

# June

# 2021

## Football Schedule

"To be a better football player than you've ever been, you have to do something you've never done before"

### Notes:

Practice will be held on the dates below. Please bring the following items every day:

**Water**

**Shoes**

**Cleats**

If you will be on vacation or absent on these dates, please let me know ahead of time! Though this is all optional I would like to know who to expect each day!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	Practice	Practice	Practice	11	12
13	14	Practice	Practice	Practice	18	19
20	21	Practice	Practice	Practice	25	26
27	28	29	30			
<b>All Practices will be from 8-9:30am</b>	<u>Conditioning</u>  <u>Offense</u>  <u>Defense 30</u>	110's  Formations Motions/WR Tags Runs	5-10-5 L drill Mile run	Quarters	Gear/order form money is due June 30 <sup>th</sup>	Polo, shorts, compression top are all REQUIRED  Hoodie and draw string bag are OPTIONAL

