

SPRING 2025 AFTER SCHOOL PROGRAM IN THE LOWER SCHOOL



The Convent of the Sacred Heart offers an After School Program for students in the Lower School. There is a limit to the number of children who can be enrolled in each activity.

During Spring vacation, class enrollment will be determined. Parents will be notified concerning a student's acceptance or waitlist status for her desired class(es).

- A class may be canceled if a minimum number of students do not register for it.
- All fees include a snack.
- After School activities do not meet on school holidays or early dismissal days.
- Students are not allowed to bring play dates to the After School Program.
- **Students may withdraw from or switch their class at a prorated cost if they do so before the third week of after school.**
- Children are expected to be picked up promptly when the activity ends.

MONDAY

HOMEWORK'S DONE! for Grade 1

Teacher: Ms. Regan Moroney

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Wouldn't it be nice to bring home an empty backpack at the end of the day? Finish your homework at school while working in a quiet room with the guidance and support of a teacher and the company of your peers.

HOMEWORK'S DONE! for Grades 2, 3, 4

Teacher: Ms. Estefania Wilt

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Wouldn't it be nice to bring home an empty backpack at the end of the day? Finish your homework at school while working in a quiet room with the guidance and support of a teacher and the company of your peers.

INTRODUCTION TO RUNNING

for Grades 1, 2

Teacher: Ms. Katie Amodio & Ms. Lori Ayanian

Hours: 3:30 - 4:30 pm

Class Fee: \$595

This class will instruct the girls in age-appropriate running techniques using warm-up and fitness games. Emphasis will be on safety and fun!

SEWING for Grades 1, 2

Teacher: Ms. Zoe Davis

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Materials Fee: \$50

Girls will enjoy a relaxing class working on simple sewing projects. They will make bags, dolls' quilts, hair bands and stuffed animals.

SWIFTIE SCRATCH! for Grades 2, 3, 4

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Material Fee: \$50

Students will learn the fundamentals of coding and programming while rocking out to Taylor Swift songs. These Swifties will program a music video, an interview with their favorite music icon, and help their superstar get ready for the next concert!

WEAVING for Grades 2, 3, 4

Teacher: Ms. Holly Brown

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Material Fee: \$50

Students will experience the wonders of weaving through a variety of techniques and materials. With a portable loom and a variety of yarns, they will create woven wall hangings.

OFF CAMPUS

GROUP ICE SKATING AT CHELSEA PIERS (Indoor Rink) for Grades 1, 2, 3, 4

Corbin's Crusaders

Teacher: Chelsea Piers Instructors

Hours: 3:15 - 5:00 pm

Class Fee: \$950

In this activity, girls participate in a group skating lesson and a "free skate" session. The fee includes a lesson, ice skate rental and helmet. **Girls will be returned home after the activity by a Corbin's Crusaders bus. Bus service from 60th to 100th Street East and West.**

SOCCER for Grades 1 - 4

Teacher: Corbin's Crusader Coaches

Hours: 3:15 - 5:00 pm (**Bus departs at 5:00 pm**)

Class Fee: \$895

The program is for girls with all levels of experience and skill sets. The focus will be on basic positioning and play. **Girls will be returned home after the activity by a Corbin's Crusader bus. Bus service from 60th Street to 100th Street East and West.**

TENNIS for Grades 1, 2, 3

Teacher: Super Star Tennis

Hours: 3:15 - 4:30 pm

Class Fee: \$625

Materials Fee: \$25

This class will emphasize tennis fundamentals; learn how to hit forehand, backhand and volleys with the proper technique and grip. We will also work on drills, games, hand-eye coordination, sportsmanship and team building skills while having fun! All equipment is provided. **Pickup for Tennis is at Immanuel Lutheran Church, 88th Street and Lexington Avenue.**

TUESDAY

ASTRONOMY ADVENTURES for Grades 1-4

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Students will explore planets, stars and constellations through hands-on experiments and activities. Students will engage in creating their own star charts, crafting DIY constellation viewers and spending each week learning about the different planets in our solar system.

GRAPHIC NOVEL CREATION

for Grades 2, 3, 4

Teacher:

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Students will draw inspiration from graphic novels, comic books and mangas to create unique works of art, while learning fine art techniques involving drawing, design and writing.

HOMEWORK'S DONE!

for Grades 2, 3, 4

Teacher: Mr. Joseph Garland

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Wouldn't it be nice to bring home an empty backpack at the end of the day? Finish your homework at school while working in a quiet room with the guidance and support of a teacher and the company of your peers.

JEWELRY & CHARM MAKING

for Grades 1, 2, 3

Teacher: Ms. Zoe Davis

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Materials Fee: \$25

Using polymer clay, beads, and jewelry making materials students will design and create their own unique charm bracelets and necklaces. They will learn techniques to create their favorite items, symbols and shapes to transform into mini charms!

MINECRAFT: HARRY POTTER Level 2

for Grades 1, 2, 3

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Materials Fee: \$50

Students will learn to code while exploring an interactive Harry Potter world in Minecraft. Every class is a new adventure and opportunity to put coding fundamentals into action!

MINI FASHION DESIGN for Grades 2, 3, 4

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Materials Fee: \$25

Join this fun mini fashion class which includes fashion drawing, draping and hand sewing for 18" mannequins. Students will learn how to thread a needle, tie a knot, lock stitch, straight stitch and whip stitch. Projects include tunics, scarves and fringed bags.

SCIENCE WIZARDS

for Grades 1, 2, 3

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Materials Fee: \$25

Combine STEM and storytelling in this fun and explorative class. Students will learn about chemistry, potion making and have fun with some magical activities. We'll explore elements of science and chemistry while expanding our creative thinking skills.

OFF CAMPUS

CAMP SPORTS

for Grades 1 - 4

Teacher: Corbin's Crusader Coaches

Hours: 3:15 - 5:30 pm (Bus departs at 5:00 pm)

Class Fee: \$895

Join us for Camp Sports, this is everyone's favorite! We will be playing games that create the most memories. Coaches will introduce and run Dodge ball, Gaga, Flag Football, Ultimate, Capture the flag and more! **Girls will be returned home after the activity by a Corbin's Crusaders bus. Bus service from 60th to 100th Street East and West.**

GOLF for Grades 1 - 4

NYC Golf and Sport (Inside)

Teacher: Mr. Adam Raymond

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Materials Fee: \$25

This program utilizes age-appropriate methods and equipment to teach the proper skills, rules and etiquette of golf. Players will practice the four basic shots as well as gain an introduction to golf.

WEDNESDAY

ART OUT OF THE BOX

for Grades 1, 2, 3

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Materials Fee: \$50

Students will learn how to get creative and make mini masterpieces using materials like fabric, paper and found objects from nature! They will also learn about contemporary and historic artists using unconventional materials.

CHESS for Grades 1 - 4

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Materials Fee: \$25

In this class, students learn all the basics of chess in a fun and noncompetitive atmosphere. The girls will be taught how pieces move and the use of a chess clock. They will learn basic chess strategies, openings, tactics and problem-solving skills.

HOMEWORK'S DONE!

for Grades 2, 3, 4

Teacher: T. B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Wouldn't it be nice to bring home an empty backpack at the end of the day? Finish your homework at school while working in a quiet room with the supervision of a teacher and the company of your peers. This class is for girls who are working at grade level and above.

INNOVATORS! for Grades 3, 4

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Students will create and pitch their own innovative ideas, products, or inventions. Innovators will learn about designing prototypes and pitching ideas, while honing their presentation, creativity, confidence and public speaking.

KNITTING 101 for Grades 2, 3, 4

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$595 **Materials Fee: \$25**

Learn the basics of knitting and crochet in this relaxing craft class. The girls will learn how to cast on yarn to their knitting needles, knit and purl stitches, count rows and knit away.

MATH ENRICHMENT for Grades 3, 4

Teacher: Ms. Lauren Covington

Hours: 3:30 - 4:30 pm

Class Fee: \$595

This class will focus on math concepts and honing math skills. This class is for girls who are working at grade level and above.

RUNNING CLUB! for Grades 3, 4

Teacher: Ms. Maria Levine & Ms. Julie Byrne

Hours: 3:30 - 4:30 pm

Class Fee: \$595

This class will instruct the girls in age-appropriate running techniques using warm-up and fitness games. Emphasis will be on safety and fun!

OFF CAMPUS

LACROSSE for Grades 1-4

Teacher: Corbin's Crusaders Coaches

Hours: 3:15 - 5:00 pm

Class Fee: \$895

Lacrosse is the fastest growing sport in the U.S. The girls will be instructed in the fundamentals of lacrosse such as cradling, scooping, passing, shooting, defense and team play. Equipment needed: lacrosse stick, goggles and mouth piece. **Girls will be returned home after the activity by a Corbin's Crusader bus. Bus service from 60th Street to 100th Street East and West.**

SWIM CLUB Grades 1, 2

Teacher: Cardinal Swim Club Coaches

Hours: 3:15 - 5:00 pm

Class Fee: \$650

Swim instructors will work with students to learn everything from safety & survival techniques to stroke mechanics and conditioning. Students are grouped by skill level. **Students should be picked up promptly at 5:00 pm at 406 East 91st Street. (Girls will walk over to 406 with a Sacred Heart chaperone.)**

THURSDAY

AFFINITY GROUP for Grades 1, 2, 3, 4

Teacher: Ms. Jesenia Jackson & Ms. Bridget Billups

Hours: 3:30 - 4:30 pm

Our LS affinity group provides an opportunity for LS students of color to celebrate their shared identities, strengthen their sense of belonging, and enrich our inclusive community. Through read-alouds, craft/virtual projects, circle shares, dance parties, and other activities, participants can connect with students of color from other grades and classes. Please note: This group is open to those who identify their racial/ethnic background as Black/ African American, African, Asian, Pacific Islander, Southeast Asian, First Nations, Latinx/Hispanic, Greater Middle Eastern, or Multiracial.

DIVE INTO ART

for Grades 2, 3, 4

Teacher: Ms. Holly Brown

Hours: 3:30 - 4:30 pm

Class Fee: \$595 **Materials Fee: \$50**

In this class, students will learn about a variety of artists, using their work as inspiration for hands-on art projects. We will work in a variety of media, including collage, painting, drawing and mixed media.

FENCING for Grades 2, 3, 4

Teacher: Coach Colin

Hours: 3:30 - 4:30 pm

Class Fee: \$595 **Material Fee: \$50**

The girls will learn the fundamentals of en garde, lunging, and parrying in a fun and safe environment. Foil and equipment provided! Please wear sneakers.

HOMEWORK'S DONE for Grades 2, 3, 4

Teacher: Ms. Leslie Perez

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Wouldn't it be nice to bring home an empty backpack at the end of the day? Finish your homework at school while working in a quiet room with the supervision of a teacher and the company of your peers. This class is for girls who are working at grade level and above.

KITCHEN CHEMISTRY for Grades 1 - 4

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$595 **Materials Fee: \$25**

Students will explore the science of food and chemistry in this fun and exploratory class. With edible experiments, lessons on nutrition, recipes and fun activities to get us learning more about what we eat!

iPIANOLAB for Grades 1, 2, 3

Teacher: Mr. Steve Catanzaro

Hours: 3:30 - 4:30 pm

Class Fee: \$595 **Materials Fee: \$50**

iPianolab is a fun way to learn piano keyboard right at school. iPianolab sets up a portable keyboard lab with a keyboard and headphones for each student. The girls will learn all the keyboard basics while learning to play songs they love. The class includes free access to iPiano's website to watch tutorials of all the lessons and songs including fun interactive learning games.

MATH SUPPORT for Grades 2, 3, 4

Teacher: Mrs. Maureen Cook

Hours: 3:30 - 4:30 pm

Class Fee: \$595

This class is for students who need additional support to reinforce math concepts, strategies and daily lessons. Each class we will review and complete homework.

NATURE EXPLORATION! for Grades 3, 4

Teacher: Ms. Eunice Kim

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Join us for an after school nature exploration of spring and its foliage! This experience blends the outdoor with hands-on mixed media projects creating collages, using watercolors and drawing.

SPANISH CLUB for Grades 1, 2, 3

Teacher: Ms. Carolina Garcia

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Join our fun interactive Spanish class! Through games, songs and engaging activities, students will build their Spanish vocabulary and confidence in

OFF CAMPUS

ROLLER BLADING! Grades 1 - 4

Teacher:

Hours: 3:15 - 4:30 pm

Class Fee: \$695

Students learn skills that will progressively take them from basic through advanced skating techniques. Protective gear (helmet, wrist, knee and elbow pads) and skates are required.

VOLLEYBALL for Grades 2, 3, 4

Teacher: Corbin's Crusader Coaches

Hours: 3:15 - 5:00 pm (Bus departs at 5:00 pm)

Class Fee: \$895

The program is for girls with all levels of experience and skill sets. The focus will be on basic positioning and play. **Girls will be returned home after the activity by a Corbin's Crusader bus. Bus service from 60th Street to 100th Street East and West.**

FRIDAY

AI GAMING AND MACHINE LEARNING for Grades 3, 4 Level 2

Teacher: T.B.A

Hours: 3:30 - 4:30 pm

Class Fee: \$595 **Materials Fee: \$50**

Everything from your robotic vacuum to Alexa to self-driving cars use AI and machine learning to function. In this class students explore concepts related to Machine Learning and Artificial Intelligence through the lens of gaming. Students will create complex competitive games (such as PONG, Platformer and AI Monster Runner) while learning how to program game characters with AI functionality.

MINI PODCASTERS CLUB for Grades 2, 3, 4

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Students will explore the art of storytelling through sound! They'll learn how to plan, record and edit their own mini-podcasts, gaining hands-on experience with audio recording and creative expression while developing communication and tech skills.

SWIFTIE SONGWRITING!

Teacher: T.B.A

Hours: 3:30 - 4:30 pm

Class Fee: \$595

Explore the fundamentals of music like melody, key, song structure and more through a different Taylor Swift song each week. Students will explore a Swiftie themed craft and finish each session with Taylor-based trivia questions.

OFF CAMPUS

GROUP ICE SKATING AT CHELSEA PIERS (Indoor Rink) for Grades 1 - 4

Teacher: Chelsea Piers Instructors

Hours: 3:15 - 5:45 pm (Bus leaves at 5:00 pm)

Class Fee: \$895

In this activity, girls participate in a group skating lesson and a "free skate" session. The fee includes a lesson, ice skate rental and helmet. **Sacred Heart chaperones accompany the children to the rink and back to school on a Sacred Heart bus.**

PRE-TEAM SWIM CLUB Grades 3, 4

Teacher: Cardinal Swim Club Coaches

Hours: 3:15 - 5:00 pm

Class Fee: \$650

This program is for students who want to develop their competitive swim skills. Participants should come with competency in three of the four strokes and have an interest in racing. **Students should be picked up promptly at 5:00 pm at 406 East 91st Street. (Girls will walk over to 406 with a SH chaperone.)**

SPRING 2025 Calendar

APRIL

Monday 7, 14, 28

Tuesday 8, 15, 22, 29

Wednesday 9, 16, 23, 30

Thursday 10, 17, 24

Friday 4, 11, 25

MAY

Monday 5, 12, 19

Tuesday 6, 13, 20, 27

Wednesday 7, 14, 21, 28

Thursday 1, 8, 15, 29

Friday 2, 9, 16, 30

JUNE

Monday 2

Tuesday --

Wednesday --

Thursday --

Friday --

Contact: Patricia Sweeney
(psweeney@cshnyc.org)

Registration for Spring 2025 please go to:

<https://lowerschoolafterschool.campbrainregistration.com/>

-- Create an account and password

-- Select your after school class/es

-- Use your credit card to pay (VISA, Discover

and Mastercard only) NO AMERICAN EXPRESS