



COOPER MOUNTAIN ELEMENTARY 2025



FLAG FOOTBALL



SOCCER



BASKETBALL

SCAN ME





FLAG GAMES



JAI ALAI



FRISBEE GOLF

THURSDAYS | APRIL 10 - MAY 22 | AGES 7-9 | 3:00 - 3:45 PM

Meeting Point: Your child will meet their coach in the gym immediately after school.

ACTIVE AFTER-SCHOOL FUN FOR BUSY FAMILIES!

TRY NEW SPORTS & FIND FAVORITES

KIDOs explore new sports & discover what they love!

KEEPS THEM MOVING

Builds coordination, confidence & teamwork.

ENCOURAGING COACHES

Supportive, fun, and engaging!

BALANCED PLAY

A mix of structured games & free play!

STRESS-FREE FOR FAMILIES

A simple, convenient after-school option!

MORE THAN JUST SPORTS!



TEAM KINETICS

Make friends & build social skills



EMOTION KINETICS

Handle stress & practice empathy



BODY KINETICS

Get stronger & stay healthy



BRAIN KINETICS

Think creatively & solve problems

**\$145/child
(6) Sessions**



**LIMITED SPOTS AVAILABLE
SCAN OR REGISTER ONLINE TODAY!**

WWW.KIDOKINETICS.COM/NWPORTLAND



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QUESTIONS: bdupont@kidokinetics.com | 971-205-5356

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