

Rationale

The Kindergarten health curriculum will provide the student with basic health knowledge and skills necessary for healthy daily living, including safety, health of self and relationship with others.

Course Description

The Kindergarten health curriculum will introduce a variety of health topics to the student. These topics will include identifying sixteen body parts, personal and family health, nutrition and drug prevention.

Course Objectives

1. The student will identify sixteen body parts (head, shoulders, knees, toes, fingers, foot, elbow, hand, eyes, ears, mouth, nose, legs, arms, stomach, and ankle) with 80% accuracy. **Assessed on MAP, grade 5. (HPE1; 4.7)**
2. The student will describe two ways to be a responsible friend and family member with 80% accuracy. **Assessed on MAP, grade 5. (SS6; 1.6)**
3. The student will identify two situations that may require the assistance of a trusted adult with 80% accuracy. **Assessed on MAP, grade 5. (HPE7; 4.3, 4.7)**
4. The student will appropriate ways to communicate effectively with others and express one's own needs, wants and feelings in basic situations with 85% accuracy. **Assessed on MAP, grade 5. (HPE2; 2.3, 3.7)**
5. The student will state two reasons why adequate sleep and good personal hygiene are important for growth with 85% accuracy. **Assessed on MAP, grade 5. (HPE2, HPE3; 4.7)**
6. The student will describe three ways that his/her body is continuously growing and changing with 80% accuracy. **Assessed on MAP, grade 5. (HPE2; 4.7)**
7. The student will identify five healthy varieties of food with 80% accuracy. **Assessed on MAP, grade 5. (HPE2; 4.6, 4.7)**
8. The student will identify the role of the following community helpers: police officer, fire fighter, and bus driver with 100% accuracy. **Assessed on MAP, grade 5. (SS6; 1.10, 4.3, 4.7)**
9. The student will demonstrate three behaviors that reduce the spread of communicable diseases with 85% accuracy. **Assessed on MAP, grade 5. (HPE2; 3.4, 3.6, 4.3)**
10. The student will identify two people who may administer medicines safely with 80% accuracy. **Assessed on MAP, grade 5. (HPE5; 4.7)**
11. The student will identify two safe and two unsafe drugs as well as two poisons with 80% accuracy. **Assessed on MAP, grade 5. (HPE5;4.7)**

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