

### Rationale

The Second Grade Health Curriculum will provide the learner with knowledge and skills to emphasize aspects of healthy behavior in order to encourage healthy decisions.

### Course Description

The Second Grade Health Curriculum will cover a variety of health topics that will enhance personal health behaviors and decisions. These topics will include circulatory and respiratory system, human life cycle, food pyramid, disease control, emergency situations and safe and unsafe drugs.

### Course Objectives

1. The student will identify and describe basic structures and functions of the circulatory and respiratory systems with 80% accuracy. Assessed on MAP, grade 5. (HPE1; 1.6)
2. The student will recognize the health benefits of appropriate personal hygiene, dental health, adequate sleep, good posture and exercise with 80% accuracy. Assessed on MAP, grade 5. (HPE1, HPE2, HPE3, SC3; 4.7)
3. The student will identify and sequence the stages of the human life cycle with 100% accuracy. Assessed on MAP, grade 5. (HPE1, HPE2, HPE3, SC3; 1.6)
4. The student will identify the food guide pyramid and recognize the main components of a balanced and nutritious meal and snack with 80% accuracy. Assessed on MAP, grade 5. (HPE2, CA6; 4.7)
5. The student will identify the difference between non-communicable and communicable diseases with 80% accuracy. Assessed on MAP, grade 5. (HPE2, HPE5, HPE7, CA5, CA6; 4.7)
6. The student will explain the importance of obeying the rules and traffic signs/signals with 80% accuracy. Assessed on MAP, grade 5. (HPE6, HPE7, CA1, SS5; 2.1, 4.7)
7. The student will be able to identify unsafe conditions and three ways to obtain assistance in an emergency with 80% accuracy. Assessed on MAP, grade 5. (HPE6, HPE7; 1.10, 4.6, 4.7)
8. The student will be able to identify and recognize safe and unsafe drugs with 80% accuracy. Assessed on MAP, grade 5. (HPE5, HPE6, CA5; 4.7)

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