



## Newmark Education Parent Alert

March 5, 2025

### Seasonal Tips: Spring Cleaning and Conversation Starters

Dear Newmark Parents,

As we prepare to transition to spring, here are some helpful (and fun!) tips from Newmark's **Occupational Therapy** and **Speech-Language Therapy** departments to help your child blossom this spring.

#### **Occupational Therapy: Spring Cleaning & Organization**

As children's brains are developing, they require support and practice for higher-level executive functioning skills required for organization. At Newmark, we use the **R.O.A.R.** (*Remove, Organize, Assess, Replace/Recycle*) system to clean out and maintain binders. This system, along with the color code, helps children identify, categorize and prioritize the contents in their binders to keep organized. As the new season approaches and families prepare for 'Spring Cleaning' we encourage you to apply these similar concepts at home in order to promote an opportunity for practice and a transfer of learning.

**View 10 Parent Tips** to help children develop and improve their organizational abilities. By engaging kids in these tasks, you help them develop a sense of responsibility, improve their physical coordination, and establish lifelong organizational habits—all while making spring cleaning a fun and structured experience!

#### **Speech-Language Therapy: Memes and Cartoons as Conversation Starters**

Sometimes it can be hard to spark meaningful conversation with your child, especially after a long day at school. Using high interest, entertaining materials is a great way to engage with your children while simultaneously enhancing critical thinking skills. Ways to use memes and cartoons to spark meaningful conversation:

- Have your child explain the meaning or origin of the meme to you
- Take turns thinking of situations in which the meme could be used
- Discuss what other memes or cartoons it makes you think of
- Have a meme or cartoon of the day

**View** these links to daily comics and funny memes to start the conversation.

By combining thoughtful preparation for social interactions with activities that promote organization and conversation, we can help our children navigate this spring.

Sincerely,

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