


# YOU DON'T HAVE TO HIDE HOW YOU FEEL.

**Talk to a trusted professional who truly cares.**

- Anytime—24/7 support
- Any Reason—anxiety, depression, relationship problems, anything
- Always Free & Confidential

**CALL, TEXT OR CHAT 988**

Innovate Collaborate Inspire

Mosaic Project Hotline:
833-667-2428
Stay Safe, Speak Up! Hotline:
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