

## Rationale

The first grade health curriculum will meet the needs of the student in basic skills and knowledge necessary for health, safety, and ability to establish relationships which promote daily healthy living.

## Course Description

The first grade health curriculum will cover a variety of health topics leading to the knowledge and skills important to living a healthy life. These topics will include the five senses, safety procedures, safe and unsafe drugs, the food pyramid and immunizations.

## Course Objectives

1. The student will describe the five senses and their functions with 80% accuracy. Assessed on MAP, grade 5. (HPE1; 4.7)
2. The student will state three reasons why regular physical and dental examinations are important to maintaining good health with 80% accuracy. Assessed on MAP, grade 5. (HPE2, HPE3; 4.7)
3. The student will identify all areas on the food guide pyramid with 80% accuracy. Assessed on MAP, grade 5. (HPE2; 4.7)
4. The student will identify the differences between communicable and non-communicable diseases with 80% accuracy. Assessed on MAP, grade 5. (HPE2, HPE3; 4.7)
5. The student will give one reason why immunizations are important with 80% accuracy. Assessed on MAP, grade 5. (HPE2, HPE3; 4.7)
6. The student will identify at least three characteristics of a stranger and at least three potential dangers in everyday situations with 80% accuracy. Assessed on MAP, grade 5. (HPE7; 1.5)
7. The student will correctly identify medicines used to treat or prevent health problems while discussing specific illnesses, and will identify safe and unsafe drugs with 80% accuracy. Assessed on MAP, grade 5. (HPE3; 2.1)
8. The student will identify and describe basic structures and functions of the cardiovascular system with 80% accuracy. Assessed on MAP, grade 5.