

Pre-K Lunch

*Pre-K School
Lunch Menu
Spring 2025*

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Week 1</i>	Mar 10	Mar 11	Mar 12	Mar 13	Mar 14
Entree (Choose 1) Vegetables (Choose 1-2) Fruit (Choose 1) Milk (Choose 1)	<ul style="list-style-type: none"> ● Popcorn Chicken ● Mixed Vegetables ● Mandarin Oranges ● Unflavored Low-fat Milk 	<ul style="list-style-type: none"> ● Mini Mozz Bites ● Marinara Cup ● Green Beans ● Fresh Fruit ● Unflavored Low-fat Milk 	<ul style="list-style-type: none"> ● Corn Dog ● Baked Beans ● Applesauce Cup ● Unflavored Low-fat Milk 	<ul style="list-style-type: none"> ● RPS Burger ● Crinkle Cut Fries ● Fresh Fruit ● Unflavored Low-fat Milk 	<ul style="list-style-type: none"> ● Big Daddy's Pizza ● Seasoned Corn ● Frosty Mixed Berry Cup ● Unflavored Low-Fat Milk
<i>Week 2</i>	Mar 17	Mar 18	Mar 19	Mar 20	Mar 21
Entree (Choose 1) Vegetables (Choose 1-2) Fruit (Choose 1) Milk (Choose 1)	<ul style="list-style-type: none"> ● Pizza Boli Bites ● Potato Wedges ● Marinara Cup ● Chilled Peaches ● Unflavored Low-fat Milk 	<ul style="list-style-type: none"> ● Queso Blanco Nachos ● Ranchero Beans ● Fresh Fruit ● Unflavored Low-fat Milk 	<ul style="list-style-type: none"> ● Spaghetti w/ Meatballs ● Seasoned Green Beans ● Chilled Pears ● Unflavored Low-fat Milk 	<ul style="list-style-type: none"> ● Crispy Chicken Sandwich ● Seasoned Broccoli ● Fresh Fruit ● Unflavored Low-fat Milk 	<ul style="list-style-type: none"> ● Big Daddy's Pizza ● Seasoned Corn ● Chilled Pineapple ● Unflavored Low-Fat Milk
<i>Week 3</i>	Mar 24	Mar 25	Mar 26	Mar 27	Mar 28
Entree (Choose 1) Vegetables (Choose 1-2) Fruit (Choose 1) Milk (Choose 1)	<ul style="list-style-type: none"> ● Pizza Dippers ● Marinara Cup ● Green Beans ● Mandarin Oranges ● Unflavored Low-fat Milk 	<ul style="list-style-type: none"> ● Hot Dog ● Steamed Broccoli ● Fresh Fruit ● Unflavored Low-fat Milk 	<ul style="list-style-type: none"> ● Chicken Nuggets ● Seasoned Peas ● Applesauce Cups ● Unflavored Low-fat Milk 	<ul style="list-style-type: none"> ● Turkey Croissant ● Baby Carrots ● Fresh Fruit ● Unflavored Low-fat Milk 	<ul style="list-style-type: none"> ● Big Daddy's Pizza ● Seasoned Corn ● Mixed Fruit ● Unflavored Low-fat Milk

Additional Daily Entree Option

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Nutrition Bites

March's *Nutrition Bites*: Kale is the Virginia harvest of the month! Packed with vitamins A, C, and K, plus fiber and antioxidants, it's a superfood that supports strong bones and a healthy immune system. Try adding kale to smoothies, salads, or crispy kale chips at home for a tasty, nutritious snack!

Lunch includes:

Choice of 1 Entree,
1-2 Vegetables, 1 Fruit,
and 1 Milk

Menu subject to change due
to item availability

Vegetarian Options
Available Upon Request