



Notes from the Tulsa Public Schools District Wellness Committee Meeting (1.23.2025)

List of attendees:

Janet Anderson Nutrition Educator
Lance Brook RD/LD Dietitian Aramark
Natie Lopez RD/LD Dietitian Tulsa Public Schools
Christie Wallace Director Family Services
Vickie Wagner Healthy Living Health Department
Konou Vany Market Manager
Christie Coffman Operation Support Manager, Manager Site Asset Manager
Josh Davis Gym Teacher for Owen
Kendra Gill Manager of School Nursing
Susan Lamkin PTA Tulsa School Board Member

Janet welcomed everyone to the meeting. She shared that there are three new staff members in child nutrition / Aramark. Konou and Lance attended this meeting.

Janet walked through the TPS Wellness Committee Agenda.

Highlights included:

- Creating a contact list of wellness representatives at each school site:
 - There was a discussion as to if there is a list of representatives at each of the school sites. A lot of times, it's the P.E. teacher who is a point of contact for health / wellness. Need to do some research. If there isn't a contact list, then it would be helpful to create a list. (I.e. the list would be a helpful vehicle to share wellness information with points of contacts at each school site). (Ms. Stone)
(This is a list)
 - Josh Davis, PE Teacher at Owen Elementary, shared that he thought it would be helpful to have a professional development day where there is focus on health and wellness topics. (Julie)
 - PTA's at school sites contact list. This is a work in progress. (This is a list)
 - Parent Facilitators at school sites contact list. (This is a list).
 - It would be helpful to share lists with each other.
- Identify a contact at Global Gardens
- The next track and field day will be held in early May 2025
- Set a time to meet in January 2025 to review / update the district tobacco policy
- Set a time to review / update the district wellness policy. Vicki suggested the committee could review the wellness policy at the next wellness committee meeting. There was

DESTINATION EXCELLENCE

3027 SOUTH NEW HAVEN AVENUE | TULSA, OKLAHOMA 74114

918.746.6800 | www.tulsaschools.org

another thought of possibly assigning people a different part of the wellness policy to review.

Round Table:

- Josh Davis gave an update of the P.E. activities going on / planned at Owen Elementary.
- Josh would like to see salad bars back in the schools. (He is a huge advocate of salad bars about brought up the topic multiple times during the meeting). Christie Cauffman, operations, shared that there are many guidelines that child nutrition programs in schools must follow / be compliant with standards when serving foods to students. (I.e. requirements for a reimbursable meal). Josh shared his viewpoint on students getting to have a choice of eating a variety of foods that are on a salad bar. Having a salad bar could create the opportunity to eat healthier and have less food waste, etc.
- Transition from Sodexo to Aramark menus. Aramark is using a standard average menu. They will be introducing new food items. The transition will take time.
- Konou and Lance talked about collecting information on school meals from Principals, staff, students, and parents. This can include surveys, coordinating focus groups at all levels, and working towards having taste tests.
 - The question was asked about sharing tables at school sites
 - Josh Davis suggested that nutrition information can go to the P.E. teachers
- The need to share rules (I.e. Smart Snacks) with points of contacts in the schools (I.e. Principal parent facilitators, parents, PTA, etc.).
- Christie Cauffman talked about the Fresh Fruit and Vegetable Program (FFVP)
 - Share educational pieces on FFVP (I.e. on website)
- Christy Wallace shared information on the Parent and Family Engagement Program
 - School sites have parent facilitators. Christy is a connector to the parent facilitators.
 - It was suggested to maybe have a professional development type event to get resources to the parent facilitators.
- Kendra Gill will connect with Dr. Lewis – updating policies
- Natiezka Lopez – Culture in schools
- Konou – Café’s Special Event promotion
- Susan Lampkin talked about PTA Councils
 - School sites have PTA Councils so that parents have a voice.
- Janet Anderson – All about health and wellness

Meeting adjourned.