

Weekly Prayers
(Psalter Week 1
or use Lent Prayers p113)

Liturgical
Colour:
Purple

Remember: Rosary in the Chapel at 1:45 (A1) today!

Monday 10th March

Today's Gospel

Today's Gospel is the parable of the sheep and the goats. Jesus tell the people on his right, "*So long as you did this for the least of my brothers and sisters, you did it to me.*"

Let us pray: Dear Lord, we pray that you help us to see the needs of those around us, especially the least of our brothers and sisters. May we be moved with compassion to serve and love them as we would serve and love you. May our actions reflect your love and grace, and may we always be a light in this world. Thank you for the opportunity to serve you. Through Christ our Lord. Amen.



Liturgical
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Purple

Remember: Holy Half Hour in the Chapel at 6pm today. Pop along for a few minutes of quiet prayer.

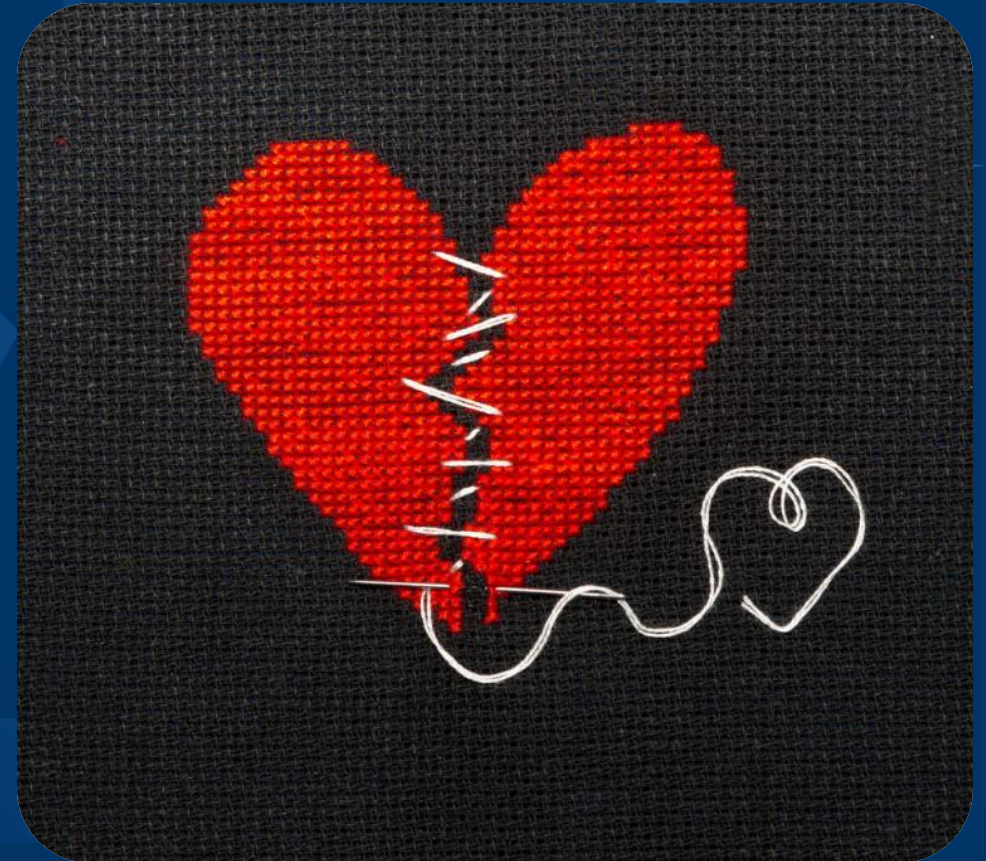
Tuesday 11th March

Today's Gospel

In today's Gospel, Jesus teaches us the words of the Our Father, ending with a warning: "*For if you forgive others their trespasses, your heavenly Father will also forgive you, but if you do not forgive others their trespasses, neither will your Father forgive your trespasses.*"

This is quite a challenging passage, isn't it? I think we all struggle to forgive at times, don't we? Especially when someone we love or look up to has hurt us. Maybe this Lent, we can focus on letting go of hurt, pain and baggage, and choosing the freedom of forgiveness:

Lord Jesus,
You chose to be called the friend of sinners. By your saving death and resurrection free me from my sins. May your peace take root in my heart and bring forth a harvest of love, holiness, and truth. Amen.



Liturgical
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Remember: Mustard Seed Bible Study Group continues today, A2, in the Chaplaincy!

Wednesday 12th March

The Mass readings today are all about Jonah. Watch the video (1:27) if you don't want to read the [Gospel](#).

In keeping with the theme of Lent, the story of Jonah is, above all, about repentance. Just like Jonah, Jesus came to call the people to repentance- to reconciliation with God. Jonah tried for a long time to do things his way; but when he finally placed his trust in God, great things happened.

Are you looking for great things in your life? What changes might you need to make to make them happen?

Let us pray: Father, I believe, but help my unbelief! Through your Spirit, please give me the courage to walk in faith in moments of crisis, trial, and hardship, trusting that I will find my way to the path to which you are calling me. In Jesus' name. Amen.



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Remember: Young Christian Women club today A2! (inc Hot chocolate & biscuits...)

Thursday 13th March

What is the Golden Rule? (Matthew 7:12)

The Golden Rule:

So then, everything you desire
that people do to you,
do also you do to them,



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Friday 14th March

CST FRIDAY: Care for Creation Questions for Discussion

"He shows us just how inseparable the bond is between concern for nature, justice for the poor, commitment to society, and interior peace."

-Pope Francis, writing about St Francis of Assisi

Is care for creation linked to a desire for justice and fair society? How?

"What kind of world do we want to leave to those who will come after us, to children who are growing up?"

-Pope Francis



"A sound and sustainable ecology, one capable of bringing about change, will not develop unless people are changed, unless they are encouraged to opt for another style of life, one less greedy and more serene, more respectful and less anxious, more fraternal."

-Pope Francis, writing about St Francis of Assisi

Do we, as society, need to change? What do we need to do to protect Creation?