

NYSPHSAA WIND CHILL PROCEDURES

Administration of Wind Chill Policy:

1. Wind Chill will be checked 1 hour before the contest/practice by a certified athletic trainer, athletic director, or school designee when the air temperature is 39 degrees (Fahrenheit) or lower.
2. The athletic trainer, athletic director, or school designee will use the accuweather.com website to determine the wind chill index for the area of the contest/practice. The accuweather.com website can be reached through the NYSPHSAA website. Once a person is on the accuweather.com website, they will put in the zip code for the location of the contest/practice and the website will give them the air temperature as well as the *RealFeel* temperature (wind chill).
3. If the *RealFeel* temperature (wind chill) is 10 degrees or below, the athletic trainer, athletic director, or school designee must re-check the *RealFeel* (wind chill) at halftime or midway point of the contest. If the *RealFeel* (wind chill) temperature is -11 degrees (Fahrenheit) or lower, the contest will be suspended.

Please refer to the following chart to take the appropriate actions:

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| | <i>RealFeel</i> (wind chill) above 40 degrees | Full activity. No restrictions |
| R E C O M M E N D E D | Wind Chill Caution: <i>RealFeel</i> (wind chill) 36 degrees to 20 degrees | Stay adequately hydrated. Notify coaches of the threat of cold-related illnesses. Have students and coaches dress in layers of clothing. |
| | Wind Chill Watch: <i>RealFeel</i> (wind chill) 19 degrees to 10 degrees | Stay adequately hydrated. Notify coaches of the threat of cold-related illnesses. Have students and coaches dress in layers of clothing. Cover the head and neck to prevent heat loss. |
| | Wind Chill Warning: <i>RealFeel</i> (wind chill) 9 degrees to -10 degrees | Stay adequately hydrated. Notify coaches of the threat of cold-related illnesses. Have students and coaches dress in layers of clothing. Cover the head and neck to prevent heat loss. Consider postponing practice to a time when <i>RealFeel</i> temperature is much higher. Reduce the amount of time for an outdoor practice session. |
| REQUIRED | Wind Chill Alert: <i>RealFeel</i> (wind chill) -11 degrees or lower | No outside activity, practice or contest, should be held. |

NCAA Guide 2024-2025: http://fs.ncaa.org/Docs/eligibility_center/Student_Resources/CBSA.pdf

Consider removing the NCAA video (old info? Year?) and replace with a link to the NCAA Eligibility Center: <https://web3.ncaa.org/ecwr3/>