv Ellenson	ND	Central Cass
	9	Uria Gabel	ND	Valley City

Triple Jump Varsity - Finals

Field Series

1.	12	Cayla Sailer	35' 9.5	Davies
2.	11	Addison Tandeski	34' 5.75 SR	Davies
3.	9	Kenzie Wuo	34' 3.75	Sheyenne
4.	11	Bryn Larson	34' 2.75	Red River
5.	9	Sara Kraft	34' 2	Devils Lake

	9	Elijah Streitz	NH	Shanley
	11	Hudson Brandt	DNS	Moorhead
	10	Jack Bilstad	NH	Oak Grove Lutheran
	10	Fischer Wheeler	NH	Central Cass
	11	Vance Kroetsch	DNS	Moorhead
	12	Tyler Hanson	DNS	Sheyenne
	12	Jeb Gossett	DNS	Fargo North

Long Jump Varsity - Finals

Field Series

1.	9	Zak Walker	21' 5.5	Moorhead
2.	10	Israel Bauer	21' 2.5 PR	Horace
3.	11	Chris Verdier	21' 0.5	Davies
4.	11	Reign Battle	20' 9.5 PR	Moorhead
5.	12	Jace Narum	20' 9	Central Cass
6.	11	Owen Thielges	20' 7	Moorhead
7.	12	Noah Olson	20' 4	Sheyenne
8.	9	Joaquin Valdez	20' 2	West Fargo
9.	11	Anthony Garman	19' 11	Central Cass
10.	12	Jerry Gibson	19' 10	Fargo South
11.	11	Jack Guscette	19' 9.5	West Fargo
11.	11	Rufus Kermee	19' 9.5 PR	Moorhead
13.	11	Charlie Metzger	19' 5.5	Davies
14.	12	Moe Sabby	19' 5.25	Sheyenne
15.	10	Colton Cruchet	19' 3.25	Central Cass
16.	12	Treyton Hoffert	19' 2	Fargo South
17.	12	Carson Blegen	19' 1.5 PR	Red River
18.	12	Drew Hofstad	19' 0.5	Devils Lake
19.	11	Lance Williams	19' 0	West Fargo
20.	12	Chase Bachmeier	19' 0	Central Cass
21.	12	Sam Bowman	18' 11.25	Red River
22.	9	Finn Dockter	18' 7.5	Valley City
23.	12	James Lanners	18' 7	Fargo North
24.	11	Kale Pearson	18' 5.25	Central Cass
25.	11	Carter Staffne	18' 4.25	Sheyenne
26.	10	Hayden Braun	17' 11.25	Shanley
27.	10	Lucas Jackson	17' 11	Fargo North
28.	10	Drew Schneider	17' 10	Shanley
29.	10	Erik Johnson	17' 9	Davies
30.	12	Leo Franco	17' 9	Devils Lake
31.	9	Roosevelt Massaquoi	17' 8.5	Sheyenne
32.	8	Ethan Mason	17' 8.5 PR	Red River
33.	11	Aydan Mastel	17' 8.5	Davies
34.	10	Kenneth Mitchell II	17' 7.25	Valley City
35.	10	Naz Fisher	17' 6	Grand Forks Central
36.	11	Isaac Beauchamp	17' 5.25 PR	Shanley
37.	11	Blake Johnson	16' 11.5	Horace
38.	11	Chris Geske	16' 11	Fargo North
39.	11	Lucas McDaniel	16' 10.5	Sheyenne
40.	9	Joshua Chea	16' 9.5	Horace
41.	10	Kellen Westman	16' 7.75	Valley City
42.	11	Advin Mujcic	16' 7.5	Horace
43.	9	Braxton Mikkelson	16' 7.5 PR	Wahpeton
44.	12	Peyton Trogstad	16' 7	Fargo North
45.	12	Nick Reisnour	16' 6.5	Red River
46.	10	Kaleb McClaflin	16' 6	Valley City
47.	9	Noah Johnson	16' 5	Shanley
48.	11	Brady Donabauer	16' 1.25	Oak Grove Lutheran
49.	10	Josiah Novotny-Leino	16' 1 SR	Oak Grove Lutheran
50.	9	Owen Terras	15' 11.5	Horace
51.	9	Colten Kaldor	15' 11 PR	Fargo North
52.	9	Levi Flieth	15' 8.5 PR	Wahpeton
53.	8	Grayson Uglem	15' 6.5	Hatton-Northwood
54.	9	Evan Braun	15' 5.5	Hatton-Northwood
55.	10	Lewis Prewitt	15' 5	Grand Forks Central
56.	10	Christian Buchli	15' 1	Devils Lake
6.	10	Soludo Obi	33' 8.25	West Fargo
7.	12	Quinn Benson	32' 6	Davies
8.	10	Rachel Laqua	32' 5.75	Davies
9.	11	Jordyn Mastel	31' 10	Davies
10.	11	Madelyn Sather	31' 9	Moorhead
11.	9	April Miller	31' 8	Devils Lake
12.	11	Hannah Bargor	31' 6.25	Sheyenne
13.	10	Kelby Christofferson	31' 3	Horace
14.	12	Mckenzie Olson	30' 6.5	Red River
15.	12	Jadyn Chakua	30' 6.5	Fargo South
16.	10	Shekinah Rolla	30' 6.5	Red River
17.	11	Jovi Borg	30' 5	Valley City
18.	10	Dacota Potratz	30' 3.5	Valley City
19.	12	Chaylee Hewson	29' 5.5	Devils Lake
20.	9	Kinley Johnson	29' 1.25	Devils Lake
21.	12	Meghan Esposito	28' 11.5	West Fargo
22.	10	Alexis Stuber	28' 10.75	Moorhead
23.	9	Imaya Armstrong	28' 10.5	Shanley
24.	9	Abigail Kostohryz	28' 7.25	Moorhead
25.	12	Tennasyn Henry	28' 3.25	Grand Forks Central
26.	8	Harper Brunsvold	27' 11.75	Oak Grove Lutheran
27.	12	Emma Haskamp	27' 5.5	Grand Forks Central
28.	9	Julia Madson	27' 5.5 PR	Shanley
29.	9	Ellory Boutwell	26' 10	Fargo North
30.	9	Olivia Preston	26' 8.75 PR	Shanley
31.	9	Lucy Williams	25' 3 PR	Fargo South
32.	10	Grace Williams	24' 10.5	Fargo South
	9	Rylie Richards	ND	Moorhead
	12	Sannie Yeanay	DNS	Sheyenne
	10	Lauren Meland	DNS	Hatton-Northwood

57.	10	Wyatt Hillebrand	14' 2	Devils Lake
58.	9	Landen Oehlke	14' 0.75	Red River
	11	Fransisco Mendez Ur...	DNS	Grand Forks Central
	10	Elijah Morris	DNS	West Fargo
	9	Ben Orvik	DNS	West Fargo
	11	Jack Bier	DNS	Oak Grove Lutheran
	10	Jayvon Anderson	ND	Fargo South

Triple Jump Varsity - Finals

Field Series

1.	12	A'Johntez Moore	46' 5	Fargo South
2.	11	Reign Battle	42' 0 PR	Moorhead
3.	10	Chris Kambal	41' 7.25	Fargo South
4.	12	Jace Narum	41' 2.25	Central Cass
5.	9	Zak Walker	41' 2	Moorhead
6.	11	Charlie Metzger	40' 9.5 PR	Davies
7.	11	Anthony Garman	40' 7	Central Cass
8.	11	Chris Verdier	40' 1	Davies
9.	12	Kolden Franke	39' 11.5	Davies
10.	12	Lawrence Walker	39' 8.75	Moorhead
11.	10	Collin Williams	39' 4.25	Davies
12.	12	James Lanners	39' 3.5	Fargo North
13.	11	Mag Cummings	39' 3.5	West Fargo
14.	11	Desire Masiri	38' 3.25 PR	West Fargo
15.	12	Carson Blegen	38' 1.75	Red River
16.	12	Moe Sabby	37' 7	Sheyenne
17.	11	Lucas McDaniel	37' 6	Sheyenne
18.	10	Drew Schneider	36' 4.5	Shanley
19.	10	Erik Johnson	36' 0	Davies
20.	12	Chase Bachmeier	35' 11	Central Cass
21.	8	Ethan Mason	35' 6	Red River
22.	10	Hayden Braun	35' 6	Shanley
23.	9	Joshua Chea	35' 4	Horace
24.	8	Andrew Ziemer	35' 3.5	Central Cass
25.	10	Christian Buchli	35' 3	Devils Lake
26.	9	Noah Johnson	34' 9.5	Shanley
27.	10	Sean Brindle	34' 8	Sheyenne
28.	11	Grady Link	34' 7.5	Central Cass
29.	9	Tucker Bennett	34' 2.5	Devils Lake
29.	10	Landon Ralph	34' 2.5	Wahpeton
31.	9	Evan Braun	33' 10	Hatton-Northwood
32.	9	Colten Kaldor	33' 8.75	Fargo North
33.	10	Briggs Hanson	33' 7.5	Shanley
34.	10	Wyatt Hillebrand	33' 5	Devils Lake
35.	11	Grant Quam	33' 2.25	Devils Lake
36.	11	Joshua Hallaway	32' 8	Oak Grove Lutheran
37.	12	Ahmed Falir	32' 1.5	West Fargo
38.	10	Steven Salberg	31' 9.75 PR	Grand Forks Central
39.	8	Grayson Uglem	31' 5.75	Hatton-Northwood
40.	10	Reginald Lassiter	29' 3.75	Grand Forks Central
	10	Alexander Lewis	ND	Horace
	12	Bradyn Stockert	DNS	West Fargo
	10	Lincoln Walker	DNS	West Fargo
	11	Fransisco Mendez Ur...	DNS	Grand Forks Central
	11	Justin Jacobs	DNS	Moorhead
	11	Noah Azure	ND	Devils Lake

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Packer Relays HS

OFFICIAL Fri, May 3, 2024 West Fargo High School, ND US

Mens Varsity

20 / 20 Events Completed

1.	Moorhead	133.5
2.	West Fargo	102.33
3.	Davies	95
4.	Fargo South	87
5.	Fargo North	61
6.	Shanley	56
7.	Sheyenne	48
8.	Central Cass	45
9.	Valley City	27
10.	Hillsboro/Central ...	26
11.	Horace	25.33
12.	Grand Forks Central	25
13.	Red River	20
14.	Devils Lake	15.83
15.	Lisbon	9
16.	Wahpeton	4

Womens Varsity

20 / 20 Events Completed

1.	Moorhead	100.5
2.	West Fargo	96
3.	Shanley	86
4.	Sheyenne	72.5
5.	Davies	70.5
6.	Central Cass	63
7.	Red River	47
8.	Hatton-Northwood	44
9.	Horace	41
10.	Devils Lake	34
11.	Fargo North	33
12.	Valley City	27
13.	Grand Forks Central	23.5
14.	Hillsboro/Central V...	16
15.	Wahpeton	10
16.	Oak Grove Lutheran	9
17.	Fargo South	4

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TRACK & FIELD
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MAY 17
NDSU

East Region HS

OFFICIAL Fri, May 17, 2024 North Dakota State University - Terrence Dahl and Donna Beres Tr

Mens Results

100 Meters Varsity - Finals

1.	12	Austin Zulu	10.68a	(1.3)	PR	Fargo South	
2.	12	Justin Zulu	10.85a	(1.3)	PR	Fargo South	
3.	11	Cash Gilseth	10.92a	(2.5)	PR	Sheyenne	
4.	12	Peder Haugo	10.98a	(1.3)		Fargo North	
5.	10	Kye Schlichting	11.00a	(1.3)	PR	Sheyenne	
6.	12	Nick Hasbargen	11.05a	(1.3)		Davies	
7.	12	Parker Jacobson	11.08a	(1.3)		Valley City	
8.	12	Barry Kpeenu	11.17a	(2.5)	PR	Sheyenne	
9.	11	Titus Dolo	11.19a	(1.3)		Davies	
10.	12	Abel Gartei	11.21a	(2.5)	SR	Sheyenne	
11.	11	Clay Koenig	11.27a	(2.5)	PR	Fargo North	
12.	12	Isaac Schumacher	11.29a	(2.5)	SR	Davies	
13.	10	Isaac Blotsky	11.30a	(3.2)	PR	West Fargo	
14.	10	Jack Matson	11.32a	(2.5)	PR	Red River	
15.	12	Gannon Koltes	11.33a	(2.5)	PR	Fargo North	
16.	12	Kaden Christmann	11.35a	(3.2)	SR	Shanley	
17.	12	Grant Tschosik	11.39a	(2.5)		Davies	
18.	10	Derek Shape	11.40a	(3.2)	PR	Valley City	
19.	11	Chasen Sands	11.46a	(1.3)		Davies	
20.	12	Sam Adams-Vandal	11.47a	(3.2)	SR	Fargo North	
21.	9	Jayden Suhr	11.49a	(3.2)	PR	Valley City	
22.	10	Naz Fisher	11.50a	(3.2)	PR	Grand Forks Central	
23.	11	Isaiah Lincoln	11.53a	(3.2)		Sheyenne	
24.	10	Noah Ulmer	11.58a	(3.2)	PR	Fargo North	
25.	12	Jerry Gibson	11.60a	(3.2)	PR	Fargo South	
26.	11	Aidyn Wadlow	11.62a	(3.2)	PR	Red River	
27.	12	Leo Franco	11.63a	(3.2)	PR	Devils Lake	
28.	9	Corban Youngmark	11.66a	(3.2)		Shanley	
29.	11	Mike Andrei Villas	11.76a	(3.4)	PR	Red River	
30.	12	Elfried Dissou	11.78a	(3.2)	PR	West Fargo	
31.	9	Daniel Morris	11.82a	(3.2)	PR	West Fargo	
32.	12	Chase Kjervestad	11.84a	(3.4)	SR	West Fargo	
33.	10	Reginald Lassiter	11.89a	(3.4)	PR	Grand Forks Central	
33.	12	Carson Blegen	11.89a	(3.4)	PR	Red River	
35.	10	Brody Melicher	11.90a	(2.7)	PR	Grand Forks Central	
36.	11	Baskal Makuag	12.05a	(2.7)	PR	West Fargo	
37.	12	Nick Reisnour	12.09a	(3.4)		Red River	
38.	9	Cayden Barth	12.14a	(2.7)	PR	Wahpeton	
39.	11	Gerardo Sanchez	12.22a	(2.7)	PR	Devils Lake	
40.	10	Bryar Exner	12.23a	(2.7)	PR	Devils Lake	
41.	10	Caber Bryce Volk	12.37a	(2.7)	PR	Devils Lake	
42.	11	Jake Anderson	12.38a	(2.7)	PR	Valley City	
43.	11	Jaxon Hill	12.55a	(3.4)		Wahpeton	
44.	9	Braxton Mikkelson	12.63a	(3.4)	PR	Wahpeton	
45.	9	Levi Flieth	13.13a	(3.4)	PR	Wahpeton	
46.	11	Ethan Bradley	13.29a	(3.4)		Shanley	

Womens Results

100 Meters Varsity - Finals

1.	10	Michelle Gee	11.98a	(3.2)	PR	West Fargo	
2.	12	Paige Renschler	12.06a	(3.2)		Shanley	
3.	10	Kia Ray	12.08a	(3.2)	PR	Sheyenne	
4.	11	Kate Laqua	12.21a	(3.2)		Davies	
5.	10	Isabella Nygaard	12.61a	(3.2)	PR	Horace	
6.	11	Kaylee Narmah	12.62a	(4.2)	PR	Davies	
7.	11	Nishi Yvette	12.63a	(3.2)	PR	Fargo South	
8.	11	Ella Heilman	12.72a	(3.2)	PR	West Fargo	
9.	11	Zevina Scarbrough	12.77a	(4.2)	PR	West Fargo	
10.	12	Jocelyn Schiller	12.78a	(4.2)	PR	Red River	
11.	12	Leah DeVries	12.83a	(4.2)	PR	Wahpeton	
12.	11	Mariah Burian	12.85a	(3.2)		Davies	
13.	12	Jordis Maxwell	12.93a	(4.2)		Fargo South	
14.	11	Brenna Britton	13.02a	(4.2)		Davies	
14.	9	Blessing Sheriff	13.02a	(4.2)	PR	Davies	
16.	10	Kadie Kocka	13.04a	(-0.1)	PR	Valley City	
17.	9	Morgan Larson	13.06a	(4.2)		Valley City	
18.	9	Wilma Kollie	13.22a	(-0.1)		Horace	
19.	10	Rebecca Witherspoon	13.28a	(-0.1)		Sheyenne	
20.	9	Jada Khatri	13.34a	(2.5)	SR	Fargo South	
21.	8	Taylor Mauch	13.35a	(-0.1)		Wahpeton	
22.	9	Layni Bakalar	13.37a	(4.7)	PR	Valley City	
23.	10	Isabelle Naklen	13.38a	(-0.1)		Fargo South	
24.	9	Nyelle Avorkliya	13.40a	(2.5)	PR	Sheyenne	
25.	8	Trinity Curry	13.43a	(-0.1)		Red River	
26.	9	Alessa McBeain	13.48a	(2.5)	PR	Fargo South	
27.	11	Ellery White	13.58a	(-0.1)		Red River	
28.	7	Averie Skari	13.61a	(2.5)	PR	West Fargo	
29.	11	Ejatu Bah	13.61a	(4.7)	SR	West Fargo	
30.	9	Gracie Norling	13.65a	(4.7)	PR	Wahpeton	
30.	11	Gabby Tangedal	13.65a	(4.7)	SR	Devils Lake	
32.	10	Mallie McCloud	13.69a	(4.7)	PR	Devils Lake	
33.	8	Hayden Matejcek	13.71a	(2.5)		Wahpeton	
34.	9	Naomi Sando	13.71a	(2.5)		Sheyenne	
35.	9	Trixy Bakabaka	13.84a	(4.7)	PR	Red River	
36.	9	Imaya Armstrong	13.92a	(2.5)		Shanley	
37.	9	Olivia Preston	14.01a	(4.7)	PR	Shanley	
38.	9	Oleksandra Tarnavch...	14.12a	(2.5)	PR	Fargo North	
39.	10	Chesney Thomsen	14.15a	(2.5)	SR	Valley City	
40.	7	Ealynn Yoder	14.16a	(4.7)		Devils Lake	
41.	10	Halle Kohlmeier	14.43a	(2.5)	PR	Grand Forks Central	
42.	9	Holly Ovsak	14.53a	(2.5)	PR	Shanley	
43.	9	Olivia Shorma	14.55a	(2.5)	PR	Shanley	
44.	10	Keely Klimek	14.56a	(2.5)	PR	Fargo North	
45.	11	Maci Miller	14.69a	(3.6)	SR	Wahpeton	
46.	12	Sofia Vega	15.41a	(3.6)	SR	Fargo North	

47.	11	Drew Kadrmas	13.43a	(3.4)	SR	Shanley
48.	11	Dominick Carter	13.99a	(3.4)		Wahpeton
49.	9	Joshua Hollingsworth	14.66a	(3.4)		Shanley
	11	Griffin Olson	DNS			Fargo South
	11	Blake Johnson	DNS			Horace
	9	Isaiah Saydee	DNS			Fargo South
	9	Aaron Randall	DNS			Horace
	12	Wylee Delorme	DNS			Devils Lake

200 Meters Varsity - Finals

1.	12	Austin Zulu	21.16a	(2.0)	PR	Fargo South
2.	12	Justin Zulu	21.60a	(2.0)	SR	Fargo South
3.	11	Joshua Beil	22.22a	(2.0)	PR	Davies
4.	10	Jaylen Runnels	22.48a	(2.0)	PR	Fargo South
5.	12	Peder Haugo	22.51a	(2.0)	PR	Fargo North
6.	11	Cash Gilseth	22.57a	(2.9)	PR	Sheyenne
7.	10	Jack Matson	22.83a	(2.9)	PR	Red River
8.	10	Evan Tiongson	22.95a	(2.0)		Sheyenne
9.	10	Ty Geray	22.99a	(2.9)		Horace
10.	10	Markus Podliska	23.01a	(2.9)	PR	Horace
11.	11	Aden Nojang	23.02a	(2.0)		Fargo North
12.	11	Lance Williams	23.02a	(2.9)	PR	West Fargo
13.	10	Derek Shape	23.09a	(3.5)	PR	Valley City
14.	10	Isaac Blotsky	23.11a	(3.5)	PR	West Fargo
15.	10	Will Morris	23.12a	(2.9)	PR	Sheyenne
16.	11	Clay Koenig	23.13a	(2.9)		Fargo North
17.	11	Chasen Sands	23.15a	(2.9)	PR	Davies
18.	11	Treyton Mauch	23.16a	(3.5)	PR	Wahpeton
19.	11	Titus Dolo	23.20a	(3.5)	PR	Davies
20.	11	Hudson Asche	23.25a	(3.5)	PR	Davies
21.	10	Cedric Patterson	23.27a	(3.4)	PR	West Fargo
22.	10	Anthony Wojcik	23.33a	(3.4)	PR	Horace
22.	9	Jayden Suhr	23.33a	(3.5)	PR	Valley City
24.	12	Parker Jacobson	23.35a	(2.0)		Valley City
25.	12	Kaden Christmann	23.35a	(3.4)	SR	Shanley
26.	9	Ben Orvik	23.36a	(3.5)	PR	West Fargo
27.	12	AJ Carroll	23.39a	(3.5)	PR	Shanley
28.	12	Gannon Koltes	23.57a	(3.4)		Fargo North
29.	10	Wilmot Matadi	23.72a	(3.4)	PR	Davies
30.	11	Kyle Schafer	23.73a	(3.4)	PR	Red River
31.	12	Leo Franco	23.80a	(3.2)	PR	Devils Lake
32.	10	Noah Ulmer	23.85a	(3.4)	PR	Fargo North
33.	9	Corban Youngmark	24.12a	(3.4)	PR	Shanley
34.	11	David Hollcraft	24.17a	(1.6)	PR	Shanley
35.	11	Oliver Wirth	24.17a	(1.6)	PR	Devils Lake
36.	10	Brody Melicher	24.23a	(3.2)	SR	Grand Forks Central
37.	10	Naz Fisher	24.28a	(1.6)		Grand Forks Central
38.	11	Mike Andrei Villas	24.46a	(1.6)		Red River
39.	12	Chase Kjervestad	24.55a	(3.2)	SR	West Fargo
40.	11	Evan Saylor	24.83a	(1.8)	PR	Red River
41.	9	Aaron Randall	24.84a	(1.6)		Horace
42.	10	Kenneth Mitchell II	24.84a	(1.8)	PR	Valley City
43.	11	Jake Anderson	24.88a	(3.2)		Valley City
44.	8	Gabe Flores	24.88a	(1.8)	PR	Grand Forks Central
45.	11	Gerardo Sanchez	25.02a	(3.2)		Devils Lake
46.	11	Jaxon Hill	25.53a	(1.8)	SR	Wahpeton
47.	10	Caber Bryce Volk	25.57a	(3.2)		Devils Lake
47.	10	Oriana Hill	16.58a	(3.6)	PR	Fargo North
	9	Avi Johnson	DNS			Red River
	7	Christiana Sampson	FS			Sheyenne
	9	Ella Franklin	DNS			Fargo North

200 Meters Varsity - Finals

1.	10	Michelle Gee	24.62a	(1.5)	PR	West Fargo
2.	12	Paige Renschler	25.56a	(1.5)		Shanley
3.	12	Avary Fitzpatrick	25.74a	(1.5)		Sheyenne
4.	9	Haylie Hahnert	26.12a	(2.3)	PR	Fargo North
5.	12	Ashton Safranski	26.30a	(1.5)	SR	Davies
6.	11	Nishi Yvette	26.43a	(2.3)	PR	Fargo South
7.	11	Kaylee Narmah	26.46a	(2.3)	PR	Davies
8.	8	Olivia Bratton	26.63a	(1.5)		Sheyenne
9.	11	Ella Heilman	26.69a	(1.5)		West Fargo
10.	7	Sawyer Kosidowski	27.02a	(2.3)	PR	Davies
11.	12	Mika Wadeson	27.46a	(2.3)	PR	Sheyenne
12.	9	Ainsley Dietrich	27.55a	(2.3)		Davies
13.	11	Sophia Pfeifer	27.71a	(2.3)		Davies
14.	8	Daniella Buroko	27.73a	(3.0)	PR	Red River
15.	12	Jordis Maxwell	27.76a	(2.0)	SR	Fargo South
16.	11	Ellery White	27.78a	(3.0)	SR	Red River
17.	7	Christiana Sampson	27.88a	(3.0)	PR	Sheyenne
18.	11	Odura Isaac	27.91a	(2.3)		Shanley
19.	10	Isabella Nygaard	27.97a	(1.5)		Horace
20.	10	Rebecca Witherspoon	28.01a	(2.0)	PR	Sheyenne
21.	9	Avi Johnson	28.07a	(3.0)	PR	Red River
22.	9	Julia Madson	28.08a	(3.0)	PR	Shanley
23.	8	Leighton Stafslien	28.12a	(3.0)	PR	Horace
24.	8	Trinity Curry	28.45a	(2.0)	PR	Red River
25.	7	Averie Skari	28.64a	(3.0)	PR	West Fargo
26.	8	Ella Wass	28.68a	(2.0)	PR	Devils Lake
27.	8	Hayden Matejcek	28.70a	(3.0)	PR	Wahpeton
28.	9	Wilma Kollie	28.70a	(2.6)	PR	Horace
29.	9	Ashlyn Hins	28.71a	(2.0)	PR	Fargo South
30.	8	Addison Swanson	29.22a	(2.6)	SR	Red River
31.	9	Gracie Norling	29.31a	(2.0)	PR	Wahpeton
32.	7	Raeleigh Myklebust	29.45a	(2.0)		Devils Lake
33.	12	Hadley Thoreson	29.46a	(2.6)	SR	Valley City
34.	9	Imaya Armstrong	29.63a	(2.0)		Shanley
35.	11	Rylee Larsen	29.95a	(1.8)	SR	West Fargo
36.	9	Oleksandra Tarnavch...	30.10a	(2.6)		Fargo North
37.	11	Alayna Kloeckner	30.27a	(2.6)		Fargo South
38.	7	Ealynn Yoder	30.36a	(1.8)	PR	Devils Lake
39.	10	Chesney Thomsen	30.36a	(2.6)		Valley City
40.	9	Sienna Fobb	30.44a	(2.6)		Wahpeton
41.	10	Elizabeth Orness	30.63a	(1.8)	PR	Devils Lake
42.	10	Halle Kohlmeier	30.72a	(1.8)		Grand Forks Central
43.	11	Maci Miller	30.91a	(3.7)	SR	Wahpeton
44.	9	Holly Ovsak	31.82a	(3.7)	PR	Shanley
45.	10	Keely Klimek	32.03a	(3.7)	PR	Fargo North
	11	Jaisa Lassiter	DNS			Valley City
	12	Jaida Fobb	DNS			Wahpeton
	12	Ella Nelson	DNS			West Fargo
	9	Alessa McBeain	FS			Fargo South

48.	9	Aiden Bontjes	26.07a (1.8) PR		Wahpeton
49.	9	Braxton Mikkelson	26.35a (1.8) PR		Wahpeton
50.	10	Landon Ralph	26.46a (1.8) PR		Wahpeton
	10	Landon Mitchell	DNS		Shanley
	11	Aidyn Wadlow	DNS		Red River
	12	Reis Kessel	DNS		Fargo South
	11	Talan Lunski	DNS		Grand Forks Central
	10	Chris Kambal	DNS		Fargo South
	12	Wylee Delorme	DNS		Devils Lake

400 Meters Varsity - Finals

1.	12	Austin Zulu	48.23a	PR	Fargo South
2.	12	Justin Zulu	48.71a	PR	Fargo South
3.	12	Grant Hoffarth	50.02a	PR	Red River
4.	11	Europe Campbell	50.94a	PR	Fargo North
5.	12	Josh Neil	50.95a	PR	Red River
6.	9	Ethan Erickson	51.03a	PR	Shanley
7.	10	Evan Tiongson	51.51a	PR	Sheyenne
8.	11	Jackson DeVries	51.66a	PR	Wahpeton
9.	12	James Lien	52.20a	PR	Fargo North
10.	12	Paul Plueddeman	52.38a		Sheyenne
11.	10	Cedric Patterson	52.48a	PR	West Fargo
12.	12	Zach Davidson	52.53a		Davies
13.	11	Adam Sobolik	52.78a		Devils Lake
14.	11	Talib Berry	52.82a	PR	Grand Forks Central
15.	10	Haakon Seymour	53.77a		West Fargo
16.	12	Jordan Weston	54.07a	PR	Fargo North
17.	12	Oscar Barbot	54.17a		Fargo South
18.	10	Hunter Swanson	54.25a		Davies
19.	10	Ryland Fischer	54.51a	PR	Davies
20.	11	David Hollcraft	54.62a	PR	Shanley
21.	12	Jeb Gossett	54.62a		Fargo North
22.	11	Aidyn Wadlow	54.86a		Red River
23.	10	Zach Duerr	54.89a		Sheyenne
24.	10	Chris Kambal	55.13a	PR	Fargo South
25.	11	Ian Iverson	55.42a	PR	Sheyenne
26.	11	Alex Prichard	55.47a		Red River
27.	10	Zachary Schmitz	55.64a	PR	Shanley
28.	10	Reginald Lassiter	55.70a	PR	Grand Forks Central
29.	9	Noah Johnson	56.05a		Shanley
30.	12	Bjorn Kielty	56.11a		Fargo North
31.	10	Carter Hockert	56.21a		Wahpeton
32.	10	Blake Roos	56.25a	PR	Davies
33.	8	Gabe Flores	56.47a	PR	Grand Forks Central
34.	9	Chase Bruce	56.52a	PR	Sheyenne
35.	11	Andrew Knudsvig	56.62a		West Fargo
36.	12	Ahmed Falir	56.83a		West Fargo
37.	12	Elfried Dissou	56.88a	PR	West Fargo
38.	12	Marcos Blazquez	57.02a	PR	Wahpeton
39.	9	Aaden Stanton Ring	58.36a	PR	Valley City
40.	9	Hunter Undem	59.10a		Valley City
41.	10	Bryar Exner	59.17a		Devils Lake
42.	9	Aiden Bontjes	1:00.20a		Wahpeton
43.	9	Levi Flieth	1:01.60a		Wahpeton
44.	10	Rylan Day	1:03.06a		Devils Lake
45.	10	Avery Eback	1:04.83a		Devils Lake
46.	10	Caber Bryce Volk	1:04.84a		Devils Lake

400 Meters Varsity - Finals

1.	11	Kate Laqua	58.62a		Davies
2.	12	Avary Fitzpatrick	59.29a	PR	Sheyenne
3.	11	Jersey Lang	59.80a	PR	Sheyenne
4.	9	Haylie Hahnert	1:00.69a	PR	Fargo North
5.	7	Sawyer Kosidowski	1:02.02a		Davies
6.	12	Ava Graf	1:02.10a	SR	Davies
7.	9	Ainsley Dietrich	1:03.72a		Davies
8.	9	Izzy Tillisch	1:04.07a	PR	Shanley
9.	11	Brenna Britton	1:04.17a		Davies
10.	11	Clara Robin	1:04.63a	SR	Shanley
11.	9	Liana Williamson	1:05.47a	PR	Horace
12.	9	Anna Strand	1:06.05a		Shanley
13.	9	Summer Barbot	1:06.41a		Fargo South
14.	10	Mia Walters	1:06.57a	PR	Horace
15.	8	Dottie Goss	1:07.62a	PR	Devils Lake
16.	9	Julia Madson	1:08.08a		Shanley
17.	8	Dori Granlund	1:08.38a	PR	Horace
18.	10	Addie Saville	1:08.56a		Sheyenne
19.	12	Ella Nelson	1:08.92a	SR	West Fargo
20.	10	Madeline Look	1:08.93a		Red River
21.	10	Dayanna Blanchard	1:09.10a		Sheyenne
22.	10	Avery Thomas	1:09.23a	PR	Horace
23.	10	Webeline Naklen	1:09.42a	PR	Fargo South
24.	12	Tesa Olson	1:09.58a		Valley City
25.	10	Mylee Bruce	1:10.23a		Sheyenne
26.	10	Ciara Suah	1:10.41a		Fargo South
27.	11	Asmo Abdurahin	1:10.62a	PR	Fargo South
28.	7	Tenley Triepke	1:10.74a		Devils Lake
29.	7	Ealynn Yoder	1:10.74a		Devils Lake
30.	9	Emma Brown	1:10.76a		Grand Forks Central
31.	11	Olivia Knudsen	1:11.48a		Red River
32.	10	Myah Anderson	1:11.82a	PR	Wahpeton
33.	9	Stacy Martinez	1:12.74a	PR	Wahpeton
34.	9	Sophie Carriveau	1:12.75a		Fargo South
35.	9	Gracie Norling	1:12.81a	PR	Wahpeton
36.	8	Kaia Lam	1:12.97a		Red River
37.	8	Emma Howard	1:13.25a		Red River
38.	11	Emily Murchie	1:17.54a		Fargo North
39.	10	Jasmyn Benedict	1:19.71a		Wahpeton
	12	Jaida Fobb	DNS		Wahpeton
	12	Mesiku Hakim	DNS		Shanley

800 Meters Varsity - Finals

Splits

1.	12	Jocelyn Schiller	2:17.49a	PR	Red River
2.	12	Morgan Hartze	2:18.60a	SR	Red River
3.	11	Greta Goven	2:22.67a	SR	Valley City
4.	11	Grace Thiel	2:23.62a	SR	Fargo North
5.	11	Halle Stephens	2:24.36a	SR	Davies
6.	9	Brynn Braaflat	2:24.67a		Davies
7.	10	Kiaya Hagen	2:25.22a	PR	West Fargo
8.	10	Noof Ali	2:28.10a		Davies
9.	10	Davin Nesius	2:29.06a		Davies
10.	10	Ava Parks	2:30.00a	PR	Red River
11.	11	Grayce Anderson	2:31.82a		Fargo North
12.	10	Lucy Grothmann	2:31.95a		Shanley
13.	7	Linnea Bruns	2:32.97a	PR	West Fargo

	10	Landon Mitchell	DNS		Shanley
	11	Kyle Schafer	DNS		Red River

800 Meters Varsity - Finals

Splits

1.	12	Micah Larsen-Schmidt	2:01.06a		Red River
2.	12	Curtis Sande	2:01.20a		Grand Forks Central
3.	12	Jaray Touray	2:02.64a		Davies
4.	12	Nathan Andrews	2:02.66a		Shanley
5.	11	Elijah Dafoe	2:02.85a	SR	Red River
6.	12	Isaiah Robles	2:03.67a		Sheyenne
7.	12	Adam Brachman	2:04.51a	SR	Davies
8.	12	Noah Berge	2:04.70a	PR	Wahpeton
9.	12	Owen Sondag	2:05.01a		Fargo North
10.	10	Colton Reinke	2:05.86a	PR	Davies
11.	12	Colin Gannon	2:07.77a		Davies
12.	8	Luka Rout	2:08.10a		Davies
13.	8	Isaac Dafoe	2:09.48a	PR	Red River
14.	10	Cole Duerr	2:09.81a		Sheyenne
15.	12	Chase Aadland	2:10.09a		Sheyenne
16.	12	Tucker Deibert	2:11.59a		Sheyenne
17.	12	Brady Wohl	2:12.48a		West Fargo
18.	11	Stetson Gisselbeck	2:13.21a		Sheyenne
19.	11	Ian Rasmussen	2:13.48a	SR	Fargo North
20.	11	Jonah Svenby	2:13.80a	PR	West Fargo
21.	12	Micah Schindler	2:14.88a	SR	Red River
22.	10	Zander Senger	2:15.44a	PR	West Fargo
23.	12	Marcos Blazquez	2:15.77a	PR	Wahpeton
24.	10	Henry Liebl	2:15.88a		Shanley
25.	10	Hayden Gibbon	2:16.20a	PR	Fargo North
26.	9	Lucca Meyer	2:16.89a		Fargo North
27.	11	Sam Baah	2:17.49a		Red River
28.	10	Jake Stegman	2:18.94a		West Fargo
29.	9	Aiden Ackerman	2:22.47a	PR	Devils Lake
30.	12	Malachi Dalton	2:23.48a		Shanley
31.	9	Jack Sorby	2:23.94a		Valley City
32.	10	Frank Gwion	2:23.99a		Fargo South
33.	10	Ben Davies	2:24.60a		West Fargo
34.	9	Elijah Pollert	2:25.34a	PR	Horace
35.	9	Ethan Eiler	2:25.49a		Fargo South
36.	9	Isaiah Saydee	2:35.51a	PR	Fargo South
37.	10	Jasher Hildalgo	2:35.84a		Fargo South
38.	12	Alex Paul	2:43.96a		Shanley
	9	Zane Bennett	DNS		Devils Lake
	11	Adam Sobolik	DNS		Devils Lake
	11	Noah Azure	DNS		Devils Lake
	9	David Pochmara	DNS		Fargo North

1600 Meters Varsity - Finals

Splits

1.	12	Owen Sondag	4:19.24a	SR	Fargo North
2.	11	Joe Quinn	4:22.09a	PR	Red River
3.	11	Elijah Dafoe	4:24.98a	SR	Red River
4.	12	Aiden Johnson	4:32.61a	SR	Sheyenne
5.	12	Micah Larsen-Schmidt	4:32.87a	SR	Red River
6.	11	Isaac Amundson	4:37.21a		West Fargo
7.	10	Cole Duerr	4:38.12a	PR	Sheyenne
8.	9	Zane Bennett	4:39.23a	PR	Devils Lake
14.	8	Gracie Falck	2:33.36a	PR	Wahpeton
15.	8	Brynn Lueck	2:36.06a		Valley City
16.	8	Mia Graham	2:37.58a		Shanley
17.	11	Brenna Shock	2:37.64a		Red River
18.	9	Cadence Fetsch	2:39.08a		Valley City
19.	12	Cadence Modin	2:39.70a		Davies
20.	11	Tricia Pfennig	2:43.72a	SR	Valley City
21.	9	Jocelyn Wettlaufer	2:43.73a		Horace
22.	9	Sharlotte Koch	2:46.93a	PR	Shanley
23.	9	Maria Gates	2:48.21a		Fargo North
24.	10	Jazlyn Heilman	2:48.52a		Sheyenne
25.	11	Ella Roehl	2:49.43a	PR	Fargo South
26.	11	Rylie Lelm	2:49.64a		Red River
27.	10	Gaby Machayya	2:50.01a		Sheyenne
28.	10	Lengueth Bainbgui M...	2:50.04a	PR	Fargo South
29.	11	Olivia Klaman	2:54.18a		West Fargo
30.	11	Grace Kunz	2:57.42a		West Fargo
31.	9	Lilia Keller	2:58.03a	PR	Grand Forks Central
32.	12	Tennasyn Henry	3:03.73a	SR	Grand Forks Central
33.	11	Emily Murchie	3:12.52a		Fargo North
34.	9	Makenna Oye	3:20.23a		Fargo North
35.	11	Mylee Ward	3:26.30a		Fargo South
36.	10	Ellyse Odegard	3:26.72a	PR	Fargo South
37.	10	Allison McGarvey	3:30.95a		Fargo South
	8	Baylor Dinger	DNS		Sheyenne

1600 Meters Varsity - Finals

Splits

1.	12	Reagan Berg	5:15.06a		Valley City
2.	12	Olivia Heilman	5:20.93a		Sheyenne
3.	10	Ava Parks	5:29.80a		Red River
4.	12	Cierra Bornemann	5:31.57a		Davies
5.	7	Brielle Stevens	5:31.80a		Davies
6.	9	Elle Bernhardt	5:36.40a		Shanley
7.	9	Kathryn Madrigga	5:36.46a		Sheyenne
8.	8	Lucie Comstock	5:41.98a		Wahpeton
9.	8	Gracie Falck	5:45.26a		Wahpeton
10.	8	Sara Larson	5:45.27a		Sheyenne
11.	8	Elizabeth Herrick	5:52.08a		Horace
12.	8	Ellie Lies	5:52.91a		Davies
13.	10	Brooklyn Herrick	5:54.35a		Horace
14.	11	Olivia Klaman	5:58.93a		West Fargo
15.	9	Tanna Swenson	6:01.22a		Sheyenne
16.	9	Elizabeth Williamson	6:05.20a		Horace
17.	9	Maria Gates	6:09.14a		Fargo North
18.	10	Lucy Schaffer	6:09.64a	PR	Davies
19.	11	Averi Johnson	6:17.82a		West Fargo
20.	11	Taylor Christians	6:24.00a		West Fargo
21.	10	Berit Hillmer	6:24.61a		Fargo North
22.	10	Ellie Fosberg	6:25.98a		Davies
23.	8	Kaia Lam	6:26.49a		Red River
24.	12	Selena Wu	6:27.78a		Red River
25.	8	Emma Howard	6:28.71a		Red River
26.	10	Ellie Johnson	6:31.73a		Red River
27.	11	Claire Bartell	6:32.31a		Fargo North
28.	10	Autumn Anderson	6:35.36a	PR	Valley City
29.	10	Brenna Storly	6:53.89a	PR	Valley City
30.	10	Eve Hashbarger	7:06.03a		Fargo South

9.	9	Kaj Naujokas	4:44.43a		Davies
10.	11	Owen Rohr	4:49.32a		Horace
11.	9	Matthew Robinson	4:51.05a	PR	Horace
12.	11	Sam Dvorak	4:52.53a	PR	Red River
13.	10	Kasen Currence	4:53.23a		Davies
14.	10	Isaac Cerney	4:53.93a		Fargo North
15.	9	Cameron Sprout	4:54.86a		Sheyenne
16.	12	Corben Golovanoff	4:55.70a		Valley City
17.	8	Lucas Weber	4:56.82a		Grand Forks Central
18.	10	Caden Peterson	4:58.00a		Sheyenne
19.	11	Karson Phillips	5:02.00a		Davies
20.	9	Lincoln Steele	5:02.14a		Grand Forks Central
21.	9	David Pochmara	5:02.59a	PR	Fargo North
22.	12	Malachi Dalton	5:03.10a		Shanley
23.	10	Zaine Breidenbach	5:03.74a		Sheyenne
24.	10	Rylan Day	5:04.93a		Devils Lake
25.	11	Aidan Fiala	5:07.61a		Grand Forks Central
26.	10	Jack Berry	5:08.12a		Grand Forks Central
27.	7	William Sandy	5:08.97a		Shanley
28.	11	William Krump	5:09.24a		Red River
29.	9	Jack Sorby	5:18.04a		Valley City
30.	10	Ben Davies	5:18.96a	SR	West Fargo
31.	9	Kyler Eichman	5:24.18a	PR	Davies
32.	9	Josiah Schoepp	5:24.20a		Fargo North
33.	11	Noah Azure	5:24.98a		Devils Lake
34.	11	Will Dorsher	5:25.82a		Fargo North
35.	9	Ty Uhlir	5:28.11a		Grand Forks Central
36.	10	Ethan Rudolph	5:33.09a		West Fargo
37.	9	Zane Smith	5:34.05a		West Fargo
38.	9	Liam Millington	5:37.53a	PR	Fargo South
39.	11	Benjamin Pinks	5:43.33a	PR	Fargo South
39.	9	Elijah Drummond	5:43.33a		Valley City
41.	9	Ty Kremer	6:21.25a		Devils Lake
42.	9	Adrian Rivera	6:34.17a		Valley City
	10	Asher Lange	DNS		Davies

3200 Meters Varsity - Finals

Splits

1.	11	Joe Quinn	9:55.15a		Red River
2.	10	Quinn Carroll	10:04.38a		Shanley
3.	12	David Radke	10:04.94a	PR	Red River
4.	11	Gus Hillmer	10:11.81a		Fargo North
5.	12	Aiden Johnson	10:17.00a		Sheyenne
6.	11	Asa Berberich	10:19.34a		Red River
7.	9	Cohen Dunnigan	10:25.23a	PR	Red River
8.	9	Scott Johnson	10:38.03a		Red River
9.	10	Asher Lange	10:45.82a		Davies
10.	10	Alexander Kain	10:49.21a		Fargo South
11.	9	Devin L' Heureux	10:51.62a	PR	Sheyenne
12.	9	Brennen Krenz	11:02.55a		West Fargo
13.	11	Aidan Fiala	11:07.24a		Grand Forks Central
14.	10	Liam Arens	11:10.22a		Sheyenne
15.	9	Zane Bennett	11:13.37a		Devils Lake
16.	12	Brody Black	11:19.61a		Sheyenne
17.	9	Lincoln Steele	11:20.35a		Grand Forks Central
18.	8	Lucas Weber	11:25.90a		Grand Forks Central
19.	9	Aiden Ackerman	11:31.94a		Devils Lake
20.	12	Joachim Antonin	11:38.04a	PR	West Fargo
31.	11	Alora Eback	7:57.60a		Fargo South

3200 Meters Varsity - Finals

Splits

1.	12	Olivia Heilman	11:59.27a		Sheyenne
2.	12	Cierra Bornemann	11:59.81a		Davies
3.	7	Maggie Jacobson	12:03.88a	PR	West Fargo
4.	10	Kami Dean	12:13.45a		Shanley
5.	9	Kathryn Madrigga	12:15.85a		Sheyenne
6.	8	Sara Larson	12:18.37a		Sheyenne
7.	7	Kiley L'Heureux	12:24.56a		Sheyenne
8.	7	Emmie Fellows	12:26.20a		Sheyenne
9.	7	Riley Schmiess	12:29.64a	PR	Devils Lake
10.	11	Alexis Lindgren	12:38.31a		West Fargo
11.	11	Jaylee Bornemann	12:43.35a		Davies
12.	8	Lucie Comstock	12:57.49a		Wahpeton
13.	10	Addison Bock	12:57.81a		Davies
14.	7	Sophia Deutsch	12:57.98a	PR	Davies
15.	10	Kinley Steckler	12:58.60a		Davies
16.	11	Miranda Retzlaff	13:33.89a		West Fargo
	11	Brooke Jewett	DNS		Horace
	10	Berit Hillmer	DNS		Fargo North
	9	Maria Gates	DNS		Fargo North
	8	Cambelle Novak	DNS		Horace

100m Hurdles - 33" Varsity - Finals

1.	11	Kate Laqua	14.82a	(2.6)		Davies
2.	11	Axumite Wren James	15.30a	(2.6)	PR	Fargo South
3.	11	Kaylee Narmah	15.41a	(2.6)	PR	Davies
4.	11	Sophie Brakke	15.54a	(2.6)	PR	Red River
5.	11	Odura Isaac	16.01a	(2.6)		Shanley
6.	9	Sara Kraft	16.34a	(3.0)	PR	Devils Lake
7.	10	Sanie Gayflor	16.43a	(3.0)	SR	Davies
8.	9	Paityn Knoke	16.65a	(3.0)	PR	Fargo North
9.	8	Mikaylah Petrino	16.89a	(3.0)	PR	Sheyenne
10.	12	Ella Germundson	17.10a	(2.6)		Horace
11.	10	Brooke Finn	17.70a	(3.0)	PR	West Fargo
12.	7	Jerryline Nyekan	18.00a	(3.2)	PR	Fargo South
13.	10	Piper Newell	18.07a	(3.2)	PR	Sheyenne
14.	10	Mallie McCloud	18.67a	(3.2)		Devils Lake
15.	10	Keira Botnen	18.80a	(3.2)	PR	Red River
16.	11	Emily Simek	18.90a	(3.2)	PR	West Fargo
17.	10	Kelby Christofferson	19.19a	(3.2)		Horace
18.	12	Chaylee Hewson	19.76a	(2.3)	PR	Devils Lake
19.	11	Kendra Haag	19.87a	(2.3)		Grand Forks Central
20.	9	Brynn Korbl	20.05a	(2.3)	PR	Fargo South
21.	10	Abby Hilliard	20.18a	(3.0)		Davies
22.	11	Jaisa Lassiter	20.32a	(3.2)		Valley City
23.	8	Augustina Mayson	20.71a	(3.2)		Sheyenne
24.	12	Brynn Moen	20.86a	(2.6)		Grand Forks Central
25.	10	Elizabeth Orness	20.87a	(2.3)		Devils Lake
26.	10	Madeline Graves	21.40a	(2.3)		Wahpeton
27.	10	Victoria Bolstad	21.53a	(2.3)		Fargo North
28.	9	Sylvia Bochenski	21.79a	(2.3)		Red River
29.	10	Elli Hendrickson	24.61a	(2.3)		Wahpeton
	9	Anna Strand	DNS			Shanley
	10	Callen Fosher	FS			Sheyenne

21.	8	Cole Foerster	11:51.20a		Shanley
22.	11	Kyren Brahos	11:55.27a		Davies
23.	11	Christian Pochmara	11:58.71a		Fargo North
24.	10	Hayden Johnson	11:59.94a		Davies
25.	9	Oliver Tackling	12:14.46a		Fargo North
26.	10	Rylan Day	12:15.83a		Devils Lake
	10	Caden Peterson	DNS		Sheyenne
	10	Kasen Currence	DNS		Davies
	12	Alex Hovdenes	DNF		Davies
	10	Isaac Cerney	DNS		Fargo North
	9	Liam Millington	DNS		Fargo South

110m Hurdles - 39" Varsity - Finals

1.	11	Trey Knoke	14.30a	(1.6) PR		Fargo North
2.	11	Hudson Asche	14.93a	(1.6)		Davies
3.	11	Jack Guscette	15.10a	(1.6)		West Fargo
4.	9	Joaquin Valdez	15.52a	(1.6)		West Fargo
5.	10	Will Morris	15.56a	(1.6)		Sheyenne
6.	10	Elijah Morris	15.58a	(2.8)	PR	West Fargo
7.	12	Ben Strand	15.60a	(1.6)		Red River
8.	12	Reis Kessel	15.78a	(1.6)		Fargo South
9.	11	Mag Cummings	15.90a	(2.8)	PR	West Fargo
10.	10	Jayvon Anderson	16.13a	(2.8)		Fargo South
11.	10	Collin Williams	16.64a	(2.8)		Davies
12.	10	Kolten Tesch	17.13a	(2.8)		Davies
13.	11	Desire Masiri	17.28a	(2.8)		West Fargo
14.	11	Steven Lozano Rivera	17.40a	(2.1)	PR	Davies
15.	10	Jacob Birnbaum	17.50a	(2.1)	PR	Horace
16.	9	Drew Kessel	17.60a	(2.1)		Fargo South
17.	9	Carter Shambaugh	17.76a	(2.8)		Fargo South
18.	11	Hilary Dossen	18.38a	(2.1)		Sheyenne
19.	9	Mark Wanner	18.48a	(2.1)		Shanley
20.	9	Brock Syrquin	18.54a	(2.7)	PR	Shanley
21.	11	Gabriel Williams	18.61a	(2.7)	PR	Sheyenne
22.	9	Michael Hollcraft	18.90a	(2.1)		Shanley
23.	8	Parker Loe	19.37a	(2.7)	PR	Red River
24.	10	Simon Kebulu	19.51a	(2.1)		Fargo South
25.	8	Camrin Cook	19.52a	(2.7)	PR	Red River
26.	9	Nolan Snyder	19.80a	(2.7)		Shanley
27.	9	Owen Johnson	19.96a	(3.5)	PR	Red River
28.	9	Brody Schneider	20.02a	(2.1)		Grand Forks Central
29.	11	Andrew Rexin	20.08a	(2.8)		Horace
30.	10	Caleb Carlsen	20.33a	(3.5)	PR	Grand Forks Central
31.	9	Landen Oehlke	20.72a	(3.5)	PR	Red River
	9	Kym Hunder	DNS			Sheyenne
	10	Brody Muchow	DNS			Davies

300m Hurdles - 36" Varsity - Finals

1.	11	Joshua Beil	39.20a	PR	Davies
2.	11	Trey Knoke	39.65a		Fargo North
3.	11	Hudson Asche	40.95a	PR	Davies
4.	11	Jack Guscette	41.37a		West Fargo
5.	11	Aden Nojang	41.53a	PR	Fargo North
6.	9	Joaquin Valdez	41.69a	PR	West Fargo
7.	11	Treyton Mauch	42.09a	PR	Wahpeton
8.	11	JD Gomez	42.32a		Wahpeton
	11	Alexandra Roberts	DNS		Davies

300m Hurdles - 30" Varsity - Finals

1.	11	Kate Laqua	44.36a	SR	Davies
2.	11	Axumite Wren James	47.00a	PR	Fargo South
3.	12	Jane Donat	47.30a		Davies
4.	9	Jocelynne Hoefs	47.89a		Red River
5.	12	Avary Fitzpatrick	48.53a		Sheyenne
6.	11	Alexis Lovehaug	49.44a	SR	Davies
7.	8	Lucia Riedinger	49.45a	PR	Fargo North
8.	12	Brynn Moen	49.47a		Grand Forks Central
9.	9	Anna Strand	49.80a		Shanley
10.	8	Ella Wass	49.95a		Devils Lake
11.	12	Ella Germundson	50.75a		Horace
12.	8	Mikaylah Petrino	50.89a	PR	Sheyenne
13.	9	Paityn Knoke	51.31a		Fargo North
14.	11	Sadie Wavrin	52.57a	PR	West Fargo
15.	10	Brooke Finn	53.58a	PR	West Fargo
16.	10	Mylee Bruce	53.93a	PR	Sheyenne
17.	10	Piper Newell	54.51a		Sheyenne
18.	10	Jazlyn Heilman	54.98a	PR	Sheyenne
19.	12	Chaylee Hewson	55.28a		Devils Lake
20.	11	Emily Simek	55.65a	PR	West Fargo
21.	9	Brooke Schwab	56.15a		Horace
22.	10	Keira Botnen	57.44a		Red River
23.	11	Alayna Kloeckner	57.70a		Fargo South
24.	11	Kendra Haag	58.23a		Grand Forks Central
25.	9	Brynn Korbl	58.42a	PR	Fargo South
26.	10	Victoria Bolstad	1:00.56a		Fargo North
27.	10	Jasmyn Benedict	1:02.10a		Wahpeton
28.	10	Madeline Graves	1:05.01a		Wahpeton
29.	10	Elli Hendrickson	1:09.49a		Wahpeton
	11	Alexandra Roberts	DNS		Davies

4x100 Relay Varsity - Finals

1.	8	Olivia Bratton	49.03a	Sheyenne - A
	12	Avary Fitzpatrick		
	12	Mika Wadeson		
	10	Kia Ray		
2.	11	Zevina Scarbrough	49.74a	West Fargo - A
	10	Michelle Gee		
	7	Averie Skari		
	11	Ella Heilman		
3.	10	Noelle Friederichs	49.80a	Shanley - A
	11	Odura Isaac		
	12	Mesiku Hakim		
	12	Paige Renschler		
4.	11	Alexis Lovehaug	50.32a	Davies - A
	11	Mariah Burian		
	12	Ashton Safranski		
	12	Jane Donat		
5.	10	Isabella Nygaard	51.10a	Horace - A
	11	Sydney Bailey		
	10	Olivia Schock		
	9	Wilma Kollie		
6.	9	Jada Khatri	51.12a	Fargo South - A
	12	Jordis Maxwell		

9.	10	Kolten Tesch	42.41a		Davies
10.	12	Josh Neil	42.64a		Red River
11.	11	Desire Masiri	42.75a		West Fargo
12.	10	Jayvon Anderson	42.78a		Fargo South
13.	11	Mag Cummings	42.98a		West Fargo
14.	10	Isaac Norby	43.27a		Valley City
15.	10	Elijah Morris	44.03a		West Fargo
16.	10	Collin Williams	44.66a		Davies
17.	10	Jasher Hildalgo	44.69a	PR	Fargo South
18.	11	Andrew Rexin	45.25a		Horace
19.	9	Kym Hunder	45.26a		Sheyenne
20.	10	Jacob Birnbaum	45.77a		Horace
21.	9	Mark Wanner	45.78a		Shanley
22.	8	Camrin Cook	46.15a	PR	Red River
23.	9	Brody Schneider	46.94a		Grand Forks Central
24.	11	Stephen Nweemuu	47.17a	PR	Sheyenne
25.	9	Michael Hollcraft	47.47a	PR	Shanley
26.	10	Rylan Day	47.69a	PR	Devils Lake
27.	9	Brock Syrquin	48.11a	PR	Shanley
28.	9	Owen Johnson	48.49a	PR	Red River
29.	10	Ethan Meier	48.77a		Fargo North
30.	9	Colten Kaldor	48.82a	PR	Fargo North
31.	10	Simon Kebulu	49.47a		Fargo South
32.	9	Nolan Snyder	50.01a	PR	Shanley
33.	10	Frank Gwion	50.66a		Fargo South
34.	10	Caleb Carlsen	51.06a		Grand Forks Central
35.	9	Tyrese Vanderhoff	52.97a		Red River
36.	9	Cody Wigestrand	54.39a		Red River
37.	11	Dominick Carter	54.96a		Wahpeton
	10	Brody Muchow	DNS		Davies

4x100 Relay Varsity - Finals

1.	11	Titus Dolo	42.19a	Davies - A
	12	Nick Hasbargen		
	12	Thomas Schreiner		
	11	Joshua Beil		
2.	12	Gannon Koltes	43.02a	Fargo North - A
	12	Peder Haugo		
	11	Clay Koenig		
	11	Aden Nojang		
3.	10	Jaylen Runnels	43.16a	Fargo South - A
	10	Amari Taylor		
	12	Jaden Middleton		
	12	A'Johntez Moore		
4.	11	Isaiah Gaye	43.64a	Red River - A
	12	Zach Oehlke		
	11	Aidyn Wadlow		
	10	Jack Matson		
5.	10	Israel Bauer	43.92a	Horace - A
	10	Ty Geray		
	10	Anthony Wojcik		
	10	Markus Podliska		
6.	12	Abel Gartei	43.93a	Sheyenne - A
	12	Barry Kpeenu		
	11	Cash Gilseth		
	10	Kye Schlichting		
7.	9	Joaquin Valdez	44.01a	West Fargo - A
	11	Lance Williams		
	10	Isabelle Naklen		
	11	Nishi Yvette		
7.	8	Taylor Mauch	51.48a	Wahpeton - A
	8	Hayden Matejcek		
	11	Halle Miller		
	12	Leah DeVries		
8.	9	Layni Bakalar	52.18a	Valley City - A
	10	Kadie Kocka		
	10	Laityn Didier		
	9	Morgan Larson		
9.	8	Trinity Curry	52.35a	Red River - A
	8	Daniella Buroko		
	11	Bryn Larson		
	11	Ellery White		
10.	9	Paityn Knoke	52.85a	Fargo North - A
	11	Nora Fluge		
	9	Ella Franklin		
	9	Haylie Hahnert		
11.	7	Raeleigh Myklebust	55.19a	Devils Lake - A
	8	Trinity Kus		
	7	Ealynn Yoder		
	10	Mallie McCloud		

4x200 Relay Varsity - Finals

1.	9	Izzy Tillisch	1:44.90a	Shanley - A
	11	Odura Isaac		
	12	Mesiku Hakim		
	12	Paige Renschler		
2.	11	Mariah Burian	1:45.10a	Davies - A
	12	Jane Donat		
	12	Ashton Safranski		
	11	Alexis Lovehaug		
3.	10	Kia Ray	1:46.36a	Sheyenne - A
	9	Kenzie Wuo		
	12	Mika Wadeson		
	8	Olivia Bratton		
4.	8	Taylor Mauch	1:47.85a	Wahpeton - A
	12	Jaida Fobb		
	11	Halle Miller		
	12	Leah DeVries		
5.	11	Sydney Bailey	1:49.01a	Horace - A
	10	Olivia Schock		
	8	Leighton Stafslien		
	9	Akur Duot		
6.	9	Paityn Knoke	1:49.44a	Fargo North - A
	11	Nora Fluge		
	8	Lucia Riedinger		
	9	Haylie Hahnert		
7.	12	Jordis Maxwell	1:49.69a	Fargo South - A
	11	Nishi Yvette		
	9	Summer Barbot		
	9	Jada Khatri		
8.	11	Ella Heilman	1:49.83a	West Fargo - A
	11	Zevina Scarbrough		
	7	Averie Skari		
	9	Lily Wavrin		
9.	7	Raeleigh Myklebust	1:54.08a	Devils Lake - A
	8	Ella Wass		

	10	Isaac Blotsky		
	9	Ben Orvik		
8.	11	Brayden Dirckx	44.20a	Grand Forks Central - A
	11	Talan Lunski		
	11	Danny Suedel		
	10	Naz Fisher		
9.	9	Jayden Suhr	44.27a	Valley City - A
	10	Derek Shape		
	11	Jake Anderson		
	12	Parker Jacobson		
10.	9	Corban Youngmark	44.72a	Shanley - A
	10	Landon Mitchell		
	12	AJ Carroll		
	12	Kaden Christmann		
11.	11	Jaxon Hill	48.13a	Wahpeton - A
	10	Landon Ralph		
	9	Cayden Barth		
	10	Carter Hockert		

4x200 Relay Varsity - Finals

1.	12	Thomas Schreiner	1:29.10a	Davies - A
	11	Titus Dolo		
	12	Nick Hasbargen		
	11	Chasen Sands		
2.	11	Clay Koenig	1:29.20a	Fargo North - A
	12	Peder Haugo		
	11	Europe Campbell		
	11	Aden Nojang		
3.	12	Josh Neil	1:30.57a	Red River - A
	12	Zach Oehlke		
	12	Grant Hoffarth		
	10	Jack Matson		
4.	10	Jaylen Runnels	1:30.81a	Fargo South - A
	10	Amari Taylor		
	12	Jaden Middleton		
	12	A'Johntez Moore		
5.	10	Israel Bauer	1:31.35a	Horace - A
	10	Ty Geray		
	10	Anthony Wojcik		
	10	Markus Podliska		
6.	10	Cedric Patterson	1:32.29a	West Fargo - A
	11	Lance Williams		
	10	Isaac Blotsky		
	9	Ben Orvik		
7.	9	Jayden Suhr	1:32.63a	Valley City - A
	10	Derek Shape		
	10	Isaac Norby		
	12	Parker Jacobson		
8.	12	AJ Carroll	1:33.24a	Shanley - A
	10	Landon Mitchell		
	9	Corban Youngmark		
	12	Kaden Christmann		
9.	11	Treyton Mauch	1:33.44a	Wahpeton - A
	11	Jackson DeVries		
	9	Cayden Barth		
	11	JD Gomez		
10.	12	Reggie Cavanaugh	1:34.09a	Devils Lake - A
	12	Drew Hofstad		
	8	Trinity Kus		
	12	Isabella Tangedal		
10.	9	Trixy Bakabaka	1:54.47a	Red River - A
	8	Addison Swanson		
	9	Avi Johnson		
	11	Ellery White		

4x400 Relay Varsity - Finals

1.	9	Jocelynne Hoefs	4:03.48a	Red River - A
	11	Sophie Brakke		
	12	Morgan Hartze		
	12	Jocelyn Schiller		
2.	11	Mariah Burian	4:09.37a	Davies - A
	11	Halle Stephens		
	12	Ava Graf		
	12	Ashton Safranski		
3.	8	Brynn Lueck	4:14.92a	Valley City - A
	9	Cadence Fetsch		
	11	Greta Goven		
	12	Reagan Berg		
4.	11	Jersey Lang	4:16.13a	Sheyenne - A
	8	Olivia Bratton		
	8	Mikaylah Petrino		
	10	Addie Saville		
5.	9	Izzy Tillisch	4:17.42a	Shanley - A
	12	Mesiku Hakim		
	10	Lucy Grothmann		
	11	Clara Robin		
6.	11	Grayce Anderson	4:20.12a	Fargo North - A
	11	Nora Fluge		
	8	Lucia Riedinger		
	11	Grace Thiel		
7.	9	Liana Williamson	4:20.46a	Horace - A
	11	Sydney Bailey		
	9	Akur Duot		
	10	Olivia Schock		
8.	12	Isabella Tangedal	4:21.56a	Devils Lake - A
	9	Sara Kraft		
	12	Gabrielle McLaurin		
	10	Aubrie Lebrun		
9.	11	Sadie Wavrin	4:23.47a	West Fargo - A
	10	Kiaya Hagen		
	10	Brooke Finn		
	9	Lily Wavrin		
10.	9	Summer Barbot	4:38.50a	Fargo South - A
	10	Ciara Suah		
	10	Webeline Naklen		
	9	Signe Steier		
11.	9	Claire Fiala	4:45.68a	Grand Forks Central - A
	9	Emma Brown		
	12	Katelyn Stern		
	12	Tennasyn Henry		

4x800 Relay Varsity - Finals

1.	10	Davin Nesius	9:51.83a	Davies - A
	10	Noof Ali		
	9	Brynn Braaflat		

	11	Oliver Wirth		
	11	Adam Sobolik		
11.	11	Brayden Dirckx	1:34.57a	Grand Forks Central - A
	11	Talan Lunski		
	11	Danny Suedel		
	11	Talib Berry		
	12	Barry Kpeenu	DNF	Sheyenne - A
	10	Evan Tiongson		
	11	Cash Gilseth		
	10	Kye Schlichting		

4x400 Relay Varsity - Finals

1.	10	Jaylen Runnels	3:21.02a	Fargo South - A
	12	Justin Zulu		
	12	Oscar Barbot		
	12	Austin Zulu		
2.	12	Josh Neil	3:26.31a	Red River - A
	11	Isaiah Gaye		
	12	Micah Larsen-Schmidt		
	12	Grant Hoffarth		
3.	12	Zach Davidson	3:27.19a	Davies - A
	12	Thomas Schreiner		
	12	Jaray Touray		
	11	Joshua Beil		
4.	12	Paul Plueddeman	3:33.74a	Sheyenne - A
	12	Isaiah Robles		
	11	Isaiah Lincoln		
	10	Evan Tiongson		
5.	11	Talib Berry	3:35.04a	Grand Forks Central - A
	11	Danny Suedel		
	11	Theo Sum		
	12	Curtis Sande		
6.	10	Carter Hockert	3:35.35a	Wahpeton - A
	11	Jackson DeVries		
	12	Noah Berge		
	11	JD Gomez		
7.	12	Jeb Gossett	3:39.11a	Fargo North - A
	12	Bjorn Kielty		
	12	Jordan Weston		
	12	James Lien		
8.	10	Haakon Seymour	3:39.42a	West Fargo - A
	11	Mag Cummings		
	12	Ahmed Falir		
	10	Cedric Patterson		
9.	9	Ethan Erickson	3:40.11a	Shanley - A
	11	David Hollcraft		
	9	Noah Johnson		
	12	Fisher Hannesson		
10.	10	Isaac Norby	3:40.93a	Valley City - A
	9	Aaden Stanton Ring		
	9	Hunter Undem		
	12	Corben Golovanoff		
11.	10	Bryar Exner	3:42.31a	Devils Lake - A
	11	Gerardo Sanchez		
	11	Oliver Wirth		
	11	Adam Sobolik		
	12	Cadence Modin		
2.	9	Elle Bernhardt	10:00.98a	Shanley - A
	10	Kami Dean		
	8	Mia Graham		
	10	Lucy Grothmann		
3.	11	Brooke Jewett	10:12.53a	Horace - A
	9	Jocelyn Wettlaufer		
	8	Cambelle Novak		
	10	Brooklyn Herrick		
4.	11	Jersey Lang	10:30.45a	Sheyenne - A
	8	Baylor Dinger		
	9	Tanna Swenson		
	10	Addie Saville		
5.	11	Grayce Anderson	10:30.80a	Fargo North - A
	11	Grace Thiel		
	11	Claire Bartell		
	10	Berit Hillmer		
6.	12	Gabrielle McLaurin	10:31.09a	Devils Lake - A
	10	Aubrie Lebrun		
	7	Tenley Triepke		
	8	Dottie Goss		
7.	10	Madeline Look	11:00.11a	Red River - A
	11	Brenna Shock		
	11	Olivia Knudsen		
	11	Rylie Lelm		
8.	7	Linnea Bruns	11:02.10a	West Fargo - A
	11	Averi Johnson		
	11	Grace Kunz		
	11	Miranda Retzlaff		
9.	9	Claire Fiala	11:50.64a	Grand Forks Central - A
	12	Katelyn Stern		
	12	Tennasyn Henry		
	9	Lilia Keller		
10.	9	Signe Steier	12:13.77a	Fargo South - A
	10	Lengueth Bainbgui Minou		
	11	Ella Roehl		
	9	Sophie Carriveau		

Shot Put - 4kg Varsity - Finals

Field Series

1.	11	Scout Woods	42' 1.75	Wahpeton
2.	12	Cailey Moton	39' 0.25	West Fargo
3.	10	Jacie Reardon	38' 3.75 PR	Grand Forks Central
4.	12	Seely Stockmoe	38' 1.75	Shanley
5.	9	Lily Wavrin	36' 1 PR	West Fargo
6.	11	Carrie Osier	35' 11 PR	Fargo North
7.	9	Kenzie Wuo	35' 10	Sheyenne
8.	10	Shya Stockmoe	34' 8.75	Shanley
9.	11	Abby Baker	34' 1.25	Red River
10.	7	Jocelyn Laqua	33' 3	Davies
11.	10	Lyla Stegman	33' 2	West Fargo
12.	11	Elsa Axtman	33' 1.5	Davies
13.	10	Kylee Sivers	32' 11.75	Fargo South
14.	8	Claire Woods	32' 8	Wahpeton
15.	10	Josie VanSickle	32' 6.5 PR	Red River
16.	11	Koiline Govergo	32' 2.25	Davies
17.	8	Addison Larson	31' 4.25	Shanley
18.	9	Katie Burchill	30' 8.25	Valley City

4x800 Relay Varsity - Finals

1.	9	Ethan Erickson	8:21.07a	Shanley - A
	10	Quinn Carroll		
	10	Henry Liebl		
	12	Nathan Andrews		
2.	12	Jaray Touray	8:23.04a	Davies - A
	8	Luka Rout		
	10	Colton Reinke		
	12	Adam Brachman		
3.	12	Tucker Deibert	8:28.37a	Sheyenne - A
	12	Chase Aadland		
	10	Zach Duerr		
	11	Stetson Gisselbeck		
4.	10	Isaac Cerney	8:33.79a	Fargo North - A
	11	Gus Hillmer		
	11	Ian Rasmussen		
	12	Owen Sondag		
5.	12	Brady Wohl	8:40.82a	West Fargo - A
	10	Haakon Seymour		
	11	Andrew Knudsvig		
	11	Jonah Svenby		
6.	11	Sam Baah	8:43.18a	Red River - A
	11	Alex Prichard		
	9	Scott Johnson		
	8	Isaac Dafoe		
7.	10	Frank Gwion	9:11.70a	Fargo South - A
	12	Oscar Barbot		
	9	Ethan Eiler		
	10	Alexander Kain		

Shot Put - 12lb Varsity - Finals

Field Series

1.	12	Ethan Thomas	57' 10.25	Grand Forks Central
2.	12	Zach Lilly	51' 7.5	Davies
3.	11	Kade Pietrzak	50' 0	Sheyenne
4.	11	Braxton Rance	47' 9	Devils Lake
5.	12	Luke Rogen	47' 8 PR	Shanley
6.	12	James Miller	47' 7.5	Fargo North
7.	12	Nick Kuehl	46' 2.25 PR	Shanley
8.	12	Dorian Sandness	44' 8	Fargo South
9.	11	Sajen Nyoak	44' 5.5	Sheyenne
10.	11	Aiden Kisser	44' 4.75	Davies
11.	12	Treyton Hoffert	44' 4	Fargo South
12.	12	Greg Dimmer	43' 11.25	West Fargo
13.	10	Alphonso Beipa	43' 3 PR	Sheyenne
14.	9	Eli Fischer	42' 10.75	Grand Forks Central
15.	11	Xander Mowery	42' 10.75	Sheyenne
16.	11	JB Walters	42' 9	Red River
17.	11	Gunnar Majerus	42' 7.75	Davies
18.	10	Mamadi Dore	42' 5.5 PR	Sheyenne
19.	10	Blake McCarthy	42' 3.5	Davies
20.	11	Carter Parsons	42' 2.75 PR	West Fargo
21.	10	Alexander Meece	42' 2.25	Davies
22.	12	Jack Stewart	42' 0.25	West Fargo
23.	12	Mato Greywind	42' 0	Fargo South
24.	12	Joshua Deckert	41' 10.75	Devils Lake
25.	10	Adam Bamba	41' 10.5	Horace
26.	10	Henry Agray	41' 6.5	Fargo South
19.	12	Heidi Wiedeman	30' 6.25 SR	West Fargo
20.	10	Rachel Laqua	30' 0	Davies
21.	10	Briley Thompson	29' 9.75	Sheyenne
22.	9	Diana Paasewe	29' 6.25 PR	Fargo North
23.	10	Elsie Becker	29' 3	Fargo South
24.	12	Kiara Zepeda	28' 7	West Fargo
25.	12	Ellamarie Jacobson	28' 4	Fargo North
26.	12	Ashlyn Kahler	28' 3.25	Wahpeton
27.	12	Jordyn Atwood	27' 11.25	Fargo South
28.	12	Sydney Schweyen	27' 8.75	Horace
29.	8	Ella Langenwalter	27' 4	Wahpeton
30.	12	Deelan Hamdi	27' 4	Sheyenne
31.	10	Kenedy Nelson	27' 1 PR	Fargo North
32.	12	Mara Klinicke	27' 0	Shanley
33.	11	Blair Woodrow	26' 11	Horace
34.	9	Brianna Bigirimana	26' 5	Sheyenne
35.	11	Gretta Gebhard	26' 5	Grand Forks Central
36.	9	Nora Hale	26' 3	Grand Forks Central
37.	10	Charlotte Davis	25' 10.75	Fargo North
38.	12	Faith Arechigo	25' 8	Sheyenne
39.	11	Chloe Currier	25' 7	Fargo South
40.	10	Kyrie Korinta	25' 6	Fargo South
41.	12	Zoe Ertelt	25' 2	Shanley
42.	11	Amelia Lovejoy	24' 11	Horace
43.	9	Emberly McInerney	24' 4.5	Davies
44.	10	Jena Chahal	24' 2 PR	Red River
45.	9	Kendra Kuznia	23' 11	Grand Forks Central
46.	11	Olivia Nelson	23' 4	Wahpeton
47.	10	Violet Mattson	22' 9.75	Grand Forks Central

Discus - 1kg Varsity - Finals

Field Series

1.	11	Scout Woods	131' 7	Wahpeton
2.	12	Cailey Moton	124' 10.75 PR	West Fargo
3.	12	Kiara Zepeda	114' 4.5	West Fargo
4.	12	Claire Vetter	114' 2.25 PR	Shanley
5.	10	Lyla Stegman	109' 8.5	West Fargo
6.	9	Lily Wavrin	105' 1.75	West Fargo
7.	8	Claire Woods	104' 11.5	Wahpeton
8.	10	Kylee Sivers	101' 10.25	Fargo South
9.	11	Elsa Axtman	100' 10.25	Davies
10.	11	Carrie Osier	100' 9.25	Fargo North
11.	9	Katie Burchill	100' 9.25 PR	Valley City
12.	11	Sadie Wavrin	99' 10.5	West Fargo
13.	11	Abby Baker	99' 6.75	Red River
14.	9	Emberly McInerney	99' 5.75 PR	Davies
15.	10	Elizabeth Voss	98' 6.25 PR	Shanley
16.	7	Jocelyn Laqua	94' 7.25	Davies
17.	8	McKenna Colter	92' 2.5 PR	Horace
18.	10	Charlotte Davis	90' 7.5 PR	Fargo North
19.	11	Erika Wanner	90' 4.75	Shanley
20.	11	Gretta Gebhard	89' 3.5 PR	Grand Forks Central
21.	-	Maddie Lunak	86' 1.75 PR	Davies
22.	12	Faith Arechigo	84' 10 PR	Sheyenne
23.	12	Deelan Hamdi	77' 5.25	Sheyenne
24.	12	Sydney Schweyen	76' 1.5	Horace
25.	10	Elsie Becker	75' 10.5	Fargo South
26.	10	Shya Stockmoe	75' 8	Shanley

27.	11	James Fewster	41' 2.75	Grand Forks Central	
28.	10	Dayshun Taylor	40' 11.75	Fargo North	
29.	9	Lucas Osier	40' 8	Fargo North	
30.	11	Dylan Hunt	40' 7.25	Valley City	
31.	10	Jacob Artac	40' 3.25	Fargo South	
32.	12	Carter Schenck	40' 2.75	Horace	
33.	11	Tyler Thoreson	39' 11.75	Red River	
34.	10	Nolan Marshall	39' 7.5	Grand Forks Central	
35.	12	Xzavier Buckmiller	39' 3.25	Fargo North	
36.	11	Jacob Foss	39' 1.5 PR	Red River	
37.	12	Devin Wall	39' 1	West Fargo	
38.	11	Holden Deutsch	38' 6.25	Shanley	
39.	11	Caysen Hemstad	38' 3	Fargo North	
40.	11	Daniel Severud	37' 6.5	Red River	
41.	12	Logan Wasylow	37' 6.25	Red River	
42.	12	Matt Comings	36' 7	Wahpeton	
43.	10	Luke Anderson	34' 7	Wahpeton	
44.	12	Kyen Poole	33' 11.75	Grand Forks Central	
45.	11	Rafael Rivera	33' 10.75	Valley City	
46.	8	Owen Hunt	33' 7.25	Valley City	
47.	10	Hunter Beolke	33' 5	Wahpeton	
48.	10	CJ Johnson	32' 9.5	Shanley	
49.	11	Amiri Francis	31' 10.25	Devils Lake	
50.	12	Aiden Lamb	31' 3.75	West Fargo	
51.	10	Alex Comings	31' 1.75	Wahpeton	
52.	12	Colman Barth	23' 4	Wahpeton	
	12	Cam Ahlers	ND	Shanley	
	11	Joel Nelson	ND	Devils Lake	

Discus - 1.6kg Varsity - Finals

Field Series

1.	12	Ethan Thomas	176' 6.75	Grand Forks Central	
2.	11	Dylan Hunt	152' 6.5 PR	Valley City	
3.	11	Kade Pietrzak	148' 10 PR	Sheyenne	
4.	12	James Miller	148' 5.75	Fargo North	
5.	12	Mato Greywind	143' 10.75 PR	Fargo South	
6.	12	Jack Stewart	140' 7.5	West Fargo	
7.	12	Tatum Vanyo	136' 0.25	Grand Forks Central	
8.	12	Cam Ahlers	135' 9.75	Shanley	
9.	12	Kyen Poole	135' 9.5	Grand Forks Central	
10.	12	Carter Schenck	133' 10.75	Horace	
11.	11	Braxton Rance	133' 8.75	Devils Lake	
12.	10	Nolan Marshall	133' 6.5 PR	Grand Forks Central	
13.	11	Xander Moody	132' 5.75	Fargo South	
14.	10	Adam Bamba	132' 3.25	Horace	
15.	11	Holden Deutsch	131' 4.75	Shanley	
16.	9	Parnell Preston	128' 11.25 PR	Fargo North	
17.	12	Joshua Deckert	128' 6.25	Devils Lake	
18.	11	Holden Witte	128' 3.25	Davies	
19.	11	Jacob Foss	126' 8.25	Red River	
20.	10	Finn Kielty	125' 4.75 PR	Fargo North	
21.	11	Kaden Manske	124' 2	Horace	
22.	10	Lucas Fischer	124' 0.5 PR	Grand Forks Central	
23.	10	Jacob Artac	123' 10.25 PR	Fargo South	
24.	12	Greg Dimmer	122' 9	West Fargo	
25.	9	Noah Sanger	122' 2.75 PR	West Fargo	
26.	11	Brayden Weninger	121' 2	Fargo North	
27.	11	Xander Mowery	120' 7.25 PR	Sheyenne	
27.	8	Ella Langenwalter	74' 10	Wahpeton	
28.	9	Olantha Mycke	74' 9 PR	Sheyenne	
29.	12	Ellamarie Jacobson	74' 5.5	Fargo North	
30.	10	Briley Thompson	73' 5	Sheyenne	
31.	10	Josie VanSickle	72' 3.75	Red River	
32.	11	Chloe Currier	72' 2 SR	Fargo South	
33.	11	Jovi Borg	71' 3.75	Valley City	
34.	11	Ellery Kautzman	71' 3	Shanley	
35.	9	Ryley Strahm	69' 6.25	Horace	
36.	11	Blair Woodrow	69' 1.5	Horace	
37.	10	Piper Severson	68' 5	Grand Forks Central	
38.	9	Diana Paasewe	67' 5	Fargo North	
39.	11	Olivia Nelson	65' 4	Wahpeton	
40.	9	Emma Steinbrink	64' 3.75	Sheyenne	
41.	9	Nora Hale	63' 11.75	Grand Forks Central	
42.	12	Ashlyn Kahler	63' 0.5	Wahpeton	
43.	9	Callie Mattern	62' 8	Davies	
44.	12	Jordyn Atwood	62' 4.25	Fargo South	
45.	12	Sofia Vega	59' 11	Fargo North	
46.	9	Kendra Kuznia	59' 9	Grand Forks Central	
47.	10	Jena Chahal	45' 3	Red River	
48.	9	Koral Siegel	45' 1.25	Fargo South	
	10	Jacie Reardon	ND	Grand Forks Central	
	11	Marthalyne Wornor	DNS	Davies	

Javelin - 600g Varsity - Finals

Field Series

1.	12	Ella Weippert	131' 1	Red River	
2.	12	Cayla Sailer	112' 9	Davies	
3.	10	Ellee McIntosh	109' 1	West Fargo	
4.	10	Lyla Stegman	109' 0	West Fargo	
5.	11	Emerson Byron	106' 3	Red River	
6.	12	Kiara Zepeda	104' 0	West Fargo	
7.	12	Ali Thykeson	100' 10	Fargo North	
8.	10	Jacie Reardon	99' 5	Grand Forks Central	
9.	12	Seely Stockmoe	98' 8	Shanley	
10.	11	Bryn Larson	95' 0	Red River	
11.	11	Brooke Dorsey	93' 5	Red River	
12.	11	Abby Baker	92' 10	Red River	
13.	8	Addison Larson	89' 6	Shanley	
14.	12	Claire Vetter	86' 0	Shanley	
15.	12	Gabrielle McLaurin	84' 4	Devils Lake	
16.	9	Callie Mattern	82' 5	Davies	
17.	9	Katie Burchill	82' 5	Valley City	
18.	11	Jovi Borg	81' 3	Valley City	
19.	12	Cailey Moton	81' 2	West Fargo	
20.	11	Gretta Gebhard	80' 11	Grand Forks Central	
21.	12	Addie Rugland	80' 11	Wahpeton	
22.	12	Anabel Pausch	79' 6	Wahpeton	
23.	8	Kendal Ray	79' 5	Sheyenne	
24.	9	Nora Hale	76' 11	Grand Forks Central	
25.	11	Erika Wanner	73' 3	Shanley	
26.	10	Charlotte Davis	72' 8	Fargo North	
27.	9	Emberly McInerney	72' 6	Davies	
28.	9	Sienna Fobb	72' 2	Wahpeton	
29.	9	Sabina Goddard	71' 6	Davies	
30.	11	Leighton Koepplin	71' 6	Davies	
31.	10	Piper Severson	69' 9 PR	Grand Forks Central	

28.	11	Alexander Wetterlin	119' 0		West Fargo
29.	12	Alex Parrish	117' 8.5		Red River
30.	11	Braden Saville	115' 11.75		Sheyenne
31.	11	JB Walters	115' 5		Red River
32.	12	Connor Manske	115' 4.5		Sheyenne
33.	10	Mamadi Dore	112' 6		Sheyenne
34.	12	Nick Kuehl	112' 0.75		Shanley
35.	11	Daniel Severud	112' 0		Red River
36.	12	Xzavier Buckmiller	107' 8.25		Fargo North
37.	10	Luke Anderson	106' 4.75		Wahpeton
38.	11	Scot Rohde	106' 4.25		Valley City
39.	11	Tyler Thoreson	105' 8		Red River
40.	9	Grady Ames	102' 11.5	PR	Davies
41.	12	Brian Schaan	101' 10		Shanley
42.	11	Evan Thomas	100' 11		Fargo South
43.	12	Dorian Sandness	98' 9		Fargo South
44.	8	Owen Hunt	98' 1.5		Valley City
45.	12	Brett Mertens	95' 6		Devils Lake
46.	9	Gage Liljequist	95' 2.75		Davies
47.	12	Peter Havelka	93' 10.5		Davies
48.	11	Kaden Geigle	90' 3		Shanley
49.	11	Amiri Francis	82' 2		Devils Lake
50.	11	Rafael Rivera	81' 0.5		Valley City
51.	10	Hunter Beolke	72' 11.25		Wahpeton
52.	10	Alex Comings	69' 8		Wahpeton
53.	12	Matt Comings	64' 6		Wahpeton
54.	12	Colman Barth	62' 9		Wahpeton
55.	10	Jeff Sommer	54' 9.75		Devils Lake
	10	Alexander Meece	ND		Davies

Javelin - 800g Varsity - Finals

Field Series

1.	12	Ethan Thomas	179' 2		Grand Forks Central
2.	11	Daniel Severud	173' 6		Red River
3.	11	Holden Witte	157' 7		Davies
4.	12	Drew Hofstad	152' 7	PR	Devils Lake
5.	11	Marquese Dubois	150' 11	PR	Devils Lake
6.	11	JB Walters	147' 6		Red River
7.	12	Brett Mertens	147' 3	SR	Devils Lake
8.	9	Eli Fischer	145' 9	PR	Grand Forks Central
9.	12	Zachary Sykora	142' 2		Valley City
10.	9	Tyson Vanyo	140' 6		Grand Forks Central
11.	12	Peter Havelka	139' 9		Davies
12.	11	Tyler Thoreson	137' 8		Red River
13.	11	Scot Rohde	136' 7	PR	Valley City
14.	11	Taylor Stefonowicz	133' 3	PR	Horace
15.	11	Alexander Wetterlin	133' 0		West Fargo
16.	12	Maddox Maloney	132' 11		Davies
17.	11	Caleb Haas	130' 6		Sheyenne
18.	10	Luke Anderson	129' 6		Wahpeton
19.	10	Lucas Fischer	128' 6		Grand Forks Central
20.	9	Keegan Markell	127' 6		Sheyenne
21.	10	Nolan Marshall	127' 0		Grand Forks Central
22.	11	Dylan Hunt	125' 5		Valley City
23.	10	Kaleb McClaflin	125' 3		Valley City
24.	11	Joel Nelson	123' 9		Devils Lake
25.	11	Brayden Goulet	123' 3		Red River
26.	12	Joshua Deckert	121' 9		Devils Lake
27.	11	Brayden Olson	121' 3		Sheyenne
32.	10	Rylyn Johnson	68' 7	PR	Valley City
33.	10	Elizabeth Orness	66' 7		Devils Lake
34.	10	Kyrie Korinta	64' 4		Fargo South
35.	12	Sydney Schweyen	63' 9		Horace
36.	10	Callen Fosher	63' 7		Sheyenne
37.	12	Zoe Ertelt	58' 6		Shanley
38.	10	Violet Mattson	57' 5		Grand Forks Central
39.	12	Deelan Hamdi	57' 2		Sheyenne
40.	10	Kenedy Nelson	51' 1		Fargo North
	11	Carrie Osier	DNS		Fargo North

High Jump Varsity - Finals

Field Series

1.	11	Axumite Wren James	5' 6	PR	Fargo South
2.	12	Sannie Yeanay	5' 1		Sheyenne
3.	12	Cayla Sailer	5' 1	PR	Davies
4.	12	Ella Livingston	4' 11		Horace
5.	12	Emily Arnold	4' 11		Grand Forks Central
6.	10	Emma Esposito	4' 11		West Fargo
7.	9	Jocelynne Hoefs	4' 9		Red River
7.	11	Zevina Scarbrough	4' 9	SR	West Fargo
7.	10	Isabelle Naklen	4' 9		Fargo South
10.	9	Sylvia Bochenski	4' 7		Red River
10.	10	Callen Fosher	4' 7		Sheyenne
10.	8	Sierra Reinke	4' 7		Davies
10.	10	Audrina Ehlert	4' 7		Horace
14.	8	Bostynn Evenson	4' 7	PR	Horace
14.	12	Micah Sander	4' 7		Sheyenne
16.	11	Hannah Bargor	4' 7		Sheyenne
	10	Laityn Didier	NH		Valley City
	9	Julia Madson	NH		Shanley
	10	Piper Spiekermeier	NH		Horace
	11	Lauren Barth	NH		Davies
	10	Karah Ladner	NH		Davies
	10	Dacota Potratz	NH		Valley City
	10	Brooklyn Botz	NH		Valley City
	8	Brinna Swanson	NH		Red River

Pole Vault Varsity - Finals

Field Series

1.	11	Emma Briggs	11' 3		Sheyenne
2.	11	Jolee Dahl	10' 9		West Fargo
3.	12	Onya Kretchman	10' 3		Davies
4.	11	Addison Tandeski	9' 9		Davies
5.	11	Madison Wendel	9' 3	PR	Valley City
5.	12	Halle Braaflat	9' 3		Davies
7.	10	Kadie Kocka	9' 3		Valley City
8.	12	Hope Lukes	9' 3		West Fargo
9.	8	Kaisa Tompkins	8' 9		West Fargo
10.	12	Emery Aasen	8' 9		West Fargo
11.	11	Morgan Wieler	8' 9		Sheyenne
12.	12	Madison Lugert	8' 3		Sheyenne
12.	9	Elise Skovholt	8' 3		Wahpeton
12.	11	Lauren Barth	8' 3		Davies
12.	9	Kennedy Fitzloff	8' 3		Sheyenne
12.	10	Abby Hilliard	8' 3		Davies
17.	8	Farrah Kelsh	7' 9	PR	Fargo South
18.	9	Samantha Christians	7' 9	PR	West Fargo

28.	10	Briggs Hanson	120' 6	Shanley	
29.	11	Carter Dewald	118' 7	Davies	
30.	11	Zach Waldera	118' 1	West Fargo	
31.	11	Carter Parsons	117' 9	West Fargo	
32.	10	Liam Gladue	116' 3	Horace	
33.	12	Jordan Zander	116' 0	Fargo North	
34.	9	Reid Foell	113' 9	Horace	
35.	9	Gage Heffernan	113' 4	Red River	
36.	11	Kaden Geigle	107' 8	Shanley	
37.	11	Henry Devitt	107' 7	Fargo North	
38.	11	Jack Miller	107' 2	Fargo North	
39.	10	Alex Comings	104' 2	Wahpeton	
40.	10	Finn Kielty	100' 1	Fargo North	
41.	12	Aiden Lamb	96' 10	West Fargo	
42.	12	Peter Davis	96' 9	Fargo North	
43.	11	Griffin Olson	96' 6	Fargo South	
44.	10	Drake Nostrum	93' 6	Sheyenne	
45.	9	Caleb Stowman	89' 11	Fargo South	
46.	10	Zach Bense	89' 6	Sheyenne	
47.	11	Max Sornsin	87' 9	Shanley	
48.	10	Nathanael Murphy	86' 8	West Fargo	
49.	10	Nicolas Anderson	86' 8 PR	Shanley	
50.	10	Hunter Beolke	86' 2	Wahpeton	
51.	12	Matt Comings	82' 2	Wahpeton	
52.	10	Jens Sharbono	63' 2	Fargo South	
	11	Gunnar Majerus	DNS	Davies	

High Jump Varsity - Finals

Field Series

1.	11	Kalef Yalartai	6' 2	Sheyenne
2.	10	Amari Taylor	6' 2	Fargo South
3.	9	Kyson Keller	6' 0	Sheyenne
3.	11	Trey Knoke	6' 0	Fargo North
5.	10	Chris Kambal	6' 0	Fargo South
6.	11	Joel Nelson	6' 0	Devils Lake
7.	12	Alpha Camara	6' 0	Davies
8.	11	Advin Mujcic	5' 10	Horace
9.	12	John Angau	5' 10	Sheyenne
10.	12	Moe Sabby	5' 8	Sheyenne
11.	11	Isaac Beauchamp	5' 8	Shanley
11.	11	Grant Quam	5' 8	Devils Lake
11.	9	Drew Kessel	5' 8 PR	Fargo South
	12	Sam Bowman	NH	Red River
	12	Jonah Heyer	NH	Davies
	11	Aydan Mastel	NH	Davies
	9	Kyden Murph	NH	Grand Forks Central
	11	Bonfas Loria	DNS	West Fargo
	10	Kellen Westman	DNS	Valley City
	12	Maddox Maloney	NH	Davies
	9	Mark Wanner	NH	Shanley
	9	Carter Shambaugh	NH	Fargo South
	10	Gavin Vesterso	NH	Red River
	12	Reggie Cavanaugh	NH	Devils Lake
	9	Michael Hollcraft	NH	Shanley

Pole Vault Varsity - Finals

Field Series

1.	12	Connor Manske	13' 0	Sheyenne
18.	9	Signe Steier	7' 9	Fargo South
	12	Tyndale Archer	NH	Sheyenne
	9	Ashlyn Hins	NH	Fargo South
	9	Olivia Shorma	NH	Shanley
	10	Jasmyn Benedict	NH	Wahpeton
	10	Myah Anderson	NH	Wahpeton

Long Jump Varsity - Finals

Field Series

1.	10	Kia Ray	18' 7.25 PR	Sheyenne
2.	11	Sophie Brakke	18' 1.5	Red River
3.	10	Michelle Gee	17' 3.5	West Fargo
4.	12	Onya Kretchman	16' 9.75 SR	Davies
5.	12	Jane Donat	16' 6.5	Davies
6.	9	Kenzie Wuo	16' 5	Sheyenne
7.	10	Soludo Obi	16' 2.5 SR	West Fargo
8.	11	Halle Miller	16' 1.5	Wahpeton
9.	7	Sawyer Kosidowski	15' 10.25 PR	Davies
10.	10	Audrina Ehlert	15' 9.75	Horace
11.	9	Layni Bakalar	15' 8.25	Valley City
12.	12	Sannie Yeanay	15' 6.75	Sheyenne
13.	12	Micah Sander	15' 6.75	Sheyenne
14.	8	Sierra Reinke	15' 5.5	Davies
15.	12	Quinn Benson	15' 5	Davies
16.	8	Daniella Buroko	15' 3.5	Red River
17.	8	Lucia Riedinger	15' 2.25	Fargo North
18.	11	Emerson Byron	15' 1.25	Red River
19.	11	Naiya Pickett	15' 0.75	Horace
19.	10	Olivia Schock	15' 0.75	Horace
21.	12	Meghan Esposito	15' 0 PR	West Fargo
22.	10	Piper Spiekermeier	14' 10.75	Horace
23.	12	Mckenzie Olson	14' 8.5	Red River
24.	12	Chaylee Hewson	14' 6.5	Devils Lake
25.	12	Jadyn Chakua	14' 4.5	Fargo South
26.	9	Morgan Larson	14' 4	Valley City
27.	9	Naomi Sando	14' 3.25	Sheyenne
28.	9	Jada Khatri	14' 2.5 PR	Fargo South
29.	10	McKenna Gross	14' 1.25 PR	West Fargo
30.	9	Kinley Johnson	14' 0.25	Devils Lake
31.	9	Alessa McBeain	13' 9	Fargo South
32.	11	Emily Simek	13' 8.75	West Fargo
33.	10	Victoria Bolstad	13' 7.5 PR	Fargo North
34.	9	Ashlyn Hins	13' 3.5	Fargo South
35.	12	Emma Haskamp	13' 2.25	Grand Forks Central
36.	8	Farrah Kelsh	13' 0.25	Fargo South
37.	10	Brooklyn Botz	12' 11.5	Valley City
37.	12	Hadley Thoreson	12' 11.5 SR	Valley City
39.	12	Savanna Lebrun	12' 11.25	Devils Lake
40.	9	Sharlotte Koch	12' 6	Shanley
41.	9	Ellory Boutwell	12' 3.75	Fargo North
42.	10	Jasmyn Benedict	12' 2.5	Wahpeton
43.	11	Kendra Haag	12' 2.25	Grand Forks Central
44.	9	Olivia Preston	11' 9.75	Shanley
45.	9	Imaya Armstrong	11' 7.5	Shanley
46.	12	Anabel Pausch	11' 4.75	Wahpeton
	9	Sara Kraft	DNS	Devils Lake
	10	Noelle Friederichs	DNS	Shanley
	10	Kadie Kocka	ND	Valley City

2.	11	Jack Jelinek	12' 6	Sheyenne	
3.	10	Lincoln Walker	12' 6	West Fargo	
4.	12	Tyler Hanson	12' 0	Sheyenne	
5.	12	Jonah Heyer	12' 0	Davies	
6.	12	Fisher Hannesson	12' 0 PR	Shanley	
7.	12	Nate Shorma	11' 6	Sheyenne	
8.	11	Justin Overas	11' 6 PR	Sheyenne	
9.	10	Zacharias Huck	11' 0 PR	Davies	
10.	10	Alexander Lewis	10' 6	Horace	
11.	9	Tucker Bennett	10' 0	Devils Lake	
12.	9	Nikita Usatii	10' 0 PR	Grand Forks Central	
	9	Kannon Kainz	NH	Fargo South	
	10	Simon Kebulu	NH	Fargo South	
	10	Austin Saari	NH	West Fargo	
	11	Mbanzendore Urbain	NH	Red River	
	9	Logan Duffy	NH	Shanley	
	11	Michael Shell	NH	West Fargo	
	11	Owen Flemmer	NH	Fargo South	
	11	Carter Dewald	NH	Davies	
	11	Talan Otheim	NH	West Fargo	

Long Jump Varsity - Finals

Field Series

1.	11	Golden Deebom	23' 1.75 PR	Davies	
2.	12	Thomas Schreiner	23' 1.75 PR	Davies	
3.	10	Kye Schlichting	22' 10.5 PR	Sheyenne	
4.	11	Charlie Metzger	22' 1 PR	Davies	
5.	10	Amari Taylor	21' 11.75	Fargo South	
6.	11	Isaiah Gaye	21' 11.5 PR	Red River	
7.	12	Nick Hasbargen	21' 10 PR	Davies	
8.	11	Chris Verdier	21' 6 PR	Davies	
9.	12	Ben Strand	20' 9.25	Red River	
10.	12	Zach Oehlke	20' 8	Red River	
11.	11	Kalef Yalartai	20' 6.5	Sheyenne	
12.	9	Ben Orvik	20' 4.5 PR	West Fargo	
13.	9	Joaquin Valdez	20' 4.5	West Fargo	
14.	10	Israel Bauer	20' 4.25	Horace	
15.	12	Noah Olson	20' 4.25	Sheyenne	
16.	12	Drew Hofstad	20' 3	Devils Lake	
17.	11	Lance Williams	20' 2.25	West Fargo	
18.	12	Jaden Middleton	20' 1.75	Fargo South	
19.	12	A'Johntez Moore	20' 1	Fargo South	
20.	11	Treyton Mauch	19' 10.75	Wahpeton	
21.	11	Kobe Lemar	19' 6.25 PR	Horace	
22.	9	Finn Dockter	19' 5.25	Valley City	
23.	11	Jackson DeVries	19' 3.5	Wahpeton	
24.	12	Jerry Gibson	19' 2.75	Fargo South	
25.	10	Drew Schneider	19' 0.5	Shanley	
26.	9	Noah Johnson	19' 0 PR	Shanley	
27.	12	Treyton Hoffert	19' 0	Fargo South	
28.	12	Wylee Delorme	18' 10.5	Devils Lake	
29.	10	Hayden Braun	18' 9.25	Shanley	
30.	11	Jack Guscette	18' 7.25	West Fargo	
31.	12	Carson Blegen	18' 6.5	Red River	
32.	10	Elijah Morris	18' 6	West Fargo	
33.	10	Carter Hockert	18' 5	Wahpeton	
34.	10	Kellen Westman	17' 9.75 PR	Valley City	
35.	9	Joshua Chea	17' 9.5	Horace	
	10	Oriana Hill	ND	Fargo North	
	12	Ali Thykeson	DNS	Fargo North	

Triple Jump Varsity - Finals

Field Series

1.	11	Sophie Brakke	38' 0.25 PR	Red River	
2.	12	Onya Kretchman	36' 9.5 SR	Davies	
3.	11	Axumite Wren James	36' 8.5	Fargo South	
4.	12	Cayla Sailer	36' 3 SR	Davies	
5.	10	Soludo Obi	35' 9.25 PR	West Fargo	
6.	9	Kenzie Wuo	35' 1.75	Sheyenne	
7.	12	Quinn Benson	34' 1.25 PR	Davies	
8.	12	Sannie Yeanay	33' 6.75	Sheyenne	
9.	11	Hannah Bargor	33' 1.75	Sheyenne	
10.	11	Alexandra Roberts	33' 1.75	Davies	
11.	11	Bryn Larson	32' 11.75	Red River	
12.	12	Mckenzie Olson	32' 11.25	Red River	
13.	10	Dacota Potratz	32' 6.25	Valley City	
14.	10	Kelby Christofferson	32' 2.75 SR	Horace	
15.	12	Micah Sander	32' 2.25	Sheyenne	
16.	9	Kinley Johnson	31' 2.5	Devils Lake	
17.	11	Jovi Borg	30' 10.25	Valley City	
18.	12	Savanna Lebrun	30' 6.5 PR	Devils Lake	
19.	12	Jadyn Chakua	30' 5.75	Fargo South	
20.	8	Trinity Kus	30' 2	Devils Lake	
21.	9	Sienna Fobb	29' 11.5 PR	Wahpeton	
21.	12	Chaylee Hewson	29' 11.5	Devils Lake	
21.	7	Tenley Triepke	29' 11.5	Devils Lake	
24.	9	Imaya Armstrong	29' 5.25	Shanley	
25.	12	Meghan Esposito	29' 1.75	West Fargo	
26.	10	Victoria Bolstad	28' 11.25 PR	Fargo North	
27.	12	Emma Haskamp	28' 10.5	Grand Forks Central	
28.	9	Ellory Boutwell	28' 9.25 PR	Fargo North	
29.	11	Ejatu Bah	27' 6.5	West Fargo	
	10	Grace Williams	ND	Fargo South	
	9	Olivia Preston	ND	Shanley	
	11	Addison Tandeski	ND	Davies	

36.	12	Ty Boutwell	17' 5.5		Fargo North
37.	11	Blake Johnson	17' 4.75		Horace
38.	11	Chris Geske	16' 10.5		Fargo North
39.	10	Kenneth Mitchell II	16' 9.25		Valley City
40.	10	Landon Ralph	16' 8.75	PR	Wahpeton
41.	9	Jason McAllister	16' 8.5		Shanley
42.	12	Sam Bowman	16' 5		Red River
43.	9	Cayden Barth	16' 0.5		Wahpeton
44.	9	Michael Hollcraft	15' 6.75		Shanley
44.	10	Christian Buchli	15' 6.75		Devils Lake
46.	10	Caber Bryce Volk	15' 6		Devils Lake
	10	Lucas Jackson	DNS		Fargo North
	12	Moe Sabby	ND		Sheyenne

Triple Jump Varsity - Finals

Field Series

1.	12	A'Johntez Moore	46' 8.75	PR	Fargo South
2.	12	Jaden Middleton	46' 2	PR	Fargo South
3.	11	Isaiah Gaye	45' 7.25	PR	Red River
4.	12	Noah Olson	44' 6.75	PR	Sheyenne
5.	11	Chris Verdier	42' 8.75		Davies
6.	12	Ben Strand	41' 10.5	SR	Red River
7.	10	Chris Kambal	41' 9.75		Fargo South
8.	11	Jack Guscette	41' 8.75	PR	West Fargo
9.	12	Treyton Hoffert	41' 1.5	PR	Fargo South
10.	11	Kalef Yalartai	40' 11		Sheyenne
11.	12	Carson Blegen	40' 6.25	PR	Red River
12.	10	Erik Johnson	40' 1.25		Davies
13.	11	Latrell Murph	40' 0.5		Grand Forks Central
14.	12	Moe Sabby	39' 8.5		Sheyenne
15.	10	Collin Williams	39' 6		Davies
16.	11	Mag Cummings	38' 8.75		West Fargo
17.	11	Desire Masiri	37' 10.75		West Fargo
18.	10	Drew Schneider	37' 8.75		Shanley
19.	9	Joshua Chea	37' 6.5		Horace
20.	8	Ethan Mason	37' 5.25	PR	Red River
21.	9	Noah Johnson	37' 5	PR	Shanley
22.	10	Sean Brindle	36' 11		Sheyenne
23.	11	Baskal Makuag	36' 6.25		West Fargo
24.	10	Christian Buchli	36' 0.75	PR	Devils Lake
25.	9	Colten Kaldor	35' 11.25	PR	Fargo North
26.	11	Lucas McDaniel	35' 10.5		Sheyenne
27.	10	Landon Ralph	35' 6		Wahpeton
28.	10	Hayden Braun	34' 9.75		Shanley
29.	10	Wyatt Hillebrand	34' 5.5		Devils Lake
30.	9	Jason McAllister	34' 4		Shanley
31.	11	Grant Quam	34' 4		Devils Lake
	11	Charlie Metzger	ND		Davies
	12	Ahmed Falir	ND		West Fargo
	10	Briggs Hanson	DNS		Shanley
	11	Noah Azure	ND		Devils Lake
	11	Golden Deebom	ND		Davies
	12	Ty Boutwell	ND		Fargo North

East Region HS

OFFICIAL Fri, May 17, 2024 North Dakota State University - Terrence Dahl and Donna Beres Tr

Mens Varsity

19 / 19 Events Completed

1.	Davies	125
2.	Fargo South	124
3.	Sheyenne	113.5
4.	Red River	113
5.	Fargo North	87.5
6.	Grand Forks Central	46
7.	West Fargo	45
8.	Shanley	37
9.	Devils Lake	20
10.	Valley City	12
11.	Horace	9
12.	Wahpeton	8

Womens Varsity

19 / 19 Events Completed

1.	Davies	178.5
2.	Sheyenne	124
3.	West Fargo	111
4.	Red River	79
5.	Shanley	68
6.	Fargo South	44
7.	Fargo North	33
8.	Wahpeton	31
9.	Valley City	28.5
10.	Horace	25
11.	Grand Forks Central	12
12.	Devils Lake	7

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STATE TRACK & FIELD MEET

MAY 23 - 25 BISMARCK

West Fargo's Michelle Gee sweeps girls state dash events

BY RYAN SPITZA - THE FORUM
BISMARCK



David Samson / The Forum
West Fargo's Michelle Gee wins the girls Class A 400-meter run during the NDHSAA state track and field meet on Saturday in Bismarck.

One year ago, Michelle Gee finished runner-up in each of the three Class A girls dash finals at the North Dakota state track and field meet.

Yet, she felt a sense of happiness rather than frustration at the time knowing that she still had three years of high school track ahead of her.

"I was feeling pretty happy with what I got because I know that I didn't get that far the year before," Gee said. "But I was thinking when next year comes, I need to get dedicated, focus up and try to win."

That's exactly what she did, flipping those three runner-up finishes from her freshman year into three state championships as a sophomore.

Gee swept the girls 100-, 200- and 400-meter dash finals Saturday to highlight Class A action on the final day of the state meet at the MDU Resources Community Bowl.

She began her day with a winning time of 12.29 seconds in the 100 final, edging Fargo Davies junior Kate Laqua by 0.05 seconds.

Gee followed it up in the 400 with a first-place run of 56.41, topping second-place Watford City junior Fallon Sampsel by 0.26 seconds.

The Packers' sprinter capped off her triple crown with another narrow win over Dickinson senior Jazmin Barry in the 200, edging Barry by 0.06 seconds with a first-place run of 24.97.

As Gee walked off the course after her third win and final event of the weekend, she was heard letting out a sigh of relief before proclaiming, "I'm done," marking the end of a victorious but exhausting day.

"I'm so happy," Gee said. "After that (400) I was like, 'I need to be done for the day.' My body needs some rest. Not like, done forever, but just for the day."

The rest is well-deserved for Gee, who also raced to the top preliminary time in all three events a day prior.

"I'm so proud of myself because I feel like I put myself down so much," Gee said.

"Now I'm finally at a place where I want to be. I feel like I'm on top of the world right now. I'm so excited."

A clean sweep of the dash events is something Gee never envisioned.

"No, honestly no," Gee said. "I did not think that day would ever come. I always thought I was going to be in the lowest of lows or not even going to be doing track anymore. But I'm glad I'm stayed."

There was a time Gee was questioning her potential in track and field.

"When you do a sport for so long and you're not consistently PR'ing, your dedication slows you down," Gee said. "I felt like I wasn't being consistent. When I finally got consistent, that's when I started to feel like I loved the sport even more."

As legendary college football coach Bo Schembechler once told his Michigan Wolverines, "Those who stay will be champions."

Gee stayed.

"I'm just so happy," Gee said.


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2024 TRACK & FIELD SENIORS
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2024 NORTH DAKOTA HIGH SCHOOL STATE TRACK & FIELD CHAMPIONSHIPS

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MAY 23-25

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2023 TEAM CHAMPIONS



2023 Class 'A' Girls - Fargo Davies Eagles



2023 Class 'B' Girls - Central McLean Cougars



2023 Class 'B' Girls - Central Cass Squirrels



2023 Class 'A' Boys - Century Patriots



2023 Class 'B' Boys - Kindred Vikings



Matthew J. Fetsch
Executive Director



Brian Bubach
Associate Director



Justin Fletschock
Assistant Director



Kevin Morast
Assistant Director



Nick Walton
Technology Director



Tom Mix
Media Specialist



Josh Johnson
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Valley City



Andrew Jordan
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Wilton



Guy Fridley
Dickinson



Mitch Lunde
Minot



Larry Derr
Glenburn



Ryan Hanson
Devils Lake



Rick Diegel
Steele



Patti Aanenson
Larimore



Matt Bakke
Grand Forks



Adam Tescher, Bismarck
Dept. of Public Instruction



Alexis Baxley, Bismarck
School Boards Association

2024 NORTH DAKOTA STATE TRACK AND FIELD CHAMPIONSHIP MEET SCHEDULE

THURSDAY

12:00 PM	**Track open for warm-up**
1:30 PM	Officials Meeting-Locker Room B
2:00 PM	A Coaches Meeting-Locker Room A
2:00 PM	B Coaches Meeting-Locker Room B
2:55 PM	**Track Closed**
3:00 PM	Opening Ceremonies/Parade of Athletes
3:25 PM	National Anthem
3:30 PM	**Track open for warm-up**
4:10 PM	**Track Closed**
4:30 PM	4 x 200 Meter Relay
5:15 PM	3200 Meter Run

FRIDAY

8:00 AM	Track open for warm-up
9:00 AM	National Anthem
10:00 AM	**Track Closed**
10:15 AM	300 Meter Hurdles-Prelims
11:00 AM	100 Meter Dash-Prelims
11:45 AM	Class A 1600 Meter Run-Final
12:15 PM	400 Meter Dash-Prelims
1:00 PM	Class B 1600 Meter Run-Final
1:30 PM	**Thursday Awards**
2:00 PM	100/110 Hurdles-Prelims
2:45 PM	200 Meter Dash-Prelims
3:30 PM	Class A 4 x 800 Meter Relay-Final
4:15 PM	4 x 100 Meter Relay-Prelims
5:00 PM	Class B 4 x 800 Meter Relay-Final

SATURDAY — ALL FINALS

8:00 AM	**Track open for warm-up**
9:15 AM	National Anthem
10:30 AM	**Track Closed**
11:00 AM	300 Meter Hurdles
11:30 AM	100 Meter Dash
12:00 PM	4 x 200 Meter Relay
12:30 PM	**HOF Special Recognition**
1:00 PM	400 Meter Dash
1:30 PM	100/110 Hurdles
2:00 PM	200 Meter Dash
2:30 PM	800 Meter Run
3:00 PM	4 x 100 Meter Relay
3:30 PM	4 x 400 Meter Relay

• NOTE — Events to be run in this order: A BOYS, B BOYS, A GIRLS, B GIRLS

Tournament Website

https://activities.bismarckschools.org/2024/track/state/state24.htm

- live results
- score updates
- pictures

FIELD EVENTS

THURSDAY

3:30 P.M.
Long Jump - B Boys
Discus - A Girls
Pole Vault - A Girls
Shot Put - B Boys
High Jump - A Boys
*awards immediatly following

5:30 P.M.
High Jump - A Girls
Shot Put - B Girls
Discus- A Boys
Long Jump - B Girls

*awards at 1:30 PM Friday

FRIDAY

9:30 AM.
Long Jump - A Boys
Discus - B Boys

10:00 A.M.
Pole Vault - A Girls
High Jump - B Boys

11:30 A.M.
Shot Put - A Boys
Discus - B Girls
Long Jump - A Girls

1:00 P.M.
Pole Vault - A Boys

2:00 P.M.
Javelin - B Boys
Triple Jump- B Girls
Shot Put - A Girls

SATURDAY

9:30 AM.
Javelin- B Girls
Triple Jump - A Boys

10:00 A.M.
Pole Vault - B Boys

12:15 P.M.
Triple Jump - A Girls
Javelin - A Boys
High Jump - B Girls

2:15 P.M.
Javelin - A Girls
Triple Jump- B Boys

2024 North Dakota State Track and Field Championship Meet Officials

Manager — Dave Zittleman
Asst. Manager — Mike Thorson
Co-Head Referees — Gelaine Orvik, Randy Johnson
Asst. Referee–Throws — Mark Murdock
Asst. Referee–Jumps — Dave Bass
Facilities Manager — Jim Haussler
Assistant Facilities — Rod Kudrna, Bruce Basaraba, Doug Swenson
Secretary — Kari Welstad
Ticket Sales — Kylee Johnson
Infield Supervisors — Wade Moser*, Mike Grandall, Leon Kary, Bill Schalow, Lisa Rollefstad, Amy Robertson
Hospitality — Ben Lervick*, Sara Bohrer, Jamie Zastoupil, Brett Mitchell

Thurday

National Anthem
– Bismarck High– Reagan Dever

Friday

National Anthem
– Bismarck Century – Paige Kuehnast

Saturday

National Anthem
– Bismarck Legacy – Lucy Miller, Aleah Olson, Addie Schmidt
Starters — Vance Reinbold, Sarah Boese-Noreen, John Hutchison, Brian Beehler
Assistant to Starters — Dave Axt
Starting Blocks — Mark Lardy*, Mark Unterseher
Announcers — Shawn Brink*, Scott Kittel, Keith House, Scott Woodmansee
Clerk of Course — Brandt Dick, Todd Knain
Electronic Measurement — Reed Danielson
Implement Measurements — Dixon Wightman*, Dean Streyle, Adrian Fehr, Kevin Martin, Byron Helgeson, Pat Gaffeny
Sports Medicine — Blaine Steiner*, Shantelle Rule, Lacey Feist, Anthony Kaseh, Alicia Wells, Dean Chumley, Jordan Davis, Hayden Mehlhoff, William Littlefield, Emma Olson, Alysia Ehrlich, Destiny Pfliiger, Matt Oestreich, Andrew Lalum
Physician — Dr. Jon Kolberg
Video Board — Evan Leingang, Elsie Thompson

Lynx Timing — Casey Mueller*, Don Mueller, Mike Porter, Brady Mueller, Cindy Thompson
Head of Awards — Todd Steinwand
Head of Awards Asst. — Chuck Clairmont
Awards — Sharon Prosby*, Mike Prosby
Awards Escort — Julie Stavn, Sharon Espeland
Press Steward — Tom Mix
Press Box Manager — Matt Crane
Press Box Assistants — Dennis Kary,
Media Press Box — Nicole Fitzgerald
Finish Line Recorder — Jim Kindschi
Finish Line Marshalls — Ron Staiger*, Bruce Evanson, Ed Lockwood
Track Marshalls — Leon Kary, Larry Cook, Tom Tudor
Measurments-Discus, Javelin — Dirk Simonieg*
Head Umpire — Leon House
Umpires — Don Cross, Larry Gies, Kara Guidinger, James Gustafson, Robin Hoff, Kevin House Mike Just, Ron Landenberger, Mike Luger, Greg Jung, Brian Keller, Dave Luger Anna Six, Gary Selle, Anne Weisbeck, Jim Skjod, Zach Six, Kevin Richardson, Tom Six Henry Schroeder, Kacee Miller Dave Luger, Nicole Holbert, Kristi Rhode, Brian Anderson
Pole Vault — Mike Nider*, Dennis Johnson*, Bill Weland, Stan Scott, Mark Krug Cody Berger, Brittany Lothspercher
High Jump — Al Knutson*, Cheryl Knutson, Jason Fritz, Corey Greff, Stacey Seamands
Long Jump — Dan Reinbold*, Lynne Roesler, Karen Roesler, David Stroh, Shawna Kost, Glee Mayer, Graham Kern, Rob Field, Katie Shlichenmeyer, Tony Bernhardt, Gary Kraft
Triple Jump — Cal Collins*, Dave Stroh*, Tony Bernhardt, Rob Field, Hudson Schroeder, Kendall Kautz, Rhett Clements, Christian Lindmeier, Taylor Weidner, Rob Renschler, Tanner Purintun
Shot Put — Keith Rath*, Mikayla Ward, Brett Gehring, Kyle Knutson, Sandy McKay, Steve McNichols, Lane Grant
Discus — Dave Michaelson*, Reed Hendrickson, Reed Danielson, Garret Ward, Brett Gehring, Mikayla Ward, Cody Eisenbeis,
Javelin — Sandy McKay*, Reed Danielson, Cody Eisenbeis, Brynn Hyttinen, Aanders Weltz, Jon Lee, Garrett Ward, Lane Grant, Jenna Green
Hurdle Crew — Tim Clausnitzer*, Clint Leingang*, Curt Gilbertson, Ean Leingang, Russ Henegar, Mark Hager, Diane Leingang Ethan Leingang, Marnie Walth, Shane Walth, Phil Moormann, Tony Tello
Wind Gauge — Steve Kubisiak*, Rich Bullinger
Sweats/Water Crew — Tom Kennedy*
Parking Chairman — Al Dockter
Program — Carissa Schmidt
Official Meet Photographer — Mary Palmer
Hip Numbers — Billie Ann Caya, Lisa Kudelka

* Denotes head judge

A special thanks to Frontier Precision, Inc. and Dirk Simonieg for the use of their electronic measuring device utilized in the measuring of the discus and javelin.

MDU RESOURCES COMMUNITY BOWL RECORDS

HIGH SCHOOL BOYS RECORDS (FAT ONLY)

Event	Record Holder	School	Record	Year
100 Meter Dash	Weston Dressler	Bismarck	10.44	2004
200 Meter Dash	Calob Larson	Legacy	21.12	2021
	Dylan McGlothlin	Legacy	21.12	2023
400 Meter Dash	Dylan McGlothlin	Legacy	47.75	2023
800 Meter Run	Brandon Barnes	Bismarck	1:51.21	2010
1600 Meter Run	Jake Leingang	Bismarck	4:08.57	2013
3200 Meter Run	Sean Korsmo	Bismarck	8:57.82	2021
110 Hurdles	Brooks Turner	Century	13.69	2023
300 Hurdles	Drew Wiseman	Century	37.06	2012
4 X 100 Meter Relay		Legacy	41.57	2023
(Talen Farland, Reece Snow, Evan Hoffer, Nathan Mathern)				
4 X 200 Meter Relay		Legacy	1:26.67	2024
(Cayden Kraft, Zayden Horne, Reece Snow)				
4 X 400 Meter Relay		Century	3:18.96	2014
(Dominic Neamyer, Jacob Richter, Andrew Steinwand, Landon Jochim)				
4 X 800 Meter Relay		Bismarck	7:48.49	2014
(Dylan Werner, Sam Markle, Preston Lerew, Matt Gotta)				
Discus	Bryan Bjerk	GF Red River	192-8	2012
High Jump	Braden Brown	Century	6-8 1/2	2021
Javelin	Chad Oukrop	Dickinson	212-8	2001
Long Jump	Jamie Heinen-Lugert	West Fargo	23-9 1/2	2013
Pole Vault	Jak Urlacher	GF Central	15-7 1/2	2021
Shot Put	Jon Tharaldsen	Bismarck	63-6 1/2	2015
Triple Jump	Nsengiyumva Corode	West Fargo	48-5	2019

HIGH SCHOOL GIRLS RECORDS (FAT ONLY)

Event	Record Holder	School	Record	Year
100 Meter Dash	Whitney Carlson	Carrington	11.88	2006
200 Meter Dash	Kelsie Belquist	New Rockford	23.94	2023
400 Meter Dash	Laura Roesler	Fargo South	53.25	2010
800 Meter Run	Laura Roesler	Fargo South	2:10.78	2008
1600 Meter Run	Karly Ackley	GF Central	4:53.76	2016
3200 Meter Run	Karly Ackley	GF Central	10:32.86	2016
100 Hurdles	Cece Deebom	Davies	14.00	2022
300 Hurdles	Kelsie Belquist	New Rockford	41.48	2023
4 X 100 Meter Relay		Fargo Davies	47.97	2023
(Alimath Salou, Mariah Burian, Ashton Safranski, Bariborve Deebom)				
4 X 200 Meter Relay		Fargo Davies	1:41.73	2016
(Roseline Gaye, Katelyn Carlson, Emily Jahner, Rose Gaye)				
4 X 400 Meter Relay		Century	3:58.32	2021
(Autum Ketterling, Emily Goldade, Ashton Kinnebrew, Erin Palmer)				
4 X 800 Meter Relay		Legacy	9:22.68	2017
(Peyton Jensen, Kaydee Wescom, Jadyn Guidinger, Lindsey Werner)				
Discus	Briona Reynolds	Red River	173-10	1999
High Jump	Lexy Wittmayer	Rolette/Wolford	5-10	2014
Javelin	Taylor Leingang	Mandan	147-7	2021
Long Jump	Whitney Carlson	Carrington	19-5 1/2	2006
Pole Vault	Lauren Gietzen	Century	12-5	2014
Shot Put	Anthonett Nabwe	Jamestown	49-10	2022
Triple Jump	Kristen Killoran	Maple Valley	39-8 1/4	2008

"Please visit the NDHSAA website at: ***www.ndhsaanow.com****"*

NDHSAA MINIMAL BEHAVIOR EXPECTATIONS FOR REGULAR AND POSTSEASON COMPETITIONS:

- Respect the American flag and the National Anthem.
- Contesting schools shall each have an authorized faculty representative present who shall be responsible for his/her school's participants, students, and fans throughout the contest.
- Spectators must wear clothing that covers the entire torso. Those who do not comply or who wear clothing that is vulgar, obscene or that in some other way inappropriate, as determined by school/tournament personnel, will be removed from the facility if they do not cooperate with this behavior expectation.
- The use of appropriate language is expected at all times. Profanity, negative chants, trash talk, name-calling, personal attacks or other acts of disrespect are unacceptable and must be immediately addressed by school/tournament administrators. Any discriminatory slur will result in immediate removal from the facility.
- Any attendee ejected from a NDHSAA tournament venue will be banned from the venue(s) for the remainder of the event.
- Respect the game/contest. Under no condition shall anyone other than the members of the official squad enter the playing surface. No one may interfere with the contest in any way.
- Hand held signs and flags, which do not obstruct the view of others, are permitted provided they are in good taste. Signs or other similar items contest/tournament officials deem to be in poor taste will be removed. Message or "white" boards are prohibited. The carrying of flags around the playing surface is NOT allowed.
- Artificial noisemakers of any kind (i.e. megaphones, cowbells, sirens, whistles, thunder sticks, and other similar items) are not allowed at any indoor events, including outdoor sports played at indoor venues. Exception – Megaphones appropriately used by cheerleaders are permitted if allowed by contest officials.
- Laser lights or any other lights deemed distracting to participants are strictly prohibited.
- Confetti is banned at all NDHSAA tournament venues. Tournament staff is instructed to confiscate such articles at the door.
- Objects shall not be thrown into the stands at any NDHSAA tournament venue.
- The use of unmanned aerial vehicles (UAV), also known as drones, is prohibited for any persons at NDHSAA tournament venues.

North Dakota High School Track and Field Hall of Fame

2007

Corey Ihmels	Williston High School
Becki Wells Staley	Dickinson High School
Jessie Melland Haynes	Hazen High School
Susie Keller	Harvey High School
Rob Heen	Williston High School
Patty Purpur-Gash	Grand Forks Red River High School
Michelle Belohlavek Shipman	Mandan High School
Phil Farris	Langdon High School
Drexel Lawson	North Dakota School For The Deaf
Cheryl Anderson Freed	Bowbells High School
Rich Goff	Grandin High School
Cliff Cushman	Grand Forks Central High School
Chuck McGuinness	Jamestown High School
EJ Anderson	Valley City High School
Bruce Whiting	Bismarck High School
Jack Carlson	Dickinson High School
Doyle Radke	Minot High School
Gelaine Orvik	Fargo South High School
Jack Brown	Jamestown
Jack Lynch	Bismarck

2008

Hollis Dietz	Mohall High School
Mandy Schroeder Sheldon	Mandan High School
Cindy Leingang Thompson	Mandan High School
Geoff Rodlund	Ellendale High School
Joan Hammeren Knoll	Bismarck High School
Jim Kleinsasser	Carrington High School
Harry Davidson	Valley City High School
Bob Ingstad	Valley City High School
Jim Jeske	Killdeer High School
Leon House	Mandan High School
Beckee Keller	Harvey High School
Bill Jansen	Valley City High School
Ken Rio	Grand Forks
Arnie Bakke	Grand Forks
Ron Staiger	Bismarck

2009

Greg Rhode	Bismarck Century High School
Jason Breitzman	Bismarck High School
Charles Pokladnik	Bismarck High School
Howard Hausauer	Bismarck High School
Bruce Perry	Bismarck High School
Nancy Malloy	Dickinson High School
Dona (Fischer) Glick	Dickinson High School
Cami Wells	Dickinson High School
Mark Aide	Bismarck High School
Rick Dressler	Flasher High School
Robert King	NDHSAA

2010

Jerry Boschee	Killdeer High School
John Conyne	Bismarck High
Kyle Herman	Bismarck Century High
Marvin Landgren	Underwood High School
Lynae Larson	Carpio High School
Dr. William Nelson Spear	Dickinson High School
Darrell Anderson	Bismarck High School
Clint Chamberlin	WillistonHigh School
Don Kerlin	Mayville-Portland High School
Jim Haussler	Bismarck Public Schools

2011

Russ Schmeichel	Jamestown High School
James Molstre	Dickinson High School
John Bennett	Grand Forks High School
Tom Petrik	Bismarck High School
Crystal Cummins	Fargo South High School
Kyle Carlson	Dickinson High School
Richard Wardner	Dickinson

2012

Gary Selle	Killdeer High School
Carly Emil Gatzlaff	Mandan High School
Margo Levang Knorr	Watford City High School
Dave Zittleman	Bismarck High School
Mark Murdock	GF Red River High School
Bob Zimney	GF Red River High School

2013

Gerald Cysewski	Jamestown High School
Jessica Neva Gardner	Jamestown High School
DaNae Carlson Streets	Minot High School
Jennifer Schmeichel Birkmeier	Jamestown High School
Rick Nelsen	Bowman High School
Judy Mogck Hager	Jamestown High School
Julie Stavn	Century High School
Rollie Greeno, Jr.	Jamestown High School

2014

Staci Honeyman	Scranton High School
Briona (Reynolds) Nnoli	GF Red River High School
Charyl Weingarten	GF Red River High School
Jill Jahnner-Lipp	Linton High School
Joe Howell	Lisbon High School
Jim Fischer	Linton High School
Bob Bower	Grand Forks

2015

Dani (Parkos) Fluge	GF Central High School
Leslie Randich	Century High School
Kinsey (Coles) Essler	Hillsboro High School
Wayne Lunn	Bismarck High School
Jared Essler	Minot Bishop Ryan High School
Amanda (Dietrich) Marcuccio	Mandan High School
Tim Delmore	GF Red River High School
Tim Kolsrud	Bismarck High School
Tim Tandeski	GF Central & Red River High School
Jerry Schwartz	Dickinson High School
Don Blevins	Fort Yates High School

2016

Darrin Boehm	Mandan & WF High School
Michele (Gab) Willer	Dickinson High School
Tim Jacobsen	Dickinson High School
Sarah Klein	Carrington High School
Weston Dressler	Bismarck High School
Josh Dinius	Langdon High School
Brian McCulley	Fargo South High School
Henry (Hank) Pankratz	Dickinson High School
Frank Bavendick	Bismarck High School

North Dakota High School Track and Field Hall of Fame

2017

Lacy (Hinzpeter) Turnquist	Minot High School
Janis Thompson	Minot High School
Blake Bowers	Kenmare-Mohall-Lansford-Sherwood
Jeff Dick	Jamestown High School
Sam Larson	Jamestown High School
Tanya (Fischer) Jagodzinski	Bowman High School
Glee Mayer	Minot High School
Lyle Witham	Minot High School
Heather Zander (Barry)	Mandan High School
Rod Romine	Minot
Sydney Lahtinen	New Town

2018

Jessica (Trautwein) Myxter	Fargo South High School
Nate Keller	Valley City High School
Rachael (Nelson) Buresh	Langdon High School
Adriana (Friezen) Norris	Carrington High School
Christine (Bruins) Schmaltz	Watford City High School
Weston Leutz	Bismarck Century High School
Jay Gibson	Dickinson
Mike Kuhn	Mandan

2019

Bruce Evanson	Bismarck
Carla Field (Nelson)	Langdon High School
Ellie Grooters	West Fargo High School
Whitney Carlson Bruins	Carrington High School
Kevin Miller	Rugby High School (Class A)
Joan Halland	Kindred High School
Jeryl "Murph" Thompson	Drayton

2022

Lindsey Anderson Solheim	Leeds Benson County
Krista Anderson Binkley	Leeds Benson County
Lisa Svaleson	Fargo South High School
Morrell Sexton	Fargo Central High School
John Harris	Leonard
Louie Bass	New Rockford

2023

Laura Roesler Kozlowski	Fargo South High School
Jessica Sommerfeld	Lisbon High School
Allie Smith Nowatny	Wahpeton High School
Jory Zunich	Williston High School
Kara Deringer Meier	Shanley High School
Anne Jorgenson Weisbeck	Century High School
Kiki Smith Beschorner	Wahpeton High School
Harry Clark	Woodworth, Mott, Richland, Kindred

2024

Roger Reinbold **Hebron-Mohall-Bismarck**

1961 1st 440
Coached at Mohall for 1 Year
Coached at Hughes Jr High for 15 Yrs Taught for 38 Yrs
Starter- 24 Years; State Track & Field worker for 25 Years
Roger has been involved with T&F for over 50 Years
2018 Roger Higgins Award
2011 Prairie Rose discus 2nd at 66+

Greg Kuch **Beulah High School**

1987	1st 100M	1st 200M	1st 400M	
1986	2nd 100M	2nd 200M	2nd 400M	2nd 800M
1985	3rd 100M	2nd 200M	3rd 400M	
1984	5th 200M	3rd 1600R		

Team Championship in 1986-1987.
Top Qualifying times in 100-200-400-800 in 1987.
Greg competed in National Hershey and AAU Meets.

2024

Julie(Dinius) Price **Langdon High School**

2012	1st 100M	1st 300H	2nd 200M	2nd PV
2011	1st 100M	2nd 300H	1st 200M	2nd PV
2010	1st 100M	6th 400M	4th 200M	8th PV
2009	1st 100M	1st 800R	1st 200M	7th 400R
2008	7th 100M	2nd 800R	7th 1600R	
2007	3rd 400R	5th 3200R	8th 1600R	

15 Individual Regional Championships 8 State Championships
Member of the U of Mary Track and Field Team

McKenzie Mehlisch **Fargo South High School**

2005 1st L J 2nd 100H 1st TJ 1st 300H
Class A state record in LJ and 100H (prelims)
EDC team champions. Outstanding senior athlete finalist.
2004 1st LJ 1st 100H 1st 300H 1st 4x100m
State Track Team Champions.
2003 3rd 100H 2nd 300H 2nd 4x100 5th 4x400.
State Track Team Champions.
2002 4th 4x100 8th 4x200 8th 4x400
2001 4x200 1st
Member of the track & field team at NDSU

Gordon Fisher **Cavalier High School**

1915	1st Shot	1st Discus	1st Jav	1st LJ	2nd Ham	2nd880R
1914	2nd Shot	2nd Jav	2nd Disc	2nd Hammer	4th 100	
1913	2nd LJ	3rd Shot	4th Jav	4th Disc		
1912	3rd LJ	4th 880R				

Played College Football at North Dakota-Northern State & MN
North Central College Illinois Hall of Fame-Coaching
1926-1942-Head Football-Head Track-Head BB for 1 season
Indiana University Hall of Fame- Coaching
Head Track 1914-1961 and Assistant Football
First President of the Indiana Association of Track in 1955

Randy Lussenden Bismarck

1968 1st Mile New State Record 4:20.4 5th 880
1967 1st C C-- Team Champions-- Course Record
1966 2nd CC—Team Champions
NDSU Hall of Fame 1992- All-American 2X
Member of the Chicago Track Club
1974 1st US T&F 3K Steeple Record 8:38
1975 PAN AM 2nd 8:27

Lee Baker **Grand Forks Schools**

Lee has coached 25 Class A State Champions in the shot put and the discus over his coaching career, and has coached 100 state place-winners in the same events.

Lee was the coach of Bryan Bjerk, the current Class A Boys State Track Discus record holder, Overall State meet record holder, and owner of the longest boy's discus throw ever in the state of North Dakota. Bryan threw 192'8" at the 2012 State Track meet and 198'1" at the East Region Track meet in 2012.

Lee has also coached Shelby Frank, who was a 4-time State Champion in the Girl's Discus and would have been an overwhelming favorite to win her fifth if it hadn't been for COVID during the 2020 season. She is in the top ten all time farthest throws in the girl's discus. She placed fifth in the discus at the 2022 NCAA Outdoor Track and Field Championships and was a runner-up in the indoor weight throw this past NCAA indoor season at the 2023 Indoor Nationals. Shelby was also a silver medalist in the discus at the recent NACAC Track and Field meet held in Costa Rica.

Lee has coached four girls who rank in the top ten for farthest throws of all time in the state in Girl's Shot Put, and two boys who are in the top ten for farthest throws in the Boy's Shot Put.
Lee worked with and coached many athletes to state and national titles in Summer AAU track meets over the course of his career.

Lee has coached since 1991, for a total of 33 years.

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HIGH SCHOOL ACTIVITIES ASSOCIATION
NORTH DAKOTA

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Today's youth are the future of North Dakota and healthy activity builds better community involvement and personal character.

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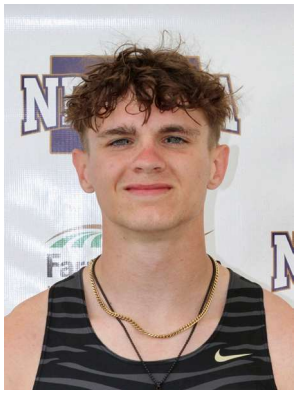
100 METER DASH

	NO.	NAME	YEAR	SCHOOL	SEED TIME
CLASS A BOYS	42	Jeran McNichols	12	Bismarck	10.45
	452	Reece Snow	12	Legacy	10.61
	437	Zayden Horne	10	Legacy	10.65
	733	Colby Fleck	11	St. Mary's	10.69
	134	Gavin Lill	12	Century	10.70
	49	Deegan Staudinger	10	Bismarck	10.87
	692	Cash Gilseth	11	Sheyenne	10.92
	823	Joaquin Pulido	10	Williston	10.94
	773	Parker Jacobson	12	Valley City	10.95
	244	Peder Haugo	12	Fargo North	10.98
	525	Tyson Ruzicka	12	Minot	10.99
	705	Kye Schlichting	10	Sheyenne	11.00
	155	Titus Dolo	11	Davies	11.01
	207	Braden Meschke	11	Dickinson	11.04
	523	Aaron Prestwich	11	Minot	11.05
	196	Christian Bowden	12	Dickinson	11.08
	482	Thomas Catalano	11	Mandan	11.12
	128	Jordan Kellogg	11	Century	11.16
	127	Jettler Jacobsen	10	Century	11.16
	697	Barry Kpeenu	12	Sheyenne	11.17
	521	James Pallotta	9	Minot	11.21
	691	Abel Gartei	12	Sheyenne	11.21
	168	Chasen Sands	11	Davies	11.23
	522	Vincent Pecoraro	11	Minot	11.26
	815	Colter Azbell	12	Williston	11.26
	355	Ty Geray	10	Horace	11.26
	170	Isaac Schumacher	12	Davies	11.29
	797	Isaac Blotsky	10	West Fargo	11.30
	357	Markus Podliska	10	Horace	11.31
	639	Jack Matson	10	Red River	11.32
	730	Isaac Duppong	11	St. Mary's	11.33
	822	Leo Kendor	8	Williston	11.33
	248	Gannon Koltes	12	Fargo North	11.33
CLASS B BOYS	596	Cole Ohnstad	11	Oak Grove Lutheran	10.87
	831	Tommy Baldwin	12	Wyndmere-Lid	11.01
	222	Izaak Kudrna	12	Dickinson Trinity	11.01
	115	Lucas Sims	12	Central McLean	11.06
	579	Matthew Hoppe	11	Northern Cass	11.08
	557	Connor Knatterud	12	New Rockford	11.10
	104	Noah Tholkes	11	Central Cass	11.12
	52	Khaliel Abdurrahman	11	Bottineau	11.18
	422	Gunner Thielges	10	Llm	11.20
	590	Jack Bier	11	Oak Grove Lutheran	11.25
	547	Keaton Cole	12	Nedrose	11.29
	615	Jesse Eisenbeis	10	Pembina Cty	11.31
	268	Avery Klein	12	Garrison	11.31
	423	Cody Amble	11	Langdon Area	11.32
	289	Shaiden Thomas	10	Grafton	11.34
	409	Cam Schwartzwalter	12	Kindred	11.34
	564	Brock Norton	11	New Salem-Almont	11.35
	107	Isaac Wisnewski	12	Central Cass	11.38
	97	Peyton Lemar	12	Central Cass	11.39
	779	Lucas Siebuhr	12	Velva D A	11.43
	406	Xander Rath	12	Kindred	11.43
	216	Gage Glaser	12	Dickinson Trinity	11.53
	277	Dalton Schneider	11	Glen Ullin/Hebron	11.83
	230	Ben Johnson	12	Divide County	12.18
	761	Drake Schlosser	11	Stanley	12.22
CLASS A GIRLS	668	Paige Renschler	12	Shanley	11.92
	798	Michelle Gee	10	West Fargo	11.98
	687	Kia Ray	10	Sheyenne	12.08
	178	Kate Laqua	11	Davies	12.12
	548	Makayla Whitfield	12	Minot	12.40
	471	Cambree Volk	10	Legacy	12.48
	55	Jilian Quale	10	Bismarck	12.50
	387	Isabella Nygaard	10	Horace	12.61
	181	Kaylee Narmah	11	Davies	12.62
	287	Nishi Yvette	11	Fargo South	12.63
	155	Kambree Long	10	Century	12.65
	800	Ella Heilman	11	West Fargo	12.72
	217	Jayden Atkins	11	Dickinson	12.72
	398	Allysah Larson	12	Jamestown	12.74
	676	Olivia Bratton	8	Sheyenne	12.76
	161	Reese Turner	12	Century	12.76
	807	Zevina Scarbrough	11	West Fargo	12.77
	172	Mariah Burian	11	Davies	12.81
	536	Maicee Burke	12	Minot	12.82
	227	Kamora Phillips	10	Dickinson	12.83
	152	Rachel Landenberger	9	Century	12.83
	283	Jordis Maxwell	12	Fargo South	12.84
	144	Maliah Frey	10	Century	12.84
	145	Eden Fridley	12	Century	12.87
	534	Monica Boakye	10	Minot	12.87
	724	Autumn Bossert	11	St. Mary's	12.87
	828	Kaylea Kealoha	12	Williston	12.89
	498	Peyton Kienzle	8	Mandan	12.90
	690	Mika Wadeson	12	Sheyenne	12.90
	157	Avery Mills	12	Century	12.91
	376	Sydney Bailey	11	Horace	12.92
	191	Ashlan Urness	10	Davies	12.93
	455	Kulah Barjuah	9	Legacy	12.94
	765	Morgan Larson	9	Valley City	12.96
	179	Alexis Lovehaug	11	Davies	12.98
	187	Blessing Sheriff	9	Davies	13.02
	171	Brenna Britton	11	Davies	13.02
	824	Micah Fleck	10	Williston	13.04
	764	Kadie Kocka	10	Valley City	13.04
CLASS B GIRLS	124	Elise Wisnewski	12	Central Cass	11.83
	773	Anya Olson	10	Velva D A	11.85
	596	Ella Olson	12	Oak Grove Lutheran	12.01
	31	Tochi Udekwe	10	Bishop Ryan	12.12
	245	Helena Pavek	12	Dickinson Trinity	12.46
	307	Alexis Tompkins	10	Grafton	12.56
	116	Grace Lemar	10	Central Cass	12.67
	326	Christalea Wagner	11	Harvey/Wells	12.73
	594	Aubrey Lindteigen	10	Oak Grove Lutheran	12.76
	714	Monica Goven	12	S. McLean	12.77
	79	Morgan Schweitzer	12	Bottineau	12.77
	635	Ella Pederson	10	Rolette/Wolford	12.78
	753	Jena Schwabe	9	Thompson	12.79
	584	Linden Broneske	9	Oak Grove Lutheran	12.88
	82	Quin Andrews	9	Bowman County	12.88
	632	Halle Handegard	10	Rolette/Wolford	12.89
	568	Jaida Schumacher	8	New Rockford	12.92
	514	Elizabeth Kleven	10	Maple River	13.03
	67	Sophia Abdurrahman	8	Bottineau	13.03
	266	Kali Norton	12	Ellendale	13.04
	13	Paige Hetzler	12	Beulah	13.04
	373	Kennedy Olsen	11	Hillsboro/CV	13.18
	746	Addison Neshem	9	Surrey	13.83
	743	Holly Latendresse	10	Surrey	13.90

2023 Class A Boys Champion • Dylan McGlothlin, Legacy — 10.66
Overall State Record Holder • Weston Dressler, Bismarck — 10.44 (2004)



2023 Class B Boys Champion • Avery Harms, Shiloh — 11.20
Class B Boys State Record Holder • Austin Brown, Trenton/W Trin C – 10.92 (2015)



2023 Class A Girls Champion • Bariborve Deebom, Davies — 12.07
Overall State Record Holder • Morgan Milbrath, Minot — 11.97 set in prelims (2010)
Cece Deebom, Davies — 11.97 (2021)



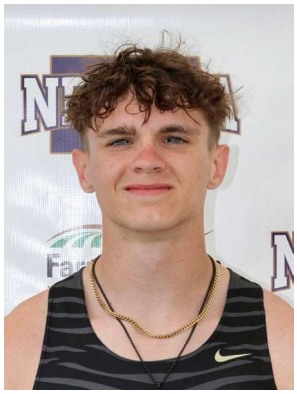
2023 Class B Girls Champion • Elise Wisnewski, Central Cass — 12.05
Class B Girls State Record Holder • Elise Wisnewski, Central Cass — 12.00 set in prelims (2023)



200 METER DASH

	NO.	NAME	YEAR	SCHOOL	SEED TIME
CLASS A BOYS	265	Austin Zulu	12	Fargo South	21.16
	42	Jeran McNichols	12	Bismarck	21.20
	452	Reece Snow	12	Legacy	21.41
	45	Dash Ohlsen	11	Bismarck	21.57
	266	Justin Zulu	12	Fargo South	21.60
	733	Colby Fleck	11	St. Mary's	21.61
	437	Zayden Horne	10	Legacy	21.64
	523	Aaron Prestwich	11	Minot	22.26
	823	Joaquin Pulido	10	Williston	22.36
	830	Dexter Yohan	12	Williston	22.46
	263	Jaylen Runnels	10	Fargo South	22.48
	795	Parker Schuster	12	Watford City	22.57
	692	Cash Gilseth	11	Sheyenne	22.57
	196	Christian Bowden	12	Dickinson	22.61
	495	Timol Walters	11	Mandan	22.68
	773	Parker Jacobson	12	Valley City	22.69
	127	Jettler Jacobsen	10	Century	22.76
	706	Evan Tiongson	10	Sheyenne	22.78
	247	Clay Koenig	11	Fargo North	22.79
	128	Jordan Kellogg	11	Century	22.81
	639	Jack Matson	10	Red River	22.83
	207	Braden Meschke	11	Dickinson	22.85
	36	Braxton Just	12	Bismarck	22.86
	822	Leo Kendor	8	Williston	22.87
	355	Ty Geray	10	Horace	22.88
	525	Tyson Ruzicka	12	Minot	22.93
	531	Carter Coleman	11	Minot North	22.96
	357	Markus Podliska	10	Horace	23.01
	521	James Pallotta	9	Minot	23.02
	811	Lance Williams	11	West Fargo	23.02
	494	Tristan Ulmer	11	Mandan	23.02
	41	Westen Malo	9	Bismarck	23.05
	129	Ryan Landenberger	12	Century	23.07
	38	Michael Leier	11	Bismarck	23.07
	775	Derek Shape	10	Valley City	23.09
	485	Clark Joseph Escatron	11	Mandan	23.11
	797	Isaac Blotsky	10	West Fargo	23.11
	532	Aaron Garza	10	Minot North	23.12
	700	Will Morris	10	Sheyenne	23.12
	168	Chasen Sands	11	Davies	23.15
	528	Harrison Stewart	12	Minot	23.18
	203	Raji Jones	9	Dickinson	23.20
	527	Grayson Schaeffer	11	Minot	23.20
	155	Titus Dolo	11	Davies	23.20
	522	Vincent Pecoraro	11	Minot	23.23
	43	Lucas McNichols	11	Bismarck	23.23
CLASS B BOYS	329	Jaran Reinhardt	10	Hazen	21.94
	327	Mark Lora	11	Hazen	21.95
	598	Kai Zabel	9	Oak Grove Lutheran	22.68
	596	Cole Ohnstad	11	Oak Grove Lutheran	22.72
	115	Lucas Sims	12	Central McLean	22.77
	97	Peyton Lemar	12	Central Cass	22.78
	222	Izaak Kudrna	12	Dickinson Trinity	22.83
	547	Keaton Cole	12	Nedrose	22.86
	557	Connor Knatterud	12	New Rockford	22.86
	423	Cody Amble	11	Langdon Area	22.86
	765	Easton Lovelace	11	Thompson	22.90
	779	Lucas Siebuhr	12	Velva D A	23.00
	831	Tommy Baldwin	12	Wyndmere-Lid	23.03
	615	Jesse Eisenbeis	10	Pembina Cty	23.08
	289	Shaiden Thomas	10	Grafton	23.09
	564	Brock Norton	11	New Salem-Almont	23.14
	503	Keaton Saastad	11	May-Port CG	23.14
	388	Nekori Dahlen	11	Killdeer	23.16
	323	Bradyn Braithwaite	11	Hazen	23.22
	179	Zander Grover	12	Dlblc	23.24
	268	Avery Klein	12	Garrison	23.24
	14	Macyn Olson	12	Benson County	23.24
	549	Jodey Myers	12	Nedrose	23.37
	556	Porter Granger	11	New Rockford	23.40
	756	Ethyn Jessen	12	Stanley	23.63
CLASS A GIRLS	798	Michelle Gee	10	West Fargo	24.62
	668	Paige Renschler	12	Shanley	25.18
	680	Avary Fitzpatrick	12	Sheyenne	25.33
	218	Jazmin Barry	12	Dickinson	25.36
	471	Cambree Volk	10	Legacy	25.99
	145	Eden Fridley	12	Century	26.04
	398	Allysah Larson	12	Jamestown	26.08
	273	Haylie Hahnert	9	Fargo North	26.12
	152	Rachel Landenberger	9	Century	26.13
	185	Ashton Safranski	12	Davies	26.30
	155	Kambree Long	10	Century	26.41
	287	Nishi Yvette	11	Fargo South	26.43
	800	Ella Heilman	11	West Fargo	26.47
	217	Jayden Atkins	11	Dickinson	26.50
	828	Kaylea Kealoha	12	Williston	26.51
	387	Isabella Nygaard	10	Horace	26.62
	224	Jersi Luchi	10	Dickinson	26.65
	227	Kamora Phillips	10	Dickinson	26.73
	191	Ashlan Urness	10	Davies	26.85
	171	Brenna Britton	11	Davies	26.89
	499	Zoey Kienzle	8	Mandan	26.94
CLASS B GIRLS	124	Elise Wisnewski	12	Central Cass	24.25
	773	Anya Olson	10	Velva D A	24.70
	31	Tochi Udekwe	10	Bishop Ryan	25.41
	596	Ella Olson	12	Oak Grove Lutheran	25.50
	245	Helena Pavek	12	Dickinson Trinity	25.75
	307	Alexis Tompkins	10	Grafton	26.00
	116	Grace Lemar	10	Central Cass	26.15
	427	Elsa Ingebrigtson	11	Kindred	26.51
	79	Morgan Schweitzer	12	Bottineau	26.52
	266	Kali Norton	12	Ellendale	26.62
	699	Brooklyn Fuller	11	Shiloh Christian	26.71
	635	Ella Pederson	10	Rolette/Wolford	26.72
	487	Brea Sweet	11	Lisbon	26.72
	753	Jena Schwabe	9	Thompson	26.76
	373	Kennedy Olsen	11	Hillsboro/CV	26.83
	714	Monica Goven	12	S. McLean	26.86
	757	Jayla Slater	8	Trenton	28.22

2023 Class A Boys Champion • Dylan McGlothlin, Legacy — 21.26
Overall State Record Holder • Dylan McGlothlin, Legacy — 21.26 (2023)



2023 Class B Boys Champion • Avery Harms, Shiloh — 22.72
Class B Boys State Record Holder • Kent Kaylor, Burke County — 21.98 (1998)



2023 Class A Girls Champion • Bariborve Deebom, Davies — 24.54
Class A State Record Holder • Morgan Milbrath, Minot — 24.32 set in prelims (2010)



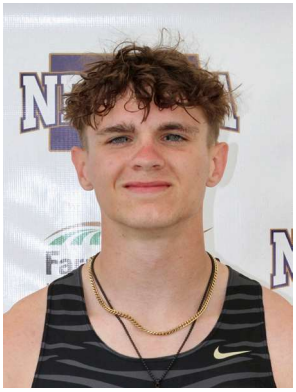
2023 Class B Girls Champion • Kelsie Belquist, New Rockford — 23.94
Overall State Record Holder • Kelsie Belquist, New Rockford — 23.94 (2023)



400 METER DASH

	NO.	NAME	YEAR	SCHOOL	SEED TIME
CLASS A BOYS	119	Josh Berger	11	Century	48.16
	265	Austin Zulu	12	Fargo South	48.23
	266	Justin Zulu	12	Fargo South	48.71
	45	Dash Ohlsen	11	Bismarck	48.86
	440	Cayden Kraft	12	Legacy	49.47
	435	Dillan Heidt	12	Legacy	49.62
	795	Parker Schuster	12	Watford City	49.66
	636	Grant Hoffarth	12	Red River	50.02
	213	Blake Weller	10	Dickinson	50.14
	40	Ty Luetzen	12	Bismarck	50.54
	729	Ethan Brintnell	11	St. Mary's	50.56
	791	Ethan Dennis	12	Watford City	50.62
	242	Europe Campbell	11	Fargo North	50.94
	638	Owen Martin	10	Red River	50.97
	120	Jaxon Birst	12	Century	51.01
	680	Ethan Erickson	9	Shanley	51.03
	38	Michael Leier	11	Bismarck	51.05
	706	Evan Tiongson	10	Sheyenne	51.51
	532	Aaron Garza	10	Minot North	51.52
	528	Harrison Stewart	12	Minot	51.57
	785	Jackson DeVries	11	Wahpeton	51.66
	479	Trinity Anderson	11	Mandan	52.00
	449	Colton Ruud	12	Legacy	52.15
	703	Paul Plueddeman	12	Sheyenne	52.18
	193	Adam Sobolik	11	Devils Lake	52.18
	250	James Lien	12	Fargo North	52.20
CLASS B BOYS	329	Jaran Reinhardt	10	Hazen	49.43
	423	Cody Amble	11	Langdon Area	50.42
	586	Landon Moser	12	Northern Cass	50.92
	226	Jake Shobe	12	Dickinson Trinity	50.95
	765	Easton Lovelace	11	Thompson	51.09
	387	Jekori Dahlen	11	Killdeer	51.24
	109	Andrew Eichhorst	11	Central McLean	51.35
	179	Zander Grover	12	Dlblc	51.44
	601	Blayson Dolney	12	Oakes	51.52
	503	Keaton Saastad	11	May-Port CG	51.52
	282	Isaac Navarro	9	Grafton	51.65
	599	Case Awender	11	Oakes	51.69
	388	Nekori Dahlen	11	Killdeer	51.77
	232	Brady Reilly	11	DVE	51.93
	68	Nathan Dix	12	Bowman County	51.93
	227	Luke Shobe	12	Dickinson Trinity	52.23
	460	Jake Hayes	10	Linton/HMB	52.24
	576	Brody Parker	11	North Star	52.65
	543	Grady Nett	9	MLS	53.07
	782	Amarie YellowHammer	10	Velva D A	53.32
CLASS A GIRLS	798	Michelle Gee	10	West Fargo	57.94
	178	Kate Laqua	11	Davies	57.97
	617	Jocelyn Schiller	12	Red River	58.44
	790	Fallon Sampsel	11	Watford City	58.57
	779	Jaida Fobb	12	Wahpeton	59.59
	221	Cecilia Homiston	10	Dickinson	59.63
	682	Jersey Lang	11	Sheyenne	59.80
	459	Aspen Eslinger	12	Legacy	1:00.12
	273	Haylie Hahnert	9	Fargo North	1:00.69
	664	Mesiku Hakim	12	Shanley	1:00.75
	160	Sylvia Taylor	10	Century	1:01.23
	278	Grace Thiel	11	Fargo North	1:01.43
	463	Jemimah Guenther	9	Legacy	1:01.53
	176	Sawyer Kosidowski	7	Davies	1:01.56
	171	Brenna Britton	11	Davies	1:01.67
	146	Norah Green	10	Century	1:01.90
	175	Ava Graf	12	Davies	1:02.10
	497	Jelani Jones	12	Mandan	1:02.38
CLASS B GIRLS	124	Elise Wisnewski	12	Central Cass	56.31
	773	Anya Olson	10	Velva D A	58.87
	245	Helena Pavek	12	Dickinson Trinity	59.23
	487	Brea Sweet	11	Lisbon	59.33
	326	Christalea Wagner	11	Harvey/Wells	59.82
	637	Brooklyn Bartsch	12	Rugby	1:00.01
	255	Elizabeth Fedje	10	DVE	1:00.02
	266	Kali Norton	12	Ellendale	1:00.31
	196	Brynn Hanson	10	Dlblc	1:00.31
	373	Kennedy Olsen	11	Hillsboro/CV	1:00.51
	13	Paige Hetzler	12	Beulah	1:00.94
	448	Aubrey Badding	9	Langdon Area	1:01.35
	359	Sophie Olsonawski	12	Hettinger County	1:01.43
	641	Elise Fahnestock	11	Rugby	1:01.61
	350	Abby Talkington	12	Heart River	1:01.97
	132	Sadie O'Shea	11	Central McLean	1:02.37
	571	Kari Thompson	11	New Salem-Almont	1:02.70
	29	Ruby Lormejuste	11	Bishop Ryan	1:03.29
	586	Rachel Christianson	9	Oak Grove Lutheran	1:04.51
	197	Jacey Hutton	10	Dlblc	1:04.95
	814	Anna Bishop	10	Williams Cty	1:05.51

2023 Class A Boys Champion • Dylan McGlothlin, Legacy — 48.55
Overall State Record Holder • Landon Jochim, Century — 47.84 (2014)



2023 Class B Boys Champion • Logan Weninger, Carrington — 49.71
Class B Boys State Record Holder • Blake Bowers, Kenmare/MLS/ Bowbells — 48.19 (2006)



2023 Class A Girls Champion • Jocelyn Schiller, GF Red River — 57.99
Overall State Record Holder • Laura Roesler, Fargo South — 53.25 (2010)



2023 Class B Girls Champion • Kelsie Belquist, New Rockford — 56.56
Class B Girls State Record Holder • Kelsie Belquist, New Rockford — 56.23 set in prelims (2023)



800 METER RUN

2023 Class A Boys Champion • Ethan Moe, Williston — 1:51.98
Overall State Record Holder • Ethan Moe, Williston — 1:51.98 (2023)



2023 Class B Boys Champion • Taylor Wanner, Bowman Co. — 1:57.84
Class B Boys State Record Holder • Paulo Costa, Killdeer — 1:54.48 (1985)



2023 Class A Girls Champion • Lauren Dosch, GF Red River — 2:13.33
Overall State Record Holder • Laura Roesler, Fargo South — 2:10.78 (2008)



2023 Class B Girls Champion • Brynn Hanson, Des-Lacs Burlington — 2:17.67
Class B State Record Holder • Christine Bruins, Watford City — 2:13.46 (2005)



CLASS A BOYS

NO.	NAME	YEAR	SCHOOL	SEED TIME
35	Parker Hintz	12	Bismarck	1:56.29
514	Benjamin Harris	11	Minot	1:56.53
512	Cooper Fjeld	11	Minot	1:58.52
124	Gavyn Graham	12	Century	1:58.70
23	Dawson Balzer	11	Bismarck	1:59.03
50	Tyler Wahl	12	Bismarck	1:59.38
27	Connor Ensign	11	Bismarck	1:59.46
140	Breydyn Schlabsz	12	Century	1:59.72
28	Jakson Ensign	11	Bismarck	1:59.84
298	Curtis Sande	12	Grand Forks	1:59.98
824	Rory Richardson	12	Williston	2:00.04
436	Landon Herr	10	Legacy	2:00.16
637	Micah Larsen-Schmidt	12	Red River	2:00.29
51	Austin Wick	10	Bismarck	2:00.40
34	Owen Hintz	10	Bismarck	2:00.43
254	Owen Sondag	12	Fargo North	2:00.45
517	Dylan Jackson	11	Minot	2:00.65
642	Joe Quinn	11	Red River	2:00.65
674	Nathan Andrews	12	Shanley	2:01.10
819	Hunter Hart	11	Williston	2:01.49
37	Carter Kraus	9	Bismarck	2:01.68
690	Cole Duerr	10	Sheyenne	2:01.70
518	Jacob Jackson	11	Minot	2:01.71
173	Jaray Touray	12	Davies	2:02.64
633	Elijah Dafoe	11	Red River	2:02.85
704	Isaiah Robles	12	Sheyenne	2:03.67
740	Jacob Windsor	10	St. Mary's	2:03.93
529	Nathan Wistisen	11	Minot	2:04.32

CLASS B BOYS

78	Taylor Wanner	11	Bowman County	1:54.06
565	Xavier Bell	11	New Town	1:56.29
73	Gavin Lambourn	12	Bowman County	1:57.30
74	Jonah Njos	10	Bowman County	1:57.70
581	Owen Johnson	10	Northern Cass	1:59.94
472	Mike Nelson	12	Lisbon	2:00.23
567	Ben DuBois	12	New Town	2:00.35
570	Lander Lahtinen	12	New Town	2:00.49
742	Lance Bradley	12	Standing Rock	2:00.59
464	Lincoln Adair	11	Lisbon	2:01.38
601	Blayson Dolney	12	Oakes	2:01.45
18	Logan Neuberger	12	Beulah	2:01.59
404	Keaton Olson	12	Kindred	2:01.65
75	Noah Njos	11	Bowman County	2:01.66
337	Christian Brist	12	Hillsboro/CV	2:01.77
64	Bud Wilkie	11	Bottineau	2:01.91
275	Jaxon Rolle	10	Glen Ullin/Hebron	2:01.97
88	Ronnie Burchill	12	Central Cass	2:02.33
281	Jack Kern	12	Grafton	2:02.80
55	Will DeMontigny	11	Bottineau	2:03.41
588	Justin Hudson	12	Northern Lights	2:04.09
543	Grady Nett	9	MLS	2:05.26
19	Blake Kaylor	12	Bishop Ryan	2:06.04
321	Riley Love	9	Hatton-Northwood	2:07.17
339	Rylan Buchholz	10	Hillsboro/CV	2:09.53
113	Morgan Maxwell	11	Central McLean	2:09.63
180	Zayden Grover	9	Dlblc	2:09.67
746	Jarrett Kelly	11	Standing Rock	2:12.54

CLASS A GIRLS

733	Eva Selensky	11	St. Mary's	2:12.13
617	Jocelyn Schiller	12	Red River	2:17.49
612	Morgan Hartze	12	Red River	2:18.60
760	Reagan Berg	12	Valley City	2:20.72
36	Taya Fettig	11	Bismarck	2:20.77
790	Fallon Sampsel	11	Watford City	2:21.04
836	Dru Zander	10	Williston	2:22.33
463	Jemimah Guenther	9	Legacy	2:22.50
732	Ella Selensky	8	St. Mary's	2:22.63
763	Greta Goven	11	Valley City	2:22.67
46	Aubrey Kleser	10	Bismarck	2:22.95
169	Brynn Braaflat	9	Davies	2:23.40
278	Grace Thiel	11	Fargo North	2:23.62
35	Izzy Dahl	9	Bismarck	2:24.29
188	Halle Stephens	11	Davies	2:24.36
182	Davin Nesius	10	Davies	2:24.93
799	Kiaya Hagen	10	West Fargo	2:25.22
476	Lauren Woeste	10	Legacy	2:27.35
158	Emily Schroeder	9	Century	2:30.89

CLASS B GIRLS

99	Madison Johnson	12	Carrington	2:19.34
4	Aubrey Kenner	10	Benson County	2:21.14
196	Brynn Hanson	10	Dlblc	2:21.69
421	Addie Miller	10	Killdeer	2:22.74
86	Jaci Fischer	12	Bowman County	2:23.03
408	Mashae Miller	11	Kenmare-Bowbells	2:23.55
448	Aubrey Badding	9	Langdon Area	2:23.87
637	Brooklyn Bartsch	12	Rugby	2:24.48
650	Hannah Senechal	10	Rugby	2:24.51
417	Abby Hardersen	11	Killdeer	2:24.71
409	Anna Petersen	10	Kenmare-Bowbells	2:25.06
586	Rachel Christianson	9	Oak Grove Lutheran	2:25.62
359	Sophie Olsonawski	12	Hettinger County	2:25.67
133	Anna Skachenko	12	Central McLean	2:25.73
261	Betsy Huber	9	Edgeley/Kulm	2:29.41
299	Joslyn Kalbrener	10	Grafton	2:31.59
525	Tatum Mehus	11	May-Port CG	2:31.86
316	Kadence Spickler	7	Griggs Midkota	2:32.64
813	Avery Boll	10	Westhope/Newburg	2:32.70
74	Erin Guariglia	11	Bottineau	2:33.66
127	Abi Gross	7	Central McLean	2:36.57
100	Marah Johnson	8	Carrington	2:36.69

1600 METER RUN

CLASS A BOYS

NO.	NAME	YEAR	SCHOOL	SEED TIME
35	Parker Hintz	12	Bismarck	4:17.08
254	Owen Sondag	12	Fargo North	4:19.24
34	Owen Hintz	10	Bismarck	4:19.78
642	Joe Quinn	11	Red River	4:22.09
50	Tyler Wahl	12	Bismarck	4:23.18
23	Dawson Balzer	11	Bismarck	4:24.00
514	Benjamin Harris	11	Minot	4:24.55
633	Elijah Dafoe	11	Red River	4:24.98
124	Gavyn Graham	12	Century	4:27.59
48	Peyton Sims	12	Bismarck	4:28.28
816	Owen Cowan	10	Williston	4:29.04
436	Landon Herr	10	Legacy	4:29.18
140	Breydyn Schlabsz	12	Century	4:29.68
361	Sam Anteau	12	Jamestown	4:30.34
28	Jakson Ensign	11	Bismarck	4:30.94
27	Connor Ensign	11	Bismarck	4:31.15
824	Rory Richardson	12	Williston	4:32.23
820	Thomas Haskins	12	Williston	4:32.56
695	Aiden Johnson	12	Sheyenne	4:32.61
637	Micah Larsen-Schmidt	12	Red River	4:32.87
676	Quinn Carroll	10	Shanley	4:32.95
512	Cooper Fjeld	11	Minot	4:34.57
813	Wyatt Adkins	10	Williston	4:34.70
30	Brennan Greff	10	Bismarck	4:34.97
32	Gabe Hanson	12	Bismarck	4:35.17
796	Isaac Amundson	11	West Fargo	4:37.21

2023 Class A Boys Champion • Ethan Moe, Williston — 4:10.08
Overall State Record Holder • Ethan Moe, Williston — 4:10.08 (2023)



CLASS B BOYS

NO.	NAME	YEAR	SCHOOL	SEED TIME
78	Taylor Wanner	11	Bowman County	4:19.34
74	Jonah Njos	10	Bowman County	4:23.51
581	Owen Johnson	10	Northern Cass	4:26.41
567	Ben DuBois	12	New Town	4:31.05
73	Gavin Lambourn	12	Bowman County	4:34.36
570	Lander Lahtinen	12	New Town	4:34.45
88	Ronnie Burchill	12	Central Cass	4:34.54
404	Keaton Olson	12	Kindred	4:34.82
565	Xavier Bell	11	New Town	4:36.28
281	Jack Kern	12	Grafton	4:36.67
395	Lucas Dahl	12	Kindred	4:37.27
464	Lincoln Adair	11	Lisbon	4:37.46
571	Lukas Spotted Bear	10	New Town	4:38.34
343	Trey Johnson	8	Hillsboro/CV	4:39.22
497	Solomon Burchill	10	Maple River	4:40.17
53	Noah Bedlion	11	Bottineau	4:46.62
352	Niko Zink	10	Hillsboro/CV	4:49.43
55	Will DeMontigny	11	Bottineau	4:49.62
18	Logan Neuberger	12	Beulah	4:50.43
20	Gryphen Leier-Wangler	8	Bishop Ryan	4:51.72
742	Lance Bradley	12	Standing Rock	4:53.77
11	Holdyn Jacobson	11	Benson County	4:53.79
568	Louden Haugen	10	New Town	4:54.33
746	Jarrett Kelly	11	Standing Rock	4:57.62
708	Cole Buchholtz	10	Shiloh Christian	5:00.30

2023 Class B Boys Champion • Taylor Wanner, Bowman Co. — 4:20.56
Class B Boys State Record Holder • Isaac Huber, Edgeley/Kulm — 4:17.58 (2019)



CLASS A GIRLS

NO.	NAME	YEAR	SCHOOL	SEED TIME
733	Eva Selensky	11	St. Mary's	5:01.28
760	Reagan Berg	12	Valley City	5:08.13
36	Taya Fettig	11	Bismarck	5:15.68
681	Olivia Heilman	12	Sheyenne	5:19.24
62	Bayla Weigel	12	Bismarck	5:21.52
35	Izzy Dahl	9	Bismarck	5:22.91
168	Cierra Bornemann	12	Davies	5:24.30
660	Kami Dean	10	Shanley	5:25.55
616	Ava Parks	10	Red River	5:26.41
679	Ellie Engelking	9	Sheyenne	5:26.73
763	Greta Goven	11	Valley City	5:26.78
158	Emily Schroeder	9	Century	5:26.83
546	Sophia Lade	9	Minot	5:27.16
542	Lucy Harris	8	Minot	5:27.50
612	Morgan Hartze	12	Red River	5:27.68
476	Lauren Woeste	10	Legacy	5:28.36
381	Brooklyn Herrick	10	Horace	5:28.69
831	Cambree Moss	9	Williston	5:29.06
470	Isabelle Simonson	11	Legacy	5:29.50
827	Harley Jeannotte	8	Williston	5:29.79
189	Brielle Stevens	7	Davies	5:31.80
543	Kaylee Jackson	8	Minot	5:32.47
659	Elle Bernhardt	9	Shanley	5:36.40

2023 Class A Girls Champion • Jaelyn Ogle, Watford City — 5:09.46
Overall State Record Holder • Becki Wells, Dickinson — 4:44.44 (1993)



CLASS B GIRLS

NO.	NAME	YEAR	SCHOOL	SEED TIME
99	Madison Johnson	12	Carrington	5:10.40
196	Brynn Hanson	10	Dlblc	5:25.00
104	Kenadie Pazdernik	11	Carrington	5:25.35
372	Myla Kaldor	11	Hillsboro/CV	5:28.55
86	Jaci Fischer	12	Bowman County	5:28.87
417	Abby Hardersen	11	Killdeer	5:28.91
421	Addie Miller	10	Killdeer	5:29.83
408	Mashae Miller	11	Kenmare-Bowbells	5:30.91
650	Hannah Senechal	10	Rugby	5:33.21
236	Carley Bullinger	8	Dickinson Trinity	5:33.75
254	Jurnee Wehrman	7	Divide County	5:33.77
590	Brooklyn Hanson	11	Oak Grove Lutheran	5:34.58
93	Julie Sarsland	11	Bowman County	5:34.79
127	Abi Gross	7	Central McLean	5:38.57
839	Olivia Frolek	12	Wyndmere-Lid	5:39.41
484	Mara Kempel	10	Lisbon	5:41.17
588	Lily Elbert	10	Oak Grove Lutheran	5:42.32
451	Olivia Lorenz	9	Langdon Area	5:43.42
75	Tessa Guariglia	9	Bottineau	5:43.43
651	Amelia Shepard	12	Rugby	5:43.64
370	Azlynn Johnson	8	Hillsboro/CV	5:44.10
315	Tianna McCardle	11	Griggs Midkota	5:47.95
741	Annie Roise	9	Stanley	5:52.21
820	Avery Littlefield	10	Williams Cty	5:55.05

2023 Class B Girls Champion • Brynn Hanson, Des-Lacs Burlington — 5:18.72
Class B Girls State Record Holder • Lindsay Anderson, Benson County — 4:56.96 (2005)

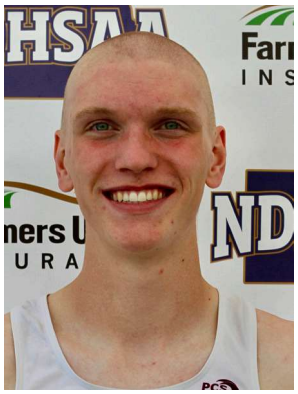


3200 METER RUN

CLASS A BOYS

NO.	NAME	YEAR	SCHOOL	SEED TIME
254	Owen Sondag	12	Fargo North	9:10.09
35	Parker Hintz	12	Bismarck	9:16.37
34	Owen Hintz	10	Bismarck	9:18.32
642	Joe Quinn	11	Red River	9:19.24
633	Elijah Dafoe	11	Red River	9:22.15
695	Aiden Johnson	12	Sheyenne	9:34.50
50	Tyler Wahl	12	Bismarck	9:42.41
48	Peyton Sims	12	Bismarck	9:42.92
27	Connor Ensign	11	Bismarck	9:42.94
28	Jakson Ensign	11	Bismarck	9:43.32
820	Thomas Haskins	12	Williston	9:44.37
140	Breydyn Schlabsz	12	Century	9:46.45
361	Sam Anteau	12	Jamestown	9:52.20
814	Cooper Ames	9	Williston	9:55.14
32	Gabe Hanson	12	Bismarck	9:55.68
245	Gus Hillmer	11	Fargo North	10:00.82
676	Quinn Carroll	10	Shanley	10:02.97
643	David Radke	12	Red River	10:04.94
630	Asa Berberich	11	Red River	10:19.34
821	Hunter Haugen	11	Williston	10:26.39
509	Dallin Chapman	11	Minot	10:27.24

2023 Class A Boys Champion • Quinn Roehl, GF Central — 9:15.23
Overall State Record Holder • Sean Korsmo, Bismarck — 8:57.82 (2021)



CLASS B BOYS

NO.	NAME	YEAR	SCHOOL	SEED TIME
581	Owen Johnson	10	Northern Cass	9:23.20
78	Taylor Wanner	11	Bowman County	9:56.47
74	Jonah Njos	10	Bowman County	9:59.96
395	Lucas Dahl	12	Kindred	10:02.80
73	Gavin Lambourn	12	Bowman County	10:09.86
565	Xavier Bell	11	New Town	10:10.24
77	Gabe Sarsland	9	Bowman County	10:10.35
567	Ben DuBois	12	New Town	10:13.24
343	Trey Johnson	8	Hillsboro/CV	10:14.06
352	Niko Zink	10	Hillsboro/CV	10:14.21
238	Aidan Thurber	10	Ellendale	10:14.81
570	Lander Lahtinen	12	New Town	10:15.09
88	Ronnie Burchill	12	Central Cass	10:15.38
281	Jack Kern	12	Grafton	10:15.90
400	Tyler Gronwold	9	Kindred	10:16.24
742	Lance Bradley	12	Standing Rock	10:18.88
415	Cade Westby	9	Kindred	10:20.26
67	Warner Bowman	9	Bowman County	10:34.94
571	Lukas Spotted Bear	10	New Town	10:35.31
20	Gryphen Leier-Wangler	8	Bishop Ryan	10:39.12
178	Milo Anderson	10	Dlblc	10:41.23
660	Brayden Green	9	Rugby	10:45.48
577	Mikais Yoder	9	North Star	10:56.18
11	Holdyn Jacobson	11	Benson County	10:58.87
304	Luka Berg	12	Griggs Midkota	11:06.76
342	Ross Hamre	8	Hillsboro/CV	11:14.45
349	Seth Smallbeck	10	Hillsboro/CV	11:16.92
114	Levi Repnow	10	Central McLean	11:33.07
743	Omar Gates	11	Standing Rock	11:44.55

2023 Class B Boys Champion • Austin Wanner, Bowman Co. — 9:38.19
Class B Boys State Record Holder • Jalen Chase, New Town — 9:23.31 (2017)



CLASS A GIRLS

NO.	NAME	YEAR	SCHOOL	SEED TIME
62	Bayla Weigel	12	Bismarck	11:08.07
733	Eva Selensky	11	St. Mary's	11:09.50
681	Olivia Heilman	12	Sheyenne	11:30.51
760	Reagan Berg	12	Valley City	11:38.47
827	Harley Jeannotte	8	Williston	11:47.68
168	Cierra Bornemann	12	Davies	11:55.23
660	Kami Dean	10	Shanley	11:58.10
831	Cambree Moss	9	Williston	11:58.53
454	Bre Axt	11	Legacy	11:59.45
679	Ellie Engelking	9	Sheyenne	11:59.77
542	Lucy Harris	8	Minot	12:00.47
616	Ava Parks	10	Red River	12:00.88
35	Izzy Dahl	9	Bismarck	12:02.50
801	Maggie Jacobson	7	West Fargo	12:03.88
685	Kathryn Madrigga	9	Sheyenne	12:15.85
683	Sara Larson	8	Sheyenne	12:18.37
56	Zoe Reichenberger	12	Bismarck	12:20.16
219	Leila Gregoire	10	Dickinson	12:22.03
470	Isabelle Simonson	11	Legacy	12:25.98
154	Jillian Lemer	10	Century	12:28.10
788	Katie Olson	10	Watford City	12:39.98

2023 Class A Girls Champion • Jaelyn Ogle, Watford City — 11:11.14
Overall Girls State Record Holder • Karly Ackley, GF Central — 10:32.86 (2016)



CLASS B GIRLS

NO.	NAME	YEAR	SCHOOL	SEED TIME
99	Madison Johnson	12	Carrington	11:30.05
104	Kenadie Pazdernik	11	Carrington	12:00.71
196	Brynn Hanson	10	Dlblc	12:01.54
370	Azlynn Johnson	8	Hillsboro/CV	12:05.30
93	Julie Sarsland	11	Bowman County	12:08.48
588	Lily Elbert	10	Oak Grove Lutheran	12:08.76
236	Carley Bullinger	8	Dickinson Trinity	12:09.54
408	Mashae Miller	11	Kenmare-Bowbells	12:11.75
86	Jaci Fischer	12	Bowman County	12:12.20
92	Anna Sarsland	8	Bowman County	12:13.91
445	Lulu Loegering	8	Llm	12:29.69
424	Allyson Goodmanson	12	Kindred	12:35.59
254	Jurnee Wehrman	7	Divide County	12:39.21
644	Kathryn Kuntz	8	Rugby	12:48.50
737	Harley Detienne	11	Stanley	12:50.79
5	Keyara Lundstrom	9	Benson County	12:53.43
756	Megan Clarys	9	Trenton	12:58.04
484	Mara Kempel	10	Lisbon	13:00.02
372	Myla Kaldor	11	Hillsboro/CV	13:05.48
371	Lily Kaldor	9	Hillsboro/CV	13:08.31
87	Jaylee Fischer	7	Bowman County	13:15.24
95	Macy Fiebiger	8	Carrington	13:16.14
695	Kasie Buchholtz	8	Shiloh Christian	13:24.64
304	Gabi Ray	10	Grafton	13:25.27

2023 Class B Girls Champion • Brynn Hanson, Des-Lac Burlington — 11:51.74
Class B Girls State Record Holder • Krista Anderson, Benson County — 10:36.95 (2004)



PAST STATE CHAMPIONSHIP TEAMS

CLASS A BOYS

1903 GF Central
1904 GF Central
1905 Park River
1906 GF Central
1907 Park River
1908 GF Central
Park River
1909 Valley City
1910 Fargo Central
1911 GF Central
1912 Langdon
1913 GF Central
1914 Cavalier &
GF Central
1915 GF Central
1916 GF Central
1917 Pembina
1918 Langdon
1919 Fargo Central
1920 Fargo Central
1921 Fargo Central
1922 Fargo Central &
GF Central
1923 Fargo Central
1924 Fargo Central
1925 Fargo Central
1926 GF Central
1927 GF Central
1928 Fargo Central
1929 Bismarck
1930 Bismarck
1931 Fargo Central
1932 Bismarck
1933 Bismarck
1934 Fargo Central
1935 Fargo Central
1936 Fargo Central
1937 Fargo Central
1938 Fargo Central
1939 Fessenden
1940 GF Central
1941 Dickinson
1942 Minot
1943 Fort Yates
1944 Fargo Central
1945 Bismarck
1946 Bismarck
1947 Bismarck
1948 Bismarck
1949 Bismarck
1950 Bismarck
1951 Bismarck
1952 Bismarck
1953 Jamestown
1954 Fargo Central
1955 GF Central
1956 GF Central
1957 Bismarck
1958 Bismarck
1959 Dickinson
1960 Dickinson
1961 GF Central
1962 Dickinson
1963 GF Central
1964 GF Central
1965 Fargo Central
1966 GF Central
1967 Fargo North
1968 Bismarck
1969 Bismarck
1970 Bismarck
1971 Bismarck
1972 Bismarck
1973 Bismarck
1974 Minot
1975 Minot
1976 Minot
1977 Minot
1978 Minot
1980 Minot
1981 Dickinson
1982 Dickinson
1983 GF Red River
1984 Mandan &
Minot
1985 Minot
1986 Fargo South
1987 Fargo South
1988 Fargo South
1989 Dickinson
1990 Dickinson
1991 Bismarck
1992 GF Red River
1993 Bismarck
1994 Bismarck
1995 Fargo South
1996 Fargo South
1997 Dickinson
1998 Dickinson
1999 Dickinson
2000 Fargo South
2001 Minot
2002 Minot
2003 Fargo South
2004 Bismarck
2005 Bismarck
2006 Bismarck
2007 Bismarck
2008 Bismarck
2009 Bismarck
2010 Bismarck
2011 Bismarck
2012 Bismarck
2013 Bismarck
2014 Bismarck
2015 Century
2016 Century
2017 Legacy
2018 Century
2019 Centuty
2021 Century
2022 Century
2023 Century

CLASS A GIRLS

1966 Minot
1967 Bowbells &
Kindred
1968 Bowbells
1969 Tuttle
1970 Mandan
1971 Valley City
1972 Minot
1973 Valley City
1974 Valley City
1975 Dickinson
1976 Dickinson
1977 Dickinson
1978 Minot
1979 Fargo North
1980 Dickinson
1981 Minot
1982 Fargo South
1983 Bismarck
1984 Minot
1985 Mandan
1986 GF Central
1987 GF Central
1988 Minot
1989 Minot
1990 Dickinson
1991 Minot
1992 Minot
1993 Minot
1994 Minot
1995 Minot
1996 Minot
1997 Minot
1998 GF Red River
1999 Century
2000 GF Red River
2001 Fargo South
2002 Mandan
2003 Fargo South
2004 Fargo South
2005 Century
2006 Bismarck
2007 Fargo South
2008 Bismarck
2009 Bismarck
2010 Bismarck
2011 Century
2012 Century
2013 Century
2014 Century
2015 Century
2016 Fargo Davies
2017 Fargo Davies
2018 Fargo Davies
2019 Fargo Davies
2021 Century
2022 Fargo Davies
2023 Fargo Davies

CLASS B BOYS

1950 Ellendale
1951 Riverdale
1952 Lisbon
1953 Lisbon
1954 Ellendale
1955 Hillsboro
1956 LaMoure
1957 Linton
1958 Linton
1959 Fessenden
1960 Bottineau
1961 New Rockford
1962 Fort Yates
1963 Assumption Abby
1964 Fort Yates
1965 Killdeer
1966 Oakes
1967 Minot Model
1968 Minot Model
1969 Grandin
1970 Grandin
1971 New Rockford
1972 Hazen & Wishek
Wishek
1973 Leonard
1974 ND School for Deaf
1975 Parshall
1976 Bowman
1977 Bowman
1978 Bowman
1979 Napoleon
1980 Mayville-Portland
1981 Hebron
1982 Carrington
1983 Mayville-Portland
1984 Mayville-Portland
1985 Killdeer
1986 Beulah
1987 Beulah
1988 Beulah
1989 Beulah
1990 Beulah
1991 Bowman
1992 Rugby
1993 Bowman
1994 Harvey
1995 Minot Ryan
1996 Rugby
1997 Lehr/Wishek
1998 Killdeer
1999 Lisbon
2000 Lisbon
2001 Lisbon
2002 Dickinson Trinity
2003 Dickinson Trinity
2004 Harvey
2005 Lisbon
2006 Dickinson Trinity
2007 Hazen
2008 Hazen
2009 New Town
2010 Rugby
2011 Central Cass
2012 Lisbon
2013 Lisbon
2014 Kindred
2015 New Town
2016 New Town
2017 New Town
2018 Dickinson Trinity
2019 Kindred
2021 Kindred
2022 Kindred
2023 Kindred

CLASS B GIRLS

1971 Carpio & Tuttle
1972 Hankinson
1973 Hankinson
1974 Michigan
1975 Sargent Central
1976 Maple Valley
1977 Bowman
1978 Bowman
1979 Bowman
1980 Bowman
1981 Cando
1982 Bowman
1983 Larimore &
Linton &
Northwood
1984 Linton
1985 Langdon
1986 Langdon
1987 Beulah
1988 Beulah
1989 Harvey
1990 Bowman
1991 Hazen
1992 Harvey
1993 Hazen
1994 Hazen
1995 Hazen
1996 Hazen
1997 Hazen
1998 Hazen
1999 Carrington
2000 Carrington
2001 Carrington
2002 Carrington
2003 Carrington
2004 Carrington
2005 Benson County
2006 Bottineau
2007 Benson County
2008 Bowman County
2009 Rugby
2010 Benson County
2011 Rugby
2012 Carrington
2013 Carrington
2014 Carrington
2015 Hazen
2016 Hazen
2017 Hazen
2018 Hazen
2019 Rugby
2021 Oakes
2022 Central Cass
2023 Central McLean/
Central Cass



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GIRLS (100 METERS) HURDLES BOYS (110 METERS)

CLASS A BOYS

NO.	NAME	YEAR	SCHOOL	SEED TIME
246	Trey Knoke	11	Fargo North	14.30
438	Yusuf Jama	10	Legacy	14.74
25	Carson Dschaak	11	Bismarck	14.78
149	Hudson Asche	11	Davies	14.87
799	Jack Guscette	11	West Fargo	14.94
809	Joaquin Valdez	9	West Fargo	15.06
118	Noah Bares	11	Century	15.20
444	Bennet Lonn	10	Legacy	15.21
165	Brody Muchow	10	Davies	15.23
646	Ben Strand	12	Red River	15.34
700	Will Morris	10	Sheyenne	15.44
492	Hudsen Sheldon	11	Mandan	15.45
433	Tristan Haider	11	Legacy	15.48
260	Reis Kessel	12	Fargo South	15.54
802	Elijah Morris	10	West Fargo	15.58
211	Cole Skabo	12	Dickinson	15.76
430	Terrance Fonder	10	Legacy	15.80
256	Jayvon Anderson	10	Fargo South	15.81
136	Kayne Nelson	12	Century	15.83
798	Mag Cummings	11	West Fargo	15.90
117	Marshall Arndt	9	Century	15.91
138	Tristan Pope	10	Century	16.11
176	Collin Williams	10	Davies	16.12
458	Aven Worrel	9	Legacy	16.13

CLASS B BOYS

318	Tallen Thorson	11	Harvey/Wells	14.66
767	Karter Peterson	11	Thompson	15.37
338	Kason Buchholz	12	Hillsboro/CV	15.53
665	Cy Walker	12	Rugby	15.85
657	Nick Wulfekuhle	12	Richland	15.94
422	Gunner Thielges	10	LIm	15.97
267	Aidan Ermer	11	Garrison	16.21
781	Kyle Volson	11	Velva D A	16.24
85	Logan Weninger	12	Carrington	16.34
410	Izaak Spelhaug	11	Kindred	16.39
504	Mark Thomas	12	MPB	16.41
761	Drake Schlosser	11	Stanley	17.03
334	Mark Fitterer	10	Hettinger County	17.68
16	Adakin Backus	12	Beulah	18.12
499	Brayden Caron	10	May-Port CG	18.35
393	Ayrain O'Hotto	8	Killdeer	18.42
751	Ryan Weddle	11	Standing Rock	18.90
376	William Cook	11	Kenmare-Bowbells	19.22

CLASS A GIRLS

178	Kate Laqua	11	Davies	14.82
402	Julia Skari	11	Jamestown	15.14
725	Brenna Curl	12	St. Mary's	15.21
281	Axumite Wren James	11	Fargo South	15.30
181	Kaylee Narmah	11	Davies	15.41
607	Sophie Brakke	11	Red River	15.54
502	Anna Lyles	10	Mandan	15.95
665	Odura Isaac	11	Shanley	15.98
532	Sydney Aberle	11	Minot	16.09
184	Alexandra Roberts	11	Davies	16.20
534	Monica Boakye	10	Minot	16.33
203	Sara Kraft	9	Devils Lake	16.34
174	Sanie Gayflor	10	Davies	16.43
310	Brynn Moen	12	Grand Forks	16.57
380	Ella Germundson	12	Horace	16.62
275	Paityn Knoke	9	Fargo North	16.65
504	Tatum Radke	9	Mandan	16.67
538	Haley Conklin	11	Minot	16.74
135	Zoie Austin	11	Century	16.79
161	Reese Turner	12	Century	16.81
147	Laiken Gross	10	Century	16.83

CLASS B GIRLS

708	Dedra Wood	12	Shiloh Christian	15.10
427	Elsa Ingebrigtson	11	Kindred	15.61
646	Ashley Martodam	11	Rugby	16.09
20	Addison Schepp	9	Beulah	16.27
425	Ashley Haas	10	Kindred	16.34
531	Savannah Reister	11	MPB	16.52
108	Isabel Wendel	11	Carrington	16.67
480	Brynley Differding	9	Lisbon	16.69
577	MaKayla Allmaras	12	Northern Cass	16.74
312	Adison Vetter	10	Grant County	16.74
556	Kaydee Boyce	12	Nedrose	16.84
295	Isabelle Cole	10	Grafton	16.84
563	Emmie Belquist	9	New Rockford	16.88
308	Chloe Woinarowicz	9	Grafton	17.18
653	Quinn Walker	10	Rugby	17.25
771	Evelyn Isaak	10	Velva D A	17.35
626	Juliet Redka	9	Richardton-Taylor	17.48
27	Claire Fegley	10	Bishop Ryan	17.50
103	Mya Neis	7	Carrington	17.50
257	Ingrid Myrdal	9	DVE	18.14
28	Gwynnie Johnson	12	Bishop Ryan	18.26

2023 Class A Boys Champion •
Brooks Turner, Century — 13.69
Overall State Record Holder •
Brooks Turner, Century— 14.02
set in prelims (2023)



2023 Class B Boys Champion •
Trey Heinrich, Kindred — 14.55
Class B Boys State Record Holder •
Tanner Monroe, Killdeer — 14.39 (1998)



2023 Class A Girls Champion •
Bariborve Deebom, Davies — 14.55
Overall State Record Holder •
Cece Deebom, Davies — 14.00
set in prelims (2022)



2023 Class B Girls Champion •
Kelsie Belquist, New Rockford — 14.36
Class B Girls State Record Holder •
Whitney Carlson, Carrington — 14.33
set in prelims (2005)



300 METER HURDLES

	NO.	NAME	YEAR	SCHOOL	SEED TIME
CLASS A BOYS	42	Jeran McNichols	12	Bismarck	38.11
	150	Joshua Beil	11	Davies	39.20
	246	Trey Knoke	11	Fargo North	39.62
	25	Carson Dschaak	11	Bismarck	40.09
	444	Bennet Lonn	10	Legacy	40.13
	791	Ethan Dennis	12	Watford City	40.25
	438	Yusuf Jama	10	Legacy	40.38
	640	Josh Neil	12	Red River	40.45
	799	Jack Guscette	11	West Fargo	40.76
	149	Hudson Asche	11	Davies	40.95
	519	Kaden Kraft	11	Minot	40.99
	363	Brady Harty	11	Jamestown	41.00
	445	Kalen Lucas	11	Legacy	41.26
	135	Rivers Martin	12	Century	41.43
	252	Aden Nojang	11	Fargo North	41.53
	492	Hudsen Sheldon	11	Mandan	41.67
	430	Terrance Fonder	10	Legacy	41.68
	809	Joaquin Valdez	9	West Fargo	41.69
	729	Ethan Brintnell	11	St. Mary's	41.72
	136	Kayne Nelson	12	Century	41.83
	788	Treyton Mauch	11	Wahpeton	42.09
	786	JD Gomez	11	Wahpeton	42.13
	172	Kolten Tesch	10	Davies	42.25
CLASS B BOYS	318	Tallen Thorson	11	Harvey/Wells	39.27
	338	Kason Buchholz	12	Hillsboro/CV	40.89
	85	Logan Weninger	12	Carrington	41.05
	761	Drake Schlosser	11	Stanley	41.31
	657	Nick Wulfekuhle	12	Richland	42.01
	93	Easton Holland	9	Central Cass	42.14
	422	Gunner Thielges	10	Llm	42.29
	314	Keaton Keller	12	Harvey/Wells	42.42
	476	Blaze Reinke	12	Lisbon	42.46
	665	Cy Walker	12	Rugby	42.58
	376	William Cook	11	Kenmare-Bowbells	42.80
	753	Oscar Garcia	9	Stanley	42.85
	650	Matthew Aune	10	Richardton-Taylor	43.52
	611	Luke Shirek	10	Prfl	43.62
	426	Tanner McDonald	10	Langdon Area	44.60
	339	Rylan Buchholz	10	Hillsboro/CV	44.80
	16	Adakin Backus	12	Beulah	45.03
	83	Peyton Harrington	10	Carrington	45.55
	326	Kaden Krawczyk	9	Hazen	46.96
CLASS A GIRLS	178	Kate Laqua	11	Davies	44.36
	459	Aspen Eslinger	12	Legacy	45.43
	680	Avary Fitzpatrick	12	Sheyenne	45.56
	402	Julia Skari	11	Jamestown	45.68
	281	Axumite Wren James	11	Fargo South	47.00
	173	Jane Donat	12	Davies	47.18
	725	Brenna Curl	12	St. Mary's	47.56
	613	Jocelynne Hoefs	9	Red River	47.58
	545	Eve Knutson	10	Minot	47.64
	727	Stella Gallik	8	St. Mary's	48.37
	532	Sydney Aberle	11	Minot	48.50
	777	Leah DeVries	12	Wahpeton	48.55
	184	Alexandra Roberts	11	Davies	48.63
	792	Amelia Wisness	10	Watford City	48.83
	142	Londyn Dschaak	12	Century	48.93
	310	Brynn Moen	12	Grand Forks	49.06
	165	Layken Wolff	9	Century	49.15
	179	Alexis Lovehaug	11	Davies	49.44
CLASS B GIRLS	90	Sophia Headley	11	Bowman County	45.83
	255	Elizabeth Fedje	10	DVE	46.38
	708	Dedra Wood	12	Shiloh Christian	46.50
	427	Elsa Ingebrigtson	11	Kindred	46.95
	480	Brynley Differding	9	Lisbon	47.04
	4	Aubrey Kenner	10	Benson County	47.15
	646	Ashley Martodam	11	Rugby	47.25
	308	Chloe Woinarowicz	9	Grafton	47.49
	88	Adyson Gerbig	11	Bowman County	47.65
	326	Christalea Wagner	11	Harvey/Wells	47.78
	20	Addison Schepp	9	Beulah	47.90
	563	Emmie Belquist	9	New Rockford	47.97
	319	Addisyn Faul	8	Harvey/Wells	48.02
	575	Kristine Erickstad	8	North Star	48.09
	626	Juliet Redka	9	Richardton-Taylor	48.15
	295	Isabelle Cole	10	Grafton	48.35
	771	Evelyn Isaak	10	Velva D A	48.49
	556	Kaydee Boyce	12	Nedrose	49.21
	29	Ruby Lormejuste	11	Bishop Ryan	49.55
	423	Peyton Gette	12	Kindred	49.96
	717	Maggie Jennings	10	S. McLean	50.33
	27	Claire Fegley	10	Bishop Ryan	51.57

2023 Class A Boys Champion • Jeran McNichols, Bismarck — 38.87
Overall State Record Holder • Drew Wiseman, Century — 37.06 (2012)



2023 Class B Boys Champion • Trey Heinrich, Kindred — 39.97
Class B Boys State Record Holder • Jared Essler, Bishop Ryan — 38.12 (2000)



2023 Class A Girls Champion • Kate Laqua, Davies — 44.18
Class A Girls State Record Holder • Ellie Grooters, West Fargo — 42.51 (2010)



2023 Class B Girls Champion • Kelsie Belquist, New Rockford — 41.48
Overall State Record Holder • Kelsie Belquist, New Rockford — 41.48 (2023)



NORTH DAKOTA TRACK AND FIELD RECORDS

BOYS OVERALL STATE RECORDS

Event	Record Holder	School	Record	Year
100 Meter Dash	Weston Dressler	Bismarck	10.44	2004
200 Meter Dash	Dylan McGlothlin	Legacy	21.26	2023
400 Meter Dash	Landon Jochim	Century	47.84	2014
800 Meter Run	Ethan Moe	Williston	1:51.98	2023
1600 Meter Run	Ethan Moe	Williston	4:10.08	2023
3200 Meter Run	Sean Korsmo	Bismarck	8:57.82	2021
110 Hurdles	Brooks Turner	Century	14.02	2023
300 Hurdles	Drew Wiseman	Century	37.06	2012
4 X 100 Meter Relay		Legacy	41.79	2023
(Talen Farland, Reece Snow, Evan Hoffer, Nathan Mathern)				
4 X 200 Meter Relay		Fargo South	1:26.75	2023
(Aiden Bourke, Justin Zulu, A'Johntez Moore, Austin Zulu)				
4 X 400 Meter Relay		Fargo South	3:19.12	2022
(Justin Zulu, Tristan Quibell, Aiden Bourke, Austin Zulu)				
4 X 800 Meter Relay		Bismarck	7:54.38	2023
(Parker Hintz, Dawson Balzer, Tyler Wahl, Austin Wick)				
Discus	Bryan Bjerk	GF Red River	192-8	2012
High Jump	Shawn Gabbert	Dickinson	6-10 1/4	1999
Javelin^	Riley Dolezal	Stanley/Powers Lake	208-03	2004
Long Jump	Nate Keller	Valley City	24-6	1998
Pole Vault	Jak Urlacher	GF Central	15-7.50	2021
Shot Put	Howard Hausauer	Bismarck	64-1	1987
Triple Jump	Nsengiyumva Corode	West Fargo	48-05	2019

^ — Tailwind javelin first used in 2002

* — Record set in prelims

CLASS A BOYS STATE RECORDS

Event	Record Holder	School	Record	Year
100 Meter Dash	Weston Dressler	Bismarck	10.44	2004
200 Meter Dash	Dylan McGlothlin	Legacy	21.26	2023
400 Meter Dash	Landon Jochim	Century	47.84	2014
800 Meter Run	Ethan Moe	Williston	1:51.98	2023
1600 Meter Run	Ethan Moe	Williston	4:10.08	2023
3200 Meter Run	Sean Korsmo	Bismarck	8:57.82	2021
110 Hurdles	Brooks Turner	Century	14.02	2023
300 Hurdles	Drew Wiseman	Century	37.06	2012
4 X 100 Meter Relay		Legacy	41.79	2023
(Talen Farland, Reece Snow, Evan Hoffer, Nathan Mathern)				
4 X 200 Meter Relay		Fargo South	1:26.75	2023
(Aiden Bourke, Justin Zulu, A'Johntez Moore, Austin Zulu)				
4 X 400 Meter Relay		Fargo South	3:19.12	2022
(Justin Zulu, Tristan Quibell, Aiden Bourke, Austin Zulu)				
4 X 800 Meter Relay		Bismarck	7:54.38	2023
(Parker Hintz, Dawson Balzer, Tyler Wahl, Austin Wick)				
Discus	Bryan Bjerk	GF Red River	192-8	2012
High Jump	Shawn Gabbert	Dickinson	6-10 1/4	1999
Javelin^	Paul Hoplin	GF Red River	201-10	2007
Long Jump	Nate Keller	Valley City	24-6	1998
Pole Vault	Jak Urlacher	GF Central	15-7.50	2021
Shot Put	Howard Hausauer	Bismarck	64-1	1987
Triple Jump	Nsengiyumva Corode	West Fargo	48-05	2019

^ — Tailwind javelin first used in 2002

* — Record set in prelims

CLASS B BOYS STATE RECORDS

Event	Record Holder	School	Record	Year
100 Meter Dash	Austin Brown	Trenton/W Trin C	10.92	2015
200 Meter Dash	Kent Kaylor	Burke County	21.98	1998
400 Meter Dash	Blake Bowers	Kenmare/MLS/Bow	48.19	2006
800 Meter Run	Paulo Costa	Killdeer	1:54.48	1985
1600 Meter Run	Isaac Huber	Edgeley/Kulm	4:17.58	2019
3200 Meter Run	Jalen Chase	New Town	9:23.31	2017
110 Hurdles	Tanner Monroe	Killdeer	14.39	1998
300 Hurdles	Jared Essler	Bishop Ryan	38.12	2000
4 X 100 Meter Relay		DL-Burl/L & C	43.62	2016
(Donavon Lopez, Mark Medalen, Tyson Akers, Josh Knutson)				
		Kindred	43.62	2023
(Charlie Biewer, Xander Rath, Cam Schwartzwalter, Masen Allmaras)				
4 X 200 Meter Relay		Hillsboro/CV	1:29.39	2018
(Grant Skager, Hunter Hennings, Oscar Benson, Isaac Luithle)				
4 X 400 Meter Relay		Bishop Ryan	3:26.00	1998
(Justin Whittmayer, Dave Limke, Luke Schaefer, Jared Essler)				
4 X 800 Meter Relay		Bowman County	8:01.90	2023
(Gavin Lambourn, Austin Wanner, Caleb Sarsland, Taylor Wanner)				
Discus	Kaden Pastian	Hillsboro/ Central Valley	192-00	2021
High Jump	Mark McDonald	Border Central/ Munich/Starkweather	6-9 1/2	1988
Javelin^	Riley Dolezal	Stanley/Powers Lake	208-03	2004
Long Jump	Rich Goff	Grandin	23-2 1/2	1970
Pole Vault	Harrison Aide	Bottineau	15-0	2013
Shot Put	Jim Kleinsasser	Carrington	62-2	1995
Triple Jump	Kellemon Hinton	Ellendale	46-5.50	2015

^ — Tailwind javelin first used in 2002

TRACK AND FIELD OUTSTANDING SENIOR ATHLETES

A BOYS

2000	Kyle Herman	Century
2001	Terrance Wolbaum	Bismarck
2002	Tyler Stoltz	Valley City
2003	Ben Hendricks	Fargo South
2004	Weston Dressler	Bismarck
2005	Ryan Chappell	GF Central
2006	Eric Stroh	Bismarck
2007	Weston Leutz	Century
2008	Jason Duchscherer	Bismarck
2009	Ryan Todhunter	GF Red River
2010	Brandon Barnes	Bismarck
2011	John Welk	Bismarck St. Mary's
2012	Alex Neumiller	Bismarck
	Conrad Schwarzkopf	Century
	Shane Siverson	West Fargo
2013	Jake Leingang	Bismarck
2014	Landon Jochim	Century
2015	Jon Tharaldsen	Bismarck
2016	Alex Talley	West Fargo
	Sam Clauznitzer	Bismarck
2017	Hunter Lucas	Fargo Davies
2018	Levi Rockey	Century
2019	Nathan Kraft	Century
2021	Calob Larson	Legacy
2022	Dawson Hawkinson	Bismarck
2023	Dylan McGlothlin	Legacy

B BOYS

2000	Jared Essler	Minot Ryan
2001	Bryan Sand	Lisbon
2002	Justin Marsette	Fort Berthold
2003	Tyler Woitzel	Northern Cass
2004	Ross Schilling	Harvey
2005	Mike Laducer	Northern Lights
2006	Cody Gronvold	Rugby
2007	Landon Schneider	Washburn/Wilton
2008	Seth Wisthoff	Glenburn
2009	Deland Weyrauch	Williams County
2010	Jon Dinius	Langdon-Munich
2011	Eric Kuntz	Rugby
2012	Kenny Wells	Parshall
2013	Jeff Illies	Milnor/Wynd/Lidg
2014	Eric Bachmeier	Kindred
2015	Kellemon Hinton	Ellendale
2016	Travor Flaa	Richland
2017	Ryan Wheeling	New Town
2018	Josh Knutson	Des Lacs-Bur-L&C
2019	Isaac Huber	Edgeley/Kulm
2021	Kaden Pastian	Hillsboro/Central Valley
2022	Madden Thorson	Harvey/Wells Co.
2023	Jack Packer	Kindred
	Austin Wanner	Bowman County



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SHOT PUT

CLASS A BOYS

NO.	NAME	YEAR	SCHOOL	SEED MARK
301	Ethan Thomas	12	Grand Forks	62-00.25
47	Jack Shaffer	11	Bismarck	57-04.00
142	Evan Schmit	12	Century	56-04.00
200	Ethan Halverson	12	Dickinson	52-08.00
148	Ole Taylor	11	Century	52-06.75
526	Jobe Rystedt	12	Minot	51-11.00
162	Zach Lilly	12	Davies	51-10.00
192	Braxton Rance	11	Devils Lake	51-09.25
702	Kade Pietrzak	11	Sheyenne	51-05.00
484	Hunter Corbin	12	Mandan	51-00.00
258	Mato Greywind	12	Fargo South	50-09.00
251	James Miller	12	Fargo North	50-05.50
121	Braxton Dahl	10	Century	50-00.00
454	Alex Vyska	12	Legacy	49-05.00
146	Austin Smith	12	Century	49-05.00
132	James Lee	12	Century	49-04.00
506	Blake Anderson	10	Minot	48-11.00
205	Isaac Lowery	9	Dickinson	48-09.00
46	Kaden Overson	12	Bismarck	48-08.00
649	JB Walters	11	Red River	48-07.00
212	Dylan Smith	12	Dickinson	48-06.00
685	Luke Rogen	12	Shanley	47-08.00

2023 Class A Boys Champion •
Jacob Burckhard, Century — 57-06.50
Overall State Record Holder •
Howard Hausauer, Bismarck — 64-01
(1987)



CLASS B BOYS

NO.	NAME	YEAR	SCHOOL	SEED MARK
413	Riley Sunram	12	Kindred	64-01.00
76	Hunter Rasmussen	12	Bowman County	55-06.00
90	Tyler Cruchet	12	Central Cass	53-02.00
308	Levi Kautzman	11	Griggs Midkota	52-07.00
833	Chase Cooper	11	Wyndmere-Lid	50-11.00
658	Nate Tastad	12	Rolette/Wolford	50-08.50
573	Reuben Clay	12	North Star	50-08.00
477	Parker Tapson	11	Lisbon	49-09.00
7	Carter Engebretson	11	Benson County	49-05.00
399	Dilon Filler	12	Kindred	49-04.00
287	Jordan Sunstrom	12	Grafton	49-03.00
328	Bohdan Obenauer	12	Hazen	49-02.00
655	Kane Rivinius	10	Richardton-Taylor	47-11.00
22	Coy Okeson	12	Bishop Ryan	47-10.00
589	Jose Alcivar	12	Oak Grove Lutheran	47-09.00
744	Marcus Henry	12	Standing Rock	46-10.00
418	Owen Lesko	11	Llm	46-09.00
330	Owen Thigpen	11	Hazen	46-02.00
425	Jacob Lowery	11	Langdon Area	45-11.00
754	Ben Hynek	9	Stanley	45-00.00
17	Simon Buchfinck	12	Beulah	44-04.00
21	Cade Okeson	10	Bishop Ryan	43-00.00
377	Gavin Gill	11	Kenmare-Bowbells	42-11.00

2023 Class B Boys Champion •
Jack Packer, Kindred — 60-01
Class B Boys State Record Holder •
Jim Kleinsasser, Carrington — 62-02
(1995)



CLASS A GIRLS

NO.	NAME	YEAR	SCHOOL	SEED MARK
784	Scout Woods	11	Wahpeton	43-05.00
32	Tayla Andersen	12	Bismarck	42-07.00
805	Cailey Moton	12	West Fargo	40-08.00
456	Ryen Brothers	10	Legacy	40-01.50
138	Katelyn Brown	11	Century	39-07.50
670	Seely Stockmoe	12	Shanley	39-05.00
500	Maggie Kleinknecht	12	Mandan	38-11.00
468	Berlyn Lindbo	11	Legacy	38-06.00
311	Jacie Reardon	10	Grand Forks	38-03.75
395	Kinley Anderson	12	Jamestown	38-00.00
693	Kenzie Wuo	9	Sheyenne	37-01.00
216	Jecelyn Arends	12	Dickinson	37-01.00
399	Addison Marker	11	Jamestown	36-09.00
475	Amaya Willis	12	Legacy	36-09.00
164	Chloe Wolff	11	Century	36-09.00
192	Marthalyne Wornor	11	Davies	36-07.00
66	Brielle Wrangham	12	Bismarck	36-07.00
460	Brooklynn Felchle	11	Legacy	36-05.50
141	Alexa Delzer	12	Century	36-03.00
140	Madison Conner	12	Century	36-02.00
810	Lily Wavrin	9	West Fargo	36-01.00
276	Carrie Osier	11	Fargo North	35-11.00
63	Mya Williams	11	Bismarck	35-08.00
465	Sadie Hollar	9	Legacy	35-06.00
550	Josie Rystedt	11	Minot North	35-06.00
167	Elsa Axtman	11	Davies	35-06.00
286	Kylee Sivers	10	Fargo South	35-06.00

2023 Class A Girls Champion •
Scout Woods, Wahpeton — 42-00.50
Overall State Record Holder •
Anthonett Nabwe, Jamestown — 49-10
(2022)



CLASS B GIRLS

NO.	NAME	YEAR	SCHOOL	SEED MARK
329	Trista Bilden	12	Hatton-Northwood	42-10.00
335	Elizabeth Pinke	10	Hatton-Northwood	42-02.00
419	Lainey Kucera	11	Killdeer	38-09.00
22	Malayah Williams	10	Beulah	37-11.00
622	Eastyn Gebhardt	12	Richardton-Taylor	37-08.00
111	Avah Cotton	11	Central Cass	37-07.00
595	Hailey Neumann	11	Oak Grove Lutheran	37-06.00
294	Marouchka Sako Ngoyo	9	Glen Ullin/Hebron	37-05.00
561	Dagan Slade	9	Nelson County	37-02.00
704	Carlee Mitzel	12	Shiloh Christian	36-07.00
441	Bailie Kelley	11	Llm	36-05.00
405	Destinee Anderson	11	Kenmare-Bowbells	36-05.00
696	Alayna Carlson	11	Shiloh Christian	35-06.00
557	Maycee Boyce	9	Nedrose	35-02.00
657	Ashlynn Sundquist	11	Sargent County	34-11.00
639	Riley Bonebrake	12	Rugby	34-05.00
346	Jenneva Ward	11	Hazen	34-03.00
521	Eliza Wheeler	9	Max - S P	33-05.00
772	Mariah Mack	9	Velva D A	32-05.00
649	Miryilyn Migler	9	Rugby	32-05.00

2023 Class B Girls Champion •
Riley Bonebrake, Rugby — 38-07
Class B Girls State Record Holder •
Jessica Sommerfeld, Lisbon — 48-02.50
(1997)



DISCUS

CLASS A BOYS

NO.	NAME	YEAR	SCHOOL	SEED MARK
301	Ethan Thomas	12	Grand Forks	188-11
47	Jack Shaffer	11	Bismarck	180-08
516	Kobe Irmen	12	Minot	165-03
29	Kaden Fitterer	11	Bismarck	163-07
148	Ole Taylor	11	Century	158-07
506	Blake Anderson	10	Minot	157-02
133	Koen Levy	11	Century	154-04
146	Austin Smith	12	Century	153-07
163	Alexander Meece	10	Davies	153-06
772	Dylan Hunt	11	Valley City	152-06
200	Ethan Halverson	12	Dickinson	151-07
508	Lincoln Brooks	11	Minot	151-00
251	James Miller	12	Fargo North	149-00
702	Kade Pietrzak	11	Sheyenne	148-10
131	Bryce Lasher	11	Century	147-08
484	Hunter Corbin	12	Mandan	147-00
353	Adam Bamba	10	Horace	145-07
297	Kyen Poole	12	Grand Forks	145-07
672	Cam Ahlers	12	Shanley	145-06
511	Heston Faul	12	Minot	145-03
679	Holden Deutsch	11	Shanley	145-01
132	James Lee	12	Century	145-00
258	Mato Greywind	12	Fargo South	143-10
807	Jack Stewart	12	West Fargo	140-07

2023 Class A Boys Champion • Ethan Manock, Wahpeton — 153-09
Overall State Record Holder • Bryan Bjerk, GF Red River — 192-08 (2012)



CLASS B BOYS

NO.	NAME	YEAR	SCHOOL	SEED MARK
413	Riley Sunram	12	Kindred	173-09
833	Chase Cooper	11	Wyndmere-Lid	166-05
76	Hunter Rasmussen	12	Bowman County	159-02
331	Davian Welch	12	Hazen	156-05
328	Bohdan Obenauer	12	Hazen	149-07
335	Blake Larson	11	Hettinger-Scranton	145-05
377	Gavin Gill	11	Kenmare-Bowbells	145-04
627	Grayson Rystedt	10	PLBC	144-11
90	Tyler Cruchet	12	Central Cass	144-03
573	Reuben Clay	12	North Star	143-05
378	Peyton Helwig	11	Kenmare-Bowbells	143-04
417	Jake Kramer	11	Llm	143-03
653	Caisen Dohrmann	12	Richardton-Taylor	143-02
287	Jordan Sunstrom	12	Grafton	142-10
459	Dalton Bosch	12	Linton/HMB	142-09
389	Calvin Dobitz	11	Killdeer	141-07
721	Isaiah Johnson	12	S. McLean	141-03
399	Dilon Filler	12	Kindred	140-10
655	Kane Rivinius	10	Richardton-Taylor	140-09
741	Thane Beheler	12	Standing Rock	138-04
467	Aiden Hinkle	11	Lisbon	136-05
302	Weston Zacher	12	Grant County	136-03
94	Braden Klein	11	Central Cass	136-01
17	Simon Buchfinck	12	Beulah	136-00
309	Cooper Boll	12	Hankinson	135-09
425	Jacob Lowery	11	Langdon Area	127-08
560	DJ Mudgett	12	New Rockford	125-06
12	Cole Knudson	12	Benson County	124-07
344	Jack Mattson	10	Hillsboro/CV	124-05

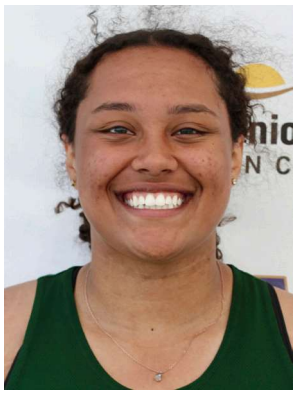
2023 Class B Boys Champion • Riley Sunram, Kindred — 171-07
Class B Boys State Record Holder • Seth Kaden Pastian, Hillsboro/Central Valley — 192-00 (2021)



CLASS A GIRLS

NO.	NAME	YEAR	SCHOOL	SEED MARK
468	Berlyn Lindbo	11	Legacy	140-04
784	Scout Woods	11	Wahpeton	135-03
32	Tayla Andersen	12	Bismarck	132-09
395	Kinley Anderson	12	Jamestown	131-05
456	Ryen Brothers	10	Legacy	128-05
59	Raya Rood	12	Bismarck	127-02
164	Chloe Wolff	11	Century	126-10
606	Abby Baker	11	Red River	126-08
461	Talea Furcht	12	Legacy	125-11
805	Cailey Moton	12	West Fargo	124-10
500	Maggie Kleinknecht	12	Mandan	122-08
377	Jordan Christofferson	9	Horace	122-08
44	Lizzy Kerzman	11	Bismarck	118-07
812	Kiara Zepeda	12	West Fargo	118-06
276	Carrie Osier	11	Fargo North	117-09
475	Amaya Willis	12	Legacy	117-08
311	Jacie Reardon	10	Grand Forks	116-09
673	Claire Vetter	12	Shanley	114-02
533	Eve Bland	12	Minot	113-07
465	Sadie Hollar	9	Legacy	113-07
49	Jayde Madson	11	Bismarck	113-05
460	Brooklynn Felchle	11	Legacy	111-11
138	Katelyn Brown	11	Century	111-11
550	Josie Rystedt	11	Minot North	111-06
51	Taylor Mayer	10	Bismarck	111-06
220	Evy Halverson	9	Dickinson	110-11
674	Erika Wanner	11	Shanley	110-06
137	Evie Blomseth	11	Century	110-05
42	Morgan Johnson-Colbert	12	Bismarck	110-00
809	Lyla Stegman	10	West Fargo	109-08
810	Lily Wavrin	9	West Fargo	105-01

2023 Class A Girls Champion • Cailey Moton, — West Fargo 121-10
Overall State Record Holder • Briona Reynolds, GF Red River — 172-00 (1999)



CLASS B GIRLS

NO.	NAME	YEAR	SCHOOL	SEED MARK
335	Elizabeth Pinke	10	Hatton-Northwood	128-05
419	Lainey Kucera	11	Killdeer	123-00
450	Christine Joyner	10	Langdon Area	120-02
294	Marouchka Sako Ngoyo	9	Glen Ullin/Hebron	118-00
19	Sofia Schantz	12	Beulah	117-06
329	Trista Bilden	12	Hatton-Northwood	117-00
696	Alayna Carlson	11	Shiloh Christian	116-10
344	Ava VanDyke	11	Hazen	116-08
604	Klaire Gunderson	12	PLBC	116-02
306	Sydney Suda	11	Grafton	115-08
268	Mackenzie Thorpe	12	Ellendale	115-06
253	Melissa Zach	12	Dickinson Trinity	115-05
346	Jenneva Ward	11	Hazen	115-01
107	Olivia Threadgold	12	Carrington	112-05
772	Mariah Mack	9	Velva D A	111-03
440	Norah DelaBarre	10	Llm	111-01
418	Adalyn Kucera	9	Killdeer	110-06
576	Rogue Stephens	11	North Star	110-05
248	Katherine Schneider	12	Dickinson Trinity	110-04
639	Riley Bonebrake	12	Rugby	107-01
240	McKenna Ernst	12	Dickinson Trinity	106-00
432	Greta McKenney	11	Kindred	105-06
558	Kenna Huff	11	Nedrose	104-08
605	Hannah Nelson	12	PLBC	99-11
521	Eliza Wheeler	9	Max - S P	98-07
582	Jenna Rosinski	11	Northern Lights	97-06

2023 Class B Girls Champion • Elizabeth Pinke, Hatton-North 127-04
Class B Girls State Record Holder • Sara Neubauer, Bottineau — 148-08 (2006)



JAVELIN

CLASS A BOYS

NO.	NAME	YEAR	SCHOOL	SEED MARK
301	Ethan Thomas	12	Grand Forks	181-09
645	Daniel Severud	11	Red River	180-04
39	Preston Lemar	12	Bismarck	177-01
446	Brett Miller	11	Legacy	173-01
829	Ty Wiedrich	12	Williston	169-07
777	Zachary Sykora	12	Valley City	169-01
373	Jacoby Traut	11	Jamestown	166-07
148	Ole Taylor	11	Century	164-09
494	Tristan Ulmer	11	Mandan	162-11
126	Grant Hubley	12	Century	162-05
46	Kaden Overson	12	Bismarck	162-01
177	Holden Witte	11	Davies	161-09
212	Dylan Smith	12	Dickinson	161-01
159	Peter Havelka	12	Davies	155-03
489	Rustin Medenwald	12	Mandan	154-00
190	Drew Hofstad	12	Devils Lake	152-07
188	Marquese Dubois	11	Devils Lake	150-11
649	JB Walters	11	Red River	147-02

2023 Class A Boys Champion • Logan Arason, GF Red River — 191-10
Class A Boys State Record Holder • Paul Hoplin, GF Red River — 201-10 (2007)



CLASS B BOYS

81	Ryder Bickett	11	Carrington	184-08
498	Tee Sylling	11	Maple River	180-11
466	Jordyn Bittner	10	Lisbon	177-01
95	Wyatt Kraft	11	Central Cass	175-06
767	Karter Peterson	11	Thompson	173-01
314	Keaton Keller	12	Harvey/Wells	169-10
656	Nick Mjoness	12	Richland	169-05
333	Jayden Bailey	12	Heart River	167-01
573	Reuben Clay	12	North Star	165-06
838	Brian Quam	11	Wyndmere-Lid	165-02
562	Kage Walford	11	New Rockford	164-10
279	Ryan Schneider	10	Glen Ullin/Hebron	163-02
755	Jack Hynek	12	Stanley	160-02
718	Luke Piatz	10	South Border	160-00
781	Kyle Volson	11	Velva D A	159-00
328	Bohdan Obenauer	12	Hazen	159-00
473	Wyatt Olson	12	Lisbon	158-08
316	Kayl Sieg	11	Harvey/Wells	157-02
608	Jace Rosinski	10	Prfl	156-11
381	Joren Jangula	12	Kidder County	156-11
384	Gus Bohmbach	12	Killdeer	156-03
474	Cam Opp	12	Lisbon	155-01
545	Sawyer Bloms	12	Nedrose	152-01
224	Jace Peters	8	Dickinson Trinity	149-07
379	Lincoln Spear	9	Kenmare-Bowbells	143-11
502	Cutler Peterson	11	May-Port CG	143-03
610	Tanner Schramm	11	Prfl	139-11

2023 Class B Boys Champion • Levi Reis, Ellendale — 182-07
Overall State Record Holder • Riley Dolezal, Stanley/Powers Lake — 208-03 (2004)



CLASS A GIRLS

619	Ella Weippert	12	Red River	138-05
728	Lexi Gerving	12	St. Mary's	130-07
37	Cambrie Fischer	12	Bismarck	130-05
505	Stray Ressler	10	Mandan	122-09
42	Morgan Johnson-Colbert	12	Bismarck	120-01
186	Cayla Sailer	12	Davies	119-00
508	Madysen Schwind	10	Mandan	118-10
377	Jordan Christofferson	9	Horace	116-01
57	Aspen Roaldson	10	Bismarck	115-02
812	Kiara Zepeda	12	West Fargo	115-01
804	Ellee McIntosh	10	West Fargo	113-06
809	Lyla Stegman	10	West Fargo	112-09
311	Jacie Reardon	10	Grand Forks	112-08
399	Addison Marker	11	Jamestown	112-00
394	Kendyl Anderson	12	Jamestown	110-07
496	Harper Harris	11	Mandan	110-06
729	Journey Oukrop	10	St. Mary's	110-01
609	Emerson Byron	11	Red River	106-03

2023 Class A Girls Champion • Ella Weippert, GF Red River — 136-04
Overall State Record Holder • Katie Wilson, GF Red River — 148-03 (2002)



CLASS B GIRLS

700	Brynn Fuller	12	Shiloh Christian	136-04
329	Trista Bilden	12	Hatton-Northwood	131-01
599	Macoya Hansen	12	Oakes	130-03
656	Karleigh Kadoun	10	Sargent County	129-07
817	Cheyenne Hayes	12	Williams Cty	125-10
570	Hannah Thiel	12	New Salem-Almont	125-04
567	Ava Peterson	10	New Rockford	123-11
627	Jenna Schutt	11	Richardton-Taylor	123-06
452	Meredith Romfo	11	Langdon Area	123-00
654	Alana Anderson	12	Sargent County	121-08
512	Carly Hovelson	9	Maple River	121-08
4	Aubrey Kenner	10	Benson County	116-01
356	Samantha Greff	11	Hettinger County	115-11
111	Avah Cotton	11	Central Cass	115-06
624	Evelyn Kuntz	12	Richardton-Taylor	114-02
340	Elliot Myklebust	10	Hazen	111-03
407	Alexia Holter	12	Kenmare-Bowbells	111-02
322	Braylee Keller	9	Harvey/Wells	108-06
256	Alyssa Hoyles	10	DVE	107-11
76	Jocelyn Jungling	11	Bottineau	106-05
756	Megan Clarys	9	Trenton	103-04

2023 Class B Girls Champion • Daisy Sparrow, Central McLean — 124-00
Class B Girls State Record Holder • Kari Wolfe, Harvey/Wells County — 144-02 (2017)



HIGH JUMP

CLASS A BOYS

NO.	NAME	YEAR	SCHOOL	SEED MARK
492	Hudsen Sheldon	11	Mandan	6-07.00
801	Bonfas Loria	11	West Fargo	6-05.00
510	Logan Conklin	12	Minot	6-04.00
696	Kyson Keller	9	Sheyenne	6-04.00
161	Mason Klabo	11	Davies	6-04.00
264	Amari Taylor	10	Fargo South	6-04.00
441	Lucas Kupfer	12	Legacy	6-02.00
489	Rustin Medenwald	12	Mandan	6-02.00
456	Cooper Weidner	11	Legacy	6-02.00
707	Kalef Yalartai	11	Sheyenne	6-02.00
508	Lincoln Brooks	11	Minot	6-02.00
194	Oliver Wirth	11	Devils Lake	6-02.00
143	Kale Schommer	12	Century	6-02.00
246	Trey Knoke	11	Fargo North	6-02.00
152	Alpha Camara	12	Davies	6-02.00
259	Chris Kambal	10	Fargo South	6-00.00
487	Holden Howard	12	Mandan	6-00.00
191	Joel Nelson	11	Devils Lake	6-00.00

2023 Class A Boys Champion • Brooks Turner, Century — 6-06
Overall State Record Holder • Shawn Gabbert, Dickinson — 6-10.25 (1999)



CLASS B BOYS

553	Deng Deng	12	New Rockford	6-07.00
398	Ethan Duval	12	Kindred	6-06.00
558	Dalen Leftbear	12	New Rockford	6-05.00
542	Reid Morlock	10	MLS	6-04.00
575	Dane Hagler	12	North Star	6-04.00
274	Will Mickelson	12	Glen Ullin/Hebron	6-04.00
559	Bennett Meier	11	New Rockford	6-03.00
603	Tristen Loeks	11	Oakes	6-02.00
405	Presley Peraza	11	Kindred	6-02.00
595	Noah Meidinger	10	Oak Grove Lutheran	6-02.00
234	Zeke Barnick	12	Edgeley/Kulm	6-02.00
378	Peyton Helwig	11	Kenmare-Bowbells	6-02.00
394	Jaxon Reese	10	Killdeer	6-00.00
554	Marial Deng	10	New Rockford	5-10.00
383	Cooper Bang	11	Killdeer	5-10.00
727	Justin Scheresky	12	S. McLean	5-10.00
110	Aiden Hanson	10	Central McLean	5-10.00
325	Bennett Kilwein	9	Hazen	5-10.00
650	Matthew Aune	10	Richardton-Taylor	5-08.00
769	Charlie Yon	10	Thompson	5-08.00
231	Carter Oberg	9	DVE	5-08.00
336	Boeden Allen	12	Hillsboro/CV	5-08.00
380	Jacob Zorn	9	Kenmare-Bowbells	5-06.00

2023 Class B Boys Champion • Dane Hagler, North Star — 6-06
Class B Boys State Record Holder • Mark McDonald, Border Central / Munich/ Starkweather— 6-09.50 (1988)



CLASS A GIRLS

281	Axumite Wren James	11	Fargo South	5-06.00
58	Jordyn Rood	10	Bismarck	5-05.00
509	Camryn Ulmer	8	Mandan	5-03.00
779	Jaida Fobb	12	Wahpeton	5-02.00
694	Sannie Yeanay	12	Sheyenne	5-02.00
826	Kendra Hall	12	Williston	5-02.00
613	Jocelynne Hoefs	9	Red River	5-02.00
136	Alexa Bjornson	9	Century	5-02.00
396	Layna Hoffer	9	Jamestown	5-02.00
379	Audrina Ehlert	10	Horace	5-01.00
458	Macy Crane	11	Legacy	5-01.00
183	Fallon Passanante	10	Davies	5-01.00
823	Keeley Call	10	Williston	5-01.00
797	Emma Esposito	10	West Fargo	5-01.00
34	Hayden Chathams	9	Bismarck	5-01.00
149	Alexis Heinle	10	Century	5-01.00
38	Madison Foster	11	Bismarck	5-01.00
186	Cayla Sailer	12	Davies	5-01.00
226	Jenna Nelson	10	Dickinson	5-01.00
385	Ella Livingston	12	Horace	4-11.00
309	Emily Arnold	12	Grand Forks	4-11.00

2023 Class A Girls Champion • Adison Sagaser, Legacy — 5-05
Class A Girls State Record Holder • Kira Larson, Fargo North — 5-09 (2013)



CLASS B GIRLS

629	Lila Viele	10	Richland	5-02.00
632	Halle Handegard	10	Rolette/Wolford	5-02.00
529	Rylee Satrom	12	May-Port CG	5-02.00
706	Layla Thompson	8	Shiloh Christian	5-02.00
711	Eva Meyer	11	South Border	5-02.00
267	Kaylin Slivoskey	12	Ellendale	5-02.00
70	Kyra Beckman	11	Bottineau	5-02.00
420	Madeline Lambert	12	Killdeer	5-02.00
357	Anna Nasset	12	Hettinger County	5-02.00
255	Elizabeth Fedje	10	DVE	5-01.00
593	Aspyn Kjos	10	Oak Grove Lutheran	5-00.00
592	Ellyssa Holmberg	8	Oak Grove Lutheran	5-00.00
478	Allie Dockter	12	Linton/HMB	5-00.00
601	Ann Muggli	11	Oakes	5-00.00
623	Mariska Krank	11	Richardton-Taylor	5-00.00
710	Carlene Andre	9	South Border	5-00.00
603	Megan Misson	12	Pembina Cty	5-00.00
117	Mayson Lynch	7	Central Cass	5-00.00
130	Reagan Kjelstrup	11	Central McLean	5-00.00
94	Addie Umbreit	9	Bowman County	5-00.00
436	Andi Sarbaum	10	Kindred	5-00.00
431	Kate Mahler	9	Kindred	5-00.00
414	Brooke Baselt	11	Killdeer	5-00.00
630	Morgan Casavant	12	Rolette/Wolford	4-10.00
815	Maelee Cancade	12	Williams Cty	4-10.00
520	Azijah Trader	11	Max - S P	4-10.00
552	Cloe Weathers	9	MLS	4-08.00
449	Taya Feist	8	Langdon Area	4-08.00

2023 Class B Girls Champion • Kaylin Slivoskey, Ellendale — 5-02
Overall State Record Holder • Lexy Wittmayer, Rolette/Wolford — 5-10 (2014)

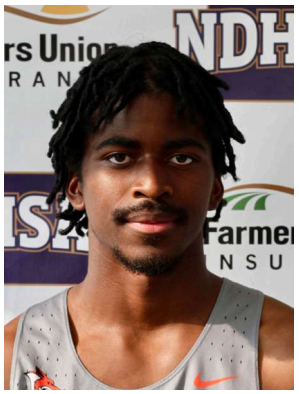


LONG JUMP

CLASS A BOYS

NO.	NAME	YEAR	SCHOOL	SEED TIME
49	Deegan Staudinger	10	Bismarck	23-08.50
169	Thomas Schreiner	12	Davies	23-01.75
154	Golden Deebom	11	Davies	23-01.75
705	Kye Schlichting	10	Sheyenne	22-10.50
527	Grayson Schaeffer	11	Minot	22-08.00
264	Amah Taylor	10	Fargo South	22-06.25
43	Lucas McNichols	11	Bismarck	22-05.00
143	Kale Schommer	12	Century	22-03.00
24	Hayden Bondley	9	Bismarck	22-03.00
541	John Williams III	11	Minot North	22-02.00
164	Charlie Metzger	11	Davies	22-01.00
736	Aeyden Price	11	St. Mary's	22-01.00
635	Isaiah Gaye	11	Red River	21-11.50
38	Michael Leier	11	Bismarck	21-11.00
641	Zach Oehlke	12	Red River	21-10.50
439	Kamden Kooiman	11	Legacy	21-10.00
158	Nick Hasbargen	12	Davies	21-10.00
825	Isiah St. Romain	12	Williston	21-09.75
441	Lucas Kupfer	12	Legacy	21-09.00
707	Kalef Yalartai	11	Sheyenne	21-09.00
39	Preston Lemar	12	Bismarck	21-09.00
444	Bennet Lonn	10	Legacy	21-08.50
510	Logan Conklin	12	Minot	21-07.00
175	Chris Verdier	11	Davies	21-06.00
830	Dexter Yohan	12	Williston	21-05.50
145	Kolter Simon	11	Century	21-05.00
139	Austin Privratsky	11	Century	21-05.00
36	Braxton Just	12	Bismarck	21-04.50
129	Ryan Landenberger	12	Century	21-03.50
809	Joaquin Valdez	9	West Fargo	21-02.75
262	A'Johntez Moore	12	Fargo South	21-02.75
354	Israel Bauer	10	Horace	21-02.50
788	Treyton Mauch	11	Wahpeton	21-02.00
187	Wylee Delorme	12	Devils Lake	21-01.50
790	Chase Cutshall	10	Watford City	21-01.50
191	Joel Nelson	11	Devils Lake	21-01.50
505	Colby Albertson	12	Minot	21-01.00
632	Sam Bowman	12	Red River	21-00.00
815	Colter Azbell	12	Williston	21-00.00
190	Drew Hofstad	12	Devils Lake	21-00.00
646	Ben Strand	12	Red River	20-11.25
811	Lance Williams	11	West Fargo	20-10.50
737	Beckett Price	9	St. Mary's	20-10.00
26	Levi Ehrlich	10	Bismarck	20-10.00
261	Jaden Middleton	12	Fargo South	20-09.50
826	Brian Teghen	9	Williston	20-09.00

2023 Class A Boys Champion • JD Williams, Williston — 23-00.25
Overall State Record Holder • Nate Keller, Valley City — 24-06 (1998)



CLASS B BOYS

598	Kai Zabel	9	Oak Grove Lutheran	22-10.50
580	Trey Husar	11	Northern Cass	22-06.50
668	Nick Hansen	12	Sargent County	22-06.00
579	Matthew Hoppe	11	Northern Cass	22-04.50
405	Presley Peraza	11	Kindred	22-02.00
52	Khaliel Abdurrahman	11	Bottineau	22-00.50
70	Bohden Duffield	12	Bowman County	21-10.25
553	Deng Deng	12	New Rockford	21-09.00
556	Porter Granger	11	New Rockford	21-08.50
584	Matthew Metzger	11	Northern Cass	21-07.00
105	Jacob Thompson	11	Central Cass	21-05.00
68	Nathan Dix	12	Bowman County	21-02.50
99	Jace Narum	12	Central Cass	21-02.00
416	Avery Kramer	10	Ulm	21-01.00
276	Luma Sako Ngoyo	12	Glen Ullin/Hebron	21-01.00
382	Trevor Moos	12	Kidder County	21-00.50
320	Noah Ziegler	11	Harvey/Wells	21-00.00
585	Keelan Monson	11	Northern Cass	21-00.00
69	Bishop Duffield	12	Bowman County	21-00.00
234	Zeke Barnick	12	Edgeley/Kulm	21-00.00
92	Anthony Garman	11	Central Cass	20-10.50
230	Ben Johnson	12	Divide County	20-10.50
9	Logan Fossen	12	Benson County	20-10.50
575	Dane Hagler	12	North Star	20-10.00
719	Quinton Conoly	11	S. McLean	20-09.50
235	Joseph Kramlich	11	Edgeley/Kulm	20-09.00
313	Dylan Heitmann	8	Harvey/Wells	20-09.00
89	Colton Cruchet	10	Central Cass	20-09.00
720	Dontaye Fetzer	11	S. McLean	20-01.50
550	Tyrone Stringer	11	Nedrose	19-11.50
116	Maddox Snyder	12	Central McLean	19-09.25
463	Isaac Silvernagel	10	Linton/HMB	19-08.50
542	Reid Morlock	10	MLS	19-07.25
609	Brennan Schramm	10	Prll	19-04.00
424	Nick Kingzett	12	Langdon Area	19-03.75
341	James Funchess	8	Hillsboro/CV	19-02.50

2023 Class B Boys Champion • Micah Longthorne, Hillsboro/Central Valley — 21-10.25
Class B Boys State Record Holder • Rich Goff, Grandin — 23-02.50 (1970)



CLASS A GIRLS

218	Jazmin Barry	12	Dickinson	19-09.00
798	Michelle Gee	10	West Fargo	19-02.00
687	Kia Ray	10	Sheyenne	18-07.25
607	Sophie Brakke	11	Red River	18-07.25
398	Allysah Larson	12	Jamestown	18-05.50
149	Alexis Heinle	10	Century	17-09.50
39	Ajaye Gill	12	Bismarck	17-08.00
724	Autumn Bossert	11	St. Mary's	17-07.00
37	Cambrie Fischer	12	Bismarck	17-06.50
223	Kendra King	12	Dickinson	17-06.00
537	Haleigh Carr	11	Minot	17-05.00
173	Jane Donat	12	Davies	17-04.00
163	Makayla Wiedenmeyer	11	Century	17-04.00
548	Makayla Whitfield	12	Minot	17-03.50
136	Alexa Bjornson	9	Century	17-03.00
203	Sara Kraft	9	Devils Lake	17-02.50
54	Mia Peterson	11	Bismarck	17-02.00
759	Layni Bakalar	9	Valley City	17-01.50
693	Kenzie Wuo	9	Sheyenne	17-01.50
469	Brooklyn Pudwill	9	Legacy	17-00.50
231	Claire Rodakowski	9	Dickinson	17-00.00
379	Audrina Ehlert	10	Horace	16-11.00
551	Jaelynn Zarr	10	Minot North	16-11.00
50	Kennedy Marcus	12	Bismarck	16-11.00
153	Grace Lang	11	Century	16-10.50
177	Onya Kretchman	12	Davies	16-09.75
400	Hayden Olson	10	Jamestown	16-09.50
38	Madison Foster	11	Bismarck	16-09.50
694	Sannie Yeanay	12	Sheyenne	16-09.00
689	Naomi Sando	9	Sheyenne	16-08.00
824	Micah Fleck	10	Williston	16-08.00
727	Stella Gallik	8	St. Mary's	16-08.00
504	Tatum Radke	9	Mandan	16-08.00

2023 Class A Girls Champion • Eden Fridley, Century — 17-07.25
Class A Girls State Record Holder • McKenzie Mehlisch, Fargo South — 19-03.25 (2005)



CLASS B GIRLS

596	Ella Olson	12	Oak Grove Lutheran	19-04.00
80	Kylie Simpson	12	Bottineau	18-05.25
597	Amari Paape	11	Oak Grove Lutheran	18-04.50
90	Sophia Headley	11	Bowman County	17-11.00
556	Kaydee Boyce	12	Nedrose	17-08.50
122	Olivia Sivertson	10	Central Cass	17-08.00
259	Jaelyn Bertsch	10	Edgeley/Kulm	17-05.25
573	Alaina Vander Wal	12	New Salem-Almont	17-05.00
123	Izzy Thompson	10	Central Cass	17-04.50
529	Rylee Satrom	12	May-Port CG	17-03.25
478	Allie Dockter	12	Linton/HMB	17-02.50
646	Ashley Martodam	11	Rugby	17-02.00
125	Adlyn Eng	11	Central McLean	17-01.00
350	Abby Talkington	12	Heart River	16-11.50
448	Aubrey Badding	9	Langdon Area	16-09.50
126	Emma Fischer	9	Central McLean	16-09.50
712	Macy Monson	11	South Border	16-09.00
262	Elli Lloyd	10	Edgeley/Kulm	16-08.00
626	Juliet Redka	9	Richardton-Taylor	16-07.25
838	Paislee Erbes	8	Wyndmere-Lid	16-06.50
2	Ella Fossen	10	Benson County	16-06.50
267	Kaylin Slivoskey	12	Ellendale	16-06.00
119	Mackenzie Meyer	8	Central Cass	16-06.00
652	Brekkyn Thompson	9	Rugby	16-05.50
113	Liv Ellenson	11	Central Cass	16-05.50
69	Karsyn Allard	8	Bottineau	16-05.00
748	Khloe Spaulding	9	Surrey	15-06.25
751	Danica Gross	10	Thompson	15-03.50
746	Addison Neshem	9	Surrey	15-02.00

2023 Class B Girls Champion • Ella Olson, Oak Grove Lutheran — 17-07
Overall State Record Holder • Whitney Carlson, Carrington — 19-05.50 (2006)



TRIPLE JUMP

	NO.	NAME	YEAR	SCHOOL	SEED MARK
CLASS A BOYS	262	A'Johntez Moore	12	Fargo South	46-08.75
	541	John Williams III	11	Minot North	46-02.00
	261	Jaden Middleton	12	Fargo South	46-02.00
	635	Isaiah Gaye	11	Red River	45-07.25
	527	Grayson Schaeffer	11	Minot	44-08.50
	701	Noah Olson	12	Sheyenne	44-06.75
	444	Bennet Lonn	10	Legacy	43-05.00
	441	Lucas Kupfer	12	Legacy	43-03.50
	175	Chris Verdier	11	Davies	42-11.50
	143	Kale Schommer	12	Century	42-08.00
	707	Kalef Yalartai	11	Sheyenne	42-06.50
	139	Austin Privratsky	11	Century	42-06.50
	145	Kolter Simon	11	Century	42-02.00
	259	Chris Kambal	10	Fargo South	42-01.50
	505	Colby Albertson	12	Minot	42-00.00
	249	James Lanners	12	Fargo North	41-11.25
	646	Ben Strand	12	Red River	41-10.50
	433	Tristan Haider	11	Legacy	41-10.00
	799	Jack Guscette	11	West Fargo	41-08.75
	445	Kalen Lucas	11	Legacy	41-07.50
	363	Brady Harty	11	Jamestown	41-06.00
	370	Aiden Skari	9	Jamestown	41-06.00
	204	Max Kostelecky	9	Dickinson	41-06.00
	125	Brayden Heinle	11	Century	40-02.00
CLASS B BOYS	70	Bohden Duffield	12	Bowman County	43-00.50
	580	Trey Husar	11	Northern Cass	43-00.00
	405	Presley Peraza	11	Kindred	42-08.00
	668	Nick Hansen	12	Sargent County	42-06.00
	585	Keelan Monson	11	Northern Cass	42-06.00
	99	Jace Narum	12	Central Cass	42-05.00
	58	Carson Haerer	12	Bottineau	42-04.75
	276	Luma Sako Ngoyo	12	Glen Ullin/Hebron	42-04.00
	92	Anthony Garman	11	Central Cass	42-03.00
	320	Noah Ziegler	11	Harvey/Wells	42-02.00
	423	Cody Amble	11	Langdon Area	42-00.00
	382	Trevor Moos	12	Kidder County	41-10.00
	69	Bishop Duffield	12	Bowman County	41-09.00
	542	Reid Morlock	10	MLS	41-08.75
	184	Easton Smith	10	Dlblc	41-06.50
	274	Will Mickelson	12	Glen Ullin/Hebron	41-06.00
	116	Maddox Snyder	12	Central McLean	40-03.00
	2	Lucas Brown	9	Beach	40-01.00
	376	William Cook	11	Kenmare-Bowbells	39-11.50
	749	Gun'r Maui	10	Standing Rock	39-11.00
	424	Nick Kingzett	12	Langdon Area	39-07.50
	426	Tanner McDonald	10	Langdon Area	38-08.50
	624	Michael Crowder	11	PLBC	38-01.50
CLASS A GIRLS	607	Sophie Brakke	11	Red River	38-00.25
	398	Allysah Larson	12	Jamestown	37-10.00
	149	Alexis Heinle	10	Century	37-04.50
	39	Ajaye Gill	12	Bismarck	37-03.50
	281	Axumite Wren James	11	Fargo South	37-03.00
	163	Makayla Wiedenmeyer	11	Century	36-10.00
	177	Onya Kretchman	12	Davies	36-09.50
	50	Kennedy Marcus	12	Bismarck	36-09.00
	136	Alexa Bjornson	9	Century	36-08.50
	223	Kendra King	12	Dickinson	36-08.00
	504	Tatum Radke	9	Mandan	36-07.00
	54	Mia Peterson	11	Bismarck	36-06.00
	186	Cayla Sailer	12	Davies	36-03.00
	551	Jaelynn Zarr	10	Minot North	36-01.00
	537	Haleigh Carr	11	Minot	36-00.00
	203	Sara Kraft	9	Devils Lake	36-00.00
	806	Soludo Obi	10	West Fargo	35-09.25
	693	Kenzie Wuo	9	Sheyenne	35-07.00
	538	Haley Conklin	11	Minot	35-06.50
	400	Hayden Olson	10	Jamestown	35-02.50
	208	April Miller	9	Devils Lake	35-02.50
	826	Kendra Hall	12	Williston	35-01.50
	469	Brooklyn Pudwill	9	Legacy	35-00.00
	688	Micah Sander	12	Sheyenne	34-10.00
	675	Hannah Bargor	11	Sheyenne	34-09.50
	402	Julia Skari	11	Jamestown	34-09.50
	694	Sannie Yeanay	12	Sheyenne	34-08.25
	615	Bryn Larson	11	Red River	34-06.25
	144	Maliah Frey	10	Century	34-06.00
	190	Addison Tandeski	11	Davies	34-05.75
CLASS B GIRLS	596	Ella Olson	12	Oak Grove Lutheran	38-00.25
	80	Kylie Simpson	12	Bottineau	37-03.25
	708	Dedra Wood	12	Shiloh Christian	37-00.00
	125	Adlyn Eng	11	Central McLean	36-11.00
	448	Aubrey Badding	9	Langdon Area	36-01.50
	597	Amari Paape	11	Oak Grove Lutheran	36-01.00
	426	Ali Henke	11	Kindred	35-06.00
	123	Izzy Thompson	10	Central Cass	35-06.00
	714	Monica Goven	12	S. McLean	35-03.00
	513	BriElle Killoran	11	Maple River	35-03.00
	573	Alaina Vander Wal	12	New Salem-Almont	35-02.50
	69	Karsyn Allard	8	Bottineau	35-01.50
	556	Kaydee Boyce	12	Nedrose	34-10.00
	529	Rylee Satrom	12	May-Port CG	34-09.50
	345	Macey VanInwagen	9	Hazen	34-09.00
	435	Taylor Sanders	8	Kindred	34-07.00
	646	Ashley Martodam	11	Rugby	34-06.00
	350	Abby Talkington	12	Heart River	34-06.00
	478	Allie Dockter	12	Linton/HMB	34-05.00
	357	Anna Nasset	12	Hettinger County	34-05.00
	2	Ella Fossen	10	Benson County	34-04.00
	20	Addison Schepp	9	Beulah	34-03.00
	267	Kaylin Slivoskey	12	Ellendale	34-01.50
	640	Lacie Deplazes	11	Rugby	34-01.00
	754	Jordyn Tozer	11	Thompson	33-06.50
	94	Addie Umbreit	9	Bowman County	32-10.00
	28	Gwynnie Johnson	12	Bishop Ryan	32-09.00
	623	Mariska Krank	11	Richardton-Taylor	32-08.25
	748	Khloe Spaulding	9	Surrey	32-04.00

2023 Class A Boys Champion • John Williams III, Minot — 46-05
Overall State Record Holder • Nsengiyumva Corode, West Fargo — 48-05 (2019)



2023 Class B Boys Champion • Jaylin Fulin-Ross, Des Lacs/LC — 43.07
Class B Boys State Record Holder • Kellemon Hinton, Ellendale — 46-05.50 (2015)



2023 Class A Girls Champion • Rachel Nwankwo, Minot — 39-01.50
Overall State Record Holder • Crystal Cummins, Fargo South — 39-04.25 (1998)



2023 Class B Girls Champion • Kennedy Harter, Kidder County — 37-02
Class B Girls State Record Holder • Sarah Fegley, Bishop Ryan — 38-09.75 (2007)

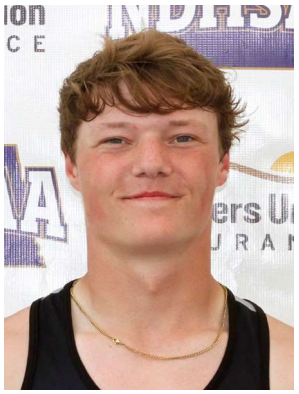


POLE VAULT

CLASS A BOYS

NO.	NAME	YEAR	SCHOOL	SEED MARK
447	Adam Nychyporuk	12	Legacy	15-00.00
201	Blake Homiston	10	Dickinson	15-00.00
438	Yusuf Jama	10	Legacy	14-09.00
737	Beckett Price	9	St. Mary's	14-06.00
457	Holden Will	12	Legacy	14-00.00
451	Jimmy Shar	12	Legacy	14-00.00
699	Connor Manske	12	Sheyenne	13-06.00
810	Lincoln Walker	10	West Fargo	13-06.00
31	Gabriel Hamlin	11	Bismarck	13-06.00
524	Jacob Roth	12	Minot	13-00.00
694	Jack Jelinek	11	Sheyenne	12-06.00
805	Austin Saari	10	West Fargo	12-06.00
33	Jax Heck	9	Bismarck	12-06.00
428	Caleb Axt	9	Legacy	12-06.00
681	Fisher Hannesson	12	Shanley	12-00.00
693	Tyler Hanson	12	Sheyenne	12-00.00
160	Jonah Heyer	12	Davies	12-00.00

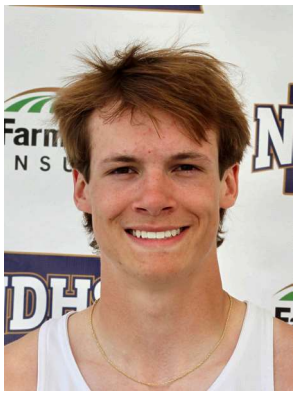
2023 Class A Boys Champion • Benett Carlson, Dickinson— 14-00
Overall State Record Holder • Jak Urlacher, GF Central — 15-07.50 (2021)



CLASS B BOYS

NO.	NAME	YEAR	SCHOOL	SEED MARK
216	Gage Glaser	12	Dickinson Trinity	14-00.00
472	Mike Nelson	12	Lisbon	13-06.00
384	Gus Bohmbach	12	Killdeer	13-06.00
217	Jake Glaser	10	Dickinson Trinity	13-00.00
471	Zane Lyons	10	Lisbon	12-06.00
182	Logan Rist	12	Dlblc	12-06.00
102	Trevon Quam	10	Central Cass	12-00.00
402	Brock Johnson	9	Kindred	11-06.00
403	Jack McDonald	11	Kindred	11-06.00
424	Nick Kingzett	12	Langdon Area	11-06.00
427	Jake Sanders	11	Langdon Area	11-06.00
108	Parker Wixo	9	Central Cass	11-06.00
84	Jaxon Schaefer	12	Carrington	11-06.00
273	Calaghan Hauser	11	Glen Ullin/Hebron	11-06.00
218	Max Glaser	10	Dickinson Trinity	11-06.00
350	Rylan Sundby	10	Hillsboro/CV	10-09.00
233	Grant Vold	12	DVE	10-09.00
663	Jove Risovi	9	Rugby	10-06.00
588	Justin Hudson	12	Northern Lights	10-06.00
728	Brady Vollmuth	9	S. McLean	10-06.00
8	Grant Engebretson	10	Benson County	10-06.00
332	Rylley Ziegler	11	Hazen	10-06.00
752	Cohen Bell	10	Stanley	9-00.00
770	Beau Welty	10	Trenton	8-00.00

2023 Class B Boys Champion • Gage Glaser, Dickinson Trinity — 13-03
Class B Boys State Record Holder • Harrison Aide, Bottineau — 15-00 (2013)



CLASS A GIRLS

NO.	NAME	YEAR	SCHOOL	SEED MARK
47	Alyson Krug	12	Bismarck	12-03.00
795	Jolee Dahl	11	West Fargo	11-09.00
677	Emma Briggs	11	Sheyenne	11-07.00
177	Onya Kretchman	12	Davies	10-09.00
190	Addison Tandeski	11	Davies	10-03.00
803	Hope Lukes	12	West Fargo	10-03.00
45	Sydney Kiefer	11	Bismarck	10-03.00
684	Madison Lugert	12	Sheyenne	9-09.00
549	McKinnley Kragh	10	Minot North	9-09.00
764	Kadie Kocka	10	Valley City	9-09.00
170	Halle Braaflat	12	Davies	9-09.00
466	Maddy Lamberth	10	Legacy	9-09.00
769	Madison Wendel	11	Valley City	9-03.00
691	Morgan Wieler	11	Sheyenne	9-03.00
796	Alexis Dwyer	11	West Fargo	9-03.00
793	Emery Aasen	12	West Fargo	9-03.00
156	Kadence McEvers	11	Century	9-03.00
61	Shae Wegge	10	Bismarck	9-03.00
230	Aspen Roadarmel	10	Dickinson	9-03.00
151	Madelyn Kringstad	9	Century	9-03.00

2023 Class A Girls Champion • Alyson Krug, Bismarck — 12-00
Overall State Record Holder • Lauren Gietzen, Century — 12-05 (2014)



CLASS B GIRLS

NO.	NAME	YEAR	SCHOOL	SEED MARK
332	Brynley Coleman	12	Hatton-Northwood	10-09.00
237	Anna Clifton	12	Dickinson Trinity	10-03.00
256	Alyssa Hoyles	10	DVE	10-00.00
600	Lexi Harris	10	Oakes	10-00.00
102	Mercedes Lura	11	Carrington	10-00.00
411	Josey Andersen	12	Killdeer	9-03.00
655	Emma Bixby	11	Sargent County	9-03.00
93	Julie Sarsland	11	Bowman County	9-03.00
110	Kaylie Broden	10	Central Cass	9-03.00
628	Abbie Fischer	10	Richland	9-00.00
702	Elizabeth Hatlestad	11	Shiloh Christian	9-00.00
416	Leah Duttenhefner	10	Killdeer	9-00.00
629	Lila Viele	10	Richland	9-00.00
109	Jazmyn Ybarra	11	Carrington	8-06.00
602	Addelyn Manley	10	Pembina Cty	8-06.00
7	Kale Williams	10	Benson County	8-06.00
199	Hope Walen	10	Dlblc	8-00.00
647	Haley Mayer	12	Rugby	8-00.00
197	Jacey Hutton	10	Dlblc	8-00.00
638	Sam Blessum	9	Rugby	7-06.00
758	Alayna St. Pierre	10	Trenton	6-00.00

2023 Class B Girls Champion • Anna Clifton, Dickinson Trinity — 10-03
Class B Girls State Record Holder • Kelsey Aide, Bottineau — 12-04 (2006)



NORTH DAKOTA TRACK AND FIELD RECORDS

GIRLS OVERALL STATE RECORDS

Event	Record Holder	School	Record	Year
100 Meter Dash*	Morgan Milbrath	Minot	11.97	2010
	Cece Deebom	Fargo Davies	11.97	2021
200 Meter Dash	Kelsie Belquist	New RockShey	23.94	2023
400 Meter Dash	Laura Roesler	Fargo South	53.25	2010
800 Meter Run	Laura Roesler	Fargo South	2:10.78	2008
1600 Meter Run	Becki Wells	Dickinson	4:44.44	1993
3200 Meter Run	Karly Ackley	GF Central	10:32.86	2016
100 Hurdles*	Cece Deebom	Davies	14.00	2022
300 Hurdles	Kelsie Belquist	New Rockford	41.48	2023
4 X 100 Meter Relay		Fargo Davies	47.97	2023
(Alimath Salou, Mariah Burian, Ashton Safranski, Bariborve Deebom)				
4 X 200 Meter Relay		Fargo Davies	1:41.73	2016
(Roseline Gaye, Katelyn Carlson, Emily Jahner, Rose Gaye)				
4 X 400 Meter Relay		Century	3:58.32	2021
(Autumn Ketterling, Emily Goldade, Ashton Kinnebrew, Erin Palmer)				
4 X 800 Meter Relay		Legacy	9:22.68	2017
(Peyton Jensen, Kaydee Wescom, Jadyn Guidinger, Lindsey Werner)				
Discus	Briona Reynolds	GF Red River	172-0	1999
High Jump	Lexy Wittmayer	Rolette/Wolford	5-10	2014
Javelin^	Katie Wilson	GF Red River	148-3	2002
Long Jump	Whitney Carlson	Carrington	19-5 1/2	2006
Pole Vault	Lauren Gietzen	Century	12-5	2014
Shot Put	Anthonett Nabwe	Jamestown	49-10	2022
Triple Jump	Crystal Cummins	Fargo South	39-4 1/4	1998

^ — Tailwind javelin first used in 2002

* set in prelims

CLASS A GIRLS STATE RECORDS

Event	Record Holder	School	Record	Year
100 Meter Dash*	Morgan Milbrath	Minot	11.97	2010
	Cece Deebom	Fargo Davies	11.97	2021
200 Meter Dash*	Morgan Milbrath	Minot	24.32	2010
400 Meter Dash	Laura Roesler	Fargo South	53.25	2010
800 Meter Run	Laura Roesler	Fargo South	2:10.78	2008
1600 Meter Run	Becki Wells	Dickinson	4:44.44	1993
3200 Meter Run	Karly Ackley	GF Central	10:32.86	2016
100 Hurdles*	Cece Deebom	Davies	14.00	2022
300 Hurdles	Ellie Grooters	West Fargo	42.51	2010
4 X 100 Meter Relay		Fargo Davies	47.97	2023
(Alimath Salou, Mariah Burian, Ashton Safranski, Bariborve Deebom)				
4 X 200 Meter Relay		Fargo Davies	1:41.73	2016
(Roseline Gaye, Katelyn Carlson, Emily Jahner, Rose Gaye)				
4 X 400 Meter Relay		Century	3:58.32	2021
(Autumn Ketterling, Emily Goldade, Ashton Kinnebrew, Erin Palmer)				
4 X 800 Meter Relay		Legacy	9:22.68	2017
(Peyton Jensen, Kaydee Wescom, Jadyn Guidinger, Lindsey Werner)				
Discus	Briona Reynolds	GF Red River	172-0	1999
High Jump	Kira Larson	Fargo North	5-9	2013
Javelin^	Katie Wilson	GF Red River	148-3	2002
Long Jump	McKenzie Mehlisch	Fargo South	19-3 1/4	2005
Pole Vault	Lauren Gietzen	Century	12-5	2014
Shot Put	Anthonett Nabwe	Jamestown	49-10	2022
Triple Jump	Crystal Cummins	Fargo South	39-4 1/4	1998

CLASS B GIRLS STATE RECORDS

Event	Record Holder	School	Record	Year
100 Meter Dash*	Elise Wisnewski	Central Cass	12.00	2023
200 Meter Dash	Kelsie Belquist	New Rock-Shey	23.94	2023
400 Meter Dash	Kelsie Belquist	New Rock-Shey	56.23	2023
800 Meter Run	Christine Bruins	Watford City	2:13.46	2005
1600 Meter Run	Lindsay Anderson	Benson County	4:56.96	2005
3200 Meter Run	Krista Anderson	Benson County	10:36.95	2004
100 Hurdles*	Whitney Carlson	Carrington	14.33	2005
300 Hurdles	Kelsie Belquist	New Rock-Shey	41.48	2023
4 X 100 Meter Relay		Park River/F-L	49.66	2018
(Elaina Swartz, Vanessa Cooper, Julia Sveen, Beatrice Kjelland,)				
4 X 200 Meter Relay	Milnor/Wyndmere/Lidgerwood		1:43.41	2006
(Cheri Boyer, Jennifer Ellefson, Tracy Mauch, Kim Stark)				
4 X 400 Meter Relay		Hillsboro/Cent Valley	4:00.24	2018
(Reagan Baesler, Grace Dryburgh, Jensyn Zink, Gracie Wright)				
4 X 800 Meter Relay		New Town	9:37.41	2003
(AnnaLeigh Brady, Nicole Wells, Natika Baker, Phoebe Garcia)				
Discus	Sara Neubauer	Bottineau	148-8	2006
High Jump	Lexy Wittmayer	Rolette/Wolford	5-10	2014
Javelin^	Kari Wolfe	Harvey/WellsCo	144-02	2017
Long Jump	Whitney Carlson	Carrington	19-5 1/2	2006
Pole Vault	Kelsey Aide	Bottineau	12-4	2006
Shot Put	Jessica Sommerfeld	Lisbon	48-2 1/2	1997
Triple Jump	Sarah Fegley	Bishop Ryan	38-9 3/4	2007

^ — Tailwind javelin first used in 2002

* set in prelims

TRACK AND FIELD OUTSTANDING SENIOR ATHLETES

A GIRLS

2000	Beth Hoge	Century
2001	Briona Reynolds	GF Red River
2002	Carly Emil	Mandan
2003	Jessica Trautwein	Fargo South
2004	Christin Kingsley	Fargo South
2005	Heather Zander	Mandan
2006	Devon Wentz	Bismarck
2007	Emily Black	Devils Lake
2008	Melanie Funke	Minot
2009	Jill Steinwand	Century
2010	Laura Roesler	Fargo South
2011	Jessica Herauf	Dickinson
	Jessica Lindsay	GF Central
2012	Alissa Mears	West Fargo
2013	Morgan Milbrath	Minot
2014	Brittany Brownotter	Bismarck
	Amanda Levin	West Fargo
2015	Ashley Rone	GF Red River
2016	Kylie Alexander	Minot
2017	Karly Ackley	GF Central
2018	Rose Gaye	Fargo Davies
2019	Mackenzie Severson	GF Red River
2021	Meghan Ford	Jamestown
2022	Erin Palmer	Century
2023	Bariborve Deebom	Fargo Davies

B GIRLS

2000	Kinsey Coles	Hillsboro
2001	Shawna Kern	U-TL-M
2002	Sarah Klein	Carrington
2003	Brittney Messer	Richardton-Taylor
2004	Adriana Friezen	Carrington
2005	Krista Anderson	Benson County
2006	Whitney Carlson	Carrington
2007	Sara Holle	New Salem
2008	Lindsay Anderson	Benson County
2009	Abbey Aide	Bottineau
2010	Allison Opp	Hazen
2011	Rikki Schmidt	Napoleon
2012	Julie Dinius	Langdon-Munich
2013	Josey Page	Carrington
2014	Kayla Hochhalter	Carrington
2015	Dakota Wood	Hazen
2016	Jocelyn Dinius	Langdon
2017	Peyton Frolek	Milnor-Wyn-Lidge
2018	Grace Zimmerman	Hazen
2019	Isatu Shirek	Thompson
2021	Lanie Awender	Oakes
2022	Kinsey Zurhoff	Beulah
2023	Kennedy Harter	Kidder County

RETIRED STATE RECORDS

(Retired in 1980 when running events went to metric distances unless otherwise noted)

CLASS A BOYS

Event	Record Holder	School	Record	Year
100 Yard Dash	Chuck McGuinnes	Jamestown	9.8	1953
	Bruce Perry	Bismarck	9.8	1972
220 Yard Dash(Straight)^	Chuck McGuinnes	Jamestown	21.5	1953
220 Yard Dash(curve)	Tom Lowe	Valley City	22.3	1973
440 Yard Dash	Scott Wilkinson	Mandan	49.2	1979
880 Yard Run	Dan Cichos	Jamestown	1:56.2	1969
	Tim Wheeler	Dickinson	1:56.2	1979
Mile Run	Claude Smith	GF Red River	4:18.5	1976
Two-Mile Run	Tom Petrik	Bismarck	9:22.4	1973
120 Hurdles	Cliff Cushman	GF Central	14.4	1956
180 L Hurdles (Straight)•	Cliff Cushman	Grand Forks	19.3	1956
180 L Hurdles (Curve)	Phil Farris	Langdon	19.3	1976
330 Hurdles	Scott Wilkinson	Mandan	39.9	1979
Javelin*	Steve Held	Carrington	224-0	1973
Javelin**	Chad Oukrop	Dickinson	212-8	2001
440 Relay		Bismarck	43.6	1971
	(Terry Kringstad, Bruce Perry, Dave Sande, Krause)			
880 Relay		Bismarck	1:30.1	1971
	(Terry Kringstad, Bruce Perry, Dave Sande, Krause)			
Mile Relay		Bismarck	3:22.7	1973
	(Luther, Clausnitzer, Perry, Hougen)			
Two Mile Relay		Minot	7:57.7	1977
	(Parker, Nutter, Clark, Rowell)			

* — Javelin record retired in 1990, replaced by rubber-tipped javelin
^ — Retired in 1967 & replaced with 220 yd curve in 1968
** — Retired in 2001 & replaced by tailwind javelin
• — Retired in 1968 & replaced with 180 L Hurdles Curve in 1969

CLASS A GIRLS

Event	Record Holder	School	Record	Year
100 Yard Dash	Dona Fischer	Dickinson	11.48	1974
220 Yard Dash	Carole Holzer	Bis. St. Mary's	26.3	1977
440 Yard Dash	Laurie Gillis	Minot	58.4	1978
	Michelle Gab	Dickinson	58.4	1979
880 Yard Run	Deb Gregerson	Fargo South	2:17.4	1979
Mile Run	Teri Wagner	Jamestown	5:06.9	1976
110 Hurdles	Laurie Rostad	Minot	14.8	1977
Shot Put***	Betty Robinson	Minot	43-2	1978
Softball Throw	Lynette Morris	Minot	226-03.25	1974
Javelin**	Charyl Weingarten	GF Red River	162-3	1997
Javelin*	Karyn Szarkowski	Bis. St. Mary's	162-8	1983
440 Yard Relay		Fargo Shanley	51.04	1975
	(Fischer, Brenda Ebner, Lemieux, Miller)			
		Dickinson	51.04	1979
	(Pasicznyk, Heiser, Woehl, Kuhl)			
880 Yard Relay		Fargo Shanley	1:47.0	1976
	(Nancy Soukup, Braun, Lemieux, Brenda Ebner)			
880 Medley Relay		Minot	1:49.3	1978
	(Gillis, Bredahl, Selk, Laurie Rostad)			
Mile Relay		Williston	4:03.7	1978
	(Hughes, Semrau, Zieske, Olson)			
200 Hurdles#	Becki Markle	Minot	29.26	1981
800 Medley Relay#		Langdon	1:51.13	1980
	(Koehmsted, Feasel, Nuelle, S. Field)			
2400 Meter Run#	Leslie Randich	Century	8:03.70	1980

* — Javelin record retired in 1990, replaced by rubber-tipped javelin
*** — Retired in 1979 due to change to 4 kg. shotput (8 lbs.-13 oz.)
** — Retired in 2001 & replaced by tailwind javelin
# — Retired in 1981 & replaced with the 3200 meter run in 1982
300 meter hurdles & 3200 meter relay
Note: Running records, other than last three retired in 1980 when running events went to metric distances

CLASS B BOYS

Event	Record Holder	School	Record	Year
100 Yard Dash	Rich Goff	Grandin	9.8	1969
220 Yard Dash(Straight)^	Pat Haddican	Nome	21.7	1956
220 Yard Dash(Curve)	Drexel Lawson	ND School Deaf	22.4	1975
440 Yard Dash	Drexel Lawson	ND School Deaf	48.6	1975
880 Yard Run	Ed Dressler	Flasher	1:59.1	1975
Mile Run	Louie Bass	New Rockford	4:23.6	1973
Two Mile Run	Mike Jore	Cando	9:31.6	1973
120 Hurdles	Tim Nichols	Oakes	14.9	1968
180 L Hurdles (Straight)•	Gene Fraser	New Rockford	20.3	1967
180 L Hurdles (Curve)	Rich Goff	Grandin	20.2	1970
330 Hurdles	Keith Kempenich	Bowman	39.9	1978
Javelin*	Chad Bickett	Carrington	210-5	1988
Javelin**	Brad Cook	Hazen	196-1	1999
440 Yard Relay		Minot Model	44.7	1968
	(Schlag, Zimbelman, Ruff, Thymian)			
		Wyndmere	44.7	1971
	(Sellner, Reese, Rudolph, Muehlberg)			
		Bowman	44.7	1977
	(Leone, Pearson, Foust, Kempenich)			
		Elgin	44.7	1977
	(Theurer, Weigum, Hillius, Ottmar)			
880 Yard Relay		Minot Model	1:33.0	1968
	(Schlag, Sjaanstad, Ruff, Thymian)			
		Bowman	1:33.0	1977
	(Kempenich, Pearson, Boushele, Foust)			
		Elgin	1:33.0	1977
	(Theurer, Weigum, Hillius, Ottmar)			
Mile Relay		Parshall	3:28.3	1975
	(Hoff, Hauge, Bollinger, Kraft)			
Two Mile Relay		White Shield	8:15.3	1977
	(White Bear, Hall, A. Charging, R. Charging)			
1600 Medley Relay*****		May-Port	3:37.82	1984
	(S. DeSautel, B. Olson, S. Boe, T. Clancy)			

* — Javelin record retired in 1990, replaced by rubber-tipped javelin
** — Retired in 2001 & replaced by tailwind javelin
^ — Retired in 1967 & replaced with 220 yd curve in 1968
*****— Retired in 1984 & replaced with 800 M Relay
• — Retired in 1968 & replaced with 180 L Hurdles Curve in 1969

CLASS B GIRLS

Event	Record Holder	School	Record	Year
100 Yard Dash	Carol Cornell	Belfield	11.44	1974
220 Yard Dash	Renee Anderson	Marion	25.4	1977
440 Yard Dash	Laurie Neshem	Berthold	59.1	1977
880 Yard Run	Becky Oberfoell	Bowman	2:20.7	1977
Mile Run	Becky Oberfoell	Bowman	5:28.3	1977
110 Hurdles	Monica Jawaski	Marion	15.2	1978
Shot Put***	Kelly Zarak	South Heart	41-6 3/4	1976
Softball Throw	Janelle Shanilec	Midway (Inkster)	217-02	1976
Javelin**	Mandi Peterson	Larimore	146-06	1997
Javelin*	Whitney Meier	Rolla	146-4	1990
440 Yard Relay		Watford City	51.0	1977
		(Sax, Snyder, Johnson, Fox)		
880 Yard Relay		Watford City	1:47.5	1978
		(Fox, Johnson, Sax, Snyder)		
880 Medley Relay		Bowman	1:53.5	1977
		(Olson, Anton, Lutes, Oberfoell)		
Mile Relay		Bowman	4:10.3	1978
		(P. Burns, T. Burns, Anton, Johnson)		
200 Hurdles#	Lisa Hennessy	Berthold	30.03	1981
800 Medley Relay%		May-Port	1:52.57	1981
		(P. Schmidt, Wilke, K. Schmidt, Eliason)		
1600 Medley Relay%		May-Port	4:21.46	1984
		(Ingebretson, Garrett, Camp, Eliason)		
2400 Meter Run#	Lisa Voegeli	Ellendale	8:34.82	1981

* — Retired in 1990 & replaced in 1991 by rubber-tipped javelin
** — Retired in 2001 & replaced by tailwind javelin
*** — Retired in 1979 due to change to 4 kg. shotput (8 lbs.-13 oz.)
# — Retired in 1981 & replaced with the 3200 meter run in 1982
300 meter hurdles & 3200 meter relay
% — Retired in 1984 & replaced with the 800 & 1600 meter relay

4 X 100 METER RELAY

CLASS A BOYS

NO.	SCHOOL	SEED TIME
1	Bismarck	41.62
2	Legacy	41.84
3	Davies	42.19
4	Century	42.32
5	Fargo North	43.02
6	Fargo South	43.16
7	Dickinson	43.37
8	Minot	43.40
9	Red River	43.64
10	Mandan	43.68
11	Sheyenne	43.68
12	Williston	43.84
13	St. Mary's	43.89
14	Horace	43.92
15	West Fargo	44.01
16	Grand Forks Central	44.20
17	Valley City	44.27
18	Watford City	44.40
19	Shanley	44.72
20	Devils Lake	44.81
21	Minot North	44.89
22	Jamestown	44.94
23	Wahpeton	45.18



2023 Class A Boys Champion

Legacy (Talen Farland, Reece Snow, Evan Hoffer, Nathan Mathern) — 41.79

Overall State Record Holder

Legacy (Talen Farland, Reece Snow, Evan Hoffer, Nathan Mathern) — 41.79 (2023)

CLASS B BOYS

1	Hazen	43.63
2	Oak Grove Lutheran	44.18
3	Central Cass	44.24
4	Northern Cass	44.36
5	Central McLean	44.54
6	New Rockford-Sheyenne	44.65
7	Kindred	44.65
8	LaMoure/Litch-Marion	44.78
9	Thompson	45.04
10	Carrington	45.13
11	Benson County	45.16
12	Nedrose	45.17
13	Dickinson Trinity	45.18
14	Bowman County	45.28
15	Harvey/Wells County	45.35
16	Wyndmere-Lidgerwood	45.38
17	Shiloh Christian	45.44
18	Garrison	45.55
19	Sargent County	45.56
20	Grafton	45.59
21	Oakes	45.70
22	Killdeer	45.71
23	Pembina County North	45.91
24	Linton/HMB	45.92
25	Powers Lake-Burke Central	45.94
26	Hillsboro/Central Valley	45.97
27	Park River/Fordville-Lankin	46.05
28	Glen Ullin/Hebron	46.46
29	Bottineau	47.07



2023 Class B Boys Champion

Kindred (Charlie Biewer, Xander Rath, Cam Schwartzwalter, Masen Allmaras) — 43.65

Class B Boys State Record Holder

Des Lacs-Bur/L&C (Donavon Lopez, Mark Medalen, Tyson Akers, Josh Knutson) — 43.62 (2016)

CLASS A GIRLS

1	Dickinson	48.79
2	Sheyenne	49.03
3	West Fargo	49.74
4	Legacy	49.77
5	Shanley	49.80
6	Century	50.03
7	Davies	50.32
8	Bismarck	50.64
9	Minot	50.69
10	St. Mary's	50.81
11	Williston	50.93
12	Valley City	51.03
13	Jamestown	51.03
14	Mandan	51.04
15	Horace	51.10
16	Fargo South	51.12
17	Wahpeton	51.48
18	Red River	52.35
19	Devils Lake	52.81



2023 Class A Girls Champion

Davies (Alimath Salou, Mariah Burian, Ashton Safranski, Bariborve Deebom) — 47.97

Overall State Record Holder

Davies (Alimath Salou, Mariah Burian, Ashton Safranski, Bariborve Deebom) — 47.97 (2023)

CLASS B GIRLS

1	Oak Grove Lutheran	49.52
2	Central Cass	49.61
3	Thompson	50.75
4	Bottineau	51.06
5	Bowman County	51.08
6	Kindred	51.19
7	Rugby	51.33
8	Grafton	51.58
9	Edgeley/Kulm	51.62
10	New Rockford-Sheyenne	51.65
11	Hettinger-Scranton	51.70
12	Shiloh Christian	51.70
13	Rolette/Wolford	51.88
14	Central McLean	51.96
15	New Salem-Almont	52.04
16	Southern McLean (Washburn/Wi	52.11
17	Harvey/Wells County	52.19
18	May-Port CG	52.31
19	Dickinson Trinity	52.41
20	Hazen	52.51
21	Hatton-Northwood	52.56
22	Beulah	52.58
23	Lisbon	52.61
24	Bishop Ryan	52.64
25	Surrey	52.70
26	LaMoure/Litch-Marion	52.70
27	Carrington	52.76
28	Max - South Prairie	52.86
29	Richardton-Taylor	53.29



2023 Class B Girls Champion

Central Cass (Mayzee Jacobson, Decontee Smith, Grace Lemar, Elise Wisnewsk) — 48.86

Class B Girls State Record Holder

Park River/F-L (Elaina Swartz, Vanessa Cooper, Julia Sveen, Beatrice Kjelland) — 49.66 (2018)

4 X 200 METER RELAY

CLASS A BOYS

NO.	SCHOOL	SEED TIME
1	Legacy	1:26.67
2	Fargo South	1:27.36
3	Century	1:27.57
4	Davies	1:29.10
5	Fargo North	1:29.20
6	Williston	1:29.25
7	Bismarck	1:29.57
8	Red River	1:29.61
9	Dickinson	1:29.74
10	Mandan	1:30.66
11	St. Mary's	1:30.67
12	Minot	1:31.10
13	Horace	1:31.35
14	Valley City	1:31.55
15	Sheyenne	1:32.28
16	West Fargo	1:32.29
17	Shanley	1:33.24
18	Wahpeton	1:33.44
19	Watford City	1:33.79
20	Minot North	1:33.89
21	Devils Lake	1:34.09
22	Jamestown	1:34.13



2023 Class A Boys Champion

Fargo South (Aiden Bourke, Justin Zulu, A'Johntez Moore, Austin Zulu) — 1:26.75

Overall State Record Holder

Fargo South (Aiden Bourke, Justin Zulu, A'Johntez Moore, Austin Zulu) — 1:26.75 (2023)

CLASS B BOYS

1	Hazen	1:30.42
2	Central McLean	1:31.79
3	Oak Grove Lutheran	1:31.88
4	Northern Cass	1:32.53
5	Dickinson Trinity	1:32.64
6	Bowman County	1:33.38
7	New Rockford-Sheyenne	1:33.51
8	Harvey/Wells County	1:33.53
9	Thompson	1:33.57
10	Lisbon	1:33.80
11	Carrington	1:33.98
12	LaMoure/Litch-Marion	1:34.05
13	Shiloh Christian	1:34.22
14	Oakes	1:34.24
15	Central Cass	1:34.26
16	Grafton	1:34.67
17	Pembina County North	1:34.84
18	Hillsboro/Central Valley	1:34.92
19	Killdeer	1:34.94
20	Velva-Drake/Anamoose	1:34.98
21	Bottineau	1:35.08
22	Nedrose	1:35.10
23	Benson County	1:35.12
24	Stanley	1:35.15
25	Kindred	1:35.15
26	Garrison	1:36.54



2023 Class B Boys Champion

Hillsboro/Central Valley (Micah Longthorne, Henry Nelson, Kason Buchholz, John Kaldor) — 1:30.32

Class B Boys State Record Holder

Hillsboro/Central Valley (Grant Skager, Hunter Hennings, Oscar Benson, Isaac Luithle) — 1:29.39 (2018)

CLASS A GIRLS

1	Dickinson	1:43.10
2	Davies	1:44.60
3	Shanley	1:44.90
4	Legacy	1:45.55
5	St. Mary's	1:45.57
6	Century	1:45.68
7	Sheyenne	1:46.11
8	Bismarck	1:47.01
9	Mandan	1:47.62
10	West Fargo	1:47.63
11	Wahpeton	1:47.85
12	Minot	1:48.11
13	Williston	1:48.13
14	Horace	1:48.60
15	Red River	1:48.87
16	Fargo North	1:49.44
17	Fargo South	1:49.69
18	Watford City	1:50.47
19	Valley City	1:50.48
20	Devils Lake	1:51.15



2023 Class A Girls Champion

Century (Ashlyn Buchholz, Hannah Herbel, Elydia Symens, Eden Fridley) — 1:42.92

Overall State Record Holder

Fargo Davies (Roseline Gaye, Katelyn Carlson, Emily Jahner, Rose Gaye) — 1:41.73 (2016)

CLASS B GIRLS

1	Central Cass	1:45.09
2	Oak Grove Lutheran	1:46.80
3	Bowman County	1:46.84
4	Shiloh Christian	1:47.09
5	Bottineau	1:47.98
6	Velva-Drake/Anamoose	1:47.99
7	Edgeley/Kulm	1:48.95
8	Central McLean	1:49.00
9	Grafton	1:49.13
10	Lisbon	1:49.24
11	Thompson	1:49.32
12	Dickinson Trinity	1:49.51
13	Harvey/Wells County	1:49.59
14	New Rockford-Sheyenne	1:49.98
15	Rugby	1:50.24
16	Bishop Ryan	1:50.84
17	Carrington	1:50.88
18	Hazen	1:50.97
19	Hatton-Northwood	1:51.19
20	Northern Cass	1:51.22
21	Kindred	1:51.23
22	Max - South Prairie	1:51.86
23	Surrey	1:52.85
24	Heart River	1:52.92
25	Garrison	1:53.82
26	Beulah	1:55.18



2023 Class B Girls Champion

Bowman Co. (Adyson Gerbig, Sophia Headley, Landyn Gerbig, Quin Andrews) — 1:45.02

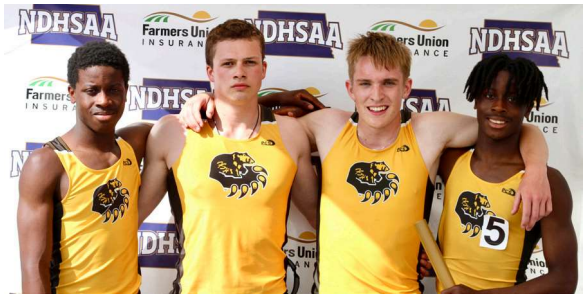
Class B Girls State Record Holder

Milnor/Wyndmere/Lidgerwood (Tracy Mauch, Cheri Boyer, Kim Stark, Jennifer Ellefson) — 1:43.41 (2006)

4 X 400 METER RELAY

CLASS A BOYS

NO.	SCHOOL	SEED TIME
1	Fargo South	3:21.02
2	Century	3:21.46
3	Legacy	3:21.81
4	Bismarck	3:23.86
5	Dickinson	3:25.95
6	Red River	3:26.31
7	Davies	3:27.19
8	Minot	3:28.11
9	Jamestown	3:30.85
10	Williston	3:31.00
11	West Fargo	3:31.17
12	Fargo North	3:31.7
13	Sheyenne	3:33.03
14	Watford City	3:33.03
15	Shanley	3:33.78
16	Mandan	3:34.80
17	Grand Forks Central	3:35.04
18	Wahpeton	3:35.35
19	Minot North	3:39.94



2022 Class A Boys Champion

Fargo South (Justin Zulu, Tristan Quibell, Aiden Bourke, Austin Zulu) — 3:21.53

Overall State Record Holder

Fargo South (Justin Zulu, Tristan Quibell, Aiden Bourke, Austin Zulu) — 3:19.12 (2022)

CLASS B BOYS

1	Hazen	3:27.96
2	Carrington	3:30.25
3	Lisbon	3:30.67
4	Central McLean	3:30.92
5	Bowman County	3:30.93
6	Northern Cass	3:31.55
7	Kindred	3:32.03
8	Grafton	3:32.39
9	Oak Grove Lutheran	3:32.61
10	Hillsboro/Central Valley	3:33.02
11	Harvey/Wells County	3:33.07
12	Oakes	3:33.20
13	New Town	3:33.40
14	Killdeer	3:33.41
15	Southern McLean (Washburn/Wi	3:34.54
16	Dickinson Trinity	3:34.67
17	Beach	3:34.74
18	Bottineau	3:35.68
19	Stanley	3:38.40
20	May-Port CG	3:39.13
21	New Rockford-Sheyenne	3:40.06
22	Des-Lacs Burlington/Lewis an	3:41.78



2023 Class B Boys Champion

Hillsboro/Central Valley (Micah Longthorne, Rylan Buchholz, Christian Brist, Henry Nelson) — 3:28.51

Class B Boys State Record Holder

Bishop Ryan (Justin Whittmayer, Dave Limke, Luke Schaefer, Jared Essler) — 3:26.00 (1998)

CLASS A GIRLS

1	Red River	4:03.48
2	Davies	4:09.18
3	Sheyenne	4:10.50
4	St. Mary's	4:11.01
5	Bismarck	4:11.06
6	Dickinson	4:12.23
7	Legacy	4:12.86
8	Shanley	4:14.21
9	Wahpeton	4:14.45
10	Watford City	4:14.53
11	Williston	4:14.82
12	Valley City	4:14.92
13	West Fargo	4:14.98
14	Fargo North	4:15.29
15	Century	4:15.76
16	Mandan	4:20.34



2023 Class A Girls Champion

Red River (Morgan Hartze, Lauren Dosch, Emily Nelson, Jocelyn Schiller) — 3:58.82

Overall State Record Holder

Century (Autumn Ketterling, Emily Goldade, Ashton Kinnebrew, Erin Palmer) — 3:58.32 (2021)

CLASS B GIRLS

1	Bowman County	4:08.05
2	Shiloh Christian	4:09.08
3	Central Cass	4:09.54
4	Rugby	4:10.47
5	Carrington	4:11.68
6	Kindred	4:13.03
7	Lisbon	4:13.05
8	Central McLean	4:13.29
9	Harvey/Wells County	4:13.33
10	Bottineau	4:13.42
11	Killdeer	4:16.12
12	Grafton	4:16.14
13	Dickinson Trinity	4:17.44
14	May-Port CG	4:17.61
15	Velva-Drake/Anamoose	4:17.66
16	Edgeley/Kulm	4:17.75
17	Hillsboro/Central Valley	4:18.01
18	Des-Lacs Burlington/Lewis an	4:19.39
19	Hettinger County	4:21.62
20	Nedrose	4:23.05
21	Kenmare-Bowbells	4:23.42
22	Southern McLean (Washburn/Wi	4:27.74



2023 Class B Girls Champion

Central McLean (Anna Skachenko, Leah Jacobson, Natalie Whitcomb, Morgan Snyder) — 4:02.84

Class B Girls State Record Holder

Hillsboro/Central Valley (Reagan Baesler, Grace Dryburgh, Jensyn Zink, Gracie Wright) — 4:00.24 (2018)

4 X 800 METER RELAY

CLASS A BOYS

NO.	SCHOOL	SEED TIME
1	Bismarck	7:49.55
2	Century	7:58.29
3	Red River	8:11.67
4	Minot	8:14.74
5	Sheyenne	8:14.77
6	Williston	8:16.48
7	St. Mary's	8:20.90
8	Shanley	8:21.07
9	Davies	8:23.04
10	Legacy	8:23.77
11	Jamestown	8:32.24
12	Fargo North	8:33.79
13	West Fargo	8:40.82
14	Mandan	8:48.23



2023 Class A Boys Champion

Bismarck (Parker Hintz, Dawson Balzer, Tyler Wahl, Austin Wick) — 7:54.38

Overall State Record Holder

Bismarck (Parker Hintz, Dawson Balzer, Tyler Wahl, Austin Wick) — 7:54.38 (2023)

CLASS B BOYS

1	Bowman County	8:00.83
2	New Town	8:06.72
3	Kindred	8:17.40
4	Lisbon	8:23.53
5	Hillsboro/Central Valley	8:26.27
6	Central McLean	8:26.73
7	Bottineau	8:34.97
8	Beach	8:36.22
9	Central Cass	8:36.88
10	Richardton-Taylor	8:37.33
11	Standing Rock	8:39.52
12	Oakes	8:43.14
13	Ellendale	8:50.15
14	Griggs Midkota	8:51.84
15	Stanley	8:51.85
16	Shiloh Christian	8:52.77
17	Southern McLean (Washburn/Wil	8:54.37
18	Pembina County North	8:55.65
19	Des-Lacs Burlington/Lewis an	8:56.77
20	Rugby	9:09.71
21	North Star	9:11.81



2023 Class B Boys Champion

Bowan County (Gavin Lambourn, Austin Wanner, Caleb Sarsland, Taylor Wanner) — 8:01.90

Class B Boys State Record Holder

Bowan County (Gavin Lambourn, Austin Wanner, Caleb Sarsland, Taylor Wanner) — 8:01.90 (2023)

CLASS A GIRLS

1	Davies	9:50.04
2	Bismarck	9:56.10
3	Red River	9:57.29
4	Century	9:59.69
5	Shanley	10:00.98
6	Valley City	10:01.23
7	Legacy	10:01.31
8	West Fargo	10:04.84
9	St. Mary's	10:07.30
10	Sheyenne	10:07.43
11	Williston	10:08.24
12	Dickinson	10:09.73
13	Minot	10:11.85
14	Horace	10:12.53
15	Fargo North	10:30.80
16	Devils Lake	10:31.09



2023 Class A Girls Champion

GF Red River (Lauren Dosch, Emily Nelson, Morgan Hartze, Jocelyn Schiller) — 9:31.78

Overall State Record Holder

Bismarck Legacy (Jadyn Guidinger, Peyton Jensen, Kaydee Wescom, Lindsey Werner) — 9:22.68 (2017)

CLASS B GIRLS

1	Carrington	9:53.29
2	Central McLean	10:03.16
3	Rugby	10:08.56
4	Central Cass	10:08.99
5	Dickinson Trinity	10:10.96
6	Bowman County	10:11.98
7	Hillsboro/Central Valley	10:12.82
8	Lisbon	10:13.39
9	Bottineau	10:13.90
10	Killdeer	10:14.71
11	May-Port CG	10:16.84
12	Griggs Midkota	10:19.78
13	Kindred	10:21.18
14	Oak Grove Lutheran	10:22.14
15	Stanley	10:22.47
16	Grafton	10:22.84
17	Hettinger County	10:27.14
18	Benson County	10:27.98
19	Southern McLean (Washburn/Wi	10:34.61
20	Nedrose	10:35.78
21	Williams County [tioga/Ray]	10:41.49
22	LaMoure/Litch-Marion	11:17.19
23	Hazen	11:20.98



2022 Class B Girls Champion

Rugby (Amelia Shepard, Brooklyn Bartsch, Mikaylee Livedalen, Hannah Senechal) — 9:53.28

Class B Girls State Record Holder

New Town (AnnaLeigh Brady, Nicole Wells, Natika Baker, Phoebe Garcia) — 9:37.41 (2003)

2024 NDHSAA MASTER CONTESTANT LIST

Beach

Justus Baker	1	11
Lucas Brown	2	9
Dillon Manhart	3	10
Kade Manhart	4	12
Adam Trask	5	12
Andrew Trask	6	12

Benson County

Carter Engebretson	7	11
Grant Engebretson	8	10
Logan Fossen	9	12
Colton Green	10	11
Holdyn Jacobson	11	11
Cole Knudson	12	12
Logan Maddock	13	12
Macyn Olson	14	12
Aiden Rodriguez	15	9
Kami Arnston	1	7
Ella Fossen	2	10
Evyn Jacobson	3	9
Aubrey Kenner	4	10
Keyara Lundstrom	5	9
Kaitlyn Maddock	6	9
Kale Williams	7	10

Beulah

Adakin Backus	16	12
Simon Buchfinck	17	12
Logan Neuberger	18	12
Reegan Ahlschlager	8	9
Taryn Askim	9	12
Brooklyn Byrum	10	8
Addison Dale-Geiger	11	10
Emma Dschaak	12	8
Paige Hetzler	13	12
Braelyn Hottman	14	9
Alexis Huntimer	15	12
Tinley Kraft	16	7
Hannah McGraw	17	11
Hannah Perez	18	9
Sofia Schantz	19	12
Addison Schepp	20	9
Vienna Tolosky	21	7
Malayah Williams	22	10
Rylee Yantzer	23	7

Bishop Ryan

Blake Kaylor	19	12
Gryphen Leier-Wangler	20	8
Cade Okeson	21	10
Coy Okeson	22	12
Elsie Braun	24	10
Taylor Brintnell	25	8
Leah Charley	26	11
Claire Fegley	27	10
Gwynnie Johnson	28	12
Ruby Lormejuste	29	11
Chinelo Udekwe	30	12
Tochi Udekwe	31	10

Bismarck High

Dawson Balzer	23	11
Hayden Bondley	24	9
Carson Dschaak	25	11
Levi Ehrlich	26	10
Connor Ensign	27	11
Jakson Ensign	28	11
Kaden Fitterer	29	11
Brennan Greff	30	10
Gabriel Hamlin	31	11
Gabe Hanson	32	12
Jax Heck	33	9
Owen Hintz	34	10
Parker Hintz	35	12
Braxton Just	36	12
Carter Kraus	37	9
Michael Leier	38	11
Preston Lemar	39	12
Ty Luetzen	40	12
Westen Malo	41	9
Jeran McNichols	42	12
Lucas McNichols	43	11
Chaz Ohlsen	44	12
Dash Ohlsen	45	11
Kaden Overson	46	12
Jack Shaffer	47	11
Peyton Sims	48	12
Deegan Staudinger	49	10
Tyler Wahl	50	12
Austin Wick	51	10
Tayla Andersen	32	12
Taylor Cavett	33	9
Hayden Chathams	34	9
Izzy Dahl	35	9
Taya Fettig	36	11
Cambrie Fischer	37	12
Madison Foster	38	11
Ajaye Gill	39	12
Maren Greff	40	9
Bryar Jahner	41	9
Morgan Johnson-Colbert	42	12
Brooklyn Johs	43	10
Lizzy Kerzman	44	11
Sydney Kiefer	45	11
Aubrey Kleser	46	10
Alyson Krug	47	12
Katelyn Luther	48	11
Jayde Madson	49	11
Kennedy Marcus	50	12
Taylor Mayer	51	10
Addison Miller	52	12
Sophia Ness	53	12
Mia Peterson	54	11
Jilian Quale	55	10
Zoe Reichenberger	56	12
Aspen Roaldson	57	10
Jordyn Rood	58	10
Raya Rood	59	12
Dalila Sharp	60	12
Shae Wegge	61	10
Bayla Weigel	62	12
Mya Williams	63	11
Kamdyn Winterberg	64	9
Lucy Wisthoff	65	11
Brielle Wrangham	66	12

Bottineau

Khaliel Abdurrahman	52	11
Noah Bedlion	53	11
Wyatt Campbell	54	10
Will DeMontigny	55	11
Cody Gorentz	56	12
Connor Guss	57	10
Carson Haerer	58	12
Niklas Halvorson	59	10
Kamden Kortgaard	60	9
Mason Lauckner	61	8
Jonas Parisien	62	9
Josh Shriver	63	10
Bud Wilkie	64	11
Owen Wilmot	65	10
Sophia Abdurrahman	67	8
Kamryn Allard	68	11
Karsyn Allard	69	8
Kyra Beckman	70	11
Makayla Campbell	71	8
Adriana Grenier	72	8
Sylvia Grenier	73	7
Erin Guariglia	74	11
Tessa Guariglia	75	9
Jocelyn Jungling	76	11
Hallie Nero	77	10
Marie Sand	78	8
Morgan Schweitzer	79	12
Kylie Simpson	80	12
Logyn Simpson	81	9

Bowman County

Thomas Bowman	66	9
Warner Bowman	67	9
Nathan Dix	68	12
Bishop Duffield	69	12
Bohden Duffield	70	12
Roman Fossum	71	12
Daniel Hoff	72	9
Gavin Lambourn	73	12
Jonah Njos	74	10
Noah Njos	75	11
Hunter Rasmussen	76	12
Gabe Sarsland	77	9
Taylor Wanner	78	11
Brayden Williams	79	11
Quin Andrews	82	9
Charlee Blaser	83	8
Kenley Bowman	84	12
Livia Bowman	85	10
Jaci Fischer	86	12
Jaylee Fischer	87	7
Adyson Gerbig	88	11
Landyn Gerbig	89	11
Sophia Headley	90	11
Hadyn Hlebechuk	91	8
Anna Sarsland	92	8
Julie Sarsland	93	11
Addie Umbreit	94	9

Carrington

Josh Bickett	80	11
Ryder Bickett	81	11
Paxton Harrington	82	8
Peyton Harrington	83	10
Jaxon Schaefer	84	12
Logan Weninger	85	12
McKade Zink	86	10
Macy Fiebiger	95	8
Sierra Friedt	96	11
Aniston Hoornaert	97	8
Edyn Hoornaert	98	11
Madison Johnson	99	12
Marah Johnson	100	8
Harper Kollman	101	9
Mercedes Lura	102	11
Mya Neis	103	7
Kenadie Pazdernik	104	11
Kacie Rexin	105	12
Reese Schaefer	106	10
Olivia Threadgold	107	12
Isabel Wendel	108	11
Jazmyn Ybarra	109	11

Central Cass

Steele Bryant	87	11
Ronnie Burchill	88	12
Colton Cruchet	89	10
Tyler Cruchet	90	12
Andy Garman	91	12
Anthony Garman	92	11
Easton Holland	93	9
Braden Klein	94	11
Wyatt Kraft	95	11
Levi Kunze	96	9
Peyton Lemar	97	12
Case Muscha	98	11
Jace Narum	99	12
Owen Nudell	100	11
Wesley Overland	101	9
Trevon Quam	102	10
Coleson Stahl	103	11
Noah Tholkes	104	11
Jacob Thompson	105	11
Gavin Toop	106	10
Isaac Wisnewski	107	12
Parker Wixo	108	9
Kaylie Broden	110	10
Avah Cotton	111	11
Mallory DeVries	112	11
Liv Ellenson	113	11
Olivia Garman	114	10
Emery Holland	115	11
Grace Lemar	116	10
Mayson Lynch	117	7
Molly Meier	118	10
Mackenzie Meyer	119	8
Jerzi Narum	120	10
Kaylee Pavlicek	121	8
Olivia Siverson	122	10
Izzy Thompson	123	10
Elise Wisnewski	124	12

Central McLean (18)

Andrew Eichhorst	109	11
Aiden Hanson	110	10
Gavin Haraseth	111	10
Kannon Hunt	112	9
Morgan Maxwell	113	11
Levi Repnow	114	10
Lucas Sims	115	12
Maddox Snyder	116	12
Adlyn Eng	125	11
Emma Fischer	126	9
Abi Gross	127	7
Lainy Haraseth	128	8
Leah Jacobson	129	12
Reagan Kjelstrup	130	11
Brooklyn Lauer	131	8
Sadie O'Shea	132	11
Anna Skachenko	133	12

2024 NDHSAA MASTER CONTESTANT LIST

Century

Marshall Arndt	117	9
Noah Bares	118	11
Josh Berger	119	11
Jaxon Birst	120	12
Braxton Dahl	121	10
Anthony Davis	122	10
Micah Erickson	123	11
Gavyn Graham	124	12
Brayden Heinle	125	11
Grant Hubley	126	12
Jettler Jacobsen	127	10
Jordan Kellogg	128	11
Ryan Landenberger	129	12
Luke Larson	130	11
Bryce Lasher	131	11
James Lee	132	12
Koen Levy	133	11
Gavin Lill	134	12
Rivers Martin	135	12
Kayne Nelson	136	12
Wyatt Nelson	137	9
Tristan Pope	138	10
Austin Privratsky	139	11
Breydyn Schlabsz	140	12
Teagen Schlichenmayer	141	9
Evan Schmit	142	12
Kale Schommer	143	12
Kaleb Seibel	144	9
Kolter Simon	145	11
Austin Smith	146	12
Max Splonskowski	147	9
Ole Taylor	148	11
Ava Austin	134	9
Zoie Austin	135	11
Alexa Bjornson	136	9
Evie Blomseth	137	11
Katelyn Brown	138	11
Lauryn Caster	139	12
Madison Conner	140	12
Alexa Delzer	141	12
Londyn Dschaak	142	12
Ava Erickson	143	10
Maliah Frey	144	10
Eden Fridley	145	12
Norah Green	146	10
Laiken Gross	147	10
Addison Heck	148	10
Alexis Heinle	149	10
Emerson House	150	11
Madelyn Kringstad	151	9
Rachel Landenberger	152	9
Grace Lang	153	11
Jillian Lemer	154	10
Kambree Long	155	10
Kadence McEvers	156	11
Avery Mills	157	12
Emily Schroeder	158	9
Lindsey Schroeder	159	12
Sylvia Taylor	160	10
Reese Turner	161	12
Bella Walth	162	10
Makayla Wiedenmeyer	163	11
Chloe Wolff	164	11
Layken Wolff	165	9

Davies

Hudson Asche	149	11
Joshua Beil	150	11
Adam Brachman	151	12
Alpha Camara	152	12
Zach Davidson	153	12
Golden Deebom	154	11
Titus Dolo	155	11
Ryland Fischer	156	10
Colin Gannon	157	12
Nick Hasbargen	158	12
Peter Havelka	159	12
Jonah Heyer	160	12
Mason Klabo	161	11
Zach Lilly	162	12
Alexander Meece	163	10
Charlie Metzger	164	11
Brody Muchow	165	10
Colton Reinke	166	10
Luka Rout	167	8
Chasen Sands	168	11
Thomas Schreiner	169	12
Isaac Schumacher	170	12
Hunter Swanson	171	10
Kolten Tesch	172	10
Jaray Touray	173	12
Grant Tschosik	174	12
Chris Verdier	175	11
Collin Williams	176	10
Holden Witte	177	11
Noof Ali	166	10
Elsa Axtman	167	11
Cierra Bornemann	168	12
Brynn Braaflat	169	9
Halle Braaflat	170	12
Brenna Britton	171	11
Mariah Burian	172	11
Jane Donat	173	12
Sanie Gayflor	174	10
Ava Graf	175	12
Sawyer Kosidowski	176	7
Onya Kretchman	177	12
Kate Laqua	178	11
Alexis Lovehaug	179	11
Cadence Modin	180	12
Kaylee Narmah	181	11
Davin Nesius	182	10
Fallon Passanante	183	10
Alexandra Roberts	184	11
Ashton Safranski	185	12
Cayla Sailer	186	12
Blessing Sheriff	187	9
Halle Stephens	188	11
Brielle Stevens	189	7
Addison Tandeski	190	11
Ashlan Urness	191	10
Marthalyne Wornor	192	11

Des Lacs-Burlington/L & C

Milo Anderson	178	10
Zander Grover	179	12
Zayden Grover	180	9
Justice Huus	181	11
Logan Rist	182	12
Taylor Selfridge	183	10
Easton Smith	184	10
Nora Anderson	193	8
Ella Brown	194	8
Fallon Fagerland	195	11
Brynn Hanson	196	10
Jacey Hutton	197	10
Daniela Irwin	198	11
Hope Walen	199	10

Devils Lake

Reggie Cavanaugh	185	12
Joshua Deckert	186	12
Wylee Delorme	187	12
Marquese Dubois	188	11
Leo Franco	189	12
Drew Hofstad	190	12
Joel Nelson	191	11
Braxton Rance	192	11
Adam Sobolik	193	11
Oliver Wirth	194	11
Dottie Goss	200	8
Chaylee Hewson	201	12
Kinley Johnson	202	9
Sara Kraft	203	9
Trinity Kus	204	8
Aubrie Lebrun	205	10
Mallie McCloud	206	10
Gabrielle McLaurin	207	12
April Miller	208	9
Raeleigh Myklebust	209	7
Riley Schmiess	210	7
Gabby Tangedal	211	11
Isabella Tangedal	212	12
Tenley Triepke	213	7
Ella Wass	214	8
Ealynn Yoder	215	7

Dickinson

Duncan Blauer	195	11
Christian Bowden	196	12
Curtis Easterday	197	11
Thomas Freer	198	12
Dylan Glasser	199	10
Ethan Halverson	200	12
Blake Homiston	201	10
Tage Jensen	202	9
Raji Jones	203	9
Max Kostelecky	204	9
Isaac Lowery	205	9
Ethan Luna	206	10
Braden Meschke	207	11
Zachary Nodland	208	11
Kaleb Pullins	209	10
Easton Richter	210	9
Cole Skabo	211	12
Dylan Smith	212	12
Blake Weller	213	10
Dawson Zubke	214	10
Jecelyn Arends	216	12
Jayden Atkins	217	11
Jazmin Barry	218	12
Leila Gregoire	219	10
Evy Halverson	220	9
Cecilia Homiston	221	10
Elizabeth Karsky	222	9
Kendra King	223	12
Jersi Luchi	224	10
Maycee Moe	225	10
Jenna Nelson	226	10
Kamora Phillips	227	10
Abby Praus	228	9
Arabella Privratsky	229	11
Aspen Roadarmel	230	10
Claire Rodakowski	231	9
Xeia Schneider	232	12
Sadie Stevenson	233	12
Laney Tolman	234	11
Rory Yoder	235	10

Dickinson Trinity

Colton Christenson	215	10
Gage Glaser	216	12
Jake Glaser	217	10
Max Glaser	218	10
Elijah Jilek	219	10
Landon Knote	220	9
Alonzo Kudrna	221	9
Izaak Kudrna	222	12
Brody Kuntz	223	9
Jace Peters	224	8
Tanner Roers	225	12
Jake Shobe	226	12
Luke Shobe	227	12
Sam Stockert	228	12
Joel Thorson	229	12
Carley Bullinger	236	8
Anna Clifton	237	12
Delaney Deschamp	238	12
Jersey Erie	239	12
McKenna Ernst	240	12
Kate Glaser	241	10
Bella Kovash	242	11
Celine Lefor	243	8
Elly McAvoy	244	11
Helena Pavek	245	12
Serenity Pavlicek	246	12
Annabel Scheeler	247	10
Katherine Schneider	248	12
Harper Skaare	249	12
Ellie Spradling	250	9
Nora Winhold	251	8
Brenna Jo Wolbaum	252	11
Melissa Zach	253	12

Divide County

Ben Johnson	230	12
Jurnee Wehrman	254	7

Drayton/Valley-Edinburg

Carter Oberg	231	9
Brady Reilly	232	11
Grant Vold	233	12
Elizabeth Fedje	255	10
Alyssa Hoyles	256	10
Ingrid Myrdal	257	9

Edgeley/Kulm

Zeke Barnick	234	12
Joseph Kramlich	235	11
Kate Barnick	258	8
Jaelyn Bertsch	259	10
McKenna Cook	260	8
Betsy Huber	261	9
Elli Lloyd	262	10
Mataeya Mathern	263	12
Symphony Nitschke	264	7
Tiahna Wald	265	12

2024 NDHSAA MASTER CONTESTANT LIST

Ellendale

Walker Miller	236	9
Jaeger Sand	237	8
Aidan Thurber	238	10
Eli Wagner	239	9
Evan Wagner	240	11
Kali Norton	266	12
Kaylin Slivoskey	267	12
Mackenzie Thorpe	268	12

Fargo North

Sam Adams-Vandal	241	12
Europe Campbell	242	11
Isaac Cerney	243	10
Peder Haugo	244	12
Gus Hillmer	245	11
Trey Knoke	246	11
Clay Koenig	247	11
Gannon Koltes	248	12
James Lanners	249	12
James Lien	250	12
James Miller	251	12
Aden Nojang	252	11
Ian Rasmussen	253	11
Owen Sondag	254	12
Jordan Weston	255	12
Grayce Anderson	269	11
Claire Bartell	270	11
Nora Fluge	271	11
Ella Franklin	272	9
Haylie Hahnert	273	9
Berit Hillmer	274	10
Paityn Knoke	275	9
Carrie Osier	276	11
Lucia Riedinger	277	8
Grace Thiel	278	11

Fargo South

Jayvon Anderson	256	10
Oscar Barbot	257	12
Mato Greywind	258	12
Chris Kambal	259	10
Reis Kessel	260	12
Jaden Middleton	261	12
A'Johntez Moore	262	12
Jaylen Runnels	263	10
Amari Taylor	264	10
Austin Zulu	265	12
Justin Zulu	266	12
Summer Barbot	279	9
Ashlyn Hins	280	9
Axumite Wren James	281	11
Jada Khatri	282	9
Jordis Maxwell	283	12
Alessa McBeain	284	9
Isabelle Naklen	285	10
Kylee Sivers	286	10
Nishi Yvette	287	11

Garrison

Aidan Ermer	267	11
Avery Klein	268	12
Darian Limesand	269	10
August Majeres	270	11
Gavin Ruud	271	12
Finn Smedstad	272	11
Abby Heinzen	288	10
Addy Iglehart	289	8
Tanille Kallberg	290	9
Sadie Majeres	291	10
Laila Stein	292	9
Morgan Torr	293	10

Glen Ullin/Hebron

Calaghan Hauser	273	11
Will Mickelson	274	12
Jaxon Rolle	275	10
Luma Sako Ngoyo	276	12
Dalton Schneider	277	11
Riley Schneider	278	11
Ryan Schneider	279	10
Ty Schneider	280	12
Marouchka Sako Ngoyo	294	9

Grafton

Jack Kern	281	12
Isaac Navarro	282	9
David Perez	283	12
Reggie Rice	284	10
Miguel Rodriguez	285	9
Roman Rodriguez	286	11
Jordan Sunstrom	287	12
Carson Thomas	288	10
Shaiden Thomas	289	10
Isabelle Cole	295	10
Sophia Geddes	296	9
Kyza Heck	297	8
Emma Hurst	298	12
Joslyn Kalbrener	299	10
Hannah Miller	300	11
Summer Moberg	301	12
Brylee Monette	302	7
Annelise Presteng	303	11
Gabi Ray	304	10
Paige Suda	305	10
Sydney Suda	306	11
Alexis Tompkins	307	10
Chloe Woinarowicz	308	9

Grand Forks Central

Talib Berry	290	11
Brayden Dirckx	291	11
Naz Fisher	292	10
Gabe Flores	293	8
Reginald Lassiter	294	10
Talan Lunski	295	11
Brody Melicher	296	10
Kyen Poole	297	12
Curtis Sande	298	12
Danny Suedel	299	11
Theo Sum	300	11
Ethan Thomas	301	12
Emily Arnold	309	12
Brynn Moen	310	12
Jacie Reardon	311	10

Grant County/Flasher

Weston Zacher	302	12
Adison Vetter	312	10

Griggs Midkota

Davis Bengson	303	12
Luka Berg	304	12
Ziggidy Berg	305	10
Jack Coombs	306	11
Isaac Johnson	307	10
Levi Kautzman	308	11
Skylah Berg	313	8
Ellie Hoffman	314	8
Tianna McCardle	315	11
Kadence Spickler	316	7
Eryn Turner	317	12

Hankinson

Cooper Boll	309	12

Harvey/Wells County

Jaxon Feist	310	10
Aiden Hager	311	11
Carson Heilman	312	10
Dylan Heitmann	313	8
Keaton Keller	314	12
Wyatt Korb	315	10
Kayl Sieg	316	11
Alex Smith	317	12
Tallen Thorson	318	11
Andrew Williams	319	9
Noah Ziegler	320	11
Layne Allmaras	318	7
Addisyn Faul	319	8
Tenley Grossman	320	7
Breanna Heilman	321	12
Braylee Keller	322	9
Maci Reutter	323	10
Madison Schimke	324	11
Aubrey Thorson	325	10
Christalea Wagner	326	11
Emersyn Wolfe	327	8

Hatton-Northwood

Riley Love	321	9
Alora Berke	328	11
Trista Bilden	329	12
Brooke Carroll	330	12
Victoria Chandler	331	9
Brynley Coleman	332	12
Jenna Groven	333	8
Maddy Pederson	334	8
Elizabeth Pinke	335	10

Hazen

Josh Affolter	322	12
Bradyn Braithwaite	323	11
Wyatt Grueneich	324	11
Bennett Kilwein	325	9
Kaden Krawczyk	326	9
Mark Lora	327	11
Bohdan Obenauer	328	12
Jaran Reinhardt	329	10
Owen Thigpen	330	11
Davian Welch	331	12
Rylley Ziegler	332	11
Brynlee Brost	336	7
Caitlin Dronen	337	8
Kylee McConnell	338	7
Myah Mosset	339	12
Elliot Myklebust	340	10
Aly Peterson	341	8
Izabel Smith	342	8
Macee Smith	343	11
Ava VanDyke	344	11
Macey VanInwagen	345	9
Jenneva Ward	346	11
Haydn Wolf	347	8

Heart River

Jayden Bailey	333	12
Dokia Chruszch	348	10
Holly Stuber	349	10
Abby Talkington	350	12
Hadley Talkington	351	9
Ava Walter	352	11

Hettinger County

Mark Fitterer	334	10
Ella Binstock	353	8
Hannah Dinius	354	7
Kallie Dinius	355	10
Samantha Greff	356	11
Anna Nasset	357	12
Meadow Olsonawski	358	9
Sophie Olsonawski	359	12
Kara Roll	360	9
Carly Wolf	361	10

Hettinger-Scranton

Blake Larson	335	11
Katie Buckmier	362	9
Sienna Burwick	363	11
Laela Jensen	364	11
Gracia Jorgenson	365	11
Sophia Kennedy	366	11

Hillsboro/Central Valley

Boeden Allen	336	12
Christian Brist	337	12
Kason Buchholz	338	12
Rylan Buchholz	339	10
Ryland Carlson	340	8
James Funchess	341	8
Ross Hamre	342	8
Trey Johnson	343	8
Jack Mattson	344	10
Dylan Mitzel	345	12
Ty Muller	346	11
Peter Oanes	347	12
Tom Oanes	348	12
Seth Smallbeck	349	10
Rylan Sundby	350	10
Justin Torroll	351	10
Niko Zink	352	10
Hadley Abentroth	367	9
Paige Cotton	368	10
Grace Ellingson	369	9
Azlynn Johnson	370	8
Lily Kaldor	371	9
Myla Kaldor	372	11
Kennedy Olsen	373	11
Addison Saure	374	10
Kimber Walker	375	9

2024 NDHSAA MASTER CONTESTANT LIST

Horace

Adam Bamba	353	10
Israel Bauer	354	10
Ty Geray	355	10
Blake Johnson	356	11
Markus Podliska	357	10
Aaron Randall	358	9
Anthony Wojcik	359	10
Sydney Bailey	376	11
Jordan Christofferson	377	9
Akur Duot	378	9
Audrina Ehlert	379	10
Ella Germundson	380	12
Brooklyn Herrick	381	10
Elizabeth Herrick	382	8
Brooke Jewett	383	11
Wilma Kollie	384	9
Ella Livingston	385	12
Cambelle Novak	386	8
Isabella Nygaard	387	10
Olivia Schock	388	10
Leighton Stafslien	389	8
Avery Thomas	390	10
Mia Walters	391	10
Jocelyn Wettlaufer	392	9
Liana Williamson	393	9

Jamestown

Miles Anderson	360	10
Sam Anteau	361	12
Kelan Harstad	362	11
Brady Harty	363	11
Heath Heupel	364	9
Raine Job	365	12
Ryan Kallenbach	366	11
Noah Lynch	367	11
Sam Mayhair	368	12
Jack Schauer	369	9
Aiden Skari	370	9
Micah Stoudt	371	11
Gradin Thorlakson	372	10
Jacoby Traut	373	11
Levi Trevithick	374	9
Tristan Williams	375	11
Kendyl Anderson	394	12
Kinley Anderson	395	12
Layna Hoffer	396	9
Mia Kaiser	397	10
Allysah Larson	398	12
Addison Marker	399	11
Hayden Olson	400	10
Jaylynn Olson	401	9
Julia Skari	402	11
Lydia Stoterau	403	11
Adisyn Yunck	404	9

Kenmare/Bowbells

William Cook	376	11
Gavin Gill	377	11
Peyton Helwig	378	11
Lincoln Spear	379	9
Jacob Zorn	380	9
Destinee Anderson	405	11
Katelyn Cook	406	9
Alexia Holter	407	12
Mashae Miller	408	11
Anna Petersen	409	10
Kiersten Quinata	410	11

Kidder County

Joren Jangula	381	12
Trevor Moos	382	12

Killdeer

Cooper Bang	383	11
Gus Bohmbach	384	12
Jack Bohmbach	385	8
Tucker Bohmbach	386	10
Jekori Dahlen	387	11
Nekori Dahlen	388	11
Calvin Dobitz	389	11
Michael Dukart	390	10
Dean Dumas	391	12
Cayden Neurohr	392	12
Ayrain O'Hotto	393	8
Jaxon Reese	394	10
Josey Andersen	411	12
Taylee Andersen	412	10
Autumn Arndt	413	12
Brooke Baselt	414	11
Elizabeth Dukart	415	9
Leah Duttenhefner	416	10
Abby Hardersen	417	11
Adalyn Kucera	418	9
Lainey Kucera	419	11
Madeline Lambert	420	12
Addie Miller	421	10
Mickellyn Walker	422	10

Kindred

Lucas Dahl	395	12
Jack Davis	396	12
Elija Deck	397	10
Ethan Duval	398	12
Dilon Filler	399	12
Tyler Gronwold	400	9
Sam Jenness	401	11
Brock Johnson	402	9
Jack McDonald	403	11
Keaton Olson	404	12
Presley Peraza	405	11
Xander Rath	406	12
Braydon Roberts	407	9
Noah Sauvageau	408	12
Cam Schwartzwalter	409	12
Izaak Spelhaug	410	11
Jake Starcevic	411	11
Miles Stroh	412	10
Riley Sunram	413	12
Myles Thielges	414	9
Cade Westby	415	9
Peyton Gette	423	12
Allyson Goodmanson	424	12
Ashley Haas	425	10
Ali Henke	426	11
Elsa Ingebrigtson	427	11
Jenner Jordheim	428	9
Mallory Keller	429	8
Christina Kringstad	430	7
Kate Mahler	431	9
Greta McKenney	432	11
Lexi Ogren	433	11
Taryn Roesler	434	9
Taylor Sanders	435	8
Andi Sarbaum	436	10
Olivia Solhjem	437	12
Ivy Trenbeath	438	8

LaMoure/Litchville-Marion

Avery Kramer	416	10
Jake Kramer	417	11
Owen Lesko	418	11
Treyce McGaughy	419	11
Max Musland	420	12
Colby Thielges	421	9
Gunner Thielges	422	10
Kenzie Amerman	439	9
Norah DelaBarre	440	10
Bailie Kelley	441	11
Lily Kramer	442	9
Onika Lesko	443	9
Georgia Lettenmaier	444	11
Lulu Loegering	445	8
Addison Smith	446	9
Jada Smith	447	8

LangdonArea/Edmore/Munich (8)

Cody Amble	423	11
Nick Kingzett	424	12
Jacob Lowery	425	11
Tanner McDonald	426	10
Jake Sanders	427	11
Aubrey Badding	448	9
Taya Feist	449	8
Christine Joyner	450	10
Olivia Lorenz	451	9
Meredith Romfo	452	11

Legacy

Caleb Axt	428	9
Cole Baumann	429	9
Terrance Fonder	430	10
Dax Frank	431	11
Sam Goldade	432	9
Tristan Haider	433	11
Alex Hamilton	434	11
Dillan Heidt	435	12
Landon Herr	436	10
Zayden Horne	437	10
Yusuf Jama	438	10
Kamden Kooiman	439	11
Cayden Kraft	440	12
Lucas Kupfer	441	12
Connor Lang	442	11
Jacob Logan	443	10
Bennet Lonn	444	10
Kalen Lucas	445	11
Brett Miller	446	11
Adam Nychyporuk	447	12
Parker Opp	448	12
Colton Ruud	449	12
Caleb Scherr	450	9
Jimmy Shar	451	12
Reece Snow	452	12
Calvin Sprenger	453	12
Alex Vyska	454	12
Kade Warren	455	12
Cooper Weidner	456	11
Holden Will	457	12
Aven Worrel	458	9
Stephe Adams	453	10
Bre Axt	454	11
Kulah Barjuah	455	9
Ryen Brothers	456	10
Lily Burke	457	10
Macy Crane	458	11
Aspen Eslinger	459	12
Brooklynn Felchle	460	11
Talea Furcht	461	12
Taylor Gabbert	462	12
Jemimah Guenther	463	9
Ava Hanzal	464	12
Sadie Hollar	465	9
Maddy Lamberth	466	10
Paige Lechman	467	10
Berlyn Lindbo	468	11
Brooklyn Pudwill	469	9
Isabelle Simonson	470	11
Cambree Volk	471	10
Gracie Watson	472	8
Whitney Welk	473	11
Markita Wiggins	474	11
Amaya Willis	475	12
Lauren Woeste	476	10
Breckyn Wurtz	477	9

Linton/HMB

Dalton Bosch	459	12
Jake Hayes	460	10
Levi Keeney	461	10
Aden Schatz	462	10
Isaac Silvernagel	463	10
Allie Dockter	478	12

Lisbon

Lincoln Adair	464	11
Jayden Bittner	465	12
Jordyn Bittner	466	10
Aiden Hinkle	467	11
Seamus Kelly	468	11
Greyson Lyons	469	10
Jacob Lyons	470	11
Zane Lyons	471	10
Mike Nelson	472	12
Wyatt Olson	473	12
Cam Opp	474	12
Carson Qual	475	9
Blaze Reinke	476	12
Parker Tapson	477	11
Elliot Welter	478	11
Jaelyn Baumgartner	479	10
Brynley Differding	480	9
Kendra Differding	481	12
Adaleene Hansen	482	8
Kamryn Hoff	483	9
Mara Kempel	484	10
Mona Kuylee	485	11
Ellery Qual	486	9
Brea Sweet	487	11
Kaia Sweet	488	12
Ryatt Wertman	489	10
Brynn Wiltse	490	9
Tian Zerface	491	7

Mandan

Trinity Anderson	479	11
Chance Bryson	480	11
Ian Butman	481	11

2024 NDHSAA MASTER CONTESTANT LIST

Thomas Catalano	482	11
X'Avin Condon	483	11
Hunter Corbin	484	12
Clark Joseph Escatron	485	11
Brandon Hehr	486	9
Holden Howard	487	12
Adrian Liang	488	9
Rustin Medenwald	489	12
Michael Pfliger	490	12
Zachary Schanandore	491	9
Hudsen Sheldon	492	11
Jamison Symington	493	10
Tristan Ulmer	494	11
Timol Walters	495	11
Peyton White Buffalo	496	11
Cadence Alkire	492	8
Kayla Corbin	493	10
Camryn Gierke	494	9
Reagan Grubb	495	9
Harper Harris	496	11
Jelani Jones	497	12
Peyton Kienzle	498	8
Zoey Kienzle	499	8
Maggie Kleinknecht	500	12
Arianna Lindsley	501	7
Anna Lyles	502	10
Malena Olsen	503	7
Tatum Radke	504	9
Stray Ressler	505	10
Jade Schick	506	9
Alexis Schmidt	507	9
Madysen Schwind	508	10
Camryn Ulmer	509	8
Ambry Weisbeck	510	8
Jayden Wiest	511	12

Maple River

Solomon Burchill	497	10
Tee Sylling	498	11
Carly Hovelson	512	9
BriElle Killoran	513	11
Elizabeth Kleven	514	10

Max-South Prairie

Laikyn Halverson	515	9
Kimberly Kizima	516	8
Bre Rose	517	10
Kingston Rose	518	7
Madison Sys	519	8
Azijah Trader	520	11
Eliza Wheeler	521	9

May-Port CG

Brayden Caron	499	10
Noah Djibonon	500	9
Wyatt Perkins	501	9
Cutler Peterson	502	11
Keaton Saastad	503	11
Nora Braaten	522	9
Kiaza Carlson	523	10
Kayla Knudsvig	524	11
Tatum Mehus	525	11
Zoey Mehus	526	9
Carissa Mueller	527	11
Abby Sand	528	8
Rylee Satrom	529	12
Paetyn Strand	530	9

Medina-Pingree-Buchanan

Mark Thomas	504	12
Savannah Reister	531	11

Minot

Colby Albertson	505	12
Blake Anderson	506	10
Taven Backman	507	11
Lincoln Brooks	508	11
Dallin Chapman	509	11
Logan Conklin	510	12
Heston Faul	511	12
Cooper Fjeld	512	11
Kody Gartner	513	10
Benjamin Harris	514	11
Cameron Hummel	515	11
Kobe Irmen	516	12
Dylan Jackson	517	11
Jacob Jackson	518	11
Kaden Kraft	519	11
Azen Lockhart	520	11
James Pallotta	521	9
Vincent Pecoraro	522	11
Aaron Prestwich	523	11
Jacob Roth	524	12
Tyson Ruzicka	525	12
Jobe Rystedt	526	12
Grayson Schaeffer	527	11
Harrison Stewart	528	12
Nathan Wistisen	529	11
Sydney Aberle	532	11
Eve Bland	533	12
Monica Boakye	534	10
Kadyn Braun	535	10
Maicee Burke	536	12
Haleigh Carr	537	11
Haley Conklin	538	11
Julie Folk	539	12
Maria Goodvin	540	12
Olivia Hanson	541	12
Lucy Harris	542	8
Kaylee Jackson	543	8
Allie Johnson	544	12
Eve Knutson	545	10
Sophia Lade	546	9
Nia Robinson-Martinez	547	12
Makayla Whitfield	548	12

Minot North

John Clark	530	10
Carter Coleman	531	11
Aaron Garza	532	10
Ethan Howey	533	9
Nolan Howey	534	11
Cameron Jesz	535	9
Joesph Olson	536	10
Paxton Packulak	537	9
Braxton Thompson	538	9
Gavin Tobey	539	9
Jayce Wendt	540	9
John Williams III	541	11
McKinnley Kragh	549	10
Josie Rystedt	550	11
Jaelynn Zarr	551	10

Mohall-Lansford-Sherwood

Reid Morlock	542	10
Grady Nett	543	9
Cloe Weathers	552	9

Nedrose

Ben Beuchler	544	12
Sawyer Bloms	545	12
Davyion Clemons	546	9
Keaton Cole	547	12
Damien Frederick	548	11
Jodey Myers	549	12
Tyrone Stringer	550	11
Natalie Becker	553	12
Hannah Beuchler	554	9
Blake Boucher	555	10
Kaydee Boyce	556	12
Maycee Boyce	557	9
Kenna Huff	558	11
Amber Mariner	559	9
Khylie Schlotz	560	10

Nelson County

Dagan Slade	561	9

New Rockford-Sheyenne

Thomas Allmaras	551	9
Easton Benz	552	10
Deng Deng	553	12
Marial Deng	554	10
Micah Dutch	555	9
Porter Granger	556	11
Connor Knatterud	557	12
Dalen Leftbear	558	12
Bennett Meier	559	11
DJ Mudgett	560	12
Jackson Schumacher	561	10
Kage Walford	562	11
Koy Zieman	563	8
Katie Allmaras	562	12
Emmie Belquist	563	9
Kelsie Belquist	564	12
Paige Knatterud	565	10
Lucy Meier	566	12
Ava Peterson	567	10
Jaida Schumacher	568	8

New Salem-Almont

Brock Norton	564	11
Keely Norton	569	9
Hannah Thiel	570	12
Kari Thompson	571	11
Keisha Tomac	572	10
Alaina Vander Wal	573	12
Hannah Vander Wal	574	9

New Town

Xavier Bell	565	11
Trei Dalayoan	566	12
Ben DuBois	567	12
Louden Haugen	568	10
Tekoah Hood	569	9
Lander Lahtinen	570	12
Lukas Spotted Bear	571	10

North Star

Amaziah Berg	572	12
Reuben Clay	573	12
Sean Freund	574	10
Dane Hagler	575	12
Brody Parker	576	11
Mikais Yoder	577	9
Tag Yoder	578	8
Kristine Erickstad	575	8
Rogue Stephens	576	11

Northern Cass

Matthew Hoppe	579	11
Trey Husar	580	11
Owen Johnson	581	10
Trever Lee	582	9
Lane Lockhart	583	9
Matthew Metzger	584	11
Keelan Monson	585	11
Landon Moser	586	12
Andrew Schenck	587	12
MaKayla Allmaras	577	12
Faith Fyre	578	9
Natalya Gietzen	579	10
Kayla Tretter	580	12
Marley Wilner	581	9

Northern Lights

Justin Hudson	588	12
Jenna Rosinski	582	11

Oak Grove Lutheran

Jose Alcivar	589	12
Jack Bier	590	11
James Chaffee	591	8
Brady Donabauer	592	11
Max Glynn	593	9
Karter Koenig	594	10
Noah Meidinger	595	10
Cole Ohnstad	596	11
Eban Pool	597	9
Kai Zabel	598	9
Maci Atchison	583	8
Linden Broneske	584	9
Taylor Christenson	585	12
Rachel Christianson	586	9
Elsie Eddy	587	9
Lily Elbert	588	10
Sophie Geiger	589	10
Brooklyn Hanson	590	11
Payton Hanson	591	7
Ellyssa Holmberg	592	8
Aspyn Kjos	593	10
Aubrey Lindteigen	594	10
Hailey Neumann	595	11
Ella Olson	596	12
Amari Paape	597	11
Camry Yost	598	9

Oakes

Case Awender	599	11
Zane Awender	600	11
Blayson Dolney	601	12
Jarett Gebhardt	602	12
Tristen Loeks	603	11
Reese Nitschke	604	9

2024 NDHSAA MASTER CONTESTANT LIST

Carter Ptacek	605	11
Roddek Schmit	606	11
Macoya Hansen	599	12
Lexi Harris	600	10
Ann Muggli	601	11

Park River/Fordville-Lankin

Jaxton Hell	607	10
Jace Rosinski	608	10
Brennan Schramm	609	10
Tanner Schramm	610	11
Luke Shirek	611	10
Tucker Woods	612	12

Pembina County North

Wes Cosley	613	9
Owen Crosby	614	10
Jesse Eisenbeis	615	10
Nash Fitzsimonds	616	8
Mason Heller	617	11
Tage Holmquist	618	11
Gunder Kemp	619	10
Zaiden Kintyntt	620	11
Cameron Kissiah	621	10
Kade Schafer	622	10
Addelyn Manley	602	10
Megan Misson	603	12

Powers Lake-Burke Central

Jaden Bullinger	623	12
Michael Crowder	624	11
Oakley Grubb	625	8
Zachary Olson	626	12
Grayson Rystedt	627	10
Klaire Gunderson	604	12
Hannah Nelson	605	12

Red River

Ben Strand	646	12
Mike Andrei Villas	647	11
Aidyn Wadlow	648	11
JB Walters	649	11
Brody Andrade	628	11
Sam Baah	629	11
Asa Berberich	630	11
Kael Berberich	631	12
Sam Bowman	632	12
Elijah Dafoe	633	11
Isaac Dafoe	634	8
Isaiah Gaye	635	11
Grant Hoffarth	636	12
Micah Larsen-Schmidt	637	12
Owen Martin	638	10
Jack Matson	639	10
Josh Neil	640	12
Zach Oehlke	641	12
Joe Quinn	642	11
David Radke	643	12
Kyle Schafer	644	11
Daniel Severud	645	11
Abby Baker	606	11
Sophie Brakke	607	11
Daniella Buroko	608	8
Emerson Byron	609	11
Trinity Curry	610	8
Mattea Green	611	9
Morgan Hartze	612	12
Jocelynne Hoefs	613	9
Avi Johnson	614	9
Bryn Larson	615	11
Ava Parks	616	10
Jocelyn Schiller	617	12
Brenna Shock	618	11
Ella Weippert	619	12
Ellery White	620	11

Richardton-Taylor

Matthew Aune	650	10
Tracy Aune	651	9
Marcus Cuevas	652	12
Caisen Dohrmann	653	12
Hadley Paulson	654	11
Kane Rivinius	655	10
Ava Bartz	621	12
Eastyn Gebhardt	622	12
Mariska Krank	623	11
Evelyn Kuntz	624	12
Veni Morrell	625	8
Juliet Redka	626	9
Jenna Schutt	627	11

Richland

Nick Mjoness	656	12
Nick Wulfekuhle	657	12
Abbie Fischer	628	10
Lila Viele	629	10

Rolette/Wolford

Nate Tastad	658	12
Morgan Casavant	630	12
Elise Grenier	631	9
Halle Handegard	632	10
Alex (Alexandra) Kraft	633	11
Elizabeth Lewis	634	10
Ella Pederson	635	10

Rugby

Kallen Azure	659	8
Brayden Green	660	9
Connor Klein	661	12
Zeke Puenta	662	7
Jove Risovi	663	9
Elijah Towe	664	10
Cy Walker	665	12
Dane Whorley	666	9
Bostyn Bailey	636	10
Brooklyn Bartsch	637	12
Sam Blessum	638	9
Riley Bonebrake	639	12
Lacie Deplazes	640	11
Elise Fahnestock	641	11
Rylah Hager	642	11
Mattisyn Jacobson	643	11
Kathryn Kuntz	644	8
Jaelyn Lunde	645	10
Ashley Martodam	646	11
Haley Mayer	647	12
Mya McNeff	648	11
Miryilyn Migler	649	9
Hannah Senechal	650	10
Amelia Shepard	651	12
Brekkyn Thompson	652	9
Quinn Walker	653	10

Sargent County

Wyatt Degenstein	667	11
Nick Hansen	668	12
Carter Hosford	669	12
Chauncey Lovet	670	12
Josh Wittich	671	12
Alana Anderson	654	12
Emma Bixby	655	11
Karleigh Kadoun	656	10
Ashlynn Sundquist	657	11

Shanley

Cam Ahlers	672	12
Justin Ajeo	673	11
Nathan Andrews	674	12
AJ Carroll	675	12
Quinn Carroll	676	10
Kaden Christmann	677	12
Malachi Dalton	678	12
Holden Deutsch	679	11
Ethan Erickson	680	9
Fisher Hannesson	681	12
David Hollcraft	682	11
Henry Liebl	683	10
Landon Mitchell	684	10
Luke Rogen	685	12
William Sandy	686	7
Corban Youngmark	687	9
Claire Bakke	658	8
Elle Bernhardt	659	9
Kami Dean	660	10
Noelle Friederichs	661	10
Mia Graham	662	8
Lucy Grothmann	663	10
Mesiku Hakim	664	12
Odura Isaac	665	11
Sharlotte Koch	666	9
Julia Madson	667	9
Paige Renschler	668	12
Clara Robin	669	11
Seely Stockmoe	670	12
Anna Strand	671	9
Izzy Tillisch	672	9
Claire Vetter	673	12
Erika Wanner	674	11

Sheyenne

Chase Aadland	688	12
Tucker Deibert	689	12
Cole Duerr	690	10
Abel Gartei	691	12
Cash Gilseth	692	11
Tyler Hanson	693	12
Jack Jelinek	694	11
Aiden Johnson	695	12
Kyson Keller	696	9
Barry Kpeenu	697	12
Isaiah Lincoln	698	11
Connor Manske	699	12
Will Morris	700	10
Noah Olson	701	12
Kade Pietrzak	702	11
Paul Plueddeman	703	12
Isaiah Robles	704	12
Kye Schlichting	705	10
Evan Tiongson	706	10
Kalef Yalartai	707	11
Hannah Bargor	675	11
Olivia Bratton	676	8
Emma Briggs	677	11
Baylor Dinger	678	8
Ellie Engelking	679	9
Avary Fitzpatrick	680	12
Olivia Heilman	681	12
Jersey Lang	682	11
Sara Larson	683	8
Madison Lugert	684	12
Kathryn Madrigga	685	9
Mikaylah Petrino	686	8
Kia Ray	687	10
Micah Sander	688	12
Naomi Sando	689	9
Mika Wadeson	690	12
Morgan Wieler	691	11
Rebecca Witherspoon	692	10
Kenzie Wuo	693	9
Sannie Yeanay	694	12

Shiloh Christian

Cole Buchholtz	708	10
Isaac Emmel	709	12
Caden Englund	710	11
Jordan Grosz	711	10
Ethan Johnson	712	10
Cole McClennen	713	10
Ayms Melin	714	9
Carson Quam	715	10
Carter Seifert	716	12
Mason Seifert	717	10
Kasie Buchholtz	695	8
Alayna Carlson	696	11
Emma Duffy	697	11
Irelyn Duffy	698	7
Brooklyn Fuller	699	11
Brynn Fuller	700	12
Katie Hammeren	701	9
Elizabeth Hatlestad	702	11
Sophia Herringer	703	10
Carlee Mitzel	704	12
Jordan Stahl	705	10
Layla Thompson	706	8
Macie Thompson	707	10
Dedra Wood	708	12
Harper Wrigley	709	10

South Border (Wishek/Ashley)

Luke Piatz	718	10
Carlene Andre	710	9
Eva Meyer	711	11
Macy Monson	712	11

Southern McLean (Washburn/Wilton)

Quinton Conoly	719	11
Dontaye Fetzer	720	11
Isaiah Johnson	721	12
Beckett Kadrmas	722	10
Wyatt Koble	723	8
Easton Kugler	724	8
Cody Landsiedel	725	11
Josh Laning	726	9

2024 NDHSAA MASTER CONTESTANT LIST

Justin Scheresky	727	12
Brady Vollmuth	728	9
Tayler Cleveland	713	12
Monica Goven	714	12
Sadie Goven	715	9
Mae Jennings	716	8
Maggie Jennings	717	10
Brooke Knutson	718	9
Sophia Krush	719	8
Chev Obering	720	10
Kari Patterson	721	11
Aubrey Steinert	722	10
Sydney Ternes	723	11

St. Mary's

Ethan Brintnell	729	11
Isaac Duppong	730	11
Adam Eberle	731	12
Nathan Eberle	732	10
Colby Fleck	733	11
Will Gallik	734	9
Cameron Naslund	735	12
Aeyden Price	736	11
Beckett Price	737	9
Isaac Schroeder	738	12
Tommy Wilson	739	9
Jacob Windsor	740	10
Autumn Bossert	724	11
Brenna Curl	725	12
Abigail Eberle	726	12
Stella Gallik	727	8
Lexi Gerving	728	12
Journey Oukrop	729	10
Hattie Roemmich	730	9
Zanna Sauter-Leibel	731	9
Ella Selensky	732	8
Eva Selensky	733	11
Julia Simmers	734	7
Maddie VerDouw	735	9
Lily Wilson	736	7

Standing Rock

Thane Beheler	741	12
Lance Bradley	742	12
Omar Gates	743	11
Marcus Henry	744	12
Taiyan Kelley	745	10
Jarrett Kelly	746	11
Dreux Kidder	747	12
Melvin Love Joy	748	11
Gun'r Maui	749	10
Gavin Thunder Hawk	750	10
Ryan Weddle	751	11

Stanley

Cohen Bell	752	10
Oscar Garcia	753	9
Ben Hynek	754	9
Jack Hynek	755	12
Ethyn Jessen	756	12
Jevon Johnson	757	9
Kolton Longmuir	758	9
Logan Longmuir	759	9
Logan Neset	760	11
Drake Schlosser	761	11
Kayden Uran	762	9
Zeke Weinbar	763	7
Harley Detienne	737	11
Teigan Moe	738	8
Lexi Neset	739	9
Italia Rodriguez	740	10
Annie Roise	741	9
Jessy Roise	742	7

Surrey

Holly Latendresse	743	10
Lily Logeson	744	11
Katie Mogard	745	10
Addison Neshem	746	9
Harley Ryals	747	10
Khloe Spaulding	748	9

Thompson

Gavin Krogstad	764	11
Easton Lovelace	765	11
Rylan Penas	766	9
Karter Peterson	767	11
Brady Ripplinger	768	9
Charlie Yon	769	10
Meghan Brorby	750	9
Danica Gross	751	10
Kiley Huebner	752	11
Jena Schwabe	753	9
Jordyn Tozer	754	11
Josie Zuschlag	755	9
Joely Anderson	749	11

Trenton

Beau Welty	770	10
Megan Clarys	756	9
Jayla Slater	757	8
Alayna St. Pierre	758	10

Valley City

Jake Anderson	771	11
Dylan Hunt	772	11
Parker Jacobson	773	12
Isaac Norby	774	10
Derek Shape	775	10
Jayden Suhr	776	9
Zachary Sykora	777	12
Layni Bakalar	759	9
Reagan Berg	760	12
Laityn Didier	761	10
Cadence Fetsch	762	9
Greta Goven	763	11
Kadie Kocka	764	10
Morgan Larson	765	9
Brynn Lueck	766	8
Tricia Pfennig	767	11
Chesney Thomsen	768	10
Madison Wendel	769	11

Velva-Drake/Anamoose

Makiah Heinze	778	10
Lucas Siebuhr	779	12
Lexton Smith	780	8
Kyle Volson	781	11
Amarie YellowHammer	782	10
Chloe Cadwell	770	8
Evelyn Isaak	771	10
Mariah Mack	772	9
Anya Olson	773	10
Lani Volochenko	774	9
Rylie Weninger	775	11

Wahpeton

Cayden Barth	783	9
Noah Berge	784	12
Jackson DeVries	785	11
JD Gomez	786	11
Carter Hockert	787	10
Treyton Mauch	788	11
Lucie Comstock	776	8
Leah DeVries	777	12
Gracie Falck	778	8
Jaida Fobb	779	12
Hayden Matejcek	780	8
Taylor Mauch	781	8
Halle Miller	782	11
Gracie Norling	783	9
Scout Woods	784	11

Watford City

Carter Breitbach	789	9
Chase Cutshall	790	10
Ethan Dennis	791	12
Connor Hastings	792	9
Judah Mitchell	793	10
Jasiah Norton	794	12
Parker Schuster	795	12
Kymber-Lee McGorman	785	12
Lauren Melland	786	10
Darbie Moberg	787	10
Katie Olson	788	10
Arlene Salas	789	9
Fallon Sampsel	790	11
Paige Schuster	791	9
Amelia Wisness	792	10

West Fargo

Isaac Amundson	796	11
Isaac Blotsky	797	10
Mag Cummings	798	11
Jack Guscette	799	11
Andrew Knudsvig	800	11
Bonfas Loria	801	11
Elijah Morris	802	10
Ben Orvik	803	9
Cedric Patterson	804	10
Austin Saari	805	10
Haakon Seymour	806	10
Jack Stewart	807	12
Jonah Svenby	808	11
Joaquin Valdez	809	9
Lincoln Walker	810	10
Lance Williams	811	11
Brady Wohl	812	12
Emery Aasen	793	12
Linnea Bruns	794	7
Jolee Dahl	795	11
Alexis Dwyer	796	11
Emma Esposito	797	10
Michelle Gee	798	10
Kiaya Hagen	799	10
Ella Heilman	800	11
Maggie Jacobson	801	7
Alexis Lindgren	802	11
Hope Lukes	803	12
Ellee McIntosh	804	10
Cailey Moton	805	12
Soludo Obi	806	10
Zevina Scarbrough	807	11
Averie Skari	808	7
Lyla Stegman	809	10
Lily Wavrin	810	9
Sadie Wavrin	811	11
Kiara Zepeda	812	12

Westhope/Newburg

Avery Boll	813	10

Williams County (Tioga/Ray)

Anna Bishop	814	10
Maelee Cancade	815	12
Cheryl Hayes	816	10
Cheyenne Hayes	817	12
Erika Ketelson	818	12
Avery Larson	819	10
Avery Littlefield	820	10
Marin Newsom	821	12

Williston

Wyatt Adkins	813	10
Cooper Ames	814	9
Colter Azbell	815	12
Owen Cowan	816	10
Lucas Finders	817	10
Peter Hardcastle	818	9
Hunter Hart	819	11
Thomas Haskins	820	12
Hunter Haugen	821	11
Leo Kendor	822	8
Joaquin Pulido	823	10
Rory Richardson	824	12
Isiah St. Romain	825	12
Brian Teghen	826	9
Prince Teghen	827	11
Beckam Tolman	828	9
Ty Wiedrich	829	12
Dexter Yohan	830	12
Cady Cabler	822	9
Keeley Call	823	10
Micah Fleck	824	10
Kendall Gentry	825	11
Kendra Hall	826	12
Harley Jeannotte	827	8
Kaylea Kealoha	828	12
Brooklynn Kitchens	829	10
Elyse Lux	830	11
Cambree Moss	831	9
Lainey Powell	832	10
Anyka Wiedrich	833	10
Angela Wold	834	10
Jasiyah Wright	835	10
Dru Zander	836	10
Jovi Zander	837	8

Wyndmere-Lidgerwood

Tommy Baldwin	831	12
Austin Conry	832	8
Chase Cooper	833	11
John Dexter	834	10
Hunter Dunn	835	11
Che Che Heminger	836	11
Owen Laddusaw	837	8
Brian Quam	838	11
Paislee Erbes	838	8
Olivia Frolek	839	12

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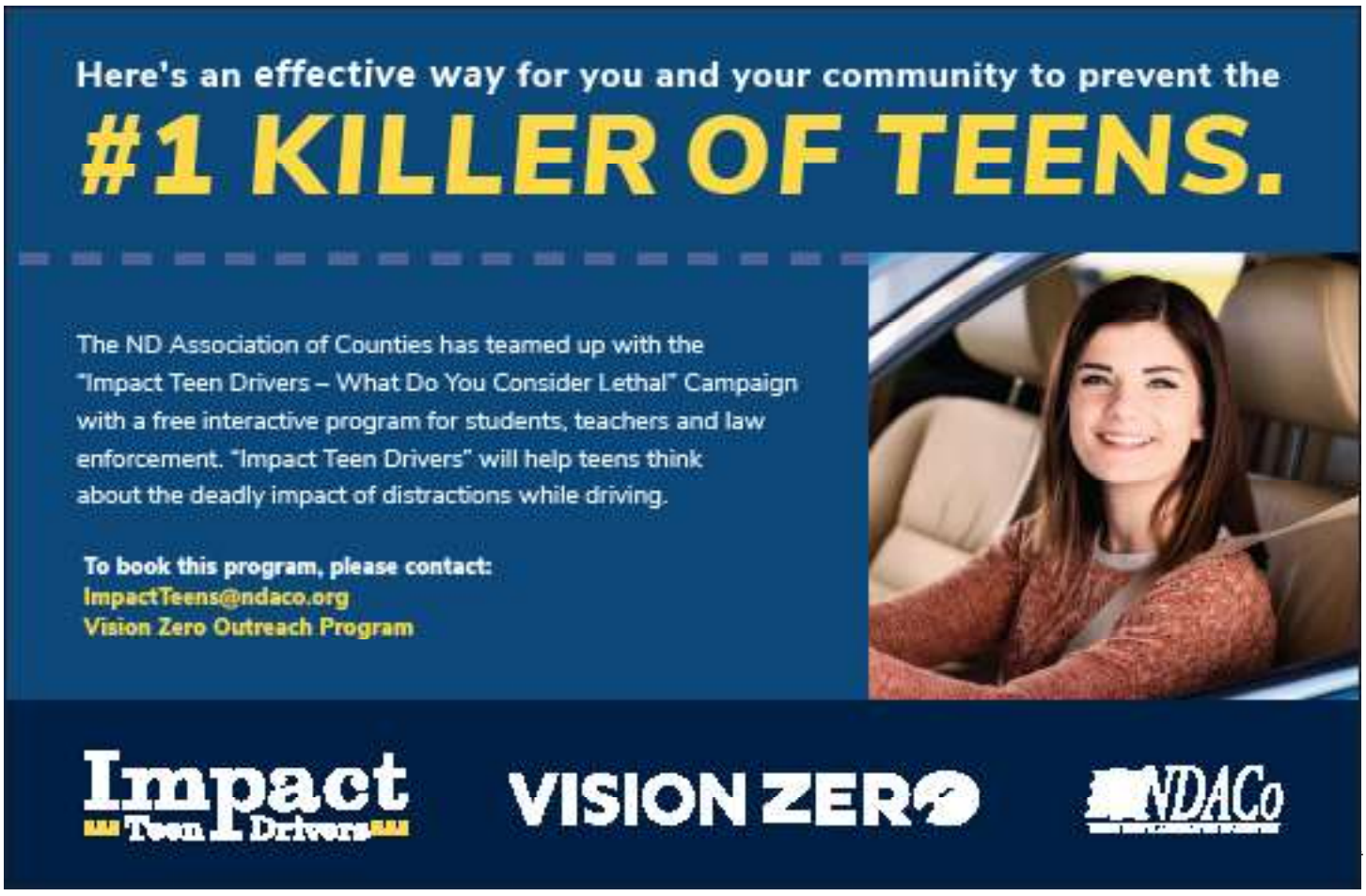

NDHSAA Class A State Meet HS

OFFICIAL Thu, May 23 - Sat, May 25, 2024 Bismarck State College - MDU Resources Commur

Mens Results

100 Meters Class A - Finals

1.	12	Jeran McNichols	10.66a	(0.0)	Bismarck
2.	11	Colby Fleck	10.97a	(0.0)	St. Mary's
3.	12	Reece Snow	11.01a	(0.0)	Legacy
4.	12	Tyson Ruzicka	11.04a	(0.0)	Minot
5.	12	Gavin Lill	11.06a	(0.0)	Century
6.	10	Deegan Staudinger	11.11a	(0.0)	Bismarck
7.	12	Parker Jacobson	11.16a	(0.0)	Valley City
8.	12	Peder Haugo	11.22a	(0.0)	Fargo North
9.	10	Joaquin Pulido	11.33a	(0.0)	Williston

100 Meters Class A - Prelims

1.	12	Jeran McNichols	10.94a	(-3.6)	Bismarck
2.	11	Colby Fleck	11.33a	(-2.7)	St. Mary's
5.	10	Joaquin Pulido	11.38a	(-3.6)	Williston
3.	12	Reece Snow	11.39a	(-2.3)	Legacy
6.	12	Peder Haugo	11.40a	(-2.3)	Fargo North
6.	12	Gavin Lill	11.40a	(-2.7)	Century
4.	12	Tyson Ruzicka	11.41a	(-3.9)	Minot
8.	10	Deegan Staudinger	11.43a	(-3.9)	Bismarck
9.	12	Parker Jacobson	11.48a	(-3.6)	Valley City
10.	11	Thomas Catalano	11.55a	(-3.6)	Mandan
11.	10	Zayden Horne	11.57a	(-3.9)	Legacy
12.	11	Jordan Kellogg	11.60a	(-3.9)	Century
13.	11	Cash Gilseth	11.62a	(-2.3)	Sheyenne
14.	12	Christian Bowden	11.65a	(-3.6)	Dickinson
15.	10	Kye Schlichting	11.66a	(-2.7)	Sheyenne
15.	12	Colter Azbell	11.66a	(-2.3)	Williston
17.	10	Jettler Jacobsen	11.79a	(-2.3)	Century
17.	11	Aaron Prestwich	11.79a	(-2.3)	Minot
19.	10	Ty Geray	11.82a	(-3.6)	Horace
19.	11	Titus Dolo	11.82a	(-2.7)	Davies
21.	11	Vincent Pecoraro	11.84a	(-3.6)	Minot
22.	8	Leo Kendor	11.85a	(-2.3)	Williston
23.	11	Chasen Sands	11.88a	(-2.3)	Davies
24.	10	Jack Matson	11.90a	(-3.9)	Red River
25.	11	Braden Meschke	12.10a	(-3.9)	Dickinson
26.	12	Isaac Schumacher	12.12a	(-3.9)	Davies
27.	11	Isaac Duppong	12.17a	(-3.6)	St. Mary's
28.	12	Gannon Koltes	12.20a	(-3.6)	Fargo North
29.	10	Isaac Blotsky	12.21a	(-2.7)	West Fargo
30.	10	Markus Podliska	12.36a	(-2.7)	Horace
31.	12	Abel Gartei	12.50a	(-2.7)	Sheyenne
32.	9	James Pallotta	12.59a	(-3.9)	Minot
--	12	Barry Kpeenu	SCR	(-2.7)	Sheyenne

Womens Results

100 Meters Class A - Finals

1.	10	Michelle Gee	12.29a	(-1.3)	West Fargo
2.	11	Kate Laqua	12.34a	(-1.3)	Davies
3.	12	Paige Renschler	12.37a	(-1.3)	Shanley
4.	10	Kia Ray	12.54a	(-1.3)	Sheyenne
5.	10	Isabella Nygaard	12.71a	(-1.3)	Horace
6.	10	Cambree Volk	12.74a	(-1.3)	Legacy
7.	11	Ella Heilman	12.79a	(-1.3)	West Fargo
8.	10	Jilian Quale	12.85a	(-1.3)	Bismarck
9.	12	Allysah Larson	12.88a	(-1.3)	Jamestown

100 Meters Class A - Prelims

1.	10	Michelle Gee	12.78a	(-3.0)	West Fargo
1.	12	Paige Renschler	12.78a	(-3.2)	Shanley
3.	10	Kia Ray	12.80a	(-3.5)	Sheyenne
4.	11	Kate Laqua	12.91a	(-2.3)	Davies
6.	10	Isabella Nygaard	13.14a	(-3.5)	Horace
7.	10	Jilian Quale	13.16a	(-2.3)	Bismarck
5.	10	Cambree Volk	13.22a	(-3.6)	Legacy
8.	11	Ella Heilman	13.23a	(-3.0)	West Fargo
9.	12	Allysah Larson	13.27a	(-2.3)	Jamestown
10.	11	Jayden Atkins	13.33a	(-3.5)	Dickinson
11.	10	Kambree Long	13.48a	(-3.2)	Century
12.	10	Kamora Phillips	13.51a	(-3.2)	Dickinson
13.	10	Maliah Frey	13.54a	(-3.0)	Century
14.	10	Micah Fleck	13.55a	(-3.0)	Williston
15.	11	Kaylee Narmah	13.57a	(-3.0)	Davies
16.	10	Kadie Kocka	13.59a	(-3.5)	Valley City
17.	8	Peyton Kienzle	13.60a	(-3.0)	Mandan
18.	12	Makayla Whitfield	13.63a	(-3.6)	Minot
19.	11	Autumn Bossert	13.67a	(-2.3)	St. Mary's
20.	8	Olivia Bratton	13.70a	(-3.6)	Sheyenne
20.	11	Nishi Yvette	13.70a	(-3.2)	Fargo South
22.	9	Kulah Barjuah	13.71a	(-3.5)	Legacy
22.	12	Kaylea Kealoha	13.71a	(-2.3)	Williston
22.	12	Eden Fridley	13.71a	(-3.6)	Century
25.	11	Zevina Scarbrough	13.73a	(-2.3)	West Fargo
26.	12	Reese Turner	13.74a	(-3.6)	Century
27.	11	Mariah Burian	13.83a	(-3.5)	Davies
28.	12	Avery Mills	13.85a	(-3.2)	Century
29.	12	Jordis Maxwell	13.88a	(-3.5)	Fargo South
30.	9	Blessing Sheriff	13.92a	(-3.6)	Davies
31.	12	Maicee Burke	14.01a	(-3.0)	Minot
31.	11	Sydney Bailey	14.01a	(-3.2)	Horace
33.	10	Ashlan Urness	14.02a	(-3.0)	Davies
34.	12	Mika Wadeson	14.05a	(-3.5)	Sheyenne
35.	11	Brenna Britton	14.07a	(-2.3)	Davies

200 Meters Class A - Finals

1.	12	Jeran McNichols	21.22a	(0.0)	Bismarck
2.	12	Austin Zulu	21.43a	(0.0)	Fargo South
3.	12	Justin Zulu	21.51a	(0.0) SR	Fargo South
4.	11	Colby Fleck	21.78a	(0.0)	St. Mary's
5.	12	Reece Snow	21.85a	(0.0)	Legacy
6.	10	Zayden Horne	21.88a	(0.0)	Legacy
7.	12	Parker Schuster	22.45a	(0.0) PR	Watford City
8.	10	Joaquin Pulido	22.50a	(0.0)	Williston
9.	11	Cash Gilseth	22.61a	(0.0)	Sheyenne

200 Meters Class A - Prelims

1.	12	Austin Zulu	22.02a	(-2.1)	Fargo South
2.	11	Colby Fleck	22.20a	(-2.5)	St. Mary's
7.	10	Zayden Horne	22.30a	(-2.5)	Legacy
3.	12	Reece Snow	22.31a	(-1.4)	Legacy
4.	12	Jeran McNichols	22.69a	(-4.1)	Bismarck
5.	12	Justin Zulu	22.76a	(-3.5)	Fargo South
8.	12	Parker Schuster	22.88a	(-2.1)	Watford City
6.	10	Joaquin Pulido	22.89a	(-1.4)	Williston
9.	11	Cash Gilseth	22.94a	(-2.1)	Sheyenne
10.	12	Dexter Yohan	22.98a	(-1.4)	Williston
11.	12	Tyson Ruzicka	22.99a	(-4.1)	Minot
12.	10	Evan Tiongson	23.12a	(-2.5)	Sheyenne
13.	11	Aaron Prestwich	23.14a	(-3.5)	Minot
14.	11	Braden Meschke	23.15a	(-1.4)	Dickinson
15.	8	Leo Kendor	23.18a	(-2.1)	Williston
16.	11	Dash Ohlsen	23.28a	(-1.4)	Bismarck
17.	12	Parker Jacobson	23.32a	(-1.4)	Valley City
18.	10	Ty Geray	23.50a	(-2.1)	Horace
19.	10	Jaylen Runnels	23.51a	(-4.1)	Fargo South
20.	12	Christian Bowden	23.52a	(-4.1)	Dickinson
21.	12	Braxton Just	23.56a	(-4.1)	Bismarck
22.	10	Jack Matson	23.60a	(-1.4)	Red River
23.	11	Vincent Pecoraro	23.66a	(-1.4)	Minot
24.	11	Clark Joseph Escatr...	23.69a	(-2.1)	Mandan
25.	11	Carter Coleman	23.79a	(-1.4)	Minot North
26.	11	Clay Koenig	23.83a	(-2.5)	Fargo North
27.	11	Chasen Sands	23.86a	(-1.4)	Davies
28.	11	Titus Dolo	23.87a	(-2.5)	Davies
29.	10	Markus Podliska	23.89a	(-1.4)	Horace
30.	11	Michael Leier	23.94a	(-1.4)	Bismarck
31.	10	Will Morris	23.94a	(-1.4)	Sheyenne
32.	10	Isaac Blotsky	23.97a	(-2.1)	West Fargo
33.	10	Derek Shape	24.08a	(-4.1)	Valley City
34.	11	Tristan Ulmer	24.13a	(-2.5)	Mandan
35.	9	James Pallotta	24.19a	(-2.5)	Minot
36.	10	Aaron Garza	24.27a	(-4.1)	Minot North
37.	9	Westen Malo	24.36a	(-3.5) PR	Bismarck
38.	11	Lucas McNichols	24.42a	(-1.4)	Bismarck
39.	12	Harrison Stewart	24.50a	(-3.5)	Minot
40.	11	Timol Walters	24.68a	(-1.4)	Mandan
41.	9	Raji Jones	24.97a	(-3.5)	Dickinson
42.	11	Lance Williams	25.11a	(-3.5)	West Fargo
--	11	Grayson Schaeffer	SCR	(-2.5)	Minot
--	11	Jordan Kellogg	SCR	(-3.5)	Century
--	12	Ryan Landenberger	SCR	(-1.4)	Century
36.	9	Morgan Larson	14.14a	(-2.3)	Valley City
37.	10	Monica Boakye	14.16a	(-3.6)	Minot
38.	11	Alexis Lovehaug	14.51a	(-3.6)	Davies
--	9	Rachel Landenberger	SCR	(-3.2)	Century

200 Meters Class A - Finals

1.	10	Michelle Gee	24.97a	(-2.7)	West Fargo
2.	12	Jazmin Barry	25.03a	(-2.7) PR	Dickinson
3.	12	Paige Renschler	25.48a	(-2.7)	Shanley
4.	12	Avary Fitzpatrick	25.95a	(-2.7)	Sheyenne
5.	10	Isabella Nygaard	26.25a	(-2.7) PR	Horace
6.	12	Ashton Safranski	26.30a	(-2.7)	Davies
7.	12	Eden Fridley	26.37a	(-2.7)	Century
8.	10	Cambree Volk	26.38a	(-2.7)	Legacy
9.	12	Allysah Larson	26.39a	(-2.7)	Jamestown

200 Meters Class A - Prelims

1.	10	Michelle Gee	25.49a	(-1.8)	West Fargo
2.	12	Jazmin Barry	25.70a	(-4.2)	Dickinson
3.	12	Paige Renschler	26.12a	(-1.7)	Shanley
4.	12	Avary Fitzpatrick	26.46a	(-4.2)	Sheyenne
5.	12	Eden Fridley	26.57a	(-1.8)	Century
7.	12	Allysah Larson	26.76a	(-1.8)	Jamestown
8.	12	Ashton Safranski	26.83a	(-4.2)	Davies
6.	10	Cambree Volk	26.92a	(-1.7)	Legacy
9.	10	Isabella Nygaard	27.14a	(-4.2)	Horace
10.	11	Ella Heilman	27.15a	(-1.8)	West Fargo
11.	11	Nishi Yvette	27.21a	(-1.8)	Fargo South
12.	10	Jersi Luchi	27.25a	(-1.7)	Dickinson
13.	10	Kambree Long	27.30a	(-1.7)	Century
14.	10	Ashlan Urness	27.34a	(-1.8)	Davies
14.	11	Jayden Atkins	27.34a	(-1.7)	Dickinson
16.	8	Zoey Kienzle	27.38a	(-4.2)	Mandan
17.	9	Haylie Hahnert	27.42a	(-1.7)	Fargo North
18.	12	Kaylea Kealoha	27.67a	(-4.2)	Williston
19.	11	Brenna Britton	27.83a	(-1.7)	Davies
20.	10	Kamora Phillips	28.06a	(-1.8)	Dickinson
--	9	Rachel Landenberger	SCR	(-4.2)	Century

400 Meters Class A - Finals

1.	10	Michelle Gee	56.41a PR	West Fargo
2.	11	Fallon Sampsel	56.67a PR	Watford City
3.	11	Kate Laqua	57.32a SR	Davies
4.	12	Jocelyn Schiller	57.45a PR	Red River
5.	12	Aspen Eslinger	58.70a PR	Legacy
6.	12	Jaida Fobb	58.78a PR	Wahpeton
7.	7	Sawyer Kosidowski	59.40a PR	Davies
8.	12	Mesiku Hakim	59.51a PR	Shanley
9.	10	Cecilia Homiston	59.63a	Dickinson

400 Meters Class A - Prelims

1.	10	Michelle Gee	58.62a	West Fargo
3.	11	Fallon Sampsel	58.76a	Watford City
5.	12	Aspen Eslinger	59.40a	Legacy
2.	12	Jocelyn Schiller	59.48a	Red River
7.	12	Jaida Fobb	59.80a	Wahpeton

--	10	Jettler Jacobsen	SCR (-3.5)	Century

400 Meters Class A - Finals

1.	11	Josh Berger	47.08a PR	Century
2.	12	Justin Zulu	48.15a PR	Fargo South
3.	12	Austin Zulu	48.17a PR	Fargo South
4.	12	Parker Schuster	49.31a PR	Watford City
5.	10	Blake Weller	49.71a PR	Dickinson
6.	12	Cayden Kraft	49.90a	Legacy
7.	12	Jaxon Birst	49.90a PR	Century
8.	10	Owen Martin	50.10a PR	Red River
9.	12	Ty Luetzen	50.40a PR	Bismarck

400 Meters Class A - Prelims

1.	11	Josh Berger	47.73a	Century
2.	12	Justin Zulu	49.86a	Fargo South
2.	12	Austin Zulu	49.86a	Fargo South
4.	12	Parker Schuster	50.16a	Watford City
5.	12	Cayden Kraft	50.32a	Legacy
6.	12	Jaxon Birst	50.40a	Century
7.	12	Ty Luetzen	50.61a	Bismarck
8.	10	Owen Martin	50.62a	Red River
9.	10	Blake Weller	50.78a	Dickinson
10.	11	Ethan Brintnell	51.32a	St. Mary's
11.	11	Dash Ohlsen	51.49a	Bismarck
12.	11	Trinity Anderson	51.79a SR	Mandan
13.	10	Evan Tiongson	51.81a	Sheyenne
13.	12	Grant Hoffarth	51.81a	Red River
15.	11	Europe Campbell	51.84a	Fargo North
16.	12	Ethan Dennis	52.00a	Watford City
17.	12	James Lien	52.28a	Fargo North
18.	11	Jackson DeVries	52.30a	Wahpeton
19.	12	Harrison Stewart	52.37a	Minot
20.	11	Adam Sobolik	52.53a	Devils Lake
21.	12	Paul Plueddeman	52.79a	Sheyenne
22.	12	Colton Ruud	52.91a	Legacy
23.	9	Ethan Erickson	53.05a	Shanley
24.	10	Aaron Garza	54.09a	Minot North
--	12	Dillan Heidt	SCR	Legacy
--	11	Michael Leier	SCR	Bismarck

800 Meters Class A - Finals

1.	12	Parker Hintz	1:54.85a PR	Bismarck
2.	11	Benjamin Harris	1:55.65a PR	Minot
3.	11	Dawson Balzer	1:55.66a PR	Bismarck
4.	12	Gavyn Graham	1:56.84a PR	Century
5.	12	Tyler Wahl	1:57.18a PR	Bismarck
6.	12	Rory Richardson	1:57.66a PR	Williston
7.	12	Breydyn Schlabsz	1:58.03a PR	Century
8.	10	Owen Hintz	1:58.55a PR	Bismarck
9.	12	Micah Larsen-Schmidt	1:58.55a PR	Red River
10.	10	Landon Herr	1:58.66a PR	Legacy
11.	11	Elijah Dafoe	1:59.63a PR	Red River
12.	11	Nathan Wistisen	1:59.66a PR	Minot
13.	12	Curtis Sande	1:59.69a PR	Grand Forks Central
14.	11	Dylan Jackson	1:59.70a PR	Minot
4.	11	Kate Laqua	59.90a	Davies
6.	10	Cecilia Homiston	1:00.64a	Dickinson
8.	7	Sawyer Kosidowski	1:00.87a	Davies
9.	12	Mesiku Hakim	1:00.96a	Shanley
10.	11	Jersey Lang	1:01.23a	Sheyenne
11.	9	Haylie Hahnert	1:01.32a	Fargo North
12.	9	Jemimah Guenther	1:01.60a	Legacy
13.	10	Sylvia Taylor	1:02.37a	Century
14.	12	Ava Graf	1:02.70a	Davies
15.	10	Norah Green	1:02.75a	Century
16.	11	Brenna Britton	1:03.39a	Davies
17.	12	Jelani Jones	1:05.10a	Mandan
--	11	Grace Thiel	SCR	Fargo North

800 Meters Class A - Finals

1.	11	Taya Fettig	2:14.14a PR	Bismarck
2.	11	Eva Selensky	2:14.34a	St. Mary's
3.	12	Reagan Berg	2:15.34a PR	Valley City
4.	11	Fallon Sampsel	2:17.14a PR	Watford City
5.	12	Morgan Hartze	2:18.15a PR	Red River
6.	11	Grace Thiel	2:19.09a PR	Fargo North
7.	9	Izzy Dahl	2:19.40a PR	Bismarck
8.	8	Ella Selensky	2:19.94a PR	St. Mary's
9.	9	Brynn Braaflat	2:20.72a PR	Davies
10.	10	Davin Nesius	2:20.93a PR	Davies
11.	11	Greta Goven	2:21.27a SR	Valley City
12.	10	Lauren Woeste	2:21.70a PR	Legacy
13.	9	Jemimah Guenther	2:22.43a PR	Legacy
14.	11	Halle Stephens	2:22.53a PR	Davies
15.	10	Dru Zander	2:25.99a	Williston
16.	10	Aubrey Kleser	2:27.08a	Bismarck
17.	10	Kiaya Hagen	2:33.19a	West Fargo
--	9	Emily Schroeder	SCR	Century
--	12	Jocelyn Schiller	SCR	Red River

1600 Meters Class A - Finals

1.	11	Taya Fettig	5:11.71a PR	Bismarck
2.	11	Eva Selensky	5:11.97a	St. Mary's
3.	12	Reagan Berg	5:15.35a	Valley City
4.	9	Izzy Dahl	5:19.21a SR	Bismarck
5.	12	Olivia Heilman	5:20.50a	Sheyenne
6.	12	Bayla Weigel	5:21.40a SR	Bismarck
7.	12	Morgan Hartze	5:25.48a PR	Red River
8.	12	Cierra Bornemann	5:26.82a	Davies
9.	11	Isabelle Simonson	5:35.62a	Legacy
10.	10	Lauren Woeste	5:37.39a	Legacy
11.	9	Sophia Lade	5:37.77a	Minot
12.	9	Cambree Moss	5:37.98a	Williston
13.	10	Kami Dean	5:39.50a	Shanley
14.	7	Brielle Stevens	5:40.79a	Davies
15.	11	Greta Goven	5:43.26a	Valley City
16.	10	Brooklyn Herrick	5:43.78a	Horace
17.	8	Lucy Harris	5:47.52a	Minot
18.	10	Ava Parks	5:50.68a	Red River
19.	8	Harley Jeannotte	5:52.58a	Williston
--	9	Elle Bernhardt	DNS	Shanley
--	8	Kaylee Jackson	DNS	Minot

15.	12	Nathan Andrews	1:59.73a	PR	Shanley
16.	11	Jacob Jackson	2:00.00a	PR	Minot
17.	11	Jakson Ensign	2:00.29a		Bismarck
18.	11	Connor Ensign	2:00.34a		Bismarck
19.	12	Owen Sondag	2:00.60a		Fargo North
20.	9	Carter Kraus	2:00.75a	PR	Bismarck
21.	12	Isaiah Robles	2:01.65a	PR	Sheyenne
22.	12	Jaray Touray	2:01.75a	SR	Davies
23.	11	Joe Quinn	2:02.27a		Red River
24.	10	Jacob Windsor	2:02.35a	PR	St. Mary's
25.	11	Hunter Hart	2:02.45a		Williston
26.	10	Cole Duerr	2:02.68a		Sheyenne
--	10	Austin Wick	SCR		Bismarck

1600 Meters Class A - Finals

1.	12	Parker Hintz	4:20.21a		Bismarck
2.	10	Owen Hintz	4:23.14a		Bismarck
3.	11	Dawson Balzer	4:23.89a	PR	Bismarck
4.	11	Benjamin Harris	4:24.49a	PR	Minot
5.	12	Tyler Wahl	4:25.41a		Bismarck
6.	11	Elijah Dafoe	4:26.23a		Red River
7.	12	Owen Sondag	4:27.13a		Fargo North
8.	12	Gavyn Graham	4:28.06a		Century
9.	10	Landon Herr	4:29.93a		Legacy
10.	10	Owen Cowan	4:30.15a		Williston
11.	12	Rory Richardson	4:31.31a	PR	Williston
12.	11	Joe Quinn	4:34.37a		Red River
13.	11	Jakson Ensign	4:35.30a		Bismarck
14.	12	Thomas Haskins	4:35.47a		Williston
15.	10	Wyatt Adkins	4:36.23a		Williston
16.	12	Sam Anteau	4:37.90a		Jamestown
17.	12	Aiden Johnson	4:41.76a		Sheyenne
18.	12	Gabe Hanson	4:42.26a		Bismarck
19.	11	Isaac Amundson	4:43.64a		West Fargo
20.	10	Brennan Greff	4:43.74a		Bismarck
21.	12	Peyton Sims	4:45.13a		Bismarck
--	11	Connor Ensign	SCR		Bismarck
--	12	Micah Larsen-Schmidt	SCR		Red River
--	12	Breydyn Schlabsz	SCR		Century
--	10	Quinn Carroll	SCR		Shanley

3200 Meters Class A - Finals

1.	12	Owen Sondag	9:18.93a		Fargo North
2.	10	Owen Hintz	9:22.66a		Bismarck
3.	12	Tyler Wahl	9:22.74a	PR	Bismarck
4.	11	Joe Quinn	9:25.17a		Red River
5.	12	Thomas Haskins	9:35.83a	PR	Williston
6.	11	Elijah Dafoe	9:36.37a		Red River
7.	12	Parker Hintz	9:39.22a		Bismarck
8.	12	Peyton Sims	9:39.75a	PR	Bismarck
9.	12	Sam Anteau	9:46.55a	PR	Jamestown
10.	11	Jakson Ensign	9:49.81a		Bismarck
11.	11	Connor Ensign	9:50.19a		Bismarck
12.	12	Aiden Johnson	9:59.32a		Sheyenne
13.	12	David Radke	10:03.65a	PR	Red River
14.	10	Quinn Carroll	10:06.11a		Shanley
15.	11	Dallin Chapman	10:07.03a	PR	Minot
--	9	Emily Schroeder	SCR		Century
--	9	Ellie Engelking	SCR		Sheyenne

3200 Meters Class A - Finals

1.	11	Eva Selensky	11:25.81a		St. Mary's
2.	12	Reagan Berg	11:29.35a	PR	Valley City
3.	9	Izzy Dahl	11:39.48a	PR	Bismarck
4.	12	Bayla Weigel	11:43.71a		Bismarck
5.	12	Olivia Heilman	11:47.68a		Sheyenne
6.	9	Cambree Moss	11:48.46a	SR	Williston
7.	8	Lucy Harris	11:50.82a	PR	Minot
8.	12	Cierra Bornemann	11:52.46a	PR	Davies
9.	10	Jillian Lemer	11:53.84a	PR	Century
10.	10	Ava Parks	11:55.13a	PR	Red River
11.	7	Maggie Jacobson	11:55.76a	PR	West Fargo
12.	11	Bre Axt	12:00.69a		Legacy
13.	11	Isabelle Simonson	12:02.86a	SR	Legacy
14.	12	Zoe Reichenberger	12:07.76a	SR	Bismarck
15.	9	Kathryn Madrigga	12:10.44a		Sheyenne
16.	8	Harley Jeannotte	12:10.60a		Williston
17.	8	Sara Larson	12:16.76a		Sheyenne
18.	10	Kami Dean	12:22.10a		Shanley
19.	10	Leila Gregoire	12:37.08a		Dickinson
20.	10	Katie Olson	13:28.35a		Watford City
--	9	Ellie Engelking	DNF		Sheyenne

100m Hurdles - 33" Class A - Finals

1.	11	Kate Laqua	15.04a	(0.0)		Davies
2.	11	Sophie Brakke	15.26a	(0.0)	PR	Red River
3.	11	Axumite Wren James	15.67a	(0.0)		Fargo South
4.	12	Brenna Curl	15.70a	(0.0)		St. Mary's
5.	11	Kaylee Narmah	15.70a	(0.0)		Davies
6.	11	Alexandra Roberts	15.79a	(0.0)	PR	Davies
7.	11	Julia Skari	16.03a	(0.0)		Jamestown
8.	10	Anna Lyles	16.10a	(0.0)		Mandan
--	10	Sanie Gayflor	DQ	(0.0)		Davies

100m Hurdles - 33" Class A - Prelims

1.	11	Kate Laqua	15.11a	(2.2)		Davies
2.	11	Julia Skari	15.22a	(3.2)		Jamestown
4.	11	Sophie Brakke	15.32a	(2.2)		Red River
3.	11	Axumite Wren James	15.41a	(3.5)		Fargo South
5.	11	Kaylee Narmah	15.63a	(3.2)		Davies
6.	12	Brenna Curl	15.71a	(3.5)		St. Mary's
7.	11	Alexandra Roberts	15.83a	(3.5)		Davies
8.	10	Anna Lyles	16.13a	(2.2)		Mandan
9.	10	Sanie Gayflor	16.20a	(2.2)	SR	Davies
10.	11	Odura Isaac	16.34a	(3.2)		Shanley
11.	11	Sydney Aberle	16.42a	(3.5)		Minot
12.	9	Tatum Radke	16.47a	(3.2)	PR	Mandan
13.	11	Haley Conklin	16.61a	(2.2)	PR	Minot
14.	12	Reese Turner	16.67a	(3.2)	PR	Century
15.	11	Zoie Austin	16.72a	(2.2)	SR	Century
16.	9	Sara Kraft	16.73a	(2.2)		Devils Lake
17.	12	Brynn Moen	16.78a	(3.2)		Grand Forks Central
18.	12	Ella Germundson	16.83a	(3.5)		Horace

16.	12	Gabe Hanson	10:09.31a	Bismarck
17.	11	Gus Hillmer	10:19.04a	Fargo North
18.	11	Hunter Haugen	10:22.85a	Williston
19.	12	Breydyn Schlabsz	10:26.99a	Century
20.	9	Cooper Ames	10:39.95a	Williston
--	11	Asa Berberich	SCR	Red River

110m Hurdles - 39" Class A - Finals

1.	11	Trey Knoke	14.38a	(0.0)	Fargo North
2.	11	Hudson Asche	14.93a	(0.0)	Davies
3.	11	Carson Dschaak	14.96a	(0.0)	Bismarck
4.	9	Joaquin Valdez	15.25a	(0.0)	West Fargo
5.	11	Jack Guscette	15.37a	(0.0)	West Fargo
6.	11	Noah Bares	15.39a	(0.0)	Century
7.	12	Reis Kessel	15.39a	(0.0)	Fargo South
8.	10	Bennet Lonn	15.47a	(0.0)	Legacy
9.	12	Ben Strand	15.74a	(0.0)	Red River

110m Hurdles - 39" Class A - Prelims

1.	11	Trey Knoke	14.35a	(2.8)		Fargo North
2.	11	Carson Dschaak	14.76a	(3.0)	PR	Bismarck
4.	11	Hudson Asche	14.83a	(3.0)	PR	Davies
5.	9	Joaquin Valdez	15.11a	(2.8)		West Fargo
3.	10	Bennet Lonn	15.20a	(3.1)	PR	Legacy
6.	12	Reis Kessel	15.23a	(3.1)	PR	Fargo South
7.	12	Ben Strand	15.30a	(3.0)	PR	Red River
8.	11	Jack Guscette	15.33a	(3.1)		West Fargo
9.	11	Noah Bares	15.39a	(2.8)		Century
10.	10	Jayvon Anderson	15.45a	(2.8)	PR	Fargo South
11.	12	Cole Skabo	15.56a	(3.0)	PR	Dickinson
12.	11	Tristan Haider	15.60a	(2.8)		Legacy
13.	10	Brody Muchow	15.66a	(3.0)		Davies
14.	10	Elijah Morris	15.71a	(3.0)		West Fargo
15.	10	Terrance Fonder	15.80a	(3.1)		Legacy
16.	9	Marshall Arndt	15.90a	(3.0)	PR	Century
17.	10	Will Morris	15.94a	(3.1)		Sheyenne
18.	10	Tristan Pope	16.09a	(3.0)	PR	Century
19.	9	Aven Worrel	16.18a	(2.8)		Legacy
20.	10	Collin Williams	16.38a	(3.1)		Davies
21.	12	Kayne Nelson	16.39a	(2.8)		Century
22.	11	Mag Cummings	17.26a	(3.1)		West Fargo
--	10	Yusuf Jama	DQ	(3.1)		Legacy
--	11	Hudsen Sheldon	SCR	(2.8)		Mandan

300m Hurdles - 36" Class A - Finals

1.	12	Jeran McNichols	38.03a	PR	Bismarck
2.	11	Trey Knoke	38.75a	PR	Fargo North
3.	10	Bennet Lonn	39.04a	PR	Legacy
4.	11	Joshua Beil	39.36a		Davies
5.	11	Carson Dschaak	39.72a	PR	Bismarck
6.	12	Ethan Dennis	39.72a	PR	Watford City
7.	10	Yusuf Jama	39.76a	PR	Legacy
8.	11	Jack Guscette	39.88a	PR	West Fargo
9.	11	Brady Harty	40.81a	PR	Jamestown

300m Hurdles - 36" Class A - Prelims

19.	9	Paityn Knoke	16.84a	(3.5)	Fargo North
20.	10	Laiken Gross	16.86a	(3.5)	Century
21.	10	Monica Boakye	17.02a	(3.2)	Minot

300m Hurdles - 30" Class A - Finals

1.	11	Kate Laqua	43.48a	PR	Davies
2.	11	Julia Skari	44.75a	PR	Jamestown
3.	12	Avary Fitzpatrick	45.43a	PR	Sheyenne
4.	12	Jane Donat	46.16a	PR	Davies
5.	11	Alexandra Roberts	46.26a	PR	Davies
6.	9	Jocelynne Hoefs	46.68a	PR	Red River
7.	12	Brenna Curl	46.76a	SR	St. Mary's
8.	12	Aspen Eslinger	47.66a		Legacy
9.	10	Eve Knutson	48.00a		Minot

300m Hurdles - 30" Class A - Prelims

1.	11	Kate Laqua	45.13a	Davies
2.	12	Aspen Eslinger	46.91a	Legacy
3.	12	Avary Fitzpatrick	47.12a	Sheyenne
5.	12	Jane Donat	47.65a	Davies
4.	11	Julia Skari	47.72a	Jamestown
6.	10	Eve Knutson	48.13a	Minot
7.	11	Alexandra Roberts	48.14a	Davies
8.	12	Brenna Curl	48.27a	St. Mary's
9.	9	Jocelynne Hoefs	48.72a	Red River
10.	11	Axumite Wren James	49.72a	Fargo South
11.	12	Londyn Dschaak	50.08a	Century
12.	10	Amelia Wisness	50.26a	Watford City
13.	12	Leah DeVries	50.47a	Wahpeton
14.	12	Brynn Moen	51.32a	Grand Forks Central
15.	9	Layken Wolff	52.44a	Century
16.	11	Alexis Lovehaug	52.52a	Davies
17.	11	Sydney Aberle	54.81a	Minot
--	8	Stella Gallik	FS	St. Mary's

4x100 Relay Class A - Finals

1.	8	Olivia Bratton	48.51a	Sheyenne - A
	12	Avary Fitzpatrick		
	12	Mika Wadeson		
	10	Kia Ray		
2.	11	Jayden Atkins	48.62a	Dickinson - A
	12	Jazmin Barry		
	10	Cecilia Homiston		
	10	Kamora Phillips		
3.	10	Noelle Friederichs	49.58a	Shanley - A
	11	Odura Isaac		
	12	Mesiku Hakim		
	12	Paige Renschler		
4.	10	Monica Boakye	49.59a	Minot - A
	12	Makayla Whitfield		
	10	Kadyn Braun		
	12	Maicee Burke		
5.	12	Avery Mills	49.83a	Century - A
	12	Eden Fridley		
	10	Kambree Long		
	12	Reese Turner		

1.	12	Jeran McNichols	39.31a	Bismarck
2.	10	Bennet Lonn	39.72a	Legacy
4.	12	Ethan Dennis	40.06a	Watford City
7.	10	Yusuf Jama	40.12a	Legacy
3.	11	Trey Knoke	40.51a	Fargo North
5.	11	Joshua Beil	40.51a	Davies
6.	11	Carson Dschaak	40.75a	Bismarck
8.	11	Jack Guscette	40.93a	West Fargo
9.	11	Brady Harty	41.38a	Jamestown
10.	12	Rivers Martin	41.45a	Century
11.	11	Hudson Asche	42.03a	Davies
12.	11	Kaden Kraft	42.21a	Minot
13.	11	Treyton Mauch	42.33a	Wahpeton
14.	12	Josh Neil	42.78a	Red River
15.	10	Kolten Tesch	42.93a	Davies
16.	9	Joaquin Valdez	42.99a	West Fargo
17.	11	Ethan Brintnell	43.23a	St. Mary's
18.	12	Kayne Nelson	43.43a	Century
19.	10	Terrance Fonder	43.45a	Legacy
20.	11	Aden Nojang	43.99a	Fargo North
21.	11	JD Gomez	45.49a	Wahpeton
--	11	Kalen Lucas	SCR	Legacy
--	11	Hudsen Sheldon	SCR	Mandan

4x100 Relay Class A - Finals

1.	11	Carson Dschaak	41.83a	Bismarck - A
	12	Jeran McNichols		
	12	Chaz Ohlsen		
	10	Deegan Staudinger		
2.	12	Cayden Kraft	41.84a	Legacy - A
	12	Reece Snow		
	11	Kamden Kooiman		
	10	Zayden Horne		
3.	11	Titus Dolo	42.09a	Davies - A
	12	Nick Hasbargen		
	12	Thomas Schreiner		
	11	Joshua Beil		
4.	11	Vincent Pecoraro	42.52a	Minot - A
	12	Tyson Ruzicka		
	11	Aaron Prestwich		
	11	Taven Backman		
5.	10	Joaquin Pulido	42.61a	Williston - A
	12	Colter Azbell		
	12	Dexter Yohan		
	12	Isiah St. Romain		
6.	11	Isaiah Gaye	43.14a	Red River - A
	12	Zach Oehlke		
	12	Josh Neil		
	10	Jack Matson		
7.	12	Christian Bowden	43.25a	Dickinson - A
	10	Blake Weller		
	12	Thomas Freer		
	11	Braden Meschke		
8.	12	Gannon Koltes	43.29a	Fargo North - A
	12	Peder Haugo		
	11	Clay Koenig		
	11	Aden Nojang		
--	11	Jordan Kellogg	DQ	Century - A
6.	11	Kaylee Narmah	49.85a	Davies - A
	11	Mariah Burian		
	12	Ashton Safranski		
	12	Jane Donat		
7.	10	Micah Fleck	50.05a	Williston - A
	10	Lainey Powell		
	11	Elyse Lux		
	12	Kaylea Kealoha		
8.	12	Brenna Curl	50.29a	St. Mary's - A
	11	Autumn Bossert		
	8	Stella Gallik		
	12	Lexi Gerving		
9.	9	Jada Khatri	50.49a	Fargo South - A
	12	Jordis Maxwell		
	10	Isabelle Naklen		
	11	Nishi Yvette		

4x100 Relay Class A - Prelims

1.	11	Jayden Atkins	48.96a	Dickinson - A
	12	Jazmin Barry		
	10	Cecilia Homiston		
	10	Kamora Phillips		
2.	8	Olivia Bratton	49.19a	Sheyenne - A
	12	Avary Fitzpatrick		
	12	Mika Wadeson		
	10	Kia Ray		
4.	12	Avery Mills	49.53a	Century - A
	10	Kambree Long		
	10	Maliah Frey		
	12	Reese Turner		
5.	10	Noelle Friederichs	50.05a	Shanley - A
	11	Odura Isaac		
	12	Mesiku Hakim		
	12	Paige Renschler		
3.	10	Monica Boakye	50.40a	Minot - A
	12	Makayla Whitfield		
	10	Kadyn Braun		
	12	Maicee Burke		
7.	11	Kaylee Narmah	50.48a	Davies - A
	11	Mariah Burian		
	12	Ashton Safranski		
	12	Jane Donat		
6.	12	Brenna Curl	50.55a	St. Mary's - A
	11	Autumn Bossert		
	8	Stella Gallik		
	12	Lexi Gerving		
8.	9	Jada Khatri	50.87a	Fargo South - A
	12	Jordis Maxwell		
	10	Isabelle Naklen		
	11	Nishi Yvette		
9.	10	Micah Fleck	50.93a	Williston - A
	10	Lainey Powell		
	11	Elyse Lux		
	12	Kaylea Kealoha		
10.	12	Cambrie Fischer	51.00a	Bismarck - A
	10	Jilian Quale		
	11	Katelyn Luther		
	9	Maren Greff		

	12	Gavin Lill		
	10	Jettler Jacobsen		
	12	Jaxon Birst		

4x100 Relay Class A - Prelims

1.	12	Cayden Kraft	42.11a	Legacy - A
	12	Reece Snow		
	11	Kamden Kooiman		
	10	Zayden Horne		
2.	11	Carson Dschaak	42.37a	Bismarck - A
	12	Jeran McNichols		
	12	Chaz Ohlsen		
	10	Deegan Staudinger		
3.	11	Jordan Kellogg	42.49a	Century - A
	12	Gavin Lill		
	10	Jettler Jacobsen		
	12	Jaxon Birst		
4.	11	Titus Dolo	42.57a	Davies - A
	12	Nick Hasbargen		
	12	Thomas Schreiner		
	11	Joshua Beil		
5.	11	Vincent Pecoraro	42.64a	Minot - A
	12	Tyson Ruzicka		
	11	Aaron Prestwich		
	11	Taven Backman		
6.	10	Joaquin Pulido	42.71a	Williston - A
	12	Colter Azbell		
	12	Dexter Yohan		
	12	Isiah St. Romain		
7.	11	Isaiah Gaye	43.06a	Red River - A
	12	Zach Oehlke		
	12	Josh Neil		
	10	Jack Matson		
8.	12	Christian Bowden	43.24a	Dickinson - A
	10	Blake Weller		
	12	Thomas Freer		
	11	Braden Meschke		
9.	12	Gannon Koltes	43.34a	Fargo North - A
	12	Peder Haugo		
	11	Clay Koenig		
	11	Aden Nojang		
10.	10	Jaylen Runnels	43.45a	Fargo South - A
	10	Amari Taylor		
	12	Jaden Middleton		
	12	A'Johntez Moore		
11.	11	Trinity Anderson	43.93a	Mandan - A
	11	Thomas Catalano		
	11	Clark Joseph Escatron		
	11	Tristan Ulmer		
11.	12	Abel Gartei	43.93a	Sheyenne - A
	11	Cash Gilseth		
	11	Isaiah Lincoln		
	10	Kye Schlichting		
13.	10	Israel Bauer	44.28a	Horace - A
	10	Ty Geray		
	10	Anthony Wojcik		
	10	Markus Podliska		
14.	9	Will Gallik	44.29a	St. Mary's - A
11.	10	Olivia Schock	51.09a	Horace - A
	10	Isabella Nygaard		
	11	Sydney Bailey		
	9	Wilma Kollie		
12.	8	Taylor Mauch	51.27a	Wahpeton - A
	8	Hayden Matejcek		
	11	Halle Miller		
	12	Leah DeVries		
13.	8	Zoey Kienzle	51.32a	Mandan - A
	8	Peyton Kienzle		
	9	Alexis Schmidt		
	8	Ambry Weisbeck		
14.	8	Trinity Curry	51.81a	Red River - A
	8	Daniella Buroko		
	11	Bryn Larson		
	11	Ellery White		
15.	9	Layni Bakalar	52.09a	Valley City - A
	10	Kadie Kocka		
	10	Laityn Didier		
	9	Morgan Larson		
16.	11	Lydia Stoterau	52.35a	Jamestown - A
	10	Mia Kaiser		
	11	Julia Skari		
	9	Jaylynn Olson		
17.	11	Zevina Scarbrough	52.37a	West Fargo - A
	11	Ella Heilman		
	7	Averie Skari		
	10	Lyla Stegman		
18.	7	Raeleigh Myklebust	53.94a	Devils Lake - A
	8	Trinity Kus		
	7	Ealynn Yoder		
	10	Mallie McCloud		
--	10	Stephe Adams	DQ	Legacy - A
	10	Cambree Volk		
	9	Brooklyn Pudwill		
	9	Kulah Barjuah		

4x200 Relay Class A - Finals

1.	11	Jayden Atkins	1:42.70a	Dickinson - A
	10	Jersi Luchi		
	10	Cecilia Homiston		
	12	Jazmin Barry		
2.	9	Izzy Tillisch	1:44.69a	Shanley - A
	11	Odura Isaac		
	12	Mesiku Hakim		
	12	Paige Renschler		
3.	12	Avery Mills	1:44.87a	Century - A
	10	Kambree Long		
	12	Reese Turner		
	12	Eden Fridley		
4.	7	Lily Wilson	1:44.98a	St. Mary's - A
	9	Hattie Roemmich		
	11	Autumn Bossert		
	12	Lexi Gerving		
5.	8	Taylor Mauch	1:45.84a	Wahpeton - A
	12	Jaida Fobb		
	11	Halle Miller		
	12	Leah DeVries		

	11	Aeyden Price		
	11	Isaac Duppong		
	11	Ethan Brintnell		
15.	12	Reggie Cavanaugh	44.49a	Devils Lake - A
	12	Leo Franco		
	12	Wylee Delorme		
	12	Drew Hofstad		
16.	11	Carter Coleman	44.55a	Minot North - A
	11	John Williams III		
	10	Aaron Garza		
	9	Braxton Thompson		
16.	11	Treyton Mauch	44.55a	Wahpeton - A
	11	Jackson DeVries		
	9	Cayden Barth		
	11	JD Gomez		
18.	9	Corban Youngmark	44.64a	Shanley - A
	10	Landon Mitchell		
	12	AJ Carroll		
	12	Kaden Christmann		
19.	10	Cedric Patterson	44.70a	West Fargo - A
	11	Lance Williams		
	10	Isaac Blotsky		
	11	Desire Masiri		
20.	9	Jayden Suhr	44.96a	Valley City - A
	10	Derek Shape		
	11	Jake Anderson		
	12	Parker Jacobson		
21.	11	Brayden Dirckx	44.98a	Grand Forks Central - A
	11	Talan Lunski		
	11	Danny Suedel		
	10	Naz Fisher		
22.	11	Tristan Williams	45.90a	Jamestown - A
	10	Gradin Thorlakson		
	12	Sam Mayhair		
	11	Ryan Kallenbach		
23.	9	Carter Breitbach	46.37a	Watford City - A
	10	Chase Cutshall		
	12	Jasiah Norton		
	9	Connor Hastings		

4x200 Relay Class A - Finals

1.	10	Jaylen Runnels	1:25.87a	Fargo South - A
	12	Justin Zulu		
	12	A'Johntez Moore		
	12	Austin Zulu		
2.	--	Relay Team	1:26.73a	Williston - A
3.	12	Cayden Kraft	1:26.85a	Legacy - A
	10	Zayden Horne		
	9	Caleb Scherr		
	12	Reece Snow		
4.	11	Titus Dolo	1:27.14a	Davies - A
	12	Nick Hasbargen		
	12	Thomas Schreiner		
	11	Joshua Beil		
5.	11	Jordan Kellogg	1:27.20a	Century - A
	12	Gavin Lill		
	10	Jettler Jacobsen		
	11	Josh Berger		
6.	11	Haleigh Carr	1:45.86a	Minot - A
	12	Maicee Burke		
	10	Eve Knutson		
	12	Makayla Whitfield		
7.	11	Markita Wiggins	1:46.07a	Legacy - A
	10	Cambree Volk		
	9	Brooklyn Pudwill		
	12	Aspen Eslinger		
8.	10	Kia Ray	1:46.84a	Sheyenne - A
	9	Kenzie Wuo		
	12	Mika Wadeson		
	8	Olivia Bratton		
9.	12	Cambrie Fischer	1:47.43a	Bismarck - A
	10	Jilian Quale		
	11	Katelyn Luther		
	10	Aubrey Kleser		

4x200 Relay Class A - Prelims

1.	11	Jayden Atkins	1:43.10a	Dickinson - A
	10	Jersi Luchi		
	10	Cecilia Homiston		
	12	Jazmin Barry		
2.	9	Izzy Tillisch	1:45.74a	Shanley - A
	11	Odura Isaac		
	12	Mesiku Hakim		
	12	Paige Renschler		
4.	12	Avery Mills	1:45.99a	Century - A
	10	Kambree Long		
	12	Reese Turner		
	12	Eden Fridley		
3.	7	Lily Wilson	1:46.37a	St. Mary's - A
	9	Hattie Roemmich		
	11	Autumn Bossert		
	12	Lexi Gerving		
7.	11	Haleigh Carr	1:46.62a	Minot - A
	12	Maicee Burke		
	10	Eve Knutson		
	12	Makayla Whitfield		
5.	8	Taylor Mauch	1:47.17a	Wahpeton - A
	12	Jaida Fobb		
	11	Halle Miller		
	12	Leah DeVries		
6.	11	Markita Wiggins	1:47.19a	Legacy - A
	10	Cambree Volk		
	9	Brooklyn Pudwill		
	12	Aspen Eslinger		
8.	12	Cambrie Fischer	1:47.58a	Bismarck - A
	10	Jilian Quale		
	11	Katelyn Luther		
	10	Aubrey Kleser		
9.	10	Kia Ray	1:48.51a	Sheyenne - A
	9	Kenzie Wuo		
	12	Mika Wadeson		
	8	Olivia Bratton		
10.	10	Micah Fleck	1:48.62a	Williston - A
	10	Lainey Powell		
	11	Elyse Lux		
	12	Kaylea Kealoha		

6.	11	Dash Ohlsen	1:28.97a	Bismarck - A
	10	Deegan Staudinger		
	12	Chaz Ohlsen		
	12	Braxton Just		
7.	11	Clay Koenig	1:29.02a	Fargo North - A
	12	Peder Haugo		
	11	Europe Campbell		
	11	Aden Nojang		
8.	10	Jack Matson	1:29.57a	Red River - A
	12	Zach Oehlke		
	12	Josh Neil		
	12	Grant Hoffarth		
9.	11	Aaron Prestwich	1:30.08a	Minot - A
	12	Tyson Ruzicka		
	11	Grayson Schaeffer		
	12	Harrison Stewart		

4x200 Relay Class A - Prelims

1.	10	Jaylen Runnels	1:27.14a	Fargo South - A
	12	Justin Zulu		
	12	A'Johntez Moore		
	12	Austin Zulu		
2.	12	Cayden Kraft	1:27.53a	Legacy - A
	10	Zayden Horne		
	9	Caleb Scherr		
	12	Reece Snow		
4.	10	Joaquin Pulido	1:27.84a	Williston - A
	12	Dexter Yohan		
	12	Colter Azbell		
	12	Isiah St. Romain		
3.	11	Jordan Kellogg	1:28.94a	Century - A
	12	Gavin Lill		
	10	Jettler Jacobsen		
	11	Josh Berger		
5.	11	Titus Dolo	1:29.42a	Davies - A
	12	Nick Hasbargen		
	12	Thomas Schreiner		
	11	Joshua Beil		
7.	12	Ty Luetzen	1:29.50a	Bismarck - A
	10	Deegan Staudinger		
	12	Chaz Ohlsen		
	12	Braxton Just		
6.	11	Clay Koenig	1:29.56a	Fargo North - A
	12	Peder Haugo		
	11	Europe Campbell		
	11	Aden Nojang		
8.	11	Aaron Prestwich	1:29.58a	Minot - A
	12	Tyson Ruzicka		
	11	Grayson Schaeffer		
	12	Harrison Stewart		
9.	10	Jack Matson	1:29.72a	Red River - A
	12	Zach Oehlke		
	12	Josh Neil		
	12	Grant Hoffarth		
10.	12	Christian Bowden	1:30.44a	Dickinson - A
	12	Thomas Freer		
	10	Blake Weller		
	11	Braden Meschke		
11.	8	Zoey Kienzle	1:48.64a	Mandan - A
	8	Peyton Kienzle		
	8	Cadence Alkire		
	8	Ambry Weisbeck		
12.	8	Leighton Stafslien	1:48.79a	Horace - A
	10	Isabella Nygaard		
	11	Sydney Bailey		
	9	Akur Duot		
13.	11	Kaylee Narmah	1:48.89a	Davies - A
	11	Mariah Burian		
	12	Ashton Safranski		
	11	Alexis Lovehaug		
14.	12	Jordis Maxwell	1:49.70a	Fargo South - A
	11	Nishi Yvette		
	9	Summer Barbot		
	9	Jada Khatri		
15.	9	Layni Bakalar	1:51.06a	Valley City - A
	10	Kadie Kocka		
	10	Chesney Thomsen		
	9	Morgan Larson		
16.	9	Arlene Salas	1:51.22a	Watford City - A
	10	Amelia Wisness		
	10	Darbie Moberg		
	11	Fallon Sampsel		
17.	8	Trinity Curry	1:51.35a	Red River - A
	8	Daniella Buroko		
	9	Avi Johnson		
	11	Ellery White		
18.	11	Zevina Scarbrough	1:51.47a	West Fargo - A
	9	Lily Wavrin		
	7	Averie Skari		
	10	Soludo Obi		
19.	12	Gabrielle McLaurin	1:51.66a	Devils Lake - A
	12	Isabella Tangedal		
	8	Ella Wass		
	9	Sara Kraft		
--	9	Paityn Knoke	DQ	Fargo North - A
	11	Nora Fluge		
	8	Lucia Riedinger		
	9	Haylie Hahnert		

4x400 Relay Class A - Finals

1.	9	Jocelynne Hoefs	4:00.90a	Red River - A
	11	Sophie Brakke		
	12	Morgan Hartze		
	12	Jocelyn Schiller		
2.	11	Jersey Lang	4:03.68a	Sheyenne - A
	8	Olivia Bratton		
	12	Olivia Heilman		
	12	Avary Fitzpatrick		
3.	7	Lily Wilson	4:04.06a	St. Mary's - A
	9	Hattie Roemmich		
	11	Eva Selensky		
	12	Lexi Gerving		
4.	10	Aubrey Kleser	4:04.59a	Bismarck - A
	9	Bryar Jahner		
	10	Jilian Quale		
	11	Taya Fettig		

11.	9	Jayden Suhr	1:31.20a	Valley City - A
	10	Derek Shape		
	10	Isaac Norby		
	12	Parker Jacobson		
12.	10	Israel Bauer	1:31.40a	Horace - A
	10	Ty Geray		
	10	Anthony Wojcik		
	10	Markus Podliska		
13.	11	Aeyden Price	1:31.43a	St. Mary's - A
	11	Isaac Duppong		
	11	Colby Fleck		
	11	Ethan Brintnell		
14.	11	Trinity Anderson	1:32.06a	Mandan - A
	11	Timol Walters		
	11	Tristan Ulmer		
	11	Thomas Catalano		
15.	11	Treyton Mauch	1:33.17a	Wahpeton - A
	11	Jackson DeVries		
	9	Cayden Barth		
	11	JD Gomez		
16.	12	Ethan Dennis	1:33.70a	Watford City - A
	9	Carter Breitbach		
	10	Chase Cutshall		
	12	Parker Schuster		
17.	11	Noah Lynch	1:34.15a	Jamestown - A
	9	Aiden Skari		
	11	Ryan Kallenbach		
	11	Brady Harty		
18.	10	Cedric Patterson	1:34.43a	West Fargo - A
	11	Lance Williams		
	10	Isaac Blotsky		
	11	Desire Masiri		
19.	12	Reggie Cavanaugh	1:34.59a	Devils Lake - A
	12	Drew Hofstad		
	11	Oliver Wirth		
	11	Adam Sobolik		
20.	12	AJ Carroll	1:34.79a	Shanley - A
	11	David Hollcraft		
	9	Corban Youngmark		
	12	Kaden Christmann		
21.	9	Paxton Packulak	1:35.20a	Minot North - A
	9	Ethan Howey		
	10	Aaron Garza		
	11	Carter Coleman		
--	11	Cash Gilseth	DQ	Sheyenne - A
	10	Will Morris		
	10	Evan Tiongson		
	10	Kye Schlichting		

5.	7	Sawyer Kosidowski	4:05.08a	Davies - A
	11	Halle Stephens		
	11	Mariah Burian		
	12	Ashton Safranski		
6.	8	Gracie Watson	4:05.92a	Legacy - A
	9	Jemimah Guenther		
	11	Whitney Welk		
	12	Aspen Eslinger		
7.	9	Paityn Knoke	4:06.96a	Fargo North - A
	11	Grayce Anderson		
	9	Haylie Hahnert		
	11	Grace Thiel		
8.	10	Norah Green	4:07.72a	Century - A
	11	Emerson House		
	10	Sylvia Taylor		
	9	Emily Schroeder		
9.	9	Paige Schuster	4:08.30a	Watford City - A
	10	Amelia Wisness		
	10	Darbie Moberg		
	11	Fallon Sampsel		
10.	8	Zoey Kienzle	4:09.56a	Mandan - A
	10	Kayla Corbin		
	9	Reagan Grubb		
	8	Ambry Weisbeck		
11.	10	Jasiyah Wright	4:12.32a	Williston - A
	10	Lainey Powell		
	8	Jovi Zander		
	10	Dru Zander		
12.	9	Izzy Tillisch	4:14.18a	Shanley - A
	10	Kami Dean		
	11	Clara Robin		
	10	Lucy Grothmann		
13.	12	Leah DeVries	1:02.9h 4:14.97a	Wahpeton - A
	8	Gracie Falck	1:05.4h	
	8	Lucie Comstock	1:07.9h	
	12	Jaida Fobb	59.8h	
14.	10	Jenna Nelson	4:15.91a	Dickinson - A
	12	Sadie Stevenson		
	9	Claire Rodakowski		
	10	Cecilia Homiston		
15.	11	Ella Heilman	4:16.80a	West Fargo - A
	11	Sadie Wavrin		
	9	Lily Wavrin		
	10	Kiaya Hagen		
16.	11	Greta Goven	4:26.10a	Valley City - A
	11	Tricia Pfennig		
	9	Cadence Fetsch		
	8	Brynn Lueck		

4x400 Relay Class A - Finals

1.	10	Jaylen Runnels	3:19.47a	Fargo South - A
	12	Justin Zulu		
	12	Oscar Barbot		
	12	Austin Zulu		
2.	12	Jaxon Birst	3:20.72a	Century - A
	12	Gavin Lill		
	12	Gavyn Graham		
	11	Josh Berger		

4x800 Relay Class A - Finals

1.	9	Izzy Dahl	9:35.83a	Bismarck - A
	10	Aubrey Kleser		
	12	Bayla Weigel		
	11	Taya Fettig		
2.	9	Jocelynne Hoefs	9:47.22a	Red River - A
	10	Ava Parks		
	12	Morgan Hartze		
	12	Jocelyn Schiller		

3.	12	Jaray Touray		3:21.92a	Davies - A
	12	Thomas Schreiner			
	12	Nick Hasbargen			
	11	Joshua Beil			
4.	12	Ty Luetzen		3:22.46a	Bismarck - A
	11	Dash Ohlsen			
	12	Preston Lemar			
	11	Carson Dschaak			
5.	10	Owen Martin		3:25.78a	Red River - A
	11	Isaiah Gaye			
	12	Josh Neil			
	12	Grant Hoffarth			
6.	12	Harrison Stewart		3:26.36a	Minot - A
	11	Benjamin Harris			
	11	Kaden Kraft			
	11	Jacob Jackson			
7.	10	Blake Weller		3:26.75a	Dickinson - A
	10	Dylan Glasser			
	11	Duncan Blauer			
	10	Dawson Zubke			
8.	12	Paul Plueddeman		3:27.15a	Sheyenne - A
	12	Isaiah Robles			
	11	Isaiah Lincoln			
	10	Evan Tiongson			
9.	12	Ethan Dennis		3:28.00a	Watford City - A
	10	Chase Cutshall			
	9	Carter Breitbach			
	12	Parker Schuster			
10.	12	Nathan Andrews		3:28.70a	Shanley - A
	9	Ethan Erickson			
	12	AJ Carroll			
	12	Fisher Hannesson			
11.	9	Joaquin Valdez		3:28.84a	West Fargo - A
	10	Cedric Patterson			
	10	Haakon Seymour			
	11	Jack Guscette			
12.	11	Europe Campbell		3:29.44a	Fargo North - A
	12	Peder Haugo			
	11	Clay Koenig			
	12	James Lien			
13.	12	Colton Ruud		3:29.61a	Legacy - A
	10	Landon Herr			
	9	Caleb Scherr			
	12	Cayden Kraft			
14.	10	Carter Hockert	55.9h	3:31.85a	Wahpeton - A
	11	Jackson DeVries	51.3h		
	12	Noah Berge	54.0h		
	11	JD Gomez	51.7h		
15.	11	Talib Berry		3:33.29a	Grand Forks Central - A
	11	Danny Suedel			
	11	Theo Sum			
	12	Curtis Sande			
16.	11	Carter Coleman		3:33.54a	Minot North - A
	9	Jayce Wendt			
	11	Nolan Howey			
	11	John Williams III			
17.	12	Isiah St. Romain		3:34.41a	Williston - A
	10	Wyatt Adkins			
	11	Hunter Hart			

3.	10	Davin Nesius		9:49.77a	Davies - A
	10	Noof Ali			
	11	Halle Stephens			
	9	Brynn Braaflat			
4.	10	Angela Wold		9:55.03a	Williston - A
	9	Cambree Moss			
	8	Jovi Zander			
	10	Dru Zander			
5.	8	Brynn Lueck		9:58.27a	Valley City - A
	9	Cadence Fetsch			
	11	Greta Goven			
	12	Reagan Berg			
6.	10	Lucy Grothmann		10:01.81a	Shanley - A
	9	Elle Bernhardt			
	8	Claire Bakke			
	10	Kami Dean			
7.	11	Emerson House		10:01.91a	Century - A
	10	Addison Heck			
	12	Lindsey Schroeder			
	9	Emily Schroeder			
8.	10	Lauren Woeste		10:02.60a	Legacy - A
	11	Bre Axt			
	12	Taylor Gabbert			
	9	Jemimah Guenther			
9.	7	Maggie Jacobson		10:03.17a	West Fargo - A
	10	Kiaya Hagen			
	7	Linnea Bruns			
	11	Sadie Wavrin			
10.	9	Maddie VerDouw		10:10.14a	St. Mary's - A
	12	Abigail Eberle			
	9	Hattie Roemmich			
	8	Ella Selensky			
11.	11	Jersey Lang		10:13.29a	Sheyenne - A
	8	Baylor Dinger			
	9	Kathryn Madrigga			
	12	Olivia Heilman			
12.	11	Grayce Anderson		10:20.28a	Fargo North - A
	11	Claire Bartell			
	10	Berit Hillmer			
	11	Grace Thiel			
13.	9	Sophia Lade		10:20.29a	Minot - A
	8	Lucy Harris			
	12	Maria Goodvin			
	8	Kaylee Jackson			
14.	10	Leila Gregoire		10:21.97a	Dickinson - A
	11	Laney Tolman			
	11	Arabella Privratsky			
	9	Abby Praus			
15.	12	Gabrielle McLaurin		10:32.68a	Devils Lake - A
	10	Aubrie Lebrun			
	7	Tenley Triepke			
	8	Dottie Goss			
16.	11	Brooke Jewett		10:37.54a	Horace - A
	9	Jocelyn Wettlaufer			
	8	Cambelle Novak			
	10	Brooklyn Herrick			

Shot Put - 4kg Class A - Finals

Field Series

	12	Rory Richardson		
18.	11	Noah Lynch	3:35.17a	Jamestown - A
	9	Heath Heupel		
	9	Aiden Skari		
	11	Brady Harty		
--	11	Trinity Anderson	DQ	Mandan - A
	11	Chance Bryson		
	11	Clark Joseph Escatron		
	11	Thomas Catalano		

4x800 Relay Class A - Finals

1.	11	Dawson Balzer	7:56.71a	Bismarck - A
	10	Owen Hintz		
	11	Connor Ensign		
	12	Tyler Wahl		
2.	11	Josh Berger	7:58.30a	Century - A
	12	Breydyn Schlabsz		
	12	Gavyn Graham		
	10	Anthony Davis		
3.	11	Dylan Jackson	8:02.71a	Minot - A
	11	Nathan Wistisen		
	11	Jacob Jackson		
	11	Benjamin Harris		
4.	12	Micah Larsen-Schmidt	8:08.06a	Red River - A
	11	Elijah Dafoe		
	12	Grant Hoffarth		
	11	Joe Quinn		
5.	12	Rory Richardson	8:08.85a	Williston - A
	12	Thomas Haskins		
	10	Owen Cowan		
	11	Hunter Hart		
6.	12	Jaray Touray	8:11.53a	Davies - A
	8	Luka Rout		
	10	Colton Reinke		
	12	Adam Brachman		
7.	12	Isaac Schroeder	8:21.56a	St. Mary's - A
	12	Adam Eberle		
	10	Nathan Eberle		
	10	Jacob Windsor		
8.	10	Cole Duerr	8:22.22a	Sheyenne - A
	12	Chase Aadland		
	12	Tucker Deibert		
	12	Isaiah Robles		
9.	10	Isaac Cerney	8:28.99a	Fargo North - A
	11	Gus Hillmer		
	11	Ian Rasmussen		
	12	Owen Sondag		
10.	12	Kade Warren	8:32.50a	Legacy - A
	12	Parker Opp		
	10	Jacob Logan		
	10	Landon Herr		
11.	11	Micah Stoudt	8:32.60a	Jamestown - A
	9	Jack Schauer		
	12	Raine Job		
	12	Sam Anteau		
12.	9	Ethan Erickson	8:34.96a	Shanley - A
	10	Quinn Carroll		
	10	Henry Liebl		

1.	11	Scout Woods	43-10.50	PR	Wahpeton
2.	12	Tayla Andersen	40-03.50		Bismarck
3.	12	Seely Stockmoe	38-03.00		Shanley
4.	11	Addison Marker	37-10.00	PR	Jamestown
5.	12	Cailey Moton	37-06.00		West Fargo
6.	12	Maggie Kleinknecht	37-03.50		Mandan
7.	12	Jecelyn Arends	37-01.00		Dickinson
8.	11	Berlyn Lindbo	36-05.00		Legacy
9.	11	Brooklynn Felchle	36-02.00		Legacy
10.	10	Jacie Reardon	35-11.00		Grand Forks Central
11.	12	Kinley Anderson	35-09.00		Jamestown
12.	11	Marthalyne Wornor	35-08.00		Davies
13.	11	Mya Williams	35-03.00		Bismarck
14.	11	Katelyn Brown	35-02.00		Century
15.	9	Lily Wavrin	35-01.00		West Fargo
16.	9	Sadie Hollar	34-08.00		Legacy
17.	12	Alexa Delzer	34-06.50		Century
18.	12	Madison Conner	33-11.00		Century
19.	9	Kenzie Wuo	33-10.50		Sheyenne
20.	11	Chloe Wolff	33-10.00		Century
21.	11	Josie Rystedt	33-02.00		Minot North
22.	10	Kylee Sivers	32-10.00		Fargo South
23.	11	Carrie Osier	32-06.00		Fargo North
24.	11	Elsa Axtman	32-05.00		Davies
25.	12	Amaya Willis	31-00.00		Legacy
--	12	Brielle Wrangham	DNS		Bismarck
--	10	Ryen Brothers	FOUL		Legacy

Discus - 1kg Class A - Finals

Field Series

1.	10	Ryen Brothers	138-04	PR	Legacy
2.	11	Scout Woods	133-08		Wahpeton
3.	12	Cailey Moton	129-02	PR	West Fargo
4.	12	Raya Rood	128-05	PR	Bismarck
5.	11	Berlyn Lindbo	127-07		Legacy
6.	9	Jordan Christoffers...	126-11	PR	Horace
7.	12	Talea Furcht	123-04		Legacy
8.	12	Kinley Anderson	122-00		Jamestown
9.	10	Taylor Mayer	121-06	PR	Bismarck
10.	12	Tayla Andersen	119-01		Bismarck
11.	11	Evie Blomseth	118-02	PR	Century
12.	12	Kiara Zepeda	115-05		West Fargo
13.	11	Chloe Wolff	114-06		Century
14.	11	Lizzy Kerzman	114-03		Bismarck
15.	11	Katelyn Brown	114-00	PR	Century
16.	12	Maggie Kleinknecht	112-05		Mandan
17.	9	Evy Halverson	110-07		Dickinson
18.	10	Jacie Reardon	109-07		Grand Forks Central
19.	11	Erika Wanner	108-06		Shanley
20.	11	Josie Rystedt	108-03		Minot North
21.	12	Eve Bland	107-09		Minot
22.	11	Carrie Osier	106-10		Fargo North
23.	10	Lyla Stegman	105-07		West Fargo
24.	12	Morgan Johnson-Colb...	105-03		Bismarck
25.	12	Amaya Willis	103-08		Legacy
26.	12	Claire Vetter	103-07		Shanley
27.	11	Jayde Madson	103-02		Bismarck
28.	9	Sadie Hollar	101-11		Legacy
29.	9	Lily Wavrin	98-01		West Fargo

	12	Nathan Andrews		
13.	10	Haakon Seymour	8:37.74a	West Fargo - A
	12	Brady Wohl		
	11	Andrew Knudsvig		
	11	Isaac Amundson		
14.	11	Ian Butman	8:38.38a	Mandan - A
	11	Chance Bryson		
	11	X'avin Condon		
	12	Michael Pfliger		

Shot Put - 12lb Class A - Finals

Field Series

1.	12	Ethan Thomas	63-11.00	PR	Grand Forks Central
2.	11	Jack Shaffer	56-02.50		Bismarck
3.	12	Evan Schmit	54-04.50		Century
4.	12	Hunter Corbin	53-06.00	PR	Mandan
5.	12	Jobe Rystedt	52-06.00	PR	Minot
6.	12	Zach Lilly	51-00.00		Davies
7.	11	Ole Taylor	50-09.50		Century
8.	11	Kade Pietrzak	50-05.00		Sheyenne
9.	10	Braxton Dahl	49-09.00		Century
10.	12	Ethan Halverson	49-08.50		Dickinson
11.	12	James Miller	49-06.00		Fargo North
12.	11	JB Walters	49-02.50	PR	Red River
13.	12	Mato Greywind	48-03.00		Fargo South
14.	12	James Lee	47-06.00		Century
15.	10	Blake Anderson	47-02.50		Minot
16.	11	Braxton Rance	46-09.00		Devils Lake
17.	12	Austin Smith	46-03.00		Century
18.	12	Dylan Smith	45-11.00		Dickinson
19.	12	Kaden Overson	45-01.50		Bismarck
20.	12	Luke Rogen	44-04.00		Shanley
21.	9	Isaac Lowery	44-03.00		Dickinson
22.	12	Alex Vyska	43-11.00		Legacy

Discus - 1.6kg Class A - Finals

Field Series

1.	12	Ethan Thomas	191-07	PR	Grand Forks Central
2.	11	Jack Shaffer	179-07		Bismarck
3.	12	Kobe Irmen	176-04	PR	Minot
4.	11	Lincoln Brooks	159-08	PR	Minot
5.	12	Austin Smith	158-09	PR	Century
6.	11	Ole Taylor	155-06		Century
7.	11	Bryce Lasher	154-06	PR	Century
8.	11	Kade Pietrzak	149-04	PR	Sheyenne
9.	11	Dylan Hunt	148-06		Valley City
10.	11	Kaden Fitterer	147-10		Bismarck
11.	12	James Miller	146-09		Fargo North
12.	12	Kyen Poole	146-04	PR	Grand Forks Central
13.	11	Koen Levy	145-10		Century
14.	10	Blake Anderson	144-02		Minot
15.	12	James Lee	142-00		Century
16.	12	Cam Ahlers	136-09		Shanley
17.	12	Jack Stewart	136-04		West Fargo
18.	11	Holden Deutsch	135-08		Shanley
19.	12	Hunter Corbin	131-07		Mandan
20.	12	Ethan Halverson	129-09		Dickinson
21.	12	Mato Greywind	127-08		Fargo South
22.	12	Heston Faul	125-00		Minot
30.	11	Brooklynn Felchle	94-08		Legacy
--	11	Abby Baker	FOUL		Red River

Javelin - 600g Class A - Finals

Field Series

1.	12	Ella Weippert	132-08		Red River
2.	12	Lexi Gerving	127-01		St. Mary's
3.	12	Morgan Johnson-Colb...	126-01	PR	Bismarck
4.	10	Stray Ressler	119-00		Mandan
5.	10	Lyla Stegman	118-07	PR	West Fargo
6.	12	Cambrie Fischer	117-04		Bismarck
7.	12	Cayla Sailer	116-11		Davies
8.	11	Emerson Byron	115-10	PR	Red River
9.	12	Kiara Zepeda	112-06		West Fargo
10.	10	Jacie Reardon	108-05		Grand Forks Central
11.	11	Harper Harris	108-01		Mandan
12.	9	Jordan Christoffers...	105-09		Horace
13.	10	Ellee McIntosh	105-08		West Fargo
14.	10	Aspen Roaldson	104-05		Bismarck
15.	10	Madysen Schwind	102-01		Mandan
16.	12	Kendyl Anderson	100-01		Jamestown
17.	10	Journey Oukrop	92-04		St. Mary's
18.	11	Addison Marker	91-11		Jamestown

High Jump Class A - Finals

Field Series

1.	11	Axumite Wren James	5-05.00		Fargo South
2.	10	Jordyn Rood	5-04.00		Bismarck
3.	10	Alexis Heinle	5-03.00	PR	Century
4.	9	Layna Hoffer	5-01.00		Jamestown
5.	12	Kendra Hall	5-01.00		Williston
6.	9	Alexa Bjornson	5-01.00		Century
7.	9	Hayden Chathams	5-01.00		Bismarck
8.	12	Jaida Fobb	4-11.00		Wahpeton
8.	10	Jenna Nelson	4-11.00		Dickinson
10.	11	Madison Foster	4-11.00		Bismarck
10.	10	Keeley Call	4-11.00		Williston
12.	10	Fallon Passanante	4-11.00		Davies
12.	12	Sannie Yeanay	4-11.00		Sheyenne
14.	12	Ella Livingston	4-09.00		Horace
14.	10	Emma Esposito	4-09.00		West Fargo
14.	8	Camryn Ulmer	4-09.00		Mandan
14.	9	Jocelynne Hoefs	4-09.00		Red River
18.	12	Emily Arnold	4-09.00		Grand Forks Central
18.	11	Macy Crane	4-09.00		Legacy
--	10	Audrina Ehlert	NH		Horace
--	12	Cayla Sailer	NH		Davies

Pole Vault Class A - Finals

Field Series

1.	11	Emma Briggs	11-09.00	PR	Sheyenne
2.	12	Alyson Krug	11-09.00		Bismarck
3.	12	Onya Kretchman	11-06.00	PR	Davies
4.	11	Jolee Dahl	10-09.00		West Fargo
5.	11	Addison Tandeski	10-06.00	SR	Davies
6.	10	McKinnley Kragh	10-03.00	PR	Minot North
7.	10	Kadie Kocka	10-03.00	PR	Valley City
8.	12	Hope Lukes	10-00.00		West Fargo
9.	10	Maddy Lamberth	10-00.00	PR	Legacy

23.	10	Adam Bamba	107-06	Horace
--	10	Alexander Meece	FOUL	Davies

Javelin - 800g Class A - Finals

Field Series

1.	12	Ethan Thomas	185-07	PR	Grand Forks Central
2.	11	Daniel Severud	184-11	PR	Red River
3.	11	Holden Witte	165-11	PR	Davies
4.	11	Tristan Ulmer	165-10	PR	Mandan
5.	12	Ty Wiedrich	165-05		Williston
6.	11	JB Walters	160-03	PR	Red River
7.	12	Dylan Smith	158-04		Dickinson
8.	11	Jacoby Traut	154-07		Jamestown
9.	12	Zachary Sykora	153-05		Valley City
10.	12	Preston Lemar	151-09		Bismarck
11.	12	Peter Havelka	148-08		Davies
12.	11	Ole Taylor	145-03		Century
13.	11	Brett Miller	144-07		Legacy
14.	12	Grant Hubley	142-02		Century
15.	12	Kaden Overson	139-01		Bismarck
16.	12	Rustin Medenwald	138-09		Mandan
17.	12	Drew Hofstad	138-01		Devils Lake
18.	11	Marquese Dubois	137-06		Devils Lake

High Jump Class A - Finals

Field Series

1.	12	Logan Conklin	6-08.00	PR	Minot
2.	11	Hudsen Sheldon	6-07.00		Mandan
3.	12	Lucas Kupfer	6-02.00		Legacy
3.	12	Kale Schommer	6-02.00		Century
5.	12	Rustin Medenwald	6-00.00		Mandan
5.	11	Trey Knoke	6-00.00		Fargo North
5.	12	Alpha Camara	6-00.00		Davies
8.	12	Holden Howard	6-00.00		Mandan
9.	11	Joel Nelson	5-10.00		Devils Lake
9.	11	Cooper Weidner	5-10.00		Legacy
9.	9	Kyson Keller	5-10.00		Sheyenne
9.	10	Amari Taylor	5-10.00		Fargo South
13.	11	Lincoln Brooks	5-10.00		Minot
13.	11	Bonfas Loria	5-10.00		West Fargo
15.	11	Kalef Yalartai	5-10.00		Sheyenne
15.	11	Oliver Wirth	5-10.00		Devils Lake
--	10	Chris Kambal	NH		Fargo South
--	11	Mason Klabo	DNS		Davies

Pole Vault Class A - Finals

Field Series

1.	10	Blake Homiston	15-00.00	Dickinson
2.	10	Yusuf Jama	14-06.00	Legacy
2.	9	Beckett Price	14-06.00	St. Mary's
4.	12	Adam Nychyporuk	14-00.00	Legacy
5.	12	Jimmy Shar	13-09.00	Legacy
6.	12	Holden Will	13-09.00	Legacy
7.	9	Jax Heck	13-00.00 PR	Bismarck
8.	11	Jack Jelinek	12-06.00	Sheyenne
9.	10	Austin Saari	12-06.00	West Fargo
9.	10	Lincoln Walker	12-06.00	West Fargo
11.	9	Caleb Axt	12-00.00	Legacy
12.	12	Tyler Hanson	12-00.00	Sheyenne
10.	12	Halle Braaflat	9-03.00	Davies
11.	12	Madison Lugert	9-03.00	Sheyenne
12.	9	Madelyn Kringstad	8-09.00	Century
12.	12	Emery Aasen	8-09.00	West Fargo
14.	11	Morgan Wieler	8-09.00	Sheyenne
15.	10	Shae Wegge	8-09.00	Bismarck
15.	11	Kadence McEvers	8-09.00	Century
--	10	Aspen Roadarmel	NH	Dickinson
--	11	Madison Wendel	NH	Valley City
--	11	Sydney Kiefer	NH	Bismarck
--	11	Alexis Dwyer	NH	West Fargo

Long Jump Class A - Finals

Field Series

1.	12	Jazmin Barry	18-06.75	(-0.1)		Dickinson
2.	10	Michelle Gee	18-01.50	(0.0)		West Fargo
3.	11	Sophie Brakke	18-01.00	(0.0)		Red River
4.	12	Makayla Whitfield	17-09.50	(1.2)	PR	Minot
5.	10	Alexis Heinle	17-09.00	(0.0)		Century
6.	10	Kia Ray	17-08.00	(0.0)		Sheyenne
7.	12	Allysah Larson	16-11.00	(0.0)		Jamestown
8.	9	Brooklyn Pudwill	16-09.00	(0.0)		Legacy
9.	12	Onya Kretchman	16-07.50	(0.2)		Davies
10.	12	Ajaye Gill	16-07.50	(0.0)		Bismarck
11.	12	Kendra King	16-06.75	(-0.8)		Dickinson
12.	10	Jaelynn Zarr	16-03.00	(0.0)		Minot North
13.	11	Autumn Bossert	16-02.25	(-0.6)		St. Mary's
14.	11	Makayla Wiedenmeyer	16-01.50	(0.0)		Century
15.	9	Sara Kraft	16-01.00	(1.3)		Devils Lake
16.	10	Micah Fleck	16-01.00	(0.9)		Williston
17.	12	Sannie Yeanay	16-00.50	(1.1)		Sheyenne
18.	9	Layni Bakalar	15-11.50	(2.0)		Valley City
19.	11	Grace Lang	15-10.50	(0.3)		Century
20.	9	Alexa Bjornson	15-09.50	(-1.3)		Century
21.	12	Cambrie Fischer	15-08.25	(0.4)		Bismarck
22.	11	Mia Peterson	15-07.75	(0.0)		Bismarck
23.	9	Kenzie Wuo	15-06.50	(0.6)		Sheyenne
24.	9	Tatum Radke	15-06.50	(2.0)		Mandan
25.	12	Kennedy Marcus	15-06.00	(-0.3)		Bismarck
26.	9	Claire Rodakowski	15-06.00	(0.6)		Dickinson
27.	11	Madison Foster	15-05.00	(0.5)		Bismarck
28.	8	Stella Gallik	15-03.00	(0.2)		St. Mary's
29.	10	Hayden Olson	15-00.50	(0.0)		Jamestown
30.	10	Audrina Ehlert	14-08.00	(0.0)		Horace
31.	9	Naomi Sando	14-02.50	(-1.5)		Sheyenne
--	11	Haleigh Carr	FOUL	(0.0)		Minot
--	12	Jane Donat	FOUL	(0.0)		Davies

Triple Jump Class A - Finals

Field Series

1.	11	Haleigh Carr	37-03.75	(0.0)	PR	Minot
2.	11	Sophie Brakke	36-11.25	(0.0)		Red River
3.	12	Cayla Sailer	36-06.25	(0.0)	SR	Davies
4.	12	Onya Kretchman	36-04.50	(0.0)		Davies
5.	10	Alexis Heinle	36-01.00	(0.0)		Century
6.	12	Ajaye Gill	36-00.50	(0.0)		Bismarck
7.	12	Allysah Larson	35-10.50	(0.0)		Jamestown
8.	11	Haley Conklin	35-06.50	(0.0)		Minot
9.	12	Sannie Yeanay	35-04.00	(0.0)	PR	Sheyenne

13.	12	Jonah Heyer	11-06.00		Davies
13.	12	Fisher Hannesson	11-06.00		Shanley
--	11	Gabriel Hamlin	NH		Bismarck
--	12	Connor Manske	NH		Sheyenne
--	12	Jacob Roth	NH		Minot

Long Jump Class A - Finals

Field Series

1.	12	Thomas Schreiner	23-01.00	(0.0)	Davies
2.	11	Lucas McNichols	22-11.00	(0.0) PR	Bismarck
3.	10	Deegan Staudinger	22-04.50	(0.0)	Bismarck
4.	11	Grayson Schaeffer	22-02.00	(0.0)	Minot
5.	11	John Williams III	21-11.25	(1.7)	Minot North
6.	12	Kale Schommer	21-10.25	(0.0)	Century
7.	10	Kye Schlichting	21-05.00	(0.2)	Sheyenne
8.	11	Michael Leier	21-04.50	(1.5)	Bismarck
9.	10	Bennet Lonn	21-04.00	(0.1)	Legacy
10.	12	Zach Oehlke	21-03.50	(-0.3)	Red River
10.	10	Amari Taylor	21-03.50	(0.7)	Fargo South
12.	12	Preston Lemar	21-02.50	(0.1)	Bismarck
13.	12	Isiah St. Romain	21-01.00	(1.7)	Williston
14.	12	Dexter Yohan	21-00.50	(4.4)	Williston
15.	11	Charlie Metzger	21-00.00	(1.0)	Davies
16.	12	Ryan Landenberger	20-11.50	(0.5)	Century
17.	11	Golden Deebom	20-08.50	(-0.1)	Davies
18.	12	Lucas Kupfer	20-07.00	(-1.0)	Legacy
19.	11	Isaiah Gaye	20-06.50	(-0.9)	Red River
20.	11	Aeyden Price	20-06.25	(0.0)	St. Mary's
21.	12	Ben Strand	20-05.50	(0.4)	Red River
21.	12	Nick Hasbargen	20-05.50	(2.3)	Davies
23.	10	Levi Ehrlich	20-05.25	(0.7)	Bismarck
24.	9	Joaquin Valdez	20-05.00	(0.0)	West Fargo
25.	11	Chris Verdier	20-04.75	(0.0)	Davies
26.	12	Logan Conklin	20-04.50	(-0.1)	Minot
26.	10	Israel Bauer	20-04.50	(1.3)	Horace
28.	11	Austin Privratsky	20-03.50	(-2.4)	Century
29.	11	Kalef Yalartai	20-01.50	(1.2)	Sheyenne
29.	12	Colter Azbell	20-01.50	(0.0)	Williston
31.	12	Braxton Just	19-10.50	(-2.9)	Bismarck
32.	11	Kolter Simon	19-09.25	(0.5)	Century
33.	9	Hayden Bondley	19-07.50	(0.4)	Bismarck
34.	11	Kamden Kooiman	19-07.00	(-1.4)	Legacy
35.	11	Lance Williams	19-06.25	(0.4)	West Fargo
36.	12	Jaden Middleton	19-05.75	(0.0)	Fargo South
37.	12	Colby Albertson	19-05.25	(0.5)	Minot
38.	12	Sam Bowman	19-04.25	(3.2)	Red River
39.	11	Treyton Mauch	19-02.00	(0.6)	Wahpeton
39.	9	Brian Teghen	19-02.00	(1.1)	Williston
41.	12	A'Johntez Moore	19-00.50	(0.0)	Fargo South
42.	11	Joel Nelson	18-10.75	(1.5)	Devils Lake
43.	12	Wylee Delorme	18-08.50	(0.9)	Devils Lake
44.	10	Chase Cutshall	18-04.00	(0.0)	Watford City
45.	12	Drew Hofstad	18-03.00	(-1.3)	Devils Lake
--	9	Beckett Price	FOUL	(0.0)	St. Mary's

Triple Jump Class A - Finals

Field Series

1.	11	Grayson Schaeffer	47-01.00	(0.0) PR	Minot
2.	11	John Williams III	46-05.00	(0.0) PR	Minot North
10.	12	Kendra King	35-02.50	(0.0)	Dickinson
11.	11	Addison Tandeski	35-02.00	(0.0) SR	Davies
12.	11	Axumite Wren James	35-01.50	(0.0)	Fargo South
12.	12	Kendra Hall	35-01.50	(0.0)	Williston
14.	12	Kennedy Marcus	35-01.00	(0.0)	Bismarck
15.	11	Mia Peterson	34-09.25	(0.0)	Bismarck
16.	12	Micah Sander	34-07.25	(0.0)	Sheyenne
17.	11	Makayla Wiedenmeyer	34-07.00	(0.0)	Century
18.	10	Soludo Obi	34-03.75	(0.0)	West Fargo
19.	10	Jaelynn Zarr	34-02.25	(0.0)	Minot North
20.	9	Sara Kraft	34-01.00	(0.0)	Devils Lake
20.	9	Tatum Radke	34-01.00	(0.0)	Mandan
22.	9	Alexa Bjornson	33-11.00	(0.0)	Century
23.	9	Kenzie Wuo	33-06.00	(0.0)	Sheyenne
24.	11	Bryn Larson	33-01.50	(0.0)	Red River
25.	10	Maliah Frey	32-10.50	(0.0)	Century
26.	10	Hayden Olson	32-06.25	(0.0)	Jamestown
27.	9	April Miller	32-06.00	(0.0)	Devils Lake
28.	11	Hannah Bargor	32-00.25	(0.0)	Sheyenne
29.	9	Brooklyn Pudwill	31-03.50	(0.0)	Legacy
--	11	Julia Skari	DNS	(0.0)	Jamestown

3.	12	Jaden Middleton	45-10.75	(0.0)	Fargo South
4.	10	Bennet Lonn	44-02.00	(0.0) PR	Legacy
5.	11	Isaiah Gaye	43-06.00	(0.0)	Red River
6.	12	A'Johntez Moore	43-04.75	(0.0)	Fargo South
7.	12	Noah Olson	43-00.25	(0.0)	Sheyenne
8.	11	Chris Verdier	43-00.00	(0.0) PR	Davies
9.	12	Lucas Kupfer	42-09.50	(0.0)	Legacy
10.	12	Kale Schommer	42-07.00	(0.0)	Century
11.	11	Kolter Simon	42-05.00	(0.0) SR	Century
12.	11	Brayden Heinle	41-06.50	(0.0) PR	Century
13.	11	Kalef Yalartai	41-04.00	(0.0)	Sheyenne
13.	10	Chris Kambal	41-04.00	(0.0)	Fargo South
15.	12	Ben Strand	40-11.00	(0.0)	Red River
16.	11	Brady Harty	40-05.25	(0.0)	Jamestown
17.	11	Austin Privratsky	40-02.25	(0.0)	Century
18.	9	Max Kostelecky	39-11.75	(0.0)	Dickinson
19.	12	Colby Albertson	39-10.00	(0.0)	Minot
20.	9	Aiden Skari	39-08.00	(0.0)	Jamestown
21.	11	Tristan Haider	38-11.75	(0.0)	Legacy
22.	12	James Lanners	38-05.75	(0.0)	Fargo North
--	11	Kalen Lucas	DNS	(0.0)	Legacy
--	11	Jack Guscette	DNS	(0.0)	West Fargo

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NDHSAA Class A State Meet HS

OFFICIAL Thu, May 23 - Sat, May 25, 2024 Bismarck State College - MDU Resources Commur

Mens Class A

19 / 19 Events Completed

1.	Bismarck	170
2.	Century	72.5
3.	Minot	72
4.	Legacy	68.5
5.	Fargo South	59
6.	Davies	56
7.	Red River	40
8.	Fargo North	37
9.	Grand Forks Central	30
10.	Williston	28
11.	Mandan	22
11.	St. Mary's	22
13.	Dickinson	20
14.	Minot North	12
15.	Watford City	10
15.	West Fargo	10
17.	Sheyenne	9
18.	Valley City	2
19.	Jamestown	1

Womens Class A

19 / 19 Events Completed

1.	Bismarck	100
2.	Davies	93
3.	Red River	65
4.	West Fargo	60
5.	Sheyenne	56
6.	St. Mary's	54
7.	Dickinson	38.5
8.	Shanley	36
9.	Legacy	33
10.	Century	32
11.	Minot	26
11.	Valley City	26
13.	Wahpeton	25.5
14.	Jamestown	25
15.	Fargo South	16
16.	Williston	14
17.	Watford City	13
18.	Horace	11
19.	Mandan	9
20.	Fargo North	5
21.	Minot North	3

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WHERE ARE THEY NOW?

BRAXTON BRUER



CLASS OF 2019


adidas
MOORHEAD
5
NORTH DAKOTA ST

HOPE PRINGLE



CLASS OF 2020



DAVID DANIELS



CLASS OF 2020



JASMINE WILLIAMS



CLASS OF 2022


NDSU

KAELYN BERG



CLASS OF 2022



LANE DULLUM



CLASS OF 2022

