

General Course Information

Course Name: Sports Medicine and Athletic Training	
Department: Physical Education	Grade Level(s): 10-12
Duration/Credits: 1 semester / .5 credit	Prerequisites: Successful completion of Health
BOE Approval Date:	Course Code: H8055
Course Description:	
<p>Sports Medicine and Athletic Training is designed for the student interested in a career in sports medicine and related fields. Students will evaluate sports injuries, prevention, treatment, and rehabilitation; learn first aid, CPR, and emergency procedures; identify medical terminology. Students who wish to become CPR certified must pay the CPR certification fee. The course includes a \$5 fee to cover materials and supplies.</p>	
Course Rationale:	
<p>Today's society encourages healthy, active lifestyles. Prior knowledge and understanding of important health and physical conditioning issues assist individuals in making sound decisions that affect their health and lifelong wellness. Offering a course to explore the field of sports medicine provides this venue.</p>	
Course Objectives:	
<p>The student will identify, analyze, and discuss injuries and the proper techniques of treating and handling injuries. (A+ Speaking and Listening)</p> <p>The student will train in first aid and Cardio-Pulmonary Resuscitation (CPR).</p> <p>The student will develop emergency action plans and follow emergency procedures for field injuries and emergency situations. (A+ Writing)</p> <p>The student will identify bones and muscles in the human body to be able to correctly diagnose injury and propose treatment..</p> <p>The student will research sports medicine careers. (A+ Research)</p> <p>The student will read articles on a variety of sports medicine topics. (A+ Reading)</p>	

The student will develop a comprehensive, personalized athletic training plan.
Standards Alignment:
List standard set(s) to which course has been aligned