

# Exploring Teen Issues (MHS only)

Mehlville School District  
Special Education  
Grades 9 - 12, Duration 1 Year, 1 Credit

## Rationale

The Exploring Teen Issues course is designed to provide the learner with an in-depth application, enrichment, and continuation of strategies taught in Study Skills. It will aid the student in the development of schemas to address the ongoing implications of their educational disability and mental health issues.

## Course Description

This course explores the student's educational disabilities and the impact on daily living and school functioning. The student will explore interpersonal relationships and the difficulties surrounding interactions with others, develop appropriate communication skills, and interpret social situations. They will acquire skills to problem solve independently, identify coping skills, and utilize anger management techniques to resolve daily school issues.

The student will examine diagnostic, IEP, and therapeutic processes as well as the student's rights and responsibilities. The student will identify and articulate their learning style, strengths and limitations, as well as implications of their educational disability. The pupil will engage in accessing appropriate accommodations in a variety of settings. Previously taught study skills are reinforced through application.

## Prerequisites

Prerequisite: IEP team approval

Open to: 9, 10, 11, 12

Credit: 1/2 or 1 Unit - One or Two Semesters (Elective); May be repeated for additional credit.

## Course Objectives

1. The student will define and articulate educational disability and mental health diagnoses with 80% accuracy as measured by student interviews, work samples, and content area quizzes/tests. Locally assessed. (CA3; 1.1, 1.2, 1.10, 3.1, 4.1) (A+: Research)
2. The student will identify implications of educational disability with 80% accuracy as measured by student interviews, work samples, and content area quizzes/tests. Locally assessed. (CA4; 2.1)
3. The student will identify and articulate the impact of medication and treatment options with 80% accuracy as measured by student interviews, work samples, content area quizzes/tests. Locally assessed. (CA3; 1.7) (A+: Reading)
4. The student will identify triggers and/or stressors across various settings with 80% accuracy as measured by student interviews, work samples, content area quizzes/tests, teacher reports, and behavioral rating tools. Locally assessed. (CA6; 1.10)
5. The student will identify, select, and implement coping skills during stressful situations to maintain self-control in 4 of 5 presented scenarios as measured by student interviews, student self-assessment, teacher reports, and behavioral rating tools. Locally assessed. (CA6; 1.10)
6. The student will identify, define, and develop strategies to monitor self-management in the general education setting with 80% accuracy as measured by student interviews, student self-assessment, teacher reports, and behavioral rating tools. Locally assessed. (CA6; 3.7)
7. The student will develop and utilize a crisis management plan across various settings in 4 or 5 presented scenarios as measured by student interviews, student self-assessment, and teacher reports. Locally assessed. (CA6; 3.3) (A+: Writing)
8. The student will identify the components of the IEP process with 80% accuracy as measured by student interviews, work samples, and content area quizzes/tests. Locally assessed. (MA3; 1.1, 1.2, 3.1)
9. The student will identify and utilize strategies for participation in their IEP and demonstration. Locally assessed. (CA6; 1.1, 1.2, 1.10, 3.7)
10. The student will identify and articulate learning style(s) with 80% accuracy as measured by student interviews, work samples, and content area quizzes/tests. Locally assessed. (CA6; 2.1)
11. The student will identify, understand, and articulate strengths and limitations with 80% accuracy as measured by student interviews, work samples, and content area quizzes/tests. Locally assessed. (CA1; 3.3) (A+: Speaking)

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12. The student will identify, define, and articulate appropriate accommodations and compensatory strategies with 80% accuracy as measured by student interviews, work samples, and content area quizzes/tests. Locally assessed. (SS6; 2.3)  
BOE 11-6-14