

Rationale

The Fourth Grade Health Curriculum will expand the student's knowledge and skills necessary to make appropriate health related decisions.

Course Description

The Fourth Grade Health Curriculum will cover a variety of health topics including functions of body and social systems, nutrition, consumer health, life management skills and environmental health issues.

Course Objectives

1. The student will identify the structure and functions of the major body systems (skeletal, muscular, excretory, respiratory, circulatory and endocrine) with 85% accuracy. Assessed on MAP, grade 5. (HPE1; 1.6, 1.8)
2. The student will explain the social needs and responsibilities of an individual and how they affect family and friends with 90% accuracy. Assessed on MAP, grade 5. (HPE2, CA4; 1.5, 1.6, 2.2)
3. The student will identify why preventative physical and dental examinations are important for health maintenance with 80% accuracy. Assessed on MAP, grade 5. (HPE2, HPE3; 3.2, 4.7)
4. The student will be able to list food areas from the food guide pyramid as well as recognize essential nutrients, unsafe substances, and balance and variety in the diet with 80% accuracy. Assessed on MAP, grade 5. (HPE2; 1.1, 1.6, 2.1)
5. The student will identify how the media, advertising techniques and being able to accurately read labels can influence one's health habits and decisions with 85% accuracy. Assessed on MAP, grade 5. (HPE2, HPE3, HPE5, HPE6, CA1; 1.1, 1.8, 1.10)
6. The student will identify good decision-making, problem solving, goal setting and refusal/assertive coping skills in a variety of life management situations with 80% accuracy. Assessed on MAP, grade 5. (HPE2, HPE6, CA5; 1.6, 1.10, 2.1, 2.3)
7. The student will be able to identify and apply practices that reduce their risk of communicable diseases and speed recovery from illness with 80% accuracy. Assessed on MAP, grade 5. (HPE2, HPE3; 3.1, 3.3, 4.7)
8. The student will be able to select and apply first aid procedures to solve problems related to simple injuries, choking and weather emergencies with 80% accuracy. Assessed on MAP, grade 5. (HPE7; 3.1, 3.3, 3.7)
9. The student will identify a specific environmental problem and develop an appropriate solution for it with 80% accuracy. Assessed on MAP, grade 5. (HPE3, HPE5; 3.1, 3.7, 4.3)
10. The student will identify the differences between legal and illegal drugs and recognize appropriate sources and situations for administration of over the counter and prescription medications with 80% accuracy. Assessed on MAP, grade 5. (HPE2, HPE3, HPE5, CA6; 1.6, 1.7)

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