

Psychiatry Residency Video Text Transcript

AUDIO	VIDEO
[Music]	Purple background with text that says Department of Psychiatry and Behavioral Medicine -- Residency Training LSU Health Shreveport Logo
[Dr. Sarah Kaufman] LSU Health is a great place to train because we have a very wide, diverse patient population. We serve an enormous catchment area here and we are the safety net hospital in the area. We see everything from schizophrenia to your garden variety depression. We also see a number of different substance use disorders, including methamphetamine use disorder, alcohol use disorder and occasional opioid use disorder.	Platinum blonde female resident in hallway with large LSU Health Shreveport logo on the wall over her right shoulder Text: Sarah Kaufman, MD 4 th Year Resident Text: -Large catchment area -Safety net hospital - diverse pathologies including a variety of substance abuse disorders
As residents at LSU, we work at a number of different hospitals.	Exterior shot of LSU Health Shreveport campus
We have our own inpatient psychiatric hospital, Louisiana Behavioral Health.	Signage above the entrance to Louisiana Behavioral Health
We also work on a consult service in the main LSU Health hospital.	Exterior of Ochsner LSU Health that includes the LSUHS medical school
We train on a substance use unit at Brentwood Hospital here in town, as well as working on their child psych units, and we also work at the private psychiatric hospital in town at Willis Knighton.	Dr. Kaufman in previous location
We get a very diverse level of training, and we train in so many fields that we can really get a good feel	Pan from computer monitor with a CT scan to Dr. Kaufman's face as she looks at screen
for what we would like to do when we go out on our own.	Male faculty member at a podium lecturing a mixed group of residents
[Music]	Purple background with text that says Department of Psychiatry and Behavioral Medicine -- Mentorship LSU Health Shreveport Logo
[Dr. Alexa Dustin] Every intern starts out at L.B.H. and we, each team has a fourth year, so we bond really well with the fourth years. And that way, we can ask	Female resident with light complexion and long hair in front of a wall with LSU Health Shreveport logo over her left shoulder.

them anything throughout the year and even call if we have any questions	Text: Alexa Dustin, MD 1 st Year Resident
when we're running a team at inpatient psych by ourselves.	Resident with mustache seated in a clinic hall talking with a group of mixed medical students
So that's really cool. And then we have our	Female resident with glasses and a dark jacket seated at a table talking to a mixed group of medical students
supervisors or mentors who we can call, and they're like older attendings.	Seated female physician with glasses handing files to male and female residents
So we can we call them weekly and check in with any problems that we have. So that's nice as well.	Male resident seated on a couch with a male faculty member
[Dr. Derrick Wayne Smith] And what was great for me because I come from business is that they, made sure the administration made sure that my, and that my mentor this year was an attending that actually does business. So they understood what I wanted and said, hey, let's put you with this person so that you can continue to develop things that weren't just clinical, but also that went with my personal purpose.	Male resident with medium complexion and a goatee wearing scrubs, standing in hall with large LSU Health Shreveport logo over his left shoulder Text: Derrick Wayne Smith, MD 3 rd Year Resident
[Music]	Purple background with text that says Department of Psychiatry and Behavioral Medicine -- Educational Opportunities LSU Health Shreveport Logo
[Dr. Laura Handal] So what I like the most about this program is the scholarship opportunities that we have, not only with research projects, but also doing book chapters and also	Fair, female resident with long dark hair and a green sweater standing at the bottom of stairway Text: Laura Handal, MD 2 nd Year Resident
attending to national and annual conferences	Dr. Kaufman standing in front of research poster discussing results with a lady wearing a white jacket
around the country.	Photograph of Dr. Kaufman 4 other residents residents posing in front of a research poster at a national convention
[Music]	Purple background with text that says Department of Psychiatry and Behavioral Medicine -- Resident Wellness LSU Health Shreveport Logo
[Dr. Gina Parsons] There are a great number of wellness offerings, that our program really emphasizes. We are	Female resident with fair complexion, wearing a beige sweater leaning against a glass railing over a stairway with a large LSU Health Shreveport logo to her right side

offered quarterly wellness days, which are a lot of fun.	Text: Gina Parsons, MD 3 rd Year Resident
The culture of the group is a very friendly and cooperative environment. The people in the group tend to really	Large group of residents including Dr. Kauffman, Dr. Parsons, Dr. Dustin, walking across hall headed to the stairs
enjoy getting together and participating in wellness activities.	Photograph of group of residents including Dr. Smith and Dr. Parsons posing behind a table covered with giveaway items during a career fair
hey range from potluck Thanksgivings to Christmas get togethers,	Photograph of 4 male residents, including Dr. Smith, smiling while seated at a table decorated with Thanksgiving décor
with present exchanges and other fun activities, even not holiday related. We have regular movie nights and it really makes the program a lot of fun outside of work.	Dr. Parsons standing in previous location
[Music]	Purple background with text that says Department of Psychiatry and Behavioral Medicine -- Work-Life Balance LSU Health Shreveport Logo
[Dr. Alexa Dustin] So I think we work hard here and we definitely learn a lot during the day, but there's also a good opportunity at night. A lot of the residents get together and we do trivia	Dr. Dustin standing at same location as before
or pickleball, so it's really fun, you learn a lot,	Photograph of large group of residents including Dr. Kaufman, sitting at a restaurant table outside wearing light jackets and smiling
but at the same time there's a good opportunity to hang out	Photograph of six female residents, mostly in scrubs, sitting at a picnic table outside in dappled sunlight, smiling
and have fun with your residents and get to know everybody.	Photograph of mixed group of residents inside a restaurant, standing in front of a logoed wall smiling
[Dr. Derrick Wayne Smith] We have a really good non stringent family interaction.	Smiling, young male faculty member with medium complexion sitting between a male and female resident
You know, the professors are more than welcoming to	Male faculty member with glasses, beard and light complexion standing a podium
each and every one of us. We've been to their houses.	Female physician with glasses explaining something on a white board to two residents

We talk a lot about everything, not just the patients, but we know each other personally. We know who's getting married, who's pregnant. All of that!	Dr. Smith in front of same logoed wall as before
[Music]	Purple background with text that says Department of Psychiatry and Behavioral Medicine -- Shreveport, LA LSU Health Shreveport Logo
[Derrick Wayne Smith] We're not exactly the bayou. We're not exactly New Orleans. So our culture is slightly different, even though we have	Overhead shot of downtown Shreveport.
influences. But we're also not Texas. We're not Arkansas, we're not Mississippi, but we have elements of all of it.	Dr. Smith in front of same logoed wall as before
So everything from Mardi Gras to Texas barbecue.	montage of a Mardi Gras Parade as people toss beads into the crowd
We know how to eat. We know how to cook. We definitely know how to party.	Montage of large crowd in a restaurant bar, female chef pouring sauce over a plate of shrimp on a bed of rice, pulled pork sandwich, basket of barbecue chicken
But we are also very family oriented. The neighborhoods here are	Children's play area in the park with slides and swings
wonderful. The cost of living is excellent. Being able to not just enjoy here,	Large family with grandparents and siblings pushing a stroller along a path near a bridge in a park
Shreveport, but knowing that you are just, you know, two and a half, three hours away from Dallas. You're just two and a half, three hours away from, you know, Jackson, if you want to. You're right by Little Rock. You're up the road from Baton Rouge.	Dr. Smith in front of same logoed wall as before
[Music]	Purple background with text Department of Psychiatry and Behavioral Medicine --- Theresa McAnn Senior Program Administrator Theresa.mcann@lsuhs.edu Psychiatric Residency Program