



Severe Allergic Reaction Emergency Care Plan for School/Field Trip

Name of Student _____ School _____
Teacher/Grade _____ Date _____

Dear Parent:

We understand that your child is allergic to _____.
Please complete this form and return it to school as soon as possible. **If your child needs medication at school, we must have a completed medication authorization form. If your child has special dietary needs, please see the cafeteria manager at your school. It is your responsibility to inform after school staff regarding your child's medical needs.**

School Nurse Phone _____

Please circle the following regarding your child's allergies:

Oral: Yes / No Contact: Yes / No Airborne: Yes / No

Signs of an Allergic Reaction include the following. Please circle the signs your child has experienced.

- **Mouth** itching & swelling of the lips, tongue, or mouth
- **Throat** itching and/or a sense of tightness in the throat, hoarseness & hacking cough
- **Skin** hives, itchy rash, and/or swelling about the face or extremities
- **Stomach** nausea, abdominal cramps, vomiting and/or diarrhea
- **Lung** shortness of breath, repetitive coughing and/or wheezing
- **Heart** "thready" pulse, "passing-out"

Any of the following symptoms indicate a life-threatening situation is developing:

- difficulty breathing or wheezing
- harsh bark-like sound in the throat heard with breathing
- loss of color around lips
- unconsciousness

____ Student carries Benadryl/Epi-pen (The school will assume no responsibility for students who self medicate.)

____ Student has Benadryl/Epi-pen located in _____

____ Student does not have medication.

____ Student no longer requires treatment for allergies.

Interventions:

- If student has **Benadryl** or an **Epi-pen** tell him to use it or assist in administering. **Note time given.**
- **Stay with student.**
- **Call for first responders and notify parent.**
- When Epi-pen is used or difficulty breathing noted, **call 911.**
- Continue to monitor breathing. If the student has wheezing, a harsh bark-like sound with breathing or if lips become pale or blue, a life-threatening reaction is developing.
- **If breathing stops, begin rescue breathing.**

The school nurse may communicate with the student's health care provider(s):

Dr. _____ Phone _____

Parent/Guardian Signature _____ **Date** _____

Teachers are responsible for establishing a means of notifying all others who may assume responsibility for this student (teacher assistants, substitute teachers, specialty teachers), that this plan exists.