

# March 2025

## Pharr-San Juan-Alamo ISD Pre – K Breakfast & Lunch Menu



### Announcements:

Choices of Low Fat or Skim Milk (unflavored) offered daily. Assorted 100% Juice OR Fruit offered daily for Breakfast.

\*Menu is subject to change without notice due to deliveries and nation-wide shortages



Water Available

REV. 2  
3/7/25

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

**3** FRENCH TOAST STICKS(S), APPLESAUCE CUP(S)  
CHICKEN POPPERS OR STAR CHICKEN NUGGETS(S) W/ DINNER ROLL(S)  
RANCH STYLE BEANS(G)  
FRESH ORANGE WEDGES(G)  
KETCHUP

**4** MORNING SAUSAGE ROLL, FRESH FRUIT OR ASSORTED FRUIT CUPS(G)  
HAMBURGER/CHEESEBURGER(S)  
TATOR TOTS(S)  
PEACH POP(G)  
KETCHUP/MAYO/MUSTARD

**5** BREAKFAST MUFFIN(S)  
FRESH BANANA(G)  
SALISBURY STEAK(G)(S)  
DINNER ROLL(G)  
STEAMED BROCCOLI(G)  
PINEAPPLE TIDBITS(S)  
BROWN GRAVY

**6** EGGO MINI WAFFLES(S), SYRUP(S)  
DICED PEACH CUP(G)  
PEPPERONI PIZZA(S)  
CUCUMBER SLICES(G)  
WATERMELON CUBES(G)  
LF DRESSING

**7** WARM TAMALES(S)  
100% FRUIT JUICE(S)  
BEAN & CHEESE BURRITO(S)  
GOLDEN CORN(G)  
CHERRY MIXED FRUIT(G)  
KETCHUP

**10** BREAKFAST POCKET(S)  
100% FRUIT JUICE(S)  
ORANGE CHICKEN(S) W/ STEAMED RICE(G)  
STEAMED BROCCOLI(G)  
PEACH POP(G)

**11** LOW-FAT YOGURT, GRAHAM CRACKERS(S), APPLESAUCE CUP(G)  
PEPPERONI PIZZA(S)  
CALIFORNIA BLEND VEGGIES(G)  
MANDARIN ORANGES(S)

**12** CHEERIOS(G)  
FRESH BANANA(G)  
ARTISAN CHICKEN SANDWICH(S)  
CURLY FRIES(S)  
FRESH ORANGE WEDGES(G)  
KETCHUP/MAYO/MUSTARD

**13** FRENCH TOAST STICKS(S), SYRUP(S)  
DICED PEACH CUP(G)  
CHICKEN SMACKERS(S) W/ DINNER ROLL(S)  
CHEESY CAULIFLOWER(G)  
100% FRUIT JUICE SLUSH(S)  
KETCHUP

**14** BREAKFAST MUFFIN(S)  
APPLESAUCE CUP(G)  
CHEESY PULL-APARTS(S)  
CRINKLE CUT FRIES(S)  
CHERRY MIXED FRUIT(G)



**24** BREAKFAST POCKET(S)  
100% FRUIT JUICE(S)  
ARTISAN CHICKEN TENDERS W/ DINNER ROLL(S)  
CARROT COINS(G)  
PEACH POP(G)  
KETCHUP

**25** CHORIZO & EGG BREAKFAST TACO(S), APPLESAUCE CUP(G)  
TURKEY ALFREDO PASTA W/ GARLIC BREAD STICK(S)  
ITALIAN BLEND VEGGIES(G)  
FRESH ORANGE WEDGES(G)

**26** CONFETTI PANCAKES(S), SYRUP(S)  
FRESH BANANA(G)  
HAMBURGER/CHEESEBURGER(S)  
CRINKLE CUT FRIES(S)  
100% FRUIT JUICE SLUSH(G)  
KETCHUP/MAYO/MUSTARD

**27** LOW-FAT YOGURT & GRAHAM CRACKERS(S)  
DICED PEACH CUP(G)  
PEPPERONI PIZZA(S)  
CUCUMBER SLICES(G)  
MANDARIN ORANGES(S)  
LF DRESSING

**28** WARM TAMALES(S), APPLESAUCE CUP(G)  
BEAN & CHEESE PUPUSA(S)  
FIRE ROASTED CORN(G)  
CHERRY MIXED FRUIT(G)

**31** BREAKFAST POCKET(S)  
100% FRUIT JUICE(S)  
CHICKEN SMACKERS(S) W/ DINNER ROLL(G)  
BUTTERY MASHED POTATOES(G)  
FRESH ORANGE WEDGES(S)  
KETCHUP



### Asparagus

Season in Texas: March - April

Did you know?

It takes three years to pick fully-grown asparagus from the time you plant the seed



Food and Nutrition Division  
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TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER

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