

### General Course Information

<b>Course Name: 2nd Grade Physical Education</b>	
Department: PE/Health	Grade Level(s): 2
Duration/Credits: 1 Year	Prerequisites: none
BOE Approval Date: February 2023	Course Code:
<b>Course Description:</b>	
2nd Grade Physical Education builds factual and conceptual fitness and health knowledge and skills with daily physical activities and formative feedback. In addition to developing locomotor and non-locomotor skills, manipulative skills and rhythmic movement, PE helps students to self-regulate and engage in healthy behaviors.	
<b>Course Rationale:</b>	
2nd Grade PE supports both student physical health and cognitive development. In addition to providing needed daily active time, students develop physical literacy and health knowledge.	
<b>Course Objectives:</b>	
<ul style="list-style-type: none"><li>• The student will make the connection that physical activity is a way to become healthy.</li><li>• The student will combine both locomotor and manipulative skills in physical activities and games.</li><li>• The student will develop knowledge of basic fitness concepts.</li><li>• The student will demonstrate personal responsibility, and develop teamwork skills and a respectful and inclusive attitude in social and physical activities, including skills practice, games, and sports.</li><li>• The student will actively participate in daily class fitness objectives and routines, including exercises, games, and skill development, to build the components of health and skill-related fitness.</li></ul>	
<b>Standards Alignment:</b>	
2016 Missouri Learning Standards	