



DEPARTMENT OF EDUCATIONAL SUPPORT SERVICES
ARTS IN EDUCATION

SPOTLIGHT

Health & Nutrition

Lety Algeri- Tower Garden- School Seeds



Students experience real-life learning while meeting Common Core Standards. At the core is the Tower Garden, a vertical aeroponic gardening system designed for indoor growing. There is a huge problem-solving component from the moment students are introduced to the Tower Garden. The project begins with a box. Your students, by working together using STEM principles, turn the box into a living Tower Garden. And that's just the beginning! As the project blossoms, students incorporate science, math, ELA, social studies, current societal issues, technology, the use of various computer software programs, family consumer science, and the understanding of the importance of healthy eating skills. Includes teamwork, confidence, enthusiasm, and critical thinking that are priceless in the development of a child.



Zoda LLC, Mad Science of LI- Mission: Nutrition

Introduce students to the basics of nutrition including the role of carbohydrates, proteins and fats. They gain an understanding of how food provides energy for the body and how exercise plays an important role in energy levels. The program increases the knowledge of students, stimulates enthusiasm for personal health and encourages participants to have a healthy attitude toward nutrition and fitness.

****Every student takes home a "Mad Science Step-O-Meter"**

More details including contact information and pricing for these programs and more can be found in the Eastern Suffolk BOCES Arts-In Education online catalogue:

artsined.esboces.org

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