











March 2025 Elementary School Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
 LUNDI GRAS NO SCHOOL	 HAPPY MARDI GRAS NO SCHOOL	 ASH WEDNESDAY NO SCHOOL	 MARDI GRAS HOLIDAY NO SCHOOL	 MARDI GRAS HOLIDAY NO SCHOOL
10 Chicken & Sausage Gumbo Steamed Brown Rice Seasoned Green Beans Potato Salad Diced Peaches Southern Butter Roll (WG)	11 Salisbury Steak Caesar Salad Mashed Potatoes w/wo Gravy Fresh Fruit Southern Butter Roll (WG)	12 Spaghetti & Meat Sauce (WG) Oven Roasted Broccoli Southern Butter Roll (WG) Fresh Fruit Fudge Brownie	13 Oven Roasted Chicken Herb Parsley Brown Rice Baked Beans Carrot Souffle Chilled Strawberries	14 No Lunch
17 Shepherd's Pie Seasoned Green Beans Southern Butter Roll (WG) Green Grapes  St. Patrick's Day	18 Crispy or Soft (PK) Chicken Tacos (WG) Shredded Cheese Sour Cream and Sliced Jalapeños Salsa Golden Corn Fresh Fruit (PK: Banana)	 19 Garlic Shrimp Spaghetti with Red Sauce (WG) Cheesy Broccoli Fresh Fruit Chocolate Chip Cookie Nutrition Day: Pears	20 Sweet Heat Meatballs Macaroni and Cheese (WG) Caesar Salad Baked Beans Diced Peaches	21 Fried Shrimp w/wo Bang Bang Sauce Veggie Fried Brown Rice Stir Fry Veggies Roasted Cauliflower Mandarin Oranges
Louisiana School Lunch Week (LSLW)				
24 BBQ Roasted Chicken Herb Parsley Potatoes Baked Beans Southern Butter Roll (WG) Diced Peaches	25 Crispy or Soft (PK) Beef Tacos (WG) Shredded Cheese Sour Cream and Sliced Jalapeños Salsa Golden Corn Fresh Fruit	26 Italian Bake (WG) Caesar Salad Roasted Cauliflower Fresh Fruit Sugar Cookie	27 Brunch for Lunch Chicken & Waffles (WG) AND Diced Potatoes Baby Carrots Chilled Strawberries	28 Shrimp Gumbo Steamed Brown Rice Potato Salad Seasoned Green Beans Fruit Slushie Southern Butter Roll (WG)
31 Red Beans Steamed Brown Rice Breaded Pork Chop Cheesy Spinach Diced Peaches	<div data-bbox="527 1375 901 1575" style="text-align: center;"> <h1>MARDI GRAS</h1> </div>			



March 19, Solemnity of Saint Joseph, Spouse of the Blessed Virgin Mary

Let us be inspired by the life of Saint Joseph: His humility, His willingness to listen to the voice of God. His unconditional love and protection for his wife and his child.

What are you doing for Lent?

- 1. Give up sin**
Draw your love for God by keeping his commandments. Turn away from sin.
- 2. Fast**
An empty stomach can lead to more interior prayer. Give the money you would spend on coffee or other snacks to the poor.
- 3. Pray**
Be in constant prayer. Pray for your family and friends, for those who suffer, and for the Church and the world.
- 4. Do good works**
Help those in need. Pray for them and be ready to serve them in their time of need.
- 5. Give alms**
Help the poor and support the good works of the Church. Give cheerfully to God who has given us everything we have.
- 6. Abstain**
Abstain from eating cold meat, especially on Fridays. The day of Christ's sacrifice should be a day of sacrifice.
- 7. Do meditative fasting**
Nourish your faith by spending time in quiet reading and reflection. Prayful reading of God's word will draw you closer to his heart. Open your heart to God's love and let God's love fill you and give you strength and peace.
- 8. Control desire for possessions**
Build up treasures in heaven rather than on earth. Cut down on material possessions, eliminate frills, donate unwanted items, share your time and your talents with others.
- 9. Control desire for entertainment**
Too much entertainment and other distractions can lead to less or no time for the works of the Lord.
- 10. Carry out duties in life**
Serve God by living out your vocation in love each day. God's calling is for us to be a living sacrifice. Offer your day to life through Christ.

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ST. PATRICK'S DAY FUN FACTS for kids

17th DAY OF MARCH
St. Patrick was the first bishop of Ireland.
Corned Beef and Cabbage was actually started in America.
Leprechauns are mischievous mythical creatures said to reveal where he placed his pot of gold if he was captured.

St. Patrick is known as the patron saint of Ireland.
St. Patrick was English, not Irish.
The value of the Leprechaun's pot of gold today would be about 2 million dollars.
Chicago has dyed their rivers green on St. Patrick's Day since 1962.
Dublin's first St. Patrick's Day celebration was in 1931.
St. Patrick's color originally was blue. It was later when it turned to green.

Dublin

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