

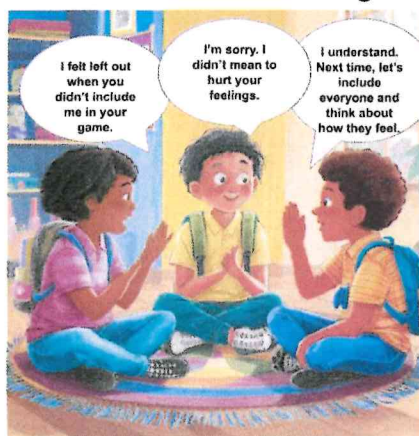
### RELATIONSHIP SKILLS MATTER

As we continue to focus on the importance of healthy relationship skills this month, we must also acknowledge that sometimes problems happen when we are relating with other people. That's okay. It's a part of life. These are also great opportunities to model for students how to communicate in a respectful way, even when there is disagreement. When we disagree or have a problem, we don't have to self-destruct or lash out with hurtful words towards others. We can use so many of the skills we've studied and practiced this year to keep our relationships healthy and growing.

### WHY SEL?

Social Emotional Learning (SEL) can help all kids and adults thrive personally and academically, develop and maintain positive relationships, become lifelong learners, and contribute to a more caring, just world.

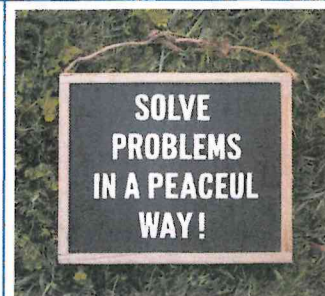
Casel.org



### SEL FOCUS FOR MARCH: Relationship Skills

Glover students in grades K-2 will participate in lessons on how to show they care so they can apply listening and attention skills to identify the feelings and perspectives of others.

Glover students in grades 3-5 will participate in flexible thinking lessons where they will learn to generate ideas to reach a compromise and find resolution during conflict.



### CONNECTION TO THE PORTRAIT OF AN ELEMENTARY SCHOLAR:

#### Strong Habits of Mind

"I am flexible"

"I am a problem solver"

#### Ways to Practice at Home, School, & in the Community

- Change up a daily routine (something you do every day); try creating new rules for a game that everyone agrees upon, and play it; practice calming techniques like deep breathing and positive self-talk when something unplanned happens or something doesn't go your way

- Take time to identify the problem; ask yourself if the problem is big or small, if something needs to be done now, later, or at all; identify possible solutions; if one solution doesn't work, try another one; ask for help if you need it

### TRY THIS AT HOME: "It's Just a Box! Or is It?"

Review Creativity as a family. Creativity is using your imagination to create something new or solve a problem. This challenge is about creating something new - together! Find a large cardboard box and unleash your Creativity as you work together to create something totally new. What can the box become? Perhaps it will be a spaceship, an ice cream shop, a fairy castle, or a race car. Use any craft supplies or scraps on hand and your imagination to turn an ordinary box into a new creation! *If you don't have a box, find any other object at home that could be used to create something new.*

### IMPORTANT INFORMATION...

- March is Women's History Month
- March 3rd-7th is Read Across America Week
- March 28th is Spring Picture Day
- March 28th is the end of the 3rd Grading Period



The SEL focus for March is **RELATIONSHIP SKILLS**.  
Our soft skills being highlighted from the Portrait of an Elementary Scholar  
are: I am flexible; I am a problem solver

All month long, talk as a family about the soft skills for this month. Look for examples of the skills being practiced in books, television shows, movies, in the community, and at home.

## PORTRAIT of an **ELEMENTARY SCHOLAR**



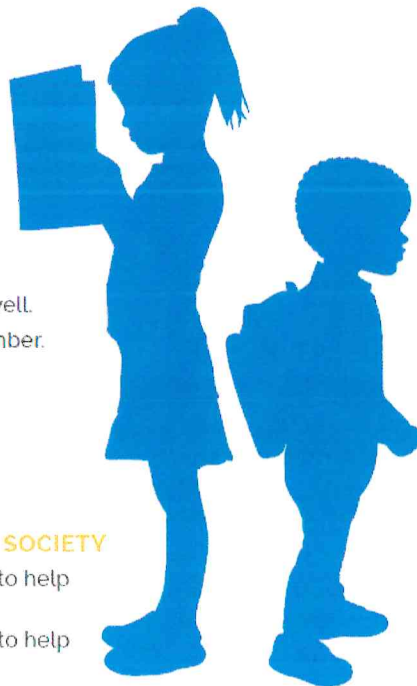
### SOCIAL SKILLS

- ▶ I am kind.
- ▶ I am respectful.
- ▶ I am a leader.
- ▶ I am confident.
- ▶ I communicate well.
- ▶ I am a team member.



### CONTRIBUTE TO SOCIETY

- ▶ I will take action to help in my home.
- ▶ I will take action to help in my school.
- ▶ I will take action to create a better and peaceful world.
- ▶ I will respect diverse views, races, cultures, and individuals.



### STRONG HABITS OF MIND

- ▶ I am persistent.
- ▶ I am flexible.
- ▶ I am creative.
- ▶ I am a problem solver.
- ▶ I am kind to myself.



### REAL WORLD SKILLS

- ▶ I will do my best.
- ▶ I will be on time every day.
- ▶ I will learn every day.



### A PLAN FOR THE FUTURE

- ▶ I will explore careers that interest me.
- ▶ I will set daily obtainable goals.

## I AM READY FOR MIDDLE SCHOOL!