

Weymouth Families,

Next week we will have a single session day on Thursday, March 13<sup>th</sup> for conferences and school is closed on Friday, March 14<sup>th</sup> for a teacher in-service day.

Please note that the yearbook order form is included again. The deadline to order a yearbook is Friday, April 11<sup>th</sup>.

Please see the attached for this week's Friday folder. It includes:

- Yearbook order form
- Police Athletics League flyers
- March Meal menus

Have a great weekend!

« *Order* your  
**YEARBOOK**  
*Today!*

Don't Miss Your Chance!



Online  
Orders  
Only



[inter-state.com/yearbooks](https://inter-state.com/yearbooks)

**USE ORDER CODE: 91236F**

**PRICE: \$25.50 + Optional Custom Name \$1.00**

**ORDER BY: November 1st 2024 - April 11, 2025**



# Police Activities League

Egg Harbor Township & Atlantic County

(609) 645-8413

EHTPAL.org



## 2025 Spring STEM Programs

### Clubs \* Teams \* Workshops

#### Clubs

##### Buddy's Garage

Tuesday, 6-8pm  
Grades 6-12

##### ROADS Challenge:

Wednesday, 5-7pm  
Grades 6-8

##### Buddy's Stargazers

Wednesday, 7-8:30pm  
Grades 6-12

##### Combat Robots

Wed 6-8pm &  
Sat 10am-2pm  
Ages 14+

##### Media Club

Thursday, 6-7:30pm  
Grades 6-12

#### 2025 STEM Camps

##### Lego Spike

##### WeDo 2.0

##### Mindstorm EV3

##### Rocketry/Aviation

##### Intro to Robotics

##### Dune Buggy

##### NASA Astro Camp

#### Teams

##### First Tech Challenge

##### Robotics

Year Around  
Wed 6-8pm &  
Sat 10am -2pm  
Grades 7-12

##### SeaPerch

October - March  
Grades 6-12

#### Workshops

##### Tuesday

**04/08/25 - 05/27/25**

##### Lego Spike

4:30-5:30pm  
Grades 1-3

##### Lego WeDo 2.0

5:45-6:45pm  
Grades 2-5

##### Lego Mindstorms

7-8:30pm  
Grades 5-10

##### Smart Car/Robot

7-8:30pm  
Grades 5-10



[EHTPAL.org](http://EHTPAL.org)

To learn more  
**Gift Certificates Available**





# Police Activities League

Egg Harbor Township & Atlantic County



# STEM Expo & Craft Fair

**March 22, 2025**  
**10am - 2pm**

ATLANTIC SHORES  
offshore wind



**2542 Ridge Avenue, Egg Harbor Township**

**[www.EHTPAL.org](http://www.EHTPAL.org)**



**POLICE ACTIVITIES LEAGUE**  
of Atlantic County and Egg Harbor Township  
2542 Ridge Ave, EHT



# EVENTS AT THE CROSSPLEX

## SPRING LEAGUES & PROGRAMS

### **NFL FLAG FOOTBALL**

Ages 5 to 13, co-ed  
Season: April 1 to June 1  
Games on Sundays  
Registration closes March 15

### **YOUTH SOCCER SKILLS PROGRAM**

Ages 5 to 14, co-ed  
Season: April 14 to June 9  
Sessions on Mondays  
Registration closes May 1

### **TINY TROTTERS RUNNING CLUB**

Ages: 3 to 6, co-ed  
Season: April 3 to April 24  
Sessions on Thursdays  
Registration closes March 21

### **ADULT DODGEBALL LEAGUE**

18+ Division & 30+ Division  
Season: April 10 to May 15  
Games on Thursdays  
Registration closes March 28

### **VOLLEYBALL PROGRAM**

Ages: 8 to 15, co-ed  
Season: June 4 to July 9  
Sessions on Wednesdays  
Registration closes May 23

### **FIELD HOCKEY PROGRAM**

Ages 11 to 14, girls  
Season: March 19 to April 23  
Sessions on Wednesdays  
Registration closes March 7

### **GIRLS' LACROSSE PROGRAM**

Ages 12 to 15, girls  
Season: April 9 to April 30  
Sessions on Wednesdays  
Registration closes April 4

### **SOCCER DEVELOPMENT CLINICS**

#### **Jr. Strikers (U8)**

Clinic on March 8, 9am-12pm  
Registration closes February 28

#### **Rising Stars (U10)**

Clinic on March 15, 9am-12pm  
Registration closes March 7

#### **Elite Soccer (U12/U14)**

Clinic on April 12, 9am-12pm  
Registration closes April 4

Need a place to practice or host a clinic? Rent our field today!  
Email [Crossplex@ehtpal.org](mailto:Crossplex@ehtpal.org) for more info.

[Crossplex@ehtpal.org](mailto:Crossplex@ehtpal.org)  
(609) 645-8413



Scan to register or visit  
[ehtpal.org/crossplex](http://ehtpal.org/crossplex)

POLICE ACTIVITIES LEAGUE  
EGG HARBOR TOWNSHIP & ATLANTIC COUNTY

# SPRING BREAK CAMP

APRIL 18TH,  
21ST-25TH



## ACTIVITIES:

- ARTS & CRAFTS
- STEM PROJECTS
- THEME DAYS
- AND MORE!

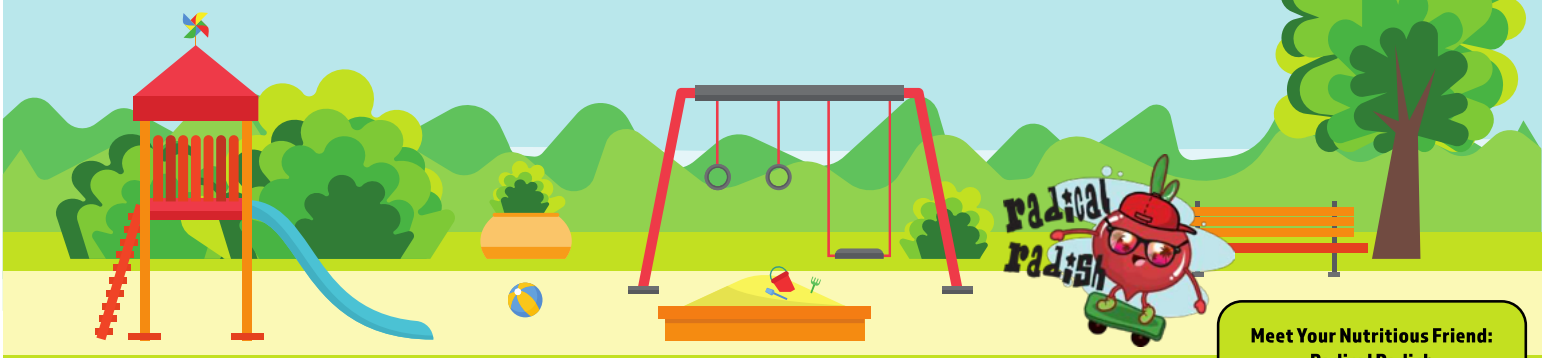
AGES 5-14

VISIT [EHTPAL.ORG/SCHOOLBREAKCAMP](https://ehtpal.org/schoolbreakcamp) TO REGISTER!

2542 RIDGE AVE., EHT NJ, 08234

(609) 645-8413

[EHTPAL.ORG](https://ehtpal.org) | [REGISTRATION@EHTPAL.ORG](mailto:REGISTRATION@EHTPAL.ORG)



**Meet Your Nutritious Friend:  
Radical Radish**

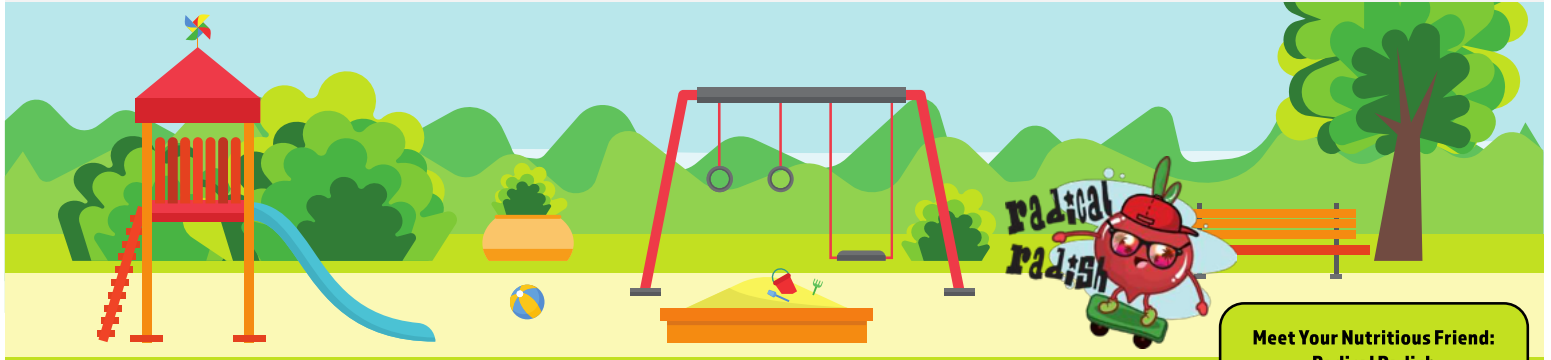
Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
3 Cinnamon Toast Crunch  Fruit 1% White Milk	4 Maple Waffles  Fruit 1% White Milk	5 Cinnamon Chex  Fruit 1% White Milk	6 Warm Muffin  Fruit 1% White Milk	7 Kix Cereal  Fruit 1% White Milk	<p><b>What is a Meal?</b> Pre-K students are served the three following components for school breakfast.</p> <ul style="list-style-type: none"> <li>- Whole Grain</li> <li>- Fresh Fruit or Cupped</li> <li>- 1% White Milk</li> </ul> <p><b>Whole Grain Cereals</b> Cinnamon Toast Crunch, Cinnamon Chex, Kix</p>
10 Cinnamon Toast Crunch  Fruit 1% White Milk	11 Maple Waffles  Fruit 1% White Milk	12 Cinnamon Chex  Fruit 1% White Milk	13 Warm Muffin  Fruit 1% White Milk	14 Kix Cereal  Fruit 1% White Milk	
17 Cinnamon Toast Crunch  Fruit 1% White Milk	18 Maple Waffles  Fruit 1% White Milk	19 Cinnamon Chex  Fruit 1% White Milk	20 Warm Muffin  Fruit 1% White Milk	21 Kix Cereal  Fruit 1% White Milk	
24 Cinnamon Toast Crunch  Fruit 1% White Milk	25 Maple Waffles  Fruit 1% White Milk	26 Cinnamon Chex  Fruit 1% White Milk	27 Warm Muffin  Fruit 1% White Milk	28 Kix Cereal  Fruit 1% White Milk	
31 Cinnamon Toast Crunch  Fruit 1% White Milk					

**Rachel Adams, Food Service Director**  
609-476-2412 ext. 5  
wey@nsfm.com

**Meal Prices**

Student Breakfast	\$1.75
Reduced Breakfast	\$0.00
Faculty Breakfast	\$2.25





**Meet Your Nutritious Friend:  
Radical Radish**

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
<p>3</p> <p>Chicken Nuggets with Goldfish</p> <p>Corn Cupped or Fresh Fruit 1% White Milk</p>	<p>4</p> <p>Pancakes &amp; Sausage</p> <p>Baked Beans Cupped or Fresh Fruit 1% White Milk</p>	<p>5</p> <p>Cheeseburger</p> <p>Celery &amp; Carrots Sticks Cupped or Fresh Fruit 1% White Milk</p>	<p>6</p> <p>Fish Sticks with Goldfish</p> <p>Sweet Peas Cupped or Fresh Fruit 1% White Milk</p>	<p>7</p> <p>Pizza Dippers</p> <p>Veggie Patch Cupped or Fresh Fruit 1% White Milk</p>	<p><b>What is a Meal?</b></p> <p>Students must choose at least 3 of the 5 components available for the school lunch price.</p> <ul style="list-style-type: none"> <li>- Choice of Whole Grain</li> <li>- Choice of Protein</li> <li>- Choice of Vegetable</li> <li>- Choice of Fruit</li> <li>- Choice of Milk</li> </ul> <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.</p> <p><b>Choice of Vegetable</b></p> <p>Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables</p> <p><b>Choice of Fruit</b></p> <p>Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p><b>Choice of Milk</b></p> <p>1% white, fat-free white, chocolate, vanilla, and strawberry</p> <p><b>Daily Alternates</b></p> <p>Fresh Entree Salad of the Week Craveables Weekly Cold Cut Sandwiches or Wraps</p>
<p>10</p> <p>Chicken Nuggets with Goldfish</p> <p>Fresh Cucumber Slices Cupped or Fresh Fruit 1% White Milk</p>	<p>11</p> <p>Pancakes &amp; Sausage</p> <p>Grape Tomatoes Cupped or Fresh Fruit 1% White Milk</p>	<p>12</p> <p>Cheeseburger</p> <p>Tater Tots Cupped or Fresh Fruit 1% White Milk</p>	<p>13</p> <p>Fish Sticks with Goldfish</p> <p>Corn Cupped or Fresh Fruit 1% White Milk</p>	<p>14</p> <p>Pizza Dippers</p> <p>Veggie Patch Cupped or Fresh Fruit 1% White Milk</p>	
<p>17</p> <p>Chicken Nuggets with Goldfish</p> <p>Fresh Cucumber Slices Cupped or Fresh Fruit 1% White Milk</p>	<p>18</p> <p>Pancakes &amp; Sausage</p> <p>Grape Tomatoes Cupped or Fresh Fruit 1% White Milk</p>	<p>19</p> <p>Cheeseburger</p> <p>Fries Cupped or Fresh Fruit 1% White Milk</p>	<p>20</p> <p>Fish Sticks with Goldfish</p> <p>Fresh Broccoli Cupped or Fresh Fruit 1% White Milk</p>	<p>21</p> <p>Pizza Dippers</p> <p>Veggie Patch Cupped or Fresh Fruit 1% White Milk</p>	
<p>24</p> <p>Chicken Nuggets with Goldfish</p> <p>Corn Cupped or Fresh Fruit 1% White Milk</p>	<p>25</p> <p>Pancakes &amp; Sausage</p> <p>Grape Tomatoes Cupped or Fresh Fruit 1% White Milk</p>	<p>26</p> <p>Cheeseburger</p> <p>Celery &amp; Carrots Sticks Cupped or Fresh Fruit 1% White Milk</p>	<p>27</p> <p>Fish Sticks with Goldfish</p> <p>Green Beans Cupped or Fresh Fruit 1% White Milk</p>	<p>28</p> <p>Pizza Dippers</p> <p>Veggie Patch Cupped or Fresh Fruit 1% White Milk</p>	
<p>31</p> <p>Chicken Nuggets with Goldfish</p> <p>Fresh Cucumber Slices Cupped or Fresh Fruit 1% White Milk</p>					

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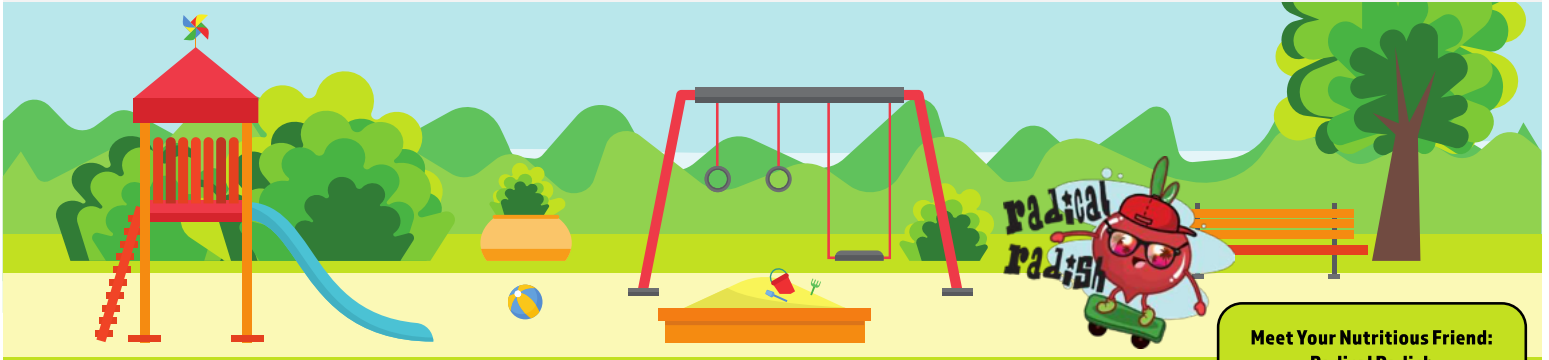
**Meal Prices**

Student Lunch	\$3.50
Reduced Lunch	\$0.00
Faculty Lunch	\$4.50



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.





**Meet Your Nutritious Friend:  
Radical Radish**

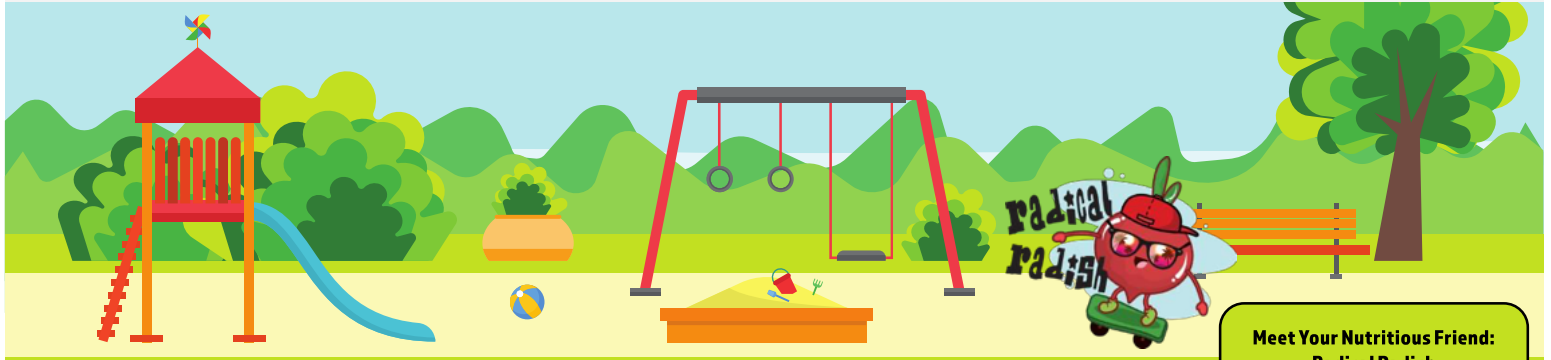
Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
3 Cinnamon Toast Crunch Jump Start  Fresh or Cupped Fruit Orange Juice	4 Maple Waffles  Fresh or Cupped Fruit Orange Juice	5 Apple Donuts  Fresh or Cupped Fruit Orange Juice	6 Warm Muffin  Fresh or Cupped Fruit Orange Juice	7 Egg & Cheese Bagel  Fresh or Cupped Fruit Orange Juice	<p><b>What is a Meal?</b> Students must have at least 3 of the 4 components for the school breakfast price.</p> <ul style="list-style-type: none"> <li>- Whole Grain</li> <li>- Protein</li> <li>- Fruit</li> <li>- Milk</li> </ul> <p>A minimum ½ cup serving of fruit must accompany a reimbursable breakfast.</p> <p><b>Daily Alternate</b></p> <ul style="list-style-type: none"> <li>-WG Pop-Tart &amp; Cheese Stick</li> <li>-Yogurt &amp; Graham Crackers</li> <li>-Oatmeal Bar &amp; Cheese Stick</li> <li>-Cereal &amp; Graham Crackers</li> </ul> <p><b>Milk</b> 1% white, FF White</p>
10 Cinnamon Toast Crunch Jump Start  Fresh or Cupped Fruit Orange Juice	11 Maple Waffles  Fresh or Cupped Fruit Orange Juice	12 Apple Donuts  Fresh or Cupped Fruit Orange Juice	13 Warm Muffin  Fresh or Cupped Fruit Orange Juice	14 Egg & Cheese Bagel  Fresh or Cupped Fruit Orange Juice	
17 Cinnamon Toast Crunch Jump Start  Fresh or Cupped Fruit Orange Juice	18 Maple Waffles  Fresh or Cupped Fruit Orange Juice	19 Apple Donuts  Fresh or Cupped Fruit Orange Juice	20 Warm Muffin  Fresh or Cupped Fruit Orange Juice	21 Egg & Cheese Bagel  Fresh or Cupped Fruit Orange Juice	
24 Cinnamon Toast Crunch Jump Start  Fresh or Cupped Fruit Orange Juice	25 Maple Waffles  Fresh or Cupped Fruit Orange Juice	26 Apple Donuts  Fresh or Cupped Fruit Orange Juice	27 Warm Muffin  Fresh or Cupped Fruit Orange Juice	28 Egg & Cheese Bagel  Fresh or Cupped Fruit Orange Juice	
31 Cinnamon Toast Crunch Jump Start  Fresh or Cupped Fruit Orange Juice					

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Student Breakfast	\$1.75
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**Meet Your Nutritious Friend:  
Radical Radish**

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
<p><b>3</b></p> <p>Chicken &amp; Cheese Quesadilla</p> <p>Ham &amp; Cheese Sandwich</p> <p><b>FEATURED VEGGIES</b> Corn Fresh Cucumber Slices</p>	<p><b>4</b></p> <p>Double Bacon Cheeseburger</p> <p>Chicken Bacon Ranch Wrap</p> <p><b>FEATURED VEGGIES</b> Baked Beans Grape Tomatoes</p>	<p><b>5</b></p> <p>Chicken Parm. with Pasta</p> <p>Turkey &amp; Cheese Sandwich</p> <p><b>FEATURED VEGGIES</b> Green Beans Celery &amp; Carrots Sticks</p>	<p><b>6</b></p> <p>Fish Sticks &amp; Goldfish</p> <p>Chicken Caesar Wrap</p> <p><b>FEATURED VEGGIES</b> Sweet Peas Fresh Broccoli</p>	<p><b>7</b></p> <p>Pizza Dippers</p> <p>Cheeseburger</p> <p><b>FEATURED VEGGIES</b> Veggie Patch Side Salad</p>	<p><b>What is a Meal?</b></p> <p>Students must choose at least 3 of the 5 components available for the school lunch price.</p> <ul style="list-style-type: none"> <li>- Choice of Whole Grain</li> <li>- Choice of Protein</li> <li>- Choice of Vegetable</li> <li>- Choice of Fruit</li> <li>- Choice of Milk</li> </ul> <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.</p> <p><b>Salad of the Week</b></p> <p>All Salads are served with a Dinner Roll or Tortilla Chips</p> <p><b>Week-1</b> (Buffalo Chicken Salad)</p> <p><b>Week-2</b> (Taco Salad)</p> <p><b>Week-3</b> (Garden Salad with Yogurt)</p> <p><b>Week-4</b> (Asian Chicken Salad)</p> <p><b>Week-5</b> (Chicken Caesar Salad)</p> <p><b>Choice of Fruit</b></p> <p>Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice</p> <p><b>Choice of Milk</b></p> <p>1% white, chocolate, and strawberry</p> <p><b>Daily Alternates</b></p> <p>Uncrustable Meal with Cheese Stick and Goldfish</p>
<p><b>10</b></p> <p>Grilled Cheese</p> <p>Ham &amp; Cheese Sandwich</p> <p><b>FEATURED VEGGIES</b> Glazed Carrots Fresh Cucumber Slices</p>	<p><b>11</b></p> <p>Buffalo Chicken Dip with Tortilla Chips</p> <p>Chicken Bacon Ranch Wrap</p> <p><b>FEATURED VEGGIES</b> Roasted Garbanzo Beans Grape Tomatoes</p>	<p><b>12</b></p> <p>Cheesy BBQ Pork Bowl</p> <p>Turkey &amp; Cheese Sandwich</p> <p><b>FEATURED VEGGIES</b> Tater Tots Celery &amp; Carrots Sticks</p>	<p><b>13</b></p> <p>Taco Soup with Corn Chips</p> <p>Chicken Caesar Wrap</p> <p><b>FEATURED VEGGIES</b> Corn Fresh Broccoli</p>	<p><b>14</b></p> <p>Stuffed Crust Pizza</p> <p>Cheeseburger</p> <p><b>FEATURED VEGGIES</b> Veggie Patch Side Salad</p>	
<p><b>17</b></p> <p>Scrambled Eggs &amp; Pancakes</p> <p>Ham &amp; Cheese Sandwich</p> <p><b>FEATURED VEGGIES</b> Dice d Potatoes Fresh Cucumber Slices</p>	<p><b>18</b></p> <p>Chicken Patty on a Bun</p> <p>Chicken Bacon Ranch Wrap</p> <p><b>FEATURED VEGGIES</b> Baked Beans Grape Tomatoes</p>	<p><b>19</b></p> <p>Chicken Cheesesteak</p> <p>Turkey &amp; Cheese Sandwich</p> <p><b>FEATURED VEGGIES</b> Fries Celery &amp; Carrots Sticks</p>	<p><b>20</b></p> <p>Asian Sesame Pork over Rice</p> <p>Chicken Caesar Wrap</p> <p><b>FEATURED VEGGIES</b> Roasted Broccoli Fresh Broccoli</p>	<p><b>21</b></p> <p>Pizza Crunchers</p> <p>Cheeseburger</p> <p><b>FEATURED VEGGIES</b> Veggie Patch Side Salad</p>	
<p><b>24</b></p> <p>Chicken Fajitas</p> <p>Ham &amp; Cheese Sandwich</p> <p><b>FEATURED VEGGIES</b> Corn Fresh Cucumber Slices</p>	<p><b>25</b></p> <p>White Chicken Chili with Tortilla Chips</p> <p>Chicken Bacon Ranch Wrap</p> <p><b>FEATURED VEGGIES</b> Roasted Garbanzo Beans Grape Tomatoes</p>	<p><b>26</b></p> <p>Honey Baked Chicken with Cornbread</p> <p>Turkey &amp; Cheese Sandwich</p> <p><b>FEATURED VEGGIES</b> Glazed Carrots Celery &amp; Carrots Sticks</p>	<p><b>27</b></p> <p>Pasta Bake</p> <p>Chicken Caesar Wrap</p> <p><b>FEATURED VEGGIES</b> Green Beans Fresh Broccoli</p>	<p><b>28</b></p> <p>French Bread Pizza</p> <p>Cheeseburger</p> <p><b>FEATURED VEGGIES</b> Veggie Patch Side Salad</p>	
<p><b>31</b></p> <p>Mac &amp; Cheese</p> <p>Ham &amp; Cheese Sandwich</p> <p><b>FEATURED VEGGIES</b> Stewed Tomatoes Fresh Cucumber Slices</p>					

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