





March 2025

Pharr-San Juan-Alamo ISD 9th - 12th Breakfast & Lunch

Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 PANCAKE ON A STICK(S) OR CEREAL(S), RAISELS(S) OR CHERRY MIXED FRUIT(G) ORANGE CHICKEN BOWL(S) OR CHICKEN SMACKERS(S) OR ARTISAN CHICKEN TENDERS(S) W/ DINNER ROLL(S) STEAMED BROCCOLI((G), BABY CARROTS(G) FRESH ORANGE WEDGES(G), DICED PEARS(S) KETCHUP/JALAPEÑO RANCH	4 WARM TAMALES(S), CHOLULA SAUCE(S) OR UBR(S), FRESH APPLE(G) HAMBURGER/CHEESEBURGER(S) OR CORN DOG(S) OR CHEESY FRENCH BREAD(S) SUNCHIPS(S) SIDE SALAD(G), RANCH STYLE BEANS(G) PEACH POP(G), CHERRY MIX CUP(G) KETCHUP/MAYO/MUSTARD/LF DRESING	5 BREAKFAST MUFFIN W/ CHEESE STICK(S) OR CEREAL(S), FRESH BANANA(G) CHEESY PULL-APARTS(S) OR ARTISAN/ DILLY CHICKEN SANDWICH(S) MARINARA SAUCE(G) FIRE ROASTED CORN(G) SEASONED GREEN BEANS(G) FRESH PEAR(G), APPLESAUCE CUP(G) KETCHUP	6 EGGO MINI WAFFLES(S), SYRUP(S) OR UBR(S), RAISELS(G) OR CHERRY MIXED FRUIT(G) PEPPERONI PIZZA & WINGS(S) OR SPICY/ DILLY CHICKEN SANDWICH(S) BABY CARROTS(G) CUCUMBER SLICES(G) DICED PEACHES(S) 100% FRUIT JUICE SLUSH(G) LF DRESSING/TAJIN/MAYO/MUSTARD	7 MORNING SAUSAGE ROLL(S) OR CEREAL(S), APPLESAUCE CUP(G) SALISBURY STEAK(S) DINNER ROLL(S)(2 EA) OR STUFFED PEPPERONI SANDWICH(S) CALIFORNIA BLEND VEGGIES(G) TATOR TOTS(S) CHERRY MIXED FRUIT(G), ASSORTED FRESH FRUIT(G) BROWN GRAVY/KETCHUP
10 BREAKFAST POCKET(S) CEREAL(S), RAISELS(S) HAMBURGER/CHEESEBURGER(S) OR CORN DOG(S) SUN CHIPS(S) BABY CARROTS(G) GARBANZOS IN A CUP(G) APPLESAUCE CUP(S), PEACH POP(G) LF RANCH DRESSING/ MAYO/MUSTARD/KETCHUP	11 APPLE FRUDEL(S) OR UBR(S), FRESH APPLE(G) CHEESY PULL-APARTS(S) OR CHICKEN SMACKERS(S) W/ DINNER ROLL(S) MARINARA SAUCE(G) CRINKLE CUT FRIES(S) STEAMED BROCCOLI(G) FRESH PEAR(G), CHERRY MIX CUP(G) LF DRESSING/KETCHUP/JALAPEÑO RANCH	12 MINI CINNIS(S) OR CEREAL(S), FRESH BANANA(G) ARTISAN CHICKEN SANDWICH(S) OR SPICY CHICKEN TENDERS(S) W/ DINNER ROLL(S) CURLY FRIES(G), BABY CARROTS(G) FRESH ORANGE WEDGES(G) APPLESAUCE CUP(S) KETCHUP/MAYO/MUSTARD/ LF DRESSING	13 FRENCH TOAST STICKS(S), SYRUP(S) OR UBR(S), RAISELS(S) HAMBURGER/CHEESEBURGER(S) OR PEPPERONI PIZZA(S) TATOR TOTS(S) STEAMED ZUCCHINI(G) 100% FRUIT JUICE SLUSH(S) DICED PEACH CUP(G) KETCHUP/MAYO/MUSTARD/ LF DRESSING	14 MORNING SAUSAGE ROLL(S) OR CEREAL(S), APPLESAUCE CUP(G) BEAN & CHEESE BURRITO(S) W/ CHEESE CUP(S) OR STUFFED PEPPERONI SANDWICH(S) CORN ON THE COB(G), SEASONED GREEN BEANS(G) CHERRY MIXED FRUIT(G) ASSORTED FRESH FRUIT(S) MAYO, BUTTER CUP/KETCHUP
				
24 BREAKFAST POCKET(S) OR CEREAL(S) RAISELS(S) TURKEY ALFREDO PASTA W/ GARLIC BREAD STICK(S) OR CORN DOG(S) W/ SUN CHIPS(S) CARROT COINS(G) STEAMED BROCCOLI(G) PEACH POP(G), MIXED FRUIT CUP(S) KETCHUP/MUSTARD	25 CONFETTI PANCAKES(S), SYRUP(S) OR UBR(S), APPLESAUCE CUP(G) CHICKEN SMACKERS(S) W/ DINNER ROLL(S) OR ASIAN SALAD(S) BUTTERY MASHED POTATOES(G), RANCH STYLE BEANS(G) FRESH ORANGE WEDGES(G), DICED PEARS(S) GOLDEN ITALIAN DRESSING/ LF DRESSING/KETCHUP	26 WARM TAMALES(S), CHOLULA SAUCE(S) OR CEREAL(S), FRESH BANANA(G) HAMBURGER/CHEESEBURGER(S) OR BEAN & CHEESE BURRITO(S) W/ CHEESE SAUCE(S)(S) CRINKLE CUT FRIES(S),SIDE SALAD(G) FRESH APPLE(G), MANDARIN ORANGES(G) MAYO/MUSTARD/KETCHUP	27 LOW-FAT YOGURT & CEREAL BAR(S) OR UBR(S), DICED PEACH CUP(G) PEPPERONI PIZZA & WINGS(S) OR ARTISAN CHICKEN SANDWICH(S) BABY CARROTS(G),CUCUMBER SLICES(G) 100% FRUIT JUICE SLUSH(G) OR PINEAPPLE TIDBITS(S) LF DRESSING/ MAYO/MUSTARD/KETCHUP/TAJIN	28 CHORIZO & EGG BREAKFAST TACO(S), CHOLULA SAUCE(S) OR CEREAL(S), RAISELS(S) BEAN & CHEESE PUPUSA(S) OR STUFFED PEPPERONI SANDWICH(S) FIRE ROASTED CORN(G) CABBAGE & TOMATO SALAD W/ LEMON WEDGE(G) CHERRY MIXED FRUIT(G) ASSORTED FRESH FRUIT(G) LF DRESSING
31 BREAKFAST POCKET(S) OR CEREAL(S), RAISELS(S) ORANGE CHICKEN BOWL(S) OR CHICKEN SMACKERS(S) W/ DINNER ROLL(S) STEAMED BROCCOLI((G), BABY CARROTS(G) FRESH ORANGE WEDGES(G) MIXED FRUIT CUP(S) KETCHUP/JALAPEÑO RANCH	 <div style="text-align: right;">  <h3>Asparagus</h3> <p>Season in Texas: March - April</p> <p>Did you know?</p> <p>It takes three years to pick fully-grown asparagus from the time you plant the seed</p>  </div>			



Announcements:

Choices of Low Fat or Skim Milk (flavored & unflavored) offered daily. Assorted 100% Juice & Fruit offered daily for Breakfast.

*Menu is subject to change without notice due to deliveries and location-wide shortages

Water Available

REV. 2
3/7/25



Food and Nutrition Division
www.SquareMeals.org



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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