



BRENTWOOD MIDDLE SCHOOL

ATHLETIC OFFERINGS for 2025-2026

Dates and times are subject to change. Final Forms must be completed for ALL students trying out.
Complete Final Forms through the online dashboard at: <https://wcs-tn.finalforms.com>

CROSS COUNTRY (Early Fall)

Offered: 6th, 7th and 8th Grade – One Team

Cross country season officially begins the first week of school. *Optional* conditioning days will be available in July. Please check the BMS website for dates and time for these *optional* days. All students will be allowed to participate as long as they are academically eligible and meet the time requirements throughout the season including running one mile without stopping when the season begins. Students will run 2 miles on a variety of courses.



FOOTBALL (Early Fall)

Offered: JV and Varsity Teams

Tryouts for sixth, seventh or eighth grade students wishing to be a member of the football team will be held in late July.



GOLF (Early Fall)

Offered: 6th, 7th and 8th Girls and Boys Teams

Tryouts will be held prior to or within the first week of school based on availability of the golf course schedule.

Boys - In order to try out boys need to be able to shoot a **44** or better **consistently** on a regulation course. The Little Course at Aspen Grove is not considered a regulation course.

Girls - In order to try out girls need to be able to shoot a **50** or better **consistently** on a regulation course. The Little Course at Aspen Grove is not considered a regulation course.



VOLLEYBALL (Early Fall)

Offered: 6th Grade Team; JV Team; Varsity Team

Volleyball tryouts for the JV and sixth grade teams are usually held during the first week of school. Tryouts for the varsity team are held in the spring of the previous school year as well as during the first week of school. The teams are selected on the basis of skill and potential.



CHEERLEADING - Football Squad (Fall)

Offered: 6th, 7th and 8th Grade

Cheerleading tryouts are held each Fall for a single squad that cheers during football season. For three days, the participants practice cheers, dance, jumps, and tumbling. On the fourth day, they try out in front of judges. Varsity and JV teams will be announced following tryouts. Practices will begin in the summer and continue through early December. Practices are one to two times per week. Summer practices include a mandatory 4-day camp and observe the TSSAA dead week.



CHEERLEADING - Basketball (Spring)

Offered: 6th, 7th and 8th Grade

Cheerleading tryouts are held each Fall for a single squad that cheers during basketball season. For three days, the participants practice cheers, dance, jumps, and tumbling. On the fourth day, they try out in front of judges. Varsity and JV teams will be announced following tryouts. Practices will begin in the Fall and continue through early February. Practices are one to two times per week.



CHEERLEADING - Wrestling Squad (Late Fall)

Offered: 6th, 7th and 8th Grade - One Team

Tryouts are held each fall. Participants are judged by a panel of faculty judges on the basis of poise, personality, voice quality, spirit, and cheer ability. Wrestling cheer is an entry level squad; no tumbling is required.



TENNIS (Early Fall)

Offered: 6th, 7th and 8th Grade Boys - One Team; 6th, 7th, and 8th Grade Girls - One Team

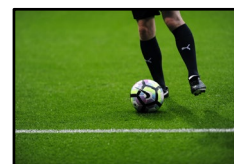
The tennis teams generally consist of 8-12 players. In each match there are 7 positions that play scored matches. Three singles positions and two doubles positions. Players are ranked and play according to their ranked position. Players are selected for the teams based on the coaches' evaluations of their skill level and their match play. All students wishing to participate should bring to the tryout their own tennis racket and water. Tryouts are in late July/early August.



GIRLS SOCCER (Late Fall)

Offered: JV and Varsity Teams

Soccer tryouts are typically held in late September/early October, after football and volleyball seasons. The soccer season runs through November. Players trying out will be selected based on skill and potential. Any player that wishes to try out must come equipped with shin guards and soccer cleats.



BOYS SOCCER (Spring)

Offered: JV and Varsity Teams

Soccer tryouts are typically held in early spring. Players trying out will be selected based on skill and potential. Any player that wishes to try out must come equipped with shin guards and soccer cleats.



WRESTLING (Late Fall)

Offered: 6th, 7th and 8th Grade - One Team

Wrestling tryouts are typically held in late September/early October. Selection for the team is based on a student's skill, strength, stamina, attitude, work ethic, and coachability.



BASKETBALL (Winter)

Offered: 6th Grade Team - Boys and Girls; JV Team - Boys and Girls; Varsity Team - Boys and Girls

Basketball tryouts begin in the fall with first practices beginning in November. All athletes will be evaluated based on their ball handling, shooting, defensive skills, and basic fundamentals. We will look for players who have a grasp of the team concept, have good standing in grades and behavior, and have a good work ethic and positive attitude.



BOWLING (Winter)

Offered: 6th, 7th and 8th - Girls and Boys Teams

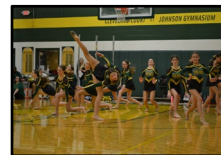
Boys and girls bowling tryouts will be in December and the season starts at the beginning of January. There is a girls and a boys team consisting of 8-10 players each. Bowling matches are held at Franklin Lanes.



DANCE TEAM (Fall)

Offered: JV and Varsity teams

The Brentwood Middle School dance team is open to students at all grade levels. There is a JV team and Varsity team. Tryouts are held in the late Spring. Students participating on the dance team will perform at home varsity football and basketball games. Additional performance opportunities will be considered.



BASEBALL (Spring)

Offered: JV and Varsity Teams

Tryouts for the baseball team will occur in late fall. Due to the uncertainty of spring weather, tryouts may be moved to an earlier date in the school year. Students are chosen for the team on the basis of their particular baseball skills. Players are rated based on hitting, fielding, pitching and catching, speed and hustle as well as sportsmanship, attitude, and attention.



SOFTBALL (Spring)

Offered: JV and Varsity Teams

The tryouts for the softball team will occur in the late fall. Students are chosen on the basis of their fielding, hitting, and pitching skills. Teamwork and attitude are also considered.



TRACK (Spring)

Offered: 6th, 7th and 8th Grade - One Team

Students participating in track will take part in a variety of running events, along with jumping and throwing events. Students interested in trying out for track should listen for announcements as early as February. The season will last from early March until late April.

