

General Course Information

Course Name: 3rd Grade Physical Education	
Department: PE/Health	Grade Level(s): 3
Duration/Credits: 1 year	Prerequisites: none
BOE Approval Date: February 2023	Course Code:
Course Description:	
3rd Grade Physical Education supports skill development as well as conceptual fitness and health knowledge with daily physical activities and formative feedback. In addition to developing locomotor and non-locomotor skills, manipulative skills and rhythmic movement, PE introduces students to self-management strategies and lifelong healthy habits.	
Course Rationale:	
3rd Grade PE supports both student physical health and cognitive development. In addition to providing needed daily active time, students develop physical literacy and health knowledge.	
Course Objectives:	
<ul style="list-style-type: none">• The student will describe the concept of fitness and make the connection that physical activity is a way to become healthy.• The student will combine both locomotor and manipulative skills in physical activities and games and begin to develop strategies.• The student will develop fitness knowledge through the completion of fitness assessments and review of the results.• The student will demonstrate personal responsibility, teamwork, and a respectful and inclusive attitude in social and physical activities, including skills practice, games, and sports.• The student will actively participate in daily class fitness objectives and routines, including exercises, games, and skill development, to build the components of health and skill-related fitness.	
Standards Alignment:	
List standard set(s) to which course has been aligned	