

Grandview School

Physical Education and Health News

A "highlight reel" for parents, teachers, administrators and the public

"A WORLD OF MOVEMENT!"

Grandview School will celebrate its annual Field Day on Friday, June 6th with a rain date of Tuesday, June 10th. This year's theme is "A World of Movement!" wherein students in grades 1-3 will be participating in physical activities related to the exploration of traditional games and cultures from around the world! Field Day will be held at Grandview School during the times listed below. **Come on out and see us!!! We are also looking for many volunteers to help out as facilitators during Field Day.**

Please contact your NCPE officers for information on how to help and be a part of the day!

NOTE: The times below reflect the starting and ending times for the volunteers. Field Day activities will begin 20-30 minutes after the time listed.

First Grade: 8:30 A.M. - 10:30 A.M. Second Grade: 10:25 A.M. - 12:25 P.M. Third Grade: 1:10 P.M. - 3:05 P.M.

Students are encouraged to wear colors representing their group for the day albeit comfortable and appropriate for the weather to allow mobility when exercising...and of course, sneakers. No slip-ons without backs, boots, sandals, flip-flops, crocs, open-toe shoes, twirling shoes, Heely skate shoes, wedge sneakers, Converse extra-hi-top boots, sneakers with exposed springs or strap shoes, please. The students will be told their color shortly before Field Day.

Thanks for your flexibility with our no jeans policy during gymnastics! We appreciate your efforts in the name of safety!

*****MARK THIS DATE ON YOUR CALENDAR*****

Wednesday, May 7th → Grandview School's

24th Project ACES (All Children Exercise Simultaneously) Program

9:45 A.M. - 11:00 A.M.

[Rain Date: Friday, 5/9]

Students will be celebrating National Physical Fitness and Sport Month. Students are asked to wear Grandview colors.

Project ACES is a student-led and student-driven event. No parents/guests, please.

UPDATE: Students in grades 1-3 are currently completing their spring fitness challenges. The assessments are a part of the FITNESSGRAM test. Congratulations to all students for trying their best! Play 60 minutes a day!

In Case of an Emergency

In case of an emergency, does your family have a home escape plan? Have you discussed it with everyone in your home? In addition, have you practiced your home escape plan night and day, twice a year? If you answered "yes" to these questions, thank you for being prepared and safe. If not, would you consider implementing the above suggestions?

Recess in Elementary School... Recess benefits students physically, socially, emotionally and mentally. Recess provides students a break from the structured school schedule, so they can exercise, build relationships, advocate for themselves, take responsibility, use their conflict resolution skills and challenge themselves. Thus, students are ready to learn when they return to the classroom.

P.E. CHALK TALK: HAVE A PHYSICALLY ACTIVE AND HEALTHY SUMMER AND SEE YOU IN SEPTEMBER!!!

Yours in Physical Education and Health, James R. Whitney