



**Belton Independent School District
School Health Advisory Council
December 19, 2024
Minutes**

The School Health Advisory Council met on Thursday, December 19, 2024, at 12:00 p.m. at the administration building.

Members in Attendance:

Cassandra Spearman	Chris Teager	Sheryl Austin
Marylisa Fanning	Wendy Taylor	Heidi Pike
Pete Ramirez	Peggy Hylton	Robert Rucker
Cindy Rolan	Katie Breazeale	Jennifer Bohannon
Jackie Snow	Lannette Wyrick	Cyndi McLean
Tiffany Sommerfeld	Chance Griffin	Cindy Rolan
Mouneigh Pyatt	Janet Brown	

Guests in Attendance:

Lee Vi Moses -Director of Student Services

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1. The meeting was called to order at 12:01 p.m. by Dr. Cassandra Spearman, Assistant Superintendent of Operations.
 2. Welcome
 3. Dr. Spearman opened the floor for public comments. There were none.
 4. Dr. Spearman reviewed the agenda.
 5. Minutes from the October 24, 2024 meeting were reviewed and approved.
 6. Introductions
 7. Dr. Spearman reviewed the SHAC commitments.
 8. Triennial Assessment - Dr. Spearman
 - a. Review of our policies and an examination of existing district-wide health and wellness policies, procedures, and strategic plans.
 - b. A comprehensive survey will be conducted across all district campuses to gather data on the implementation and impact of health and wellness initiatives at the school level.
 - c. Dr. Spearman will actively solicit input from all relevant departments, including:
 - i. Food Services: To evaluate nutritional quality and access to healthy meals.
 - ii. Physical Education and Athletics: To assess the effectiveness of physical activity programs and facilities.
 - iii. Counseling and Social Work: To evaluate mental health support services and student well-being.
 - iv. Health Services: To review student health records and identify prevalent health concerns.
 - v. Curriculum and Instruction: To ensure that health education is properly integrated into the curriculum.
 - d. Completion of the assessment tool is a quantifiable measure of the district's performance across various health and wellness indicators.
 - e. Review of the assessment. The findings of the assessment will be presented and thoroughly reviewed by the School Health Advisory Council (SHAC).
 - f. Publish results for the public to ensure transparency and accountability, the key findings and recommendations of the triennial assessment will be published on the SHAC website.



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9. Hope Squad - Tiffany Sommerfeld shared details about Hope Squad and how it will help with suicide prevention strategies.
10. The meeting was adjourned by Dr. Spearman at 12:48p.m . The next meeting is March 6, 2025

Minutes derived from audio-recording/submitted by: Mouneigh Pyatt, Executive Assistant