



FREDDY'S FOOTNOTES



A Newsletter from Onalaska High School

March 2025

Highlights

Important Dates

Spring Choral Concert March 10
All Junior ACT March 11
Parent Teacher Conferences March 12 – 13\
Band Trip March 12 – 16
Orchestra Concert March 17
Dancing with the O'Club Stars March 25

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SAVE THE DATE



ONALASKA
HS PAC

Dancing
WITH THE
O'CLUB STARS

MARCH 25
STARTS AT 7:00 PM

2025

Important Dates

Spring Choral Concert	Monday, March 10
All Junior Required ACT.....	Tuesday, March 11
Parent Teacher Conferences	Wednesday, March 12 --- 3:30 PM – 8:00 PM
.....	Thursday, March 13 --- 12:30 PM – 8:00 PM
Band Chicago Trip.....	March 12 – 16
Orchestra Concert	Monday, March 17 --- 7:30 PM
Dancing with the O'Club Stars	March 25 --- 7:00 PM in the PAC
Sophomore Forward Exam (during World History class)	April 9 – 10
Easter Break	April 17 – April 21
Prom.....	Saturday, May 3
AP Testing	May 5 – 16
Seniors last day of classes, Senior Awards, Senior Walk.....	Tuesday, May 20
Graduation Practice.....	Wednesday, May 21 at 9:00 AM in the Field House
Senior Scholarship Awards.....	Wednesday, May 21 – 7:00 PM in the PAC
Graduation.....	Saturday, May 24 --- 1:00 PM in the Field House
Last Day of School.....	June 6
Summer School.....	June 11 – July 9
2025-26 Registration.....	Tuesday, August 12 --- 8:30AM – 7:00 PM

Changes in Student Information

If you have any changes throughout the year in your child's information, please contact our Pupil Services office at 783-4610.

This information would include:

- address/phone number
- parent/guardian information
- emergency contacts
- health issues
- email address

FAMILY SCHOOL LIAISON

In recognition of the importance in supporting the **whole** child (e.g. students' physical and mental health, their social and emotional learning along with their academic growth), the School District of Onalaska has a Family School Liaison position. My name is Carrie Werkheiser and as the Family School Liaison for the School District of Onalaska, my role is to collaborate with families in effort to support overall student success. Services may include collaboration, consultation, home visits, and/or information and referral to community resources and agencies. If you are interested in learning more about community resources to assist with student or family needs (e.g., food, housing, healthcare, human services, clothing, etc.), feel free to contact me.

Carrie Werkheiser, Family School Liaison, School District of Onalaska, 608-779-1959.

A note to families from Kerry Johnson, Director of School Nutrition.

Please reference our [School Nutrition policy](#) for information on our program including unpaid meal balances. If you believe, you may qualify for free or reduced meals, please contact the school nutrition office at 608-783-6251 to receive an application.

To those that regularly dine with us, thank you for your patronage. For others, we welcome the opportunity to serve you "the best meal deal in town."

Nutrition Policy: <https://go.boarddocs.com/wi/ona/Board.nsf/goto?open&id=CLWMPN5BB5A5>

2025 SUMMER SCHOOL

If your child is interested in taking summer school courses, the online registration process will begin soon. Watch for a Bright Arrow email message.

Be sure to register early since some classes do reach their capacity before the deadline and ALL courses are based on a first-come first-served basis.

Also, please keep in mind when registering for summer courses that there are strict attendance guidelines. For all **credit courses**, students are allowed to miss only two classes, and if they miss a third time, they are removed from the class. Please read the summer school booklet to find out what the specific attendance requirements are for each course.

Summer School

Summer School begins June 11 and will end July 9

There will be no classes on July 3 & 4.

Onalaska Summer School Registration



Who: Students entering grades 9–12

How: Online

When: Bright Arrow message soon.

Contact: Jennifer Morrison, Summer School Secretary at morje2@onalaskaschools.com or 608-783-4571 x5029
Charlie Ihle, Summer School Coordinator at ihlch@onalaskaschools.com or 608-783-4561 x5003

If you are interested in following what is happening in the School District of Onalaska, check us out on Facebook.



Nurse Notes

The School District of Onalaska follows the Wisconsin Childhood Communicable Diseases table when determining if a child shall be excluded from school due to illness. If fever is 99.9°F/37.8°C or higher, please do not send your child to school. When symptoms of possible communicable diseases are present, a child may be excluded based on district RN determination (i.e.: fevers, vomiting, diarrhea, etc.)

Parent Liaison Information

The role of Parent Liaison was created through the Wisconsin Statewide Parent-Educator Initiative (WSPEI) to aid in the support of families with children or adolescents who have special needs.

The Parent Liaison for the Onalaska School District is:

Vicky Shanley
214 15th Ave N, Onalaska
608-317-0275

vickyshanley@outlook.com

If you are the parent of a child with special needs, please contact Vicky if you have any questions about the special education process.

Onalaska High School
invites you

PARENT-TEACHER CONFERENCE

WEDNESDAY, MARCH 12
3:30-8:00 PM

THURSDAY, MARCH 13
12:30-8:00 PM

Conferences will be held this fall either in-person
OR virtually over Google Meet.

PICKATIME

OHS uses pickATime for scheduling 15-minute
conferences with any of your child's teachers.
When you schedule, you will be asked to choose
in-person or virtual conferences.

608-783-4571
OHS Student Services

Visual Arts Classic



Kaysie Thorson, Cameron Sisk, Madeline Polodna, Rickie Tillotson, Thomas Curtin, Avery Clark, Mya Mosier-Saintfort, Vanessa Davis, and Lauren Mavrantonis.

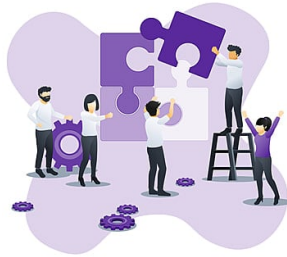
Visual Arts Classic is a competitive art team where OHS students create art in a wide variety of categories ranging from ceramics and architectural design to drawing, painting and digital art. This year nine students worked both individually and collaboratively in making art to be judged for their artistic skill level, creativity, critical thinking skills and knowledge of art history. Collectively our VAC students have advanced to the state competition in thirteen different categories that will take place in Madison on April 4.

ENGAGE!

dreamstime.



New at OHS this year is a class period called **Engage**. Students have the opportunity to sign up for a wide variety of clubs or activities throughout the year hosted by OHS staff. Engage will occur 2 times a month and students can select different Engage activities each time or stick with what they have previously done. We hope that Engage will help strengthen our community at OHS and help students and staff find common connections outside of the classroom. Encourage your student to sign up for Engage and try new activities each time. Upcoming Engage dates for 2nd semester are: March 27, April 9 and 24, and May 7 and 22.





March 2025 Students of the Month

Every month students who meet specific criteria are nominated by departments and voted on by the entire staff.

The STUDENT OF THE MONTH honor goes to the student in each grade level who receives the most votes. The STUDENT OF THE MONTH receives a plaque, certificate, and publicity in the local newspaper.

Criteria for nomination includes: long-term academic effort and achievement; a high degree of life skills – respect, responsibility, teamwork, integrity, and initiative – demonstrated on a regular basis; and involvement in co-curricular activities.

Freshmen Class

Student of the Month:

Madison Heit

Nominees:

Madeline Breit
Josephine Duckworth
Lauren Edwards
Taylor Gretebeck
Cali Grosch
Triston Hodson
Adam Kuhn
Fiona Li
Ellie Thesing

Junior Class

Student of the Month:

Elyse Keister

Nominees:

Ainsley Cowan
Thomas Curtin
Kai Gallant
Jonathan Galstad
Sydney Kranig
Lauren Mavrantonis
Cooper Rudie

Sophomore Class

Student of the Month:

Timothy Newman

Nominees:

Grayson Andel
Xochitl Aparicio
Marco Camarillo
Jordan DeVries
Henry Olson
Lillian Ryan
Kaia Unseth
Pairis Wolf

Senior Class

Student of the Month:

Nolan Sullivan

Nominees:

Emily Brewer
Kennedy Busta
Eliana Mascotti
Rebeka Ruatti
Alexis Sulentic
John Werwinski
Shouana Xiong



Madison Heit
Freshman

Timothy Newman
Sophomore

Elyse Keister
Junior

Nolan Sullivan
Senior

Freddy Extra Effort Award ...

March



Hudson Smith
Freshman



Jonas Vinson
Sophomore



John Curtin
Junior



Gabriel Maldonado Garcia
Senior

This award is given to a student who works above and beyond what is expected while displaying positive leadership and school spirit.

Four winners per month from each grade are chosen by the academic departments. The award is sponsored by the staff and is dedicated to promoting student success and school pride.

The FREDDY EXTRA EFFORT AWARD winners will receive a certificate, a gift from the staff and recognition in the Community Life.





School District of Onalaska World Language Department



LE DÉPARTEMENT DES LANGUES ÉTRANGÈRES • DEPARTAMENTO DE IDIOMAS DEL MUNDO

MARCH 2025 • MARS 2025 • MARZO 2025

WORLD LANGUAGE TEAM



Mr. Brian Wopat

wopbr@onalaskaschools.com



Mr. Devin Pettys

petde@onalaskaschools.com



Mrs. Rebecca Chaouki

chare@onalaskaschools.com



Mrs. Valerie Mumm-Jansen

mumval@onalaskaschools.com



Mrs. Victoria Carter

carvi@onalaskaschools.com



Mr. Andy Beckstrom

becan@onalaskaschools.com



Mrs. Jennifer Garves

garje@onalaskaschools.com



FACT CHECK



MYTH: You can't become proficient in a world language unless you learned it before puberty.

REALITY: Sadly, there is some truth to this. It is much harder for you to learn a language once you get older. However, this is not absolute. The truth is that there have been millions of adults that have not only learned a new language, but ended up speaking it proficiently. The School District of Onalaska starts Spanish instruction in 6th grade and French in 8th grade. The high school offers four years of language instruction.

France 2026 – A Travel Experience

If your child will be enrolled in French 2, 3 or Dual Credit 4 during next school year, they have a chance to travel to France from June 9 to June 19, 2026. This is an 11-day trip that takes students to all the major attractions of Paris, Normandy, the Loire Valley, and the French Alps. The Below is a schedule of events:

Day 1 - We leave La Crosse and take a Bus to Chicago. From there we make our way towards Paris.

Day 2 - Land at Charles de Gaulle in Paris and board a bus to Chartres for students to experience their first cathedral and lunch in a small French community. Afterwards, we continue our way to Caen, France.

Day 3 - We tour the Peace Museum in Caen and the start day 1 of the D-Day beaches, visiting Arromanches and the American Cemetery.

Day 4 - The following day, we head to Point du Hoc and the German Cemetery. We end the night at Saint Malo, a walled city on the northwestern coast of France.

Day 5 - We tour Mont Saint Michel and then start our journey of visiting castles. Our first castle is in a small little town of Amboise.

Day 6 - More castles - Chenonceau and Chambord and we end the night in Paris.

Day 7 - We start the day with a 2-hour bike tour of Paris, the Eiffel Tower, the Louvre, and a visit to Sacré Coeur.

Day 8 - We will start the day in the Paris Catacombs, spend time on the Champs-Élysées, go to the top of the Arc de Triomphe and end the evening with a boat ride on the River Seine.

Day 9 - Take the high-speed TGV train to Geneva, Switzerland.

Day 10 - We will take a cable car to the top of Mont Blanc in Chamonix, France and visit the last existing glacier in Europe.

Day 11 - Return home.

If you are interested in learning more about this great opportunity, please reach out to either French teacher:

Monsieur Pettys

petde@onalaskaschools.com

Monsieur Wopat

wopbr@onalaskaschools.com

2025-2026 Full-Time Open Enrollment Regular Application Period for Wisconsin Public Schools

INFORMATION FOR PARENTS

YOU MAY APPLY FOR OPEN ENROLLMENT FROM FEBRUARY 3 – APRIL 30, 2025.

What is Public School Open Enrollment?

Wisconsin's public school open enrollment program allows parents to apply for their children to attend a school district other than the one in which they live. Applications may be submitted to up to three nonresident school districts if the pupil wishes to attend a brick and mortar school. There are no limitations to the number of open enrollment applications that can be submitted to a virtual charter school.

How and when may parents apply?

The open enrollment regular application period for the 2025-26 school year is from February 3-April 30, 2025. The application period closes at 4:00pm on April 30, 2025. Late applications will not be accepted for any reason.

Parents may apply online at <https://dpi.wi.gov/oe>.

Can I apply to a virtual charter school under open enrollment?

A pupil may only open enroll to an online/virtual school if: (1) the school has been created as a virtual charter school that meets the requirements of the charter school law [Wis. Stats. 118.40 (8)] or (2) the pupil is required to physically attend school on a regular basis in a school located in the nonresident school district on the days that school is in session. Other important things to know about applying to virtual charter schools:

- A virtual charter school is not homeschooling. Pupils attending virtual charter schools are public school pupils.
- You must know the nonresident school district in which the virtual charter school is located.
- You must know your resident school district to apply.
- A list of virtual charter schools may be found at <https://dpi.wi.gov/parental-education-options/charter-schools/virtual-charter-schools>.

Parents whose applications are denied may appeal to the DPI within 30 days of the denial. State law requires the DPI to uphold the school district's decision unless DPI finds that the decision was arbitrary or unreasonable. The DPI's decision may be appealed to circuit court.

Who may participate in open enrollment?

Pupils in kindergarten to grade 12 may apply to participate in open enrollment.

Open enrollment for prekindergarten, four-year-old kindergarten and early childhood education is limited. Parents should call their resident school districts to find out if their preschool-aged children qualify for open enrollment.

Can an application be rejected?

Nonresident school districts may deny an application if regular or special education space is not available for the pupil; special education or related services are not available; or if the pupil has been referred for a special education evaluation but has not yet been evaluated. Nonresident school districts may also deny an application if the pupil has been expelled during the current or preceding two years for certain violent conduct or if the pupil was habitually truant from the nonresident school district during any semester in the current or previous school year.

If there are more applications than spaces, pupils must be selected randomly, after giving preference to pupils already attending school in the nonresident school district and siblings of currently-attending pupils.

Some school districts establish waiting lists to fill unused spaces, but others do not.

Can a resident district prevent a pupil from leaving?

A resident district can deny a pupil's application for an invalid application (early or late application or missing information), ineligibility due to age (too young or too old), or if the resident district does not offer the same type of prekindergarten, four-year-old kindergarten, or early childhood program as the nonresident district or the pupil is not eligible for the program in the resident district. These are also reasons that a nonresident district can deny an application.

Can parents appeal if an application is denied? Must pupils reapply every year?

Once a pupil is accepted into a nonresident school district, the pupil may continue to attend that district without reapplication except that:

- The nonresident district may require a pupil to reapply one time—at the beginning of middle school, junior high or high school.
- A pupil may be returned to the resident school district if the special education required in a new or revised IEP is not available in the nonresident district or there is no space.
- A pupil who has become habitually truant in the nonresident district may be returned to the resident district.

(continued on next page)

Is there a cost for parents to participate in the open enrollment program?

There is no tuition cost to parents for participation in open enrollment. Parents of open enrolled pupils may be charged the same fees as resident pupils.

Who is responsible for transportation?

Parents are responsible for transporting their children to and from school.

If transportation is required in the IEP for a child with a disability, it must be provided by the nonresident district.

School districts may provide transportation to open enrollment pupils if they wish. Usually, if transportation is provided, parents must transport the pupil to a location in the nonresident district.

Low-income parents may apply to the DPI at the end of the school year for partial reimbursement of their transportation costs.



Can a parent select a specific school in the pupil's nonresident school district?

Yes. A parent may request a specific school or program in the nonresident district. However, assignment to the requested school or program is not guaranteed and your pupil may be assigned to a different school other than the one requested. It is up to each nonresident district to determine a pupil's school assignment.

Can an open enrolled pupil participate in sports and other extra-curricular activities in the nonresident school district?

Open enrolled pupils have the same rights and responsibilities as resident pupils.

Inter-scholastic athletics are governed by the Wisconsin Interscholastic Athletic Association (WIAA), which has rules concerning transfer pupils. Parents should check with the school district's athletic director about eligibility.

IMPORTANT OPEN ENROLLMENT DATES

February 3 – April 30, 2025

Parents must submit applications online or directly to the nonresident school district.

June 6, 2025

Nonresident school districts must send notices of approval or denial via US mail or email. If the application is approved, the school district must notify the parents of the specific school or program to which the pupil is assigned. If the application is denied, parents have 30 days to file an appeal.

June 13, 2025

Resident districts must notify applicants if the application is denied. If the application is denied, parents have 30 days to file an appeal.

June 27, 2025

Parents of accepted applicants must notify the nonresident district if the pupil will attend the nonresident district in the 2025-26 school year. If the parent fails to make this notification, the nonresident district may refuse to allow the pupil to attend the district.



For more information contact:

Public School Open Enrollment Program
Wisconsin Department of Public Instruction
P.O. Box 7841, Madison, WI 53707-7841
Toll-free: 888-245-2732, option 2
openenrollment@dpi.wi.gov
<https://dpi.wi.gov/oe>

2025-26

The Wisconsin Department of Public Instruction does not discriminate on the basis of sex, race, color, religion, creed, age, national origin, ancestry, pregnancy, marital status or parental status, sexual orientation, or disability and provides equal access to the Boy Scouts of America and other designated youth groups.

ONALASKA SCHOOLS FOOD PANTRY 2024 - 25



The Onalaska Schools Food pantry is open to families with children in any Onalaska school (public, private, or home school) who need supplemental food staples.

Distributions are held on the **first school Monday of each month** throughout the school year at:



Onalaska Middle School, Door C
Enter the north parking lot on 8th Ave. N.



from 3:15- 5:15 PM

**We have
moved to OMS**

Monthly updates and reminders will be posted on the Onalaska Schools Food Pantry Facebook page.

There is also information on the District website.

**Distribution Dates
for the remainder of
this school year**

- February 3
- March 3
- April 7
- May 5
- June 2

NEW!!!

Could your family benefit from the additional dietary staples but lack dependable transportation?

Parents/Guardians may request **home delivery**.

Deliveries will be made during pantry hours or between 9:00-11:00am the day after distribution.

To request a food delivery, contact Jo Ann Wickizer

(wickjo24@gmail.com) or

Carrie Werkheiser

(werca@onalaskaschools.com) any time before the distribution date.

Onalaska Schools Food Pantry

Has moved to

Onalaska Middle School

The Onalaska Schools Food pantry welcomes families with children in any Onalaska school (public, private, or home school) who need supplemental food staples.

Distributions will be held on the **first *school* Monday of each month** beginning in December and throughout the rest of the school year at OMS Door C on 8th Ave. N.

from 3:15-5:15

Enter the smaller parking lot by Door C and drive along the curb toward the X, where food pantry staff will check you in and provide you with groceries that you can load into your car.



ONALASKA, WI

3RD WEDNESDAY EACH MONTH

4:30 - 6:00 PM

**JOURNEY LUTHERAN CHURCH
2703 SAND LAKE RD.
ONALASKA, WI**



2025 DATES

JANUARY 15

APRIL 23*

JULY 16

OCTOBER 15

FEBRUARY 19

MAY 21

AUGUST 20

NOVEMBER 19

MARCH 20*

JUNE 18

SEPTEMBER 17

DECEMBER 17

*DATE CHANGES

\$25 Cash Donation

EVERYONE IS WELCOME TO ATTEND!

**You Will Receive an Abundance
of Grocery Items**

**NO Income or Residency
Requirements**

**Need Additional
Information?**

Call (651) 674-0009

www.rubyspantry.org



RUBY'S PANTRY



RUBY'S PANTRY - ONALASKA, WI



Onalaska High School Student Services

700 Wilson Street
Onalaska, WI 54650
Phone: 608.783.4571
Fax: 608.783.2604

Office Hours:

Week Days: 7:00 am - 3:30 pm

Reach the Student Service Administrative
Assistants at: Melissa de Boer – Ext. 5034
Jennifer Morrison – Ext. 5029

Your High School Student Services Staff

Garrett Silker - Ext. 5032

silga@onalaskaschools.com

Serves students with last names beginning with A – Hr

Chrissy DeLong - Ext. 5030

delch@onalaskaschools.com

Serves students with last names beginning with Hs – Ra

John Horman - Ext. 5031

horjo@onalaskaschools.com

Serves students with last names beginning with Rb– Z

Administrative Assistants

Melissa de Boer– debme@onalaskaschools.com

Jennifer Morrison – morje2@onalaskaschools.com

CHECK OUT OUR WEBSITE...

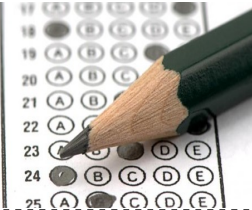
<https://onalaskahighschool.onalaskaschools.com/student-services>



ACT®

Statewide Junior ACT Day for 2025

All OHS Juniors test on
March 11, 2025



Upcoming ACT Dates and Deadlines

Test Date	Register By	Late Registration (Additional Fee)
March 11, 2025	All Juniors required – Free - No registration required	
April 5, 2025	February 28	March 16
June 14, 2025 at OHS	May 9	June 6
July 12, 2025	June 6	June 20

Important Dates

March 3-31	8th Grade Star Conference window - call Student Services to schedule
March 11	All Juniors take ACT at OHS
March 12	Western Career Coach at OHS
March 12-13	Spring Parent Teacher Conferences
March 13	Western Vehicle Technology Center Tour, 4:30-6:00 pm (optional)
March 28	End of Quarter 3
April 1	Sophomore & Freshman PreACT
April 9	UW Madison campus tour (optional)
April 9-10	Sophomore Forward Exam
April 16	Coulee Region Healthcare Festival field trip (optional)
April 17-21	Spring Break
April 30	Build My Future field trip (optional)
May 5-16	AP Exam Testing
May 13	Western Career Coach at OHS
May 15	Senior Night, 7:00-9:00 pm in OHS Commons
May 20	Seniors Last Day - Senior Assembly at 9:00 am, Senior Walk at 2:25 pm
May 21	Graduation Practice at 9:00 am, Scholarship Night in evening
May 24	OHS Graduation 1:00 pm
June 6	Last Day of School

Mental Health Counseling Services for Students



Peace of Mind Counseling LLC

Hello Hilltoppers! My name is Caitlyn Snyder and I am a licensed therapist that is contracted through Peace of Mind Counseling. We are partnering with the

School District of Onalaska to provide full-time mental health and/or substance abuse counseling services at OHS. I am available to any students who may need some additional support. If you are interested in counseling services, reach out to your school counselor to discuss the referral process.

Mental Health Resources:

<https://sites.google.com/onalaskaschools.com/mental-health-resources/student-parent-family-caregiver-resources>

ACT Updates

The University of Wisconsin System has suspended the ACT requirement for all UW colleges and universities **through the 2026-2027 academic year**. Many other colleges have also waived the ACT requirement. A strong ACT score can still help with admission to college and scholarship placement. Since most schools are now “test optional”, students can choose not to use a score if they are not pleased with it. Students will choose if they wish to include their ACT scores as part of their application. Visit the websites of your colleges for more information.

ACT Prep Course Options

Preparing for the ACT can increase test scores to gain entry into the college of your choice and receive scholarships. There are several options that are available each year, which can help students prepare for this test.

1. All Juniors took a FREE practice ACT test on September 24. This retired ACT test was administered, timed and will be scored identically to an actual ACT. ACT will score this test, and provide students with sub scores, a composite score and most importantly an itemized list of correct answers compared to the student answers. Students can log into their Act Online Prep account at <https://onlineprep.act.org/login> to view their results, review their answers, identify content they need more review, use online tutorials, and take additional practice tests.
2. UW-L's Continuing Education office offers an ACT prep course costing \$199. Students will learn test-taking strategies, receive instruction in each of the four testing areas, and take a retired pre- and post-ACT test. Writing strategies to assist you in the essay part of the ACT test will also be provided. Visit <https://www.uwlax.edu/gel/ypc/act-test-prep-online/> for more information.

College Application Tips & Help from UW Help!

The University of Wisconsin System has developed a webpage for prospective applicants to use to prepare for their college applications. UW Ready: <https://uwhelp.wisconsin.edu/admissionguidelines/uw-ready/> will assist applicants and their parents with the college application process. The application is at apply.wisconsin.edu. Each admission office has its own priority dates or deadlines.

Looking for a Job? Check out the OHS Jobs Board

Students:

Check out the Job Opportunities on the OHS website. Opportunities change, so check it often!

<https://onalaskahighschool.onalaskaschools.com/student-services/job-board>

Parents & Employers:

Please submit employment opportunities for high schools to the Student Services Office for posting both online and on a bulletin board near our office. You can reach us at 608-783-4571 or by email at debme@onalaskaschools.com.

WORK PERMITS ARE DONE ON-LINE ONLY

Remember that students **under age 16** need a work permit. Work permits are completed by the parent online, and can be done 24 hours a day, 7 days a week. Payment is made directly to the department through the application, using credit or debit card, or by ACH direct withdrawal. Go to <https://dwd.wisconsin.gov/er/laborstandards/workpermit/> for instructions and more information.

SCHOLARSHIPS for SENIORS

Check out our on-line scholarship database, which is updated often:

<https://onalaskahighschool.onalaskaschools.com/student-services/college-information/scholarships>

This is your site for upcoming scholarship deadlines and information needed to be a successful scholarship recipient. Continue to check this database for new arrivals!

College Bound Student Athletes

Students who plan to compete in D1 or D2 athletics in college must register with the NCAA in order for you to be eligible to compete prior to enrollment this fall.

1. Log into his or her account at www.eligibilitycenter.org
2. Follow the directions on the page to register for the clearinghouse

If you have questions, please contact Mr. Wojta in room 105, or call 783-4571 Ext. 5105.

UGETCONNECTED

UNITED IN *Service* / UNIVERSITY of WISCONSIN LA CROSSE / VITERBO UNIVERSITY / Western Technical College



UGETCONNECTED! - Many opportunities to participate in community service as a family, with friends, or by yourself. This organization matches volunteers with organizations in need. Visit

<https://www.usetconnected.org/> and check it out!

www.usetconnected.org

Juniors & Seniors- It's Time to Schedule Campus Visits:

Many colleges are now offering virtual visits as well as in-person visits. Go to your college's website for more information. While it's important to meet with admissions counselors and take the official campus tour, it's also helpful to take your own personal tour. Check out the places they don't show you, talk to a student in the student union about what they like about the school, as well as what they do not like about the school. Pick up a campus newspaper to see what's important to students and soak in the environment. If you don't feel like the school is a good fit, it may be a difficult place for you to find success. Refer to your Junior STAR Conference materials for more helpful tour information.

Seniors & Juniors - Western Career Coach Meetings

Our Western Technical College Career Coach will be available once a month in the Student Services Office, to meet with students about WTC options, application process, requirements, and more. Students who are interested in signing up to meet with our rep should stop and see Mrs. Morrison in Student Services, or talk to their counselor. The WTC rep will be at OHS on March 12.

Still Time to Apply for College

Seniors are encouraged to complete and submit their applications to colleges and universities as soon as possible. Many colleges and universities will be closing their admissions process in the coming months. Technical college programs, especially, fill quickly on a first come first serve basis. Seniors considering applying to college for the fall of 2025, but who still need help with the process, should stop in to see their counselor today!

Register to Retake the ACT

Students interested in retaking the ACT, please register at [ACT.org](https://act.org). The following are tips to help students complete the registration process:

- Students go to [myACT.org](https://myact.org) to log into their account, register and pay for the ACT test
- Plan to register at least a month in advance of the test date to avoid late fees!
- Decide if you want to take the writing test. Most schools do NOT require the writing test.
- Give yourself at least 45 minutes to complete the registration
- Decide which 4 colleges/universities you want FREE score reports sent to. It is better and easier to do this now to avoid extra steps later.
- Be prepared to upload a clear headshot photo to the website. Students without a picture are NOT allowed to test!
- Fee waivers are available for students who qualify - see your school counselor if you need one.
- Print your admission ticket, and keep it somewhere safe – you will need it to be admitted to your testing room.

Student Services Accepting Donations for Students

The OHS Student Services office maintains a supply of items for students who need them throughout the school day. At this time, we are in need of the following items:

- gently used and currently in-style prom dresses
- gently used or new clothing such as leggings, sweatshirts, sweatpants, and t-shirts
- prepackaged healthy snacks
- feminine hygiene products (tampons and pads)

If you have any of these items you'd like to donate, you can drop them off at OHS and let them know your donation is for the Student Services Office. Thank you!

Viterbo's Upcoming Events



21

MARCH

NURSING SHOWCASE

830 - 11AM Nursing Center

4

APRIL

ACCEPTED STUDENT DAY

830 - 1145AM Reinhart Center

2

MAY

JUNIOR VISIT DAY

830AM - 1230PM Fine Arts Center

Register at www.viterbo.edu/visit



VITERBO UNIVERSITY



VITERBO UNIVERSITY

File the FAFSA!

- File the FAFSA today to be eligible for potential Federal aid.
- Send your FAFSA to Viterbo University using our code: 003911.
- Explore our Viterbo Tuition Promise program at www.viterbo.edu/promise
- Over half of our students receive a Viterbo Need Grant, but you can only be eligible if you file the FAFSA.

File at www.studentaid.gov

Eligible for Free or Reduced Lunch?

Any student who has participated in, or has younger siblings who have participated in the free or reduced lunch program should reapply each year, even if they do not eat in the school cafeteria. Many opportunities are available to students participating in this program such as fee waivers for tests, like the ACT, and scholarship/grant programs. OHS Counselors often confidentially inform students of these opportunities, but only know who is eligible based on this program. Applications for the School District of Onalaska's Free and Reduced Lunch Program are available in the main office or online. Names of students participating in this program are kept confidential.

2024-2025 Assessments at OHS

The following is a schedule of assessments that will be given to each grade level at no cost to the student and families.

Freshmen	* Required Pre ACT	April 1
Sophomores	* Required Pre ACT	April 1
	* Required Forward Exam (Social Studies)	April 9-10
Juniors	* Required State-wide ACT	March 11

Upcoming Opportunities

Business World Summer Camp 2025, July 13-16, 2025 at Lakeland University

This four-day, three night camp encourages students to explore new career paths, enhance their business education and to engage with executive business leaders from all across the state while test-driving a college campus. In addition, even though the days are jam-packed with learning, creative and networking opportunities, we leave time for the students to unwind during factory tours, socials and supervised evening free-time activities.

Visit this [website](#) for more information.

University of Notre Dame Pre-College Online Program

Two- and four- week sessions available on a variety of topics.

Explore offerings and program details at [this link](#).

Northwestern Pre-College Online Program

<https://bit.ly/nu-gcflyer>

Motivated students 13 or older are encouraged to explore subjects including Business, Engineering, Law, Medicine & Psychology, taught by renowned faculty and featuring dynamic video lessons and interactive tools.

Ball State University Youth Summer Interior Design Forum (YSIDF)

Online workshop date: Monday, June 2-Friday, June 27, 2025

More information and registration information available at [this link](#).

Wisconsin American Legion Law Enforcement Career Academy (WALLECA), June 23-27, 2025 at Wisconsin State Patrol Training Academy at Fort McCoy

Application is open until March 31 at this link: <https://wilegion.org/walleca>

WALLECA is a 5 day camp that offers physical fitness training, classroom instruction and hands-on experiences.

Badger Precollege Summer Program, Registration opens January 13, 2025

[Link for more information](#)

Pre-college program for ages 7-18 - courses from advanced learning programs and STEM classes to music clinics and college readiness conferences.

Latinx Visit Day, Saturday, April 12, 2025 at University of Wisconsin-La Crosse

This day is designed to give students and their families a chance to learn about the opportunities and services at UWL as well as to empower parents by giving them knowledge of the entire U.S. educational system and what they need to know to prepare students for future college and university careers.



EXPECTATIONS OF ONALASKA STUDENT ATHLETES

1. YOU ARE TOUGH
2. NO DRAMA...PERIOD
3. COMMITTED TO THE TASK
Find a Way, Take Care of your People
4. ABOVE THE LINE DECISION
MAKING 24-7-365
5. DO NOT BE A FENCE RIDER
Decide and Move on



Onalaska Hilltopper Athletic Booster Club

Page · Community · onaboosters · 782 like this

“Like” the Onalaska Booster Club Facebook page to get events and other information.

Follow Mr. Thiry @OnaActivities on Twitter for updates and results for Hilltopper Athletics.

Please subscribe to the Onalaska Booster Club YouTube Page for Home Event Streaming.

Check Out The Onalaska Booster club website -

Onalaska - Team Home Onalaska Hilltoppers Sports

Check it out - onalaskahilltoppers.net

*Sport schedules - continuously updated

*Link to join the Booster Club

*Link to become a sponsor

*Link to sign up your athlete for the upcoming season

Click the link to sign up now to get text updates for schedules & upcoming events:

<https://alerts.getvnn.com/>

Looking forward to a great school year supporting our student athletes!

Students registering for athletics

must have a **current physical examination**

on file in the athletic office **before the student is**

authorized to participate in practice/tryouts. If your

students' physical is outdated and you are struggling

to make an appointment with your regular

physician other options include:

Bronston Chiropractic - 1202 CTH PH Suite 100 -

Onalaska 608-781-2225

OR **Neighborhood Family Clinics** -

La Crosse - 1526 Rose Street - 608-781-9880 or

Onalaska - N5560 CTH ZM - 608-779-5323



ONALASKA HIGH SCHOOL ATHLETIC USER FEES

\$45.00 – (\$6.75)

Cross Country
Swimming
Tennis
Track & Field

\$100.00 – (\$15.00)

Dance
Golf
Gymnastics

\$75.00 – (\$11.25)

Baseball
Basketball
Football
Lacrosse
Ski & Snowboard
Soccer
Softball
Volleyball
Wrestling

\$200.00 – (\$30.00)

Winter Guard

\$250.00 – (\$37.50)

Hockey



*Students whose families submit the proper federal forms and qualify for free or reduced lunch under existing federal guidelines will have the option to have athletic fees waived/reduced.

*Families with students in multiple athletic programs will be responsible for a maximum family fee of \$350.00 per year.

*Participation fees are to be paid prior to the first competition.

*Refunds of athletic user fees will be considered if a student/athlete voluntarily terminates or is terminated from an athletic activity prior to the third competition in that sport.

*All school owned athletic equipment **MUST** be returned before any refunds will be considered. All school owned athletic equipment must be returned at the end of the season or cost of equipment will be added to the student's school account.

Admission Charges for Athletic Events: [Purchased through GoFan](#)

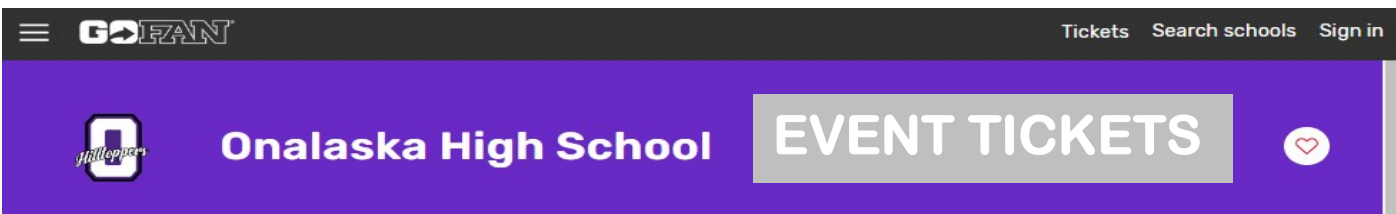
Adults - \$6.00

Students (K-12) - \$4.00

Senior Citizens (62 or Older) - FREE

School Year Sport Passes – Adults \$70.00 / Students (K-12) \$30.00

Good for all OHS home events - **except** post season tournament events



GoFan cashless ticket system.

The GoFan ticket system will continue to be used for all OHS events.

Electronic individual game tickets and athletic sports passes will be available for purchase at Onalaska High School's GoFan page link - <https://gofan.co/app/school/WI17153>.

☐ Activity Sports Passes purchased through GoFan.

- Student Sports Pass – optional \$30 for all home athletic events (Students K-12)
- Adult Sports Pass – optional \$70 for all home athletic events
- NO PASS NEEDED - Senior Citizen – (62 or older) - **FREE**
Both Resident/Non-Resident - **FREE**

Partnering together, the MVC Conference has decided to admit ALL Senior Citizens to Coulee Region sporting events for free starting this fall.

(ALL MVC Conference Schools ONLY, Resident or Non-Resident)

With proof of age (62 or older) No need for a ticket or pass, just a driver's license with proof of age for admittance.

- Download the [GoFan](https://gofan.co/app/school/WI17153) app and create an account
<https://gofan.co/app/school/WI17153>



GoFan: Buy Tickets to Events (4+)

For Fans to Buy Tickets

Huddle Inc

Designed for iPad

★★★★★ 2.9 • 800 Ratings

Free

Install



This app is available for your device



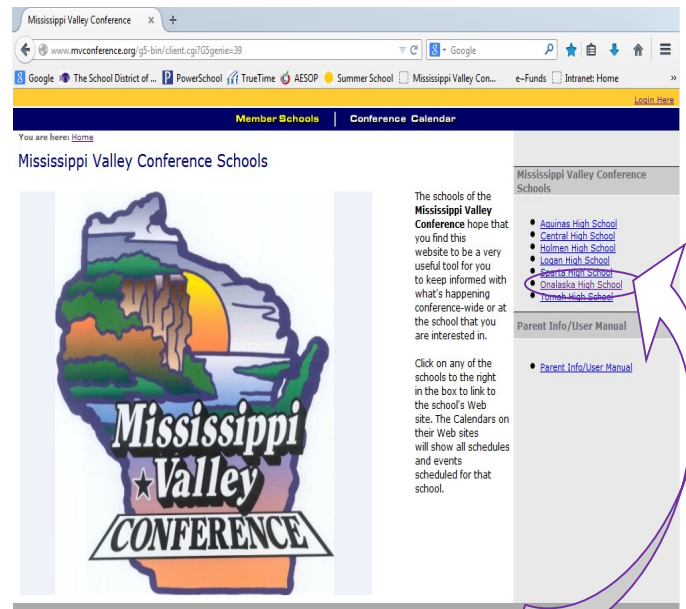
Calendar of Events

To view the most updated schedules for any Mississippi Valley Conference team, use the MVC website at:

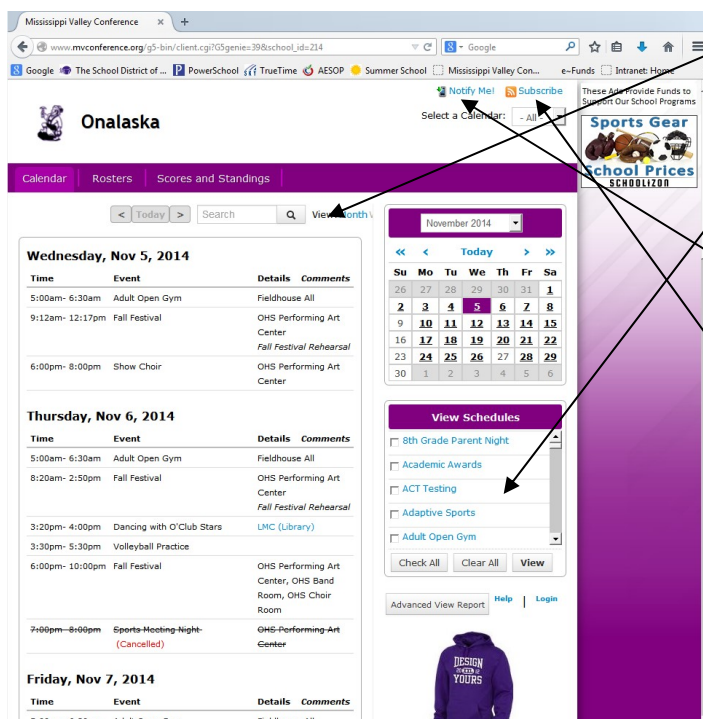
<http://www.mvconference.org/g5-bin/client.cgi?G5genie=39>

This website not only has athletic events, but also all other events taking place in our school.

Once you click into a specific school, you can subscribe to a calendar or set up a “notify me” text reminder. This is located in the upper right corner of the website. All MVC sporting events go through this calendar and will give you the most up to date information possible.



Select Onalaska High School



View the calendar by day, week, or month.

Select schedules you would like to view and see your own customized view.

Use the “Notify Me!” tab to set up text reminders.

“Subscribe” to set up a calendar that will update automatically with any changes that may occur.

SUBSCRIBE TO ALL OF TODAY'S EVENTS

IMPORTANT NOTE: This data feed is for PERSONAL use only. Any business or organization that wants this information, even if for providing it back to the school in ANY form, should contact SchoolToday at: support@schooltoday.com for a simple license agreement.

Click any of the links below to subscribe to ONLY today's activities. If you want full schedules for any activity, click into those schedules first from the "View Schedules" box on the right side of the calendar, then Subscribe.

CALENDARS



OUTLOOK Click the icon to add your selected schedules to your Outlook Calendar
Note: Some versions of Internet Explorer have limits.



ICAL Click the icon to add your selected schedules to any iCal device (Mac, iPhone, iPad, etc)



GOOGLE Click the icon for instructions and the link to paste into any Google Calendar

RSS READERS



RSS Click the icon to add your selected schedules to your RSS Reader



GOOGLE Click the icon to add your selected schedules to your Google Reader



YAHOO Click the icon to add your selected schedules to your Yahoo Reader

When subscribing to a calendar, you can choose from Outlook, iCal or Google for your calendar.



Dryer headed to State Gymnastics



Congratulations to senior Eva Dryer for qualifying for individual competition at State, March 8.

ASL MVC Champs



Congratulations to the OHS Adaptive Sports League Floor Hockey Champions. The 2025 team finishes with their 6th straight conference Championship.



ONTARIO HIGH SCHOOL MENU

MARCH 2025

School Breakfast Week March 3rd-7th

Monday	Tuesday	Wednesday	Thursday	Friday
Line 1) WG Orange Chicken / Brown Rice Line 2) Baked Chicken Drumsticks Line 3) WG Orange Chicken / Brown Rice All lines: Stir Fry Veggies, Garden Bar Breakfast: Breakfast Pizza, fruit, juice, milk	Line 1) WG French Toast Sticks / Sausage Line 2) Deli Sub Sandwich, on a WG Hoagie Line 3) Chicken Fajita on a WG Shell All lines: Whole Kernel Corn, Garden Bar Breakfast: Uncrustable PB & J, Yogurt, fruit, juice, milk	Line 1) WG Chicken Strips Line 2) Meatballs/ Gravy Line 3) Pulled Pork on a WG Bun All lines: WG Dinner Roll, Mashed Potatoes & Gravy, Broccoli, Garden Bar Breakfast: WG Chicken Breakfast Biscuit with Honey, fruit, juice, milk	Line 1) WG Chicken and Waffles Line 2) Cheeseburger or Mushroom Swiss Burger on a WG Bun Line 3) WG Chicken and Waffles All Lines: Baked Beans, Garden Bar Breakfast: French Toast, 2 sausage links, fruit, juice, milk	Line 1) Spicy Chicken Sandwich / WG Bun Line 2) WG Spaghetti/ cheese/ Garlic Knot Line 3) Pizza Variety All lines: Carrot Coins, Garden Bar Breakfast: WG Muffin, Cheese Omelet, fruit, juice, milk
Line 1) Meatball Sub with Mozzarella on a WG Hoagie Line 2) WG Uncrustable with WG Sun Chips Line 3) Chicken Alfredo/ WG Rotini/ Garlic Knot All lines: Onion Rings, Garden Bar Breakfast: WG Mini Bagels with Cream Cheese, fruit, juice, milk	Line 1) California Cheeseburger / WG Bun (lettuce, onion, tomato on salad bar) Line 2) Turkey/Gravy on a WG Biscuit Line 3) Cheese omelet/ sausage/ Muffin All lines: Tater Tots, Garden Bar Breakfast: WG Muffin, Cheese Omelet, fruit, juice, milk	Line 1) Soft shell tacos on WG shell Line 2) Dilly Chicken sandwich on WG Bun Line 3) WG Grilled Cheese / Soup All Lines: Whole Kernel Corn and Garden Bar Breakfast Sandwich on a WG Biscuit, fruit, juice, milk	Early Dismissal Day No Lunch Served Breakfast: Breakfast Pizza, fruit, juice, milk	No School
Line 1) WG Pasta Bowl/ WG Breadstick Line 2) WG Mini Corn Dogs Line 3) Spicy Chicken Sandwich / WG Bun All Lines: Oven Fries, Garden Bar Breakfast: WG French Toast, Sausage, fruit, juice, milk	Line 1) Bakalar Hot Dog/ WG Bun Line 2) Dilly Chicken Sandwich / WG Bun Line 3) California Cheeseburger / WG Bun All Lines: Onion Rings, Garden Bar Breakfast: WG Cheese Quesadilla & Salsa, Tater Tots, fruit, juice, milk	Line 1) WG Orange Chicken over Brown Rice Line 2) WG Grilled Cheese Sandwich/ Soup Line 3) WG Orange Chicken over Brown Rice All lines: Stir Fry Veggies, Garden Bar Breakfast: Breakfast Pizza, fruit, juice, milk	Line 1) WG Chicken and Waffles Line 2) Baked Chicken Drumsticks Line 3) WG Chicken and Waffles All Lines: Baked Beans, Garden Bar Breakfast: WG Chicken Breakfast Biscuit with Honey, fruit, juice, milk	Line 1) Pulled Pork over WG Mac-N-Cheese Line 2) WG Grilled Cheese/ Tomato Soup Line 3) WG Crunchy Fish / WG Bun All lines: Broccoli Spears, WG Mac-N-Cheese Garden Bar Breakfast: WG Muffin, Cheese Omelet, fruit, juice, milk
Line 1) BBQ Pulled Pork on a WG Bun Line 2) WG Pizza Choices Line 3) Kickin Chicken Sandwich on a WG Bun All lines: Peas, Cole Slaw, Garden Bar Breakfast: WG Chicken Breakfast Biscuit with Honey, fruit, juice, milk	Line 1) Spicy Chicken Sandwich / WG Bun Line 2) WG Spaghetti/ cheese/ Garlic Knot Line 3) Pizza Variety All lines: Carrot Coins, Garden Bar Breakfast: Breakfast Pizza, fruit, juice, milk	Line 1) Walking tacos/ Tostitos Chips Line 2) Spicy chicken sandwich on WG Bun Line 3) WG Grilled Cheese / Soup All Lines: Broccoli Spears, Garden Bar Breakfast: WG Cheese Quesadilla & Salsa, Tater Tots, fruit, juice, milk	Farm to School Harvest of the Month Line 1) WG Orange Chicken / Brown Rice Line 2) Baked Chicken Drumsticks Line 3) WG Orange Chicken / Brown Rice All lines: Stir Fry Veggies, Garden Bar Moon Blend with Locally Grown Sweet Potatoes Breakfast: Uncrustable PB & J, Yogurt, fruit, juice, milk	Line 1) WG French Toast Sticks / Sausage Line 2) 2 Uncrustable PB&J/ Sun Chips Line 3) WG Crunchy Fish / WG Bun All lines: Whole Kernel Corn, Garden Bar Breakfast: WG Chicken Breakfast Biscuit with Honey, fruit, juice, milk
Line 1) Chicken Drumsticks / Dinner Roll Line 2) WG Spaghetti/ cheese/ Garlic Knot Line 3) Pizza Variety All lines: Carrot Coins, Garden Bar Breakfast: French Toast, 2 sausage links, fruit, juice, milk			The menu is subject to change without notice	Fresh Garden Bar and milk choices available daily <u>USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER</u>

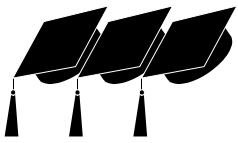
Allergy Notice: Menu items may contain tree nuts, peanuts/nut products, wheat, fish, eggs, soy, and various legumes. Students with allergies should contact the School Nurse or School Nutrition Director prior to eating any food served in the cafeteria

Onalaska High School
700 Wilson Street
Onalaska, WI 54650

Welcome to OHS! Check
out our website at:
www.onalaskaschools.com



An Equal Opportunity Employer



Important dates for Seniors

Senior Assembly	Tuesday, May 20 --- 9:00 AM in the Field House
Senior Walk	Tuesday, May 20 --- 2:20 PM
Last Day of School for Seniors	Tuesday, May 20
Graduation Practice.....	Wednesday, May 21 --- 9:00 AM in the Field House
Senior Scholarship Awards.....	Wednesday, May 21, 2025
Graduation Date	Saturday, May 24, 2025 --- 1:00 PM

CONTACT

School phone # 608-783-4561
Student Services # 608-783-4571
School fax # 608-783-0102
Student Services fax# 608-783-2604
School voice mail 608-779-5760
School Hours: 7:45 AM – 2:50 PM

Jared Schaffner Principal
schja2@onalaskaschools.com

Charlie Ihle Assoc. Principal
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Web: www.onalaskaschools.com



*The mission of
the School
District of
Onalaska is to
work together
to ensure high
levels of
learning for all.*

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