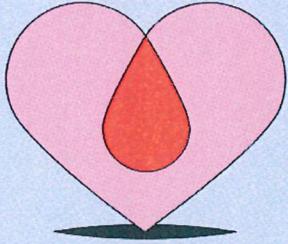


# Dignity. Period.

## Period Supplies Drive & Period Pack Packing Event



Period Poverty is the inability to access or afford period hygiene products. Menstrual products aren't covered by government assistance programs. GSJS Troop 449 is hosting a period supplies drive and period pack packing event to increase local awareness, replace poverty with **community** and shame with **dignity**.

### What is a Period Pack?

A period pack is a small package of menstrual hygiene products for one person. Period packs can be given to people experiencing homelessness, young people in school, or people in need. They help restore dignity to people who may have to choose between food or hygiene.

# 1 IN 4

## NJ GIRLS HAS MISSED SCHOOL due to the Lack of Period Protection.

For the benefit of:  
The She Shed

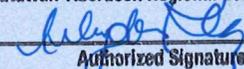
Local School Nurses  
Local Food Pantries

Please scan the QR Code for  
items needed for the Period  
Packs



Supplies can be  
shipped directly to us  
or you can email us to  
make alternate drop  
off arrangements

APPROVED FOR DISTRIBUTION  
Matawan-Aberdeen Regional School District

  
Authorized Signature

Questions? Contact us at [girlscouts449@gmail.com](mailto:girlscouts449@gmail.com)