



Nutrition Services Bellevue School District

Middle School Lunch Menu April 2025

This is an equal opportunity provider.
Menus are subject to change.

Daily

Burger with Baked Fries: Spicy Chicken, Cheeseburger, Hamburger & Breaded Kickin' Burger (v)
Pizza: Cheese (v) & Pepperoni (*contains pork*)
Grab n Go: Deli Turkey & Cheese Sub, Cheese Trio Sub (v), Sunbutter & Jelly SW + String Cheese (v)
Hand-Wrapped Burrito: Green Chili Bean & Cheese (v) with Baked Fries
 (v) indicates Vegetarian Entrée option which may contain egg and/or cheese

Lunch includes your choice of milk & a trip through the salad bar featuring a variety of fruits & vegetables.

Monday	Tuesday	Wednesday	Thursday	Friday
	01 BBQ Pulled Pork Sandwich with Baked Beans & Coleslaw	02 Toasty Bagel Sandwich A. Turkey Bacon, Egg & Cheese B. Egg & Cheese (v) with Hashbrown Patty	03 Breaded Chicken Leg & Waffle with Warm Apple Compote	04 Chef's Choice
07 Spring Break No School	08 Spring Break No School	09 Spring Break No School	10 Spring Break No School	11 Spring Break No School
14 Classic Breaded Chicken Burger with Baked Fries & Bellevue Sauce	15 Mandarin Orange Chicken with Sticky Brown Rice & Steamed Broccoli	16 Garlic Cheese Toast (v) with Marinara Dipping Sauce	17 Italian Beef Meatballs with Penne Pasta & Garlic Bread	18  Reign vs. PDX Thorns! Bone-in Chicken Wings with Cornbread & BBQ or Buffalo Wing Sauce
21 A. Crispy Chicken Tenders B. Kickin' Nuggets (v) with Baked Fries & Wheat Roll	22  Earth Day Lean & Green Plant Powered Sizzling Pinto Bean Nachos (v) with Queso Blanco (v) & Salsa	23 Belgian Waffle with WA Grown Raspberry Compote & A. Turkey Sausage B. Cheese Omelet (v)	24 Chipotle Braised Pulled Pork Torta with Baked Fries	25 Scratch-made! A. Butter Chicken B. Butter Chickpeas (v) over Rice
28 Alaskan Pollock Burger with Baked Fries & Tartar Sauce	29  Mariners vs. Angels Nachos! A. Seasoned Beef & Beans B. Refried Beans (v) with Jalapeno Cheese Sauce (v) & Tortilla Chips	30 Mac 'n' Cheese (v) with Steamed Brussels Sprouts & Wheat Roll		



Salad Bars will be featuring local kohlrabi from Boldly Grown Farm in Bow, WA throughout the month! Kohlrabi is sweet, crunchy, and has a mild broccoli flavor. Check it out this month!



Middle School Breakfast Menu April 2025

Breakfast offered at ALL Middle Schools!

Breakfast includes your choice of milk & a trip through the salad bar featuring a variety of fruits.

(v) Indicates vegetarian entrée items which may contain egg and/or cheese

Monday

New Item!
Strawberry & Cheese Stuffed Mini Bagels (v)

Tuesday

English Muffin Sandwich
A. Turkey Sausage, Egg & Cheese
B. Egg & Cheese (v)

Wednesday

Fruit-topped Yogurt Parfait & Graham Crackers

Thursday

Cheesy Italian Bagel (v)

Friday

English Muffin Sandwich
A. Turkey Sausage, Egg & Cheese
B. Egg & Cheese (v)

Offered Daily: Assorted Cereal (v); Banana Bread (v); Breakfast Burrito with Turkey Sausage, Egg & Cheese; and Cinnamon Roll (v)

Check out the **Digital Menu** for Nutrition, Allergen, and Ingredient information! Or download the **My School Menus** mobile app. The menu is translated into over 75 languages!



Complete your **Application for Free or Reduced Priced Meals** today!
Available at www.bsd405.org/freeandreduced
Applications must be renewed annually.

How to Pay for Meals:
Nutrition Services uses **PayPams** for online payments. Go to: <https://paypams.com> for more information.

*There is a \$2.95 fee per family for credit card payments. **NEW!** PayPams will now accept Direct Withdrawals from a bank account. This option has a \$1.95 transaction fee. You may also pay for meals by check (payable to Bellevue School District) or cash at your child's school.*

We're Hiring Kitchen Assistants!

- Work during the school schedule
- Paid holidays!
- \$21.37 starting hourly rate
- Full benefits offered with 17.5 hours/week
- Apply online at <https://bsd405.tedk12.com/hire>