



March 2024 Elementary Sandwich Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
 LUNDI GRAS NO SCHOOL	 HAPPY MARDI GRAS NO SCHOOL	 ASH WEDNESDAY NO SCHOOL	 MARDI GRAS HOLIDAY NO SCHOOL	 MARDI GRAS HOLIDAY NO SCHOOL
Chicken Nuggets Southern Butter Roll (WG) Seasoned Green Beans Shoestring Fries Diced Peaches	Hamburger w/wo Cheese (WG) Lettuce/Tomato/Pickles Spicy Fries Fresh Fruit	Chicken Smackers Southern Butter Roll (WG) Oven Roasted Broccoli Sweet Potato Fries Fresh Fruit Fudge Brownie	Chicken Sandwich (WG) Lettuce/Tomato/Pickles Baked Beans Chilled Strawberries	No Lunch
Chicken Nuggets Southern Butter Roll (WG) Shoestring Fries Seasoned Green Beans Green Grapes St. Patrick's Day	Chicken Tenders Spicy Fries Fiesta Corn Fresh Fruit Southern Butter Roll (WG)	Toasted Grilled Cheese (WG) Sweet Potato Fries Cheesy Broccoli Fresh Fruit Chocolate Chip Cookie Nutrition Day: Pears	Hamburger w/wo Cheese (WG) Lettuce/Tomato/Pickles Baked Beans Diced Peaches	Cheese Pizza (WG) Shoestring Fries Roasted Cauliflower Mandarin Oranges
Chicken Sandwich (WG) Shoestring Fries Baked Beans Diced Peaches	Chicken Smackers Spicy Fries Fiesta or Golden Corn Fresh Fruit Southern Butter Roll (WG)	Pepperoni or Cheese Pizza (WG) Caesar Salad Sweet Potato Fries Fresh Fruit Sugar Cookie	Brunch For lunch Chicken & Waffle Diced Potatoes Chilled Strawberries Baby Carrots	Toasted Grilled Cheese (WG) Shoestring Fries Seasoned Green Beans Fruit Slushie
Chicken Sandwich (WG) Shoestring Fries Baked Beans Diced Peaches	Louisiana School Lunch Week (LSLW)			

MARDI GRAS

March 19, Solemnity of Saint Joseph, Spouse of the Blessed Virgin Mary



Let us be inspired by the life of Saint Joseph: His humility, His willingness to listen to the voice of God. His unconditional love and protection for his wife and his child.

What are you doing for Lent?

- 1. Give up sin**
Give your love for God by keeping his commandments. Turn away from sins.
- 2. Fast**
An easy way to reach God is to give attention to prayer. Give the money you saved on food to others in need.
- 3. Pray**
Be in constant prayer. Pray for your family and friends, for those who suffer, and for the Church and the world.
- 4. Do good works**
Help those in need. Pray for them and be ready to help them in their time of need.
- 5. Give alms**
Help the poor and support the good works of the Church. Give cheerfully to God who has given us everything we have.
- 6. Abstain**
GIVE UP MEAT ON ASH WEDNESDAY AND ON SEVEN OTHER DAYS DURING LENT. The day of the first Lenten abstinence was in 1931.
- 7. Do meditative readings**
Nourish your faith by spending time in quiet reading and reflection. Prayers and readings of God's word each day will open your heart to the Spirit, and let God's thoughts and ways influence yours.
- 8. Control desire for possessions**
Think of treasures in Heaven rather than on earth. Cut down on material possessions. Eliminate frills, clutter, and luxuries. Share yourself - your time and your talents - with others.
- 9. Control desire for entertainment**
Too much entertainment and other distractions can lead to less or no time for the works of the Lord.
- 10. Carry out duties in life**
Serve God by living out your vocation. Do your best each day. Love by carrying out your duty to be a loving and fair parent. Offer your daily life through Christ.

ST. PATRICK'S DAY FUN FACTS for kids

17th DAY OF MARCH

St. Patrick's was the first bishop of Ireland.

Comed Beef and Cabbage was actually started in America.

Leprechauns are mischievous mythical creatures said to reveal where he placed his pot of gold if he was captured.

St. Patrick was English not Irish.

The value of the Leprechaun's pot of gold today would be about 2 million dollars.

Dublin's first St. Patrick's Day celebration was in 1831.

Chicago has dyed their rivers green on St. Patrick's Day since 1882.

St. Patrick would compare the shamrock to the holy trinity.

Dublin

St. Patrick's color originally was blue. It was later when it turned to green.

The Leprechaun's pot of gold is located at the end of the rainbow.

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Lactose-free, low fat chocolate or low fat white milk offered with all meals. ~ Fresh fruit options are grapes, oranges, bananas or apples. ~ WG=Whole Grain Rich *Menus are subject to change.*

This institution is an equal opportunity provider.