

## 2025 CARROLL COUNTY RESOURCE AND TRANSITION FAIR

### ~ BREAKOUT SESSION DESCRIPTIONS ~

Session Color Key ~ Age Group Focus: Birth to K ~ Elementary ~ Middle School

~ Middle to High School ~ High School to Adult ~ All Ages

#### ***Session A: "Circle of Caring for Preschoolers and Their Families"***

***Room # A114***

***Presented by Claudia Bowen***

This session will support families with evidence-based strategies to promote young children's social emotional development, reduce challenging behavior and promote communication and social skills. Families will be given the opportunity to explore strategies to manage their day-to-day stress in a way that nurtures their physical and emotional needs and, in turn, those of the children.

#### ***Session B: "Social/Emotional/Self-Regulation for Elementary Families"***

***Room # A115***

***Presented by Kim Dorsey and Colleen Lippenholtz***

The presentation will assist parents/caregivers in gaining a deeper understanding of social emotional competencies and strategies to use with their children. Parents/caregivers will be provided with skills and resources to use within the home setting to help promote development of self-regulation.

#### ***Session C: "Making the Move from Elementary to Middle School"***

***Room # A117***

***Presented by MaryBeth Whalen***

It is important to be prepared with a plan to transition your child to a new school. The move to middle school will go more smoothly if you gather information in advance and prepare for this change. This session will provide helpful hints to ensure a successful transition to middle school.

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#### **Session D: "Making the Move from Middle School to High School"**

**Room # A116**

**Presented by Amalie Meszaros**

Being prepared with a plan to transition your child to a new school is important. Gathering the information in advance will help prepare for this change. This session will provide helpful hints to ensure a successful transition to high school.

#### **Session E: "The Development of Emotional Regulation Skills in Adolescents"**

**Room # A118**

**Presented by Deb Burke**

The purpose of this presentation is to assist parents, educators, students, and community members in understanding the developmental trajectory for acquiring self-regulation skills. Furthermore, participants will discuss the biological and environmental influences of self-regulation and learn strategies to support healthy emotional development in adolescent youth.

#### **Session F: "CTE and Apprenticeships - Education that Works!"**

**Room # A120**

**Presented by Bill Eckles and Leslie Chesley**

This session will provide an overview of Career and Technical Education opportunities in Carroll County. We will discuss the classes and programs that prepare students for careers, and how apprenticeships and other work-based learning opportunities allow students to learn workplace skills in a real-world setting.

#### **Session G: "Building Your Future: Dual Enrollment"**

**Room # A122**

**Presented by Nicola Fagan**

This presentation will provide an overview of what Dual Enrollment is, who is eligible, as well as what is available (both credit & non-credit). In addition, we will review the registration steps in requesting dual enrollment.

**Session Cancelled**

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#### **Session H: "DORS Services for Transitioning Youth"**

**Room #A129**

**Presented by Lydia Naper & Maria Buckley**

In this session we will discuss the Division of Rehabilitation Services (DORS) and the programs we offer to help your child go to work. We will review vocational and pre-employment services and will include a discussion of Summer Youth 2025.

#### **Session I: "Getting Ready for College: Students with ID Preparing for Higher Education"**

**Room # A127**

**Presented by Sandy McBride** This session will only present 6:00 – 6:30

Inclusive Higher Education is becoming more accessible for students with intellectual disabilities. There are many things that students, families, and educators can do to plan purposely for that pathway. This session will help you learn about areas to focus on and ways to prepare.

#### **Session J: "What Can Carroll County Workforce Do for You?"**

**Room # A126**

**Presented by Heather Powell**

This workshop will provide information about services available through CCWD for young adults. It will include information on assessments and tools offered to assist with career planning and skill development, along with tips on how to prepare for interviews.

#### **Session K: "Accessing Support: Essential Info (& Inside Tips) for Transition & College Success"**

**Room # A124**

**Presented by Joe Tatela**

This session will provide the most essential information needed by students (& parents) for a smooth transition from high school IEPs & 504 Plans to having established postsecondary accommodations. Presenters will also share other relevant tips, strategies, and suggestions for success, including topics such as self-advocacy, time management tips, strategic planning, problem-solving and use of campus resources, with time included for Q&A.

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#### **Session L: "Self-Directed vs. Traditional Services"**

**Room # B116**

**Presented by Michelle Lingeback**

For those eligible for the Developmental Disabilities Administration (DDA) waiver services one can choose from a selected DDA provider or choose to self-direct their services. This session will discuss the differences between these options and the responsibilities required when self-directing to best achieve your desired outcomes.

#### **Session M: "How to Build Independence/Self-Advocacy"**

**Room # B118**

**Presented by Laura Syes**

This session will provide attendees with information regarding building self-advocacy skills and independence. These are two important skills for future success. This session will provide information about why they are important and give suggestions and strategies to foster self-advocacy and independence.

#### **Session N: "Transitioning to DDA Services"**

**Room # B121**

**Presented by Cassie Marion, Tori Hatchett, and Brittney Bopst**

This session will provide general information about transitioning youth moving to Developmental Disabilities Administration (DDA) services. We will provide a brief overview of DDA waivers and discuss traditional vs. self-directed services.