

K-5 Lunch

*Elementary School
Lunch Menu
Spring 2025*

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Week 1</i>	Mar 10	Mar 11	Mar 12	Mar 13	Mar 14
Entree (Choose 1) Vegetables (Choose 1-2) Fruit (Choose 1) Milk (Choose 1)	<ul style="list-style-type: none"> ● Popcorn Chicken ● Mixed Vegetables ● Mashed Potatoes ● Fresh Fruit ● Mandarin Oranges ● Assorted Milk 	<ul style="list-style-type: none"> ● Roasted Chicken w/ Dinner Roll ● Seasoned Green Beans ● Seas. Carrots ● Fresh Fruit ● 100% Fruit Juice ● Assorted Milk 	<ul style="list-style-type: none"> ● Corn Dog ● Baked Beans ● Seasoned Broccoli ● Fresh Fruit ● Applesauce Cup ● Assorted Milk 	<ul style="list-style-type: none"> ● RPS Burger ● Wedges or Fries ● Pickle, Tomato & Lettuce Cup ● Fresh Fruit ● 100% Fruit Juice ● Assorted Milk 	<ul style="list-style-type: none"> ● Big Daddy's Pizza ● Garden Salad ● Seasoned Corn ● Fresh Fruit ● Frosty Mixed Berry Cup ● Assorted Milk
<i>Week 2</i>	Mar 17	Mar 18	Mar 19	Mar 20	Mar 21
Entree (Choose 1) Vegetables (Choose 1-2) Fruit (Choose 1) Milk (Choose 1)	<ul style="list-style-type: none"> ● Pizza Boli Bites ● Potato Wedges ● Marinara Cup ● Chilled Peaches ● Fresh Fruit ● Assorted Milk 	<ul style="list-style-type: none"> ● Queso Blanco Beef Nachos ● Ranchero Beans ● Salsa Cup ● Fresh Fruit ● 100% Fruit Juice ● Assorted Milk 	<ul style="list-style-type: none"> ● Spaghetti w/ Meatballs + Breadstick ● Green Beans ● Seasoned Corn ● Fresh Fruit ● Chilled Pears ● Assorted Milk 	<ul style="list-style-type: none"> ● Crispy Chicken Sandwich ● Seasoned Broccoli ● Seasoned Carrots ● Fresh Fruit ● 100% Fruit Juice ● Assorted Milk 	<ul style="list-style-type: none"> ● Big Daddy's Pizza ● Garden Salad ● Seasoned Corn ● Fresh Fruit ● Chilled Pineapple ● Assorted Milk
<i>Week 3</i>	Mar 24	Mar 25	Mar 26	Mar 27	Mar 28
Entree (Choose 1) Vegetables (Choose 1-2) Fruit (Choose 1) Milk (Choose 1)	<ul style="list-style-type: none"> ● Mini Mozz Bites ● Marinara Cup ● Green Beans ● Fresh Fruit ● Mandarin Oranges ● Assorted Milk 	<ul style="list-style-type: none"> ● Hot Dog ● Baked Beans ● Steamed Broccoli ● Fresh Fruit ● 100% Fruit Juice ● Assorted Milk 	<ul style="list-style-type: none"> ● Chicken Nuggets w/ Eggo Waffles ● Seasoned Peas ● Hashbrown ● Fresh Fruit ● Applesauce Cup ● Assorted Milk 	<ul style="list-style-type: none"> ● Teriyaki Chicken Dumplings (6) ● Baby Carrots ● Stir Fry Vegetables ● Fresh Fruit ● 100% Fruit Juice ● Assorted Milk 	<ul style="list-style-type: none"> ● Big Daddy's Pizza ● Garden Salad ● Seasoned Corn ● Fresh Fruit ● Frosty Mixed Berry Cup ● Assorted Milk

Alternative Daily Entree Option

- Yogurt + Granola - Mon & Wed
- Yogurt w/ Cheese & Crackers - Tue
- Entree Salad w/ Roll - Mon - Fri
- Starting Oct 7, M-F: Hummus Cup w/ Tortilla Chips & Manager's Fresh Vegetable Choice

Nutrition Bites

March's *Nutrition Bites*: Kale is the Virginia harvest of the month! Packed with vitamins A, C, and K, plus fiber and antioxidants, it's a superfood that supports strong bones and a healthy immune system. Try adding kale to smoothies, salads, or crispy kale chips at home for a tasty, nutritious snack!

Lunch includes:
Choice of 1 Entree,
1-2 Vegetables, 1 Fruit,
and 1 Milk

Menu subject to change due
to item availability

Vegetarian Options
Available Upon Request