

Rationale

The Fifth Grade Health Curriculum continues to expand knowledge and skills necessary to make educated decisions regarding health issues as we prepare a student of character for life long learning.

Course Description

The Fifth Grade Health Curriculum will cover the following health topics: Interrelationships of body systems, interpersonal communication, nutrition, risk assessment and reduction, consumer health, puberty, growth and development. The student's learning will be enhanced through participation in the DARE program.

Course Objectives

- 1.* The student will identify the structures and functions of the major body systems (respiratory, muscular, digestive, circulatory, nervous, endocrine, skeletal, and reproductive) with 85% accuracy. Assessed on MAP, grade 5. (HPE1; 1.6)
2. The student will discuss the physical, social and emotional needs and responsibilities of the individual, and present how these affect family and friends in a variety of ways with 80% accuracy. Assessed on MAP, grade 5. (HPE2; 1.8)
3. The student will apply knowledge of information gained from the study of nutrients, labels and the food guide pyramid of planning well-balanced meals with 85% accuracy. Assessed on MAP, grade 5. (HPE2; 1.6)
4. The student will demonstrate good decision-making, problem solving, goal setting and refusal/assertive coping skills for healthy daily living with 85% accuracy. Assessed on MAP, grade 5. (HPE2; 1.10)
5. * The student will differentiate between communicable and non-communicable diseases and will identify three behaviors that reduce risk of illness with 85% accuracy. Assessed on MAP, grade 5. (HPE3; 1.1)
6. The student will demonstrate proper prevention skills and identify appropriate emergency response to his/her physical and social environment with 85% accuracy. Assessed on MAP, grade 5. (HPE6, 7; 3.3)
7. The student will analyze the health consequences of substance use/misuse on self, family and society with 85% accuracy. Assessed on MAP, grade 5. (HPE1, 5; 3.1)

* This objective addresses Senate Bill 163, Sexual Education and Abstinence.

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