


# Hoke County Schools Breakfast Menus for March 2025

## PRE-K SCHOOLS

Monday	Tuesday	Wednesday	Thursday	Friday
<b>March 3</b> Apple Muffin Assorted Cereals Strawberry Applesauce Assorted Milk	<b>March 4</b> Maple Waffle Minis Assorted Cereals Assorted Juice Assorted Milk	<b>March 5</b> Cinnamon French Toast Minis Assorted Cereals Mandarin Oranges Assorted Milk	<b>March 6</b> Sausage Biscuit Assorted Cereals Assorted Juice Assorted Milk	<b>March 7</b> Breakfast Bites Assorted Cereals Diced Peaches Assorted Milk
<b>March 10</b> Maple Pancake Minis Assorted Cereals Strawberry Applesauce Assorted Milk	<b>March 11</b> Pancake on a Stick Assorted Cereals Assorted Juice Assorted Milk	<b>March 12</b> Chocolate Chip French Toast Minis Assorted Cereals Mandarin Oranges Assorted Milk	<b>March 13</b> Chicken Biscuit Assorted Cereals Assorted Juice Assorted Milk	<b>March 14</b> 
<b>March 17</b> Apple Muffin Assorted Cereals Strawberry Applesauce Assorted Milk	<b>March 18</b> Maple Waffle Minis Assorted Cereals Assorted Juice Assorted Milk	<b>March 19</b> Cinnamon French Toast Minis Assorted Cereals Mandarin Oranges Assorted Milk	<b>March 20</b> Sausage Biscuit Assorted Cereals Assorted Juice Assorted Milk	<b>March 21</b> Breakfast Bites Assorted Cereals Diced Peaches Assorted Milk
<b>March 24</b> Maple Pancake Minis Assorted Cereals Strawberry Applesauce Assorted Milk	<b>March 25</b> Pancake on a Stick Assorted Cereals Assorted Juice Assorted Milk	<b>March 26</b> Chocolate Chip French Toast Minis Assorted Cereals Mandarin Oranges Assorted Milk	<b>March 27</b> Chicken Biscuit Assorted Cereals Assorted Juice Assorted Milk	<b>March 28</b> Banana Muffin Assorted Cereals Diced Peaches Assorted Milk
<b>March 31</b> Apple Muffin Assorted Cereals Strawberry Applesauce Assorted Milk				

## Families Making the Connection

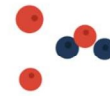
### Clue In To School Breakfast

March 3-7 is National School Breakfast Week (NSBW), "Clue In To School Breakfast". #NSBW2025 highlights how eating a nutritious breakfast helps students be successful in the classroom and beyond. Students who participate in school breakfast show improved attendance, behavior, standardized achievement test scores as well as decreased tardiness.

School breakfast is a School Nutrition Program available to all public schools. All children can participate. Most North Carolina schools offer breakfast each school day including a choice of entrée, fruit or 100% juice, and lowfat or fat free milk. Every school breakfast served meets federal nutrition standards limiting calories, fat, and sodium.


School breakfast offers several connections to classroom learning—students have the opportunity to eat a healthy breakfast each school morning closer to academic instruction time, students who eat a healthy breakfast are better able to focus on classroom lessons, and students can practice the nutrition lessons they learn in the classroom by making healthy choices with school breakfast.

Learn more about NSBW at [www.schoolnutrition.org/nsbw](http://www.schoolnutrition.org/nsbw). For more info on school breakfast in our state, visit <https://go.ncdpi.gov/ncschoolmeals>



# Hoke County Schools Lunch Menus for March 2025

## PRE-K SCHOOLS

Monday	Tuesday	Wednesday	Thursday	Friday
<b>March 3</b> French Toast & Sausage Platter Potato Tots Pineapple Tidbits Low-fat or Fat-Free Milk	<b>March 4</b> Cheesy Eggstravaganza w/ Buttered Grits <b>*Seasoned NC Sweet Potato Fries</b> <b>*Fresh NC Apple Wedges</b> Low fat or Fat-Free Milk	<b>March 5</b> Pancake & Popcorn Chicken Hash Rounds Diced Pears Low fat or Fat-Free Milk	<b>March 6</b> Oven Roasted Chicken & Waffles Steamed Broccoli Mandarin Oranges Low-fat or Fat-Free Milk	<b>March 7</b> Deep Dish Pepperoni Pizza Baked Beans Mixed Fruit Low fat or Fat-Free Milk
<b>March 10</b> Chicken Nuggets Mashed Potatoes Pineapple Tidbits Dinner Roll Low Fat or Fat-Free Milk	<b>March 11</b> Soft Shell Beef Taco Black Beans Spiced Apples Low-fat or Fat-Free Milk	<b>March 12</b> Spaghetti w/Meatballs Steamed Broccoli Diced Peaches Low fat or Fat-Free Milk	<b>March 13</b> General Tso's Chicken <b>*Fresh Baked NC Sweet Potato</b> Chow Mein Noodles Mandarin Oranges Low fat or Fat-Free Milk	<b>March 14</b> 
<b>March 17</b> Chick Fillet on Bun Steamed Broccoli Diced Peaches Lowfat or Fat-Free Milk	<b>March 18</b> Pork Riblet on Bun Baked Beans Mixed Fruit Low fat or Fat-Free Milk	<b>March 19</b> Beefy Nachos Buttered Corn Shredded Lettuce Diced Tomatoes, Salsa Spiced Apples Low fat or Fat-Free Milk	<b>March 20</b> Asian Zing Meatballs Steamed Carrots <b>*NC Heirloom Carolina Gold Steamed Rice</b> Mandarin Oranges Low fat or Fat-Free Milk	<b>March 21</b> Retro Pepperoni Pizza Hash Rounds Diced Pears Low Fat or Fat-Free Milk
<b>March 24</b> Chicken Tenders Steamed Broccoli Diced Peaches Low fat or Fat-Free Milk	<b>March 25</b> Wedge Cheese Pizza <b>*Seasoned Sweet Potato Fries</b> Mixed Fruit Low fat or Fat-Free Milk	<b>March 26</b> Spicy Chicken Sandwich Pinto Beans Diced Pears Low-fat or Fat-Free Milk	<b>March 27</b> Hamburger Steak w Gravy <b>*Fresh NC Collard Greens</b> Spiced Apples <b>*NC Heirloom Carolina Gold Steamed Rice</b> Breadstick Low-fat or Fat-Free Milk	<b>March 28</b> Hot Dog on Bun Chili Cheese French Fries <b>*NC Berry Medley</b> Low Fat or Fat-Free Milk
<b>March 31</b> Popcorn Chicken Steamed Broccoli Low-fat or Fat-Free Milk				



**\*NC Farm-to-School**