

# DAILY BULLETIN

*Cougar Family.  
Cougar Pride.*

*Learning & Connecting: Nothing Can Stop Us!*

*THURSDAY, MARCH 06, 2025*

<i>BIRTHDAYS</i>	<i>LUNCH</i>	<i>SENIOR CORNER</i>
No Birthdays	Baked Chicken Mashed Potatoes, Veggies, Fruit, Milk Variety.	If you plan to decorate your graduation mortar board, please remember that all designs must be pre-approved. Submit your design for approval by to Ms. Burke. Decorations should be school-appropriate and follow graduation guidelines. Let's celebrate your achievements while keeping the ceremony respectful and memorable!

<i>ACADEMICS</i>	<i>ACTIVITIES</i>	<i>ATHLETICS</i>
<p>Lake Center College &amp; Career Day field trip leaves today @ 9:30.</p> <p>Mrs. Accurso has been busy taking students on college and trade school visits! If you attended, we hope you had a great experience. Remember, Mrs. Accurso is your counselor and is here to help you work toward your post-secondary goals!</p> <p>Open House and 8th Grade Registration Night is next Wednesday! The evening will begin with dinner in the cafeteria at 5:15 p.m. Teachers will be selecting student ambassadors to help showcase student work and active learning in classrooms. This event is also our opportunity to welcome the incoming Class of 2029!</p> <p>Cougar Pride Awards tomorrow in the cafeteria during 2nd period.</p>	<p>Wear GREEN Monday, March 17 in honor of St. Patrick's Day! The Mighty Cougar will be out and about with treats.</p> <p>We are selling St. Patrick's Grams Thursday and Friday and next week Monday and Tuesday at break and at lunch.</p> <p>\$3 for small, \$4 for large, and \$5 for a singing gram! We accept cash, card, Apple Pay, etc.</p> <p>Spring into Break rally is Friday, March 21!</p> <p>Save the Date! Prom is Saturday, April 19 from 730 to 930. Let's make it a night to remember! Eligibility and non-privilege list will be in effect.</p> <p>Be on the lookout for ASB officer ballots and let your voice be heard!</p>	<p>Friday: Baseball &amp; Softball @ Technology in Rohnert Park @ 3:30pm, release @ 12:15pm</p>

## *A reminder*

The stadium and bleachers are off limits at all times. Please stay on the main part of campus during lunch, at breaks, and during class. Not sure why? Ask one of your student services people.

## What is Cyberbullying?

Cyberbullying is the use of digital technology—such as social media, text messages, emails, or gaming platforms—to harass, threaten, embarrass, or harm another person. Unlike traditional bullying, cyberbullying can happen anytime, anywhere, and messages can spread quickly to a wide audience. Talk to a trusted adult today if you know of someone being cyberbullied. Not only is it mean, it's also against the law.



Here in Cougar Country, we are **READY TO LEARN!**

1. We greet our teacher at the door
2. Our cell phones and ear buds go in the pouch
3. We gather our supplies
4. We begin our entry work

We **LEVEL UP** in everything we do!