

Student Health Advisory Council (SHAC) Oct 24, 2024 meeting minutes

1. Introduction and Welcome

April Hooper-Christenson called the SHAC meeting to order on Oct 24, 2024 at the CFBISD Nancy Watten Center at 6:32pm with quorum met and secretary in attendance. The following SHAC members were present: April Hooper-Christenson, Kelley Taylor, Zoher Bharmal, Melissa Muñoz, Semira Abdourezak, Chris Moore, Carolyn Benavides, Sandra Lieck, Laura Brookover-Ybarra, Linda Villemarette, Veronica Morales, Kim Graham, Rachel Freeman and Sylvia Mazuera.

Other guests in attendance: Pam Hendrix, Melanie Williams, Lyat Mizrahi, Akili Wong, and Rita Berkley.

2. Review of SHAC Mission /Purpose

April reviewed the SHAC goals, the components of the coordinated school health program and the importance of parent participation. She reminded the audience that only SHAC members appointed by the CFBISD school board are authorized to make and discuss motions and vote. Other people in attendance are considered visitors and they can ask questions during the program and address the SHAC during audience for guests.

3. Audience for Guests

No requests for audience for guests were submitted.

4. Approval of Minutes from meeting on Sep 26, 2024

The minutes from the Sep 26, 2024 regular meeting were approved as presented by general consent.

5. Presentation from Committee that reviewed Counseling Lessons on SB9 Topics by Kelley Taylor

The following committee was appointed at the last meeting: Zoher Bharmal, April Hooper-Christenson, Jonathan Wilk, Kelley Taylor and Sylvia Mazuera.

The committee was tasked to review the new curriculum written this summer that includes topics that fall under SB9: child abuse, family violence, dating violence, and sex trafficking. SB9 requires districts to have parent's written opt-in consent to provide this instruction.

The committee recommended the following lessons to SHAC for approval:

Curriculum	Estimated Time to Review	Intended Use
CFBISD-Created Lessons for Career and Technical Education Course: Counseling and Mental Health	1 hour and 30 min for all (30 minutes per lesson)	By Creekview CTE teacher, as part of course content. The content with Senate Bill 9 topics and how they pertain to the role of a professional counselor.

CFBISD-Created Lessons for Career and Technical Education Course: Human Growth and Development Courses	1 hour and 30 minutes for all (30 minutes per lesson)	By Creekview CTE teacher, as part of course content. The content with Senate Bill 9 topics and how they pertain to lifespan development.
CFBISD-Created Pre-K Guidance Lesson	30 minutes	This an additional, guidance lesson created by a CFBISD school counselor. It includes a craft that can be taken home.
Mental Health America Guidance Lessons (Digital Citizenship)	40 minutes for guide and activities; 6 minutes for video.	MHA has provided this curriculum and training for all elementary counselors. These lessons could be used as additional or replacement guidance lessons.
Mental Health Parent Information Brochures for Website, on Human Trafficking and Sexting	1 hour (30 minutes per topic)	This content would be used as an educational tool for parents. These one-page documents could be provided by counselors or housed on the CFBISD website.

The vote carried.

6. Hidden in Plain Sight program by Rachel Freeman, CFB Director of Safety and Security. Rachel presented the program Hidden in Plain Sight, an interactive activity where the audience can look through a typical teenager room for items that may be used to hide illegal substances or refer to drug related themes. This educational program is for parents only and her department is available to present at schools or community locations.
7. Topics for Future SHAC meetings
The following topics were proposed for the 24-25 SHAC meetings:
 - State of CFB in relation to current drug trends including fentanyl.
8. Adjourn
Next SHAC meeting is on Feb 27, 2025 at the Nancy Watten Center. There being no further business, the meeting was adjourned at 7:28 pm.

Sylvia Mazuera, SHAC Secretary